

AMBER CHIA MODEL MAVEN



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Rosa Hotel Reception Lobby



AMBER CHIA Photo courtesy of Amber Chia Academy

What's Happening in January



MALAYSIA 2021 **New Year run Tmn Botani Perdana KL** 3-1-2021 7.30am 5km fun run **RM29** for First 500 participants

Jan 3 Malaysia 2021 New Year Run

Start the new year right, with a 5km fun run around Taman Botani Perdana KL.

Ticket: RM35 to RM45



Join London Drawing Group as you step inside the magical world of BOTANY for a summerterm special exploring the history of the heroic women artists, explorers and scientists that helped forge the way that we see the world around us! Drawing from both the rich history of female presence, Botanical Art as well as the inspiring stories of women botanical explorers through the ages, this class will be an incredible opportunity to immerse yourself in the work of artists such as Maria Sybilla Merian, Marianne North, Rachel Ruysch and others. The session will comprise a short visual lecture during which you will be able to make quick sketches if you choose from your own collection of plants or found leaves and flowers. Then students will be led in some basic watercolour techniques and exercises to help you create your own botanical paintings.

Venue: Virtual Event



Jan 10 Colon Cancer Awareness Virtual Run

Do you know that colon cancer cases are increasing among adults from the age of 25 to 45? Many people ignore their symptoms and visit their doctors when the cancer has reached an advanced stage. In remembrance of actor Chadwick Boseman who lost his battle to colon cancer, run this marathon and help spread awareness about colon cancer.

Venue: Virtual Event



Jan 15 to 17 N2 By Lu Wit Chin and James Kan

"It all started back in 2004, when we first danced together, if not NOW... when will it be?" N/2 is the much-anticipated double bill dance performance by James Kan and Lu who are no longer unfamiliar for their respective full-length solo dance performances. James and Lu are now seeking for a new perspective under the new norms and handling both the choreography and performance. They are driven to make the double bills as they first started dancing together 16 years ago.

> Venue: Venue, Blackbox, DPAC Ticket: RM 88



MUST VISIT ART GALLERY



KL LIFESTYLE ART SPACE

KL Lifestyle Art Space (KLAS) is an art gallery that boasts modern and contemporary artworks from Malaysia and around the region. Through its gallery, KLAS intends to inculcate awareness about Malaysian artists and their works. This establishment will also provide the service of receiving consignments from artists or individual collectors, thereby making their artworks available to interested parties. Today, KLAS is one of the leading auction houses in Malaysia that sells high volumes of prized artworks during every auction.



FOR ENQUIRIES CONTACT INFO@MEDIATE.COM.MY T: +6019-333 7668 FREE ADMISSION

FOR MORE INFO VISIT WWW.KL-LIFESTYLE.COM.MY 31 JALAN UTARA, 46200 PETALING JAYA, SELANGOR

What's Happening in January



Jan 15 to 17

Romantic Jazzy Date Night : A tribute to evergreen love songs

"A Romantic Jazzy Date Night" is a tribute to evergreen romantic jazz tunes enjoyed by music lovers for generations. With masterpieces such as "Sway", "Fly Me to the Moon" and "Getaran Jiwa", this will be a special night to relax and unwind to some of the greatest hits by best known talents in the industry. Led by Jerome Quah from the Northern Jazz Unit and accompanied by musicians of the Penang Jazz Society, the concert will feature Kirana Kay from Kuala Lumpur as the vocalist, jazz veteran Mr. Lee Chong Heen on the vibraphone and Cikqu Zaki on bass.

Venue: Stage 2, Performing Arts Centre of Penang (penangpac) Ticket: RM45

Jan 16 Jay Chou Carnival World Tour — Kuala Lumpur

Jay Chou, Asia's Mandopop King is returning to Malaysia with his new concert world tour this Jan 16. While this isn't the Taiwanese singer's first gig in Malaysia, it will be his first time performing at the country's National Stadium. His upcoming 8th concert tour promises to be a memorable one as it celebrates the singer's 20th year in the music industry, during which has released 14 albums and more than 150 songs, as well as held 7 sold out world tour concerts.

Venue: Dewan Filharmonik Petronas Tickets: RM94 to RM188

What's Happening in January



Jan 22 to 24 All About Letchumi @ Cinta Terhalana

People say true love ends in heaven, but not all love stories lead to marriage. The love affair of Letchumi and Meon is similar. When Letchumi's brother accepts the proposal of a politician to have Letchumi's hand in marriage out of greed, Meon, who is heartbroken, goes on a rampage demanding Letchumi's love be returned to him. In the midst of the chaos, Letchumi disappears. Will Letchumi ever return to Meon, or will a new man fill the void space of her heart?

Venue: Stage 2, Performing Arts Centre of Penang (penangpac) Tickets: RM35



Jan 28

Monthly Wellness Wednesday: An Hour for You & Your Wellbeing

Now more than ever we need to maintain, or ramp up our self-care regimens. Join the Talbott Recovery online once a month for a Wellness Wednesday - an hour devoted to learning about different components of wellness. Share this with your colleagues and clients. Each month will focus on a different aspect of wellness, i.e. Physical Health, Spirituality, Social Health, Emotional Wellbeing, etc.

Venue: Virtual Event

Jan 28

Thaipusam

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or ramp up our self-care regimens. Join the

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different aspect of wellness, i.e. Physical

Health, Spirituality, Social Health, Emotional

Wellbeing, etc.

Virtual Tours



Le Musee du Louvre

If you always had a dream to visit Paris, especially the Louvre, now is the time to travel virtually. Feel like you're walking through its hallowed halls and view the multitude of fantastic collections online, thanks to a variety of virtual tours on the museum's website. The Egyptian Antiquities tour, for example, showcases the Pharaonic period collection while the Remains of the Louvre's Moat shows the museum's past as a fortress.

louvre.fr/en/visites-en-ligne



grounds.



MUST VISIT PUBLIC ART GALLERY



ILHAM GALLERY KUALA LUMPUR ILHAM is a public art gallery committed to supporting the development, understanding and enjoyment of Malaysian modern and contemporary art within a regional and global context.



LEVELS 3 & 5, ILHAM TOWER, NO 8, JALAN BINJAI, 50450 KUALA LUMPUR

OPENING HOURS TUESDAY - SATURDAY (11AM - 7PM) SUNDAYS (11AM - 5PM) CLOSED ON MONDAYS AND PUBLIC HOLIDAYS

Tantalise Your Senses

Get some fresh air - virtually, we mean - at the Big Apple's iconic Central Park. One of the world's most beloved public spaces, this bounteous park is located in midtown Manhattan. Thousands lounge on its green grass on warm days and walk on the forestlike paths of the Ramble. Other attractions here are the Alice in Wonderland statue and an outdoor theatre dedicated to John Lennon. The virtual tour will walk you through the popular sites at Central Park as well as highlight important events that took place on its

youvisit.com/tour/centralpark

EMAIL: INFO@ILHAMGALLERY.COM (FREE ADMISSION)

Virtual Tours



George Peabody Library

Formerly the Library of the Peabody Institute of the City of Baltimore, the library's collection dates from the founding of the Peabody Institute in 1857. The library building opened in 1878 and was designed by Baltimore architect Edmund G. Lind, in collaboration with the Peabody Institute's first provost, Dr. Nathaniel H. Morison. The stack room contains five tiers of ornamental castiron balconies, which rise dramatically to the skylight 61 feet above the floor.

The library contains 300,000 volumes, mainly from the 19th century, with strengths in religion, British art, architecture, topography and history; American history, biography, and literature; Romance languages and literature; history of science; and geography, exploration and travel. The five-tier George Peabody Library is considered so beautiful that sometimes weddings are held in its Neo-Greco atrium. It was also funded by American financier and philanthropist George Peabody.

artsandculture.google.com/story/hAUB7xhL5zT9rg



National Marine Sanctuaries

Immerse yourself in the ocean and national marine sanctuaries without getting wet! These virtual reality voyages use 360-degree images to highlight the amazing habitats, animals and cultural resources you can find in each national marine sanctuary.

sanctuaries.noaa.gov/vr/





British Museum

This national museum stunned the public when it opened its doors in 1759 and it is still the most famous museum in London today, receiving around 5.8 million visitors annually. Some of the venue's more notable exhibits include controversial Parthenon sculptures, the Rosetta Stone and Sutton Hoo Ship Burial relics.

On a virtual tour of this renowned museum, prepare to be astounded by beautiful graphics. There are also cool interactive features such as a musical auide to the world.

britishmuseum.withgoogle.com



National Palace Museum

This world-class museum in Taipei houses nearly 700,00 ancient Chinese imperial artefacts and artworks, easily making it one of the largest of its kind in the world. Some of the exhibits are kept by generations of Chinese emperors. Designed in the style of a Northern Chinese palace, the museum is a must-visit for travellers to Taipei. With the virtual tour, you can see a rich media presentation of some of the museum's past and current exhibitions.

tech2.npm.edu.tw/720vr/museumen/views.html)

MUST VISIT MUSEUM



SASANA KIJANG GALLERY

BANK NEGARA MALAYSIA MUSEUM AND ART GALLERY

The Art Gallery provides a rotating display of the Central Bank of Malaysia's art collection. Selected paintings, prints, drawings and sculptures which chart the nation's milestones and highlight the Central Bank's support for the arts include works by early masters such as Hossein Enas and Yong Mun Sen, continuing up to the present day.

THE NAUTILUS ICON

One of the most striking features in Bank Negara Malaysia Museum and Art Gallery is the Nautilus Staircase that begins from the lobby and links every floor. This structure is the inspiration for the main graphic icon. The icon is actively applied and prevalent across all of Bank Negara Malaysia Museum and Art Gallery's communications material.



Guggenheim Museum, New York

The unique corkscrew design of New York's Solomon R. Guggenheim Museum means that visitors can journey up its spiralling ramp and view its collection of art in one continuous, unbroken journey, virtually.

artsandculture.google.com/ project/guggenheim-bilbao

SASANA KIJANG, 2 JALAN DATO' ONN, 50480 KUALA LUMPUR

EMAIL: INFOMUSEUM@BNM.GOV.MY (FREE ADMISSION)

OPEN DAILY FROM 10AM TO 6PM. CONTACT: +603 9179 2784

KL Lifestyle Recommends MOVIES TO LOOK FORWARD TO IN 2021



MORBIUS

One of Marvel's most compelling and conflicted characters comes to the big screen as Oscar® winner Jared Leto transforms into the enigmatic antihero, Michael Morbius. Dangerously ill with a rare blood disorder, and determined to save others suffering his same fate, Dr. Morbius attempts a desperate gamble. What at first appears to be a radical success soon reveals itself to be a remedy potentially worse than the disease.

Genre: Action, Adventure, Science Fiction Cast: Jared Leto, Matt Smith, Adria Arjona, Jared Harris, Ad Madrigal, Tyrese Gibson.

NO TIME TO DIE

In No Time To Die, Bond has left active service and is enjoying a tranquil life in Jamaica. His peace is short-lived when his old friend Felix Leiter from the CIA turns up asking for help. The mission to rescue a kidnapped scientist turns out to be far more treacherous than expected, leading Bond onto the trail of a mysterious villain armed with dangerous new technology.

Genre: Action, Thriller Cast: Daniel Craig, Rami Malek, Léa Seydoux, Lashana Lynch, Ben Whishaw, Naomie Harris, Jeffrey Wright.

A QUIET PLACE PART II

Following the deadly events at home, the Abbott family must now face the terrors of the outside world as they continue their fight for survival in silence. Forced to venture into the unknown, they quickly realise that the creatures that hunt by sound are not the only threats that lurk beyond the sand path.

Genre: Horror

Cast: Emily Blunt, Millicent Simmonds, Cillian Murphy, Noah Jupe, Djimon Honsou, John Krasinski.



TOP GUN: MAVERICK

Pete "Maverick" Mitchell keeps pushing the envelope after years of service as one of the Navy's top aviators. He must soon confront the past while training a new squad of graduates for a dangerous mission that demands the ultimate sacrifice.

Genre: Action, Adventure, Drama

Cast: Tom Cruise, Val Kilmer, Miles Teller, Jennifer Connelly, Glen Powell, John Hamm, Ed Harris.

AMBER CHIA Model Maven

BY HIRANMAYII MOHANAN

Amber Chia's career started with a dream — a dream to be a model. Armed with a fervour for modelling, she stepped out of her comfort zone and made a bold move, moving from the small town of Tawau in Sabah to the city of Kuala Lumpur. Then, she participated in a Guess campaign that changed her life forevermore. She became a supermodel from sheer passion and perseverance. She has since expanded her career as an actor, brand ambassador, an entrepreneur upon the establishment of the Amber Chia Academy and the organiser of Face of Asia Pacific. For the Icon edition, it was only fitting that we invite this maven to grace our cover and reflect on her journey thus far.





TELL US SOMETHING PEOPLE WOULD BE SURPRISED TO LEARN ABOUT YOU.

I believe that people would be surprised to know how friendly I am, how good is my EQ and how much passion I have for fashion. I would say I'm pretty lucky that I have a group of friends who love me and whom I love too. People who don't know me would probably assume that just because I'm a model and celebrity, I'm unfriendly.

HOW DID YOUR MODELLING CAREER BEGIN AND WHAT HAVE YOU LEARNT FROM IT?

My modelling career started when I was 17 and it has been my lifelong dream. One big lesson that I've learnt is that if you never give up, one day, you will realise your dreams and this applies to anything that you want to achieve in life. It doesn't matter how many challenges that come your way, you have to remain steadfast in chasing your dreams. Believe me, your dreams will come true.

WHAT ARE SOME OF THE PROUDEST MOMENTS OF YOUR MODELLING CAREER?

I think that I wouldn't have been able to achieve my dream if I hadn't taken the first step — to move from Tawau, Sabah to Kuala Lumpur. Before I came to KL, I was helping my father, who was a fishmonger. I think that was the proudest moment for me —that I moved from a small town to a big city. In 2003, I joined the Guess model search, got selected and managed to prove to everyone that if you never give up, your dreams will be realised. It was a proud moment as well as I was the first Asian model to become a Guess ambassador. These are the two moments that hold a special meaning to me and one I will never forget.

YOU HAVE WORKED WITH A LOT OF BRANDS. WHAT MADE YOUR COLLABORATION WITH GUESS SPECIAL?

Well, to be honest, without my collaboration with Guess, I wouldn't be able to be where I am today. I wouldn't be able to travel the globe and people wouldn't even know who Amber Chia is without Guess. After winning the Guess ambassador title, they brought me overseas which catapulted my career as a model, in various countries. The brand will forever hold a special place in my heart.

WHAT WAS IT LIKE BEING A MALAYSIAN MODEL IN NEW YORK CITY?

I was in New York for two years, from 2006 to 2008. It was a great experience for me and today, I miss it. That said, it wasn't easy as well because back then, there weren't many Asian models so I had to work extra hard. I was surprised to experience many assignments then lots of casting calls and confirmed modelling gigs. I was surprised that I was selected as the first Asian model for Victoria Beckham's fashion campaign during New York Fashion Week in 2007. I also did various commercials and campaigns during my time. I was initially worried before moving to New York but with hard work and persistence, I'm proud that I achieved a lot during my time there.

WHO ARE YOUR BIGGEST STYLE ICONS?

I remember back in 1999 going on 2000 when I first stepped into the modelling world, there was an Asian model named Ling Tan and she was thriving in New York. She was my style icon - I loved her style and I think she is someone we should be proud of because she was the first Malaysian model to move to New York City. Another icon whom I've loved since I was young until today is Angelina Jolie. She has class, she is beautiful, she has her own style and personality, and what's more important is her contribution to society and the world is amazing.

WHAT IS THE SECRET TO YOUR SUCCESS?

I think having a good attitude and passion is very important for all industries. When I talk about a good attitude, I mean having the willingness to learn, professionalism and know how to you carry yourself. To be successful, you have to have passion because success doesn't happen overnight, it will take time. So, a burning desire to be successful will motivate you to achieve your goals.

WHAT IS YOUR ADVISE TO ASPIRING MODELS OUT THERE?

Well, for aspiring models, my advice is stop thinking, just get out there and chase your dream because if you keep thinking and don't put any action into it, your dream won't materialise. The modelling and entertainment industries are constantly seeking young aspiring models so if modelling is your dream, take the first step; get out of your comfort zone. At Amber Chia Academy, our doors are open and ready to welcome you too. Unlike today, when I was starting out, things were a lot harder as there was no Google, no Internet or modelling academy to help me out. The world we live in today, where information and everything is at your fingertips makes it much easier for aspiring models. I hope to see them on the runway and in the industry.

TELL US ABOUT AMBER CHIA ACADEMY AND WHERE DO YOU SEE IT IN 5 YEARS?

When I opened the Amber Chia Academy a decade ago, my goal was to help those with similar dreams as mine and give them a hand. After so many years, I'm blessed and proud to have students that have gone on to do very well and that's why our hashtag is academy of winners. Hopefully in five years, we would produce even more winners and offer courses for creative presence because when I established the academy, I believed that not everyone could do well in theory, so if they're not, they can be like me and excel in the entertainment industry.

IT'S NOT EASY JUGGLING MOTHERHOOD, MODELLING AND YOUR ACADEMY. HOW DO YOU STRIKE A BALANCE? Well, I always believe that life is about give and take so to do something more, you've to give something up, hence balancing is very important. It really depends on what kind

of life you want for yourself. For me, having a balance is very important — like a triangle, all parts are equal and balanced in terms of family, motherhood and business. Having good health is also important because with good health, you have the physical ability to carry out whatever you want to.

WOULD YOU ENCOURAGE YOUR SON ASHTON TO FOLLOW IN YOUR FOOTSTEPS?

It really depends on whether it's something he likes and wants to pursue. Whatever it is, I would definitely support him. Although, I do feel like Ashton is leaning towards being a gamer. It doesn't matter what he does, I will support him. I hope he contributes back to society in the future.

WHAT'S YOUR FAVOURITE ACTIVITY WITH ASHTON?

I always look forward to having a pillow talk with my son where he shares everything that happens in school, about his friends and his thoughts. So yeah, this is what I look forward to every night.

YOU LOOK THE SAME AS YOU DID WHEN YOU WERE 20. WHAT IS YOUR SKINCARE TIP?

I always believe that in order to look good, you have to lead a good lifestyle — feeding your body with good nutrients, being physically active and having a positive mindset. When you look good, you feel good and it translates on the skin. If you want to look good, you need to put in the effort.

WHAT ARE YOUR THOUGHTS ON SOCIAL MEDIA AND HOW IMPORTANT HAS IT BEEN FOR YOUR CAREER?

Yes, definitely. Social media plays a big part in all industries, especially entertainment. If it weren't for social media, I don't think I would be able to continue my career today. I always tell friends around me that it's important to adapt to the changes happening in the world, social media being one of them. Accept the world of social media, learn from it and assimilate.

ANY PROJECTS THAT YOU'RE CURRENTLY WORKING ON OR ARE IN THE PIPELINE?

Due to the pandemic, we have been transitioning some things online, as well as the courses. I'm the organiser of Face of Malaysia every year and because of the pandemic, we are moving it online. I'm waiting for the pandemic to pass because I still believe that the human touch is important. I hope that we can go back to things as they were before COVID-19. Right now I'm busy juggling motherhood, business and small online business as well. We're also offering new courses such as the Influencer's course at Amber Chia Academy and would be offering more courses in the future. I would like to take this opportunity to thank all my supporters without whom I wouldn't be where I am today — my family, friends and fans. Last but not least, although 2020 was a challenging year, we have learnt something from it and move forward to this new year with new hope and positivity.





NEW YEAR, NEW ME

Following Through Your New Year's Resolutions

BY HIRANMAYII AWLI MOHANAN

$R^{1}E^{1}S^{1}O^{1}L^{2}U^{2}T^{3}I^{1}O^{1}N^{1}S^{1}$

As we bid adieu to the turbulent year of 2020 and brace ourselves for the New Year, it's that time again when we set goals and resolutions - to be better. Most of the time, the enthusiasm we have when setting these goals tend to dissipate and eventually, our resolutions fall through by mid-year. This is where we come in. We have curated some tips and tricks to hold you accountable to your resolutions and most importantly, help you follow through.

#1 PICK REALISTIC GOALS

Instead of picking an extensive area of your life to change, pick one realistic goal, be it small or big. This gives you assurance and the confidence that you're able to follow through your resolution. Choosing a concrete, achievable goal gives you the opportunity to plan your method of executing your goal throughout the year. For example, you want to avoid setting resolutions like hiking up Mount Kinabalu when you haven't hiked a day in your life. A more realistic resolution would be to hike up Bukit Gasing, an easier and achievable goal.

#2 TAKE BABY STEPS

Take it one step at a time. Making a drastic change is one of the common reasons why many New Year's resolutions tend to fail. Instead of dramatically cutting your calories and start working out 2 hours a day at the gym, start small and work your way up. For example, if you're one who eats rice everyday in the week, try reducing it to 5 days in a week and reducing your portion. Once you're comfortable, at your own pace, reduce the rice intake even further.

#3 LEARN FROM PAST MISTAKES

If you know a resolution in the past didn't work out for you, choose a different one. If you do end up choosing the same resolution, analyse the past results to determine an effective strategy and the impediments that kept you from achieving your resolution. By changing your approach, you are likely to see real results this new year.

#4 REAL CHANGE TAKES TIME

Our mind is like a rubber band - you can stretch it temporarily but it snaps back to a resting position. We resist change. So, to adopt a new 'you', or change a habit, you must take your time, work through foundational struggles and allow your body and mind to adapt to a new equilibrium over time

#5 GET SUPPORT FROM YOUR FRIENDS AND FAMILY Who better to lean on and to help motivate you than your family and friends? Having someone cheer you on is the biggest motivator and will help you stay accountable and in result, see your resolution through. For example, if your New Year's resolution is to be healthier and more active, get a friend to do the deed with you.

#6 SETBACKS ARE PART OF THE PROCESS

Setbacks are part of the journey to self-betterment and you shouldn't feel demotivated by these. Adopt an optimistic perspective and keep moving forward. If you find yourself suddenly relapsing into old habits, don't take it as a failure, rather,



journal about it. You might find it helpful to note information about when the relapse occurred and what could be the trigger factors. By comprehending the challenges you face, you will be better prepared to deal with them in the future.

#7 PLAN REWARDS

Another tip to follow through your resolution is to plan small rewards to keep yourself motivated and to get through the hard days. After that, you can probably reward yourself once a week with a magazine, a call to a supportive friend, a siesta, a movie binge or whatever your vices may be. Eventually, the rewards can be monthly and towards the final leg of the journey you can pick an anniversary reward for keeping to your resolution - you have earned

SHIFT THINGS UP

21 mindset shifts this 2021

BY AGNES AUI

It's that time of the year again - when New Year's resolutions are being listed down in a to-do list that will find itself propped comfortably on your vanity table or work desk. From losing weight and exercising more to focusing more on yourselves and being kind to the people around you, no matter what your New Year's resolutions are, the most important thing is your determination and patience in achieving them. Many of us tend to only have the drive for at least a month. Then, we'd forget all about it and get on with our usual routine. This commonly happens because we don't make changes to our mindset, we only list out goals. But did you know that sometimes, in order to achieve these goals, we'd need a shift in mindset? If you're struggling with this, here are 21

mindset shifts to instill in order to achieve everything you want this 2021.

#1 Define your vision and take your time with it

If you don't see ahead, then there's no vision at all. Your vision has to be clear, honest and complete. Just remember to take your time with it and not rush.

#2 Be clear and precise

People are typically vague, they don't know what they want exactly. When it comes to achieving goals, you have to be clear and precise on what you want.

#3 Reinforce your motivation

We tend to lose momentum after having a short burst of motivation. So, it's important to keep reinforcing your motivation throughout the year. Think of what it would feel like when you achieve your goal.

#4 Make a plan and set a start date

Get real and get started with a plan to achieve your New Year's resolutions. List down what skills you would need, how long it would take and record your day-to-day achievements to keep track.

#5 Embrace discipline

If you want to master something, you have to be consistent and disciplined. Don't allow yourself to slack and make sure you get something done every single day.

#6 Take three small steps towards your goal everyday

A little goes a long way and by making seemingly small actions, you'll plant achievements in your consciousness. In time, these small actions will grow into something bigger and better.

#7 Work on your beliefs

Beliefs drive perceptions, perceptions drive habits, and habits drive actions and success. Beliefs can be worked on through meditation, journaling and creative visualisations.

#8 Make personal development a priority

The only way to embrace change and manage the inevitable stress that comes with achieving your goals is to work on your own development. So, meditate, do yoga or anything else that will help.

#9 Believe in what is possible

If you don't wholeheartedly believe you can achieve something, it just won't happen. Which is why if you want to achieve anything, you first must believe that it's possible.

#10 Think positive

Shift your "what's the worst that can happen?" to "what's the best that can happen?". Stop living in fear and start living in the possibilities.

#11 Focus on your long-term vision

You must embrace that the changes that come with achieving what you want may be uncomfortable, but once you look beyond that, your long-term goals become more real.

#12 Keep it simple but specific, and work from there

Keep your goal simple and grow it further down the road. Set a certain standard that you want to live by this year and let that be your guide moving forward.

#13 Have positive intentions

Rather than setting unrealistic resolutions that come with a set of rules focused around negativity, prioritise your health by setting positive intended goals that support a healthy lifestyle.

#14 Avoid striving for perfection

While it's important to set goals that you can actually keep, it's also unfair to think you can always be perfect. Instead, try your best to achieve your goals and keep going if you've failed once.

#15 Know your tendency

Understanding your tendency helps create situations in which you will thrive and be successful, rather than mimicking someone else's success and feeling discouraged when it doesn't work the same for you.

#16 Have some fun

It's good to be serious when it comes to achieving what you want. But it's also good to add some fun in the way you do things. Just remember to take care of yourself while achieving your goals.

#17 Know your why

When you set a goal, there always has to be a reason behind it. Know the reason behind it and keep it at the back of your mind to motivate you whenever you feel like giving up.

#18 Say no to procrastination

Procrastination is one of the main reasons why many do not achieve their goals. They don't feel like doing it now so they'll do it later and in the end it doesn't get done. So this year, say no to procrastination.

#19 Enjoy the process

Instead of thinking it as a chore, enjoy the process of getting things done and achieving your goals. The faster you shift to this mindset, the faster you'll see your goals flourish.

#20 Be creative

Achieving goals doesn't have to be done in a certain way. Be creative with the way you do things and you'll realise that people can learn from you too.

#21 Keep learning

Life is all about learning so don't let age or position stop you from receiving opinions and advice from others. The more input you get, the more you're exposed to ways to achieve your goals.





Sala KL

BY HIRANMAYII AWLI MOHANAN

Sala, a word that translates to 'slavar a los animales (save the animals)' in Spanish is a vegan-slanted and environmentally-sustainable restaurant which champions clean and green twists to famous food staples like the Nasi Lemak.

From its menu, General Tso is a clean, comforting bowl of hericum mushroom served with cilantro brown rice, steamed broccoli and garnished with a drizzle of sriracha sauce for that sweet and spicy notes - an interpretation of the classic Chinese American takeout dish made vegan. Sala's homemade Falafels works as an appetiser to whet the palate or a meal on its own. It is addictive, boasting a melt-in-your-mouth consistency and tastes divine especially when dipped in hummus, tahini and harissa sauce.

It comes as no surprise that Sala, whose owner is a true blue Malaysian would offer Nasi Lemak on its menu. The Nasi Lemak here features coconut rice at the centre of the plate, encircled by homemade sambal served with tempeh. mushroom rendang and cucumber slices along with roasted peanuts.

On Fridays, Sala doles out the hearty and warming Bakso - an Indonesian meatball soup dish which is traditionally made from beef. At Sala, the broth is made from pure vegetables while the 'meatballs' are made from mushroom and served with meehoon, tofu and tempeh, along with two spicy sauces for a piquant kick.

Sala KL *Vegan *Casual dining (pork free) Lot 32G Jalan Doraisamy, Chow Kit 50300 Kuala Lumpur. Tel: 011- 39903021

Japas by Jeff Ramsey

BY HIRANMAYII AWLI

Michelin-starred and venerable Chef Jeff Ramsey strikes again and this time. through his new restaurant, Japas. The interior here is shaped by a panoramic backdrop of the Kuala Lumpur skyline and greenery-filled artistic ambience. Here, one relishes in Japanese tapas, where Chef Ramsey marries progressive Japanese cuisine with a modern edge that reflects the vibrancy and fun Japas wants to share with its diners.

Expect a menu of small share plates and large format dishes where the chef weaves in his expressions and storytelling through his creations. The Smoked Ikura Tartlette is such example — a vibrant orange hued marinated salmon roe on fromage blanc cupped in a paper-thin tart shell with fragrant vuzu zest. The tartlette is presented under a cloche where it is smoked with 1,000 year-old cedar wood to tickle your senses.

Unassuming in presentation, the Beef Tartare, an original recipe inspired by the Korean Yuhkoe unveiled a playaround of textures and hand-chopped Bavette steak featuring Asian pear for a fruity and textural contrast, while the aioli packed a bold and flavourful punch to the dish.

From the small sharing plate segment, Tuna Tataki stood out for its fresh, Japanese blue fin tuna which is lightly seared, drizzled with ponzu and garnished with chilli radish, Kaiware sprouts, spring onion and mayu (black garlic oil). Needless to say, the dining experience here was a beautiful and delectable adventure.

Japas by Jeff Ramsey 11th Floor, WORK@Clearwater, Changkat Semantan, Damansara Heights 50490 Kuala Lumpur Tel: 013-209 1330



Playground Coffeery

BY HIRANMAYII AWLI MOHANAN

Veiled by a yellow façade, Playground Coffeery is hard to miss and adds a dash of vibrance to the Taman Melawati locale. The offerings here go beyond coffee and cafe fare, to a watering hole where friends, family and couples can convene. Settle down on the daybed by the window or simply sit at the book bar to bask in the ambience.

Playground Coffeery serves up a melange of comforting fare, for lunch and dinner, evident with the Orange Fish. This is a well-balanced and indulgent breakfast comprising two heart-shaped waffles, pan-fried salmon with dried herbs, sunny side up eggs, sautéed mushrooms and a salad comprising iceberg lettuce, shredded carrot, homemade breadcrumbs and drizzled with a creamy sesame dressing.

For a sweet breakfast, we suggest opting for Play's Waffles and more specifically. The Brown Elephant and Spotted Jellyfish. Both artistically presented. the former is a decadent medley of sliced banana, peanut butter and garnished with chocolate chips while the latter brings a smile to the face with perfectly lined strawberries, crushed walnuts, a drizzle of chocolate sauce and maple syrup.

Onto our drinks recommendations, coffee is the natural choice, especially given its alluring coffee machine with Indonesian beans. Stray away from the norm and indulge in the likes of the Rose Latte, garnished with rose petals and sweetened with rose syrup - such feminine flavours.

Playground Coffeery *Cafe fare *Casual dining (pork free) 19 Jalan E-1Taman Melawati, 53100 Kuala Lumpur. Tel: 03 48214522

VCR Stacks

BY HIRANMAYII AWLI

VCR Stacks is the latest addition to the VCR umbrella, purveying a streamlined menu of sourdough sandwiches and coffee. This reputable cafe, housed in Shoplex Mont Kiara, roasts its own beans and bakes high-quality sourdough bread.

Inside, an ambience of warmth, cosiness and minimalism greets you, along with glass windows that allow plenty of natural light in and black accents blend in with the wooden floors and furniture. You'd also find thoughtful touches such as power points for charging and handbag hooks that really contribute to the offerings at VCR Stacks.

While one might find waffles and granola bowls, the heart of the menu remains sandwiches. Egg lovers will appreciate the mammoth, that is the Egg Sando an alluring, soft-boiled egg mixed in with sliced egg mayo, chives, celery and dill

mouthful was a burst of flavours and subtle chewiness that we kept digging into.

With consideration to the vegetarian community, the Zen Stacks was born. Aesthetically-pleasing in its own right, this sandwich comprises halloumi, pesto hummus which is homemade, portobello mushrooms, tomato for that subtle peek of red and arugula – all on rye sourdough bread. Not only is this packed with nutrients, it's loaded with harmonious flavours too. The sandwiches can be paired with VCR Stacks' excellent Cappuccino, Cold Brew or a kombucha for non-caffeine drinkers.

VCR Stacks *Sandwiches *Comfort food (pork free) Unit 15-0-5 Shoplex Jalan Kiara, Mont Kiara, 50480 Kuala Lumpur. Tel: 03 58804834









Chica Bonita Mexican Kitchen and Bar

BY HIRANMAYII AWLI MOHANAN

Chica Bonita Mexican Kitchen and Bar, the recent addition to Klang Valley's thriving food scene, embodies all the hallmarks of a contemporary Mexican spot — vibrant interior, sugar skull murals and upbeat Latin numbers playing in the background. The playful colours and ambience are contagious, rendering us energised and enthused.

The fare here slants towards Tex-Mex, so expect the likes of nachos, burritos and enchiladas to name a few. When in doubt, start small with the Elote — a street snack which is essentially corn on the cob sprinkled with chilli tajin, crushed cheese and served with fresh lime. Together, they create a crunchy bite of tart and spice.

Tacos are crowd favourites, especially the Pescado Tacos which see crispy battered fish seasoned with pico de Gallo, sriracha menu and complete with a pickled red cabbage. It's noteworthy that Chica Bonita caters to vegetarians, offering options such as mushroom, pumpkin or bean tacos, the Garbanzo y Maiz Burrito Chingon — a chunky roll robust with chickpeas, corn, lettuce, pico de Gallo and guacamole. For dessert, the Tres Leches is a must. It's crafted from sponge cake soaked in condensed, evaporated and cream milk, topped with charred pineapple and whipped cream.

Chica Bonita Mexican Kitchen & Bar *Mexican cuisine *Casual dining (pork free) Lot 34, Level G2, Block C5 Publika Shopping Gallery, Solaris Dutamas, 50480 Kuala Lumpur. Tel: 017-4052279

Osteria Gamberoni

BY HIRANMAYII AWLI MOHANAN

Armed with age-old family recipes, Osteria Gamberoni's head chef, Daniele Ponzani brings Italy to Malaysians through handmade artisanal pizzas, fresh pasta made daily and locally-sourced seafood. Here, a modern Italian kitchen's menu is inspired by heritage fare from the coastal regions of Italy.

Rightfully, the dining experience should commence with an antipasti — the traditional first course of a formal Italian meal. The Selezione di Antipasti and Caprese di Bufala are among the selection for those who love to share. As aforementioned, Osteria Gamberoni makes its own pasta daily, from gnocchi to tagliolini. The Tagliatelle Bolognese was of the perfect consistency, packed with the freshest ingredients and herbs utterly addictive. The Ravioli with stuffed ricotta and spinach, asparagus strewn about in a classic butter sage sauce was comforting and divine, each bite more fulfilling than the other.

When in Italy, or Osteria Gamberoni in this case, you should do as the Romans do — by ordering pizza. Among the mix, the Boscaiola was potent with piquancy, topped with slices of duck sausage on a bed of mozzarella and scamorza cheese. To top it all off, the interjection of crispy yet chewy dough contributed to the authentic experience.

Osteria Gamberoni *Italian cuisine *Casual dining (pork free) 17 Jalan Yap Ah Shak 50300 Kuala Lumpur. Tel: 03 26029727



Nippori Bistro

BY HIRANMAYII AWLI MOHANAN

Standing tall in the industrial locale of Seksyen 51A locale is Nippori Bistro. The sister restaurant to Haraju Cube and Nippori takes abode in a whitewashed building with distinct signage. Inside, a bounteous space of tatamistyled seating and tables and chairs spread across the space. A huge rendition of the Mona Lisa holding a wine glass embellishes one part of the wall while the rest of the interior sees minimalism at its best. Nippori Bistro evokes a modern, Japanese fusion focused menu with extensive offerings for even the discerning palates.

Whet your appetite with half a dozen fresh oysters layered with oroshi ponzu sauce and lemon to cut off the taste of the sea. This Japanese method of savouring the oysters truly awakens the palate. Then, order the Unstoppable Avo finely-cut crab meat mixed with avocado and mayonnaise for creaminess, along with wasabi for a gentle kick, creating a unique taste profile. Topped with tobiko and spring onions, the only way to relish this is to wrap a helping of the Unstoppable Avo into crispy seaweed and enjoy.

Palates now awakened and hungry for more, progress to heavier dishes like the homemade pizzas, especially the Smoked Duck Pizza. A thin crust forms a bed which is then layered with smoked duck, sliced mushrooms, cottage cheese, tomato, freshly grated parmesan and mozzarella shavings. The result — a harmonious platter of sweetness, smokiness and cheesiness.

The Deep Sea Kombu arrived, boasting a medley of seafood including mussels and clams. Underneath lay an al dente spaghetti cooked in a heavy cream sauce and melted deep seaweed (kombu) base, garnished with crispy seaweed atop. Each mouthful revealed layers of deliciousness that we couldn't resist. This comforting creation is a testament to the talents of the chef. For a rice option, the Flying Salmon Don is a stellar choice, still exuding comfort as the rest of the dishes at Nippori Bistro do. Interestingly named, this is crafted from chunks of salmon belly doused in homemade teriyaki sauce, ikura, tobiko and garnished with spring onion and seaweed — simple yet packed with umami.

For dessert, choose from the array of homemade delights on display or stick to the Japanese theme and order the Bana Choco Toast — a popular dessert in The Land of the Rising Sun. It sees crispy honey toast served with hot banana drizzled with chocolate sauce and on the side, fresh cream and vanilla ice cream to seal the deal.



Hinode Bento

BY HIRANMAYII AWII MOHANAN

Forged by the same team behind Rinjin Shokudo in Bukit Jalil comes a new restaurant that doles out Japanese bento contained in a sustainable wooden packaging — Hinode Bento. With a namesake that translates to sunrise,

one can expect, fresh and delectable ingredients sourced from Japan and locally – all set on a bed of Japanese rice that almost feels like it's prepared by a mum.

Each bento box which is made from onetime-use wooden material, is designed with consideration for the environment and convenience in mind, especially for the busy metropolitans or as a delicious

gift for a dear one. For something a little indulgent, you can't go wrong with either the Bara Salmon Don or Bara Unagi Don. The former is pleasing to the eves and palate, featuring a medley of salmon sashimi cubes with tobiko (flying fish roe), kani (crab stick), tamagoyaki and kyuri (Japanese cucumber) on Japanese white rice

The Nori Sake Ben is loaded with umaminess from the salmon flakes with nori (Japanese seaweed), paired with Gobo Maki (burdock roll), sweet beans and fresh tomato slice as accompaniment. Lined as neat as the Japanese train bentos, the Buta Soboro Don was simply and subtly flavoured, teasing the palate with soy marinade from the minced pork. The pairing of scrambled eggs and edamame posed a play of textures. Add on a cold yuzu tea and caramel pudding for a complete set.

Hinode Bento*Japanese *comfort food (Non halal) F-5-1, Pusat Perdagangan Bandar, Jalan Persiaran Jalil 1, Bukit Jalil, 57000 Kuala Lumpur. Tel: 016-327-9512



When visiting this burger haven, a must-try is the 'Not Your Typical Badboy' featuring beef patty, cheddar cheese, onions smothered in homemade garlic aioli topped with a sunny side up egg. The burger was absolutely moreish, as the patty was cooked to perfection and remained succulent while the burger buns were buttery and immaculately toasted. For an eccentric twist, opt for the eatery's unique add-on sauces such as rendang, salted egg, kam heong, cili gepuk, Indian-style butter and kuah kacang. One thing's for sure, these sui generis additions will guarantee an elevated dining experience.

'The Sataysfying Chick' is a playful take on the Malaysian favourite, satay. The chicken had a nice bite to it and was charred at the right spots while being generously coated in the iconic satay peanut sauce. For those with a large appetite, we recommend 'The Double Chick Banger', featuring a bountifu portion of buttermilk deep-fried chicken, grilled chicken ham, onion rings and homemade garlic aioli. No matter which burger you decide to indulge in during your trip to Badboys Burgers, rest assured that every item is handcrafted with utmost quality and love.

Badboys Burgers *Western cuisine *pork-free You Vista, VG-01 & VG-02, Jalan Persiaran You City, Taman Suntex, 43200 Cheras, Kuala Lumpur Tel: 016-868 6512

Willow Kuala Lumpur

BY HIRANMAYII AWII MOHANAN

With the believe that no idea is too wild, no spark too tiny and no dream is too great to aspire toward, Willow Kuala Lumpur was born. Its name, a derivative of the Willow warbler - one of the longest, migrating birds, proved to be the inspiration behind Willow Kuala Lumpur's fare, one that was crafted with unlimited freedom, thus offering an innovative menu. Crossing its threshold reveals an exquisitely designed interior of velvet upholstered chairs, an open bar, contemporary light fixtures and massive floral arrangement that cascades from above.

From its tantalising menu, the Somen allures with its simplistic beauty of neatly lined cold somen noodles garnished with the beautifully vibrant ikura, finished by theatrical pouring of dashi broth and lime that creates a flavourful moat. Together, these elements create a symphony of delectable flavours.

Order the Zitoni next - of pasta tubes concealing a medley of red snapper and Sabah clams sitting on a bed of celery, dill and garam masala sauce. Intriguing in nature, one wouldn't have thought that the matrimony of Indian and Italian influences could work as well as this dish. Beautifully textured, al dente pasta goes hand in hand with the robust, spiced flavours.

The Dessert Board is the perfect sweet ending to your delectable meal. A chocolate sphere commands attention, enveloped by strawberry espuma, vanilla ice cream, fruit mousse and meringue. Willow's dessert board is worth every calorie.

Willow Kuala Lumpur *Fusion *Fine dining (pork free) Level 8, W Hotel, Jalan Ampang, Kuala Lumpur Tel: 013-2350542



To start your meal, get the grilled chicken avocado and mango salad featuring juicy grilled chicken fillet, sweet mango and mesclun salad topped with thymeinfused balsamic reduction vinaigrette. You can also opt for a warm soup of the day if salads aren't really your thing. As for pastas, those who adore coffee can try the unconventional coffee roast chicken carbonara that's a medley of tender coffee roast chicken, spaghetti, egg-based cream sauce, parmesan cheese and basil-infused olive oil.

Seafood lovers, on the other hand, should try the seafood arrabiata featuring tiger prawns, sauid and black mussels. However, do note that this dish is spicy as it contains bird's eye chilli alongside homemade tomato sauce, parmesan cheese and basil-infused oil. Nevertheless, if pasta isn't exactly your favourite, try the pan-seared sea bass that's 250 gm of sea bass fillet served with sauteed green vegetables, homemade mashed potato, salsa verde and a butter dill reduction. The slow-cooked beef ribs, duck confit and truffle risotto are also other options worth trying.

Shimmer Shine Cafe 68, Jalan 52/4, Seksyen 52 Petaling Jaya, 46200 Petaling Jaya, Selangor Tel: 03 7931 0707

Badboys Burgers

BY AGNES AUL

Located right outside of You Vista Sales Gallery is Badboys Burgers, an eatery that just recently opened its doors to the public. Known as part of the Badboys Empire brand, Badboys Burgers specialises in some of the most unique and mouth-watering pairings with a cosy ambience fit for gatherings with family or

Shimmer Shine Cafe

BY AGNES AUI

Located in Seksyen 52, Petaling Jaya, is a minimalistic cafe that's a crowd favourite among those residing there. With marble walls and gold accents, Shimmer Shine cafe is a glimmering feast to the eyes. To make things even better, the cafe serves some of the most comforting and flavoursome bites in town.

DINING IDEAS



Barat

BY AGNES AUI

Lorong Kurau is known for having some of the best cuisines in town, and one that contributes to the myriad of flavours is a restaurant called Barat. Not only does Barat whip up some of the most delicious Mediterranean dishes, but they're all vegetarian as well, making it the ideal go-to spot for vegetarians or those who are looking forward to trying the diet out.

Barat's menu is a wide array of options with sections like soups, salads, sandwiches and burgers, homemade pizzas, tapas, cheesy delicacies, mains, party platters and more. True enough, you'll never run out of choices when patronising the joint for lunch or dinner.

Don't know where to start? How about ordering the homemade pizzas with distinctive pairings like the spinach and artichoke pizza featuring alfredo-based pizza with spinach, artichoke, black olives and jalapenos for that slight heat? The pizzas are then topped with mozzarella and baked and served piping hot.

For sandwiches and burgers, we recommend trying the Mediterranean veggie burger that features a hearty and wholesome potato pattie cutlet mixed with an array of vegetables. You can also opt for the falafel filled pita bread as opposed to the burger. The pita bread is stuffed with crispy chickpea balls and served with lettuce, tahini and ranch sauce for that added tangy kick.

Barat *Vegetarian Mediterranean cuisine *halal 17, Lorong Kurau, Bangsar, 59100 Kuala Lumpur Tel: 010-288 2654

PIZZA TOKYO

BY AGNES AUI

This cosy spot is Kota Kemuning's first and only wood-fired pizza restaurant that specialises in Neapolitan-style pizzas with customers swooning over the taste of umami. Making artisanal pizzas takes some time, which is why customers may need to wait approximately 50 minutes during peak hours (which is usually weekend lunch and dinner). However, customers will be more than satisfied after being served these pizzas that are filled with the labour of love.

Mix and match toppings to suit your taste. Choose from shiitake and eryngii mushrooms, black truffle paste, yuzu emulsion, smoked salmon, leek fondue, wasabi vinaigrette, Japanese chicken curry, potatoes, carrots and more when it comes to building your pizza. If you'd like to try out some of the ready-made matches, opt for the Wagyu Tataki featuring slow-roasted wagyu, hearty tomato sauce, mozzarella, garlic confit, parmesan, rocket leaves and miso sauce for that umami finish.

An unparalleled pizza is the PT Pizza, made especially for eel (or unagi) fanatics. This unique rendition features sliced unagi kabayaki, leeks, edamame, bonito flakes, nori, sansho pepper and nitsume sauce. This is a must-try that is up to interpretations in terms of taste. To elevate the experience, make sure to pair this with a glass of Japanese beer. Another recommended pizza is the Gyuniku, generously topped with braised beef short ribs, scallions,

Lai Po Heen's offerings are simple dim sum by day and fine dining by night. But it's the unparalleled flavours that really make its dishes shine. With an overall oriental vibe and top-class service, a single dining experience may leave you wanting more. Soon, you'll find yourself tucking into its endless mouthwatering variants every other week.

It's all things dim sum for breakfast and we're recommending only the best of the best for you. If you're craving for steamed goodies, try the abalone with shrimp and chicken siew mai or the codfish dumplings filled with prawn. As for fried dim sum, order the unique yet flavoursome roaster duck and white radish charcoal dumplings or the Shanghai dumplings filled with

Lai Po Heen

BY AGNES AUI



seafood, chicken and crab meat. Just don't forget to try the Portuguese egg tarts that are smooth, creamy and simply luscious.

Dinner at Lai Po Heen is best enjoyed in a group of family or friends, as you get to try a bit of everything the restaurant has to offer. The highlight of the night menu includes the 'Buddha Jump Over The Wall', which is a dish featuring South African five-head abalone, dried scallop, fish maw, sea cucumber and black mushrooms. Nevertheless, another chef's specialty to try is the signature "Kung Fu Pot" featuring fine fish maw, Australian abalone, spring morels and dried scallop flavoured with cordyceps.

Lai Po Heen *Chinese cuisine *halal Mandarin Oriental Kuala Lumpur, Kuala Lumpur City Centre, 50088 Kuala Lumpur Tel: 03-2179 8885



Keto Duck Egg Char Kuey Teow

The keto diet is no stranger to most people these days. It's a diet that focuses on consuming no carbs or low carbs. Due to the fact that this diet is newly popular, there haven't been many restaurants that cater to this diet. But lucky for us, Staple Eats does exactly that. This health-conscious eatery prepares organic and nutritious gourmet food, specialising in keto-friendly dishes and desserts.

All of Staple Eats' ingredients are certified organic and natural, and free of gluten, gmo, vegetable oil, preservatives, sugar and msg. The restaurant's raw produce also comes from grass fed, free range and wild caught sources. So, rest assured that you'll be served by only the best of the best. If you're stopping by for brunch, try the steak and eggs, eggs benny, scrambled



onions, bell peppers and mozzarella, ideal to be shared with family or friends.

PIZZA TOKYO *Japanese-inspired pizza *pork-free 4-1G, Jln Anggerik Vanilla BE 31/BE, Kota Kemuning, 40460 Shah Alam, Selangor Tel: 011-6528 3533

Staple Eats

BY AGNES AUI

egg toast or the egg-free choice of avocado toast.

For appetisers, order the keto buffalo wings, keto tomato soup or the keto house salad. You can then move onto the rice section with a variety of options like keto garlic fried rice with beef, keto spiced lamb rice, keto nasi lemak with spiced fried chicken, keto pattaya and more. For noodles, we recommend the keto fried beef noodles, keto beef bolognese and keto duck egg char kuey teow, the latter being the restaurant's best seller. Whatever your choice may be, we guarantee you'll walk out feeling healthy.

Staple Eats *Western and Asian Cuisine *pork-free BLOCK (DAVIDSON) D-1-8, Plaza Arkadia, No 3 Jalan Intisari, Perdana, Desa Parkcity, 52200 Kuala Lumpur 016-331 2548



blue cheese and camembert and margarita pizza featuring mozzarella, pizza sauce and basil. For something unique, get the anchovies and cherry tomato pizza featuring a house special sauce, fresh anchovies and onion rings or the grilled chicken and caramelised orange with fresh mozzarella and rocket leaves.

Options are endless here, such as the classic mix cheese pizza with mozzarella,

Aside from wood-fired pizzas, classic American pizzas can be ordered by the slice or the 12-inch or 18-inch piece. Enjoy mouthwatering pairings like the meat eater or the seafood savoury pizza all by yourself or share them with your family.

Though this place is known for its pizzas, other choices are available too. Relish in their pasta dishes with options like lamb meatballs linguine, chicken carbonara, beef bolognese and vegetarian options such as pesto and mushroom linguine, and mac and cheese. Satisfying burgers like the chicken burger, beef burger and lamb burger are also great to try here.

Big Brooklyn Pizza *Italian cuisine *halal 74, Jalan SS15/4d, Ss 15, 47500 Subang Jaya, Selangor Tel: 012-588 9855

Wood-Fired Pizza and Classic American Pizza

Big Brooklyn Pizza

BY AGNES AUI

Located in SS15, Petaling Jaya, Big Brooklyn Pizza is Klang Valley's latest pizzeria offering Italian-inspired woodfired oven pizzas and New York-style pizzas that can be ordered by the slices. Ingredients play the key role in giving the pizzas their flavour, with the usage of Italian flour, aged pepperoni, fresh mozzarella and hand-crushed roma tomatoes for its sauce that's made inhouse.

Natalina Italian Kitchen

BY AGNES AUI

and caponata or the pollo alla romano featuring marinated roast spring chicken served with roast potatoes, jus reduction and salad. However, do note that the two dishes above contain wine.

Nevertheless, wine-free options are also available such as the polpo grigliato which is octopus leg served with saffroninfused mashed potatoes and tomato confit, and the filetto di dentice, which is Malabar snapper fillet served with smoked cauliflower puree, fava beans and porcini mushrooms.

Natalina Italian Kitchen *Italian cuisine *pork-free Lot 06 - Level 03, Avenue K, 156, Jalan Ampang, 50450 Kuala Lumpur Tel: 012-673 3860





BY AGNES AUI

The driving force behind Cafe Rocco is Chef Hon Sing, a selftaught chef who gave up his day job to start Hungry Mario, a Kuala Lumpur-based private supper club, with his wife Magarita Santiago. Being a science geek with an artistic flair, Chef Hon Sing started experimenting and learning new ways of cooking like sous vide that added a different dimension and depth to classical Italian and Chinese cooking.

The experience gained from starting Hungry Mario drove him to dream bigger, resulting in the establishment of Cafe Rocco. "Cafe Rocco is a cafe, restaurant and catering service that places passion for food over profit," he said. With delightful flavours and wonderful pairings, Cafe Rocco is the place to be for a memorable dining experience.

Start your meal with the unique arancini featuring five deepfried creamy risotto balls with bacon, parmesan and homemade tomato sauce. You can also opt for the caramelised onions with balsamic, premium soy and honey, or the nam yu pork bomb that's five pieces of succulent melt-in-your-mouth pork cubes.

After savouring your starters, move onto the mains with appetising pasta options like slipper lobster pasta, creamy beef stroganoff pasta and spicy lberico aglio olio pasta. For something meaty, order the sausage party served with creamy mash and caramelised onions or the classic Hainanese chicken chop.

Cafe Rocco *Western Asian fusion cuisine *non-halal G-13A, Suite Servis Suria, No.10 Jalan Sri Bintang, Segambut Sri Bintang, Segambut, 52100 Kuala Lumpur Tel: 016-606 9488

Natalina Italian Kitchen was inspired by Natalina Garaventa, the mother of worldfamous singer Frank Sinatra. Apparently, the singer learned to cook pasta sauce from his mother and later sold it in supermarkets. So we can be sure that the pastas here are splendid.

Of course, pastas aren't the only offerings of Natalina Italian Kitchen. In fact, the restaurant offers a wide range of antipasti, soups, salads, secondi, pizzas and dolci as well. Antipasti is the traditional first course of a formal Italian meal and at Natalina's, options like eggplant parmigiana (oven-baked eggplant), polpo in umido (slow-cooked mini octopus), polpettine fritte (deep-fried wagyu meatballs) and prosciutto e melone (rock melon wrapped with cecina beef ham) are sure to delight you.

As for secondi (main dishes featuring meat, fish or vegetable), which are all glutenfree, take your pick from the guancia di manzo featuring slow-cooked beef cheeks served with truffle mashed potatoes **32** | KL LIFESTYLE

Le Gourmandin

BY AGNES AUI

Located in Publika Shopping Gallery, Le Gourmandin's story started in 2015 when its chef, Firmin, came to Malaysia from France to complete his hospitality management studies. This was where Fermin became friends with Francesco from Italy and Fadhilah from Malaysia, and soon the idea to bring flavours from their own countries to Malaysia sprouted. The three then developed an informal yet raffinate bistro concept and in June 2020, Le Gourmandin opened its doors to offer bits of France in the heart of Malaysia.

We recommend paying a visit to this restaurant for a nice dinner as you take in the classy and bright space while enjoying its offerings with your favourite person. To start, choose from options like the salade gersoise with dry duck, salade de gravlax de saumon, onion soup, soupe de courgette, escargot à la lyonnaise or duck mousse with truffle.

If you're feeling hungry and would like a large main course, opt for the duck leg confit at the toulousaine and garlic sauce, duck breast with orange sauce, grilled duck breast with sweet and sour sauce, rack of lamb with sweet-sour sauce, black angus striploin with basilic cream or the beef bourguignon. For something light, order the tagliatelles with sliced duck and mushroom sauce, salmon ravioli or the tagliatelles with vegetables - the latter is the perfect vegetarian option.

Le Gourmandin *French cuisine *pork-free Publika Shopping Gallery D4-G4-01, No 1, Jalan Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur Tel: 011-6970 7473

Steak with Basilic Cream



Junglebird 2.0

BY HIRANMAYII AWLI MOHANAN

Junglebird leaves its comfortable perch and spread its wings to a new nest, within the neighbourhood of Bukit Damansara. The new abode designed and built largely by the founders themselves carries the DNA of the original, melding the founding team's collective experiences as well as valuable feedback from the regulars. The resulting venue is a fresh yet familiar look that is light, breezy and lush at the same time, with an exciting new menu of tipples and a bigger focus on food.

Named Trains, Planes and Automobiles, Junglebird 2.0's new cocktail menu takes inspiration from the team's travels since opening its doors in 2017. Look forward to creative concoctions such as Strawberries & Cream — a clarified milk creation that celebrates the local produce grown in Cameron Highlands. Then, the Cendol Colada is a dream dessert-meet-alcohol — a sure hit, boasting a Pina colada base with local flavours of pandan and gula Melaka. Another intriguing cocktail for the adventurous is the Nyonya Business, as indicated is inspired by the traditional flavours of Peranakan cuisine. It comprises an unusual fermented shrimp-based rojak sauce amalgamated with cucumber, chilli, cashew, pineapple and Diplomatico Planas.

Junglebird 2.0, 15M Jalan Medan Setia 1 Plaza Damansara Bukit Damansara 50490 Kuala Lumpur. Tel: 03 2011 5715



G-String KL

BY HIRANMAYII AWLI MOHANAN

A risqué new bar by the name of G-String KL joins the flurry of activities in Petaling Street and raises all kinds of intrigue. Playful and sexy, this speakeasy is where you let your hair down after a challenging day or week. Inside, eyes dart towards the massive mural spread across its wall, the disco ball hanging from the ceiling, and the assemblage of vintage TVs, radios and lamps are arranged in tiers behind the bar.

Here's where you throw caution to the wind and relish in the likes of Junglebird — a crimson-hued cocktail served in a bird-shaped glass with baby's breath at the mouth of the glass for aesthetics. Alternatively, you can find interesting and sensual renditions such as Bubbles & Panties comprising a mix of lychee and grapefruit with a vodka base served in a steel, pineapple-shaped cup with a red lace tied along its circumference. For something off the menu, the mixologist showcases his prowess by concocting a tipple to suit your personality.

G-String KL First Floor, 147, Jalan Petaling, City Centre, 50000 Kuala Lumpur.



Suzie Wong

BY AGNES AUI

Located in Wisma Lim Foo Yoong, being able to find Suzie Wong in a labyrinth of shops is the ultimate accomplishment. Inspired by a fictional work, in which a Hong Kong character falls in love with a man named Robert Lomax, the bar exudes an overall 70's vibe with oriental interior alongside some of the most delicious cocktails in town.

Its extensive cocktail menu is inspired by the world of Suzie Wong and features colourful and flavoursome concoctions. If you're lost on what to order, we recommend trying the oriental herbal tea featuring gin, China-China liqueur, homemade liquorice syrup, lemon juice and herbal tea. Served in a traditional Chinese tea cup, the cocktail has the perfect balance that's not too sweet nor too bitter.

Pineapple tart lovers will find the pineapple cookie cocktail delightful. Featuring whisky, pineapple jam, gingerbread syrup and egg white, the mix is topped with a dehydrated slice of lemon and a bright chrysanthemum flower. Not only is this drink breathtaking in appearance but delicious from the first sip to the last.

On a hot sunny day, many Chinese stalls serve a sweet dessert known as Lai Chee Kang. And indeed, Suzie Wong has created a drink inspired by the drink. The concoction includes a lovely blend of vodka, grass jelly, basil, dried longans, red dates, pandan leaves and sugar.

Suzie Wong

Wisma Lim Foo Yoong, 86, Jln Raja Chulan, Kuala Lumpur, 50250 Kuala Lumpur Tel: 017-226 6480



China Bar

BY AGNES AUI

Along Jalan Tun Razak is an oriental bar known as China Bar. From the outside, patrons can appreciate its elegant display of liquor and inside, stunning wall art, paper lantern lights and carved wooden chandeliers complete the bar's look. But what makes this spot stand out is its uniquely presented and tasty handcrafted cocktails.

The Smoked Pineapple features roasted pineapple infused with vodka, clove, midori, juices and homemade pineapple syrup generously filled in a rose gold pineapple cup. Perfect for those who prefer something light, the Smoked Pineapple is mild, easy to drink and simply quite addictive. Every sip was a delightful mix of vodka, tart pineapple syrup and a smoky finish.

Like a rose encased in glass, the Smoked Popcorn Old Fashion tells a tale about the combination of pandan and lemongrass-infused vodka, citrus and egg white that form a glass of popcorn goodness. Similarly, the scent of the familiar caramel popcorn matches the taste, like eating a sweet buttery and fully-coated caramelised popcorn. The drink was unconventional, quirky and even mind boggling at first try. But it gave an overall wondrous experience and left us wanting more.

China Bar HIVE Unit H-A-09, H-1-09, H-RT-09, 436, Jalan Tun Razak, Kelab Golf di Raja Selangor, 55000 Kuala Lumpur Tel: 017-635 6525



BY HIRANMAYII AWLI MOHANAN

If it weren't for cravings, losing weight would be easier and not to mention, faster. Keeping with the theme of new habits or healthier food choices for the new year, we bring you this list of healthy snack alternatives for you to consider this 2021.



TRAIL MIX

Trail mix is a type of snack mix — a medley of granola, dried fruit, nuts, and sometimes chocolate, first created as a food to be taken along on hikes. Now, it can also be consumed between meals, especially when you get the munchies. It's pretty simple to concoct your own blend of trail mix. Simply gather and combine equal parts unsweetened dried fruit and unsalted roasted nuts of your choice.



BEET CHIPS

Another healthy option to the sinful potato chips is the vibrant and crunchy beet chips. Packed with essential nutrients, beetroots are a great source of fibre, folate (vitamin B9), manganese, potassium, iron, and vitamin C. Cut it into thin slices, douse it with some olive oil, salt and for some punch, add paprika and bake it in the oven. It's so delicious and good for you that you won't feel like you're missing out.

BAKED CINNAMON CARAMEL APPLES

An apple a day keeps the doctor away, so the saying goes. When it comes to daily nutrition, Apples contain all the important stuff—Vitamin C, B-Complex Vitamins, Fiber, Calcium, Potassium, and Phytonutrients (which helps to protect our bodies from free radicals). With the baked cinnamon caramel apples, you're fixing your sweet craving while still being healthy. Scoop out the centre of the apple and fill it with decadent caramel sauce and baked, crispy oats. You can kick it up a notch by serving it with a scoop of vanilla yoghurt. Yum!



KALE CHIPS

Kale, a member of the cabbage family is an excellent source of vitamin A, vitamin C, calcium, and potassium, is quickly becoming a staple in many households for its diverse use. Kale can be added to pastas, salads, stir-fries, soups, and stews, and it can be also steamed, sautéed, or baked. For a healthy, yet still scrumptious snack, drizzle washed and dried kale leaves (stems removed) with olive oil and sprinkle lightly with salt. Bake on a cookie sheet in a 350-degree oven for 10 minutes, or until crispy and voila, you have yourself healthy chips.

DOUBLE CHOCOLATE BANANA BREAD BARS

You might be wondering, how is a double chocolate banana bread bar a healthy alternative? Well., these bars are an illusion of decadence. It's made from bananas, almond flour, and coconut flour This treat is naturally sweet, moist and flavourful. As an added bonus, the recipe offers substitutes for making it vegan. The best part is that there's no sugar added (besides the chocolate chips). The bananas add the perfect amount of sweetness, and when paired with the melty pools of dark chocolate it becomes a banana bread of dreams.





SORBET OR FRUIT POPSICLES OR FROYO

A half-cup of Haagen Dazs vanilla ice cream has 270 calories and 18 grams of fat and this calorie count only increases with more indulgent choice of flavours such as Belgian chocolate or Salted Caramel. Instead of denying yourself completely of this sweet indulgence, consider switching to homemade sorbet or froyo with berries atop. Most of these are fat free but still high in sugar so indulge in moderation. Fruit popsicles are a good alternative to ice cream and they are pretty easy to whip up. All you need is a popsicle, fruits of your choice like strawberry, watermelon, mango or kiwi and a popsicle stick.



CAULIFLOWER FRIED RICE

Rice is a staple in most households in Asia — there's something oddly comforting and complete when paired with other dishes. Gate the cauliflower into rice-like bits and cook it like how you would a fried rice. It's a healthy, low-carb dish that's hearty enough to serve as a main course or between meals.



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Best of the Best

Top 10 must-visit dessert shops this year

BY AGNES AUI

There's always room for dessert, they say. And if you're having trouble finding the perfect spot to end your night on a sweet note, how about taking a look at our simple sugary list of the top 10 must-visit dessert havens this year. From high-end churned ice cream to handcrafted petit gateaux, you'll never run out of options:

#1 FOO FOO

Featuring unconventional ingredients that blend like a beautiful symphony, Foo Foo is where desserts become the main dish. With a stunning appearance and a delightful mix of flavours, the options here are endless. Try the light and fluffy passion berries pavlova, the decadent orange chocolate mousse and ginger bread cake, or the unique apple strudel with whipped cream for the ultimate sweet treat.

#2 SHUGATORI DESSERT CAFE

Known for its breathtaking dessert creations, Shugatori Dessert Cafe turns your typical dessert waffle and toast into a beautiful construction of colourful thematic plate. Those in love with the colour lilac can order the taro waffle and aiko toast while pink lovers can try the buttery sakura featuring lychee cream, sakura jelly and white chocolate. The cafe's best-selling mermaid series is a must-try as well, with options of sea salt or caramel.







#3 CRÈME DE LA CRÈME

Crème de La Crème is a sweet tooth's wonderland rendering handcrafted petit gateaux and mouth-watering ice cream. Matching stylish interior and funky furniture pieces, CDLC creates a fun and hip ambience to relish in an array of visually appealing and delightful desserts. With skillful and passionate pastry chefs to insisting on 100% natural ingredients, the dessert bar ensures only the best of the best gets served to its customers.



#4 DESSERT BAR BY STANLEY CHOONG

This cosy dessert spot features a selection of French-inspired confections made by the one and only Stanley Choong, a young pastry chef that's been trained at Le Cordon Blue in Malaysia and Japan as well. Alongside breathtaking creations, customers can enjoy delicious brunch dishes and fragrant coffee too.

#5 JASLYN CAKES

Patronised by many for its rustic, homey desserts, Jaslyn Cakes is a name sweared by many sweet tooths. The dessert spot's first outpost is in the heart of Bangsar, while its second outpost is in Mont Kiara, boasting an al-fresco seating area. The similarities that remain, however, are the luxurious, simply delicious desserts and the laid back ambience



#6 TANUKI BY CRUSTZ

Tanuki by Crustz is the sister patisserie of the famed Xiao by Crustz and embodies similar French influence as its sister, yet differs in offerings like petite and individual-sized ice cream cakes. The creations here are a labour of love where each dessert is intentional, layered with different textures and flavours to create a heightened dining experience as well as an intimate conversation with the pôtissier.





#7 DEW

Being the sister cafe to Jaslyn Cakes, Dew's range of mouthwatering desserts are aptly named dewdrops, some garnished with fresh edible flowers, which are at their disposal, as a florist. The Basil Lime Tart comes with basil mousse, meringue and is topped with edible flowers while the Mille Feuille is a discovery of layers of caramelised crunch with white chocolate and vanilla bean cream, vanilla bean praline and vanilla bean caramel.



#8 FROZEN BY KEN

Inspired by the beautiful desserts in Australia, FROZEN is helmed by a duo who met while working at Melbourne based pastry Chef Christy Tania's (MasterChef Australia's judge) artisanal frozen dessert parlour, Glace. FROZEN by Ken serves up creative Australian-styled ice cream, petit gateau and celebration ice cream cakes. Painstakingly and passionately made every morning, these little creations are too pretty to eat, worthy of a spot on your Instagram feed.



#9 MAD HATTER DESSERTS

Mad Hatter Desserts is run by MasterChef Asia's first runner-up, Chef Marcus Low, also dubbed as the 'King of Desserts'. The beautifully crafted sweet treats available at Mad Hatter Desserts are unique, playful and full of wonderful flavours that exude perfection. Every item on the menu is tantalising yet complex when it comes to breaking down the ingredients.

#10 THE ICE CREAM BAR

If you ask us, there's nothing a good tub of ice cream can't fix, moreover if it's the boozy kind — the best of both worlds. Among The Ice Cream Bar's delectable and extensive offerings, we slant towards the Brownie Chocolate Guinness and Whisky Nuts for their creaminess, lusciousness and lipsmacking hints of alcohol.





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100 strands









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Airport GCEO Speaks

A corporate leader with diverse experience, he is harnessing the latest technological advances to spur Malaysia Airports to greater heights as a smart aviation regional hub.

This month, Dato' Mohd Shukrie Mohd Salleh salutes the start of another new year with recent achievements bagged by Malaysia Airports such as the British Standards Institution's (BSI) latest certification ISO45001:2018 and International Customer Experience Awards (ICXA) 2020. They also include the milestone made by its Istanbul Sabiha Gokcen International Airport (ISGIA) with the entry of Dufry, one of the world's leading organisations in the field of travel retail.

e are honoured to obtain BSI's new certification, especially given our role as the country's main gateway and host in providing joyful connections within a safe travelling environment. Our ability to meet such alobal standards serves as a strong testament of the emphasis we place on our passenger and airport community's safety, particularly when the world at large is still grappling with the novel coronavirus (Covid-19) pandemic after its onset almost a year ago.

In curbing Covid-19 at KL International Airport (KLIA), we have adopted the latest ultraviolet (UV) disinfection technology that can interrupt the transmission of airborne infectious pathogens with the installation of UV Chamber devices in our toilets. We are grateful that the low travel period has enabled us to speed up our toilet refurbishment with minimum disruption to our airport operations. Now in its final phase involving 94 toilets, this project is expected to be completed in June.

At the recent prestigious ICXA 2020, where

Malaysia Airports was the sole Malaysian nominee, we clinched the Silver Award for our Host Culture Transformation programme aimed at uplifting the standards of customer experience based on our service philosophy of 'Happy Guests, Caring Hosts'. It is important to keep this momentum going so that we can continue to deliver our promise to host joyful connections, especially with more flights expected to resume or commence this year.

We look forward to welcoming Starlux Airlines' inaugural flight from Taipei to Kuala Lumpur on 5 January at KLIA. The Taiwanese carrier will be operating a two-weekly service on this route, which will be an addition to its Taipei-Penang service which started in early 2020.

At Penang International Airport (PIA), Indonesia AirAsia was the sixth foreign airline to resume its operations with its Kuala Namu-Penang service that recommenced on 5 December. In addition, Firefly will be using PIA as its second hub when it introduces new Boeing jet services



from Penang to Kuching, Kota Kinabalu and Johor Bahru respectively in January by utilising the B737-800 aircraft.

As for our fast-growing ISGIA, it recently welcomed Dufry, the world's largest airport duty-free operator with its diverse range of retail offerings and state-of-the-art shopping experience that incorporates digital technology. We remain confident of the recovery in the airport retail business with travel gradually picking up in 2021, not only in Turkey but also in Malaysia considering several measures that have been unveiled recently to help them survive the Covid-19 crisis.

They include our new customised relief package which offers 100% rental rebates from July to December 2020 to our local airport retailers with a special rental tied to the passenger growth rate starting from this January in lieu to the pandemic's prolonged impact on passenger traffic recovery. I would like to reiterate that we are committed to ensure the airport community survives this crisis together.



AIRPORT TALK

AIRLINK



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Technological Innovations Driving the Aviation Industry in 2021 and Beyond



pandemic disrupting many industries globally, including aviation, much concerns have been raised on their economic recovery and what will be their enablers.

On a positive note, the Covid-19 crisis has been attributed as an accelerator for many new innovations and technologies affecting air travel and other related sectors such as tourism, retail and hospitality.

They include the use of contactless person screening, heightened digitalisation of supply chains and a greater move towards a greener and more sustainable environment worldwide.

Remote and safer processing will gain significance in 2021 between air passengers and staff from airports, airlines, retailers or immigration departments as the pandemic persists.

The months ahead will also see the aviation sector leveraging on the use of advanced technologies such as artificial intelligence (AI), block chain, digital identity and biometric

processing for face, fingerprint and iris scan.

Airbus AI Fast Track leader Romari Redon says data driven AI will lead to better performance and help boost its competitiveness. "We are investing in research with other partners to become a world leader in safe and trustworthy AI.

The increasing use of digital identity management, automation and robotics in order to create an interactive experience for passengers and airport/airline staff is expected to gain traction in 2021.

Digital identity will not be limited to checkin, document check, self-service bag drop, access to security check points, border control, risk assessment and boarding but will also cover lounges, according to a spokesperson from New Experience Travel Technologies (NEXTT), a joint initiative by Airports Council International and the International Air Transport Association (IATA).

Mindful of the need to regain passengers' confidence and remind them that air travel is safe, investment into technologies such as touchless or digital kiosks that eliminate

the traditional check-in process will be encouraged. Likewise, the creation of an array of data points for predictive analysis to be carried out by airports in order to mitigate crowding risks.

Travel app solutions

Responding to the gradual opening of the aviation industry, various companies and organisations have come up with innovative solutions. Atlantic Labs' Travizory Border Security SA app, which deploys nextgeneration biometric travel authorisation and eVisa systems for enhanced advance screening and vetting of travellers, is one example.

SimpliFlying founder and chief executive officer (CEO) Shasank Nigam, who released The Rise of Sanitised Travel last April, believes in a common pass that allows for a single certification to be used across multiple airlines and governments.

This will not only save a lot of confusion, especially for first-time travellers, but will also help in the continual growth of the aviation and travel industries. A digital or e-passport that includes the Covid-19 test results may be another solution.

Meanwhile, IATA has come up with its own travel pass or mobile app that put travellers in control of their personal information for top level data security and data privacy.

Its director general and CEO Alexandre de Juniac says, "The IATA Travel Pass is a solution both travellers and governments can trust as it is being built with data security, convenience and verification as top priorities."

When ready, the pass will accommodate new global standards recognised by governments that ensure verified identity and test or vaccine information. Recommendations for biosafety include the use of contactless travel processes to reduce the risk of virus transmission when documents need to be exchanged in the travel process.

According to IATA research, contactless processes will be popular with travellers with 70% of them saying they have concerns about handing over their passport, phone or boarding pass to airline agents, security staff or government officials at the airport.

In the same survey conducted in September 2020, 85% of the travellers indicated that touchless processing throughout the airport would make them feel safer while 44% of them say they are willing to share personal data to enable touchless processes.

Cloud and Drone Technology To support the aviation industry's recovery, cloud-based air traffic flow management system is viewed as the answer to the



challenges posed by the new normal arising from Covid-19 since very accurate demand forecast and comprehensive situational awareness are crucial.

Cloud solutions are expected to help break the silos between stakeholders in the aviation ecosystem. Airlines can benefit from correct forecast and higher transparency for better collaboration while airports stand to reap from the precise sharing of information such as the situation on the runway, weather conditions and its capacity.

Additionally, drones have been seen as promoting the future growth of aviation. They are currently used in the agricultural, defence, filming, food and beverage, logistics, real estate and recreational industries.

According to the Drone Market Report 2020-25, the global drone market is expected to grow to over US\$42.8 billion in 2025 from US\$22.5 billion in 2020, with Asia being its largest regional market.

Indeed, the use of innovative technologies will continue to play a key role in overcoming the challenges posed by the current pandemic, which has also been viewed as a catalyst for change. Covid-19 has forced the global aviation sector to address public healthrelated issues, manage queues and crowds with more stringent measures as well as optimise the use of resources with greater use of automation and digital solutions.

AVIATION NEWS

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athay Pacific announced that it resumed its route from Hong Kong (HKG) to Kuala Lumpur (KUL) from 24 November after a three-year hiatus, capping off a tough year for the aviation industry with a celebratory return for Hong Kong's premium flag carrier to KUL.

The airline currently operates flights between KUL and HKG on a weekly basis every Tuesday.

"

2020 has turned out to be one of the most challenging years, if not the most challenging year, for the Cathay Pacific Group in its 74year history. Front and centre, the safety and well-being of our passengers and people will continue to be paramount to our operations, and we will not waiver on this commitment. In response to the Covid-19 pandemic, Cathay Pacific introduced our very own Cathay Care programme, which is a commitment to our passengers' well-being. Commitments are backed up not by words, but by actions. On this front, we have rolled out a series of enhanced measures across every stage of the journey from check-in to the cabin - in order to win our customers'

confidence and trust.

Roger Li,

Country Manager of Cathay Pacific to Malaysia



Cathay Pacific Celebrates **Return to KUL**

In response to Covid-19, Cathay Pacific has introduced a range of measures to keep its customers safe such as the free Covid-19 insurance, which is automatically applied to all trips commenced between 7 December 2020 to 28 February 2021. When customers fly, they will be covered for medical expenses relating to a Covid-19 diagnosis. This measure by the airline is amongst the first in the Asia-Pacific region.

The Country Manager added, "In the short to medium term, we remain agile in our plans for the Malaysian market. We will meticulously monitor demand with the view to steadily increasing capacity to our pre Covid-19 levels. However, the trajectory of these efforts will have to go hand in hand with external factors beyond our control, such as the pace of the Covid-19 vaccine deployment, as well as the easing of border restrictions and guarantine requirements around the world. The fluidity and the dynamism of the Covid-19 pandemic means it is difficult to make a precise

forecast on future demand with any degree of reasonable certainty. Nonetheless, should the opportunity arise, we are constantly on the lookout for new market opportunities."

Cathay Pacific has a long history in Malaysia, having operated services to the country since 1957. With such historical ties, Cathay Pacific remains steadfast in its commitment to the Malaysian market, and the airline maintains a loval customer base that are eagerly awaiting to travel again to Hong Kong and beyond.

With the recently resumed passenger service to Hong Kong, the airline commends Malaysia Airports for being greatly supportive of the efforts to resume this route after three years and the airline is looking forward to welcoming new and returning passengers alike onboard again.

For more information, please visit www.cathaypacific.com

Korean Air **Achieves Prestigious** 5-Star Recognition

KOREAN AH

orean Air has achieved top global recognition by being certified as a 5-Star Airline by international air transport rating agency, Skytrax.

Korean Air joins 10 other international airlines in this exclusive 5-Star Airline group. Skytrax completed the Korean Air audit assessments during February 2020 before the global travel shut down, deferring this 5-Star announcement.

Korean Air President & CEO, Woo Kee-hong, said: "We're excited to receive a 5-Star Certification from Skytrax, the world's most prestigious and recognised customer service experience and airline ratings organisation. It's positive and meaningful news during this challenging time, and I'm sincerely proud of all our Korean Air employees who make this achievement possible. We established and have run our Service Improvement Committee since 2013 to monitor our service, evaluate customer satisfaction, and implement the industry's best practices. We also continue to upgrade our aircraft and equipment to improve our customers' experience and ensure safe and clean flights. Korean Air is ready for the new, post-COVID era."

"

This 5-Star Airline rating for Korean Air was due to have been released earlier this year, but due to Covid-19 we had delayed certification to a time when it was more appropriate to announce and acknowledge this achievement. A key determinant in awarding this 5-Star Airline status to Korean Air is the high level of quality consistency delivered to customers, with an excellent onboard product across First, Business and Economy class, which combine with very efficient and sincere staff service.

> . " Edward Plaisted of Skytrax



Korean Air operates from Terminal 2 at Incheon International Airport in Seoul which is one of the world's newest and most technologically advanced terminal facilities. In addition to a high-level of automation for check-in and bag-drop, Korean Air benefits from guick and efficient baggage delivery and priority handling systems, plus smooth flight connections amongst SkyTeam partners.

Onboard, Korean Air has a modern fleet of aircraft, including the A380, Boeing 747-8, Boeing 787 and A220. An important factor in the high rating for onboard product is the industry leading 33 to 34-inch personal space in Economy Class on widebody aircraft, and the quality and consistency of the suites provided to customers in First Class and Prestige Business Class on long haul flights.

For more information, please visit www.koreanair.com

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Abu Dhabi Launches The Hope Consortium



mid an anticipated surge in vaccine logistics demand, Abu Dhabi is poised to cement its position as the global logistics hub to facilitate Covid-19 vaccine distribution across the world, after spearheading the launch of the Hope Consortium.

Comprising leading Abu Dhabi and global entities, the Hope Consortium represents a complete supply chain solution to address vaccine transport, demand planning, sourcing, training, and digital technology infrastructure, and facilitate vaccine availability across the world.

The news follows Hope Consortium member Etihad Cargo and the consortium transporting five million vaccines in November on behalf of the Department of Health - Abu Dhabi, which is spearheading the consortium and will oversee regulatory compliance, full chain expertise and scientific insight. The consortium also includes Abu Dhabi Ports Group, Rafed, the healthcare purchasing arm of Abu Dhabi-based ADQ, and Switzerland's award-winning SkyCell, which develops nextgeneration, temperature-controlled logistics containers for the pharmaceutical industry. As part of the Hope Consortium, SkyCell will establish a regional service and manufacturing centre in Abu Dhabi.

The Hope Consortium has pooled its collective expertise to garner a multi-faceted capability to provide logistics services to handle over six billion doses from the vaccines being developed and manufactured around the world - whether in single or multi doses - in cold and ultra-cold conditions in 2021, rising to over three times more doses by the end of next year - the largest capacity and logistics capability regionally and one of the largest globally.

"Consortium partners already have extensive expertise in the global delivery of millions of Covid-19 related items, such as



personal protective equipment, diagnostics consumables, vaccines and pharmaceuticals. As we progress talks with vaccine manufacturers to apprise them of our global distribution capabilities, the Hope Consortium will harness the united expertise of various Abu Dhabi and UAE stakeholders to provide a fully-fledged, end-to-end solution specifically for Covid vaccine distribution needs."

"With two thirds of the world's human footprint within a four-hour flight of Abu Dhabi, the UAE capital's investment in technological expertise and world-class infrastructure facilities means we can serve as a global logistical hub to, and for, the world," explained Tony Douglas, Group Chief Executive Officer, Etihad Aviation Group.

"Etihad Cargo's role in the consortium will leverage our outstanding pharmaceutical logistics expertise and specialised pharma and healthcare service, PharmaLife, the IATA CEIV Pharma certified product capable of facilitating temperaturesensitive cargo between +25°C and -80°C. Our network reach across key destinations will be supported by the utilisation of our charter operations to meet global demand for swift and secure Covid-19 vaccine shipments."

For more information, please visit www.etihad.com

American Airlines, British Airways and oneworld Launches Transatlantic **Covid-19 Testing Trial**





AA50 departing Dallas/ Fort Worth (DFW) to LHR; British Airways flight BA114 departing New York's John F. Kennedy Airport (JFK) to LHR; and British Airways flight BA268 from Los Angeles (LAX) to LHR since 25 November. The test will be expanded to American Airlines flight AA106 from JFK to LHR.

Eligible customers booked on flights that are part of the trial will be contacted by American Airlines and British Airways with instructions on how to volunteer. Each customer participating in the trial will take three tests in conjunction with the journey. If a customer tests positive, they should reschedule or cancel their travel.

The first test, to be taken 72 hours before departure from the US, is a convenient at-home RT-PCR test provided by LetsGetChecked. Customers will self-collect a nasal sample, under the supervision of medical professionals via a virtual visit.

After landing at LHR, participating customers will proceed to their second test at the airport. The LAMP test, provided by Collinson, involves the collection of a nasal sample by a medical professional. After the test is completed, a test kit for the third test will be provided to the customer. The test kit offers an at-home testing option, through the self-collection of a saliva sample which is taken three days after arrival in the United Kingdom (UK).





merican Airlines, British Airways

and **one**world[®] announced on

17 November that they have

launched an optional Covid-19 medical-

based testing trial on selected flights from

the United States (US) to London Heathrow

(LHR), in a combined efforts to scientifically

demonstrate how Covid-19 testing can reopen

international travel and remove the need for

customers booked on American Airlines flight

passengers to quarantine on arrival.

The free tests were offered to eligible

The three-test approach aims to validate a customer's negative status for Covid-19 throughout the travel journey and will provide insight into the most effective and practical testing interval. The third test is intended to further confirm the results of the first two tests. to demonstrate that one or two tests will be sufficient to allow travel to safely restart.

A task force comprising **one**world member airline representatives and independent medical experts are overseeing the implementation of the trial. The task force will share aggregated results with the US and UK Governments and other stakeholders to demonstrate the essential role that Covid-19 testing programmes can play in safely restarting travel.

"

We believe that Covid-19 testing will play an important role in safely restarting international travel. A comprehensive testing programme will provide governments the confidence to reduce or waive augrantine requirements and safely reopen their economies to international visitors, while further assuring customers that their health and well-being are protected.

> " Rob Gurney Chief Executive of **one**world

AVIATION NEWS

AIRLINK

Garuda Indonesia Unveils Let's Wear Masks Campaign



aruda Indonesia has become the latest airline to introduce a new "masked" aircraft livery in keeping with the times. The national flag carrier painted a special mask design on one of its Airbus A330-900 Neo in support of the Indonesian advernment's "Let's Wear Masks" campaign on 12 October, which aims to curb the spread of the Covid-19 infection.

The airline noted that it took 60 people and 120 hours to put the blue surgical mask onto the nose of the aircraft.

On 3 December, the aircraft made its first landing at KL International Airport (KUL) from Jakarta's Soekarno-Hatta International Airport (CGK) at 11:50AM.

Garuda also announced that at least four more aircraft will be sporting face masks designed by the public through an online contest dubbed "Fly Your Design through the Sky."

President & CEO of Garuda Indonesia Irfan Setiaputra said that "The "Fly Your Design Through The Sky" competition is aimed to encourage everyone to be actively participating in raising awareness towards the importance of wearing mask especially during this pandemic, by expressing their voice through creativity that put into the design of masks that will be gradually painted on four Garuda Indonesia aircraft.

"On this occasion, we also express our appreciation to the Artha Graha Peduli Foundation for supporting the campaign of wearing masks through the Garuda Indonesia livery mask program.

"We certainly realise the efforts to socialise the implementation of health protocols specifically to wearing masks, need full support as well as participation from any other parties. Furthermore, we also invite all parties who wish to participate and support the "Ayo Pakai Masker (Let's Wear Mask)" campaign through collaboration on the mask livery program with Garuda Indonesia, as we recently did with the Artha Graha Peduli Foundation" said Irfan.

"This fourth mask livery design would be our last mask livery as well as the closing of our "Fly Your Design Through the Sky" competition that has started in October 2020.

"As we received hundreds of submissions during the competition. We would like to thank everyone for the enthusiasm in taking part to support the Government's program in mask-wearing campaign — "Avo Pakai Masker" to raise public awareness about the importance of health protocol within daily activities, through its collaboration and creativity which appeared on Garuda Indonesia's mask livery.

"We also would like to express our appreciation to Pertamina for its support in realising the synergy of state-owned enterprises (SOEs) that prioritises the implementation of health protocols for all business lines through this mask livery program. We sincerely hope the synergy would fully support the Government's effort in handling Covid-19 outbreak that will contribute to accelerating the national economic recovery".

Irfan expressed his appreciation to all parties who have supported the success of organising the "Fly Your Design Through the Sky" competition, namely Artha Graha Peduli Foundation, Pigeon Express, and Pertamina. Not to forget, appreciation were also conveyed by Irfan to the 4 (four) winners of the mask livery design, namely: Jailani Sidik (mask livery with the "Indonesian Pride" theme); Helena Calista (Terbang Tinggi dan Tetap Terlindungi = Fly High and Stay Protected): Rainhard Budi Susanto (Sekar Jagat Nusantara); and Johana Angelia Christian (Bersama Membangun Masa Depan Bangsa = Together Building the Nation's Future).

For more information, please visit www.garuda-indonesia.com



elta Air Lines announced on 26 November that the Aeroporti di Roma and Hartsfield-Jackson Atlanta International Airport have joined in a firstof-its-kind trans-Atlantic Covid-19 testing program that will enable guarantine-free entry into Italy, in accordance with a decree expected to be issued soon by the government of Italy.

"Carefully designed Covid-19 testing protocols are the best path for resuming international travel safely and without guarantine until vaccinations are widely in place," said Steve Sear, Delta President -International and Executive Vice President Global Sales. "Safety is our core promise - it's at the center of this pioneering testing effort and it's the foundation of our standards for cleanliness and hygiene to help customers feel confident when they fly Delta."

Delta has engaged expert advisors from Mayo Clinic, a alobal leader in serious and complex healthcare, to review and assess the customertesting protocols needed for Delta to execute a Covid-tested flight program.

"Based on the modeling we have conducted, when testing protocols are combined with multiple layers of protection, including mask requirements, proper social distancing and environmental cleaning, we can predict that the risk of Covid-19 infection - on a flight that is 60 percent full - should be nearly one in a million," said Henry Ting, M.D., M.B.A., Chief Value Officer, Mayo Clinic.

Delta has also worked closely with the Georgia Department of Public Health to develop a blueprint for governments to reopen important international travel markets.

WELCOME. BENVENUTO. WELKOM. PLEASE CHECK THEASE ALLOW SPACE S WASKS REQUIRED

"The State of Georgia and the Italian government have demonstrated leadership in testing protocols and practices that can safely reopen international travel without guarantine requirements." Sear added.

From 19 December, Delta's dedicated trial tested customers and crew on newly relaunched flights from Hartsfield-Jackson Atlanta International Airport to Rome-Fiumicino International Airport. The tests will exempt all U.S. citizens permitted to travel to Italy from guarantine-on-arrival, as well as all European Union and Italian citizens. This applies to travel for essential reasons, such as for work, health and education.

To fly on Delta's Covid-tested flights between Atlanta and Rome, customers will need to test negative for Covid-19 through a Covid Polymerase Chain Reaction (PCR) test taken up to 72 hours before departure; a rapid test administered at the airport in Atlanta before boardina; a rapid test on arrival in Rome-Fiumicino; as well as, a rapid test at Rome-Fiumicino before departure to the United States.

For more information, please visit www.delta.com



PLEASE WAIT HERE YOU ARE DIRECTED TESTING STATION.

SI PREGA DI ATTENDERE QUI IN ATTESA DI ESSERE CHIAMATI ALLA POSTAZIONE DI TESTING.

ALSTUBLIEFT HIER WACHTEN TOT U NAAR HET TESTCENTRUM WORDT GEROEPEN.

Scoot Launches New Inflight Portal in Preparation for New Normal

o better meet customer expectations in the post-Covid world, Scoot launched a new inflight portal, ScootHub, to serve as a one-stop shop for all customer needs inflight.

ScootHub, which can be easily accessed from customers' own mobile devices, will be the first of its kind in the region to offer such diverse functionalities.

Launching in phases that commenced in December 2020, Scoot customers will be able to order food and beverages from ScootCafé, shop for duty-free items from KrisShop, play games, browse inspirational travel content and more, all from the convenience of their own device.

This transition from physical to digital inflight menus, duty-free catalogues and magazines reduces surface contact and physical interactions between customers and crew, giving customers peace of mind about their health and safety on board. This reduced interaction also allows Scoot to resume some inflight services, such as buy-on-board food, which had been temporarily suspended.





In ScootHub's second phase, scheduled for April 2021, customers will be able to book around activities and attractions while inflight. They can also sync their Krisflyer membership to earn or redeem miles when they purchase items via KrisShop or activities and attractions via Pelago, the SIA Group's new platform for destination inspiration and content. Scoot has a roadmap of additional features to be deployed in subsequent phases.

Campbell Wilson, Scoot's Chief Executive Officer, said, "We know that health and safety is at top of customers' minds these days, and that regulatory requirements have changed the inflight experience.

"Scoot enables auto resume valued services in a safe, low-touch manner, improving customer's experience and - through reduction in paper-based collaterals improving our environmental sustainability too.

"Our investment in this portal is part of Scoot's comprehensive digitalisation programme, both internal and external, which also includes health-focused initiatives such as touchless check-in kiosks and bag-drop facilities, enhanced online and mobile check-in capabilities, and real-time information on travel requirements."



Get your inflight fix while you're 35,000 feet high! Order your meals and shop our exciting catalog from your own device by accessing our new ScootHub

For more information, please visit www.flyscoot.com



Royal Brunei Airlines Wins World's Leading Cabin Crew 2020

oyal Brunei Airlines (RB) has won the World's Leading Cabin Crew 2020 category at the 27th annual World Travel Awards (WTA) grand finale held virtually on 27 November. The prestigious title was awarded to RB after the national airline of Brunei Darussalam received the most number of votes in a world-wide poll of guests, travellers and travel professionals across the globe.

It comes just a month after RB was awarded the Leading Cabin Crew honour in the WTA Asia Awards. The prestigious accolade was awarded to RB from a field of 17 airlines competing for the title, including world's leading airlines.

Karam Chand, RB's Chief Executive Officer, said: "The award of the World's Leading Cabin Crew and Asia's Leading Cabin Crew by the prestigious World Travel Awards is well earned and a reflection of our service strategy and single mindedness to establish RB as a well-respected global brand. The award demonstrates we have won the hearts and minds of our quests and travel professionals worldwide and a stamp of approval of our hard work, dedication and world class service over a number of years.

"Winning the World category as global leader in cabin crew marks a new chapter in our proud history and more recently as a boutique airline standing above the much bigger and well-resourced global airlines. Being a boutique airline requires us to clearly differentiate ourselves from others and there is no better way than with the Bruneian hospitality that comes from the heart combined with our service vision through the thought of the little things we do and one that cannot be duplicated by the competitors."

Cabin Crew ciation 🚱

Chand added: "I would like to congratulate every Cabin Crew member, Cabin Crew management and staff, the trainers, the project team behind this award and Team RB."

Graham E. Cooke, Founder, World Travel Awards, said: "Congratulations to Royal Brunei Airlines for being voted 'World's Leading Cabin Crew'. The entire team possesses an incredible passion for raising inflight service to an entirely new level, and I am delighted that this has been acknowledged by both the travel trade and consumers."

For more information, please visit www.flyroyalbrunei.com or call 03 - 2070 7166 for H Travel Sdn Bhd -Royal Brunei's General Sales Agent in Malaysia.



" **Aviation** Interview with Sundralingam **Kulendra General Manager** Sama-Sama Hotels KLIA

Managing three of Malaysia Airports' hotels under the Sama-Sama brand is no tall order for Sundralingam Kulendra, known for the passion he pours into his work. Having graduated with a Master's Degree in Hotel Management and worked overseas for 12 years, he returned to Malaysia in 1996 and there has been no turning back. The 56-year-old GM also lectures and is actively involved with other tertiary institutions, certifying potential newbies into the hospitality field.



Having been involved with **Malaysia Airports' hotel properties** since February 2011, please share with us your career highlights with the group.

I was privileged in 2012 to be part of the rebranding of its flagship Sama-Sama Hotel KL International Airport (KLIA), formerly Pan Pacific Hotel, which is sited adjacent to KLIA. This was followed by its 442-room refurbishment the subsequent year. 2013 also saw my involvement in the rebranding exercise of Malaysia Airport's airside transit

hotel, Sama-Sama Express KLIA. Another highlight for me was the launching of Sama-Sama Express klia2 in 2014. The Airport Fast Track Service launched in 2016 was also memorable for me.

You were promoted to your current role in March 2018. How is it like managing Malaysia Airports' three hotels of different categories, especially during the novel coronavirus (Covid-19) pandemic? Going forward through this most challenging

time, one of our strategies we adopted is to think out-of-the-box, be it managing the hotels' operational expenses or exploring business opportunities. We targeted the oil and aas industries and those from the embassies or High Commission offices.

Amidst taking care of our staff's healthcare and guests' welfare with sanitisation and other safety measures that abide by the government's standard operating procedures, our primary goal during the Covid-19 crisis is to maintain our guests' experience with quality standard of service.

With most of the countries' borders still closed, we explored ways to encourage locals to stay at our hotels. Besides working closely with our senior management team in handling the hotels' cost and expenses, I was also mindful of maintaining its profits and earnings before interest, taxes, and amortisation.

How many hotel staff do you oversee and what are the challenges?

I am in charge of a total of 370 hotel staff. Operating now with a minimum workforce, we managed to achieve average occupancy of 60% compared to 80% before the pandemic. Our priorities are to maintain the current local staff while reducing the foreign contractual workforce. At the same time, we encourage multiskills and cross-department teamwork among our staff.

Malaysia Airports' five-star Sama-Sama Hotel KLIA has been undergoing renovation since December 2019. What is its progress to-date? Is it on track to complete it with the targeted 10 to 12 months?

The first phase, which took less than 10 months, has since been completed. The renovation included the hotel's ballrooms and functions rooms on level 1, Equator, a new private dining and event venue as well as the Palmz lobby lounge.

Phase two was delayed due to the Conditional Movement Control Order but work has since resumed. It is scheduled to complete by first quarter of 2021. The hotel's all-day dining restaurant Dearees will be rebranded into an all-day-dining hub called Continents. Other affected hotel areas include the functions rooms on level 2, lobby, reception, concierge and washrooms.

Phase three will cover the new staircase on level 1, quest-lift cars or elevators and walkway to the sky bridge linking the KLIA's Main Terminal Building. There will also be more washrooms available at the hotel.

What are some of the new technological innovations being introduced as part of its renovation? We will have two large LED screens measuring 10 ft by 20 ft each at our new Gateway Ballrooms while our hotel rooms will have a new door locking system. We will also have an energy saving INNcontrol system for room temperature control using movement sensors connected to our front office. Other new systems involve our point of sales, fire alarm and building management.

Sama-Sama Hotel KLIA's Staycation package launched during Covid-19 was a resounding success. Can you share the package's uniqueness and will it be offered again in the near future?

with activities organised in a clean and safe environment. The staycation package will be back in 2021 with more exciting stay, dining and recreational activities in the hotel as well as excursion activities at KLIA working with Malaysia Airports and its aviation-related partners. Our aim is also to promote KLIA as a tourism destination.

How do you view the current hotel service standards in Malaysia? Is there room for improvement? If yes, in what areas?

It is targeted as a short retreat for families

Lots of room for improvement in our country's hospitality service industry are required. They include inculcating professionalism, character building and thinking "out-of-the-box" in order to exceed guests' expectations.

We need to imbue the younger generation joining the hotel line with qualities such as passion and a positive attitude. Besides providing good service, they must be willing to learn and upgrade their skills with technology trends constantly evolving in the service industry.

At Sama-Sama Hotels, we provide staff opportunities to grow through cross exposure between departments and going for training and development programmes to sharpen their skills, including in management areas. Apart from these educational opportunities, they are also encouraged to share their ideas.

The life of a hotelier means 24 hours on call. How then do you balance your work and family life? Away from work, how do you unwind? I am grateful for my family's understanding and their full support of my career path in hospitality. At home, I am the handyman and love tinkering with my equipment besides tending the organic garden with my wife. I also take time to meet up with old schoolmates to share the good old times of growing up together.

What is your wish list for 2021?

Hopefully, with most of the countries' borders gradually reopening, we will benefit from the business opportunities arising, especially for cross-border tourism. With the Covid-19 vaccines available in the near future, I look forward to a new chapter with the newly refurbished Sama-Sama Hotel KLIA as a preferred choice for international transit passengers. I also wish my hospitality industry colleagues and friends who have lost their jobs due to the pandemic will have the chance to return to work soon.



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MORE THAN NATURAL WONDERS, A GATEWAY TO EPIC EXPEDITIONS.

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It all begins at Kota Kinabalu International Airport (BKI). Make an aquatic friend, conquer Mount Kinabalu, and discover a world so exotic with more than 6,000 plant species, even the first season of reality TV show Survivor was filmed there. Plan your route to countless new adventures.





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OTHER FACILITIES

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- Retail Pharmacy



KKLIU 1339/2018

DESTINATION: CULTURAL SITES IN MALAYSIA

BY HIRANMAYII AWLI MOHANAN PHOTOS COURTESY OF TOURISM MALAYSIA

The beauty of Malaysia lies in its robust, multi-cultural society heavily influenced by the Malay culture and the cultures of the country's two most prominent trading partners – China and India. Although each of these racial communities has retained their religions, customs and way of life, they have also blended together to create Malaysia's diverse heritage.



SAM POH TONG TEMPLE

Up north in Ipoh, Perak, lies the Sam Poh Tong Temple, also known as the Three Buddhas Cave. What's special about this cultural site is that the temple was built within a limestone cave and wears the crown for being the oldest cave temple in Perak. The temple was created in a raw limestone cave in the mountains located about 5 km from the city centre and follows the Buddhist branch of Mah y na Buddhism. The present temple gateway was founded by a monk from China in 1890 who walked through the area from Ipoh and decided to make the cave his home and a place for meditation where he remained until the end of his life. This was then continued by other monks and nuns who dedicated their lives to Buddha where a new temple was constructed in the 1950's. All good things come to those who climb because after a steep 246 steps, a sweeping view of lpoh and its surrounding await. One can find a reclining statue of Buddha within the cave and visitors can feed fish and feed or release turtles into a pond there as a means of balancing one's karma.

BATU CAVES

Batu Caves is probably one of the most frequented tourist attractions for its rich culture and being the focal point of the Tamil festival, Thaipusam. Guarded by a majestic statue of the Hindu deity, Lord Murugan in gold, ascend the 272 multihued steps to a limestone cave where temples nestle dioramas of mythic scenes create intrigue, accompanied by the occasional flutter of bats and the playful monkeys awaiting food. At the base of the hill are two more cave temples, Art Gallery Cave and Museum Cave, both of which are full of Hindu statues and paintings. This complex was renovated and opened as the Cave Villa in 2008.



KAMPUNG LAUT MOSQUE

Masjid Kampung Laut was built in the 15th century by a group of Champa government transporters and it remains as the oldest surviving mosque in Malaysia. Today, this mosque can be found in Kelantan. The architectural style of this mosque embodies a traditional one, true to its time, climate-appropriate, much like the local houses within the vicinity and is said to be the remnant of a once culturally southern Indian Hindu architecture. The original mosque had a basic architectural style and structure — four pillars for the foundation and palm fronds for the roof.

MELAKA SULTANATE PALACE MUSEUM

Paying homage to the Melaka Sultanate, this museum is nestled against the foothill of St.Paul's Hill. Boasting brilliant architecture, this palace museum is a replica of the Sultan Mansur Shah palace back in the heyday of the 15th Century and gives insight into the ancient Malay kingdom then. The Melaka Sultanate Palace museum was erected using traditional architectural methods and was built without the use of a single nail.



PENANG PERANAKAN MANSION

The Penang Peranakan Mansion is a tribute to the Babas and Nyonyas — a community of acculturated Chinese unique to Malaysia, especially in the Straits Settlements of Penang, Melaka and Singapore, ergo dubbed the Straits Chinese. These Straits Chinese eventually adopted the culture of the local Malays and later, the colonial British, which resulted in a unique lifestyle and customs which had not only left behind a rich legacy of antiques but its cultural influences like cuisine and language are still evident in Penang today. At the Penang Peranakan Mansion, expect over 1,000 pieces of antiques and collectibles of the era on display, along with eclectic design and architecture. Having survived the many decades of neglect and decay, the mansion has now been restored to its former glory of a stately home.

FASHION & BEAUTY NEWS

All the must-knows and must-haves of the month

BY AGNES AUI



GET FIT

Bonia has announced its foray into the world of fitness with the release of its firstever fitness-inspired collection, Dravmo, an online exclusive that's available now. The collection marks a significant milestone in the Malaysian brand's evolution since it was founded in 1974. Crafted with natural rubber and a nonslip TPE, the collection's minimal black yoga mat was designed to lend comfort and ease to even the most intensive home workouts. It also offers the extra benefit of being free of toxins, latex and PVC. However, the star of the collection is the two accompanying bags built specifically to carry the mat. The textured exterior and crossbody strap allow for stylish and comfortable portability. In celebration of the Dravmo collection launch. Bonia partnered with fitness instructors Siu Lim, Theresa Winkler and Kea Lee for a nostalgic homage to workout videos of the past.

www.bonia.com

NEW ICON

Bell & Ross is introducing the BR 05, a new icon that's equipped with a chronograph movement – a mechanical complication perfectly adapted to the pace of urban life. Invented to measure and control short-time periods, this function is a loyal ally for those who wear it in their quest to master the fleeting nature of time. The BR 05 chronograph is the latest jewel of masculinity. This sculptural and seductive instrument is full of character with carefully executed finishes, is chic and powerful, and exudes strength and elegance. The finishes on the BR 05 chronograph leave nothing to chance - the satin-polished surfaces are perfectly flat and the polished bevels enhance the volumes they contain. The timepiece's identity is also built on a multitude of small technical and aesthetic details which truly elevate it.

www.bellross.com



BLAZING THROUGH

Nike has launched its Blazer Collection, a clean and classic collection featuring the Nike Blazer Mid '77 Infinite and Nike Blazer Mid '77 Vintage. The Nike Blazer Mid '77 Infinite features durable rubber details on the toe, heel and side, letting you take it where you want, day in and day out. A modern touch is added with the piping and distorted Swoosh logo. The Nike Blazer Infinite also features reinforced mudguards, a bold rubberised Swoosh, and an eye-catching colour palette - all the style you'll want with the game-changing durability you'll need. The Nike Blazer Mid '77 Vintage, on the other hand, harnesses the old-school look of Nike Basketball with a vintage midsole finish, making it look like you've been saving them for years. Whether you're kicking back or stepping out, the Nike Blazer delivers effortless sport-inspired style that's always ready to rock. www.nike.com



GREEN MACHINE

Monki is presenting the Green Machine, a machine that, for the first time, can fully separate and recycle cotton and polyester blends at scale. The Green Machine uses a hydrothermal method to separate these blends - using a closed loop of only water, heat and biodegradable green chemicals. Monki has created the brand's first collection using the Green Machine system featuring an exclusive grey tracksuit set that sports the statement, 'respect your mother (nature)', embroidered on the hoodie and sweatpants. While this is a smaller scale production at the moment, the brand aims to roll out the process on a larger scale by autumn 2021. "As a fashion brand, we need to do our part when it comes to closing the loop. With eyes wide open, Monki will walk into this climate-decade and be part of the solution," said Jenny Fagerlin, Monki's Sustainability director.

www.monki.com

LUXE¹⁰ KLlifeztyle

DUAL-DROP CONCEPT COLLECTION

Versace is introducing the Flash Collection, a bold and daring collection inspired by the attitude of young musicians who pursue their art with relentless dedication. A new print, Medusa Amplified, references vinyl records with its rotating gorgon heads whereas leopard and python patterns are doused in rock-n-roll colourways and placed on unexpected fabrics. The theme of structure and geometry travels to accessories, with the introduction of Medusa Aeternitas. a new bag style suspended from a circular bangle. For womenswear, a new shoulder, the "Scatola", is introduced. It's broad and deliberately boxy, referencing the sharp, rectangular shapes provided by skyscrapers in the new business district of Milan - as seen from the Versace HQ windows. The new shapes and silhouettes embody the constant evolution of the city, its reinvention and quest for regeneration.

www.versace.com





PINK PASSION

Kate Spade New York is introducing the signature handbag collection, in which the signature handbags are adorned with the spade flower pattern. The pattern is created in a special coated canvas that the brand designed with the famed Italian textile mill Limonta (est. 1893). Select styles are made with embossed pebbled leather, resulting in a structured and consistent pattern throughout the piece. This creates unique and practical pieces for a woman's everyday life. The leather also gets softer with wear, is durable and easy to wipe clean. Since its launch in 1993 with a collection of six essential handbags, Kate Spade New York has always stood for optimistic femininity. Today, the brand is a global lifestyle house with handbags, ready-to-wear, jewelry, footwear, gifts, home décor and more.

www.katespade.com

MAKEUP PREREQUISITES

Welcome the new year with these new must-have makeup products



1.TOM FORD 2. GUERLAIN **BEAUTY SHADE** METEORITES BASE AND ILLUMINATE PRIMER SOFT RADIANCE Meteorites base FOUNDATION SPF perfecting pearls is 50/PA++++ a colour-correcting Perfect for those on and radiance-

the go, this medium boosting primer to full coverage that smoothens your foundation features overall complexion. a blend of advanced It is infused with a elastomers and lightdelicate violet scent diffusing powders and is formulated to create the perfect with Guerlain's radiant surface to signature stardust reflect soft light. It technology, also nourishes the providing skin with breathable exceptional radiance. protection RM550 RM327

3. FENTY BEAUTY GLOSS BOMB CREAM

- OKEND -

3

This cult-favourite lip gloss features medium to fullcoverage colour alongside zero shimmer in five creamy shades. Featuring an XXL wand and formulated with vitamin A, this lip gloss is buildable with full-intensity pigment and gives out a brilliant shiny finish. RM101

BY AGNES AUI







4. FENTY BEAUTY DIAMOND **BOMB ALL-OVER** DIAMOND VEIL

This one-of-akind, diamonddusted highlighter applies like a three-dimensional glittering veil and smooths over your skin like butter. Featuring a unique jelly-powder formula that's bouncy and cool to the touch, it delivers a showstopping sparkle all over the face and body. RM172

5. HOURGLASS AMBIENT LIGHTING EDIT SCULPTURE PALETTE SET (LIMITED EDITION)

This limited edition palette is everything you will need to create the perfect highlighted skin. It features three exclusive new shades and is formulated with photoluminescent technology, diffusing surrounding light for skin to appear lit from within. RM374

6. PAT MCGRATH LABS MOTHERSHIP **VII EYESHADOW** PALETTE

Featuring 10 shimmer and matte pressed powder shades, this eyeshadow palette has all the colours you will need for the upcoming year. Being paraben-free and sulphate-free, these shades are pigmented and blend smoothly with each other. RM450





CULT GAIA Tao shell-embellished PVC mules RM 1,903



64 | KL LIFESTYLE

SOPHIE BUHAI Roman gold vermeil necklace RM 4,417

JACQUEMUS Le Chiquito Mini leather and wicker bag RM 3,420

LILAC DREAMS

It was a hit back in the 2000s and we're bringing it back while pairing it with complementing tones

BY AGNES AUI





IRENE NEUWIRTH Super Bloom 18-karat yellow and white gold diamond earrings RM 40,793



BOTTEGA VENETA Messenger embellished intrecciato leather shoulder bag RM 12,966



BOTTEGA VENETA Belted cropped woven straight-leg pants RM 6,184





Start the year out right with these unique and outgoing suits that promises to fit all



UMIT BENAN B+ Bib-Front Cotton-Poplin Tuxedo Shirt RM 3,930





TOM FORD Slim-Fit Bib-Front Cotton-Poplin Tuxedo Shirt RM 2,954



TOM FORD Pre-Tied Silk Bow Tie RM 926



BY AGNES AUI



ETRO Slim-Fit Embellished Velvet Tuxedo Jacket RM 21,680

CHRISTIAN LOUBOUTIN Marpyramide Spiked Velvet Loafers RM 3,730





Maserati to Make Its Entire Production Line Electric By 2025

Maserati has announced that the brand's entire production will be electrified by 2025. The Italian carmaker will be joining other car companies which have also announced that they will be ending their gasoline vehicle production sooner or later, keeping in mind that the end of production of internal combustion engine vehicles is not expected before 2040 at the earliest. In terms of greener modes of transportation, the pioneering carmaker is Swedish - Volvo transitioned to full-electric or plug-in hybrid this year. Meanwhile, another company, France's DS, announced that by the year 2025, its entire fleet of new vehicles will offer an electrified version (hybrid or 100% electric). Jaguar Land Rover's goal is to sell by 2025 around 300,000 electric vehicles a year before turning to 100% electric production. Fellow British brand Bentley will take more time and offer electric-only cars by 2030, as well as Porsche.



Six Senses Arrives in the Americas

Aptly named Six Senses Botanique, this hotel is another green gem in the Six Senses portfolio, and the brand's first opening in the Americas. The resort lies in the desirable Mantiqueira area, two hours from Sao Paulo and three hours from Rio de Janeiro. Formerly known as Botanique Hotel and Spa, the hotel was born out of Fernanda Ralston Semler's vision to set a new benchmark in luxury hospitality that was completely home-grown, recognising local traditions and culture, as well as its natural setting. The hotel was constructed in 2012 by regional architects and designers using indigenous materials such as jacaranda wood, natural stone and chocolate slate. The slate is mined just once every 17 months and the hotel's bearing walls incorporate three-tonne boulders from the adjacent river. The massive 120-year-old wooden beams are reclaimed from farms in nearby Minas Gerais. Huge glass panels line the rest of the construct to evoke a sense of "outdoors inside" with uninterrupted views of Mantiqueira's valleys and mountains.



RAKxa Opens Its Doors to Guests in Bangkok's 'Green Lung'

Located within a lush and expansive botanical garden, RAKxa is separated from the rest of Bangkok by a winding river, accessible by both boat and car, just an hour from both Suvarnabhumi and Don Mueang International Airports. A mix of traditional materials and crafts has been incorporated in a contemporary styling to create a medical wellness retreat that has avoided the 'spa' look while ensuring the crisp, neutral tones are not associated with a hospital. Traditional materials include rattan, bamboo, reclaimed wood, earth-wear, ceramics, brass, jute, mulberry paper and water hyacinth. Light colours of teal and gentle greens are used throughout the premises to soothe and restore an element of calm. Showcasing the serene location next to the river, traditional river boats decorate the gym area as well as elements such as old balers used to decorate the walls. Using local artisans to create the rugs and woven wall decor, RAKxa exemplifies traditional Thai styling, creating the ultimate wellness retreat where Thai hospitality oozes through the design.

The PerfectCare Steam Generator 9000 Series

Philips is presenting the PerfectCare Steam Generator 9000 Series which includes pioneering ActiveSense and DynamiQ ironing technology, and other innovative features that make ironing easy and guick. The new iron's pioneering ActiveSense technology recognises fabrics and adjusts the settings accordingly. It also includes a builtin camera that works in combination with smart artificial intelligence to identify the material, adapting temperature and steam settings to ensure maximum results. The exclusive DynamiQ smart sensor detects movement and automatically delivers powerful steam when the iron is being used, removing creases in one stroke. With a fastcooling SteamGlide Elite soleplate, this iron can be left resting on your clothes or ironing board. It is also designed to have the ultimate gliding performance and maximum scratch resistance, as the stainless-steel soleplate is twice as hard as a regular aluminium plate and has a patented six-layer coating with advanced titanium layer.



LUXE KLlifertyle

BEAUTIFUL HOTEL DESTINATIONS

Somewhere along the way, hotels have become rightful destinations on their own. Here are some luxury hotels scattered across the globe, that should be on top of your bucket list, post-pandemic.

BY HIRANMAYII AWLI MOHANAN

Hôtel Lou Pinet **9** St. Tropez, France

Hôtel Lou Pinet is the epitome of Sixties glamour fitted with retrostyled rooms, a pool worthy of postcards and a magical garden of citrus and pine. Just a guick drive away from the centre of St Tropez, the hotel is reminiscent of a cluster of Provencal houses, each with rustic stone walls, wooden shutters and terracottatiled roofs. As you enter, the interior sees a vibrant palette interspersed with a blend of textures and materials in the rooms, hand-painted ceramics and artwork that are all an ode to the mid-sixties. The hotel's 34 spacious rooms are bathed in light from the dual aspect windows. The rooms offer views of either the verdant Provencal gardens or pool, equipped with outdoor lounges.

loupinet.com



Dar Zemora **9** Marrakech, Morocco

Dar Zemora is a beautiful country-house-style boutique hotel within spacious grounds in the Palmeraie, yet only a short step away from the madness and mayhem of Marrakech's Medina. Stay at the Zahara Suite and enter a private hall this dramatic chocolate coloured suite with draped, wooden four poster, super-king-size bed and sitting area with fireplace. The sense of indulgence continues with a large bathroom and dressing area, walk-in shower, separate WC, marble tub and twin wash hand basins. The suite flows out onto a terrace where one can bask in the view and take an afternoon nap on the day bed. Genteel pastimes are the order of the day at Dar Zemora — start by seeking ultimate relaxation at the Hammam, or take a lap in the swimming pool. For something more adventurous, the hotel's staff can arrange hikes at the Atlas Mountain, horse and camel rides and even witnessing the sunset from a hot air balloon ride.



Singita Sweni **Q** Kruger National Park, South Africa

Tucked into the banks of the Sweni River, this intimate lodge is a hidden jewel that provides a bold, new African context for contemporary design, architecture and cuisine. Exuding alamour and subtle sophistication, Singita Sweni Lodge's seven suites are hidden among a canopy of trees, each featuring open-plan interior, a generously stocked minibar, two bathrooms and an outdoor shower overlooking the river - adding to the feeling of being enveloped by an ancient forest. The suites feature state-of-the-art amenities such as Bose sound systems and bean-to-cup coffee machines and floor-to-ceiling glass doors which open onto expansive wooden decks, where daybeds provide the option to fall asleep under the stars. Guests have private access to 33,000 acres of pristine wilderness in the world-renowned Kruger National Park, ensuring unforgettable game-viewing experiences. With the lodge's proximity to the river, quests are also treated to upclose sightings of numerous animals and birds frequenting the area to drink or wallow in the water.

singita.com/lodge/sweni-lodge

Borgo Pignano 9 Tuscany, Italy

Join the beekeeper, the soap-maker and the lucky resident horses at Borgo Pignano, which sits at the heart of an eye-poppingly scenic 750-acre organic estate in Tuscany, lorded over by a majestic 18thcentury villa and a hamlet that was first settled by the Etruscans. You're likely to find leaving the hotel difficult, especially come checkout, but if you can be convinced, you're just a short drive from the historic hill towns of Volterra and San Gimignano and within easy reach of the medieval cities of Florence and Siena and the vineyards of Chianti. The picturesque heated pool was carved from an ancient limestone quarry. A cluster of sun loungers and parasols dot the surrounding limestone terrace. Eco-conscious concerns shaped this hotel, whose villa, farmhouses and apartments have been restored and decorated using locally-sourced stone and slate, organic plasters and eco paint. Traditional farming methods are used as much as possible.

borgopignano.com



Belmond La Samanna Q St Martin, St Martin

Perched beside one of the most spectacular private beaches in the French West Indies, Belmond La Samanna is as dazzling as the crystal clear waters that lap the sand. Sink into a chic suite, designed to reflect the hypnotic shapes and colours of sea life. Then dress to impress and sample the world-class restaurants, before diving into the island's vibrant social scene. Here, the Caribbean Sea is brought into each room by encapsulating inky blues and aquamarine colours of the sea. The sea is also framed by floor-to-ceiling windows and breezy balconies for an afternoon of laze or cocktails. Families or groups should opt for the threebedroom Cottage, which is bounteous in space and located right on the seafront. It boasts two bedrooms downstairs and one master upstairs, complete with a private patio and outdoor living or dining area. There are three restaurants within the hotel - the more formal L'Oursin has a terrace, as well as a chic dining room with darkwood tables and mirrors set to reflect the sea and sunset, the casual Corail serves alfresco breakfasts on a patio overlooking the sea and the swimming pool and Laplaj serves grilled Caribbean and Creole dishes, with Western classics.

belmond.com/hotels/caribbean/st-martin/belmond-la-samanna



THE DANISH WAY OF LIFE

Creating Hygge at Home

BY HIRANMAYII AWLI MOHANAN

he simplicity of the Scandinavian way of life that celebrates happiness is best embodied by the word hygge (pronounced hue-gah) – enjoying life's pleasures. Created as a concept and lifestyle by the Danish in the 18th century, this enviable lifestyle has been fundamentally infused into their culture. While hygge is meant to encompass the way of living, it also extends to their decor. The main principle of hygge decor is to create a serene space that is free of clutter because a cluttered home is equivalent to stress and that, goes against their lifestyle. So, here's a guide on how you can achieve hygge in your home too

#1 STICK TO A NEUTRAL COLOR SCHEME.

Hygge is synonymous with cool, neutral colours. The colour scheme for your home should never be too loud or overwhelming. All the furnishings and bits and bobs that you add to your space should contribute to an atmosphere of harmony and peace. This is why a neutral colour palette is recommended to achieve this. Opt for lighter colours like pale grey, brown or cream to create a comfortable area for you and your guests to enjoy. Moreover, these hues are easy to decorate.



3. CREATE A SPA-STYLE BATHROOM.

You bathroom doesn't have to be solely the place where you get a quick shower in the morning; you can make it a place for rest and rejuvenation. It doesn't have to be fancy or marble-tiled like on Architectural Digest. To create a bathroom that is pleasant and peaceful, make sure you have ample of hidden storage space to avoid any unwanted clutter. For extra enjoyment, invest in scented candles and comfy robes for an atmosphere that is laid-back and serene.

5. DECORATE WITH CANDLES.

Lighting up a candle can set such a relaxing and romantic ambience, so it comes as no surprise that decorating your space encompasses the hygge lifestyle. Be it your living room, bedroom or bathroom, adding a candle or two to a spot you like and allow its soft-lit glow to emanate throughout the room. You can also add these candles into a neutralhued candle holder or jar for aesthetic purposes.


KEEP IT MINIMAL New ways for the new year

BY AGNES AUI

Benefits Of Adopting The Minimalist Lifestyle

#1 SPEND LESS

e know that the Netflix series

'Tidying Up with Marie Kondo'

was so last year. But truthfully,

the minimalist lifestyle doesn't really run

out of style. Clean and sleek interior not

only exudes comfort and appears chic, but

helps to promote productivity and overall

cleanliness too. Since it's a new year with a

brand new clean slate, it's about time we bid

farewell to the old home decor and welcome

in some luxurious new ones. The minimalist

lifestyle also changes the way you think and

how you live your life, which is beneficial

in many ways. Here, we list the benefits of

adopting the minimalist lifestyle and suggest

some luxury interior pieces you would want to

consider for your home this 2021.

When you choose to accumulate only the essentials, it results in financial freedom. Spending less on things you don't need will reduce your expenses and increase the amount of money your savings.

#2 STRESS-FREE

When you have a minimalist home, it is significantly less stressful as you're able to freely move around and enjoy your home instead of stressing out about having too many things and to move them around to make space for more items.

#3 ALLOWS YOU TO FOCUS ON OTHER THINGS

Instead of always having to clean your home, you'll be more free to focus on other things like hobbies or work. You will realise that you're able to put more effort and time for your hobbies instead of worrying about your home.

#4 EASIER TO CLEAN

Cleaning is a breeze with a minimalist home. This is because with lesser items at home, there's no need to move things around and dust and dirt are easier to spot.

#5 ENVIRONMENTALLY-FRIENDLY

Purchasing less means that you'll create less waste. This in return benefits the environment as we cause less damage to nature.

#6 EASIER TO FIND THINGS

Finding things is always a challenge for those with loads of clutter at home. But with a minimalist home, you'll know where everything is because there's not much stuff to search through to begin with.

#7 NO NEED TO COMPARE

Living a life full of comparisons can be stressful and annoying at times. But when you adopt the minimalist lifestyle, you'll feel there's no need to compare what you own with others because of the vast array of benefits that come with switching to this lifestyle.

Luxury Interior Pieces To Consider This 2021





REFLECTIONS COPENHAGEN Orlando Table RM9,689

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#8 QUALITY OVER QUANTITY

When you own a minimalist home, you'll tend to want to purchase high-quality items that will last long instead of purchasing them in bulk. This results in you having a home filled with high-quality pieces.

#9 VISUALLY APPEALING

Minimalist interior is visually appealing, making you feel more comfortable and content with your living space. In return, you'll realise a spike in productivity and

#10 MORE OPPORTUNITY TO REST

Instead of worrying about the clutter and dirt in your home, adopting the minimalist lifestyle gives you more opportunities to rest. There will be an increase in rest time and better health and well-being when you adopt this lifestyle.

GLASS SKIN A complete guide

BY AGNES AUI

Forget makeup, this year is all about glass skin. While makeup is essential to ensuring you look and feel your best throughout the day, especially when you've got important events to attend, having glass skin starts with skincare. With the right products and proper methods, achieving glass skin is a rewarding challenge. So, if you're looking to flaunt that glass skin all year long, here's a complete guide for you.

#STEP-BY-STEP SKINCARE ROUTINE

First, wash your face with a gentle oil cleanser

that won't clog pores or strip your skin of its

natural oils. The benefit of oil cleansers is the

fact that they remove excess oil and pollution

from your skin without actually eliminating

natural oils on your face. It's also a great

cleanser to use, especially if you've had makeup on all day long, as it gently melts

After cleansing with a gentle oil cleanser,

cleanse your skin again with a gentle foam

cleanser. This extra cleansing step will ensure

that every bit of dirt is removed from your

skin, allowing your skin to breathe and heal

throughout the night. It is important to note

that cleansing gently with your fingers is recommended for those with dry or sensitive

Every other day, exfoliate your skin to get rid

of excess dead skin cells and blackheads. Just

take a small amount of face scrub and gently

scrub your skin, going in circular motions

until your entire face has been exfoliated.

There are many face scrubs found in beauty

stores but the great thing about exfoliation is

that a face scrub is easy to make at home.

Just combine sugar (or ground coffee) with coconut oil for a moisturising exfoliant.

Toners tend to be overlooked in a skincare

regime when in fact, is the most important

part of it. This is because toners help reset the

pH value of your skin, allowing your skin to

better absorb the products in the next part of your routine. There is also a vast variety of toners that you can find in beauty stores - with

extra acid exfoliants such as AHA and BHA,

alongside simpler toners like pure aloe vera.

your makeup, making it easy to remove.

TO ACHIEVE GLASS SKIN

1. Cleanse

2. Cleanse again

skin to avoid irritation.

3. Exfoliate

4. Tone

#WHAT IS GLASS SKIN?

Glass skin is a term used to describe exceptionally smooth, even-toned and luscious skin. It appears so flawless and clear that it mimics the appearance of glass. Glass skin is an elegant way of describing a complexion that is simply desirable. However, it shouldn't be confused with the popular 'dewy skin'. This is because 'dewy skin' refers to skin that looks moist, plump, replenished and healthy. Glass skin, on the other hand, aims for an intensely moisturised skin that gives off an almost transparent complexion, hence the term 'glass skin'. This trendy skin can be achieved by a skincare regime known in Korean beauty and we're here to tell you all about it.

#PRODUCTS YOU WILL NEED

In order to obtain glass skin, you should be equipped with the products needed in the 10-step skincare regime. Here is the list of products you'll need:

- Oil Cleanser
- Gentle Foam Cleanser
- Exfoliator
- Toner
- Essence
- Serum Or Face Oil
- Moisturiser
- Sunscreen
- Face Mask

5. Essence

An essence is a thin, water-based product that adds moisture to the skin. Though many skip this step in a skincare routine, incorporating it actually increases moisture retention and helps in the absorption of other products. It provides a natural glow to your skin and moisturises it further, making it ideal for those with dry to normal skin types. Overall, a functional essence also intensifies the benefits of any skincare regime.

6. Serum or face oil

One of the most important products in any glass skin routine is a serum or a hydrating facial oil. The serum or facial oil should be lightweight yet packed with antioxidants, which protect the skin and reduce the signs of ageing. For glass skin, it is important to choose a serum that has vitamins or hyaluronic acid as hyaluronic acid moisturises your skin and brings out your skin's natural glow.

7. Moisturise

Moisturising in the day and night is an important step in a skincare routine as it gives you that instant burst of hydration, leaving your skin smooth and supple. For those with dry skin, try using a heavier moisturiser like cream-based or oil-based as your skin needs the extra oil. For those with oily skin, a gel moisturiser will work perfectly as it's light and doesn't cause a heavy or greasy feel to your skin.

8. SPF

Sunscreen is a must in every skincare routine, especially the glass skin routine. This is because sunscreen protects your skin from harmful UV rays that eventually cause skin pigmentation. Skin pigmentation typically appears as you age and is difficult to reverse. Look for a sunscreen that's equally hydrating, protecting, and won't leave behind any residue.

9. Face mask

Every other day, you should be applying a face mask to restore the skin's moisture or treat any skin issues. Clay masks are great for cleaning and reducing the appearance of pores without drying or irritating skin, while sheet masks are perfect for hydration and give your skin that instant glow. HEALTH & BEAUTY

NOURISH YOUR SKIN

Superfood-infused Skincare

BY HIRANMAYII AWLI MOHANAN

Wholesomeness has been the recurring theme of late and it runs the gamut from nourishing the body to skincare and haircare. With that in mind, we have compiled a guide to superfood-infused beauty products to pamper your skin and incorporate into your daily routine.

BRIOGEO

Be Gentle, Be Kind™ Matcha + Apple Replenishing Superfood Shampoo

When a shampoo is created based on a green juice, you know you need it in your haircare regime. Packed with nutrients, Briogeo's Be Kind[™] Matcha + Apple Replenishing Superfood Shampoo was concocted to quench parched and dull strands with a daily dose of matcha and apple. By extracting the power of fruit and vegetable fatty acids, vitamins and minerals, this green shampoo helps to support the vibrancy and strength of hair. This SLS-free formula won't strip your hair of moisture, and is colour safe. It's noteworthy that Briogeo's products are rich in antioxidants and free from paraben, sulphates and phthalates.





ORIGINS

Drink Up[™] Intensive Overnight Hydrating Mask With Avocado & Swiss Glacier Water

Fortified with amazing and nourishing ingredients like Swiss glacier water, hyaluronic acid and avocado butter, the Drink Up™ Intensive Mask drenches extra thirsty skin in 72 hours of non-stop hydration. Leave it on overnight and wake up to a glowing and hydrated skin. Rich in healthy fats and nutrients, avocados boast a buttervsoft texture, making them an ideal ingredient in skincare, while the Swiss Alps, described as nature's "water towers", are the source of Swiss glacier water, which is pure and mineral-rich. In this mask, it works with hyaluronic acid to help drench skin all day with moisture.

SUNDAY RILEY Juno Antioxidant + Superfood Face Oil

Face oils are designed to provide skin with moisture and lock in hydration. This 100% pure extract face oil nourishes the skin with critical antioxidants, vitamins, essential amino acids. Omegas 3, 6, & 9, and naturally soothing agents for a luminous, radiant complexion. You'd find vitamins A and C in the mix of ingredients to brighten the skin's appearance for healthy-looking, natural vibrance, while fortifying the skin with anti-ageing antioxidants. Sunday Riley's superfood face oil isn't greasy in

nature, in fact, it leaves your skin

hydrated, protected and velvety



soft for an obsession-worthy glow. Don't underestimate this little bottle for its portent with blueberry seed oil which offers high antioxidant properties, vitamin E, Omega 3 and cranberry seed oil — rich in vitamins A, C, E and K, as well as being a perfect balance of Omega 3-6-9. Red Raspberry seed oil has soothing and calming properties and when used in conjunction with a sunscreen, it helps support natural UV protection.

DIOR

One Essential Intense Skin Purifying Booster Serum

Dior's One Essential Intense Skin Purifying Booster Serum is more than just an average serum it detoxifies, regenerates and boosts skin for a revitalised complexion. Potent with powerful formula, this beauty elixir targets both outdoor-UV rays, stress and pollution-and indoor toxins, such as carpet, glue, varnishes and electronic devices. It also boosts the efficacy of skincare products to follow by quadrupling the effects of active ingredients for fresher, plumped skin with smoother texture and a more beautiful complexion.



Dior's One Essential's allure is its unique cocktail of ingredients that creates a new superfood to nourish, detoxify, hydrate and energise the skin. Hibiscus, a natural antioxidant, detoxifies the skin while lily extract nourishes and creates a strong protective barrier with amino acids, peptides and proteins. This formula also includes vitamin C for energy, longoza to fight inflammation and detoxify, purified water for hydration and seaweed extract for nutrition. Together, these ingredients will nourish your skin.



HERBIVORE BOTANICALS Coco Rose — Coconut Body Oil Polish

Moisturising the body is as important as moisturising your face. Here's where Herbivore Botanicals' Coco Rose Coconut Oil Body Polish comes in. Armed with highly moisturising and gently exfoliating blend of virgin coconut oil and delicate floral Moroccan rose absolute, your skin would thank you for this pampering. Derived 100% naturally, coconut oil is used for its essential proteins that keep skin healthy and rejuvenated, inside and out, by supporting cellular health and tissue repair while the Moroccan rose has high levels of antioxidants and fights cellular damage. A cooling antiinflammatory and astringent body polish, it keeps pores clean and refined as well as leaves the skin silky soft and hydrated with a delicious scent.



TATCHA Violet C Radiance Mask

Many celebrities swear by Tatcha's products for its amazing results evident on the skin. Tatcha's Violet C Radiance Mask is a creamy treatment mask packed with the anti-ageing and brightening power of seven fruits, two unique types of vitamin C, and antioxidant-rich Japanese beautyberry. What it does is essentially support surface cell turnover for firmer-looking skin while also improving moisture levels. The oil-soluble vitamin C derivative allows it to soak the skin longer, helping to protect from oxidation and reduce UV damage for brighter skin over time. The mild fruit AHAs, derived from seven fruits: apple, grapefruit, orange, lemon, lime, hawthorn and jujube, are gentle yet effective acids that rid the skin of debris and buildup of dead cells for smooth, radiant skin. Japanese beautyberry is rich in polyphenols and antioxidant activity to help protect vitamin C from degradation caused by UV assault, allowing the vitamin C to remain active.

IT'S TIME TO LOSE

Unique tips and tricks to lose weight

BY AGNES AUI

s we usher in the new year, it's inevitable that one of your New Year's resolutions is most likely achieving that dream body. And whilst you're already planning your workout regime for the year in advance, remember to not overlook dieting. The simplest way to achieve your goal is to follow the 80% diet and 20% exercise rule, where your diet will play a huge role. But if you're like most of us that find it a challenge to adhere to a strict diet, there are some unique tips and tricks that make losing weight slightly easier. Here, we list them all out for you:

#1 USE SMALLER PLATE FOR MEALS

One way to lose weight is to use a smaller plate when consuming meals, as compared to using your usual large plate. This is because you'll find it more difficult to pile up food items, overall resulting in you consuming lesser food. Another reason is when you visually see that your plate is filled with food, you'll tend to feel full after finishing it all - thus, consuming less. Eventually, you'll get used to eating smaller portions without feeling hungry afterwards.

#2 DON'T BAN CERTAIN FOODS

We're all naturally born as picky eaters. There are some items that we love and some that we dislike (which unfortunately tends to be fruits and vegetables). However, when it comes to dieting, you shouldn't ban a certain food (for example, chips). This is because banning it will cause you to crave for it more and may result in a bad binge. Instead, cut down on it and treat yourself maybe once a week or once a month, depending on how you feel.

#3 CHEW LONGER

Chewing longer has been scientifically proven to help a person lose weight. According to Time, some preliminary research has found that chewing until "no lumps remain" increases the number of calories the body burns during digestion. For example, it will burn about 10 extra calories for a 300-calorie meal. So the next time you're tucking in for a meal, remember to take your time when chewing.

#4 DON'T STOCK JUNK FOOD

We know how amazing it looks to have a drawer

or shelf filled with all kinds of junk food imaginable to humans. But it's also unhealthy and makes losing weight that much harder. This is because when you stock up on junk food, it's natural for you to want to reach out for the junk food when you're bored throughout the day. This will cause you to consume more processed and unhealthy food, not allowing you to lose the weight you wish to lose.

#5 EAT FOODS WITH HIGH FIBRE

Food containing a high amount of fibre will help you feel full, which is perfect for those who are looking to lose weight. The best way to train yourself to consume high fibre foods is to go vegetarian or vegan as most plant-derived ingredients contain lots of fibre. However, it is slightly extreme which is why including a lot of fruits, vegetables, oats, beans and lentils in your daily diet is important.

#6 SAY GOODBYE TO SUGARY DRINKS

If you've ever read testimonials on losing weight, many would say that they cut down heavily on sugary drinks like sodas and processed fruit juices. This is because sugary drinks contain a high amount of fructose, which increases your hunger and desire for food. So, by consuming more sugary drinks, you'll find yourself munching more and overall consuming more food.

#7 EGGS FOR BREAKFAST

Eggs are a great source of protein to start your day out right. According to healthline, studies have shown that replacing a grain-based breakfast with eggs can help you eat fewer calories for the next 36 hours as well as lose more weight and body fat. Eggs are also a versatile ingredient that can be prepared in a variety of ways, like hard-boiled, soft-boiled, scrambled, omelette and sunny side up.

#8 DRINK BLACK COFFEE

Black coffee or coffee in general is filled with antioxidants and is helpful when it comes to losing weight. The caffeine in coffee actually helps increase your metabolism and increases fat burning, which is beneficial to anyone looking to shed some pounds. However, it's important to avoid adding any sugar to your coffee or it would defeat the whole purpose.



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Khalil Ibrahim B. Kelantan, 1934 - 2018 Nude Movement, Circa 1980s Acrylic on canvas 38 x 21 cm

(KLAS) has carved a distinctive

name for itself as a leading auction

house and gallery in the vibrant

Malaysian art scene, having promoted

and sold over several thousand

artworks by established local.

regional and international artists

including several renowned masters. In

celebration of KL Lifestyle Art Space's

(KLAS) 10 thriving years of being in

the industry, we look back at the major

artworks sold and exhibited by KLAS

since its establishment in 2011 in a

forthcoming coffee table book to be

Rafiee Ghani B. Kedah, 1962 Still Life, 1994 Acrylic on canvas 154 x 96 cm

Abdul Latiff Mohidin B. N. Sembilan, 1941 Pago Pago Series - Rumbia (Singapore), 1968 Edition 1/3 Linocut on paper 45.5 x 30 cm

PERFECT 10 CELEBRATING 10 THRIVING YEARS @ KLAS

BY HIRANMAYII AWLI MOHANAN

rince its inception in February **ART JOURNEY MILESTONES** 2011, KL Lifestyle Art Space

KL Lifestyle Art Space first opened its doors at Tropicana City Mall in 2011, with the main objective of giving due recognition to Malaysian artists, primarily senior and established artists who have been under the radar for quite some time - especially those who have not been recognised as much as their contemporary counterparts. True to its promise, after merely one and a half years and relocating into its gallery in Jalan Maarof, Bangsar, KLAS hosted its first art auction in the third quarter of 2012 - the Inaugural Indonesian and Malaysian Modern & Contemporary Art Auction at Nusantara Ballroom, Sheraton Imperial Kuala Lumpur.

KLAS's introductory auction in 2012 saw the featuring of Malaysian and Indonesian artworks, with venerable names such as Jeihan Sukmantoro and Srihadi Soedarsono leading the pack. With KLAS art auctions and the Malaysian visual arts scene arowing in tandem, more and more works of senior artists from neighbouring countries were secured.

The second KLAS auction dubbed "The Malaysian Modern & Contemporary Art Auction 2012" sold over RM2.4 million worth of artworks, achieving over 90% in sales from 108 artworks. It was evident during this auction that Malaysian art aficionados started to take a keen interest in the auctions hosted by KLAS. The interest surged steadily during the third auction,

during which sales catapulted and surpassed the RM3 million mark, with over 92% in sales aarnered.

In 2013, Filipino artists began to pervade KLAS, led by Ang Kiukok, Malang Santos, Benedicto Cabrera and much recently, Jose Joya. In 2014, when Singaporean artworks and buyers started making their way into KLAS art auctions, Malaysian artworks were exposed to our neighbours, and they have been fascinated with them since. On an international scale, KLAS has successfully hosted two major shows to date. Our Being, a solo exhibition in 2011 by the seasoned Indonesian artist Jeihan Sukmantoro, marked KLAS' foray into promoting artworks by renowned Southeast Asian artists. KLAS' second international exhibition took place in 2017 with a major Australian artist, David Bromley, for his inaugural exhibition in Kuala Lumpur

Eager to satisfy aficionados' hunger for beautiful and brilliant works, soon, an extensive variety of works from maestros such as Chen Wen Hsi, Cheong Soo Pieng, Tay Bak Koi collected by Singaporeans, Laxman Pai and B Vithal from India, John Coburn and David Bromley of Australia, Sujarit Hirankul of Thailand, Min Wae Auna of Myanmar, sought after prints by Zao Wou Ki and Damien Hirst and many more descended upon KL Lifestyle Art Space.

In 2015, KLAS moved into a beaming industrial-looking gallery in Jalan Utara which birthed more auctions and became home to many more artworks and sculptures since. At present, the gallery is under renovation and looking at doubling the space in 2021. Visitors can expect a new shop unit to open in March, the same year, in Jalan Bukit to cater for affordable masterpieces by renowned Malaysian and international artists.



Damien Hirst B. England, 1965 The Souls III (Leaf, Green, Rustic Copper), 2010 Foil - Block print in colours, 73 x 52 cm



Abdul Latiff Mohidin B. N. Sembilan, 1941 Mindscape Series "Mindscape - 27", 1983 Oil on canvas 89.5 x 90 cm



Chuang Che B. China, 1934 Landscape #1, 1970 Acrylic and collage on canvas 129.5 x 167.5 cm



Khalil Ibrahim B. Kelantan, 1934 - 2018 Nude, 2006 Acrylic on canvas 90 x 105 cm



Abdul Latiff Mohidin B. Negeri Sembilan, 1941 Gelombang, 1993 Mixed media on paper 18 x 27 cm

published.

ART FEATURES













Hoessein Enas, Dato³

B. Indonesia 1924 - 1995 Portrait of Zoebaidah, 1958 Oil on canvas 82 x 66.5 cm

Hoessein Enas, Dato³

B. Indonesia, 1924 - 1995 East Coast Girl. 1985 Oil On Canvas 40.5 x 30.5 cm

Chuah Thean Teng, Dato B. China, 1914 -2008 Mother and Children, 1990's Batik 92 x 61 cm

Chen Wen Hsi B. China, 1906 1991 Herons Ink on paper 65 x 68 cm

Awang Damit Ahmad B. Sabah, 1956 EOC Series 'Sinumandak" 1988 Acrvlic on canvas 89 x 79 cm KL LIFESTYLE | 83

ART FEATURES **SCULPTURES**

Over the years, since 2011, KLAS has seen many sculptures grace its halls, crafted by venerable artists such as Abdul Latiff Mohidin, Abdul Multhalib Musa, Ng Eng Teng, Jim Dine and B. Vithal to name a few.

Abdul Multhalib Musa is considered the chief sculptor in the contemporary Malaysian art movement. His clean, kinetically influenced sculptures have earned him several awards, residencies and commissions, notable among them the Rimbun Dahan Residency in 2001 and the Australian High Commission Residency in 2004. In 2002, Multhalib won the Award of Excellence at the 6th Oita Asian Sculpture Open Competition in Japan, the Juror's Choice Award at the National Art Gallery in Kuala Lumpur in 2002 before going on to be selected for the Ordos 11th Asia Arts Festival, Inner Mongolia Autonomous Region, China, as well as the Urumai International Urban Sculpture Symposium in Xinjiang, China in 2009. He won a competition to design a major outdoor sculpture for the 2008 Beijing Olympics in China. Multhalib has created major commissioned works for Petronas, The Hilton, The Grand Hyatt, The Westin, Aliya and Farouk Khan, and UMW Toyota.

Abdul Latiff Mohidin or affectionally known to serious art collectors as Pak Latiff was born in Seremban. He was a child prodigy and has become an artist virtuoso of epic reputation. A constantly evolving artist, Latiff's many series, include Pago-Pago, Mindscape, Langkawi and Gelombang and his foray into sculpting has established his status as one of the most versatile artists in the Malaysian art scene.

Jim Dine is an American artist often associated with both Pop Art and Abstract Expressionism. However, he did not identify with a specific movement, instead, produced a vast oeuvre of paintings, drawings, works on paper, sculptures, poetry and performances. Emeraina as a pioneer of New York's Happenings of the 1960's, Dine would carry the spontaneous energy of this movement throughout his style, which emphasised the exploration of everyday life. Personally significant objects were Dine's primary motifs, as in his iconic series of hearts and robes.

Na Ena Tena crowned as 'The Grandfather of Singapore Sculpture', was born on July 12, 1934 and studied painting under firstgeneration masters such as Georgette Chen and Liu Kang. He then moved to Enaland to further his studies in ceramics. Since returning to Singapore in 1966, Eng Teng produced prolific works throughout his career until his death in November 2001. He was a celebrated artist in Singapore, remembered for his large-scale sculptures gracing many public spaces. Among Eng Teng's slew of sculptures, one stands out; it is an homage to a great art legend, Frank Sullivan. Sullivan's influential foothold in the art movement in Malaysia and Singapore inspired Eng Teng to create

the 'Bust of Frank Sullivan' in the 1970's. The sculpture, 'Bust of Frank Sullivan' which was previously in the private collection of an English estate in London, shows his meticulous brilliance, capturing the essence and minutiae of Sullivan's features perfectly, from his smile to the waves in his hair. It could also be assumed that both Sullivan and Eng Teng had crossed paths during Sullivan's active advocacy of the local art scene in Malaysia and Singapore that led him to pay a tribute to this great man.

B. Vithal was born in Maharashtra, India in 1935. He was a master sculptor and painter who studied at the Sir I.I. School of Art. Mumbai. With his learnings, his sculptural works became known for their monumentality, with the innate understanding of the human form being evident. At the early age of five, he started sketching Lord Ganesh and other deities in chalk on his slate. Comina from this inspiration, his works were inspired by Hindu mythology, philosophy and ancient Indian art. In the mature phase of his career, Vithal focused on sculptures because the process was a more tangible experience than painting. The bronze sculpture that was featured in KLAS Art Auction is one of Ganesha, the Hindu god of beginnings who is highly recognisable with his elephant head and human body, representing the soul and the physical respectively. Ganesha's big belly is thought to represent generosity and total acceptance, and he is known as the patron of writers, travellers, students and entrepreneurs, for whom he removes obstacles.

Lye Yau Fatt was heavily influenced by the Nanyang style, especially under the mentorship of the leaendary artist and Nanyana art style pioneer Cheong Soo Pieng. Lye Yau Fatt's cement and aranite sculpture entitled 'Malay Girl/Gadis Melayu' (Illustrated on page 7 of the Exhibition Winner Announcement Catalogue) won the 2nd Prize for the Sculpture Competition And Exhibition in 1983 hosted and exhibited by the Penana State Art Museum in collaboration with Sin Pin Jih Pao Malaysia and Super Departmental Store Sdn. Bhd. This particular sculpture retains some link to figuration, especially the appearance of the woman which resemble most of his famous elonaated ladies in his canvas works, the subject is positioned in a way that would require a lot of deliberation from the viewers' part. She is seated, curled with her knees up to her chest as the material of her clothing is stretched. It is a quiet, serene moment - contemplative and solemn. It is the encapsulation of tranguility. However, this sculpture has the potential to be something very subjective, especially to the most fertile of imaginations.

Datuk Ibrahim Hussein, affectionately known as lb, was born in Sungai Limau, Kedah, in 1936. He was a Malaysian artist best known for combining printmaking and collage in his colourful and layered paintings. Besides paintings, Datuk Ibrahim Hussein had also dabbled in sculptures, evident of his fervour for art. He studied at the Nanyang Academy of Fine Arts in Singapore in 1956 and then moved to London, where he continued his studies at the Byam Shaw School of Art and the Royal Academy Schools. He travelled to France and Italy after being presented with an Award of Merit scholarship. He also founded the Ibrahim Hussein Museum and Cultural Foundation in Langkawi in 2000 and celebrated it with the Langkawi International Festival of Arts. He also organised the Club Mediterranee Asian Arts Festival in Cherating (Pahang) and Bali.

NG ENG TENG Conical Form, 1985s Clay sculpture 56.5cm



ABDUL MULTHALIB MUSA Perching, 2003 Lasercut mild steel 60 x 10 x 10cm





ABDUL LATIFF MOHIDIN Pago Pago Sculpture, 1969 Copper sculpture 99 x 89 x 35.5 cm



Forgiven 2, 2002

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B. VITHAL Ganesha Bronze sculpture 10 x 7 cm

ABDUL MULTHALIB MUSA Reconstructing Beauty, 2004 Lasercut mild steel 120cm x 120cm x 3cm





ABDUL MULTHALIB MUSA Stainless steel 52 x 31 x 38 cm



PABLO PICASSO Yan visage (1963 A.R. 512) Red earthenware 10.75 x 5 x 6.5cm

INTERNATIONAL ARTWORKS

Successfully growing in tandem with the Malaysian visual art scene, KLAS not only features modern and contemporary art by local artists, but regional and international artworks too. Such is evident with 'Prelude to Violence' by famed Filipino artist, José Joya which soared past expectations and set a new Malaysian record for KLAS. This abstract beauty that transcends foreign influences and borders, garnered the interest of many even before the auction, resulting in a riveting phone bid battle that ended with a thundering applause.

Always aiming to please art enthusiasts and presenting interesting artworks by maestros, it's noteworthy that this gallery and auction house has also featured 20th Century's most influential artist, Pablo Picasso's Red Earthenware with Black Painted numbering on Bottom Edition Picasso/ Madoura Edition 31/300; famed Australian artist David Bromley, Sri Lanka's most distinguished modern painter George Keyt; Adrien-Jean Le Mayeur — a Belgian painter from Brussels who lived the last part of his life in Bali, Indonesia; Charles Blackman, who was a celebrated Australian figurative artist of the 20th century; Damien Steven Hirst - an English artist, entrepreneur and art collector who dominated the art scene in the UK during the 1990s; Yoshitomo Nara, a Japanese artist best known for his paintings of children and animals that appear simultaneously sweet and sinister, and the list goes on.



Yang Keshan B. China, 1944 Girl with Sheep, 1987 Tempera on board 67.5 x 65 cm



Ong Kim Seng B. Singapore, 1945 Himalayan Panorama, 1982 Watercolour on paper 77.5 x 113 cm



Adrien-Jean Le Mayeur B. Belgium, 1880 - 1958 Ni Pollock Weaving Pastel crayon and watercolour on paper 46 x 62 cm



Putu Sutawijaya B. Bali 1971 Himalayan Beda Dalam Damai, 2003 Acrylic on canvas 140 x 145 cm



Srihadi Soedarsono B. Indonesia, 1931 Bedaya Ketawang-Beauty of Soul, 2015 Oil on canvas 150 x 150 cm



Paritosh Sen B. India, 1918 - 2008 Ragini Asavari, 1961 Oil on panel 90 x 60 cm



Chuah Thean Teng, Dato' B. China, 1914 - 2008 Village Scene Batik 46 x 120cm

LOCAL ARTISTS AND THEIR WORKS

Fast-forward 43 auctions later, KLAS has become a major mover in the Malaysian art landscape, spurring it towards its promising prime. A multitude of indisputable Malaysian heavyweights that frequent the auction house and art collectors look forward to include the late Khalil Ibrahim, Datuk Ibrahim Hussein, Abdul Latiff Mohidin, Awang Damit Ahmad, Yusof Ghani, Datuk Chuah Thean Tena, Datuk Sharifah Fatimah, Jolly Koh, Ong Kim Seng and Rafiee Ghani, among the mix.



Haji Widayat B. Kelantan, 1934 - 2018 Burung Phoenix Oil on board 50 x 59.5 cm

Greenscape, 1987 Acrylic on canvas 102 x 106 cm



Awang Damit Ahmad B. Sabah, 1956 EOC (Intipati Budaya) E.O.C Doa dan Syair Sang Pelaut, 1989 Mixed Media 178 x 181 cm

Ahmad Khalid B. Kuala Lumpur, 1934 - 1997 Untitled, 1978 Acrylic on canvas 89 x 89 cm

OPENING OF 'KLAS CORNER' IN 2021

The dawn of a new years calls for fresh beginnings and in the spirit of newness, KLAS expands its wings to a derivative of its main gallery dubbed 'KLAS Corner' at 9, Jalan Bukit, Petaling Java which is scheduled to open its doors in March 2021. Located within the same locale and merely 100 meters away from the flagship KL Lifestyle Art Space, this gallery would serve a medley of artworks by contemporary artists and masters as well as affordable artworks by established artists within Malaysia and internationally. This comes seeing the steady growth market of Malaysian art over the years, as well as keeping to KLAS' goal of exposing more Malaysians to the country's vibrant art scene.

ART FEATURES



Abdullah Ariff B. Penang, 1904-1962 Tree by a River, 1955 Watercolour on paper 33 x 56 cm





Sharifah Fatimah Syed Zubir, Dato B.Kedah, 1958

Ali Nurazmal Yusoff B. Penang, 1978 Whos Next, 2008 Oil on canvas 61 x 61 cm





Yusof Ghani B. Johor, 1950 Siri Tari III. 1984 Oil on canvas 163 x 219 cm



Syed Ahmad Jamal B. Johor, 1929 - 2011 nic at Sonning, 2006 Acrylic on canvas 76 x 183 cm



ROSA MALACCA A Rustic Retreat

BY HIRANMAYII AWLI MOHANAN

S of Melaka, an industrial-looking establishment by the name of Rosa Malacca stands tall and proud, breaking away from the cultural norm that emanates from this city. Owned by two young entrepreneurs whose wanderlust led them to discover the world, they brought back elements from countries they fell in love with and permeated it through their brainchild, Rosa Malacca.

The hotel's biggest allure lies in its prime locale, merely minutes away from

all the local attractions and places of interest. A rustic signage with the hotel's namesake crowns the facade. Its lounge area with giant clocks that represent the time of various countries, trunks that serve as a coffee table, cascading black chandeliers, massive day bed sofas and distinct throw pillows assimilate with its ambience and invite you to get cosy. Take the lift and ascend to the lobby where a serene and artistically designed space greets you together with a mammoth bouquet of beautiful flowers and friendly staff with a smile etched on their faces. You can't help but whip your phone out for a picture. In fact, every nook and crevice of Rosa Malacca deserves a picture.

Rosa Malacca proves to be a breath of fresh air, featuring contemporary flair with an artistic touch throughout its interior. A modern industrial space is the architectural trope seen throughout the hotel, boasting elements such as classic red bricks and matte concrete walls punctuated by ubiquitous greenery to break the monotony, and frames of



one need not venture out for food.

Boasting five room categories, each is designed with the same industrial theme in mind, offering bounteous space, modernity and the hippest amenities while still exuding cosiness. From Deluxe King to the Family Suite, Rosa Malacca caters to the needs of every traveller. Besides the attractive amenities, the minute details that make the hotel distinct are the custommade Rossa logo and names of historic landmarks in the city are ubiquitous, on almost every single item such as pillow,



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hanger, slippers and lamp. The owners envisioned the Rosa Malacca brand to be etched to your memory. The piece de resistance of the room is the colossal king-size bed that sings a siren song, calling you to sink in. When you have finally mustered up the courage to leave the room, the historic city of Melaka and its offerings await. Suffice to say, a stay at Rosa Malacca will guarantee your return in the near future.

212, Jalan Parameswara, 75000 Melaka, Malaysia. Tel: 06 2819888



THE KUALA LUMPUR JOURNAL HOTEL

An epitome of modern and chic

BY AGNES AUI

If the purpose of your stay is to loosen up

and de-stress, a trip to the hotel's rooftop

THE SWIMMING CLUB

ocated just minutes away from the nightlife hub of Kuala Lumpur is an upscale modern and contemporary hotel known to many as The Kuala Lumpur Journal Hotel. Aside from its high-class facade, stylish interior and convenient location, the ultimate highlight of this hotel is its Hawaiianthemed rooftop bar that's sure to light up your Instagram feed.

ROOM

The Kuala Lumpur Journal Hotel boasts three different types of rooms, all of which are equally spacious and cosy. The deluxe king, deluxe triple and the superior deluxe rooms feature light coloured walls and opulent bedding which exude comfort from the minute you walk in. Aside from that, the room also has ceiling-to-floor window panes, a plush sofa and a 40-inch flat screen HDTV with free satellite channels and Netflix . making it the perfect getaway staycation spot to relax and unwind. Levelling up your experience, the room comes with a JBL wireless Bluetooth speaker that features an alarm and radio alongside two charging USB points. Complimentary high-end bathroom amenities, high pressure rain shower and a complimentary mini bar can also be found in all rooms.

bar is one to add to your to-do list. Not only is the entire floor photo-worthy, but the drinks served are divine and the view will have you staring in awe for hours on end. Known as The Swimming Club, the bar features lilac-washed walls and bright neon signage alongside colourful seats and some rattan furniture as well. At one end, you get the rustic and demure vibe while at the other end, you get a bright, playful and fun ambience - making the spot perfect for Instagrammers and pretty pictures. You can also elevate your experience by ordering some of the bar's signature drinks such as the Rooftop Lemonade, Assam Boi Mojito, Pandan Caipirinha, Jungle Bird and Poolside Tropical Sangria, just to name a few. For some bites, try the crispy baby shrimp with Thai dipping sauce or the Atlantic smoked salmon cream cheese bagel.

EXPLORE

Those looking to venture out during their stay can easily visit the heart of Bukit Bintang on foot, as it's only an eight-minute walk from the hotel. During the day, find yourself shopping



The Swimming Club (pool)

at Pavilion, Lot 10 and Farenheitt 88 as you traverse a vast variety of cafes and eateries that are sure to satisfy your every craving. Once you've fully immersed yourself in the grandeur of city lifestyle throughout the day, find yourself indulging in classic Malaysian street food at Jalan Alor before adjourning to the nightlife hotspot in Changkat for a drink or two and a fun time on the dance floor.

The Kuala Lumpur Journal Hotel 30, Jalan Beremi, Off, Jalan Sultan Ismail, Bukit Bintang, 50200 Kuala Lumpur Tel: 03-2110 2211 Premium Deluxe Room

PULLMAN KUALA LUMPUR CITY CENTRE

Contemporary Comfort of Home

BY HIRANMAYII AWLI MOHANAN



Sedap Restaurant

ometimes, the best getaway venues are right under Jour noses. Though ideally, we dream about lounging by the beach while listening to the crashing of waves, an equally relaxing escapade can be found within the city and this is at Pullman Kuala Lumpur City Centre. In fact, a weekend respite without having to travel far or bear the cost of exorbitant flight tickets is a metropolitan's dream. The location of the hotel is strategic, at the heart of the golden triangle and merely a stone's throw away is Pavillion Mall, where retail therapy and a myriad of entertainment awaits.

ROOM

The Premium Deluxe Room grants a panoramic view of stunning skyscrapers through magnificent windows. The setting of the room is a cosy and comforting one where a grey palate is seen throughout, complemented by bursts of turquoise hues. One is welcomed into the room with the stunning view on one hand and on the other, welcome amenities featuring a delectable array of sweet treats presented in a glass box alongside sparkling water.

The small touches and details make a world of difference and a stay more comfortable with the likes of USB ports seen by the bed side and more found at the work station, catered for the business travellers. Besides the work station, the lounge sofa allures with its plump pillows for those who wish to watch some TV or simply bask in the breathtaking view of the concrete jungle. The king-size bed with oversized pillow is immensely comfortable that it might take sheer willpower to get out of bed.

DINING

One need not bother to leave or get on the GrabFood app because under Pullman KLCC's roof are four dining options to satiate your appetite. Should you have the hankering for some Chinese fare, Red Chinese Cuisine is the place for you. Embodying its epithet, the interior is red and black, embellished with oriental flair. RED is an evolution in Chinese cuisine with a modern, stylish and innovative approach. It specialises in dim sum, traditional favourites, and ever-changing signature dishes created by Chef Mak and his dynamic team.

Then, there is Sedap Restaurant, Pullman KLCC's all-day dining restaurant, Living Space-a special club exclusive to residential quests, and Terrace Pool Side Bar and Grill for those who seek some bites and libation while lounging by the pool. Enju makes the fourth dining outlet, the purveyor of Japanese fare. The airy space and an open kitchen allow the master chef here to showcase his culinary prowess, serving the freshest sashimi and sushi. To top it off, accompany your meal with some sake and shoshu, an invitation to taste the best of Japanese beverages.

SPA AND FITNESS

Pullman KLCC understands the plight of the busy metropolitans and business travellers and their wellness needs to take on the next adventure. With that in mind, this hotel offers global nomads re-energising space, so they can continue to work hard and play hard.

The Fit Lounge is equipped with cardio and weight machines, enough to blow off steam and work up a sweat to beat that jet lag. Its view of the tropical garden is easy on the eyes, perfect to wake you up or wind down. The swimming pool also serves as a de-stressing means and let's be honest, there's nothing more relaxing than lounging by the pool, basking in the sun while sipping on cocktails.

Vibes Spa is another facility guests should indulge in. It acts as a sanctuary where millennials and spa influencers converge to experience an array of therapeutic remedies that are carefully selected to suit a highpaced lifestyle.

Pullman Kuala Lumpur City Centre Jalan Conlay, 50450 Kuala Lumpur Tel: 03 2170 8888

RETAIL THERAPY



Suria KLCC

Petronas Twin Towers • 角 KLCC Tel: 03-2382 2828 / 2430 / 2431 Located at the base of the Petronas Twin Towers, Suria KLCC is the premier shopping centre in KL. It offers unique shopping, dining & entertainment experience. It houses exclusive designer brands and provides an abundant choices of goods and services for everyone. • 10am - 10pm daily. • D8

Avenue K Shopping Mall

156 Jalan Ampang, 50450 Kuala Lumpur. Tel: 03 2168 7800 Avenue K is Kuala Lumpur's coolest urban hub where life and creativity are celebrated. The new Avenue K aims to indulge your retail desires, cater to your entertainment needs and satisfy your appetite for top-notch dining in comfort. Far from a regular mall, it offers exciting experiences and a trend setting venue where shoppers can relax and treat yourself to a good time. With over 60 exciting dining options including Fresca Mexican Kitchen, Dolly Dim Sum, Samba Brazilian Steakhouse, Sushi Zanmai, Nene Chicken, Boat Noodle Sushi Kina and Bankara Ramen, there is no doubt that Avenue K is a foodie's heaven. • 10am to 10pm

IOI City Mall

Management Office, Unit T2-3A-3 & Unit T2-3A-3A, Level 3A, IOI City Towe Two, Lebuh IRC, IOI Resort City, 62502 Putrajaya, Sepang, Selangor. Tel: 03-8328 8900 The multi award-winning IOI City Mall, located within IOI Resort City, is the largest mall in Southern Klang Valley. It is easily accessible via major highways and public transport. Its 1.5 million sq. ft. of lettable space is occupied by trendy fashion brands, supermarket, cineplexes and F&B outlets offering exquisite local

and international dining experiences. • 10am to 10pm

MyTOWN Shopping Centre

No.6, Jalan Cochrane Cheras, Seksyen 90, 55100 Kuala Lumpur. Tel: 03-2710 0057 MyTOWN is located in Kuala Lumpur anchored by IKEA Cheras. Visit us easily by bypass or take a ride on the MRT to the Cochrane underground MRT station. The blend of fashion forward retail, amazing amenities, stylish alfresco events make MyTOWN the premier shopping destination in the heart of Kuala Lumpur. It's more than just shopping... It's an experience for everyone in the familul • 10am to 10pm

Beriava Times Sauare Tel: 03-2117 3111 1. lalan Imbi • 🖬 Imbi

The biggest in Southeast Asia, this mall which measures 7.5 million sa ft. is an integrated shopping-cum-entertainment centre with a hotel, the region's biggest indoor theme park and bowling centre. • 10am - 10pm daily. • F8

1 Utama

1 Lebuh Bandar Utama, Bandar Utama, PJ Tel: 03-7710 8118 A new generation shopping centre which satisfies all shopping needs under one roof. The old wing has Jusco as the main anchor tenant while the new extension houses many designer

brands and has U Parkson, MPH & Jusco

asanchor tenants • 10am - 10pm daily.

Sunway Velocity Mall Lingkaran SV, Sunway Velocity, 55100 Kuala Lumpur. Tel: 03-2786 3970 Sunway Velocity Mall is earmarked to be the leading destination in KL South with its cutting-edge architecture, neo futuristic façade and contemporary interior Built with connectivity in mind. the mall is easily accessible through major roads and highways and is well-serviced by public transportation including 1 LRT and 2 MRTs. 10am to 10pm

The LINC KL

360, Jalan Tun Razak, 50400 Kuala Lumpur. Tel: 03-92130388 The LINC KL is an escape, a hideaway, a preferred destination for when you want to take a break from your busy life and reconnect with nature. It is a place full of such possibilities. Room for nature. Room for coming together. Room for celebration. Space to grow. Space to simply be yourself. 10am to 10pm

Shoppes at Four Seasons Place

145 Jalan Ampang, 50450 Kuala Lumpur. Tel: 03-2391 9655 Shoppes at Four Seasons Place is an elegant showcase spanning over six levels of retail, restaurants, a boutique grocer, and more. Immerse yourself in seamless accessibility with your every convenience within comfort's reach. Take your time to explore the collection of carefully curated brands uniquely housed amidst wide spaces, marble halls, and comfortable lounge areas. Strategically located in the Golden Triangle of Kuala Lumpur, the mall welcomes you to indulge in an idyllic experience 10am to 10pm

Publika Shopping Gallery

No 1. Jalan Dutamas 1. Solaris Dutamas, 50480 Kuala Lumpur Tel: 03-6211 7877 www.publika.com.m www.facebook.com publikashoppinggallery

Bangsar Village

Jalan Ara, Bangsar • 角 Bangsar Tel: 03-2282 1808 Located in happening Banasar, this neiahbourhood mall is vastly popular due to its individual specialist shops offering fashion wear, toys, jewellery hardware, beauty salons and F&B. Anchor tenants include The Village Grocer. The newer and bigger Bangsar Village II that's connected to this mall offers more local and international brands.

Sunway Pyramid Bandar Sunway

Tel: 03-74943100 Impressive giant sphinx statue greets you at the entrance of this Egyptian-themed shopping centre situated next to Sunway Hotel and the Sunway Lagoon theme park.. The mall has a variety of shops and restaurants, an indoor ice-skatina rink and a cineplex. • 10am-10pm daily.

Pavilion KL

Tel: 03-2118 8833 The shopping centre blends the best of the international retail world with 450 stores – ranging from fashion to home deco and leisure to culinary delights - over its 7 levels and 6 themed precincts. 20% of its tenants represent debut brands in Malaysia. Anchor departmental stores are Parkson Pavilion and Tangs. • 10am to 10pm daily

Bangsar Shopping Centre Jalan Maarof, Bangsar

Tel: 03-2094 7700

Located in the affluent Bangsar suburb, this mall buzzes with a trendy crowd and houses an array of individual specialist shops for every need. Jasons Food Hall is a favourite with shoppers, as it offers an extensive range of fresh and international food brands. 10am - 10pm daily

Maju Junction Mall 1001 Jalan Sultan Ismail • 🕫

Tel: 03-2697 9312 Located at the junction of Jalan Tuanku Abdul Rahman and Jalan Sultan Ismail. the five-storey mall has 101 outlets with Giant, Wh by British India, FOS, Nichii Fashion City being the anchor tenants. The mall provides concierge service and has an indoor archery centre, Big-Shot Archery. • 10am - 10pm daily.

КПТ

KL International Airport, Sepang S. KLIA Ekspres-KLIA Tel: 03-8777 8888 One of airports with value-for-money shopping, it offers an excellent selection of goods like souvenirs, tobacco, liquors, perfume, chocolates and designer brands.

Pertama Complex

Jalan Tuanku Abdul Rahman Tel: 03-2691 6599 One of the earliest shopping complexes in KL, this mall consists of many small shops selling an astonishing variety of goods and services appealing to the masses. including sports goods, leatherware, clothes, shoes and stationery. • 9am -9pm daily. • D5

Sogo KL Jalan Tuanku Abdul Rahman

• 🔒 M Tuanku • 📓 Bandaraya • 🖅 🛲 Bank Negara

Tel: 03-2698 2111 This 10-storey shopping mall is well patronised for its quality goods (local and international) ranaina from apparel, home furnishing to daily need items. It also has an international restaurant floor on the 6th floor • 11am-9pm daily • D5

Starhill Gallery

181 Jln Bkt Bintang • 🕫 B Bintang Connected to JW Marriott Hotel and Ritz Carlton Hotel, Starhill houses the largest retail watch floor and a host of top fashion designer boutiques. An exclusive mall with excellent eateries and high-end shops.

Sungei Wang Plaza

Jalan Sultan Ismail • 🖶 B Bintana Tel: 03-2142 6636 Sungei Wang remains one of the busiest shopping centres for the last 2 decades. Linked directly to the Monorail, it has over 500 retail outlets and eateries. A great place to hunt for electrical and electronic products, mobile phones, fashionable street wear, shoes & accessories. The hip T-Hop zone at the 6th floor caters to trendy teenagers • 10am - 10pm daily • F8

The Starling Mall

6, Jalan SS 21/37, Damansara Utama, 47400 Petaling Jaya, Selangor Tel: 03-7730 7000 Built in an organic form with a fluid facade and natural setting, The Starling is a space where nature is immersed into urban retail environment to create a unique space for togetherness in harmony with nature

Subang Parade

Subang Jaya • GRTM Subang Tel: 03-5633 2530 This suburban mall offers an interesting mix of stores with goods ranging from apparels to antiques, and music to iewellery. Anchor tenants include Toy 'R' Us and Parkson. Carrefour hypermarket is located next door. 10am - 10pm daily.

Great Eastern Mall

303 Jalan Ampang Tel: 03-4259 8090 Located along busy Jalan Ampang, this 6-storey mall has a host of shops including a pet shop, Aussino, British India and eateries like Starbucks and Alexis. It has Cold Storage as its anchor supermarket. • 11am - 9pm daily.



Hartamas Shopping Centre

Plaza Damas, 60, Jalan Sri Hartamas 1 Tel· 03-6201 6553 Integrated with Plaza Damas & situated

among retail shops, offices, serviced apartments and alfresco boulevards. Features Citi Super, SenQ and many other speciality retailers.

Lot 10

50 Jalan Sultan Ismail • 🖶 B Bintang Tel: 03-2143 6092 Linked to the Bukit Bintang Monorail station and Sunaei Wana Plaza by an overhead bridge. Lot 10 offers an upmarket and wide selection of fashion wear. It has lsetan as anchor tenant • 10am - 9.30pm daily • F8

Low Yat Plaza

Off Jalan Bukit Bintang • 🕫 B Bintang Tel: 03-2148 3651 Located next to the Federal Hotel, it has 250 tenants offering goods as varied as cameras, mobile phones, apparel, fashion accessories and antiques. This largest IT centre provides for all your computing needs. BB Park, located across the plaza and consisting of trendy restaurants and alfresco cafes, sees a hive of activities at night. • 10am - 10pm daily • F8

MINES Shopping Fair Centre

Seri Kembangan • Gran Serdana Tel: 03-8949 6288 Cruise into the heart of a busy shopping mall with a vibrant mix of more than 300 retailers, fashion boutiques, F&B outlets, canal auay alfresco dinina, IT & mobile gadgets and also leisure and entertainment facilities like a cinema, bowling alley and snooker centre. 10am - 10pm daily.

Mid Valley Meaamall

Lingkaran Syed Putra • Grow Mid Valley Tel: 03-2938 3333 The shops go on and on in this mall strategically located between KL and PJ. It has Metrojaya, Jusco, Carrefour, Golden Screen Cinemas and MPH as anchor tenants, over 300 specialty stores and 70 F&B outlets under one roof. Adjacent to the mall are Cititel Mid Valley Hotel and Boulevard Hotel • 10am - 10pm daily.

The Gardens

Mid Valley City • GRTM Mid Valley Tel: 03-2297 0288 10am - 10pm dayly

Sunway Putra Mall

(Formerly The Mall) 100 Jalan Putra, KL • 💆 PWTC Tel: 03-2786 9333 Located across the Seri Pacific Hotel and Putra World Trade Centre, the Mall has anchor tenant Parkson Grand together with a host of retailers, offering a full range of products, services, food & amusement to shoppers • 10am -10pm daily • B5

KL's Best Bar





CHICA BONITA MEXICAN KITCHEN AND BAR Lot 34, Level G2, Block C5 Publika Shopping Gallery, Solaris Dutamas, 50480 Kuala Lumpur

Chinese

DINE

Celestial Court

03-2717 9988 Ialan Sultan Ismail

 Sherator

 Imperial Kuala Lumpur Hotel Oriental Cuisine
 Casual Dinina

Chynna

03-2264 2264 € KL Sentral• Hilton KL Halal
 Casual Dinina
 H3

Shang Palace 03-2074 3904 • 11 Jalan Sultan Ismail 50250 Kuala Lumpur • Pork-free Shangri-La Hotel KL • Cantonese

Yun House 03-2382 8888 • Four Seasons Place, 145 Jalan Ampang, 50450 Kuala Lumpur, • Pork-free • Four Seasons Hotel Kuala Lumpur • Dim sum

Opium KL

03-2142 5670 • 50, Changkat Bukit Bintang, Kuala Lumpur. • Casual Dining Oriental

Wan Chun Ting 03 2720 6688 • No. 6 - Jalan Damanlela, Bukit Damansara, 50490 Kuala Lumpur. • Sofitel Kuala Lumpur Damansara Hotel • Dim Sum Casual Dining

Din Tai Fung Pavilion 03-2148 8292 • 168, Bukit Bintang

Street, Bukit Bintang, 55100 Kuala Lumpur. • Dim Sim • Casual Dining

Luk Yu Tea House

03 2782 3850 • Starhill Gallery 181, Jalan Bukit Bintang, 55100 Kuala Lumpur • Dim Sum • Tea House Casual Dining

Tao Chinese Cuisine

03-2782 6000 • 65, Jalan Ampang, 50450 Kuala Lumpur • Intercon Hotel Kuala Lumpur • Oriental Cuisine Casual Dinina

Lai Po Heen

03-2179 8885 🔶 KLCC • Mandarin Oriental Hotel • Halal • Casual Dining • Cantonese • D8







HINODE BENTO

F-5-1, Pusat Perdagangan Bandar, Jalan Persiaran Jalil 1, Bukit Jalil. 57000 Kuala Lumpur.

Li Yen

03-2782 9033 # B Bintana • The Ritz Carlton Hotel • Non-Halal • Casual Dining • F9

Mandarin Palace

03-2148 8744 • B Bintana • 2/F. Federal Hotel • Non-Halal • Casual Dining • F8

Ming Palace

03-2161 8888 👮 Ampang Park • Corus Hotel, Jln Ampang • Casual Dining

Mina Room

03-2284 8822 单 Bangsar• Bangsar Shopping Centre • Non-Halal • Casual Dinina

Oriental Noble House

03-2145 8822 # Imbi• 19 Jalan Delima, Off Jalan Imbi • Non-Halal • Casual Dining • F10

Overseas

03-2144 9911 B Bintang • 84-88 Jalan Imbi • Non-Halal • Casual Dining • F8

Purple Cane

03-2272 3090 🖷 Maharajalela • Selangor Chinese Assembly Hall, 1, Iln Maharajalela • Halal • Casual Dining • G6

Xin Cuisine

03-2144 2200 # B Nanas • Concorde Hotel • Non-Halal • Private Dinina • D7

Indian

Passage Thru' India

03-2145 0366 • 4, Jln Delima,kl Halal • Casual Dining • E10

FLOUR Restaurant

012-960 0053 • Unit No. 69 & 71G, Jalan Medan Setia 1, Bukit Damansara, 50490 Kuala Lumpur. • Fine Dining Pork-free

Bar Triaona

145, Jalan Ampang, Kuala Lumpur, 50450 Kuala Lumpur +603-2382 8670

Mantra bar

Rooftop Bangsar Village II. +60 17-344 8299

The Roof

1 First Avenue Bandar Utama, Petaling Jaya +60 3-8605 3388

Nadodi KL

03 2181 4334 • Lot 183, 1st Floor, Jalan Mayang, Off Jalan Yap Kwan Seng, 50450 Kuala Lumpur. • Fine Dining Pork-free

Qureshi Malaysia 03-2011 1007 • Ground Floor, East Wing, TPC Kuala Lumpur No 10, Jalan 1/70D, Off Jalan Bukit Kiara, 60000 Kuala Lumpur. • Casual Dining

Fusion

Shook!

03-2782 3875 # B Bintang • Lower G/F, Starhill Gallery • Halal • Fine Dining • E9

Cé La Vi

03-2770 3360 • Ilham Tower, No 8, Jln Binjai, 50450 Kuala Lumpur • Pan-Asian • Pork-free • Casual Dining

Open House 03-2162 0888 • G48 Suria KLCC, Lakeside, 50888 Kuala Lumpur Malaysian
 Pork-free
 Fine Dining

Barat Lifestyle Vegetarian

Restaurant 010-288 2654 • 19, Lorong Kurau, Taman Bukit Pantai, 59100 Kuala Lumpur. Fusion Vegetarian Restaurant
Casual Dining
Halal

French

Chez Gaston KL by Rendez-Vous 011-3993 0036 • 12G, Jalan Bangsar Utama 9, Bangsar, 59000 Kuala Lumpur. Non-halal
 Casual Dining

Entier French Dining

03-2268 3819 • Level 41 at Alila Bangsar No 58, Jalan Ang Seng, Brickfields, 50470 Kuala Lumpur. Pork-free
 Fine Dining

Bistro à Table

03-7931 2831 • 6, Jalan 17/54, Seksyen 17, 46400 Petaling Jaya, Selangor. • Fine Dining • Pork-free

International

Contango 03-2785 8000 • 5, Jalan Sultan Hishamuddin, Tasik Perdana, 50000 Kuala Lumpur • The Majestic Hotel KL • Pork-free • Casual Dining

Babe by Jeff Ramsay

013 209 1330 • 11th Floor, Work@ Clearwater, Changkat Semantan, Damansara Heights, 50490 Kuala Lumpur • Fine Dining Pork-free

Huckleberry Food and Fare 03-2098 7933 • Plaza Damansara, Jalan Medan Setia 2, Bukit Damansara, 50490 Kuala Lumpur • Casual Dining Pork-free

03-2717 9900 # M Tuanku • Sheraton Imperial • Halal • Casual Dining • C6

Mr Chew's Chino Latino

The Penthouse, WOLO, Bukit Bintang Street, 55100 Kuala Lumpur +60 3-4065 0168

Marinis on 57

Level 57, Menara 3 Petronas, Persiaran KLCC +60 3-2386 6030

HOTELS & RESORTS

Italian

Cellini's 03-2715 1000 @ B Bintana • Dorsett Regency Hotel • 172 Jalan Imbi • Halal • Casual Dining • F9

Tamarind Springs

03-4256 9300 Jalan 1 Taman Tun Abdul Razak, Ampana Halal . Fine Dinina

La Risata

03-4252 6269 • 26, Persiaran Ampana Halal
 Casual Dining

Prego 03-2773 8338 B Bintang • The Westin Hotel • Halal • Fine Dining • E9

Villa Danieli

03-2717 9922 . M Tuanku • Sheraton Imperial Hotel • Halal • Italian • Fine Dining • C6

03-2264 2264 🗑 Stesen Sentral KL Hilton Kuala Lumpur, 3 Jln Stesen Sentral Kampachi

Ikataru

Kokufu

Komura

Yuzu

Halal • Fine Dinina

Casual Dinina
 C9

Ozeki Tokyo Cuizine

• Halal • Fine Dining • D8

03-2284 7663 • The Gardens.

Mid Valley City . Casual Dining

Nobu Kuala Lumpur 03-2164 5084 . Menara 3 Petronas Persiaran KLCC . Fine Dining

Fukuya Restaurant 03-2144 1022 • 9, Jalan Delima,

Imbi, Kuala Lumpur - Casual Dining

Hary Japanese Restaurant 03-2011 8783 . 124A, Jalan Kasah,

Medan Damansara . Casual Dining

Nippori Cafe

Japanese

03-7733 8592 . 102 (First Floor), Empire Damansara, Jalan PJU 8/8, Damansara Perdana, 47820 Petalina Java, Selangor . Casual Dining

Sagano 03-2162 2233 [®] B Nanas • Renaissance Hotel • Halal • Casual Dinina

Korean Da On 03-2141 2100 # B Bintang Pavilion KL • Halal • Fine Dining • Korean • E8

Koong Jung 03-2166 7181 🕏 Ampang Park • PNB Darby Park • Halal • D9

Koryo Won 03-2143 2189 🗑 Bukit Bintana • Starhill 03-2166 4263 • B Nanas • Menara TA One Gallery • Halal • Casual Dining • E8

Thai

Rama V Fine Thai Cuisine 03-2143 2428 / 03-2143 2663 5. Jalan U-Thant, 55000 Kuala Lumpur • Halal • Fine Dining

HOTEL & RESORT ****

Four Seasons Hotel Kuala Lumpur

+603-2382 8888 . Four Seasons Place, 145, Jalan Ampang, 50450 Kuala Lumpur www.fourseasons.com .Yun House (Chinese Restaurant) .Curate (All Day Dining) •Bar Trigona (Bar) •The Lounge At Four Seasons(International) .Pool Bar & Grill

W Kuala Lumpur

+603-2786 8888 •No. 121, Jalan Ampana, 50450 Kuala Lumpur www.mariott.com.Yen.(Chinese Restaurant) .Flock (All Day Dining) •Woobar (Bar)

Grand Hyatt Kuala Lumpur

03-2182 1234 • Jalan Pinana SLCC • JP Teres (Malaysian) THIRTY8 (International), Poolside From RM550 - RM5610 www.kualalumpur.grand.hyatt.com

Hilton KL

+603 2264 2264 • 3 Jalan Stesen Sentral, 50470 Kuala Lumpur • ww3.hilton.com • Chynna (Chinese Restaurant) - Vasco's (All Day Dining) Graze (European) • Zeta Bar (Bar) Iketeru (Japanese)

Sunway Resort Hotel & Spa

+603 7492 8000 • Persiaran Lagoon, Bandar Sunway, 47500 Selangor www.sunwayhotels.com The Resort Cafe (All Day Dining)

Villa Samadhi Kuala Lumpur +603 2143 2300 . No. 8, Persiaran

94 | KL LIFESTYLE

Madge Off Jalan Madge, 55000 Kuala Lumpur • www.villasamadhi.com.my • The Dining Room (All Day Dining)



03-2020 5499 Bukit Nanas • Jalan Punchak, off Jalan P Ramlee, • The KL Tower stands at 421 metres. The tower houses a revolvina restaurant and an observation deck which takes 58 seconds to reach. Catch the sunset or experience sky jumping from the tower roof. • Opens 9am 10pm daily • E7



03-2148 9608 = Raja Chulan • Pavilion KL

03-2161 8888 👷 Ampang Park Corus Hotel

03-4049 4412 • Sri Pan Pacific KL

National Monument

Jalan Tugu, off Jalan Parlimen Designed by American artist, Felix Weldon and cast in Italy, the immense bronze structure was built to commemorate the servicemen who lost their lives during the struggle against the communist insurgency in the 1950's. The 7 soldiers symbolise unity, strength, leadership, sacrifice, courage, suffering and viailance • E3

Masjid Jamek • Jalan Masjid India is a

colourful street with numerous wholesale

everything from Indian brass, jewellery,

sarees, Indian handicrafts to perfumes &

and retail Indian traders who sell

spices. • E5



National Museum

03-2267 1111 • 29 Jalan Raia • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students



Istana Negara, Jalan Duta Located along Jalan Duta, it is the official residence of Malaysia's king since Nov 11, 2011. Influenced by both Islamic and traditional Malay architecture, this unique structure is the latest addition to the country's architectural wonders



Jamek Mosque

Jalan Tun Perak • Situated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates many features of Moahul architecture a • Opens 8am-1:30pm & 2:30pm-6pm.

Sheraton Imperial KL 03-2717 9900 • Jln Sultan Ismail • 🖶 M Tuanku • Essence (Int'l), Villa Danieli (Ita), Celestial Court (Chi) • From RM300-RM5.825 • D6

The Ruma Hotel and Residences

+60 3 2778 0888 • 7 Jalan Kia Peng, 50450 Kuala Lumpur • www.theruma. com • ATAS Modern Malaysian Eatery (Modern Malaysian) . Santai Pool and Lounge . Seven Lobby Bar and Lounge

Sheraton Petaling Jaya

+60 3 7622 8888 Jalan Utara C, Petaling Jaya, 46200 Selangor • www.mariott.com/sheraton-petalingjaya . Yue (Chinese) . Feast (International) • Miyabi (Japanese) • Sala (Bar) . Chime (cigar and whisky bar)

EO

+603 - 2789 7777 • Equatorial Plaza Jalan Sultan Ismail 50250 Kuala Lumpur • Nipah • Kampachi www.eqkualalumpur.com

Sunway Pyramid Hotel

+603 7492 8000 • Persiaran Lagoon. Bandar Sunway, 47500 Selangor . The Resort Cafe, The Lobby Lounge, Cherootz

InterContinental KL

03-2782 6000 • 165, Jalan Ampang • www.ihg.com Ampang Park • Serena Brasserie, Tao (chi), Tatsu (Jap), Bentley's Pub, •OneSixFive(Japanese)

JW Marriott Hotel KL

03-2715 9000 • 183 Jalan Bukit Bintang • # B Bintana • 3rd Floor (Int'l), Marriott Café, Shanghai (Chi), JW Marriott Gourmet (Int'I), Havana Club • From RM400- RM8.000 • E9 • www.marriott.com

Le Meridien KL

03-2263 7888 • 2, Jln Stesen Sentral 5, KL Sentral • 🗑 🔶 Grow KL Sentral • One On One (Asian Fusion), Al Nafourah (Middle Eastern), The Conservatory (Lounge & Bar) • From RM 328- RM5,500 • H3 www.lemeridienkualalumpur.com

Mandarin Oriental Hotel

03-2380 8888 • KL City Centre • 9 KLCC •Lai Po Heen (Ch), Mandarin Grill and Mo Bar (Bar & Grill), Mosaic (Buffet), The Mandarin Cake Shop, Cascades (Int'I), Wasabi Bistro (Jap) • From RM409(internet)/RM499(phone) • D8 www.mandarinoriental.com

Philea Mines Beach Resort

03-8943 6688 • Jalan Dulang, Mines Resort City, Seri Kembangan, Selangor • Grand • Abdul and Charlie's (local), Cheng Ho Court (Chi), Beach Hut and Sunset Lounge (drinks and snacks) • From RM200-RM2000

Sama-Sama Hotel KLIA

03-8787 3333 • Kuala Lumpur International Airport • S.KLIA Degrees (Int), Traveller's Bar & Grill, Palmz Lounge (Wn) • From RM570++ www.samasamahotels.com

Puliman Kuala Lumpur

03-2170 8888 • 4, Jalan Conlay • # Raja Chulan •Tai Zi Heen (Chi), Eccucino (Café), Enju (Jap) • From RM270-RM670 • E9• www.princehotelkl.com

Renaissance KL

03-2162 2233 • Corner of Jln S. Ismail/ Jin Ampana • 🖶 B Nanas • Saaano (Jap), MED@Marche(Med), Vogue (Int'I) • East Wina: Dynasty (Chi), TEMPTationS (Int'l) • From RM215-RM6.000 • D7

The St. Regis Kuala Lumpur

03-2727 1111 . Jalan Stesen Sentral 2, Kuala Lumpur Sentral • From RM850

Shanari-La Hotel KL

03-2032 2388 • 11 Jalan Sultan Ismail • # B Nanas • Shang Palace (Chi), Zipangu (Jap), Lafite (Fr), Lemon Garden Café (Int'l). The Pub • From RM364-RM12.000 • D7 • www.shanari-la.com

Hilton PJ

03-7955 9122 • 2 Jalan Barat, PJ • 🔶 Asia Jaya • Toh Yuen (Chi), Paya Serai Coffee House, Genji (Jap), Caffè Cino, Uncle Chilli's • From RM220-RM1685

The Gardens Hotel & Residences

03-2268 1188 • Mid Valley City • 5 Mid Valley • The Soread (Int'l), Sage Restaurant & Wine Bar (Fr & Jap) • From RM600-RM2,600 • www.gardenshtlres. com

Sunway Putra Hotel (Formerly The Legend Hotel)

03-4042 9888 • Putra Place, 100 Jalan Putra • PWTC • Museum (Chi) Coffee House, Atrium Lounge . From RM188-RM388 . B5 . www. lagendhotelkl.com

The Ritz-Carlton KL

03-2142 8000 • 168. Jalan Imbi • 🗑 B Bintana • Li Yen (Chi), Rossini's (Ita) • From RM418 • F9 • www.ritz-carlton.com

Sofitel Kuala Lumpur Damansara

03-2720 6688 • 6, Jalan Damanlela, Bukit Damansara, 50490 Kuala Lumpur • From RM330-RM820 • www.sofitelkualalumpur-damansara.com

The Ritz-Carlton Residences

03-2142 9000 • 🗑 B Bintang • From RM950-RM1.330 • F9

The Royal Chulan

03-2688 9688 • Jalan Conlay • # R Chulan • Deli Cafe (Ita), Bunga Emas (Mas), L'Heritage (Fr) • F6 • www. theroyalchulan.com.my

Aloft Kuala Lumpur Sentral

Nook (International), MAI Bar (

Ancasa Hotel KL

Boulevard Hotel

Coronade Hotel KL

www.coronade.com

Corus Hotel KL

conshoteld.com

Dorsett Regency

onwards • F9

Menu), w xyz(SM) Bar (Cocktails & Snacks) • From RM270 - RM388 •

www.starwoodhotels.com/alofthotel

03-2026 6060 • Jin Tun Tan Cheng Lock

and BabaReeba! • Ancasa Spa • From

RM165-RM416 • www.ancasa-hotel.com

03-2295 8111/2295 8000 Grm Mid Valley

City, Lingkaran Syed Putra • Mid Valley

03-2148 6888 • Jalan Walter Grenier, Bkt

Bintang • 🖶 B Bintang • Makan-Makan

Lounge. • From RM208- RM500 • F8

03-2161 8888 • Jalan Ampang • 👷

Ampang Park • Ming Palace(Chi),

• From RM185-RM390 • C9 • www.

03-2716 1000 • 172, Jalan Imbi • 🕫 B

www.dorsettregency-kl.com

Bintang • Checker's (Café), Cellini's(Ita),

Windows Lounge (Wn) • From RM200

Dondang Sayang (Int'l), Komura (Jap)

(Local & Int'l), The Kasturi (Malay), Lobby

- RM420Nett • www.blvhotel.com

•Wild Rice (Int'l) • Rates from RM290Nett

• Plaza Rakyat • Saffron Brasserie

HOTELS & RESORTS



Seri Bukit Ceylon

03-20201708 • No 8, Lorong Ceylon off Jalan Raia Chulan • From RM250-RM480 • E7

Federal Hotel

03-2148 9166 • 35. Jalan Bukit Bintana • B Bintang • Mandarin Palace (Chi), The Verandah (Int'I) Revolving Bintang (European) • From RM170-RM600 • F8 www.fhihotels.com

Element by Westin Kuala Lumpur

03-2771 3388 . Ilham Tower, 8, Jln Binjai, Kuala Lumpur, 50450 Kuala Lumpur - Trace Restaurant & Bar -From RM343 • www.marriott.com

Impiana KLCC Hotel & Spa

03-2147 1111 • 13 Jln Pinang • 🕫 R Chulan Tonka Bean Cafe (Int'l) • From RM219-RM368 • D8 • www.impiana.com

Novotel City Centre KL

03-2147 0888 • 2 Jln Kia Peng • • Qing Zhen (Chi Muslim), The Square (Int'I), Fun Pub, Al Fresco • From RM260-RM660 • E8 www.novotel.com

Pacific Regency Hotel Suites

03-2332 7777 Menara PanGlobal Jalan Punchak • 🖶 B Nanas • Soi 23, Luna, Olive & Geo Café • From RM290-RM500 • D7

www.pacific-regency.com

Sunway Resort Hotel & Spa

03-7492 8000 • Persiaran Lagoon Bandar Sunway Petaling Jaya

Quality Hotel City Centre

03-2614 8000 • Jalan Raja Laut • DBKL Benteng Coffee House (Int'l), Meisan Szechuan (Chi), Club 300 • From RM150-RM550 • C5 • www.qualiti.com.my

Swiss Garden Hotel

03-2141 3333 • 117, Jin Pudu • 🗟 Hang Tuah • Blue Chip Lounge (Int'I), Flavours Restaurant (Int'I), Green Treats Delicatessen (Int'l) T@ste 6 Restaurant (Int'l) • From470+

The Royale Bintang KL

03-2143 9898 17-21 Jalan Bukit Bintang • B Bintang • Sunflowers Brasserie, Cafe Royale & Bar, Rimba Spa • From RM208 • F8 • www.royale-bintang-hotel.com.my

The Royale Bintang Damansara

03-7843 1111 • 6, Jalan PJU 7/3, Mutiara Damansara • The Restaurant (Int'I), Mystery Pub & Café • From RM195 www.royalebintang.com.my

The ZON All Suites Residences on the Park

03-2164 8000 • 161D Jalan Ampana • 🤶 Ampang Park • Terracotta Restaurant & Lounge • From RM253-RM396 • D8 www.zonhotel.com.my

Concorde Hotel

03-2144 2200 • 2 Jalan Sultan Ismail • B Nanas • Spices (Western), Meltina Pot (Int'l), Xin (Chi) • From RM178++-RM320++ • D7

Traders Hotel

03-2332 9888 • Kuala Lumpur City

• 👮 KLCC • Gobo Chit Chat, Gobo Upstairs, Sky Bar, Lounge & Grill • From RM270 • This hotel is located in the vicinity of KL Convention Centre • D8

Vistana KL

03-4042 8000 • 9 Jalan Lumut, off Jalan Ipoh, Kuala Lumpur • 🖶 Titiwangsa • Vistana (Asian) • From RM172-RM230 • A5 • www.vistanahotels.com

Hotel Capitol Kuala Lumpur

03-21437000 Jalan Bulan Off Jalan Bukit Bintang

www.capitol.com.my

+++

Alpha Genesis

03-2141 2000 • 45 Tengkat Tong Shin • 🖶 B Bintang • Tee Box Café From RM150-RM380 • F7 • www. alphagenesishotel.com

Cititel Mid Valley

03-2296 1188 • Mid Valley, Lingkaran Sved Putra • Grow Mid Valley • Citi Café Rates from RM205Nett – RM320Nett

Corona Inn

03-2144 3888 • 22, Jalan Tong Shin • 🕫 B Bintang • Corona Café • From RM130-RM180 • F8 • www.coronainn-kuala lumpur.com

Grand Continental

03-2693 9333 • Jin Belia/Jin Raia Laut • PWTC M Tuanku • Grand Star (Chi) , Lai Marble Coffeehouse • From RM135-RM800 • C5

www.ghihotels.com.my

First World Hotel

03-6101 1118 • Genting Highlands • istorante Torcello's (Italian), Lakeview Seafood Restaurant (Seafood), The Patio (Wn) • From RM85 - RM460

Midah KL

03-2273 9999 • 8, Jalan Kampung Attap •
Maharajalela • Attapia Coffee House (Int'I). Rolling Good Times Café • From RM145-RM250 • G5

Prescott Inn

03-2713 7887 • 23 Lrg Medan Tuanku 1.off Jln Sultan Ismail • 🗑 M Tuanku • Makana Restaurant

From RM110-RM170 • C5

SIGHTSEEING

Swiss-Inn KL

03-2072 3333 • 62, Jin Sultan • 🕫 Maharajalela Café Petaling • From RM130-RM175 • G6

The Plaza Hotel

03-2698 2255 • Jalan Raia Laut • Sultan Ismail • Pago-Pago Café (Continental), Plaza Court (Chi) • From RM110-RM178

SIGHTSEEING

Aquaria KLCC

03-2333 1888 • 🕫 Raja Chulan 🜈 KLCC • All 60,000 sq ft of Aquaria encompasses Evolution, Jewels of the Junale, Deep Forest, The Coasts and Touch Pool, The Livingb Oceans and The Living Reef, with over 5000 aquatic and land-bound animals representing over 150 different species. Don't miss the 90-metre underwater tunnel. Opens daily from 11am-8pm. (Including weekends, school and public holidays) Last admission at 7pm. Entry Mykad Holder - RM49(Adult), RM39 (Child), General Admission - RM69 (Adult), RM59 (Child)

Batu Caves

03-6189 6284 • This popular Hindu temple draws hundreds of thousand of visitors during Thaipusam. It consists of three grand caves: the Dark Cave, the Museum Cave and the Temple Cave with brilliant rock formations. The Museum Cave at the foothills has interesting display of Indian mythology. To reach the main Temple Cave, one has to climb 272 steps.

Bird Park

03-2272 1010 • Located at the Lake Gardens, this 8.4ha bird park is the world's largest free-flight walk-in aviary. It is home to more than 3,000 birds from approximately 200 species. Opens daily from 9am-6pm • F4

Butterfly Park

03-2693 4799 • Over 120 species of butterflies can be found in this park located at the Lake Gardens' vicinity Admission is RM9 for adults and RM2 for children. Camera: RM3. Opens 9am to 6pm daily. • F4

Bukit Nanas Forest Recreational Park

03-2306 3421 / 2064 4741 • Bukit Nanas Nestled in the heart of KL. the virgin forest-clad hill is a 10.5 ha park offering a 10-minute & a 20-minute walk trails from the Forest Information Centre at Jalan Raia Chulan to KL Tower. • E7

Central Market

03-2274 6542 . Pasar Seni Once the city's biggest wet market, it is now a centre for food and cultural activities. Cultural performances are staged during weekends at the riverside amphitheatre. Handicraft, souvenirs, art & portrait paintinas are sold at baraain prices. The Annexe Gallery at CM is a progressive art centre. • Opens 10am to 10pm daily. • F5

Deer Park

03-9200 0039• Enclosed within a 2-ha around at the Lake Gardens, the deer, fawns and does roam freely in a cool and peaceful habitat with lush trees and shrubs and ponds. • F3

Istana Neaara

Official residence of Malaysia's Kina. visitors can witness the changing of the royal guards daily. The Rulers Conference, various royal and national ceremonies, investitures and official banquets are held at this palace. • H5 03-6200 1000

Little India

Aasjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass, iewellery, sarees, Indian handicrafts to perfumes & spices. • E5

Jamek Mosque

 Masjid Jamek • Jalan Tun Perak
 Situated at the confluence of the Klana and Gombak rivers, this arand old mosque was designed by British architect AB Hubbock in 1909. It incorporates many features of Moghul architecture a • Opens 8am-1:30pm & 2:30pm-6pm. • E5



PETRONAS Twin Towers

KLCC • KL City Centre • The 88-storey Petronas Twin Towers stand at 451.9 metres. Seated in the heart of KL and amidst a 50-hectare landscaped park, a skybridge on the 41st floor is open to visitors between 9am-7pm daily, closed on Monday • D8

Royal Selangor Visitor's Centre

03-4145 6000 • 4, Jalan Usahawan Enam, Setapak Java • Located 15 minutes from the city centre, the Royal Selanaor which is internationally known for its fine designs and craftsmanship, offers a complete visitor experience, enabling them to see, hear, touch and learn how pewter is made. • Opens daily from 9am-5pm.

Royal Selangor Club

03-2692 7166 • 🜈 Masjid Jamek • Jalan Raja • Once nicknamed 'The Spotted Dog' during the colonial days, this club which features Mock Tudor architecture, is one of the oldest membership clubs in KL. • E5

Thean Hou Temple

03-2274 7088 • 65 Persiaran Endah, off Jalan Syed Putra • A beautiful blend of Chinese and contemporary architecture, this is one of the largest and most ornate Buddhist temples in the region and a venue for major religious festivals. Also check out the herbs garden, wishing well and souvenir stall • Opens 9am to 9pm daily

MUSEUMS

Asian Arts Museum Universit

Malaya 03-7967 3936 • Uni. of Malava • A unique collection of Asian art & sculptures, ceramics, including Islamic & Malay art and textiles • Opens Mon - Sat. Closed on Sunday & public hols.

Forest Research Institute Malaysia

03-62797 000 • Kepona • Located within the 1.500 hectares of natural land reserve, the institute showcases Malaysia's rich forest heritage. • Opens 8am-4pm. Fri 9am- 12pm.

Heritage Centre

03-7957 4341• 2 Jin Stonor • Showcases Malaysia's architectural heritage, the centre also conducts 2 guided tours a day (11am & 3pm) of the Rumah Penghulu or Village Head's abode which has been furnished to reflect a house in the early thirties • E10

Islamic Arts Museum

03-2092 7070 • Jalan Lembah Perdana Opened in 1998, the museum focuses on the rich diversity of Islamic arts and culture. Miniature replicas of Tai Mahal and other islamic architectural wonders are on display • Tickets at RM12 (adults) RM6 (under 18, students & senior citizens) Opens 10am to 6pm daily.
 G4

Museum Orang Asli

03-6187 8786° Km 24 Gombak • Displays a collection of over 3,000 artifacts showcasing the history, culture & lifestyle of indigenous tribes of Peninsular Malaysia. • Opens 9am-5pm. Closed Fri FRFF

National Museum

03-2267 1111• 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students

ARTS & CULTURE

National Theatre (Istana Budaya)

03-4026 5555 • Jalan Tun Razak • Designed by Malaysian architect Muhammad Kamar Ya'akub, this modern theatre is one of the world's most sophisticated theatres with state-of-the-art stage equipment. It holds drama, dance and musical performances regularly. • A7

Petronas Philharmonic Hall

03-2331 7007• KLCC • Located within the Petronas Twin Towers, it is home to the Malaysian Philharmonic Orchestra and the National Choir. It features performances of highest quality by visiting orchestras and world-renowned soloists, besides performances by the MPO which now ranks among the top orchestras in the region • D8

OTHER FUN-TASTIC THRILLS & SPILLS

Casino De Gentina

03-6101 1118 • Genting Highlands Hotel **Flight Training**

03-2141 1934 • Royal Selangor Flying Club

Horse Racing 03-9058 3888 Selangor Turf Club, Jin Sungai Besi

Horse Riding

03-4256 4531 • Royal Selangor Polo Club, JIn Ampang Hilir

03-2094 1222• Bukit Kiara Equestrian Club, JIn Bukit Kiara, Kuala Lumpur

Theme Parks

Berjaya Times Square Theme Park 1 Jalan Imbi, Level 5 & 7, Kuala Lumpur Tel: 03-2117 3118

Sunway Lagoon Theme Park 3 Jalan Pis 11/11, Bandar Sunway, Petaling Jaya . Tel: 03-5639 0000

Skytropolis Indoor Theme Park

First World Plaza, Resorts World Genting, Level 1, Genting Highlands, 69000 Tel: 03-2718 1118

District 21

Level 1, IOI City Mall, Putrajaya Tel: 03-8328 8888

National Library

03-2687 1700 • 232 Jalan Tun Razak. • This 7-storey building which blends traditional design with modern architectural elements houses more than 1.5 million books, some of them extremely rare, Opens daily except Monday
 A8 FREE

Galeri Petronas

03-2051 7770 • 🧨 KLCC • Level 3 Suria KLCC. • Exhibits artworks by local and international artists Opens 10am to 8pm. Closed on Monday. • D8 FREE

BARATHAN AMUTHAN

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🕫 Raja Chulan • Jalan Raja Chulan

telephones and evolution of their

Opens 9am-5pm. Closed on Mondays

03-2693 7784 • 🛲 KL • Jalan Perdana

art, calliaraphy and ornamentation.

• Opens 9am to 12noon; 3pm to 4pm;

This mosque embodies contemporary

designs, together with traditional Islamic

Displays interesting exhibits of

designs over the years.

National Mosque

Craft Complex 03-2164 8344

🗑 Raja Chulan • 63, Jalan Conlay. • Showcases ethnic handicrafts, batik printing and pottery from the 13 states of Malaysia. • Opens 9am- 6pm daily. • E9 FREE

Lake Gardens

Jalan Parlimen • Located near the city centre, this 9.2ha landscaped garden is built around a lake. Several attractions are found within the park including an Orchid Garden, Hibiscus Garden, Butterfly Park, Bird Park, Deer Park, National Monument and the Asean Sculpture Garden • F3

Malaysian Tourism Centre

03-9235 4848 • # B Nanas • 109 Jalan Ampang • This is a one-stop tourist service centre comprising the information counter (7am-10pm) Transnasional Executive Coach counter. domestic tour booking counter, money changer, restaurant and craft demo centre. Built in 1935, the building was the home of wealthy tin-miner and planter, Eu Tong Seng. Cultural shows are on Tues, Thur, Sat & Sun 2-2.30pm. • D7

National Science Centre

96 | KL LIFESTYLE

03-2089 3400 • Persiaran Bukit Kiara • Houses 9 galleries with different scientific themes. Offers interesting interactive displays for learning and entertainment. Opens 10am-5pm. Closed on Friday.



03-2031 9966

• E6 FREE

5:30pm to 6:30pm daily. • F4

Merdeka Square 🌈 Masjid Jamek • Jalan Raja • Opposite the Sultan Abdul Samad Building, this is the site where the independence of Malaya was declared on 31 August, 1957. The 100m high flagpole is the tallest in the world. Live entertainment and cultural shows are staged here on festive occasions. The Roval Selanaor Club and St. Marv's Cathedral are located nearby. • E5

National Zoo

03-4108 3427 / 4108 3422 • Located in Hulu Kelana, 12km from the city centre, the zoo is home to 400 species of local birds, mammals, reptiles and fishes. • Opens 9am - 5pm daily. Night Zoo is on Saturdays 7.30am - 10.30pm. Admission RM 32 for adults and RM11 for children 3 to 12 years old

Secretariat, it then housed the Supreme Court. • E5 **National Planetarium** 03-2273 4303 • Lot 54 Jalan Perdana • Located close to the National Mosaue, the attractions include space science and astronomy exhibits. a theatre screening 3-Dimensional movies, a

viewing gallery and an observatory • Admission is RM1 for adults and children over 12 years [extra charges for all shows]. Opens 9:30am to 4:15pm daily. Closed on Monday except public & school holidays • G4

Old KL Railway Station

Jalan Hishammudin • Built in 1910, the Moahul-inspired building was a hub for Malaysian rail transport until it was replaced by the new KL Sentral Station. It remains a landmark and the refurbished Heritage Hotel is still open for business. Across the road, the Malavsian Railway administrative building is also a breathtaking architectural showpiece • G5

Petrosains, The Discovery Centre

03-2331 8181 • 🧨 KLCC • Petronas Twin Towers, Level 4 Suria KLCC • Focusing on Malaysia's oil and gas industry, it offers an interactive approach to learning. It takes you through a unique voyage of discovery of science. • Opens daily 9.30am to 6pm. Last admission 4.30pm. Closed on Monday • D8

03-26158188 Hishamuddin • Also known as the Big Ben of KL, this historical landmark and heritage building is well known for its Moghul architecture dating back to 1897. Originally the offices of the Colonial





Sultan Abdul Samad Buildina Masjid Jamek • Jln Sultan

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PETA TRANSIT BERINTEGRASI LEMBAH KLANG KLANG VALLEY INTEGRATED TRANSIT MAP







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