# KI FERRE CONTRACTOR

## Mindscape Uprising

**PERJUANGAN SERIES** AN EXHIBITION OF WORKS ON PAPER BY FUJI ANGGARA

20<sup>TH</sup> JULY - 8<sup>TH</sup> AUGUST 2025 KLAS @ 150, JALAN MAAROF, BUKIT BANDARAYA, KUALA LUMPUR



## Tracing the Evolution of Malaysian Art

RARE AND IMPORTANT ARTWORKS THAT EMBODY NATIONHOOD



### **OPEN FOR CONSIGNMENT** AUGUST 2025

150, JALAN MAAROF BANGSAR, KUALA LUMPUR







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#### EDITORIAL

Managing Editor / Publisher DATUK GARY THANASAN gary@mediate.com.my

> Writer AIMAN RAKEEM

Designer ALEEF aleef.mediate@gmail.com

AIMAR RAHMAN aimar.mediate@gmail.com

Aviation News / Airlink MEDIATE COMMUNICATIONS airlink@mediate.com.my

> Editorial LAURA LEE laura@mediate.com.my

ANTHONY TAN anthony@mediate.com.my

How to reach KL Lifestyle For letters to editor, subscriptions, advertising, news releases and reproduction permission:

## <u>m e d i a</u> t e communications

150, Jalan Maarof, 59200 Bukit Bandaraya, Bangsar, Kuala Lumpur, Malaysia

> Tel: +6019-333 7668 Email: editor@mediate.com.my www.kl-lifestyle.com.my

Printer Swan Printing Sdn Bhd Lot 5249, Jalan BS 7/1 Kawasan Perindustrian Serdang 43300, Seri Kembangan, Selangor



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## Exciting Events Happening in July 2025



### Simfoni Budaya II

After the presentation of keroncong and ghazal genres last year, the Simfoni Budaya series returns this season; this time, the arandeur sounds of the MPO will intertwine with the beautiful joget, asli and Arabesque zapin, and inang tunes. With featured vocalists, join the MPO in an unforgettable night of vestervears gems and experience a harmonious blend of tradition and music in a celebration at the crossroads of cultures.

Date : 5 July 2025

Price: RM 179 RM 229 RM 279 RM 329

Venue : Dewan Filharmonik Petronas



## MPO Chamber Concert 1

Take a moment to step away from the bustle of everyday life and indulae in an evening of refined musical serenity. The Malaysian Philharmonic Orchestra's chamber ensembles invite you to experience the elegance and intimacy of chamber music in its purest form. Set in a warm and inviting setting, this performance promises to showcase the individual brilliance and collective harmony of some of Malaysia's finest classical musicians.

Date : 8 July 2025 Price: RM 75 Venue : Dewan Filharmonik Petronas



## Tapestry Through Time

Sandance Ballet Studio proudly presents Tapestry Through Time, a heartfelt celebration of movement, memory, and artistic growth. This special performance brings together a collection of standout dances from the past decade, reflecting the creativity, dedication, and evolution of the studio and its community.

Date: 12-13 July 2025

Price: RM 70 RM 80

Venue : Damansara Performing Arts Centre



## 29th Anniversary Symphony

To celebrate their loyal fans, renowned Indonesian band, Ungu is set to perform in Kuala Lumpur as part of their 29th Anniversary – Symphony of Ungu concert. Known for music that resonates deeply through its meaningful lyrics and emotional storytelling, Ungu has long inspired audiences across the region. As the milestone event approaches, the band shared their excitement and eagerness to reunite with their Malaysian fans on this special night.

Date: 12 July 2025 Price : RM 288 RM 488 RM 588 RM 1588 Venue : Plenary Hall, KL Convention Centre



## Insomniacks - Echoes Of A Dream

Celebrating a decade of music, INSOMNIACKS, Malaysia's beloved poprock band, will take the stage for their first ever concert in Malaysia! Known for chart topping hits like "Pulang", "Sempurna", and "Igauan Malam", the band brings their signature sound which blends with emotional lyrics and infectious energy to fans in an unforaettable night of live music.

Date: 12 July 2025 Price : RM 138 RM 168 RM 228 Venue : Zepp Kuala Lumpur

## Henry Moodie 2025

Henry Moodie has officially announced his first headline tour across Asia, with Malavsia proudly listed as the opening stop.

The English singer, best known for his breakout single "drunk text" along with viral hits like "you were there for me" and "beat up car," will kick off the tour on 16 July in Kuala Lumpur at Zepp KL.

Joining him for the Kuala Lumpur show is special guest Bradley Simpson, frontman of the British pop band The Vamps, adding even more star power to the night.

Date : 16 July 2025 Price : RM 268 RM 328 RM 538 RM 2,888 Venue : Zepp Kuala Lumpur





JUL.19 SAT + 20 SUN 2025 AXIATA ARENA KL PRESALE OPEN MAY.26 | PUBLIC ON SALE MAY.29 CALAXY ..... AEG 2485 189

**Zepp KL** 

henry moo

ticketing details at golive-asia.com

16 july

BRADLEY Simpson

2025

www.livenation.my UVENAMON 000@livenation.my

## G-DRAGON 2025 World Tour [Ubermensch] In Kuala Lumpur

G-DRAGON 2025 WORLD TOUR [Übermensch] is officially coming to Malaysia. Following the exciting announcement of his return to the stage with a highly anticipated world tour, the legendary BIGBANG frontman and musical visionary G-DRAGON has sparked a global wave of excitement. His opening shows in Seoul drew over 60,000 fans, delivering a powerful mix of nostalgia and innovation that continues to captivate audiences around the world. Now, that energy is heading to Kugla Lumpur. The moment local FAMs, G-DRAGON's devoted fans, have been waiting for has finally arrived.

Date: 19-20 July 2025

Price: RM 459 RM 799 RM 999 RM 1.239

Venue : Axiata Arena, Kuala Lumpur

## Latihan Pestapora Malaysia 2025

Latihan Pestapora Malaysia is a series of pre-festival events leading up to the renowned Pestaporg music festival in Indonesia, now brought to Malaysia for the very first time. Designed to build excitement and unite music lovers, this event offers Malaysian audiences a chance to experience the unique spirit of the festival firsthand.

Featuring an exciting lineup of artists from both Indonesia and Malaysia, Latihan Pestapora Malaysia goes beyond just stage performances. It serves as a vibrant platform for cross-border collaboration, cultural exchange, and a lively celebration of music and community.

Date : 26 July 2025

Price : RM 299 RM 249

Venue : Bukit Jalil National Stadium

## Big Screen Thrills

### JULY MOVIE PREMIERES



**JURASSIC WORLD: REBIRTH** 

### JULY 2

Five years post-Jurassic World: Dominion (2022), an expedition braves isolated equatorial regions to extract DNA from three massive prehistoric creatures for a groundbreaking medical breakthrough.

#### Genre:

#### Action/Adventure

#### Cast:

Scarlett Johansson, Jonathan Bailey, Rupert Friend, Mahershala Ali, Ed Skrein, Manuel Garcia-Rulfo, Luna Blaise JINGIOI DE MAXIMA JIKA KAU INGIN MERUSAK SEBUAH KELUARGA, RUSAKLAH DULU IBUNYA

## GODAAN SETAN YANG TERKUTUK

## **GODAAN SETAN YANG TERKUTUK** JULY 3

An Ustadz found out that his wife and children were experiencing disturbances from dangerous and powerful and dangerous supernatural beings. With his faith and ruqyah knowledge, the Ustadz had to fight the terror that came from his own family.

Genre:

Horror

Cast:

Donny Alamsyah, Poppy Sovia, Azela Putri, Aline F Claresta Taufan Kusumarina, Jefan Nathanio

#### |급동 1위 지하철 괴담 **람들이 사라지는 광림역**

## 고门222

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## GHOST TRAIN

Da Gyeong, a YouTuber with the lowest number of views, meets the station master of a mysterious subway station to find the source of a true horror story and encounters several strange ones.

Genre:

Horror/Mystery

Cast:

Joo Hyun-young, Jeon Bae-soo, Choi Bo-min, Kim Ji-in, Kim Woo-kyum

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## IMPAK MAKSIMA 2 JULY 17

Rudy, a rebellious young man who joins Abang Joe's motorsport center. He befriends Rio and meets Gia, but their friendship turns into rivalry when Rio challenges Rudy to a race. Meanwhile, Ray manipulates Rudy into competing in the D1 Drift Competition to exact revenge on Abang Joe.

#### Genre:

Action/Crime

Cast:

Eizlan Yusof, Zul Huzaimy, Nelissa Nizam, Arfie Shah, Fad Bocey, Muhsin Nadzli



In the years following independence, there was a collective urgency to define what it meant to be Malaysian. Art became a vital medium in that nation-building process, a way of expressing cultural pride, unity in diversity, and a shared vision for the future.

Artists began to shift from colonial modes of representation toward forms that reflected Malaysia's multicultural ethos and indigenous heritage.

Figures like Datuk Syed Ahmad Jamal, Latiff Mohidin, and Ibrahim Hussein emerged as pioneering voices in this new visual language.

Their works bridged modernist abstraction with local content, blending Western techniques with Southeast Asian philosophies, Islamic motifs, and vernacular aesthetics.

These artists did not merely reflect the times; they helped shape the ideological framework of post-colonial Malaysia, presenting visual blueprints for a confident and pluralistic society.

These early artworks were both visionary and idealistic. They spoke of hope, progress, and a collective identity yet to be fully realized.

The canvas became a stage for articulating independence, not only from colonial powers but from inherited ideologies, limited narratives, and imposed forms.

## Tracing the Evolution of Malaysian Art

A JOURNEY THROUGH SOME ICONIC RARE AND IMPORTANT ARTWORKS THAT EMBODY NATIONHOOD

Since Malaysia's independence in 1957, the nation has undergone sweeping changes across its political, social, and economic spheres. Yet, some of the most profound and enduring transformations have taken place within its cultural and artistic landscapes. Over the decades, Malaysian art has evolved from a tool for articulating national identity into a dynamic platform for personal expression, political critique, and social dialogue. This post-Merdeka evolution tells a story far richer than mere aesthetics as it reveals the nation's growing pains, cultural tensions, dreams, and inner soul.



Tajuddin Ismail, Dato' Synergy - Unity and Diversity, 2007 Acrylic on wood panel Diameter 213 cm



### Awang Damit Ahmad : A Voice from the Earth

During this period of artistic self-definition, a quiet yet powerful voice began to emerge from the eastern edges insight could live within abstract forms, raising the standard of the nation. Awang Damit Ahmad, born in Kuala Penyu and ambition of Malaysian fine art. in Sabah, brought a sensibility rooted in the earth, rich in memory, textured by emotion, and steeped in spirituality. Unlike the overt symbolism or political rhetoric of his Conflict, and Self contemporaries, Awang Damit's approach was deeply introspective. His canvases, often abstract and organic, speak to the land, the soul, and the quiet rhythms of rural life.

capturing the textures of soil, the echoes of local myths, and the weight of memory. His unique visual language resonated with audiences who saw in his works a deep and alternative storytelling. authenticity and emotional gravity.

art came in 1988 with his painting titled Malaysia Masa Kini dan Masa Depan. Created during a period of intense national transformation marked by industrial growth shaped the lives of ordinary citizens. Their works blurred the and urban change, the painting reflects a Malaysia in transition. Its layered abstract forms evoke a delicate discomfort, and change. balance between continuity and change, heritage and progress, rootedness, and fragmentation.

Rather than presenting a romantic or utopian vision, Awang Damit captured the complexities and contradictions of a nation evolving at high speed. His work explored the emotional costs of development, including the erosion of traditional values, the quiet disappearance of village life, and the disconnection from cultural foundations.

This work marked a turning point not only in his personal practice but in the wider Malaysian art scene. It demonstrated that emotional depth and philosophical

## The Expanding Conversation: Identity,

By the 1990s, Malaysia's social and political climate was growing more complex. Issues of race, religion, inequality, and national identity were becoming central to policy and public discourse. Art began to reflect these His early works drew heavily from his childhood in Sabah, challenges, and many artists adopted a more conceptual and critical approach. The canvas became more than a mirror of culture; it was now a site of inquiry, resistance,

Artists such as Wong Hoy Cheong, Redza Piyadasa, A milestone in his career and in the trajectory of Malaysian and Zulkifli Yusoff brought a new energy and urgency to Malaysian art. They challenged accepted narratives, questioned historical memory, and examined how policies boundary between art and activism, inviting discussion,

> While many artists embraced confrontation and critique, Awang Damit remained committed to guiet reflection and emotional truth. His series, such as Essence of Culture and Payarama continued to explore the themes of memory, spirituality, and rootedness. His works were not prescriptive but suggestive, offering space for contemplation rather than conclusion. He reminded viewers of the enduring value of silence, soil, and slow attention in an age of noise and speed.

## A New Millennium: Decentralization, Diversity, A Legacy of Truth and Imagination

The evolution of Malavsian art since independence is not and Digital Frontiers just a story of technique and medium. It's a journey of As Malaysia entered the twenty-first century, the art imagination, struggle, memory, and truth. Through artists world expanded in reach and expression. Technological like Awang Damit Ahmad, we see how art can hold a innovation, international mobility, and the rise of nation's most intimate emotions, its fears, beauty, dreams, independent platforms gave rise to a vibrant new and transform them into something universal. aeneration of artists, working in a wide range of media. His work, and that of many others, teaches us that art is Video art, photography, digital installations, performance never static. It lives, breathes, and evolves alongside its pieces, and multidisciplinary collaborations became people. It connects generations, challenges silence, and central to contemporary practice. reflects the heartbeat of a changing Malaysia.

Artists such as Yee I Lann, Sharon Chin, and Ahmad Fuad Art after independence is not merely a mirror of the Osman explored themes of environmental crisis, gender nation's growth. It's the pulse of its soul, and it will continue identity, indigenous rights, and the legacy of colonialism to guide, question, and inspire long into the future. using contemporary tools and methods. Their works were intellectually agile, emotionally rich, and often deeply collaborative, reflecting a world where personal identity is constantly shaped by history, politics, and technology.

One of the most important shifts during this time was the growing recognition of voices from East Malaysia and the Orang Asli communities. The narrative that had once centered primarily on West Malaysia began to open up, embracing the stories and expressions of artists from Sabah, Sarawak, and other historically marginalized regions. This broadening of the national art conversation was made possible in part by trailblazers like Awang Damit, whose presence in the mainstream affirmed the cultural significance of the periphery.

His success helped redefine who could speak for the nation through art and ensured that the contributions of East Malaysian artists were no longer overlooked or underrepresented.



Fuji Anggara Perjuangan IV, 2023 Acrylic on canvas 152 x 170 cm

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**COVER** STORY

"Menjengah Lanskap, 2025" media on paper, 79 x 115.5 cm



## Mindscape Uprising

#### PERJUANGAN SERIES AN EXHIBITION OF WORKS ON PAPER BY FUJI ANGGARA

There's a kind of struggle that does not unfold in the streets or on grand stages. It happens in silence, in thought, in the quiet confrontation between artist and canvas, or in this case, paper. In *Mindscape: Perjuangan Series*, Fuji Anggara takes us into this deeply personal realm, where national memory and inner reflection intersect through the medium of paper. This latest mini exhibition at KL Lifestyle Art Space represents a significant moment in Fuji's journey as an artist and individual.

The exhibition will run from 20th July to 8th August 2025 at KLAS @ 150, Jalan Maarof, Bukit Bandaraya, Kuala Lumpur.

Mindscape: Uprising is not a departure, but a continuation and evolution of Fuji's ongoing Perjuangan series, shaped by his lived experiences, emotional insights, and deep connection to history. The spark that ignited this series came unexpectedly, in the form of a sculpture. While visiting a public space, Fuji encountered the iconic bust of Tunku Abdul Rahman, sculpted by Felix De Weldon. It moved him profoundly, awakening a deep respect for the struggles of Malaysia's founding fathers and inspiring him to create a body of works that speaks to both national pride and personal conviction.



Tan Sri Felix De Weldon "Bust Of Tunku Abdul Rahman, 1962" Patina painted plasterr 46 x 27 x 15 cm

The *Perjuangan series*, first expressed in two large-scale paintings filled with dynamic strokes and vivid colors of the national flag, celebrated Malaysia's journey to independence and the emotional weight carried by its people. With *Mindscape*, Fuji brings that same spirit inward. These works on paper are not declarations. They are meditations. Here, the act of drawing becomes a form of resistance, a channel for memory, and a space of transformation.

Working with KL Lifestyle Art Space over the years has placed Fuji close to some of Malaysia's most influential modern master artists, whose work is part of the very DNA of the gallery. Through his artistic practice and his exposure to these legends, Fuji has developed a unique voice, one that draws inspiration while carving its own path.

## Immortalising History Through Monumental Art

Throughout history, art has served as a medium to express human emotions, commemorate significant events, and immortalise the legacies of remarkable individuals. One such artistic luminary was Tan Sri Felix De Weldon, a gifted sculptor renowned for his masterpieces, including the iconic United States Marine Corps War Memorial and the stately Malaysian Monument, He channels the emotive energy and motion of Yusof Ghani, whose expressive mark-making and raw physicality are felt in the movement of Fuji's lines. The structural rhythm and bold abstraction of Ibrahim Hussein echo in the way Fuji constructs his visual compositions. The philosophical undertones and spatial poetry of Latiff Mohidin find resonance in Fuji's approach to depth and silence, while Khalil Ibrahim's gentle, introspective handling of the figure is present in Fuji's more restrained and contemplative works.

*Mindscape: Uprising* also builds on the emotional core of Fuji's earlier solo exhibition *Margatulus*, where the artist explored ancestry, sincerity, and the meaning of belonging. From that foundation, a creative voice rooted in authenticity emerged. In *Lakaran Kertas*, a previous paper-based presentation at KLAS, Fuji began to experiment more freely with the expressive potential of the medium. This latest exhibition takes that exploration even further.

Here, paper is no longer simply a surface. It becomes a field of emotion, a site of resistance, and a mirror of the artist's mind. The works range from quick, charged gestures to slow, layered meditations. The materials are acrylic, minimal ink, graphite, and pigment but the intensity is palpable. These are not sketches. These are testaments.



In *Mindscape: Perjuangan Series*, Fuji shows us that struggle is not just a matter of history. It's a state of being. It's a conversation between self and society, between memory and imagination. This exhibition is not loud. It does not shout. It speaks powerfully, truthfully through line, texture, movement, and silence.



Fuji Anggara "Di antara dua tanah, 2025" Mix media on paper, 78.5 cm x 54 cm RM 6,000



Fuji Anggara "Aurora, 2025" Acrylic on paper 54.5 cm x 79 cm RM 6,000

## The Future of Wellness in Asia

ANCIENT WISDOM, MODERN SCIENCE, AND THE RISE OF CONSCIOUS LIVING

Wellness is undergoing a profound evolution in Asia. What was once seen as a niche luxury, the domain of weekend spa-goers and silent retreat seekers, is now becoming a mainstream cultural movement. A shift is happening across the region, one where ancient rituals are being revived, advanced health innovations are entering the public space, and conscious living is no longer a trend but a necessity.

The future of wellness in Asia is not simply about clean eating, yoga mats, or massages. It is about rethinking the way we live, work, connect, and even heal. From traditional practices rooted in indigenous knowledge to modern clinics using artificial intelligence to monitor everything from sleep quality to emotional resilience. Asia is blending the wisdom of the past with the promise of the future in a way that feels deeply grounded and yet, remarkably revolutionary.

### The Return to Roots

Across Asia, people are reconnecting with ancient practices not as novelties or cultural curiosities but as meaningful solutions to modern stress. In Indonesia, *jamu*, a herbal tonic made from turmeric, ginger, and tamarind, is making a comeback. Once prepared in village kitchens and passed down through generations, it is now being served in contemporary cafés in Bali and Jakarta, beautifully packaged and positioned as part of a modern wellness lifestyle.





In Malaysia, the traditional *urut Melayu*, a form of healing massage rooted in local heritage, is being incorporated into boutique wellness spaces that combine cultural rituals with calm, luxurious settings. Energy healing is also gaining visibility beyond temples and private homes, now practiced in urban studios and integrated into mainstream wellness programs. Traditional Chinese Medicine and Ayurveda are experiencing renewed interest as well, guided by a generation of healers who are comfortable with pulse reading and digital diagnostics.



This revival is not only about healing but also about reclaiming cultural identity. Young business owners and wellness advocates are building brands around the philosophies of balance, rhythm, and harmony passed down through their ancestors. For many, this is also an act of cultural preservation, a way to safeguard and celebrate traditional knowledge in a world that often prioritizes global trends over local heritage.

## The High-Tech Turn

On the opposite end of the spectrum, Asia is rapidly embracing science and technology to enhance well -being. In places like Singapore, Seoul, and Tokyo, wellness now involves data tracking and smart analysis. People are using wearable devices to monitor their sleep cycles, gut health, hormone levels, and cognitive function. Stateof-the-art wellness lounges offer oxygen therapy, cold treatments, red light therapy, and intravenous vitamin drips tailored to specific health goals like fatigue recovery or stress management.

Digital wellness is thriving. Meditation apps powered by artificial intelligence, guided visualizations, mindfulness platforms, and even virtual coaches are helping users integrate well-being into everyday life. In South Korea, cosmetic wellness has developed into a full ecosystem, where regenerative skincare blends seamlessly with preventive health strategies. Longevity centers and antiaging labs are no longer reserved for the elite. As accessibility increases, so does the vocabulary of wellness, with terms like metabolic flexibility, circadian rhythm regulation, and neuroplasticity now part of common conversations.

### Mental and Emotional Fitness

One of the most significant transformations in Asia's wellness landscape is the growing openness around emotional and mental well-being. For many years, mental health was a subdued subject in Asian cultures.

Now, a new wave of awareness is breaking the silence. Therapy clinics, mental fitness apps, community support programs, and corporate coaching are emerging across the region.

Mindfulness and emotional healing practices are becoming mainstream. Breathwork sessions, guided journaling, somatic movement classes, and trauma healing retreats are now widely available in major cities.

Spiritual wellness is expanding beyond yoga to include inner child healing, intention-setting circles, and communitybased wellness gatherings.

This shift is also cultural. There is a growing willingness to have honest conversations, to embrace vulnerability, and to heal together. Mental and emotional well-being is no longer seen as weakness or indulgence, it is recognized as essential.

The wellness journey is becoming less individual and more collective, where shared growth and connection are just as important as personal transformation.

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## Alpha International Sets New **Global Benchmark In Workplace Wellbeing**

Alpha International Training and Consultancy is leading Collaborations with organisations such as HRDCorp, the a new approach to workplace wellbeing, setting global Malaysia Productivity Corporation, and MIROS help align benchmarks and driving improvements in employee health their programmes with national goals, including reducing and productivity both in Malaysia and internationally.

With the support of the United Nations, the Certified Fatique and Fitness Accredited Programme, led by Professor Dr Louis Adaikalam, introduces Malaysia's first initiative that uses artificial intelligence to assess sleep, mental health, and stress.

The programme addresses critical challenges such as presenteeism, absenteeism, and rising healthcare costs. Professor Adaikalam believes that by using technology, organisations can predict potential health risks and prevent them before they escalate.

"What sets our approach apart is the use of advanced technologies to tackle challenges like fatigue and microsleep, which contribute to accidents at work and on the road," he said.

He explained that improving fitness and predicting risks like microsleep can significantly reduce accidents, especially among drivers. The programme offers early detection, targeted rehabilitation, and treatment to prevent such risks.

On June twenty fourth, Professor Adaikalam received the Malaysia Outstanding Entrepreneurs Award for twenty Professor Adaikalam also raised concerns about sleep twenty five from the KSI Strategic Institute for Asia Pacific, presented by YAM Tunku Dato Seri Utama Naquiyuddin has become a major workforce challenge. He stressed ibni Almarhum Tuanku Jaafar, the Tunku Laksamana and the need for education on how fatigue impacts cognitive Former Regent of Negeri Sembilan.

He highlighted that partnerships with government "Our solutions go beyond telling people to sleep more. We agencies, private companies, and NGOs are key to the show how fatigue accumulates and how it affects focus, success of Alpha International's initiatives.

road accidents and supporting the United Nations Sustainable Development Goals.



deprivation, which affects nine out of ten Malaysians and function and job performance.

safety, and productivity," he added.

Empowering a Generation Through Sustainability and Purpose FROM ROOTS TO RECORDS: KELAB BELIA PRIHATIN MALAYSIA'S BOLD VISION FOR THE FUTURE

In a time when the world feels increasingly uncertain, Malaysia's young people are stepping into their power with clarity and conviction. At the forefront of this youth-led movement is Kelab Belia Prihatin Malaysia, a dynamic organization that is building a future grounded in sustainability, community, and shared leadership. What began as a small initiative has grown into a national movement that continues to mobilize thousands of young Malaysians into action with compassion and courage.

From manarove planting and river cleanups to climate education and youth empowerment, Belia Prihatin is not just talking about change. It's making it happen project by project, person by person, and community by community.





## A Legacy in the Making: Malaysia Book of Records Milestone

This July, in conjunction with World Manarove Day, Belia Prihatin is set to make history. The organization is preparing to plant and nurture the largest number of tree saplings in a nursery in Malaysia, aiming for official recognition by the Malaysia Book of Records. This ambitious effort is not just a record-breaking feat but also a symbol of generational commitment to environmental restoration and climate action.

The saplings, which include a variety of coastal and native mangrove species, will be grown in collaboration with local schools, indigenous communities, and university students. The project is designed not just to produce trees but to build climate resilience, biodiversity awareness, and a sense of shared responsibility for the planet.

This milestone reflects the heart of Belia Prihatin's mission: to create change that is measurable, inclusive, and enduring.



### Creating a Culture of Sustainability

Environmental responsibility has always been central to Belia Prihatin's DNA. Its volunteers have carried out mangrove replanting efforts across Selangor, urban river cleanups, and climate literacy programs in underserved schools. The organization does more than respond to crises. It also builds ecosystems of care and action, especially in communities that are often left out of environmental conversations.

Through partnerships with both grassroots networks and international platforms, Belia Prihatin brings Malaysian youth voices into global forums on climate, resilience, and policy. These efforts not only give young people tools to act, but they also give them a space to lead.

### A Space Where Young Leaders Grow

What sets Kelab Belia Prihatin apart is its decentralized model, based on trust. Instead of appointing top-down decision-makers, the organization cultivates a culture where young members launch their own campaigns, host public forums, design climate solutions, and collaborate across sectors. Everyone is seen as a changemaker in training.

With over 20,000 volunteers nationwide and expanding chapters in every state, the club provides a fertile ground for youth empowerment. Whether they are working on reforestation, sustainable food systems, or mental health awareness, every member is encouraged to lead with empathy, humility, and a sense of collective purpose.





### Looking Ahead: Towards ASEAN 2025 and Beyond

As Malaysia chair ASEAN in 2025, Belia Prihatin is leading the charge in shaping meaningful youth participation at the regional level. Recognizing that the future of Southeast Asia depends on bold, inclusive action, the organization is laying the groundwork to ensure that young people are not only heard but equipped to lead.

Among its flagship initiatives is the ASEAN Youth Sustainability Forum a platform that will bring together young changemakers, policymakers, and grassroots leaders to exchange ideas, share solutions, and build lasting networks for climate action. Alongside this, Belia Prihatin will develop a dedicated digital hub to support grassroots climate initiatives, making knowledge, resources, and collaboration tools more accessible to youth across the region.

The organization is also committed to expanding leadership training programs, with a strong focus on empowering marginalized and indigenous youth who are often on the frontlines of environmental challenges. The goal is clear: to ensure that sustainability is not just a policy conversation confined to boardrooms and summits, but a lived reality shaped and driven by young people from all walks of life.

### A Generation in Motion and Beyond

Kelab Belia Prihatin Malaysia is not built on prestige or power but on people. There are young people who believe deeply in their ability to make change; volunteers who listen more than they speak; communities who work together on their own initiative for the greater good

In a world overwhelmed by crises, this movement is a steady pulse of hope. It shows us that sustainability is not just about planting trees. It's about planting a purpose. It's about sustaining dignity, uplifting voices, and ensuring that the future is shaped by those who will experience it.

With their record-setting nursery project and upcoming international leadership work, Belia Prihatin continues to prove that even the most ambitious change can start with a single seed planted by the hands of youth who believe in a better tomorrow.



## Bakul Dim Sum at The Five

WHERE TRADITION MEETS INNOVATION IN EVERY STEAM AND SIZZLE

Tucked into the contemporary culinary hub of The Five, Bakul Dim Sum stands as a refined yet playful reinterpretation of the beloved dim sum experience. It's where the warmth of classic Cantonese comfort food meets the imagination of modern gastronomy. More than just a restaurant, Bakul is a journey into the heart of dim sum, where each bite is steeped in memory yet crafted with a modern twist. Whether you're a dim sum traditionalist or a curious diner with a taste for adventure, Bakul invites you to experience familiar flavors presented in bold new ways.





From the moment you're seated, there's a sense that this isn't your ordinary dim sum spot. The interiors strike a balance between minimalist sophistication and cozy charm, with muted tones, elegant tableware, and just the right touch of nostalgia. The menu is concise but meticulously curated, each item chosen to reflect heritage and originality.

The Taro Puff is a perfect example of Bakul's philosophy. On the surface, it looks like the classic dim sum staple, but with one bite reveals a carefully balanced filling of creamy taro with subtle sweetness, enclosed in a golden, crisp shell that shatters delicately in your mouth. It's comfort food elevated to an art form. From there, the Szechuan Dumpling boldly turns up the volume. Wrapped in silky skins and served in a pool of crimson chili oil, these dumplings are filled with juicy meat and awaken the palate with tingling heat, thanks to the numbing Szechuan peppercorns. Aromatic and intense, this dish offers a fiery kick that linaers in the most delicious way.





modern dish on the menu. Delicate threads of kataifi pastry are wrapped around slices of creamy avocado, flashfried to a golden crunch. The textures are unexpected No visit to Bakul is complete without the Ying Yong Prawn but harmonious, the soft interior aiving way to a satisfying crackle, while a drizzle of citrus dressing adds a zesty lift. This dish redefines what dim sum can be, drawing from pairing, is beautifully expressed here as dry and soup Mediterranean techniques without losing its Asian soul.



Visually arresting and equally delicious, the Beetroot Bliss In a city buzzing with gastronomic diversity, Bakul Dim Sum Buns bring a burst of color to the table. These vibrant has managed to carve a niche that feels familiar and magenta-hued buns are soft, warm, and filled with a lightly brand new. Whether you're catching up with friends over sweetened beetroot paste that is earthy and refined. The lunch or exploring a weekend brunch with family, it's a buns are steamed to perfection, offering pillowy softness destination that offers more than just food; it offers a feast that contrasts nicely with the vivid filling. It's a dish that of textures, colors, memories, and discoveries. At Bakul, delights the eyes and the taste buds, inviting diners to slow the bamboo steamer becomes a vessel not just for food, but for storytelling, reimagined. down and savor every bite.

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Noodle, a dish that offers a heartier option and ties the entire meal together. "Ying yong", meaning duality or noodles come together in one bowl. Juicy prawns float in a delicate yet flavorful broth, enhanced with pickled vegetables, scallions, and fresh herbs. The broth is light but lavered, bringing warmth and satisfaction with every spoonful. It's a dish that comforts and surprises at once, a grounding finale to an otherwise whimsical dim sum journey.

Beyond the food, Bakul Dim Sum captures something rare: a sense of thoughtful creativity without losing the soul of its culinary roots. Every detail, from plating to pacing, reflects a respect for tradition and an excitement for what's possible when you allow it to evolve. The result is a dining experience that feels fresh and inviting, luxurious vet accessible.

## A Taste of Thai Mastery

CHIM BY CHEF NOOM ELEVATES KL'S CULINARY SCENE

Kuala Lumpur, a city that pulses with a vibrant mix of culture, commerce, and cuisine, has always been a culinary melting pot. In June 2025, the city's fine dining scene experienced a remarkable transformation with the opening of Chim by Chef Noom. Housed within the glazed facade of Menara TS Law, Chim is not just another upscale restaurant. It's a meticulously curated experience that brings the soul of Thailand to the heart of Malaysia in an entirely new light.



Chef Thaninthorn "Noom" Chantrawan, one of Thailand's most celebrated culinary figures and the visionary behind Bangkok's Michelin-starred Chim by Siam Wisdom, has chosen Kuala Lumpur for his first international venture. Known for his ability to weave modern finesse into traditional Thai recipes, Chef Noom presents a menu that is rooted in heritage and revolutionary in form. The name *Chim*, which means "to taste" in Thai, reflects more than the act of eating. It represents a deep, sensory exploration of Thailand's culinary legacy.



From the moment guests step through the polished entrance, they are transported. The design philosophy of Chim KL mirrors the cuisine itself, minimalism filled with meaning. Muted earth tones, handcrafted wooden details, soft lighting, and a quiet reverence for space create an atmosphere where every element feels intentional. An open kitchen offers a cinematic view of the culinary artistry at play, inviting diners to become part of the process.

The tasting menu, which earned Chim its Michelin star only months after opening, is a revelation. Every dish on the multi-course journey is a carefully composed narrative. It's a reimagination of Thai street food and royal cuisine, elevated with global techniques and Chef Noom's unmistakable creative signature.



Standout dishes include a crispy turmeric prawn served atop a rice cracker with green mango and tamarind gel, and a smoked duck curry infused with lychee and torch ginger presented in custom porcelain bowls that amplify aroma and elegance. Another highlight is the redefined Tom Yum consommé, clarified and served as a crystalclear broth, delicately poured tableside.

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Each course is choreographed with intention, balancing lightness with depth, acidity with richness, and tradition with surprise. The menu adapts to the rhythm of the seasons using ingredients sourced from Thailand and local Malaysian farms. This connection to land and locality grounds the dining experience in regional authenticity while embracing global sophistication.

What sets Chim apart is not just its accolades or aesthetics. At its core, this restaurant is built on respect. Respect for ingredients, cultural roots, the artisans behind each component of the experience and most importantly, the guest. The team moves with quiet precision and hospitality is delivered with warmth and knowledge, elevating the entire evening into something unforgettable.

## A Hidden Rhythm in Ampang

GUMI GRIND, BIG BOB BYTES BAKE AND FUEL WITH A STYLISH TOUCH BY PEMPUAN.KL

Ampang is quietly reshaping its identity. Once known mainly as a calm residential suburb on the edge of Kuala Lumpur, it's now carving out a name as a destination for lifestyle design and food done right. Tucked within the modest walls of Ampang Point is a surprising trio that is slowly redefining how evenings are spent in the city—Gumi Grind, Big Bob Bytes, and Bake and Fuel. Together they form an all-in-one space where you can linger from late afternoon to nightfall. Now, with the presence of local womenswear label Pempuan.KL the experience comes with a distinct flair for fashion and form.

## Gumi Grind: Coffee Calm and Golden Hour Glow

There is a special kind of magic to Gumi Grind. Opening only in the afternoon it's not the café for rushed breakfasts or frantic meetings, it's a place made for slowing down. The interiors are minimalist and soothing with pale tones, clean lines, and natural textures that create a calming atmosphere. The floor-to-ceiling windows let in the golden hour, light turning every visit into a warm visual experience.

The menu is centered around carefully brewed coffee from bold espressos to smooth homemade cold brews alongside comforting favorites like their now, widely known sugar cinnamon doughnuts. Everything is intentional, from the way your drink is served to the playlist in the background. Gumi Grind is for those who appreciate the little luxuries of an unhurried day.



## Big Bob Bytes: Heartier Bites and Playful Pempuan.KL: Fashion Woven into Lifestyle Energy What ties the entire experience together with subtle

Energy Step into the shared space, and you will find the tone shift into something livelier. Big Bob Bytes delivers the kind of food that speaks directly to your cravings. The menu is filled with flavor packed burgers, crispy fries, and sharing plates that do not hold back. It's bold, satisfying, and delightfully unpretentious. This is where the mood lifts, people laugh a little louder.

This is where the mood lifts, people laugh a little louder, groups gather around tables, and conversations stretch into the night. Big Bob Bytes captures the joy of eating something indulgent, familiar, and made to share. It's casual and fun with food that does not take itself too seriously but still gets it right.

## Bake and Fuel: Desserts That Deserve the Spotlight

Every good evening needs a proper ending, and Bake and Fuel ensures it's a sweet one. Known for its viral desserts and social media-worthy presentation this dessert bar turns indulgence into a nightly ritual. Their tiramisu is the main star, generously layered, creamy, and rich but the menu not only extends to cakes; the puddings and specialty treats also feel luxurious and made to be savored.

It's not just about the sugar rush it's about presentation mood and detail. The branding is polished, the space is curated and every bite feels crafted. Bake and Fuel understands that dessert is not just a after-meal affair, it can be the moment you have been waiting for all day.

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## softe A GENTLE ESCAPE OF CALM, CREATIVITY AND COMFORT IN THE CITY

Amidst Kuala Lumpur's bustling dessert culture, softe offers something quietly distinctive. More than just a place for ice cream or cakes, it's an experience crafted with care in a calm intimate space that feels thoughtful and poetic. True to its name, softe embodies soft light, textures, and soft, lingering moments.

Tucked away in a serene corner of the heart of KL, this refined dessert and ice cream bar welcomes you with a sense of tranquility. The interiors are understated yet retro-futuristic. Muted pastels and soft lighting come together to create an atmosphere perfect for peaceful afternoons or serene evenings. The layout encourages easy conversation or quiet reflection, without distraction. Here, there's no rush only a gentle invitation to pause.

Balance is at the heart of softe: a harmony of simplicity and creativity, comfort and novelty, familiarity and element of surprise. This philosophy extends to the menu, where flavors are delicate yet memorable, and presentation is artful without being pretentious. At softe, dessert feels nostalgic yet surprising at the same time, and every dish offers a quiet sense of joy.



KAFE

**DINING** IDEAS

## The Stack

The Stack begins with a decadent double chocolate Golden madeleines scented with turmeric root and leaf cookie as its foundation. A swirl of creamy matcha soft arrive warm. Their crisp edges give way to a soft, fluffy serve brings a cool, earthy contrast. It's finished with a center. Forty-eight-hour-infused banana milk soft serve has roasted house-made houjicha marshmallow that adds a light, delicate flavour. The unusual combination blends warmth and a nutty aroma. Every bite delivers rich flavors classic French pastries with local flavours to perfection. and satisfying textures. 28 | KL LIFESTYLE



## Madeleines

## Sunny Side Up Hot Chocolate

The Sunny Side Up Hot Chocolate brings a playful surprise This lavered drink combines earthy matcha with sweet to the table-styled to look like a sunny-side-up egg, but strawberry. It finishes with a scoop of matcha soft serve, actually pumpkin foam surrounded by toasted vanilla adding smooth richness to every sip. The balance of bitter marshmallow. Underneath lies velvety hot chocolate: and sweet is quietly satisfying. It's visually striking and rich, smooth, and deeply comforting. It's a charming, deliciously refreshing. whimsical treat with every sip.

## **Everything Rice**



Everything Rice, the crowd favorite, reimagines familiar The Pink Cow is vibrant, refreshing, and playful. Pink guava flavors in bold, playful ways. Toasted rice ice cream, vanilla sorbet and dragon fruit purée are made using fresh soft serve, and miso caramel form the base. Coconut inaredients, Whipped milk and crushed merinaue add mochi, puffed black rice, and black pepper add texture texture and lightness. A drizzle of olive oil finishes it with and spice. Sweet, savoury, and exciting all at once. warmth.



**DINING IDFAS** 

## Strawberry Matcha with Float

## The Pink Cow

## A Morning Feast

#### DISCOVERING KL'S MUST-TRY MALAYSIAN BREAKFAST SPOTS

In Kuala Lumpur, breakfast is a celebration of culture, comfort, and community. Whether served from a humble roadside stall or a historic kopitiam, Malaysian-style breakfasts offer flavors that are familiar to the taste buds and warm the soul. These are the places where mornings begin with good food and quiet moments, where locals gather for a taste of home before the city stirs awake.

## Village Park Restaurant



Damansara Uptown is a name that needs no introduction. Known citywide for its legendary nasi lemak, this busy eatery draws a crowd every morning. The rice is soft and fragrant with just the right amount of coconut richness. The crispy fried chicken, spiced to perfection, is the star of the plate. Together with a generous scoop of sweet and spicy sambal, crunchy anchovies and peanuts, it is a breakfast that satisfies every cravina.



## Yut Kee Kopitiam



Located in Chow Kit, this joint offers a nostalgic journey through KL's Hainanese heritage. Established in 1928, it remains one of the oldest and most beloved kopitiams in the city. The classic combination of kaya toast, softboiled eggs, and a strong cup of kopi creates a timeless breakfast experience. Yut Kee is also known for its unique dishes like roti babi and marble butter cake, which are perfect for those looking to try something with a deeper story and history.



## Mansion Tea Stall



## Ho Kow Hainam Kopitiam



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## Nasi Lemak Wanjo, Kampung Baru



A true KL icon, Nasi Lemak Wanjo has been serving its legendary plates of Malaysia's national dish since 1963. Nestled in the heart of Kampung Baru, this bustling eatery is loved by locals and tourists alike for its authentic, no-frills nasi lemak experience.

Here, the coconut rice is fluffy and fragrant, the sambal strikes the perfect balance between sweet and spicy, and the crispy fried chicken is golden and irresistibly juicy.

The casual canteen-style setting adds to its charm, often buzzing with hungry patrons from breakfast through late lunch. Affordable, satisfying, and proudly Malaysian, Nasi Lemak Wanjo remains a must-visit for anyone craving a proper taste of KL's comfort food culture.



## Urban Daybreak



Tucked away in the trendy streets of Bangsar, Urban Daybreak has become a favorite hangout spot for those craving a hearty, Western-style breakfast with a touch of Aussie café culture. With its warm, rustic interiors and relaxed atmosphere, this neighborhood gem invites you to slow down and savor your morning.



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## MORE THAN NATURAL WONDERS, A GATEWAY TO EPIC EXPEDITIONS.

### KOTA KINABALU INTERNATIONAL AIRPORT, THE GATEWAY TO GETAWAYS

It all begins at Kota Kinabalu International Airport (BKI). Make an aquatic friend, conquer Mount Kinabalu, and discover a world so exotic with more than 6,000 plant species, even the first season of reality TV show Survivor was filmed there. Plan your route to countless new adventures.





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Its flagship property, the five-star Sama-Sama Hotel KL International Airport, provides full-service accommodations and amenities tailored for business and leisure travellers alike. Complementing this are two airside transit hotels, Sama-Sama Express Hotel at KL International Airport Terminal 1 and Terminal 2, designed to offer convenient, restful stays without the need to clear immigration.

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**Managing Editor** Zainuddin Mohamed

**Editorial & Concept** Mediate Communications Sdn Bhd airlink@mediate.com.my

Advertising & Production Noor Hafiza Ruslan hafiza@malaysiaairports.com.my

Nurul Farehah Norsam farehahn@malavsiaairports.com.mv

**Desian & Distribution** Mediate Communications Sdn Bhd

#### MALAYSIA AIRPORTS HOLDINGS BERHAD Reg. No: 199901012192 (487092-W)

Aviation Marketing and Development Division Level 3, Arrival Hall (Domestic) Main Terminal Building KL International Airport 64000 Sepang Selangor Darul Ehsan, Malaysia Tel: +603-8776 4949 Fax: +603-8776 4040 Email: marketina@ malaysiaairports.com.my





The recent launch of the Selangor Aero Park @ KLIA Aeropolis by Malaysia Airports and Menteri Besar Selangor Incorporated (MBI) marks a step closer towards Malaysia becoming a leading player in Asia Pacific's aerospace and advanced manufacturing landscape.

Spanning about 600 acres within the KLIA Aeropolis, this landmark development has a potential aross development value of RM2.3 billion.

To be developed over several phases, the Selangor Aero Park is expected to attract high-impact investments across the aerospace supply chain, including precision engineering and integrated logistics services.

It is anticipated to serve as a hub for innovation, talent development and technology transfer as well.

Covering 200 acres, phase one of the Selangor Aero Park is open for sale to potential investors, while the remaining 400-acre parcels of land will be progressively released beyond 2028, in accordance with infrastructure readiness and investor demand.

GE Aerospace secured 100 acres of land under phase one to develop an engine test cell as well as maintenance, repair and overhaul (MRO) facility to serve the Asia Pacific region.

Supported by a governance model led by Malaysia Airports and MBI to ensure seamless investment facilitation, the latter's presence as a strategic partner representing the Selangor state ensures that the tenant-operators and investors benefit from fast-track facilitation for business permits and development approvals, talent development programmes and incentives.

Dato' Seri Amirudin Shari, Menteri Besar of Selangor said, "By leveraging our strategic location, robust infrastructure and industrial strengths, we are building an enabling ecosystem where global aerospace players as well as local small and medium enterprises can thrive.

The Selangor Aero Park is envisioned to offer a complete ecosystem of aerospace activities encompassing MRO, aerospace parts manufacturing, avionics, propulsion and high-value electronics, as well as advanced supply chain facilities.

It will integrate smart security features such as closed-circuit television with facial and vehicle-plate number recognition, solar-powered street lighting on smart poles, smart billing and maintenance monitoring and green parks.

MBI will ensure a future-ready environment for the local aerospace industries that includes staff accommodations and commercial amenities apart from providing training and workforce development initiatives.

Malaysia Airports, on the other hand, is promoting renewable energy across Selangor Aero Park's facilities, including solar and rainwater harvesting.

Describing Selangor Aero Park as a catalyst in Ministry of Transport." transforming the KLIA Aeropolis into a vibrant aviation and logistics hub, Malaysia Airports Chairman, Dr He explained, "The Aerotrain is a complex system Nungsari Ahmad Radhi said, "This key milestone opens that requires seamless integration across multiple up multiple opportunities to enhance aviation-related components, all of which must meet stringent safety infrastructure and services to meet the evolving needs and performance standards set by the regulator. of the industry and region."

Additionally, Selangor Aero Park's close proximity to the KL International Airport (KLIA) provides direct access to Asia Pacific's high-growth flight corridors and global markets, linking Malaysia's aerospace value chain to local and international demands.

Designed to offer built-to-suit and fully-serviced facilities to cater to original equipment manufacturers and Tier 1 readiness. aerospace players as well as high technology and high "We also worked closely with our contractor, Alstom, value supply chain operators, this syneraistic aviationand their consortium partners to deliver this project linked development will enhance KLIA's core operations Northern gateway's connectivity enhanced while attracting global investments.

Meanwhile, at Penang International Airport (PEN), which With Selandor Aero Park's location easy access to Port recently welcomed its 18th foreign airline, Cambodia Klang, this further strengthens its multi-modal logistics Airways' (KR) twice-weekly service from Phnom Penh proposition. (PNH) using the Airbus A320 aircraft, this is KR's second international route to Malaysia, complementing its As Transport Minister Anthony Loke Siew Fook put it at existing PNH-Kuala Lumpur (KUL) service.

the ground breaking of the Selangor Aero Park, this development matters because it offers a seamless integration between air, land and sea - a multimodal hub designed for efficiency, precision and speed.

"It gives our exporters, manufacturers and innovators a new edge in a fast-changing region."

The Selangor Aero Park is a crucial element in the realisation of the vision of the Malaysian Aerospace Industry Blueprint 2030, to generate RM55.2 billion in annual aerospace revenue and create over 32,000 high-income jobs by 2030.

#### Enhancing Passengers' Experience with New Aerotrains and More Connectivity

As Malaysia Airports continues to expand air connectivity into Malaysia with the entry of new foreign carriers and the launch of more new routes, its commitment to ensuring a smooth and seamless flow for its passengers remains top priority.

This is clearly demonstrated at its flagship KL International Airport (KLIA), which debuted its new Aerotrains on 1 "It opens new pathways for trade and cross-border July 2025 following the successful completion of a major collaboration, positioning Penang as a vital node in the infrastructure upgrade planned three years ago. ASEAN economic network."



With enhanced reliability, improved passenger flow and a stronger system resilience, KLIA is well-positioned to establish itself as a strong hub in Southeast Asia.

Dato' Mohd Izani Ghani, Manaaina Director of Malavsia Airports said, "We are grateful for the close and diligent oversight from the Land Public Transport Agency throughout the project and the strong support from the

This includes testing our emergency response plan to ensure we are ready for any eventuality."

The fault-free run involved a rigorous validation process in which the first train was required to complete 2,000 kilometres (km) of continuous fault-free operations, while the remaining two trains logged 1,000 km each, confirming the system's technical reliability and

On the country's second busiest airport's performance, he said Penang International Airport (PEN) recently welcomed its 18th foreign airline, Cambodia Airways' (KR) twice-weekly service from Phnom Penh (PNH) using the Airbus A320 aircraft.

This is KR's second international route to Malaysia, complementing its existing PNH-Kuala Lumpur (KUL) service.

Dato' Mohd Izani said, "As the second new airline to commence operations at PEN this year following Sichuan Airlines' (3U) start of its five weekly flights from Chenadu on 30 April 2025, KR's entry strengthens Penang's position as a key northern gateway and enhances our strategic role in advancing regional air connectivity.

"More importantly, this new direct link with PNH aligns with the Association of Southeast Asian Nations (ASEAN) Connectivity Master Plan 2025, reinforcing Malaysia's commitment to deeper regional integration.

Beyond Cambodia, PEN also offers direct flights to key members of the ASEAN bloc, including Thailand, Indonesia, Singapore, Vietnam and Myanmar, cementing its status as an emerging regional hub for commerce and tourism.

From January to May 2025, PEN recorded 3.4 million passengers, up 12% increase year-on-year. Of this, 53% were international passengers and the rest domestic passengers.

AIRLINK



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strategic efforts to strengthen KL International Airport's connecting destingtions such as Dubai and Jeddah, network connectivity with China, one of its key target making it an ideal transit point for travellers heading to markets.

"

This route expansion reinforces our role as an airport operator driving growth through enhanced accessibility, which supports trade, tourism and economic development.

> DATO' MOHD IZANI GHANI Managing Director of Malaysia Airports





This four-times-weekly service offers seamless smooth connections for passengers transiting through Haikou to over 50 cities across China as well as international destinations such as London, Bangkok, Tokyo, and Hong Kong.

ainan Airlines' (HU) inaugural direct flight from Haikou Additionally, Haikou serves as a strategic gateway (HAK) on 30 May 2025 is part of Malaysia Airports' for flights from China to the Middle East, conveniently the region.

> According to OAG's latest June 2025 statistics, China's international airline capacity continued to recover strongly to Vietnam, Japan and Malaysia, increasing by 64%, 37% and 27% respectively compared to June 2024.

> Among China's top 20 international markets that have recovered since 2019, Malaysia is ranked seventh with slightly over 400,000 seats as at June 2025.



Founded in 1993 and headquartered in Hainan Province, HU is one of China's leading full-service carriers, continuing to receive accolades in the first few months of this year.

In March 2025 HU was recoanised as the Outstanding Environmental, Social and Governance (ESG) Innovative Enterprise of the Year at the second Victoria Harbour Overseas Excellence Awards, while in February, HU was awarded the Most Punctual Long-Haul Airline at Brussels Airport for 2024.

Earlier in January, HU won four awards in the Tianxuan 2024 Sky Choice Travel Awards of the Civil Aviation Administration of China's inflight magazine.

These awards were Innovation in Product or Service Airline of the Year, Crew of the Year, Airline Catering of the Year and Corporate, Social Responsibility (CSR) Brand of the Year.

For more information, visit www.hainanairlines.com



 $\sim$  ambodia Airways' (KR) inaugural direct flight Present to welcome its arrival were Dato' Yeoh Soon Hin, connecting the two UNESCO listed cities of Phnom Deputy Chairman of Tourism Malaysia and two Directors Penh (PNH) and Penang (PEN) launched on 26 June from the Penang Convention and Exhibition Bureau 2025 is expected to open doors for cultural tourism and (PCEB), Lee Boon Heng and Datin' Bharathi Suppiah. heritage-based exchange.



The maiden flight KR785, celebrated with a traditional water salute, special welcome and cake cutting ceremony, was honoured by the presence of His Excellency Shaharuddin Onn, Ambassador of Malaysia to Cambodia, Tang Xiaojun, KR Vice President and Bai Guowei, KR Director of the Marketina Committee.



To ensure the route's success, PCEB will explore strategic collaborations with KR and other partners to enhance awareness among key target markets of the state as a leading destination for high-impact international business events.

Operating twice weekly, the new route opens up avenues for tourism, trade, and bilateral collaboration between Malaysia and Cambodia, while also enhancing accessibility and convenience for both leisure and business travellers.

With PNH connected to 14 destinations via 27 flights, this new route serves as a vital access for corporate and incentive groups from Cambodia and beyond, bringing KR's total weekly flights between PNH and Malaysia to five, covering both PNG and Kuala Lumpur (KUL).

Established in 2017, KR has been its country's only local airline offering business class seats and full-service flights. Currently, its fleet, comprising six Airbus A319 or A320 aircraft, flies to 22 domestic and international destinations. To date, KR has completed over 17,000 flights, safely transporting more than 1.7 million passengers and accumulating over 35,000 flight hours. The girline served over 620,000 passengers in 2024.

For more information, call +603-218 8033 or visit www.cambodia-airways.com

**AVIATION NEWS** 

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### Partnership between China Southern Airlines and Vietnam Airlines to Start in August

collowing the approvals from the relevant authorities of a global network of international partnerships." both China Southern Airlines (CZ) and Vietnam Airlines (VN), the joint-venture (JV) between the two airlines will take effect on 1 August 2025, signaling a new phase in the civil aviation collaboration between China and Vietnam.

By combining their strength and resources, the JV aims to offer a stronger combined network and seamless connectivity for passengers flying between the two countries through schedule coordination and codeshare arrangements.

To facilitate passenger transfers, both airlines have introduced the Inter-Airline Through Check-in (IATCI) process, enabling travelers to obtain boarding passes for up to three connecting flight segments at their initial Vietnam's flag carrier, on the other hand, provides direct point of departure.

Additionally, the members of both airlines' frequent flyer programme will enjoy benefits that include priority check-in, expedited baggage handling, increased bagaage allowance and priority boarding.

Zhang Dongsheng, CZ Deputy Director General of the Commercial Steering Committee explained, "In recent years, we have actively tapped into the aviation markets For more information, visit www.csair.com or in countries along China's Belt and Road Initiative call +603-2163 9977 through international bilateral cooperation, establishing

Through this JV, which marks a significant step forward in its internationalisation strategy, he said, "We will build an air bridge between the Guangdong-Hong Kong-Macao Greater Bay Area and Vietnam, boosting regional economic, trade and cultural exchanges."

With 2025 being the China-Vietnam Year of People-to-People Exchange, new opportunities abound for the aviation market and growth in tourism.

Currently, CZ operates direct flights from Guangzhou, Shenzhen, Changsha, Wuhan, and Shanghai Pudong in China to Hanoi, Ho Chi Minh City and Nha Trang in Vietnam, with a peak weekly capacity of 111 flights.

services connecting Hanoi and Ho Chi Minh City to Guangzhou, Shanghai, Beijing besides linking Nha Trang to Tianjin, Wuhan, Nanjing, Shanghai, Jinan, Changzhou, Wuxi.

During peak periods, VN operates over 50 weekly flights, providing extensive air connectivity between Vietnam and China.



## New Codeshare Partnership between Scandinavian Airlines and Vietnam Airlines

Two SkyTeam members - Scandinavian Airlines (SAS) and The global aviation analytics company said the airline's Vietnam Airlines (VN) – have forged a new codeshare flights arrived on time 88.32% and 89.72% of the time agreement that will enhance travel convenience, in April and May 2025 respectively while it was placed expand connectivity and enable passengers to earn second globally in March 2025 at 91.92%. and redeem SAS EuroBonus or LotusMiles points across Compared to the same period last year, this marks clear both networks. progress for SAS in setting the pace despite challenging seasonal conditions and increased traffic, Cirium added.

....

"

This agreement is a testament to the value of the SkyTeam alliance in delivering global connectivity and shared benefits for frequent flyers.

#### PAUL VERHAGEN

Chief Commercial Officer of Scandinavian Airlines (SAS)

SAS joined SkyTeam in September 2024. It serves more than 25 million passengers and transports 60,000 tonnes of cargo yearly to 135 destinations across Asia, Europe Scandinavia and Canada. and the United States.

Its codeshare agreement with VN also allows passengers summer. to book itineraries, including segments operated by Earlier in March 2025, SAS expanded its global reach either airline through a single reservation, making through its partnership with Delta Air Lines, offering travel between Hanoi and Ho Chi Minh City and the new trans-Atlantic options and more convenient travel Scandinavian hubs of Copenhagen, Stockholm and experiences between Scandinavia and North America. Oslo more flexible.

Travellers can expect a reliable and seamless journey across continents with SAS ranked as the most punctual airline in both Europe and the world for the second month in a row this year according to Cirium's monthly reports for April and May.



Mike Malik, Chief Marketing Officer at Cirium said, "SAS is clearly on a strong trajectory."

"These results speak to a consistent focus on operational performance and a clear commitment to the customer experience. It is great to see this kind of momentum in action."

SAS was awarded third place in Europe for On-Time Performance and ninth place globally in 2024.

Meanwhile, SAS and WestJet's newly signed interline agreement, marking the first phase of their collaboration, will significantly strengthen connectivity between

Plans are afoot to launch a full codeshare later this

February 2025 saw the airline entered into a new codeshare agreement with Air France-KLM, widening its access to new destinations in Asia, Brazil and South Africa.

For more information, visit www.flysas.com



AVIATION NEWS

#### AIRLINK



**Commitment to Safety** Datik Air Malavsia (OD) has successfully renewed

Dits International Air Transport Association (IATA) Operational Safety Audit (IOSA) certification until 3 June 2027, reaffirming the airline's dedication to the highest standards of safety, reliability and operational He added, "Whether flying domestically or across excellence.

The IOSA certification, which must be renewed every two years, was awarded following a comprehensive audit conducted under the enhanced Risk-Based For more information, visit www.batikair.com Audit framework by the alobal trade association representing over 300 airlines. The audit was carried out by independent IATA-accredited professionals.

The certification sets global benchmarks for aviation safety and operational efficiency by assessing an airline's systems and procedures against a comprehensive set of harmonised standards and recommended practices.

The IOSA audit covers eight critical operational areas, namely from Organisation and Management Systems, Flight Operations, Operational Control and Dispatch, Aircraft Engineering and Maintenance, Cabin Operations, Ground Handling, Cargo Operations and Aviation Security.

OD's renewed IOSA certification stands as a testament to the discipline, accountability, and professionalism embedded throughout its organisation, supporting further its tagline, Unwavering Commitment to Safety.

Reaffirming this, OD Chief Executive Officer Datuk Chandran Rama Muthy remarked that safety is the foundation of its operations and the core of its identity.

"For our passengers, this certification offers not only assurance but also peace of mind."

borders, they can trust that every OD flight is supported by robust safety protocols, seamless coordination, and operational precision."



First Codeshare Flight at Doha by **Philippine Airlines** 

hilippine Airlines and Qatar Airways recently C celebrated their new daily service between Manila and Doha with a ribbon cutting ceremony at Hamad International Airport (DOH), marking the start of a strong partnership between two carriers for both business and leisure travel.

These nonstop flights will be operated on PAL's long-range Airbus A330-300 aircraft in a dual-class configuration, featuring 18 flat-bed seats in its exclusive business class cabin and 341 seats in the main economy class cabin.

The new partnership between the two airlines allows PAL passengers flying from Manila to connect to QR's global network of over 170 destinations via DOH.

Commemorating the occasion were PAL President Richard Nutall, its Executive Vice President and Chief Operating Officer, Carlos Luis Fernandez, alongside executive delegates from the QR Group.

We can focus clearly together on further developing the Philippines-Qatar air travel market while ensuring seamless connections across our respective networks.

#### **RICHARD NUTALL** President of Philippine Airlines (PAL)

- "

Travellers from key markets such as Brazil, Spain, the United Kingdom and the United States can enjoy greater choice and enhanced connectivity with QR, voted the Best Airport in the Middle East by Skytrax in 2025 when planning their trips to the Philippines.

PAL's fleet of Boeing, Airbus and De Havilland aircraft operate scheduled direct flights out of its hubs in Manila, Cebu, Clark and Davao to 31 destinations in the Philippines as well as 38 destinations in Asia, North America, Australia and the Middle East.

Philippines' flag carrier-cum-Asia's first commercial airline also offers air cargo and charter services.

For more information, visit www.philippineairlines.com



frica's flag carrier, Ethiopian Airlines (ET), clinched Earlier this year, ET won the Outstanding Food Service by Athe coveted Best Airline in Africa title for the eighth a Carrier – Africa at the 2025 PAX Readership Awards for consecutive year besides securing three other awards at the third time in recognition of its exceptional onboard the recent Skytrax's 2025 World Airline Awards. caterina services.

Its other wins were for Best Economy Class, Best Business Class and Best Business Class Onboard Caterina, all in Africa, underscoring ET's commitment to deliver worldclass service across its expansive network of over 140 international destinations.

They also reflect the airline's consistent focus on enhancing the customer experience and operational excellence, as well as its investments in fleet modernisation, innovation and sustainability.

These achievements are a testament to the hard work, dedication and passion of the entire ET family.

"

It also reflects the trust and loyalty of our valued customers worldwide. We remain committed to exceeding expectations through world-class service and connectivity that bridges Africa with the rest of the world.

#### **MESFIN TASEW**

Group Chief Executive Officer of Ethiopian Airlines (ET)

Its catering facility, comprising international kitchens Mesfin, who was recently honoured with the prestigious staffed by chefs globally, includes a separate halal Ato Girma Wake Lifetime Achievement Award for his certified kitchen. outstanding contribution to route development and African aviation, remarked, "This award is more than an ET was also named the Bronze winner of the 'Cabin honour as it is named after Africa's father of aviation, Concept of the Year' 2025 at the Onboard Hospitality ET's former CEO and my mentor. Awards for its new Airbus A350-1000 cabin innovation. Both awards took place in Hamburg, Germany.

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"As a Pan-African airline, we strive to realise a wellconnected Africa and such recognitions strengthen our For more information, call +603-2022 0168 commitment to do more." or visit www.ethiopianairlines.com

AIRLINK

AVIATION NEWS



The airlines' state-of-the-art catering facility in Addis Ababa can produce up to 100,000 meals daily, offering catering services and onboard duty-free items for both scheduled and non-scheduled Ethiopian and customer airlines, VVIP and charter flights.



AIRLINK



## Livery on Malaysia Airlines Deployed

A alaysia Airlines (MH) welcomed Manchester Munited's (MU) First Team to Kuala Lumpur on 26 May 2025 via a specially chartered flight from Manchester in England in the latter's maiden Post-Season Tour in Asia. reinforcing the strength of their exclusive partnership.

Malaysia's national carrier also brought together thousands of the iconic MU Club fans and football enthusiasts from across the region, including Indonesia, Thailand, Sinaapore and beyond for the match against the ASEAN All Stars held at the Bukit Jalil National Stadium MH's co-branded aircraft livery in partnership with MU on in Kuala Lumpur.

through a lively activation zone, offering interactive MU legends - Dimitar Berbatov, Nemanja Vidić and Luís games, photo opportunities and exclusive giveaways Nani-were brought in for the celebration. on social media, including the offer to fly from any part of the airline's network to either Kuala Lumpur or Hona Kong.

Additionally, MH hosted top agents, partners, employees and Enrich members with exclusive hospitality and ticket access.

As the Official Commercial Airline Partner, MH operated dedicated charter services showcasing the bespoke livery which merges the airline's national flag with MU's iconic red, symbolising the shared values of passion, pride and global unity throughout MU's Asian tour.

Following MU's match in Hong Kong on 30 May 2025.the team returned to Manchester onboard the airline's A350-900 aircraft, delivering the airline's signature Malaysian Hospitality.



its flagship Airbus A330-300 aircraft was first unveiled at a Beyond the stadium, MH engaged the football fans consumer travel fair in Kuala Lumpur in April 2025, where

> This marks a bold and exciting new chapter for MH as we unite the passion of sport, the spirit of innovation and the pride of our nation.

#### DATUK CAPTAIN IZHAM ISMAIL

- "

Group Managing Director of Malaysia Aviation Group (MAG)

Concurring with him, Dersenish Aresandiran, MAG Chief Commercial Officer of Airlines said, "We look forward to creating more lasting memories through meaningful partnerships that bring people together."

For more information, visit www.malaysiaairlines.com



### 100 Global Destinations Reached in June by Cathay Group

The Cathay Group marked a milestone on 12 June UO recorded the highest monthly seat capacity in its 2025, celebrating Cathay Pacific (CX) and HK Express history, carrying more than 640,000 passengers in May (UO) reaching 100 passenger destinations worldwide. 2025, 35.7% up year on year while its available seat kilometres grew by 42.6%.

In the past two years alone, we have added 30 new passenger destinations, including 18 new destinations this year alone and still counting.

That rate of network expansion is at an unprecedented level and that has allowed us to reach this milestone of 100 destinations ahead of schedule.

Our current investment programme of over HK\$100 billion across our entire offering of the fleet, cabin products, lounges and digital services is also the most ambitious and largest in the company's history.

#### PATRICK HEALY

Chairman of Cathay Pacific (CX)

During this summer peak period, CX and UO will operate passenger services totalling 23 destinations in the Chinese Mainland, providing more than 300 return flights per week.

Additionally, CX will operate more than 110 return flights weekly to eight destinations in North America and close to 100 return flights weekly to 12 European destinations.

CX Chief Customer and Commercial Officer Lavinia Lau CX was also named World's Best Economy Class Airline said the Group's low-cost carrier (LCC) achieved a new for the second consecutive year, and World's Best Inflight milestone by sustaining its network expansion with the Entertainment for the second time in three years. launch of new routes to Changzhou and Yiwu in China For more information, visit www.cathaypacific.com in May 2025.

UO followed up with more new service launches to Cheongju and Daegu in South Korea as well as Miyako (Shimojishima) in Japan in June 2025.

The LCC announced it would be flying to Guiyang in China on 31 July 2025 and the following day to Subang (SZB), its second destination in Malaysia after Penang.

Meanwhile, at the 2025 Skytrax World Airline Awards, CX was voted as one of the world's top three best airlines, up two places from last year.





AIRLINK



### **Surreal Experiences and Creative** Approaches to Boost Arrivals into Malaysia

Map as Asia's most loved country by making extended until 31 December 2026, with further potential long and earnest preparations for its Visit Malaysia extension until 2036, the policy encourages longer visits 2026 (VM2026) campaign to capture the hearts and and spending for this key market. imaginations of visitors through various strategic moves and action plans.

embeds the essence of the country's many unique offerings to attract global attention and engage its visitors with many enchanting experiences.

promotional video to be updated quarterly to reflect its Weixin Pay eWallets at over 2.5 million merchants here. latest attractions and packages nationwide.

A production house was engaged to compile 200 short videos with RM1.9 million allocated for the project, according to the Ministry of Tourism, Arts and Culture with 9.55 million arrivals but also in terms of Chinese (MoTAC).

Minister of Tourism, Arts and Culture, Dato Sri Tiong King With Asia back on the radar due to the rising turmoil Sing said from January to April 2025, Malaysia received in the Middle East, Malaysia is experiencing a surge in 13.38 million visitor arrivals, representing a 12.1% year-on-visitor arrivals and is increasing its focus on high impact year (YoY) increase.

Further data for the first four months of 2025 released by its promotion arm, Tourism Malaysia, in cooperation with the **Niche segment** Immigration Department showed Singapore leading with Among them is birding tourism, said to contribute about 6.5 million visitor arrivals as the top sourcecountry, 10% to 30% to the global tourism industry. Malaysia is followed by Indonesia (1.47 million), China (1.44 million), Thailand (833,610), India (484,791) and Brunei (480,916).

With visa exemption allowing Chinese tourists to stay in

A alaysia has set the stage to put itself on the world Malaysia for up to 90 days (from 30 days previously)

Average spending per visitor rose to RM4,300, with tourism receipts reaching RM27.5 billion for the first quarter of Its theme song for VM2026 entitled Surreal Experiences 2025, up 24% YoY, inclining towards higher value visitors.

PayNet recently partnered with Alipay and Weixin Pay, also known as WeChat Pay, to drive mainland Chinese and regional spending across Malaysia whereby visitors This is followed up by the Surreal Experiences Await can scan DuitNow QR codes using their Alipay and

> Malaysia, named Asia's most loved country for 2024 by United States-based financial website Insider Monkey, has not only overtaken Thailand, which ranked second arrivals.

tourism and cultural events besides coming up with more innovative programmes.

ranked fourth in Asia for birding after China, India and Thailand.

Fraser's Hill, one of the country's top bird watching

destinations, is home to more than 250 species of birds.

Migratory birds stop at this hill station from Siberia, Russia and the northern islands of the southern hemisphere

between October and April. During its recently concluded 'Star Healing Programme' in Kuala Selangor organised for the media and travel This 'green jewel', bordering the states of Selangor and agents to create more awareness about such packages, Pahana, recently held its 36 th Fraser's Hill International cultural visits and sustainable activities such as the Bird Race jointly organised by Tourism Pahana, BirdLife planting of durian seedlings at the Selangor Fruit Valley International and the Malaysian Nature Society from 21 were included. to 22 June 2025.

Workshops on astronomy photography and how to Marked a bumper year, the event recorded the highest make your own telescope were also organised for the participation from 127 teams, of which 50 teams were participants in collaboration with Canon Malaysia and international. It also set a new record of 71 participants Sahabat Langit Utara. for the Bird Photography Contest.



The international participants came from Australia, Bhutan, China, Hong Kong, India, Indonesia, Japan, Nepal, the Philippines, Singapore, Sri Lanka, Taiwan, Thailand, Vietnam and the United States.

More than just a competition, the bird race is pivotal in promoting eco and niche tourism, while supporting the local community and its businesses, from accommodation providers, restaurant operators, tourist attractions to food vendors.

#### Stargazing adventures

Datin Rafidah Aziz, Tourism Malaysia's Senior Director of Domestic and Events Division said, "As part of our ongoing commitment to sustainability and responsible tourism, we have introduced experiences such as stargazing as raising awareness about environmental preservation.

An invitation card to both WTD and WTC 2025 and a a unique opportunity to reconnect with nature while miniature momento of the traditional 'konda kondi' folk bat and stick game, reflecting the spirit of teamwork "Stargazing also opens doors for local communities and quick thinking, were presented to the ambassadors through guided experiences, homestays and ecofrom other countries to Malaysia and tourism excos from tourism packages." several states of Malaysia.

She added that Tourism Malaysia collaborated with 16 tour operators to create 37 such staraazing packages nationwide for travel until December 2026.

Meanwhile, as Malaysia ramps up preparations for the upcoming World Tourism Day (WTD) and the World Tourism Conference (WTC), it hopes to attract 1,000 high-profile global tourism leaders, policy makers, academicians and delegates to attend this event organised by United Nations World Tourism Organization.

To be held from 27 to 29 September 2025 in historic Melaka, both Melaka and Malaysia is expected to have a substantial impact on the hosting of WTD and WTC 2025.

The theme for WTD 2025, Tourism and Sustainable Tourism, emphasizes the vital role tourism plays in supporting the 2030 Sustainable Development Goals, including inclusivity, responsibility and resilience.

As a prelude, Melaka held a pre-launch ceremony for WTD and WTC 2025 in conjunction with its 17th anniversary celebration of it being a UNESCO World Heritage Site from 2 to 6 July 2025, with international cultural dance performances and Melaka heritage highlighted.





## WORLD CLASS FINDS, DUTY FREE PRICES







La Jung Clinic brings a new level of sophistication to the beauty and aesthetics scene in Kuala Lumpur. Located at The Shoppes at Four Seasons Place, this premium clinic offers more than just treatments. It provides a complete experience where privacy, comfort, and advanced technology come together seamlessly.

At the core of La Jung is a highly qualified team led by Dr. Nicholas Lim, an internationally trained aesthetic doctor known for his expertise and precision. He works alongside Swiss medical advisor Professor Dr. Ben L. Pfeifer, a globally recognized name in antiaging research. Together, they ensure that every treatment is grounded in science and guided by global standards.

The clinic offers a wide range of advanced skin and body solutions tailored to individual needs. Signature treatments include the Sylfirm for melasma and skin rejuvenation, PicoPlus Laser for pigmentation correction, and non invasive facial harmonization for lifting and contouring. Clients can also benefit from Swiss-inspired antiaging programs, collagen-boosting therapies and specialized care for acne, sensitive skin, and body sculpting.

La Jung Clinic is designed to be more than just a medical facility. Private consultation rooms, plush lounges, and a calm, welcoming atmosphere create a space where clients feel relaxed and cared for from the moment they arrive. Whether for a subtle refresh or a complete transformation, each treatment is delivered with attention to detail and a commitment to *au naturel* results.

With its combination of expert care, state-of-the-art technology and a personalised approach, La Jung Clinic has quickly become a trusted destination for those seeking effective, high end aesthetic treatments. It's a space where beauty, science and luxury exist in perfect harmony. **49** I KL LIFESTYLE



## New Arrivals Alert

**FASHION MUST-HAVES** 



## Tiffany & Co. and Daniel Arsham Unveil "The Bronze Eroded Penny Vessel"

The ongoing artistic dialogue between the legendary Tiffany & Co. and acclaimed contemporary artist, Daniel Arsham, enters an exciting new chapter with the debut of their latest collaboration: the Bronze Eroded Penny Vessel and a limited edition Tiffany & Arsham Studio HardWear Necklace. This unveiling represents more than a creative partnership; it reflects a continued exploration of the intersection between fine art and luxury craftsmanship.

Since the collaboration began in 2021, Tiffany and Arsham Studio have become known for blending innovation with tradition. Arsham's distinctive aesthetic, defined by themes of decay, transformation, and timelessness, finds a compelling counterpart in Tiffany's heritage of refined elegance.



## Donald Glover Designs Gilga Farm x Moncler Collaborative Collection

Donald Glover has a remarkable ability to turn his boldest creative visions into reality, whether through his work as Childish Gambino, a groundbreaking episode of Atlanta, or now, for the first time, a collection with Moncler Genius.

Following the debut of his Moncler collaboration during the brand's "City of Genius" showcase in Shanghai last fall, Glover has officially unveiled his full Moncler Genius collection. As the driving force behind the design process, he reimagines some of Moncler's most iconic silhouettes through the lens of a Southern Californian summer.







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## Men's Must-Haves

THIS SEASON'S HOTPICKS



Versace Villa driver shoes RM 4,133



Burberry Check collar cotton half-zip sweatshirt RM 3,827



Dolce & Gabbana Shell-print shirt RM 8,695

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Salomon XT-6 Gore-Tex "Black/Silver" sneakers RM 888



TOM FORD Short-sleeve polo shirt RM 1,696



Versace Graphic-print polo shirt RM 2,921



Versace Theia Barocco Raffia mules 55 mm RM 3,977



Versace Underwater Barocco knotted crop silk shirt RM 4,448



Versace Medusa crop T-shirt RM 2,144

#### **LUXE** FASHION & BEAUTY





## Adidas

Samba Jane shoes RM 816



## Polo Ralph Lauren Polo Bear cotton T-shirt

RM 655



## Balenciaga

Tape Type T-shirt RM 3,058







11/F M Classic pilot-frame rimless sunglasses RM 2,391



TOM FORD Pilot-frame full-rim sunglasses RM 2,476



Prada Zip-around phone pouch RM 8,590



Burberry Strand clutch RM 7,194



Chloé Summer Banana tote bag in raffia RM 4,820



Versace Barocco jacquard card holder RM 1,310



Prada Textured backpack RM 21,473



Cartier Pre-owned Tank 31mm RM 15,071



Michael Kors Pavé ring RM 646



Bell & Ross

BR-03 Astro 41mm RM 22,982





Greca hoop earrings RM 1,203



## Valentino Garavani

VLogo Signature chain bracelet RM 1,440

## Timeless Desire THE ENDURING ALLURE OF VINTAGE LUXURY CARS

In an era increasingly dominated by electric drivetrains and self driving technologies, a different breed of automobile continues to capture the imagination of collectors, connoisseurs, and discerning investors around the world. These are not vehicles built for efficiency or automation but for emotion, heritage, and the art of driving. Vintage luxury cars represent more than mechanical achievement.

They are enduring expressions of craftsmanship, innovation, and elegance from a bygone era. With their gleaming chrome, hand stitched interiors, and roaring engines, these classics evoke a sense of drama and distinction that modern cars often strive to replicate but rarely match.

At the heart of this enduring allure are legends such as the Mercedes Benz 300SL Gullwing, with its dramatic upward opening doors and groundbreaking engineering; the Jaguar E-type, once described by Enzo Ferrari as the most beautiful car ever made; and the Rolls Royce Silver Cloud, an embodiment of mid century opulence and grace. These automobiles did not just define their time. They transcended it. They offered a vision of luxury that was tactile, visceral, and deeply personal.

Today, these vehicles have become coveted cultural artifacts, appreciated as much for their design pedigree and historical significance as for their driving experience. They are, in many ways, kinetic sculptures, rolling pieces of art that age with character and wear their histories with pride. The presence of original coachwork, matching engine numbers, or a meticulously documented ownership lineage adds layers of value and intrigue, making each example utterly unique.





Continental Flying Spur or Aston Martin DB5 offer the kind of prestige few modern vehicles can replicate.



Beyond their aesthetic and historical value, vintage luxury cars represent exclusivity in a way few modern vehicles can achieve. There is no mass production here, no digital dashboard updates. Nothing but handcrafted interiors, analog precision, and the raw authenticity of a machine built by artisans.

In an era defined by rapid change and disposable design, these vintage models remind us of a time when luxury was slower, deeper, and more deliberate. Whether parked in a collector's garage or cruising through a weekend rally, they continue to turn heads not just for how they look, but for what they represent: timeless desire, captured in steel, chrome, and leather.





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LUXE TRAVEL

## **Turks and Caicos** WHERE LUXURY FINDS ITS SHORELINE

Floating serenely in the warm azure waters of the Atlantic Ocean, the Turks and Caicos Islands are a destination where luxury is not merely a feature but a way of life. This string of 40 coral islands, just southeast of the Bahamas, has quietly become one of the most exclusive and desirable escapes for discerning travelers in search of tranquility, privacy, and understated opulence. With its sugar-soft beaches, crystal clear lagoons, and curated experiences designed for indulgence, Turks and Caicos offers a retreat that is effortlessly elegant and deeply rejuvenating.



At the heart of its charm is Grace Bay Beach, a worldrenowned stretch of shoreline on Providenciales that regularly tops global lists of the best beaches. Here, the sand is white and silky, the water is an impossible shade of turquoise, and the ambiance is one of serene perfection. Luxury resorts are carefully nestled into the landscape, never intrusive, always intimate.

Leading the charge are properties like Amanyara, a sanctuary of sleek tropical architecture surrounded by nature, and COMO Parrot Cay, an exclusive private island resort favored by celebrities and royals alike. Also, highly sought-after is The Shore Club, which combines Caribbean charm with stellar design, delivering suites and villas that feel like private sanctuaries.

Accommodations in Turks and Caicos go beyond the expected five-star comforts. Think of personal butlers, private chefs, and ocean view villas with infinity pools that melt into the horizon. The interiors feature handcrafted furnishings, cool limestone floors, and breezy outdoor spaces designed to blur the line between inside and out. Every detail is designed with relaxation and refinement in mind.



Luxury here is not confined to the confines of a suite. It lives The appeal of Turks and Caicos lies in its ability to offer the in the experiences that are tailored to your whims. You very best of tropical luxury without the need for excess. It can charter a private yacht for the day, complete with a is a place where privacy is sacred, nature remains pristine, and time seems to stretch and slow just enough for you to crew and gourmet meals prepared onboard, as you sail to hidden cays and untouched beaches. Dive or snorkel rediscover stillness. The beauty lies none other than in the into the third largest coral reef system in the world, where unspoken moments: a morning walk along an untouched vibrant marine life and dramatic walls of coral await beach, a sunset seen from a villa terrace, or the rustle of beneath the surface. For something truly spectacular, opt palm leaves over a private pool. for a helicopter tour that offers aerial views of the glowing Whether you are seeking a romantic escape, a private turavoise banks and uninhabited islands dotting the family retreat, or a wellness journey for the soul, Turks and archipelago. Caicos offers a rare kind of luxury that is timeless, elemental, Dining in Turks and Caicos is a celebration of flavor and and utterly unforaettable.

freshness. From waterfront fine dining restaurants to



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## Asia's Most Luxurious Retreats

#### WHERE SERENITY MEETS SPLENDOR

From the misty valleys of Bhutan to the volcanic cliffs of Bali, Asia is home to some of the world's most extraordinary luxury retreats, where nature, culture, and architecture intertwine in perfect harmony. These exclusive sanctuaries are not just destinations; they are journeys in themselves. Here, we spotlight four of Asia's most coveted escapes, each offering a different lens through which to experience indulgence, intimacy, and the art of refined living.



## Gangtey Lodge, Bhutan

Nestled in the untouched Phobjikha Valley, Gangtey Lodge is a luxurious window into the heart of Bhutanese spirituality and landscape. With just 12 exquisitely designed suites, the lodge combines monastic simplicity with warm alpine elegance. Panoramic views stretch across misty forests and ancient monasteries, while every guest experience is infused with deep cultural respect, from guided temple visits and traditional hot stone baths to heartfelt Bhutanese hospitality. Gangtey is not just a stay; it is a soulful immersion into one of the world's last remaining Himalayan kingdoms.



## Aman Kyoto, Japan

Hidden within a forest glade at the foot of Kyoto's sacred Mount Hidari Daimonji, Aman Kyoto is a masterclass in subtlety and serenity. Designed to dissolve into its natural surroundings, the resort's minimalist architecture pays homage to Japan's Zen aesthetic and refined craftsmanship. Spacious pavilions open onto lush moss gardens and meditative stone pathways, while private onsens and kaiseki dining offer quiet indulgence. Aman Kyoto is more than a luxury retreat, it is a poetic encounter with Japan's spiritual and cultural core.



## Suján Jawai, Rajasthan, India

For those who dream of wild luxury, Suján Jawai delivers an extraordinary blend of wilderness and opulence in the heart of Rajasthan's leopard country. This eco-conscious camp offers just a handful of tented suites, each outfitted with plush furnishings, handwoven textiles, and private verandahs overlooking granite outcrops. Morning game drives bring intimate sightings of leopards in their natural habitat, while evenings unfold under starlit skies with lantern-lit dinners and fireside storytelling. Suján Jawai redefines the Indian safari as a sensual, soulful, and sustainable affair.



## Bvlgari Resort Bali, Indonesia

Set dramatically on a cliffside in Uluwatu, Bvlgari Resort Bali marries Italian glamour with the raw beauty of the Balinese coast. Each villa features a private pool, cabana, and uninterrupted ocean views, while the interiors are adorned with hand carved teak, volcanic stone, and curated artworks. The resort's infinity edge spa, fine dining at II Ristorante Luca Fantin, and the private beach club offer experiences as exquisite as the setting itself. This is tropical luxury at its most polished, sleek, seductive, and unapologetically indulgent.

#### LUXE TRAVEL



## The Leela Palace Jaipur

#### **REGAL LUXURY IN THE PINK CITY**

Amidst the timeless grandeur of Rajasthan, The Leela Palace Jaipur rises like a modern-day royal retreat. Surrounded by the Aravalli hills and set against the backdrop of Jaipur's rich heritage, this palatial escape blends contemporary elegance with centuries-old traditions. It is not just a hotel; it is an experience steeped in opulence, crafted for those who seek the majesty of India with the comforts of refined living.



Every aspect of The Leela Palace Jaipur has been thoughtfully crafted to immerse quests in an experience that feels timeless and exquisitely regal. From the very first step onto its intricately inlaid marble floors, guests are greeted not just with a welcoming gesture, but with a sense of occasion. A traditional arti ceremony sets the tone-graceful, reverent, and steeped in customary Indian traditions-inviting visitors into a sanctuary where luxury is imbued with cultural soul.

The palace's architecture is a poetic tribute to the opulence of Rajasthan's royal heritage. Towering sandstone façades frame majestic courtyards, where the play of sunlight on carved columns evokes the grandeur of bygone eras.

Ornate jharokhas, or overhanging balconies, punctuate the structure, offering alimpses of verdant gardens and distant Aravalli hills, while delicate hand-painted frescoes adorn the walls, echoing the artistry once reserved for roval residences.

Each corridor, alcove, and arch is a visual narrative—one that honors Jaipur's storied past while elevating it through contemporary refinement. The blend of Mughal and Rajput design traditions is seamlessly woven into the fabric of the palace, from the intricately detailed domes to the shimmering crystal chandeliers that cast a soft glow over the marble-clad interiors.

The hotel features 200 lavish rooms and suites, many with private plunge pools and uninterrupted views of the surrounding landscapes. The interiors are adorned with handcrafted furniture, jewel-toned silks, and Mughalinspired motifs. Every space feels like a royal chamber, elevated by modern technology and bespoke services.



Dining at The Leela Palace Jaipur is a culinary celebration. celebration of Indian heritage through the lens of ultra The signature restaurant, Mohan Mahal, is a candlelit luxury, where every moment is touched by grace, beauty, haven inspired by the Sheesh Mahal, where Rajasthani and quiet grandeur. cuisine is served in an atmosphere of pure romance. Meanwhile, Sukh Mahal offers international flavors with a In a land known for its palaces and legends, The Leela contemporary twist, and the elegant bar serves curated Palace Jaipur stands as a modern icon of timeless Indian luxurv. cocktails in a cozy, refined setting.





Wellness is an integral part of the experience, with the hotel's spa offering treatments rooted in ancient Ayurvedic wisdom. The serene spa, yoga pavilion, and lush landscaped gardens invite guests to unwind and reconnect.

Whether hosting a destination wedding, an exclusive retreat, or a majestic getaway, The Leela Palace Jaipur delivers a sense of occasion and intimacy. It is a

## Explore The Look

GET INSPIRED WITH FRESH, FASHION-FORWARD IDEAS







Sleek and sophisticated, this minimalist living area combines various shades of gray in a refreshing theme. The use of different materials not only enhances visual appeal but also ensures that each voluminous and plump design comes together seamlessly into a contemporary expression.





Amsterdam corner sofa with lounging unit



The Amsterdam corner sofa takes center stage in this cozy living room, effortlessly combining comfort and style. Upholstered in elegant dusty green fabric, the sectional adds a gentle pop of color that feels both calming and refined. Its timeless silhouette anchors the space, offering a sense of understated luxury while drawing the eye with its sublime presence.



Emphasizing comfort and functionality, this modern living room blends contemporary elements with natural materials and colors to create a cozy and inviting atmosphere. Create a focal point in your living room with the spacious, textured Indivi sofa, then add a complementary coffee table, and accessories to express your style.



Transform your living space into a serene retreat, grounded in the timeless elegance of the Bergamo sofa. Soft neutrals, rich textures and the understated sophistication of Danish design create a space that invites relaxation and refined style.

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HOME & LIVING

Indivi corner sofa right

Calgary storage with dropdown front





Santiago coffee table oval



## Beat the Heat

#### SIMPLE WAYS TO KEEP YOUR HOME COOL DURING HOT DAYS

As temperatures rise and the sun beats down, keeping your home cool becomes more than a matter of comfort, it is essential for your well being. While blasting the air conditioning may seem like the easiest solution, there are plenty of practical, energy efficient ways to keep your living space cool without sending your electricity bill soaring.

### Begin with the Basics: Block Out the Heat

Windows are one of the biggest culprits when it comes to heat entering your home. Keep curtains, blinds, or shades drawn during the hottest parts of the day, especially on window facing the sun. Consider investing in blackout curtains or reflective window films to further reduce heat gain.

### Switch to Light, Breathable Fabrics

One of the simplest yet most effective ways to create a cooler living environment is by switching out heavy upholstery, thick rugs, and dense bedding for lightweight, breathable alternatives. Natural fabrics like cotton and linen are ideal for this purpose. Unlike synthetic materials that tend to trap heat, these fabrics help regulate temperature by promoting airflow and wicking away moisture. Linen drapes, cotton slipcovers, and light, airy bed linens not only keep your space feeling fresh but also add a relaxed, summery aesthetic to your interiors.

### Encourage Natural Ventilation

Take advantage of cooler early morning or late evening temperatures by opening windows and creating crossventilation. Position fans near windows to pull in fresh air or use ceiling fans to circulate air effectively. For an extra cooling boost, place a bowl of ice in front of a fan to create a chilled breeze.







### Cool Down with Smart Design

If you are planning any home renovations, it is worth considering long-term solutions that can help keep your space cooler for years to come.

Adding proper roof insulation, opting for lighter exterior paint colors, or installing reflective roofing materials can significantly reduce the amount of heat your home absorbs.

These upgrades might seem subtle, but they can make a noticeable difference during the hottest times of the year by lowering indoor temperatures and easing the strain on cooling systems.

Keeping your home cool on hot days is not just about keeping the air conditioning on. It's about making smart and intentional choices that work with your space and the natural environment. Simple, practical adjustments like improving ventilation, using light colored fabrics and décor, and blocking out direct sunlight can go a long way in creating a cooler, more inviting home. By combining these small yet effective strategies, you can maintain a refreshing indoor atmosphere that allows you to stay comfortable even when temperatures outside soar, all while reducing your reliance and energy consumption on cooling systems.

### Reduce Indoor Heat Sources

Be mindful of appliances that generate heat, such as ovens, stovetops, and even certain electronics. Opt to rehat meals using the microwave instead of the oven, and switch off devices when not in use. If possible, do laundry and ironing during cooler hours.

### Green Up Your Surroundings

Plants not only beautify your space but also help to cool it down. Placing potted plants near windows can act as natural shade, while outdoor greenery like trees or vines can shield your home from direct sunlight, reducing overall indoor temperatures.





KL LIFESTYLE I 67

## **KLAS** Art Auction

#### KLAS ART AUCTION REFLECTS RISING INTEREST IN SOUTHEAST ASIAN ART

The recent KLAS Art Auction, held on 14<sup>th</sup> June 2025 at 150, Jalan Maarof, once again reaffirmed Kuala Lumpur's position as a vibrant hub for fine art appreciation. Brinaina together an impressive catalogue of works, the auction featured masterpieces by some of Malaysia's most celebrated artists, including Abdul Latiff Mohidin, Syed Ahmad Jamal, Yusof Ghani, and Awang Damit Ahmad. Adding to the international allure of the evening were works by renowned foreign artists such as Anthony Poon, Tan Choh Tee, and Choo Keng Kwang, offering collectors and enthusiasts a diverse alimpse into the region's rich artistic landscape.



**ABDUL LATIFF MOHIDIN** Green Landscape II, 2019 Oil on canvas 122 x 153 cm SOLD RM 672.000

Abdul Latiff Mohidin is widely regarded as one of Southeast As suggested by the title, the work likely features lush Asia's most celebrated modernist artists, renowned for greens, dynamic compositions, and abstract elements his Pago Pago series and his distinctive exploration of inspired by tropical landscapes. Rather than offering a landscapes, nature, and abstraction. His work often literal depiction of nature, it presents a more introspective reflects a deep connection to Southeast Asian forms, or spiritual interpretation. spiritual traditions, and natural environments, blended with modernist techniques.

Green Landscape II (2019) represents a later period in was also featured in The Options pullout of The Edge his career, where he continued to reinterpret natural publication. forms using bold colors, organic shapes, and rich textural qualities.

This artwork was part of an exhibition at The Edge Galerie, held from 28th November to 12th December, 2021, and



ANTHONY POON Aqueous Waves, 1984 Acrylic on canvas 182 x 182 cm SOLD RM 392,000

Tan Choh Tee is reaarded as one of Sinaapore's most prominent painters, known for his ability to preserve the spirit of the nation's past through his distinctive Impressionist style. Born in 1942 in Guangdong, China, Tan relocated to Singapore in 1953, a move that would shape his life and artistic journey.

His formal training began at the Nanyang Academy of Fine Arts, where he studied under some of the leading figures of Singapore's art scene. It was here that he developed a strong foundation in Eastern and Western artistic traditions, a dual influence that continues to inform his work.

Over the decades, Tan Choh Tee has established himself as a key figure in documenting Singapore's rapidly evolving urban landscape. His plein air, or outdoor paintings are particularly celebrated for their ability to capture the fleeting charm of old Singapore.

Scenes of Chinatown's bustling markets, the historic Singapore River, and the rustic simplicity of kampong villages feature prominently in his work, serving as visual records of places and moments that have all but disappeared beneath the city's modern skyline.

Tan's works are distinguished by his mastery of color and brushwork. Employing a rich, vibrant palette, he brings life to familiar street scenes, architectural facades, and everyday moments. His expressive, confident brushstrokes evoke the atmosphere and character of each scene, whether it is the early morning bustle of a marketplace or the quiet, sunlit corner of a shophouse-lined street. The interplay of light and shadow in his paintings adds depth and mood, reflecting his keen observation and deep affection for his surroundings.

#### **ART** FEATURES

Born in 1945, Anthony Poon is recognized as one of the foremost figures in the development of abstract art in Singapore. Throughout his distinguished career, Poon played a vital role in shaping the visual arts landscape, particularly through his disciplined approach to form, color, and spatial composition.

After araduating from the Nanyang Academy of Fine Arts in 1964, his artistic journey took him to the United Kingdom, where he further honed his craft at the Byam Shaw School of Art in London and the Regional College of Art in Bradford.

Poon's contributions to the cultural fabric of Singapore were formally recognized in 1991 when he was awarded the Cultural Medallion, the nation's highest accolade for artistic achievement. His works are now part of important public and private collections in Singapore and internationally.

Aqueous Waves, a significant piece from his later period, exemplifies Poon's evolution from strict geometric abstraction to compositions that embrace more fluid, organic forms. This work was included in Singapore's National Collection and is documented on Roots.sg, the digital archive of the National Heritage Board.



TAN CHOH TEE Singapore River, 1979 Oil on canvas 76 x 56 cm SOLD RM 99.680



**YUSOF GHANI** Siri Wayang - Ketulan II, 1997/98 Oil on canvas 122 x 92 cm SOLD RM 96.320



**CHOO KENG KWANG** Singapore River, 1977 Oil on canvas 55 x 91 cm SOLD RM 41,440

Choo Keng Kwang's 1977 painting, Singapore River stands as a significant example of his work that captures the spirit of Singapore's cultural heritage. Created using oil on canvas, the artwork measures approximately 55 by 91 centimeters and bears the artist's signature. This painting was part of a special calendar series produced in 1977, which featured six works depicting traditional trades and everyday scenes of Singapore.

Yusof Ghani's Siri Wayang series, produced between 1997 and 1999, explores themes of performance, identity, and the roles individuals play within society. Inspired by traditional shadow puppetry and theatrical traditions, this body of work reflects Ghani's ongoing interest in examining the human condition and offering social commentary through the language of abstract expressionism.

The Siri Wayang series is recognized for its energetic compositions and layered visual narratives. These works often invite reflection on the complexity of human behavior and the structures that shape society. Ketulan II, a piece from this series, continues this exploration by delving into the symbolic relationship between masks, performances, and the often concealed roles that individuals assume in public and private life.

Through bold forms, dynamic brushwork, and abstract symbolism, Ghani challenges viewers to consider the blurred line between appearance and reality, and the theatrical nature of human interaction.



SYED AHMAD JAMAL, DATUK KMJSN. 2009 Acrylic on canvas 91 x 122 cm SOLD RM 280.000

Syed Ahmad Jamal was one of Malaysia's most influential modern artists and a leading figure in art education. He is widely recognized for his role in shaping the development of modern art in Malaysia and was honored as a National Art Laureate, or Seniman Negara, in 1995. From 1983 to 1991, he served as the Director of the National Art Gallery, known today as Balai Seni Negara, where he played an important role in promoting modern and abstract art and worked tirelessly to strengthen public support for Malaysian artists and the arts.

Throughout his career, Syed Ahmad Jamal developed a distinctive style that combines modern abstraction with elements of Islamic, Malay, and broader Asian artistic traditions. His work often reflects a deep engagement with spiritual ideas, architectural forms, and geometric structures. Using bold color palettes and expressive compositions, his paintings evoke intellectual depth and emotional resonance. KMJSN is a striking example of this artistic approach, demonstrating his ability to merge cultural heritage with modern visual language.



**ENG TAY** The Young Beauty, 1995 Oil on canvas 122 x 152 cm SOLD RM 145,600



#### **KHOO SUI HOE** 4 Clouds Landscape, 1971 Oil on canvas 87 x 100 cm SOLD RM 57,120

Khoo Sui Hoe, born in 1939 in Kedah, is one of Malaysia's leading fine artists. He studied at the Nanyang Academy Arca Merah stands as a compelling testament to Awang of Fine Arts in Singapore and later at the Pratt Graphic Damit Ahmad's enduring exploration of cultural identity Center in New York. Over the years, he has received through abstract expressionism. As a prominent figure in several awards, including first prize in the Malaysian Art Malaysia's second wave of abstract artists, Awang Damit's and Craft competition in 1965 and the John D. Rockefeller works are deeply rooted in his personal experiences 3<sup>rd</sup> Fund Grant in 1974. and the socio-cultural landscapes of his homeland. In this piece, the artist employs a rich tapestry of textures Khoo's 4 Clouds Landscape (1971) is a striking oil on canvas and forms, utilizing mixed media to evoke the essence measuring 87 by 100 centimeters with frame. Signed "Sui of traditional Malay culture. The composition reflects his Hoe 71" in the lower right, the painting blends surrealism ongoing Essence of Culture series, where he translates with expressive landscapes. Bold red hills and four stylized memories of rural life and communal values into abstract clouds create a dreamlike balance between land and visual narratives.

sky, capturing Khoo's signature style.

#### **ART** FEATURES

Eng Tay is known for his ability to convey guiet emotion and poetic simplicity, and The Young Beauty reflects his lifelong interest in themes of intimacy, femininity, and tradition. Created in his signature style, the painting features soft contours and a warm, muted color palette. The young figure appears timeless and immediate, portrayed with a sense of serene stillness and quiet reflection.

Tay's early years in Malaysia, combined with his artistic education in New York, shaped his distinctive visual lanauage. His work brings together Eastern storytelling traditions with Western techniques, creating compositions that feel personal and universal. The Young Beauty embodies this balance, offering viewers a contemplative space that feels untouched by time or place.

Widely collected throughout Asia, Europe, and North America, Eng Tay's work continues to resonate for its lyrical portrayal of human connection and the beauty found in everyday life. This particular piece, completed in 1995, reflects a mature period in his artistic journey, distinguished by greater emotional depth and refined composition.



AWANG DAMIT AHMAD Arca Merah. 2024 Mixed media on canvas 91 x 91 cm SOLD RM 67.200

#### **ART** FEATURES

The KLAS Art Auction held on 14<sup>th</sup> June 2025 saw strong interest from collectors and art enthusiasts, with several important works finding new homes. The following are among the notable pieces that were successfully sold during the auction, reflecting both the growing demand for Southeast Asian art and the enduring appeal of works by established masters and emerging talents alike.



AHMAD ZAKII ANWAR Purple Buddha, 2005 Mixed media on paper 168 x 133 cm SOLD RM 17,920



SUZLEE IBRAHIM Movement Series - Light Within Darkness, 1995 Acrylic and oil on canvas 92 x 116 cm SOLD RM 8,960



YUSOF GHANI Segerak Series, 2007 Mixed media on canvas 152 x 91 cm SOLD RM 31.360



CHUAH THEAN TENG, DATO Penang Malay Kampong Scene, 1970s Batik 87 x 39 cm SOLD RM 22,400



SHARIFAH FATIMAH, DATO' Expression Series, late 90s Acrylic on canvas 42 x 32 cm **SOLD RM 8,960** 

SHARIFAH FATIMAH, DATO' Kenangan Series, late 90s Acrylic on canvas 42 x 32 cm **SOLD RM 9,520** 





NIZAR KAMAL ARIFFIN Siri Dunia - Garis Lunak #6, 2016 Acrylic on canvas 120 x 240 cm (Diptych) SOLD RM 14,560

#### **ART** FEATURES





SHARIFAH FATIMAH, DATO' Kenangan Series, late 90s Acrylic on canvas 42 x 32 cm **SOLD RM 9,520** 

CHUAH THEAN TENG, DATO Eating Durian, 1980s Batik 89 x 59 cm SOLD RM 35,840

## Scents of Serenity

AROMATHERAPY'S ROLE IN HEALING YOUR MOOD, SKIN, AND ENERGY

In a world filled with constant noise and stimulation, finding peace often starts with the senses. Among them, scent holds a powerful influence. Aromatherapy is gaining Aromatherapy is also making waves in the world of beauty. support emotional wellness and balance.

Essential oils, extracted from flowers, herbs, and roots, have been used for centuries to soothe the mind and restore the body. Today, they are part of modern self-care routines, spa treatments, and even skincare. But they do more than just smell nice. They connect directly to the brain's emotional center, helping to regulate stress, lift mood, and promote a sense of calm.



Lavender, for example, is well-known for its relaxing effects. Citrus oils like orange and bergamot help boost focus and positivity. Frankincense and clary sage promote deep rest and emotional clarity. When inhaled with intention, these natural oils offer immediate comfort and grounding.

## Beauty Beyond the Surface

recognition not only as a beauty tool but as a way to Many essential oils carry natural antibacterial and antiinflammatory properties. Tea tree is popular for treating acne, rose oil is known for hydration, and aeranium helps balance skin affected by hormonal changes.



These oils are often used in facial massages to support skin renewal while encouraging deep relaxation. The act of breathing in calming scents, while caring for the skin, turns an ordinary routine into a mindful beauty ritual.

### **Simple Daily Practices**

Aromatherapy can easily be included in everyday life. As essential oils become more common, it is important Just a few drops can refresh your energy or prepare you to choose high-guality products. Look for pure, natural for rest. In the morning, peppermint or eucalyptus oil oils that are free from synthetic fragrance. Always dilute helps awaken the senses. A layender mist can soothe you essential oils with a carrier oil before applying them to the through the stress of the afternoon. Before bed, diffusing skin, and test a small amount first if you have sensitive skin. cedarwood or chamomile creates a restful mood.



Aromatherapy offers more than a temporary escape. It encourages you to pause, breathe, and reconnect with yourself. With just a few drops, you can create moments You can also create your own oil blend with a carrier oil and of peace, enhance your beauty routine, and support keep it in a small bottle for moments of calm throughout the day. Adding a few drops to a bath is another beautiful your overall well-being. Through the gentle language of scent, we are reminded that healing can be simple and way to care for both the body and mind. powerful.



### **Choose With Care**

## The Glow Within HOW GUT HEALTH AFFECTS YOUR SKIN

center stage in the world of beauty and wellness.

The gut is home to trillions of bacteria, fungi, and microbes collectively known as the gut microbiome. These tiny organisms do far more than help us digest food. They influence everything from immune function to hormone production and the condition of our skin. When the gut is out of balance, a state known as dysbiosis, it can trigger inflammation throughout the body, often showing up as breakouts, redness, dryness, or even chronic skin issues like eczema and acne.



More dermatologists and wellness practitioners are acknowledging this intimate link between digestion and skin health, often referred to as the "gut-skin axis". It explains why people with digestive issues may also struggle with skin concerns and why changes in diet often lead to visible differences in complexion.

We often turn to creams, serums, and facials in pursuit of What we feed our bodies matters. Diets high in sugar, alowing skin, believing that the secret lies on the surface. refined carbohydrates, alcohol, and processed foods But increasingly, science and skincare experts are pointing tend to fuel harmful bacteria and yeast in the gut. This to a less obvious source of radiance: the gut. This guiet imbalance may cause toxins to leak into the bloodstream, organ, long associated with digestion alone, is now taking triggering inflammation that affects skin clarity and texture. On the other hand, a rich in fiber diet supports a healthy gut lining and feeds beneficial bacteria that help calm inflammation and support cellular renewal.



Fermented foods such as kefir, sauerkraut, miso, and kombucha are natural sources of probiotics that can help replenish good bacteria in the gut. These foods can be powerful allies in restoring microbial harmony and, as a result, improving the appearance of your skin. Meanwhile, prebiotic foods like garlic, onions, leeks, bananas, and asparagus act as fuel for these helpful microbes, enhancing their ability to thrive.



Probiotic capsules, collagen powders with added gutfriendly ingredients, and even beauty waters enriched with digestive enzymes have flooded the wellness market. However, experts still recommend getting as many nutrients as possible from whole foods and staying consistent with habits that support gut health.

throw off the balance of bacteria in the aut, and poor sleep skin regeneration cycles. Incorporating mindfulness, movement, and regular sleep can help reduce systemic stress and inflammation, indirectly supporting gut and skin health.

may very well begin with your plate and your gut.

had for lunch, how well you slept, and how your body feels about how you live and what you nourish from within.

## Mind, Muscle, and Makeup **BEAUTY RITUALS FOR ATHLETES**

For years, the world of sports and beauty were seen as separate arenas. One is built on sweat and grit, the other on gloss and glamour. Today those lines are blurring. From elite athletes to everyday fitness enthusiasts, more and more people are embracing the idea that peak performance isn't just about strength and endurance, it's about self care, confidence, and looking as good as you feel.

Welcome to the era of beauty rituals for athletes, where skincare routines, grooming habits, and wellness treatments are becoming as much a part of training as cardio and protein shakes.

## Performance Meets Presentation

For professional athletes, appearances are no longer an afterthought. Media interviews, endorsement deals, and millions of social media followers mean that looking presentable even under pressure is part of the job. But it's not just about public image.

## Sweat-Proof Skincare

Athletes face unique challenges when it comes to skincare. Constant sun exposure, sweat, dirt, and frequent showers can wreak havoc on the skin. That's why many are turning to high-performance skincare routines that work as hard as they do.

Sun protection is nonnegotiable. Whether it's tennis players under the scorching sun or cyclists racking up hours outdoors, SPF is part of the daily kit. Lightweight water-resistant sunscreens that won't clog pores are the gold standard.



## The Rise of Athleisure Beauty



It's not just skincare that's evolving, athleisure beauty is reshaping how makeup fits into active lifestyles. Brands are now offering sweat-proof breathable cosmetics designed to survive even the most arueling workouts.

From tinted moisturizers with SPF to waterproof brow gels and lip tints, these products enhance natural features without feeling heavy.

The rise of beauty rituals among athletes reflects a deeper For athletes in sports like gymnastics, figure skating or cultural shift, one where strength and softness, discipline, martial arts where presentation is part of performance, and self-expression coexist. It's no longer unusual to see these beauty innovations are game-changing. gym bags stocked with skincare essentials or competitors swapping product recommendations alongside training tips

## Self-Care as Recovery

Beyond the gym and the field, beauty rituals have also become part of recovery and mental health for many athletes. Ice baths and physiotherapy may heal muscles but facials, massages, and even spa days can help restore the mind.

Mental resilience is as vital as physical strength and small self-care practices, whether it's a relaxing skincare routine, a hair mask after training or a quiet moment of grooming, can be surprisingly grounding.

The Beauty of Balance



At its heart, this movement isn't about vanity. It's about feeling empowered inside and out. It's about recognizing that looking good and performing well aren't mutually exclusive but part of the same journey.

Whether you're chasing gold medals or personal bests, remember that confidence is a winning look and sometimes it starts with a little skincare, a touch of arooming, and a whole lot of self-care.

## Be the First to Try



Rhode Peptide Lip Tint - Lemontini **RM 90** 



La Prairie Skin Caviar Hydro Emulsion **RM 1,899** 



La Mer The Hydrating Infused Emulsion **RM 1,350** 



Chanel N°1 de Chanel Red Camellia Serum-in-Mist **RM 475** 



#### Chanel Sublimage La Brume Ultimate Mist **RM 1,110**





Dior

Prestige Le Nectar Intégral Ultra-Concentrated Serum **RM 2,150** 



Yves Saint Laurent Rouge Pur Couture The Bold Lipstick **RM 630** 

## Chanel

N°1 de Chanel Revitalizing Body Serum-in-Mist **RM 430** 



## Clé de Peau Beauté

Radiant Fluid Foundation Matte

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