KIIIFEJUJANUARY 2023

DEFINING LUX URY LEADING HOTELS OF THE WORLD

PRIVATE SALE





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Goings On January 2023



Jan 12 to 15

Her Story

"Her Story" and "His Story" began as an online playwriting project helmed by Fa Abdul during the height of the pandemic in 2021, which continued into 2022. For the very first time, twenty insightful monologues that are colourful, surreal, humorous, and deeply introspective will be staged in two instalments. "Her Story" presents the works of 12 new female writers from various backgrounds and age groups, under the direction of Fa Abdul. The monologues are based on real life experiences, with themes touching on human conditions and femininity. Keeping up with the concept of powerful storytelling which has gained a strong and loyal presence for Fa Abdul and her revolving cast members, "Her Story" and "His Story" offers theatre enthusiasts a refreshing blend of relatable plots and twists filled with cultural relevance and context.

> Venue: Pentas 2, klpac Ticket: Tickets: RM70

Jan 14

New Year's Concert

Celebrate the New Year with glitz and glamour as the MPO ushers in a joyful and optimistic 2023! From vibrant overtures by , Shostakovich, Strauss and Dvo ák to lilting waltzes by Joe Hisaishi and Richard Rodgers, this collection of timeless symphonic hits will sweep you off your feet! Featuring MPO Concertmaster Peter Danis performing Massenet's Thais Meditation and Monti Csárdás. Gerard Salonga conducts.

> Venue: Dewan Filharmonik Petronas Ticket: RM168 to RM358





MUST VISIT ART GALLERY



KL LIFESTYLE ART SPACE

KL Lifestyle Art Space (KLAS) is an art gallery that boasts modern and contemporary artworks from Malaysia and around the region. Through its gallery, KLAS intends to inculcate awareness about Malaysian artists and their works. This establishment will also provide the service of receiving consignments from artists or individual collectors, thereby making their artworks available to interested parties. Today, KLAS is one of the leading auction houses in Malaysia that sells high volumes of prized artworks during every auction.



FOR ENQUIRIES CONTACT INFO@MEDIATE.COM.MY T: +603 7932 0668 FREE ADMISSION

Jan 15

Jay Chou Carnival World Tour — **Kuala Lumpur**

Jay Chou, Asia's Mandopop King is returning to Malaysia with his new concert world tour this Jan 16. While this isn't the Taiwanese singer's first gig in Malaysia, it will be his first time performing at the country's National Stadium. His upcoming 8th concert tour promises to be a memorable one as it celebrates the singer's 20th year in the music industry, during which has released 14 albums and more than 150 songs, as well as held 7 sold out world tour concerts.

Venue: National Stadium, KL Sports City (Bukit Jalil National Stadium) Ticket: Sold Out

Jan 20

Cakra Khan - A Decade -Live In Kuala Lumpur 2023

Venue: Plenary Hall, Kuala Lumpur Convention Centre Ticket: RM222 to RM1.292

FOR MORE INFO VISIT WWW.KL-LIFESTYLE.COM.MY 150 JALAN MAAROF, BUKIT BANDARAYA, 59200 BANGSAR, KUALA LUMPUR

Goings On January 2023



Jan 27

Bunga Cinta Lestari 'Blossom' Intimate Concert

Icon Entertainment is proud to present Bunga Citra Lestari or BCL -Blossom Intimate Concert - Live in Malaysia 2023. This marks BCL's 1 st concert in Malaysia, once considered her 2nd home, in 4 years. Being a concert specially curated by BCL and her creative team, this show promises to be a colourful sound & visual extravaganza. BCL will be showcasing all of her biggest hits released throughout her music career.

Venue: Plenary Hall, Kuala Lumpur Convention Centre Ticket: RM272 to RM1,242



After numerous hints, DMY Creation finally unveiled their big announcement. Internationally-acclaimed Indian composer, A.R Rahman is all set to perform in Malaysia after 6 years through a concert aptly titled "A.R Rahman – Secret of Success – Live in Kuala Lumpur 2023". This upcoming concert will also feature an amazing line-up of internationally renowned Indian artists along with hundreds of musicians to keep the audience enthralled. Furthermore, this unique concert will be presented through an exclusive stage set-up, the latest and mesmerising audio-visual system and a variety of activities before and after the concert to ensure the audience gets a diverse experience during the concert.



Jan 28

MPO Goes Broadway

The spotlight is on Broadway with musicals galore! From feel-good tunes featuring amazing vocals to riveting symphonic highlights, explore the vivid world of musical theatre where characters express their deepest emotions through song. The MPO performs a collection of perennial favourites including West Side Story, Miss Saigon, Les Misérables and The Phantom of the Opera. Gerard Salonga conducts.

> Venue: Dewan Filharmonik Petronas Ticket: RM228 to RM418



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MUST VISIT PUBLIC ART GALLERY



ILHAM GALLERY KUALA LUMPUR ILHAM is a public art gallery committed to supporting the development, understanding and enjoyment of Malaysian modern and contemporary art within a regional and global context.



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OPENING HOURS TUESDAY – SATURDAY (11AM – 7PM) SUNDAYS (11AM – 5PM) CLOSED ON MONDAYS AND PUBLIC HOLIDAYS

Jan 28

ARR 2023 : Secret of Success

Venue: National Stadium Bukit Jalil Ticket: RM 94.02 to RM707.82

Jan 29

LAH AHMAD 25 YEARS LIVE IN CONCERT

Lah Ahmad, a Malaysian RnB ballad singer, will perform his first concert at Stage 1 Theatre, PJPAC 1 Utama E after a sold out showcase in 2018. This first concert is an appreciation for Lah Ahmad's fans who will also release his 4th album on the night concert.

Venue: Theatre, PJPac

LEVELS 3 & 5, ILHAM TOWER, NO 8, JALAN BINJAI, 50450 KUALA LUMPUR

EMAIL: INFO@ILHAMGALLERY.COM (FREE ADMISSION)

TOP MOVIES TO WATCH IN 2023



WATCH NOW







THE PALE BLUE EYE

A veteran detective and a detail-oriented young cadet team up to solve a series of murders that took place in 1830 at the U.S. Military Academy at West Point. The young cadet later becomes world famous author, Edgar Allan Poe.

Genre: Drama / Thriller

Cast: Christian Bale, Hadley Robinson, Scott Cooper, Toby Jones, Robert Duvall, John Lesher, Charlotte Gainsbourg, Timothy Spall.

RECOMMENDED

PLANE JAN 13

After a heroic job of successfully landing his storm-damaged aircraft in a war zone, commercial pilot Ray Torrance finds himself caught between the agendas of multiple militia who are planning to take the plane and its passengers' hostage.

Genre: Action / Thriller

Cast: Gerard Butler, Mike Colter, Lilly Krug, Daniella Pineda, Lorenzo di Bonvaventura, Mark Vahradian, J.P. Davis, Remi Adeleke.







JAN 20



A terrifying new evil has emerged in Beacon Hills calling for the return of Alpha Werewolf Scott McCall (Tyler Posey), to once again reunite the Banshees, Werecoyotes, Hellhounds, Kitsunes, and other shapeshifters of the night. With new allies and trusted friends like Derek Hale (Tyler Hoechlin), Lydia Martin (Holland Roden), Jackson Whittemore (Colton Haynes), Malia Tate (Shelley Hennig), and the return of a long lost love, Scott and his pack just might stand a chance.





Genre: Thriller / Psychological Cast: Anna Kendrick, Alanna Francis, Charlie Carrick, Mary Nighy, Christina Piovesan, Noah Segal, Lindsay Tapscott, Wumni Mosaku.

WHEN YOU FINISH SAVING THE WORLD

A mother and her teenage son can't seem to connect, yet they try to find that bond in other people. She latches on to a young boy she meets at her women's shelter, while her son falls in love with an extremely political student at his school.

Genre: Drama / Comedy Cast: Emma Stone, Julianne Moore, Jesse Eisenberg, Dave McCary, Finn Wolfhard, Alisha Boe, Jay O. Sanders, Billy Bryk.

TEEN WOLF: THE MOVIE JAN 26

Genre: Thriller / Horror Cast: Holland Roden, Russell Mulcahy, Tyler Hoechlin, Shelley Hennig, Dylan Sprayberry, Ian Bohen, Jeff Davis, Crystal Reed.

REELVIEW

MOST LUXURIOUS HOTELS IN THE WORLD

Staying at a luxury hotel is the ideal way to enjoy the high life if you demand only the best in service and amenities. Featuring stunning architecture, world class amenities and fine dining, luxury hotels offer an exceptional experience for the elite. We have produced a list of the world's most opulent hotels for the most discerning luxury travellers.

BY HIRANMAYII MOHANAN



CONRAD MALDIVES RANGALI ISLAND

Located on Rangali island, the Conrad Maldives is famous for its underwater dining room, one of the most luxurious restaurants in the world. There are twelve restaurants in all and an over-water spa. For a true bucket list experience, The two-level Muraka Suite boasts a master bedroom 16 feet below sea level. With floor to ceiling windows, this is a great way to see the local marine life. There's also an outdoor deck with a private infinity pool and hot tub. Private jet skis, a butler and private chef as well as an on-call fitness trainer make your stay extra special.



GRAND HOTEL TREMEZZO, ITALY

Grand Hotel Tremezzo is a classic five-star hotel in Italy that The home of entrepreneur Richard Branson, Necker Island is a luxurious Caribbean retreat. The 74 acre private island has is tucked away on the shores of Lake Como. The 1910-built building offers expansive views of the lake and mountains. 3 well appointed villas. They can be rented individually or There are 90 elegant rooms and suites, some with a hot tub you can book the whole island for exclusive use. The BVI are among the best Caribbean islands, thanks to their raw beauty and own terrace. With three swimming pools, T Spa, a gym and tennis courts, this is the perfect place in which to relax. and unspoiled beaches. Guests of Necker Island get a prime Villa Sola Cabiati is located a few minutes walk from Grand view of the surrounding area from the Crow's Nest hot tub. There are also two freshwater infinity pools and a hot tub on Hotel Tremezzo and can be booked for groups of up to 12. The ornate residence has a private pool and Italian garden. the beach. When exploring the island, keep an eye out for the array of wildlife, from flamingos to lemurs and giant tortoises.

BURJ AL-ARAB JUMEIRAH, DUBAI

The Burj Al Arab Jumeirah, also known as a seven-star hotel, is the seventh highest hotel in the world. Designed to look like an Arabian dhow sail, the property boasts an infinity pool terrace and man-made beach. The Burj Al Arab hotel features a helipad, the largest Swarovski crystal ceiling in the world, and a 180-meter-high atrium. Around 1,800 square metres of 24-carat gold leaf were used to embellish the interior. Among the many amenities available to guests are personal butlers, chauffeur-driven Rolls Royce cars, the Talise Spa and a 17-pillow menu. Burj Al Arab and Madinat Jumeirah hotels are also home to the Dubai Turtle Rehabilitation Project (DTRP), which has helped to release more than 1,600 rescued sea turtles into the Arabian Gulf.

NECKER ISLANDS, BRITISH VIRGIN ISLANDS



THE PLAZA NEW YORK, USA

Since its debut on October 1, 1907, The Plaza Hotel has remained a New York icon hosting world leaders, dignitaries, captains of industry, Broadway legends, and Hollywood royalty. As an established staple for lavish society affairs and blockbuster films, The Plaza has welcomed quests from around the world to enjoy its magic at the castle on Central Park South for more than 100 years. Ideally situated on Fifth Avenue, The Plaza's prestigious address continues to define elegance with unmatched service and an ever-evolving modern sensibility. From feast to fete, The Plaza's extraordinary portfolio of refined experiences is enjoyed by all who pass through the iconic revolving door. Revel in the magic of Afternoon Tea in The Palm Court and savour the sights in the elegant Champagne Bar. Offering 282 distinctive guestrooms including 102 luxurious suites, The Plaza continues to strike the balance between its storied past and limitless future with the launch of the Legacy Suite collection. Classic crown moulding is juxtaposed against contemporary works of art and lavish fabrics, adding vibrant textural elements to The Plaza's guestrooms complete with dramatic lighting and beautifully finished woodwork to amplify the impeccable motif.



GIRAFFE MANOR, KENYAS

Giraffe Manor is an exclusive boutique hotel, owned by The Safari Collection. Often referred to as one of the most instagrammed properties in the world, Giraffe Manor is set in 12 acres of private land within 140 acres of indigenous forest in the Langata suburb of Nairobi. Giraffe Manor is one of Nairobi's most iconic buildings. The historic manor house has extraordinary appeal, that harks back to the 1930s when visitors first flocked to East Africa to enjoy safaris. With its stately facade, elegant interior, verdant green gardens, sunny terraces and delightful courtyards, guests often remark that it's like walking into the film Out of Africa: indeed, one of its twelve rooms is named after the author Karen Blixen. One of the most fascinating things about Giraffe Manor is its resident herd of Rothschild's giraffes who may visit morning and evening, poking their long necks into the windows in the hope of a treat, before retreating to their forest sanctuary. Giraffe Manor can be booked for the night or as part of a complete tailor-made Kenya safari with The Safari Collection.



EMIRATES PALACE, ABU DHABI

Located on a pristine private beach, Emirates Palace is the epitome of luxury in Abu Dhabi, showcasing Arabian hospitality at its finest. Each of the resort's rooms and suites is furnished to the highest levels of comfort, has stunning views and offers 24-hour butler service. Eight dining venues serve a variety of cuisines created by world renowned chefs and the resort boasts lush gardens, a lavish spa, two temperature controlled swimming pools, a kids' club and a private marina. With many of Abu Dhabi's main attractions within a short distance, including superb shopping destinations and impressive cultural and heritage sites, Emirates Palace provides guests with the perfect place to explore the beauty and charm of the UAE's capital.



AL MAHA DESERT RESORT & SPA, DUBAI

Al Maha, a Luxury Collection Desert Resort and Spa, Dubai is a private, guest-only oasis nestled among the lush palm groves, emerald canopies and iconic sand dunes of the Dubai Desert Conservation Reserve. The five star hotel offers secluded tranquility and iconic vistas of the sweeping plains and Hajar Mountain massif. Take an unforgettable horse ride, camel trek or nature walk. Join a signature desert safari or practice the distinguished arts of archery and falconry. This luxury hotel boasts private swimming pools with majestic dune and mountain views and its 42 suites combine discreet refinement with authentic regional antiques, local artefacts and thoughtful nuances.







nce establishing itself 125 years ago, De L'Europe has evolv om being an exclusive hotel in the heart of Amsterdam int uardian of local culture and craftsmanship. Consider them a he cultural custodians of Amsterdam, a sophisticated avide c arts and your exclusive entry point into the world of luxury nd comfort. The rooms boast classical architecture blended th contemporary design. An incomparable ambiance, where elegant luxury meets exceptional comfort and established nistory meets liberal culture. A private retreat in one of De Le'Europe's luxury residences is the guintessential example of the sophistication, indulgence and style Amsterdam has to offer. De 'Europe is a culinary hub, boasting a selection of the city's fines restaurants: the 2 Michelin-starred and Green starred restauran Flore, Italian Trattoria Graziella and Brasserie Marie.







THE CHEDI ANDERMATT, SWITZERLAND

You wouldn't expect to find a luxury 5 star hotel in a quaint skiing village, but The Chedi Andermatt is a welcome surprise. The award-winning spa is spread over 2,400 square meters and has indoor and outdoor pools. There are five dining options including the Japanese Restaurant, which has one Michelin star. Every one of the 123 rooms and suites at The Chedi has its own fireplace. The Gotthard Suite is the largest, with 5 bedrooms and bathrooms as well as a 33 meter terrace with panoramic views.





AMILLA GLAMPING, MALDIVES

One of the most luxurious places to stay in the Maldives, Amilla Maldives Resort is a lush paradise of bougainvillea flowers and white sand beaches. Seventy percent of the island is untouched, leaving you free to discover hidden beaches and tranguil cycle tracks. Situated in the Baa Atoll UNESCO World Biosphere Reserve, the area is known for its diving. Spot mantas and whale sharks in the crystal clear water. There are several Instagrammable accommodations on Amilla Fushi. The most unusual are the three bubble tents, for a refined glamping experience. These climate-controlled inflatable pods offer 360 degree views of the scenery. There are also some of the most spacious Maldives pool villas, which start at 200 square meters.

FOUR SEASONS RESORT BALL AT JIMBARAN BAY, INDONESIA

Become one with Bali's magical energy and gentle nature. Sheltered in a calm bay along three miles of sand, Four Seasons Resort Bali at Jimbaran Bay's breezy villas channel an authentic Balinese village. Together with unforgettable views and authentic arts offerings, we bring you a deeper understanding of the island's stunning landscapes and inimitable culture. Enjoy uncrowded, world-class waves with exclusive access to one of surfing's most legendary breaks: Indonesia's G-Land. Fly in by helicopter and catch waves to your heart's content, fuelling up between rides with a picnic lunch by a Four Seasons chef. Honeymooners can hide away in the Premier Ocean Villa - discreet thatched roof sanctuary inspired by a traditional Balinese courtyard house. Gaze out to the ocean from your poolside open-air bale.

ROYAL MALEWANE, SOUTH AFRICA

Experience the wild heart of the African bush in comfort, style and privacy at Royal Malewane's three luxury safari lodges and private bush villas, each one embodying an exquisite vision of design and ultimate hospitality. The most qualified guiding team in Africa delivers an unrivalled wildlife experience with conservation at the centre. A classic bush style lodge brimming with timeless luxury, Royal Melawane's six palatial Luxury Suites, two Royal Suites an Africa House provide front row seats to Africa's most pristine wilderness. Be introduced to the wonders of the Greater Kruger ecosystem under the expert guidance and care of an award-winning safari team, both in your lodge and in the bush.



ATLANTIS PARADISE ISLAND, BAHAMAS

Inspired by the mythical lost city, Atlantis Paradise Island is one of the most well known Bahamas resorts. There are actually 5 hotels on Atlantis Paradise Bahamas: The Royal, The Beach, The Coral and newly built properties The Cove and The Reef. Spread over 141 acres, the complex has 11 swimming pools, 21 restaurants, 19 bars and lounges and an 18 hole golf course. There's also the 30,000 square foot Mandara Spa specialising in Balinese therapies. The Royal Bridge Suite is located on the 23rd floor of The Royal. With floor to ceiling windows, this luxurious Bahamas accommodation is spread over 4740 feet and boasts 10 rooms. There's a 22 karat gold chandelier, a grand piano and your own private butler.

TITANIC MARDAN PALACE, TURKEY

The Titanic Mardan Palace Hotel is an all-inclusive resort in Lara, Antalya, Turkey. Costing around \$1.4 billion to build, the property is known for its opulent Italian marble floors and intricate gold leaf details. There are 30 restaurants, bars and lounges and a private beach with white sand from Egypt. Of the 560 rooms, the King Suite is the most expensive. Starting at \$4000 euros per night, this suite has two bedrooms and bathrooms, a sauna, cinema room, kitchen and office. Enjoy your own private pool and terrace, as well as butler service.



TAJ LAKE PALACE, INDIA

A jewel floating in the middle of Lake Pichola, Taj Lake Palace is a building made of marble locally sourced from Rajnagar, brought in by bullock carts travelling 66 kms to Udaipur. Architecture influenced y Mughals, predominantly lead by Mewari techniques is ubiquitous in this heritage hotel in Udaipur. has 65 luxurious rooms and 18 grand suites. Restored to its pristine glory, this spectacular palace became world renowned when the James Bond film 'Octopussy' was filmed at it. It was the secluded lair of the film's eponymous Bond Girl. Palace Rooms have a princely-inspired décor with wooden lattice & araish work ceilings and discrete niches. They offer views of the placid waters of Lake Pichola. Each room is unique in size and is adorned with traditional Indian silks and dark teak furniture.

RAFFLES HOTEL, SINGAPORE

Since opening in 1887, Raffles Singapore has been a magnet for A-listers. Authors Joseph Conrad and Rudyard Kipling visited in 1888, and Somerset Maugham was a regular visitor in the 1920's. The iconic Singapore Sling cocktail was created by bartender Ngiam Tong Boon in 1915 in Raffles Hotel. This gin-based cocktail is still regarded as the national drink of Singapore. Part of the Raffles Hotels and Resorts group, this is an all-suite Singapore hotel. Restaurants include Michelin-starred Alain Ducasse and Anne-Sophie Pic. This beautifully preserved treasure from the colonial era stands proud on Beach Road in Singapore's vibrant CBD. The downtown location puts you within walking distance of the city's finest attractions, from St Andrew's Cathedral to Singapore Flyer.

CHINESE ZODIAC

Year of the Rabbit

WHAT TO EXPECT IN THE YEAR OF THE RABBIT WHAT 2023 HAS IN STORE FOR YOU

BY HIRANMAYII AWLI MOHANAN

As we step into 2023, we're also ushering in the Year of the Water Rabbit, come January 22, according to the Chinese calendar. Those who're born in the Year of the Rabbit include years 2023, 2011, 1999 , 1987, 1975, 1963, 1951, 1939 and 1927. The rabbit, is regarded as the symbol of longevity, peace and prosperity in the Chinese culture. Thus, this year is predicted to be the year of hope. People born in a year of the Rabbit are believed to be vigilant, witty, quick-minded, and ingenious. Read on to find out what the Year of the Rabbit has in store for you below.

RABBIT'S PERSONALITY

According to Chinese astrology, Rabbits are predicted to be gentle, quiet, elegant and alert as well as quick, skilful, kind, patient and very responsible. They can be reluctant to reveal their thoughts to others and have the tendency to escape reality, but always faithful to those around them. The male rabbits are characterised by always treating people politely, with a gentle smile that makes people feel that they are credible and sincere. When encountering difficulties, they are never discouraged but instead remain persistent in their endeavours. The female rabbits, on the other hand, are personified as having a pretty and demure, with proclivity for being social and connecting with people.

COMPATIBILITY

Most compatible with Rabbit: Dog, Pig, Goat

Both Dog and Rabbit tend to enjoy peaceful and quiet life. They'll work towards this and enjoy it together. Rabbit and Pig share similar personalities and will be attracted to each other. Goats need someone to depend on, and Rabbits enjoy taking care of others so their personality complements Goats well.

Least compatible with Rabbit: Rooster, Dragon, Rat

Rabbit and Roosters clash strongly and are the least compatible. Even the weather can be the fuel for their argument. While Dragons share similar goals and interests with Rabbit, their personalities may clash. Relationships with Rats can be tricky. With time, differences will become apparent and it'll become impossible to agree with each other.

WHAT TO EXPECT IN THE YEAR OF THE RABBIT?

This year will be full of professional success and advancements, though fuelled by But this also hard work and effort. Luck will be on the side of the zodiac signs, and you will notice that you can accomplish everything you've set out to do. Business partnerships will flourish this year. 2023 is the year when the zodiac signs allow themselves to fulfil all their wishes because this is a great financial year. However, sue to the Rabbit's dualism, it is recommended for the zodiac to exercise caution because this year can bring hits below the belt, financial earthquakes and social turmoil. In terms of love and marriage, 2023 will be the year of positive emotions and excellent circumstances for starting romantic relationships. One of the most important pieces of advice this year is to try to follow your passion and make time for activities that please you and make you feel good. While you should prioritise and given importance to your relationships, introspection is also necessary in order to maintain a healthy and stable relationship.

As per the Chinese New Year horoscope, most zodiac signs will have plenty of energy, but they must be careful to direct it in the right direction and enjoy recreational activities. However, those born in the Dragon and Monkey signs might encounter some stressful situations, and will need the help of their loved ones to overcome them. Some issues might prove too difficult for them, which is why stress and anxiety might follow them throughout the year.

FAMOUS PERSONALITIES BORN IN THE YEAR OF THE RABBIT

Michael Jordan: February 17, 1963, Water Rabbit Johnny Depp: June 9, 1963, Water Rabbit Kate Winslet: October 5, 1975, Wood Rabbit Tiger Woods: December 30, 1975, Wood Rabbit Lionel Messi: June 24, 1987, Fire Rabbit



SUSTAINABLE HAPPINESS

Looking for Lasting Contentment

Most of us have been conditioned to think that happiness is correlated with success. We believe things like, "When I get married, I'll be happy," or "When I earn a promotion, I'll be more content at work." We are sure that when we eventually complete that marathon or purchase that fancy vehicle, we will be happy. The truth is, no matter what our circumstances, we can choose to feel happy right now.

True satisfaction comes from a deep-seated acceptance of who you are and where you are in life at any given time. Too frequently, we become so engrossed in our hectic schedules that we fail to realise where we are. When we eventually regain our composure, we tend to concentrate more on where we have been or where we hope to be than where we are right now. In other words, we are not focused on the now, but rather on the past or the future. Does that ring a bell? But in order to be happy with where we are, we must first be conscious of the present.



WE'VE ENCLOSED BELOW A SIMPLE, 2-MINUTES EXERCISE TO ESTABLISH A SENSE OF PLACE:

Look around the area where you are right now. Be as objective as possible while describing your space. For instance, pay attention to the texture of the carpet or floor, the colour of the space, and the placement and style of your furniture rather than using judgmental statements like "the room is cheerful" or "the room is depressing." You might have beige walls, a desk that faces a window, somewhat faded fabric on your chair, and a picture of a special someone next to your computer. By noticing without judging, we allow ourselves to be aware of the present moment. Contentment comes when we are most aware of the present moment, and through the power of contentment, happiness becomes a more viable choice.

MAKING A SEQUENCE OF DELIBERATE DECISIONS CAN HELP SUSTAIN HAPPINESS. THE FOLLOWING TIPS CAN HELP YOU CULTIVATE CONTENTMENT IN YOUR LIFE:

1. PAUSE

Take a moment if you find yourself dissatisfied with someone or something. Inhale deeply and remind yourself to embrace that person's positive traits, accept them as they are, and see the positive side of any circumstance.

2. STOP NEEDLESS PURCHASES

Consider whether you "need" or "desire" the item before making a purchase. Think about why you are not happy with what you have if the item is a "want." Ask yourself, "Do I need this right away?" Check to see whether the desire to purchase fades after a few days.

3. SHOW APPRECIATION

Be present. Offer kind words and actions to help build up your emotional bank account. Just like the law of attraction, the more you put out in the world for others, the more you will receive in return.

4. PRACTICE GRATITUDE

that makes your life better every day. Keep a journal where you can record your thoughts. Review your entries and consider all the positive aspects of your life whenever you are feeling down.

Choose at least one person, animal, or item

5. ENJOY THE SIMPLE THINGS

Enjoy meaningful conversations, nature walks, reading a good book or a trip to the beach. All of these activities are free and frequently provide about greater satisfaction than more costly activities.

6. LIVE IN THE MOMENT

Don't put off happiness by holding off till your life becomes less hectic or stressful. It might never happen. Instead, seek out chances to appreciate life's little pleasures. Instead of concentrating on the past or worrying about the future, concentrate on the present. Gaining happiness through prosperity or consumerism only lasts for a short time. Remember that everyone has their own struggles, and that the grass is always greener on the other side of the fence.

THE STARS ALIGNED: AQUARIUS SEASON

Here's everything you need to know about Aquarius, including their personality traits and potential for connection with other signs.

BY HIRANMAYII AWLI MOHANAN



The Sun enters the Zodiac sign Aquarius at January 21, 2023 and leaves it on February 19, 2023. Aquarius is the eleventh astrological sign in the Zodiac, originating from the constellation Aquarius. In astrology, Aquarius is considered a "masculine", positive (extrovert) sign. It is also considered an air sign and is one of four fixed signs.

AQUARIUS PERSONALITY TRAITS

Aquarius is in constant search of 'life purpose' and they'll keep searching for answers and clues for self-discovery, as well as for new ways in which they can touch the lives of others and to make them brighter and better—it's Aquarius' way to find their 'why' and role. Aquarius is clever and imaginative, but can also be pessimistic, rebellious, aggressive and sometimes too absent-minded,. And they tend to overthink and get overwhelmed by incessant thoughts and don't seem to handle stress and anxiety well.

Their minds often go into overdrive, and they can't power down and cease that constant steady stream of thoughts—those that are wild, imaginative and creative, those that are conflicting or anxiety-provoking and may lead to indecision, fear or doubt, and lastly, those that are random; yet, oddly fascinating and thus demand an answer, no matter what. Aquarians routinely question and address their role in the world and try to help as many people as they can, without becoming too drained and emotionally exhausted by it all. Aquarius values independence, and they don't seek help readily from others or let their inner strife show, and keep emotions inside and hidden behind their tough exteriors.

AQUARIUS IN LOVE

Continuing with the chances of finding a suitable partner, single Aquarius natives would face delays. Especially, around the second quarter of the year, you might experience many mood swings because of all the ups and downs in your personal life. Be it that you find someone for yourself or your friends and family, you shall see hard luck in your bag. However, worry not, as most likely, cards will be in your favour soon. But till then, as per the 2023 Aquarius love horoscope, you must do the needful and maintain your calm in the best possible way.

For couples, the Aquarius love horoscope 2023 says that you can expect problems for most of the year. Sometimes it would be you arguing about things, while sometimes, it could be that your partner is disturbed by one of your habits. The most important practice the planets want you to do is maintaining calm and sanity. Ahead, people expecting reconciliation will be lucky in the second half of 2023. But, you must manifest the best and stay positive. Couples might also see the involvement of a third person in their relationship in the middle months of the year.





AQUARIUS CAREER

Even if you're happy where you're at, don't slack on the job search this year. Your 2023 money and career horoscope wants your professional profiles to portray you in the best possible light. At the beginning of the year, Mercury will already be retrograde alongside Pluto in conservative Capricorn. During this revealing time, expect to release work restrictions and financial limitations keeping you stuck in an irritable mood. Despite the slowdown, retrogrades are great for reevaluating your current situation to ensure the path you are currently on matches up with your professional wants and monetary needs. Changing jobs, relocating to a new office, or transitioning to a new industry can be intimidating at times, but it doesn't have to be. The 12th house also governs imagination and manifestation, so rest assured that all the hard work you've done over the past few years is not in vain.



Aquarius tends to have goofy, entertaining and often enjoyable (for the most part) eccentricities, which set them apart from the crowd and keep life interesting and people on their toes. Aquarius cannot stay serious for too long of a period, without taking a break for laughter and pleasantries in order to avoid boredom. They need fun, silliness, novelty and stimulation to keep their curious and innovative minds active and their energetic, weird little spirits entertained. Compatible signs with Aquarius will need independence and freedom, to give them space, but also keep communication, quality time, depth in conversation, connectivity, and growth alive and present, so Aquarius can consistently feel safe to be authentic and feel valued and valuable. Partners may be particularly playful, open-minded and accepting, despite how weird their Aquarius may be or how bizarre their thoughts may seem. They're most compatible with Aries, Gemini and Sagittarius



CELEBRITIES WHO ARE AQUARIUS:



Oprah Winfrey

Christiano Ronaldo

Michael Jordan



Ashton Kutcher

Christian Bale

A Foodie's Guide to Bukit Jalil

Curated by a foodie, for a foodie. Read on to learn about the myriad of eateries we love and appreciate in the

Bukit Jalil locale. Enjoy!

BY HIRANMAYII AWLI MOHANAN



NEW CHAPTER BY THE OWLS CAFE

Yet another extension of the Owls Cafe comes New Chapter by The Owls Cafe, tucked in the Calvary Convention Centre in Bukit Jalil. Flooded with natural light and a minimalistic theme, the focus here lies in their coffee and fare. Waffles are undoubtedly the highlight, and their signature. Have the waffles with ice cream and fresh fruits or keep it simple with some good 'ol butter and syrup. The choice is yours. Waffles aside, mains like Owls Chef's Pick is a treat, served with fries and a buttered croissant to carbo charge and round it all off with sauce-topped eggs to fulfil your body's protein needs.

No. 1, Jalan Jalil Perkasa 1, Taman Teknologi Malaysia, 57100 Kuala Lumpur.

New Chapter by the Owls Cafe



New Chapter by The Owls Cafe Chef's Pick

CAFE AME SOEUR

Cafe Ame Soeur is a lovely vintage boutique cafe in Bukit Jalil that offers delectable mains and sweet treats. Its interior is evocative of a Parisian castle, beaming with grandeur and colours of gold. Don't let its aesthetic intimidate, as their extensive menu is worth exploring. From the seasonal truffle series, to a pizza series, satiating mains and desserts, there's something to appease everyone here.

20, Jalan Jalil Jaya 2, Jalil Link, Bukit Jalil 57000 Kuala Lumpur.



Cafe Ame Soeur Strawberry Pavlova

CC BY MEL

What started out as a florist shop that conducted flower arrangement workshops has evolved into a clean, cosy and humble cafe in Residensi Park. With plenty of natural light flowing in, the interior is Instagrammable and feeds into an aesthetic trope. The same is care to attention and beauty is reflected in their fare, which slant towards Japanese-Western fusion. The kitchen, helmed by a chef who has more than a decade of experience in the industry, heads the crafting of CC by Mel's appetising menu and aesthetically-pleasing plating.

Residensi Park, 2-13, Persiaran Jalil Utama, Bukit Jalil, 57000 Kuala Lumpur.





MUNCHING MOB CAFE

Munching Mob Cafe is a cosy neighbourhood cafe that is fuelled by passion and love to serve their customers with good food. Since The Mob is known for its funky cozy interior, expect some creative funky names of dishes in its menu. Offering a wide selection of western and local fusion cuisine, the dishes span from breakfast sausages to the aromatic mum's home cooked dishes. Expect changes on our menu from time to time, because they like to spice things up to keep patrons on their toes.

No.3-12A-G, Jalan Jalil Perkasa 14, Taman Esplanad Bukit Jalil, 57000 Kuala Lumpur.

DINING IDEAS





KL LIFESTYLE | 25



Super Saiaon's fun interio

Super Saiaon offerinas

Super Saigon

BY HIRANMAYII AWLI MOHANAN

Taking residence in the guieter neighbourhood of Bangsar, Super Saigon's menu is a love letter to those who relish in salubrious and hearty fare. Fitted in electric blue hue, striking neon signs of witty puns and a wall of mock foliage, it personifies the vibrant settings of Santorini and Mykonos. The inspiration behind Super Saigon is derived from contemporary and popular Vietnamese eateries in Melbourne, Australia and Ho Chi Minh, Vietnam, bringing forth authentic, and most importantly, nourishing flavours

A Grilled Teriyaki Tofu Rice Paper Roll was the pick for starters – a staple Vietnamese dish comprising generous greens and protein of choice wrapped in a rice paper roll. Then, the goddess of health graced us in the form of the Grilled Tofu and Crispy Vegetarian Spring Rolls Bun Cha. Resembling a Vietnamese rendition of the rojak, this nourishing bowl is packed with blanched bean sprouts, lettuce, carrot, turnip and vermicelli (quinoa option available) as well as tofu at its centre. For something more

substantial and slightly sinful, we recommend the Broken Rice Grilled Lemongrass Chicken. A flavourful and tender grilled chicken takes prominence, boasting succulent and tender consistency, and the symphony of deliciousness supplemented by rice, sunny side up and tender tofu.

Between playful banters and sips of Vietnamese drip coffee, a classic and obligatory dish, the Special Beef Combination Ph arrived and cemented its status as best in show. Brimming with seductive and beautiful earthy flavours, the Ph soup owes its winning quality to the generous inclusion of herbs and beansprouts. Moreover, the special soup is boiled for more than eight hours and when paired with premium cuts of imported Australian beef, it creates fantastic flavours to relish in.

Super Saigon, 75, Jalan Bangkung (Off Jalan Maarof), Bangsar, 59100 Kuala Lumpur. Tel: +603 2856 9936





Super Saigon's Hearty Pho

served on a bed of Japonica rice tossed with Asian pesto and For all the foodies out there, we know that there is always room for Italian food, but what about Asian-Italian food? Amidst the pickled torch ginger and lemongrass. It is then garnished with bustling lanes and streets of Ampang, inconspicuous to the lard nuggets, red radish and even more pickled torch ginger and unaware, lies the little kitchen of Back Alley Pasta. Working on a lemongrass. limited and carefully curated menu, the chef at Back Alley Pasta serves up pastas, rice bowls, and even antipasti to satisfy your Another delectable offering, the Tenggiri (Spanish Mackerel or Sawara in Japanese) screaming intrigue and earthiness is dry cravings. So, if you are a comfort food seeker, we have found just the place for you.

A key highlight of this establishment is that the pasta is freshly and bunga kantan. The usage of barley instead of risotto creates handmade in-house for all its dishes, ensuring each dish is served with the best quality and freshness of ingredients. From a a play of texture when the grains 'pop' in your mouth. Truly a its menu, our favourite is the Squid Ink Tagliolini Carbonara, fusion of an unlikely pair, Back Alley Pasta's fusion of Italian and fresh tagliolini pasta handmade using premium Spanish squid Asian influences is not to be missed. ink, drenched and smothered in a creamy carbonara sauce and dressed with Grana Padano parmesan cheese and smokey pork Back Alley Pasta, No.8 jalan 1/67b, Off, Jalan Mengkudu, 55000 Kuala Lumpur. bacon. Diving into the selection of bowls, we got to try its bestselling Pork Katsu with Asian Pesto Rice, crispy and juicy pork katsu breaded, fried and drizzled with the inhouse Yuzu tare Tel: +6014 758 5780





aged to enhance its meaty texture and flavours. It's then grilled and coated with an inhouse Taré and set on luscious barley risotto tossed in a *compound* butter made from daun kesom





BBQ Cajun Chicken Pizza

Mutton Chuka and Turmeric Rice

Nestled in bustling Subang Jaya, Rata takes its name from Tanah Rata — a township in Cameron Highlands, from where they source their vegetables. Walking into Rata is like being transported to a tropical paradise (picture Bali), with curated furnishings and bits and bobs that contribute to its architectural trope. Helmed by Chef Vic who has a decadelong experience under his belt, his recent exploration of the food scene in Southeast Asia has birthed a plethora of distinct dishes that are both flavourful and highly addictive.

Expect nothing less than a play of flavours at Rata. This is evident in the Pesto Paneer and Caper Relish pizza - a marriage of Indian cottage cheese with Mediterranean capers. It is a feast for the eyes and the palate, especially when paired with a lip-smacking cocktail like Mandarin Moschino. Seek comfort in the plate of Rata's Mutton Chukka, alluring with its sultry aroma and even better piquancy exuded from the slow-cooked mutton with homemade gravy which is best lapped up with turmeric rice. The dish is made complete with the accompaniment of raita and papadom. Another crowd-pleaser

and Malaysian favourite from the mains is the Nasi Lemak Udang Sambal Petai a glorious dish that's every bit comforting as it is beaming with delectable flavours from the tiger prawns tossed with petai sambal, paired with blue pea flower coconut rice, egg, anchovies and peanuts to seal the deal.

For those in a vegetarian affair, there's much to savour, such as the Cheesy Mushroom Toastie, an assemblage of sautéed mushrooms, Teriyaki mayo, cheddar and caramelised onions between brioche bread. Another sinful option for vegetarians is the Pesto Conchiglie Pasta — a delectable dish with a base of shell pasta, blanketed with pesto sauce, French cream, tomato confit and sautéed mushrooms. Cocktails at Rata is a delectable affair of its own, with the likes of Clementine Chantelle, a concoction using Peddlers gin as its base, layered with chocolate grappa, clementine juice, molasses, mint liquour, pink guava and egg white at the rim.

Rata, 25, SS15/5A 47500 Subang Jaya, Selangor. Tel: +6012 424 1194



Pesto Conchiglie Pasta

Feeka Coffee Roasters

BY HIRANMAYII AWII MOHANAN

Embedded within Bukit Bintang, the pulsing heart of Kuala Lumpur. Feeka Coffee Roasters is conveniently hidden from the hustle and bustle of the busy city. Befitting to the very definition of its name, Feeka is named for the Swedish word for work, Fika, which means 'to take a break' and it stays true to its name by giving patrons an escape to enjoy serenity accompanied by good food and the aroma of coffee in the air.

Best known for their coffee, Feeka Coffee Roasters proudly boasts only locally roasted coffee beans which are seasonally rotated based on market availability in all their coffee-fuelled beverages. The minds behind Feeka Coffee Roasters take the extra step to source and work closely with the local roasters to ensure a consistent quality and uncompromising flavour of their coffee, be it single origin or a blend. Their range of coffee drinks are extensive, ranging from the simple espresso and americano to the more intricate cold brews and even to the artisanal and creative coffee creations such as the sticky bun latte.

Spoiling their patrons for choice, the Feeka Feeka Coffee Roasters, 19, Jln Mesui, menu has a little something for everyone and perhaps a little more. Our favourites from the breakfast menu is the Feeka's Tel: 03-2110 4599

Breakfast, a hearty platter of chicken sausage, potato croquette, turkey ham, confit tomatoes, portobello mushroom and choice of eggs. It most definitely is a large platter to fuel a long day of hard labor. Looking on the lighter and healthier side of the menu, we thoroughly enjoyed the Tropical Smoothie, a bowl of Greek yogurt, house granola, coconut flakes, flaxseed and oats, fresh, nutty flavours to represent a juxtaposition to the Malaysian weather.

From their lunch and dinner menu, the Peruvian Grilled Chicken seems to be a fan favourite among patrons. The wellseasoned and juicy chicken is dressed with an Aji Verde sauce, served with garlic mashed tomatoes and a side salad to infuse freshness to this dish. Seek comfort in the Smoked Chicken Carbonara boasting al dente spaghetti, paired with poached egg and shaved parmesan to complete the experience. There is something to satiate every palate at Feeka Coffee Roasters and it is an experience not to be missed.

Wilayah Persekutuan Kuala Lumpur



Grab a Cuppa

Bukit Bintang, 50200 Kuala Lumpur,





Feeka's fluffy pancakes

FLY ME TO KL

KL offers stunning aesthetic and stellar views of the city

BY HIRANMAYII AWII MOHANAN

Fly Me to KL, the sister restaurant to Penang's Fly to Cafe, takes its abode on the 37th floor, at Regalia Residence in Chow Kit. Inspired by Morocco. Its interior screams tropical vacation vibes, except in the sky, with a view that offers the Klang Valley's cityscape and the rolling hills as its backdrop. The ubiquitous placements of cacti, thatched straw umbrellas, wooden chairs and fixtures, hefty columns and cabanas, are all blended inspirations from Ancient Greece, Morocco and more.

The indoor seating area seamlessly flows outdoors, where diners can enjoy the food and view. Granted, the stunning views and aesthetic of Fly Me to KL is a highlight, but the food deserves attention too. There's much to discover and eat at this cafe, starting with the signature sharing platter, named and served in a Picnic Basket, comprises smoked spring chicken, onion rings, nuggets, fries, and salad served with mayonnaise. Other light bites include the daily-made nachos, served with avocado, salsa, and cheese sauce.

A la carte options are also an experience here, with the Chicken Roulade being their bestseller. This delight is made from chicken thighs rolled with sautéed mushroom filling and served alongside a velvety and seductive, pumpkin mash. For big groups, we recommend nibbling on Nachos with



three different dips over stimulating conversations. Keeping with the tropical theme, Fly Me To KL's signature coolers are refreshing and are thirst quenchers. These are made to order and are crafted to pair with their food. Try the Passion Dream, an intriguing concoction of passion fruit and orange for a citrusy tropical flavour. Alternatively, a virgin mojito-like beverage is named the Flycheeto and consists of lime, mint, and lychee. For hot beverages, the coffee specials offer inventive twists such the Honey Lemon Bae, a coffee-based beverage with a Honey Lemon Tea flavour, and Moiito Breeze.

Fly Me to KL, 37th Floor, Block, A, Regalia Residence, 2, Jalan Sultan Ismail, Chow Kit, 50480 Kuala Lumpur. Tel: +6011 1062 6832

CHACHI MEXICAN STREET FOOD

BY HIRANMAYII AWLI MOHANAN

From the mastermind behind Rata Subana comes another fun, humble cafe by the name of Chachi Mexican Street Food, also in the Subang Jaya locale. Its offerings, as you have probably guessed is the Mexican cuisine, street food in particular. The restaurant beams with colours, the hallmark of the Mexican culture and identity and pairs it with great ambience and even better food.

Chicken Al Pastor Nach

Don't expect your average tacos and burritos here for Chachi infuses creativity and twists into their offerings, appeasing customers with fullbodied flavours, just the way Malaysians like it. It goes without saying that tacos are the highlight here, with renditions such as Pulled Beef Birria soft shell taco bolstering Mozarella cheese, pulled beef, diced red onions, birria sauce tomato sauce to win you over. We love the Lamb Taco & Pickled Onions, featuring corn tortillas, queso sauce, pickled onions, sautéed minced lamb and tomato sauce from some tartness. The Baja Fish and Mangoes Tacos come in a serving of three, with crunchy corn tortillas employed, fired battered fish as the piece de resistance, red cabbage, mango salsa and guacamole. This is the epitome of a tropical dish, with plenty of freshness and umami that works harmoniously

together.

Sharing plates, designed to be shared among groups of friends and family, reflect quality and taste as good as it looks. Whet your palate with Chachi's Chicken Al Pastor Nachos, an addictive and delectable delight made from corn tortillas, smothered in black beans, pico de Gallo, guac, sour cream, grilled corn, tajin and queso sauce for dipping. Don't pass up on ordering the Chicken Chipotle Empanadas, a Mexican puff pastry stuffed with chicken, mashed potatoes, green peas, mozarella cheese and tomato sauce.

Something of a heftier nature calls for the Chilli Con Carne, comprising shredded beef and black beans, pico de Gallo, Mexican rice, tortilla chips, sour cream and pickled fried onion to tie it all together. This will keep you well satiated till dinner time. We find the burritos equally satiating, for its packed with various goodness, depending on your order. The Barbacoa Lamb and Salsa Verde is a hit in our books, using tortilla flour piece to wrap the minced lamb, guac, Mexican rice, pico de Gallo, grilled corn, salsa verde aioli and queso and chips.

Chaci Mexican Street Food, 74, Jalan SS 15/4d, Ss 15, 47500 Subang Jaya, Selangor Tel: +6012 588 9855











LUCKBROS KOPI

BY HIRANMAYII AWLI MOHANAN

Saunter into the kopitiam façade of Luckbros Kopi to find a juxtaposition of old and new architecture. Its 150-year-old seemingly intimate space opens to a bounteous dining area upon treading further in — revealing more of its heritagemeet-boho vibes. With a stance that connection can be developed with a cup of coffee, Luckbros Kopi offers an experience, tradition and discovery centred around traditional coffee and good food. The menu here is a creative rendition of Malaysian classics and would evoke nostalgia for many. From its flagship outlet in Jalan Panggong, the eatery has since expanded its wings to KLIA 2 and Kota Damansara.

The hallmark of a typical Malaysian breakfast at a kopitiam is none other than half-boiled eggs complemented by toast. Luckbros Kopi brings a set of half boiled eggs, Hainan breads with an array of sauces including Nutella chocolate, butter, kaya and peanut butter. Another signature in the toast department is the Luckin Bun, featuring six assortments of soft bun with delicious fillings of lime, kaya, yam, chocolate, matcha and peanut butter. Order it as dessert and share it with your family or friends.

Simple, sinful and scrumptious are the words that come to mind when describing the Salted Egg Chicken Rice. The chicken is fried to a delicious crisp, creating a crunchy outer layer and reveals tender, succulent meat on the inside, lathered with the addictive salted egg sauce and a side of rice and sunny side up. Also from the salted egg department, the Mi Sedaap with Salted Egg Sauce is both curious and delectable, boasting a perfect matrimony of the noodle and salted egg sauce.

Those who relish in the simple things in life can rejoice in the humble Cheesy Chicken & Wedges. This indulgent treat sees a platter of fried, crisp wedges, bolstering a heapful of cheese and fried chicken on the other side. This is what you want to munch on with friends over a cup of refillable (with any mains) Luckin Kopi Kaw. Seal the culinary experience with a the Malaysian ABC or brownie.

Luckbros Kopi, 14, Jalan Panggong, City Centre, 50000 Kuala Lumpur. Tel: +6012-610 8856

CC by Mel

BY HIRANMAYII AWLI MOHANAN

What started out as a florist shop that conducted flower arrangement workshops has evolved into a clean, cosy and humble cafe in Residensi Park. With plenty of natural light flowing in, the interior is Instagrammable and feeds into an aesthetic trope. The same is care to attention and beauty is reflected in their fare, which slant towards Japanese-Western fusion. The kitchen, helmed by a chef who has more than a decade of experience in the industry, heads the crafting of CC by Mel's appetising menu and aestheticallypleasing plating.

Beauty is ubiquitous at CC by Mel — from its well-designed space to the food. Each dish is beautifully presented, using edible flowers as garnish to make it picture-worthy. While most of the offerings here are delectable, their bestselling nori is exceptional. The nori is offered in various renditions, such as the Trio Taco Box suitable for takeaway, comprising the Tropica Nori, Yu Nori and Ebi Nori, as well as our favourite, the Una Nori. The Una Nori, as its name suggests comprises an assemblage of unagi kabayaki, ikura, truffled eggs, avocado, a drizzle of tare mayo, furikake and Gohan, sandwiched between tempura nori.

Ever testing and pushing creative gastronomic boundaries, CC by Mel offers intriguing dishes, evident with the NaCC Lemak Sando — a Japanese-Malaysian sandwich that sees chicken katsu at its centre, topped with ebi sambal, truffled eggs and cucumber, between a pandan loaf. For heftier meals suited for lunch or dinner, Mel's Bowl, from the Donburi segment is on the top of our list. So simple yet scrumptious, the bowlful of torched aburi salmon is paired with yuzu tare, ikura, tobiko, metaiko mayo, toasted corn, edamame and Japanese egg yolk on a bed of rice — this is where comfort lies. From the pasta and noodle segment, we truly love the Truffle Puddle V2.0, an improved iteration of its predecessor, featuring conchiglie pasta bathed in olive oil, Grana Padano cheese, topped with Japanese egg yolk , brown mushroom and porcini cream, as well as mascarpone and thyme to bring the dish together.

Residensi Park, 2-13, Persiaran Jalil Utama, Bukit Jalil, 57000 Kuala Lumpur, www.ccbymel.com



Tantalising Tipples

Usher In The Year of the Rabbit With Craft Cocktails BY HIRANMAYII AWII MOHANAN



cocktails.

ASIAN PEAR

The Asian Pear cocktail is essentially a sour with some additional components. It's fruity and tart, and for anyone new to baijiu, it's a fine introduction to the flavourful spir

Ingredients:

- 1 1/4 ounces HKB baijiu
- 1/4 ounce maraschino liqueur
- 1/4 ounce pear liqueur
- 2 ounces white pear juice
- 3/4 ounce lime juice, freshly squeezed
- 1/2 ounce agave syrup
- Garnish: sage leaf

Method:

Add the baijiu, maraschino liqueur, pear liqueur, white pear juice, lime juice, agave syrup and spice elixir to a shaker with ice and shake until wellchilled. Strain into a coupe glass. Garnish with a fresh sage leaf.



What's a meal without the perfect drink? Try your at-home

mixologist skills with the following Lunar New Year-inspired

ORANGE BLOSSOM

In the Chinese culture, oranges are said to symbolise good luck, so what better way to kick off your new year than with this cocktail that combines orange juice with gin and sweet vermouth?

Ingredients:

- 1 ounce gin
- 1 ounce sweet vermouth
- 1 ounce orange juice, freshly squeezed
- Garnish: orange wedge

Method:

Add the gin, sweet vermouth and orange juice into a shaker with ice and shake until well-chilled. Strain into a chilled cocktail glass and garnish with an orange wedge.



FIRECRACKER

Legend has it that fireworks will frighten away monsters, hence they are a Lunar New Year custom. With its hot kick, this cocktail is sure to fend off any evil spirits. To get the party started, mix aged rum, triple sec, lime juice, simple syrup, and cayenne pepper with chunks of muddled watermelon.

Ingredients:

- 2 1-inch-cubed watermelon chunks
- 1 1/2 ounces aged rum
- 1/2 ounce triple sec
- 1/2 ounce lime juice, freshly squeezed
- 1/2 ounce simple syrup
- 1/6 teaspoon cayenne pepper
- Garnish: lime wedge

Method:

In a mixing glass, muddle the watermelon. Add remaining ingredients and ice and shake until wellchilled. Strain into a cocktail glass and garnish with a lime wedge.



THE LION'S TAIL

The Lion Dance is a common and important component of Lunar New Year parades. This classic Prohibition-era cocktail is sure to get you dancing too, with its mix of bourbon, allspice dram, lime juice, simple syrup and Angostura bitters creating a drink that's rich, spicy and aromatic.

Ingredients:

- 2 ounces bourbon
- 1/2 ounce allspice dram
- 1/2 ounce lime juice, freshly squeezed
- 1 teaspoon simple syrup
- 2 dashes Angostura bitters
- Garnish: orange twist

Method:

Add the bourbon, allspice dram, lime juice, simple syrup and bitters into a shaker with ice and shake until well-chilled. Then, strain into a coupe or cocktail glass. Lightly express the oil from an orange twist over the top of the drink, and discard the twist.

Feasting at Home, Lunar New Year Edition

Delectable Vegan Recipes That Won't Make You Miss Meat

BY HIRANMAYII AWII MOHANAN

Whether you are simply trying to eat less meat, cook more plant-based meals, consume more vibrant healthy produce, the following vegan recipes will inspire you on your health journey and will be far from boring or bland.



Buddha's Delight (Lo Hon Zhai)

Buddha's delight, or luo han zhai is a staple Chinese New Year meal that's wholesome and delicious, typically served on the first day of the Lunar New Year. The list of ingredients for Buddha's Delight is long, and it's totally up to personal preference which ingredients you choose to use.

Inaredients:

- 2 tablespoons canola oil
- 3 slices fresh ainger
- 3 tablespoons red fermented bean curd (hong fu ru)
- 3 cloves garlic (sliced)
- 1 medium leek (cut into 2 inch pieces)
- 5 dried shiitake mushrooms (soaked in warm water and sliced)
- 1/4 cup dried wood ears (soaked in warm water; yields about 1 cup)
- 1/4 cup dried lily flowers (soaked in warm water with the tips cut off)
- 2 tablespoons Shaoxing wine
- 3 cups cabbage (cut into 2-inch pieces)
- 1 cup fried tofu puffs
- 2 sticks dried bean threads (soaked in warm water and cut into 2-inch pieces)
- 1 teaspoon sesame oil
- 2 tablespoons soy sauce
- 2 teaspoons sugar
- 1 cup water or vegetable stock • 1 small bundle mung bean noodles



Instructions:

1. To make the batter, whisk together flour, salt, mushrooms seasoning, pepper with water in a bowl until all incorporated.

2. Chop the mushrooms and carrots into tiny bits, separately.

3. Peel off the daikon's skin and shred using a box grater (used the large hole).

4. Heat a large non-stick pan with a tablespoon of oil over medium heat. Sauté mushrooms until they turn slightly golden and aromatic, about 2-3 minutes. Then, add the carrot and cook for another 45 seconds or so.

5. Add the daikon and continue to cook until it turns translucent and all **<u>2. Heat a large non-stick pan with enough oil to cover the bottom of the</u>** water has evaporated. Season with salt, sugar, and pepper (if using). pan. Turn heat to low, give the batter a good stir and add to the daikon mixture

6. Then continue to cook while stirring constantly until the mixture thickens. The mixture should look like a thick paste.

7. Transfer the mixture into a lightly greased 9X5 non-stick loaf pan pressing gently into the pan with the back of the spatula to remove as many air bubbles as possible. Then, cover it with foil, if needed, or cover the steamer's lid with a towel

Instructions:

1. Heat your wok over medium-high heat, and add the oil and ginger. Let the ginger caramelize for about 30 seconds without letting it burn. Add the red fermented bean curd and break it up with your spatula. Add the garlic, the white portions of the leeks (reserve to green portion for later), mushrooms, wood ears, and lily flowers. Stir fry for 1 minute. Add the Shaoxing wine and stir fry for another minute.

2. Next, add the cabbage, fried tofu, and bean threads, and crank up serve with steamed rice. the heat as high as it will go. Stir-fry for 2 minutes. Add the remaining

green portion of the leeks, sesame oil, soy sauce, sugar and water or vegetable stock. Stir everything together, cover the wok, and reduce the heat to medium. Cook for 6 minutes, stirring occasionally.

3. Uncover the wok and turn the heat back up to high. Add the mung bean noodles, which should soak up most of the liquid. Keep stirring until most of the liquid has evaporated. Transfer to a large bowl and

Turnip Cake (Lo Bak Gou)

Lo Bak Gou or daikon cake or turnip cake is a must-have dish for some families during Lunar New Year. The daikon is naturally sweet and once combined with rice flour, this gluten-free dish is fragrant and super delicious. While the traditional lo bak gou contains seafood, this version is made from mushrooms, daikon, and carrot.

Inaredients:

- 1 lb Daikon Chinese or Japanese
- 10 dried mushrooms (Shiitake or Chinese) rehydrated
- 1 small carrot finely chopped (about ¹/₄ cup)
- $\frac{1}{2}$ teaspoon salt or to taste
- 1/2 teaspoon sugar
- A few shakes of white pepper optional
- Oil for cooking

Batter:

- 1 cup rice flour used Thai rice flour (Please see notes)
- 1/2 teaspoon salt
- ¹/₄ teaspoon mushroom seasoning
- a few shakes of pepper
- 2 cups room temperature water

8. Steam the cake over high heat for about 30-40 minutes (make sure you have enough water in the steamer). It's normal to have a thin layer of water on the top when you uncover the lid.

9. Let the cake cool down completely/refrigerate overnight.

Pan-Fry the Cake:

1. To make the pan-fry version, run a knife on the cake's edges to loosen it. Slice the cake into your desired thickness

3. Carefully lower the cake pieces into the hot oil. Pan-fry until golden brown before flipping. Repeat until you get the crispiness that you like. You may also air-fry these.

4. Serve immediately with a side of chilli oil and hoisin sauce.



Vegetarian Fried Rice

Everybody should know how to make veggie fried rice. Hands down one of the most delicious and easiest ways to use up leftovers. Ready in 15 minutes max.

Ingredients:

- For the sauce
- 2 tbsp soy sauce (dark)
- 2 tsp vinegar (eg. white wine vinegar)
- 2 tsp olive oil (or any other oil you have at hand)
- 1 tsp maple syrup

Ingredients:

- For the fried rice
- 2 medium eggs (2 medium eggs = 1 large egg. Beaten)
- Salt to taste
- 2 tbsp sesame oil (or whatever you have available)
- 3 cups rice (cooked)
- 1 onion (or 2 spring onions, finely chopped)
- 2 cups veggies of your choice (frozen vegetables are fine
- too, but make sure to thaw them before frying)



Instructions:

1. Prep time: In a small bowl mix together the ingredients for the sauce. 4. Now is the time to your veggies to the pan. Stir fry for 3-5 minutes. Then chop your veggies into bite sized pieces.

2. Get a pan to high heat, add sesame oil and pour in the egg. While scrambling add a small dash of salt and vinegar. The egg should be done in about a minute, then set aside in a bowl.

3. Add another tbsp of oil into the pan on high heat and add the onion. Let it fry for about 30 seconds (NOTE: If you use spring onions, add them in the end instead!).

5. Reduce the heat, add the rice, sauce and your eggs. Stir well. Now you can safely add your spring onions too.

6. Done!

Instructions:

1. Chop finely or grate 1 tbsp ginger, fresh, 2 cloves of garlic.

2. In a medium large pot over medium heat add 2 tsp of sesame oil and the garlic and ginger. Cook until they release their aroma and brown slightly.

3. Add 4-5 cup vegetable broth,¹/₄ cup soy sauce, 1.5 tbsp rice 7. Add peas and 2 ounces of frozen spinach and cook until spinach vinegar, 1/2 tsp Sriracha, cup carrots, chopped, cup peas, 1 cup small wilts. Mix soup and taste. Add extra salt if necessary. cauliflower florets and mix until you have an homogenous colour on the broth. 8. Mix 2 eggs thoroughly and drop as a stream on top of the soup.

4. Chop the tofu into chunks and add now too.

Vegetarian Egg Drop Soup

While this may not be a staple Chinese New Year dish in many households, it's packed with protein and delicious all the same, and perfect for those who want something comforting. Check out how to make this vegetarian egg drop noodle soup below.

Ingredients:

- 1 tbsp ginger, fresh
- 2 clove garlic
- 2 tsp sesame oil
- 4-5 cup vegetable broth (low sodium)
- ¹/₄ cup soy sauce
- 1.5 tbsp rice vinegar
- ½ tsp Sriracha
- cup carrots, chopped (can be frozen)
- 1 cup small cauliflower florets (can be frozen)
- 3.5 oz egg noodles (ramen noodles, soba noodles or rice noodles)
- 2 oz spinach
- cup peas (can be frozen)
- 2 eggs
- 4 oz firm tofu (diced or sliced) (you can also use silken tofu,

just add at the end instead)

5. Add 3.5 oz egg noodles to the soup. When the noodles soften, mix to untangle them.

6. Cook until the noodles are cooked but still have a little bite to them (don't over cook them), about 3-5 minutes depending on your noodles.

Turn heat to low and do not disturb egg mixture inside the soup until it's cooked, about 1-2 minutes. Then break down into egg pieces by mixing gently.

Tossing to Prosperity

Places to Purchase Your Lunar New Year Yee Sang

BY HIRANMAYII AWLI MOHANAN



W KL-Wok Fried Organic Orzo, Braised Sabah King Prawn, Crispy Hokkaido Shelled Scallop, Japanese Barbeque Sauce and Steamed Pineapple Enzyme Fed Chicken, Matsutake Maitake Mu

Hop Into the Lunar New Year with W Kuala Lumpur

It's that time of year to toss your Yee Sang as high as you can! Who knew all things auspicious could taste so good. Toss to abundance, good health, and fortune with W Kuala Lumpur's Lucky Toss Yee Sang varieties. Choose from the Premium Jelly Fish Yee Sang, Korean Snow Pear, Red Palm Oil priced at RM168 for half portion (for 2-6 persons), RM278 for full portion (for 8-10 persons), Norwegian Salmon Fish Yee Sang, Air Dried Szechuan Fish Chips, Crispy Salted Egg Fish Skin, Red Palm Oil priced at RM188 for half portion (for 2-6 persons), RM298 for full portion (for 8-10 persons), Crispy Lobster Meat, Soft Shell Crab Yee Sang, Red Palm Oil priced at RM228 for half portion (for 2-6 persons), RM368 for full portion (for 8-10 persons) and Premium Caviar, Gold Flakes, Truffle Oil, Abalone Yee Sang, Red Palm Oil priced at RM288 for half portion (for 2-6 persons), RM468 for full portion (for 8-10 persons). Take it home, send it as a gift and TOSS, TOSS, TOSS away. Packed in a oh so vibrant circular shaped box that looks like a candy, featuring bold and daring colours befitting of the W brand, the Lucky Toss Yee Sang W2GO is representative of the bold, full flavours of the choice of your Yee Sang.

https://lunarnewyear.oddle.me/en_MY/



W KL Lucky Toss



Auspicious Chinese New Year at Sofitel Kuala Lumpur Damansara

To usher in the Year of the Rabbit, Sofitel Kuala Lumpur Damansara is offering an array of delightful Chinese New Year treats from Jan 3 until Feb 5, 2023. Guests are invited to share the festive joy with family and friends and enjoy a sumptuous feast of authentic Cantonese delicacies and auspicious dishes to usher in good fortune, excellent health, prosperity, luck and happiness. Wan Chun Ting, the hotel's Chinese restaurant offers Yee Sang and festive set menus for family get-togethers. In regards to the Yee Sang, there are various renditions on offer, from Vegetarian Yee Sang RM88+ (half portion) RM178+ (whole portion), Deep fried soft shell crab Yee Sang RM108+ (half portion) RM218+ (whole portion) to Scallop with Snow Pear Yee Sang (advance order) RM108+ (half portion) RM 218+ (whole portion) and the 10 head abalones Yee Sang RM148+ (half portion) RM288+ (whole portion). As for the Chinese New Year Auspicious set menu, there are three renditions to choose from, namely the Prosperity set menu, Fortune set menu and Wealth set menu.

Yee Sang with baby abalone and Hokkaido scallops and snow pears | fish bone soup with fish maw and fresh shrimp wanton | steamed tiger grouper sliced with superior light soy sauce | steamed stuffed eight treasure chicken | wok fried spicy prawns served with Chinese twisted rolls | braised 10 head abalone with sun dried oyster | dried scallop and bean curd sheet with garden greens | fragrant fried rice with wax meat in Homemade spicy sauce | combination of duo Chinese New Year cake with yam | chilled snow's nest with ginseng and ginkgo nuts | premium Chinese tea.

Call +603 2720 6648 or email jasmine.yap@sofitel.com.

Splendid Lunar New Year at Le Méridien Petaling Jaya

The quick, elegant yet gentle rabbit is hopping into 2023 with more hope and prosperity. Le Méridien Petaling Jaya takes this opportunity to celebrate the Lunar New Year with a big celebration to delight your palate. Splendid China, the hotel's 8-course luxurious dinner over an elegant lineup of Oriental Shanghai dance, Ribbon Sleeve dance, lion dance and so much more is set to enthral guests. Available through Jan 2 to Feb 5, there are three Fortune & Prosperity Yee Sang Menu to choose from, including the Prosperity Smoked Salmon Yee Sang priced at RM168, Abundance Tuna Maguro Yee Sang priced at RM188 and Longevity Abalone Yee Sang priced at RM238.

Call +603 7682 0000 or book at www.lemeridienpetalingjaya.com



THE FOR-TU-NES OF CHINATOWN

Chinese New Year is the most anticipated festival of the Chinese calendar, a time to reconnect with family and loved ones, and to share precious moments together. Inspired by the locale surrounding Four Points by Sheraton Chinatown and its flavours, Executive Chef Gerald Chong and his culinary team unveiled Quan's Kitchen's Lunar New Year offerings that emphasises on traditional street fare and local favourites. This year, Quan's Kitchen presents the Prosperity Golden Yee Sang priced at RM98+ (half portion for 5 persons) and RM188+ (full portion for 10 persons), featuring Panko Prawn Chicken Floss, Passion Fruit Pearls, Aroma Truffle Chips, Kelulut Honey & Preserved Lemon Sauce. For a more luxurious bite, add on Braised Australian Abalone (10 heads) at RM288+. These are available for dine-in and takeaway. Continue the celebration with the CNY For-tu-ne Buffet that includes the Prosperity Golden Yee Sang, "Bak Kwa" Roasted Chicken, Kam Heong Roasted Lamb Leg, and Steamed Nian Gao with Desiccated Coconut.



Exquisite Chinese new Year Celebrations at The St.Regis Kuala Lumpur

Usher in the Year of the Rabbit at The St Regis Kuala Lumpur with a myriad of dining experiences specially designed for family reunions, friend gatherings and company events, to celebrate good health, hope, happiness, and a prosperous new year. The St. Regis Kuala Lumpur's Prosperity Yee Sang is a recipe handed down from generation to generation of its owning family, Puan Sri Sharon Chua's ancestral kitchen. With the intention of enticing her children to eat their greens, the secret to the St. Regis Kuala Lumpur's special Prosperity Yee Sang lies in an undisclosed final ingredient. It's made with a base of finely chopped and sliced fresh fruits and vegetables accompanied with assorted nuts, seeds and sauce. Guests will be able to add on slices of Abalone & Crispy Soft Shell Crab, Prawn & Jellyfish, Salmon & Jelly Fish or opt for a Vegetarian version. Puan Sri Sharon Chua hopes her family's recipe brings much longevity, prosperity and abundance to all.

Whatsapp +6012 280 1303 or email dining.kualalumpur@stregis.com



Cargatulus

@ KLAS 150 Jalan Maarof, Bukit Bandaraya, Kuala Lumpur

EXHIBITION EXTENDED TILL 10 JANUARY 2023.

Klifestyle

DESTINATION: MALAYSIA'S HIDDEN GEMS

BY HIRANMAYII AWLI MOHANAN

There are many hidden gems that await discovery across Malaysia, from natural reserves to historically-rich islands. Here are some amazing places that you didn't know that existed in Malaysia.

FOREST RESEARCH INSTITUTE MALAYSIA (FRIM), SELANGOR

FRIM is only 30 minutes away from Kuala Lumpur and robust with a medley of flora and fauna. This national heritage site in Kepong offers pristine, unpolluted environment — mother nature at her best. You can camp, go on a picnic or do some bird-watching here. Alternatively, the popular 150m canopy walkway at the Bukit Lagong Forest Reserve offers a panoramic view of the forest and the Kuala Lumpur area. It's definitely worth the visit.



THE ROYAL BELUM STATE PARK, PERAK

The Royal Belum State Park is among the last remaining virgin forests in Malaysia where biodiversity is practically intact. The pristine environment and intact eco system can be equated to Taman Negara 15 years ago. It is probably the best kept secret waiting to be explored, especially for avid nature lovers. The Belum-Temenggor Forest Reserve has the largest concentration of the larger mammals such as tigers, elephants, tapirs, rhinos, a large variety of deer species, seladang and more in Malaysia. It is the only forest on earth to have 10 species of hornbills. It is also a treasure trove of over 3,000 species of flowering plants, including three species of the world's largest flower, the Rafflesia. The best way to get here is by a car, which takes approximately five to six hours from Kuala Lumpur.

SANTUBONG AND BUNTAL, SARAWAK

Merely a 35-minute drive from Kuching, Santubong and Buntal offer amazing natural attractions and are a hotspot for Irrawaddy dolphins. In Santubong and Buntal, you get to see the Mount Santubong with its rainforest-covered slopes, its mangrove forests, rivers and mudflats. These different habitats are home to a variety of wildlife, making Santubong one of the best sites in Sarawak to see a range of wildlife in their natural setting. You'll find dolphins swimming in groups of more than 30 and these tours run from April to November, which can be combined with a mangrove cruise where you can see other rare wildlife, such as Borneo's world-renowned proboscis monkey. On rare occasions, you might have sight of the finless porpoises and Indo-Pacific humpback dolphins in the waters off Santubong. There are also interesting coastal villages (kampung) in the Santubong peninsula, the most accessible from Damai being Kampung Santubong, a well-preserved Malay village at the foot of Mount Santubong.



KUALA GANDAH ELEPHANT SANCTUARY, PAHANG

The Kuala Gandah Elephant Conservation Centre is located in Temerloh, Pahang, approximately 160 km from Kuala Lumpur. It is accessible via the Karak Highway heading towards Lancang. The centre offers safe sanctuary for endangered and orphaned elephants, established in 1989 by the Malaysian Department of Wildlife and National Parks and forms a base for the Elephant Relocation Team. The sanctuary also aims to raise public awareness and support research and has increasingly become a popular tourist attraction since it became publicised in 1997. The sanctuary promotes public awareness of the elephants' plight in Malaysia and also educates the public on the significance of habitat and environmental protection. You can join the elephant activities at any time of the year.

MULU CAVES NATIONAL PARK, SARAWAK

The Gunung Mulu National Park is a UNESCO World Heritage site and an important landmark for its biodiversity and karst features. At the heart of the park is Gunung Mulu, a 2,377-metre majestic, tall sandstone pinnacle that looks otherworldly. The park is also rich with seventeen vegetation zones, exhibiting some 3,500 species of vascular plants. There are 295 km of explored caves here, which millions of cave swiftlets and bats call home. It's an amazing sight to witness the mass exodus of these bats at some point of the day. The Sarawak Chamber, which is 600 m by 415 m and 80 m high holds a place in the Guinness Book of World Records for the most voluminous known cave chamber in the world. So prepare your trekking shoes. Do note that the remoteness of the Mulu National Park requires a short flight from Miri.

TAMAN NEGARA (ENCOMPASSING PAHANG, KELANTAN AND TERENGGANU)

Taman Negara is Malaysia's natural pride and joy. It is the oldest tropical virgin rainforest at 130 million years old. It straddles three states -Pahang, Kelantan and Terengganu, covering 2,477 km. This is your chance to get back to nature by experiencing walking on the world's longest canopy walkway, visiting the aborigine village, trekking under a canopy of rainforest, climbing the highest mountain in Peninsular Malaysia, caving, fishing, camping, observing wildlife and more. This national park prides itself in its rare mammals, such as the Malayan tiger, Malayan gaur (seladang) and Asian elephants as well as birds such as the great argus, red jungle fowl and the rare Malayan peacock-pheasant which are still found here.





LUXE by KL life style

FASHION & BEAUTY NEWS

All the must-knows and must-haves of the month

BY HIRANMAYII AVVLI MOHANAN





DB EYEWEAR BY DAVID BECKHAM

DB Eyewear by David Beckham is contemporary in feeling, with subtle details. The new collection sees sunglasses and optical frames are dedicated to a stylish individual with taste for fashion and creating their own style, made of bold designs and glossy acetates, finding inspiration in global icons. The sunglasses and optical frames are vintage-inspired and adorned with contemporary details that make a statement. Designed for special occasions, this eyewear is suitable for day and night and is the perfect accessory for the most important moments.

ODE TO LA-LA LAND

Creative director Maximilian Davis presented his first pre-fall collection for Ferragamo in the brand's headquarters. The collection is a reflection of Salvatore Ferragamo's influence in Los Angeles, where the creator of the company opened an eponymous store in the spring of 1923, and forged lucrative alliances with some of Hollywood's biggest celebrities, establishing the basis for his brand's global recognition. Davis was sartorially inspired by the City of Angels' opportunistic allure for Pre-Fall 2023.

BEAUTIFUL BREEDS OF ROSE

Tom Ford Beauty Private Blend Rose Prick Eau De Parfum Set is a wild bouquet of beautiful breeds of rose – Rose de Mai, Turkish and Bulgarian featuring the delectable aromas of Bulgarian Rose, Turmeric Extract, Indonesian Patchouli, Sichuan Pepper, Roasted Tonka and Tolu Balsam. Inspired by Tom Ford's private rose garden, this perfume set featuring Rose Prick, a wild bouquet of Rose de Mai, Turkish and Bulgarian roses infused with the sharpness of Patchouli & Spice is presented in recyclable, plastic-free, keepsake packaging.





A COLLECTION OF DREAMS

Express yourself with the new fragrance collection by Tory Burch – Essence of Dreams. Formulated with the highest grade botanical and essential oils, the new fragrance collection comprises 5 scents: Cosmic Wood, Divine Moon, Electric Sky, Sublime Roe and Mystic Geranium. The Essence of Dreams was conceptualised by Tory Burch with the belief that everything starts with a dream. The enchanting fragrances are rooted in Tory Burch's key philosophies of believing in the future, unity and ambition to take on these shared dreams. The fragrance collection includes 5 fragrances founded on five shared dreams for the future with each scent designed to transport you to a moment – past, present or future. Tory Burch Essence of Dreams is currently available at Tory Burch Pavilion KL and leading departmental stores, priced at RM360 for 50ml and RM500 for 90ml.

NEW YEAR, NEW SKIN

Celebrate the year of the Rabbit and own your glow with Dr Dennis Gross Skincare's award-winning Alpha Beta Daily Peels. A fast-acting, two-step daily treatment that boosts radiance, smooths fine lines, refines pores and improves texture all at the comfort of your home. Like people born in the year of the rabbit, the peels are as gentle for regular use and contains 5 AHA/ BHAs plus antioxidants and vitamins that will lift away your dead skin cells along with excess oil & impurities transforming your skin looking timeless, bringing you good fortune; perfect for the Lunar New Year celebration. Start your exfoliation journey with this festive edition of limited-edition peel box with 35 daily peels.



A FRESH NEW LOOK

Global footwear brand, FitFlop, celebrated the launch of it's all-new retail concept store at Mid Valley Megamall. The store is designed to reflect the brand's unique DNA, with thoughtful design elements and a neutral use of colour seen throughout the space, all of which embodies the brand's chic and cozy approach to style. The reopening of the FitFlop store also gave the brand an opportunity to introduce their Autumn Winter 2022 Collection to guests. The collection offers a variety of casual to formal casual style shoes to cater to consumers who prefer to invest in comfortable, high-quality pieces made to last. The brilliantly-engineered footwear inspires and empowers people to live well and look amazing. Why sacrifice comfort when you can don on stylish yet comfy footwear? FitFlop's new concept store is located at Lot F061, 1st Floor, Lingkaran Syed Putra, Mid Valley City,



CHANEL TO RESTAGE T IE DAKAR 2022/23 MÉTIER D'ART **COLLECTION IN TOKYO**

hosting the Dakar 2022/23 Métier d'Art Collection exhibition again in Tokyo in 2023 as a result of its popularity and relevance. The collection was first unveiled at the former Palais de Justice in Dakar, Senegal on Dec 6, 2022. The collection takes inspiration from the vibrant colours and richly ornate embroideries of beads and sequins, all while celebrating the spirit of the 1970s.

Chanel has officially announced that it will repeat its Métiers d'Art show in Tokyo which "reaffirms the strength of its close ties with Japan." This will mark the first international destination for the now-traditionally traveling show, originally initiated by the late designer Karl Lagerfeld. The show is planned for June 1 in the Japanese capital



UNLEASH YOUR INNER BOSS

Entering a bolder, more impactful era than ever before, BOSS believes that everyone can #BeYourOwnBOSS by living like one and writing their own rules and finding their purpose. Mirroring this new direction, BOSS Parfums introduces BOSS Bottled Parfum, an intensely masculine scent conveying remarkable strength and charisma. The woodyambery composition brings exceptional richness and texture to the timeless BOSS Bottled signature fragrance, capturing the ultimate state of being your own BOSS. With top notes of zesty mandarin and spicy incense oils that lead into a noble heart of rare orris concrete and fig tree root accord finished off with a woody base note of cedarwood essence and vegetal leather accord that adds a signature warmth for a long-lasting scent on the skin. The iconic BOSS Bottled flacon gets a sleek and charismatic upgrade, lacquered in a smoky black finish and topped with a black brushed cap, while a black matte outerpack completes the striking impression that is further complemented with ice gold branding. BOSS Bottled Parfum retails for RM335 (50ml size) & RM440 (100ml).



CORTINA WATCH X CARTIER BAIGNOIRE ALLONGÉE

The Baignoire Allongée, which translates to "elongated bathtub" in French, was a bold creation by the London office. Featuring an extremely elliptical and slim case with a curved, convex design, the watch clearly takes inspiration from Cartier's jewellery pieces, with a simple and elegant dial design. The Baignoire Allongée typically bears elongated Roman numerals on the dial, but in this edition the watch features Arabic numerals with '50' at the 5 o'clock position and "Cortina Watch Golden Jubilee" engraved on the closed case back. The medium-sized model features the compact tonneau-shaped Calibre 1917 MC with a 38-hour power reserve.

HOTPICKS BEAUTY KL LIFESTYLE'S TOP PICKS We have curated a list of all the beauty products we're loving and are

CHLOÉ

ATELIER DES FLEURS SANTALUM EAU DE PARFUM 50ML

Drawing on this wide variety of natural bouquets, the House of Chloé has collaborated with renowned perfumers to create the Atelier des Fleurs line. Although each perfume has a unique signature rooted in the perfumer's memory, they are designed to work in harmony in endless combinations. Full of woody notes and milky accents, this original fragrance has turned sandalwood into an emblem of sensuality, capturing all of its sweetness, smoothness and timeless elegance. RM574



DIOR ROUGE DIOR FOREVER LIPSTICK RM175

SANTALUM

Dior innovates with Rouge Dior Forever, the first transfer-proof Dior bullet lipstick. Ultra-pigmented for intense colour and concentrated in floral lip care, it delivers 16h* of wear without compromising comfort. Rouge Dior Forever is infused with red peony extract, the emblematic ingredient of the line that echoes Christian Dior's love of flowers. Thus enriched with floral lip care, its formula helps maintain the natural hydration of lips for 16h of weightless comfort. RM175

LUXE FASHION & BEAUTY

part of our arsenal.

BY HIRANMAYII AWLI MOHANAN



COACH

OPEN ROAD EAU DE TOILETTE 100ML

Coach Open Road is inspired by a road trip along the American coastline and the thrill of living for the adventure. The aromatic Eau de Toilette opens with crisp, refreshing top notes of juicy red apple and sparkling lemon, reminiscent of the winds of adventure. These notes are accentuated by an energising dose of spicy Sichuan pepper, followed by a vibrant blend of lavender and clary sage. Finally, the fragrance dries down to a contemporary duo of patchouli and vetiver, and the woody softness of cedarwood.

RM402



LANCÔME

ADVANCED GENEFIQUE EYE CREAM 15ML

Instantly smooths fine lines and targets wrinkles & dark circles over time for visibly brighter eyes. Formulated with Bifidus Prebiotic and Hyaluronic Acid, Advanced Génifique Eye Cream helps to accelerate skin's moisture barrier recovery*. A strong skin barrier helps to lock in hydration and defend against external aggressors including pollution, cold and dry weather. Advanced Génifique also helps improve the appearance of fine lines caused by dehydration or due to thinning skin, which can eventually deepen into wrinkles. Day and night, The silky gel-cream texture quickly infuses skin with a unique complex of prebiotic and probiotic fractions. RM300

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FAITHFUL THE BRAND Maivi strapless bow-detailed floral-print linen dress RM1,503

RAUNCHY REDS

Auspicious-hued outfits to ring in the Lunar New Year



SAINT LAURENT Silver-tone crystal ring RM1,932



SAINT LAURENT Silver-tone crystal earrings RM 4,304



GIVENCHY 4G leather shoulder bag RM5,551





GIVENCHY Chain-embellish crepe gown RM31,797



LOREN STEWART Nausicca gold vermeil necklace RM1,720



CULT GAIA Sanam knotted leather sandals RM1,191

LOEWE Puzzle mini texturedleather shoulder bag

RM10,506







TOM FORD Slim-Fit Selvedge Jeans RM2,900



Auspicious-hued outfits to ring in the Lunar New Year





IXE SHOPPIN

TOM FORD Suede Blouson Jacket RM19,16

TOM FORD Robert Suede Chukka Boots RM2,974





LUXE¹⁹ KL lifestyle

SAINT LAURENT'S MODERN SOPHISTICATION

Discover sleek, styles from the trailblazing and iconic brand.

BY HIRANMAYII AWLI MOHANAN

VELVET BLAZER RM12,731

A black jacket is the foundation of any stylish wardrobe, and SAINT LAURENT's velvet version is a must-have. It features a single front fastening, silk lining, buttoned cuffs, and a sleek, longline style. Wear yours with anything, such as jeans or tailored clothing.

LE 57 QUILTED LEATHER SHOULDER BAG RM11.499

The "Le 57" bag from SAINT LAURENT is a purchase that will last for many years. It is made in Italy from guilted black leather and accented with a gold-tone metal plaque bearing the house's recognisable insignia. You can select the length you want for the shoulder strap



-

PLEATED VELVET FLARED PANTS RM5.497

Since the brand's founder, SAINT LAURENT, debuted the renowned Le Smoking tuxedo suit in the late 1960s, exquisite tailoring has been a hallmark of the company. These pants, which are a part of the Pre-Fall '22 collection, are made from plush velvet and have darts at the waistband and cuffs that delicately flare from the knee. With heels and the coordinating blazer, they'll look their most intimidating.

The panels of faded denim that make up SAINT LAURENT's minidress are joined by lengthy, rising seams. It features a stylish collar, chest flap pockets, and a tight silhouette. When the weather is changing, throw it over a turtleneck or wear it alone with heels or sneakers.



NEW NUIT CRYSTAL-EMBELLISHED SATIN SANDALS RM4,376

SAINT LAURENT's 'New Nuit' sandals are sleek and glamorous. Saint Laurent Eyewear's sunglasses capture the futuristic, minimal styles of the '90s. They're made from glossy black acetate with sleek Worn on the Fall '22 runway, they're made from black satin in a point-toe silhouette and topped with light-catching crystals along the oval frames and subtle branding at the temples. Keep yours safe in slim straps. the accompanying case between wears.

ENVELOPE MEDIUM QUILTED TEXTURED-LEATHER SHOULDER BAG RM11,192

SAINT LAURENT's 'Envelope' bag earns its name from the distinctive shape and flap fastening. It's been made in Italy from textured-leather that's quilted in three different patterns, all drawing attention to the house's iconic interlocking logo. It can be carried by the top handle, or worn on the shoulder using the sliding gold chain strap. Use the internal pockets for your cards and cash.

ONE-SHOULDER RUCHED ASYMMETRIC JERSEY THONG BODYSUIT RM11,236

SAINT LAURENT's bodysuit has an asymmetric silhouette that effortlessly drapes across one shoulder and falls into a flowing panel. It's made in Italy from jersey with ruched details and has a figure-fitting design. Style yours tucked into high-waisted jeans.

PANELLED DENIM MINI DRESS RM4.200





SHADE OVAL-FRAME ACETATE SUNGLASSES RM1,652

PARTY FEET

Discover the sparkling shoes you'll want to wear beyond midnight

BY HIRANMAYII AWLI MOHANAN

From jewel-toned pumps to crystal-encrusted mules, these hot-steppers will see you through the parties and beyond.



BOTTEGA VENETA CRYSTAL-EMBELLISHED SATIN MULES RM8,651

Timeless and glamorous, Bottega Veneta's square-toed mules are the perfect way to add some sparkle to your daytime or evening look. They've been made in Italy from lustrous gold satin punctuated with sparkling crystals. Wear yours with dresses and denim alike.

MANOLO BLAHNIK HANGISLI 70 EMBELLISHED SATIN SLINGBACK PUMPS RM6,064

Manolo Blahnik has been the sole designer of his eponymous label since its conception in the '70s - he still sketches each by hand using watercolor ink, so they truly look like works of art. Made in Italy from fuchsia satin, these 'Hangisli' pumps have pointed toes topped with signature crystal-embellished buckles and partially elasticated slingback straps.



MACH & MACH DOUBLE BOW CRYSTAL-EMBELLISHED IRIDESCENT LEATHER PLATFORM PUMPS RM5,909

MACH & MACH's 'Double Bow' platform pumps promise endless glamor and memorable moments. Made from iridescent leather, they're wrapped in the label's signature crystal-embellished ropes and have an elegantly tapered heel. Pair them with a sparkly clutch to draw the eye on every occasion.



SAINT LAURENT INSTINCT SATIN PUMPS RM3,338

SAINT LAURENT's 'Instinct' pumps encourage a confident, powerful stride. Lined and soled in leather, they're made from smooth pink satin and have elegant pointed toes. Wear them with everything from mini dresses and leggings to skinny jeans.

JIMMY CHOO AVERLY 100 BOW-DETAILED SATIN PUMPS RM5,032

Jimmy Choo's 'Averly' pumps are trending all over social media right now, so don't leave them on your wish list for too long. They're made from fuchsia satin and have hand-tied mesh bows at the heel and pointed toe. Wear them with everything from cocktail dresses to jeans.



GIANVITO ROSSI ELLE 85 PATENT-LEATHER AND PVC MULES RM3,102

Gianvito Rossi's 'Elle' mules are the ultimate party shoe. Handmade in Italy from glossy patent-leather, they have tinted PVC straps and 85mm stilettos. The vibrant green hue will elevate anything your pair them with.



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Belmond Set to Write a New Chapter for Luxury Travel

Since 2020, Belmond has begun its ambitious asset rejuvenation strategy which started with the renovation of Splendido Mare, A Belmond Hotel, Portofino (reopened in Spring 2021). 2023 will see Maroma, A Belmond Hotel, Riviera Maya (Mexico) welcoming guests again in May following an extensive renovation and redesign by Tara Bernerd and her team. With buildings aligned to the Sacred Geometry of Mayan masons, the hotel will be completely reimagined while honouring Mexican artisanal traditions, authentic craftsman and local materials throughout the interiors. Likewise, the iconic Splendido, A Belmond Hotel, Portofino has begun its multi-phase renovation overseen by internationally acclaimed interior designer Martin Brudnizki, which will see the transformation of guestrooms, a new spa, and garden landscapes, scheduled for completion in 2026. Each seasonal closure will give the team an opportunity to undertake the meticulous renovation and restoration of the former 16th-century Benedictine monastery.



Hennessy ushers in the Year of the Rabbit with a glass filled with liquid luck brimming with the spirit of inclusion, togetherness and a celebration of diversity across generations worldwide. Maison Hennessy commissioned iconic contemporary Shanghai-born Chinese painter Yan Pei Ming, whose talent has been celebrated worldwide for his expressionistic and monumental works to bring to life the creative expression of his zodiac painting, presenting it as Hennessy's Chinese New Year limited edition bottle collection. Featuring his signature big brush strokes that bring his paintings to life, the leading figure in the international art scene has perfectly embodied the essence of inclusivity, as can be seen on the Hennessy V.S.O.P, X.O, and Paradis bottles. This call is in-line with Hennessy's mission to keep the Maison's rich heritage and tradition alive while at the same time take it a step further and spread the message of togetherness by fusing together the modern and olden day traditions this Chinese New Year.



Inspired by The Farm at San Benito, Miraaya Wellness & Golf Retreat is Nepal's first boutique golf retreat destination for holistic wellness and spiritual enrichment. Located at Devchuli Nepal, Miraaya is the first of its kind in South Asia and the Indian-Sub-continent promising to offer an uber-luxury experience ranging from wellness treatments to wellness cuisine and mindfulness, marking a new era for hospitality in the country. In a pioneering move unmatched in all of the Nepalese hospitality, the Miraaya Spa will offer traditional Nepali massage and beauty rituals using the healing properties of local medicinal plants and herbs.

The Ultimate Afternoon Tea Experience at Baccarat Hotel New York

In keeping with the legendary crystal brand's heritage of creating masterpieces for generations of royal households, Baccarat Hotel New York has introduced its most luxurious afternoon tea service with the launch of The Crystal Tea. This elegant, first-of-its-kind offering includes elevated ingredients such as caviar, lobster, truffles and Madagascar vanilla, presented on a Baccarat crystal three-tier and served with Cristal champagne. Baccarat's Faunacrystopolis Harcourt Tea Set enhances this ultimate tea experience and is included as a takeaway gift. The Crystal Tea is served daily in the alamorous Grand Salon from 12 to 4 pm and priced at \$3,000 (for two guests). The savouries include Special Reserve Kaluga Huso 30 grams, hand-selected by the Petrossian Family and fresh White Alba Truffle Gougere & Parmesan Cream to name a few. The sweets, on the other hand, sees Fig Cookie, Fig & Almond Cookie, Lavender, Fresh Fig and Religieuse, White Valrhona Chocolate Whipped Ganache, Cherry Jam Filled Choux.





LUXE IV KL life style

The World of RUTOMOTIVE LUXURY When Design Meets Innovation

BY HIRANMAYII AWLI MOHANAN

We're here to hype you up on all the beautifully-designed automobile news and latest releases.



MERCEDES-MAYBACH UNVEILS ITS HAUTE COUTURE-INSPIRED S 680



The Maybach Class Haute Voiture concept's next phase has been unveiled by Mercedes-Benz. With its two-tone paint job in metallic marine blue and rose gold, this Mercedes-Maybach S 680 is poised to be the production version of the Haute Couture. The Mercedes-Maybach S-Class Haute Voiture is among the most opulent models ever produced due to its elaborate features and special design elements, which epitomise sophisticated luxury in all its refined glory. The floor mats are constructed from linen and mohair, and the upholstery is a combination of crystal white leather and bouclé fabric. The automobile also includes a matching set of handbags. The S 680's 621 hp, twin-turbo V12, which powers all four wheels, provides an abundance of power as well.





Ford unveiled its limited-edition track-only 2023 Ford GT MK IV

The modern Ford GT is one of the most elusive supercars available, and things are about to get much rarer as the American manufacturer has just announced its limited-edition 2023 Ford GT Mk IV, which is solely intended for the racetrack. Only 67 of this racing variant are expected to be produced in honour to the original 1967 racer, but it comes with a number of upgrades and components to make it a tough competitor on the grid. The body has a Long Tail design for improved aerodynamics and drag coefficient, manufactured of course of carbon fibre, as well as an overall growth for the wheelbase that improves the handling of the vehicle.

THE AUDI RS4 AVANT

The Audi RS 4 Avant combines the high performance of a sports car and the functionality of a family vehicle. Its unconventional design and uncompromising silhouette make it clear: Sportiness is the order of the day here. That is why the Audi RS 4 Avant is the ideal vehicle for progressive families. The vehicle sprints from 0 to 100 km/h in 4.1 seconds. It tops out at 280 km/h and the quattro permanent all-wheel drive with sport differential ensures superior traction and agile handling. The RS dynamic package in the Audi RS 4 Avant impresses with its dynamic steering, quattro all-wheel drive with sport differential and the RS sport suspension with Dynamic Ride Control (DRC). The striking RS front with single frame and honeycomb grille as well as the RS-specific front bumper with newly developed add-on parts signal the muscular look of the Audi RS 4 Avant. At the rear, the RS-specific bumper and the striking rear diffuser characterise the sporty impression. The new wheel design and the widened wheel arches set distinctive accents.

MERCEDES-BENZ MALAYSIA INTRODUCES THE ALL-NEW EQE

Mercedes-Benz Malaysia has introduced its second model series to be based on the electric architecture which developed specifically for electric vehicles, the new EQE 350+ by Mercedes EQ. The business saloon EQE 350+ based on the electric architecture for large vehicles EVA 2. similar to EOS 450+ offers all the essential functions of the EQS in a slightly more compact format. With its dynamic driving experience and comprehensive range of Connected Services, the EQE is a perfect fit for the desires of a modern generation of customers. Consistently high performance and multiple accelerations without a drop in power characterise the EQE's drive philosophy. This includes a sophisticated thermal concept and several variants of energy recovery by means of recuperation in this process, the high-voltage battery is charged by converting the mechanical rotary motion into electrical energy during overrun or braking mode.

LUXE¹⁰ KLlifeztyle

BEAUTIFUL HOTEL DESTINATIONS

Somewhere along the way, hotels have become rightful destinations on their own. Here are some luxury hotels scattered across the globe, that should be on top of your bucket list, post-pandemic.

BY HIRANMAYII AWLI MOHANAN



<u>THE HARI</u>

The Hari Hong Kong **Q** Wan Chai, Hong Kong

Fostering a deeper appreciation for the neighbouring areas of Causeway Bayand Wan Chai, The Hari is the best way to get acquainted with the city and for discerning travellers who want more than to scratch the surface of Hong Kong. Moments away from the Hong Kong Convention and Exhibition Centre and Happy Valley Racecourse, The Hari is the neighbourhood's living room, bridging the commercial pulse of Causeway Bay and the creative design scenes of Wan Chai. Imagined by renowned interior designer, Tara Bernerd of Tara Bernerd & Partners, The Hari's 210 luxury bedrooms include three suites featuring timber panelling, natural linen wallpaper and plush velvet upholstery. Antique brass Crittal doors separate the marble bathrooms from the hotel rooms and suites with views overlooking Wan Chai, Causeway Bay, The Peak and Victoria Harbour.

www.thehari.com/hong-kong







Hyatt Centric Melbourne QMelbourne, Australia

The Hyatt Centric Melbourne is situated in a prime location in the heart of Melbourne's fast-emerging downtown, providing travellers with an ideal setting for discovering the city's authentic attractions and hidden gems. Designed by Architectus Australia and Hecker Guthrie Interiors and built by Hickory, Hyatt Centric Melbourne features 277 contemporary guestrooms over 25 levels. The stylish, yet understated interiors were inspired by Melbourne's urban fabric, including the city's Hoddle Grid business district, custom-designed rugs in the rooms and public areas, as well as Victorian era-inspired brickwork. Through a curated collection of soft furnishings and light fixtures by local designers, the design pays homage to Melbourne's history in wool production and during the Gold Rush, allowing quests to discover the various aspects of the city. Hyatt Centric Melbourne collaborates with emerging and established local artists, food producers, and designers to capture the unique spirit of Melbourne.

www.hyatt.com/en-US/hotel/australia/hyatt-centric-melbourne

www.ritzcarlton.com/harbin







Anantara New York Palace Budapest Hotel

9 Budapest, Hungary

Located in the heart of the Hungarian capital, Anantara New York Palace is an architectural ode to Europe's Belle Epoque era and showcases old-world glamour and contemporary luxury. A glamorous new lobby, stylish guest rooms and the addition of the White Salon, a glitzy new restaurant serving quintessential Hungarian cuisine, will all be revealed in Spring 2022 upon completion of a renovation. A new Anantara Spa will also be launched next year, with treatments touching on the healing philosophies of Anantara's Thai roots and with elements inspired by the thermal bath heritage of Budapest.

www.anantara.com/en/new-york-palace-budapest.


HAUTE HONE HONE The Best Danish Designs

BY HIRANMAYII AWLI MQHANAN

GUBI BASKET SOFA

The name 'Basket' honours the classic hand-weaving technique used in rattan basketry. The collection comprises a three-seater sofa, a two-seater sofa, and a lounge chair, all of which share the same construction. Replacing the inner fibreglass shell that Colombo initially utilised, the core of each piece is now formed from a more environmentally responsible steel skeleton, which provides strength and stability to the unique form. This is covered with a hand-woven rattan skin, made from interlaced strips and oval stakes, a technique that de-mands a tremendous degree of skill and craftsmanship to create.



ANDTRADITION PINWHEEL HM7 TABLE

Slim and shapely, Hvidt & Molgaard's Pinwheel HM7 was first produced in 1953 and is an unusual piece. Named after the children's toy, where a wheel of paper spins around an axle, it draws inspiration from this playful example of geometric design. As such, Pinwheel is composed of six smaller tables that are purchased individually. Slot them together, however, and they cleverly form one shield-shaped piece. Designed to be adaptable, this table can be creatively refashioned to suit all sorts of living arrangements: Pinwheel can exist as several bijou tables placed throughout the home, utilised together as a console, or even configured into the shape of a snake or a flower.

NORMANN COPENHAGEN RIB CABINETS

Rib sideboard and cabinet are timeless and elegant storage solutions. The design is inspired by the architecture of Nordic summerhouses from the 1960's with wooden slats adorning the façade creating an interesting and decorative exterior. Rib continues this architectural heritage by having trapeze-shaped wooden panels, which add character to the design. The wooden slats create a visual break in the uniform surface of the front and add depth and dynamics. To further reference the source of inspiration, Rib is designed in oak veneer with solid oak slats and base and equipped with a push latch, making handles redundant. This creates a harmonious expression mirroring a stringent wooden facade.



CARL HANSEN & SØN DREAM CHAIR

Danish craftsmanship meets Japanese design traditions in Tadao Ando's Dream Chair – a lounge chair inspired by the Japanese architect's desire to encourage people to take time to dream. The culmination of a close collaboration between Tadao Ando and the furniture experts at Carl Hansen & Søn, the Dream Chair is a tribute to Hans J. Wegner, the master of chair design. The chair's unusual floating expression naturally attracts attention. Its simple lines and exacting design are reminiscent of Tadao Ando's architecture, while the organic curves and expansive surfaces imbue the unique shape with ample space for personal reflection.



WOUD GHOST PENDANT

With its sculptural and minimalistic refined silhouette, the Ghost pendant has a modern purity. Made of translucent opal glass, the shade gives an illusion of a white cloth thrown over the light source. Resembling the appearance of a friendly ghost in the air. A figure that is enhanced by the subtle vertical groove pattern fading out gradually upwards. Casting a soft, diffused light, the Ghost pendant will fill the room with a cosy vibe.



Not only do indoor plants make for beautiful home décor, they may also boost your health and well-being. Research suggests we spend more than 85 percent of our lives indoors and houseplants are an easy way to bring nature into your home.

Even the smallest shoebox flat may become a lush, tropical paradise with the greatest indoor trees. To maintain such a magnificent specimen in good health, a few things are necessary:

- 1. Make sure you have tall-enough ceilings to house it comfortably.
- like home (home being its native habitat, of course). So no, the dark interior corner of a room without direct sunlight probably isn't the best place for it.
- 4. Remember: The growing season is year-round when you're caring for indoor greenery.



BIRD OF PARADISE (CAESALPINIA) For jungle vibes indoors, these usually max out around six feet tall, and the leaves naturally split as they mature.

Requires: Bright sunlight and high humidity.

DRAGON TREE (DRACAENA MARGINATA) For that midcentury-modern feel, we recommends these tall, spindly plants. Indoors, they can grow well over 10 feet, but it won't be straight, vertical growth.

Requires: Medium to bright, indirect sun (It will drop leaves if it doesn't get enough sunlight).



CORN PLANT (DRACAENA FRAGANS) Unsexy name, but a perfectly delightful, palmlike silhouette and yellow-green striped leaves.

Requires: Filtered sunlight and little else.



Requires: Low light and plenty of moisture.

2. You'll also need enough natural light (this can be bright indirect light or bright direct light, depending on the tree) to make it feel

3. Yes, you're probably better off buying a young tree and letting it grow and adapt to your home's conditions (which will be cheaper than buying a huge tree anyway). Many trees and tropical indoor plants can thrive indoors if you follow a committed plant care routine.



TRIANGLE FICUS (FICUS TRIANGULARIS) From the same genus as the classic rubber tree and the trending but hard-to-keep-alive fiddleleaf fig, but with a highly unique triangular leaf

Requires: Bright light and some humidity.

and open, airy growth habit.



stalk, and they can grow quite tall even indoors.



FIDDLE-LEAF FIG (FICUS LYRATA)

While not the easiest plants to keep alive, these broad-leafed beauties are super popular "and can grow well over 10 feet indoors.

Requires: Bright, indirect sun and 'a very consistent environment' (so don't move it around or those leaves will drop).

LIGHT FOR YOUR SKIN All You Need to Know About LED Light Therapy

BY HIRANMAYII AWLI MOHANAN



Sweared by the Kardashians and Kate Moss, LED light therapy is getting all the buzz for its promise (and results) in fighting against acne and the signs of ageing. What was once confined to the four walls of beauty and aesthetic centres have now made its way to the mainstream market, with several industry heavyweights offering LED face masks that one can use at home with performative results.

WHAT IS LED LIGHT THERAPY?

An abbreviation of light-emitting diode, LED works by emitting infrared lights (causing heat) in different wavelengths or spectrums, which results in varied skincare benefits. The amber light stimulates collagen and elastin while red light is commonly used to promote blood circulation. White light penetrates the deepest and works to tighten and reduce inflammation while blue light kills bacteria.

WHAT DOES IT DO FOR YOUR SKIN?

Numerous research have proven that LED face masks have the ability to effectively target and treat a multitude of skin concerns. It is particularly successful in boosting collagen production and management of mild to moderate acne. One study has even discovered that green light therapy shows promise when it comes to fading melasma and hyperpigmentation — conditions that are famously tricky to tackle. According to renowned dermatologist Dr. Dennis Gross, the benefits of LED light therapy are plentiful and include treating acne, regulating natural oil production, stimulating collagen and elastin, and minimising redness and wrinkles. Certain wavelengths have even been shown to reduce dark spots and uneven skin tone.

AT HOME VS IN SITU LED LIGHT THERAPY

With at-home LED devices becoming more and more accessible, treating the aforementioned skin problems can be done on your own. While at-home LED devices are easier and always available (you don't need to book any appointments), the intensity of the treatment isn't the same as going to a facialist. These devices are usually a fraction of the in-office cost and can be beneficial in adding incremental benefits to your existing treatment. For firsttime users, insitu treatments are always recommended as those take the complication out of using a device. You don't have to do much except lie there. The treatment is pretty much painless, and the colours can be quite relaxing. Eye protection is also placed to protect your eyes and the treatment will last for about 15 to 20 minutes. You might experience some warmth at first but don't worry, it doesn't cause any burns or skin damage.





WHAT LED COLOUR SUITS YOUR SKIN'S NEEDS?

RED

The majority of at-home LED masks offer a red light setting. At the lighter end of the spectrum, red light works to soothe inflammation and redness, while deeper shades penetrate the skin further to prompt cellular repair and circulation, resulting in a plumper, more vibrant complexion.

BLUE

This antibacterial light is used to kill the bacteria that causes breakouts, making it ideal for treating acne-prone skin. Blue light also helps purify the skin and regulate the oil glands. It's commonly combined with red light in at-home devices, and can often be found in targeted pens, which are ideal for bringing down breakouts.

AMBER

Less common in at-home devices, this colour works to revitalise the skin, reducing any swelling and increasing radiance.

INFRARED

Invisible to the naked eye, this light penetrates deeper than any other colour in the spectrum. It combats the signs of ageing by replenishing the dermal and epidermal cells, stimulates the natural production of collagen and elastin, and speeds up the recovery process. You'll find near-infrared light in the most advanced at-home LED masks.

CHAPPED LIPS UNFOLDING ITS VARIOUS CAUSES AND TREATING IT NATURALLY

BY HIRANMAYII AWLI MOHANAN



Ladies, we understand the discomfort and pain of having chapped lips, from the cracking and peeling, to the pain. While this experience is often attributed to dehydration and exposure to the sun, there are other factors that contribute to dry lips. Vitamin B and zinc deficiencies could cause lips to lose their moisture, while skin care conditions like eczema and contact dermatitis could also be the culprit. Thankfully, there are a number of ways to address and prevent this, after identifying the root cause. Read on to discover the possible causes of chapped lips that go beyond dehydration, and ways to treat them.



DEHYDRATION

Dehydration is probably the most common cause of dry lips. Both plump, healthy lips and healthy, glowing skin depend on proper hydration. The skin of your lips is actually one of the first parts of your body to show signs of dehydration since it is so thin compared to other parts of your face. Maintain a daily water consumption of about 2 litres of water on the daily, plus or minus a few depending on activity level, height, and gender.

• SUN DAMAGE

Soaking up those morning rays grants you natural vitamin D, but too much exposure from the sun can be quite damaging on the skin, especially your lips. The sun can cause the lips to become parched and impair their capacity to retain moisture. Moreover, the lips are more susceptible to burning due to the lack of UV protection in the form of melanin. We protect our face with SPF but tend to dismiss the lips. So, don't forget to protect your lips with lip products containing SPF.

• VITAMIN DEFICIENCIES

What we're lacking internally tends to appear physically. This is evident in certain deficiencies particularly of zinc and vitamin B that can lead to lip peeling or redness. Inadequate intake of zinc and vitamin B can cause dry lips because they are necessary for a healthy body and have been demonstrated to help good skin and wound healing. Vitamin B 12 deficiency specifically can lead to a condition that leads to dry, cracked lips with difficulty healing. Our body doesn't naturally produce zinc or vitamin B so you have to get them through either food or supplements.

• ECZEMA

Just like the rest of your face, your lips can experience flareups of skin conditions such as eczema. Lip eczema doesn't only cause your typical chapped lips. Instead, it imitates typical eczema symptoms like red spots, cracked skin, peeling, and general dryness. Lips may suffer from painful breaks as a result of this. Although heavily moisturising your lips is the recommended course of action, not all hydrating treatments are created equal. A thick ointment will ideally increase hydration while also assisting in defending the skin's barrier to stop further water loss. Since eczema is a skin condition, we advise speaking with your doctor to identify a lip balm that is effective for you.

• CONTACT DERMATITIS

Beyond dehydration, toothpaste and other irritants that might be the cause contact dermatitis which usually result in chapped lips. An allergy or irritant can cause this reaction, also known as allergic contact cheilitis (or ACC), when it comes into contact with the lips. Other than toothpaste, other irritants include metals, certain foods like cinnamon, fragrances or metals. Lip balm can help with the dryness, but you should avoid any triggers to prevent flare-ups. Stop using any topicals if you have contact dermatitis until you can identify the irritant.

LICKING AND PICKING YOUR SKIN

The urge to pick the skin of your lips is real, especially when it's chapped. And while you're inclined to lick your lips to prevent dryness, you're actually doing the opposite. The lip skin is simply too delicate to take the beating. Plus, it can lead to long-term effects like scarring or discolouration. In addition, licking the lips can cause a loss of natural oils, especially during cold weather months. The solution to this is pretty simple — be kind to your lip skin and keep it well lubricated with products that retain the lips' inherent oils.

HIGH FIBRE FOOD YOU SHOULD CONSUME EVERYDAY

Say Goodbye to Fibre Powders and Bars

BY HIRANMAYII AWLI MOHANAN



Growing up in an Asian family and community, parents and relatives alike have touted the importance of eating greens and with good reason, as fibre plays a big role in the body. For starters, it helps you feel full for longer, so you can cut down on mindless afternoon snacking. Fibre is one of the most important nutrients, seeing that it helps protect against certain diseases such as diabetes, heart disease, and some forms of cancer. It also plays a role in weight management and is necessary for elimination and good gastrointestinal health.

You don't need to take a fibre supplement to get your fill of fibre because it may be found in plants like grains, lentils, legumes, vegetables, and fruits. You have lots of options in actual food. Th sad truth is that the majority of us don't consume enough fibre. The recommended amount of fibre intake for women, is between 23 and 28 grams of fibre per day, depending on your age. But, as with all things in life, you don't want to overdo it, or you may feel bloated and gassy. Increase your fibre intake gradually over several weeks to alleviate any bouts of abdominal discomfort. However, like with anything in life, moderation is key; otherwise, you risk feeling bloated and gassy. To ease any episodes of stomach discomfort, gradually increase your fibre intake over a period of several weeks. If you were one to avoid fibre like that plague, we're here to guide you on some high-fibre food you can purchase on your next grocery run.



PINTO BEANS

Pinto beans have a lot of fibre. which will keep you feeling full for longer. They are a great source of protein and have a tonne of fibre. Add them to stews and soups, sprinkle them over salads, or use them in place of meat in your homemade wraps.



high in phytoestrogens that may help to alleviate or reduce menopausal symptoms, such as hot flashes. Use them as you would any other bean, or eat them as a snack.





POMEGRANATE

Spelt has a deliciously nutty flavour and chewy texture, which makes it a great substitute for other grains. It contains 10 grams of protein, too

The fresh, juicy arils (or seeds) of a pomegranate contain antiinflammatory properties that may improve skin quality for anti-ageing benefits. But what's more important is that it carries seven arammes of fibre per one cup of serving.



CORN

Quinoa is a great way to enjoy fibre in a nutty, chewy flavour profile. Cook it as a side dish or cold salad, or use it as a carb base for your lunch or dinner.

Enjoy corn on the cob, or add kernels to salads, minestrone soup, salsa, dips, or side dishes. It's equally nutritious fresh or frozen.

HEALTH & BEAUTY



GUAVA

Studies have shown that guava reduces blood sugar levels and decreases insulin resistance, plus it contains 9 grammes of fibre.



STRAWBERRIES

Strawberries aren't just for smoothies! Top a spinach salad with them, mix them into yogurt or cereal, or eat them plain as a sweet and filling afternoon snack.

CARROTS

They are excellent for on-thego nibbling, but for a whole new level of piquancy, try roasting and mashing them as a side dish. It boasts calcium, vitamin K, and vitamin A for eve health. Carrots carry five grammes of fibre per one cup of serving.



BROCCOLI

This popular veggie is easy to add to stews, top a baked potato with, or whip up as a simple side dish. Pro tip: It's just as nutritious when you use frozen versus fresh.



BEETROOT

This pink-hued vegetable carries 3.5 grammes of fibre per one cup serving. These under-appreciated root veggies become incredibly sweet when drizzled with olive oil, roasted until tender, then skinned (use a paper towel because it's messy). They're an amazing side dish or delish as a topping for green salads with a crumble of goat cheese.



DOES MAGNESIUM HELP YOU SLEEP?

According to experts, magnesium does indeed stimulates sleep, as a key player in many of the steps that allow you to take protein and convert it into the chemicals that help you feel sleepy. Additionally, it promotes relaxation to the nervous system, which enhances its effectiveness. On top of that, magnesium may help in nerve and muscle relaxation. Because of this, doctors frequently prescribe magnesium supplements to assist patients manage the symptoms of restless leg syndrome. This mineral lends support to the maintenance of gamma-aminobutyric acid (GABA) levels, which is a neurotransmitter that controls wakefulness.

THE BENEFITS OF MAGNESIUM

Overall, magnesium can have a calming effect on the body, from helping the body's dopamine levels rise thus improving your mood, to alleviating migraines. It can also help relax muscles, and because it can increase the function of the inhibitory neurotransmitter GABA, that adds to its ability to help reduce anxiety. Various research, including a 2017 published study have supported how magnesium has the potential to improve anxiety symptoms in anxiety-prone people, as well as PMS-related anxiety in women. Experts have gone on to claim that chronically low levels of GABA have been linked to depression. As a result, taking magnesium supplement can increase GABA, which in some circumstances may help lessen depression.

MAGNESIUM DEFICIENCY

Magnesium is rather easy to obtain through food. You run the risk of having a deficiency only if your diet is inadequate in magnesium. People who have a poor, imbalanced diet in general, anyone who has an inability to absorb magnesium due to certain bowel diseases or overuse of laxatives, or folks who have kidney issues or diabetes may be more at risk for a magnesium deficit, according to research. While it's rather rare to suffer from a serious magnesium deficiency, many don't meet the recommended daily intake. If you're wondering, the recommended dietary allowance for adults of between 19 to 51 plus years is 310 - 320 mg for women and 350 - 360 mg for those who are pregnant. When your body doesn't get the amount of magnesium it needs, it could lead to symptoms like muscle twitches, cramping, depression, fatigue, and even high blood pressure.

MAGNESIUM-RICH FOOD

You should make an effort to consume a sufficient amount of magnesium through your diet. Therefore, until a deficiency has been identified, you don't need to take supplements. To incorporate this mineral into your diet, eat food like almonds, spinach, soy milk, peanut butter, and avocado, which are all excellent sources of magnesium. Bananas and dairy products like milk, yoghurt, and eggs are other common sources of it. It can be worthwhile to discuss taking a supplement with your doctor if your diet is deficient in dairy or plant foods like almonds, bananas, and spinach.

IS MAGNESIUM SAFE FOR SLEEP?

It, is in moderate doses of about 100 to 350 milligrams daily. Experts believe and have iterated again and again that the best source of magnesium is naturally, through food. Magnesium is offered in various forms - pill, powder, or gummy. Fret not, as magnesium doesn't fall under the sleep aid category, so you don't have to worry what time to take it before bed. It's not going to knock you out, rather, keep you relaxed and calm so you can settle in easier for slumber.



MAGNESIUM FOR SLEEP

Step Aside, Melatonin

BY HIRANMAYII AWLI MOHANAN

Many have turned to the familiar melatonin - a.k.a. the supplement form of your body's sleep hormone, that can help send you into sweet slumber. However, recently, more and more people have been turning to magnesium instead, to help them sleep. Suffering from the inability to sleep or fall asleep is dreadful and impacts your attitude. productivity, and mental acuity, which can eventually hinder one's ability to exercise and perform well at work. Relationships can be strained from continuous disturbed sleep.

> Now, what is this component called magnesium? It is a mineral that assists more than 300 enzymes to carry out various chemical reactions in the body, including:

- Blood glucose control
- Glycolysis Muscle and nerve function
- Blood pressure regulation
- Energy production
- Oxidative phosphorylation Protein synthesis

Magnesium also functions as an electrical conductor, contracting muscles and regulating heartbeat.

WHAT IS

MAGNESIUM?

CHUAH THEAN TENG'S

EARLY AND RARE MASTERPIECES

BY HIRANMAYII AWLI MOHANAN

ot many realise Chuah Thean Teng's pre-eminence in the world of art and its history, especially in regard to batik painting. He was famed and credited for finding an entirely new and immediately convincing method of pictorial expression — a rare methodology.

As an artist, Chuah first started to draw when he was only a few years old. He acquired his own formal training at the Amoy Art School in China which he left to immigrate to Malaya with his parents. Although trained in the Chinese tradition, he came to prefer Western styles of painting. His early works as a part-timer painter reflected sound draughtsmanship and this was his primary asset. Chuah as a painter in oils was not outstanding, but his works in watercolour were always acceptable in any exhibition.

Chuah's pursuit of his passion in art was mainly self-taught, and he drew inspiration from the local rustic scenes of colonial Malaya, capturing them in woodcut prints. He signed his artwork, which comprised sketches, cartoons, comic strips, oil paintings, watercolours, Chinese brush paintings and even pastels, with the pseudonym Choo Ting.





80 | KL LIFESTYLE



Batik 94 x 63.5 cm



Trashing Rice Batik 60 x 89 cm



Penang Village Scene, Circa late 70's Batik 45 x 119 cm





Mother grooming with Children, 1980 Batik 90 x 60 cm Working at Coconut Plantation, 1980 Batik 90 x 60 cm



Mother and Children, 1980's

Ratik

74 x 52 cm



Batik 61 x 45 cm The artist was at the helm of batik renaissance in Malaysia – a new approach to a timeless medium. Painting by the batik method germinated from Teng's own idea and determination. The possibilities of batik painting as a fine art were a revelation, but equally remarkable was the revolution which occurred in Chuah's own approach to art. His style of painting was very much influenced by Pablo Picasso and Paul Gauguin and that translated onto his works.

Instead of carrying on a classical Chinese style, Chuah captured the vibrant, brilliant colours of the Malay culture of his adopted country. His draughtsmanship acquired sweep and rhythm; colours flared from his canvas. His themes opened up new vistas of Malaysian life, not only the scene but the people and all their daily activities. Women feeding chickens, children playing, farmers gathering the harvest — all warm human, simple and everyday subjects no other Malaysian artists seemed to have tackled with such relish before.

An exceptional and distinctive quality of Chuah's works was that he filled every space and surface with layers of registers or lines upon which the images are standing, sitting or carefully arranged with symbols. These pieces are uniquely stylised and symbolic, hence its allure. The artist had conceived the idea of making pictures in batik – not just decorative designs, but large and frequently complex figure compositions. Some of Chuah's early batiks embodied cork colours that also acted as an embalming shadow with figures all around etched out by lines that dovetail the batik cracking technique.

His productivity in batik painting was enormous, but even more incredible is the high standard and quality of his work. Never satisfied, he was always experimenting, seeking to give new depth and range to his batik art. Realism, impressionism, abstracts - he changed about and essayed them all. No matter what style he chose, the result in batik was always indelibly and individually Chuah.

"Through his receptive eyes and masterly hands, Teng can show a rich vision of Malaysia to the world in his unique medium of batik art." — Frank Sullivan

A.B IBRAHIM THE MAESTRO OF WATERCOLOUR

BY HIRANMAYII AWII MOHANAN





82 | KL LIFESTYLE

Born as Ibrahim bin Abu Bakar in 1925 in Kedah, he was commonly known as A.B. Ibrahim in the art sphere. While he didn't have an academic degree, his struggles and effort placed him as one of Malaysia's notable artists. He is known for his watercolour renditions, highlighting the natural beauty that surrounded him, the identity of communities and peaceful landscapes. This Kedah-born artist is internationally recognised, with approximately 20,000 of his paintings featured abroad, spanning Australia, Italy, London, Germany, Denmark, Britain, the United States, Singapore, Japan, the Netherlands, Switzerland, Qatar, Hong Kong and France.

A.B. Ibrahim was the fifth child of nine siblings. His brothers, Hassan and Kechik shared similar proclivity for art since they were young, but Ibrahim honed his own talent by delving into the medium of watercolour. His formal education ceased in the fourth grade in order to support his middle-income family. He worked at coffee shops selling ais kacang and assisting traders in Pekan Rabu. During the Second World War in 1941, Ibrahim was only 16 years old when he became a JKR labourer building roads. He later became a trader again in Pekan Rabu. Nevertheless, during that period, there were many drawing competitions exhibited through posters and logos organised by the Japanese. This was propaganda as a means to improve the standard of living. However, Ibrahim took this as an opportunity to be active in the arts and exhibit his works to the public. He was once again very grateful because due to the privilege of his drawing talent, he was able to escape from being mobilised by the Japanese to build a railway between Siam and Burma known as the "Deadly Railway." The Chinese at that time were also very familiar with A.B. Ibrahim and supported him by requesting painting portraits of the faces of their family members to honour them in the eventuality of death





Predominantly self-taught, A. B.Ibrahim was one of the founding members of Persatuan Pelukis Melayu (Society of Malay Artists, Malaya) that was based in Singapore. His work, "Malacca Gate" is a permanent collection of the National Art Gallery in Kuala Lumpur and at the Kedah State Gallery and the Royal Museum in Alor Setar. Although he was based in Alor Setar, he spent most of his time in Penang where he sold his paintings along Penana Road and Chulia Street. The artist had held a solo exhibition in Dewan Besar Perniagaan Cina, Ipoh in 1962 and participated in group exhibitions including that of Persatuan Pelukis Melayu, Singapore (1945-1970), Penang Trade Fair (1948), and 4th Malayan Artists Association Exhibition and British Council, Kuala Lumpur (1958).

A. B. Ibrahim excelled in creating and romanticising local landscapes only with the watercolour medium. It is a common, guotidian and modest scene carrying a quiet and tranquil mood that accompanies the atmosphere of villages. The artist created very nostalgic and sentimental mood, reminiscing the days gone by or simpler times. His prowess in re-enacting moods and feeling as well as beautiful rustic landscapes on paper made him one of the most well-known artists in Kedah to date.

The artist passed away on December 25, 1977, a Christmas Day at his residence in Datuk Kumbar Alor Setar at the young age of 52. He left behind a great legacy in watercolour painting.

in the art are **KLAS ART AUCTION RECORD-BREAKING PRICES IN 2022**

L Lifestyle Art Space (KLAS) bids adjeu to yet another wonderful and astounding year of its modern and contemporary art auctions. The esteemed gallery's concluding, and first art auction back in its flagship post in 150 @ Jalan Maarof, Bangsar on Nov 27 marked its final event for the 2022 calendar year. KLAS saw exceptional highs as it celebrated the brilliant and beautiful masterpieces of artists from Malaysia and South-East Asia. As we usher in the new year and the dawn of another year of discovering important artworks, we look back at 2022's momentous art pieces and highlights sold by this reputable auction house. Names that indisputably made the list were hot shots such as the late Khalil Ibrahim, Datuk Chuah Thean Teng, Cheong Soo Pieng, Datuk Ibrahim Hussein, Lee Man Fong and Awang Damit Ahmad - artists that frequented KLAS' auctions, and names that are always expected to fare very well. Besides the heavyweights, 2022 also saw artist Filipino artist, Mauro Malang Santos fare exceptionally well with his 'Abstract, 1979', along with Sri Lankan artist Senaka Senanayake's 'The Gleaners, 1963' soar past expectations. Marvel at these visual beauties and unfold their mystery - the pieces that fetched astounding prices and won hearts.

KLAS ART AUCTION 20 FEBRUARY 2022









Awang Damit Ahmad Saging dan Pucuk Paku (EOC Series), 1992 Mixed media on canvas, 106 x 91.5 cm SOLD BM 95 200





Fishing Village, 1960

SOLD RM 257,600



Oil on masonite board, 50 x 70 cm





Mauro Malang Santos Abstract, 29th January 1979 Mixed media on paper board, 122 x 54 cm SOLD RM 128,800

KLAS ART AUCTION 27 NOVEMBER 2022



Fee Man Fong

KLAS ART AUCTION 29 MAY 2022

Bali Life Watercolour on paper, 98 x 178 cm SOLD RM 117,600

Ibrahim Hussein, Datuk Untitled, 1996 Acrylic on canvas, 100 x 100 cm SOLD RM 386,400



Khalil Ibrahim Pantai Irama, 1970 Acrylic on canvas, 92 x 120 cm SOLD RM 123,200



Chuah Thean Teng, Dato Contentment (Mother and Child), 1983 Batik, 94 x 63.5 cm SOLD RM 67,200



Yusof Ghani Siri Biring XXX, 2006 Charcoal and acrylic on linen, 127 x 97 cm SOLD RM 89,600



Senaka Senanayake The Gleaners, 1963 Oil on canvas, 81 x 132 cm SOLD RM 72,800



Yusof Ghani Siri Tari III, 1984-85 (Washington Series) Oil on canvas, 163 x 219 cm SOLD RM 470,400

KLAS ART AUCTION 28 AUGUST 2022



Khalil Ibrahim Abstract II, 1968 Oil on canvas, 120 x 95 cm SOLD RM 123,200



Lee Man Fong Bali Life Watercolour on paper, 99.5 x 199 cm SOLD RM 95,200



Awang Damit Ahmad Pun-Pun Unggu, 1993 Mixed media on canvas, 76 x 61 cm SOLD RM 61,600



Awang Damit Ahmad Marista - Ingatan Yang Tersisa II, 2001 Mixed media on canvas, 110 x 118.5 cm SOLD RM 61,600



Cheong Soo Pieng Fishing Village, 1960 Oil on masonite board, 50 x 70 cm SOLD RM 257,600



Awang Damit Ahmad EOC Musim Kelabu 1995 Arcylic on canvas, 183 x 153 cm SOLD RM 168,000

FEATURES

COURTYARD PENANG BY MARIOTT

One Bedroom Suite

Rooms to Relax

There are three room categories offered by Courtyard Penang, each boasting views of George Town. The ubiquitous colourway embodied is cool-toned so expect beiges and dashes of greys. The 1-bedroom Suite is everything you need to feel at home, with a spacious living room and wide windows for city watching. The piece de resistance of the bedroom is undoubtedly the plush king bed featuring crisp white linens and pillows, both appealing and inviting slumber.

Dining

While there's much to savour outside the hotel, Courtyard Penang offers its quests very little reason to leave, with its food and beverage outlets. Penang Kitchen, the hotel's all day dining restaurant is where you indulge in scrumptious daily breakfast and an all-day dining meals designed for efficient and guick lunches for the business and leisure travellers. Penang Kitchen serves up a medley of mouthwatering Penangite favourites and international delights. For apperitif or digestif, the hotel's most recent accomplishment in the form of the newly opened Gin Library is the island's first and only distillery-themed bar serving over 40 curated varieties of gins, whiskeys, spirits, and hand-crafted cocktails. Located on the 23rd floor, Gin Library offers spectacular views of the beloved island's skyline.

Courtyard Penang, 218D Jalan Macalister, George Town, 10400 Penang. Tel: +604 297 2300

ourtyard Penang, a hotel conveniently located along the Jalan Macalister in the heart of UNESCO-listed George Town is steps from local attractions, stunning architecture, unique cultural heritage and vivid street art. The 199 spacious hotel rooms and suites offer plush bedding, smart TVs, free Wi-Fi and unobstructed 360-degree views of George Town.

Head over to Penang Kitchen, offering a mix of authentic local favourites and international delights. End your day at the island's first and only distillery-themed bar with a spectacular view of the beloved island serving over 40 curated varieties of gins, whiskeys, spirits, and hand-crafted cocktails. Courtyard Penang offers an outdoor infinity pool overlooking Penang Hill, a pool bar and a 24-hour gym to help you stay energised. Host your events or meetings in one of eight meeting rooms with natural daylight, pillar less ballroom or take it outside onto the open-aired poolside deck overlooking bustling, colourful George Town.





CLUB MED CHERATING An All-Inclusive Escapade

or families where sport and activity is at the core of a holiday, there's no better place than Club Med Cherating. Set on the East Coast of the Malaysian Peninsular, the resort overlooks the South China Sea and sprawls a huge estate, encompassing a stretch of private beach and an enclave buffeted by rocks that's ideal for rock climbing and paddle boarding.

Every Club Med across the globe is distinct, each weaving the local culture with Club Med spirit, and Club Med Cherating is no different. Reminiscent of a local kampung house, the resort is perched on stilts, and are made from quality teak wood. Crossing its threshold into its verdant estate, eyes immediately dart from the shimmering sea to the canopy of trees swaying in the breeze and shading our drive to the main lobby. We arrive to a cheery dance by a team of Gentils Organisers (GOs), upbeat song and merry ambience that resembled a fiesta. The welcome said everything about the resort's slant - fun.

There are three restaurants on site - a centrally-located, familyfriendly spot that doles out a medley of traditional Asian and international delights at buffet corners called The Mutiara, an excellent romantic restaurant with the moon as your company and the crashing waves for music is named The Rembulan and





BY HIRANMAYII AWLI MOHANAN

- The Enak is where comforting, homemade Asian-style noodles can be savoured. No vacation is complete without tipples and with the stance of an all-inclusive holiday, Club Med conveys refreshing cocktails and libations for post-water activities or simply as an aperitif before dinner. With full-board food and drinks, Club Med gives you no reason to leave the resort.
- A verdant resort trail and plethora of indoor and outdoor activities reveals all the hallmarks of a Club Med aetaway - swimming pools, tennis court, spa, trapeze, rock climbing, archery, sailing, yoga, nature walk and many more. While fun and play are a key feature of Club Med Cherating, the importance of environmental awareness is a core value at the resort. Club Med Cherating Beach is the first Club Med resort to be certified globally by Green Globe and holds the title as Club Med's very first eco-nature resort, containing over 60 hectares of preserved primary forests. The resort also engages in extensive green conservation initiatives such as firsthand experiences of protecting endangered turtles at the Cherating Turtle Sanctuary or nature walks around the resort.
- Club Med Cherating, Hvom 29th miles Jalan Kuantan, Sungai Lembing, 26080 Kuantan, Pahana. Tel: +603 20531888

RETAIL THERAPY



Suria KLCC

Petronas Twin Towers • 角 KLCC Tel: 03-2382 2828 / 2430 / 2431 Located at the base of the Petronas Twin Towers, Suria KLCC is the premier shopping centre in KL. It offers unique shopping, dining & entertainment experience. It houses exclusive designer brands and provides an abundant choices of goods and services for everyone. • 10am - 10pm daily. • D8

Avenue K Shopping Mall

156 Jalan Ampang, 50450 Kuala Lumpur. Tel: 03 2168 7800 Avenue K is Kuala Lumpur's coolest urban hub where life and creativity are celebrated. The new Avenue K aims to indulge your retail desires, cater to your entertainment needs and satisfy your appetite for top-notch dining in comfort. Far from a regular mall, it offers exciting experiences and a trend setting venue where shoppers can relax and treat yourself to a good time. With over 60 exciting dining options including Fresca Mexican Kitchen, Dolly Dim Sum, Samba Brazilian Steakhouse, Sushi Zanmai, Nene Chicken, Boat Noodle Sushi Kina and Bankara Ramen, there is no doubt that Avenue K is a foodie's heaven. • 10am to 10pm

IOI City Mall

Management Office, Unit T2-3A-3 & Unit T2-3A-3A, Level 3A, IOI City Towe Two, Lebuh IRC, IOI Resort City, 62502 Putrajaya, Sepang, Selangor. Tel: 03-8328 8900 The multi award-winning IOI City Mall, located within IOI Resort City, is the largest mall in Southern Klang Valley. It is easily accessible via major highways and public transport. Its 1.5 million sq. ft. of lettable space is occupied by trendy fashion brands, supermarket, cineplexes and F&B outlets offering exquisite local

and international dining experiences. • 10am to 10pm

MyTOWN Shopping Centre

No.6, Jalan Cochrane Cheras, Seksyen 90, 55100 Kuala Lumpur. Tel: 03-2710 0057 MyTOWN is located in Kuala Lumpur anchored by IKEA Cheras. Visit us easily by bypass or take a ride on the MRT to the Cochrane underground MRT station. The blend of fashion forward retail, amazing amenities, stylish alfresco events make MyTOWN the premier shopping destination in the heart of Kuala Lumpur. It's more than just shopping... It's an experience for everyone in the familul • 10am to 10pm

88 | KL LIFESTYLE

Beriava Times Sauare Tel: 03-2117 3111 1. lalan Imbi • 🖬 Imbi

The biggest in Southeast Asia, this mall which measures 7.5 million sa ft. is an integrated shopping-cum-entertainment centre with a hotel, the region's biggest indoor theme park and bowling centre. • 10am - 10pm daily. • F8

1 Utama

1 Lebuh Bandar Utama, Bandar Utama, PJ Tel: 03-7710 8118 A new generation shopping centre which satisfies all shopping needs under one roof. The old wing has Jusco as the main anchor tenant while the new extension houses many designer

brands and has U Parkson, MPH & Jusco

asanchor tenants • 10am - 10pm daily.

Sunway Velocity Mall

Lingkaran SV, Sunway Velocity, 55100 Kuala Lumpur. Tel: 03-2786 3970 Sunway Velocity Mall is earmarked to be the leading destination in KL South with its cutting-edge architecture, neo futuristic façade and contemporary interior Built with connectivity in mind. the mall is easily accessible through major roads and highways and is well-serviced by public transportation including 1 LRT and 2 MRTs. 10am to 10pm

The LINC KL

360, Jalan Tun Razak, 50400 Kuala Lumpur Tel: 03-92130388 The LINC KL is an escape, a hideaway, a preferred destination for when you want to take a break from your busy life and reconnect with nature. It is a place full of such possibilities. Room for nature. Room for coming together. Room for celebration. Space to grow. Space to simply be yourself. 10am to 10pm

Shoppes at Four Seasons Place

145 Jalan Ampang, 50450 Kuala Lumpur. Tel: 03-2391 9655 Shoppes at Four Seasons Place is an elegant showcase spanning over six levels of retail, restaurants, a boutique grocer, and more. Immerse yourself in seamless accessibility with your every convenience within comfort's reach. Take your time to explore the collection of carefully curated brands uniquely housed amidst wide spaces, marble halls, and comfortable lounge areas. Strategically located in the Golden Triangle of Kuala Lumpur, the mall welcomes you to indulge in an idyllic experience 10am to 10pm

Publika Shopping Gallery

No 1. Jalan Dutamas 1. Solaris Dutamas, 50480 Kuala Lumpur Tel: 03-6211 7877 www.publika.com.mv www.facebook.com publikashoppinggallery

Bangsar Village

Jalan Ara, Bangsar • 角 Bangsar Tel: 03-2282 1808 Located in happening Banasar, this neiahbourhood mall is vastly popular due to its individual specialist shops offering fashion wear, toys, jewellery hardware, beauty salons and F&B. Anchor tenants include The Village Grocer. The newer and bigger Bangsar Village II that's connected to this mall offers more local and international brands.

Sunway Pyramid Bandar Sunway

Tel: 03-74943100 Impressive giant sphinx statue greets you at the entrance of this Egyptian-themed shopping centre situated next to Sunway Hotel and the Sunway Lagoon theme park.. The mall has a variety of shops and restaurants, an indoor ice-skatina rink and a cineplex. • 10am-10pm daily.

Pavilion KL

168, Jalan Bukit Bintang • 🕫 B Bintang Tel: 03-2118 8833 The shopping centre blends the best of the international retail world with 450 stores – ranging from fashion to home deco and leisure to culinary delights - over its 7 levels and 6 themed precincts. 20% of its tenants represent debut brands in Malaysia. Anchor departmental stores are Parkson Pavilion and Tangs. • 10am to 10pm daily

Bangsar Shopping Centre Jalan Maarof, Bangsar

Tel: 03-2094 7700 Located in the affluent Bangsar suburb,

this mall buzzes with a trendy crowd and houses an array of individual specialist shops for every need. Jasons Food Hall is a favourite with shoppers, as it offers an extensive range of fresh and international food brands. 10am - 10pm daily

Maju Junction Mall 1001 Jalan Sultan Ismail • 🕫

Tel: 03-2697 9312 Located at the junction of Jalan Tuanku Abdul Rahman and Jalan Sultan Ismail. the five-storey mall has 101 outlets with Giant, Wh by British India, FOS, Nichii Fashion City being the anchor tenants. The mall provides concierge service and has an indoor archery centre, Big-Shot Archery. • 10am - 10pm daily.

КПТ

KL International Airport, Sepang S. KLIA Ekspres-KLIA Tel: 03-8777 8888 One of airports with value-for-money shopping, it offers an excellent selection of goods like souvenirs, tobacco, liquors, perfume, chocolates and designer brands.

Pertama Complex

Jalan Tuanku Abdul Rahman Tel: 03-2691 6599 One of the earliest shopping complexes in KL, this mall consists of many small shops selling an astonishing variety of goods and services appealing to the masses. including sports goods, leatherware, clothes, shoes and stationery. • 9am -9pm daily. • D5

Sogo KL Jalan Tuanku Abdul Rahman

• 🔒 M Tuanku • 📓 Bandaraya • 🖅 🛲 Bank Negara

Tel: 03-2698 2111 This 10-storey shopping mall is well patronised for its quality goods (local and international) ranaina from apparel, home furnishing to daily need items. It also has an international restaurant floor on the 6th floor • 11am-9pm daily • D5

Starhill Gallery

181 Jln Bkt Bintang • 🕫 B Bintang Tel: 03-2782 3800 Connected to JW Marriott Hotel and Ritz Carlton Hotel, Starhill houses the largest retail watch floor and a host of top fashion designer boutiques. An exclusive mall with excellent eateries and high-end shops. •10am -10pm daily • E9

Sungei Wang Plaza

Jalan Sultan Ismail • 🖶 B Bintana Tel: 03-2142 6636 Sungei Wang remains one of the busiest shopping centres for the last 2 decades. Linked directly to the Monorail, it has over 500 retail outlets and eateries. A great place to hunt for electrical and electronic products, mobile phones, fashionable street wear, shoes & accessories. The hip T-Hop zone at the 6th floor caters to trendy teenagers • 10am - 10pm daily • F8

The Starling Mall

6, Jalan SS 21/37, Damansara Utama, 47400 Petaling Jaya, Selangor Tel: 03-7730 7000 Built in an organic form with a fluid facade and natural setting, The Starling is a space where nature is immersed into urban retail environment to create a unique space for togetherness in harmony with nature

Subang Parade

Subang Jaya • GRTM Subang Tel: 03-5633 2530 This suburban mall offers an interesting mix of stores with goods ranging from apparels to antiques, and music to iewellery. Anchor tenants include Toy 'R' Us and Parkson. Carrefour hypermarket is located next door. 10am - 10pm daily.

Great Eastern Mall

303 Jalan Ampang Tel: 03-4259 8090 Located along busy Jalan Ampang, this 6-storey mall has a host of shops including a pet shop, Aussino, British India and eateries like Starbucks and



Hartamas Shopping Centre

Plaza Damas, 60, Jalan Sri Hartamas 1 Tel· 03-6201 6553 Integrated with Plaza Damas & situated

among retail shops, offices, serviced apartments and alfresco boulevards. Features Citi Super, SenQ and many other speciality retailers.

Lot 10

50 Jalan Sultan Ismail • 🖶 B Bintang Tel: 03-2143 6092 Linked to the Bukit Bintang Monorail station and Sunaei Wana Plaza by an overhead bridge. Lot 10 offers an upmarket and wide selection of fashion wear. It has lsetan as anchor tenant • 10am - 9.30pm daily • F8

Low Yat Plaza

Off Jalan Bukit Bintang • 🕫 B Bintang Tel: 03-2148 3651 Located next to the Federal Hotel, it has 250 tenants offering goods as varied as cameras, mobile phones, apparel, fashion accessories and antiques. This largest IT centre provides for all your computing needs. BB Park, located across the plaza and consisting of trendy restaurants and alfresco cafes, sees a hive of activities at night. • 10am - 10pm daily • F8

MINES Shopping Fair Centre

Seri Kembangan • Gran Serdana Tel: 03-8949 6288 Cruise into the heart of a busy shopping mall with a vibrant mix of more than 300 retailers, fashion boutiques, F&B outlets, canal auay alfresco dinina, IT & mobile gadgets and also leisure and entertainment facilities like a cinema, bowling alley and snooker centre. 10am - 10pm daily.

Mid Valley Meaamall

Lingkaran Syed Putra • Grow Mid Valley Tel: 03-2938 3333 The shops go on and on in this mall strategically located between KL and PJ. It has Metrojaya, Jusco, Carrefour, Golden Screen Cinemas and MPH as anchor tenants, over 300 specialty stores and 70 F&B outlets under one roof. Adjacent to the mall are Cititel Mid Valley Hotel and Boulevard Hotel • 10am - 10pm daily.

The Gardens

Mid Valley City • GRTM Mid Valley Tel: 03-2297 0288 10am - 10pm dayly

Sunway Putra Mall

(Formerly The Mall) 100 Jalan Putra, KL • 💆 PWTC Tel: 03-2786 9333 Located across the Seri Pacific Hotel and Putra World Trade Centre, the Mall has anchor tenant Parkson Grand together with a host of retailers, offering a full range of products, services, food & amusement to shoppers • 10am -10pm daily • B5

KL's Best Bar





CC BY MEL Residensi Park, 2-13, Persiaran Jalil Utama, Bukit Jalil, 57000 Kuala Lumpur

Chinese

DINE

Celestial Court

03-2717 9988 Ialan Sultan Ismail

 Sherator

 Imperial Kuala Lumpur Hotel Oriental Cuisine
 Casual Dinina

Chynna

03-2264 2264 € KL Sentral• Hilton KL Halal
 Casual Dinina
 H3

Shang Palace 03-2074 3904 • 11 Jalan Sultan Ismail

50250 Kuala Lumpur • Pork-free Shangri-La Hotel KL • Cantonese

Yun House 03-2382 8888 • Four Seasons Place, 145 Jalan Ampang, 50450 Kuala Lumpur, • Pork-free • Four Seasons Hotel Kuala Lumpur • Dim sum

Opium KL

03-2142 5670 • 50, Changkat Bukit Bintang, Kuala Lumpur. • Casual Dining Oriental

Wan Chun Ting 03 2720 6688 • No. 6 - Jalan Damanlela, Bukit Damansara, 50490 Kuala Lumpur. • Sofitel Kuala Lumpur Damansara Hotel • Dim Sum Casual Dining

Din Tai Fung Pavilion 03-2148 8292 • 168, Bukit Bintang

Street, Bukit Bintang, 55100 Kuala Lumpur. • Dim Sim • Casual Dining

Luk Yu Tea House

03 2782 3850 • Starhill Gallery 181, Jalan Bukit Bintang, 55100 Kuala Lumpur • Dim Sum • Tea House Casual Dining

Tao Chinese Cuisine

03-2782 6000 • 65, Jalan Ampang, 50450 Kuala Lumpur • Intercont Hotel Kuala Lumpur • Oriental Cuisine Casual Dinina

Lai Po Heen

03-2179 8885 🔶 KLCC • Mandarin Oriental Hotel • Halal • Casual Dining • Cantonese • D8



FLY ME TO KL 37th Floor, Block, A, Regalia Residence 2 Jalan Sultan Ismail Chow Kit, 50480 Kuala Lumpur.

Li Yen

03-2782 9033 # B Bintana • The Ritz Carlton Hotel • Non-Halal • Casual Dining • F9

Mandarin Palace

03-2148 8744 • B Bintana • 2/F. Federal Hotel • Non-Halal • Casual Dining • F8

Ming Palace

03-2161 8888 👮 Ampang Park • Corus Hotel, Jln Ampang • Casual Dining

Mina Room

03-2284 8822 单 Bangsar• Bangsar Shopping Centre • Non-Halal • Casual Dinina

Oriental Noble House

03-2145 8822 # Imbi• 19 Jalan Delima, Off Jalan Imbi • Non-Halal • Casual Dining • F10

Overseas

03-2144 9911 B Bintang • 84-88 Jalan Imbi • Non-Halal • Casual Dining • F8

Purple Cane

03-2272 3090 🖷 Maharajalela • Selangor Chinese Assembly Hall, 1, Iln Maharajalela • Halal • Casual Dining • G6

Xin Cuisine

03-2144 2200 # B Nanas • Concorde Hotel • Non-Halal • Private Dinina • D7

Indian

Passage Thru' India

03-2145 0366 • 4, Jln Delima,kl Halal • Casual Dining • E10

FLOUR Restaurant

012-960 0053 • Unit No. 69 & 71G, Jalan Medan Setia 1, Bukit Damansara, 50490 Kuala Lumpur. • Fine Dining Pork-free

Bar Triaona

145, Jalan Ampang, Kuala Lumpur, 50450 Kuala Lumpur +603-2382 8670

Mantra bar

Rooftop Bangsar Village II. +60 17-344 8299

The Roof

1 First Avenue Bandar Utama, Petaling Jaya +60 3-8605 3388

Nadodi KL

03 2181 4334 • Lot 183, 1st Floor, Jalan Mayang, Off Jalan Yap Kwan Seng, 50450 Kuala Lumpur. • Fine Dining Pork-free

Qureshi Malaysia 03-2011 1007 • Ground Floor, East Wing, TPC Kuala Lumpur No 10, Jalan 1/70D, Off Jalan Bukit Kiara, 60000 Kuala Lumpur. • Casual Dining

Fusion

Shook!

03-2782 3875 **B Bintang** • Lower G/F, Starhill Gallery • Halal • Fine Dining • E9

Cé La Vi

03-2770 3360 • Ilham Tower, No 8, Jln Binjai, 50450 Kuala Lumpur • Pan-Asian • Pork-free • Casual Dining

Open House 03-2162 0888 • G48 Suria KLCC, Lakeside, 50888 Kuala Lumpur Malaysian
 Pork-free
 Fine Dining

Barat Lifestyle Vegetarian

Restaurant 010-288 2654 • 19, Lorong Kurau, Taman Bukit Pantai, 59100 Kuala Lumpur. Fusion Vegetarian Restaurant
Casual Dining
Halal

French

Chez Gaston KL by Rendez-Vous 011-3993 0036 • 12G, Jalan Bangsar Utama 9, Bangsar, 59000 Kuala Lumpur. Non-halal
 Casual Dining

Entier French Dining

03-2268 3819 • Level 41 at Alila Bangsar No 58, Jalan Ang Seng, Brickfields, 50470 Kuala Lumpur. Pork-free
 Fine Dining

Bistro à Table

03-7931 2831 • 6, Jalan 17/54, Seksyen 17, 46400 Petaling Jaya, Selangor. • Fine Dining • Pork-free

International

Contango 03-2785 8000 • 5, Jalan Sultan Hishamuddin, Tasik Perdana, 50000 Kuala Lumpur • The Majestic Hotel KL • Pork-free • Casual Dining

Babe by Jeff Ramsay

013 209 1330 • 11th Floor, Work@ Clearwater, Changkat Semantan, Damansara Heights, 50490 Kuala Lumpur • Fine Dining Pork-free

Huckleberry Food and Fare 03-2098 7933 • Plaza Damansara, Jalan Medan Setia 2, Bukit Damansara, 50490 Kuala Lumpur • Casual Dining Pork-free

03-2717 9900 # M Tuanku • Sheraton Imperial • Halal • Casual Dining • C6

Mr Chew's Chino Latino

The Penthouse, WOLO, Bukit Bintang Street, 55100 Kuala Lumpur +60 3-4065 0168

Marinis on 57

Level 57, Menara 3 Petronas, Persiaran KLCC +60 3-2386 6030

HOTELS & RESORTS

Italian

Cellini's

03-2715 1000 @ B Bintana • Dorsett Regency Hotel • 172 Jalan Imbi • Halal • Casual Dining • F9

Tamarind Springs

03-4256 9300 Jalan 1 Taman Tun Abdul Razak, Ampana Halal . Fine Dinina

La Risata

03-4252 6269 • 26, Persiaran Ampana Halal
 Casual Dining

Prego 03-2773 8338 B Bintang • The Westin Hotel • Halal • Fine Dining • E9

Villa Danieli

W Kuala Lumpur

•Woobar (Bar)

Hilton KL

03-2717 9922 . M Tuanku • Sheraton Imperial Hotel • Halal • Italian • Fine Dining • C6

HOTEL & RESORT

Seasons(International) .Pool Bar & Grill

+603-2786 8888 •No. 121, Jalan

Ampana, 50450 Kuala Lumpur

www.mariott.com.Yen.(Chinese

Restaurant) .Flock (All Day Dining)

Grand Hyatt Kuala Lumpur

03-2182 1234 • Jalan Pinana

SLCC • JP Teres (Malaysian)

From RM550 - RM5610

• Iketeru (Japanese)

Sunway Resort

90 | KL LIFESTYLE

THIRTY8 (International), Poolside

www.kualalumpur.grand.hyatt.com

+603 2264 2264 • 3 Jalan Stesen

• ww3.hilton.com • Chynna (Chinese

Restaurant) - Vasco's (All Day Dining)

Graze (European) • Zeta Bar (Bar)

+603 7492 8000 . Sunway Resort,

Persiaran Lagoon, Bandar Sunway,

Villa Samadhi Kuala Lumpur

+603 2143 2300 . No. 8, Persiaran

Lumpur • www.villasamadhi.com.my

• The Dining Room (All Day Dining)

Madge Off Jalan Madge, 55000 Kuala

47500 Selangor . www.sunwayhotels.

com . The Resort Cafe (All Day Dining)

Sentral, 50470 Kuala Lumpur

Nobu Kuala Lumpur 03-2164 5084 . Menara 3 Petronas Persiaran KLCC . Fine Dining

Fukuya Restaurant 03-2144 1022 • 9, Jalan Delima,

Imbi, Kuala Lumpur - Casual Dining

Hary Japanese Restaurant 03-2011 8783 . 124A, Jalan Kasah,

Medan Damansara . Casual Dining

Nippori Cafe

Japanese

03-7733 8592 . 102 (First Floor), Empire Damansara, Jalan PJU 8/8, Damansara Perdana, 47820 Petalina Java, Selangor . Casual Dining

Sagano 03-2264 2264 🗑 Stesen Sentral KL Hilton Kuala Lumpur, 3 Jln Stesen Sentral

Korean • E8

Korean 03-2148 9608 = Raja Chulan • Pavilion KL Da On

Kokufu 03-4049 4412 • Sri Pan Pacific KL Halal • Fine Dinina

Ikataru

Kampachi

Komura 03-2161 8888 👷 Ampang Park Corus Hotel Casual Dinina
 C9

Ozeki Tokyo Cuizine 03-2166 4263 • B Nanas • Menara TA One • Halal • Fine Dining • D8

Yuzu 03-2284 7663 • The Gardens. Mid Valley City . Casual Dining

03-2162 2233 [®] B Nanas • Renaissance Hotel • Halal • Casual Dinina

03-2141 2100 # B Bintang Pavilion KL • Halal • Fine Dining •

Koong Jung 03-2166 7181 🕏 Ampang Park • PNB Darby Park • Halal • D9

Koryo Won 03-2143 2189 🗑 Bukit Bintana • Starhill Gallery • Halal • Casual Dining • E8

Thai Rama V Fine Thai Cuisine 03-2143 2428 / 03-2143 2663 5. Jalan



Sheraton Imperial KL 03-2717 9900 • Jln Sultan Ismail • 🖶 M Tuanku • Essence (Int'l), Villa Danieli (Ita), Celestial Court (Chi) • From RM300-RM5.825 • D6

The Ruma Hotel and Residences

+60 3 2778 0888 • 7 Jalan Kia Peng, 50450 Kuala Lumpur • www.theruma. com • ATAS Modern Malaysian Eatery (Modern Malaysian) . Santai Pool and Lounge . Seven Lobby Bar and Lounge

Sheraton Petaling Jaya

+60 3 7622 8888 Jalan Utara C, Petaling Jaya, 46200 Selangor • www.mariott.com/sheraton-petalingjaya . Yue (Chinese) . Feast (International) • Miyabi (Japanese) • Sala (Bar) . Chime (cigar and whisky bar)

EO

+603 - 2789 7777 • Equatorial Plaza Jalan Sultan Ismail 50250 Kuala Lumpur • Nipah • Kampachi www.eqkualalumpur.com

Sunway Pyramid Hotel

+603 7492 8000 • Persiaran Lagoon. Bandar Sunway, 47500 Selangor . The Resort Cafe, The Lobby Lounge, Cherootz

InterContinental KL

03-2782 6000 • 165, Jalan Ampang • www.ihg.com Ampang Park • Serena Brasserie, Tao (chi), Tatsu (Jap), Bentley's Pub,

•OneSixFive(Japanese) JW Marriott Hotel KL

03-2715 9000 • 183 Jalan Bukit Bintang • # B Bintana • 3rd Floor (Int'l), Marriott Café, Shanghai (Chi), JW Marriott Gourmet (Int'I), Havana Club • From RM400- RM8.000 • E9 • www.marriott.com

Le Meridien KL

03-2263 7888 • 2, Jln Stesen Sentral 5, KL Sentral • 🗑 🔶 Grow KL Sentral • One On One (Asian Fusion), Al Nafourah (Middle Eastern), The Conservatory (Lounge & Bar) • From RM 328- RM5,500 • H3 www.lemeridienkualalumpur.com

Mandarin Oriental Hotel

03-2380 8888 • KL City Centre • 9 KLCC •Lai Po Heen (Ch), Mandarin Grill and Mo Bar (Bar & Grill), Mosaic (Buffet), The Mandarin Cake Shop, Cascades (Int'I), Wasabi Bistro (Jap) • From RM409(internet)/RM499(phone) • D8 www.mandarinoriental.com

Philea Mines Beach Resort

03-8943 6688 • Jalan Dulang, Mines Resort City, Seri Kembangan, Selangor • Grand • Abdul and Charlie's (local), Cheng Ho Court (Chi), Beach Hut and Sunset Lounge (drinks and snacks) • From RM200-RM2000

Sama-Sama Hotel KLIA

03-8787 3333 • Kuala Lumpur International Airport • S.KLIA Degrees (Int), Traveller's Bar & Grill, Palmz Lounge (Wn) • From RM570++ www.samasamahotels.com

Puliman Kuala Lumpur

03-2170 8888 • 4, Jalan Conlay • # Raja Chulan •Tai Zi Heen (Chi), Eccucino (Café), Enju (Jap) • From RM270-RM670 • E9• www.princehotelkl.com

Renaissance KL

03-2162 2233 • Corner of Jln S. Ismail/ Jin Ampana • 🖶 B Nanas • Saaano (Jap), MED@Marche(Med), Vogue (Int'I) • East Wina: Dynasty (Chi), TEMPTationS (Int'l) • From RM215-RM6.000 • D7

The St. Regis Kuala Lumpur

03-2727 1111 . Jalan Stesen Sentral 2, Kuala Lumpur Sentral • From RM850

Shanari-La Hotel KL

03-2032 2388 • 11 Jalan Sultan Ismail • # B Nanas • Shang Palace (Chi), Zipangu (Jap), Lafite (Fr), Lemon Garden Café (Int'l). The Pub • From RM364-RM12.000 • D7 • www.shanari-la.com

Hilton PJ

03-7955 9122 • 2 Jalan Barat, PJ • 🔶 Asia Jaya • Toh Yuen (Chi), Paya Serai Coffee House, Genji (Jap), Caffè Cino, Uncle Chilli's • From RM220-RM1685

The Gardens Hotel & Residences

03-2268 1188 • Mid Valley City • 5 Mid Valley • The Soread (Int'l), Sage Restaurant & Wine Bar (Fr & Jap) • From RM600-RM2,600 • www.gardenshtlres. com

Sunway Putra Hotel (Formerly The Legend Hotel)

03-4042 9888 • Putra Place, 100 Jalan Putra • PWTC • Museum (Chi) Coffee House, Atrium Lounge . From RM188-RM388 . B5 . www. lagendhotelkl.com

The Ritz-Carlton KL

03-2142 8000 • 168. Jalan Imbi • 🗑 B Bintana • Li Yen (Chi), Rossini's (Ita) • From RM418 • F9 • www.ritz-carlton.com

Sofitel Kuala Lumpur Damansara

03-2720 6688 • 6, Jalan Damanlela, Bukit Damansara, 50490 Kuala Lumpur • From RM330-RM820 • www.sofitelkualalumpur-damansara.com

The Ritz-Carlton Residences

03-2142 9000 • 🗑 B Bintang • From RM950-RM1.330 • F9

The Royal Chulan

03-2688 9688 • Jalan Conlay • # R Chulan • Deli Cafe (Ita), Bunga Emas (Mas), L'Heritage (Fr) • F6 • www. theroyalchulan.com.my

Aloft Kuala Lumpur Sentral

Nook (International), MAI Bar (Menu), w xyz(SM) Bar (Cocktails & Snacks) • From RM270 - RM388 • www.starwoodhotels.com/alofthotel

Ancasa Hotel KL

03-2026 6060 • Jin Tun Tan Cheng Lock • Plaza Rakyat • Saffron Brasserie and BabaReeba! • Ancasa Spa • From RM165-RM416 • www.ancasa-hotel.com

Boulevard Hotel

03-2295 8111/2295 8000 Grm Mid Valley City, Lingkaran Syed Putra • Mid Valley •Wild Rice (Int'l) • Rates from RM290Nett - RM420Nett • www.blvhotel.com

Coronade Hotel KL

03-2148 6888 • Jalan Walter Grenier, Bkt Bintana • 🖶 B Bintana • Makan-Makan (Local & Int'l), The Kasturi (Malay), Lobby Lounge. • From RM208- RM500 • F8 www.coronade.com

Corus Hotel KL

03-2161 8888 • Jalan Ampang • 👷 Ampang Park • Ming Palace(Chi), Dondang Sayang (Int'l), Komura (Jap) • From RM185-RM390 • C9 • www. conshoteld.com

Dorsett Regency

03-2716 1000 • 172, Jalan Imbi • 🕫 B Bintang • Checker's (Café), Cellini's(Ita), Windows Lounge (Wn) • From RM200 onwards • F9 www.dorsettregency-kl.com

Four Seasons Hotel Kuala Lumpur +603-2382 8888 . Four Seasons Place, 145, Jalan Ampang, 50450 Kuala Lumpur www.fourseasons.com .Yun House (Chinese Restaurant) .Curate (All Day Dining) •Bar Trigona (Bar) •The Lounge At Four KL Tower

03-2020 5499 Bukit Nanas • Jalan Punchak, off Jalan P Ramlee, • The KL Tower stands at 421 metres. The tower houses a revolving restaurant and an observation deck which takes 58 seconds to reach. Catch the sunset or experience sky jumping from the tower roof. • Opens 9am 10pm daily • E7

Istana Negara, Jalan Duta

Located along Jalan Duta, it is the of-

ficial residence of Malaysia's king since

Nov 11, 2011. Influenced by both Is-

to the country's architectural wonders

lamic and traditional Malay architecture,

this unique structure is the latest addition



National Monument

Jalan Tugu, off Jalan Parlimen Designed by American artist, Felix Weldon and cast in Italy, the immense bronze structure was built to commemorate the servicemen who lost their lives during the struggle against the communist insurgency in the 1950's. The 7 soldiers symbolise unity, strength, leadership, sacrifice, courage, suffering and viailance • E3



Jamek Mosque

1:30pm & 2:30pm-6pm.

Jalan Tun Perak • Situated at the

rivers, this grand old mosque was

confluence of the Klang and Gombak

in 1909. It incorporates many features

of Moahul architecture a • Opens 8am-

designed by British architect AB Hubbock



Little India

Masjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass, jewellery, sarees, Indian handicrafts to perfumes & spices. • E5

HOTELS & RESORTS



Seri Bukit Ceylon

03-20201708 • No 8, Lorong Ceylon off Jalan Raia Chulan • From RM250-RM480 • E7

Federal Hotel

03-2148 9166 • 35. Jalan Bukit Bintana • B Bintang • Mandarin Palace (Chi), The Verandah (Int'I) Revolving Bintang (European) • From RM170-RM600 • F8 www.fhihotels.com

Element by Westin Kuala Lumpur

03-2771 3388 . Ilham Tower, 8, Jln Binjai, Kuala Lumpur, 50450 Kuala Lumpur - Trace Restaurant & Bar -From RM343 • www.marriott.com

Impiana KLCC Hotel & Spa

03-2147 1111 • 13 Jln Pinang • 🕫 R Chulan Tonka Bean Cafe (Int'l) • From RM219-RM368 • D8 • www.impiana.com

Novotel City Centre KL

03-2147 0888 • 2 Jln Kia Peng • • Qing Zhen (Chi Muslim), The Square (Int'I), Fun Pub, Al Fresco • From RM260-RM660 • E8 www.novotel.com

Pacific Regency Hotel Suites

03-2332 7777 Menara PanGlobal Jalan Punchak • 🖶 B Nanas • Soi 23, Luna, Olive & Geo Café • From RM290-RM500 • D7

www.pacific-regency.com

Sunway Resort Hotel & Spa

03-7492 8000 • Persiaran Lagoon Bandar Sunway Petaling Jaya

Quality Hotel City Centre

03-2614 8000 • Jalan Raja Laut • DBKL Benteng Coffee House (Int'l), Meisan Szechuan (Chi), Club 300 • From RM150-RM550 • C5 • www.qualiti.com.my

Swiss Garden Hotel

03-2141 3333 • 117, Jin Pudu • 🗟 Hang Tuah • Blue Chip Lounge (Int'I), Flavours Restaurant (Int'I), Green Treats Delicatessen (Int'l) T@ste 6 Restaurant (Int'l) • From470+

The Royale Bintang KL

03-2143 9898 17-21 Jalan Bukit Bintang • B Bintang • Sunflowers Brasserie, Cafe Royale & Bar, Rimba Spa • From RM208 • F8 • www.royale-bintang-hotel.com.my

The Royale Bintang Damansara

03-7843 1111 • 6, Jalan PJU 7/3, Mutiara Damansara • The Restaurant (Int'I), Mystery Pub & Café • From RM195 www.royalebintang.com.my

The ZON All Suites Residences on the Park

03-2164 8000 • 161D Jalan Ampana • 🤶 Ampang Park • Terracotta Restaurant & Lounge • From RM253-RM396 • D8 www.zonhotel.com.my

Concorde Hotel

03-2144 2200 • 2 Jalan Sultan Ismail • B Nanas • Spices (Western), Meltina Pot (Int'l), Xin (Chi) • From RM178++-RM320++ • D7

Traders Hotel

03-2332 9888 • Kuala Lumpur City

• 👮 KLCC • Gobo Chit Chat, Gobo Upstairs, Sky Bar, Lounge & Grill • From RM270 • This hotel is located in the vicinity of KL Convention Centre • D8

Vistana KL

03-4042 8000 • 9 Jalan Lumut, off Jalan Ipoh, Kuala Lumpur • 🖶 Titiwangsa • Vistana (Asian) • From RM172-RM230 • A5 • www.vistanahotels.com

Hotel Capitol Kuala Lumpur

03-21437000 Jalan Bulan Off Jalan Bukit Bintang

www.capitol.com.my

+++

Alpha Genesis

03-2141 2000 • 45 Tengkat Tong Shin • 🖶 B Bintang • Tee Box Café From RM150-RM380 • F7 • www. alphagenesishotel.com

Cititel Mid Valley

03-2296 1188 • Mid Valley, Lingkaran Sved Putra • Gran Mid Valley • Citi Café Rates from RM205Nett – RM320Nett

Corona Inn

03-2144 3888 • 22, Jalan Tong Shin • 🕫 B Bintang • Corona Café • From RM130-RM180 • F8 • www.coronainn-kuala lumpur.com

Grand Continental

03-2693 9333 • Jin Belia/Jin Raia Laut • PWTC M Tuanku • Grand Star (Chi) , Lai Marble Coffeehouse • From RM135-RM800 • C5

www.ghihotels.com.my

First World Hotel

03-6101 1118 • Genting Highlands • istorante Torcello's (Italian), Lakeview Seafood Restaurant (Seafood), The Patio (Wn) • From RM85 - RM460

Midah KL

03-2273 9999 • 8, Jalan Kampung Attap •
Maharajalela • Attapia Coffee House (Int'I). Rolling Good Times Café • From RM145-RM250 • G5

Prescott Inn

03-2713 7887 • 23 Lrg Medan Tuanku 1.off Jln Sultan Ismail • 🗑 M Tuanku • Makana Restaurant

From RM110-RM170 • C5

SIGHTSEEING

Swiss-Inn KL

03-2072 3333 • 62, Jin Sultan • 🕫 Maharajalela Café Petaling • From RM130-RM175 • G6

The Plaza Hotel

03-2698 2255 • Jalan Raia Laut • Sultan Ismail • Pago-Pago Café (Continental), Plaza Court (Chi) • From RM110-RM178

SIGHTSEEING

Aquaria KLCC

03-2333 1888 • 🕫 Raja Chulan 🜈 KLCC • All 60,000 sq ft of Aquaria encompasses Evolution, Jewels of the Junale, Deep Forest, The Coasts and Touch Pool, The Livingb Oceans and The Living Reef, with over 5000 aquatic and land-bound animals representing over 150 different species. Don't miss the 90-metre underwater tunnel. Opens daily from 11am-8pm. (Including weekends, school and public holidays) Last admission at 7pm. Entry Mykad Holder - RM49(Adult), RM39 (Child), General Admission - RM69 (Adult), RM59 (Child)

Batu Caves

03-6189 6284 • This popular Hindu temple draws hundreds of thousand of visitors during Thaipusam. It consists of three grand caves: the Dark Cave, the Museum Cave and the Temple Cave with brilliant rock formations. The Museum Cave at the foothills has interesting display of Indian mythology. To reach the main Temple Cave, one has to climb 272 steps.

Rird Park

03-2272 1010 • Located at the Lake Gardens, this 8.4ha bird park is the world's largest free-flight walk-in aviary. It is home to more than 3,000 birds from approximately 200 species. Opens daily from 9am-6pm • F4

Butterfly Park

03-2693 4799 • Over 120 species of butterflies can be found in this park located at the Lake Gardens' vicinity Admission is RM9 for adults and RM2 for children. Camera: RM3. Opens 9am to 6pm daily. • F4



03-2306 3421 / 2064 4741 • Bukit Nanas Nestled in the heart of KL. the virgin forest-clad hill is a 10.5 ha park offering a 10-minute & a 20-minute walk trails from the Forest Information Centre at Jalan Raia Chulan to KL Tower. • E7

Central Market

03-2274 6542 . Pasar Seni Once the city's biggest wet market, it is now a centre for food and cultural activities. Cultural performances are staged during weekends at the riverside amphitheatre. Handicraft, souvenirs, art & portrait paintinas are sold at baraain prices. The Annexe Gallery at CM is a progressive art centre. • Opens 10am to 10pm daily. • F5

Deer Park

03-9200 0039• Enclosed within a 2-ha around at the Lake Gardens, the deer, fawns and does roam freely in a cool and peaceful habitat with lush trees and shrubs and ponds. • F3

Istana Neaara

Official residence of Malaysia's Kina. visitors can witness the changing of the royal guards daily. The Rulers Conference, various royal and national ceremonies, investitures and official banquets are held at this palace. • H5 03-6200 1000

Little India

Aasjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass iewellery, sarees, Indian handicrafts to perfumes & spices. • E5

Jamek Mosque

Aasjid Jamek • Jalan Tun Perak Situated at the confluence of the Klana and Gombak rivers, this arand old mosque was designed by British architect AB Hubbock in 1909. It incorporates many features of Moghul architecture a • Opens 8am-1:30pm & 2:30pm-6pm. • E5



PETRONAS Twin Towers 03-26158188

KLCC • KL City Centre • The 88-storey Petronas Twin Towers stand at 451.9 metres. Seated in the heart of KL and amidst a 50-hectare landscaped park, a skybridge on the 41st floor is open to visitors between 9am-7pm daily, closed on Monday • D8

Royal Selangor Visitor's Centre

03-4145 6000 • 4, Jalan Usahawan Enam, Setapak Java • Located 15 minutes from the city centre, the Royal Selanaor which is internationally known for its fine designs and craftsmanship, offers a complete visitor experience, enabling them to see, hear, touch and learn how pewter is made. • Opens daily from 9am-5pm.

Royal Selangor Club

03-2692 7166 • 🜈 Masjid Jamek • Jalan Raja • Once nicknamed 'The Spotted Dog' during the colonial days, this club which features Mock Tudor architecture, is one of the oldest membership clubs in KL. • E5

Thean Hou Temple

03-2274 7088 • 65 Persiaran Endah, off Jalan Syed Putra • A beautiful blend of Chinese and contemporary architecture, this is one of the largest and most ornate Buddhist temples in the region and a venue for major religious festivals. Also check out the herbs garden, wishing well and souvenir stall • Opens 9am to 9pm daily

MUSEUMS

Asian Arts Museum Universit

Malaya 03-7967 3936 • Uni. of Malava • A unique collection of Asian art & sculptures, ceramics, including Islamic & Malay art and textiles • Opens Mon - Sat. Closed on Sunday & public hols.

Forest Research Institute Malaysia

03-62797 000 • Kepona • Located within the 1.500 hectares of natural land reserve, the institute showcases Malaysia's rich forest heritage. • Opens 8am-4pm. Fri 9am- 12pm.

Heritage Centre

03-7957 4341• 2 Jin Stonor • Showcases Malaysia's architectural heritage, the centre also conducts 2 guided tours a day (11am & 3pm) of the Rumah Penghulu or Village Head's abode which has been furnished to reflect a house in the early thirties • E10

Islamic Arts Museum

03-2092 7070 • Jalan Lembah Perdana Opened in 1998, the museum focuses on the rich diversity of Islamic arts and culture. Miniature replicas of Tai Mahal and other islamic architectural wonders are on display • Tickets at RM12 (adults) RM6 (under 18, students & senior citizens) Opens 10am to 6pm daily.
 G4

Museum Orang Asli

03-6187 8786° Km 24 Gombak • Displays a collection of over 3,000 artifacts showcasing the history, culture & lifestyle of indigenous tribes of Peninsular Malaysia. • Opens 9am-5pm. Closed Fri FRFF

National Museum

03-2267 1111• 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students

ARTS & CULTURE

National Theatre (Istana Budaya)

03-4026 5555 • Jalan Tun Razak • Designed by Malaysian architect Muhammad Kamar Ya'akub, this modern theatre is one of the world's most sophisticated theatres with state-of-the-art stage equipment. It holds drama, dance and musical performances regularly. • A7

Petronas Philharmonic Hall

03-2331 7007• KLCC • Located within the Petronas Twin Towers, it is home to the Malaysian Philharmonic Orchestra and the National Choir. It features performances of highest quality by visiting orchestras and world-renowned soloists, besides performances by the MPO which now ranks among the top orchestras in the region • D8

OTHER FUN-TASTIC THRILLS & SPILLS

Casino De Gentina

03-6101 1118 • Genting Highlands Hotel **Flight Training**

03-2141 1934 • Royal Selangor Flying Club

Horse Racing 03-9058 3888 • Selangor Turf Club, Jin Sungai Besi

Horse Riding

03-4256 4531 • Royal Selangor Polo Club, JIn Ampang Hilir

03-2094 1222• Bukit Kiara Equestrian Club, JIn Bukit Kiara, Kuala Lumpur

me Parks

Berjaya Times Square Theme Park 1 Jalan Imbi, Level 5 & 7, Kuala Lumpur Tel: 03-2117 3118

Sunway Lagoon Theme Park 3 Jalan Pis 11/11, Bandar Sunway, Petaling Jaya . Tel: 03-5639 0000

Skytropolis Indoor Theme Park

First World Plaza, Resorts World Genting, Level 1, Genting Highlands, 69000 Tel: 03-2718 1118

District 21

Level 1, IOI City Mall, Putrajaya Tel: 03-8328 8888

National Library

03-2687 1700 • 232 Jalan Tun Razak. • This 7-storey building which blends traditional design with modern architectural elements houses more than 1.5 million books, some of them extremely rare, Opens daily except Monday
 A8 FREE

Galeri Petronas

03-2051 7770 • 🬈 KLCC • Level 3 Suria KLCC. • Exhibits artworks by local and international artists Opens 10am to 8pm. Closed on Monday. • D8 FREE



Telekom Museum 03-2031 9966 🗑 Raja Chulan • 63, Jalan Conlay. • 🕫 Raja Chulan • Jalan Raja Chulan Showcases ethnic handicrafts, batik Displays interesting exhibits of printing and pottery from the 13 states telephones and evolution of their of Malaysia. • Opens 9am- 6pm daily.

• F6 FRFF

Lake Gardens

• E9 FREE

Craft Complex

03-2164 8344

Jalan Parlimen • Located near the city centre, this 9.2ha landscaped garden is built around a lake. Several attractions are found within the park including an Orchid Garden, Hibiscus Garden, Butterfly Park, Bird Park, Deer Park, National Monument and the Asean Sculpture Garden • F3

Malaysian Tourism Centre

03-9235 4848 • # B Nanas • 109 Jalan Ampang • This is a one-stop tourist service centre comprising the information counter (7am-10pm) Transnasional Executive Coach counter. domestic tour booking counter, money changer, restaurant and craft demo centre. Built in 1935, the building was the home of wealthy tin-miner and planter, Eu Tong Seng. Cultural shows are on Tues, Thur, Sat & Sun 2-2.30pm. • D7

National Science Centre

92 | KL LIFESTYLE

03-2089 3400 • Persiaran Bukit Kiara • Houses 9 galleries with different scientific themes. Offers interesting interactive displays for learning and entertainment. Opens 10am-5pm. Closed on Friday.

designs over the years.

Opens 9am-5pm. Closed on Mondays

National Mosque

03-2693 7784 • 🛲 KL • Jalan Perdana This mosque embodies contemporary designs, together with traditional Islamic art, calliaraphy and ornamentation. The main dome with its 18-point star. represents the 13 states of Malaysia unified by the Five Pillars of Islam. Visitors must dress conservatively and remove their shoes before entering the mosque • Opens 9am to 12noon; 3pm to 4pm; 5:30pm to 6:30pm daily. • F4

Merdeka Square

歹 Masjid Jamek • Jalan Raja • Opposite the Sultan Abdul Samad Building, this is the site where the independence of Malaya was declared on 31 August, 1957. The 100m high flagpole is the tallest in the world. Live entertainment and cultural shows are staged here on festive occasions. The Roval Selanaor Club and St. Marv's Cathedral are located nearby. • E5

National Zoo

03-4108 3427 / 4108 3422 • Located in Hulu Kelana, 12km from the city centre, the zoo is home to 400 species of local birds, mammals, reptiles and fishes. • Opens 9am - 5pm daily. Night Zoo is on Saturdays 7.30am - 10.30pm. Admission RM 32 for adults and RM11 for children 3 to 12 years old



2 22 22 22 223 125

Sultan Abdul Samad Buildina

screening 3-Dimensional movies, a viewing gallery and an observatory • Admission is RM1 for adults and children over 12 years [extra charges for all shows]. Opens 9:30am to 4:15pm daily. Closed on Monday except public & school holidays • G4

Old KL Railway Station

Jalan Hishammudin • Built in 1910, the Moahul-inspired building was a hub for Malaysian rail transport until it was replaced by the new KL Sentral Station. It remains a landmark and the refurbished Heritage Hotel is still open for business. Across the road, the Malavsian Railway administrative building is also a breathtaking architectural showpiece • G5

Petrosains, The Discovery Centre

03-2331 8181 • 🧨 KLCC • Petronas Twin Towers, Level 4 Suria KLCC • Focusing on Malaysia's oil and gas industry, it offers an interactive approach to learning. It takes you through a unique voyage of discovery of science. • Opens daily 9.30am to 6pm. Last admission 4.30pm Closed on Monday • D8

Masjid Jamek • Jln Sultan Hishamuddin • Also known as the Big Ben of KL, this historical landmark and heritage building is well known for its Moghul architecture dating back to

ADVERTISE THIS SPACE

CONTACT:

KL Lifestyle 150, Jalan Maarof 59100 Bangsar, Kuala Lumpur, Malaysia

Tel: +603 7932 0668 Email: info@mediate.com.my



Г	1D	Hibiscus Garden	1E	National Museum
rden		Istana Negara (National Palace)	1E	National Planetariun
		Kompleks Budaya Kraf		National Theatre
		Masjid Jamek		Orchid Garden
		Maybank Numismatic Museum Menara Kuala Lumpur		Panggung Anniversa Selangor Club
		National Art Gallery		Stadium Merdeka
		National Heritage Trust		Stadium Negara
		National History Museum		Sultan Abdul Samad
	4A	National Library	1D	Tun Abdul Razak Me
		National Monument	2C	Tunku Abdul Rahma
e	2D	National Mosque		Memorial
	5B	Galleriwan	5A	Royal Malaysian Air F
	2D	Islamic Arts Museum Malaysia		Royal Malaysian Poli
	2D	Islamic Exhibition Centre		Telekom Museum
Museum		Malaysian Armed Forces Museum	1D	Tun Abdul Razak Me
1	5C	MISC Museum		
	5B	France	4C	New Zealand
	5D	Indonesia	3B	Pakistan
	5C	Japan	5C	Philippines
		Kuwait		Singapore
	3C	Mexico	5B	United States of Ame
IOPPING	4D	Imbi Plaza	5F	Pudu Plaza
		S & M Plaza		Putra World Trade Ce
e	4D	Shaw Parade		Sogo
	3D	Kota Raya		Star Cinema
	4D	Lot 10	4D	Star Hill
Complex	3D	Mydin Emporium	4D	Sun Complex
		Pertama Complex	4D	Sungei Wang Plaza
t		Pudu Cinema		Suria KLCC
ı	4C	Pavilion Kuala Lumpur		The Mall
			4C	The Weld
	20	Klang Bus Station	20	Putra Bus Stand
FICE		Kuala Lumpur Railway Station		Traffic Polis HQ
ssociation		Malaysia Airlines		STAR LRT Station
		Medan Mara Bus Station		PUTRA LRT Station
		Pekeliling Bus Station		
nsport terminal)	3D	Puduraya Bus & Taxi Station		
	20	Grand Pacific Hotel **	40	Pavilion Hotel Kuala
		Grand Plaza Parkroyal ****		Palace Hotel **
I		Grand Seasons Hotel ****		Pullman Kuala Lump
e Hotel		Hotel Champagne	2B	Prescott Inn **
tel ★	4C	Hotel Equatorial		Puduraya Hotel ★
		Kuala Lumpur ****		Quality Hotel City Ce
****		Hotel Grand Maya ***		Renaissance Kuala Lu
★★★★★ tments	30	Hotel Grand Olympic Kuala Lumpur		Residence Hotel Royale Bintang **
unents	40	Hotel Istana ****		Shangri-La Hotel
		Hotel Malaya ***		Sheraton Imperial *
our ★★★		Hotel Maluri ***	3B	Stanford Hotel Kuala
		Hotel Midah ★★★		Sucasa Service Apart
**		Hotel Nikko Kuala Lumpur ★ ★ ★		Swiss-Garden Hotel
mpur		Hotel Nova ***		Swiss-Inn Kuala Lum
		Hotel Putra JW Marriott Hotel		Traders Hotel Kuala I
a Hotel ★★★★★ a Lumpur	40	Kuala Lumpur ****	4D	The Coronade Hotel Kuala Lumpur ***
a Lampai	3D	Katari Hotel ★	2F	The Heritage Station
**		KL Lodge Hotel ★ 🛧		The Legend Hotel *
Lumpur ★★★★	2C	Kowloon Hotel \star 🛛 🛓		The RuMa Hotel & Re
		Kuala Lumpur Hilton ★★★★★	2A	The Pan Pacific Hote
		Kuala Lumpur International Hotel **		The Plaza Hotel Kual
	1E	Le Meridien ★★★★★		The Ritz-Carlton **
Lumpur ★★★★	3F	Mandarin Court Kuala Lumpur		Vistana Hotel Kuala I Wenworth Hotel *
*		Mandarin Oriental		Westin Hotel **
		Kuala Lumpur ★★★★★		Wira Hotel Kuala Lun
umpur★★★★★	3D	Mandarin Pacific Hotel ★ ★		Wisma YMCA
otel *****		Melia Kuala Lumpur ★ ★ 🛧	3D	YWCA
lotel ***		Micasa Hotel		
lotel ***		Mirama Hotel ★ Orkid Hotel ★		
	ΨU			
	3A	Kuala Lumpur Hospital	2D	Tanglin Dispensary
lospital		National Heart Institute		Tung Shin Hospital
ION CENTRES				

1E National Museum 1E National Planetarium 3A National Theatre 1D Orchid Garden 1D Panggung Anniversari 2C Selangor Club 3E Stadium Merdeka 3D Stadium Negara 2D Sultan Abdul Samad Building 1D Tun Abdul Razak Memorial 2C Tunku Abdul Rahman Putra Memorial 5A Royal Malaysian Air Force Museum 1D Royal Malaysian Police Museum 3C Telekom Museum 1D Tun Abdul Razak Memorial 4C New Zealand 3B Pakistan 5C Philippines 5C Singapore 5B United States of America 5E Pudu Plaza 2A Putra World Trade Centre (PWTC) 2C Sogo 5E Star Cinema 4D Star Hill 4D Sun Complex 4D Sungei Wang Plaza 4B Suria KLCC 2A The Mall 4C The Weld 2A Putra Bus Stand 2D Traffic Polis HQ STAR LRT Station PUTRA LRT Station 4C Pavilion Hotel Kuala Lumpur 2C Palace Hotel ** 5C Pullman Kuala Lumpur **** 2B Prescott Inn ** 3D Puduraya Hotel ★ 2B Quality Hotel City Centre *** 3C Renaissance Kuala Lumpur ★★★★★ 2B Residence Hotel 4D Royale Bintang ★★★★ 4C Shangri-La Hotel **** 3B Sheraton Imperial **** 3B Stanford Hotel Kuala Lumpur *** 5B Sucasa Service Apartments 3D Swiss-Garden Hotel *** 3D Swiss-Inn Kuala Lumpur ★ 🖈 4C Traders Hotel Kuala Lumpur *** 4D The Coronade Hotel Kuala Lumpur ★★★★ 2E The Heritage Station Hotel ** 2A The Legend Hotel **** 4C The RuMa Hotel & Residences **** 2A The Pan Pacific Hotel ****

2B The Plaza Hotel Kuala Lumpur *** 5D The Ritz-Carlton ★★★★★ 2A Vistana Hotel Kuala Lumpur ★★★★ 5E Wenworth Hotel ** 4D Westin Hotel **** 2A Wira Hotel Kuala Lumpur ** 2E Wisma YMCA 3D YWCA

2A Putra World Trade Centre, Level 2, 45, Jalan Tun Ismail, 50480 Kuala Lumpur. Tel: 03-4041 1295 4C Malaysia Tourism Centre (MTC), 109 Jalan Ampang, 50450 Kuala Lumpur.

2E Stesen Sentral Kuala Lumpur, Lot 21, Level 2, Arrival Hall, Kuala Lumpur City Terminal, Stesen KL Sentral, 50050 Kuala Lumpur. Tel: 03-2274 3135

Road / Jalan J. Lane / Lorong L. River / Sungai Sg. Village / Kampung ... Kg.

PETA TRANSIT BERINTEGRASI LEMBAH KLANG KLANG VALLEY INTEGRATED TRANSIT MAP



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ABDUL LATIFF MOHIDIN

Puntung The Stump Oil on canvas 137 x 266.5 cm

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