

# KLlifestyle

NOVEMBER 2022

## COLOURFUL DESTINATIONS OF THE WORLD THE YEAR END HOLIDAY BECKONS



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COLOURFUL DESTINATIONS OF THE WORLD  
THE YEAR END HOLIDAY BECKONS  
CINQUE TERRE, ITALY



Goings On November 2022



Nov 2

Rossa and Judika

To celebrate her silver jubilee anniversary as a singer, Indonesian Diva Dato’ Sri Rossa will hold a concert in Kuala Lumpur Convention Center (KLCC) Malaysia on 2nd November 2022. Beyond bringing hits like Aku Bukan Untukmu, Terlalu Cinta, Pudar, Masih and many more to this concert, Rossa will also sing new songs from her upcoming album, which will release on December 2022 or January 2023.

Venue: Kuala Lumpur Convention Centre  
Ticket: RM168 to RM1588



Nov 3 to 6

A Fantasy World: Anime x Classical

After a smashing return which also marked the debut of its new Music Director and Resident Conductor Andrea Sim, the klpac String Orchestra sets its sights on an exciting mash up of anime and classics. If the mere mention of Joe Hisaishi, Hayao Miyazaki and Studio Ghibli makes your eyes go wide and heart race, then this is for you. A Fantasy World: Anime x Classical, performed by the 50-strong klpac String Orchestra, presents familiar tunes from well-known animated films like Kiki’s Delivery Service, Howl’s Moving Castle, Spirited Away, Princess Mononoke, My Neighbour Totoro and Castle in the Sky. Two of the pieces, Sparkle from Your Name and Ashitaka and San from Princess Mononoke, will be performed by piano soloist Maxy Chan. Chan made history when she became the first Malaysian to win Gold Awards at the prestigious Asia Piano Competition 2013 and 2014.

Venue: Pentas 2, klpac  
Ticket: RM68

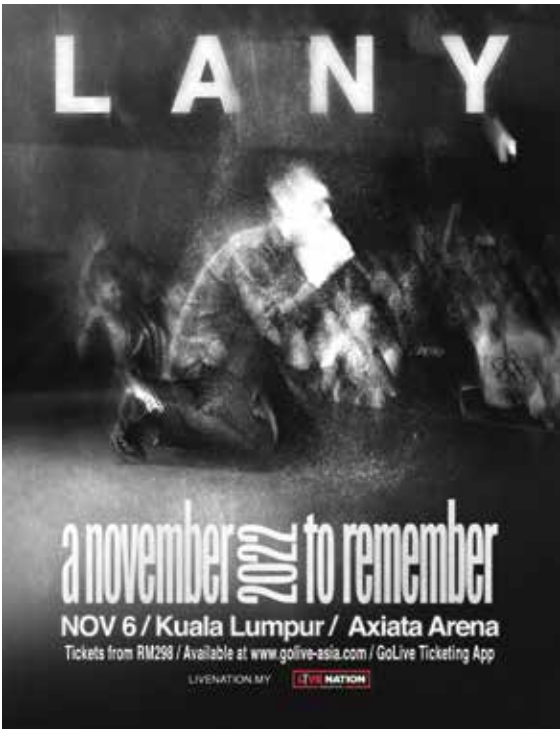


Nov 4

The Nutcracker

Let’s travel to the Land of Sweets with Clara and her prince as the MPO and conductor Naohisa Furusawa present Tchaikovsky’s endearing festive favourite, the Nutcracker! From the enchanting Dance of the Sugar Plum Fairy to exotic offerings from around the world, the music of Tchaikovsky’s beloved ballet evokes winter wonders and the joys of the holiday season.

Venue: Dewan Fiharmonik Petronas  
Ticket: RM168 to RM358



Nov 6

Lany

Live Nation Malaysia is happy to announce that the Los Angeles superband, LANY is coming back to Kuala Lumpur for the second time with their ‘A November to Remember’ Tour. LANY’s breakthrough came with their 2017 self-titled debut, which built an international fanbase and led to sold out arenas across the world. The heartbreak anthems on their 2018 follow-up Malibu Nights cracked the Billboard Album Chart and connected in a huge way across the globe, with their 2019 collaboration with Lauv, “Mean It,” garnering further attention. Fronted by songwriter, lyricist and producer Paul Klein, LANY have a social media following of +9 million people, have sold more than 500,000 tickets worldwide and played sold-out shows from L.A.’s Greek Theatre to London’s Brixton Academy. Their songs have been streamed over three billion times with more than 750 million video views to date.

Venue: Axiata Arena, Bukit Jalil  
Ticket: RM298 to RM1008

MUST VISIT ART GALLERY



**KL LIFESTYLE ART SPACE**  
KL Lifestyle Art Space (KLAS) is an art gallery that boasts modern and contemporary artworks from Malaysia and around the region. Through its gallery, KLAS intends to inculcate awareness about Malaysian artists and their works. This establishment will also provide the service of receiving consignments from artists or individual collectors, thereby making their artworks available to interested parties. Today, KLAS is one of the leading auction houses in Malaysia that sells high volumes of prized artworks during every auction.



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FOR MORE INFO VISIT  
WWW.KL-LIFESTYLE.COM.MY 150 JALAN MAAROF, BUKIT BANDARAYA, 59200 BANGSAR, KUALA LUMPUR



Goings On November 2022



Nov 9 to 13

3 Golden Melody 3

Dance in Diversity (DiD)'s mission is to provide a platform for dance community and also promote multiculturalism dance. This dance competition featuring genres such as Classical Ballet, Contemporary, Modern Jazz, Traditional Dance and etc. Few local companies and universities are invited to platform in our Gala Show.

Venue: Pentas 2, klpac  
Ticket: RM38 to RM58

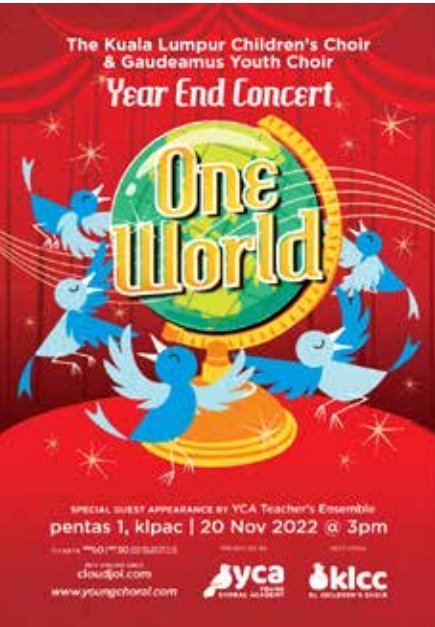


Nov 22

MONO 'Pilgrimage of The Soul' Asia Tour in Kuala Lumpur

Released in 2021, Pilgrimage of the Soul is the 11th studio album by Japanese experimental rock legends, MONO. Recorded and mixed during the height of the COVID-19 pandemic in the summer of 2020, Pilgrimage of the Soul is aptly named as it not only represents the peaks and valleys of the band as they enter their third decade, but also charts MONO's long, steady journey to this time and place. MONO began in Japan at the end of the 20th Century as a young band equally inspired by the pioneers of moody experimental rock (My Bloody Valentine, Mogwai) and iconic classical composers (Beethoven, Morricone) who came before them. They have evolved into one of the most inspiring and influential experimental rock bands in their own right. It is only fitting that their evolution has come at the glacial, methodical pace that their patient music demands. MONO is a band who puts serious value in nuance, and offers significant rewards for the wait.

Venue: Dewan Fiharmonik Petronas  
Ticket: RM128 to RM158



Oct 15

One World

Come and join The Kuala Lumpur Children's Choir as they celebrate the beauty and diversity of Mother Earth in 'One World', a concert featuring songs from many different lands, times and places. You will hear folksongs and dances, to songs that highlight the beauty of Mother Nature and the rich tapestry of cultures, traditions and languages of our world woven together by music, united in song, seen through a child's eyes. We also pay tribute to our families, our loved ones who mean the 'world' to us and who are our 'world'. This will be KLCC's first major family concert production after the pandemic and will feature performances by Young Choral Academy's family of choral ensembles – Gaudeamus Youth Choir and the YCA Teachers Ensemble. Come along on a musical journey with us!

Venue: Pentas 1, klpac  
Ticket: RM65



Nov 22 to 27

The 13th Malaysian Composers Concert Series 2022

UiTM Conservatory of Music, College of Creative Arts in collaboration with The Kuala Lumpur Performing Arts Centre are delighted to present the 13th Malaysian Composers Concert Series 2022. The concert series aimed at nurturing the creation and performance of new composition works to help enrich the local music scene. It serves as an alternative platform for young Malaysian composers to showcase their diversity in talents and artistic musical styles in their compositions. The concert series also provides an opportunity to celebrate and introduce the talents of young emerging musicians to the local music audience.

Venue: Blackbox, DPAC  
Ticket: RM20 to RM50

MUST VISIT PUBLIC ART GALLERY



**ILHAM GALLERY KUALA LUMPUR**  
ILHAM is a public art gallery committed to supporting the development, understanding and enjoyment of Malaysian modern and contemporary art within a regional and global context.



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TOP MOVIES TO WATCH IN

# NOVEMBER

2022

WATCH NOW

MARVEL STUDIOS



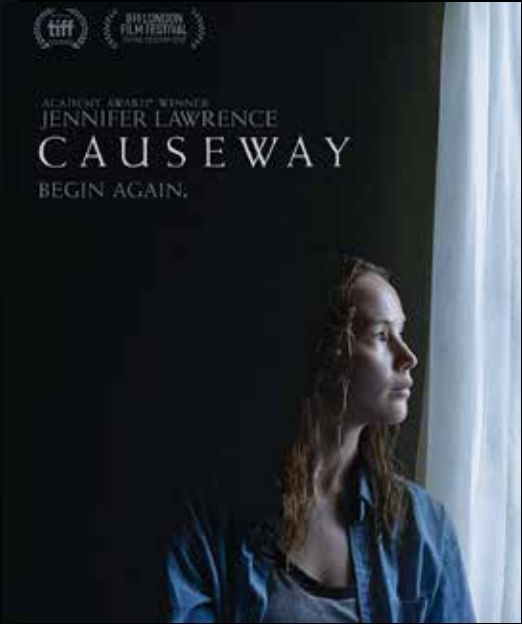
FOREVER  
11.11.22

RECOMMENDED

**BLACK PANTHER: WAKANDA FOREVER**  
OCT 21

Queen Ramonda, Shuri, M'Baku, Okoye and the Dora Milaje fight to protect their nation from intervening world powers in the wake of King T'Challa's death. As the Wakandans strive to embrace their next chapter, the heroes must band together with Nakia and Everett Ross to forge a new path for their beloved kingdom.

**Genre:** Action / Adventure  
**Cast:** Angela Bassett, Ryan Coogler, Michael B. Jordan, Letitia Wright, Lupita Nyong'o, Kevin Feige, Dominique Thorne, Daniel Kaluuya.



**CAUSEWAY**  
MAY 6

RECOMMENDED

Lynsey, a U.S. soldier, experiences a traumatic brain injury during her tour in Afghanistan which forces her to return home. She struggles to return to her daily life with her mother as she waits for her eventual redeployment.

**Genre:** Drama  
**Cast:** Jennifer Lawrence, Brian Tyree Henry, Linda Emond, Lila Neugebauer, Justine Ciarrochi, Ottessa Moshfegh, Luke Goebel, Elizabeth Sanders.

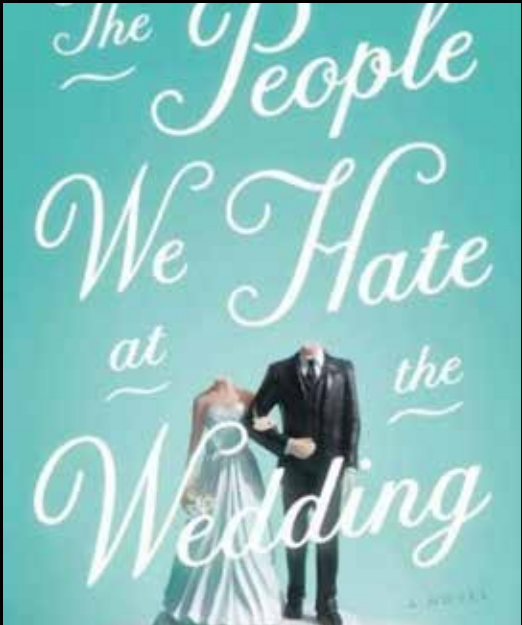


**SPIRITED**  
NOV 18

RECOMMENDED

Spirited is a modern musical rendition of Charles Dickens' classic holiday story A Christmas Carol. It involves Ebenezer Scrooge who is taken on a magical journey by the spirits of Christmas Past, Present and Future.

**Genre:** Musical  
**Cast:** Ryan Reynolds, Will Ferrell, Joe Tippett, Octavia Spencer, John Morris, Sean Anders, George Dewey, Sunita Mani.



RECOMMENDED

**THE PEOPLE WHO WE HATE AT THE WEDDING**  
NOV 18

The People We Hate at the Wedding" follows struggling American siblings Alice (Bell) and Paul (Platt), who reluctantly agree to attend the wedding of their estranged, wealthy half-sister in the English countryside alongside their mother, Donna (Janney). Over the course of the wedding week, the family's skeletons are wrenched from the closet.

**Genre:** Comedy  
**Cast:** Allison Janney, Ben Platt, Kristen Bell, Dustin Milligan, Isaach de Bankolé, Claire Scanlon, Cynthia Addai-Robinson, Karan Soni.



# THE MOST COLOURFUL PLACES IN THE WORLD

BY HIRANMAYII MOHANAN

There are a myriad of aspects one considers before travelling overseas from the accommodation to the itinerary, and aesthetics may be very well part of it. As you scurry to book your next travel destination, we unveil a world of vibrant hues — places of colourful buildings and naturally-hued wonders that can add some contentment to your life.



## Old Havana, Cuba

Havana was founded in 1519 by the Spanish. By the 17th century, it had become one of the Caribbean’s main centres for ship-building. Although it is today a sprawling metropolis of 2 million inhabitants, its old centre retains an interesting mix of Baroque and neoclassical monuments, and a homogeneous ensemble of private houses with arcades, balconies, wrought-iron gates and internal courtyards. Old Havana, which is defined by the extent of the former city walls, has maintained the pattern of the early urban setting with its five large plazas, each with its own architectural character: Plaza de Armas, Plaza Vieja, Plaza de San Francisco, Plaza del Cristo and Plaza de la Catedral.





## Colmar, France

Colmar was apparently the inspiration for the village in the Disney film *Beauty and the Beast*, and it's not hard to see why. In real life, Colmar is a small town which is located in the Alsace region of northeast France. The Alsace is where France meets Germany, and ownership of the region has been passed back and forth between the two countries over the years. The result is a unique mix of their two cultures – think of it as France with a twist. Colmar was conquered by the French in 1673 but Germany claimed the whole Alsace region in 1871. It stayed German until after WWI when it was given back to the French, then was temporarily occupied by the Germans during the Second World War. It was the last town in France to be liberated at the end of the Second World War and has been a part of French ever since. But its history means it's no surprise that you can see a German influence in Colmar's architecture, culture, food and drink.



## Guatapé, Colombia

Guatapé is a little town located in the Antioquia department in Colombia. It is known as one of the most colourful and beautiful towns in the country. Before Iberian conquerors reached the Antioquia area in the sixteen century, the territory was inhabited by indigenous groups, and ruled by "Guatapé". Guatapé was the head of the tribe and so the town was named after him. This colourful pueblo outside of Medellín is famous for the surrounding turquoise lake and beautiful scenery.



## Grand Prismatic Spring, Wyoming

Located in Yellowstone National Park, Grand Prismatic Spring is the largest hot spring in the United States. The vibrant colours surrounding the body of water are due to the combination of microbes and minerals on its perimeter, which tend to be orange and red in summer and dark green in winter. Grand Prismatic Spring is the largest and deepest hot spring in all of Yellowstone Park, but its main feature is not its size but its characteristic colouring. It was for this reason that it was first noticed in 1871 by some geologists who were trying to expand their knowledge of the area. So what causes its particular colours reminiscent of a rainbow? Unfortunately, the scientific explanation is not as fascinating as the result: we owe this spectacle primarily to the presence of bacteria in the water. These thermophilic living organisms only develop at very high temperatures and multiply along the edge of the water source, producing coloured pigments that give rise to the particular coloration of the area.



## Brickfields, Kuala Lumpur, Malaysia

Brickfields, also known as Little India, sits snug in Kuala Lumpur – a realm that is distinctly its own. A burst of vibrant colours, intricate arches, various stalls selling sweets and flower garlands line the streets. This is also where you can find shops selling Indian spices, vegetables and the sorts, textile, jewellery and most importantly, good Indian food. Brickfields is one of the pioneer settlements in Kuala Lumpur. Indeed, the whole stretch of Jalan Tun Sambanthan (formerly Jalan Brickfields) is interspersed with old colonial structures.



## Cinque Terre, Italy

With its brightly painted houses set against a deep blue sea, the ancient village of Manarola on the Italian Riviera is not only the most colourful place in the world according to the Uswitch research and is frequently searched online. On Instagram, Cinque Terre has amassed up to 2.6 million hashtags and receives an average of 718,000 searches per day on Google. Cinque Terre, the five towns, is a string of five old fishing villages perched high on the Italian Riviera in the region Liguria, which until recently were linked only by mule tracks and accessible only by rail or water. Cinque Terre is noted for its beauty. Over centuries, people have carefully built terraces to cultivate grapes and olives on the rugged, steep landscape right up to the cliffs that overlook the Mediterranean Sea.





## Kampung Pelangi, Indonesia

Also known as Rainbow Village, this small town is located south of Semarang in the heart of the island of Java. It was once a decadent village with decrepit houses and down trodden, sad tones but after a recent and very original restyling it turned into an extraordinary explosion of colours, quickly becoming one of the major tourist attractions in the area. Its 232 homes were transformed into perfect works of art, thanks to the initiative of a high school member of staff, along with residents of the area, who all managed to totally change the face of the village through government \$20,000 of government funding.



## Balat, Istanbul, Turkey

Balat is in the old city on the European side of Istanbul, on the western shore of the Golden Horn, sandwiched between Fener and Ayvansaray. Historically, it was the centre of the Jewish community in Istanbul. The name Balat is probably derived from Greek palation (palace), from Latin palatium, after the nearby Palace of Blachernae. It is one of the most colourful places in the world thanks to the buildings painted by their owners in striking hues. Known as the Jewish Quarter of Istanbul, this old yet hipster neighbourhood merges Turkish, Greek, Jewish, and Latin influences, giving any visitor a unique, eye-catching, experience one won't expect to find in Turkey. The number of churches, mosques, and synagogues in the district make it one of the most diverse districts. Not only is this one of the most 'instagrammable' neighbourhoods in the world, but Balat is also one of the oldest neighbourhoods in Turkey.



## Willemstad, Curaçao

Willemstad is the capital of the Caribbean island, which is part of the kingdom of the Netherlands, is a major commercial and tourist port of call. The bright and eclectic historic city center of Willemstad is made up of four quarters, of which Punda and Otrobanda are the most well known. Otrobanda literally translates to the 'other side' and is joined to Punda by the Queen Emma and Queen Wilhelmina pontoon bridges over Sint Anna Bay. Willemstad is named after Dutch governor Willem II van Oranje. The city was named after him just after the island was conquered by the Dutch in 1634. Before then, the island was occupied by Spain, which explains both the Spanish and Dutch influences of this island. In fact, one of Curaçao's core languages, Papiamentu, was influenced heavily by Dutch, Venezuelan Spanish and Portuguese. Calming pastels and other vibrant pops of color everywhere you look, the city of Willemstad is inviting, to say the least.

## Nyhavn, Copenhagen, Denmark

One of the most visited tourist attractions in the Danish capital is this ancient harbour, which is located in the centre of Copenhagen. Old row buildings painted in vibrant hues border Nyhavn's northern side, making them a favourite photo backdrop.

## Vinicunca, Peru

Vinicunca — also known as the Mountain of Seven Colours, or more simply Rainbow Mountain — was discovered four years ago when the snow covering it melted, revealing the natural beauty of the rock beneath. Formed by weathering, environmental conditions and sedimentary deposits over time, the mountain's unique minerology created a marbling effect, with layered hues of gold, lavender, red and turquoise towering into the sky. Considered a holy site in Peru, the mountain has become a hotspot for international visitors, and is now the second-most visited attraction in the Cusco region thanks to local tour operators and a flurry of Instagram posts.



# Queen Elizabeth II: Key Moments During Her Reign

We revisit some of the most historic moments in the reign of Britain's longest ruling monarch.

BY HIRANMAYI AWLI MOHANAN



Elizabeth, the second child of King George V, was born in 1926. Prior to her uncle, King Edward VIII, abdicating the monarchy in 1936 to wed divorced American socialite Wallis Simpson, Elizabeth had little hope of inheriting the kingdom. King George VI passed away, and 25-year-old Elizabeth was asked to take the throne, beginning a historic reign. In February 2022, the United Kingdom staged a series of celebrations for the queen's Platinum Jubilee — marking 70 years of her service to the British Commonwealth.



From Princess to Queen

## 1947 The Commonwealth Broadcast

As heiress presumptive Princess Elizabeth made a broadcast from Cape Town on her 21st birthday in which she dedicated her life to the service of the Commonwealth. It was to be the measure of her reign.



The Commonwealth Broadcast

## 1952 From Princess to Queen

Her father king George VI died aged 56 on February 6, 1952 while Elizabeth was visiting Kenya with her husband, Prince Philip. Aged 25, she flew back to Britain. Winston Churchill was her first prime minister and brought his experience to bear.

## 1953 The Coronation

Queen Elizabeth II was crowned at Westminster Abbey in central London on June 2, 1953. It was the first major televised international event, and sales of sets surged as people gathered in their front rooms to watch the ceremony.



Queen Elizabeth's Coronation





Silver Jubilee

**1992**  
**Annus Horribilis**

Charles and Diana’s marriage continued to deteriorate, and in 1992 they announced their decision to separate. Prince Andrew, the queen’s second son, and his wife, Sarah Ferguson, also separated, while Anne divorced her husband, Mark Phillips. Late that year, a fire broke out in Windsor Castle, destroying more than 100 rooms. In a speech delivered to mark the 40th anniversary of her succession, Queen Elizabeth remarked that 1992 “has turned out to be an ‘Annus Horribilis’”: Latin for “a horrible year.”

**1997**  
**Death of Princess Diana**

Public criticism of the royal family grew more intense after Charles and Diana’s divorce in 1996 and especially after Diana’s death in a car crash in Paris the following summer. The queen initially remained at her estate in Balmoral, Scotland, and refused to allow the flag to fly at half-mast over Buckingham Palace or address the grieving nation. At the urging of her advisers, she soon revised her stance on the flag, returned to London to greet crowds of mourners and delivered a rare televised address to a nation devastated by the loss of the “People’s Princess.”

**2002**  
**Golden Jubilee**

The queen’s celebration of her 50th year on the throne was marred by a double loss, when her younger sister, Princess Margaret, and their mother died within weeks of each other. As the first British monarch since Queen Victoria to celebrate a Golden Jubilee, Elizabeth travelled more than 40,000 miles that year, including visits to the Caribbean, Australia, New Zealand and Canada. She also visited 70 cities and towns in 50 counties in the United Kingdom. Compared with the tumultuous 1990s, the start of Elizabeth’s second half-century as queen coincided with the beginning of more positive relations between Britain and its royal family: In 2005, a majority of the British public supported Charles’ wedding to his longtime love, Camilla Parker-Bowles.

**1977**  
**Silver Jubilee**

On June 7, the queen rode the Gold State Coach to tour Britain and the Commonwealth and reiterated her vows of service, saying that “Although that vow was made in my salad days when I was green in judgement, I do not regret nor retract one word of it.” In Britain, street parties were held, bunting was hung out, and tables put in the streets. The celebration was a ray of light in a period of economic gloom, industrial decline and a series of industrial disputes.



The Late Princess Diana



Death of Princess Diana



Ireland State Visit

**2011**  
**Ireland State Visit**

The highly-charged visit was the first by a British monarch to the Republic of Ireland since it won independence in 1922. Seen as the last piece in the jigsaw of peace in Northern Ireland, the visit required the republic’s biggest-ever security operation. However, through some highly symbolic gestures including speaking in Irish, she melted away enough post-colonial angst to permit a walkabout.

**2012**  
**Olympics and Diamond Jubilee**

Queen Elizabeth toured every region of Britain ahead of the four-day party in June to mark the jubilee, while other royals made visits across the Commonwealth. Celebrations included a river pageant, beacons lit across the land, street parties and a service of thanksgiving. The monarch followed up with a starring role at the London Olympics, appearing alongside James Bond actor Daniel Craig at the opening ceremony.



Golden Jubilee

**2021**  
**COVID-19 and Health Concerns**

The queen was forced into self-isolation at Windsor Castle when the coronavirus pandemic struck in 2020, but that did not stop her carrying out engagements online. Royal receptions were replaced by virtual appearances with everyone from ambassadors to members of the public. Prince Philip died in April, 2021, with his funeral held under coronavirus restrictions. As curbs were eased, the queen resumed her public role, notably hosting G7 leaders in Cornwall in June 2021 and having US President Joe Biden for tea at Windsor. But fears grew for her health after it was revealed she spent a night in hospital following unspecified tests in October 2021, forcing her to cancel a series of engagements.

**2022**  
**Platinum Jubilee**

In February of 2022, England began a series of celebrations marking Queen Elizabeth II’s 70 years on the throne. On June 2, a military parade featuring 1,400 troops in bearskin caps, musicians and 240 horses, a Royal Air Force flyover and an 82-gun salute were staged to honour the 96-year-old monarch, whose birthday was on April 21. One section of London even featured a parade of corgis (Elizabeth’s favourite dog breed), with more than 30 of the short-legged canines “marching” in a procession. The queen watched the pageantry from the balcony of Buckingham Palace and was joined by four generations of her heirs, including her eldest son, Prince Charles; his eldest son, Prince William; and William’s eldest son, Prince George. Despite her age and having just sustained a case of COVID-19, the Queen, dressed in pearls and a light blue dress, coat and hat, wore a broad grin.



# The Inimitable World of Korean Pop Culture

# BEST K-DRAMAS TO BINGE ON

Korean media has reached the pinnacle of global success by providing easy access to content, approachable and likeable characters, and high-quality production. The Korean pop culture fanbase is all fired up, and for good reason. In this issue, we have rounded up some of the best, binge-worthy Korean dramas for your viewing pleasure.



## SELL YOUR HAUNTED HOUSE

A woman with a tragic past runs a realty business in which she exorcises evil spirits from properties. When she meets a conman with special psychic powers who may be able to help her understand her past, the two join forces only to find they are more connected than they realised.

**Genre:** Supernatural / Fantasy  
**Cast:** Jang Nara, Jung Yong Hwa, Ahn Gil Kang, Kang Hong Seok.



## HOSPITAL PLAYLIST

A group of five doctors who have been friends since their undergrad years work in a hospital. Together, they navigate the daily ups and downs of being doctors. They experience hardships, new loves, losses, and heartbreaks both within the hospital and in their personal lives.

**Genre:** Medical / Comedy  
**Cast:** Jo Jung Suk, Yoo Yeon Seok, Jung Kyung Ho, Kim Dae Myung, Jeon Mi Do.



## JIRISAN

After losing one of his men in an accident during a training exercise on Mt. Jiri, army captain Kang Hyun Jo (Ju Ji Hoon) begins seeing visions of deaths on the mountain. He decides to retire from the military to become a park ranger to figure out what the mystery behind the visions hold. He is helped along by the park's ace ranger Seo Yi Gang (Jun Ji Hyun), but the duo son discovers that the "accidents" aren't quite as innocent as they initially believed.

**Genre:** Drama / Mystery  
**Cast:** Gianna Jun, Ju Ji Hoon, Oh Jung Se, Sung Dong Il, Jo Han Chul, Joo Min Kyung, Go Min Si.





LITTLE WOMEN

In this K-drama version, which is loosely based on Alcott’s book, acclaimed screenwriter Chung Seo-Kyung puts a rather refreshing and sinister spin on the book, which has so far made for an eerie and utterly engaging experience. Little Women (작은 아씨들) is a Korean mystery thriller drama that revolves around the predicament faced by three sisters. The story follows their journey after they find themselves in the midst of a major incident that changes their lives forever.

Genre: Drama / Mystery  
Cast: Kim Go Eun, Nam Ji Hyun, Park Ji Hu, Wi Ha Joon, Kang Hoon, Uhm Ji Won.



ALCHEMY OF SOULS

In the country of Daeho, Jang Uk (Lee Jae-Wook) comes from the noble Jang family. He holds an unpleasant secret about his birth, which people all around the country talk about. He is troublemaker. Jang Ukk happens to meet Mu-Deok (Jung So-Min). She is an elite warrior, but her soul is trapped in a physically weak body. She becomes Jang Wook’s servant, but she also secretly teaches him how to fight. Seo Yul (Minhyun) comes from the noble Seo family. He seems perfect with good appearance, intelligence, and strong martial arts skills. Go Won (Shin Seung-Ho) is the crown prince of Daeho. He hopes to become a generous king.

Genre: Fantasy / Romance  
Cast: Lee Jae Wook, Jung So Min, Min Hyun, Yu Jun Sang, Yoo In Soo, Hong Seo Hui.



# THE STARS ALIGNED: SCORPIO SEASON

Here’s everything you need to know about Scorpio, including their personality traits and potential for connection with other signs.

BY HIRANMAYII AWLI MOHANAN



Scorpio is the eighth sign of the zodiac (October 23–November 21), and it’s represented by the scorpion. A fixed water sign ruled by Pluto in modern astrology and Mars in ancient astrology, Scorpio (or Vrischika in Vedic astrology) energy is mystical and mysterious.

• **PERSONALITY TRAITS**

Scorpionic energy often appears calm and subdued but is intensely emotional underneath the surface. Scorpio is a fixed sign, meaning Scorpions tend to like stability, routines, and home life —just like their opposite sign, Taurus. We can think of Taurus as the natural world and all that is visible and Scorpio as the underworld, or whatever emotions, thoughts, truths, and secrets linger below the surface. Scorpio is often associated with the eighth house in astrology — an arena that rules sex, death, and rebirth, among other things. Scorpions are famously discreet and even secretive, with an air of mystery around them. Other personality traits include fearlessness, boldness (thanks to Mars), passion, creativity, and fierce loyalty.

• **SCORPIO IN LOVE**

A typical Scorpio is known to be intensely passionate, sexual and deep. This sign is looking for someone to really explore new territory with — a partner they can take to travel to the outermost regions of desire. Scorpions are generally more interested in long-term partnerships than quick, casual flings. But thanks to their watery nature, they’re usually more comfortable feeling their feelings than expressing them. If you’re in a new relationship with a Scorpio partner, you might need to ask how they’re doing and what they’re thinking pretty frequently. But in time, a Scorpio will slowly reveal themselves and their true nature.

• **SCORPIO IN FRIENDSHIP**

It can be hard to “read” a new Scorpio friend at first, and they may come off as aloof, mysterious, or unemotive. But don’t be fooled, there’s a lot stirring beneath the surface. Like their namesake, the Scorpion, Scorpions are slow and steady but will sting when threatened. If you cross a Scorpio, prepare to get that stinger. The shadowy side of this sign involves holding grudges, keeping secrets, and seeking revenge. If they trust you, though, they’ll be an honest, dedicated, and loyal friend who is always there to lean on and tell secrets to.



## CELEBRITIES WHO ARE SCORPIOS

• **SCORPIO IN CAREER**

Scorpions love hanging out in the dimly lit regions of the subconscious and can often make wonderful therapists, astrologers, tarot readers, or guides of any sort. Likewise, any career that involves research or in-depth analysis is Scorpionic territory. Additionally, the eighth house rules other people’s finances, so financial adviser is another possible career option for our Scorpio friends. Scorpio likes to go deep, and they can focus on one task or subject for a while, even obsessively at times. Scorpio energy is also associated with all things “taboo” or not socially acceptable. This means that Scorpions are the ones that everyone in the office runs to with their most personal, unspeakable problems and secrets.

• **SCORPIO COMPATIBILITY**

There are no absolutes when it comes to astrological compatibility, but Scorpions typically gravitate toward folks who can help them understand the deepest and most true parts of human nature and tear down societal taboos along the way. Here are their most compatible and incompatible signs in friendship and love.

• **COMPATIBLE SIGNS**

Generally, the most compatible signs for Scorpio friendships and romantic relationships are fellow water signs (Cancer, other Scorpions, and Pisces), as they speak the same emotional language, and earth signs (Virgo, Taurus, Capricorn), who they appreciate for their stability and groundedness.



Leonardo DiCaprio



Julia Roberts



Anne Hathaway



Ryan Gosling





## CIMB Artober 2022

### The Convergence of Art, Fashion and Culture

Her Majesty the Queen of Malaysia at the Pahang Pavilion which showcased over forty pieces of kain tenun Pahang DiRaja from Tuanku's private collection.

The annual CIMB Artober was kicked off on 13th October 2022 with the exhibition of 168 artworks at Glo Damansara Mall, submitted by 66 artists for Malaysia Emerging Artist (MEA) Award by CIMB Foundation as part of the 12-day art affair.

The weekend saw a convergence of art, music and fashion with two concerts featuring acts such as Drama Band, I amNeeta, Naufal, Yonniboi and Dato' Amy Search. Cendana and ArtsFAS by Yayasan Hasanah contributed SOG and Thrive Talent Tank. Keeping with the art theme, students from Lim Kok Wing, Saito, Taylor's University and UiTM had a chance to showcase their Art-to-Wear collections to the general public.

On 20th October, CIMB Artober Art & Soul and CIMB Artober Fashion Week commenced at Menara Ken TTDI. The art affair saw from the participation of 10 galleries such as A Plus Works of Art, Core Design Gallery, G13 and Taksu and a special Pahang Pavilion which featured the exquisite Pahang tenun textiles from the private collection of KDYMM Seri Paduka Baginda Raja Permaisuri Agong Tunku Hajah Azizah Aminah Maimunah Iskandariah Binti Almarhum Al Mutawakkil Alallah Sultan Iskandar Al-Haj.

The inaugural CIMB Artober Fashion Week featured the resort and Art-to-Wear collections by 7 local designers such as Anuar Faizal, Masyadi Mansoor, Pink Jambu and Radzuan Radziwill, as well as 5 guest designers from Indonesia, the Philippines and Vietnam.



Part of the 168 works of art by 66 exciting emerging artists who exhibited during the MEA Award show.

The 5 winners of the MEA Award by CIMB Foundation were announced at the launch event witnessed by H.E. Mr Jose Luis Pardo the Spanish Ambassador to Malaysia and Ameruddin Ahmad, the Director General of the National Visual Arts Development Board, who represented the Honourable Minister of Tourism, Culture and Heritage. Also present were Dato' Abdul Rahman Ahmad, Group CEO of CIMB Group, Bayu Utomo Radjikin, co-founder of MEA Management and Rafe Haneef, CEO of CIMB Foundation. Heartiest congratulations to Amar Shahid, Aza Ikmal, Noor Zahran, Syahmi Jamaluddin and Syazwan Rahim.

Two art affairs. Two venues. Over 12 days. Both events ended on 24th October 2022.



The five winners of this year's MEA Award by CIMB Foundation. From left: Syazwan Rahim, Noor Zahran, Rafe Haneef, CEO of CIMB Foundation, Ameruddin Ahmad, Director General of National Visual Arts Development Board, Dato' Abdul Rahman Ahmad, Group CEO of CIMB Group, Bayu Utomo Radjikin, co-founder of MEA Award, Amar Syahid, Syahmi Jamaluddin & Aza Ikmal



All set for a weekend of art, music and fashion. From left: Dato' Gary Thanasan, Junady Nawawi, CEO of MyCreative Ventures Sdn Bhd and family and Ismail Tan Sri Ani Arope.



A creation by the House of Hasto from Indonesia, one of five guest designers who flew in to showcase their Resort and Art-to-Wear collections at the inaugural CIMB Artober Fashion Week.

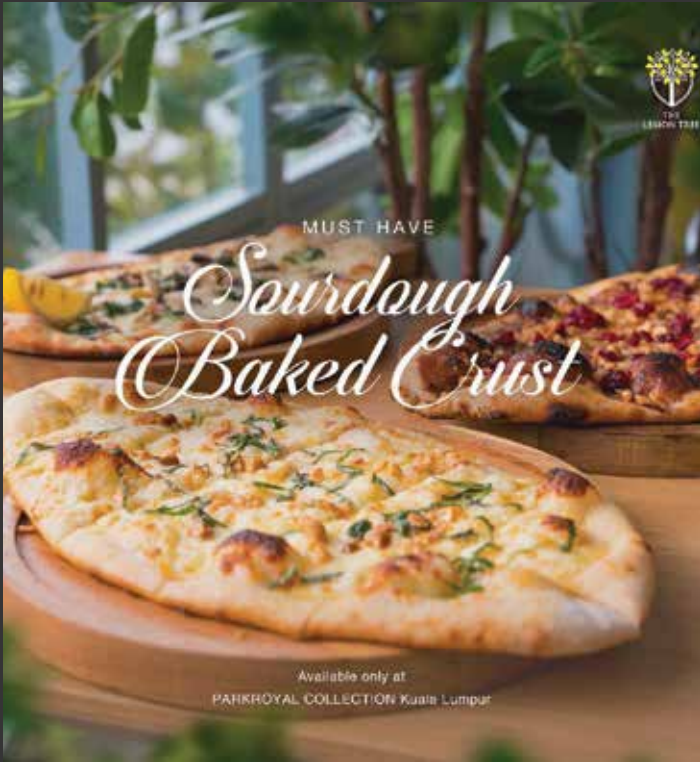


CIMB Artober Art & Soul where art and fashion converge; a creation by Masyadi Mansoor against a brilliant work by Shukri Elias of Artas Galeri



Dato' Amy Search rocking it at Glo Damansara Mall at CIMB WoWeek! concert, one of two concerts held during the weekend





Sourdough Baked Crust



Triple Cheese Toast Sandwich

# The Lemon Tree

@ PARKROYAL COLLECTION KL

BY HIRANMAYII AWLI MOHANAN

After its raging success in Menara Lien Hoe in Tropicana, The Lemon Tree has now extended its wings to the heart of the city, nestled in the beaming new Parkroyal Collection Kuala Lumpur. Mimicking a relatively similar trope to its flagship store, The Lemon Tree at Parkroyal Collection is bathed in bright, warm natural light owed to the floor-to-ceiling windows. The Lemon Tree, just like its counterpart is dotted with artificial lemon trees and plants, instantly adding a dash of colour to the clean, minimalistic cafe. Besides the beautiful aesthetics that call for picture taking, the piece de resistance here is the array of freshly-baked artisanal pastries, cakes and savoury mains.

Our favourites from The Lemon Tree include the Triple Cheese Toast Sandwich — a gooey and indulgent sandwich comprising Emmental, cheddar and mozzarella cheese, paired with turkey ham, as well as the Signature Salmon Croissant. This beauty of a dish quickly stole our hearts at first bite for its flaky, buttery croissant that envelops smoked salmon, young papaya

slaw and red onion topped with Jalapeño cream. For something on the sweeter side, the Tiramisu Cruffin, boasting a firm exterior and a fluffy interior, topped with berries, chocolate and dusted with powered sugar. Each mouthful leaves a lingering tiramisu flavour that is delightful. A visit to The Lemon Tree naturally warrants a Lemon Drizzle Cake order. Packing some heft, the lemon cake is served with lemon juice to further evoke sweetness and tartness.

Among the aforementioned highlights, one remains intriguing — the Sourdough Baked Crust made from natural levain starter that takes days to ferment, adding to its texture. There are three different toppings to savour including the Nutella and Macadamia for chocolate lovers, Yes Cheese for all things cheese and the Artichoke & Mushroom for vegetarians or veggie lovers. Pair this with a Citrus Yuzu Oolong Cooler for a refreshing treat.

**The Lemon Tree, Jln Sultan Ismail, Bukit Bintang, 50250 Kuala Lumpur.**  
**Tel: +6010 322 2888**



Zesty Lemon Mousse Ball



Crane KL Interior and Offerings



Grilled King Salmon



Nasi Lemak Wonton

# Crane KL

BY HIRANMAYII AWLI MOHANAN

Adding to the flurry of cafés and restaurants in Chinatown is Crane KL, nestled in a historical four-storey Selangor Grocer's Guild building which exhibits a neoclassical facade complete with a curved baroque pediment. This guild was established by seven Chinese grocers to create an association representing the interests of grocers, retail traders and sundry shop owners back in the 1920's. As you enter the premise, shades of green greet, with ubiquitously-placed plants, huge white paper lanterns adorned with Crane KL's logo and behind the counter or bar area, are recycled tins painted in a turquoise shade and filled with various goodies.

Crane KL boasts a Western-Asian fusion menu that serves up deliciousness and creativity on a platter. Upon ordering, a

ramekin cupful of biscuits takes customers down memory lane of their childhood — a beautiful start to the gastronomic experience. For starters, be sure to try the Nasi Lemak wonton, an intriguing dish that encapsulates the 'lemak' rice and egg in a crispy wonton and served with homemade sambal on the side. Another fusion rendition comes in the form of Japanese Udon in Curry Laksa Gravy, an ingenious dish featuring udon noodles with prawns, calamari, cucumber and poached egg in a laksa gravy.

From Crane KL's signature pizzas come our favourite, the Tandoori Chicken pizza. With a thin crust, this popular dish is topped with tandoori chicken cubes, slathered with cucumber raita and garnished with mint leaves and fresh coriander. It embodies spiciness and a

herbaceous quality to it. The mains call for the Grilled King Salmon, a generous slab accompanied by homemade green pea mashed potatoes, grilled asparagus and a spicy cream sauce to unify the various elements.

Sweet endings is a must, and it calls for Crane KL's Cendol Panna Cotta — a local twist to a Western dessert served with caramelised brown sugar and coconut flakes.

**Crane KL, 78, Jalan Sultan, City Centre, 50000 Kuala Lumpur.**  
**Tel: +6012 209 7057**



# Story of Ono

BY HIRANMAYII AWLI MOHANAN



Ichigo Sando

The story of NO unfolds its first chapter in SS2 Petaling Jaya. Tucked away from all the hubbub of SS2, this minimalistic and modern cafe is the brainchild of its founders who also run Curate coffee Roasters and Niko Neko Matcha. On their Instagram, NO describes itself as a place ‘where two worlds collide’ — purveying distinctive coffee and matcha beverages alongside sandwiches and desserts. While coffee and matcha are undoubtedly the stars of the show here, scrumptious sandos don’t fall far behind.

To start, the Ichigo Sando is delightful, blanketed in soft Japanese Shokupan bread, this Ichigo Sando is filled with homemade fresh cream and juicy fresh strawberries that is tantalising with every bite. There’s plenty to love here, including our personal favourite — the Crispy Ebi Katsu Taru Taru Sando, featuring a Japanese shokupan bread sandwiching crispy shrimp katsu cutlet fried to perfection and drizzled with homemade Japanese taru taru sauce to close the deal.

You can’t go wrong with the Dashimaki Tamago Sando, crafted with a fluffy dashi



Story of Ono Sandwiches and Drinks

tamagoyaki layered with homemade light wasabi mayo, between Japanese shokupan bread. Paire this with an Ethiopian Konga Webanchi White which conveys multitudes of thirst-quenching notes with every sip. It also layers the palate with refreshing chrysanthemum, pear, white tea notes. These artisanal coffee beans are readily available at NO’s retail shelf, so don’t forget to pick one up when you drop by.

Dive into a realm of relaxation with every sip of NO’s colourful Matcha Signature, Kaiyu-en. This mix features a pistachio-nutty AJISAI a matcha tea on a blended bed of silky strawberry purée, lychee, rose syrup, lime and soda water. Refreshing yet calming, this special concoction is perfect for sunny, sultry days. Dive into the world of matcha with the Gokou varietal named Wazuka — a ceremonial matcha that is creamy and rich, the latest addition to NO’s matcha menu. It drapes the palate with a salted seaweed note and deep aftertaste.

**Story of Ono, 47, Jalan SS 2/30, SS 2, 47300 Petaling Jaya, Selangor.**



The Story Of Ono



ŌNO’s colourful Matcha Signature, Kaiyu-en



Proof Pizza and Wine’s offerings



Proof Pizza and Wine Set Lunch

# Proof Pizza + Wine

BY HIRANMAYII AWLI MOHANAN

Many pizza aficionados swear by Proof Pizza +Wine. So, we had to check the hubbub for ourselves. Having tried it, we can honestly say the pizzas here have won us over with its crispy and chewy base and subtle smokiness. Should you happen to try the pizzas here for yourself, order the crowd-favourite – Umbrian Black Truffle Pizza or the Summer Black Truffles. This is the height of indulgence, boasting generous mixed mushrooms, black truffle pastes and taleggio. Even if you’re not a truffle fan, we have a feeling you will be converted. Pair it with a glass of red and allow the play of flavours to tickle your palate.

With a relatively new head chef on board, the restaurant has refreshed their Proof menu by launching all new starters, more wood-fired pizzas and fresh pastas, and introducing a meaty mains category for those concerned about their diet. The latest menu would showcase perennial Italian classics as well as soulful, inspired dishes; wholesome comfort favourites that Proof is popular for. While pizza and wine are both superior here, the weekday executive lunch set is also worth the trip to Proof, available at both Proof Bangsar and Acroris Mont Kiara. The set lunches are delicious, vibrant and are made from quality ingredients. The set menu changes regularly, so you would get to enjoy different courses every time you go. So pop by for a quality lunch at Proof Pizza!

**Proof Pizza + Wine, 29, Jalan Riong, Bangsar, 59100 Kuala Lumpur.**  
**Kuala Lumpur.**  
**Tel: +603-2201 3613**



Tuscanian Pizza





Hani

# HANI EATERY

BY HIRANMAYI AWLI MOHANAN

The concept of simplicity and minimalism has been creeping its way into the city’s café culture as of late. Single tones and minimal décor have been seen to be the latest trend, leaving the storytelling to the creative food and drinks of the café. Hani Eatery is one of such cafes, seemingly hidden from the hustle and bustle of Bangsar. The simple beige tone drapes the entire establishment with the interior filled with a unique blend of seating furniture, from lawn chairs to wicker woven seats. The unique simplicity of Hani Eatery is exuded in every corner of the café, but it cannot be said the same for its food and drinks.

The heart of the menu at Hani Eatery is Japanese cuisine with a little dash of fusion. While its dine-in menu may seem very limited in choices, each dish has been carefully curated by the creatives at the café to produce a beautiful balance of flavours in each dish. One of the standout dishes from its menu is the Gochujang Karaage Don, a bowl of plump Japanese rice



Gochujang Karaage Yuzu sesame

served with juicy deep-fried karaage smothered in the gochujang sauce topped with hanjuku tamago, Korean salsa, pickled radish and a green salad. The play of textures along with the combination of sweet, spicy and savoury works perfectly to create a unique flavour profile to the dish.

We also enjoyed the Yuzu Sesame with Knife-Cut Noodles, a foundation of hand-cut noodles topped with pulled chicken drenched with its homemade spicy sauce and garnished with shredded vegetables, hanjuku tamago and deep-fried chips. A friendly neighbourhood café, Hani Eatery puts a twist to its food and drinks, not leaving out the sweet treats too. Its unique identity can be enjoyed visually and by the palate as well.

**Hani Eatery, 20A, Lrg Ara Kiri 2, Bangsar, 59100 Kuala Lumpur.**  
**Tel: +6010-299 4883**



Youtiao Mochi

# THE DEN

Truly a hidden gem, The Den is tucked away in Taman Cheras, an unsuspecting establishment waiting to be discovered along with all its wonders within. Popular for serving up local specialties, The Den has quickly risen to fame for captivating the local palate. Don’t be fooled by the simple façade and minimalistic interior décor, the food served at this eatery will leave you yearning for more.

Looking for a hearty breakfast to start the day? Check out the Egg and Hash Sandwich at The Den. Two slices of bread lathered with savoury garlic butter, perfectly cradling a golden brown hashbrown placed over a fluffy and light tamago, topped with a drizzle of cheese sauce, house pickle cabbage and served with seasoned fries on the side. Moving into the heavier meals, the Dennie Chicken Sandwich is made with flavours unique to the local palate. The assembly of the sandwich begins with two thick, pillowy toasts buttered with Bunga Kantan-infused butter, a thick piece of panko-crumbed chicken breast and tangy yet fresh coleslaw placed in between. The dish is completed with a side of crisp, golden fries. We also enjoyed the Nasi Lemak with Rempah Chicken. A staple Malaysian dish, The Den adds on a piece of chicken fried to golden perfection along with spices which pairs well with the sambal and aromatic coconut rice.

Aside from the local fan favourites, the neighbourhood café is also known for its Youtiao Mochi, an improvement on the simple Youtiao or fried dough. The freshly fried crullers are given a layer of sweet and sticky mochi and topped with a choice of black sesame sprinkles or creamy red bean with gula Melaka. Embracing the best of Malaysian flavours, The Den is a reminder of the profound flavours of the local specialties and the wide range it offers.

**The Den, 124-GF, BLK P/D, Jalan Kaskas, Taman Cheras, 56100 Kuala Lumpur**  
**Tel: +603 23800028**



Asam Laksa



# Tantalising Tipples

Craft Cocktails to Try at Home

BY HIRANMAYIL AWUL MOHANAN

What’s a good hostess without an arsenal of cocktail recipes up your sleeve? Try your at-home mixologist skills with the following cocktail renditions.



## THE GOLD RUSH COCKTAIL

It doesn’t get much more beautifully uncomplicated than the Gold Rush cocktail. Ever since it was created by T. J Siegal at the original Milk & Honey bar in New York’s Lower East Side (over a decade ago), the Gold Rush has become a sort of a modern classic.

- Ingredients:**
- 2 ounces of bourbon
  - 3/4 ounce of fresh lemon juice
  - ¾ ounce of honey syrup

**Method:**  
First, make your honey syrup by heating 1 cup of honey and a 1/3 cup water in a saucepan over medium heat. Stir occasionally until all the ingredients have been integrated. Remove from heat, let cool, then refrigerate. Store in a tightly sealed container for up to a week. Now it’s time to make the cocktail! Combine all ingredients in a shaker with ice and shake until chilled. Strain into a rocks glass over ice. Sip and enjoy! This cocktail normally doesn’t require a garnish but I added a lemon wheel purely for aesthetics.



## APPLE CINNAMON HOT TODDY

An alternative name for this Apple Cinnamon Hot Toddy could be “the easiest hot toddy ever” or maybe “spiked hot apple cider.” It’s just good. Simple, delicious, and warming in more ways than one.

- Ingredients:**
- 1 1/2 cups of apple juice
  - 1 cinnamon tea bag
  - 2 ounces of rum (whiskey or bourbon works well)

**Method:**  
Heat the apple juice to almost boiling then add the tea bag. Allow to steep for 2-3 minutes. Then add the liquor. You can garnish with cinnamon sticks, apple slices, orange peels, or nothing at all. Rum, whiskey, or bourbon all work well in this hot toddy, so feel free to use what you have and what you love.



## KEY LIME MARTINI

It’s refreshing, perfectly sweet and decadent enough that it makes a great treat for a Friday or Saturday night.

- Ingredients:**
- 1 ounce of fresh lime juice
  - 2 ounces of vodka or gin
  - 1/2 ounce of cream of coconut
  - 1/2 ounce of cointreau or other orange liqueur

**Method:**  
Add all the ingredients to a shaker filled with ice. Be sure to shake the cream of coconut bottle well before using. Then, shake up the cocktail until the cup becomes very, very cold in your hands. Strain into a martini glass or coupe.



## TRIPLE TIKI RUM PUNCH

This tittle is called a “triple” tiki punch because of the three juices that make up most of the punch, but you could swap out almost any other tropical juice flavour if any does not suit your fancy. Mix and match!

- Ingredients:**
- 1 ounce white rum
  - 1 ounce pineapple juice
  - 1 ounce orange juice
  - 1 ounce grapefruit juice
  - 1 ounce grenadine
  - 1- ounce of club soda
  - squeeze of lime wedge
  - Pineapple to garnish

**Method:**  
Add the rum, pineapple juice, grapefruit juice, orange juice, grenadine, lime juice, and seltzer into a glass. If you like your drinks a little stronger, add another ounce of rum to the drink. Mix to combine, and pour into a tiki glass filled with ice. Add some lime, orange, or grapefruit wedges to a wooden skewer with pineapple and cherries to create some festive garnishes for your punch.



# Feasting at Home

## Delectable Vegan Recipes That Won't Make You Miss Meat

BY HIRANMAYI AWLI MOHANAN

Whether you are simply trying to eat less meat, cook more plant-based meals, consume more vibrant healthy produce, the following vegan recipes will inspire you on your health journey and will be far from boring or bland.



### Lentil Bolognese

The ideal weeknight meal comes in this vegan fried rice recipe. Simple, healthful, and quite satisfying. This is healthy eating at its tastiest because it's packed with plant-based protein from oven-baked tofu, loads of vegetables, and even whole-grain brown rice.

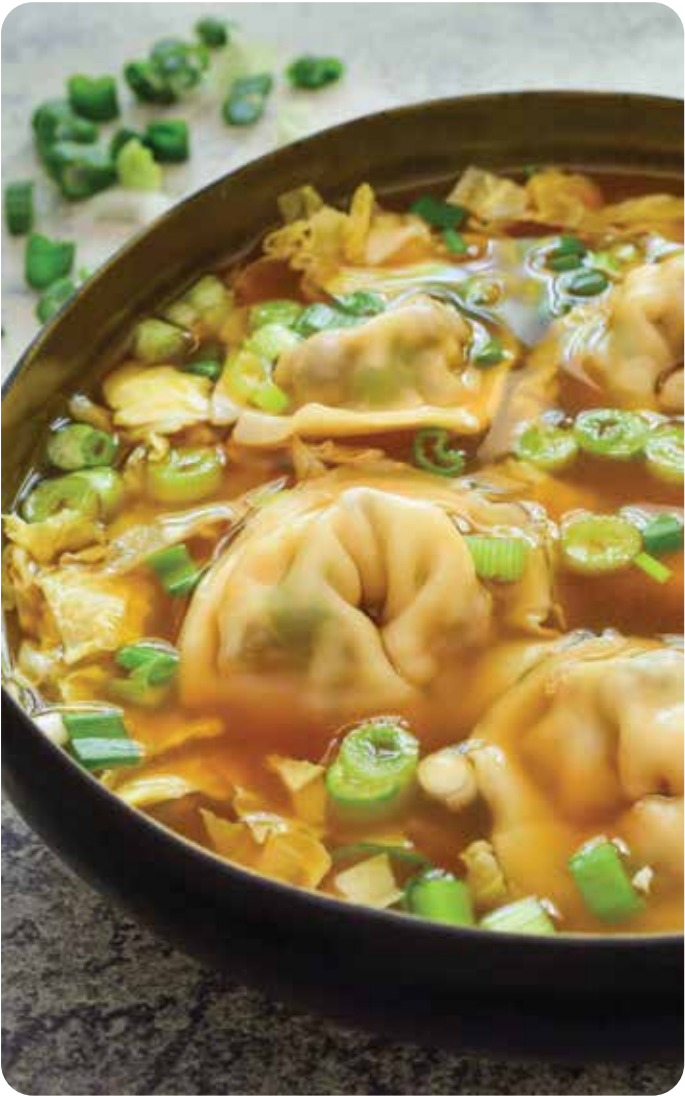
#### Ingredients:

- 1 package of extra firm tofu
- 2 tablespoons + 1 teaspoon grapeseed oil divided
- 1 ¼ cup diced carrots
- 1 ¼ cup green peas
- 1 cup sliced green onions
- 2 teaspoons minced garlic
- 2 teaspoons minced ginger
- 3 cups cooked brown rice cooled
- 3 tablespoons low-sodium soy sauce gluten-free if needed
- 1 tablespoon vegan mushroom sauce or oyster sauce
- 1 teaspoon chilli garlic sauce
- 1 teaspoon rice vinegar or white vinegar
- 2 teaspoons toasted sesame oil
- Sesame seeds to serve, optional

#### Instructions:

- 1.** Make sure you have 3 cups of cooked brown rice. If you don't, cook 1 cup rice according to these instructions, for brown rice, or cook according to package instructions if cooking white rice.
- 2.** Heat oven to 204° C.
- 3.** Cut tofu horizontally into 3 planks, wrap tofu in a clean absorbent kitchen towel and set something heavy on top (like a cast iron skillet), let tofu press for 15 minutes.
- 4.** Dice tofu into ½-inch cubes; toss with 1 teaspoon grapeseed oil to coat; arrange in a single layer on a prepared baking sheet and season with salt. Bake tofu until golden brown and firm to touch, about 30 minutes.
- 5.** Meanwhile, heat a 12-inch sauté pan or cast-iron skillet over medium-high. Add 1 tablespoon grapeseed oil and swirl to coat; once simmering, add carrots, peas, and half of the green onions; cook until

- carrots are tender, about 5 minutes; season lightly with salt and black pepper. Transfer vegetables to a bowl.
- 6.** Add remaining tablespoon grapeseed oil to the now empty sauté pan over medium heat and heat until shimmering, add garlic and ginger and cook for 15 seconds until fragrant. Stir in rice, breaking up any clumps, and press into an even layer; cook, without moving, for 3 minutes. Using a wooden spoon, stir rice, scraping bottom of pan as needed, reduce heat to medium, and stir fry until rice is golden brown, 4–5 minutes.
  - 7.** Stir in tofu, cooked vegetables, soy sauce, oyster sauce, chilli garlic sauce, and vinegar and fry for 2 more minutes. Off heat, stir in sesame oil and remaining scallions; season with additional soy sauce and oyster sauce to taste.
  - 8.** Finish with sesame seeds and serve with extra chilli garlic sauce or sriracha.



### Vegan Wonton Soup

With its tofu and shiitake mushroom filling wrapped in delicate wonton wrappers and floating in a savoury and sour broth, this soup is just what you need on a chilly or rainy day.

#### Ingredients: WONTONS

- 15 - 17 vegan wonton wrappers (see note)
- 5 dried shiitake mushrooms
- 2 cups water
- 100 grams (3.5 oz) extra-firm tofu, pressed
- 2 garlic cloves, minced
- 1 teaspoon ginger, grated
- 1 tablespoon soy sauce
- 1 teaspoon sesame oil
- 1 green onion, chopped

#### Ingredients: WONTONS

- 1 garlic clove, minced
- 1 teaspoon ginger, grated
- 4 cups vegetable stock
- 2 cups mushroom soaking liquid
- 1 tablespoon rice vinegar
- 3 tablespoons soy sauce
- 2 cups cabbage, shredded
- 2 green onions, chopped

#### Instructions: For the Wontons

- 1.** Bring 2 cups of water to a boil. Remove from heat and add the dried shiitake mushrooms. Allow to rehydrate for 30 minutes. Once re-hydrated, chop mushrooms into small pieces. Reserve mushroom soaking liquid.
- 2.** Place tofu, ginger, and garlic in a food processor and pulse until coarsely ground. Place tofu in a bowl and add the chopped mushrooms, soy sauce, sesame oil, and green onion.
- 3.** Holding one wrapper in your hand, place a couple teaspoons of the filling in the middle of the wrapper. Dip your finger in a little water and run it around the edges of the wrapper. Fold the bottom up to meet the top, enclosing the filling. As you do so, gently press down on the filling to squeeze out the air, then press the edges together to seal. Wet the bottom two corners and gently pull them together and press them well.
- 4.** Keep your filled wontons under a moist towel to prevent them from drying out.

#### Instructions: For the Wonton Soup

- 1.** Combine the vegetable stock and mushroom soaking liquid in a large pot and bring to a boil. Add the garlic and ginger. Add the wontons and reduce the heat to a simmer. Simmer for 5 minutes until the pasta is cooked.
- 2.** Remove from heat and stir in the rice vinegar, soy sauce, and cabbage. Serve in bowls garnished with green onion.



# We Scream for Ice Cream (Cakes)

Best Ice Scream Cakes For All Occasions

BY HIRANMAYII AWLI MOHANAN

Ice cream cakes are the best of both worlds — they convey the velvety smoothness of an ice cream and the indulgence of a cake we all need. There are a motley of colours and decadent flavours to choose from, fit for birthdays and soirees of any kind. Read on for the best places to order an ice cream cake from, below.



## Inside Scoop

Inside Scoop started as a dream to make genuinely fresh ice cream for Malaysians. The brainchild of Edmund Tan and his wife, Lim Shiew Li, Inside Scoop was inspired by their love for ice cream and for wanting to create happy memories. Noticing a gap in the premium ice cream market where it was predominantly served by international chains, they set out to make great ice cream that is made fresh locally, creating imitable natural flavours and smooth, ultra-creamy textures unlike mass produced ones. They were guided by the philosophy of using high quality ingredients sourced from the world over and inspired by their Malaysian taste buds, eating exploration, travels and current trends. Today, Inside Scoop has quickly become a beloved household names, churning out intriguing flavours ever so often to keep patrons on their toes. Besides ice cream, they also purvey ice cream cakes handcrafted from scratch, with a variety of flavours to choose from. Perfect for every birthday, anniversary, graduation or just to surprise someone.



## Baskin Robbins

We don't know about you, but Baskin Robbins evokes childhood memories of our parents buying a treat for us. Today, the famed ice cream chain remains unyielding and continues to serve a plethora of classic and seasonal ice cream flavours. Their ice cream cake is perfect for any festivity, boasting favourites such as the Chocolate Tuxedo, comprising Chocolate, Jamoca Mousse Royale, Chocolate Chip and Vanilla ice cream. Another delight comes in the form of the Scoopyland, a colourful treat crafted from Chocolate Mousse Royale, Love Potion #31, Mint Chocolate Chip and Strawberry Cheesecake — a fun medley of flavours.



## Crème De La Crème

One of the reigning ice cream parlours in town, Creme de la Creme has garnered its growing patronage from their 100% natural artisanal ice cream and petits gateaux. Beaming with ever flowing creativity and concoctions, Crème De La Crème (CDLC) is where bold, velvety textures are layered with decadent flavours and Insta-worthy aesthetics. While the ice cream parlour is known for their ice creams, CDLC is also known for their distinct petit gateaux, each bursting with artistic prowess and layers of intentional flavours. From Minion ice cream cakes comprising various flavours including coconut ice cream, mango passion and kedondong Assam sorbet, to their staples — Longevity and Da Bomb!, every order is certainly a treat.



## EatCakeToday

EatCakeToday is an online cake delivery platform that delivers fresh birthday cakes across Klang Valley in four hours. The platform offers over 1200+ premium cakes (including designer and customised) from local bakers. Of course, among the many amazing cakes that is served at Eat Cake Today, there will undoubtedly be a few that shines brighter than the rest. Among the best of the best that we highly recommend you try are the sweet and savoury Salted Caramel Ice Cream Cake with a crunchy and chocolatey finish, the simple yet fancy-looking Chocolate Royale Cake with a blast of chocolatey goodness and nutty texture, the fragrant Espresso Coffee Ice Cream Cake with fancy yet curly chocolate topping on a crunchy base, to name a few.



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EVITATE

RASP NATURE

ING OF THE HILL

# MORE THAN AN ISLAND, A GATEWAY TO LEGENDARY TREASURES.

## LANGKAWI INTERNATIONAL AIRPORT, THE GATEWAY TO GETAWAYS

It all begins at Langkawi International Airport (LGK). Journey into the laidback archipelago of 99 islands and get lost in the wonders of Langkawi UNESCO Global Geopark. Plan your route to a world of rich experiences and natural splendour.

## Airport MD Speaks

**Dato' Iskandar Mizal Mahmood returns to Malaysia Airports after almost 20 years with his wealth of experience gleaned from many multinationals and government-linked companies to elevate and transform Malaysia Airports in the fast-changing aviation landscape with new travel norms and innovative technological advances.**

**This month, he rejoices that Kuala Lumpur (KL)-Singapore is among the world's top five busiest international routes based on the number of available seats from October 2021 to September 2022, according to OAG flight data platform in its latest Busiest Routes report. Additionally, the recent reinstatement of Malaysia's International Aviation Safety Assessment (IASA) rating to Category 1 (CAT1) by the United States' Federal Aviation Administration has not only strengthened our country's position as an aviation hub but will also increase our global network connectivity.**

**Dato' Iskandar Mizal Mahmood**  
Managing Director  
Malaysia Airports Holdings Berhad

**K**udos go to the airlines which made a total of 2,443,176 seats available between KL International Airport (KLIA) and Singapore's Changi Airport over a one-year period which ended in September, which ranked this route between two of Southeast Asia's largest air hubs and the world's fifth busiest in terms of passenger traffic. Among them are AirAsia, Batik Air Malaysia, Jetstar Asia, KLM, Malaysia Airlines, Scoot and Singapore Airlines, which also contributed reasonable freight movement for this sector.

OAG has also listed KLIA among the top 50 global airport megahubs for 2022, ranking it 39th with 38% of its share of flights contributed by AirAsia while its klia2 terminal was placed 20th among the top 25 low-cost carrier airport megahubs. In terms of Asia Pacific, KLIA is now positioned eighth, down from its fourth ranking in 2019 pre-pandemic.

Thanks to the massive efforts by the Transport Ministry and the Civil Aviation Authority of Malaysia (CAAM) to get our country's IASA rating reinstated to CAT1, this has helped boost global confidence in the quality of our air navigation services and will further assist us in our marketing efforts to woo more airlines to operate here. Furthermore, Malaysia's re-election to the International Civil Aviation Organisation (ICAO) Council recently is also a testament to our commitment in developing global aviation landscape.

With CAAM recently granting an air operator's certificate to MyAirline Sdn Bhd which is a significant step toward becoming a certified airline, we look forward to its entry into our aviation industry in the aftermath of the pandemic where it will benefit from the abundance of airport slots and availability of pilots and cabin crew in Malaysia.

I believe our ongoing Airport Collaborative Decision-Making initiative integrating our

airport operations with the air traffic control, airlines and ground handlers on a uniformed platform is another move in the right direction given the enhanced predictability of events and optimal use of resources.

With the polling day for the 15th general election fixed on 19 November, we expect a flurry of flights taking place this month with the active campaigning and Malaysians flying back to cast their votes. We anticipate a busy period ahead in the run-up to the year-end where many corporates will be taking their holiday breaks.

IATA's latest passenger data for July testifies to the continued strong recovery in global air travel, standing at 74.6% of pre-crisis level with domestic traffic at 86.9%. Given the pent-up demand for leisure and visiting friends and relatives (VFR) trends, I foresee air travel patterns will remain strong until the end of 2022.





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## Growing business aviation sees new MRO facility to be built at Subang Airport

The reopening up of major Asia Pacific countries has fuelled the resumption of strong business aviation operations particularly in Singapore, Thailand and Malaysia, which in turn has helped to boost not only overall buoyancy of the aviation industry but also that of aerospace.

In addition, the recently concluded second edition of Selangor Aviation Show (SAS) 2022, themed "The One and Only Business Aviation Show in the Region", also played a pivotal role in connecting the industry players with potential investors and partners both globally and domestically.

Held at the Skypark Regional Aviation Centre in Subang, Selangor from 8-10 September, the high impact event attracted players from the aviation industry in Thailand, Indonesia, China, Hong Kong, Singapore, South Korea, Brazil, Canada, France, Switzerland, Czech Republic, Nigeria, the United Kingdom and the United States.

According to Selangor Menteri Besar Dato' Seri Amirudin Shari, there has been an increasing number of companies setting up their operations in Malaysia's most industrialised state since 2020.

Sultan Abdul Aziz Shah Airport in Subang alone houses up to 19 fixed-wing business aviation and general aviation operators as well as up to 13 helicopter operators. Over 80% of these companies are locally owned.

Subang Airport, a centre for maintenance, repair and overhaul (MRO) of aircraft, is also where original equipment manufacturer (OEM) ExecuJet MRO Services Malaysia Sdn Bhd is located. ExecuJet has started construction of a new purpose-built MRO hangar facility with runway access and a dedicated apron sited at another area of the airport to complement its existing operations.

A leading business aviation MRO company in Malaysia, ExecuJet currently serves Dassault, Bombardier and Gulfstream operators from across Asia. It is certified by the Civil Aviation Authority of Malaysia, US Federal Aviation Administration, European Aviation Safety Agency and other international airworthiness authorities.

With a gross floor area of about 149,500 sq ft, its new facility will further expand ExecuJet's corporate offices and customer areas, among other things. It is expected to be operational by the third quarter of 2023.

With the number of business jets continuing to grow, especially in Southeast Asia, Ivan Lim, ExecuJet regional vice president for Asia says, "Business people have been turning to business aviation to meet their flying needs because it is time-efficient with far fewer touch points as compared to commercial aviation."

SAS 2022 reportedly generated RM1.06 billion in potential transactions from the memorandum of understandings (MOUs) signed during the three-day event, which surpassed its initial target of RM700 million.

### Over 13 MOUs and deals signed

The MOUs range from potential aircraft manufacturing to MRO, air taxi service training as well as research and development for the aerospace industry.

Green aviation technology company, Volar Air Mobility Ltd, inked the biggest MOU valued at RM675.1 million. Incorporated on May 11, 2021, the Hong Kong company will collaborate with Selangor Aviation & Technology Innovation Sdn Bhd (SELATI) to introduce the first green air taxi service in Malaysia within two years.

The two will reportedly establish an institute for the development of electric aviation in



Malaysia to promote the development of green aviation, which is in line with Malaysia's aims to achieve carbon neutrality by 2050.

According to a 2021 report by Allied Market Research, the global air taxi market is projected to hit US\$6.63 billion by 2030 from US\$817.50 million in 2021 with North America taking the lead, followed by Europe, Asia Pacific and the Latin America, Middle East and Africa.

Exploring the development of air taxi in Malaysia, it was reported earlier in July that AirAsia's Advanced Air Mobility (AAM), a unit of AirAsia Aviation Group Ltd, which is Capital A's aviation arm, had signed a letter of intent with the world's leading AAM industry expert, Skyparks Infrastructure of the United Kingdom.

According to AirAsia Aviation Group chief safety officer and AAM head, Captain Ling Liong Tien, its partnership with Skyparks is expected to accelerate the review of this infrastructure, including vertical take-off and landing platforms in Malaysia besides strengthening the country's potential as a zero-emission ultra-short haul air travel provider in Southeast Asia.

At SAS 2022, SELATI, which has been tasked by the Selangor state government to develop a Centre of Excellence for Drones (SDEC) to cover drone testing, training for pilots, development and games besides

providing a one-stop MRO centre for drones in Bestari Jaya, also signed a MOU with Sky Futures Malaysia Sdn Bhd where both will be involved in developing the SDEC.

SELATI will provide a training centre for Sky Futures, an end-to-end solution provider for the inspection, data collection and analysis by unmanned aerial systems.

SAS 2022 also saw the Malaysian Sports Aviation Federation (MSAF) inking MOUs with several companies, namely Davinci Gliders of South Korea, GIAAN Flying Academy, Seniman Malaysia, Kelab Rakan Udara Malaysia and Aerospace Solutions Sdn Bhd.

Another MOU signed was between Global Component Asia Sdn Bhd and Black Arrow Space Technologies Ltd of the United Kingdom while Pen Aviation Sdn Bhd inked a commercial agreement with IT Sky Solutions Ltd of Nigeria.

At the signing ceremony for the unmanned aircraft system purchase agreement, Pen Aviation says the deal will revolutionise healthcare services in Nigeria, making them more accessible especially to the remote areas.

Meanwhile, Systematic Aviation Services Sdn Bhd signed a memorandum of agreement (MOA) with Oriental Sky Sdn Bhd to cooperate in amphibian aircraft maintenance and flight operations besides

inking a MOA with Giaan Flying Academy.

SAS 2022 also witnessed collaborations between Menteri Besar Selangor (Incorporated) with 10 aerospace companies.

They are Aerodyne Group, Asia AeroTechnic Sdn Bhd, GE Engine Services Malaysia Sdn Bhd, Hicom-Teck See Manufacturing Sdn Bhd, Sapura Industrial Berhad, Smarlink Engineering Sdn Bhd, Spirit Aerosystems Malaysia, T7 Aero Tech Sdn Bhd, UMW Aerospace Sdn Bhd and UPECA Aerotech Sdn Bhd.

Another strategic collaboration signed at SAS 2022 was between Delta Aerospace Sdn Bhd and Aeronautique Design & Service Bureau SA of Switzerland with the investment deal valued at RM166.7 million.

The joint-venture, involving the transfer of production, technology and intellectual property, will result in the Swiss company having an equity in the former, Malaysia's first seaplane company and the rebranding of the LA-8 into Heron 8 seaplanes.

There has been significant growth in Asia Pacific in the market for amphibious aircraft. Fortune Business Insights' report on the global amphibious aircraft market 2021-2028, which had valued it at US\$159 million in 2020, projects it to reach US\$358 million by 2028, supported by rising demand for such aircraft for commercial use due to their light weight.



## Turkish Airlines Launches Additional Flights to Kuala Lumpur



**F**lying to more countries than any other airline, Turkish Airlines operated its first direct flight to Kuala Lumpur, Malaysia on April 25, 2013, with three frequencies per week. Barely a year into operation, Turkish Airlines started operating daily to and from Kuala Lumpur.

Coming into a decade of operation in Malaysia, Turkish Airlines has increased its Kuala Lumpur weekly frequencies by adding another additional three frequencies weekly (total: 10-time weekly service) with the flights that started on October 1, 2022, from Istanbul.

Tourism Malaysia, commenting on the introduction of the additional frequencies, strongly supports the increase in international direct flights by Turkish Airlines as this will bring even more visitors from across their network to Malaysia and further boost the economy for a strong rebound for Malaysia's tourism industry.

The easing of international travel protocols and the relaxation of the entry procedures to Malaysia will also increase the travel demand to Malaysia and boost connectivity from other international continents. Tourism Malaysia welcomes all visitors to explore Malaysia's beautiful and diverse attractions.

Malaysia Airports echoing the same sentiments, has witnessed Turkish Airlines' rapid growth in Malaysia throughout the years and it remains confident of the airline's continued success at KL International Airport (KLIA). The airport operator is pleased that the airline is increasing its flight frequency which will contribute to the growth of the aviation and tourism sectors of the country post-pandemic. Malaysia Airports hopes to see the recovery of more airlines at its airports as air travel gains its momentum this year.



Operating ten flights a week, new additional frequencies will be able to accommodate more demand for passengers departing from KL International Airport (KUL) to more than 320 destinations in over 120 countries from all around the world via Istanbul.

For more information, please visit [www.turkishairlines.com](http://www.turkishairlines.com)

## Etihad Launches Inaugural Flight to Guangzhou

**E**tihad Airways, the national airline of the United Arab Emirates (UAE), has launched its first-ever scheduled flights linking Abu Dhabi and Guangzhou. The inaugural flight, EY868, departed Abu Dhabi on October 10, 2022 after a ribbon-cutting ceremony attended by representatives from the Chinese Embassy to the UAE, Abu Dhabi Airports Company, Miral Asset Management, and Etihad Aviation Group.

The flight touched down at Guangzhou Baiyun International Airport making Etihad the first international airline to operate long-haul passenger services to the top three Chinese gateways – Beijing, Shanghai, and Guangzhou – since the start of the pandemic.



**“** We have been tremendously excited about the launch of this service. Guangzhou is the latest destination to be opened in China by Etihad since the launch of the Abu Dhabi-Shanghai route back in 2012. It will continue to help build a solid air bridge for commerce and cultural exchanges between China and the UAE.

We are very grateful for the support from both governments, business partners and our Etihad team, as our new service to Guangzhou will not only further address the huge demand for passenger travel between the UAE and China, building on the formidable people and business ties between the two markets, but also support the increasing consolidation and strengthening of Etihad's presence in China and the global aviation industry. It also reinforces the airline's commitment to serving the Chinese market.

**TONY DOUGLAS**  
Group Chief Executive Officer  
Etihad Aviation Group

To highlight Guangzhou's reputation as “the spiritual home of Cantonese cuisine”, and to appreciate the cultural diversity within Etihad's in-house hospitality team, the event offered a tapestry of cuisines, consisting of several signature dim sum and Arabic-style canapés jointly created by Etihad Airways Chef Murray Reason and Capital Hospitality Executive Chef Imad Soboh. The evening gave a glimpse into the fascinating culinary experiences every business and leisure traveller can enjoy on board Etihad flights.

Flight EY868 marks the launch of scheduled services between Abu Dhabi and Guangzhou, growing Etihad's network to 67 destinations across 45 countries. The new twice-weekly service will be operated via a two-class Boeing 777.

The Abu Dhabi - Guangzhou route will be operated twice weekly.

For more information, please visit [www.etihad.com](http://www.etihad.com)



## Air Astana Receives Best Airline in Central Asia Award

**A**ir Astana, Kazakhstan's flag carrier, has received prestigious Skytrax awards for "Best Airline in Central Asia and CIS" for the tenth time and "Best Service in Central Asia and CIS" for the first time. Awards were presented to all winners at a Skytrax Awards ceremony in London recently.

“Since it was launched 20 years ago, Air Astana steadily built a reputation for safety, efficiency and outstanding customer service. We are once again honoured to receive awards from Skytrax, which perfectly reflect our commitment to the very highest standards of excellence and recognition from our devoted passengers. I would like to thank every one of our almost six thousand staff for their professionalism and dedication on this proud occasion.”

**PETER FOSTER**  
President and Chief Executive Officer  
Air Astana

“Air Astana is celebrating its tenth win this year. The airline's management and employees should be proud of this success and of winning the award for Best Airline and Best Service in Central Asia and CIS. The past two years have been very challenging for the aviation industry; therefore, this award confirms the high-quality service that Air Astana continues to provide to its customers,” said Edward Plaisted, Chief Executive Officer of Skytrax.

Winners of Skytrax Awards are determined through an annual passenger survey. More than 300 airlines were evaluated between September 2021 and August 2022. More than 14 million people from 100 nationalities participated in this survey in English, French, Spanish, Russian, Japanese and Chinese. Survey participants rated the airline's website, check-in and boarding procedures, cabin cleanliness, IFE, crew appearance and service, food quality, the comfort of seats, and more.

Air Astana received the Skytrax "Best Airline in Central Asia and India" award for the first time in 2011 and this was followed a year later by being the first airline in the CIS and Eastern Europe to receive a four-star Skytrax award. From 2013 to 2015, Air Astana was awarded the Skytrax Award for "Best Service in Central Asia and India".

For more information, please visit [www.airastana.com](http://www.airastana.com)



## Lufthansa Launches Suite Concept in First & Business Class

**L**ufthansa is introducing a new premium product on long-haul routes under the name "Allegris" in all travel classes (i.e. Economy, Premium Economy, Business and First Class). "Allegris" has been developed exclusively for the Lufthansa Group.

For the very first time, the Lufthansa First Class is receiving spacious suites that offer nearly ceiling-high walls that can be closed for privacy. The seat, which is almost one metre wide, can be converted into a large, comfortable bed. All seats and beds are positioned in the direction of flight, without exception. In addition to many other storage options, there is a large, personal wardrobe in every suite. Passengers inhabiting this new First Class can even remain in their suite as they prepare for sleep and change into the Lufthansa First Class pajamas.

Dining will be an exceptional experience in the new First Class cabin. If preferred, eating together is made possible for the guests at a large dining table, whereby one can sit across from their partner or fellow traveler, just as one does in a restaurant. Gourmet menus are presented, along with the airline's unique caviar service. Entertainment is provided by screens that extend across the full width of the suite, with Bluetooth connectivity for wireless headphones.

“We want to set new, unprecedented standards for our guests. The largest investment in premium products in our company's history underpins our claim that we continue to be the leading Western premium airline in the future.”

**CARSTEN SPOHR**  
Chairman of the Executive Board and CEO  
Deutsche Lufthansa AG

Guests in Lufthansa Business Class can also look forward to their own suite, which offers even more comfort and privacy due to higher walls and sliding doors that completely close. Here, travelers can enjoy extended personal space, a monitor up to 27 inches, and ample storage space with a personal wardrobe.



Passengers have direct access to the aisle from all Business Class seats. The seat walls, which are at least 114 centimetres high, with generous space in the shoulder area, ensure greater privacy. All seats can be converted into a two-meter-long bed. Passengers can enjoy the in-flight entertainment program on monitors measuring nearly 17 inches. Wireless charging, noise-cancelling headphones and the ability to connect one's own devices, such as a PC, tablet, smartphone, or headphones, to the entertainment system, via Bluetooth, are also part of the new Allegris Business Class experience.

Lufthansa will also give its guests significantly more choices in Economy Class. For example, in the future, travellers will have the option of booking seats in the first rows, which have a greater seat pitch and offer additional comfort. Following the success of the "Sleeper's Row", which offered Economy Class passengers greater relaxation on long-distance flights since August 2021, Lufthansa now plans to introduce a "Sleeper's Row 2.0" on all new long-haul aircraft, as part of "Allegris." In the "Sleeper's Row 2.0", one must simply fold up a leg rest and utilise the additional mattress on offer, for rest and relaxation on a reclining surface that is 40% larger compared to the original "Sleeper's Row". Also in the future, Economy Class passengers will also have the option of booking a vacant neighbor seat. This will give travelers more choices, even in the most economic travel class.

For more information, please visit [www.lufthansagroup.com](http://www.lufthansagroup.com)





## British Airways and Qatar Airways Complete Latest Expansion of Partnership

**Q**atar Airways and British Airways have completed the latest phase in the expansion of their partnership, offering global connectivity between more countries than any other airline joint business on September 27, 2022.

The airlines have added 42 new countries to their shared network, including Italy, the Maldives, Norway, Singapore, and Sweden, giving passengers enhanced access between destinations in Europe and the Middle East, Africa, Asia, and Oceania. Customers will now benefit from even greater choices in prices and schedules with options for direct flights as well as connections via hubs in London and Doha. This is all part of Qatar Airways and British Airways' plan to "Move Further Together" by enhancing the joint network and providing passengers with the best of both airlines.

The expansion will enable seamless connecting journeys on single tickets through Doha and London, bringing the total number of destinations served by the two airlines to 185 across more than 60 countries. The complementary networks uniquely access dozens of countries that no other alliance or joint business provides. The partnership also ensures access to more cities around the world than ever before, continuing to support global trade, tourism, investment, and cultural connection.

Additionally, customers will have more freedom to engage with both airlines' loyalty programmes, earning and spending Avios, their common currency. Customers are able to seamlessly link their Qatar Airways Privilege Club and British Airways Executive Club accounts to transfer Avios between the two and combine balances to claim rewards offered by each programme.

The collaboration also offers access to both airline's exclusive lounges, and cabins to suit all budgets and needs, including British Airways' new Club Suite and Qatar Airways' award-winning Qsuite.

Qatar Airways Group Chief Executive, Akbar Al Baker, said: "The growing collaboration between Qatar Airways and British Airways shows our customers our common goal to offer an unparalleled network with unique benefits. Travellers can now experience the best in quality and service as they travel across our joint network. The joint business between our airlines cements both Qatar Airways and British Airways as industry leaders, aiming to provide the utmost flexibility and unrivalled connectivity to our customers."

“

This is a huge milestone in our long-standing relationship with Qatar Airways, an airline that shares our passion for customer service, choice and flexibility.

From idyllic holiday hotspots such as the Maldives and Thailand, to business hubs such as Singapore and Hong Kong, we are pleased to open up the world as the travel industry continues to make steps towards its recovery.

”

**SEAN DOYLE**  
Chairman and Chief Executive Officer  
British Airways



## Cathay Launches Advanced Conversational AI to Enhance Digital Experience



**C**athay is enhancing its customers' digital experience with the launch of an advanced conversational artificial intelligence (AI) in partnership with Fano Labs, a Hong Kong-based language AI company.

In recent years, this has included the introduction of AI chatbots that enable passengers and cargo customers to receive immediate responses to their queries, ranging from checking flight status, to booking changes and online shopping.

Under the airline's conversational AI roadmap, Cathay is optimising its digital customer experience even further with the most cutting-edge language AI technologies. The new conversational AI developed in partnership with Fano Labs will improve the efficiency and productivity of the airline's AI chatbots, enabling them to provide more accurate responses to customers' queries.

Cathay and Fano Labs have become one of the first in the market to have successfully developed and launched the Conversational AI Training Excellence platform that uses AI technologies to train AI chatbots. The "Trainer AI" leverages Fano Labs' Callinter product to analyse interactions with customers, including voice calls, live chats, WeChat messages, and WhatsApp messages, and automatically group these data into different categories for further processing, before presenting the results to a human supervisor for review and approval. The AI chatbot then learns from the data extracted by the trainer AI.

With this system in place, Cathay expects to reduce the time needed to train chatbots by 50%, meaning a regular 4-6 week learning cycle

will be shortened to 1-2 weeks only. The solution enables Cathay to take on a significantly greater volume of training data and ramp up its ability to discover new topics and improve the accuracy of chatbot responses.

“

As a company with more than seven decades in Hong Kong, we are committed to supporting local tech start-ups such as Fano Labs and innovating together to build our digital leadership – a pillar for achieving our vision of becoming one of the world's greatest service brands. This collaborative effort in Conversational AI technology is the latest example of how we can work together with startups to develop mutually beneficial partnerships and ultimately bring benefits and enhanced service to our customers.

”

**LAWRENCE FONG**  
Director of Digital and IT  
Cathay

Cathay is a premium travel lifestyle brand with range of products and services includes flights, holidays, shopping, dining, wellness and payment. Flights are provided by Cathay Pacific, the home airline of Hong Kong and a founding member of the oneworld global alliance. The Cathay Group also comprises of HK Express, Air Hong Kong (a dedicated freighter airline) and various subsidiaries.

For more information, please visit [www.cathaypacific.com](http://www.cathaypacific.com)





## Star Alliance reclaims World's Best Airline Alliance Title



Star Alliance has reclaimed the title of World's Best Airline Alliance at the prestigious Skytrax 2022 World Airline Awards on September 23, 2022. The Alliance's famed Los Angeles' lounge has also retained the award for World's Best Airline Alliance Lounge for the sixth year running. The awards were received by Star Alliance Chief Executive Officer Jeffrey Goh in a ceremony held at the historic Langham Hotel in London.

“We are elated to learn that millions of flyers around the world have put their trust in Star Alliance yet again and have recognised the exceptional value the alliance offers through their journey. As we celebrate our 25<sup>th</sup> anniversary this year, the recognition means even more to us.”

**JEFFREY GOH**

Chief Executive Officer of  
Star Alliance

Goh also took this opportunity to thank the unwavering efforts of the team and continued: “As we navigate through one of the most difficult periods for our industry, it is the grit and hard work of the Star Alliance team and the staff of our member carriers that has enabled seamless travel despite constantly changing environment. I receive this honour on their behalf.”

Star Alliance is dedicated to a multi-dimensional strategy to elevate customer experience, built on the pillars of digitalisation of the journey, unmatched loyalty benefits and industry-first innovations. Recently, Star Alliance extended its network with the Intermodal Partnership model, which intelligently combines air travel with other transport ecosystems. Launched in July 2022 with the German rail network, Deutsche Bahn, passengers can conveniently book combined air and rail journeys on a single ticket.

Known as “the Oscars of the aviation industry”, the Skytrax World Airline Awards are independent and impartial awards

decided through international customer voting. Passengers with over 100 nationalities participated in the 2021-22 survey, with 14.32 million eligible entries counted in the results. The survey was also provided in six major international languages.

Back in 2005 when the World's Best Airline Alliance category was introduced, Star Alliance was the first alliance to achieve the title, winning it multiple times in the following years. More recently, it held the top position for four consecutive years in 2016-2019.

Edward Plaisted, Chief Executive Officer of Skytrax said, “We congratulate Star Alliance and its member carriers on the award for the World's Best Airline Alliance once again, voted for by passengers across the globe. We also congratulate them on the coveted Best Airline Alliance Lounge recognition for the Los Angeles International Airport, sixth year running. This is a great achievement for the alliance, and a great source of pride for all stakeholders.”

## American Airlines Introduces Flagship Suites Seat

American Airlines is giving customers a “suite” new ride. With new deliveries of its Airbus A321XLR and Boeing 787-9 aircraft, beginning in 2024, the airline will unveil new Flagship Suite® premium seating and a reimagined aircraft interior for its long-haul fleet. Flagship Suite® seats will offer customers a private premium experience with a privacy door, a chaise lounge seating option and more personal storage space. Customers will enjoy tailored luxury in their private retreat in the sky in American's premium cabin.

“We are enhancing the customer experience across their entire journey with American,” American's Vice President of Customer Experience Julie Rath said. “The arrival of new long-haul aircraft and the customised seat design of the Flagship Suite® seats will offer customers a truly private premium experience on our long-haul fleet.”

American was the first U.S. airline to debut long-haul Premium Economy seats in 2016, and in response to customer demand, the airline is adding even more Premium

Economy seats to its long-haul aircraft. The new custom-designed Premium Economy seat creates more privacy and doubles the amount of in-seat storage space.

With the introduction of new interiors on its long-haul aircraft, premium seating on American's long-haul fleet will grow more than 45% by 2026. American's Boeing 787-9 aircraft will have 51 Flagship Suite® seats and 32 Premium Economy seats, and the airline's Airbus A321XLR aircraft will feature 20 Flagship Suite® seats and 12 Premium Economy seats.

American will also be retrofitting its aircraft, the Boeing 777-300ER, to include Flagship Suite® seats. These 20 aircraft will be refreshed with the new interiors starting in late 2024. American's aircraft will feature more premium seats than its current design, with 70 Flagship Suite® seats and 44 Premium Economy seats.

The airline will also retrofit its Airbus A321T fleet to align those 16 aircraft with the rest of its A321 fleet. American will continue



to offer lie-flat seats on its transcontinental routes departing New York and Boston along with its Northeast Alliance partner, JetBlue Airways, providing travellers with a premium experience and the opportunity to arrive refreshed after a cross-country flight.

For more information, please visit [www.aa.com](http://www.aa.com)

## Emirates A380 Returns to Japan



Emirates, the largest international airline, is upgrading capacity on its Narita-Dubai route with the deployment of its flagship A380 from November 15, as Japan scraps the daily arrival cap, and lifts the Covid-19 testing and self-quarantine protocols for inbound travel. Following the Japanese government's announcement on September 2022 to ease the entry restrictions, Emirates has seen a spike in bookings for flights to Japan's gateways - Narita and Osaka.

Emirates' flight EK318 from Dubai will depart at 2:55hrs and arrive in Narita at 17:20hrs. The return flight EK319 from Narita will depart at 22:30hrs and arrive in Dubai at 5:30hrs the following day. All times are local.

The reintroduction of the Emirates A380 to Narita also underscores the airline's long-standing commitment to Japan's tourism and travel sector. By providing more capacity, the airline aims to serve the pent-up demand for travel into Japan along with providing choice

and flexibility for travellers through its daily service to Osaka operated by the Boeing 777.

This year, Emirates is celebrating two decades of successful operations to Osaka's Kansai International Airport. Emirates was the first airline to establish air connectivity between Japan and the UAE, as well as the rest of the Arabian Gulf countries back in 2002. Despite the challenges of the pandemic, the airline continued to contribute to the local community by transporting essential air cargo between Japan and other global markets, which also helped to maintain the trade links that were needed during the unprecedented times via its Dubai hub.

For more information, please visit [www.emirates.com](http://www.emirates.com)





# Aviation Interview with Datuk Captain Chester Voo Chee Soon

Chief Executive Officer (CEO) of Civil Aviation  
Authority of Malaysia (CAAM)

Since his appointment on June 1, 2020, Datuk Captain Chester Voo has been working tirelessly to help Malaysia regain its Category 1 status and succeeded in doing so recently, much to the pride of the civil aviation industry and Malaysia. Projecting CAAM as a strict but facilitative regulator, he works with a committed team dedicated to help the industry do right things in ensuring a safe aviation ecosystem. With almost 30 years of aviation experience behind him, our humble man, who hails from Sandakan, Sabah but grew up in Tawau also brought with him early lessons in life he learnt. They include to never give up and that everything is possible through sincere efforts. Adopting a positive approach, he has steered CAAM to adapt and embrace change. efforts. Adopting a positive approach, he has steered CAAM to adapt and embrace change.

**Please share with us CAAM's transformation journey under the trying and unprecedented times brought about by the Covid-19 pandemic?**

The most important thing in CAAM's transformation is the ability to believe while keeping the same tenacity-cum-stamina to keep moving forward regardless of the difficulties. We should embrace and approach the problems with positive solutions although some solutions are painful as change is never easy. The pandemic gave us a breather as capacity slowed down, thus allowing us to take three steps back to see the picture clearly and fix the root causes of our problems.



We wanted a strong and sustainable organisation. Once we structured that and worked on what we needed to do, we remained discipline in completing each task one at a time. Eventually the issues were fixed, making us more confident and competent. I am grateful to the airlines for trusting me with various management roles in training and operations.

**One of your immediate tasks after your appointment was to help Malaysia regain its category 1 status within a year but with the pandemic, it took slightly longer. What were the measures implemented that helped convince the United States' Federal Aviation Administration to upgrade us?**

Malaysia's recategorisation has been an uplifting moment for the aviation industry following a very difficult period due to the pandemic. Our success in attaining this was a team effort, right from the Ministry of Transport (MOT) to everyone at CAAM, including the task force looking into the 33 findings in 2019.

The reassessment covered 301 protocol questions that required 403 critical element responses. For us, the best and most sustainable way in approaching the audit or assessment was to be fundamentally strong with solid foundations.

We went about fixing the root causes and putting into place resilient and robust processes. With the support of everyone and the aviation industry players, CAAM embarked on a complete change of our documentation that included civil aviation directives. We aligned the directives to the International Civil Aviation Organisation (ICAO) annexes and then developed both civil aviation and internal guidance materials, process manuals and a comprehensive documentation system within CAAM. As a regulator, a strong documentation, process, implementation and evidence methods are necessary. We also became very communicative both internally and externally to all our stakeholders.

**What lessons did CAAM learnt from the pandemic to improve the resilience of our civil aviation industry?**

The answer to this lies in our ability to be agile. By agility, I believe both regulators and industry players must be ready to change and adapt with a deep understanding of the true value of safety. We learnt that it is very important to digitalise and use alternative means to achieve the same or higher level of safety. As such, we must embrace technology and maximise its use to our advantage.

**In instilling confidence among passengers towards flying again after the pandemic, what are some efforts undertaken by CAAM?**

CAAM has issued our own safety guidance materials that are compliant to ICAO's Council Aviation Recovery Taskforce. They have been revised according to ICAO, our local authorities and the MOT's updated requirements. In many cases, we have exceeded what was required and both our airlines and airports have quickly adapted and adopted the safest most compliant approach to safety. CAAM also conducted regular safety oversight and surveillance on our license holders to ensure the highest level of compliance. This has been met with great support and results and we urge all in the industry to keep improving their compliance level as this is key in building public confidence and our ability to operate safely.

**In terms of recruitment for the aviation industry, there have been drives to employ more engineers besides those for internal audit and the legal divisions. Amid the acute staff shortage faced by various local industries, how has CAAM's experience been like?**

Following the lifting of restrictions as Malaysia enters the endemic phase, the shortage of skilled workers has affected most industries. For aviation, license holders would require activation or requalification. There will also need to be proper planning and an early start to recruitment as critical staff are part of the whole manpower ratio system required to manage airline operations. This is important to ensure timeliness of the return to pre-pandemic capacity levels as both training and reactivation require lead time to complete. CAAM will facilitate the industry in terms of providing a clear regulatory process that is timely according to our client charter.

**Despite CAAM's safety briefing sessions on the importance of flight operations safety and compliance with regulations, there have recently been incidences flight crash and skidding lately during training? What can be done to minimise them?**

CAAM continues to strive to ensure the safest air travel and operations in Malaysia. We have been very communicative over the past two years. As seen from our website, CAAM has been providing information and safety notices to keep the industry abreast. We believe the best approach to safety is the ability to mitigate risk and all efforts have been made to prevent an abnormal situation or accident. It is vital that we all learn from such incidences to enhance our training programmes, safety awareness approaches and a strict diligence to do the right thing.

**On the risk-based approach in ensuring an organisation's readiness for aircraft to return to the service industry, what are CAAM's efforts in this area?**

CAAM's Airworthiness Division has come up with a comprehensive checklist for operators planning to return to service aircraft that have been in hibernation, be it short, medium or long term. These aircraft, depending on their category, will require different levels of maintenance and inspections. Major operators have in place effective

safety management systems and good maintenance set-ups. Our regulator's role is to facilitate the return to service in a timely manner, ensuring that the operators complete diligently the maintenance requirements according to regulations. The return to service checklist thus serves as a guide to ensure all compliances are met with minimal errors. CAAM strives to see all aircraft returned to service safely and in full compliance.

**With regards to technology and the environment, what are your thoughts in terms of aviation safety and sustainability?**

It is very important the aviation industry embraces new technology and a harmonised approach in striving to achieve the best results. Digitalisation must result in reduced environmental harm for sustainability's sake. Every small effort counts and adds up to the whole big picture of protecting our environment. In terms of safety, the use of the latest equipment with robust preventive maintenance methods and multiple redundancies are key in ensuring our use of high technology to increase reliability and accuracy, which in turn enhances safety for everyone.

**Following Sandakan Airport's recent expansion, what are some safety measures introduced to enhance the flight navigation operations for airlines?**

The Sandakan Airport upgrade is timely and I applaud Malaysia Airports in ensuring safe and secure operations. Apart from the lengthening of the runway, new Primary Surveillance Radar/Secondary Surveillance Radar and Automatic Dependent Surveillance-Broadcast maintained by CAAM as part of our air navigation service provider obligation have also been installed to ensure the most stable air traffic management systems for commercial operations. They come with multiple redundancies to minimise risk of disruption due to down time.

**Malaysia was recently re-elected as ICAO's member state for 2022-25. What does this mean for our country and the aviation industry?**

CAAM applauds MOT's efforts in retaining this important council seat, which was achieved with strong support from our civil aviation industry players that included Malaysia Airports, Malaysia Airlines, AirAsia Berhad and Batik Air Malaysia. This council seat has not only enabled Malaysia to have a voice in the international aviation community but also showcased our ability in contributing to aviation training, effectiveness of safety oversight and efforts in sustainability. CAAM will strive to support MOT's efforts in ensuring ICAO's approach of no country being left behind is met as we collectively contribute to the safety of air travel.

**Any last words for the aviation industry?**

The key is to be humble, keep learning from everyone and in the face of adversity, always stay calm and have the tenacity to work on the positive and embrace change with lots of stamina. Lastly, trust your team and empower them since they are your most important assets and instill an open and sincere work culture.





REATHE EASY



ISS THE SKY



NDULGE



# MORE THAN NATURAL WONDERS, A GATEWAY TO EPIC EXPEDITIONS.

KOTA KINABALU INTERNATIONAL AIRPORT, THE GATEWAY TO GETAWAYS

It all begins at Kota Kinabalu International Airport (BKI). Make an aquatic friend, conquer Mount Kinabalu, and discover a world so exotic with more than 6,000 plant species, even the first season of reality TV show Survivor was filmed there. Plan your route to countless new adventures.



# DESTINATION: THRILLING ACTIVITIES IN MALAYSIA FOR THE ADVENTURE SEEKERS

BY HIRANMAYII AWLI MOHANAN

Malaysia has ample of outdoor activities for those keen on trying something new or simply looking to quench their thirst for extreme adventure. Between the depths of the sea and the heights of clouds, there are many things for you to enjoy with your friends and family. We have listed down adventurous outdoor activities in Malaysia that will satisfy your need for an adrenaline rush.



## PARAGLIDING

Known popularly as a splendid nature's retreat, Bukit Kokol is famous for its calm and tranquil atmosphere. However, do not let its serene facade fool you as it is also among the top places in Malaysia to get your adrenaline pumped up. Merely a forty-minute drive from Kota Kinabalu, located in Menggatal, this place offers a cool temperature of 24 degrees when you are among the clouds and offers stunning panoramic views of the lush forest beneath. The take-off base is located at around 822 meters above sea level. You can even book certified tandem paragliders beforehand. Alternatively, in the Peninsular, Kuala Kubu Bharu in Selangor offers eccentric views of the luscious green canopy of the forest. The site is also home to various paragliding competitions giving professional paragliders a chance to flaunt their brilliant skills. The journey up the hill to the paragliding site takes about fifteen minutes. One is also provided with a certificate as a souvenir for your flight. Tandem flight is also available at this facility if you book three days before the appointed day.



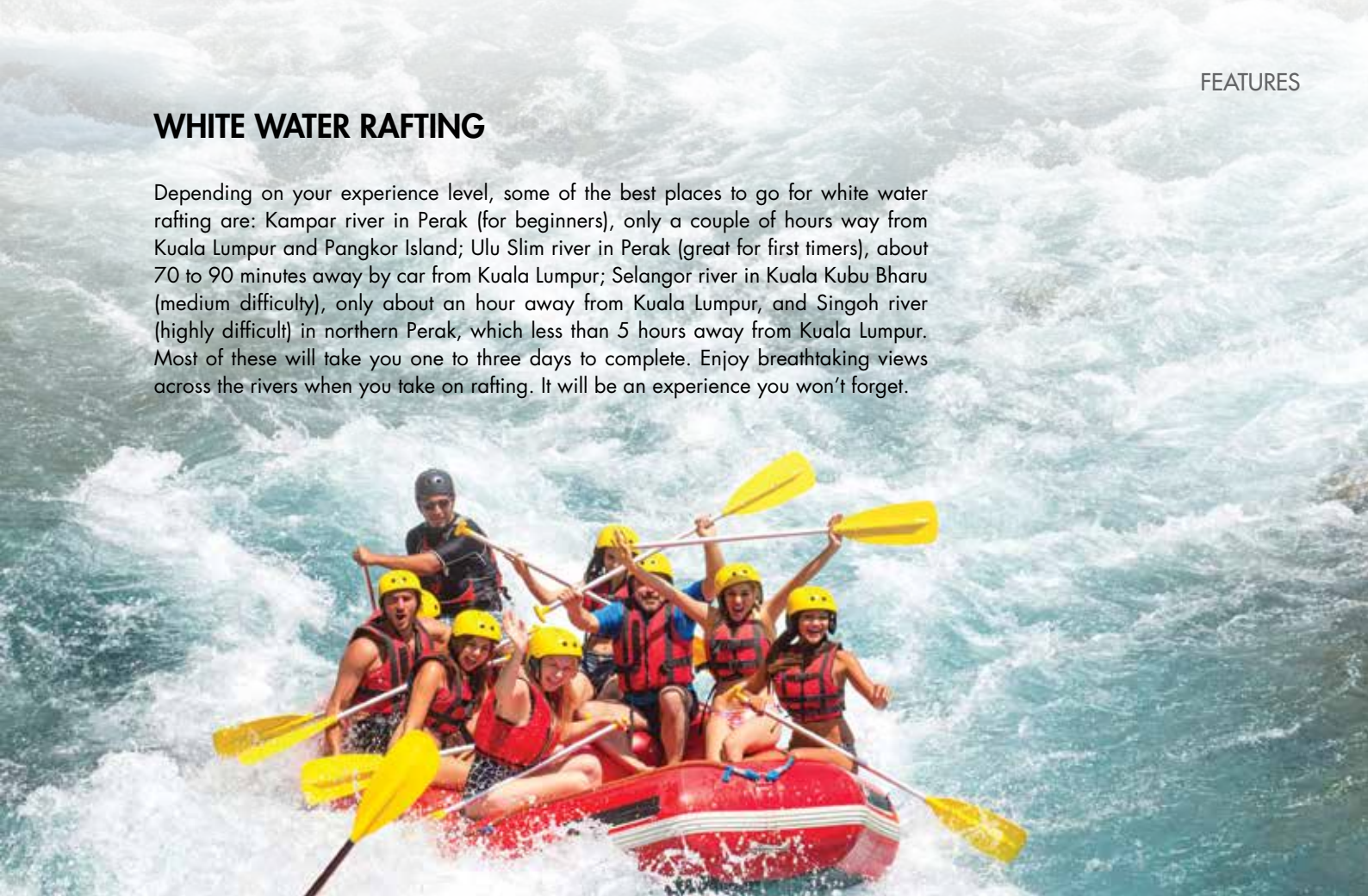


SKYDIVING

Tandem skydiving is one of the best outdoor activities in Malaysia. Whether you're a beginner or an advanced skydiver, you will surely enjoy soaring through the Malaysian skies. One of the best places to go up in the sky is Langkawi Island, which is also the only location where you can skydive on a beach in the whole of Asia. Alternatively, Hawk Sports Skydiving Club is one of the longest operating skydiving school in Malaysia. They offer various skydiving services, including tandem, where you're strapped to a highly trained instructors falling at nearly 200km/h, while you enjoy the view and the rush.

SCUBA DIVING

Tropical beaches, endless corals, crystal clear water, friendly turtles, and even some shipwrecks await you on your scuba diving adventures in Malaysia. There are around 10 important diving sites suitable for beginners and professional divers. You can enjoy scuba diving all year round in most of the places, but generally April to December is the best time to go sightseeing underwater. Enjoy watching the rich aquatic life on Sipadan Island, Mabul Island, Kapalai Island, Lankayan Island, Layang – Layang Island, Matakang Island, Pom Island, Sibuan Island, Redang Island, Leng Tengah Island, Tenggol Island, Tioman Island, Perhentian Island, and Tunku Abdul Rahman Marine Park.



WHITE WATER RAFTING

Depending on your experience level, some of the best places to go for white water rafting are: Kampar river in Perak (for beginners), only a couple of hours way from Kuala Lumpur and Pangkor Island; Ulu Slim river in Perak (great for first timers), about 70 to 90 minutes away by car from Kuala Lumpur; Selangor river in Kuala Kubu Bharu (medium difficulty), only about an hour away from Kuala Lumpur, and Singoh river (highly difficult) in northern Perak, which less than 5 hours away from Kuala Lumpur. Most of these will take you one to three days to complete. Enjoy breathtaking views across the rivers when you take on rafting. It will be an experience you won't forget.



SCUBA DOO (UNDERWATER SCOOTER)

If you wish to watch the sea creatures more comfortably than scuba diving allows, you can go around the beautiful Malaysian waters with an underwater scooter. The best place for this activity is Kota Kinabalu. You will be able to sit comfortably with your head inside a dome and breathe normally. The scuba doo can go down up to 10 meters under the sea. No experience or swimming skills needed for this underwater adventure. The underwater scooter rides will take you anywhere between 60 and 90 minutes.





# FASHION & BEAUTY NEWS

All the must-knows and must-haves of the month

BY HIRANMAYII AWLI MOHANAN

## READY, SET, PRIME AND REAPPLY

Supergoop!, the Experts in SPF™, continues to make SPF accessible every. single. day! Introducing the newly formulated Mineral Sheer Screen SPF 50 and (Re)setting Refreshing Mist SPF 40, the only duo you need to prime and reapply your SPF all day long. It's no secret that Mineral Sheer Screen is loved by many for its smooth and creamy texture. And now, Mineral Sheer Screen is back with even better sun protection, going from SPF 40 to SPF 50! If you're a fan of the (Re)setting Powder, you'll love the new (Re)setting Refreshing Mist SPF 40 – another quick and convenient way to reapply your SPF. It's a weightless, ultra-fine face mist with SPF designed to set makeup, refresh your look and reapply your UV protection throughout the day.



## OASIS RESORT COLLECTION

Malaysian fashion designer Alia Bastamam launched her Resort 2023 collection, aptly titled 'Oasis', at The Datai Langkawi. The line included a capsule collection that was inspired by The Datai Langkawi, with six elegant looks available for purchase exclusively at The Boutique of The Datai Langkawi, the aliabastamam.com website or on appointment at the Alia Bastamam showroom in Kuala Lumpur. For Resort 2023, the Alia Bastamam woman is on a journey to find solitude and beauty in her own Oasis: "With so much happening in our fast-paced world today, sometimes we forget to connect with ourselves. So, in creating this collection, I imagined my Alia Bastamam woman in her piece of paradise where she can escape to rest her body and soul," the designer quips about her continuous source of inspiration - her Alia Bastamam woman.

## TAG HEUER CARRERA CHRONOGRAPH CORTINA

TAG Heuer introduced the TAG Heuer Carrera Chronograph Cortina Watch limited edition, specially created for Cortina Watch's 50th Anniversary. Presented on a black alligator strap with a gold pin buckle, the TAG Heuer Carrera Chronograph Cortina Watch Limited Edition is limited to 10 pieces. A true collectors' watch, each will carry the mentions "One of 10" and "Cortina Watch 50th Anniversary since 1972" on the case back. The exclusive TAG Heuer Carrera Chronograph Cortina Watch Limited Edition expresses the uniquely elegant and sporty character of its emblematic past, with an added touch of flair and modernity.



## THE BOSS FALL/WINTER 2022 EYEWEAR COLLECTION

Italian tennis player Matteo Berrettini, who has climbed the ranks of professional men's tennis globally, and for the first season as global eyewear ambassador, alongside Next-generation TikTok creator Khaby Lame, football player Raphaël Varane, German runner Alica Schmidt, world-famous American rapper Future, and South Korean singer and actor Lee Min-ho are all wearing BOSS Eyewear in the Fall Winter 2022 global campaign. The BOSS 1442/S Sunglasses is squared in bio acetate, crafted with an eco-friendly material, with ECO lenses made from at least 40% bio-based raw materials, featuring metal rivets with a high and low relief pattern.



## GLOW GEAR, MADE FOR ALL

Founded by sibling power duo, Mia Samtani and Ajit Vaswani, GLOWGEAR™ believes in creating multi-functional tools that are as beneficial to your skin as it is to your mind! GLOWGEAR™ is a skin- and self-care brand that focuses on creating beauty tools and products that are effective to use, gender-fluid, and inclusive. Designed with the belief that skin health and self-care is for everyone while forging a new culture of beauty – for all genders and skins – GLOWGEAR™ has created multifunctional products, based on science and 3 generations of technological expertise that will enhance your self-care routine. The glowing roster includes the Glowdrop 4-in-1 Facial Device and the Glowquartz Face Roller. GLOWGEAR™ is available exclusively on sephora.my and Sephora in-app.



## SACOR BLUE

Sacoor Blue, a new brand with sustainable living at its heart, celebrated the launch of its first Southeast Asian flagship store in Pavilion Kuala Lumpur. The celebration marked a new phase in the expansion plans for the brand's well-known Portuguese parent company, Sacoor Group which is celebrating its 10th Anniversary in Malaysia. Sacoor Blue showcases the group's commitment to evolving alongside consumer demands by centering its products around green living. Having already established a strong clientele through Sacoor Brothers, Sacoor Outlet, and Sacoor One, Sacoor Blue aims to connect with the younger demographic who are particularly passionate about eco-conscious issues.



## CARTIER OBJECTS AND ACCESSORIES

Games, travel, literature, childhood and decor — the new collection of Cartier objects and accessories enhance every aspect of daily life. The compelling Cartier black panthère framed in cypress is at the heart of this home collection, alongside the white and gold porcelain table and peacock decoration. A blue and a green in keeping with Cartier's artistic legacy, inspired primarily by Islamic art. Celebrate the end of year festivities with elegance and audacity thanks to the irresistible Diabolo collection by Cartier, stamped by the Maison bellboy and presented in a red case. A luggage tag, vanity mirror, snow globe, trinket tray, or tictac toe game... all these objects can be enjoyed in red or, for the first time, in navy blue.





LANCÔME X BE@RBRICK

The Lancôme x Be@rbrick collaboration takes a playful approach, where luxury skincare and makeup meet the most famous collectible art toy to create hassle-free beauty and add a daily dose of fun to your beauty routine. Called Happy, Be@rbrick becomes the House’s happiness totem reinterpreting the Lancôme signature and emblem in an arty, animated way, while also adorning the brand’s icons in an exclusive limited collection. Founded by Japanese designer Tatsuhiko Akashi, Be@rbrick has become one of the most celebrated art toys, with an evolving cast of characters immortalised in cult figurines. Today the playful art piece has been one of the most fervently desired collectables since its release around 21 years ago. With happiness as a shared ethos, the French luxury house and the cutest collectible art toy, imagined a Be@rbrick who plays with beauty, a veritable totem to happiness, with the aesthetic of modern art.



AESOP GIFT KITS 2022 — POETRY OF PLACE

As the festive season makes its debut, Aesop honours and celebrates the gifting season with its revered Gift Kits 2022-23: Poetry of Place. Shaped by the brand’s philosophy of design, the Aesop Gift Kits pays homage to the architecture of 4 chosen signature Aesop stores and their environs. From materiality to mood, historical inspirations to contemporary craft, Aesop views these spaces as tellers of stories, unravelling tales that highlight architecture’s power to build meaningful connections between people and place. The 2022-23 Gift Kits pay close attention to the routines and customs that define varied cultural settings where once these places are unlike yet connected through shared rituals — setting the scene for explorations of the ritual of gifting around the world. Each kit contains an assortment of carefully complementary formulations from a selection of skin, hand, and body care; forming a gesture that will reverberate across time zones and terrains.



BEYOND COLOURS & LIGHT

Zenith And Felipe Pantone enter a new dimension of artistic contemporary watchmaking with a highly chromatic rendition of the defy extreme. A collaboration that knows no bounds. Contemporary art in the service of innovative watchmaking – and vice-versa. The Swiss watchmaker and Valencia-based artist have come together again to give a new expression of time through light, colours and motion. Introducing the DEFY Extreme Felipe Pantone, a limited edition of 100 pieces available exclusively at ZENITH physical and online boutiques from October 27. Crafted entirely in mirror-polished stainless steel, the faceted lines of the DEFY Extreme case take on a new sculptural context. Incorporating transparency and colour where least expected, the dodecagonal bezel as well as the chronograph’s pusher protectors are crafted in translucent blue YAS (yttrium aluminosilicate), a crystalline glass material comparable to synthetic sapphire. The four corners of the case are engraved with “FP#1”, a coded signature for “Felipe Pantone El Primero”.



**SUPERGOOP!**  
**MINERAL SHEER SCREEN SPF 50**  
**PA++++**  
**RM180**  
A totally sheer, weightless, silky, 100% mineral daily sunscreen lotion that provides SPF 50 protection and helps shield skin from blue light. This sunscreen delivers everything you love about the Unseen Sunscreen in a super sheer, physical sunscreen formula. The silky lotion instantly blends to a smooth, sheer finish on application and can double as a makeup-gripping primer. The formula is an innovative blend of non-nano zinc oxide + titanium dioxide, allowing for a totally sheer finish unlike any other mineral formula, without compromising efficacy.

# KL Lifestyle Top Picks

We have curated a list of all the products we’re loving and using at the moment.

BY HIRANMAYII AWLI MOHANAN

1

**ALLIES OF SKIN**  
**MANDELIC PIGMENTATION**  
**CORRECTOR NIGHT SERUM**  
**RM477**

An award-winning, overnight serum supercharged with a hard-working blend of 11% Mandelic, Lactic + Salicylic Acid, 1% Bakuchiol, 8 Brighteners, and 7 Antioxidants and Peptides that reduces the appearance of stubborn dullness and discolouration for brighter, even-toned skin. While most AHA (Alpha-Hydroxy Acids) serums focus only on the exfoliation aspect that can sometimes lead to tightness and irritation, this multitasking serum is formulated to not only gently dissolve dead skin cells but also replenish moisture and nourish the skin with its hydrating blend of Hyaluronic Acid, Niacinamide, and essential fatty acids from Organic Rosehip and Tamanu Oils. Bakuchiol provides Retinol-like benefits clinically proven to reduce multiple signs of ageing and significantly reduces roughness and helps to improve skin tone, elasticity, firmness, and radiance.



2

**ANASTASIA BEVERLY HILLS**  
**ROSE METALS EYESHADOW PALETTE**  
**RM255**

Metallic eyeshadows never run out of trend; they are the boldest and simplest options to go for when in the mood to shine. The Rose Metals Palette offers an array of 12 universally flattering shades dosed with ultra-glam nostalgia and iconoclast confidence. It’s always a good idea to turn up the shimmer factor, and what better way to amp up your beauty game with these pigmented, creamy formulas? Buildable, the palette is also perfect for individuals of every skill level even if you opt for a simple, natural look or a glamorous, date-night look.



4

**ULTRA VIOLETTE**  
**DAYDREAM SCREEN SPF50 TINTED VEIL**  
**50ML**  
**RM170**

Introducing the latest addition to the ULTRA VIOLETTE wardrobe of sunscreens, and the brand’s second makeup-skincare hybrid product, the Daydream Screen Tinted Veil. The buildable, lightweight and medium-coverage tint will quickly become your favourite go-to product for fast paced days and travel adventures year round. With broad spectrum UVA and UVB protection, Daydream contains Pentivitin to hydrate your skin in 15 flexible shades that can be layered to nail your desired level of coverage, from ‘Fresh Faced’ to ‘Suspiciously Flawless’. Plus your girl Dayream is oil, silicone and alcohol free.







**ALTUZARRA**  
Lagune tie-dyed cable-knit  
cashmere sweater  
RM12,061



**CHLOÉ**  
Leather Midi Skirt  
RM17,136



**BOTTEGA VENETA**  
The Chain Pouch gathered  
leather clutch  
RM18,179



**JIMMY CHOO**  
Karter 85 leather knee boots  
RM8,579



**LAURA LOMBARDI**  
Franca gold-plated necklace  
RM840

## KNITWEAR TO KNOW

Discover new shapes and vibrant hues that will keep you warm



**ISABEL MARANT**  
Etka fringed woven belt  
RM684



**MAX MARA**  
Cacio pleated jersey  
wide-leg pants  
RM1,060



**ISABEL MARANT**  
Thomas cable-knit  
mohair-blend sweater  
RM8,254



**LOEWE**  
Puzzle small leather shoulder bag  
RM17,050



**JIMMY CHOO**  
Diosa 90 Twisted  
Leather Mules  
RM4,290



**CELINE HOMME**  
Flared Tie-Dyed Jeans  
RM3,701



**CELINE HOMME**  
Appliqued Leather Biker Jacket  
RM26,191



**CELINE HOMME**  
Camp-Collar Zebra-Print Woven Shirt  
RM4,348



**CELINE HOMME**  
Embellished Embroidered Leather  
Chelsea Boots  
RM6,030



## LEATHER JACKETS TO OWN

Keep warm and look rugged for the season



**TOM FORD**  
Suede Chore Jacket  
RM29,423



**TOM FORD**  
Cashmere and Silk-Blend Sweater  
RM4,373



**TOM FORD**  
Slim-Fit Selvedge Jeans  
RM2,752



**SAINT LAURENT**  
Wyatt Leather Chelsea Boots  
RM4,040



**TOM WOOD**  
Mini Rhodium-Plated Signet Ring  
RM1,294



# Boundless Boots

The most desirable designs of the moment

BY HIRANMAYII AWLI MOHANAN



## JIMMY CHOO

### CIERRA 100 LEATHER ANKLE BOOTS

Set atop a 100mm high stiletto heel, Jimmy Choo's Cierra ankle boots are crafted from smooth calf leather and lambskin in a light grey colourway. The pair is distinguished by the contrasting black pointed toecap and heel. Wear yours with everything from denim to midi dresses.



## GIANVITO ROSSI

### MARTIS 20 LEATHER ANKLE BOOTS

Made from smooth black calf leather, the Martis 20 lace-up bootie features a chunky combat sole and has stretch ribbed inserts at the sides that make them easy to pull on and off. Pair with a floral dress for a trendy look. They're made from supple leather that will earn a nice patina over time and have stretchy ribbed panels for comfort.



## GUCCI

### BUCKLED LOGO-JACQUARD LEATHER AND CANVAS ANKLE BOOTS

Gucci's ankle boots have an elegant, vintage feel. They've been made in Italy from canvas that's emblazoned with the 'GG' emblem and panelled with tan leather. The toe caps are perforated with interlocking letters while the top trims are finished with branded buckles.



## BALMAIN

### SKYE LOGO-DETAILED METALLIC STRETCH-KNIT ANKLE BOOTS

Loyal to Pierre Balmain's innovative yet exquisite legacy, Balmain's collection of designer boots for women is a safe bet for creating elegant, casual looks. It personifies the Parisian house's best values, turning them into versatile items, only suitable for the most daring of women. Set on high stiletto heels, this pointy pair is made from stretch-knit and fits snug in a sock-like silhouette.



## CHLOÉ

### PIPER 70 SUEDE KNEE BOOTS

Chloé's 'Piper' knee boots are so chic and versatile - style them with everything from jeans to a floaty midi dress. This pair is made from tan suede and has almond toes and stacked 70mm wooden heels.



## STUART WEITZMAN

### SKYHIGH PATENT-LEATHER PLATFORM ANKLE BOOTS

The Skyhigh patent-leather platform ankle boots gives the essential sock bootie silhouette a major style boost. With this look, we made the season's must-have platform trend our own by combining it with our signature flawless-fit stretch construction. This streamlined silhouette is further elevated by a sleek 145-mm block heel and substantial platform — a fashion-forward detail that makes it even easier to wear than you think. You'll stand strong and tall in this bold bootie.



# THE LUXE REPORT

BY HIRANMAYI AWLI MOHANAN

## The Woodward, Geneva Enters the 2022 Michelin Guide

Barely a year since The Woodward opened its doors, L'Atelier Robuchon, led by Executive Chef Olivier Jean, has been awarded one Michelin star by the prestigious 2022 Michelin Guide. The hotel offers two world-class dining experiences, L'Atelier Robuchon and Le Jardinier, both recipients of Michelin stars at their New York outposts and lead in Geneva by Chef Olivier Jean. Olivier Jean brings Joël Robuchon's French-Asian fusion concept to life at L'Atelier Robuchon, striving to astonish guests with unusual flavour combinations to satisfy the senses through remarkable dishes and pioneering techniques. Signature dishes include imperial Sologne caviar and crab glazed with a lobster jus, and organic beef from Swiss mountains pastures topped with foie gras – a famed and decadent French meal named after the famous composer, Rossini. Delectable desserts include vintage port paired with 'the Black Forest', similar to a mushroom in texture, and flavoured with sour Morello cherries, a light kirsch mousse, and creamy chocolate.



## La Prairie Champions the Visionary 'Niki De Saint Phalle' Exhibition

Women are always at the heart of La Prairie's vision – and Niki de Saint Phalle was one of the House of La Prairie's early inspirations. An encounter between La Prairie and Niki de Saint Phalle led to the House's embrace of the iconic signature cobalt blue for its Skin Caviar Collection, representing femininity, boldness, strength and serenity – much like the exceptional artist. Niki de Saint Phalle (1930-2002) was the leading artist of the 20th century, famed for her eccentric, emotional, dark, humorous, and enigmatic work. Social and political issues have always been at the centre of de Saint Phalle's heart – despite being in a world where art was dominated by men, the multifaceted artist continued to challenge institutions and establish societal roles that would resonate in her contemporary oeuvre. To honour its heritage, La Prairie supports Niki de Saint Phalle's oeuvre and cultural legacy where her groundbreaking work and achievements are exhibited at Kunsthaus Zürich, through curated early assemblages, action art and graphic work, sculptures and more are exhibited to offer insights into the artist's unfamiliar perspectives and nouveau réalisme.



## Belmond Reimagines Slow Travel With the Launch of Coquelicot, a Belmond Boat

Belmond is delighted to announce the launch of a new luxury barge, part of its unmatched French collection: Coquelicot, A Belmond Boat, Champagne. From May 2023, Coquelicot will take guests on a cinematic and highly personalised journey of Champagne, as the boat glides along the region's canals, unveiling exquisite views from a unique vantage point. Featuring three glamorous cabins with ensuite facilities, an indoor salon with an exceptional champagne bar, and an extensive outdoor deck for relaxing pursuits, sensational dining and sparkling conversations, Coquelicot will set a new standard of sophistication for slow-paced sailing in France. To elevate the guest journey, Coquelicot will partner with Maison Ruinart - the world's oldest champagne house, founded in Reims in 1729. Belmond guests will be treated to a private tasting lunch by Maison Ruinart's Chef In Residence Valérie Radou and Coquelicot Head Chef aboard the new barge — it is the first time Maison Ruinart's Chef will be cooking a private 'four hands' lunch outside of Maison Ruinart.



## Introducing Ashburton House by Katharine Poole

Originally built in 1873 as a coach house serving nearby Kent House, this 6,000 sq. ft property features 6-bedroom suites, roof terrace, dining and living rooms, a cutting-edge kitchen, study, powder room, basement gym and staff quarters. It is in the exclusive gated area of Rutland Gardens in Knightsbridge, one of London's few private roads. The extravagant marble entrance hall floor is complemented by a linear bronze staircase, generous sash windows, and a limestone roof terrace with views of Knightsbridge's rooftops and chimney pots. An eye-catching feature of the staircase is a pair of elaborately carved Italian Grand Tour Bronze urns that bear relief scenes from classical antiquity and contrast beautifully with the white stucco and polished plaster walls. The tonal dining room features a glorious, shimmering impressionistic painting by English contemporary artist Rebecca Meanley, with a pair of French Baroque-style, crystal candle sticks adding a theatrical flourish. The first-floor living room stretches across the breadth of the building and is dominated by a pair of large-scale canvases, also by Rebecca Meanley. Their glossy swirling ink blues and cerise pinks are juxtaposed against the minimal and monochromatic interior.





# The World of AUTOMOTIVE LUXURY

When Design Meets Innovation

BY HIRANI WAHID AWLI MOHANAN

We're here to hype you up on all the beautifully-designed automobile news and latest releases.



## ROLLS-ROYCE OFFICIALLY UNVEILS ITS ALL-ELECTRIC SPECTRE

Rolls-Royce is going all-electric by 2030, and to kick things off it has officially unveiled the much-anticipated Spectre. Coming in as Rolls-Royce's first fully-electric motor car, the Spectre brings together the marque's iconic design language and its high-quality ethos alongside a vision of the future that's soon becoming a reality. Made from aluminium to keep weight down, the Spectre shows how Rolls-Royce's cars are inherently fit for the world of electrification. Likewise, the Spectre sports a design language similar to the Phantom Coupé or perhaps the Ghost, only modernised. Lines are chamfered and smoothed, but the aggression of a sports car remains. The result is a car unequivocally Rolls-Royce, centered around that quintessential (and now wider-than-ever) Pantheon grille and body lines that swoop down to a narrowed rear end, while at the front, things are upright and lead the eye to the iconic Spirit of Ecstasy.



## PORSCHE INTRODUCES THE 911 CARRERA T SPORTS CAR

The 911 Carrera T, a brand-new lightweight sports car from Porsche, is adding to the 911 portfolio. Notably, the "T" stands for touring, emphasising the car's sporty mechanics and purist driving experience. This latest model arrives with the same 3.0-litre twin-turbo flat-6 engine as the flagship 911, pumping 379 horsepower and 331 pound-feet of torque. Weighing 3,241 pounds, the Carrera T is the lightest series 911 with the entry-level engine. The interior features four-way motorised seats and the manufacturer's GT Sport steering wheel. Although clients have the option to choose the Carrera T interior package, which offers additional safety belts in contrasting shades of Slate Grey or Lizard Green, it sets a generally gloomy tone for the inside thanks to decorative matte black trim and high-gloss black inlays.

## CADILLAC UNVEILS ITS ULTRA-LUXURIOUS CELESTIQ EV

Cadillac CELESTIQ concept is now a reality with the unveiling of the production model of the all-electric, ultra-luxury sedan. The CELESTIQ also utilises Cadillac's Ultium Platform which sees a dedicated EV propulsion architecture that combines a 111-kWh battery pack and a two-motor, all-wheel-drive propulsion system to offer a GM-estimated 600 horsepower and 640 lb-ft of torque. It also has a driving range of 483 km on a full charge. This sizeable luxury sedan is able to launch from 0-60 mph in just 3.8 seconds. Ensuring a comfortable driving experience are details like adaptive air suspension, active rear steering, Magnetic Ride Control 4.0, advanced AWD, active roll control, calibrated electric power steering, an active rear spoiler, and 5-link front and rear suspension.



## MERCEDES-AMG'S EQE SUV

The brand-new EQE SUV broadens the range of electric vehicles produced by Mercedes-EQ Benz's division, which already produces affordable electric vehicles. The car comes in as Mercedes-Benz's regularly-sized electric SUV, sitting above the EQC and the EQE sedan, but beneath the soon-coming EQS SUV and the flagship EQS saloon. In short, think of this car like your average family SUV, in the same ballpark as the Mercedes-Benz GLE. The new EQE SUV utilises AMG Performance 4MATIC+ fully variable all-wheel drive, AMG air suspension, rear-axle steering and AMG-specific roll stabilisation, and of course, AMG Sound Experience. Here, noises will be emitted inside and outside that emulate something closer to a spaceship as opposed to a car, adding to the performance-enhanced driving experience.





# BEAUTIFUL HOTEL DESTINATIONS

Somewhere along the way, hotels have become rightful destinations on their own. Here are some luxury hotels scattered across the globe, that should be on top of your bucket list.

BY HIRANMAYI AULI MOHANAN

## Titilaka

📍 Lake Titicaca, Peru

Titilaka is a getaway lodge, overlooking ethereal landscapes with surreal views in every direction. With a sustainable approach to experiential travel that supports local artisans and a world-class team, Titilaka exceeds expectations at every turn. Titilaka is located on the south-eastern shore of Lake Titicaca on a tranquil private peninsula shared only with the local Aymara community. Surrounded on three sides by the pristine lake and with four acres of grounds, Titilaka is the perfect base to explore this undiscovered corner of the earth. Titilaka features eighteen lake-facing rooms, each with exceptional views. Distributed on three levels connected by central hallways, each room has an open format and is equipped with a full bathroom and contemporary furnishings complemented by local textiles and fresh flowers.

[www.titilaka.pe](http://www.titilaka.pe)



## Nayaro Alto Atacama

📍 Atacama Desert, Chile

Ancient trees, clearest skies, terracotta rocks — a luxury oasis refuge at the Nayaro Alto Atacama. Spacious and adorned with local natural materials, the Catarpe rooms reflect the brilliant colors of the neighbouring Atacama desert. From inside you can hear the sounds of the San Pedro River flowing down from the Andes Mountains to the valley; and as you step out to the terrace, you enjoy sweeping views of the Salt Mountain Range. The desert sun is filtered by the deep roof giving the rooms an ideal temperature and luminosity, from the moment you wake up until you go to sleep. At Alto Atacama, they take the base of North Chilean food — corn, wheat and meat and combine it with root vegetables, edible grasses and grains to offer a fresh, light and tasteful cuisine that goes hand-in-hand with the sublime terrain of the desert. The cuisine will delight you with a menu of sophisticated techniques and delicious flavours.

[nayaraaltoatacama.com](http://nayaraaltoatacama.com)



## Casa Gangotena

📍 Quito, Ecuador

Step into the elegance and luxury of a bygone era at Casa Gangotena Boutique Hotel in Quito. Situated in the heart of Quito's Old Town, the beautifully and eclectically appointed mansion sings with the city's history. Whether it be the rooms, suites, terrace or gardens, or Casa Gangotena's restaurant, each is a space for you to unwind, discover and dream. The rooms at Casa Gangotena Boutique Hotel remains faithful to the design of the old house and the decorations consists of plush carpets, towering window frames, flowing curtains and Art Deco furniture such as desks, armoires, tables and armchairs. All rooms are air-conditioned, carpeted, non-smoking and sound-proofed. All of the rooms benefit from the mansion's tall, elegant ceilings which draw the bright Andean sunlight into their interiors.

[www.casagangotena.com](http://www.casagangotena.com)



## Casa San Agustin

📍 Cartagena, Colombia

You will experience a luxuriously chic and relaxed atmosphere at this authentic boutique hotel, which was reimagined to maintain a colonial heritage intact within three beautiful white-washing houses that compose it. Its 20 guest rooms and 11 suites beautifully decorated preserves the authentic Colombian style, while seamlessly incorporating the modern services and amenities for travellers of today. From original frescoes at its Library to centuries-old wood-beamed ceilings in the guest rooms, Casa San Agustín's architecture evoke the city's rich history of the 17th century.

[www.hotelcasasanagustin.com](http://www.hotelcasasanagustin.com)





# HAUTE HOMEWARE

The Best Danish Designs

BY HIRANMAYI AWLI MOHANAN

## CARL HANSEN & SØN WEGNER CH106 TABLE

Hans J. Wegner designed this series in the early 70s with the Danish firm Johannes Hansen, producing a limited number at that time. While there has been no production since then, a few pieces have appeared in auctions during recent years and their rarity and beauty have kept prices high. Carl Hansen & Son was chosen by the Hans J Wegner Studio to relaunch the series on the occasion of Carl Hansen & Son's 100th anniversary in 2008 (hence the series name CH100).

## FRITZ HANSEN SERIES 3300 LOUNGE CHAIR

The 3300 series was created for the SAS Terminal at the Royal Hotel in Copenhagen, one of Arne Jacobsen's architectural masterpieces. In harmony with Jacobsen's architectural work at that time, the 3300 series is cool and formal. Furthermore, the 3300 series exudes Jacobsen's unflinching sense of line and proportion and his ability to design everlasting classics. The 3300 series consists of a 1-seater easy chair as well as a 2-seater and 3-seater sofa and is sublime for waiting and lounge areas as well as for private homes.

## HOUSE OF FINN JUHL FINN JUHL CHIEFTAIN FOOTSTOOL

The iconic Chieftain Chair is one of Finn Juhl's absolute masterpieces, representing the peak of his career as a furniture designer. At its introduction in 1949, the chair marked a renewal of the Danish furniture design tradition. Inspired by modern art, the Chieftain Chair with its organic shapes, liberated itself from traditional Danish furniture design and strict functionalism in both shape, construction and materials.

## LOUIS POULSEN ARTICHOKE GLASS PENDANT

Poul Henningsen's iconic Artichoke is known worldwide. The 72 precisely positioned leaves form 12 unique rows of six leaves each. They illuminate the fixture, as well as emit diffused light with a unique pattern. Reflection from the light source is diffused in the sandblasted lower surfaces, and this light is reflected decoratively in the top surfaces, giving the fixture a unique glow. The surface treatment on the glass leaves eliminates direct glare. For the energy saving LED variant the quality of light and atmosphere surrounding the product is kept at the highest level.



# NATURAL REMEDIES TO TREAT ACNE

BY HIRANMAYII AWLI MOHANAN

Acne is a skin concern that could start from adolescence and carry very well into adulthood. For those of us who still struggle with acne-prone skin, treating the pimples currently present on our faces while also preventing them from returning requires constant effort, whether it be by oral medication or topical remedies. Sometimes, the best thing to do when fighting acne is go back to the basics, or go natural. We have rounded up natural remedies to treat acne, below.



## BAKING SODA

Technically, water and baking soda dissolve blackheads and any clogged pores in the skin; nevertheless, since congested skin is more prone to pore blockages, baking soda is the ideal option. Make your own baking soda mask at home for 10 minutes, then apply a moisturiser after. You can also use baking soda to balance the pH of your skin. This could be significant because an unbalanced pH may make you more susceptible to skin irritations like dryness and acne.

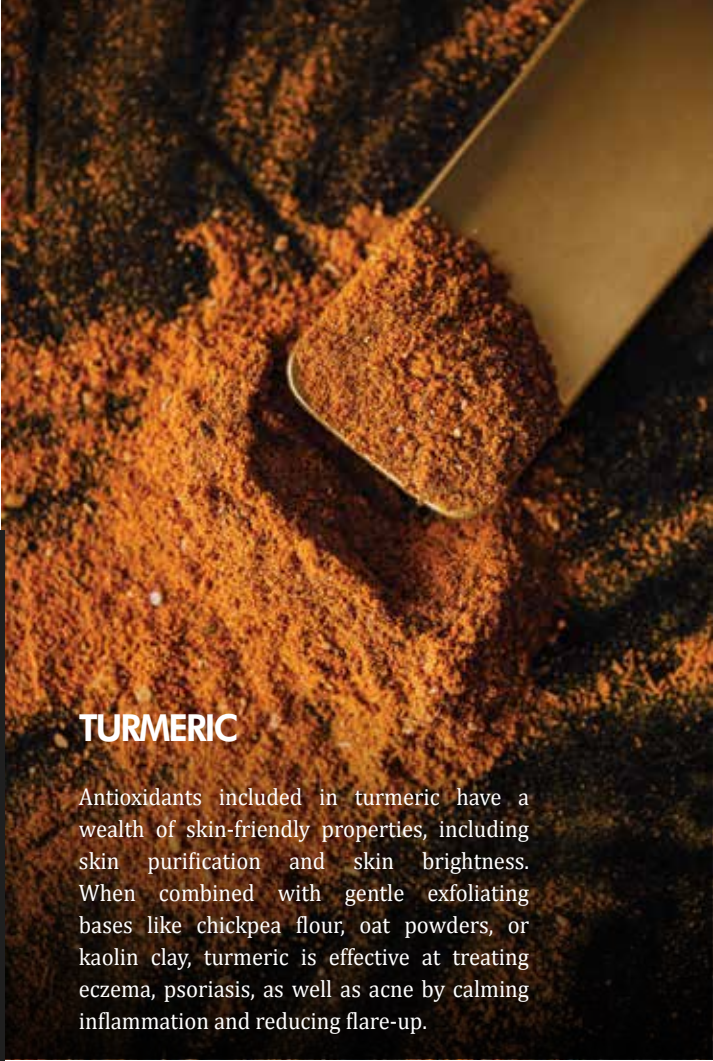


## APPLE CIDER VINEGAR

Apple cider vinegar (ACV) is the best natural astringent because it helps to balance the skin's pH, making you both less oily and less dry. But beware, because apple cider vinegar is very pungent, you should dilute the substance before using it. One part vinegar to four parts water is what we advise using. Apply to your face with cotton or a spritzer. No need to wash it off. If applied properly, ACV may also chemically exfoliate the skin, reduce blackheads, and lessen hyperpigmentation. If the substance isn't diluted, it can burn and irritate the skin, especially if you have any open wounds.

## FINE GRAIN SALT

Intriguing as it may sound, fine-grain salt cleans deeply, removes dead skin cells, balances moisture, and pulls toxins from pores, making it especially great for preventing acne or quick treatments during flare-ups on the face and body. Sea salt's antimicrobial characteristics may be used to heal wounds as well as skin diseases like eczema, psoriasis, and acne. The easiest approach to apply sea salt is to wet your face or body, sprinkle some salt on it so it clings, and then gently pat it into place. You have the option of rinsing right away or waiting a few minutes. Just be careful not to scrub too vigorously as it is naturally too abrasive.



## TURMERIC

Antioxidants included in turmeric have a wealth of skin-friendly properties, including skin purification and skin brightness. When combined with gentle exfoliating bases like chickpea flour, oat powders, or kaolin clay, turmeric is effective at treating eczema, psoriasis, as well as acne by calming inflammation and reducing flare-up.



## HONEY

Because of its humectant and antibacterial properties, honey is a well-known natural remedy. However, not all honey is created equal; manuka honey, which is produced in New Zealand by honey bees that feed on manuka trees, has the highest antimicrobial activity and is excellent for treating skin conditions like eczema and psoriasis as well as inflammation. Additionally, honey leaves the skin smooth and hydrated rather than oily because it is a humectant, which means that it traps moisture in the skin after application. For a DIY facial, mix honey, aloe vera, one teaspoon of chickpea flour and a pinch of turmeric to make a paste. Spread the paste on your face and once you rinse off with cool water, use an ice cube on the skin for 30 seconds to further treat a congested face.



## TEA TREE OIL

Tea tree oil is a great antiseptic and anti-inflammatory agent, according to experts. Since of its well-known antibacterial, antimicrobial, and antifungal qualities, it is a popular spot therapy because it is quick and efficient. Following its anti-inflammatory nature, it reduces redness and swelling of the skin while also minimising acne breakouts and reducing dandruff-causing fungus. You can make your own concoction by diluting tea tree oil in a dab of extra virgin olive oil or organic jojoba oil and applying it directly on a zit.



# TIPS AND TRICKS TO RID CELLULITE

BY HIRANMAYII AWLI MOHANAN

While some may find it unsightly, cellulite is indeed normal and a majority of adult humans have it. While there’s nothing to feel uncomfortable about, you not loving your cellulite is completely understandable and okay. It’s important to remember that cellulite does not make you any more or less worthy than the next person. Cellulite is a bodily phenomenon and having it (or not having it) should never be taken as a marker of goodness or moral superiority. It’s also not a veritable marker of how healthy you are. Before you scurry and spend your money on a bunch of too-good-to-be-true products, take heed that there are no quick fixes for smoothing dimples, and even professional treatments take time to work.



### What is Cellulite?

The dimpled or lumpy skin that is frequently seen on a person’s thighs, bottoms, bellies, hips, and arms is known as cellulite. Fat cells under your skin push up against the fibrous bands, or septa, in your skin, generating cellulite and a dimpled or puckered appearance. Though everyone and anyone can get cellulite, it’s especially common in women, because their fat cells are contained in “chamber-like structures that favour the expansion of fat tissue into the dermis. Meanwhile, men have criss-crossing connective tissue structures, making it more difficult for fat to push through and create dimpling.

However, whether or not you get cellulite is solely influenced by your body’s composition. Hormones, genetics, age, weight, eating habits, pregnancy, activity level and the amount of collagen and oestrogen your skin naturally contains are some of the additional influencing factors. Which also explains why cellulite is so prevalent in people.

### What Causes Cellulite?

Cellulite is caused by a buildup of fat underneath the skin. Some women are more predisposed to it than others. The distribution of fat in women is more visible than in men. The collagen fibers between the skin and muscle separate the underlying fat into multiple pockets. Cellulite can become more visible as you age and your skin becomes thinner and loses elasticity. This exposes the rippled connective tissues underneath.

Cellulite may be caused by:

- hormones
- poor diet
- an unhealthy lifestyle
- accumulated toxins
- genetics
- weight gain
- inactivity
- pregnancy



### Getting Rid of Cellulite

Cellulite can never be removed completely and, its presence, severity, and location are in large part determined by hormones and genetics. However, a combination of a healthy diet and exercise will decrease the layer of fat underneath the skin, making cellulite less noticeable. A healthy diet can also improve the skin and connective tissue; making them stronger, healthier and more supple. Staying hydrated and eating well will prevent water retention which exacerbates the appearance of cellulite.

### Home Remedies For Reducing Cellulite:

- *Exercise*

Exercise can help you reduce body fat, which makes cellulite less noticeable. Choose an exercise program that combines aerobic exercise and strength training. This will help you burn body fat, and tone and define your muscles. A body that is more muscular will look and feel smoother and firmer. Create an exercise routine that focuses on the areas of your body that are prone to cellulite.

- *Dry Brushing*

According to this method, the flow of blood and lymph is increased, dead skin cells are removed, and new cell growth is stimulated. It might help with detoxification while also energising your nervous system. For up to five minutes, use a body brush or natural plant loofah to gently buff dry skin. You can work your way up, beginning at the bottom. Use sweeping, flowing gestures or circles. It’s preferable to do this before taking a bath or shower.

- *Apple Cider Vinegar*

Consuming apple cider vinegar may help with weight loss. Drink one tablespoon of diluted apple cider vinegar three times per day. Or use a solution of equal parts apple cider vinegar and water and apply it to your skin.

### Medical Procedures For Reducing Cellulite:

- *Cryolipolysis*

By freezing the fat cells under the skin, cryolipolysis, also known as CoolSculpting, eliminates cellulite without surgery. The fat cells burst as a result, and the body absorbs the contents. To remove an inch of fat, several treatments are required. To noticeably reduce cellulite, it could take three to four months.

- *Cellfina*

The Cellfina treatment is non-surgical. To remove cellulite from the buttocks and thighs during the operation, a needle is utilised to break up the dense bands under the skin. Results can be noticed in three days or less and last for up to three years.

- *Acoustic Wave Therapy*

This treatment was developed to reduce cellulite. It works by vibrating the connective tissue in areas of the body prone to cellulite. This help to stimulate and increase collagen production, improving the appearance, texture, and elasticity of the skin.

- *Laser and Radiofrequency Treatments*

These medical therapies use tissue massage with combinations of radiofrequency technology, infrared light, and diode laser energy to treat cellulite. Suction and heat may also be applied. One type of laser therapy called Cellulaze breaks apart the hard bands under the skin that give cellulite its visible appearance. It might also make your skin thicker. After a series of treatments, improvements are noticeable and may persist for six months or longer.



# IT’S GETTING COLD IN HERE

How Ice Baths Benefits Your Workout Routine

BY HIRANMAYII AWJI MOHANAN



While the concept of a post-workout polar plunge might not be appealing to everyone, an ice bath can be a game-changing post-workout recovery tool that anyone can take advantage of. Ice baths (a.k.a. cold water immersion or cold therapy) is a hit with Zac Efron, Lady Gaga, Julianne Hough, and many more pro athletes. For athletes and ardent exercisers alike, submerging a single limb or the entire body in a tub of cold water for 10 to 15 minutes is becoming more and more common practise.

## THE BENEFITS OF ICE BATHS

### 1. Immediate Decrease in Pain

While applying ice directly to your skin will obviously numb it, this is not the only method that taking an ice bath can reduce discomfort. According to researchers, as nerve conduction velocity slows, your experience of pain decreases. In essence, the system your body utilises to alert you to pain enters a slo-mo state.

### 2. Reduces Swelling

Lower localised blood flow could also be caused by vasoconstriction, which is the narrowing of your blood vessels in response to the cold. So, swell-inducing extra blood flow that muscles might receive after a particularly brutal workout gets stopped in its tracks.

### 3. Better Performance in the Next Workout

What are ice baths’ most sought-after advantages?

That they can assist athletes in engaging in high-intensity training or competition on consecutive days. Ice baths may help lower both DOMS [delayed-onset muscle soreness] and RPE [rate of perceived exertion], especially within 24 hours following exercise. This makes it easier for the athlete to swiftly return to earlier training intensities. Basically, if you have to crush a hard workout and get back after it the next day, taking an ice bath in between can help minimise performance-wrecking swelling and waste buildup in your hard-working muscles. Hence why Gaga might have done so on tour.

### 4. Less Stress

Although there is no evidence that ice baths reduce stress, anyone who has applied cooling cream to a rash or simply splashed cold water on their face in the morning can attest

to the energising effects of a cold treatment. Experts notes that some people report feeling happier or more awake after taking an ice bath because the pain is immediately relieved. Additionally, the severe temperatures force you to adjust your breathing so that it is deeper and more controlled, which may also have a de-stressing effect. Over time, many people will build up a tolerance for the cold and will come to find it an important part of their recovery process. This resilience and adaptation have obvious applications elsewhere in exercise, sport, and life.

### 5. Quickly Cools You Down

Although it may seem like an obvious advantage, it deserves to be mentioned. Overheated people were able to cool off twice as quickly with contact with cold water than with other approaches.



### WHEN SHOULD YOU TAKE AN ICE BATH?

Timing is key when taking an ice bath, so remember that before you do. So, when is the most advantageous moment to submerge yourself in cold water? Your muscles are screaming to be cooled off immediately after working out, and this is the time when healing can take place. If you wait too long, the process has already started.

### HOW LONG SHOULD YOU STAY IN ?

You should not to stay in an ice bath too long, or you could experience the potential downsides. It is important to not stay in the ice bath for more than 15 minutes due to the risk of hypothermia and frostbite. If you notice that your skin is changing colour, then it is important to get out.





# FIGHTING INSOMNIA THE NATURAL WAY

BY HIRANMAYII AVULI MOHANAN

We’re all familiar with that silly image of the person who resorts to counting sheep when they just can’t seem to fall asleep. But when you’re the one who’s been tossing and turning all night, insomnia is no laughing matter. As many as one in four adults report suffering from mild insomnia, found a recent Harvard study. That inability to fall and stay asleep could stem from a short-term issue, or be the result of a lifetime of poor sleep habits. Either way, it can’t be fixed with something like sleeping pills.



## WHY INSOMNIA HAPPENS ?

Sleep issues can be short-term or chronic. But no matter how long you have to put up with it, it’s never enjoyable. Most of us will eventually go through a brief, painful episode of sleeplessness. Stress, a change in habit (like having a newborn or a new work schedule), or drugs that interfere with sleep, such as antidepressants, blood pressure medications, allergy medications, and corticosteroids, are frequently to blame. The good news is that your sleep pattern will usually return to normal once you figure out how to handle the situation.

But other times, insomnia can become a long-term thing. Sometimes, that can happen as the result of a more serious health condition, like depression, anxiety, or sleep apnea. Other times, insomnia can stem from crappy sleep habits, like eating too many heavy snacks before bed, sleeping in an uncomfortable environment, or staying glued to your smartphone or tablet all night long. Either way, missing out on sleep leaves you feeling exhausted, irritable, and generally unable to function during the day. And over time, it can put you at risk for health issues like obesity, high blood pressure, heart disease, and diabetes. But no matter how long your insomnia lasts for, there’s usually a way to deal with the root of the problem and start sleeping better. And fortunately, there are plenty of options to consider.

## MAKING TIME FOR EXERCISE

In case you missed the memo, being physically active is essential for sleeping well. Mounting evidence shows that people who exercise regularly tend to snooze better than their couch potato counterparts—especially when it comes to those with chronic insomnia. According to one study, those who exercise for 60 minutes five days a week experience more regular REM sleep than those who don’t exercise. However, you might not need to exert yourself for quite that long in order to reap the rewards. Other research indicates that insomniacs who exercise for thirty minutes merely three or four times a week sleep for nearly an hour longer and wake up less frequently than sedentary people. Staying active might also help to keep your body’s natural sleep-wake cycle in sync—particularly if you do it outside.

## TAKE STEPS TO MANAGE STRESS

If you consistently find yourself lying in bed with your mind racing, stress could be stealing your ability to fall asleep. Lack of sleep leaves you exhausted during the day, which makes you feel agitated, anxious, and angry. The stress-sleep cycle can become a vicious circle over time. For this reason, managing your stress is so important if you want to get deeper, more restful sleep. There are plenty of other effective ways to ease feelings of stress and promote feelings of relaxation. A few to try are as follows:

- **Journaling**  
You might think that writing stuff down would make you dwell on it. But when you focus on the things that you appreciate, you might actually sleep better. One recent study indicated that students who kept thankfulness journals for just 15 minutes each night fretted less before bed and slept better. The study was published in the journal Applied Psychology.
- **Guided Imagery**  
According to experts, mind tricks like guided imagery can let you nod off more quickly. And it couldn’t be any easier; as you’re lying down, visualise yourself in a serene setting. Your brain eventually interprets the image as a signal that it is time to sleep.
- **Progressive Muscle Relaxation**  
Relaxing your physical body can be just as effective as relaxing your mind. The University of Maryland Medical Centre’s Sleep Disorders Center doctors advise you to try regularly tensing and releasing your toes to the count of 10. Although it seems absurdly simple, it can genuinely release tension and put you at ease.
- **Going to Bed Early**  
Although it seems counterintuitive, attempting to go to bed sooner can cause your problems to magically vanish. One study released late last year indicated that persons who stay up late are more prone to be overcome by repetitively negative thoughts than those who go to bed early.





# SAVE THE DATE

AUCTION DAY, SUNDAY, 27<sup>th</sup> NOVEMBER 2022 AT 1PM AUCTION VENUE@JALAN MAAROF,BANGSAR

BY HIRANMAYII AWLI MOHANAN

Ever the purveyor of modern and contemporary, KL Lifestyle Art Space (KLAS) remains steadfast in feeding the hunger of connoisseurs for beautiful and thought-provoking artworks by local artists. With that in mind, KLAS PLUS, under the umbrella of KL Lifestyle Art Space will be hosting its first art auction back in its newly renovated gallery in Jalan Maarof on Nov 27, 2022. The modern and contemporary art auction features an array of Malaysian and regional artworks by masters of the craft.

Boasting a total of 83 lots, art enthusiasts and collectors alike can look forward to works by big guns such as Khalil Ibrahim, Rafiee Ghani, Awang Damit Ahmad, Kwan Chin, Seah Kim Joo, Chen Wen Hsi and many more. The line up would also see an array of new artists from the region, showcased during the auction. Feast your senses to these beautiful works and if you are lucky, it could be yours.

## RAFIEE GHANI PAINTING THE COLOURS OF EMOTION

Rafiee Ghani is one of the most prominent and important contemporary artists who probably leads his generation of artists in Malaysia. Born in Kulim, Kedah in 1962, the artist comes from a mixed parentage family, his father an Englishman who worked as a travelling geologist while his mother is a mix of Thai and Malay. The verdant landscape of padi fields in his hometown served as his early inspirations in moulding his artistic prowess and colour vocabulary. When Rafiee was in secondary school, his most prominent influence came from Dewan Budaya which featured periodical articles on local artists and their work. At the age of 15, names like Latiff Mohidin and Sharifah Fatimah Zubir were firmly etched in his mind, bearing a source of inspiration. He began his education in art at the prestigious De Virgen Academie Voor Beeldende Kunst at the Hague in the Netherlands before continuing his studies at Institut Teknologi MARA in Dungun. Much of his muse and exposure to art began in Europe, where he visited all the great art spaces and museums.

Consequently, Rafiee drew his inspirations through old masters like Vincent Van Gogh and Henri Matisse and their works. Rafiee has been actively involved in shows in both private and public galleries and art spaces around the world. His works have been collected by major corporations both within and outside of Malaysia that include Bank Negara Malaysia, Petronas Gallery, Dynasty Hotel, Bank Utama, Malaysian Tobacco Company as well as Oriental Bank. His works are also in the collection of Albert Rene, president of the Seychelles, and several private collections in the United States, Europe and Asia. Rafiee Ghani is one of the few hugely successful Malaysian artists today whose works have been sold in notable auction houses such as Christie’s and Sotheby’s in Hong Kong.



**Rafiee Ghani**  
Fushia, 2010  
Watercolour on paper, 91 x 56 cm  
**RM 2,500 - 7,000**



**Rafiee Ghani**  
Fushia, 2010  
Watercolour on paper, 91 x 53 cm  
**RM 2,500 - 7,000**



**Rafiee Ghani**  
Red Clouds, 2007  
Mixed media on paper, 88 x 118 cm  
**RM 2,500 - 5,000**



**Rafiee Ghani**  
Red Chairs, 2007  
Mixed media on paper, 91 x 61.5 cm  
**RM 1,500 - 3,500**



**Rafiee Ghani**  
Lotus, 2007  
Mixed media on paper, 91 x 61.5 cm  
**RM 1,500 - 3,500**



**Rafiee Ghani**  
Plane View, 2010  
Watercolour on paper, 66 x 47 cm  
**RM 800 - 2,200**

### Artistic Prowess

Rafiee Ghani’s artworks are just as colourful as he is and he is well known in the local fine arts sphere for his lyrical abstract and contemporary paintings. The artist’s style can be associated with French paintings of the 19th and early 20th centuries, especially those of Post-Impressionists, the Nabis and the Fauves. This kinship reveals a continuous juxtaposition of Western and contemporary Malaysian paintings since the 1930’s. His artworks aren’t easy to miss for their loud, dynamic use of colours and strokes that make his style particularly distinctive and emotive. There are several important factors that have contributed to the formation of Rafiee’s style, among which include his formal education in art and design and his various trips to other countries. A formal training in art provided him with practical and theoretical foundations, whereas his journeys to various parts of the world enabled him to experience nature as well as global cultures and climates. More importantly, these trips have given him the invaluable opportunity to be in direct contact with the original works of great painters such as Van Gogh, Gauguin, Matisse, the Nabis and the Fauves, which seem to be the dominant influences on his style.

For Rafiee, aesthetics is an important part of his paintings — this is where balance and compositions are utilised to their fullest potential, often producing artworks that are artistic and pleasing for the eyes. The artist was formally trained in the arts and techniques of print-making, but it is his mastery in oil painting which sets him apart from other artists. He is known to fully utilise the limited use of colours known in printmaking techniques. The artist also creates an imaginary illusion of objects and images by overlaying them with colours which are vibrantly mixed and integrated. Rafiee’s Garden series is brilliant and every artwork from the series is a bold and vivid spectacle of colours. The inspiration for this series is derived from the artist’s hometown in Kelantan —his favourite place to be in as a child. This included swimming in the river with other children after school. Intimism remains prominent throughout his pieces. The bold strokes of colour were his way of conveying the brilliance of the local forest filled with natural colours to delight and excite. Rafiee’s works evoke nostalgia, longing, tranquillity and optimism.

### Artworks on paper

Rafiee Ghani’s works paper are as brilliant as his oil painting, if not better. He still employs his signature loud and dynamic colours, complemented by brushstrokes where his style of Intimism is well established. Rafiee’s artworks in the medium of paper produce an imaginary illusion of images and objects which are submerged below his mastery in playing with colours which are vibrantly mixed and integrated. This is where one would be able to clearly see the objects or scenes which are portrayed amidst the sea of a strong tone of the colour scheme which epitomises Rafiee’s body of work. His paintings are also known to portray the interior domestic scenes of still-life objects, plants and flowers in vibrant colours. The artist once mentioned that to him, these are mere symbols of everyday objects that surround us, bringing with them a deep sense of comfort that are frequently forgotten or taken for granted in our everyday life.

In a recent interview with the artist himself on the subject of his works on paper, he disclosed that people tend to underestimate paper. Any major project starts from paper but it tends to be dismissed. “To me, paper is where my first dialogue with creativity starts. I capture spontaneity on paper because it’s where one doesn’t mind making mistakes and there’s no pressure to be perfect. It’s where you explore your thought process and it’s not pretentious,” said Rafiee. The artist is one who’s always with his sketchbook, especially during his travels, capturing his personal interpretations of locations, people and even architecture in situ. It is where his masterpieces first take shape and form. He sketches whatever scenes that arrest his eyes which then serve as a guide for him when transferring the images onto canvas. He would also draft his musings or sometimes poems and stories to go with the colourful sketches in his sketchbook.





**Tong Chin Sye**  
Thian Hock Keng (Temple of Heavenly Happiness) in Teluk Ayer Street, Singapore  
Watercolour on paper, 53.3 x 73.66 cm  
RM 10,000 - 18,000



**Thomas Yeo**  
Landscape  
Mixed media on paper laid on board, 52 x 59 cm  
RM 2,000 - 6,000



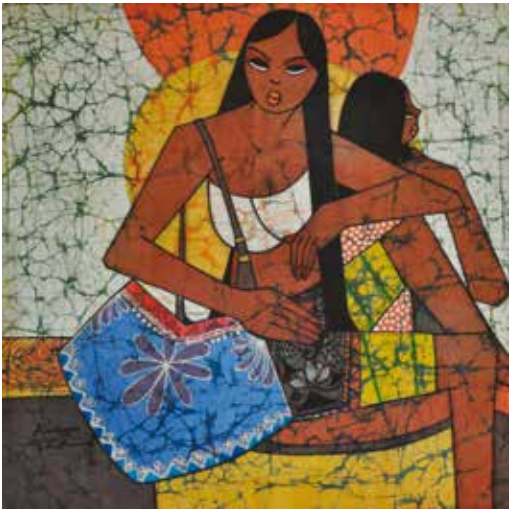
**Tong Chin Sye**  
Market in Boat Quay, Singapore  
Watercolour on paper, 37 x 51 cm  
RM 10,000 - 18,000



**Ong Kim Seng**  
Terengganu Street on Rest Day, 1980  
Watercolour on paper, 50 x 71 cm  
RM 15,000 - 30,000



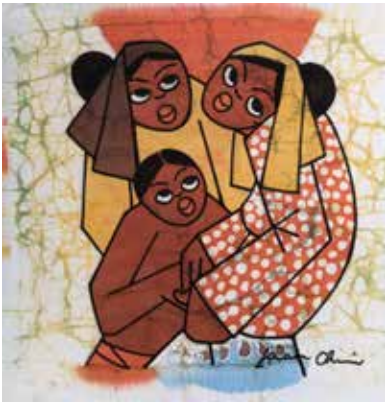
**Ng Eng Teng**  
The Old and New Dress of the Malaysian Lady, 1960  
Oil on canvas, 87 x 50.5 cm  
RM 25,000 - 45,000



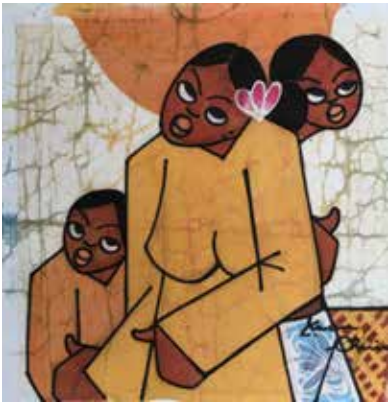
**Kwan Chin**  
Sunshine Girl, 1998  
Batik, 74 x 74 cm  
RM 5,000 - 9,000



**Cheong Soo Pieng**  
Fishing Village, 1960's  
Oil on mesonite board, 50 x 70 cm  
RM 150,000 - 300,000



**Kwan Chin**  
Mother & Children / Three Siblings  
Batik, 29 x 28 cm / 30 x 29 cm  
RM 2,000 - 5,000



**Ismail Mat Hussin**  
Mandi petang bersama ibu, 2004  
Batik, 90 x 76 cm  
RM 16,000 - 25,000



**Kwan Chin**  
Fruit Sellers, 2003  
Batik, 84 x 145 cm  
RM 10,000 - 22,000



**Chen Wen Hsi**  
Sparrows and Cherry Blossom  
Ink on paper, 68 x 68 cm  
RM 25,000 - 45,000





**David Cox**  
Worker with scythe in a Landscape  
Watercolour on paper, 28.8 x 22.5 cm  
RM 2,400 - 5,500



**Mohd Khairul Izham**  
Golden Rose, 2020  
Acrylic on canvas, 152 x 152 cm  
RM 1,000 - 3,000



**Mohd Khairul Izham**  
Terbang, 2019  
Acrylic on canvas, 135 x 152 cm  
RM 1,500 - 3,500



**Yusof Majid**  
Abstract, 2002  
Oil on canvas, 43.5 x 43.5 cm  
RM 3,500 - 5,000



**Yusof Majid**  
Storm, 2002  
Oil on paper, 24 x 29 cm  
RM 1,000 - 2,500



**Ismail Mat Hussin**  
Weaving Silk, 2004  
Watercolour on paper, 56 x 76 cm  
RM 3,500 - 5,000



**Jailani Abu Hassan**  
Kebun Getah Series, 2018  
Oil on canvas, 92 x 152 cm  
RM 12,000 - 22,000



**Khalil Ibrahim**  
Boat Builder, 1985  
Watercolour on paper, 38 x 50 cm  
RM 6,000 - 12,000



**Dullah**  
Dayu Wazsiki (Tambulilingan Dancer), 1975  
Oil on canvas, 59 x 49 cm  
RM 15,000 - 30,000



**Raphael Scott Ahbeng**  
Windy Day, 2010  
Oil on canvas, 38 x 121 cm  
RM 6,500 - 12,000



**Soon Lai Wai**  
Purple Earth, 2021  
Oil on canvas, 165 x 165 cm  
RM 14,000 - 25,000



**Truong Van Thanh**  
Chùa Một Cột - The One Pillar Pagoda in Hanoi  
Lacquer on board, 41 x 61 cm  
RM 4,000 - 9,000



**Jeihan Sukmantoro**  
Mariam, 2011  
Oil on canvas, 70 x 70 cm  
RM 6,000 - 12,000



**Jeihan Sukmantoro**  
Dewina, 2010  
Oil on canvas, 45 x 45 cm  
RM 3,500 - 7,000



**Raphael Scott Ahbeng**  
Forest Colours, 2010  
Oil on board, 30 x 45 cm  
RM 1,000 - 2,500



**Raphael Scott Ahbeng**  
Lake Joot, Sarawak, 2005  
Oil on board, 30 x 45 cm  
RM 1,000 - 2,500



**Haji Widayat**  
Burung Phoenix  
Oil on board, 50 x 59.5 cm  
RM 15,000 - 30,000



**Sheng Qi**  
Mao - Red and Black, 2007  
Acrylic on canvas, 99 x 80 cm  
RM 7,000 - 15,000



# HYATT HOUSE KUALA LUMPUR, MONT KIARA

BY HIRANMAYII AWLI MOHANAN

Hyatt House Kuala Lumpur



Gallery Kitchen at Hyatt House KL

Hyatt House Kuala Lumpur, Mont’Kiara, extended stay hotel connects you to the international cosmopolitan enclave of Mont’Kiara. With a palate of foreign flavours, premium fashion chains, niche lifestyle stores, and vibrant nightlife with easy access to the hottest locations in Mont’Kiara, including the Malaysian International Trade and Exhibition Center (MITEC) the largest exhibition centre in South East Asia. Business, leisure and family travellers will enjoy the 4-Star international hotel’s spacious residentially-inspired kitchen suites and studio rooms, complimentary breakfast, high-speed WiFi, a 24-hour Workout and Game room, and a Rooftop Sky Pool.

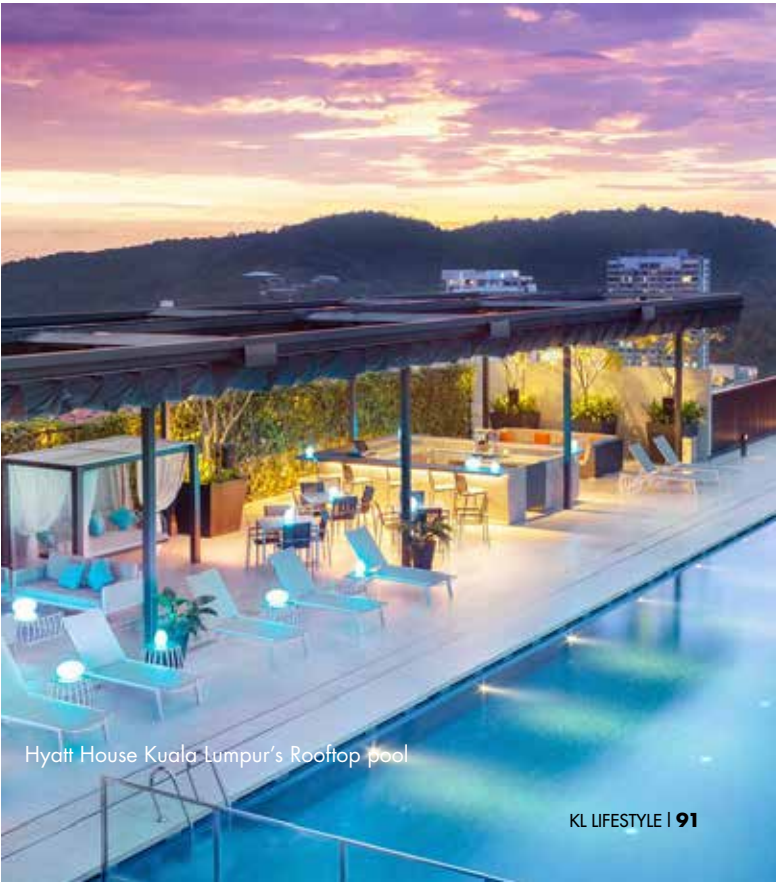
At Hyatt House Kuala Lumpur, Mont’Kiara, they offer the exceptional service of a hotel and all the familiar touches of home for the hardworking professional or leisure traveller. The 298 stylish contemporary, residentially-inspired studios and suites are equipped with a full kitchen, living rooms with comfy sofas, bedrooms with plush beds and modern bathrooms to allow guests to live just as they would at home.

Boasting cool tones of grey, the Two Bedroom Suite is perfect for leisure travellers, families or hardworking professionals. The spacious suite features a divided living and sleeping area with a sectional sofa with sofa bed, Two plush king-sized Hyatt Grand Bed and a fully equipped kitchen. Other features include a wardrobe, dresser space, and a stylish bathroom with a glass walk-in shower and the other room features a bathtub with shower.

Be awed by the premium, residential-styled 75sqm Two Bedroom Suite featuring an open-air Sky Terrace that offers a delightful panoramic view of the Kuala Lumpur city skyline. Located on the 35th floor of the building, the suite offers the best views in Mont Kiara and the ability to entertain friends and family on the large outdoor sky terrace, under the stars of the Kuala Lumpur skyline. The spacious suite features a divided living and sleeping area with a sectional sofa with sofa bed, Two plush king-sized Hyatt Grand Beds and a fully equipped kitchen. Other features include a wardrobe, dresser space, and a stylish bathroom with a bathtub and a glass walk-in shower.

Start your day with our complimentary morning breakfast and enjoy a freshly made tasty meal experience at Gallery Kitchen. Evening calls for unwinding at H Bar, a lively social space where you can order up creative cocktails and shareable apps off the Sip + Snack menu.

**Hyatt House Kuala Lumpur, Mont Kiara, G-2 Arcoris, No. 10, Jalan Kiara, Mont Kiara, 50480 Kuala Lumpur.**  
**Tel: +603 6419 8688**



Hyatt House Kuala Lumpur’s Rooftop pool





**Suria KLCC**  
Petronas Twin Towers • 📍 KLCC  
Tel : 03-2382 2828 / 2430 / 2431  
Located at the base of the Petronas Twin Towers, Suria KLCC is the premier shopping centre in KL. It offers unique shopping, dining & entertainment experience. It houses exclusive designer brands and provides an abundant choices of goods and services for everyone. • 10am - 10pm daily. • D8

**Avenue K Shopping Mall**  
156 Jalan Ampang, 50450 Kuala Lumpur. Tel: 03 2168 7800  
Avenue K is Kuala Lumpur’s coolest urban hub where life and creativity are celebrated. The new Avenue K aims to indulge your retail desires, cater to your entertainment needs and satisfy your appetite for top-notch dining in comfort. Far from a regular mall, it offers exciting experiences and a trend setting venue where shoppers can relax and treat yourself to a good time. With over 60 exciting dining options including Fresca Mexican Kitchen, Dolly Dim Sum, Samba Brazilian Steakhouse, Sushi Zanmai, Nene Chicken, Boat Noodle, Sushi King and Bankara Ramen. there is no doubt that Avenue K is a foodie’s heaven. • 10am to 10pm

**IOI City Mall**  
Management Office, Unit T2-3A-3 & Unit T2-3A-3A, Level 3A, IOI City Tower Two, Lebuhr IRC, IOI Resort City, 62502 Putrajaya, Sepang, Selangor. Tel: 03-8328 8900  
The multi award-winning IOI City Mall, located within IOI Resort City, is the largest mall in Southern Klang Valley. It is easily accessible via major highways and public transport. Its 1.5 million sq. ft. of lettable space is occupied by trendy fashion brands, supermarket, cineplexes and F&B outlets offering exquisite local and international dining experiences. • 10am to 10pm

**MyTOWN Shopping Centre**  
No.6, Jalan Cochrane Cheras, Seksyen 90, 55100 Kuala Lumpur. Tel: 03-2710 0057  
MyTOWN is located in Kuala Lumpur, anchored by IKEA Cheras. Visit us easily by bypass or take a ride on the MRT to the Cochrane underground MRT station. The blend of fashion forward retail, amazing amenities, stylish alfresco events make MyTOWN the premier shopping destination in the heart of Kuala Lumpur. It’s more than just shopping... It’s an experience for everyone in the family!  
• 10am to 10pm

**Berjaya Times Square**  
Tel: 03-2117 3111  
1 Jalan Imbi • 📍 Imbi  
The biggest in Southeast Asia, this mall which measures 7.5 million sq ft, is an integrated shopping-cum-entertainment centre with a hotel, the region's biggest indoor theme park and bowling centre. • 10am - 10pm daily. • F8

**1 Utama**  
1 Lebuhr Bandar Utama, Bandar Utama, PJ Tel : 03-7710 8118  
A new generation shopping centre which satisfies all shopping needs under one roof. The old wing has Jusco as the main anchor tenant while the new extension houses many designer brands and has U Parkson, MPH & Jusco as anchor tenants • 10am - 10pm daily.

**Sunway Velocity Mall**  
Lingkaran SV, Sunway Velocity, 55100 Kuala Lumpur. Tel: 03-2786 3970  
Sunway Velocity Mall is earmarked to be the leading destination in KL South with its cutting-edge architecture, neo futuristic façade and contemporary interior. Built with connectivity in mind, the mall is easily accessible through major roads and highways and is well-serviced by public transportation including 1 LRT and 2 MRTs.  
• 10am to 10pm

**The LINC KL**  
360, Jalan Tun Razak, 50400 Kuala Lumpur. Tel: 03-92130388  
The LINC KL is an escape, a hideaway, a preferred destination for when you want to take a break from your busy life and reconnect with nature. It is a place full of such possibilities. Room for nature. Room for coming together. Room for celebration. Space to grow. Space to simply be yourself.  
• 10am to 10pm

**Shoppes at Four Seasons Place**  
145 Jalan Ampang, 50450 Kuala Lumpur. Tel: 03-2391 9655  
Shoppes at Four Seasons Place is an elegant showcase spanning over six levels of retail, restaurants, a boutique grocer, and more. Immerse yourself in seamless accessibility with your every convenience within comfort’s reach. Take your time to explore the collection of carefully curated brands uniquely housed amidst wide spaces, marble halls, and comfortable lounge areas. Strategically located in the Golden Triangle of Kuala Lumpur, the mall welcomes you to indulge in an idyllic experience.  
• 10am to 10pm

**Publika Shopping Gallery**  
No 1, Jalan Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur  
Tel: 03-6211 7877  
www.publika.com.my  
www.facebook.com/publikashoppinggallery

**Bangsar Village**  
Jalan Ara, Bangsar • 📍 Bangsar  
Tel : 03-2282 1808  
Located in happening Bangsar, this neighbourhood mall is vastly popular due to its individual specialist shops offering fashion wear, toys, jewellery, hardware, beauty salons and F&B. Anchor tenants include The Village Grocer. The newer and bigger Bangsar Village II that’s connected to this mall offers more local and international brands.

**Sunway Pyramid**  
Bandar Sunway  
Tel : 03-74943100  
Impressive giant sphinx statue greets you at the entrance of this Egyptian-themed shopping centre situated next to Sunway Hotel and the Sunway Lagoon theme park.. The mall has a variety of shops and restaurants, an indoor ice-skating rink and a cineplex. • 10am-10pm daily.

**Pavilion KL**  
168, Jalan Bukit Bintang • 📍 B Bintang  
Tel : 03-2118 8833  
The shopping centre blends the best of the international retail world with 450 stores – ranging from fashion to home deco and leisure to culinary delights - over its 7 levels and 6 themed precincts. 20% of its tenants represent debut brands in Malaysia. Anchor departmental stores are Parkson Pavilion and Tangs. • 10am to 10pm daily

**Bangsar Shopping Centre**  
Jalan Maarof, Bangsar  
Tel : 03-2094 7700  
Located in the affluent Bangsar suburb, this mall buzzes with a trendy crowd and houses an array of individual specialist shops for every need. Jasons Food Hall is a favourite with shoppers, as it offers an extensive range of fresh and international food brands. 10am - 10pm daily.

**Maju Junction Mall**  
1001 Jalan Sultan Ismail • 📍  
Tel: 03-2697 9312  
Located at the junction of Jalan Tuanku Abdul Rahman and Jalan Sultan Ismail, the five-storey mall has 101 outlets with Giant, Wh by British India, FOS, Nichii Fashion City being the anchor tenants. The mall provides concierge service and has an indoor archery centre, Big-Shot Archery. • 10am - 10pm daily.

**KLIA**  
KL International Airport, Sepang 🛬 KLIA Ekspres-KLIA Tel : 03-8777 8888  
One of airports with value-for-money shopping, it offers an excellent selection of goods like souvenirs, tobacco, liquors, perfume, chocolates and designer brands.



**Pertama Complex**  
Jalan Tuanku Abdul Rahman  
Tel: 03-2691 6599  
One of the earliest shopping complexes in KL, this mall consists of many small shops selling an astonishing variety of goods and services appealing to the masses, including sports goods, leatherware, clothes, shoes and stationery. • 9am - 9pm daily. • D5

**Sogo KL**  
Jalan Tuanku Abdul Rahman  
• 📍 M Tuanku  
• 🚆 Bandaraya • 🚆 Bank Negara  
Tel : 03-2698 2111  
This 10-storey shopping mall is well patronised for its quality goods (local and international) ranging from apparel, home furnishing to daily need items. It also has an international restaurant floor on the 6th floor • 11am-9pm daily • D5

**Starhill Gallery**  
181 Jln Bkt Bintang • 📍 B Bintang  
Tel: 03-2782 3800  
Connected to JW Marriott Hotel and Ritz Carlton Hotel, Starhill houses the largest retail watch floor and a host of top fashion designer boutiques. An exclusive mall with excellent eateries and high-end shops.  
• 10am -10pm daily • E9

**Sungei Wang Plaza**  
Jalan Sultan Ismail • 📍 B Bintang  
Tel: 03-2142 6636  
Sungei Wang remains one of the busiest shopping centres for the last 2 decades. Linked directly to the Monorail, it has over 500 retail outlets and eateries. A great place to hunt for electrical and electronic products, mobile phones, fashionable street wear, shoes & accessories. The hip T-Hop zone at the 6th floor caters to trendy teenagers  
• 10am - 10pm daily • F8

**The Starling Mall**  
6, Jalan SS 21/37, Damansara Utama, 47400 Petaling Jaya, Selangor. Tel: 03-7730 7000  
Built in an organic form with a fluid façade and natural setting, The Starling is a space where nature is immersed into urban retail environment to create a unique space for togetherness in harmony with nature.

**Subang Parade**  
Subang Jaya • 🚆 Subang  
Tel: 03-5633 2530  
This suburban mall offers an interesting mix of stores with goods ranging from apparels to antiques, and music to jewellery. Anchor tenants include Toy 'R' Us and Parkson. Carrefour hypermarket is located next door.  
• 10am - 10pm daily.

**Great Eastern Mall**  
303 Jalan Ampang  
Tel : 03-4259 8090  
Located along busy Jalan Ampang, this 6-storey mall has a host of shops including a pet shop, Aussino, British India and eateries like Starbucks and Alexis. It has Cold Storage as its anchor supermarket. • 11am - 9pm daily.

**Hartamas Shopping Centre**  
Plaza Damas, 60 Jalan Sri Hartamas 1  
Tel: 03-6201 6553  
Integrated with Plaza Damas & situated among retail shops, offices, serviced apartments and alfresco boulevards. Features Citi Super, SenQ and many other speciality retailers.

**Lot 10**  
50 Jalan Sultan Ismail • 📍 B Bintang  
Tel : 03-2143 6092  
Linked to the Bukit Bintang Monorail station and Sungei Wang Plaza by an overhead bridge, Lot 10 offers an upmarket and wide selection of fashion wear. It has Isetan as anchor tenant • 10am - 9.30pm daily • F8

**Low Yat Plaza**  
Off Jalan Bukit Bintang • 📍 B Bintang  
Tel : 03-2148 3651  
Located next to the Federal Hotel, it has 250 tenants offering goods as varied as cameras, mobile phones, apparel, fashion accessories and antiques. This largest IT centre provides for all your computing needs. BB Park, located across the plaza and consisting of trendy restaurants and alfresco cafes, sees a hive of activities at night. • 10am - 10pm daily • F8

**MINES Shopping Fair Centre**  
Seri Kembangan • 🚆 Serdang  
Tel: 03-8949 6288  
Cruise into the heart of a busy shopping mall with a vibrant mix of more than 300 retailers, fashion boutiques, F&B outlets, canal quay alfresco dining, IT & mobile gadgets and also leisure and entertainment facilities like a cinema, bowling alley and snooker centre.  
• 10am - 10pm daily.

**Mid Valley Megamall**  
Lingkaran Syed Putra • 🚆 Mid Valley  
Tel : 03-2938 3333  
The shops go on and on in this mall strategically located between KL and P.J. It has Metrojaya, Jusco, Carrefour, Golden Screen Cinemas and MPH as anchor tenants, over 300 speciality stores and 70 F&B outlets under one roof. Adjacent to the mall are Cititel Mid Valley Hotel and Boulevard Hotel • 10am - 10pm daily.

**The Gardens**  
Mid Valley City • 🚆 Mid Valley  
Tel : 03-2297 0288  
10am - 10pm dayly

**Sunway Putra Mall (Formerly The Mall)**  
100 Jalan Putra, KL • 🚆 PWTC  
Tel: 03-2786 9333  
Located across the Seri Pacific Hotel and Putra World Trade Centre, the Mall has anchor tenant Parkson Grand together with a host of retailers, offering a full range of products, services, food & amusement to shoppers • 10am - 10pm daily • B5

## KL’s Best Bar



# DINE



**PROOF PIZZA + WINE**  
Proof Pizza + Wine, 29, Jalan Riong, Bangsar, 59100 Kuala Lumpur.



**THE LEMON TREE @ PARKROYAL COLLECTION KL**  
The Lemon Tree, Jln Sultan Ismail, Bukit Bintang, 50250 Kuala Lumpur.

## Chinese

**Celestial Court**  
03-2717 9988  
• Jalan Sultan Ismail • Sheraton Imperial Kuala Lumpur Hotel  
• Oriental Cuisine • Casual Dining

**Chynna**  
03-2264 2264 📍 KL Sentral• Hilton KL  
• Halal • Casual Dining • H3

**Shang Palace**  
03-2074 3904 • 11 Jalan Sultan Ismail 50250 Kuala Lumpur • Pork-free  
• Shangri-La Hotel KL • Cantonese Cuisine

**Yun House**  
03-2382 8888 • Four Seasons Place, 145 Jalan Ampang, 50450 Kuala Lumpur. • Pork-free • Four Seasons Hotel Kuala Lumpur • Dim sum

**Opium KL**  
03-2142 5670 • 50, Changkat Bukit Bintang, Kuala Lumpur. • Casual Dining • Oriental

**Wan Chun Ting**  
03 2720 6688 • No. 6 – Jalan Damanlela, Bukit Damansara, 50490 Kuala Lumpur. • Sofitel Kuala Lumpur Damansara Hotel • Dim Sum • Casual Dining

**Din Tai Fung Pavilion**  
03-2148 8292 • 168, Bukit Bintang Street, Bukit Bintang, 55100 Kuala Lumpur. • Dim Sim • Casual Dining

**Luk Yu Tea House**  
03 2782 3850 • Starhill Gallery 181, Jalan Bukit Bintang, 55100 Kuala Lumpur • Dim Sum • Tea House • Casual Dining

**Tao Chinese Cuisine**  
03-2782 6000 • 65, Jalan Ampang, 50450 Kuala Lumpur • Intercontinental Hotel Kuala Lumpur • Oriental Cuisine • Casual Dining

**Lai Po Heen**  
03-2179 8885 📍 KLCC • Mandarin Oriental Hotel • Halal • Casual Dining • Cantonese • D8

**Li Yen**  
03-2782 9033 📍 B Bintang • The Ritz Carlton Hotel • Non-Halal • Casual Dining • F9

**Mandarin Palace**  
03-2148 8744 📍 B Bintang • 2/F, Federal Hotel • Non-Halal • Casual Dining • F8

**Ming Palace**  
03-2161 8888 📍 Ampang Park • Corus Hotel, Jln Ampang • Casual Dining

**Ming Room**  
03-2284 8822 📍 Bangsar• Bangsar Shopping Centre • Non-Halal • Casual Dining

**Oriental Noble House**  
03-2145 8822 📍 Imbi• 19 Jalan Delima, Off Jalan Imbi • Non-Halal • Casual Dining • F10

**Overseas**  
03-2144 9911 B Bintang • 84-88 Jalan Imbi • Non-Halal • Casual Dining • F8

**Purple Cane**  
03-2272 3090 📍 Maharajalela • Selangor Chinese Assembly Hall, 1 Jln Maharajalela • Halal • Casual Dining • G6

**Xin Cuisine**  
03-2144 2200 📍 B Nanas • Concorde Hotel • Non-Halal • Private Dining • D7

## Indian

**Passage Thru’ India**  
03-2145 0366 • 4, Jln Delima,kl  
Halal • Casual Dining • E10

**FLOUR Restaurant**  
012-960 0053 • Unit No. 69 & 71G, Jalan Medan Setia 1, Bukit Damansara, 50490 Kuala Lumpur. • Fine Dining  
• Pork-free

**Bar Trigona**  
145, Jalan Ampang, Kuala Lumpur, 50450 Kuala Lumpur  
+603-2382 8670

**Mantra bar**  
Rooftop Bangsar Village II.  
+60 17-344 8299

**The Roof**  
1 First Avenue Bandar Utama, Petaling Jaya  
+60 3-8605 3388

**Nadodi KL**  
03 2181 4334 • Lot 183, 1st Floor, Jalan Mayang, Off Jalan Yap Kwan Seng, 50450 Kuala Lumpur. • Fine Dining  
• Pork-free

**Qureshi Malaysia**  
03-2011 1007 • Ground Floor, East Wing, TPC Kuala Lumpur No 10, Jalan 1/70D, Off Jalan Bukit Kiara, 60000 Kuala Lumpur. • Casual Dining  
• Halal

## Fusion

**Shookl**  
03-2782 3875 📍 B Bintang• Lower G/F, Starhill Gallery • Halal • Fine Dining • E9

**Cé La Vi**  
03-2770 3360 • Ilham Tower, No 8, Jln Binjai, 50450 Kuala Lumpur • Pan-Asian  
• Pork-free • Casual Dining

**Open House**  
03-2162 0888 • G48 Suria KLCC, Lakeside, 50888 Kuala Lumpur  
• Malaysian • Pork-free  
• Fine Dining

**Barat Lifestyle Vegetarian Restaurant**  
010-288 2654 • 19, Lorong Kurau, Taman Bukit Pantai, 59100 Kuala Lumpur. • Fusion Vegetarian Restaurant  
• Casual Dining • Halal

## French

**Chez Gaston KL by Rendez-Vous**  
011-3993 0036 • 12G, Jalan Bangsar Utama 9, Bangsar, 59000 Kuala Lumpur. • Non-halal • Casual Dining

**Entier French Dining**  
03-2268 3819 • Level 41 at Alila Bangsar No 58, Jalan Ang Seng, Brickfields, 50470 Kuala Lumpur. • Pork-free • Fine Dining

**Bistro à Table**  
03-7931 2831 • 6, Jalan 17/54, Seksyen 17, 46400 Petaling Jaya, Selangor. • Fine Dining • Pork-free

## International

**Contango**  
03-2785 8000 • 5, Jalan Sultan Hishamuddin, Tasik Perdana, 50000 Kuala Lumpur • The Majestic Hotel KL  
• Pork-free • Casual Dining

**Babe by Jeff Ramsay**  
013 209 1330 • 11th Floor, Work@ Clearwater, Changkat Semantan, Damansara Heights, 50490 Kuala Lumpur • Fine Dining  
• Pork-free

**Huckleberry Food and Fare**  
03-2098 7933 • Plaza Damansara, Jalan Medan Setia 2, Bukit Damansara, 50490 Kuala Lumpur • Casual Dining  
• Pork-free

**Essence**  
03-2717 9900 📍 M Tuanku • Sheraton Imperial • Halal • Casual Dining • C6

**Mr Chew’s Chino Latino**  
The Penthouse, WOLO, Bukit Bintang Street, 55100 Kuala Lumpur  
+60 3-4065 0168

**Marinis on 57**  
Level 57, Menara 3 Petronas, Persiaran KLCC.  
+60 3-2386 6030



Italian

**Cellini's**  
03-2715 1000 📍 B Bintang • Dorsett Regency Hotel • 172 Jalan Imbi • Halal • Casual Dining • F9

**Tamarind Springs**  
03-4256 9300 • Jalan 1 Taman Tun Abdul Razak, Ampang Halal • Fine Dining

**La Risata**  
03-4252 6269 • 26, Persiaran Ampang • Halal • Casual Dining

**Prego**  
03-2773 8338 📍 B Bintang • The Westin Hotel • Halal • Fine Dining • E9

**Villa Danieli**  
03-2717 9922 📍 M Tuanku • Sheraton Imperial Hotel • Halal • Italian • Fine Dining • C6

Japanese

**Nobu Kuala Lumpur**  
03-2164 5084 • Menara 3 Petronas Persiaran KLCC • Fine Dining

**Fukuya Restaurant**  
03-2144 1022 • 9, Jalan Delima, Imbi, Kuala Lumpur • Casual Dining

**Haru Japanese Restaurant**  
03-2011 8783 • 124A, Jalan Kasah, Medan Damansara • Casual Dining

**Nippori Cafe**  
03-7733 8592 • 102 (First Floor), Empire Damansara, Jalan PJU 8/8, Damansara Perdana, 47820 Petaling Jaya, Selangor • Casual Dining

**Iketeru**  
03-2264 2264 📍 Stesen Sentral KL • Hilton Kuala Lumpur, 3 Jln Stesen Sentral

**Kampachi**  
03-2148 9608 📍 Raja Chulan • Pavilion KL

**Kokufu**  
03-4049 4412 • Sri Pan Pacific KL Halal • Fine Dining

**Komura**  
03-2161 8888 📍 Ampang Park Corus Hotel • Casual Dining • C9

**Ozeki Tokyo Cuizine**  
03-2166 4263 📍 B Nanas • Menara TA One • Halal • Fine Dining • D8

**Yuzu**  
03-2284 7663 • The Gardens, Mid Valley City • Casual Dining

**Sagano**  
03-2162 2233 📍 B Nanas • Renaissance Hotel • Halal • Casual Dining

Korean

**Da On**  
03-2141 2100 📍 B Bintang • Pavilion KL • Halal • Fine Dining • Korean • E8

**Koong Jung**  
03-2166 7181 📍 Ampang Park • PNB Darby Park • Halal • D9

**Koryo Won**  
03-2143 2189 📍 Bukit Bintang• Starhill Gallery • Halal • Casual Dining • E8

Thai

**Rama V Fine Thai Cuisine**  
03-2143 2428 / 03-2143 2663 5, Jalan U-Thant, 55000 Kuala Lumpur • Halal • Fine Dining

★★★★★

**Sheraton Imperial KL**  
03-2717 9900 • Jln Sultan Ismail • 📍 M Tuanku • Essence (Int'l), Villa Danieli (Ita), Celestial Court (Chi) • From RM300- RM5,825 • D6

**The Ruma Hotel and Residences**  
+60 3 2778 0888 • 7 Jalan Kia Peng, 50450 Kuala Lumpur • www.theruma.com • ATAS Modern Malaysian Eatery (Modern Malaysian) • Santai Pool and Lounge • Seven Lobby Bar and Lounge

**Sheraton Petaling Jaya**  
+60 3 7622 8888 • Jalan Utara C, Petaling Jaya, 46200 Selangor • www.marriott.com/sheraton-petaling-jaya • Yue (Chinese) • Feast (International) • Miyabi (Japanese) • Sala (Bar) • Chime (cigar and whisky bar)

**EQ**  
+603 - 2789 7777 • Equatorial Plaza Jalan Sultan Ismail 50250 Kuala Lumpur • Nipah • Kampachi • www.eqkualalumpur.com

**Sunway Pyramid Hotel**  
+603 7492 8000 • Persiaran Lagoon, Bandar Sunway, 47500 Selangor • The Resort Cafe, The Lobby Lounge, Cherootz

**InterContinental KL**  
03-2782 6000 • 165, Jalan Ampang • www.ihg.com 📍 Ampang Park • Serena Brasserie, Tao (chi), Tatsu (Jap), Bentley's Pub, •OneSixFive(Japanese)

**JW Marriott Hotel KL**  
03-2715 9000 • 183 Jalan Bukit Bintang • 📍 B Bintang • 3rd Floor (Int'l), Marriott Café, Shanghai (Chi), JW Marriott Gourmet (Int'l), Havana Club • From RM400- RM8,000 • E9 • www.marriott.com

**Le Meridien KL**  
03-2263 7888 • 2, Jln Stesen Sentral 5, KL Sentral • 📍 📍 📍 KL Sentral •One On One (Asian Fusion), Al Nafourah (Middle Eastern), The Conservatory (Lounge & Bar) • From RM 328- RM5,500 • H3 • www.lemeridienkualalumpur.com

**Mandarin Oriental Hotel**  
03-2380 8888 • KL City Centre • 📍 KLCC •Lai Po Heen (Ch), Mandarin Grill and Mo Bar (Bar & Grill), Mosaic (Buffet), The Mandarin Cake Shop, Cascades (Int'l), Wasabi Bistro (Jap) • From RM409(internet)/RM499(phone) • D8 • www.mandarinoriental.com

**Philea Mines Beach Resort**  
03-8943 6688 • Jalan Dulang, Mines Resort City, Seri Kembangan, Selangor • 📍 Serdang • Abdul and Charlie's (local), Cheng Ho Court (Chi), Beach Hut and Sunset Lounge (drinks and snacks) • From RM200-RM2000

**Sama-Sama Hotel KLIA**  
03-8787 3333 • Kuala Lumpur International Airport • 📍 KLIA Degrees (Int), Traveller's Bar & Grill, Palmz Lounge (Wn) • From RM570++ • www.samasamahotels.com

**Pullman Kuala Lumpur**  
03-2170 8888 • 4, Jalan Conlay • 📍 Raja Chulan •Tai Zi Heen (Chi), Eccucino (Café), Enju (Jap) • From RM270-RM670 • E9• www.princehotelkl.com

**Renaissance KL**  
03-2162 2233 • Corner of Jln S. Ismail/ Jln Ampang • 📍 B Nanas •Sagano(Jap), MED@Marche(Med), Vogue (Int'l) • East Wing: Dynasty (Chi), TEMPTation\$ (Int'l) • From RM215-RM6,000 • D7

**The St. Regis Kuala Lumpur**  
03-2727 1111 • Jalan Stesen Sentral 2, Kuala Lumpur Sentral • From RM850

**Shangri-La Hotel KL**  
03-2032 2388 • 11 Jalan Sultan Ismail • 📍 B Nanas • Shang Palace (Chi), Zipangu (Jap), Lafite (Fr), Lemon Garden Café (Int'l), The Pub • From RM364-RM12,000 • D7 • www.shangri-la.com

**Hilton PJ**  
03-7955 9122 • 2 Jalan Barat, PJ • 📍 Asia Jaya • Toh Yuen (Chi), Paya Serai Coffee House, Genji (Jap), Caffè Cino, Uncle Chilli's • From RM220-RM1685

**The Gardens Hotel & Residences**  
03-2268 1188 • Mid Valley City • 📍 Mid Valley • The Soread (Int'l), Sage Restaurant & Wine Bar (Fr & Jap) • From RM600-RM2,600• www.gardenshtres.com

**Sunway Putra Hotel (Formerly The Legend Hotel)**  
03-4042 9888 • Putra Place, 100 Jalan Putra • PWTC • Museum (Chi), Coffee House, Atrium Lounge • From RM188-RM388 • B5 • www.lagendhotelkl.com

**The Ritz-Carlton KL**  
03-2142 8000 • 168, Jalan Imbi • 📍 B Bintang • Li Yen (Chi), Rossini's (Ita) • From RM418 • F9 • www.ritz-carlton.com

**Sofitel Kuala Lumpur Damansara**  
03-2720 6688 • 6, Jalan Damanlela, Bukit Damansara, 50490 Kuala Lumpur • From RM330-RM820 • www.sofitel-kualalumpur-damansara.com

**The Ritz-Carlton Residences**  
03-2142 9000 • 📍 B Bintang • From RM950-RM1,330 • F9

**The Royal Chulan**  
03-2688 9688 • Jalan Conlay • 📍 R Chulan • Deli Cafe (Ita), Bunga Emas (Mas), L'Heritage (Fr) • F6 • www.theroyalchulan.com.my

★★★★

**Aloft Kuala Lumpur Sentral**  
03-2723 1000 Jalan Stesen Sentral KL Sentral • 📍 📍 📍 KL Sentral • Nook (International), MAI Bar (Bar Menu), w xyz(SM) Bar (Cocktails & Snacks) • From RM270 - RM388 • www.starwoodhotels.com/alofthotels

**Ancasa Hotel KL**  
03-2026 4060 • Jln Tun Tan Cheng Lock • 📍 Plaza Rakyat • Saffron Brasserie and BabaReebal • Ancasa Spa • From RM165-RM416 • www.ancasa-hotel.com

**Boulevard Hotel**  
03-2295 8111/2295 8000 📍 Mid Valley City, Lingkaran Syed Putra • Mid Valley •Wild Rice (Int'l) • Rates from RM290Nett – RM420Nett • www.blvhotel.com

**Coronade Hotel KL**  
03-2148 6888 • Jalan Walter Grenier, Bkt Bintang • 📍 B Bintang • Makan-Makan (Local & Int'l), The Kasturi (Malay), Lobby Lounge• From RM208- RM500 • F8 • www.coronade.com

**Corus Hotel KL**  
03-2161 8888 • Jalan Ampang • 📍 Ampang Park • Ming Palace(Chi), Dongang Sayang (Int'l), Komura (Jap) • From RM185-RM390 • C9 • www.corushotelkl.com

**Dorsett Regency**  
03-2716 1000 • 172, Jalan Imbi • 📍 B Bintang • Checker's (Café), Cellini's(Ita), Windows Lounge (Wn) • From RM200 onwards • F9 • www.dorsettregency-kl.com



**Seri Bukit Ceylon**  
03-20201708 • No 8, Lorong Ceylon off Jalan Raja Chulan • From RM250-RM480 • E7

**Federal Hotel**  
03-2148 9166 • 35, Jalan Bukit Bintang • 📍 B Bintang • Mandarin Palace (Chi), The Verandah (Int'l) Revolving Bintang (European) • From RM170-RM600 • F8 • www.fhhotels.com

**Element by Westin Kuala Lumpur**  
03-2771 3388 • Ilham Tower, 8, Jln Binjai, Kuala Lumpur, 50450 Kuala Lumpur • Trace Restaurant & Bar • From RM343 • www.marriott.com

**Impiana KLCC Hotel & Spa**  
03-2147 1111 • 13 Jln Pinang • 📍 R Chulan • Tonka Bean Cafe (Int'l) • From RM219- RM368 • D8 • www.impiana.com

**Novotel City Centre KL**  
03-2147 0888 • 2 Jln Kia Peng • Qing Zhen (Chi Muslim), The Square (Int'l), Fun Pub, Al Fresco • From RM260- RM660 • E8 • www.novotel.com

**Pacific Regency Hotel Suites**  
03-2332 7777 • Menara PanGlobal, Jalan Punchak • 📍 B Nanas • Soi 23, Luna, Olive & Geo Café • From RM290- RM500 • D7 • www.pacific-regency.com

**Sunway Resort**  
+603 7492 8000 • Sunway Resort, Persiaran Lagoon, Bandar Sunway, 47500 Selangor • www.sunwayhotels.com • The Resort Cafe (All Day Dining)

**Quality Hotel City Centre**  
03-2614 8000 • Jalan Raja Laut • DBKL • Benteng Coffee House (Int'l), Meisan Szechuan (Chi), Club 300 • From RM150- RM550 • C5 • www.qualiti.com.my

**Swiss Garden Hotel**  
03-2141 3333 • 117, Jln Pudu • 📍 Hang Tuah • Blue Chip Lounge (Int'l), Flavours Restaurant (Int'l), Green Treats Delicatessen (Int'l), T@ste 6 Restaurant (Int'l) • From470+

**The Royale Bintang KL**  
03-2143 9898 17-21 Jalan Bukit Bintang • 📍 B Bintang • Sunflowers Brasserie, Cafe Royale & Bar, Rimba Spa • From RM208 • F8 • www.royale-bintang-hotel.com.my

**The Royale Bintang Damansara**  
03-7843 1111 • 6, Jalan PJU 7/3, Mutiara Damansara • The Restaurant (Int'l), Mystery Pub & Café • From RM195 • www.royalebintang.com.my

**The ZON All Suites Residences on the Park**  
03-2164 8000 • 161D Jalan Ampang • 📍 Ampang Park • Terracotta Restaurant & Lounge • From RM253-RM396 • D8 • www.zonhotel.com.my

**Concorde Hotel**  
03-2144 2200 • 2 Jalan Sultan Ismail • 📍 B Nanas • Spices (Western), Melting Pot (Int'l), Xin (Chi) • From RM178+- RM320++ • D7

**Traders Hotel**  
03-2332 9888 • Kuala Lumpur City Centre • 📍 KLCC • Gobo Chit Chat, Gobo Upstairs, Sky Bar, Lounge & Grill • From RM270 • This hotel is located in the vicinity of KL Convention Centre • D8

**Vistana KL**  
03-4042 8000 • 9 Jalan Lumut, off Jalan Ipoh, Kuala Lumpur • 📍 TiTiwangsa • Vistana (Asian) • From RM172-RM230 • A5 • www.vistanahotels.com

**Hotel Capitol Kuala Lumpur**  
03-21437000 • Jalan Bulan Off Jalan Bukit Bintang • www.capitol.com.my

★★★

**Alpha Genesis**  
03-2141 2000 • 45 Tingkat Tong Shin • 📍 B Bintang • Tee Box Café • From RM150-RM380 • F7 • www.alphagenesishotel.com

**Cititel Mid Valley**  
03-2296 1188 • Mid Valley, Lingkaran Syed Putra • 📍 Mid Valley • Citi Café • Rates from RM205Nett – RM320Nett

**Corona Inn**  
03-2144 3888 • 22, Jalan Tong Shin • 📍 B Bintang • Corona Café • From RM130- RM180 • F8 • www.coronainn-kuala-lumpur.com

**Grand Continental**  
03-2693 9333 • Jln Belia/Jln Raja Laut • 📍 PWTC M Tuanku • Grand Star (Chi) , Lai Marble Coffeehouse • From RM135- RM800 • C5 • www.ghihotels.com.my

**First World Hotel**  
03-6101 1118 • Genting Highlands • istorante Torcello's (Italian), Lakeview Seafood Restaurant (Seafood), The Patio (Wn) • From RM85 – RM460

**Midah KL**  
03-2273 9999 • 8, Jalan Kampung Attap • 📍 Maharajalela • Attapia Coffee House (Int'l), Rolling Good Times Café • From RM145-RM250 • G5

**Prescott Inn**  
03-2713 7887 • 23 Lrg Medan Tuanku 1,off Jln Sultan Ismail • 📍 M Tuanku • Makana Restaurant • From RM110-RM170 • C5

## HOTEL & RESORT

★★★★★

**Four Seasons Hotel Kuala Lumpur**  
+603-2382 8888 • Four Seasons Place, 145, Jalan Ampang, 50450 Kuala Lumpur www.fourseasons.com •Yun House (Chinese Restaurant) •Curate (All Day Dining) •Bar Trigona (Bar)•The Lounge At Four Seasons(International) •Pool Bar & Grill

**W Kuala Lumpur**  
+603-2786 8888 •No. 121, Jalan Ampang, 50450 Kuala Lumpur www.marriott.com •Yen (Chinese Restaurant) •Flock (All Day Dining) •Woorbar (Bar)

**Grand Hyatt Kuala Lumpur**  
03-2182 1234 • Jalan Pinang 📍 KLCC • JP Teres (Malaysian), THIRTY8 (International), Poolside From RM550 - RM5610 www.kualalumpur.grand.hyatt.com

**Hilton KL**  
+603 2264 2264 • 3 Jalan Stesen Sentral, 50470 Kuala Lumpur • ww3.hilton.com • Chynna (Chinese Restaurant) • Vasco's (All Day Dining) Graze (European) • Zeta Bar (Bar) • Iketeru (Japanese)

**Sunway Resort**  
+603 7492 8000 • Sunway Resort, Persiaran Lagoon, Bandar Sunway, 47500 Selangor • www.sunwayhotels.com • The Resort Cafe (All Day Dining)

**Villa Samadhi Kuala Lumpur**  
+603 2143 2300 • No. 8, Persiaran Madge Off Jalan Madge, 55000 Kuala Lumpur • www.villasamadhi.com.my • The Dining Room (All Day Dining)



**KL Tower**  
03-2020 5499 Bukit Nanas • Jalan Punchak, off Jalan P Ramlee. • The KL Tower stands at 421 metres. The tower houses a revolving restaurant and an observation deck which takes 58 seconds to reach. Catch the sunset or experience sky jumping from the tower roof. • Opens 9am 10pm daily • E7



**Istana Negara, Jalan Duta**  
Located along Jalan Duta, it is the official residence of Malaysia's king since Nov 11, 2011. Influenced by both Islamic and traditional Malay architecture, this unique structure is the latest addition to the country's architectural wonders.



**National Monument**  
Jalan Tugu, off Jalan Parlimen • Designed by American artist, Felix Weldon and cast in Italy, the immense bronze structure was built to commemorate the servicemen who lost their lives during the struggle against the communist insurgency in the 1950's. The 7 soldiers symbolise unity, strength, leadership, sacrifice, courage, suffering and vigilance • E3



**Little India**  
📍 Masjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass, jewellery, sarees, Indian handicrafts to perfumes & spices. • E5



**National Museum**  
03-2267 1111 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students



**Jamek Mosque**  
Jalan Tun Perak • Situated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates many features of Moghul architecture a • Opens 8am- 1:30pm & 2:30pm-6pm.



**Swiss-Inn KL**  
03-2072 3333 • 62, Jln Sultan • 🇲🇾  
Maharajalela  
• Café Petaling • From RM130-RM175  
• G6

**The Plaza Hotel**  
03-2698 2255 • Jalan Raja Laut • 🇲🇾 Sultan  
Ismail • Pago-Pago Café (Continental),  
Plaza Court (Chi) • From RM110-RM178  
• C5

SIGHTSEEING

**Aquaria KLCC**  
03-2333 1888 • 🇲🇾 Raja Chulan 🇲🇾 KLCC •  
All 60,000 sq ft of Aquaria encompasses  
Evolution, Jewels of the Jungle, Deep  
Forest, The Coasts and Touch Pool, The  
Livingb Oceans and The Living Reef, with  
over 5000 aquatic and land-bound animals  
representing over 150 different species.  
Don't miss the 90-metre underwater tunnel.  
Opens daily from 11am-8pm. (Including  
weekends, school and public holidays) Last  
admission at 7pm. Entry Mykad Holder  
- RM49(Adult), RM39 (Child), General  
Admission - RM69 (Adult), RM59 (Child)



**Craft Complex**  
03- 2164 8344  
🇲🇾 Raja Chulan • 63, Jalan Conlay. •  
Showcases ethnic handicrafts, batik  
printing and pottery from the 13 states  
of Malaysia. • Opens 9am- 6pm daily.  
• E9 FREE

**Lake Gardens**  
Jalan Parlimen • Located near the city  
centre, this 9.2ha landscaped garden is  
built around a lake. Several attractions  
are found within the park including  
an Orchid Garden, Hibiscus Garden,  
Butterfly Park, Bird Park, Deer Park,  
National Monument and the Asean  
Sculpture Garden • F3

**Malaysian Tourism Centre**  
03-9235 4848 • 🇲🇾 B Nanas • 109  
Jalan Ampang • This is a one-stop  
tourist service centre comprising the  
information counter (7am-10pm)  
Transnasional Executive Coach counter,  
domestic tour booking counter, money  
changer, restaurant and craft demo  
centre. Built in 1935, the building was the  
home of wealthy tin-miner and planter,  
Eu Tong Seng. Cultural shows are on Tues,  
Thur, Sat & Sun 2-2.30pm. • D7

**National Science Centre**  
03-2089 3400 • Persiaran Bukit Kiara •  
Houses 9 galleries with different scientific  
themes. Offers interesting interactive  
displays for learning and entertainment.  
• Opens 10am-5pm. Closed on Friday.

**Batu Caves**  
03-6189 6284 • This popular Hindu  
temple draws hundreds of thousand  
of visitors during Thaipusam. It  
consists of three grand caves: the  
Dark Cave,the Museum Cave and  
the Temple Cave with brilliant rock  
formations. The Museum Cave at  
the foothills has interesting display  
of Indian mythology. To reach the  
main Temple Cave, one has to climb  
272 steps.

**Bird Park**  
03-2272 1010 • Located at the Lake  
Gardens, this 8.4ha bird park is the  
world's largest free-flight walk-in  
aviary. It is home to more than  
3,000 birds from approximately 200  
species. Opens daily from  
9am-6pm • F4

**Butterfly Park**  
03-2693 4799 • Over 120 species  
of butterflies can be found in this  
park located at the Lake Gardens'  
vicinity. Admission is RM9 for adults  
and RM2 for children. Camera: RM3.  
Opens 9am to 6pm daily. • F4



**Telekom Museum**  
03-2031 9966  
🇲🇾 Raja Chulan • Jalan Raja Chulan  
• Displays interesting exhibits of  
telephones and evolution of their  
designs over the years.  
• Opens 9am-5pm. Closed on Mondays  
• E6 FREE

**National Mosque**  
03-2693 7784 • 🇲🇾 KL • Jalan Perdana  
• This mosque embodies contemporary  
designs, together with traditional Islamic  
art, calligraphy and ornamentation.  
The main dome with its 18-point star,  
represents the 13 states of Malaysia  
united by the Five Pillars of Islam. Visitors  
must dress conservatively and remove  
their shoes before entering the mosque  
• Opens 9am to 12noon; 3pm to 4pm;  
5:30pm to 6:30pm daily. • F4

**Merdeka Square**  
🇲🇾 Masjid Jamek • Jalan Raja •  
Opposite the Sultan Abdul Samad  
Building, this is the site where the  
independence of Malaya was declared  
on 31 August, 1957. The 100m high  
flagpole is the tallest in the world. Live  
entertainment and cultural shows are  
staged here on festive occasions. The  
Royal Selangor Club and St. Mary's  
Cathedral are located nearby. • E5

**National Zoo**  
03-4108 3427 / 4108 3422 • Located in  
Hulu Kelang, 12km from the city centre,  
the zoo is home to 400 species of local  
birds, mammals, reptiles and fishes. •  
Opens 9am - 5pm daily. Night Zoo is on  
Saturdays 7.30am - 10.30pm. Admission  
RM 32 for adults and RM11 for children  
3 to 12 years old

**Bukit Nanas Forest Recreational  
Park**  
03-2306 3421 / 2064 4741 • Bukit Nanas  
• Nestled in the heart of KL, the virgin  
forest-clad hill is a 10.5 ha park offering a  
10-minute & a 20-minute walk trails from  
the Forest Information Centre at Jalan  
Raja Chulan to KL Tower. • E7

**Central Market**  
03-2274 6542 • 🇲🇾 Pasar Seni Once the  
city's biggest wet market, it is now a  
centre for food and cultural activities.  
Cultural performances are staged during  
weekends at the riverside amphitheatre.  
Handicraft, souvenirs, art & portrait  
paintings are sold at bargain prices. The  
Annexe Gallery at CM is a progressive  
art centre. • Opens 10am to 10pm daily.  
• F5

**Deer Park**  
03-9200 0039 • Enclosed within a 2-ha  
ground at the Lake Gardens, the deer,  
fawns and does roam freely in a cool  
and peaceful habitat with lush trees and  
shrubs and ponds. • F3



**Sultan Abdul Samad Building**  
🇲🇾 Masjid Jamek • Jln Sultan  
Hishamuddin • Also known as the Big  
Ben of KL, this historical landmark and  
heritage building is well known for its  
Moghul architecture dating back to  
1897. Originally the offices of the Colonial  
Secretariat, it then housed the Supreme  
Court. • E5

**National Planetarium**  
03-2273 4303 • Lot 54 Jalan Perdana •  
Located close to the National Mosque,  
the attractions include space science  
and astronomy exhibits, a theatre  
screening 3-Dimensional movies, a  
viewing gallery and an observatory •  
Admission is RM1 for adults and children  
over 12 years [extra charges for all  
shows]. Opens 9:30am to 4:15pm daily.  
Closed on Monday except public &  
school holidays • G4

**Old KL Railway Station**  
Jalan Hishammudin • Built in 1910,  
the Moghul-inspired building was a  
hub for Malaysian rail transport until it  
was replaced by the new KL Sentral  
Station. It remains a landmark and the  
refurbished Heritage Hotel is still open for  
business. Across the road, the Malaysian  
Railway administrative building is also a  
breathtaking architectural showpiece  
• G5

**Petrosains, The Discovery Centre**  
03-4108 8181 • 🇲🇾 KLCC • Petronas Twin  
Towers, Level 4 Suria KLCC • Focusing on  
Malaysia's oil and gas industry, it offers  
an interactive approach to learning.  
It takes you through a unique voyage  
of discovery of science. • Opens daily  
9.30am to 6pm. Last admission 4.30pm.  
Closed on Monday • D8

**Istana Negara**  
Official residence of Malaysia's King,  
visitors can witness the changing  
of the royal guards daily. The Rulers  
Conference, various royal and national  
ceremonies, investitures and official  
banquets are held at this palace. • H5  
03-6200 1000

**Little India**  
🇲🇾 Masjid Jamek • Jalan Masjid India  
is a colourful street with numerous  
wholesale and retail Indian traders  
who sell everything from Indian brass,  
jewellery, sarees, Indian handicrafts to  
perfumes & spices. • E5

**Jamek Mosque**  
🇲🇾 Masjid Jamek • Jalan Tun Perak  
• Situated at the confluence of the  
Klang and Gombak rivers, this grand old  
mosque was designed by British architect  
AB Hubbock in 1909. It incorporates  
many features of Moghul architecture  
a • Opens 8am-1:30pm & 2:30pm-6pm.  
• E5



**PETRONAS Twin Towers**  
03- 2615 8188  
🇲🇾 KLCC • KL City Centre • The  
88-storey Petronas Twin Towers stand at  
451.9 metres. Seated in the heart of KL  
and amidst a 50-hectare landscaped  
park, a skybridge on the 41st floor is  
open to visitors between 9am-7pm  
daily, closed on Monday • D8

**Royal Selangor Visitor's Centre**  
03-4145 6000 • 4, Jalan Usahawan Enam,  
Setapak Jaya • Located 15 minutes from  
the city centre, the Royal Selangor which  
is internationally known for its fine designs  
and craftsmanship, offers a complete  
visitor experience, enabling them to see,  
hear, touch and learn how pewter is  
made. • Opens daily from 9am-5pm.

**Royal Selangor Club**  
03-2692 7166 • 🇲🇾 Masjid Jamek • Jalan  
Raja • Once nicknamed 'The Spotted  
Dog' during the colonial days, this club  
which features Mock Tudor architecture,  
is one of the oldest membership clubs  
in KL. • E5

**Thean Hou Temple**  
03-2274 7088 • 65 Persiaran Endah, off  
Jalan Syed Putra • A beautiful blend of  
Chinese and contemporary architecture,  
this is one of the largest and most ornate  
Buddhist temples in the region and a  
venue for major religious festivals. Also  
check out the herbs garden, wishing  
well and souvenir stall • Opens 9am to  
9pm daily.

MUSEUMS

**Asian Arts Museum Universiti  
Malaya**  
03-7967 3936 • Uni. of Malaya • A unique  
collection of Asian art & sculptures,  
ceramics, including Islamic & Malay art  
and textiles • Opens Mon - Sat. Closed  
on Sunday & public hols.

**Forest Research Institute Malaysia**  
03-62797 000 • Kepong • Located  
within the 1,500 hectares of natural  
land reserve, the institute showcases  
Malaysia's rich forest heritage. • Opens  
8am-4pm. Fri 9am- 12pm.

**Heritage Centre**  
03-7957 4341 • 2 Jln Stonor • Showcases  
Malaysia's architectural heritage, the  
centre also conducts 2 guided tours  
a day (11am & 3pm) of the Rumah  
Pengkulu or Village Head's abode which  
has been furnished to reflect a house in  
the early thirties • E10

**Islamic Arts Museum**  
03-2092 7070 • Jalan Lembah Perdana  
• Opened in 1998, the museum focuses  
on the rich diversity of Islamic arts and  
culture. Miniature replicas of Taj Mahal  
and other Islamic architectural wonders  
are on display • Tickets at RM12 (adults),  
RM6 (under 18, students & senior citizens)  
• Opens 10am to 6pm daily. • G4

**Museum Orang Asli**  
03-6187 8786 • Km 24 Gombak • Displays  
a collection of over 3,000 artifacts  
showcasing the history, culture &  
lifestyle of indigenous tribes of Peninsular  
Malaysia. • Opens 9am-5pm. Closed  
Fri. FREE

**National Museum**  
03-2267 1111 • 29 Jalan Raja • Displays a  
unique permanent collection of artifacts  
and materials showcasing the history  
and heritage of Malaysia • Opens 9am  
to 6pm daily • Admission RM1. Free for  
<12 yrs & students

ARTS & CULTURE

**National Theatre (Istana Budaya)**  
03-4026 5555 • Jalan Tun Razak •  
Designed by Malaysian architect  
Muhammad Kamar Ya'akub, this  
modern theatre is one of the world's most  
sophisticated theatres with state-of-the-art  
stage equipment. It holds drama, dance  
and musical performances regularly. • A7

**Petronas Philharmonic Hall**  
03-2331 7007 • 🇲🇾 KLCC • Located within  
the Petronas Twin Towers, it is home to  
the Malaysian Philharmonic Orchestra  
and the National Choir. It features  
performances of highest quality by visiting  
orchestras and world-renowned soloists,  
besides performances by the MPO which  
now ranks among the top orchestras in  
the region • D8

OTHER FUN-TASTIC  
THRILLS & SPILLS

**Casino De Genting**  
03-6101 1118 • Genting Highlands Hotel

**Flight Training**  
03-2141 1934 • Royal Selangor Flying Club

**Horse Racing**  
03-9058 3888 • Selangor Turf Club, Jln  
Sungai Besi

**Horse Riding**  
03-4256 4531 • Royal Selangor Polo Club,  
Jln Ampang Hillir

03-2094 1222 • Bukit Kiara Equestrian Club,  
Jln Bukit Kiara, Kuala Lumpur

Theme Parks

**Berjaya Times Square Theme Park**  
1 Jalan Imbi, Level 5 & 7, Kuala Lumpur  
Tel: 03-2117 3118

**Sunway Lagoon Theme Park**  
3 Jalan Pjs 11/11, Bandar Sunway,  
Petaling Jaya . Tel: 03-5639 0000

**Skytropolis Indoor Theme Park**  
First World Plaza, Resorts World Genting,  
Level 1, Genting Highlands, 69000  
Tel: 03-2718 1118

**District 21**  
Level 1, IOI City Mall, Putrajaya  
Tel: 03-8328 8888

**National Library**  
03-2687 1700 • 232 Jalan Tun Razak. • This  
7-storey building which blends traditional  
design with modern architectural  
elements houses more than 1.5 million  
books, some of them extremely rare.  
• Opens daily except Monday • A8 FREE

**Galeri Petronas**  
03-2051 7770 • 🇲🇾 KLCC • Level 3 Suria  
KLCC. • Exhibits artworks by local and  
international artists.  
• Opens 10am to 8pm. Closed on  
Monday. • D8 FREE

TO  
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# PETA TRANSIT BERINTEGRASI LEMBAH KLANG

## KLANG VALLEY INTEGRATED TRANSIT MAP







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