

# KLlifestyle

NOVEMBER 2023

## MAY THERE BE LIGHT

DISCOVER THE HISTORY AND RICH CULTURE OF BRICKFIELDS

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**ON THE COVER**

**MAY THERE BE LIGHT**  
DISCOVER THE HISTORY AND RICH CULTURE OF BRICKFIELDS

# GOINGS ON NOVEMBER 2023



## DFP PRESENTS: KHAİ BAHAR



November 11



Dewan Filharmonik Petronas



8.30 PM

From Youtube to Smule to the stage of DFP, the path of Khai Bahar's career seems to be what fairytales are made of. Yet, truth is that his journey is a result of not just pure talent but hard work, perseverance, and determination. This concert will be a testament to the success of his remarkably young career, after collecting more than 50 awards and producing more than 30 songs and 2 studio albums thus far.



RM 189 - RM 399



## FAULT LINES



November 16 - November 19



PJ Performing Arts Centre (PJPAC)



8.30 PM

"The Aziz family reunites in New York City. Nobody leaves their baggage behind." After graduating university on a government scholarship, Shereen Rahman didn't returned to Kuala Lumpur and settled down in New York City instead. It's been a few years and she has a secret. A big, scandalous secret. But everything should be ok for as long as she's 10,000 miles away from her family. And then one day, they visit. There's her mother, Habsah. And her uncle Zul, and his wife Juita. They're hoping to spend time with Shereen and her uncle Ray, a fellow transplat to the city. As the days pass, it becomes obvious that everyone has their own reason to come on the trip. And it's not to catch the bright lights of the Big Apple. This is one family reunion you don't want to miss. A debut full length play by Adrana Nordin Manan, "Fault Lines was a semin finalist in the International Scratchpad Series by The Playwright Realm, New York City 2021.



RM 189 - RM 399



## CINEMA TARAKUCHA



November 16 - November 26



Bobo KL, 65-2 Jalan Bangkung, 59100 Kuala Lumpur

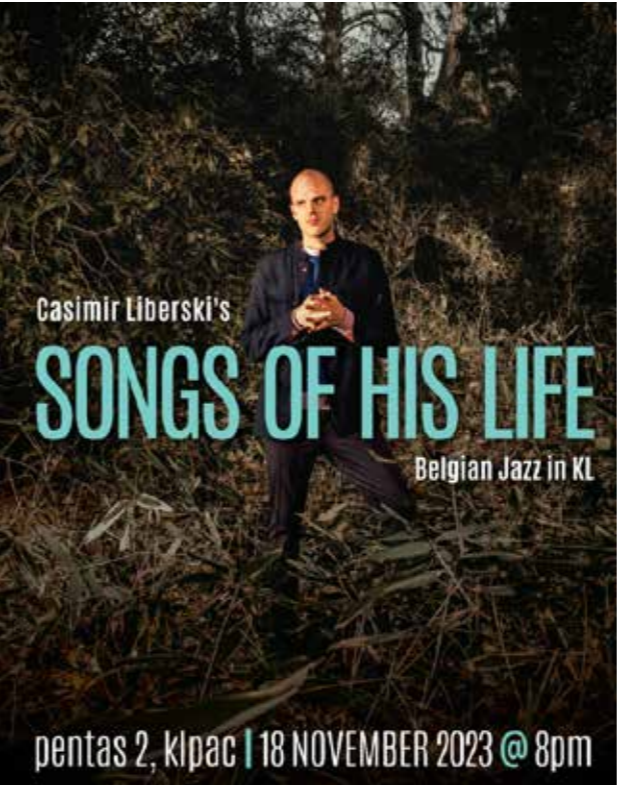


8 PM

Velvet-voiced lead singers SEAN GHAZI and IDA MARIANA front the 'retro glam Malaysian big band' led by musical director NISH THAM, in a programme celebrating "music from the movies..."With wall-to-wall musicians spanning the entire BoboKL stage-wall, a Tarakucha experience is like no other; romantic, thrilling, magical and totally immersive. So join Sean, Ida and Nish with the 12-piece "terror-menerer" big band for a trip to movie-land this November, with "Cinema TARAKUCHA!"



RM 280 - RM 320



## CASIMIR LIBERSKI'S SONGS OF HIS LIFE - BELGIAN JAZZ IN KL



November 18



Pentas 2, KL Performing Arts Centre ( KLPAC )



8.00 PM

With his brilliant technique and captivating improvisations, the pianist takes the listener on a journey through multiple worlds. For this series of solo piano concerts, Casimir Liberski proposes a selection of musical pieces that have marked his life since childhood, inviting us on the emotional path down the "songs of his life". What interests him lies not in theory, but in "that which cannot be learned". To him, theory is merely a method, perhaps what mathematics is to architecture; a system to help in the elaboration of a structure. While this method may be necessary and even beautiful, the artist must always rely on intuition and sensitivity. One can certainly "learn" anything, but there will always be something to elude explanation: feeling. It is precisely that feeling that musicians seek to convey through the intimate reality and shared time of a concert.



RM 65

Shamaine Othman  
In collaboration with  
The Actors Studio Seni Teater Rakyat  
presents

# TEST IS BEST

A stand up comedy  
work in progress show

Featuring...

11 Oct 2023  
25 Oct 2023  
22 Nov 2023  
6 Dec 2023  
Indicine,  
The Kuala Lumpur  
Performing Arts  
Centre (klpac)  
8.30pm  
RM30

Shamaine Othman

Dr Jason Leong

Prakash Daniel

Brian Tan

Mad Sabah

Fakhri Fazi

...and many more

BUY ONLINE on cloud9ai.com  
\*no phone or over the counter sale

\*Show line up subject to change without notice

TEST IS BEST

November 22 - December 6

Indicine, The Kuala Lumpur Performaing Arts Centre ( KLPAC )

8.30 PM

Test is Best is a comedy show featuring some of Malaysia's funniest comedians testing their brand new material. Watch these comedians take the stage to craft their jokes, refine new routines and explore new comedic territory. The stage truly is the only place for comedians to know if they're funny, so come out and witness the birth of something hilarious! The comedy show is put together by Shamaine Othman, who has spent 10 years in the TV and film industry involved writing, acting, producing, directing some notable titles such as Geng, Club Mickey Mouse, Kuasa, Histeria, Love in Lockdown, Ex- Aku Pontianak, Suka Lattew, Akses Fear Factor and Sedapnya Mulut. As a comedian, she performs regularly with Malaysia's longest running improv troupe, AllA Improv and in the Malaysian and Singaporean stand-up comedy circuit. She also had the honour of being the opening act for the Malaysian shows of international comedians, Gina Yashere and Ronny Chieng. In 2011, she co-founded Projek Disko Baldi, a sketch comedy group that went on to win Best Ensemble at the 10th BOH ! Cameronian Arts Awards. Shamaine has also written and directed 3 short films - Love Story for Ikal Mayang, Cuak and KL24: Zombies. In 2022, she produced her sold-out , debut stand-up comedy special , Oh No She Didn't!.

RM 30



SIBELIUS VIOLIN CONCERTO

November 25

Dewan Filharmonik Petronas

8.30 PM

Young Malaysian talent Low Zi Yang makes his MPO debut, performing the enigmatic and soulful Sibelius Violin Concerto. From its magical opening theme to the exhilarating finale, Sibelius highlights the violin's full range of technical and expressive possibilities in his sweeping, powerful style. Dvořák's cheerful 8th Symphony bubbles with lively lyricism and Bohemian folk tunes.

RM 148 - RM 358

# COLDPLAY

MUSIC of the SPHERES

WORLD TOUR

NATIONAL STADIUM BUKIT JALIL  
KUALA LUMPUR  
WEDNESDAY NOVEMBER 22, 2023

CIMB CARDHOLDERS PRESALE ON MAY 16 | GENERAL ON SALE FROM MAY 17  
AT WWW.LIVENATION.MY

DELIVERED BY  
DHL  
CIMB BANK

COLDPLAY.COM

COLDPLAY: MUSIC OF THE SPHERES

November 22

National Stadium Bukit Jalil, Kuala Lumpur

8.55 PM

COLDPLAY Concert 2023 in Malaysia will be held at National Stadium Bukit Jalil on 22 November 2023. Part of the legendary British rock band's 'Music of Spheres World Tour' in Asia, the show is expected to feature tracks from the group's latest album including 'High Power', 'Biutyful', 'Humankind' as well as all-time favorites 'Hymn For The Weekend', 'Paradise', 'Viva La Vida', 'Clocks' and more.

RM 228 - RM 3,088

# JUICY LIVE

JOE FLIZZOW • MK KCLIQUE • SONAONE • SOPHIA LIANA  
SYA • YONNYBOII • CHRONICALZ • NAKALNESS  
DJ CZA • DJ MURDOC • DENNIS LAU • PSYCUSIX

25 NOVEMBER • ZEPP KUALA LUMPUR • 8 PM  
www.zero-one-ent.com

JUICY LIVE

November 25

Zepp, Kuala Lumpur

8.30 PM

JUICY LIVE is not only an event with renowned Artists, but it is an event which brings together several arts on stage with more than two and a half hours of shows. For the first 100% Hip Hop & RnB edition, we have brought together the biggest local Artists in this field, from THE Big Boss Mr Joe Flizzow to MK Kclique or SONAONE, JUICY LIVE promises you a memorable evening. The beginning of the event will be the signature of our concept with an incredible DJ show and the fantastic PSYCUSIX... Be ready to be shocked!

RM 120 - RM 200



MOVIE REEL

NOVEMBER 2023



**THE MARVELS**  
**NOVEMBER 10**  
Carol Danvers aka Captain Marvel has reclaimed her identity from the tyrannical Kree and taken revenge on the Supreme Intelligence. But unintended consequences see Carol shouldering the burden of a destabilized universe. When her duties send her to an anomalous wormhole linked to a Kree revolutionary, her powers become entangled with that of Jersey City super-fan, Kamala Khan aka Ms. Marvel, and Carol's estranged niece, now S.A.B.E.R. astronaut Captain Monica Rambeau. Together, this unlikely trio must team-up and learn to work in concert to save the universe as "The Marvels."

Genre: Action / Superhero

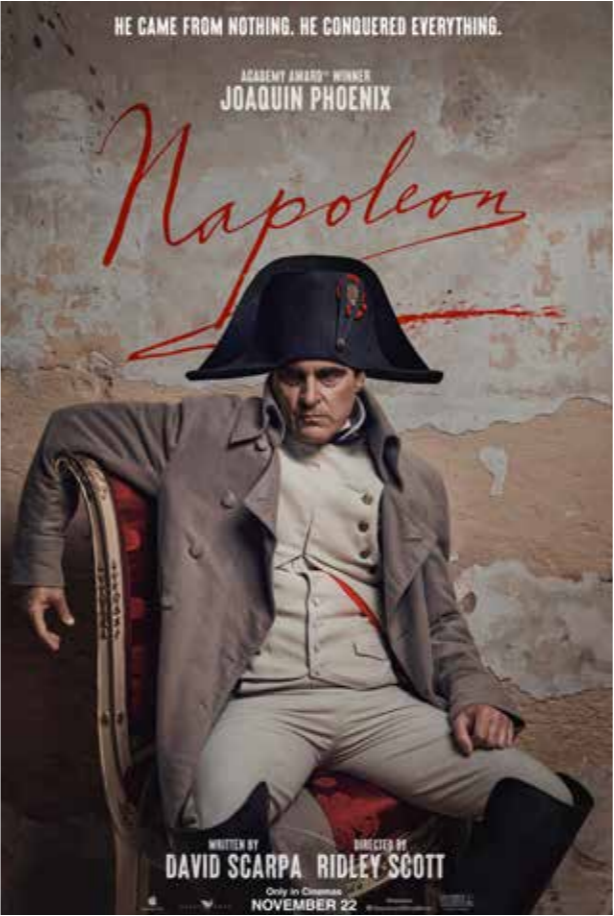
Cast: Brie Larson, Teyonah Parris, Iman Vellani, Zawe Ashton, Gary Lewis, Park Seo-joon, Zenobia Shroff, Mohan Kapur, Saagar Shaikh, Samuel L. Jackson.



**TROLLS: BAND TOGETHER**  
**NOVEMBER 17**  
Poppy and Branch are now officially a couple. As they grow closer, Poppy discovers that Branch was once part of a boy band, BroZone, with his brothers: Floyd, John Dory, Spruce and Clay. But when Floyd is kidnapped, Branch and Poppy embark on a journey to reunite the other brothers and rescue Floyd.

Genre: Animation / Superhero

Cast: Anna Kendrick, Justin Timberlake, Camila Cabello, Eric Andre, Amy Schumer, Andrew Rannells, Troye Sivan, Daveed Diggs, Kid Cudi, Zosia Mamet, Zoey Deschanel.



**NAPOLEON**  
**NOVEMBER 22**  
Napoleon is a spectacle filled action epic that details the checkered rise and fall of the iconic French Emperor Napoleon Bonaparte, played by Oscar® winner Joaquin Phoenix Against a stunning backdrop of large scale filmmaking orchestrated by legendary director Ridley Scott, the film captures Bonaparte's relentless journey to power through the prism of his addictive, volatile relationship with his one true love, Josephine, showcasing his visionary military and political tactics against some of the most dynamic practical battle sequences ever filmed.

Genre: Action / Historical

Cast: Joaquin Phoenix, Vanessa Kirby, Ben Miles, Tahar Rahim



**WISH**  
**NOVEMBER 22**  
In the Kingdom of Rosas, located off of the Iberian Peninsula, a 17-year-old girl named Asha senses a darkness that no one else does about the kingdom's ruler, King Magnifico. This eventually leads to her trying to make a passionate plea to the stars in a moment of need. Soon, an actual star from the sky named Star answers Asha's wish. After the star falls from the sky, it is revealed that the star has magical powers to grant wishes as well.

Genre: Musical / Comedy

Cast: Alan Tudyk, Ariana DeBose, Chris Pine

# MAY THERE BE LIGHT

All over the world where Hindus predominantly live, Deepavali is celebrated with pomp and grandeur as they celebrate light over darkness. Illuminating the streets of Brickfields in the heart of KL City, Deepavali takes centre stage with a myriad of colours, scents and sight to behold!

The fascinating light installations, Instagram-worthy decorations and smell of freshly made food permeating the air will surely draw you to one of the many restaurants that line the streets of Brickfields to celebrate with the locals. Follow the scent trail of floral garlands and incense while browsing through stalls hawking gold jewellery, traditional snacks, embroidered sari (traditional Indian womenswear) and ornamental decorations while you soak in the lively atmosphere.

As one of the major cultural festivals in Malaysia, Deepavali (also known as "Diwali" or the "Festival of Lights") is a celebration that marks the triumph of good over evil. It's when thousands of Hindu families around the country, and across the world transform their homes into beacons of light, exchange gifts, share feasts and perform pooja (prayers) to deities such as Lakshmi, the goddess of fertility and prosperity.

Brickfields is a neighbourhood located on the western part of central Kuala Lumpur, Malaysia and perhaps best known as Kuala Lumpur's Little India due to the high percentage of Indian residents and businesses.

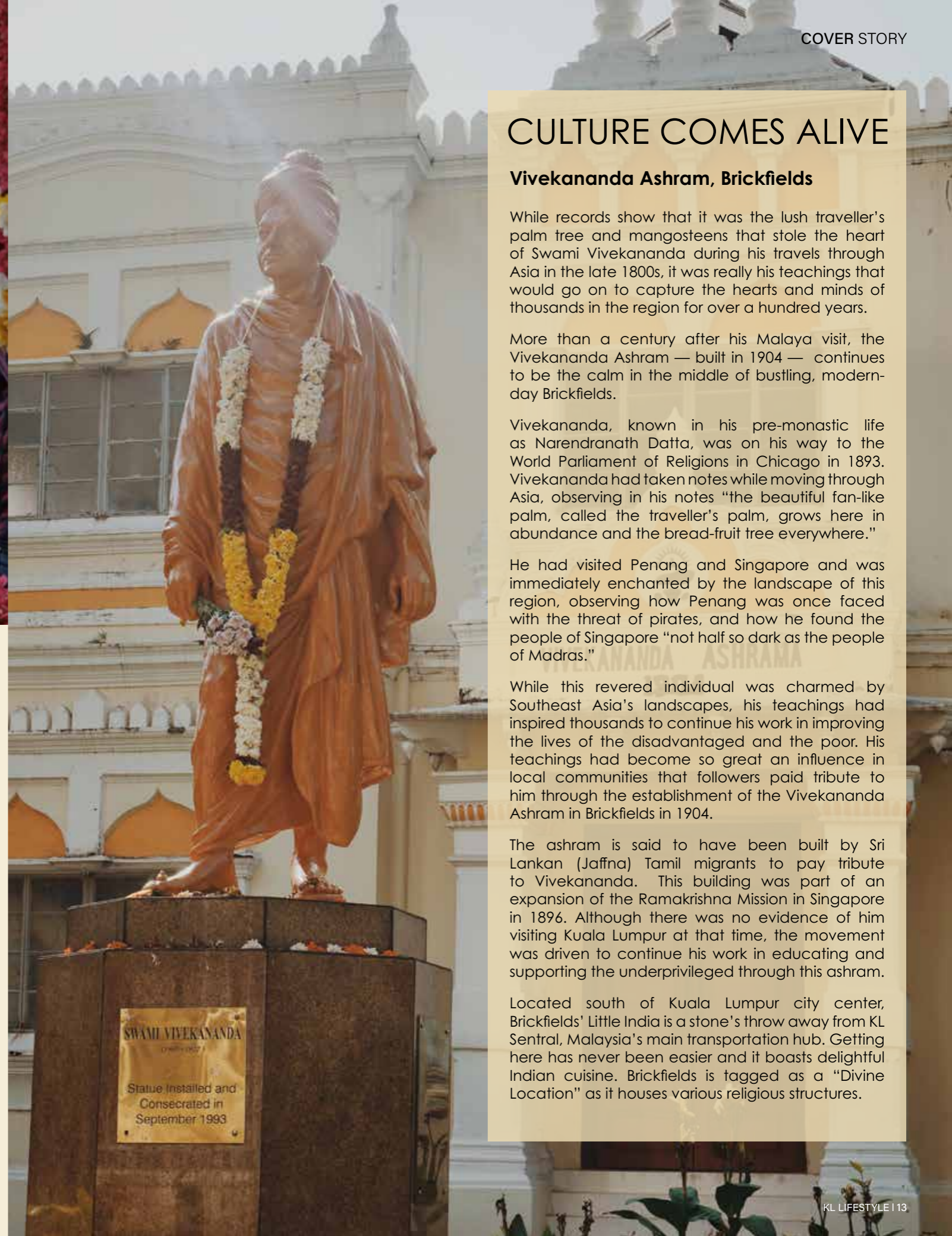


## A NOT SO SLEEPY PAST

According to history book, a flood swept through Kuala Lumpur in the wake of a disastrous fire in 1881. These successive problems destroyed the town's structures of wood and thatching and in a swift response to that, Frank Swettenham, the British Resident of Selangor, required that buildings be constructed of brick and tile. Hence, Kapitan Yap Ah Loy bought a sprawling piece of real estate, now called Brickfields, for the setting up of a brick industry which would spur the rebuilding of Kuala Lumpur.

Later the area was developed by Yap Kwan Seng, the fifth and last Kapitan Cina of Kuala Lumpur. As a businessman, he foresaw an increased demand for bricks in fast-growing Kuala Lumpur and established a kiln in the district. The area soon became the centre for brick-making in the early days because the whole area was a clay pit and good quality bricks are made from clay. Therefore, Brickfields became synonymous with good quality bricks.

Brickfields also used to be the site of the main depot for Keretapi Tanah Melayu (KTM) (Malayan Railway) during the administration of the British. The British authorities brought in people from Sri Lanka to work the railway and the depot. Many lived in quarters around Brickfields. Since then, the Indian community have lived and remained here and became citizens of Malaysia. Some of the old quarters were last found around Jalan Rozario. Today, what's left are just memories of those quarters which has since been transformed into a buzzing transportation hub called KL Sentral, the city's central railway hub



## CULTURE COMES ALIVE

### Vivekananda Ashram, Brickfields

While records show that it was the lush traveller's palm tree and mangosteens that stole the heart of Swami Vivekananda during his travels through Asia in the late 1800s, it was really his teachings that would go on to capture the hearts and minds of thousands in the region for over a hundred years.

More than a century after his Malaya visit, the Vivekananda Ashram — built in 1904 — continues to be the calm in the middle of bustling, modern-day Brickfields.

Vivekananda, known in his pre-monastic life as Narendranath Datta, was on his way to the World Parliament of Religions in Chicago in 1893. Vivekananda had taken notes while moving through Asia, observing in his notes "the beautiful fan-like palm, called the traveller's palm, grows here in abundance and the bread-fruit tree everywhere."

He had visited Penang and Singapore and was immediately enchanted by the landscape of this region, observing how Penang was once faced with the threat of pirates, and how he found the people of Singapore "not half so dark as the people of Madras."

While this revered individual was charmed by Southeast Asia's landscapes, his teachings had inspired thousands to continue his work in improving the lives of the disadvantaged and the poor. His teachings had become so great an influence in local communities that followers paid tribute to him through the establishment of the Vivekananda Ashram in Brickfields in 1904.

The ashram is said to have been built by Sri Lankan (Jaffna) Tamil migrants to pay tribute to Vivekananda. This building was part of an expansion of the Ramakrishna Mission in Singapore in 1896. Although there was no evidence of him visiting Kuala Lumpur at that time, the movement was driven to continue his work in educating and supporting the underprivileged through this ashram.

Located south of Kuala Lumpur city center, Brickfields' Little India is a stone's throw away from KL Sentral, Malaysia's main transportation hub. Getting here has never been easier and it boasts delightful Indian cuisine. Brickfields is tagged as a "Divine Location" as it houses various religious structures.



**Budhist Maha Vihara**  
The Buddhist Maha Vihara was founded by the Sinhalese community based in Kuala Lumpur and the surrounding areas in 1894 to provide a place of worship in their Sri Lankan Theravada tradition. Most of Sinhalese were either traders or artisans and skilled workers brought in from Ceylon by the British Administration to develop the colonial Malayan Civil Service.



**Church of Our Lady of Fatima**  
The Church of Our Lady of Fatima, with its rather modern architecture, was established in 1963 to serve a growing Catholic community in and around the Brickfields area. It is one of the four churches located in the vicinity of the city centre. This Church today serves a multi-ethnic and multi-national community of over 1,500 parishioners that reside in and around the areas of Brickfields, Bangsar, Taman Seputeh, and Old Klang Road.



**Sri Kandaswamy Kovil**  
Sri Kandaswamy Kovil is a Hindu temple located along Jalan Scott, Brickfields in Kuala Lumpur, Malaysia. The temple is over a century old. It is one of the most prominent Sri Lankan Tamil or Ceylonese Tamil temples in Malaysia. It is huge and showcases rich Sri Lankan Tamil architecture and has become a popular tourist attraction in Kuala Lumpur. The temple architecture is inspired by the Nallur Kandaswamy temple in Jaffna, Sri Lanka. It is reputed to be one of the most orthodox temples in Malaysia where rituals are followed strictly in accordance the rules of Saiva Agama Scriptures.



**Sam Kow Tong Temple**  
Finally, another significant landmark in Brickfields is the distinctive Chinese Temple known as Sam Kow Tong Temple, which means “Hall of Three Teachings” along Jalan Thamhillay. The Temple was founded in 1916 and belonged to the Heng Hua clan in Hokkien Province. There is also another Chinese Temple, Seng Hong Tokong along Jalan Berhala.

# TRIPS YOU NEED TO TAKE AS SOON AS YOU RETIRE

No more waiting for your annual vacation, then filling it end-to-end until you drag yourself back to work needing another week off. You are retired — and if you're reading this, you probably love to travel. With the youngest baby boomers turning 59 this year, and the first group around age 77, most members of that influential cohort are likely retired or semi-retired. According to AARP's 2022 Travel Trends survey, the majority of travelers over age 50 (67 percent) planned to travel in 2022, taking at least four trips throughout the year. And since 2023 has brought record-breaking travel numbers, it's likely that even more boomers are hitting the road this year.

## Blue Ridge Parkway, USA

Billed as "America's Favorite Drive," this spectacular 469-mile route joins Shenandoah National Park in Virginia and Great Smoky Mountains National Park in North Carolina. Take as much or as little time as you want on this scenic ride, which averages between 3,000 and 4,000 feet in elevation. Delight in the extraordinary views from roadside pullover areas, or hike a few of the 80-plus trails. From campgrounds to upscale log homes, plenty of lodging is available, and you can enjoy traditional music, culture, biking, history, nature, and even golf along the way.

## Rocky Mountaineer, USA

The journey begins in Vancouver with time to explore and rest. The next morning, you'll board the Rocky Mountaineer and travel British Columbia's Sea-to-Sky Corridor on your way to the resort town of Whistler. Up next: Wind your way through farmland and stunning canyons en route to Quesnel, then to Jasper National Park for a day of leisure. Then, to get to Lake Louise, you'll travel via the scenic Icefields Parkway, where you can ride an Ice Explorer to the middle of Athabasca Glacier. Upon arriving at Lake Louise, you'll have time to explore before heading to Banff and back to Vancouver via Kamloops. More Rocky Mountaineer itinerary options are listed online.



## Egypt

If you're fascinated by the ancient civilization of Egypt and have always wanted to see the pyramids, the Great Sphinx, and the Nile, this could be the time to make your plans. The Grand Egyptian Museum is set to in early 2024, with more than 100,000 artifacts and about 20,000 on display, including 5,400 objects retrieved from Tutankhamun's tomb.



## Sicily, Italy

This island just off Italy's toe is another exciting locale for those seeking ancestral towns. Plus, you can explore it while sniffing out the perfect cannoli or pasta alla Norma. Many Italian-Americans trace their roots to Sicily as a result of migrations that occurred in the late 1800s and early 1900s.



# HOW TO PACK A SUITCASE LIKE AN EXPERT

THESE LITTLE PACKING TIPS WILL GO A LONG WAY

Vacations are making a major comeback, which means it's time for you to pack your bags and head out on that trip you've long been dreaming of. But hang on, do you even remember how to pack a suitcase anymore?

If you need a little help getting started, Lydia Mansel, travel writer and founder of Just Packed, a traveler's resource for packing lists and product recommendations, is here to share her advice. Here are 10 packing tips straight from Mansel that will have you packing like a pro in no time.

### Think about your mode of transportation

According to Mansel, she allows her mode of transportation to dictate just how overpacked her bags can get. *"The way I pack a suitcase depends on how I'm traveling"* Mansel explains. For example, if she's driving or flying but only bringing a carry-on, she allows herself to overpack a little. Like Mansel, your mode of transport should help you decide just how much you can feasibly pack and which size of luggage you should choose.

### Know your airline's weight limit

*"If I'm flying and checking a bag, I know the 50-pound weight limit comes quickly, and I'll need to be mindful of how much I'm actually packing into the suitcase"* Mansel says, noting the average weight limit for checked luggage across major airlines. *"In this instance, I'll use my Away suitcase, which is just under 12 pounds. I'll then pack normally and weigh the bag with a handheld weight scale. With a couple of pairs of shoes and my toiletries, I typically average 47 pounds, giving me a little wiggle room if I pick up any souvenirs on my travels."*

### Do make every inch of space count

No matter which method of packing you choose, Mansel says it's critical to make use of every inch of space you have in your luggage — including some often-overlooked spots.



Each piece of clothing, she says, should be folded or rolled as tightly as possible and squeezed into *"every square inch of extra space, including inside my shoes."* Yes, you read that right. If you can, try rolling up socks, underwear, or smaller t-shirts and stuff them inside boots or sneakers. The little added space really can make a huge difference and packing your shoes this way helps maintain their shape.

### Invest in packing cubes to stay organized.

A chaotic bag can kill a travel mood, which is why Mansel says investing in packing cubes or compression packing cubes is a good idea.

### Go ahead and splurge on toiletry capsules.

Toiletries can be the bane of every traveler's packing experience. Finding the right size and the right amount of space for all your serums, creams, and cleansers can be annoying, which is why Mansel says this one Insta-famous knick-knack is actually worth it.

### Don't forget the steamer.

No matter how you pack — roll, fold, use cubes, are minimalist, whatever — your clothing will inevitably get wrinkled in transit. And that's why Mansel says it's critical to always leave room for a steamer.





Malaysia’s best city hotel, as Travel + Leisure has dubbed EQ Kuala Lumpur, has taken Sunday brunch to a whole new level, raising the experience 51st floor above ground. As the eyes feast on some of the best city panoramas in the capital, so will taste buds come alive at the flavour explosion of an exceptionally luxe Sunday brunch. The Sunday Sky Brunch at Sabayon is designed to banish the weight of the work week and allow an immersion into the finer things in life. The award-winning Sabayon – highly regarded as one of the best fine dining venues in the city – has created a brunch experience bar none, which also takes into account younger diners and their appetites and preferences.

For adults, the four-course meal, priced at RM198+ consists of an entrée, starter, main course and dessert. Discerning diners will be spoilt for choice with entrée options like tuna crudo (nori and sesame crusted tuna), marinated eggplant and rock melon, or Hokkaido oyster in panko crumbs, served with pea custard and yuzu gel and salmon roe.

Starter selections include butternut risotto, veal tartare, or seared Hokkaido scallops with roasted cauliflower puree. The three options for the main course are corn-fed chicken terrine with black truffle, braised beef brisket, or pan-seared salmon trout with beurre blanc, asparagus, and avruga caviar. Dessert is a choice between a selection of cake and pastries, or a cheese platter featuring a selection of imported cheese, honeycomb, and other accompaniments.

For further immersion into the high life, indulge in the beverage package with a RM188 add-on per person. This avails a diner to a free-flow of Champagne, sommelier-selected white and red wine, an array of hand-crafted gins from our mixologist beverage trolley, juices and soft drinks from 12pm to 2.30pm. There is truly no better way to toast the incredible views.



Lamb Navarin



Duck Confit



Spaghetti alla Chitarra



Significant to its name, THIRTY8 is located on the 38th floor boasting a 360-degree city view to complement the elegance of its dining areas, bar and lounge, along with lively show kitchens which serve exquisite cuisines like Western, Chinese, and Japanese. The captivating panoramic view, the dramatic sense of décor and the splendour of its cuisine are what makes THIRTY8 the signature restaurant of the hotel. Whether to entertain business associates or celebrate special occasions with family and friends, THIRTY8 is the place to be.

Embark on a delectable odyssey as you discover an artful fusion of Asian and European sophistication fit for every epicurean’s palate. Experience a 3-tier afternoon tea set curated with sweet and savoury bite-size gems, complemented by a choice of freshly brewed free flow coffee or JING tea.



Afternoon Tea



3-Tier Afternoon Set



# RAGING BULL BURGERS AT ARTHUR'S BAR & GRILL

SHANGRI-LA, 11, JLN SULTAN ISMAIL, KUALA LUMPUR, 50250 KUALA LUMPUR, WILAYAH PERSEKUTUAN KUALA LUMPUR  
03-2074 3900

Bring your rock star appetite to Arthur's Bar & Grill and get your hands on these mouthwatering burgers from Raging Bull Burgers, Shangri-La The Fort, Manila. Let our guest Chef John Dave Buquir dazzle you with his signature creations from 16 to 22 October 2023.

Available from RM49 nett until 30 November 2023.

**Highlights include:**

**Raging Wagyu:** Succulent Wagyu beef grilled to perfection, topped with gourmet ingredients for an explosion of flavours in every bite.

**Mighty Beast:** A meat lover's dream come true. Stacked high with layers of succulent beef patties, smoky bacon, and gooey cheese, this burger is a bold celebration of all things meaty.

**Kicking Chicken:** Crispy, tender chicken breast seasoned to perfection, paired with zesty sauces and fresh veggies for a spicy kick that delights the taste buds.

**Naked Fish:** Delicate, flaky fish fillet, lightly seasoned and grilled to perfection, served with crisp lettuce and tangy sauce for a refreshing and wholesome burger option.

**Pretender:** A plant-based delight that's so flavourful, that even meat lovers will be fooled!



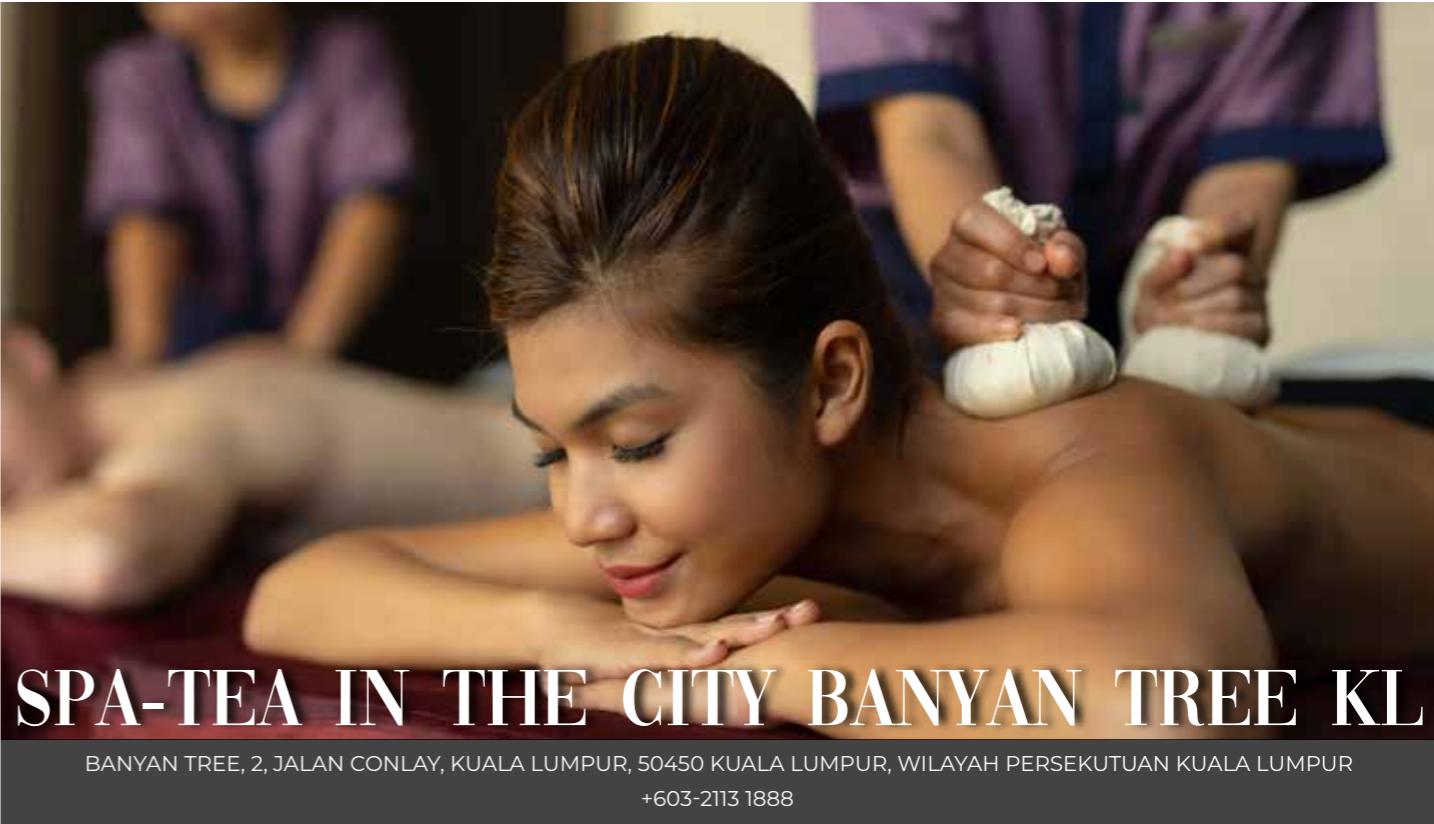
Raging Wagyu



Naked Fish



Mighty Beast



# SPA-TEA IN THE CITY BANYAN TREE KL

BANYAN TREE, 2, JALAN CONLAY, KUALA LUMPUR, 50450 KUALA LUMPUR, WILAYAH PERSEKUTUAN KUALA LUMPUR  
+603-2113 1888

Experience renewal of the body and mind, under the tender touch of our experienced therapists, then dive into a smorgasbord of sweet and savoury teatime delights with Altitude's sought-after Afternoon Tea. At RM1,000 - enjoy a 60-minute full body massage for two as well as an afternoon tea for two at Altitude, the hotel's huge floor-to-ceiling windowed and spacious lounge on it's top most floor.





# YOU CHILL, WE GRILL

HOTEL STRIPES, 25, JALAN KAMUNTING, CHOW KIT, 50300 KUALA LUMPUR, WILAYAH PERSEKUTUAN KUALA LUMPUR  
+603-2038 0000

Kick back and spend a fun evening, perfect for long-awaited get-togethers. Share a platter of sizzling meats and barbecued combos, that includes Beef Brisket, Chicken with Sumac Spices, Farmer's Sausages accompanied with roasted vegetables, steak fries, and a variety of dips, ending it with freshly made waffles with an assortment of toppings. Available every Friday and Saturday from 6pm to 10pm, you can't get a better deal at RM120++ per person!



# IN AND ABOUT PETALING STREET

DISCOVER SOME OF THE HOTTEST NEW BARS AT KL'S FAMOUS CHINATOWN.



## Penrose

149, Jalan Petaling

At Penrose, the essence of the cocktail is captured through five fundamental pillars: alcohol, flavour, taste, body and dilution. This conscientious structure enables the crew to create immaculate libations that pay homage to timeless classics while incorporating carefully chosen ingredients: for example the Makopa Martini adds plum and lava salt to its gin and vermouth base.



## Baijiu KL

Lorong Panggung

Baijiu is a bustling asian inspired cocktail bar and eatery. The atmosphere is trendy & dimly lit. Located in the heart of downtown, Baijiu is located inside of the historical Mercer Building. Our back bar is one of the most extensive in edmonton, with over 200 bottles. Expect to find asian inspired food that's meant to be shared amongst your loved ones that has been specially created by their kitchen.



## Cock's Tail Bar

78, Jalan Sultan

Cock's Tail Bar is one of the latest haunts to grace Petaling Street, tucked inside The Crane (which houses another speakeasy upstairs). The corridor bar reflects Chinatown's heritage with its red and yellow umbrellas and oriental decor that takes inspiration from 1950s Malayan traditional Chinese medicine shops. Similarly, the drinks menu features innovative cocktails crafted with Chinese herbs and ingredients such as cordyceps flowers and angelica roots.



## Jann KL

Four Points by Sheraton, Chinatown

Red burnt brick, golden brass and tuxedo-like black and white floor tiles set a sophisticated backdrop for Jann's signature jade wrap-around bar to shine. Jann features inventive cocktails inspired by traditional trades, local cultures and legends that make Chinatown a heritage destination. Step outside for unrivaled panorama of the bustling district below and stunning views of the Merdeka 118, KLCC and KL Tower for a ravishing look of old and new Kuala Lumpur.

# TANTALISING TIPPLES

## ESSENTIAL COCKTAILS FOR YOUR NOVEMBER PARTIES

Kick start the holiday season with these cocktails. Though the next few months are sure to be full of things to celebrate, this month in particular is a great time to enjoy the end of fall and gear up for winter. With warming options like Last-Minute Mulled wine, cocktails that make the most of November produce like the Pumpkin Nog, and even spins on classics like the Apple Cranberry Moscow Mule, we have options that will be perfect for all of your celebrations this month.



### Apple Cranberry Moscow Mule

**Ingredients**

- 2 ounces vodka
- 1 ounce cran-apple juice
- 1/4 ounce lime juice, freshly squeezed
- Ginger beer, chilled, to top
- Garnish: apple slice
- Garnish: cranberries

**Method**

- Pour the vodka, cran-apple juice and lime juice into a mule mug, highball glass or rocks glass filled with ice, and stir briefly to combine.
- Top with ginger beer.
- Garnish with an apple slice and fresh cranberries.



### Last Minute Mulled Wine

**Ingredients**

- 1 bottle fruity red wine (such as beaujolais or syrah)
- 4 ounces bourbon or brandy
- 2 teaspoons sugar
- 4 star anise pods
- 2 long strips lemon peel or orange peel
- Garnish: 6 cinnamon sticks

**Method**

- Add the red wine, bourbon or brandy, sugar, star anise pods and lemon or orange peels into a small saucepan, and heat over low heat until warm, but do not allow to boil.
- Remove from heat and let stand for 5 to 10 minutes.
- Divide between six mugs or punch cups.
- Garnish each drink with a cinnamon stick.



### Thanksgiving Margarita

**Ingredients**

- 1 tablespoon ground ginger
- 1 tablespoon sea salt
- 1 lime wedge
- 1 1/2 ounces reposado tequila
- 1/4 ounce allspice dram
- 1/4 ounce amaretto
- 1 ounce pumpkin puree
- 3/4 ounce lime juice, freshly squeezed
- 1/2 ounce agave nectar
- Garnish: roasted pumpkin slice

**Method**

- On a small plate, combine the ground ginger and sea salt. Rub the lime wedge along half of the rim of a rocks glass and dip the glass in the mixture. (For a finer texture, pound the ginger and sea salt with a mortar and pestle.)
- Add the tequila, allspice dram, amaretto, pumpkin puree, lime juice and agave nectar into a shaker with ice and shake until well-chilled.
- Strain into the prepared glass over fresh ice.
- Garnish with a roasted pumpkin slice.



### Pumpkin Nog

**Ingredients**

- 12 eggs
- 1/2 pound sugar, divided
- 750 milliliters light rum (Abou-Ganim used 10 Cane)
- 5 cups whole milk
- 1/2 cup pumpkin puree
- 1 teaspoon vanilla extract
- 1/2 teaspoon ground cinnamon
- Garnish: whipped cream
- Garnish: freshly grated nutmeg

**Method**

- Separate the eggs and refrigerate the whites.
- In a mixing bowl, beat the yolks until creamy.
- Gradually add in 1/4 pound sugar, beating at high speed until thick.
- Stir in the rum, milk, pumpkin, vanilla and cinnamon, and chill for at least two hours.
- Beat the egg whites until soft peaks form.
- Add the remaining 1/4 pound sugar, beating the egg whites to stiff peaks.
- Fold the chilled rum mixture into the egg whites.
- Serve in Martini glasses garnished with a dollop of whipped cream and freshly grated nutmeg.

# SPOTLIGHT ON FIVE AT SEMANTAN

Looking for somewhere new this month to tickle your tastebuds? Start your culinary adventure at The Five, Damansara Height's latest haven for F&B enthusiasts. Expect to experience groundbreaking talents and pioneers in the F&B industry as The Five brings you an exception showcase of restaurants with gastronomical dining experience like no other.



## JWALA

+6012-947 9100

E-2-02, LEVEL 2, BLOCK E, THE FIVE@KPD, 49, JALAN DUNGUN, BUKIT DAMANSARA, 50490 KUALA LUMPUR, WILAYAH PERSEKUTUAN KUALA LUMPUR

Journey into the vibrant world of Indian flavours at Jwala as you discover the essence of it's cuisine. This fine dining restaurant is spearheaded by its brand director Karthik Kumar, the man who was behind the culinary accomplishments of Gaggan and Nadodi. Using custom made tandoors fit for the finest degree of charcoal grilling, Jwala is not just a dining destination, it is a theater where fiery performances are staged, bringing drama and delight to your plate and palate. Dishes to try, at the top of your list should be it's Tandoori Croissant (RM35), paired with it's Daljwala (RM65) which is a combination of black lentils and San Marzano tomatoes cooked overnight on mangrove charcoal.



## LING LONG

+6010-556 8912

BLOCK E, L2-04, THE FIVE@KPD, JALAN DUNGUN, BUKIT DAMANSARA, 50490 KUALA LUMPUR

Embark on a culinary fusion at Ling Long, where Chinese and French flavors harmoniously collide. Immerse yourself in a gastronomic journey of exquisite dishes, blending traditional techniques with modern innovation. Indulge in the perfect union of East and West, redefining fine dining at Ling Long.



## KAZU

+011-1687 3598

JALAN GELENGGANG, BUKIT DAMANSARA, 50490 KUALA LUMPUR, WILAYAH PERSEKUTUAN KUALA LUMPUR

Immerse in the Art of Japanese culinary mastery at Kazu, an establishment offering guests three different experiences: Sushi Kazu (omakase), Kappo Kazu (kappo cuisine) and Ba by 61M (whisky bar). Exquisite flavors, meticulous presentation, and a captivating ambiance awaits you.



## TAAN KOREAN STEAKHOUSE

+6017-428 5830

E-3-01, ARAS 3, BLOCK E, THE FIVE, KOMPLEKS PEJABAT DAMANSARA, 49, JALAN DUNGUN, BUKIT DAMANSARA, 50490 KUALA LUMPUR, WILAYAH PERSEKUTUAN KUALA LUMPUR

Come for an unforgettable Korean BBQ experience, with iconic foods, culture, and modernism. Presenting top quality beef and a smokeless BBQ system, TAAN is everything modern KBBQ has to offer (in this city) with 18 years of experience.



# QUIN

+603-2011 0220

A-GF-01, GROUND FLOOR, 5TH PLACE @ THE FIVE BUKIT DAMANSARA 49, KOMPLEKS PEJABAT DAMANSARA, JALAN DUNGUN, BUKIT DAMANSARA, 50490 KUALA LUMPUR, WILAYAH PERSEKUTUAN KUALA LUMPUR

Quin is a charming French casual dining restaurant that showcases traditional French cuisine with modern influences. From classic favorites to innovative creations, each plate at Quin is a harmonious blend of flavors, expertly prepared to tantalize your palate.



# MANO

+6017-428 5830

E-1-03, THE FIVE, KOMPLEKS PEJABAT DAMANSARA, BUKIT DAMANSARA, 50490 KUALA LUMPUR, WILAYAH PERSEKUTUAN KUALA LUMPUR

Discover the vibrant flavors of Latin America at Mano. Experience a casual dining adventure filled with bold spices, fresh ingredients, and lively ambiance. From tantalizing ceviches to sizzling grills, savor the essence of Latin American cuisine with every bite. Let your taste buds dance at Mano.

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HERITAGE

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## Routes World 2023: A Resounding Success

The recently concluded Routes World 2023 (RW23), hosted by iGA Istanbul Airport in Türkiye, recorded more than 3,300 delegates from airlines, airports and tourism authorities and service providers.

The attendee list on its website showed 692 organisations participating in its 28th edition to discuss the future of the aviation industry and more importantly routes development.

Over 13,000 networking meetings were held during RW23, which was attended by some 260 airlines. Malaysia Airports itself had more than 30 meetings with the airlines.



“

Observing a wealth of new partnerships forged in just three days and witnessing first-hand the strategic foresight and productivity employed in shaping our industry's future was truly invaluable.

”

**SELAHATTIN BILGEN**

Acting Chief Executive Officer  
of iGA Istanbul Airport

RW23 is said to be the first event that China's largest carriers - Air China, China Eastern Airlines, China Southern Airlines, Hainan Airlines and Shandong Airlines - attended following the lifting of the COVID-19 travel restrictions earlier this year by the mainland Chinese government.

Part and parcel of RW23, its 2.5-day conference saw participation from associations, airline leaders, government ministers and suppliers with its programme featuring many interesting panel discussions.

Day one panellists discussed about evolving travel trends of sustainable tourism, what is next for route development and the future of aviation in various regions, including Asia Pacific (APAC).

Sharing insights into the future of the Saudi Arabian aviation sector, Ali Rajab, Chief Executive Officer of Saudi Air Connectivity Programme stressed the importance of unified laws in sustainable tourism which will not only benefit travellers but will also contribute to environmental sustainability.

By having consistent and harmonised regulations, he believed the aviation industry could adapt more seamlessly to changing circumstances.

#### Future of aviation in APAC

On regional trends in APAC, Dilhan Haradasa, Group head of network and regulatory affairs of AirAsia, envisaged India to be the new global dominant aviation player in the next five years.

With China not bouncing back as expected, India has become a significant growth market for Southeast Asia (SEA). Haradasa said AirAsia is also eyeing flying to secondary-tier airports in Australia, particularly from Indonesia.

He added that the low-cost carrier (LCC) plans to begin flights via its new Cambodian air operator's certificate by end-2023. However, it will be subject to AirAsia securing the two Airbus A320s.

The LCC will initially operate from Phnom Penh to ASEAN and domestic destinations in Cambodia as well, with plans to grow Sihanoukville and Siam Reap.

The RW23 Conference also zoomed in on airlines in SEA. Among them is Thai Airways/Thai Smiles' restructuring plan where Thiti Arayakhun, Head of Scheduling of Thai Airways, said the integration of Thai Smile subsidiary into the parent company is on track.



Once it is completed by January 2024, the airline will be operating 69 planes.

Meanwhile, two of Thai Smile's Airbus A320s have been transferred into the Thai flag carrier's fleet in early October with eight more by year-end and the remaining four by January 5, 2024

Arayakhun added that Thai Airways will be taking over routes previously served by Thai Smile, including Kaohsiung (Taiwan), Kolkata (India) and Penang (Malaysia).

Its focus in 2024 will be on route resumption to Milan and Oslo in Europe, and Japan. The Star Alliance member will also be increasing its frequencies in existing markets such as Sydney, Australia.

Day three of the RW Conference also provided the platform for the attendees to find out all they need to know about Thailand's new start-up, Really Cool Airlines from Wutcharin Thatan, its head of commercial.

The carrier plans to start full-service operations in 2024. Already been granted the air operating licence, it is now waiting to receive its air operator certificate from the Civil Aviation Authority of Thailand.

#### Routes World Awards 2023

Another highlight of Routes World 2023 is the recognition or awards given to outstanding achievements by stakeholders in the route development industry that have helped to restore and advance global air connectivity.

This year Paris Charles de Gaulle Airport (CDG) was named the Overall Winner as well as triumphing in the Over 20 Million Passengers category.

The other winners included Brussels Airport for the 10-20 Million Passengers category, Larnaka International Airport (5-10 Million Passengers) and Newcastle International Airport (Under 5 Million Passengers).

Cape Town Air Access bagged the Destination award for a second consecutive year. Spanish carrier, Vueling Airlines, won the Airline category while Tatamo Rakotozafy, head of aviation marketing at Ravinala Airports Madagascar, won the Rising Star award.

Lastly, Vicki Jaramillo, Executive Vice President and Chief Development Office of Orlando International Airport took home the Individual Leadership Award, which celebrates the lifetime achievement of the individual within the route development community during the course of their career.

Mohamed Sallauddin Mat Sah, former General Manager of Aviation Marketing and Development of Malaysia Airports, was one of the five candidates shortlisted for this hotly contested award.

The 29th edition of this prestigious event will be heading to the Kingdom of Bahrain from October 6-8, 2024 while Routes Asia, last hosted by Malaysia Airports in 2014, will be held in Malaysia from February 27-29, 2024.



Another Best African Airline  
Recognition for Ethiopian Airlines

Ethiopian Airlines Group recently won the Best African Airline at the Business Traveller Awards 2023 held in London for four consecutive years since 2020.

Voted by the magazine's readers who are frequent business travellers, the results of the awards were authenticated by an independent auditing company and widely recognised as the market's benchmark for excellence.

“The award means a lot to us and it is very special as it comes at a perfect time when we start the New Ethiopian Year of 2016 or Enkutatash.”

**MESFIN TASEW**  
Chief Executive Officer  
of Ethiopian Airlines Group

Earlier this year, Ethiopian Airlines was also recognised as the Best Airline in Africa by Skytrax for six years in a row and by the APEX Passenger Choice Awards.

Ethiopian Airlines, which recently celebrated its 10th anniversary of flying to Seoul, the rising hub of East Asia, marked this special occasion by increasing the flights from its main hub in Addis Ababa to six times-weekly effective October 28, 2023 deploying its latest Airbus A350-900 aircraft.

Commanding the lion's share of the African passenger and cargo network, the airline is also pursuing its multi-hub strategy via a hub in Lomé, Togo with ASKY, a pan African airline; in Lilongwe, Malawi with Malawi Airlines and in Lusaka, Zambia with Zambia Airways.



For more information, call **03-2022 0168** or visit **www.ethiopianairlines.com**



Vietnam Airlines' Purchase of  
50 Boeing 737 MAX Signals Growth Recovery

Vietnam Airlines' recent announcement of its intention to purchase 50 narrow-body Boeing 737-8s worth billions of dollars underpins its positive recovery momentum and optimistic outlook after the COVID-19 pandemic.

The decision is in line with the airline's 2025-2030 fleet strategy and vision for 2035

Dang Ngoc Hoa, Chairman of the Board of Directors of Vietnam Airlines said, "The new narrow-body aircraft will allow us to foster our overall development, extend the high-quality service on our domestic and Asian routes as well as modernising our fuel-efficient fleet."

Building on Boeing's long history of collaboration with Vietnam's civil aviation industry, the flag carrier's 737 MAX fleet will support the country's goal of becoming a leading aviation hub.

Vietnam Airlines said growing demand for single-aisle has driven it to acquire an additional 60 aircraft by 2030 and about 100 aircraft by 2035, including the Boeing 737 MAX, which offers between 150 and 230 seats.

Recognising Southeast Asia as one of the world's fastest growing aviation markets, Brad McMullen, Senior Vice President of Boeing Commercial Sales and Marketing envisaged the 737 MAX will help Vietnam Airlines meet the region's demand.

The 737 MAX fleet is also expected to bolster jobs and strengthen the bilateral economic partnership between the United States (US) and Vietnam.

The award-winning Vietnam Airlines currently has a fleet of 100 aircraft, including 65 narrow-body aircraft, serving 97 routes to 21 domestic destinations and 29 international destinations.

The SkyTeam Alliance member was recently honoured among 20 global airlines with a Five-Star rating at the 2024 Airline Passenger Experience Association (APEX) awards ceremony held in the US.

The rating is based on third-party passenger feedback and insights gathered through APEX's partnership with Triplt from the world's travel-organising application, Concur.

Dang Anh Tuan, Executive Vice President of Vietnam Airlines remarked, "Besides transporting passengers to their destinations safely, we are also a reliable companion to passengers on every memorable journey."



Dr Joe Leader, Chief Executive Officer of APEX quipped, "Their commitment to celebrating Vietnamese heritage while seamlessly integrating cutting-edge advancements in passenger experience is truly commendable."

For more information, call **+603-2031 166** or visit **www.vietnamairlines.com**



## Record Passengers in Summer for flydubai

Dubai-based carrier, flydubai, has recorded an exceptional summer carrying more than four million passengers, up 30% compared to the same period in 2022. During this period between June and mid-September, it has added Corfu in Greece and Olbia in Sardinia.

Operating a fleet of 78 Boeing 737s that offers more than 32,000 flights across 120 destinations in 52 countries, its Chief Executive Officer Ghaith Al Ghaith said, "We believe these figures could have potentially been even higher if the aircraft we ordered had been delivered on schedule."

The carrier has signed an agreement to lease four Next-Generation B737-800 aircraft between October 17, 2023 and April 16, 2024 for the upcoming busy travel periods, thus enabling flydubai to add more capacity across its network, including its newly launched destinations.

They are its daily service to Cairo in Egypt, which commenced on October 28, 2023 followed by Poznan in Poland the next day.

Meanwhile, Mombasa in Kenya is scheduled to join flydubai's growing network from January 17, 2024 to be followed by the launch of its daily service to Langkawi via a short stop in Penang, Malaysia from February 10 deploying its Boeing 737 MAX aircraft that features lie-flat seats in the business class.

Ghaith Al Ghaith said, "These destinations in Malaysia offer cultural diversity, leisure activities and investment opportunities. Our new flights will be popular for passengers not only from the United Arab Emirates but also from the Gulf Cooperation Council and the European markets."

They will also expand flydubai's footprint in Southeast Asia to four destinations, including Krabi and Pattaya in Thailand. The carrier recently received the Four-Star Major Airlines rating for the first time from the Airline Passenger Experience Association (APEX).



For more information, visit [www.flydubai.com](http://www.flydubai.com)



## Vietjet is Asia's Leading Airline for Customer Experience 2023

Fast-growing Vietjet has been hailed Asia's Leading Airline for Customer Experience 2023 at the recent 30th Annual World Travel Awards held in Ho Chi Minh City, Vietnam.

Its recognition comes after Vietnam's first privately owned low-cost carrier (LCC) was honoured with other international awards from organisations such as Skytrax, World Business Outlook and Airline Ratings.

Graham Cooke, Founder of World Travel Awards said, "With its focus on convenience, attractive marketing campaigns to benefit its customers, powered by innovation and creativity, Vietjet has gained reputation for enhancing the overall passenger travel experience."

They include offering its passengers a complimentary SkyCare travel insurance package with comprehensive coverage benefits worth up to nearly US\$4,200 as well as products and services such as its Fly Now, Pay Later programme.

Vietjet also provides a premium business class service on its wide-body aircraft featuring comfy flat-bed seats. Its SkyJoy loyalty programme currently has nearly nine million members.

"Our ethos is to maximise our cost efficiency and transfer the savings into low-cost fares for our customers. Winning this recognition is another milestone for us as we expand our international operation's footprint"

**MICHAEL HICKEY**  
Chief Operating Officer  
of Vietjet

Responding to passengers' demands, the LCC will be introducing five new routes connecting Hanoi to Hong Kong, Phu Quoc to Taipei in Taiwan and Busan in South Korea as well as Ho Chi Minh City to Adelaide and Perth.

Vietjet's five times weekly flights from Ho Chi Minh City to the two capital cities of Western Australia and South Australia respectively will begin on November 21, 2023.

This will be followed by its Phu Quoc to Busan service starting December 10 and Hanoi to Hong Kong on December 22.



Hong Kong

Both are seven return flights per week while the airline's four times weekly flights from Phu Quoc to Taipei will commence from January 17, 2024.

Vietjet reportedly carried 4.2 million international passengers during the first seven months of 2023, 6.6 times higher compared to the same corresponding period last year.

For more information, visit [www.vietjetair.com](http://www.vietjetair.com)

**F**irefly will be expanding the connectivity from Penang International Airport (PEN) with direct five-times weekly flights to the Don Mueang International Airport (DMK) in Bangkok starting November 3, 2023.

The flights will be operated by its retrofitted Boeing 737-800 aircraft with 189 economy class seats.

Ahmad Luqman Mohd Azmi, Chief Executive Officer of Airlines from Malaysia Aviation Group (MAG), said, "This will mark Firefly's second point into Thailand following the launch of direct flights to Phuket last year.

"With this addition, we are solidifying Firefly's foothold in the region, which demonstrates our commitment to expand our jet operations across ASEAN to cater to the increasing demands of both leisure and business travellers alike."

A wholly-owned subsidiary of MAG, Firefly's Saver fare comes with a 10kg check-in baggage allowance, 7kg cabin baggage allowance and complimentary refreshments.



**Firefly to Launch Direct Penang to Bangkok Route**

However, travellers can upgrade to its Flex fare starting from RM249 to enjoy 30kg check-in baggage allowance, hot meals, unlimited flight changes and more.

Besides its PEN hub, the value carrier also operates the single-aisle ATR 72-500 turboprop aircraft from Sultan Abdul Aziz Shah Airport (SZB), its other hub in Subang, Selangor, for domestic routes.

For more information, visit [www.fireflyz.com.my](http://www.fireflyz.com.my)

**P**remium service carrier, PT TransNusa Aviation Mandiri (TransNusa), will be introducing flights to Guangzhou Baiyun International Airport (CAN) and Singapore Changi Airport (SIN) from Terminal 3 of the Soekarno-Hatta International Airport, Jakarta (CGK) on November 16 and 20, 2023 respectively.

Sales of the air tickets for these two new international destinations began on October 11.

Datuk Bernard Francis, Group Chief Executive Officer of TransNusa said, "It is a great achievement for TransNusa to become the second Indonesian airline to obtain approval to start scheduled commercial flights to CAN, China."

TransNusa will initially operate three return flights weekly from CGK to CAN. However, by December, the airline will increase the frequency to seven times a week.

Datuk Bernard remarked, "We are very proud to be able to start the roundtrip daily flights to SIN at such a short timeframe," adding that the services that TransNusa offer exceeds that of a low-cost carrier.



**TransNusa's New Routes to Guangzhou and Singapore from Jakarta**

"Many people look for competitive ticket prices when they want to travel but they also expect the best service. Therefore, we are committed to providing affordable and competitive ticket prices while still providing premium services to our customers."

They include more comfortable seats, high-quality food and beverages, as well as friendly and professional service from its crew.

TransNusa currently to Kuala Lumpur and Johor Bahru in Malaysia, Bali and Yogyakarta in Indonesia.

For more information, visit [www.transnusa.co.id](http://www.transnusa.co.id)



**Turkish Airlines Wins World Class Award for the Third Time**

**T**urkish Airlines was honoured with the World Class award for the third time by the Airline Passenger Experience Association (APEX), one of the world's foremost airline evaluation organisations, for its global leadership in guest experience and service quality in the aviation industry.

Dr Joe Leader, Chief Executive Officer of APEX said, "Through rigorous and professionally executed audits across both economy and business class service, our team gleaned insightful revelations about their unwavering commitment to passenger experience, safety, and sustainability advancements."

He added, "On my own Turkish Airlines flights this year, I have been captivated by their new suite business class on selected Airbus A350 aircraft. Each of their new generation aircraft embodies enhanced opulence and innovation."

"With the touch of a Turkish Airlines flying chef, every meal becomes an unparalleled culinary journey, reminiscent of candlelit soirées under a starry Anatolian sky."

"Yet, it is their authentic and extravagant Turkish hospitality, a blend of warmth and luxury, that truly encapsulates the heart of their service. Bravo, Turkish Airlines, for crafting moments that transcend mere five-star status as one of the very few APEX World Class airlines!"

*"This award showcases the result of the dedication shown by all our team members. Our ergonomic seats, personalised services and unique offerings aimed at meeting our guests' needs are all part of our efforts to make the flight experience exceptional."*

**AHMET OLMUŞTUR**  
Chief Executive Officer  
of Turkish Airlines

Turkiye's flag carrier reported a net profit of US\$635 million for the second quarter of 2023 (2Q23), with 28% higher international passenger capacity than its 2019 level.

As Europe's leading network carrier in terms of daily flights operated for the last three years according to the European Organisation for the Safety of Air Navigation, Turkish Airlines has maintained its status for the 2Q23 as well.

With a fleet size of 419 aircraft, the airline has increased it by 10% compared to the same period last year, carrying over 21 million passengers with domestic and international load factors at 81.5% and 81.8% respectively.

For more information, call **+603-2053 1899** or visit [www.turkishairlines.com](http://www.turkishairlines.com)

China Eastern Airlines' recent memorandum of understanding signed with Turkish Airlines in Shanghai saw it commencing its inaugural thrice-weekly flights from Shanghai to Istanbul while Turkish Airlines operates seven frequencies weekly on this route.

Li Yangmin, Chief Executive Officer of China Eastern Airlines said, "We look forward to strengthening communication and exchanges as well as cooperating in domestic and international transits, ground services and networks to jointly create a better future for both sides."

Headquartered in Shanghai, China Eastern Airlines is one of China's three state-owned backbone airlines. Listed on both the Shanghai and Hong Kong stock markets, it operates a fleet of about 800 aircraft.

In a move to retire a large number of its narrow-body aircraft due to their age, the airline recently announced its purchase of another 100 C919 aircraft on top of the five it had ordered in 2021

Valued at US\$10 billion, China Eastern

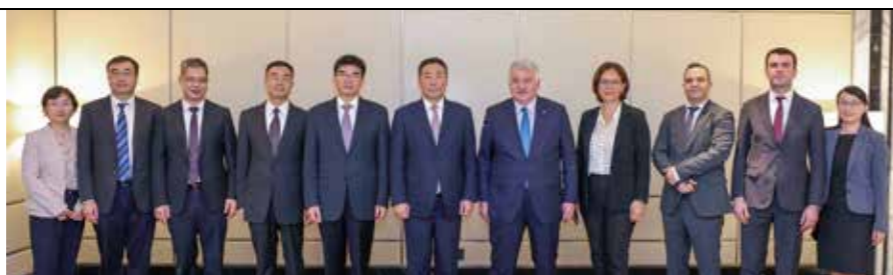
Accepting the Best Airline Alliance title for the 11th consecutive year at the recent 2023 Business Traveller Awards held in London, oneworld was represented by several of its member airlines.

The representatives included (second from left) Calum Laming, British Airways' Chief Customer Officer; Eric Odone, Qatar Airways' Vice President for Europe and Daniel Bainbridge, Malaysia Airlines' Regional Director for the United Kingdom (UK) and Europe.

Also present was Alejandro Lozano, American Airlines' Portfolio Manager for the UK (far right).

In the Business Traveller Awards 2023 recognising the industry's preferred travel and hospitality providers, oneworld member Singapore Airlines whisked five impressive wins for Best Airline, Best First Class, Best Economy Class, Best Cabin Staff and Best Asian Airline.

Qatar Airways bagged four awards for Best Long-Haul Airline, Best Business Class, Best Middle Eastern Airline and Best Inflight Food & Beverage while



### China Eastern Airlines Orders More Aircraft for Network Expansion

Airlines' latest purchase is reportedly its largest order of the C919 from the manufacturer, Commercial Aircraft Corporation of China. These new jets are expected to be delivered from 2024 to 2031.

As the first to use the C919, China Eastern Airlines has so far received three out of five from its earlier purchase, with the remaining two to be delivered later this year.

In tandem with the strong recovery in air travel, China Eastern Airlines has been expanding its network with new connections to Australia, New Zealand and Singapore.

It launched its twice-weekly flights from Hangzhou to Singapore and a four times a week Jinan to Singapore direct service on October 29, 2023 using the Airbus A320.

From November 7, the airline plans to begin its twice-weekly Hangzhou-Sydney-Auckland service deploying the A330-200. Using the same aircraft type, China Eastern Airlines will fly three times a week from Jinan to Sydney starting November 11.

For more information, visit [www.ceair.com](http://www.ceair.com)



### Best Airline Alliance Award for oneworld for 11th Year Running

British Airways won the Best Short-Haul Carrier, Best Frequent Flyer Programme, Best Travel App and Best Airport Lounge (Concorde Room at Heathrow T5).

His Excellency Akbar Al Baker, Chairman of oneworld and Chief Executive Officer of Qatar Airways Group said, "This latest award is a testament to the quality of oneworld member airlines, their commitment to impeccable customer service and dedication to our customers."

The global oneworld Alliance was also named this year the Favourite Airline Alliance for the sixth time by readers of Trazee Travel, an online publication for travellers aged 25 to 40.

For more information, visit [oneworld.com](http://oneworld.com)



### Etihad Airways to Start Double Daily Flights to Kuala Lumpur in January 2024

After unveiling an ambitious network overhaul to improve Abu Dhabi International Airport's (AUH) links to global markets and amplify the capital's tourism industry, Etihad Airways has announced it will be adding a second daily flight to KL International Airport (KUL) on 15 January 2024.

The airline will be using its state-of-the-art Boeing 787-9 Dreamliner aircraft which offers in-flight Wi-Fi connectivity.

With the double-daily flights, it will be offering 425,000 seats annually between AUH and KUL. This represents a year-on-year capacity increase of 75%.

The additional frequency is expected to increase the airline's total annual cargo capacity, open more business opportunities and support the growth of bilateral trade between the United Arab Emirates (UAE) and Malaysia.

The move will also provide more choices and connectivity this winter for travellers between AUH and Southeast Asia with Etihad offering up to 77 weekly flights, including its 14 weekly flights to KUL.

"With our convenient departures from AUH, our second KUL flights will optimise timings for the UAE residents wishing to have a break in Malaysia."

**ARIK DE**  
Chief Revenue Officer  
of Etihad Airways

He added, "The new daytime and night-time flights from KUL will allow travellers reaching AUH with more options to explore what the city has to offer in terms of business and pleasure."

The city's attractions range from its architectural masterpiece, Louvre Abu Dhabi, to adrenaline-filled adventures at Ferrari World Abu Dhabi.

Meanwhile, at the recent World Travel Awards Middle East (ME) held in Dubai, Etihad took home six awards, including being recognised as the ME's Leading Cabin Crew for the fifth year in a row.

The national airline also swept the awards for being the region's Best Business Class, Inflight Entertainment, Customer Experience and First-Class Lounge and Spa.

Its position as the winner of Best Inflight Entertainment for the seventh year in a row was sealed, thanks to its E-Box inflight entertainment offerings.

Earlier this year, Etihad launched complimentary 'chat' Wi-Fi connectivity for its guest members and enhanced surf packages, giving unlimited data to its guests during their flight.

Additionally, at the Golden Loyalty Awards 2023 held in Rio de Janeiro recently, Etihad emerged winner for the third year in a row, this time for the Best Use of Technology.

For more information, visit [www.etihad.com](http://www.etihad.com)



## First Flight from London Gatwick to Accra by British Airways

British Airways' (BA) inaugural thrice weekly service from London Gatwick Airport (LGW) touched down at Kotoka International Airport (ACC) in Ghana's capital Accra on October 30, receiving a warm West African welcome.

They comprised dancers, drummers and a VIP delegation that included Harriet Thompson, British High Commissioner to Ghana. The BA crew members were attired in their new uniform designed by British-Ghanaian master tailor, Ozwald Boateng OBE.

*“With 11 direct flights across two London gateways, we are pleased to offer a greater choice of products and prices.*

*Overall, we are doubling the number of seats between Accra and London with 55% more capacity next summer versus 2019.*

**NEIL CHERNOFF**

Director of Network and Alliances  
of British Airways

Using its newest and more-fuel efficient Airbus A350 fleet featuring the latest generation business class seat, Club Suite, plans are afoot to add a fourth weekly service from April 2024.

To celebrate the increase in its flights between Africa and London, BA is bringing Afrobeats, an exclusive playlist onboard from November 1 with global DJ sensation, Cuppy curating her top tracks for the airline's inflight entertainment system.

Meanwhile, BA will be resuming its daily service year-round between London Heathrow Airport (LHR) and Abu Dhabi International Airport's (AUH) Terminal A on April 20, 2024.

Using the Boeing 787-9 aircraft after a four-year hiatus, this route's resumption will complement the Oneworld alliance member's existing three times-daily service to Dubai, also in the United Arab Emirates.

On another note, BA has completed the final phase of its lounge refresh at LHR Terminal 5's B gates for its premium customers which includes a live food preparation area with new seasonal menu options using fresh, locally sourced ingredients.



At the airline's redesigned deli area, hot and cold dishes are available. BA has also introduced new bespoke furniture, flooring and soft furnishings for an elevated look and feel besides offering a quiet zone to relax.

BA also recently refreshed its First and Club (business class) lounges at LHR Terminal 3.

For more information, visit [www.ba.com](http://www.ba.com)



## THE FUTURE OF AIRLINE CHECK-IN AND PASSENGER EXPERIENCE Service Agreement Signing Ceremony Between Express Rail Link and BATIK AIR

6th October 2023

## ERL Partners with Batik Air to Provide Enhanced Services

Following Express Rail Link Sdn Bhd's (ERL) reopening of its in-town check-in facility in KL Sentral to the passengers of Malaysia Airlines in September 2023, it has partnered next with another Malaysia-based airline, Batik Air, in mid-October to enable their passengers to do the same.

Travellers making their flight bookings via Batik Air's website can now also purchase their KLIA Ekspres tickets, thus streamlining the entire process into a single, hassle-free transaction.

*“This collaboration underscores our unwavering commitment to deliver a seamless travel experience for both ERL and Batik Air passengers.*

*The passengers can conveniently check-in for their flights and drop off their luggage at KL Sentral and then hop on to the KLIA Ekspres to reach the KL International Airport (KUL) in 28 minutes.*

**NOORMAH MOHD NOOR**

Chief Executive Officer  
of ERL

This will enable them to not only save valuable time but also alleviate the burden of lugging their baggage to the airport.

Operating between 6.00am and 6.00pm, the KL Sentral's flight check-in facility aligns with KLIA Ekspres' train schedule, which starts at 5.00am and run every 20 minutes throughout the day until the last train at 12:00 midnight.

ERL is offering for a limited time RM10 off the passenger's next purchase of a KLIA Ekspres ticket for both these two airlines. Valid for redemption until end of 2023, the voucher is for an adult passenger's usage of the check-in facility at KL Sentral.

Earlier in October, ERL had signed under its new five-year contract with aviation technology provider, SITA, to equip it with four self-check-in and two self-bag-drop (SBD) kiosks initially at the KL City Air Terminal in KL Sentral.

Three conventional manned check-in counters will continue to be maintained for those who still need staff assistance while the new facilities are expected to be operational by the second quarter of 2024, with the hardware supported by SITA Flex, a next-generation platform that allows passengers to tag and drop off their bags within 30 seconds.

Noormah added, “Our renewed partnership with SITA aims to modernise our in-town check-in process and further enhance passenger experience. Self-check-in and SBD facilities can potentially provide cost efficiencies for airlines while offering added convenience for passengers.

“Every airline that currently allows their passengers to do kiosk check-in at KUL can automatically extend this convenience to KL Sentral.”

Sumesh Patel, President of Asia Pacific of SITA quipped, “The future of travel will be intermodal. We are excited to help join the dots between air and rail services via this partnership with ERL.”

For more information, visit [www.KLIAekspres.com](http://www.KLIAekspres.com)



# EAT & WIN

FOOD GARDEN KLIA TERMINAL 1

Spend a minimum of RM50\* to participate.

1 NOVEMBER 2023 – 30 APRIL 2024

**GRAND PRIZE x1**  
DUCATI STREETFIGHTER V2

**x2**  
SONY SMART TV X75K

**x2**  
PLAYSTATION 5

**x2**  
REDMI 12 PRO 4G

**x2**  
ROIDMI EVA ROBOT VACUUM

**x1**  
TOSHIBA DISHWASHER

## HOW TO PARTICIPATE

### EAT

\*Spend minimum of RM40 at any food stalls plus spend of RM10 on Beverage and Dessert Counter.

### SNAP

Take a photo of your purchase receipt.

### SCAN QR

Submit receipt and fill in your details. Send.



\*Terms & Conditions apply

Minimum spend of RM40 at any food stalls plus RM10 at Beverage and Dessert Counter.

[www.eraman.com.my](http://www.eraman.com.my)



[eramanmalaysia](https://www.instagram.com/eramanmalaysia)

MALAYSIA AIRPORTS (NIAGA) SDN. BHD, Registration No. 199301026572 (281310-V)

# WOMEN FASHION

## MIXED LUXE BRANDS

*Roger Vivier*  
PARIS



VIV' CHOC BAG IN LEATHER - BURGUNDY



VIV' CHOC LACQUERED BUCKLE  
SLINGBACK PUMPS IN PATENT LEATHER

## CAROLINA HERRERA



CAROLINA HERRERA  
Pleated Tulle Mini Skirt  
RM 7,390



CAROLINA HERRERA  
Off-Shoulder Draped Corset Top  
RM 7,590



CAROLINA HERRERA  
Bow Detail Blouse  
RM 5,990



CAROLINA HERRERA  
Embroidered Full Midi Skirt  
RM 8,990

## Oscar de la Renta



OSCAR DE LA RENTA  
Degrade Geranium Cotton  
Poplin Dress  
RM 12,990



MULBERRY  
Bayswater Hoop Earrings  
Gold Plated Brass  
RM 960



OSCAR DE LA RENTA  
Geranium Threadwork  
Cardigan  
RM 12,990



JACQUEMUS  
Le Bambinou (Black)  
RM 5,690

# HOTPICKS BEAUTY

KL LIFESTYLE'S TOP PICKS



**L'OCCITANE**  
Immortelle Divine Cream  
50ml  
RM 560



**Shiseido**  
Glossy Look Holiday Set  
RM 230



**Nature Republic**  
Hyathenol Hydra Ampoule  
RM 129



**Gucci Beauty**  
Gucci Eternite De Beaute Matte  
Foundation SPF 15  
30ml  
RM 286



**Victoria's Secret**  
The Ultimate Mist Exploration  
RM 429



**Estee Lauder**  
Stellar Lipstick Collection  
RM 350

# SCENTS TO PERK YOUR DAY UP

THESE LATEST PERFUMES ARE SET TO SEND YOU ON A FEEL GOOD NOTE, ALL DAY LONG



**YSL LIBRE ABSOLU PLATINE**  
EAU DE PARFUM

Featuring a blend of white lavender accord and diva lavender heart notes, YSL's cooler and fresher Libre Absolu Platine nicely stands apart from the other fragrances in its range.



**DIOR J'ADORE L'OR**

Dior L'Or de J'adore is the first release from famed perfumer Francis Kurkdjian as the brand's new perfume-creation director. His take streamlines J'adore's classic floral bouquet of ylang-ylang, rose, and jasmine, lending a modern vibrancy for new generations.



**BURBERRY GODDESS**  
EAU DE PARFUM

If you're vanilla-obsessed, this is the fragrance for you. A warm and sweet gourmand, the three notes of vanilla—vanilla infusion, vanilla caviar, and vanilla absolute—make this the ideal fall and winter scent on its own, or the perfect cozy base for layering other scents on top.



**HERMÈS TUTTI TWILLY**  
D'HERMÈS

The latest iteration of Twilly opens with 'gentle ginger blossom' and 'mellow lychee'—but it's not all fruity sweetness. After a few minutes, the musk base note takes over, and the perfume transforms into a rich, multi-faceted fragrance.



**JO MALONE LONDON ENGLISH**  
PEAR & SWEET PEA COLOGNE

The new Jo Malone English Pear & Sweet Pea isn't as sweet as you would expect because it feels fresh and light, which is just what you need to brighten your day.



**BRUNELLO CUCINELLI**  
POUR FEMME

The first fragrance for women from the famed Italian designer, is a woody scent that evokes the soft warmth of a cashmere sweater.

# WOMEN’S ESSENTIAL ACCESSORIES

ALL YOU NEED FOR THAT TIMELESS LOOK, ANY TIME ANY DAY OF THE YEAR

It's astonishing what a thoughtfully curated capsule wardrobe can do for you. Whether it's the perfect white T-shirt, everyday trousers, or a day-to-night blazer, once you're equipped on the wardrobe essentials-front, getting dressed is no longer a chore but a well-rehearsed daily exercise.



**Manolo Blahnik**  
Hangisi  
RM 6,090



**Dior Ballet Flat**  
Nude Quilted Cannage Calfskin  
RM 4,600



**The Stylish Sunnies**  
YSL M119 Blaze  
RM 3,800



**Tiffany & Co**  
Large Link Earrings in Gold Prive  
RM 135,500



**Fendi**  
FF Belt  
RM1,750



**Massimo Dutti**  
Napa Leather Tote Bag  
RM 929

# MEN FASHION ACCESSORIES

THESE LUXURY WATCHES FROM SOME OF THE BIGGEST NAMES IN HOROLOGY WOULD MAKE AN INCREDIBLE ADDITION TO ANY COLLECTION



**TAG HEUER  
MONZA FLYBACK  
CHRONOMETER**

Tag Heuer is a brand that's quite nearly synonymous with racing and the new Monza looks like you've opened the engine compartment on the latest Red Bull F1 car. The swirling carbon-fiber case evokes straight-up speed, while a skeletonized dial gives a peek at the engine: an in-house caliber Heuer 02 flyback chronograph.

The 42mm-wide case is a nice size for chronograph legibility. At roughly 16mm tall, it's a thick piece, but thanks to the lightweight carbon construction, you'll never feel the girth on your wrist. The watch boasts 100 meters of water resistance and an 80-hour power reserve, so it's good for more than one race.



**ROLEX  
YACHT-MASTER  
TITANIUM**

Rolex released some cracking new watches at this year's Watches and Wonders, but our favorite, hands down, was Yacht-Master 42mm in full titanium. Previously, the piece was only available in white or yellow gold, but the new titanium construction gives Yacht-Master a tool watch vibe that's more workplace appropriate for sailors. The watch is waterproof to a depth of 100m (330ft), and while Rolex makes some of the most comfortable bracelets on the market, swap it out for a NATO style strap for added security on your next regatta.



**BLANCPAIN FIFTY  
FATHOMS 70TH  
ANNIVERSARY ACT I**

Blancpain Fifty Fathoms 70th Anniversary Act I celebrates the watch's legacy as one of the first dive watches. Limited to 210 examples, Act I features a 42.3mm case (the standard size is now 45mm, while the original was 41mm) in polished stainless steel; a domed sapphire bezel insert with a lumed timing bezel; and a depth rating of 300m.

The piece comes on a NATO-style strap made from fabric comprised entirely of upcycled fishing nets. Also unique to Act I, the platinum rotor is engraved with "Fifty Fathoms 70th." Seven decades on, it's still an easy-to-wear, tough-as-nails tool watch that looks the part, wet or dry.



**AUDEMARS PIGUET CODE 11.59  
UNIVERSELLE RD#4**

This RD#4 is AP's most complicated watch thus far. In fact the new Calibre 1000 includes a staggering 23 complications including a split seconds chronograph with a flyback function, a minute repeater, grande sonnerie, a semi-Gregorian perpetual calendar, an accurate astronomical moon phase, a tourbillon, and automatic winding.



**BREITLING NAVITIMER B01  
CHRONOGRAPH 43 BOEING 747**

Boeing recently delivered the final 747, a plane that helped get the modern jet age off the ground. For those who've never flown on the "Queen of the Skies," that news may not hit that hard. But for aviation geeks, the end of the 747 era and its retirement is an occasion to mark and there's no better way to celebrate than with this Breitling Navitimer B01 Chronograph 43 Boeing 747.



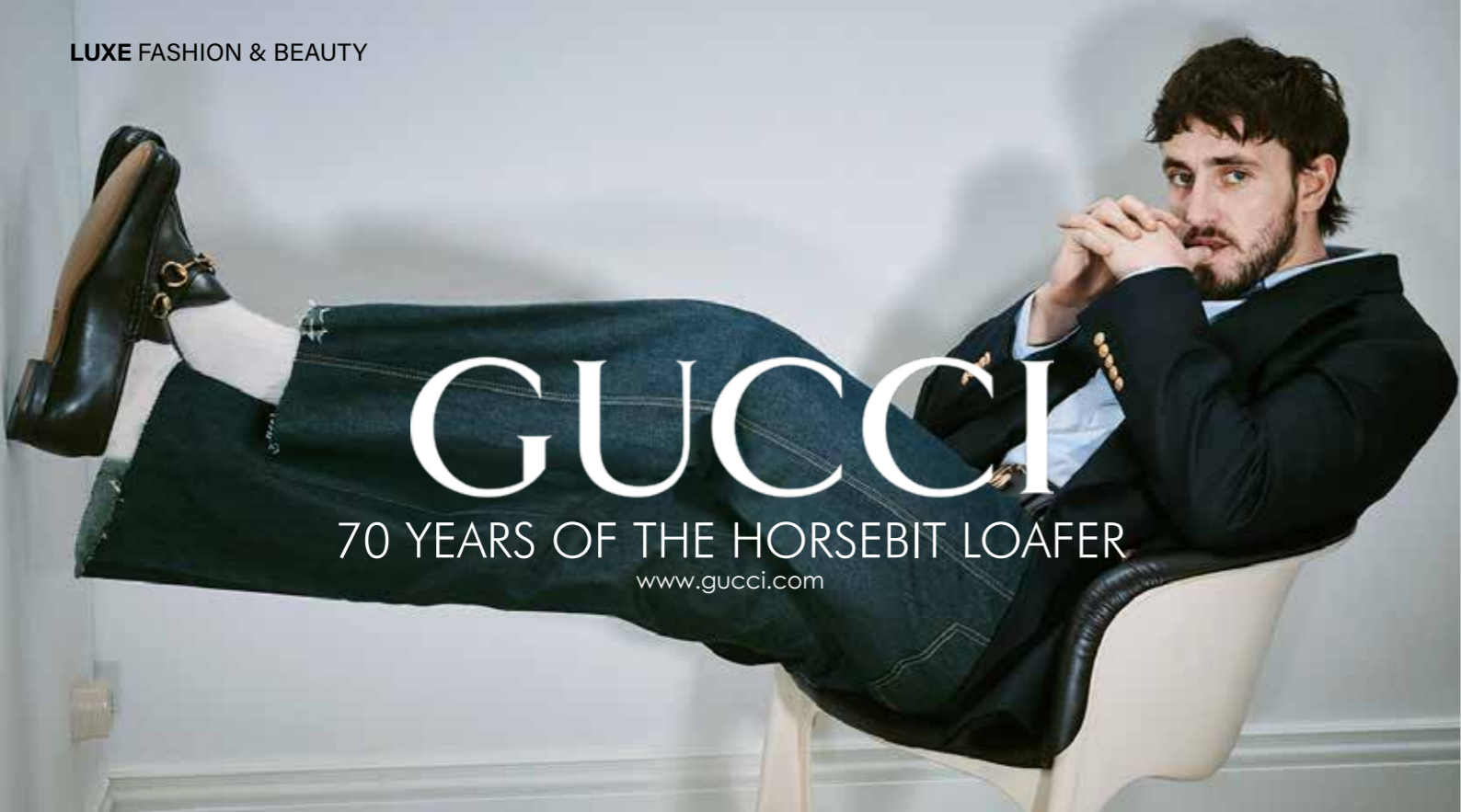
**CARTIER TANK  
AMÉRICAINNE LARGE**

For 2023, Cartier bent the curves a little more on Américaine—the largest offering in the Tank line—making it even more sultry on the wrist. But tweaks to the case weren't the only updates. The new version loses the date function, making it a time-only piece.



**ZENITH PILOT  
BIG DATE FLYBACK**

Stealthy, seductive, and monochromatic, Zenith Pilot Big Date Flyback in ceramic is part of the brand's re-imagined pilot series, which employs a new silhouette better fitting the brand's contemporary lineup. The watch's black dial features horizontal grooves, large contrasting Arabic numerals in white, and large chronograph counters at 3 and 9 o'clock.



Featuring Paul Mescal in a new campaign, the Horsebit 1953 Loafer has been an emblem of the House and an essential part of the wardrobe since 1953.



### Gucci Horsebit 1953

Gucci's most recognizable shoe since its debut in the '50s, the moccasin is reimagined in diverse designs, from logo fabric loafers to leather moccasins.

The Gucci Horsebit 1953 Loafer is a symbol of timeless elegance and a staple in the world of fashion. Gucci often introduces variations and limited editions of this classic design to keep it fresh and relevant while honoring its heritage.

This anniversary collection featured a variety of Horsebit Loafers in different materials, colors, and styles, paying homage to the shoe's timeless design while adding contemporary touches.

Gucci's 70th anniversary celebration of the Horsebit Loafer highlighted the enduring appeal of this iconic footwear, which has become a staple in the world of fashion and a symbol of the brand's heritage and craftsmanship.



Jean Paul  
GAULTIER

JIMMY CHOO



### JIMMY CHOO AND JEAN PAUL GAULTIER LAUNCHES FOOTWEAR COLLABORATION

[www.jeanpaulgaultier.com](http://www.jeanpaulgaultier.com) & [www.jimmychoo.com](http://www.jimmychoo.com)

### JPG X JIMMY CHOO

The French Maison Jean Paul Gaultier and the luxury fashion accessories brand Jimmy Choo unveils the JPG X Jimmy Choo collaboration collection of footwear. A creative conversation between two fashion houses whose parallel legacies span multifaceted cultural mixes, a love of craft, and an idiosyncratic ideology of glamorous rebellion.

This 'marriage' between Jimmy Choo and Jean Paul Gaultier is much more than a simple collaboration; it is a meeting between two distinct worlds, which perfectly combine the British class of Jimmy Choo with the particular Parisian attitude of Jean Paul Gaultier in a single mashup. This collaboration is like no other and continues the heritage of both imagery in a truly unique way.

The new campaign of the collaboration sees Kylie Minogue as the symbolic face, a choice that could not have been more coherent. Indeed, the famous pop star, with his success story, is the perfect embodiment of all the values shared by the two brands, among many that of female empowerment.



# VALENTINO L'ÉCOLE



The body, representative of freedom; the female body, emblematic of emancipation. The Valentino L'École Spring/Summer 2024 collection by Pierpaolo Piccioli serves to highlight the body, in a celebration of femininity and humanity. A reflection of an ideology, an expression of intimacy and individuality, the result conveys a fundamentally feminist aim - independence of the body from the male gaze or societal expectation, an agency. Comfort in one's own skin.

## GET THAT LOOK



Small VLogo Moon Hobo Bag In Leather With Chain



Valentino Rockstud Calfskin Loafer



VLogo Signature Metal And Swarovski® Crystal Earrings



Valentino Crepe Culture Short Dress

# the Rolling Stones

X

# Paul Smith

## THE ROLLING STONES RETURNS WITH 'HACKNEY DIAMONDS'

The fashion and music worlds have collided once again, with Paul Smith x The Rolling Stones collaborating on a limited-edition vinyl and collectable T-shirt release. The vinyl, titled 'Hackney Diamonds', marks the band's first studio album in 18 years – and it does not disappoint.

## PAUL SMITH X THE ROLLING STONES COLLECTION



THE VINYL, TITLED 'HACKNEY DIAMONDS', MARKS THE BAND'S FIRST STUDIO ALBUM IN 18 YEARS – AND IT DOES NOT DISAPPOINT.



# GET THAT LOOK

WHAT'S HOT ON THE RUNWAYS

## THE WHITE DRESS

The white dress, in various levels of transparency, is a key spring 2024 fashion trend, one that manifests designers' quest for a feeling of lightness. At Prada, where Miuccia Prada and Raf Simons were aiming for "an absolute freedom of the body," models appeared among curtains of slime in gossamer dresses made of mille-feuille layers of floaty fabric. While the form might be revealed through gossamer materials or draping, the effect is not a sexualization of the body as much as a classical take on it.



PRADA



GABRIELA HEARST



TOD'S

## SERIOUSLY BLACK

Lacking wings, people are earthbound. The predominance of black on the runways seemed to acknowledge the human condition while at the same time showing us how the imagination can soar, even in times of sadness. "He feels like he's stuck in the world, but he wants to release himself," said an interpreter backstage at Jun Takahashi's Undercover show, which featured tulle-wrapped suits and luminous dresses that were temporary homes for butterflies. Shrouded looks also appeared at Issey Miyake and at Rick Owens.



MAISON MARGIELA



YVES SAINT LAURENT



GIVENCHY

## THE ELONGATED SILHOUETTE

Hems used to make headlines in fashion, but in this age of pantsless dressing the waistline has become as variable as the stock market. Mostly it's going up. At Loewe and Alexander McQueen the waistband rose to Empire heights for men and women both. This tendency for a Giacometti-like attenuation was also seen at Alaïa, in the form of the must-have high-rise pant. But that's not the only way the torso was stretched, there were dropped waists aplenty, as well as peplums, and, at Duran Lantink, body stockings that filled in the gap where a bared midriff would be.



LOEWE



SAINT LAURENT



LOUIS VUITTON

## METALLICS LIKE THE OLYMPIC MEDALS

Paris will soon be home to the 2024 Olympics where athletes from all around the world will compete. Those who push past their limits will receive medals as coveted as Oscar statuettes. As if in anticipation of the Games, designers dug into the metallic trend, expanding beyond gold and silver to include bronze as spring 2024 fashion trends.



RALPH LAUREN



RABANNE



CHLOE

# THE WORLD OF AUTOMOTIVE LUXURY

GOT MONEY TO BURN? CHECK OUT THESE TWO-WHEELED EXOTICS THAT MUST HAVE ALREADY BEEN ON YOUR SHOPPING LIST THIS YEAR.

## BMW K 1600 Grand America Option 719 Midnight

BMW made its name with expensive and beautifully-built touring motorcycles such as the R80RT and R100RT in the 1970s, before the GS adventure bike took over as the flagship model and boosted the company's fortunes immeasurably. But BMW hadn't abandoned its touring bikes completely: the K 1600 appeared in 2011, and took the motorcycling world by storm, with its silky-smooth inline six-cylinder engine and sophisticated chassis and electronics. The Option 719 Midnight Black for the Grand America version adds even more luxury, as BMW adds high quality paintwork, aluminum Midnight badge, and a cloud print and model name lettering on the bench seat.



## Arch Motorcycle KRGT-1

Billed by specialty power-cruiser company Arch as the "ultimate street machine," the Arch KRGT-1 stands ready to defend the claim. Power comes from a dual-cam S&S V-twin displacing 124ci (2,032cc) and tuned to produce a wide, fully usable torque spread. The big motor nestles in a bespoke hybrid frame comprised of a steel cradle and backbone, and a billet aluminum subframe and swingarm. More CNC-machined aluminum is found throughout the machine, including the fuel cells, chassis side plates, and engine covers. Arch partnered with Öhlins to obtain proprietary suspension, and both ends feature compression, rebound, and preload adjustability. Carbon fiber wheels (19-inch front, 18-inch rear) pair with six-piston front and four-piston rear Monoblock calipers.



## Bimota Tesi H2

The TESI H2 is a limited production motorcycle of just 250 units worldwide inclusive of both the tricolore & carbon edition. The TESI H2 marks the revival and new beginning of the historical motorcycle manufacturer Bimota, Italy's most traditional and admired motorcycle brand. With a limited production number of only 250 units total, this is an exclusive motorcycle for the discerning rider who appreciates an immersive riding experience. No other motorcycle combines sublime Japanese power and performance with unique Italian creativity and craftsmanship to deliver a motorcycle you will never forget. Handcrafted in Italy, with attention paid to the smallest detail and design.



## Ducati Streetfighter V4 Lamborghini

The Streetfighter V4 was an instant success and set new performance benchmarks in the super sports naked segment. Universally appreciated for its aggressive and minimalist aesthetic, characterized by a front inspired by the Joker of the comics, the Streetfighter V4 immediately entered the hearts of enthusiasts. The natural evolution of the family is a bike that pushes the concepts of the "Fight Formula" even further, the key elements of which are the Panigale V4 stripped of the fairings, high and wide handlebars, 178 kg weight, 208 hp Desmosedici Stradale engine, biplane wings and latest generation electronic package. Streetfighter V4 is a bike that pushes the concepts of the "Fight Formula" even further. The evolution follows that of the Panigale V4 family: no fairings, high and wide handlebars, 178 kg weight, 208 hp Desmosedici Stradale engine, biplane wings and latest generation electronic package.



# BEAUTIFUL HOTEL DESTINATIONS

WORLD'S MOST SPECTACULAR CLIFF-SIDE RESORTS

## Belmond Hotel Caruso, Ravello

### Italy

This had definitely got to be your gateway to the glamour of Amalfi. While Europe does not short you on it's beautiful cliff-side resorts along its gorgeous coastline at Amalfi, very few can offer the breathtaking views of the Mediterranean Sea from the terrace and infinity pool of the 11th century palace-turned-resort, the Belmond Hotel Caruso. The hotel which is seemingly suspended between sky and sea will transport you to a time from the 11th Century where wealthy families lived and built their sanctuaries in Ravello.

[www.belmond.com](http://www.belmond.com)



## Cala de Mar Resort & Spa, Ixtapa

### Mexico

Capella Ixtapa, located on the Mexican Pacific Coast, is one of the serious contenders to the title of the world's most spectacular cliff-side hotel, as the resort is literally attached to majestic cliffs above a powder-white beach and crashing waves. The 59 suites of the hotel are a wonderful intermingling of modern and traditional Mexican touches, and all come with a private infinity edge pool and terrace that opens up to the breathtaking views of the Pacific Oceans.

[www.calademar.com](http://www.calademar.com)



## Bulgari Resort Uluwatu, Bali

### Indonesia

The Bulgari Resort Bali is located in one of the most exclusive destinations in the world, a veritable emblem of the tropical exoticism of the Orient, combining the breathtaking beauty of unspoiled nature of Bali beach resorts with a sophisticated contemporary design born from the encounter between traditional Balinese forms and high Italian style. The quality of the services along with the views of the Indian Ocean offered by its magnificent position 150 meters over the sea are the perfect introduction to the second luxury hotels from Bulgari Hotels & Resorts.

[www.bulgarihotels.com](http://www.bulgarihotels.com)



## Mystique Hotel, Santori

### Greece

Mystique is an exclusive hideaway in a natural world that perfectly lends itself to wider exploration, offering guests a tantalizing insight into the captivating island of Santorini and its unique traditions, romance and wild beauty. Masterfully combining elegance, tradition, high-end service, authentic local experiences, world-class culinary experiences with unique Santorini flavors and, above all, relaxation. It's dazzling pools which are perched in a stunning and legendary location.

[mystique.gr](http://mystique.gr)



# HAUTE HOMEWARE

From painted wallpapers to candle holders, to cushions, armchairs, decorative plates, ashtrays, folding screens, chairs and vases, the universe of Gucci spans any element you can imagine. Their newest release is a continuation of the House's opulent aesthetic, which celebrates all things maximalist since Alessandro Michele took its reigns. Inspired by the richness and flamboyance of Rome's Capitoline Museums, where Gucci's latest show took place, the new Gucci Décor collection features hand-painted marble prints, brocades, tartan, florals, GG motifs, as well as other elements of the brand's imaginary like snakes, eyes, stars, bees and tigers.



## Gucci Tiger Head Incense Burner

An incense burner made from silver-toned brass with delicately engraved details and the words 'Gucci Maison de L'Amour'. Symbols of the House, including the tiger, continue to embellish designs for an eye-catching centerpiece.



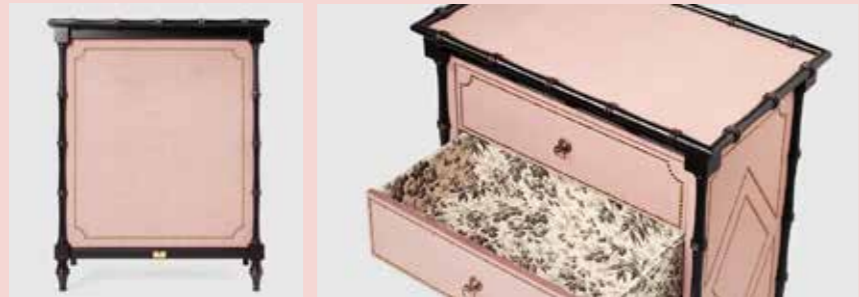
## Lion Head Wine Glass

The Gucci service ware line has evolved to include tall glasses with intricate detailing. Symbols of the house, such as animals, continue to embellish designs with a unique element. This wine glass displays the lion head motif, available as a set of two.



## Capitonne Moire Chaise Lounge

This elegant chaise lounge with a distinctive vintage feel is crafted from black painted beechwood. The design features a tassel trim in keeping with the refined design. Upholstered in light pink capitoné moiré fabric and complete with brass nail heads.



## Velvet Wood Dresser

This dresser has a vintage feel with its Beechwood structure contrasting with a delicate pink velvet outer fabric and studded trim. The design features four drawers with a Herbarium print linen fabric interior and unique hand-shaped pullers.



# THE ROYAL SUITE BY GUCCI



The Royal Suite is The Savoy's flagship suite, running the length of the fifth floor riverside. Floor to ceiling windows frame unparalleled views of the river Thames and London landmarks. The suite is both opulent and comfortable, providing an exceptional base in the heart of London.



The interior of the Royal Suite has been redesigned to be a reflection of the Gucci world, with furniture, furnishings and decorative items from the Gucci Décor Collection.

## The Savoy London & Gucci's Intertwined Histories

Gucci's founder, Guccio Gucci, worked at The Savoy as a luggage porter when a young man. During this time, he gained direct access to the tastes and needs of travelling customers, escorting them from floor to floor. Seeing the luxurious luggage and elegant clothes of guests was a major impetus in his desire to start his own leather goods company, shortly after his return to Italy from London.

One hundred years from that moment, The Savoy and Gucci are pleased to celebrate their shared history in a host of creative ways, from design features to exceptional experiences for guests and clients.

The relationship between the two was first under the spotlight upon the reveal of Gucci's Aria Collection in April 2021, privately screened locally at The Savoy. The Collection and its presentation included numerous nods to the hotel and its role in shaping Gucci's mythology.

The second iteration saw the transformation of The Savoy's Royal Suite into a reflection of the Gucci world, featuring furniture, furnishings and decorative items from the Gucci Décor collection.



# A Journey Of Art

## INAUGURAL SINGAPORE EXHIBITION



KL Lifestyle Art Space (KLAS), an art gallery renowned for its unwavering commitment to fine art and its creativity and cultural enrichment embark on its inaugural travelling show to Singapore. The show, aptly entitled A Journey of Art, starts from the 5th to the 15th of October 2023, during which art enthusiasts will be captivated by the allure of this groundbreaking endeavour.

A Journey of Art will comprise an exceptional collection of masterpieces from Malaysia and the region, and will be available for sale throughout the exhibition, which will culminate at the Merlin Gallery, situated at 261 Waterloo Street in vibrant Singapore. This collaboration between two prominent art establishments is poised to redefine the boundaries of artistic expression and transcend geographical limits with an astounding collection of masterpieces primarily from Malaysia, Singapore and Indonesia.



Mr. Siew Hock Meng Visited Our Exhibition at Merlin Gallery

KL Lifestyle Art Space's inaugural travelling show is not just an exhibition; it is a celebration of creativity, a testament to the power of art, and an invitation to embark on a transcendent voyage through the world of visual splendour. Mark your calendars, as the countdown to October 5th, 2023, begins—an artistic rendezvous not to be missed.



Mr. Ong Kim Seng looking at one of the most famous painting by Lee Man Fong

## MOST POPULAR WORKS EXHIBITED AT A JOURNEY OF ART SINGAPORE EXHIBITION



**Yong Mun Sen "Boats, 1944"**  
Oil on Canvas 47 x 52 cm

Dubbed as the Father of Malaysian painting, the late Yong Mun Sen, born on Jan 10, 1896 was one of Malaysia's pioneer artists. The country's art scene is as vibrant and diverse as it is today due to his pertinent contributions. As one of the innovating self-taught artist, Yong left a strong legacy of watercolour and oils. Born in Kuching, Sarawak where his father ran a coconut estate, in 1901 Sen went to Dabu County in Meizhou City, Kwangtung (now Guangdong) Province in China for schooling in brush use and calligraphy and returned to Kuching in 1910. Sen always spoke of how seeing a Japanese artist painting with watercolors had made an indelible impression on him. He is widely known as the Father of Malaysian Painting. Although trained in formal Chinese brush painting and calligraphy in China, as an artist he was drawn to watercolours and later oils. Sen returned to China in 1914. His paintings during this visit were marked by a grandiose theme.

He painted lions and tigers, images that were hugely popular with the warlords of the time. He married Lam Sek Foong in 1916, and returned to Sarawak in 1917. He settled in Penang in 1922, where he had his own art studios on Penang Road and later Northam Road. Mun Sen is noted for his watercolour landscape paintings, which incorporate influences from Chinese art resulting in more airy and generalised compositions rather than in more detailed or factual depictions. Since his death in 1962, his works have retained an important and honoured place in Malaysian art.

**Lee Man Fong "Long Journey - Agra India, 1977"**  
Oil on Canvas 62 x 82cm

Lee Man Fong, born in 1913 in Guangzhou, China, is one of the most important pioneer artists of Southeast Asia and his importance is growing as more of his paintings are being exhibited and published. Fong moved to Singapore in 1917 and studied at the Anglo-Chinese School until 1929. In 1932 he migrated to Java and worked for Kolff, a Dutch printing and publishing company. In 1936 the head of the Dutch East Indies Association in Batavia invited Fong to participate in an exhibition, a great honor since he was the first non-Dutch artist to be given this invitation.





He was married to Lie Muk Lan, a pianist, and their son Lee Rem, born in 1938, also became a painter who would later exhibit jointly with his father. After 1940 Fong devoted himself full-time to painting. He visited Bali, working briefly there, and held solo shows in Jakarta and Bandung. Artist quickly gained recognition for his paintings of Balinese subjects, many influenced by the work of Willem Hofker. He did a series of large paintings depicting various activities in Bali's daily life which are remarkable. Fong held a solo show in Jakarta in 1941, after which he was interned by the Japanese. In 1949 he was awarded a Malino scholarship to study art in the Netherlands. He was there for three years, and then returned to Indonesia where his talent was acknowledged by President Soekarno, to whom Fong became an art advisor. Lee Man Fong had his training in China and Western Europe, and lived most of his life in Indonesia, developing a particular style that amalgamated his teachings with a quiet yet passionate vision. His works are highly coveted by many for the fusion of Chinese brushwork and Western techniques which resulted in richly sentimental yet elegant paintings. A leading painter and curator of his time, the artist pioneered the Nanyang style in the 20th century in Indonesia.



**Cheong Soo Pieng**  
**"Fishing Village, 1960"**  
**Oil on board 50 x 70 cm**

Cheong Soo Pieng had a dominant influence on the development of modern art in Singapore and is regarded as one of Singapore's pioneer artists. His innovative experimentations towards developing his stylistic oeuvre had a great influence on his students, many of whom later became established artists in the region. Cheong was a multi-faceted artist, he experimented with Western art styles and was known to have progressed through several phases in a short span of time: from Post-Impressionism to Cubism to abstraction and semi-abstraction. 'Fishing Village' may have been completed during the 1950s when Cheong was experimenting with oil in impasto effects and Cubism. The painting depicts a cluster of huts.



Inside the main hall Merlin Gallery

# The Merlin Gallery

Merlin Gallery was officially opened in September 2014 with two dedicated arts spaces in Singapore's bustling city area that act as platforms for young, up-and-coming, and distinguished artists to exhibit their works and engage in creative discourse with the public.

Since then, it has endeavoured to nurture and raise awareness for deserving artists and instil and develop a sense of appreciation for art, particularly amongst the younger generation, through art exhibitions and art education programmes such as artist workshops and talks. Merlin Gallery functions as a platform for bridging the gap between the public and the existing arts community, comprising art practitioners such as artists, curators, and historians.

Address : 261 Waterloo St, #01-11 Waterloo Centre, Singapore 180261  
Contact : +65 6837 2008

# KLAS ART AUCTION

**MALAYSIAN & SOUTHEAST ASIAN ART**  
**KUALA LUMPUR, SUNDAY 26<sup>th</sup> NOVEMBER 2023**



Art auctions are exciting events that showcase some of the world's most unique and valuable works of art. These auctions provide a platform for collectors and art enthusiasts to bid on rare and iconic pieces, often fetching record-breaking prices. With each auction, there is an air of anticipation and excitement as the bids escalate, and the final result often captures headlines around the world. Whether it's a modern masterpiece or a timeless classic, the outcome of an art auction can be a fascinating reflection of our society's evolving tastes and values.

Step into the world of KLAS — where captivating artistic masterpieces by local, regional and international pieces await discovery on November 26, 2023. From renowned classics to groundbreaking contemporary works, this auction promises to be a feast for art enthusiasts and collectors alike. So, take note of paintings you love and get ready to immerse yourself in a dazzling showcase of artistic brilliance, where each stroke of the brush holds the power to ignite emotions and redefine the boundaries of artistic expression.

**Yusof Ghani**  
**Siri Segerak - Fugitive II, 2004**  
**Oil on canvas**  
**138 x 122 cm**  
**RM 70,000 - 110,000**



**Yusof Ghani**  
**Topeng Series, 1996**  
**Mixed media on canvas**  
**75 x 60 cm**  
**RM 16,000 - 32,000**

Yusof Ghani's paintings, according to many, have shifted from something dark and mysterious to take the air of something cheery and elegant. However, the artist himself said that his social commentaries did not change despite the change of atmosphere. It still had social remarks. He also said life is a bit like the lives of humans. Purposeless and unorchestrated at times, but it brings a lot of pleasure. This social commentary was brought to canvas, based on his studies on human behaviour teamed with lines, colours and motion. The end-result of a seamless flow of lovely colours amalgamating with one another was not intentionally meant to look aesthetic and flowing. The initial lines and sketches were rough, chaotic and arbitrary, to portray the human behaviour of being wild and free.

ART FEATURES

Tajuddin Ismail is a reputable artist worthy of respect and recognition for his amazing abstract art that draws inspiration from natural forms and landscapes. His distinctive style has lured many art enthusiasts into his realm of innovative, complex artistry. To Tajuddin, just as how music is able to make a connection with the listener, art is the same. It is all about making a visual connection with what one is seeing.

Born in 1949 in Negeri Sembilan, Tajuddin had a deep-rooted passion for art at an early age. He not only possesses great talent, but he also has a solid educational foundation in art as well. He studied Fine Art at the MARA University Institute of Technology (UiTM) in Malaysia and then pursued Graphic Design at the Art Center College of Design in Los Angeles, USA. In 1987, he was granted the Fulbright Research Fellowship by the American Council of Learned Societies of New York. In 1975, Tajuddin became a senior lecturer and an associate professor of design at UiTM's Faculty of Architecture.

The renowned artist has participated in more than 150 solo and group exhibitions in Malaysia and throughout countries in Asia, South America, Europe, and USA since the late 1960's. Active for almost five decades, Tajuddin has won numerous Art and Design awards nationally and his artworks can be found in private art collections, museums, exhibitions and corporations in Asia, the Middle East, Europe and America.



**Tajuddin Ismail, Dato Ravine**  
**Acrylic on canvas**  
**61 x 61 cm**  
**RM 3,000 - 7,000**



**Abdullah Ariff**  
**Hilly Road, 1956**  
**Watercolour on paper**  
**35 x 50 cm**  
**RM 28,000 - 55,000**

Abdullah Ariff was born on June 15, 1904 in Georgetown, Penang. He was a self-taught artist and an instructor of the Penang Impressionist in 1898 — an exclusive group of expatriate artists. The members of this group were the wives of Europeans and a few local members such as Mrs. Lim Cheng Kung, who was accepted due to her patronage. The artist was a pioneer of watercolour art in Malaysia together with Yong Mun Sen. Renowned for his meticulous and masterful handling of the watercolour medium, Abdullah employed a European technique and approach to his work compared to his contemporary, Yong Mun Sen.

Despite his young age, Abdullah was accepted in the Anglo-Chinese School (ACS), Penang at a mere nine years old and managed to pass his Senior Cambridge in 1925. Due to his educational background and enthusiasm in art, he was accepted by Rev. G. F. Pykett and later on hired as an art teacher at the ACS. This was no easy feat as Western education was not easily available to non-aristocratic Malays and art education was not encouraged by the British in Malaya. He was later promoted to Supervisor of Art until the Japanese Occupation in 1941.

ART FEATURES



**Khalil Ibrahim**  
**Vivacity - Series, 2006**  
**Acrylic on canvas**  
**90 x 121 cm**  
**RM 80,000 - 100,000**

Khalil Ibrahim was a multifaceted artist who forayed into many art mediums and excelled in each, proving his legendary status. Aptly named as a multifaceted maestro, Khalil was born in 1934 In Kubang Krian, Kelantan. He was one of the earliest Malaysians to receive a full scholarship to study art at the prestigious Central St Martins School of Art and Design in London. Throughout his long career, Khalil had held a number of solo and group exhibitions in Malaysia, Singapore, Indonesia and Switzerland. His masterful skills in drawing, watercolour and acrylic, are styles that move from the almost real to the almost abstract.

Owning a piece of his artwork is truly a gift of beauty through the artist's eyes. Khalil's preference for the human figure and his deep affection for the East Coast had led him to create iconic images of men and women in the East Coast Malay fishing villages against stark backgrounds of blues and greens and watercolour landscape of villages. Khalil's rich Malay cultural background in the East Coast and the discipline of Islamic values that he learnt at the Pondok school shaped his primordial artistic journey.

These values stuck by him which then merged with with the freedom of expression that he encountered later on through his formal education at St. Martins in London. Though he did not receive any formal education during the early years in Kelantan, Khalil's awareness of modern art was cultivated through a period of colonialism and the experiences of pioneering artists from the Nanyang Academy.



Auction Day

**Sunday, 26<sup>th</sup> NOVEMBER 2023**  
Auction starts at 1.00 pm

**KL Lifestyle Art Space(KLAS)**  
150, Jalan Maarof  
59200 Bukit Bandaraya  
Bangsar, Kuala Lumpur, Malaysia

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info@mediate.com.my



# BOTOX BROW LIFT

BOTOX® injections are effective but they're also surprisingly versatile. They're often used for crow's feet or laughter lines and also to treat horizontal forehead wrinkles. Yet with careful and expert application, they can also be used to create a lifted, defined and arched eyebrow.



This is a great rejuvenation treatment, but also ideal for those that are looking to accentuate their beautiful brows and open up the eye area. It can help to create a more curved eyebrow.

Rather than focusing on reducing wrinkles, by strategically placing the Botox on the forehead, our practitioners can help you to create a beautifully arched brow without surgery and without makeup.

## Why would I want Browtox?

As we age, many of our facial features venture south. This also happens to the eyebrows.

The eyes are one of the most important features on the face when it comes to beauty and youth. Browtox can help restore a youthful and groomed look by 'opening up' the area. It's a slight and subtle movement which can actually make a big difference

Eyebrows are an extremely expressive part of the face. If they are too droopy or uneven people tend to worry that they aren't expressing the right emotions. For example, looking angry all the time when they want to look happy.

## What does it do?

After the Browtox settles in it can help to both lift and smooth out the surrounding skin. This can help with many things from correcting a droopy and uneven brow to making foundation apply better to the area.

## Why is Browtox better than surgery?

*Fast results* – Do not need to wait weeks for swelling to go down, just 3-4 days until the Botox kicks in.

*Not permanent* – Results will fade.

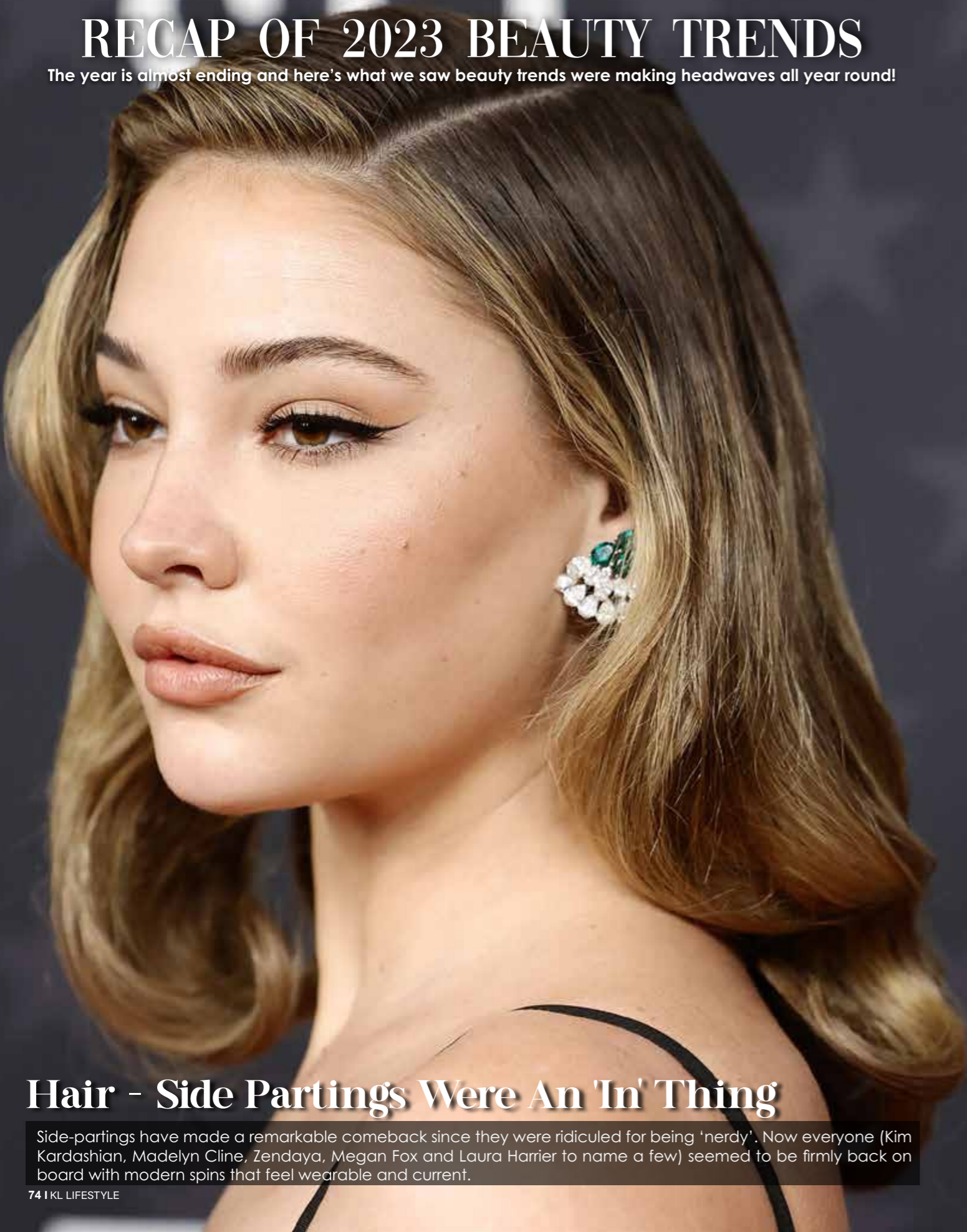
*Minimal pain* – Needles are thin which makes it less painful than threading or waxing.

*No downtime* – Can have the procedure done in your lunch break.



# RECAP OF 2023 BEAUTY TRENDS

The year is almost ending and here's what we saw beauty trends were making headwaves all year round!



## Hair - Side Partings Were An 'In' Thing

Side-partings have made a remarkable comeback since they were ridiculed for being 'nerdy'. Now everyone (Kim Kardashian, Madelyn Cline, Zendaya, Megan Fox and Laura Harrier to name a few) seemed to be firmly back on board with modern spins that feel wearable and current.

## Building Barriers With Good Skincare

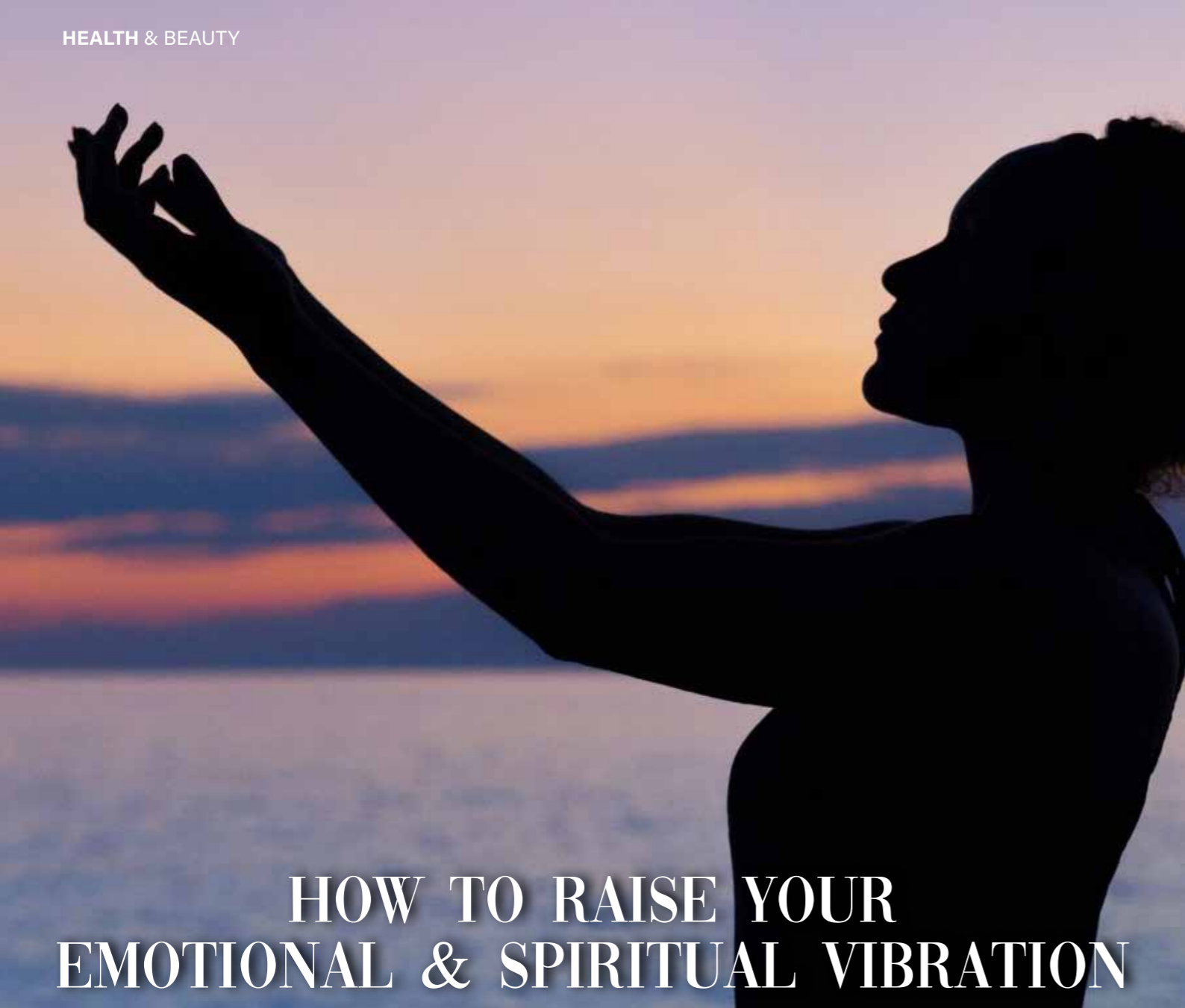
More women (and men) are continuing to focus on nourishing and working with their skin, by choosing gentle formulas that build our skin barrier back up (especially since so many actives like retinol, exfoliating acids and vitamin c can weaken skin when used too much).The year saw a lot of focus being place on 'barrier repair and hydration'in a post pandemic world where the interest in health is driving skincare choices from an inside-out perspective. The skin barrier and ingredients like ceramides and probiotics are taking centre stage.



## Metallic Ombre Nails

Ombre nails began trending again in 2023, but they're about to get even more intricate. Ombre nails are a style of nail art where a significant colour gradient is created. Typically, this consists of a lighter shade on the top of the nail, which gradually blends seamlessly into a darker hue toward the tip.While it was a trend last year too, this time around it's all about a nude melting into a metallic.





# HOW TO RAISE YOUR EMOTIONAL & SPIRITUAL VIBRATION

The time has come for us to raise our vibrational forces! Read about these powerful ways to manifest your own positivity, light, and love. A vibration is a state of being, the atmosphere, or the energetic quality of a person, place, thought, or thing. Much of reading “vibes” is intuitive—you can tell a person’s energy when they walk into a room, for example. While some people draw you closer, others make you want to keep your distance. You see a depressing and violent news story, you get a heavy feeling in your gut. You witness a puppy cuddling with an infant, and you feel a warmth inside.

**“Everything in life is vibration.” –Albert Einstein**

Everything in the universe is made up of molecules vibrating at different speeds. This includes trees, bodies, rocks, animals, thoughts, and emotions. Human vibrations are composed of everything from physical matter to the way you communicate the thoughts you think. In simple terms, some molecules vibrate faster and some vibrate slower; there are higher vibrations and lower vibrations.

When you are vibrating at a higher level, you feel lighter, happier, and more at ease, whereas lower vibrations feel heavy, dark, and confused. Almost all spiritual traditions point the way toward higher realms of consciousness, and scientific studies (like that of consciousness research and spirituality author Dr. David Hawkins) have even quantified the vibrations of different states of being to create a scale of consciousness.



How are you vibrating right now? How about the world? The following are 4 ways you can help raise your vibration frequency.

## Gratitude

Gratitude is one of the quickest ways to amp up your vibration. Try it right now—stop reading and look around the room. Turn your attention to what you are thankful for in this moment (there is always something). It might be your purring feline, the beautiful weather, or the fact that you were blessed with another day on this earth. As life coach Tony Robbins said, “You can’t feel fear or anger while feeling gratitude at the same time.” Therefore, when you feel yourself experiencing a low energy emotion, see if you can shift your attention to gratitude. Make gratitude a habit, and it will transform your outlook on life as you start to experience a spiritual awareness and appreciation for the little things.

## Love

Call to mind someone who is easy to love, and hold that person in your heart. Visualize him or her sitting in front of you and notice how you feel. A feeling of expansion, lightness, and happiness will take over your being, and that right there is the shift you are looking for. Love is one of the highest vibrating states of being (the fourth highest level on the Hawkins’ scale of consciousness) and has the power to pull you out of even the deepest of ditches. Attune your heart to love and your energy will start to soar.

## Generosity

Anytime you get stingy or greedy with anything (love, attention, money), it lowers your vibration and it feels bad. In fact, anytime you attach your happiness to something outside of yourself, it leaves you feeling the opposite of how you want to feel. The antidote is to be generous. Whatever you want more of in your life, offer it out to someone or something else. Feeling poor? Give a little money to charity. Feeling lonely? Make an effort to make a stranger smile. Don’t have enough time? Give your time to a good cause.

## Meditation and Breathwork

Dr. Hawkins’ research was based on the idea that the more “true” something is, the higher its level of consciousness (or vibration). Therefore, when you train yourself to be present with the moment you are in, you resonate more harmoniously with the truth. The past and the future are only in your mind; the only truth is now. Meditating and breathing mindfully also calms your nervous system, improves your mood, and brings about greater feelings of peace—all high-vibe qualities that will benefit your state of being. This spiritual practice helps to raise your vibration level fast so that you can enjoy those benefits without delay.

# BENEFITS OF NUTS

Nuts are a tasty, convenient treat that can be enjoyed on all kinds of diets — from keto to vegan. Despite being high in fat, they have many impressive health and weight benefits. Here are the top 4 health benefits of eating nuts.

Nuts are seed kernels that are widely used in cooking or eaten on their own as a snack. They're high in fat and calories. They contain a hard, inedible outer shell that usually needs to be cracked open to release the kernel inside. Fortunately, you can buy most nuts from the store already shelled and ready to eat.

## Great Source of Many Nutrients

Nuts are highly nutritious. One ounce (28 grams) of mixed nuts contains calories, proteins, fat (just the right amount you need, and the good type of fat too), carbs, fibres and many more vitamins and minerals your body needs. Some nuts are higher in certain nutrients than others. For instance, just one Brazil nut provides more than 100% of the Reference Daily Intake (RDI) for selenium. The carb content of nuts is highly variable. Hazelnuts, macadamia nuts, and Brazil nuts have fewer than 2 grams of digestible carbs per serving, while cashews have almost 8 digestible carbs per serving. That being said, nuts are generally an excellent food to eat on a low-carb diet.

## Loaded With Antioxidants

Nuts are antioxidant powerhouses. Antioxidants, including the polyphenols in nuts, can combat oxidative stress by neutralizing free radicals — unstable molecules that may cause cell damage and increase disease risk. One study found that walnuts have a greater capacity to fight free radicals than fish. Research shows that the antioxidants in walnuts and almonds can protect the delicate fats in your cells from being damaged by oxidation. In one study in 13 people, eating walnuts or almonds increased polyphenol levels and significantly reduced oxidative damage, compared to a control meal.

## May Aid Weight Loss

Though they're considered a high-calorie food, research suggests that nuts may help you lose weight. One large study assessing the effects of the Mediterranean diet found that people assigned to eat nuts lost an average of 2 inches (5 cm) from their waists — significantly more than those given olive oil. Almonds have consistently been shown to promote weight loss rather than weight gain in controlled studies. Some research suggests that pistachios aid weight loss as well. In one study in overweight women, those eating almonds lost nearly three times as much weight and experienced a significantly greater decrease in waist size compared to the control group.



## May Reduce Inflammation

Nuts have strong anti-inflammatory properties. Inflammation is your body's way of defending itself from injury, bacteria, and other potentially harmful pathogens. However, chronic, long-term inflammation can cause damage to organs and increase disease risk. Research suggests that eating nuts may reduce inflammation and promote healthy aging. In a study on the Mediterranean diet, people whose diets were supplemented with nuts experienced a 35% and 90% decrease in the inflammatory markers C-reactive protein (CRP) and interleukin 6 (IL-6), respectively.



# BANYAN TREE KUALA LUMPUR

AN URBAN OASIS IN THE GARDEN CITY OF LIGHTS  
Jalan Conlay, Kuala Lumpur

Banyan Tree Kuala Lumpur offers 55 elegant rooms and suites. Admire spectacular views of the city skyline from a vibrant rooftop bar, indulge in tantalising gourmet dishes, or be pampered at the award-winning Banyan Tree Spa. The hotel is situated in the heart of Kuala Lumpur's Golden Triangle and within walking distance from key public transportation and world-renowned landmarks such as the Petronas Twin Towers. Guests can also enjoy direct access to Pavilion Kuala Lumpur mall via a connecting bridge.



The urban oasis in KL is a modern, high-rise hotel in the heart of the city. The rooms have views of cityscapes, the Petronas Twin Towers and the KL Tower. Each spacious, well-designed room comes with an oversized soaking tub or a relaxation pool.

Perched on the top seven floors of a sparkling 59-storey high-rise, this five-star offers guests ample space, privacy and a top location in the heart of the metropolis. Calming, clean-lined rooms come with super views of the city and facilities include a rooftop pool and spa.

The hotel is in Kuala Lumpur's Golden Triangle, attached by an air-conditioned walkway to the glitzy Pavilions mall, which in turn is attached to another half a dozen malls and fancy hotels. A number of attractions are within easy walking distance, including the Petronas Twin Towers, KLCC Park and Imbi market. The nearest MRT and monorail station, Bukit Bintang, is a 10-minute walk from the front door. The airport is about 45 minutes away by car.

A high-speed elevator catapults guests at ear-popping speeds to the 53rd floor lobby. The airy reception area is a swirl of creamy marble, intricately patterned bronze screens, earthy soft furnishings and wow-worthy views – quite the distraction while fishing your passport out of your handbag to check in. The safe mod-Asian aesthetic carries through to the restaurant and bar: everything polished and pared back, with subtle Malaysian motifs and materials.



# KLAS ART AUCTION

## MALAYSIAN & SOUTHEAST ASIAN ART

KUALA LUMPUR, SUNDAY 26<sup>th</sup> NOVEMBER 2023



Yusof Ghani  
Siri Segerak - Fugitive II, 2004  
Oil on canvas  
138 x 122 cm

RM 70,000 - 110,000

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**KLAS**  
PLUS

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