

KL lifestyle

OCTOBER 2020

REDISCOVERING NATURE

Malaysia's National Parks





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ON THE COVER

REDISCOVERING NATURE
Pictures: Courtesy of Tourism Malaysia

What’s Happening in September



Sept 24 to Oct 17, 2020
Pride & Prejudice

In his latest solo exhibition, artist Najib Ahmad Bamadhaj attributes the classical novel by Jane Austen and the movie adaptation as his source of inspiration. Using vivid colour palettes and striking print patterns, Najib portrays the characters that flesh out the story in his own style. Facial expressions and body language are used cleverly to convey emotions and tell a story of his own.

Najib is a Malaysian artist famous for championing endangered animals and animal rights through his works. He adopts stencilling and marking techniques to visualise his feelings onto his artworks.

Venue: Taksu Kuala Lumpur



Oct 2 and 3
October Pop

After winning the Best of 2019 at the BOH Cameronian Arts Awards in July for Ultimate Music Crawl, the klpac Symphonic Band is back with its first live concert for 2020. October Pop will definitely brighten up your week with its colourful array of iconic tunes performed with great gusto by the symphonic band. Get ready to groove to The Final Countdown, Michael Jackson, Uptown Funk and some of Ed Sheeran’s best picks. Adding flavour to the programme are some music from this region including P. Ramlee favourites as well as J-Pop tunes such as Utada Hikaru’s First Love and Addicted to Love.

Venue: Dewan Filharmonik Petronas
Tickets: RM40



Sept 4 to 6

Short+Sweet Malaysia 2020: Stand-Up Comedy & Song
Oct 2 and 3

With the festival spanning 14 countries, there is no stopping the SHORT+SWEET mania. Malaysia is no exception as the festival continues to grow here. The Short+Sweet festival kicks off in KL on Oct 1 with S+S Film, followed by S+S Stand-Up Comedy+Song, Musical, Dance and finished off with Theatre, ending Oct 24. It will then be performed in Penang from Oct 30 to Nov 7.

What makes the Short+Sweet festival so popular is its unique format. It only premieres new works that are 10 minutes or less. Not only will you be the first to watch these new creations, but you will get to watch different shows in a single night.

Venue: Pentas 2, The Kuala Lumpur Performing Arts Centre (klpac)
Tickets: RM34

Oct 3 and 4
Ink Dark Moon

Guitar sensation Miloš Karadagli has taken the world by storm, moving between classical and popular tunes with panache. Written especially for him, Talbot’s edgy Ink Dark Moon showcases evocative textures and moody atmosphere with hints of funk, folk and pop – and a generous dose of splashy Balkan dance rhythms. Tadaaki Otaka conducts Shostakovich Symphony No. 5.

Venue: Dewan Filharmonik Petronas
Tickets: RM56 to RM141

MUST VISIT ART GALLERY



KL LIFESTYLE ART SPACE
KL Lifestyle Art Space (KLAS) is an art gallery that boasts modern and contemporary artworks from Malaysia and around the region. Through its gallery, KLAS intends to inculcate awareness about Malaysian artists and their works. This establishment will also provide the service of receiving consignments from artists or individual collectors, thereby making their artworks available to interested parties. Today, KLAS is one of the leading auction houses in Malaysia that sells high volumes of prized artworks during every auction.



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FOR MORE INFO VISIT
WWW.KL-LIFESTYLE.COM.MY 31 JALAN UTARA, 46200 PETALING JAYA, SELANGOR



Venue: Pentas 2, The Kuala Lumpur Performing Arts Centre (klpac)
Ticket: RM34



Venue: Damansara Performing Art Center (DPAC)
Tickets: RM58



Venue: Dewan Filharmonik Petronas
Ticket: RM94 to RM188



Venue: Dewan Filharmonik Petronas
Tickets: RM99

OPENING HOURS
TUESDAY – SATURDAY (11AM – 7PM) SUNDAYS (11AM – 5PM)
CLOSED ON MONDAYS AND PUBLIC HOLIDAYS



Oct 24 and 25
DVOŘÁK 7

In an époque fraught with rising ethnic tensions and tumultuous politics, Dvo řák composed a symphony “capable of stirring the world”. His intense patriotism can be heard through the sunny melodies, rustic dances and pastoral horns which describe his homeland in unique Czech style. Schoeck’s Sommernacht exudes a languid calm, followed by Beethoven’s high-spirited 4th Symphony.

Venue: Dewan Filharmonik Petronas
Tickets: RM56 to RM141



Oct 31
Simfoni Mustika M. Nasir & MPO

After his concerts with the MPO in 2012, Malaysian legend Datuk M. Nasir returns to DFP for a mesmerising evening of his greatest hits, complemented by a velvety backdrop of symphonic music by the MPO. This is a reunion not to be missed!

Venue: Dewan Filharmonik Petronas
Tickets: RM99 to RM299



Oct 28
Happy Hour 2 — Wicked Endings

For a totally different concert-going experience, come join MPO musicians and local guest performers as they let their hair down for an informal, early-evening event that is sure to surprise you and whet your appetite for more!

Venue: Dewan Filharmonik Petronas
Tickets: RM37



Oct 31
Teresa Teng 25th Anniversary Memorial Hologram Concert

A star that never fades, Teresa Teng still lives on in the hearts of her fans worldwide. This year, revisit her glory days through a memoriam hologram concert where through the use of LED technology and visual effects, fans are invited to a lifelike showcase of the late singer. While your eyes feast on the stunning stage work, let your soul move to the sound of her timeless classics. Also performing alongside are great Teresa Teng tribute acts from Taiwan and Japan, plus violinist Jamii Szmadsinski.

Venue: Arena of Stars, Resorts World Genting

MUST VISIT MUSEUM



SASANA KIJANG GALLERY

BANK NEGARA MALAYSIA MUSEUM AND ART GALLERY
The Art Gallery provides a rotating display of the Central Bank of Malaysia’s art collection. Selected paintings, prints, drawings and sculptures which chart the nation’s milestones and highlight the Central Bank’s support for the arts include works by early masters such as Hossein Enas and Yong Mun Sen, continuing up to the present day.

THE NAUTILUS ICON

One of the most striking features in Bank Negara Malaysia Museum and Art Gallery is the Nautilus Staircase that begins from the lobby and links every floor. This structure is the inspiration for the main graphic icon. The icon is actively applied and prevalent across all of Bank Negara Malaysia Museum and Art Gallery’s communications material.

SASANA KIJANG, 2 JALAN DATO’ ONN,
50480 KUALA LUMPUR

EMAIL: INFOMUSEUM@BNM.GOV.MY (FREE ADMISSION)

OPEN DAILY FROM 10AM TO 6PM.
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THE UPSIDE

Phillip is a wealthy quadriplegic who needs a caretaker to help him with his day-to-day routine in his New York penthouse. He decides to hire Dell, a struggling parolee who’s trying to reconnect with his ex and his young son. Despite coming from two different worlds, an unlikely friendship starts to blossom as Dell and Phillip rediscover the joy of living life to the fullest.

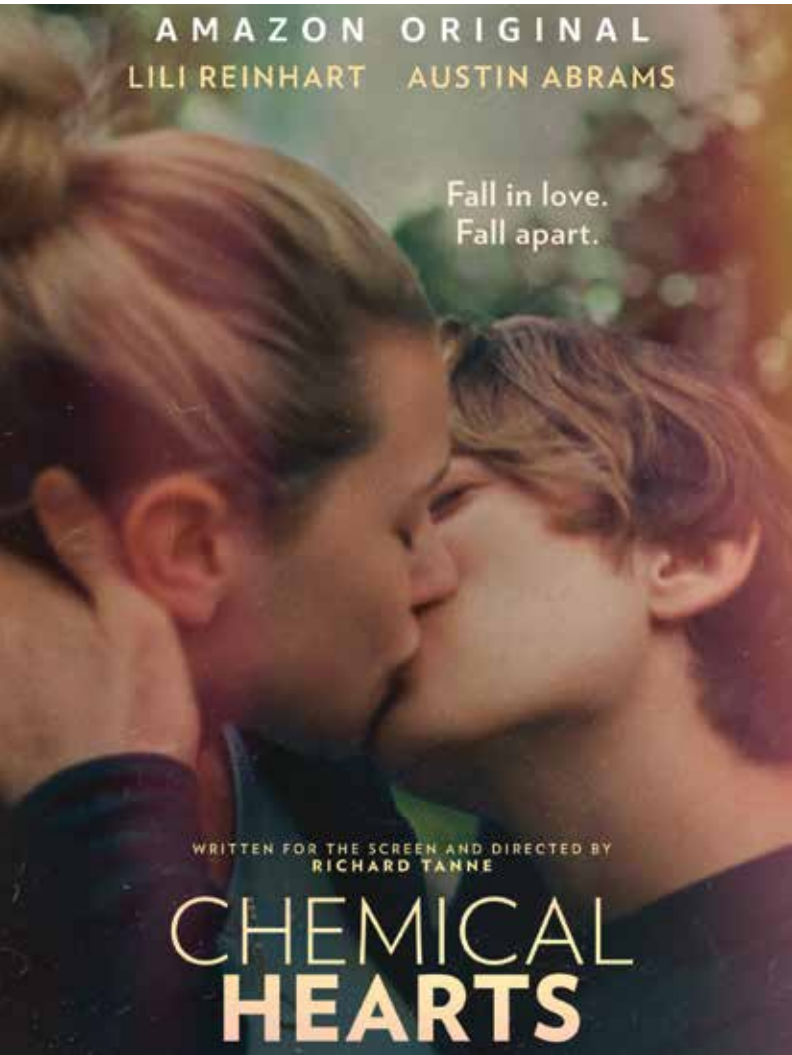
Cast: Bryan Cranston, Kevin Hart, Nicole Kidman, Julianna Margulies



THE AERONAUTS

Tom Harper’s “The Aeronauts” begins just as Amelia (Felicity Jones), a balloon pilot, and James (Eddie Redmayne), a scientist desperate to prove his theories about the weather, take off on their 19th century vertical adventure in front of a large crowd to much fanfare. In flashbacks, “The Aeronauts” explain more about their tenuous relationship beyond pilot and scientist: how she lost her husband in a ballooning accident and how James had been laughed at by his colleagues for his outlandish ideas. Eventually, James decides to prove his findings and hires a still-grieving Amelia to lead the journey—a generous offer she’s hesitant to accept. Back in the present ascent of their balloon, Amelia and James face many more dangers and setbacks as they shatter the height record and put their lives at risk for science.

Cast: Felicity Jones, Eddie Redmayne, Himesh Patel, Phoebe Fox, Tom Courtenay.



CHEMICAL HEARTS

Chemical Hearts is the story of Henry Page, a teenage student who considers himself a hopeless romantic but has never fallen in love. The young man aspires to be editor of the high school newspaper and lives happily focused on his studies to enter a good university, until Grace Town enters his class. His new partner is not exactly the girl of his dreams, but little by little he falls in love with her when the two teenagers are chosen to edit the institute’s newspaper. There are tragedies in Grace’s past, of course, and her disabling injury is the least of it. She doesn’t share her story all at once, and Henry is often left confused and hurt, feeling she has been withholding information. All of this is to say that this is not your basic “manic pixie dream girl” movie. She is not there to help Henry learn/grow/change. This is part of Chemical Hearts subversion.

Cast: Lili Reinhart, Austin Abrams, Sarah Jones.



THE WALL

U.S. soldiers Allan “Ize” Isaac and Shane Matthews answer a distress call in the desert of post-war Iraq. Suddenly, gunshots erupt, leaving Shane badly injured and Allan with a bullet in his leg. Forced to take cover behind a crumbling stone wall, Isaac now finds himself in a fight for survival against an unseen sniper who has all of the advantages.

Cast: John Cena, Aaron Taylor-Johnson, Laith Nakli.

BACK TO NATURE

Malaysia's Green Lungs

BY HIRANMAYI AWLI MOHANAN

Pictures courtesy of Tourism Malaysia

Beside its culture and food, Malaysia is known for being one of the most diverse regions in the world for its virgin, pre-historic rainforests that sprawls for hundreds of kilometres that are home to millions of flora and fauna. In this issue, we urge you to rediscover nature and the natural beauty our country has to offer.

ROYAL BELUM STATE PARK

The Royal Belum State Park is among the last remaining virgin forests in Malaysia where biodiversity is practically intact. The pristine environment and intact eco system can be equated to Taman Negara 15 years ago. It is probably the best kept secret waiting to be explored, especially for avid nature lovers. The Belum-Temenggor Forest Reserve has the largest concentration of larger mammals such as tigers, elephants, tapirs, rhinos, a large variety of deer species, seladang, etc. in Malaysia. It is the only forest on earth to have 10 species of hornbills. It is also a treasure trove of over 3,000 species of flowering plants, including 3 species of the world's largest flower, the Rafflesia. The best way to get here is via a car, which takes approximately five to six hours from Kuala Lumpur.



Take a boat journey along Sungai Tahan

ENDAU ROMPIN NATIONAL PARK

Endau-Rompin National Park is a protected tropical rainforest in the southernmost prolongation of the Tenasserim Hills, Malaysia.

It covers an area of approximately 870 km² (340 sq miles), making it the second largest national park in Peninsular Malaysia after Taman Negara. This ancient rainforest realm in north-eastern Johor is a treasure trove of biodiversity, and a critical habitat so important for the survival of the country's globally-threatened megafauna, including the Malayan Tiger, Malayan Tapir and Asian Elephant. There are two official entry points to the park — the Peta entrance located along the eastern boundary in the district of Mersing, and the Selai entrance at the southwestern boundary in the district of Segamat.



A hike through this national park will reveal beautiful flora and fauna



Participate in fun, nature activities at Taman Negara

TAMAN NEGARA KELANTAN, KUALA KOH

The Kuala Koh National Park straddles the Kelantan border and is within the district of Gua Musang. It is situated in the Bukit Hantu Forest Reserve and Lebir Forest Reserve. In terms of accessibility, the Kuala Koh National Park is located 96 kilometres from Gua Musang town and is easily accessible by road, specifically Jalan Gua Musang-Kuala Krai. The natural assets of the Kuala Koh National Park is its variety of flora and fauna as well as the tropical rainforest ecosystem which makes it well suited for ecotourism activities, apart from research and development (R & D). Visitors can also participate in fun activities such as bird watching of more than 300 species, fishing, jungle trekking via interpretive trails, canoeing or rafting and camping.



Bako National Park in Sarawak comprises a wide range of vegetation

BAKO NATIONAL PARK, SARAWAK

A national park since 1957, Bako offers the perfect introduction to Sarawak’s forests and wildlife. The park spans 27 sq km, covering the northern tip of the Muara Tebas peninsula. Despite its seemingly small size, Bako comprises a wide range of vegetation – swamp forest, scrub-like padang vegetation, mangrove forest, dipterocarp forest, delicate cliff vegetation and more. In fact, you can see almost every type of vegetation found in Borneo at Bako. Bako also has a rich variety of wildlife and a coastline covered with small bays, coves and beaches. The park has a number of well-marked trails offering interesting walks ranging from short pleasant strolls to serious full-day hikes. Unlike some national parks, visitors to Bako are almost guaranteed to see wildlife. Long-tailed macaques and silver leaf monkeys are ever present, wild boar are often found rummaging around the park HQ, while squirrels and monitor lizards are also common. There is every chance of seeing the rare and unusual proboscis monkeys on trails such as Telok Paku and Telok Delima, particularly if you go late afternoon. You are more likely to see wildlife if you quietly follow the trails and keep



The Rainforest Discovery Center in Sandakan is meant for nature lovers and bird watchers

RAINFOREST DISCOVERY CENTRE (RDC), SANDAKAN

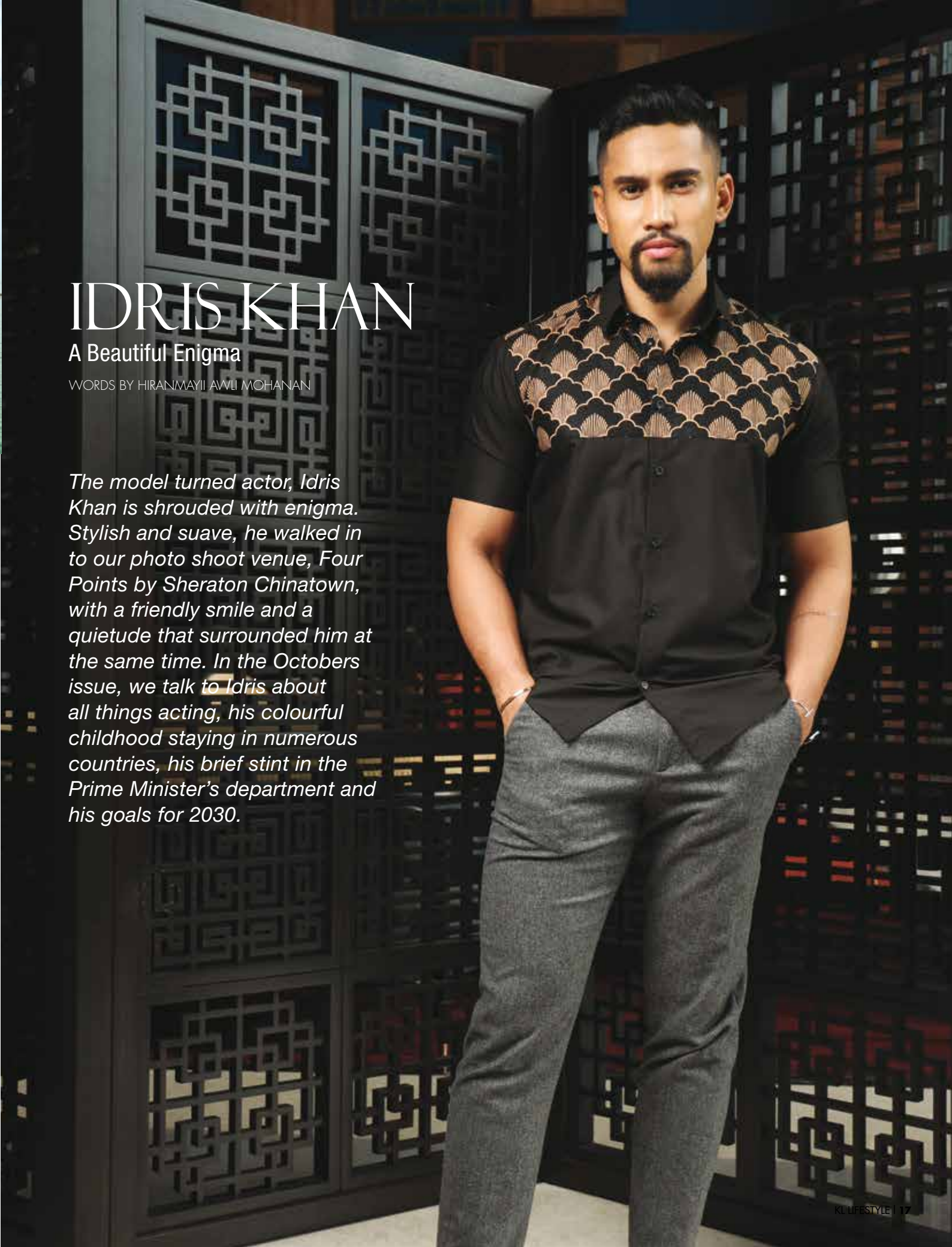
The Rainforest Discovery Centre (RDC) is one of the most accessible natural rainforests in Sabah. It sits by a lake at the edge of the Kabili-Sepilok Forest Reserve in Sandakan. The RDC has been in operation since 1996 for environmental education purposes. Today, it is a 3-in-1 park (i.e. wildlife, bird and plant) for nature lovers and bird watchers where they can see the unique flora and fauna of Borneo. To students, it’s the best outdoor classroom to learn about the rich biodiversity of the rainforest ecosystem. The 4,300-hectare Kabili-Sepilok- Forest Reserve has gained birders’ recognition worldwide for its iconic Bornean Bristlehead, Black & Crimson Pitta, Blue-headed Pitta, Giant Pitta, Black Hornbill, Rhinoceros Hornbill and more. Visitors can walk along the trails and become acquainted with green giants such as the mengaris tree, one of the tallest tree in Borneo. Besides soaking up the sights and getting a good workout, visitors can refer to the interpretive panels along the trail, which has descriptions about unique residents of the forest.

IDRIS KHAN

A Beautiful Enigma

WORDS BY HIRANMAYII AWLI MOHANAN

The model turned actor, Idris Khan is shrouded with enigma. Stylish and suave, he walked in to our photo shoot venue, Four Points by Sheraton Chinatown, with a friendly smile and a quietude that surrounded him at the same time. In the Octobers issue, we talk to Idris about all things acting, his colourful childhood staying in numerous countries, his brief stint in the Prime Minister’s department and his goals for 2030.



WHAT IS SOMETHING YOUR FANS DON'T KNOW ABOUT YOU?

I believe a relationship requires a little mystery to make it interesting, and the same applies with my fans; it keeps the bond more exciting, as they'll always be intrigued and wanting to know more about the person.

YOU WERE BORN IN SOUTH AFRICA. WHAT WAS IT LIKE GROWING UP THERE?

I was actually born in Tripoli, Libya. I can't say what it was like there because we left Libya when I was just 5 months old.

YOU ALSO STAYED IN SEVERAL COUNTRIES INCLUDING FRANCE, BELGIUM, TAIWAN, HONG KONG AND OMAN GROWING UP, EXPOSED TO MANY CULTURES. WHAT IS YOUR TAKEAWAY FROM THIS EXPERIENCE?

My takeaway would be the experience of being exposed to various cultures, languages, perception, people etc; which in turn, moulded me into someone whom can easily adapt to any situations or connect with people from different backgrounds than mine.

AT THE AGE OF 18, YOU WERE OFFERED A MODELLING GIG. HOW WERE YOU DISCOVERED?

I was actually discovered by a guy who was a model at the time. He saw me at a mall, approached me and asked if I wanted to be a model. Back then, there wasn't the modern day conveniences like social media, so we had to promote or 'sell' ourselves.

WHAT IS YOUR FONDEST MEMORY FROM MODELLING?

The networking and the bonds of friendship built along the way.

WHAT ARE SOME OF THE MISCONCEPTIONS OF THE MODELLING INDUSTRY?

The most common misconception of the modelling industry is that it's an easy job and our job as well as lifestyle is fancy? Another common misconception is that all models starve to be skinny.

HOW DID YOU FORAY FROM MODELLING INTO ACTING? WHAT WAS THE TRANSITION LIKE?

The transition was smooth for me because I undertook numerous commercials whilst modelling, so having to act and being in front of camera wasn't something foreign. I just had to work on the acting of course, in which I did a lot of my own research reading and attending some classes.

HOW DO YOU DECIDE WHICH ACTING ROLES TO TAKE ON? ANY FAVOURITES SO FAR?

I'm at a stage of my career where I'm selective of the scripts I choose, simply because I don't want to be typecast into a certain role. So, while fans see less of me now, that's because I select my roles and when they do see me on screen, it would be worth their while.

DO YOU HAVE A METHOD OR PROCESS TO GET INTO CHARACTER BEFORE EACH MOVIE OR TV SHOW?

I don't have any particular process. I just make sure I do my homework, read the script understand my role and everyone else's character. Then, I delve deeper by dissecting my character such as his background story, his personality, traits etc.

HOW HAS THE COVID-19 AFFECTED THE MOVIE INDUSTRY?

COVID-19 had definitely impacted many industries, including the movie industry pretty badly in the beginning. However, once we were allowed to film again, things slowly got rolling and everything has almost normalised because at the end of the day, platforms and TV need content.

IN YOUR OPINION, WHAT WOULD THE NEW NORMAL BE FOR THE MALAYSIAN MOVIE INDUSTRY?

New normal? Nothing much really, it has pretty much been the same to be honest. However, us as individuals have to be extra careful, and ensure our personal hygiene is in check.

NOW, HOW HAS COVID-19 AFFECTED YOUR DAILY LIFE AND WHAT HAS CHANGED SINCE THE MCO?

Well, I LOVE to travel, and prior to COVID-19 and the MCO, I would travel almost every month or two. So, this pandemic has really restricted me big time and I feel like a bird with its wings cut off now. So, I sincerely hope that things get better — a vaccine is found and our borders reopen again so that I can feed my wanderlust freely again.

YOU WORKED IN THE PRIME MINISTER'S OFFICE TOGETHER WITH THE ADVISOR TO THE PRIME MINISTER. WHAT DID THAT EXPERIENCE TEACH YOU?

Networking is a very important aspect for success.

YOU HAVE A DEGREE IN INTERNATIONAL BUSINESS FROM HELP COLLEGE. DO YOU HAVE ANY INTENTIONS TO PRACTICE THAT DEGREE AND ESTABLISH YOUR OWN BUSINESS?

I've been involved in business from 2014, so yes I am practicing my degree.

WE NOTICE FROM YOUR INSTAGRAM FEED THAT YOU HAVE AN EYE FOR PHOTOGRAPHY. IS IT SOMETHING YOU ENJOY?

Yes, photography is definitely something I love. The world is filled with such beauty that I enjoy capturing these wonderful moments in time, and sharing them with everyone to enjoy and appreciate the world as I do.

FINALLY, WHAT DO YOU HOPE TO ACHIEVE BY THE YEAR 2030?

There is so many things that I want to achieve by 2030, but then again, let's keep that a mystery. Everyone should stay tuned and pray and wish the best for me to achieve all my goals!



THE LANGUAGE OF KINDNESS

In A World Where You Can Be Anything, Be Kind

BY AGNES AUI

The maxim that goes, “a little bit of kindness goes a long way” is a powerful act and this, evidently, is backed by science. Practising kindness is shown to buffer stress and improve the health and lives of everyone involved. The act of kindness doesn’t have to be a grand gesture. It can be as simple as sharing a snack with a co-worker or helping an elderly person cross the road. Being kind is essentially choosing love over hate, light over darkness and compassion over judgement, so with the following tips, lets help make the world a kinder place.

#1 FIRST, BE KIND TO YOURSELF

In order to impart kindness to others, you first have to be kind to yourself. Stop the negative self-talk and instead, take care of your body like drinking 8 glasses of water or exercising. You can also pursue your passion or practise your hobbies because that will in turn, uplift your mood and boost that serotonin.

#2 REACH OUT TO OTHERS, BE FRIENDLY

It doesn’t take much to be friendly, yet friendliness is sometimes hard to find. If you know your friend is going through a hard time, call him or her up and offer your companionship. You can also spend time with your grandparents or an elderly relative who could use the company. Just having a lighthearted conversation or taking the time to talk shows someone that you care. You might not realise it but reaching out, is an act of kindness. By repeatedly doing it, you’ll realise the magic of connecting with others.

#3 LITTLE ACTS OF KINDNESS GO A LONG WAY

There are so many moments in our lives if not hundreds to practise kindness. You can start by making breakfast for your parents or during your commute to work, allow another car to go in front of you. Hold the door open for the person behind you, share a snack with a co-worker who forgot lunch or smile at someone who appears to be having a bad day. These acts can actually boost your mood and have positive ripple effects.

#4 GENEROSITY IS GOOD

In the midst of the current pandemic, everyone is surely having a tough time, especially financially. If you are able to, be generous financially. We’re not saying you have to empty your wallet or bank account, instead, you can give your Grab rider a generous tip when you order food or buy ice cream for your colleagues on Fridays or pay the coffee bill for the person behind you.

#5 DON’T MAKE ASSUMPTIONS IF SOMEONE IS BEING UNKIND

Hurt people hurt people, the saying goes. If some people are unkind to you, there must be a reason that is triggering their behaviour. Many people carry a baggage of trauma with them so instead of being so quick to judge, have some compassion because they might be going through a difficult time.

#6 GRATITUDE

As an exercise of gratitude, think of a person in your life who has been kind to you and send that person text to meet for coffee or a chat. Acknowledge such individual’s kindness to you by either buying them coffee or merely telling them because it will be amazing for them to hear from someone who says that they have impacted your life, even in the smallest way.



Be Kind



IT’S HALLOWEEN MONTH!

Find out how the rest of the world celebrates Halloween in their own ways

BY AGNES AUI

October has finally settled upon us. So has warm-coloured maple leaves, pumpkin patches, apple strudels and pumpkin spice lattes - all of which signifies the most important event in October, also known as Halloween. And though what comes to mind when we think of Halloween are carving pumpkins and trick-or-treating, little do we know of the different interpretations of Halloween all around the world. Here are some of them:

#1 HUNGRY GHOST FESTIVAL IN EAST ASIA
Hungry Ghost Festival is a traditional Buddhist and Taoist festival celebrated in certain East Asian countries. Distinct to the Qingming Festival, the Hungry Ghost Festival is believed to be the time that the deceased come to visit the living on earth. Many rituals are carried out during the festival including food offerings, burning incense, and burning of material items (made of paper) such as clothes and gold for the visiting spirits.

#2 DÍA DE LOS MUERTOS IN MEXICO
November 1-2 is when Mexico celebrates Día de los Muertos, also known as the ‘Day of the Dead’, to honour those who have passed away. On October 31, it is believed that the Gates of Heaven open up at midnight, allowing the souls of children to return and reunite with their families on Earth for 24 hours. Then, on November 2, the souls of the adults will return to Earth to join the festivity. During the festival, living family members prepare an altar filled with food and a special dish called pan de muerto (bread of the dead).

#3 PITRU PAKSHA IN INDIA
Pitru Paksha translates to ‘fortnight of the ancestors’ and is a 16-lunar day period in the Hindu calendar where Hindus pay homage to their ancestors. In the Hindu religion, it is believed that when a person passes away, Yama (the Hindu god of death) takes their soul to purgatory where they’ll find their family’s last three generations. During Pitru Paksha, the souls are briefly allowed to return to Earth to be with their families. The ritual of Shraddha is commonly performed to ensure their family’s place in the afterlife. Food offerings are also given during this time.

#4 AWURU ODO FESTIVAL IN NIGERIA
The Awuru Odo Festival is celebrated for six months and is when the spirits of friends and family members who have passed away return back to Earth. The festival is celebrated with feasts, music and masks before the dead would have to adjourn back to the spirit world. The Awuru Odo Festival is an important event that happens once every two years, which is when the spirits are believed to have come back to Earth.

#5 OGNISSANTI IN ITALY
Ognissanti, also known as ‘All Saints’ is celebrated on November 1 and is a day dedicated to those who have passed away. During the festival, people visit cemeteries and leave fresh flowers on tombs of their loved ones and on old forgotten ones, lighting up the cemeteries with beautiful and bright colours. During sunset, Italians pay tribute to the departed by putting a red candle on the window and setting a place at the table for spirits they hope will pay a visit.





Jeda Cafe and Diner

BY HIRANMAYII AWLI MOHANAN

Jeda Cafe and Diner is a cheerful, eponymous neighbourhood cafe helmed by a husband and wife team, Jessica (Je) and David (Da), doling out various renditions of the beloved fried chicken. Its interior embraces the minimalistic concept, livened by a fun mural featuring a poised, above-it-all llama with ‘No Drama Llama’ writing, a range of cacti, pastel-hued abstract art and plants in every nook and cranny.

Weekday lunch sets here cater to the working crowd, featuring interesting dishes such as What’s the Mattah — fired

chicken fillet with Balinese sambal ‘matah’ on steamed rice, Obladi O Balado — eggplant cooked in sambal ‘balado’ a la Padang on rice, and Nanbanman — fried chicken fillet served with Japanese tartar sauce and steamed rice. The lunch sets come with a side of iced tea to battle some of the fiery dishes here.

The lunch offerings extend to our favourite, the Ayam Geprek Jeda which sees smashed fried chicken fillet with sambal bawang on steamed rice. It was the simplicity and the sweet yet spicy sambal

that we appreciated in this dish. Dinner is when you can experience Jeda’s ode to the Nashville hot chicken through cayenne-spiced legs, breasts and wings slathered in degrees of fieriness the Tennesseans would approve.

24A, Jalan Datuk Sulaiman, Taman Tun Dr Ismail, Kuala Lumpur.
Tel: 03-7732 1608

***Fusion *International cuisine *Casual dining (pork-free)**



Dou Dou Bake

BY HIRANMAYII AWLI MOHANAN

It was mere word of mouth that catapulted this minimalistic, industrial-looking cafe to fame. Founded by Joey Mah, the man behind Three Little Birds Coffee and Keith Koay, Artisan Roastery and three-time Malaysian Barista Champion Keith Koay, the duo collaborated and opened the design-forward bakery, Dou Dou Bake.

Its interior is raw and minimal, where walls and columns are left exposed, cushion seats are placed across the bakery and floor-to-ceiling windows grant natural

sunlight to the space. Outside, its wild desert-like foliage and wooden-plank pathway creates an Instagram-worthy setting. As you step in, prepare to be greeted by the alluring aroma of freshly baked bread and pastries.

Onto their offerings, the Dou Dou Breakfast is fulfilling, featuring luscious scrambled egg on homemade sourdough bread, avocado, sausage and a side of salad. We find this best complemented with an Oat Milk Latte. From their array of freshly-

baked pastries, the Sourdough Croissant and Pan Au Chocolate are our favourites but these get snatched up quick, so be sure to get here early.

38, Jalan SS 4c/5, Taman Rasa Sayang, 47301 Petaling Jaya, Selangor.
Tel: 011-6963 5817

***Brunch *Casual dining (pork-free)**

The Chow Kit Kitchen and Bar

BY HIRANMAYII AWLI MOHANAN



The luxury boutique hotel, The Chow Kit captures the Chow Kit of yesteryear with a faultless blend of art moderne, maritime and industrial design. The Chow Kit Kitchen and Bar becomes the epicentre of the hotel, an open, welcoming space where creative interpretations are an experience on their own. With the recent launch of its new menu, we uncover playful, reimagined recipes of the Malaysian cuisine, helmed by the talented Chef Ell.

The Chow Kit Kitchen and Bar’s allure for us is its spirit of purveying honest, local flavours. On that note, we first whet our palates with the Pegaga Salad, a piquant bowl brimming with pegaga leaves tossed with spicy dried chilli shrimp serunding, grilled shrimp and doused with a calamansi lime dressing. We love the intended balance of tart, spicy and sweet flavours. Appetites now building, we move on to the set lunch of Kambing Kuzi and Ikan Asam Pedas, each with a side of vegetable, basmati rice and a

choice of tea or coffee.

The Ikan Asam Pedas boasts a generous slab of fish fillet bathed in a spicy and tangy broth which pairs wonderfully well with the nasi ulam. The Kambing Kuzi comes highly recommended for the braised five-spiced Australian lamb shoulder with cashew and black raisins. One experiences the matrimony of mellowed flavour of lamb and bold Malaysian tastes, that just melts in the mouth. We save just enough space for dessert — the Bubur Cha Cha Pulut Hitam. Unlike your typical bubur cha cha, this deconstructed and reimagined version is intriguing and delicious, showcasing various textures and light, subtle flavours that are immensely Malaysian.

The Chow Kit, 1012 Jalan Sultan Ismail, Chow Kit Kuala Lumpur.
Tel: 03 2778 6666

***Malaysian cuisine *Casual dining (pork free)**



Pepo Pizza

BY HIRANMAYII AWLI MOHANAN

Fuelled by its ethos of pizza for the people, Pepo Pizza in Petaling Jaya isn’t your run-of-the-mill pizzeria. Its crowning glory lies in the behemoth of a wood-fired oven and skilled chefs with over 10 years of experience in the Italian cuisine. You know you’re in for a treat.

The menu offers a cornucopia of pleasures in the form of artisanal pizzas, pastas, antipasto, mains and dessert pizzas. The Artisano Pizzas are intriguing and inviting, doling out trendy toppings such as the Spicy Chicken Kimchi, Mushroom and Truffle, as well as Black Angus Bulgolgi. The Mushroom and Truffle pizza was our favourite, showcasing a cream base layered with mozzarella, truffle oil, white mushroom, trumpet mushroom, olive oil, dry truffles soaked in olive oil and finally garnished with arugula. There is a balance of texture and flavours with this pizza — crunch from the mushrooms and chewiness from the homemade dough that complements the burst of umami and tinge of smokiness.

The house signature, Pepo Pizza isn’t as robust in flavours as the Mushroom and Truffle Pizza, but delicious all the same. With a homemade tomato base, mozzarella is lain atop with charred zucchini, black olives, cherry tomatoes and chunks of homemade meatballs. Oozing light piquancy and boisterous meatballs, one will experience herby, sweet and juicy flavours. We ended the meal with an exciting Chocolate Cloud — a dessert pizza. Made using the steering-wheel method, the dough becomes thin and crunchy which forms the bed for a dark chocolate spread, dark and white chocolate chips, chocolate sauce as well as marshmallows. Needless to say, chocoholics would love this. Keep your eyes peeled for their monthly special pizzas as you can expect the likes of a Foie Gras Pizza and Caviar Pizza.

Pepo Pizza, Shop Lot 5 Lot, B. LAND, 2, Jalan 51a/225, Seksyen 51a, 46100 Petaling Jaya, Selangor
Tel: 017-935 5310

***Pizza *Casual dining (pork-free)**

The Brasserie

BY HIRANMAYII AWLI MOHANAN

Get swept up into a whirlwind of French romance and gastronomy through the Feast of Versailles, an exquisite menu crafted by the chefs at The Brasserie, inspired by 100 years of fine French gastronomy served at the world renowned and World Heritage Site, Palace of Versailles from the 1600s to 1700s. This experience, presented by Chef de Cuisine, Clement Torrente and Executive Pastry Chef, Gael Moutet is only available for dinner once a month on Oct 23 and Nov 27, 2020. Feeding into its theme, the ingredients featured are grown in the Palace’s famed Gardens Orangerie, the nearby Potager du Roi and delicacies first introduced to France and in French cuisine.

Chef Clement Torrente reminisces his youth in Versailles and thus taking inspiration from his adventures and reflecting them in the dishes featured in the feast including, Amuse Bouche of Royal Oyster, Snail Croquette, Vegetable Tartelette and Lobster & Bisque, a clear beef broth with sweetbread, barley, cress and black truffles followed by Torched Ocean Trout, trout roe, crispy fish skin, Jerusalem artichokes and green pea and parsley emulsion. The piece de resistance, however, is the glorious Le Pithibier De Louis — a beef and foie gras pithivier, watercress salad and porto sauce.

Desserts are crafted by Parisian native, Chef Gael Moutet, showcasing three quintessential French desserts — wild strawberries from the Gardens of Le Nôtre on a cloud of brie cream cheesecake with strawberry sorbet, an Orange Chocolate Mousse and sweet endings come with his Evolution of the Macaron — a favourite of Queen Marie-Antoinette. Complement your dining experience with an option to pair each course with glasses of wine or cocktails, inspired by the royalty who resided in the Palace of Versailles.

The Brasserie, The St. Regis Kuala Lumpur, Jalan Stesen Sentral 2, Kuala Lumpur Sentral, 50470 Kuala Lumpur.
Tel: 03-27271111

*French cuisine *Fine dining (pork-free)



Curate

BY HIRANMAYII AWLI MOHANAN

Lights, Camera, Flavour! After months of experimentations and fervour, the esteemed culinary team at Four Seasons Kuala Lumpur is ready to ignite your senses through their newly-crafted menu. Concocted with a blend of culinary prowess, playful flair, swirls of colour and explosion of tastes, guests are in for a delicious gastronomic adventure.

The fresh line-up of recipes is an eclectic mix, reflecting each chef’s personal culinary history. Drawing on his southern American roots as well as his experience preparing meals for famed celebrities, Executive Chef Junious Dickerson brings a breath of fresh air to Western classics, while Chef Raman Durairajan harnesses inspiration from India’s diverse regional cuisines to take diners on a curated journey across his homeland and Chef Mujtahid Lukman (better known as Chef Matt) from Sarawak reimagines Malaysian favourites, casting beloved flavours in new form.

The standout dishes from the mix include the succulent MB6 Wagyu Tomahawk flamed with fragrant rosemary and carved table side, complemented by a sauce freshly prepared using mortar and pestle — scrumptious. Journey to India with the aromatic briyani and sizzling chunks of meat that are spiced to perfection. Comfort food of the highest order comes in the form of Chef Junious’ rendition of Fried Chicken & Waffle inspired by his grandma’s secret recipe. This brilliant dish offers a bold medley of textures and tastes: crisp and tender, sweet and savoury.

Satiate your seafood cravings with the Mussels Asiano, featuring fresh ocean-to-table mussels garnished with Thai basil and surrounded by a moat of laksa broth. The sweet ending comes in the form of a beautiful Durian Cheesecake, a novel interpretation of the King of Fruits.

Curate, Four Seasons Hotel KL, 145, Jalan Ampang, 50450 Kuala Lumpur.
Tel: 03-23828888

*International cuisine *Casual dining (pork free)



Calia Malaysia

BY HIRANMAYII AWLI MOHANAN

It was all the hype surrounding Calia Malaysia that drew us to this restaurant. Outfitted in a contemporary and minimal interior, the restaurant sets the scene for high-quality, indulgent fare crafted by Michelin Star chef, Francisco Javier Araya. The courses here are designed to make you appreciate the quality of the ingredients such as the A5 Wagyu beef and toro (tuna belly) flown from the Toyosu Fish Market in Japan.

Commence the gastronomic voyage with the Smoked Salmon Sashimi and phones at the ready to capture its theatrical presentation. Infused with passion fruit and sesame vinaigrette, the smoked salmon sashimi is a harmony of smokiness, tartness and sweetness. To graze, the Ikura Chawanmushi is a wise choice, offering bursts of flavour that come with every mouthful of this egg custard. For fans of truffle, the Truffle Chicken grants sweet and savoury piquancies from the yuzu kosho and truffle teriyaki sauce.

Conferring comfort and a bit of heft, the star of the show was the Aburi Bowl. Chunky slices of flamed, seared salmon draped the Japanese rice, boasting an orange tinge and succulence, topped with ikura and Calia’s secret sauce. One might willingly bid one’s diet goodbye after a spoonful of the Aburi. The Brown Sugar Boba Cake for dessert was a welcomed sight — a molten chiffon cake stood at the centre of the plate, served alongside hojicha-infused boba meant to be drizzled all over the cake. Like cotton candy, this dessert melts in the mouth.

Calia Malaysia, Lot 6 . 11 . 00, 168, Jalan Bukit Bintang, Bukit Bintang, 55100 Kuala Lumpur.
Tel: +603 21106181

*Japanese cuisine *Casual dining (pork-free)



Blackbyrd KL

BY HIRANMAYII AWLI MOHANAN

Blackbyrd KL — a 70’s modernist restaurant on the 50th floor of Naza Tower offers stellar views of the Kuala Lumpur skyline, alongside scrumptious fare. Inside, the interior strikes a beautiful balance of foreign influences such as European lamps and the Malaysian touch through rattan chairs and terrazzo floors. Choose to dine at the semicircle booths with sheer white curtains or at the elegant bar with plush sofas. We started off with the aesthetically-pleasing Blackbyrd signature edibles, the Crispy Nori Crunch comprising tempura nori (seaweed), spicy salmon parmesan shavings and garnished with salmon roe and blue pea flowers. A Duck Satay appetiser followed, with a side of peanut sauce and sambal merah.

The Smoked Duck Salad, a new addition to the menu saw thick slices of smoked duck generously placed around the heap of arugula tossed with almond shavings, radish and drizzled in balsamic orange dressing — refreshing. The mains — King Prawn Saffron Rositto and Honey Wasabi Glazed Salmon were placed on beautiful artisan ceramic plates sourced from Melaka. The former, cooked in saffron and complemented with red capsicum sauce was buttery and exuded familiar flavours of comfort. Blackbyrd’s salmon was a sweet seductress with subtle Asian flavours. It saw an assemblage of Norwegian salmon perched on a medley of Asian mushrooms, edamame, miso butter and roasted nori. To finish, The Blueberry Cheesecake with its silky layers of blueberry puree and mascarpone was a hit around the table.

Blackbyrd KL, Level 50, Naza Tower 50450 Kuala Lumpur.
Tel: 012-689 8576

*Fusion *Comfort food (pork free)



g. by forest bean

Imaginative Fare

BY HIRANMAYI AWLI MOHANAN

Crossing its threshold to a minimalistic, grey-hued interior, g.by forest bean, a neighbourhood cafe in the township of Kota Kemuning is so designed to highlight its fare. While the journey to this hidden gem could prove quite the drive, the food makes it all worth it.

Established by a group of friends whose dream was to open a neighbourhood cafe, g.by forest materialised, offering great fare, quality ingredients and masterful cooking. It is steered by a head chef whose stint in Japan armed him with more than two decades worth of experience, which is reflected through imaginative creations such as the Udon Asam Laksa.

What to Order:

Start with the brunch item — FB Egg Benedict, the epitome of fusion which sees an onsen tamago on a bed of homemade English muffin, topped with chicken rendang, spinach and hollandaise sauce. While an acquired taste for some, we simply loved the unlikely pairing of the flavourful chicken rendang and the classic hollandaise dressing.

The mains came in a fluid flow, starting with the Tori, served in a cast iron skillet featuring grilled chicken teriyaki beautifully placed on a bed of garlic fried rice, onsen tamago, scallions, nori and lotus root — an exquisite taste of home. The Sanuki Udon was another representation of East-meets-West, showcasing the matrimony of Japanese udon and Italian aglio olio preparation, garnished with dried chilli and seaweed. Humble in appearance, this dish made us throw caution (and diet) to the wind.

Another eclectic noodle dish we relished in was the Udon Asam Laksa, brimming with authenticity and deliciousness. Fusing Malaysian and Japanese characteristics, this dish is the best of both worlds, laden with onsen egg, fish tempura, pineapple and onion. Alternatively, for those who enjoy the classic carbs, the Crab Meat Pasta is a must, coated in garlic, chilli flakes, ebikko, crab meat and parsley.

We can foresee the Salmon Steak as a hit with the crowd. After all, this inherently delicious fish can do no wrong, right? Here's another twist for you — a slab of salmon

steak is marinated in herbs, grilled and drizzled with teriyaki sauce. It's served with homemade kimchi and mashed carrots — a well-executed fusion.

The pizzas are as appetising as they sound, especially the Ayam Rendang pizza which grants this Italian staple a robust, Malaysian rendition. Perfect to share, the homemade dough becomes a bed for traditional ayam rendang, tomato paste, lots of mozzarella cheese just the way we like it and lotus roots add a slight crunch.

For dessert, the vibrant colour of the homemade Lychee Rose Cake will definitely uplift your mood and marks a sweet end to your meal. Another dessert we love is the Lemon Poppy Seed Cake — the perfect balance of citrusy and sweet flavours.

The Farm Foodcraft *Healthy *pork-free
g.by forest bean, Lot 1-9-1, No 14, Persiaran Anggerik Vanilla, Sinaran 1, Kota Kemuning, 40460 Shah Alam.
019-322-0978



Maruki Ramen

Warm goodness in a bowl

BY AGNES AUI

Located in The Linc KL, Maruki Ramen is an upscale and contemporary spot that churns out countless wholesome bowls of fresh ramen daily. The best part is that all the ingredients used are halal, making Maruki Ramen a must-visit place for halal ramen.

The restaurant was established in January this year and offers different types of soup with similar options of toppings including glazed chicken roll, premium Australian beef slices, ajitama soft-boiled egg, leek and seaweed. The superior soup is a light yet flavoursome choice while the classic soup is a thick and hearty option. As for spice lovers, the classic kara would entice whereas the classic kuro - well, let's just say you have to taste this to believe it.

We started out with a luscious bowl of Superior Shio Deluxe featuring chicken broth seasoned with salt. Aside from the

immaculate flavours, Maruki Ramen's broths are top notch as no MSG or thickeners are used. Truly, there's no healthier and more wholesome ramen haven like this one.

The Classic Kuro Deluxe was next, a unique white chicken broth blended with black garlic oil that we absolutely loved. The garlic flavour didn't overpower and instead, resulted in a rich umami and smoky hint. The ramen itself was al dente and cooked to perfection as its natural springy form sat comfortably in the glistening hot broth.

The Classic Kara Deluxe is ideal for spice lovers as its broth features a blend of Malaysian flavours made from scratch. That's right, no powders are used and all of the spices are made in-house. Taste-wise, the broth was almost like curry but carried a unique element of its own. It



wasn't overly spicy and wasn't too light that you couldn't get that 'oomph'.

But what stood out in every hearty bowl was the glazed chicken roll that stunningly mimicked tonkatsu. Skillfully prepared with secret ingredients, the roll was juicy, soft and a definite must-try. Another favourite of ours was the seared wagyu that was succulent, exquisite and notable as the restaurant only uses top of the range A5 wagyu meat for its dishes, ensuring the best quality and taste for a reasonable price.

Nevertheless, we couldn't leave without highlighting the fried chicken gyoza and the don (that also comes in mini versions) which undoubtedly lingered in our minds.

Maruki Ramen *Japanese cuisine *halal
Lot 2-23, Level 2, The Linc KL, No, 360, Jalan Tun Razak, 50400 Taman U Thant, Kuala Lumpur
016-626 3389 / 03-2332 6916

Craveat

BY AGNES AUI

It's uncommon to find places that serve generous portions of Western and Arabic dishes. Which is why we were ecstatic when we found Craveat. Located in Shah Alam is the family-friendly restaurant that whips up everything Western and Arabic. From pastas and burgers to steaks and platters, the options are endless.

When visiting Craveat, it's wise to invite some family members or friends as the restaurant offers generous platters where

you can get every single bite. Try the Arabic platter (suitable for two to three people) featuring rice with roasted chicken, lamb chop, sirloin steak, fattoush salad, garlic sauce and Arabic salsa.

You can also opt for the Craveat platter (suitable for three to four people) that includes BBQ chicken wings, rib eye steak, sirloin steak, mac and cheese, French fries, garlic bread and two jumbo chicken sausages. Alternatively, you can try the hungry platter that's also recommended for three to four people, featuring items like BBQ chicken wings, chicken chop, lamb

chop, spaghetti aglio olio, sirloin steak and French fries.

If platters are not your thing, fret not as they have other popular delights such as the double beef burger, shakshuka beef with garlic bread, spaghetti buttermilk, Chinese fried rice, pan-fried salmon and more. One thing's for sure, you'll never run out of options when dining in at Craveat.

Craveat *Western cuisine *Asian cuisine *Arabic cuisine *halal
No 6, Jalan Tun Teja B 35/B, Alam Impian, 40470 Shah Alam, Selangor
019-669 9289



Kay's Steak & Lobster

BY AGNES AUI

Located in the peaceful neighbourhood of Putra Heights is a homey steakhouse known as Kay's Steak & Lobster. When it comes to flavours and presentation, Kay's Steak & Lobster excels indeed. It's the ultimate go-to spot for family gatherings and meet up with friends who love eating like a king.

The restaurant's specials include premium meat and fresh seafood flown in exclusively from the northern and southern hemispheres. Upon order, they are cooked to absolute perfection using different cooking methods like grilling, roasting, braising or pan-searing.

According to Kay's Steak & Lobster, the star of the menu is the Boston lobster, prepared a la Thermidor. Thermidor is a French dish that typically features cooked lobster meat, egg yolks and brandy that are stuffed into a lobster shell. However, in the restaurant's own style that is halal-friendly, the lobster flesh is cooked with creamy egg yolks and layered with melted parmesan and cheddar. The lobster is also served with caramelised butter, fries and the chef's very own special salad.

If you're looking to try some of the steaks, get the Wagyu tomahawk, black angus porterhouse, Australian Wagyu rib eye or the Kagoshima Wagyu A5 rib loin steak. One thing's for sure, the beef comes from responsibly sourced cattle and are grown with no added hormones, no GMOs and no antibiotics. You can also try other dishes like chicken chop featuring antibiotic free boneless chicken, grilled Norwegian salmon with Montreal seasoning or the Kay's Cheeseburger made with 100% Australian Wagyu patty.

Slow Coffee
B-G-03, The Hub SS2 19 Sentral, Jalan Harapan, Seksyen 19, 46300 Petaling Jaya, Selangor
03-7931 9690
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Gami Chicken

BY AGNES AUI

Back in the days, KFC would tend to represent Kentucky Fried Chicken, a well-known fried chicken joint when we were younger. However, KFC today would most likely represent Korean Fried Chicken, a

cuisine that has become a hit nationwide and proved that it's here to stay.

One of the best places to indulge in authentic Korean fried chicken is Gami Chicken. You'd



La Cour

BY AGNES AUI

Nestled in a quiet and safe environment in Puchong is La Cour, which is French for "The Courtyard". Those seeking solace away from the hustle and bustle of city life can find comfort here, as La Cour aims to be a place for memorable gatherings among family and friends.

Apart from the stunning yet cosy interior, La Cour offers some pretty lavish and delightful bites. The restaurant seeks to

provide a unique dining experience for all by incorporating traditional French and Italian techniques with Asian flavours. Curious on where to start? How about Nashville - the cafe's very own spin on fried hot chicken, famously served all around the southern states of America. Crunchy chicken blanketed with lettuce and cucumber in between a crusty charcoal bun with fries on the side. Simple, yet packed with flavours from start to finish. It's something you'll have to try.

be surprised to know that Gami Chicken actually started out in Australia and not in Korea. That's right. And what makes Gami Chicken delectable is the originality and authenticity of its recipe that includes the finest of traditional flavours.

Of course, a must-try at Gami Chicken is the Gami Fried Chicken, all of which are served with green salad and pickled radish. You can also choose the flavours of your fried chicken, with options like original fried, sweet chilli, soy garlic and spicy. If you're with a large group, opt for the whole chicken, boneless chicken or the Gami wings. You can also add on extra sauce on the side with flavours like sweet chilli, soy garlic, spicy and honey mustard.

If you prefer something other than fried chicken, look to the Gami Delights section, where options like spicy seafood soup, seafood pancake, spicy chicken fried rice, potato heaven and tteok bok ki will tickle your taste buds. Whatever your choice may be, rest assured that your dining experience here will have you coming back for more

Gami Chicken *halal *Korean cuisine
Lot 1 . 29 . 01B & E1 . 29 . 01B, 168, Jalan Bukit Bintang, Bukit Bintang, 55100 Kuala Lumpur
016-615 5413



If burgers are not your thing, then look forward to La Cour's specials, where unique dishes are only available for a limited period of time. Some of the cafe's past specials include glistening salmon and creamy mashed potato, chicken ballotine marinated with herb-spiced tomato and slow-roasted with lemon thyme, blended slow-roasted peppers topped off with parmesan and cajun prawns and more. La Cour also serves as an event space so if you're looking to host a large party or gathering, look no further as La Cour is the place you'll want to be at.

La Cour *Asian cuisine *Western cuisine
13, Jalan PPU 2A, Taman Perindustrian Pusat Bandar Puchong, 47100 Puchong, Selangor
03-8068 9391

Maven Coffee Store

BY AGNES AUI

Hidden in the quiet neighbourhood of Shamelin Star Residence is Maven Coffee Store, a small yet cosy space filled with light wooden interior that instantly becomes the ideal place to spend your work-from-home day.

As soon as you enter the cafe, the calming scent of caffeine will awaken and delight the coffee fanatic in you as you scan through various coffee beans for sale on a shelf above your head. Once you’ve settled in, the first thing you should order is the filter coffee, which in our opinion is the best you could get from cafes that specialise in coffee. We were served the one from Kenya which exudes a slightly acidic and almost sweet note, ideal for light coffee drinkers.

We then tried the Hojicha latte, made using matcha from Niko Neko. The latte was creamy, not too overpowering and had a roasty, almost smoky ending. It was simply delicious and is the perfect early morning option for non-caffeine lovers.

As for food, we had the creamy chicken pasta featuring pasta in the cafe’s signature white sauce. The dish was bursting with flavours and included juicy chicken and fresh tomatoes which added the perfect texture overall.

Of course, a cafe visit isn’t complete without dessert. And we got to try Maven Coffee Store’s bestseller, the red velvet cake. Just by appearance, we could tell that the cake was moist and stunningly layered with cream cheese. Every bite was light, airy and melted in our mouths. The cake was also not too sweet, making it a lovely guilt-free sweet treat.

Maven Coffee Store *Casual dining *pork-free
Lot G-30, Shamelin Star Residence, Jalan 6D/91, Taman Shamelin Perkasa, 56000 Kuala Lumpur
03-2728 2685



Podgy Kurau

BY AGNES AUI

In a cosy neighbourhood lane, known as Lorong Kurau, many reputable restaurants have found their spot amongst the greenery and Bangsar community. Similarly, Podgy Kurau has become a household name in the area, with many paying a visit just to have a taste of the endless sweet creations and savoury offerings.

If you somehow find yourself in the picturesque location, we recommend you first try the coffee. Go for black if you prefer something with less calories, the latte if you’re a fan of creaminess or mocha if you need that kick of chocolate and coffee goodness.

Western dishes are a hit at Podgy Kurau, with endless options of breakfast, sandwiches and pastas for you to choose from. Again, for a healthy start, try the avocado toast featuring smashed avocados, poached eggs, chilli flakes and smoked salmon. The steak sandwich is another great choice that comes with garlic aioli, caramelised onions, capsicum, cheddar cheese and salad.

Vegetarians can rejoice as Podgy Kurau also serves some vegetarian delights. Our favourite is the vegetarian spaghetti aglio olio with sauteed mushrooms, cherry tomatoes and baby spinach. But the highlight of this restaurant are the desserts - lemon poppy seed cake, pandan cake with shredded coconut, orange cake, matcha cheesecake, lemon meringue tart, pavlova and more. Just by looking at the options, we’re already spoilt for choice.

Podgy Kurau *halal *Asian cuisine *Western cuisine
5, Lorong Kurau, Bangsar, 59100 Kuala Lumpur
03-2202 0024



Red Kettle

BY AGNES AUI

Good food and coffee are often the best complement when bonding with an old friend or hanging out with your family. And Red Kettle is a place where you can get just that. Serving a medley of Western and Asian dishes, the restaurant is strategically established in Starling Mall - the ideal spot for a great catch-up.

For a hearty breakfast, try the Really Big Breakfast, a generously large portion of homemade pork bacon, French toast, roasted sweet potatoes, sautéed mushrooms, eggs (of your choice) and salad. Pork lovers can also opt for the Porkie Eggs Benedict that features poached eggs, grilled sourdough bread, homemade pork bacon, hollandaise sauce and cherry tomatoes.

If you’re looking for something Asian, try the Ayam Goreng Berempah and Rice that also comes with kuah tumis, sambal bawang, lava egg goreng, tempeh, calamansi and a free Viet kopi-c. For a lovely mix of both Asian and Western flavours, try ordering the Sambal Tumis Sea Bass and Rice, featuring pan-fried sea bass, kuah sambal tumis, cashew nuts, shaved coconut and roasted vegetables.

Those with a sweet tooth need not find a dessert spot to adjourn to as Red Kettle does serve some delightful sinful treats. Our favourites include the Tim Tam cake, dark chocolate salted caramel cake and the strawberry yogurt soft serve.

Red Kettle *non-halal *Asian cuisine *Western cuisine
Starling Mall - F130, 1st Floor, The Starling Mall, Jalan SS 21/37, Damansara Utama, 47400 Petaling Jaya, Selangor
Taman Bukit Desa - 37, Jalan Bukit Desa 5, Taman Bukit Desa, 58100 Kuala Lumpur



The Embassy Cafe + Kitchen

BY AGNES AUI

Rough Asian and Mediterranean food, it’s The Embassy Cafe + Kitchen. Located in Damansara Utama, The Embassy Cafe + Kitchen is a family-friendly cafe and restaurant that proudly serves mouth-watering artisan pizzas, pastas and Asian bites.

The menu is simple, yet intriguing as each dish invites you to try it. And when that happens, you’ll know for sure that one visit isn’t enough. The artisan pizzas will definitely satisfy you. There are the classic choices like the margherita and unique ones like the diavola, a symphony of tomato sauce, mozzarella cheese, spicy beef pepperoni, chilli oil and basil. The carbonara pizza is another interesting one, as many are more familiar with it being a pasta dish. This pizza features mozzarella cheese cream, eggs, beef bacon, parmesan cheese, cream and rocket - a must-try, may we add.

For pastas, try the penne puttanesca with black olives, anchovies, capers, tomato sauce, garlic, chilli flakes and parsley, or the fettuccine funghi, a vegetarian-friendly dish that highlights mixed mushrooms, cream, parmesan cheese and parsley.

Turn your attention to the sweet treats section when you’re about to end your meal, and take your pick from cekodok pisang (fried banana balls served with salted caramel, ice cream and roasted walnuts), churros (served with chocolate sauce), or a delicious tiramisu.

The Embassy Cafe + Kitchen *pork-free *Asian and Mediterranean cuisines
No 13, Jalan SS 21/1a, Damansara Utama, 47400 Petaling Jaya, Selangor
03-7733 4773



The Deceased

BY HIRANMAYII AWLI MOHANAN

The Deceased is by far one of the most intriguing bar concepts in town, priding itself for its spooky theme. Making full use of the heritage building it resides in, one can't help but feel the creeps and tingles when treading in. It doesn't help that the space is embellished with trinkets of the local culture, superstitions and supernatural beliefs either. However, its very distinctness is exactly why we are recommending this bar.

Spookiness continues in its cocktails, each frightening and deserving of a picture. Start with Tea of Oblivion, a sweet and tart cocktail crafted from jasmine tea-infused dry gin, Chinese rose wine or 'Mei Gu Lu', ginger syrup, grenadine syrup, lime juice and finished with a pinch of salt. This delicious drink can probably save you from the spirits so, drink up.

Continue the streak with The Dukun, served in a skull which rests on platter alongside a burning candle, plastic heart and voodoo doll made from straws. While its presentation is rather scary, the same can't be said about its flavours. The first sip hits you with the refreshing notes of the Chinese yellow wine 'Nv Er Hong' and Smirnoff vodka, followed by the spicy aftertaste from the Deceased's house-made special Sarawak pepper syrup and ginger flower syrup.

55, Jalan Sultan 50000 Kuala Lumpur

ThreexCo

BY HIRANMAYII AWLI MOHANAN

A speakeasy within a mall is quite a rarity and ThreexCo is just that. Well hidden on the third floor of Bangsar Shopping Centre, crossing its threshold will reveal deep-teal walls and opulent furnishing, a tasteful painting of a Chinese opera actress whose gaze is fixed upon her libation, with a cigar in hand. The atmosphere was languorous and sultry.

The cocktails at ThreexCo boast their own character and taste profile, each more creative and inventive than the other. Their twist on the Manhattan cocktail is such example, concocted from Michter's Distillery's small batch of bourbon, Mancino vermouth, Bigallet China-China (liqueur made from a blend of sweet and bitter orange peels macerated in sugar-beet-based neutral alcohol) and grapefruit bitters. This is one drink you would want to visit the bar to truly revel in its intended flavours.

Another intriguing tippie is an ode to Penang, aptly named Balik Pulau. Made with Penang's almost forgotten fruit — the nutmeg, which is complemented by clarified milk, lemon, saline water and Hendrick's Gin. The combination of these form a slightly tangy and overall distinct taste that you would have to try for yourself.

Level 3, Bangsar Shopping Centre, Jalan Maarof, Bukit Bandaraya, 59000 Kuala Lumpur.



The Whisky Bar

BY AGNES AUI

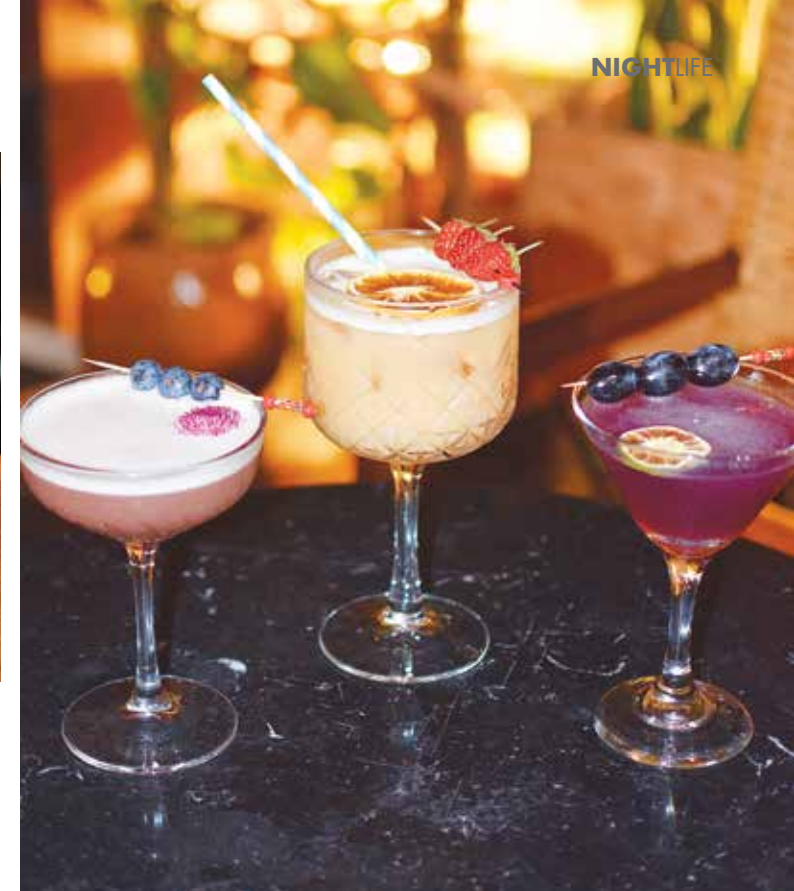
Established in 2010, The Whisky Bar houses nearly 800 labels of whisky from around the world. These include old and rare whiskies like Scotch, Irish and Japanese whiskies, American bourbon and more - some of which are from closed distilleries, meaning the spirits will never be made again, while others are some of the most expensive whiskies in the world.

A trip here is the perfect Friday night escapade for whisky enthusiasts as the bar's cosy atmosphere and comfortable leather armchairs will entice. Explore and experience various types of whisky by trying the Whisky Flights!, a set of four to eight types of single malt or blended whisky made with different ingredients, malt and distillation methods.

For indulgent cocktails, try the Smokey Chimney, made with Laphroaig quarter cask, bailey malibu, kahlua and creams. The Laphroaig is known as one of the most flavoured Scotch from the remote island of Islay and is loved for its smokiness. Another cocktail to try is The Mirage, a concoction of compass box orangerie, fresh orange juice, dry red wine, absinthe, sour plum and cinnamon stick.

But drinks aren't all that The Whisky Bar offers as patrons can savour a range of food and snack options like cheese platters, simple Angus steaks, seafood hors d'oeuvres and chocolate fondue. Pair these snacks with a nice glass of whisky for a whole new experience.

The Whisky Bar
46, Changkat Bukit Bintang, Bukit Bintang, 50200 Kuala Lumpur
03-2143 2268



Rentak Bar

BY AGNES AUI

Groove to the sound of a different beat when you visit the rhythmic Rentak Bar at Chinatown. Finding this hidden bar is a great feat, but immersing yourself in its playful cocktails and funky soundtracks will highlight your night even further, so why wait?

Rentak (which translates to 'rhythm') Bar is all about acceptance. It's a space where anyone and everyone can express themselves through music. The menu is a wide range of musically-inspired cocktails that exude the perfect balance in taste.

The recommended Bo Diddley is a symphony of gin, lavender, elderflower and lime that rightfully pays homage to the famous rhythm and blues musician. Ideal for light drinkers, notes of citrus power through before leaving your taste buds with a hint of liquor. A concoction of gin, passionfruit, raspberry and egg white makes The 808, a sweet drink inspired by the Roland TR-808 drum machine. Dessert lovers will find this cocktail enticing, with fruity elements that finish in a silky foamy texture.

The Whiskey Sour is a classic in many bars, but none can compare to the one served here. Typically, the tartness evidently protrudes. But in the bar's own version, it's mellowed down with fragrant Angostura Bitters, allowing the whiskey to fully shine in this drink. Some of our other favourite mixes include the Joget, Fela!, Joao and more. And with great tunes to accompany us, our experience at Rentak Bar was filled with great laughs and meaningful conversations.

Rentak Bar
Above ETC cafe, 198, Jalan Tun H S Lee,
Kuala Lumpur City Centre, 50000 Kuala Lumpur



Bak Kut Teh, The Klang Way

Only the very best

BY AGNES AUI

Apart from the famous Regent pandan layer cake, Boston restaurant and abandoned buildings, everyone knows the best place to have Bak Kut Teh is in Klang. And as a Klangaite myself, I’ve created a list of the best Bak Kut Teh you can find here. From dry Bak Kut Teh available during the day to the stalls open at night, you’ll never run out of options the next time you pay Klang a visit.

*NON-HALAL



RESTORAN KEE HEONG

Located in Taman Eng Ann which happens to be a hotspot for food, I have been regularly patroning Kee Heong since I was a little girl. Three types of Bak Kut Teh can be found at Kee Heong - those in individual bowls, the ones in a large claypot or dry Bak Kut Teh. The latter is also one that Kee Heong is famous for. If you prefer a thicker broth then go for the individual bowls (that comes with unlimited refills of herby broth) and if you like your Bak Kut Teh spicy then opt for the dry one. Another tip is to arrive early should you prefer to order ‘pai kut’ (ribs) as those tend to sell off quickly. Even arriving at 10 in the morning may be too late. Nevertheless, you can always purchase their spice mix or Bak Kut Teh instant noodles and whip them up in the comfort of your own home.

Address: 7, Lorong Kasawari 4a, Taman Eng Ann, 41050 Klang, Selangor
Operating hours: 7.30 am - 9.30 pm (closed on Mondays)
Tel: 012-324 3838

Credit: VKeong.com



Credit: Daniel Chan

SENG HUAT RESTAURANT (UNDER THE BRIDGE)

If you frequently travel to Klang via the KTM, Seng Huat should be no stranger to you. Established in 1979, people typically call the restaurant ‘under the bridge’ as it’s situated close to a pedestrian bridge. As soon as you walk into Seng Huat, a mural with the history of Bak Kut Teh will welcome you. Though it is written in Mandarin so do make sure you adjourn with a friend who can read Mandarin to get the full experience. Bak Kut Teh here is served the traditional way which is meat (of your choice) in a bowl full of broth and white rice. There are no claypot or dry Bak Kut Teh versions and it’s understandable as the traditional way still tastes the best.

Address: No.9, Jalan Besar, 41000 Klang, Selangor
Operating hours: 7.30 am - 12.30 pm and 5.30 pm - 8.30 pm
Tel: 012-309 8303 / 012-385 5154



Credit: everydayinlove.co

MO SANG KOR BAK KUT TEH

When I think about Mo Sang Kor, I think about my late grandfather as it was his favourite place to go during the Qingming Festival, also known as the tomb-sweeping festival, where we would visit the cemetery to clean up our ancestors’ tombs. Our day typically starts before the sun rises and we would bid farewell to the Fairy Park cemetery by 10am, where we would then make our way to Mo Sang Kor. Despite the large crowd, Mo Sang Kor is worth every visit as the broth is possibly the thickest broth you’ll find in Klang. Nevertheless, if you’re someone like me, who loves drenching her rice in Bak Kut Teh broth, just be warned that broth refills here are limited. Though as soon as you indulge in it, you’ll want to come back for more.

Address: 41 Leboh Bangau, Taman Berkeley, 41150 Klang, Selangor
Operating hours: 7.00 am - 2.30 pm
Tel: 019-272 7728

SK KOPITIAM BAK KUT TEH

Want to skip the morning traffic down to Klang and still have a good bowl of Bak Kut Teh? Then SK Kopitiam Bak Kut Teh is where you’ll want to go. The owners of this restaurant were previously operating at the famous King Kong Bak Kut Teh but have recently shifted to SK Kopitiam. However, fret not as SK Kopitiam is only less than a minute drive from King Kong. Unlike most Bak Kut Teh restaurants that open early in the morning, SK Kopitiam Bak Kut Teh operates at night. That’s right, here in klang we don’t only go to the mamak for supper, we eat Bak Kut Teh too. For me, I love adjourning to SK when it’s a cold rainy night to order the claypot. And I never forget to add a plate (or two) of Youtiao, or as I like to call them - Char Kuey. SK is also a nice place to introduce to friends who aren’t from Klang as reactions from them would entertain, as they’re accustomed to having the cosy dish for breakfast.

Address: Jalan Kasawari 8, Taman Eng Ann, 41150 Klang, Selangor
Operating hours: 9.00 pm - 5.00 am
Tel: 016-313 3459

Daring, Dreamy Desserts

Your Guide To Insta-Worthy Scrumptiousness

BY HIRANMAYII AWLI MOHANAN

Sweets were first fed to the gods in ancient Mesopotamia, ancient India and other ancient civilisations. Dried fruit and honey were probably the first sweeteners used in most parts of the world, but the spread of sugarcane around the world was essential to the development of dessert. Today, dessert comes in various shapes and forms, some more beautiful and intriguing than others, eaten as a meal or on its own, or succeeding meals. Do you know that a number of ingredients found in desserts such as fruits, nuts and chocolate contain high levels of endorphins, minerals and antioxidants that can chase the blues away? This explains why our moods are immediately elevated post-dessert.



MAD HATTER DESSERTS

Longing to treat yourself to the beautiful desserts crafted by Chef Marcus Low? Well, we're happy to inform you that Mad Hatter Desserts are available for pick-up or delivery. Take a second to revel in the craftsmanship of their desserts before digging into the playground of flavours enclosed within an objet d'art.



FROZEN BY KEN

Inspired by the beautiful desserts in Australia, FROZEN was conceptualised. Helmed by a duo who met while working at Melbourne-based pastry Chef Christy Tania's (MasterChef Australia's judge) artisanal frozen dessert parlour, Glace, FROZEN by Ken serves up creative Australian-styled ice cream, petit gateau and celebration ice cream cakes. In designing their first menu, help was sought from Chef Christy Tania et voila, resulting in a myriad of picture-worthy desserts. A bite from The King will make you bow down in reverence to its majestic flavours. It is made from both, Musang King durian ice cream and coconut sorbet, charmingly wrapped in spiky torched marshmallow skin. Painstakingly and passionately made every morning, these little creations are too pretty to eat, worthy of a spot on your Instagram feed.



TANUKI BY CRUSTZ

Tanuki by Crustz is one of our favourite dessert places, a charming nook tucked away in Taman Bukit Indah. If its moniker sounds familiar to you, you're not far off because Tanuki by Crustz is the sister patisserie of the famed Xiao by Crustz in Happy Mansion. Tanuki by Crustz embodies similar French influence as its sister, yet differs in offerings. You would find petite, individual-sized ice cream cakes which are absolutely pretty and intricately crafted. The creations here are a labour of love – each dessert is intentional, layered with different textures and flavours to create a heightened dining experience as well as an intimate conversation with the pâtissier. Be sure to have your phones at the ready, because you would want to take pictures of the cafe's interior and desserts.



FOO FOO FINE DESSERTS

Foo Foo Fine Desserts showcases its owner, Foo's (a graduate of Le Cordon Bleu in Sydney) experience and flair for making desserts. The menu here showcases traditional plated desserts with a spin, evident with the Australian take on Passion Pavlova with Lime Chantilly and French Crispy Profiteroles with Salted Caramel Ice Cream. We like Foo's rendition of the Mexican Pumpkin Tres Leches, giving it a pumpkin twist. The cake is topped with a generous helping of pomegranate, almond and pumpkin seeds which gives a crunch and neutralises the sweetness.



DEW

Dew isn't your run-of-the-mill dessert place, rather, it doubles as a florist and a pâtisserie specialising in merely eight to ten pastries. Being the sister cafe to Jaslyn Cakes, Dew's range of mouthwatering desserts are aptly named dewdrops, some garnished with fresh edible flowers, which are at their disposal, as a florist. From the offerings, The Basil Lime Tart comes with basil mousse, lime and basil curd, meringue and is topped with edible flowers — tart and refreshing. Alternatively, the French pastry, Mille Feuille is a discovery of layers of caramelised crunch with white chocolate and vanilla bean cream, vanilla bean praline and vanilla bean caramel. Unlike most of the desserts at Dew, the Hazelnut Paris Brest stands out for its rough finish but it does not lack in taste. It is a choux pastry with hazelnut praline, hazelnut mousseline, toasted hazelnuts and sea salt.



CREME DE LA CREME

Famed for its 100% natural artisanal ice cream and petits gateaux, Crème De La Crème (CDLC) is where bold, velvety flavours meet creativity. Always keeping patrons on their toes, you'd find new creations here alongside crowd pleasers. Our favourites from the petits gateaux include Da Bomb!, which aesthetically mimics a bomb, and Flamingo, an Insta-worthy delight. From the myriad of ice cream flavours, we favour the Pandan Kaya Toast and Hello Panda. Alternatively, you can opt for the Happiness Box where there are nine flavours to choose from and it can serve as a gift to a loved one or friends.



AIRLINK

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REATH EASY

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MORE THAN NATURAL WONDERS, A GATEWAY TO EPIC EXPEDITIONS.

KOTA KINABALU INTERNATIONAL AIRPORT, THE GATEWAY TO GETAWAYS

It all begins at Kota Kinabalu International Airport (BKI). Make an aquatic friend, conquer Mount Kinabalu, and discover a world so exotic with more than 6,000 plant species, even the first season of reality TV show Survivor was filmed there. Plan your route to countless new adventures.

A corporate leader with diverse experience, he is harnessing the latest technological advances to spur Malaysia Airports to greater heights as a smart aviation regional hub.

This month, Dato' Mohd Shukrie Mohd Salleh remains confident riding out the storm despite the recovery movement control order (RMCO) being extended until year-end and recent spikes in the new corona virus (Covid-19) cases in Malaysia and globally. Optimistic of improved growth in the coming months as it works closely with the airline partners and other stakeholders to revive air travel and the tourism sector, the airport operator also enjoyed recent successes with its KLIA Crazy Sale held together with Tourism Malaysia's Cuti-Cuti Malaysia Mini Travel Fair under the joint domestic tactical push strategy to spur the local economy. It was another feather in the cap for the KL International Airport (KLIA), underlining its versatility and creativity to meet the current challenges.



Airport GCEO Speaks

We anticipate passenger and aircraft movements gaining further momentum in the coming months given the aggressive fare promotions by our local carriers to various domestic destinations. Coupled with the packages from hoteliers and travel agents in order to meet the pent-up demand for travel after months of lockdown and staying at home, we expect to see domestic tourism continuing to take the lead.

The recent increase in flight frequencies has been partly fuelled by the commencement of Malaysia-Singapore's Reciprocal Green Lane, which saw Malindo Air, Malaysia Airlines, AirAsia resuming their flights on 17 August to Singapore from KLIA. They were joined by their counterparts from Singapore, Silk Air, Scoot and Singapore Airlines. Scoot also made its presence felt again at our airports in Ipoh, Kuching and Penang while Jetstar Asia,

which also flies to Penang from Singapore, has increased its twice weekly Singapore-Kuala Lumpur flights to four times a week from 16 September.

I am happy to report that our total network of 40 airports, including Istanbul Sabiha Gokcen International Airport (ISGIA), have surpassed the three million mark since the imposition of MCO in March to register 3.3 million passenger traffic in August. Of this, the domestic sector contributed the majority 2.8 million passenger traffic. In addition, Etihad Airways, catering for repatriation and transit flights, was the first among the 29 airlines operating at KLIA to resume daily flights as per pre-Covid 19 schedule that same month.

We also have two new routes from Kuala Lumpur to Kota Kinabalu and Kuching introduced by My Jet Xpress Airlines, a cargo freighter which is formerly known as Neptune

Air. Meanwhile, our Turkish operations, ISGIA, had three foreign carriers - Pobeda Airlines, Jazeera Airways and Nile Air - resuming their daily, three times weekly and four times weekly flights respectively in August. All this adds up to the growth in both our passenger and aircraft traffic.

Overwhelmed by the initial success of our joint partnership with Tourism Malaysia to boost domestic tourism and stimulate the economic activities at our inaugural six-day KLIA Crazy Sale, which we extended from 26 August until 5 September, we also had another one conducted from 25 to 30 September. While we remain fully committed to support our airline partners and retailers to recover from this pandemic together, we would like to remind our guests and shoppers that we are constantly ramping up the airport's readiness to operate in the new normal and ensure high safety standards are maintained.



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Malaysia Airports' Commercial Reset Initiatives to Help Businesses Survive Covid-19's Impact



Recognising the difficulties faced by various businesses, including retail, at its airports nationwide due to the sharp drop in passenger traffic after the country's movement control order was announced on 18 March, Malaysia Airports has come up with several measures to help them brace the impact of the new coronavirus (Covid-19) on them.

In its on-going efforts to retain and attract new business partners that will help revitalise the airport commercial offerings under its commercial reset strategy programme, the airport operator recently announced a new rental model to its existing tenants who had signed up for it or those planning to do so.

They will benefit from reductions of up to 30% from the current rental rate. This will work out to be a total annual savings of RM45 million for them, according to Malaysia Airports Group Chief Executive Officer Dato' Mohd Shukrie Mohd Salleh.

With this new and more attractive package, he hopes, "We can together realise the full potential of our commercial reset initiative. We will not allow the pandemic to disrupt our plans in elevating the airport experience and service level.

"This new rental model will also help facilitate the business recovery for our existing tenants

and provide them with some breathing space while we undergo a gradual recovery in terms of traffic numbers. It will also ensure that the right brands are present at our airports."

Relief Package for Retailers

Malaysia Airports' newly appointed Chairman Dato' Seri DiRaja Dr Zambry Abd Kadir quips, "We have also come up with a more immediate RM22 million relief package to help our airport retailers weather the impact of Covid-19 this year although we ourselves are undergoing aggressive cost containment measures to mitigate the impact on our own business.

"With this relief package, about 650 retail tenants will enjoy 50% rental reduction for six months in 2020. Representing 80% of its retailers, they comprise mainly small to middle-sized enterprises or operators. Hopefully, they will be able to gain some respite in terms of cash flow in order to continue operating their business."

Other assistance programmes offered by Malaysia Airports include deferring rental payments, extending credit terms to 120 days and the tenure of newly signed contracts. Organising airport-wide sales to help clear inventory due to the lower footfalls at the airport are also part of the airport operator's initiatives.

KLIA Crazy Sales and Cuti-Cuti Malaysia Mini Travel Fair

It kick-started with the KLIA Crazy Sales, held from 26 August to 5 September and 25-30 September held near the stage area of the KL International Airport's Departure Hall.

These two sale campaigns, organised jointly together with Tourism Malaysia's Mini Travel Fair, received good response from the public who were eager to grab travel-exclusive and duty-absorbed products with discounts of up to 70%. They range from perfumes and cosmetics, chocolate and confectionary to fashion and lifestyle items. Besides participation from Malaysia Airlines, travel agents and hoteliers, they also had booths showcasing local handicrafts and well-being offerings at the travel fair.

More than 10,000 people turned up for the first event, with the second one expected to draw as much crowd. Those who bought above RM250 were entitled to free parking while gifts and shopping vouchers were also given with a minimum spend.



Ecommerce Launch

Malaysia Airports recently expedited its launch of shopMYairports, Malaysia's first travel retail ecommerce platform, to enable its airport retailers to expand their market beyond the brick and mortar set-up at the airport, thus facilitating their business to recover from Covid-19 travel bans and other challenges.

Dato' Mohd Shukrie views shopMYairports as an important step to ensure its airports are "future ready", adding that it is part of the wider Airports 4.0 plan under the airport operator's digital transformation initiative to enhance passenger experience, particularly in retail.

Phase one of shopMYairports will focus on domestic travellers and local shoppers. Malaysia Airports will be introducing later on-ground services such as 'Click and Collect' to enable travellers to shop online and collect their purchase at designated counters in the respective airports upon arrival.

"We are now working on providing concierge services that will enable purchases to be delivered directly to the gate or direct to the shopper's seat onboard the flight," remarks Dato' Mohd Shukrie.

With Malaysia's e-commerce contribution to the digital economy expected to see a projected 20% growth in 2020, he envisages significant potential growth for Malaysia Airports and its retail partners.

"Our aim is to see shopMYairports contribute to at least 10% of retail sales at the airports," pinning hopes of achieving RM280 million sales over next two to three years from this online platform, which offers products ranging from beauty, cosmetics, fashion, electronics and food and beverage by its retailers.



They include Eraman, Heinemann, Karyaneka, Nooodles, Retail One, Sama-Sama Hotel, and Sprint-Cass. Currently, shopMYairports accepts payment methods that include debit and credit cards such as Visa, Mastercard, Alipay and Union Pay. It will expand to many other payment methods soon.

One of the objectives of Malaysia Airports' commercial reset initiatives is to drive its non-aeronautical revenue, which amounted to RM2,161.5 million for the financial year ended 2019, according to its latest annual report. This contrasts with its aeronautical revenue of RM2,764.7 million achieved for last year.

Transport Minister Datuk Seri Ir Dr Wee Ka Siong, who officiated the launch, says Malaysia Airports is also assisting airlines under the Network Reconnecting Programme in resuming flight routes to Malaysia once the borders are opened. The incentives offered include a year-long discount on aeronautical charges and premium based on passenger volume that the airlines bring in.

Currently, airline companies are suffering. Although the domestic flights are operating now, he believes incentives catering to both local and international airlines have to be put into place to encourage them to bring in more passengers into Malaysia.

Dato' Seri DiRaja Dr Zambry could not agree more, adding that our government's discussions with other countries are important if we are preparing for the reopening of the borders hopefully by next year. Likewise, the talks among the airport authorities of the countries concerned on how they will be going about it by coming up with clear guidelines for travellers on what they need to do beforehand.

Bangkok Airways Wins 2020 TripAdvisor Travelers' Choice Award

Bangkok Airways has recently announced it has been recognized as a 2020 Travelers' Choice award-winner for airlines. Based on a full year of Tripadvisor reviews in 2019 and prior to any changes caused by the pandemic, award winners are known for consistently receiving great flyer feedback, placing them among travelers' favorites around the globe.

Puttipong Prasarttong-Osoth, President of Bangkok Airways commented "On behalf of the management and everyone at Bangkok Airways, I am proud and honored that this year we have retained Travelers' Choice Regional Airline Asia for the third year running since 2018. The award means great encouragement to us all at Bangkok Airways. Thanks to all the reviews and comments that were provided from January to December

2019, making Bangkok Airways a regional airline of your choice. Although this year is a very challenging year for the tourism industry overall due to the pandemic, we promise to continue to deliver the best to our passengers".

"Winners of the 2020 Travelers' Choice Awards should be proud of this distinguished recognition," said Kanika Soni, Chief Commercial Officer at Tripadvisor. "Although it's been a challenging year for travel and hospitality, we want to celebrate our partners' achievements. Award winners are beloved for their exceptional service and quality. Not only are these winners well deserving, they are also a great source of

inspiration for travelers as the world begins to venture out again."

For more information, please visit www.bangkokair.com or call 03 - 2148 0829



My Jet Xpress Riding on Cargo Boom

My Jet Xpress Airlines (My Jet) is flourishing during the pandemic as flight suspensions on passenger aircrafts have provided a major boost to the air freight industry.

Azrul Hisham Abdul Wahab, CEO of My Jet Xpress Airlines said, "Air cargo movement in East Malaysia alone has doubled. We are recording almost 100 metric tonnes (of cargo transfer) daily now compared with only 30-50 metric tonnes before the pandemic hit." he said during the inauguration ceremony of its cargo services between Kuala Lumpur and Kota Kinabalu, and between Kuala Lumpur and Kuching.

On My Jet's outlook, Azrul Hisham expects the company to grow significantly next year. In fact, he expects the cargo transfer volume to triple, reflecting a boom for the airfreight industry. "The cargo market continues to grow. We are seeing a strong demand in



airfreight services in China and Indochina. With the partnership we have forged with Zen Aviation Sdn Bhd, we are going to explore international routes and do fast delivery for the e-commerce market, which is currently booming."

My Jet expects to take delivery of two more aircraft. The first delivery will take place in the fourth quarter of this year, and the other

in the second quarter of 2021. The additional aircraft will enable the company to meet the growing demand on the current routes as well as explore new flights, such as to China and Indochina.

Established in 1970 as Neptune Air, My Jet Xpress Airlines is a cargo airline based in KL International Airport and currently utilising the Boeing 737F and Boeing 737QC aircraft.

LADA Launches Langkawi Great Sale Promotional Campaign

Langkawi Great Sale (LGS) is an initiative that is being undertaken through the conception of the Langkawi @ HELANG Economic Roadmap. The objective of implementing this promotional campaign is aimed at branding Langkawi as a clean, safe and sustainable destination.

This initiative is also the first promotion to publicise Langkawi's readiness to receive tourists with the practice of standard operating procedures that comply with the government directives. Langkawi, which was affected by the pandemic, needs to be revived so that the tourism industry and the island's economy can be restored and give a positive impact to the local community.

Langkawi Great Sale promotional campaign will last from 1 September 2020 to 31 December 2020. During this period, tourists can log on to www.langkawigreatsale.lada.gov.my to find out more about the deals and packages on offer from the eleven tour agents selected to sell LGS packages. The promotional campaign highlights the involvement of all Langkawi tourism industry players consisting of tourism product operators, hotel operators, travel agents, tour guides and duty-free shop operators.

Four main packages will be offered with special discounts to domestic tourists namely 'Honeymoon Package', 'Family Package', 'Group Package' (Leisure) and 'Group Package' (MICE). This package includes accommodation, transport, tours to souvenir shops as well as the issuance of purchase vouchers at selected tourism products.

In addition, during the LGS promotional campaign period, a total of 18 duty-free shops will be offering cash vouchers of RM10 for every purchase amounting to RM300. This voucher can be used for subsequent purchases at the same store. In addition, there are various other attractive offers such as discounts up to 50% and 'Purchase with Purchase' promotions.

LGS received good cooperation from the entire Langkawi tourism industry chain. A total of 11 travel agencies participated in selling this Langkawi Great Sale travel package. To enliven Langkawi, industry players are working together to provide cash vouchers, and complimentary rooms and souvenirs.

Azmil Munif Mohd Bukhari, Tourism Manager of the Langkawi Development



Authority (LADA) stated, "It is hoped that the strategies and initiatives implemented will benefit all levels of society. LADA in collaboration with industry players, government agencies, the private sector and NGOs will continue to strive to diversify initiatives as a measure to revive the local tourism economy and make Langkawi stronger and more resilient in the post-economic recovery phase of Covid-19".

For more information, please visit www.langkawigreatsale.lada.gov.my or call 04 - 9600 626



Etihad Airways Launches Global Wellness Insurance and MicrobeBARRIER™

Etihad Airways, the national airline of the UAE, is introducing Covid-19 global wellness insurance cover. Travellers who are diagnosed with Covid-19 during their trip will now be covered for medical expenses and quarantine costs when they fly with Etihad.

Etihad Airways Senior Vice President of Sales and Distribution Duncan Bureau said:

"The introduction of global Covid-19 insurance, in partnership with AXA, builds on stringent measures already in place as part of our Etihad Wellness programme. This additional cover will not only instil confidence to travel but also reassure our guests that we are doing all we can to keep them safe and protected. As more countries start opening their borders, we are making it as easy as possible for our guests to plan their next trip, hassle-free."

All Etihad tickets regardless of the date of the booking, travelling between now and 31 December 2020 will include Covid-19 insurance. Passengers who have existing bookings don't need to do anything – they are automatically enrolled into the programme. The insurance is valid worldwide for 31 days from the first day of travel.

If an Etihad passenger is diagnosed with Covid-19, they will be covered for up to EUR150,000 in medical costs and up to EUR100 a day for quarantine costs in case of a positive diagnosis for 14 days.

In addition, the airline has also launched an innovative new protective wear for First and Business class guests. As part of its new health and hygiene programme, Etihad Wellness, premium passengers will receive a snood



style facemask for use throughout their journey and beyond.

The soft reusable snood has been treated with MicrobeBARRIER™ fabric treatment, a broad-spectrum antimicrobial treatment, laboratory tested and proven to reduce the presence of germs in fabrics. With this long-lasting protective layer, the snoods are washable and reusable, making them environmentally friendly.

The safety, health, and wellbeing of Etihad's guests is the airline top priority, during and beyond the flight. The MicrobeBARRIER™ treated snood is one of the many initiatives the airline has introduced to create a healthier and cleaner environment.

For more information, please visit www.etihad.com or call 03 – 2687 2222

Ethiopian Expands Its Global Hub

Ethiopian Airlines Group, the largest aviation group in Africa announced that it has successfully completed a new passenger terminal at its hub Addis Ababa Bole International Airport with emphasis on biosecurity and biosafety measures.

The new terminal possesses a check-in hall that includes sixty check-in counters, thirty self-check-in kiosks, ten self-bag drop (SBD), sixteen immigration counters with increased e-gate provisions as well as the sixteen central security screening areas for departing passengers. In addition, it has three contact gates for wide body aircraft along with ten remote contact gates with people mover - travelator, escalator, and panoramic lifts.

Regarding the expanded infrastructure,

Tewolde GebreMariam, Group CEO of Ethiopian Airlines remarked, "I am very pleased to witness the realization of a brand-new terminal at our Hub. While Addis Ababa Bole International Airport has overtaken Dubai to become the largest gateway to Africa last year, the new terminal will play a key role in cementing that position. What makes the new terminal unique is that it's the first terminal in the world to be completed after Covid-19. It was designed, not repurposed, with biosafety and biosecurity in mind. I'm sure our esteemed customers will highly appreciate that."

Aviation infrastructure expansion is one of the core pillars of Ethiopian's Vision 2025. Ethiopian Airlines is continuously working on improving airport infrastructure. The new airport terminal plays a key role as it is

imperative for airports to transition into an increasingly contactless experience in order to protect passengers' and employees' safety.

For more information, please visit www.ethiopianairlines.com or call 03 – 2141 2190



Tourism Malaysia Launches Brand New 'Cuti-Cuti Malaysia' TV Promo



Dato' Sri Hajah Nancy Shukri, Minister of Tourism, Arts and Culture has launched the Cuti-Cuti Malaysia TV Promo Campaign at Dewan Tun Dr. Ismail, World Trade Center (WTC) Kuala Lumpur on 26 August.

The Cuti-Cuti Malaysia TV Promo Campaign is one of Tourism Malaysia's initiatives in line with her call in boosting domestic tourism. The five promotional videos that were produced highlighted several tourism themes and products, including Islands and Beaches, Diving and Underwater Activities, Nature and Adventure, and Food. All of them will be broadcasted on RTM through TV1, TV2 and TV OKEY.

"Through this approach, the Cuti-Cuti Malaysia TV Promo Campaign at RTM will be able to help provide greater exposure to various local products in order to revitalise the country's tourism industry, thus placing Malaysia as a safe

tourist destination to visit," said Dato' Sri Nancy during the launch.

In line with the launch of the Cuti-Cuti Malaysia TV Promo Campaign, the winners of the Cuti-Cuti at Home Music Video Competition organised by Tourism Malaysia during the Movement Control Order period were also announced. The competition was open to the public through digital platforms from 18 April 2020 to 9 June 2020, and participants were given three category choices in producing short video clips, namely playing musical instruments, singing, or performing sketches.

Apart from being a platform for participants to highlight their talents in various fields, the competition also aimed to spark and boost domestic tourism by opening holiday opportunities to the public through the prizes offered.

The main winners announced for each category were: Musical Instruments Category, Mr. Ko Chuan Li; Singing Category, Mr. Mohd Yatim Bin Naming; Performing Sketches Category, Ms. Clarissa Premini A/P Robert Jeyakumar.

The main prizes for the winners are a 3-day 2-night holiday package in Malaysia for 5 people, including flight tickets, accommodation, food and beverage, transfers and entrance fees to tourist attractions.

"It is the duty of all of us to ensure that Malaysia recovers from this pandemic, with our discipline in adhering to the standard operating procedures (SOPs), wearing face masks, and maintaining physical distancing. Let us not take this matter lightly because prevention is indeed better than cure," advised Dato' Sri Nancy.

For more information, please visit www.tourism.gov.my

Raya Airways Inks Contract with DHL Express and Celebrates New B767

Raya Airways has secured a long-term contract with DHL Express (Malaysia) for the development of DHL-Raya Airways Warehouse and Operations Office at the former Low-Cost Carrier Terminal (LCCT), KL International Airport.

The construction of the new super terminal is expected to be completed in 2023, which also serves as an indicative timeline for the Raya Airways-DHL Express' relocation from its current Subang Airport hub to LCCT. The signing of the agreement also marks another major milestone for Raya Airways, having secured a long-term deal with another division of Deutsche Post DHL in addition to its existing customer, DHL Aviation through its air charter segment.

Raya Airways Managing Director Najib Ishak says, "We are delighted to be expanding our contract and continuing our great partnership with DHL Express. Raya Airways has a track record of offering the most-effective cargo solutions to our customers and the new facility has marked an ongoing foreseeable future for both parties."

On the other hand, the cargo airline also celebrated the arrival of its additional aircraft, a Boeing 767-200F, making it the fourth fleet in the family.

The aircraft was delivered from Wilmington Ohio (ILN) on 25 May 2020 and landed in Subang Airport (SZB) on 30 May 2020 at 3.37pm, where it was welcomed by a water cannon salute upon arrival.

Najib added with the arrival of the B767-200F, Raya Airways will move towards its business expansion plan. The B767 larger capacity will boost out more loads and underline the company's commitment to cater to the current demand. He also shared that the aircraft has been operating the Subang to Hong Kong service since July this year.

The all-cargo airline is expected to take delivery of two more of the B767 type by 2021.

Raya Airways is one of the six airlines in the country operating



scheduled flights into all countries having bilateral ties with Malaysia with an extensive expertise in air freight.

The Subang-based airline is the only freighter in the region that operates a 767 fleet in this region which has positioned the company as the right air freight solutions provider that caters to the clients and meets all the demands in the cargo industry.

Raya Airways flight routes include East Malaysia, Singapore, Jakarta, Saigon and Hong Kong.

For more information, please call 03 – 7884 9898

AirAsia Encourages Contactless Technology by Charging Check-In Fees

AirAsia introduced counter check-in fees in selected countries and cities on 1 September, following the successful deployment of its contactless check-in kiosks and enhanced mobile app features recently.

The fees are RM20 per guest for domestic flights and RM30 per guest for international flights. However, guests can conveniently avoid paying these fees by opting to check-in using the AirAsia.com website, mobile app or airport kiosks.

AirAsia Group Chief Operations Officer Javed Malik said, "We have seen a very high adoption of our self-check in services through our website, mobile app and airport kiosks over recent times. Thus, the implementation of the counter check-in fees is a way for us to further encourage guests to use these digital technologies, which we have invested enormously in, to promote and enhance operational efficiency and guest convenience. In view of the Covid-19 pandemic, these self-check in facilities have become very crucial in minimising physical contact between our guests and staff. In the past two months, thousands of guests on essential travel have experienced our contactless travel procedures as we stepped up our safety and security measures for the health and safety of our guests and Allstars.

"We are also one of the first airlines to enable the polymerase chain reaction (PCR) test report screening feature on our AirAsia.com website and our AirAsia mobile app, where guests can upload their PCR report or selected travel documents and check-in for their flights, even before they arrive at the airport for an enhanced contactless travel experience. We encourage



all guests to utilise these convenient self-service facilities and features which are now available, to be fully adapted to the new way of travel."

A waiver of the counter check-in fees will be given to guests with reduced mobility, Premium Flex or Premium Flatbed guests, guests affected by flight disruptions or an airport kiosk outage as well as for some other exceptions.

Only guests who check-in using the airport counters in Malaysia, Vietnam, Brunei, Cambodia, Laos, as well as Taipei, Kaohsiung and Honolulu, for both domestic and international flights will be charged the new counter check-in fees of RM20 for domestic flights and RM30 for international flights (or its equivalent in local currency, subject to a predetermined currency exchange rate).

For more information, please visit www.airasia.com

Scoot Boosts Cargo Capacity

To better serve cities with smaller airports, Scoot has modified one of its A320ceo aircraft (9V-TAZ) to carry cargo in the cabin by removing all seats, doubling its cargo-carrying capacity to nearly 20 tonnes.

The four-day modification of the aircraft included the removal of passenger seats, installation of placards to demarcate areas where cargo can be placed, and the uplift of additional fire extinguishers. For flights operated with this aircraft, there will be a minimum of two pilots and two cabin crew on board to ensure safety and smooth operations, as well as manage any inflight emergencies. All pilots and cabin crew are trained regularly to identify hazards and handle various emergencies, including situations involving smoke, fumes or fire.



The first cargo charter flight by the modified 9V-TAZ took off on 22 August 2020 from Fuzhou to Singapore, making Scoot one of the first airlines in Southeast Asia to operate cargo charters with such modified aircraft. The aircraft transported a total of 13 tonnes of cargo in both the bellyhold and cabin, comprising mainly goods for daily use as well as four other flights in August. Another A320ceo aircraft underwent similar modification works as well.

In March, Scoot was one of the first airlines in the region to start operating belly-hold cargo charters using its B787-9 widebody passenger aircraft. It has since been seeking opportunities to continually grow and diversify its freight capabilities to offer more options to cargo agents, freight forwarders, and other industry stakeholders.

In May 2020, after obtaining the necessary approvals, Scoot had also started operating cargo charters using its A320 aircraft, as well as began loading cargo in the cabin, secured on passenger seats.

Campbell Wilson, Scoot's Chief Executive Officer, said, "With many passenger aircraft sitting idle due to the pandemic, Scoot

started operating cargo charters to carry essential supplies as an alternative revenue stream. Since then, we have been growing our cargo capacity and capabilities to remain competitive while providing more value for our customers. The modification works carried out on 9V-TAZ are our biggest undertaking to date, and we thank the Civil Aviation Authority of Singapore (CAAS) for their support in this endeavour with their certification of the modification works."

Kevin Shum, Director-General of CAAS, said, "Scoot has responded nimbly to the market conditions during these challenging times to meet demand for airfreight. CAAS is happy to support their efforts in modifying their passenger aircraft to carry cargo in the cabin. The modified aircraft would enable Scoot to mount freight services between Singapore and key trading markets."

To date, Scoot has operated more than 200 cargo charters to and from 10 cities, namely Fuzhou, Guangzhou, Hangzhou, Hong Kong, Kunming, Nanjing, Perth, Sydney, Taipei, and Wuhan.

For more information, please visit www.flyscoot.com



EVA Continues Winning Streak

TripAdvisor, the world's largest travel site, has revealed EVA Air as a winner in five categories of its fourth annual Travelers' Choice Awards for Airlines, including recognition in the "Top 10 Airlines - World." The airline also earned top spots for World's Best Business Class, Travelers' Choice Major Airlines in Asia and Best Business and Premium Economy Classes in Asia. This marks EVA's fourth year in a row as a Travelers' Choice Award recipient and as the only winner among Taiwan-based airlines.

"We are grateful for all of the support from passengers around the world. While the entire aviation industry is being impacted by Covid-19, we have not stopped making every effort to give our passengers delightful flights with services and experiences that exceed expectations," said EVA President Clay Sun. "At the beginning of the pandemic, we paid extra-careful attention to details. We reexamined inflight services and meals, implemented additional measures to sterilise cabins even more thoroughly and worked to keep passengers well informed about our disease prevention practices so they can be confident when they choose to fly with us."



After analysing the quantity and quality of reviews and ratings posted by flyers over a 12-month period, TripAdvisor recognized 64 airlines from seven regions. These regions are Asia, Europe, North America, Latin America, Middle East, Africa/Indian Ocean and South Pacific/Oceania. The portal is home to a global community of more than 463 million average monthly unique visitors with over 860 million reviews and opinions covering the world's largest selection of accommodations, attractions, restaurants and airlines.

EVA Air is a Star Alliance member and one of only 10 SKYTRAX-rated 5-Star airlines

worldwide. The carrier was established in 1989 as Taiwan's first privately owned international airline and is part of the respected Evergreen Group and a sister company to global container-shipping leader Evergreen Line. The airline flies a fleet of more than 80 Boeing and Airbus aircraft to over 60 international destinations throughout Asia, Oceania, Europe and North America where gateways are Chicago, Houston, Los Angeles, New York, San Francisco, Seattle, Toronto and Vancouver.

For more information, please visit www.evaair.com



AVIATION INTERVIEW WITH DATO' DR AMMAR ABD GHAPAR

Senior Director of Domestic & Events, Tourism Malaysia

Dato' Dr Ammar Abd Ghapar, 55, might be armed with a PhD in Hotel and Tourism Management but he does not speak like an academia having worked with Tourism Malaysia as a true bred practitioner on the ground for 33 years. Rising up to head the secretariat for Visit Malaysia 2020 before the campaign was called off earlier this year due to the novel coronavirus (Covid-19) pandemic while at the same time helming his current portfolio, this humble man from Melaka enthuses with passion as he shares the challenges and concerns affecting the country's tourism industry with Airlink.



With the setbacks caused by the novel coronavirus (Covid-19) pandemic to the tourism industry, you have a heavy responsibility to propel Malaysia's domestic tourism before our borders are fully reopened. What are some of the initiatives taken to boost the sector?

One of the initiatives we are using is via webinars to disseminate information on what we are doing in terms of domestic tourism promotions not only to the public but also to key industry players such as the hoteliers, travel agents and tourist guides during the pandemic. While resort hotel rooms are almost fully booked during the weekends, city hotels are suffering.

As part of our short-term recovery plan, we recently launched special packages targeted at the nation's 1.6 million civil servants, of which 1.4 million are members of the Congress of Unions of Employees in the Public and Civil Services to take two- to three-days trips this year to explore tourism products within the Klang Valley to stimulate more spending within the local economy. The response has been overwhelming. We will be extending this initiative to the civil servants in other states soon.

Who are the other parties you have been working with to revitalise domestic travel?

We have been working with the private sector and corporations to boost domestic tourism, especially after 10 June when interstate travel restrictions were lifted. They include Boustead Petroleum Marketing

Sdn Bhd and Petron Malaysia Refining and Marketing Bhd respectively who run petrol service stations. We encourage Malaysians to travel across the states as part of our Cuti-cuti Malaysia promotional efforts and enter contest, for instance held by BPH.

I urge Malaysians to view it as a corporate social responsibility to themselves and the country to help resuscitate the tourism industry which has been the most badly hit by Covid-19. I would say we work with everyone involved in the industry and hope to rope in the involvement of every stakeholder to mobilise the economy, including the pensioners and Mak Kiah.

What challenges do you foresee in promoting domestic air travel?

The results of Tourism Malaysia's recent survey on post-movement control order domestic travel offer some insights into some challenges besetting us. If 90.2% of the respondents feel comfortable travelling using their own transportation, this should be a signal for us that if we want the public to travel by air, the airfares should be attractive. Airlines will have to correct the high airfares to attract more passengers as only 43.1% of the respondents indicate they are confident using airline services.

Since you are also in charge of events, how do you see the events industry changing due to Covid-19?

Unlike Malaysia Convention & Exhibition Bureau (MyCEB), which looks more into international business events, my events team focuses on domestic and consumer events. We complement one another. Under the current circumstances, we cannot just rely on doing virtual events but need to combine with the physical ones as well as in the case of the recent hybrid event – WHOLE Penang, held at the Spice Convention Centre on the island. When you have a physical conference, the ballroom is rented out while the food and beverage and transport industries are abuzz. Most importantly, the people are gainfully employed. We certainly need to work out a balance between virtual and physical events

Tourism Malaysia recently collaborated twice with Malaysia Airports in the Cuti-Cuti Malaysia

Mini Travel Fair at KL International Airport (KLIA), which was held in conjunction with the airport operator's KLIA Crazy Sale. Please share your strategies and thoughts about this collaboration.

The response to the packages sold exceeded our targets of RM5,000 to RM6,000 sales a day as we ended with RM30,000 to RM40,000 worth of sales daily. We had 10 exhibitors at the first travel fair, which included Malaysia Airlines, two hotels, four travel agents besides two demonstrators showcasing our handicraft and well-being services.

The event shows that airports are not just places to send people off for their flights but can also be turned into a shopping paradise when you have attractive deals and offers.

How do you think international and domestic tourism will change in the aftermath of Covid-19?

It will be very challenging for the global tourism industry as we will have to abide not only with our own government's standard operating procedures but also those of other countries. We can expect maintenance costs for operators of hotels, theme parks and restaurants to rise with the need to observe social distancing and maintain rigorous sanitising measures.

Besides being Universiti Teknologi MARA (UiTM) Adjunct Professor, you are also the advisor for Malaysia Budget Hotel Association (MyBHA), Malaysian Association of Amusement Theme Park & Family Attractions (MAATFA), University Kuala Lumpur, Open University Malaysia's Master Programme and lately Kolej Antarabangsa Dunia Melayu, Dunia Islam. How do these roles help you in further contributing to the tourism industry in this country?

Tourism Malaysia and UiTM recently signed a memorandum of collaboration (MoC) to not only strengthen the cooperation between us but also to address the knowledge and skills gap between the industry and academia. Additionally, the MoC will enable us to formulate strategies that will ensure the sustainability of the tourism industry.

I feel the need to contribute more besides just lecturing and am in the midst of writing a book on the consequences of Covid-19 on the industry in collaboration with UiTM. Since I am more of a practitioner, my students tell me I provide them with a very different perspective, thus making the classroom sessions more interesting as we discuss about current issues affecting the tourism industry.

Sitting on MyBHA's advisory panel, I guide them on what they should be doing in terms of promotion and the type of packages their members can do with tour operators as it is not enough selling their rooms directly to the guests. As MAATFA advisor, I would like to highlight that theme parks serve as a good avenue to destress with their recreational activities besides being a place for family bonding.

On the personal front, how do you unwind yourself?

I enjoy meeting friends, which is also very much part of my work. Although I give priority to what I do, my family remains top on my list and I will always try to make time to spend with them.





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DESTINATION: MALAYSIAN NATIONAL PARKS

Tropical Beauty

BY HIRANMAYII AWLI MOHANAN
PHOTOS COURTESY OF TOURISM MALAYSIA

Malaysia is ranked as one of the planet’s most diverse regions, featuring virgin, pre-historic rainforests that sprawl for hundreds of kilometres that are home to millions of flora and fauna. In this issue, we invite you to go back to nature and explore our country’s wilderness.

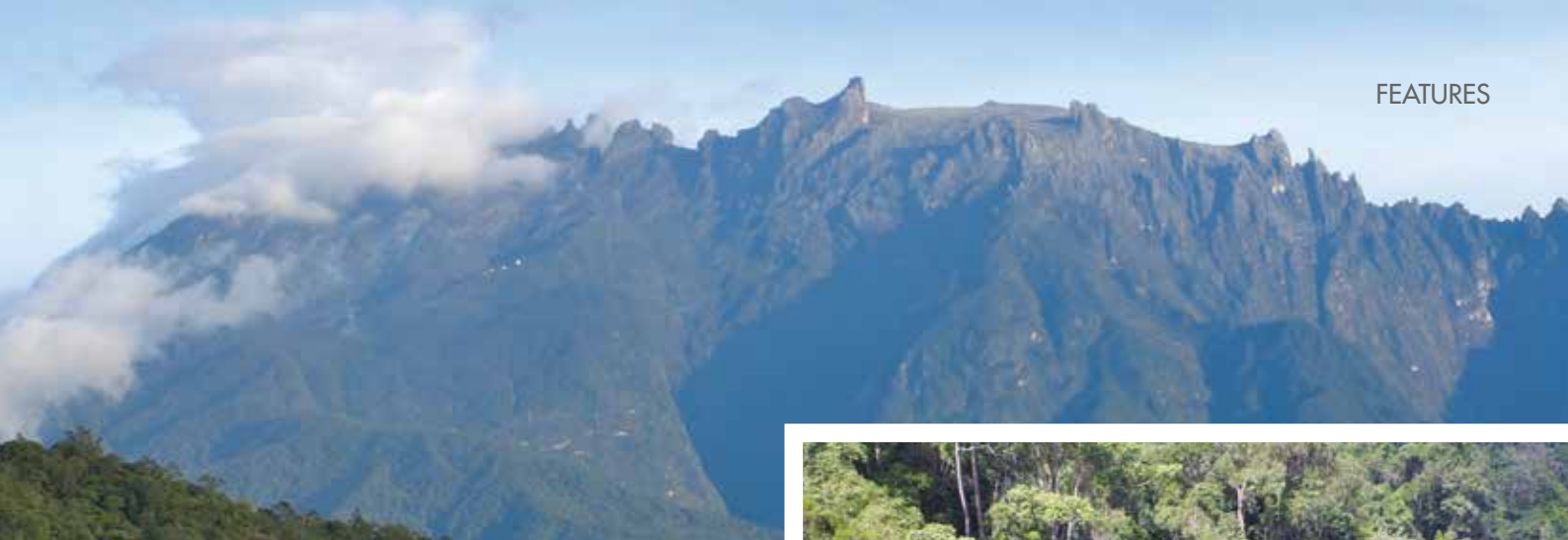
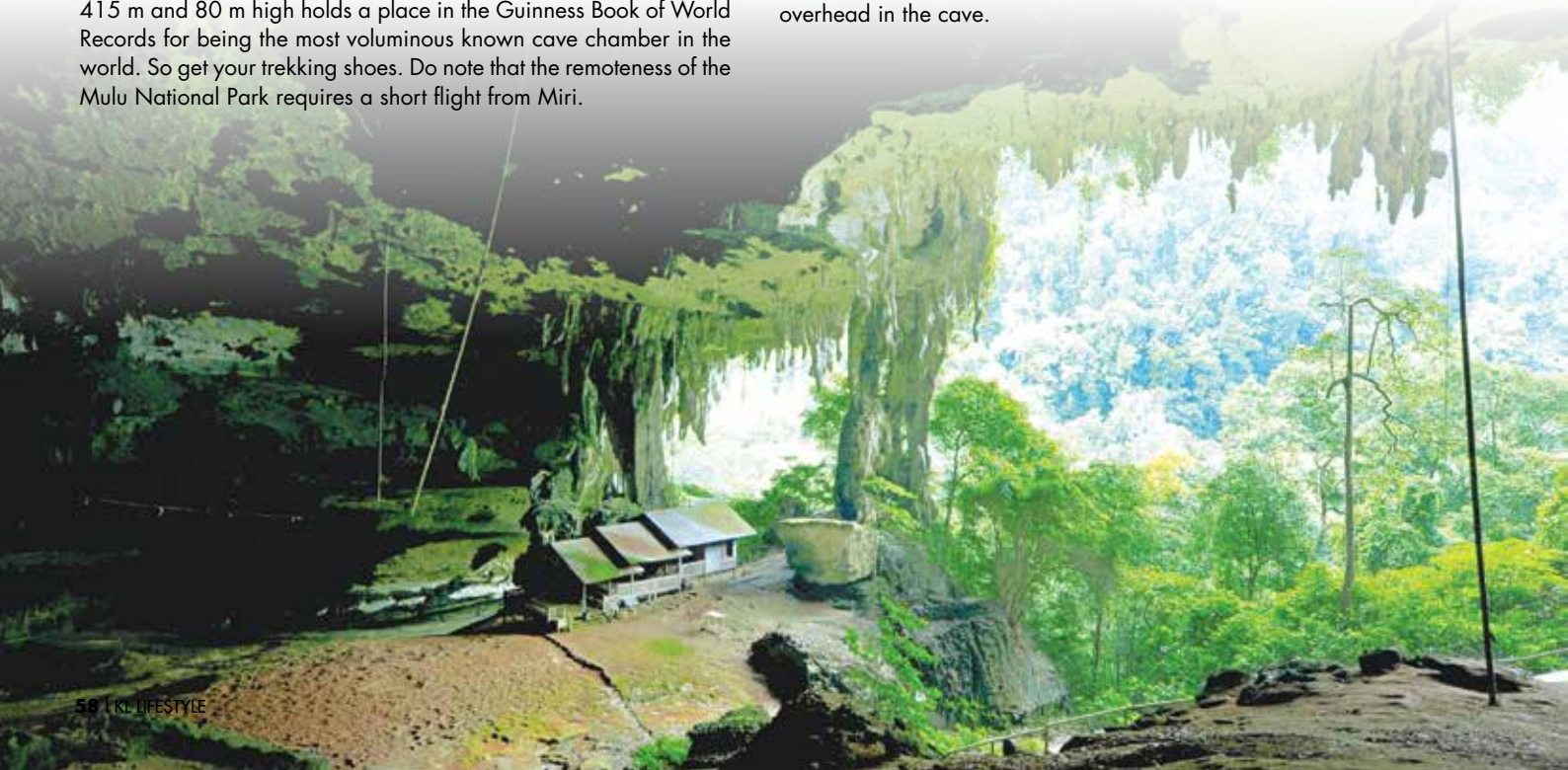


GUNUNG MULU NATIONAL PARK, SARAWAK

The Gunung Mulu National Park is an important landmark for its biodiversity and karst features. At the heart of the park, is majestic Gunung Mulu, 2,377 metre with rock pinnacles that look otherworldly. The park is also rich with seventeen vegetation zones, exhibiting some 3,500 species of vascular plants. There are 295 km of explored caves here, which millions of cave swiftlets and bats call home. It’s an amazing sight to witness the mass exodus of these bats at some point of the day. The Sarawak Chamber, which is 600 m by 415 m and 80 m high holds a place in the Guinness Book of World Records for being the most voluminous known cave chamber in the world. So get your trekking shoes. Do note that the remoteness of the Mulu National Park requires a short flight from Miri.

NIAH NATIONAL PARK, SARAWAK

The spectacular caves in Sarawak are wonders of their own, gaining international reputation for their beauty. Among the state’s many caves, nothing showcases these geological wonders better than the Niah Cave. This conservation park is also known as the site where the remains of a 40,000 year old human were discovered and it offers jungle walk, Iban longhouse and cave experiences. Take a guided tour and be amazed by the natural rock formations and Borneo’s biodiversity such millions of squeaking bats hanging overhead in the cave.



KINABALU NATIONAL PARK, SABAH

Located in the west coast of Sabah, Kinabalu National Park is heralded as Malaysia’s first World Heritage Site by UNESCO in December 2000. It was crowned so for its “outstanding universal values” as well as its role in being an important biological site in the world, with more than 4,500 species of flora and fauna, including 326 bird and around 100 mammal species, and over 110 land snail species. One of Malaysia’s natural pride and joy, the Kinabalu National Park spans over 754 square kilometres surrounding Mount Kinabalu, which at 4,095.2 metres, is the highest mountain in Southeast Asia.



DANUM VALLEY CONSERVATION AREA, SABAH

Sprawling over 438 square kilometres, the Danum Valley Conservation Area in Sabah is home to an extensive diversity of tropical flora and fauna, including species like the rare East Sumatran rhinoceros, Bornean orang utan, gibbons, mouse deer, clouded leopards and over 270 bird species. This ecological haven is perfect for jungle trekking, river swimming, canopy walks, bird watching, night jungle tours and excursions to nearby logging sites and timber mills. Accommodation includes a few lodges, one of the more established ones being the Borneo Rainforest Lodge.

TAMAN NEGARA, PAHANG

Taman Negara is Malaysia’s natural pride and joy. It is the oldest tropical virgin rainforest at 130 million years old. It straddles three states — Pahang, Kelantan and Terengganu, covering 2,477 km. This is your chance to get back to nature by experiencing walking on the world’s longest canopy walkway, visiting the aborigine village, trekking under a canopy of rainforest, climbing the highest mountain in Peninsular Malaysia, caving, fishing, camping, observing wildlife, and many more. This national park prides itself for its rare mammals, such as the Malayan tiger, Malayan gaur (seladang) and Asian elephants as well as birds such as the great argus, red jungle fowl, and the rare Malayan peacock-pheasant.



FASHION & BEAUTY NEWS

All the must-knows and must-haves of the month

BY AGNES AUI



DEFYING EXPECTATIONS

When Eliud Kipchoge, a Kenyan long-distance runner, broke the two-hour marathon barrier in Vienna this past October, he was wearing a prototype of the Nike Air Zoom Alphafly NEXT%. The NEXT% platform is the ultimate expression of Nike's ambition to engineer footwear with measurable performance benefit. NEXT% is all about creating more efficient intersections between the body and technology to enable athletes to shatter personal boundaries. It is the ultimate meeting of sports science and purposeful design. Nike NEXT% is a footwear innovation system engineered to give athletes a measurable benefit. Informed by sport science and verified by the Nike Sport Research Lab, the Nike Air Zoom Alphafly NEXT% features three critical components, working together to help runners on race day. The three components include full-length carbon fiber plate that provides stability and a smooth transition, Nike ZoomX cushioning to minimise energy loss, and Nike Zoom air pods for added cushioning.

www.nike.com

ANNUAL CELEBRATION

Piaget's Possession collection is turning 30 this year and to commemorate thirty iconic years of joy, luck and happiness, the Piaget Possession is launching all new yellow gold designs in its "Turn for Extraordinary" collection. Paying homage to the yellow gold ring that was first unveiled in 1990, the new collection features four new creations in yellow gold as well. This is to honour the very first yellow gold Possession ring that started this extraordinary journey. The creations feature three anniversary-edition yellow gold bangles. The first comes in a large size with two turning rings that are paved with diamonds and adorned with a paved semi-sphere. The second comes in a medium size with one turning diamond band and diamonds on the bangle, while the third comes in a medium size with one diamond turning band. The limited edition anniversary timepiece is housed in a 29mm yellow gold case that features two bands around the dial, one of which is paved with diamonds and spins and turns. The dial is decorated with a delicate snow-setting of diamonds that scintillates in the light.

www.piaget.com



ARTISTICALLY BREATHTAKING

Coach presents the Coach x Jean-Michel Basquiat collection with a global campaign starring faces of the house including Jennifer Lopez, Michael B. Jordan, Jeremy Lin and Yang Zi, as well as beauty entrepreneur and Basquiat's niece, Jessica Kelly. The collection introduces Basquiat's artwork and values to a new generation through the lens of family, those we're born into and those we choose. The campaign was created in collaboration with photographer Micaiah Carter and a global collective of creatives including Paloma Elsesser, Jon Batiste, Kyemah McEntyre, Diana Gordon, and photographers Fan Xin and Zhang Meng. It tells the story of creative families united by shared beliefs and purpose to spotlight Basquiat's vision of bold expression, activism through art, and his desire, as he once said, to "be part of the family of artists." "We really love this collection from Coach," said Jeanine Basquiat, sister of Basquiat, on behalf of the artist's family. "They did a great job in capturing the spirit and energy of Jean-Michel's work and putting together a perfect group of creative talent to bring this to life. We've always been fans of Coach, so this is a dream project for us." To celebrate the campaign, Coach introduced a series of short social-first films in which the cast discusses the importance of family, art and Basquiat's legacy.

www.coach.com



THE NEW ERA

Puma, as part of a sponsored research collaboration with MIT Design Lab, has created XETIC, a cushioning technology that combines mechanical cushioning and foam. This ultramodern performance innovation will provide excellent comfort for walking and will be introduced in a new street-ready sneaker called Calibrate Runner. While the futuristic visible technology of XETIC may look like 3D printing at first, it is made of foam and not plastic. XETIC takes its name from "auxetic materials" known as structures which behave in a certain way when they are subjected to mechanical stresses such as compression. For XETIC, this means the cushioning provides an excellent comfort for all wearing occasions. Puma and MIT Design Lab worked with an extensive runner community to analyse individual running specifics like pressure points. They then took the data to develop a specifically shaped structure that allows for progressive cushioning. The result was a structure shaped like the horizontal number 8, which is characteristic for the XETIC. With its visible XETIC technology, Calibrate Runner has a unique futuristic aesthetic, which will appeal to the techiest of streetwear collectors, while giving athletes comfortable cushioning.

www.puma.com



A MUST

This year, Cartier is bringing back the Must game bag, one that was launched in 1973 and became an immediate success. Thanks to the Must game bag, Cartier established burgundy as the signature colour. The bag is directly inspired by the ultra-masculine professional wardrobe that breaks with the classicism of traditional handbags. Everything about it invites you to live without constraints following the freedom of the 1980's. The 2020 game bag remains true to the original while being in tune with the times. Its relaxed urban style, monochromatic elegance and androgynous chic clearly capture the spirit of today. It meets all the criteria of its predecessor, with the exception of a redesigned burgundy lambskin lining and a secret pocket containing a mirror engraved with Cartier, Paris, London and New York - the Maison's three historical temples. The collection is composed of three models, namely the game bag, hobo bag and the tote bag, with the first two available in three sizes while the latter is available in one size. Choose from burgundy, black or beige to match small leather goods like a mini wallet, an international wallet with flap, a simple card holder and a business card holder. The Must game bag truly is a must-have.

www.cartier.com



TRULY NEW

Orient has announced the addition of five new diver designs with bold new colours to its Sports Collection alongside a further two models for specific countries. The new models feature vibrant and fresh colours for the dial and rotating bezel, while retaining the case, dial, and strap design of models in the existing collection. In addition to basic black, dials are available in blue, green and red. The dials are combined with a bi-colour bezel such as blue and red with a black dial, or blue and orange with a blue dial, adding a playful and creative accent. Two limited-edition models for specific markets are also available, taking design inspiration from the sea. One model features a combination of gold on black dial, suggesting the moon's reflection on the sea at night, while another has a white dial and black bezel with the theme "big wave". Each model will be limited to just 1,010 units, with serial numbers engraved on the case's back and presented in a limited-edition box. Models come in a 44mm stainless steel case, are water-resistant up to 20 bar, and incorporate an in-house automatic movement. Along with eye-catching designs, these watches are solidly built with reliable functions.

www.orient-watch.com

DRIPPIN' IN FINESSE

Luxury face oils to add to your skincare routine

BY AGNES AUI



DRUNK ELEPHANT VIRGIN MARULA LUXURY FACIAL OIL

Here's one for those looking for a vegan and cruelty-free facial oil. Made directly from the pips of the marula fruit, this concentrated oil goes through a raw, cold-press extraction and filtration process. It'll help to moisturise, rejuvenate your skin, reduce the appearance of redness and blotchiness, and restore your skin's elasticity. **RM313**

HERBIVORE BOTANICALS LAPIS - BLUE TANSY + SQUALANE BALANCING FACIAL OIL

Infused with azulene oil, this powerful anti-inflammatory and antibacterial oil aids in reducing redness, clarifying the complexion and balancing hydration. This 100% all-natural product uses the finest ingredients and is particularly suitable for combination and blemish-prone skin types. **RM324**

GUERLAIN ABEILLE ROYALE YOUTH WATERY OIL

If you're not a fan of pure facial oil, then we've got the perfect product for you. This oil-in-water face treatment is enriched with pure Ouessant honey and Guerlain-exclusive royal jelly. It also applies like a lotion, leaving no greasy texture on your skin. **RM639**

LA MER THE RENEWAL OIL

Get that instant glow with this facial oil that nourishes and softens the skin. Not only does the La Mer renewal oil hydrate your skin, it also improves skin's natural collagen and firmness. Alongside that, you can wave goodbye to wrinkles and lines as this oil will help soften the look of ageing skin. **RM950**

TATA HARPER RETINOIC NUTRIENT FACE OIL

Minimise the look of wrinkles and combat signs of ageing with this natural retinol-powered facial oil. Formulated with 11 vitamins, 18 nutrients, six minerals and rosehip seed oil, this nutrient-dense face oil smoothes roughness and uneven skin texture, leaving your skin soft, supple and glowy. This oil can also be used on irritated skin and dry cuticles. **RM552**

MIMI LUZON 24K PURE GOLD GLOW BRILLIANT SUPER OIL

Give your skin the love it needs with this opulent face oil. Packed with vitamins, 24-karat gold particles, grapeseed oil and omega fatty acids, this 100% organic product slows the natural decline of collagen and stimulates cell renewal. It also reduces the appearance of fine lines and wrinkles, and protects skin against environmental pollutants. **RM851**



SAINT LAURENT
Leather skirt
RM10,986

SAINT LAURENT
Ribbed cashmere
turtleneck sweater
RM4,378

GIANVITO ROSSI
Buckled leather knee boots
RM5,755

GUCCI
Sylvie 1969 mini chain-
embellished patent-leather
tote
RM12,913

PARISIAN AUTUMN

Flaunt your fashion this
fall with these Parisian
picks

BY AGNES AUI



BOTTEGA VENETA
Cassette chain-embellished padded
intrecciato leather shoulder bag
RM15,960



BOTTEGA VENETA
Textured knit cardigan
RM6,301



BOTTEGA VENETA
Cotton-blend midi dress
RM5,306



3.1 PHILLIP LIM
Kate leather Chelsea boots
RM2,549

IPPOLITA
Classico Bastille
18-karat gold
necklace
RM21,158



GUCCI
Webbing-Trimmed Denim
Jeans
RM3,296

TOM FORD
O'Connor Slim-Fit Wool
and Mohair Blend Blazer
RM13,370

GIORGIO ARMANI
White Bib-Front Double-Cuff
Cotton-Poplin Tuxedo Shirt
RM3,011

BOTTEGA VENETA
Speedster Leather Sneakers
RM3,036



BREMONT
Supersonic Limited Edition
Hand-Wound 43mm White
Gold and Alligator Watch
RM105,390

YOUNG AND BRIGHT

Take smart casual to a whole
new level with bright hues
and tones

BY AGNES AUI



FENDI
Webbing-Trimmed Wool-
Blend Twill Trousers
RM3,521



BRUNELLO CUCINELLI
Ribbed Cashmere Zip-
Up Cardigan
RM11,789



CHARVET
Light-Blue Slim-Fit
Cotton Shirt
RM2,526



IWC SCHAFFHAUSEN
Portugieser Yacht Club
Automatic Chronograph
RM56,507



VALENTINO
Valentino Garavani Open Rockstud
Leather Sneakers
RM3,253



CARTIER EYEWEAR
Panthère de Cartier Aviator-Style
Gold-Tone Mirrored Sunglasses
RM4,261



THE LUXE REPORT

BY AGNES AUI



Maserati's MC20 Debuts

Maserati's long-awaited MC20 supercar makes its debut at the Maserati New Era World Premiere in Modena. After 15 years, the MC20 is the Italian's luxury car brand's first supercar and a successor to the MC12. MC represents Maserati Corse and the number 20 represents the year the car was debuted. The MC20 features all-new twin-turbocharged V-6 engine that pumps out 630-hp. Known as Nettuno, the new engine utilises a novel twin-combustion system borrowed from Formula 1 race cars and is paired to an eight-speed automatic transmission. This engine allows the MC20 to power from 0-100km/h in only 2.9 seconds and reaches a top speed of over 325km/h. Its exterior is lightweight and ensures a prodigious power to weight ratio, for breathtaking acceleration and top speed. Interior-wise, the MC20 features ultra-light Carbon Fibre Monocoque that was developed to make the car stronger, faster and safer.



The Next Escapade with Six Senses

As travel and tourism slowly recovers from the COVID-19 pandemic, Six Senses Hotels Resorts Spas chain is reopening and making preparations to welcome guests back. As a wellness-focused brand, Six Senses presents a series of free-spirited and nature-focused offerings to ensure the uttermost relaxed and fun experiences. Allowing guests' return, Six Senses has launched a group-wide offer called 'Plan Now, Play Later Certificate'. This includes a 20 percent bonus for room purchases including upgrades or any purchases at the property including dining, spa treatments and activities. These purchases are available until December 20, 2020, and valid for a period of three years from the date of issue with no blackout dates that apply. The much-anticipated reopened Six Senses resorts include Six Senses Laamu, The Maldives, Six Senses Yao Noi, Thailand, Six Senses Uluwatu, Indonesia, and Six Senses Con Dao, Vietnam.



Sea Adventures at the New Avani Resort

Avani Hotels & Resorts has officially opened its latest resort and the first in Thailand's southern beach town of Krabi called Avani Ao Nang Cliff Krabi Resort. Centrally located, this resort hotel boasts stunning views of limestone formations rising up from the Andaman Sea. The contemporary 178 guest rooms and villas reflect Krabi's natural landscape and were designed to deliver a peaceful sleep experience. The private villas sitting further uphill on the property feature stunning sunset views, with a pool and relaxation area, creating a private sanctuary that's perfect for honeymooners. Avani Ao Nang Cliff Krabi Resort offers four new dining and drinking venues namely the Orchid Bar, Pano Café, The Cliff, and The Peak - all of which offer diverse dishes to satisfy every guest's cravings.



Luxurious Future

Maximilian Busser and Friends (MB&F) has collaborated with Switzerland's leading timepiece manufacturer, L'Epée 1839, for the thirteenth time to create the TriPods. This piece features a trio of post-modern table clocks with a creature-like look that adds a stunning futuristic aura throughout your home. The TriPods are available in blue, green and red, and are equipped with three insect-eye spheres made of precision lens-quality glass. The luxury clock also includes a clock dial that makes one full revolution in 36 hours, indicating three sets of hours and minutes. Below the dial, you'll find a 182-component three-dimensional sculptural movement crafted on three levels by L'Epée 1839. Time-setting and winding are done by using a key, and the TriPods offer eight days of power reserve. The TriPods retail at RM104,000 and is a limited edition as only 50 pieces are produced for each colour.

BEAUTIFUL HOTEL DESTINATIONS BUCKET LIST

Somewhere along the way, hotels have become rightful destinations on their own. Here are some luxury hotels scattered across the globe that should be on top of your bucket list, post-pandemic.

BY HIRANMAYII AWLI MOHANAN



Gili Lankanfushi

📍 Maldivec

The only practise besides relaxation, that you need to adopt at Gili Lankanfushi is no news, no shoes. Designed in an authentic style and built using eco-friendly materials, this resort seamlessly blends into the remarkable natural landscape. Encapsulated by the aquamarine-hued sea, the over-water villas beam with sophisticated and intimate ambience where you can truly feel at home. Relaxation is a thing of importance here, evident by Gili Lankanfushi's tranquil spa, delicious dining and Mr Friday — personal guest experience hosts named after Robinson Crusoe's loyal assistant and dear friend.

gili-lankanfushi.com



Kokomo Private Island Fiji

📍 Fiji Islands, Fiji

Kokomo Private Island personifies your luxurious dream getaway with its bountiful space, sun and sea. Cradled by the world's fourth largest reef, the Great Astrolabe, the stunning unspoiled and naturally immaculate island is more than a backdrop. It's your home for as long as you choose to linger — a sanctuary for families and honeymooners. There's never a dull moment here. With a host of activities to undertake, go where your mood takes you, be it at your own infinity pool, sea kayak or catch a tan. Honeymooners can dine in-villa for an intimate dinner date while families with children can easily ring up the complementary nanny service to keep the kids entertained, leaving the adults to indulge in a couple of sundowners. All the rooms at Kokomo doesn't fail to impress, even the entry-level One-Bedroom Villas are impressive, with generously-sized living areas, sleek indoor/outdoor bathrooms, private pools and direct beach access.

kokomoislandfiji.com



Le Chalet Zannier

📍 Megève, France

Cradled by the mountains of Megève, Le Chalet Zannier is a picture-postcard luxury ski lodge. Its rustic and refined interior, complemented by a spoiling spa, Alpine views from the balcony and roaring fires set the tone for a cosy and comfortable stay. After whizzing your way down the slopes and spending the day among blankets of snow, return to the warmth of the fireside and cosy up under a warm blanket and a glass of wine in hand. Après ski, unwind in the warmth of the sauna or the heated pool. Alternatively, arrange for a pampering massage before dinner. Dinner at Le Chalet Zannier is naturally, a French affair, complete with seasonal menus highlighting Savoie's finest fare. Take refuge in either a cosy double room or one of the expansive apartment-style suites, and be drifted off to dreamland on your king-size bed, waking well-rested ready to ski, spa, sip wine and repeat.

zannierhotels.com/lechalet



Casa Delphine

📍 San Miguel De Allende, Mexico

Conveniently located on a cobblestone street in the heart of San Miguel de Allende, Casa Delphine embodies a luxury boutique hotel concept, an easy 10-minute walk away from the city's most famous landmark, La Parroquia church, and Fábrica la Aurora, a cultural arts and design centre. Close enough to get to the buzz of the town yet just far away from the hustle, you will feel luxuriously taken care of. The hotel's intimate scale gives it a distinctly residential feel, with airy rooms and natural light streaming in through large glass doors and geometric windows. The five elegantly appointed rooms come with a cantera fireplace each and a balcony overlooking a private courtyard. What makes the stay special is the contactless concierge that can tailor the experience to your liking and send you to the best off-the-beaten-path places.

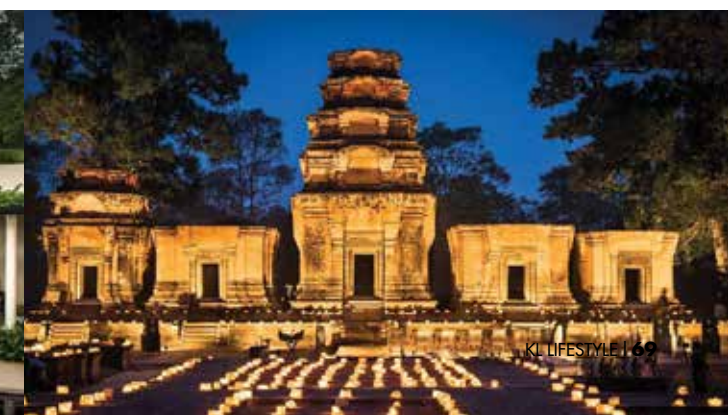
casadelphine.com

Amansara

📍 Siem Reap, Cambodia

Once a residence for guests of the Cambodian king, Amansara continues the tradition for the fortunate and famous, granting a distinct experience at this resort. Its Khmer architecture is a 1960's masterpiece with an unabashedly modern and minimalist style. Sensitively restored to retain its original single-level layout, curvilinear pool and monochrome minimalism, the resort basks in a contemplative and tranquil atmosphere that belies its setting in the heart of Siem Reap. Here, suites flow out onto private courtyards and serene ponds, canopied by mature trees and gardens. The restorative ambience was intently created for guests to return to after their adventure at Angkor Wat. Bedecked in pale terrazzo and timber, Amansara's suites offer a combined bedroom and living area which steps down into a light-filled bathroom with an island bathtub. Floor-to-ceiling glass doors open to a private garden courtyard with sun loungers, a reflection pond and, in 12 suites, a private plunge pool..

aman.com/resorts/amansara



TENDER LOVING CARE

Give your leather goods the care they truly need

BY AGNES AUI

When cared for, authentic leather will last for decades and look as if it's brand new even though you've had it for years. However, if left aside under certain temperatures and humidity conditions, it may start to grow mouldy. This will leave your leather goods with stains and wrinkles, making it look worn out overall. Nevertheless, we've curated some golden rules when it comes to cleaning and storing your leather goods. Keep reading if you'd like to find out more:

THE PROPER WAY TO CLEAN LEATHER

- 1.Determine how often you should clean your leather goods. If you're using it everyday, you should clean it every two to three months. If you're only using it on the weekends or for special occasions, then clean it once every six to nine months.
- 2.You can purchase a leather cleaning solution or opt for a natural homemade one by mixing one part distilled water with one part white vinegar. Reduce the amount of white vinegar if you'd like a light clean.
- 3.Create a foam with the solution and massage it onto your bag, cleaning both the inside and out.
- 4.Leave this to dry for a few minutes and proceed to apply a protection cream (that you can easily purchase from the store). Make sure to take precaution with frequently touched areas like the handle.
- 5.If you have leather goods that are more absorbent, you can opt to repeat the protection process a couple of times to ensure your leather is properly protected.
- 6.Dry for 10 minutes and wipe off any excess. Then, store it properly.

GOLDEN RULES TO FOLLOW WHEN STORING LEATHER

- 1.Store in a light proof or low light environment and try your best to avoid storing under direct sunlight as that can wear your leather out.
- 2.Wrap your leather goods with a dark and protective paper or cloth, or keep them in the protection drawstring bag that comes with your purchased leather good.
- 3.Avoid storing leather in damp closets. Try to store it in a place with about 50% to 55% humidity.
- 4.Do not wrap leather in plastic as this prevents the leather from breathing, causing it to form molds.
- 5.Avoid storing leather on cement floors or those that have been covered with carpet as cement flooring will release a considerable amount of moisture. It's best to keep leather off the floor in general and on a high shelf
- 6.Separate oily leathers like harness, bridle or latigo from non-oily leather. You can do this by placing a barrier between the two when storing.
7. Ensure that the storage place is kept away from any kinds of animals, especially insects and pests as their urine and droppings will permanently damage the leather.
- 8.Try your best to avoid storing different types of leather separately. Study the tannage, colour and level of oiliness of your leather goods. You can store leather goods with the same characteristics into storage bins or shelves while separating those with different characteristics.



MALAYSIA'S FIRST MRO AND IIR GLOBAL CENTRE OF EXCELLENCE

Serba Dinamik Holdings Berhad is creating Malaysia's first maintenance, repair and overhaul (MRO) and inspection, repair and maintenance (IIR) Global Centre of Excellence complemented by our Plant Turnaround Village (PTV) in Pengerang, Johor. As project owner and anchor of Pengerang Eco- Industrial Park (PeIP), we have designed this development to serve the needs of downstream oil and gas, as well as power generation industries.

First and foremost, our PeIP is strategically located approximately four kilometres (straight line) from PETRONAS' refinery and petrochemical integrated development (RAPID), a USD27 billion (RM110 billion) development. Singapore centre is approximately 110 kilometres by road from PeIP. By locating at PeIP, your company can provide prompt and efficient services to RAPID.

One-stop centre to meet the needs for maintenance of plant and machinery.

PeIP is an ecosystem of infrastructure, facilities, and providers of products and services housed within one location. Our PeIP incorporates a Logistics Hub to provide transportation services and warehousing of equipment, parts and pipes. We have a technical and vocational education and training (TVET) centre to provide a steady supply of skilled manpower. We also have a centralised and independent utility facility (IUF) to deliver compressed air, data centre services and back-up power.

To support PeIP we have incorporated Pengerang International Commercial Centre (PiCC) in our overall master plan. PiCC is next to our PeIP and comprises commercial, hospitality, infrastructure, facilities and amenities.



Factories



LOGISTIC HUB



T-VET CITY

Sales Gallery PeIP

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Tel: +(603) 2856 3919 | Hotline: +60 13-333 9439 | peip@e-serbadk.com | peip.com.my

Project By:



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LIVING WITH ECZEMA

Types, triggers and ways to calm your eczema

BY AGNES AUI



Eczema is a common type of skin allergy that occurs mainly in children. Nevertheless, this condition does affect adults as well and the symptoms typically include red and itchy skin. Scientifically, eczema is known as atopic dermatitis, ‘atopic’ meaning allergy. Which explains why people with eczema tend to have some form of allergy or asthma. So if your skin itches and turns red from time to time, you may have eczema. But fret not, as we have everything here you need to know about living with eczema.

#1 TYPES OF ECZEMA

Atopic dermatitis

This form of eczema is the most common type that starts during childhood and tends to mild down as the person becomes an adult. Those with atopic dermatitis usually also have asthma and hay fever. This type of eczema typically looks like rashes that form on the elbows and knees.

Contact dermatitis

Red skin that itches, burns and stings which occurs when you touch certain substances is known as contact dermatitis. Hives or fluid-filled blisters may also form on your skin when you come in contact with something you’re allergic to, like metal or latex.

Dyshidrotic eczema

This form of eczema is more common in women and causes blisters to form on your hands and feet. These blisters will itch and hurt, and even cause your skin to crack and flake off.

Nummular eczema

This type of eczema causes round spots to form on your skin. They look almost like coins and are very much different from other types of eczema. These spots are also very itchy and can become scaly over time.

#2 TRIGGERS OF ECZEMA

- The types of food and drink you consume.
- Harsh skin products, chemicals, soaps or makeup that you may have used.
- Your daily activity that causes your skin to be damp, like morning runs or swimming in chlorinated pools.
- Showering with very hot water.
- Taking long baths.
- If there’s anything you’re allergic to.
- Stress.

#3 WAYS TO CALM YOUR ECZEMA DOWN

- Be cautious of what you apply to your skin, make sure that you’re not allergic to any of the ingredients.
- Apply prescribed eczema creams.
- Go for light therapy, as ultraviolet light can heal your rash.
- Apply cool compress to calm your skin down before applying the creams.
- Do not scratch. This may trigger your skin further and cause an infection.
- Blot your skin after bathing, avoid rubbing it.
- Wear loose-fitting clothes like cotton.
- Moisturise with fragrance-free lotion every day.

OH, HAIR NO!

Hair loss and how to prevent it

BY AGNES AUI

Some may say that hair loss is a natural thing, and it might be true in some cases. However, when the amount of hair you lose becomes too much, you may just be suffering from hair loss. But don't panic just yet, because we're here to help you figure out some triggers of hair loss and how you can prevent hair loss in the future. If you're someone who suffers from this, keep reading as we list out the types, triggers and ways you can prevent hair loss.

TYPES OF HAIR LOSS

- Gradual thinning on top of head - Known as the most common type of hair loss, gradual hair thinning affects people as they age. For men, the hair often recedes at the hairline on the forehead while women experience broadening of the part in their hair.
- Bald spots in circular shape or patches - Some lose hair in circular or patchy bald spots on the scalp. If your skin becomes itchy or painful before the hair falls out, then you might have spot balding.
- Sudden loosening of hair - This is when handfuls of hair come out when you're combing, washing your hair or after gently tugging it. This type of hair loss usually causes overall hair thinning but is temporary.

- Patches of scaling spreading all over the scalp - This type of hair loss is usually a sign of ringworm and may be accompanied by redness and swelling.

TRIGGERS OF HAIR LOSS

- Heredity (family history) - One of the most common causes of hair loss is a hereditary condition. This happens with ageing and is commonly known as androgenic alopecia or male-pattern baldness / female-pattern baldness. This trigger is mostly difficult to avoid but possible with the right care from a young age.
- Hormonal changes - This trigger typically causes temporary hair loss and occurs mostly in women. Hormonal changes during pregnancy, childbirth or menopause may cause women to lose more hair than usual.
- Medical conditions - Conditions like alopecia areata and a hair-pulling disorder called trichotillomania may cause hair loss. Alopecia is an immune system-related condition that causes patchy hair loss and scalp infections.
- Medications or supplements - Taking certain medications or supplements can cause hair loss as a side effect. You may experience hair loss if you're taking medications for cancer, arthritis,

depression, heart problems, gout and high blood pressure.

- Stress - This is another common cause of hair loss. Many people experience general thinning of hair a few months after a physical or emotional shock. However, this type of hair loss is temporary.
- Hairstyles - Styling your hair excessively or having hairstyles that pull your hair tightly can cause hair loss. Avoid having your hair up in a ponytail or having cornrows for a long period of time.

WAYS TO PREVENT HAIR LOSS

- Treat your hair gently and avoid pulling it when brushing or combing your hair (especially when it's wet). Try using a wide-toothed comb to comb your hair instead.
- Avoid anything that heats up your hair, like hot irons, hot rollers and permanent perming or rebonding.
- Limit tension to your hair by avoiding tying up your hair or braiding it for extensive periods of time.
- Check through medications and supplements that might cause hair loss. Talk to your doctor about this if you need to.
- Protect your hair from sunlight.
- Try a scalp massage that may help improve blood flow to hair follicles, increasing hair density.



SUSTAINABLE BEAUTY

What Is It and How to Practise It?

BY HIRANMAYII AWLI MOHANAN

When the world is shifting towards sustainable options, including smarter fashion choices, the next course of action is naturally, beauty. What exactly is sustainable beauty? Well, sustainable beauty is essentially making eco-friendly purchases for our beauty routine. Making the changes below can go a long way, especially in the long run, for the sake of our planet.

When scouting for brands, the first thing to note is whether the brand is going the distance to make the world a better place. This can be as simple as a recycling campaign or using recycled bottles for their products to ethically sourcing these products, and whether the ingredients are cruelty-free and vegan. That said, do bear in mind that no brand is perfect and checks all the boxes on the eco-friendly list, however, a step in that direction is certainly a good thing. Brands that go the extra mile and have adopted charitable practices are MAC, L'Occitane, Kiehl's, Aveda, The Body Shop, Innisfree, Armani Beauty, Clarins and Burt's Bees to name a few.

RECYCLE, RECYCLE, RECYCLE

Every time we go through our beauty products, a lot of empty bottles or jars go into the trash, so just imagine how much we're contributing to landfills. Thankfully, many eco-conscious brands have come up with initiatives that champion recycling, like MAC's Back to MAC campaign that awards you with a complementary lipstick for every 6 empties. Kiehl's, on the other hand, gives you a stamp for every full-sized bottle that you take back and with every 10 stamps, you're gifted a free travel-size product. Other brands that are treading the green path include L'Occitane, The Body Shop and Innisfree.

MAKEUP REMOVAL

Makeup wipes are incredibly handy, especially when we're lazy to go through the usual cleansing regimen. However, while convenient, wipes are neither good for the skin nor Earth as it contributes to landfills in great numbers. There are many sustainable options for this, including reusable towels or pads or balms that melt your makeup as soon as you rub it on your skin.

IT'S ALL IN THE PACKAGING

The usage of plastic is a big no-no when it comes to sustainable beauty. Opt for glass bottles instead of plastic or you can support brands that use repurposed materials to make recycled bottles. It's a rather simple step to practise as most of the serums and moisturisers come in glass packaging these days.

THINK ABOUT YOUR CONSUMPTION

Here's another food for thought — rethink your consumption. Ask yourself whether all those creams and products in your beauty armoury are something you need. Look for products that double in function, that way you use less products. For example, BB creams are fantastic as moisturisers and light foundations/concealers rolled into one, and some even have SPF.

SAYING NO TO MINIS

Mini beauty products are bound to attract us with their miniature size and functionality for travel. However, these are far from being eco-friendly. The wiser and sustainable option would be to purchase high-quality containers that can be used over and over again. This switch won't really burn a hole in the pocket, it's easy to practise and it's a means to save the planet.



MANAGING YOUR MICROBIOTA

Improving Your Gut Health Naturally

BY HIRANMAYI AWLI MOHANAN

Did you know that our gut is home to microorganisms, specifically 300 to 500 different species of bacteria that live in the digestive tract? Collectively, they are known as gut microbiota, and they are hugely important for our health. Interesting enough, the food that we eat greatly impacts the colony of bacteria that live in our stomach. So here are some science-backed tips to improve your gut health, naturally.

TAKE PREBIOTICS OR PROBIOTICS

Adding a prebiotic or probiotic supplement to your diet is a great way to promote your gut health. Both of these work essential for the body and work hand in hand. Probiotics improve the microflora or good bacteria in the body while prebiotics serve as food for the microflora. Think of it like a garden — probiotics are the flowers planted inside of a garden while prebiotics are the fertiliser, water and soil that a garden needs to thrive. It's best to consult a doctor before taking these supplements because people with bacterial overgrowth, such as SIBO (small intestinal overgrowth) should not take probiotics.

LOWER YOUR STRESS

Stress is hard on your whole body, especially your gut. So, in order to keep your gut and entire body healthy, lower your stress levels through activities like meditation, talking it out with a friend, walking, aromatherapy, massages, reducing your caffeine intake, laughing and many more.

PRIORITISE SUFFICIENT SLEEP

Similar to the previous point, getting insufficient quality sleep can be seriously detrimental to your gut health, which as a result, can contribute to more sleep issues. Prioritise getting at least seven to eight hours of uninterrupted sleep every night. If you have insomnia or trouble sleeping, perhaps it's time to consult a physician.

EAT SLOWLY

Many of us are guilty for chomping down food as soon as it reaches the table. This, my friends, is not healthy. Chewing your food thoroughly and slowly promotes full digestion and nutrient

absorption. This tip will help you reduce the digestive discomfort and maintain a healthy gut flora.

WATCH FOR FOOD INTOLERANCE

The human body is a beautiful thing — it will give you warning signs or symptoms for food that it simply can't accept. The usual food intolerance symptoms include cramping, bloating, abdominal pain, diarrhoea, rashes, nausea, fatigue and acid reflux. If you feel these symptoms, you might want to pay attention to what you ate and to eliminate trigger foods to see if your condition improves. If you can identify the food that's contributing to your symptoms, you can witness a positive change in your digestive health.

HYDRATE

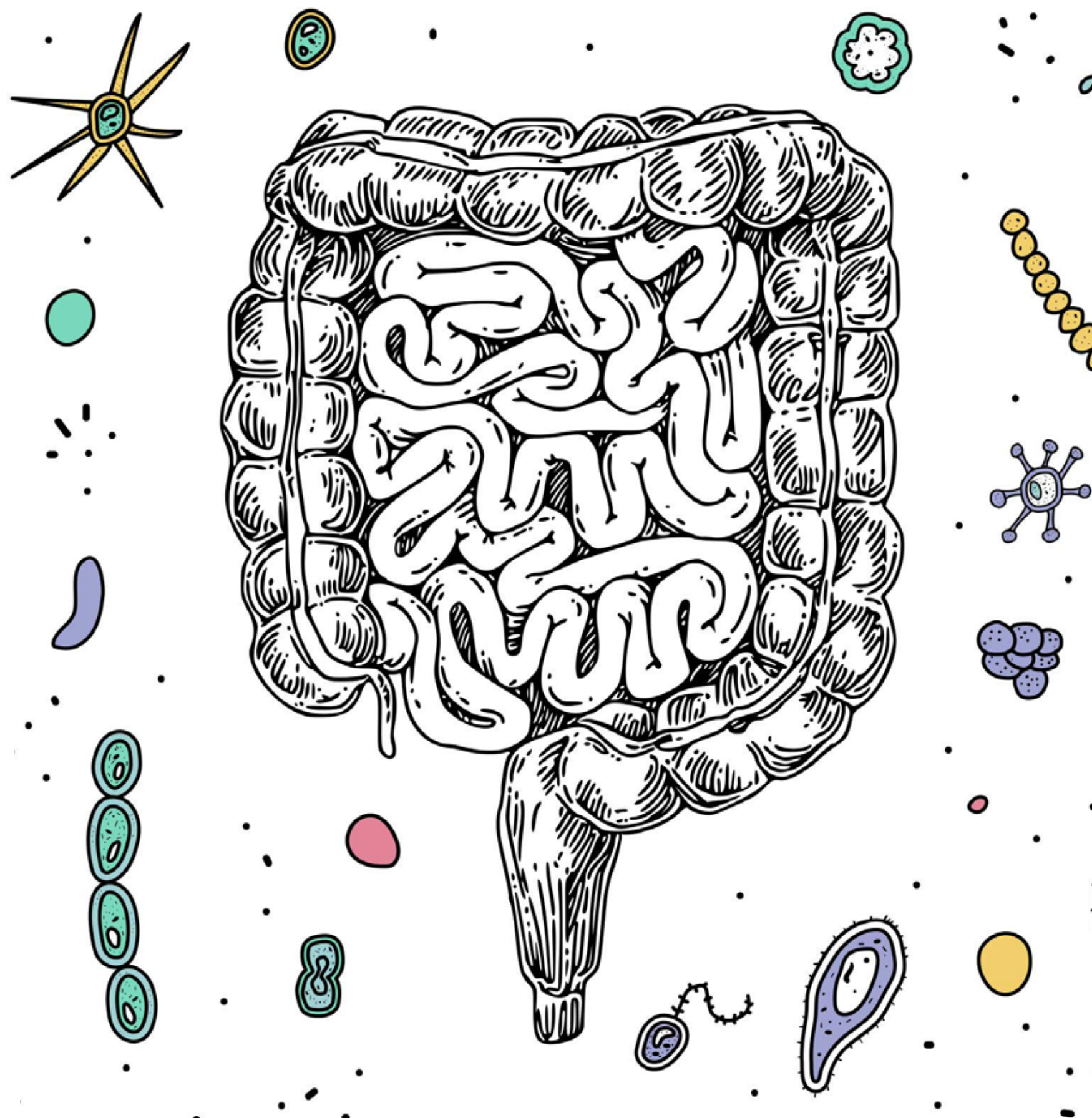
Drinking plenty of water has proven to be helpful to many ailments, including irritable bowel syndrome (IBS). Staying hydrated has a beneficial effect on the mucosal lining of the intestines, as well as on the balance of good bacteria in the gut. This is a simple and natural way to keep your gut healthy.

CHANGE YOUR DIET

Practising a healthy diet can do wonders to the body and gut. A diet high in fibre, such as from fruits and vegetables, contribute to for a healthy gut microbiota. Adopting more of a plant-based diet with lean proteins can also positively impact the gut. Besides that, an important aspect of promoting gut health is to stay away from processed, high-sugar and high-fat food like fast food, instant noodles, sausages and so on.

EXERCISE REGULARLY

Exercise is not only a precursor to good heart health, it also helps with weight loss, improve gut health which in turn, may control obesity. Exercise for at least 30 minutes every alternate days, if not every day. If exercise feels like a chore, look for a workout buddy for consistent motivation and take up something that doesn't bore you such as badminton, hiking, cycling, swimming and etc. Switch it up every now and then and you'd notice a positive change on your gut and body.



ABDULLAH ARIFF

A PIONEER’S LEGACY

BY AGNES AUI



Mr Abdullah Ariff at his desk at then Anglo-Chinese School

favourite subjects were rural scenes and landscapes as well as plants and human figures.

Abdullah taught art at the Pykett Methodist School in Burmah Road and served as an instructor of the ACS Art Club from 1932 to 1941. In 1945, headed out to Kuala Lumpur where he began working with The Straits Echo as a cartoonist and subsequently became active in politics. He continued to work

on his art where he participated in the ‘United Society of Artists’ group show in 1955 at the Royal Society of British Artists galleries in London. He passed away in 1962, leaving a legacy of excellent watercolours. Some of his paintings have been duplicated, and some can be seen on the wall behind now SMK (L) Methodist’s (MBS) school office. A corner dubbed ‘Sudut Abdullah Ariff’ was devoted to the artist and his works at the school.

In 2006, an exhibition and art catalogue entitled Father of Modern Art in Malaysia by Zakaria Ali was held and published by the National Art Gallery. Abdullah was accorded as one of the important early 20th century artists in Malaysia at the same exhibition. Such exhibition was important in reappraising his works 56 years after his death. So much was his contribution to society that there is a road in Penang named Jalan Abdullah Ariff.



This watercolour on soft board mural was painted in 1951 by the students of the Art Club at Methodist Boys School (MBS). The mural spans up to 7.3 metres long and was conceptualised, sketched and supervised by Malaysia’s pioneer artist, Abdullah Ariff.

This mural depicts the country’s traditional professions during that era and aims to instill diversity in the current MBS students. Today, the mural hangs in the school’s Heritage Centre and can be viewed by appointment.

The inimitable Abdullah Ariff was born on June 15, 1904 in Georgetown, Penang. He was a self-taught artist and an instructor of the Penang Impressionists in 1898 — an exclusive group of expatriate artists. The members of this group were the wives of Europeans and a few local members such as Mrs. Lim Cheng Kung, who was accepted due to her patronage. The artist was a pioneer of watercolour art in Malaysia together with Yong Mun Sen. Renowned for his meticulous and masterful handling of the watercolour medium, Abdullah employed a European technique and approach to his work compared to his contemporary, Yong Mun Sen.

Despite his young age, Abdullah was accepted in the Anglo-Chinese School (ACS), Penang at a mere nine years old and managed to pass his Senior Cambridge in 1925. Due to his educational background and enthusiasm in art, he was accepted by Rev. G. F. Pykett and later on hired as an art teacher at the ACS. This was no easy feat as Western education was not easily available to non-aristocratic Malays and art education was not encouraged by the British in Malaya. He was later promoted to Supervisor of Art until the Japanese Occupation in 1941.

By the 1930s, Abdullah was making a name for himself as a Western-style painter in the annual art shows organised by the Penang Impressionists. As an impressionist, he felt obliged to adopt the quick touches of the brush strokes, often squeezing the paint directly from the tube, but the smudges of paint on the canvas and delaying the process of the oil paint discouraged him from using this medium. During this time, he experimented with various mediums like linoleum print, oil paint and watercolour. However, the artist found that the use of water colour suited him most and he earned his international fame in this medium. His



Everflowing Water, 1960
Watercolour on paper
30.5 x 25.5 cm
Private collection of Mr & Mrs Siew Hon Hoong

In 1954, Abdullah befriended Siew Hon Hoong, a first-year general subjects teacher who was given the task to teach Christian religious knowledge. At first, the two regularly argued about having different opinions on religions. But over time, Siew began to understand Islam and soon became best friends with Abdullah. On Siew’s wedding day, Abdullah painted the “Everflowing Water” and gifted it to Siew and his wife on March 13, 1960. Till today, the painting hangs in the couple’s comfortable home.



Abdullah Ariff
Misty, 1954
Watercolour on paper
34.5 x 52.5 cm
SOLD - RM 44,000



Abdullah Ariff
Destination, 1950
Watercolour on paper
34.5 x 52.5 cm
SOLD - RM 55,000



Abdullah Ariff
Tree by a River, 1955
Watercolour on paper 33 x 56 cm
SOLD - RM 57,120

**MEMORIES OF ABDULLAH ARIFF AT
METHODIST BOYS SCHOOL (MBS)**

Abdullah was not only known nationwide and throughout the world, but he was also respected at the Methodist Boys School (MBS) in Penang. MBS was once known as Anglo-Chinese School (ACS), which was where Abdullah graduated from and later served there as an art teacher. Many of his students have recollected memories of Abdullah, and said that he was patient and kind when it came to teaching. He also imparted his skills in watercolour painting to many of his students.

During his time as an art teacher at MBS, he supervised the art club and helped students produce many watercolour paintings on soft board - including the famous 7.3m long mural that was produced in 1951, depicting the country's traditional professions during that era. Abdullah Ariff helped conceive, sketch and supervise while students from the art club painted it. He also supervised the art club to produce six pairs of half moon soft board paintings with biblical meanings, proving how the school came together during the time despite race and religion.

With the school's 130th Anniversary set to come in 2021, MBS aims to celebrate diversity - one that could evidently be seen in the friendship of Abdullah and Siew, alongside the diverse mix of students in MBS. In the anniversary celebration next year, Abdullah's duplicated works will be displayed at the Alumni's Art and Photography Exhibition. The murals which he helped supervise will also remain displayed in the school's Heritage Centre. Abdullah had earned the title, 'Father of Watercolour', throughout the school and even throughout Malaysia, but the notable thing about Abdullah was his contribution to the school's diversity for decades. And this memory of Abdullah Ariff in MBS will live for generations to come.

INTRODUCTION TO INDIAN ART

KL LIFESTYLE ART SPACE PRESENTS 3 INDIAN ARTISTS

BY HIRANMAYII AWLI MOHANAN

Indian art encompasses a variety of forms and originated about five thousand years ago, sometime during the peak of the Indus Valley civilisation. Largely influenced by a civilisation that came into existence in the 3rd millennium B.C., it blends the spiritual and the sensual, making it rather distinctive in form and appearance. However, progressively, Indian art has undergone several transformations and influenced by various cultures, making it more diverse and more inclusive of its people.

PARITOSH SEN

Paritosh Sen was a painter, illustrator, tutor and writer, who was a part of the world of Indian art, for close to four decades. He was born in Dhaka, the capital of Bangladesh on Oct 18, 1919 and was a founding member of the Calcutta Group — an art movement established in 1942 which played an important role in ushering modernism into Indian art. Allured by the pages of the Bengali art journal, Prabasi, Sen ran away to Madras, to learn art.

Graduating with a Diploma in Fine Arts from the Government College of Arts and Crafts, Chennai, Sen moved to Calcutta in 1942, where he and a group of young Bengalis formed the Calcutta Group — an association of artists that sought to incorporate contemporary values in Indian art. In 1949, Sen left for Paris to pursue his passion, attending, among other institutes, the Ecole des Beaux Arts. He received a Fellowship for 1970-'71 from the John D. Rockefeller III Fund. The Indian artist's visit to Paris in 1949 was what got him closer acquainted with European art and its artists. Meeting Pablo Picasso was the highlight of his life.

Sen is recognisable for his caricature works, which strongly reflect underlying socio-political shades, and his female nude drawings. The artist's representation of art is laced with a hint of cubism and traces of modernity from his exposure to Western Modern Art. He used two-dimensional, structured planes but still created an illusion of voluptuousness. One can easily discern the strong lines and bold, stylised strokes in Sen's paintings. Although colour is an important aspect of his paintings, it is the human figure, expressing a myriad of emotions, that dominates his art. A repetitive subject in Sen's works is his depiction of scenes from everyday urban life. These activities were rendered from a cynical and detached perspective, which was typically Sen's viewpoint.

Upon his return to India, Sen survived on teaching jobs that allowed him to stay in



Ragini Asabari, 1961
Oil on panel
60 x 90 cm

Calcutta, from 1956 onwards. This was when a closer and more direct involvement with the city developed, where he witnessed the sufferings of the poor. Fuelled by his emotions, the artist's palette became passionately expressionistic with varying shades of raw umber and earthy brown. Clouds of colour laid on the canvas with the cruel abandon of palette knife replaced the linear depiction of defined forms that resurfaced in his art at regular intervals. He had married in between

and visited Europe, USA, Egypt and Mexico many times.

A prolific writer, Sen published many works in both Bengali and English, including a series of autobiographical vignettes titled, 'Jindabaha Lane'. His works have been exhibited in India and internationally, in Paris, London, Germany, Tokyo and in the US. Paritosh Sen passed away in October 2008.

M SIVANESAN

EXACTING THE SPIRIT OF ART

BY HIRANMAYII AWLI MOHANAN

M . Sivanesan was born in Chennai in 1940. He joined the Madras College of Arts and Crafts in 1956 and won an award at the International Inter Church competition, New York in 1962. The reputable artist carried several one-man shows under his belt, held within India and internationally. These included exhibitions in Bangkok in 1976, Los Angeles in 1977, Ottawa, Canada in 1978 and New York and Washington D.C. in 1979. Sivanesan had also participated in group exhibitions in Tokyo, Japan in 1967, New York in 1968, Frish Art Gallery, New York in 1981 and Dhoomimal Gallery, New Delhi in 1982. Sivanesan’s artworks are figurative in style and subtle in colour. He approached the canvas as a means to explore his personal range of emotions rather than making too much of an effort to make his art accessible to the viewer via some profound statement. It is in the supreme manifestation of this interiorised subjectivity that the greatness of his art lies. Humans are predominant in his works, reflecting the beauty that he often saw within them. The Indian modern and contemporary artist’s works possess an air of effortless ease, derived from supreme skill and confidence. They also have a subtle, sober, and yet lively exuberance of colour and freshness, which make Sivanesan’s reputation as a facile illustrator.



Untitled, 1994
Mixed media on cardboard
26.5 x 40 cm
RM 800 - RM 1,500



Mother and Child, 1975
Acrylic on canvas
91 x 71 cm
SOLD - RM 5,000 - RM 10,000

While Sivanesan’s paintings from some years ago were deemed too popular, or illustrative, his works later proved he was true to exacting the spirit of art. His forte lay in two branches of art, the portrayal of interiors and the delineation of still life. On each imaged face

the painter imposed his own perception. However, it is in his so-called interiors or still life that the painter was seen working with great verve. Sivanesan lived and worked between Chennai, New Delhi and Mumbai.

SENAKA SENANAYAKE

PAINTING THE BEAUTY OF LIFE

BY HIRANMAYII AWLI MOHANAN



Sugar Cane Workers, 1964
Oil on canvas
117 x 102.5 cm



Farmers
Oil on canvas
93 x 93 cm

B orn in 1951 to an illustrious family in Sri Lanka, Senaka Senanayake was born to paint. He was celebrated as a child prodigy, whose work was first exhibited in Colombo in the late 1950’s. Often compared to Mozart’s childhood genius in music, Senanayake redeemed his early promise and went on to become one of the most sought-after painters of Asia, crossing international boundaries, a mystifying combination of technical skills and a dewy-eyed child looking at life around him as if for the first time. Subsequently, at the tender age of 10, he held his first international one-man show in New York.

At the age of 14, Senaka clambered up the steps of the White House in Washington D.C. His painting The Outer Harbour Colombo adorned the wall of the place to keep company with a number of masterpieces of the past and present. He went on to become the most accomplished and famous artist Sri Lanka has

ever produced. Senanayake’s innate talent led him to continue painting and as a teenager, he held numerous exhibitions in Sri Lanka, Europe, the USA and Asia. However, it was only after he received formal training at Yale University, where he studied art and architecture, that he decided to surrender to art and painting. Soon after graduating, he moved back to his roots in Sri Lanka, where he has since established himself as one of the region’s most important living artists. Fuelled by the plight of the Sri Lankan rainforests, his recent works encircled the subject, including intense deforestation to make way for tea plantations.

Senanayake’s works show a fervent passion for nature’s beauty and a great knowledge of the flora and fauna of the rainforest. His works have been shown in most parts of Europe and South Asia with critical acclaim. To date, he has more than 100 solo shows to his credit, and numerous group shows in the countries of Europe, China, Australia, Japan, Singapore,

Czechoslovakia, Korea and Egypt to name a few. His work has been documented by Metro Goldwyn, British Movietone News, BBC TV, London, Yeo Soo TV, South Korea, TV Austria, and Star TV, India. Various journals, magazines and newspapers such as The New York Sunday Times, Washington Post, London Times, Weser Kurier, Germany, UNESCO Features, Paris, National Geographic Magazine, Asia Week and many others, have devoted their mediums to document Senaka’s work. He lives and works in Sri Lanka.

This particular work, entitled ‘Sugar Cane Workers’, was painted almost like a celebration to life. Multicoloured swishes form the background of the painting while in the foreground, silhouettes of the sugar cane workers were painted in white and captured in motion, coming off almost like their dancing. It’s an uplifting and energetic work.



Anantara Desaru Infinity Pool

ANANTARA DESARU COAST RESORT & VILLAS

A Coastal Paradise

BY HIRANMAYII AWLI MOHANAN

There’s no better place to soothe a frazzled urban soul than at the poolside or beachside of the Anantara Desaru Coast Resort & Villas. Nestled within Desaru Coast, the sprawled out, low rise, idyllic resort is surrounded by lush tropical gardens and framed by the blue waters of the South China Sea.

The renowned Thai Anantara brand’s maiden voyage to Malaysia offers 108 rooms, villas and residences. The design emanates warmth, interspersed with the Anantara identity and local culture. In a typical warm Asian welcome, a gong is sounded upon arrival and guests are

ushered in towards the lobby where it beams with an enthralling view of the ocean and the property.

SUMPTUOUS ACCOMMODATION

Take your pick of stylish and sumptuous accommodations, from the Premier Room and Deluxe Sea View Room to a One-Bedroom Villa and Three-Bedroom Beach Residence — each bedecked with warm hues and stylish designs. The Premier Rooms and Deluxe Rooms are sleek, both flowing out onto the sun-dappled private balcony for fresh breezes and lazy afternoon of people-watching.



Sea.Fire.Salt



One Bedroom Villa

One-Bedroom Villa

For families of three or those who crave for privacy, the one-bedroom villa will give you just that. The restrained contemporary kampung-esque interior is stylish, airy and thoughtfully equipped with a wide private deck and a personal plunge pool. A gazebo sets the scene for poolside dining, while floor-to-ceiling windows fill the sumptuous living areas with natural light. As night falls, retreat upstairs to a lavish king bedroom, embellished with subdued local design.

Deluxe Sea View Room

After a day of fun in the sun, soak in the hot tub before tucking into the plush, mammoth of a king-sized bed that easily drifts you to sweet slumberland. Perfect for honeymooners and couples, wake up to the call of the birds chirping and the beautiful vistas of the resort’s lush greenery and the ocean beyond. Bask in the morning sun with a fresh espresso at the expansive balcony before heading out for breakfast and to take on the day.



One Bedroom Villa room

Three-Bedroom Beach Residence

Designed with big families in mind, the spacious three-bedroom beach residence is quite literally stepping into a home away from home. Steeped in modern luxury, this beachfront abode comes with a private deck that opens up directly to the beach, a marble-topped kitchen and a butler at your beck and call to take care of your needs. Bathed in neutral tones, this bounteous space offers comfort, warmth and splendour — the hallmarks of a perfect stay. Available for purchase, you can wake up to a tropical paradise everyday. Whether a vacation home or forever home, these beach residences come fully furnished and owners benefit from Anantara Desaru’s resort facilities and round-the-clock services.

INDULGE, INDULGE AND INDULGE AGAIN

No hunger or grumble shall befall you when at the Anantara Desaru Coast. When it comes to dining, there is no need to stray far. Have ambrosial breakfasts alfresco, facing the main pool at Turmeric where local delights such as nasi lemak and noodles alongside waffles and pancakes, eggs every way and indulgent pastries beckon. After strolling along the beach or getting some splashes in the pool, saunter into Sea.Fire.Salt, renowned for its freshest seafood. Among the menu highlights are the Chilled Seafood Tower, Crab and Coconut Salad and Wagyu Tomahawk. In the evenings, witness the sunset and waves crashing ashore with

sundowners in hand at the Infinity Bar. Boasting an infinity pool, one could also take an evening dip while enjoying the tidbits and array of quality craft cocktails here.

Alternatively, couples can opt for Dining by Design — a romantic, bespoke dinner experience for two that is set on the beach. Lamps and candles lead the path to a dugout sandcastle lined with plush pillows and complete with a private chef and butler that will take care of your dinner. A similar romantic setting with candles and flowers can be arranged within the resort’s gardens. Families too can enjoy a private BBQ on your villa’s sundeck per request.

PAMPER YOURSELF AT THE ANANTARA SPA

When you finally tear yourself away from the room, take a bicycle ride throughout the resort or banish the aches and pains that come with working tirelessly in the city with an indulgent and aromatic 60-minute Anantara Signature Massage or a Bespoke Spa Experience. Melt away into the journey of senses and allow the skilled masseuse to transport you to a state of tranquillity and bliss.

Persiaran Pantai, Desaru Coast, 81930 Bandar Penawar, Johor.
07 8280888

THE PRESTIGE HOTEL

Modern Victorian meets luxury

BY AGNIES AUI

Stepping into the island of Penang feels like the world transforms, from brick houses to British colonial buildings and Chinese shophouses, it seems as if we’ve travelled back in time. And the island’s new escapade located along Church Street is a facade featuring modern Victorian architecture with a playful interior inspired by a Christopher Nolan film called “The Prestige”. Alongside local botany, black-and-white tiles that seem to magically “appear and disappear”, and an intriguing floor maze at the lobby, The Prestige is an ideal staycation spot you’ll never want to leave.

REST

The Prestige Hotel houses four different types of rooms, namely the Deluxe, Premier Deluxe Suite, Loft Suite and the unique Deluxe Trio room that’s recommended for families with children. We were in awe at every detail throughout the cosy Deluxe room. From dusty beige fur carpeting and trapezium bleached walls to copper accents and subtle washes of pink, the room was not only Instagrammable but instantly gave us a sense of relaxation that was unparalleled to anywhere else. Certainly, the hotel added a touch of Houdini by concealing the toilet in plain sight. But the highlight of the room was the vanity mirror featuring a rose gold diamond cut outlined with fluorescent lamps, that creates the ultimate optical illusion of many rooms. Other than it being the perfect selfie spot, the intricate design proves to be fascinating.

REPLENISH

There’s no better way to start the day than having breakfast as the sun penetrates through glass windows and finally setting onto your skin. That was our morning at The Glasshouse restaurant, accompanied by waffles and fresh fruit juices. Of course, we had to try the big breakfast, a delightful medley of crispy hashbrowns, succulent chicken sausages, eggs (of your choice) and crisp salad. If you’re not a morning person, opt for the junior platter, which is essentially the big breakfast on a smaller scale with additional toasted fluffy white bread. For a healthier start, get the salad featuring avocados, feta cheese, chilli flakes and a soft, melty poached egg. However, don’t leave without trying the nutmeg juice, a Penang specialty that’s tangy and refreshing, fuelling you up for the sight-seeing adventure that lies ahead.

RECONNOITRE

Thanks to the hotel’s strategic location, exploring Penang island was a breeze. Hotspots like Armenian Street, Little India, Khoo Kongsi and the Clan Jetties were all within walking distance. Evidently, food takes centre stage here and we decided to try some famous local delights. Armenian Street was where we had the ice ball, drenched in syrup that brought the bees out to play. We then explored the famous Deen’s Maju Nasi Kandar, which honestly still lingers in our minds till today. We also couldn’t leave without satisfying our Penang char kuey teow and chee cheong fun cravings, so we adjourned to the Gurney Drive Hawker Centre. Then, we made one last pitstop to the beach where we soaked our feet in the sand and greeted little crabs, before bidding farewell to the soothing island and the hotel we so deeply fell in love with.

The Prestige Hotel
8, Gat Lebuh Gereja, George Town, 10300 George Town, Pulau Pinang
04-217 5888



Deluxe Room



Bathroom



Lobby



The Glasshouse Restaurant

ADRENALINE-PUMPING INDOOR ACTIVITIES

BY HIRANMAYII AWLI MOHANAN

Calling all thrill-seekers and adrenaline junkies! We have curated a list of fun activities that require you to step out of your house and get those endorphins up. Best part of these activities is you won’t be a slave to the weather.



BOULDERING

For you thrill-seekers searching for a sweat session and an adrenaline rush, we suggest you try bouldering. Bouldering, is somewhat similar to rock climbing, involving artificial rock walls, with the exception of ropes and harnesses. This activity really tests your strength, strategy and grit. You don’t have to be the fittest to attempt bouldering as they have bouldering progressions, so take your time and have fun!



JUMP STREET ASIA

Jump Street Asia is Malaysia’s first indoor trampoline park and has the biggest action space including a main court, Foam Pit and The Wall, to name a few. Both fun for kids and adults, this is where you allow your inner child to blossom. There’s even a space called Slam Dunk where you can give Michael Jordan a run for his money and Dodgeball which follows the rules of traditional dodgeball, but on trampolines. Dodgeball is riot with a group of friends or family.



ARCHERY TAG

Archery Tag is a new concept in friendly combat sports that can be played indoors or out, utilising archery with specially designed foam-tipped arrows to play the game. Unlike paintball which hurts and creates a mess, this interesting activity is quite the opposite. With enough intensity for thrill-seekers and safe for kids to play, this can be your new weekend activity.



GO-KART

Feel like Michael Schumacher, with the wind against your face, adrenaline pumping and you’re zipping and drifting on a go-kart. Blastacars Malaysia, among many is where you can have such fun and its vantage of being an indoor track allows you to race no matter rain or shine. The karts have been developed since 1987 in New Zealand by the creator, Peter Zyp with one goal in mind, to drift! The karts are safe and built tough. They consist of powerful engines and a unique design to race around the track, sliding and drifting around corners.



Suria KLCC
Petronas Twin Towers • 📍 KLCC
Tel : 03-2382 2828 / 2430 / 2431
Located at the base of the Petronas Twin Towers, Suria KLCC is the premier shopping centre in KL. It offers unique shopping, dining & entertainment experience. It houses exclusive designer brands and provides an abundant choices of goods and services for everyone. • 10am - 10pm daily. • D8

Avenue K Shopping Mall
156 Jalan Ampang, 50450 Kuala Lumpur. Tel: 03 2168 7800
Avenue K is Kuala Lumpur’s coolest urban hub where life and creativity are celebrated. The new Avenue K aims to indulge your retail desires, cater to your entertainment needs and satisfy your appetite for top-notch dining in comfort. Far from a regular mall, it offers exciting experiences and a trend setting venue where shoppers can relax and treat yourself to a good time. With over 60 exciting dining options including Fresca Mexican Kitchen, Dolly Dim Sum, Samba Brazilian Steakhouse, Sushi Zanmai, Nene Chicken, Boat Noodle, Sushi King and Bankara Ramen. there is no doubt that Avenue K is a foodie’s heaven. • 10am to 10pm

IOI City Mall
Management Office, Unit T2-3A-3 & Unit T2-3A-3A, Level 3A, IOI City Tower Two, Lebuhr IRC, IOI Resort City, 62502 Putrajaya, Sepang, Selangor. Tel: 03-8328 8900
The multi award-winning IOI City Mall, located within IOI Resort City, is the largest mall in Southern Klang Valley. It is easily accessible via major highways and public transport. Its 1.5 million sq. ft. of lettable space is occupied by trendy fashion brands, supermarket, cineplexes and F&B outlets offering exquisite local and international dining experiences. • 10am to 10pm

MyTOWN Shopping Centre
No.6, Jalan Cochrane Cheras, Seksyen 90, 55100 Kuala Lumpur. Tel: 03-2710 0057
MyTOWN is located in Kuala Lumpur, anchored by IKEA Cheras. Visit us easily by bypass or take a ride on the MRT to the Cochrane underground MRT station. The blend of fashion forward retail, amazing amenities, stylish alfresco events make MyTOWN the premier shopping destination in the heart of Kuala Lumpur. It’s more than just shopping... It’s an experience for everyone in the family!
• 10am to 10pm

Berjaya Times Square
Tel: 03-2117 3111
1 Jalan Imbi • 📍 Imbi
The biggest in Southeast Asia, this mall which measures 7.5 million sq ft, is an integrated shopping-cum-entertainment centre with a hotel, the region's biggest indoor theme park and bowling centre. • 10am - 10pm daily. • F8

1 Utama
1 Lebuhr Bandar Utama, Bandar Utama, PJ Tel : 03-7710 8118
A new generation shopping centre which satisfies all shopping needs under one roof. The old wing has Jusco as the main anchor tenant while the new extension houses many designer brands and has U Parkson, MPH & Jusco as anchor tenants • 10am - 10pm daily.

Sunway Velocity Mall
Lingkaran SV, Sunway Velocity, 55100 Kuala Lumpur. Tel: 03-2786 3970
Sunway Velocity Mall is earmarked to be the leading destination in KL South with its cutting-edge architecture, neo futuristic façade and contemporary interior. Built with connectivity in mind, the mall is easily accessible through major roads and highways and is well-serviced by public transportation including 1 LRT and 2 MRTs.
• 10am to 10pm

The LINC KL
360, Jalan Tun Razak, 50400 Kuala Lumpur. Tel: 03-92130388
The LINC KL is an escape, a hideaway, a preferred destination for when you want to take a break from your busy life and reconnect with nature. It is a place full of such possibilities. Room for nature. Room for coming together. Room for celebration. Space to grow. Space to simply be yourself.
• 10am to 10pm

Shoppes at Four Seasons Place
145 Jalan Ampang, 50450 Kuala Lumpur. Tel: 03-2391 9655
Shoppes at Four Seasons Place is an elegant showcase spanning over six levels of retail, restaurants, a boutique grocer, and more. Immerse yourself in seamless accessibility with your every convenience within comfort’s reach. Take your time to explore the collection of carefully curated brands uniquely housed amidst wide spaces, marble halls, and comfortable lounge areas. Strategically located in the Golden Triangle of Kuala Lumpur, the mall welcomes you to indulge in an idyllic experience.
• 10am to 10pm

Publika Shopping Gallery
No 1, Jalan Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur
Tel: 03-6211 7877
www.publika.com.my
www.facebook.com/publikashoppinggallery

Bangsar Village
Jalan Ara, Bangsar • 📍 Bangsar
Tel : 03-2282 1808
Located in happening Bangsar, this neighbourhood mall is vastly popular due to its individual specialist shops offering fashion wear, toys, jewellery, hardware, beauty salons and F&B. Anchor tenants include The Village Grocer. The newer and bigger Bangsar Village II that’s connected to this mall offers more local and international brands.

Sunway Pyramid
Bandar Sunway
Tel : 03-74943100
Impressive giant sphinx statue greets you at the entrance of this Egyptian-themed shopping centre situated next to Sunway Hotel and the Sunway Lagoon theme park.. The mall has a variety of shops and restaurants, an indoor ice-skating rink and a cineplex. • 10am-10pm daily.

Pavilion KL
168, Jalan Bukit Bintang • 📍 B Bintang
Tel: 03-2118 8833
The shopping centre blends the best of the international retail world with 450 stores – ranging from fashion to home deco and leisure to culinary delights - over its 7 levels and 6 themed precincts. 20% of its tenants represent debut brands in Malaysia. Anchor departmental stores are Parkson Pavilion and Tangs. • 10am to 10pm daily

Bangsar Shopping Centre
Jalan Maarof, Bangsar
Tel : 03-2094 7700
Located in the affluent Bangsar suburb, this mall buzzes with a trendy crowd and houses an array of individual specialist shops for every need. Jasons Food Hall is a favourite with shoppers, as it offers an extensive range of fresh and international food brands. 10am - 10pm daily.

Maju Junction Mall
1001 Jalan Sultan Ismail • 📍
Tel: 03-2697 9312
Located at the junction of Jalan Tuanku Abdul Rahman and Jalan Sultan Ismail, the five-storey mall has 101 outlets with Giant, Wh by British India, FOS, Nichii Fashion City being the anchor tenants. The mall provides concierge service and has an indoor archery centre, Big-Shot Archery. • 10am - 10pm daily.

KLIA
KL International Airport, Sepang 🛬 KLIA Ekspres-KLIA Tel : 03-8777 8888
One of airports with value-for-money shopping, it offers an excellent selection of goods like souvenirs, tobacco, liquors, perfume, chocolates and designer brands.



Pertama Complex
Jalan Tuanku Abdul Rahman
Tel: 03-2691 6599
One of the earliest shopping complexes in KL, this mall consists of many small shops selling an astonishing variety of goods and services appealing to the masses, including sports goods, leatherware, clothes, shoes and stationery. • 9am - 9pm daily. • D5

Sogo KL
Jalan Tuanku Abdul Rahman
• 📍 M Tuanku
• 🚆 Bandaraya • 🚆 Bank Negara
Tel : 03-2698 2111
This 10-storey shopping mall is well patronised for its quality goods (local and international) ranging from apparel, home furnishing to daily need items. It also has an international restaurant floor on the 6th floor • 11am-9pm daily • D5

Starhill Gallery
181 Jln Bkt Bintang • 📍 B Bintang
Tel: 03-2782 3800
Connected to JW Marriott Hotel and Ritz Carlton Hotel, Starhill houses the largest retail watch floor and a host of top fashion designer boutiques. An exclusive mall with excellent eateries and high-end shops.
• 10am -10pm daily • E9

Sungei Wang Plaza
Jalan Sultan Ismail • 📍 B Bintang
Tel: 03-2142 6636
Sungei Wang remains one of the busiest shopping centres for the last 2 decades. Linked directly to the Monorail, it has over 500 retail outlets and eateries. A great place to hunt for electrical and electronic products, mobile phones, fashionable street wear, shoes & accessories. The hip T-Hop zone at the 6th floor caters to trendy teenagers
• 10am - 10pm daily • F8

The Starling Mall
6, Jalan SS 21/37, Damansara Utama, 47400 Petaling Jaya, Selangor. Tel: 03-7730 7000
Built in an organic form with a fluid façade and natural setting, The Starling is a space where nature is immersed into urban retail environment to create a unique space for togetherness in harmony with nature.

Subang Parade
Subang Jaya • 🚆 Subang
Tel: 03-5633 2530
This suburban mall offers an interesting mix of stores with goods ranging from apparels to antiques, and music to jewellery. Anchor tenants include Toy 'R' Us and Parkson. Carrefour hypermarket is located next door.
• 10am - 10pm daily.

Great Eastern Mall
303 Jalan Ampang
Tel : 03-4259 8090
Located along busy Jalan Ampang, this 6-storey mall has a host of shops including a pet shop, Aussino, British India and eateries like Starbucks and Alexis. It has Cold Storage as its anchor supermarket. • 11am - 9pm daily.

Hartamas Shopping Centre
Plaza Damas, 60 Jalan Sri Hartamas 1
Tel: 03-6201 6553
Integrated with Plaza Damas & situated among retail shops, offices, serviced apartments and alfresco boulevards. Features Citi Super, SenQ and many other speciality retailers.

Lot 10
50 Jalan Sultan Ismail • 📍 B Bintang
Tel : 03-2143 6092
Linked to the Bukit Bintang Monorail station and Sungei Wang Plaza by an overhead bridge, Lot 10 offers an upmarket and wide selection of fashion wear. It has Isetan as anchor tenant • 10am - 9.30pm daily • F8

Low Yat Plaza
Off Jalan Bukit Bintang • 📍 B Bintang
Tel : 03-2148 3651
Located next to the Federal Hotel, it has 250 tenants offering goods as varied as cameras, mobile phones, apparel, fashion accessories and antiques. This largest IT centre provides for all your computing needs. BB Park, located across the plaza and consisting of trendy restaurants and alfresco cafes, sees a hive of activities at night. • 10am - 10pm daily • F8

MINES Shopping Fair Centre
Seri Kembangan • 🚆 Serdang
Tel: 03-8949 6288
Cruise into the heart of a busy shopping mall with a vibrant mix of more than 300 retailers, fashion boutiques, F&B outlets, canal quay alfresco dining, IT & mobile gadgets and also leisure and entertainment facilities like a cinema, bowling alley and snooker centre.
• 10am - 10pm daily.

Mid Valley Megamall
Lingkaran Syed Putra • 🚆 Mid Valley
Tel : 03-2938 3333
The shops go on and on in this mall strategically located between KL and P.J. It has Metrojaya, Jusco, Carrefour, Golden Screen Cinemas and MPH as anchor tenants, over 300 speciality stores and 70 F&B outlets under one roof. Adjacent to the mall are Cititel Mid Valley Hotel and Boulevard Hotel • 10am - 10pm daily.

The Gardens
Mid Valley City • 🚆 Mid Valley
Tel : 03-2297 0288
10am - 10pm dayly

Sunway Putra Mall (Formerly The Mall)
100 Jalan Putra, KL • 🚆 PWTC
Tel: 03-2786 9333
Located across the Seri Pacific Hotel and Putra World Trade Centre, the Mall has anchor tenant Parkson Grand together with a host of retailers, offering a full range of products, services, food & amusement to shoppers • 10am - 10pm daily • B5

KL’s Best Bar



DINE



THE LOAF CONCEPT STORE
Lot 3, 13.00 & E3, 13.00
Level 3, Pavilion Kuala Lumpur,
55100 Kuala Lumpur



CORÉ THE KOREAN CUISINE
Tropicana Avenue P-G-10, No.3,
Persiaran Tropicana, Tropicana,
47410 Petaling Jaya, Selangor

Chinese

Celestial Court
03-2717 9988
• Jalan Sultan Ismail • Sheraton Imperial Kuala Lumpur Hotel
• Oriental Cuisine • Casual Dining

Chynna
03-2264 2264 📍 KL Sentral• Hilton KL
• Halal • Casual Dining • H3

Shang Palace
03-2074 3904 • 11 Jalan Sultan Ismail
50250 Kuala Lumpur • Pork-free
• Shangri-La Hotel KL • Cantonese Cuisine

Yun House
03-2382 8888 • Four Seasons Place,
145 Jalan Ampang, 50450 Kuala Lumpur. • Pork-free • Four Seasons Hotel Kuala Lumpur • Dim sum

Opium KL
03-2142 5670 • 50, Changkat Bukit Bintang, Kuala Lumpur. • Casual Dining
• Oriental

Wan Chun Ting
03 2720 6688 • No. 6 – Jalan Damanlela, Bukit Damansara, 50490 Kuala Lumpur. • Sofitel Kuala Lumpur Damansara Hotel • Dim Sum
• Casual Dining

Din Tai Fung Pavilion
03-2148 8292 • 168, Bukit Bintang Street, Bukit Bintang, 55100 Kuala Lumpur. • Dim Sim • Casual Dining

Luk Yu Tea House
03 2782 3850 • Starhill Gallery 181, Jalan Bukit Bintang, 55100 Kuala Lumpur • Dim Sum • Tea House
• Casual Dining

Tao Chinese Cuisine
03-2782 6000 • 65, Jalan Ampang, 50450 Kuala Lumpur • Intercontinental Hotel Kuala Lumpur • Oriental Cuisine
• Casual Dining

Lai Po Heen
03-2179 8885 📍 KLCC • Mandarin Oriental Hotel • Halal • Casual Dining • Cantonese • D8

Li Yen
03-2782 9033 📍 B Bintang • The Ritz Carlton Hotel • Non-Halal • Casual Dining • F9

Mandarin Palace
03-2148 8744 📍 B Bintang • 2/F, Federal Hotel • Non-Halal • Casual Dining • F8

Ming Palace
03-2161 8888 📍 Ampang Park • Corus Hotel, Jln Ampang • Casual Dining

Ming Room
03-2284 8822 📍 Imbi• 19 Jalan Delima, Off Jalan Imbi • Non-Halal • Casual Dining • F10

Oriental Noble House
03-2145 8822 📍 Imbi• 19 Jalan Delima, Off Jalan Imbi • Non-Halal • Casual Dining • F10

Overseas
03-2144 9911 B Bintang • 84-88 Jalan Imbi • Non-Halal • Casual Dining • F8

Purple Cane
03-2272 3090 📍 Maharajalela • Selangor Chinese Assembly Hall, 1 Jln Maharajalela • Halal • Casual Dining • G6

Xin Cuisine
03-2144 2200 📍 B Nanas • Concorde Hotel • Non-Halal • Private Dining
• D7

Indian

Passage Thru’ India
03-2145 0366 • 4, Jln Delima,kl
Halal • Casual Dining • E10

FLOUR Restaurant
012-960 0053 • Unit No. 69 & 71G, Jalan Medan Setia 1, Bukit Damansara, 50490 Kuala Lumpur. • Fine Dining
• Pork-free

Bar Trigona
145, Jalan Ampang, Kuala Lumpur, 50450 Kuala Lumpur
+603-2382 8670

Mantra bar
Rooftop Bangsar Village II.
+60 17-344 8299

The Roof
1 First Avenue Bandar Utama, Petaling Jaya
+60 3-8605 3388

Nadodi KL
03 2181 4334 • Lot 183, 1st Floor, Jalan Mayang, Off Jalan Yap Kwan Seng, 50450 Kuala Lumpur. • Fine Dining
• Pork-free

Qureshi Malaysia
03-2011 1007 • Ground Floor, East Wing, TPC Kuala Lumpur No 10, Jalan 1/70D, Off Jalan Bukit Kiara, 60000 Kuala Lumpur. • Casual Dining
• Halal

Fusion

Shookl
03-2782 3875 📍 B Bintang• Lower G/F, Starhill Gallery • Halal • Fine Dining • E9

Cé La Vi
03-2770 3360 • Ilham Tower, No 8, Jln Binjai, 50450 Kuala Lumpur • Pan-Asian
• Pork-free • Casual Dining

Open House
03-2162 0888 • G48 Suria KLCC, Lakeside, 50888 Kuala Lumpur
• Malaysian • Pork-free
• Fine Dining

Barat Lifestyle Vegetarian Restaurant
010-288 2654 • 19, Lorong Kurau, Taman Bukit Pantai, 59100 Kuala Lumpur. • Fusion Vegetarian Restaurant
• Casual Dining • Halal

French

Chez Gaston KL by Rendez-Vous
011-3993 0036 • 12G, Jalan Bangsar Utama 9, Bangsar, 59000 Kuala Lumpur. • Non-halal • Casual Dining

Entier French Dining
03-2268 3819 • Level 41 at Alila Bangsar No 58, Jalan Ang Seng, Brickfields, 50470 Kuala Lumpur. • Pork-free • Fine Dining

Bistro à Table
03-7931 2831 • 6, Jalan 17/54, Seksyen 17, 46400 Petaling Jaya, Selangor. • Fine Dining • Pork-free

International

Contango
03-2785 8000 • 5, Jalan Sultan Hishamuddin, Tasik Perdana, 50000 Kuala Lumpur • The Majestic Hotel KL
• Pork-free • Casual Dining

Babe by Jeff Ramsay
013 209 1330 • 11th Floor, Work@ Clearwater, Changkat Semantan, Damansara Heights, 50490 Kuala Lumpur • Fine Dining
• Pork-free

Huckleberry Food and Fare
03-2098 7933 • Plaza Damansara, Jalan Medan Setia 2, Bukit Damansara, 50490 Kuala Lumpur • Casual Dining
• Pork-free

Essence
03-2717 9900 📍 M Tuanku • Sheraton Imperial • Halal • Casual Dining • C6

Mr Chew’s Chino Latino
The Penthouse, WOLO, Bukit Bintang Street, 55100 Kuala Lumpur
+60 3-4065 0168

Marinis on 57
Level 57, Menara 3 Petronas, Persiaran KLCC.
+60 3-2386 6030

Italian
Cellini's
03-2715 1000 🇲🇲 B Bintang • Dorsett Regency Hotel • 172 Jalan Imbi • Halal • Casual Dining • F9

Tamarind Springs
03-4256 9300 • Jalan 1 Taman Tun Abdul Razak, Ampang
Halal • Fine Dining

La Risata
03-4252 6269 • 26, Persiaran Ampang
• Halal • Casual Dining

Prego
03-2773 8338 🇲🇲 B Bintang • The Westin Hotel • Halal • Fine Dining • E9

Villa Danieli
03-2717 9922 🇲🇲 M Tuanku • Sheraton Imperial Hotel • Halal • Italian • Fine Dining • C6

Japanese
Nobu Kuala Lumpur
03-2164 5084 • Menara 3 Petronas Persiaran KLCC • Fine Dining

Fukuya Restaurant
03-2144 1022 • 9, Jalan Delima, Imbi, Kuala Lumpur • Casual Dining

Haru Japanese Restaurant
03-2011 8783 • 124A, Jalan Kasah, Medan Damansara • Casual Dining

Nippori Cafe
03-7733 8592 • 102 (First Floor), Empire Damansara, Jalan PJU 8/8, Damansara Perdana, 47820 Petaling Jaya, Selangor • Casual Dining

Iketeru
03-2264 2264 🇲🇲 Stesen Sentral KL
• Hilton Kuala Lumpur, 3 Jln Stesen Sentral

Kampachi
03-2148 9608 🇲🇲 Raja Chulan • Pavilion KL

Kokufu
03-4049 4412 • Sri Pan Pacific KL
Halal • Fine Dining

Komura
03-2161 8888 🇲🇲 Ampang Park Corus Hotel
• Casual Dining • C9

Ozeki Tokyo Cuizine
03-2166 4263 🇲🇲 B Nanas • Menara TA One
• Halal • Fine Dining • D8

Yuzu
03-2284 7663 • The Gardens, Mid Valley City • Casual Dining

Sagano
03-2162 2233 🇲🇲 B Nanas • Renaissance Hotel • Halal • Casual Dining

Korean
Da On
03-2141 2100 🇲🇲 B Bintang
• Pavilion KL • Halal • Fine Dining • Korean • E8

Koong Jung
03-2166 7181 🇲🇲 Ampang Park • PNB Darby Park • Halal • D9

Koryo Won
03-2143 2189 🇲🇲 Bukit Bintang• Starhill Gallery • Halal • Casual Dining • E8

Thai
Rama V Fine Thai Cuisine
03-2143 2428 / 03-2143 2663 5, Jalan U-Thant, 55000 Kuala Lumpur • Halal • Fine Dining

★★★★★

Sheraton Imperial KL
03-2717 9900 • Jln Sultan Ismail • 🇲🇲 M Tuanku • Essence (Int'l), Villa Danieli (Ita), Celestial Court (Chi) • From RM300- RM5,825 • D6

The Ruma Hotel and Residences
+60 3 2778 0888 • 7 Jalan Kia Peng, 50450 Kuala Lumpur • www.theruma.com • ATAS Modern Malaysian Eatery (Modern Malaysian) • Santai Pool and Lounge • Seven Lobby Bar and Lounge

Sheraton Petaling Jaya
+60 3 7622 8888 • Jalan Utara C, Petaling Jaya, 46200 Selangor • www.marriott.com/sheraton-petaling-jaya • Yue (Chinese) • Feast (International) • Miyabi (Japanese) • Sala (Bar) • Chime (cigar and whisky bar)

EQ
+603 - 2789 7777 • Equatorial Plaza Jalan Sultan Ismail 50250 Kuala Lumpur • Nipah • Kampachi • www.eqkualalumpur.com

Sunway Pyramid Hotel
+603 7492 8000 • Persiaran Lagoon, Bandar Sunway, 47500 Selangor • The Resort Cafe, The Lobby Lounge, Cherootz

InterContinental KL
03-2782 6000 • 165, Jalan Ampang • www.ihg.com 🇲🇲 Ampang Park • Serena Brasserie, Tao (chi) , Tatsu (Jap), Bentley's Pub, •OneSixFive(Japanese)

JW Marriott Hotel KL
03-2715 9000 • 183 Jalan Bukit Bintang • 🇲🇲 B Bintang • 3rd Floor (Int'l), Marriott Café, Shanghai (Chi), JW Marriott Gourmet (Int'l), Havana Club • From RM400- RM8,000 • E9 • www.marriott.com

Le Meridien KL
03-2263 7888 • 2, Jln Stesen Sentral 5, KL Sentral • 🇲🇲 🇲🇲 KL Sentral •One On One (Asian Fusion), Al Nafourah (Middle Eastern), The Conservatory (Lounge & Bar) • From RM 328- RM5,500 • H3 • www.lemeridienkualalumpur.com

Mandarin Oriental Hotel
03-2380 8888 • KL City Centre • 🇲🇲 KLCC •Lai Po Heen (Ch), Mandarin Grill and Mo Bar (Bar & Grill), Mosaic (Buffet), The Mandarin Cake Shop, Cascades (Int'l), Wasabi Bistro (Jap) • From RM409(internet)/RM499(phone) • D8 • www.mandarinoriental.com

Philea Mines Beach Resort
03-8943 6688 • Jalan Dulang, Mines Resort City, Seri Kembangan, Selangor • 🇲🇲 Serdang • Abdul and Charlie's (local), Cheng Ho Court (Chi), Beach Hut and Sunset Lounge (drinks and snacks) • From RM200-RM2000

Sama-Sama Hotel KLIA
03-8787 3333 • Kuala Lumpur International Airport • 🇲🇲 KLIA Degrees (Int), Traveller's Bar & Grill, Palmz Lounge (Wn) • From RM570++ www.samasamahotels.com

Pullman Kuala Lumpur
03-2170 8888 • 4, Jalan Conlay • 🇲🇲 Raja Chulan •Tai Zi Heen (Chi), Eccucino (Café), Enju (Jap) • From RM270-RM670 • E9• www.princehotelkl.com

Renaissance KL
03-2162 2233 • Corner of Jln S. Ismail/ Jln Ampang • 🇲🇲 B Nanas •Sagano(Jap), MED@Marche(Med), Vogue (Int'l) • East Wing: Dynasty (Chi), TEMPTation\$ (Int'l) • From RM215-RM6,000 • D7

The St. Regis Kuala Lumpur
03-2727 1111 • Jalan Stesen Sentral 2, Kuala Lumpur Sentral • From RM850

Shangri-La Hotel KL
03-2032 2388 • 11 Jalan Sultan Ismail • 🇲🇲 B Nanas • Shang Palace (Chi), Zipangu (Jap), Lafite (Fr), Lemon Garden Café (Int'l), The Pub • From RM364-RM12,000 • D7 • www.shangri-la.com

Hilton PJ
03-7955 9122 • 2 Jalan Barat, PJ • 🇲🇲 Asia Jaya • Toh Yuen (Chi), Paya Serai Coffee House, Genji (Jap), Caffè Cino, Uncle Chilli's • From RM220-RM1685

The Gardens Hotel & Residences
03-2268 1188 • Mid Valley City • 🇲🇲 Mid Valley • The Soread (Int'l), Sage Restaurant & Wine Bar (Fr & Jap) • From RM600-RM2,600• www.gardenshtres.com

Sunway Putra Hotel (Formerly The Legend Hotel)
03-4042 9888 • Putra Place, 100 Jalan Putra • PWTC • Museum (Chi), Coffee House, Atrium Lounge • From RM188-RM388 • B5 • www.lagendhotelkl.com

The Ritz-Carlton KL
03-2142 8000 • 168, Jalan Imbi • 🇲🇲 B Bintang • Li Yen (Chi), Rossini's (Ita) • From RM418 • F9 • www.ritz-carlton.com

Sofitel Kuala Lumpur Damansara
03-2720 6688 • 6, Jalan Damanlela, Bukit Damansara, 50490 Kuala Lumpur • From RM330-RM820 • www.sofitel-kualalumpur-damansara.com

The Ritz-Carlton Residences
03-2142 9000 • 🇲🇲 B Bintang • From RM950-RM1,330 • F9

The Royal Chulan
03-2688 9688 • Jalan Conlay • 🇲🇲 R Chulan • Deli Cafe (Ita), Bunga Emas (Mas), L'Heritage (Fr) • F6 • www.theroyalchulan.com.my

★★★★

Aloft Kuala Lumpur Sentral
03-2723 1000 Jalan Stesen Sentral KL Sentral • 🇲🇲 🇲🇲 KL Sentral • Nook (International), MAI Bar (Bar Menu), w xyz(SM) Bar (Cocktails & Snacks) • From RM270 - RM388 • www.starwoodhotels.com/alofthotels

Ancasa Hotel KL
03-2026 4060 • Jln Tun Tan Cheng Lock • 🇲🇲 Plaza Rakyat • Saffron Brasserie and BabaReebal • Ancasa Spa • From RM165-RM416 • www.ancasa-hotel.com

Boulevard Hotel
03-2295 8111/2295 8000 🇲🇲 Mid Valley City, Lingkaran Syed Putra • Mid Valley •Wild Rice (Int'l) • Rates from RM290Nett – RM420Nett • www.blvhotel.com

Coronade Hotel KL
03-2148 6888 • Jalan Walter Grenier, Bkt Bintang • 🇲🇲 B Bintang • Makan-Makan (Local & Int'l), The Kasturi (Malay), Lobby Lounge• From RM208- RM500 • F8 • www.coronade.com

Corus Hotel KL
03-2161 8888 • Jalan Ampang • 🇲🇲 Ampang Park • Ming Palace(Chi), Dongdang Sayang (Int'l), Komura (Jap) • From RM185-RM390 • C9 • www.corushotelkl.com

Dorsett Regency
03-2716 1000 • 172, Jalan Imbi • 🇲🇲 B Bintang • Checker's (Café), Cellini's(Ita), Windows Lounge (Wn) • From RM200 onwards • F9 • www.dorsettregency-kl.com



Seri Bukit Ceylon
03-20201708 • No 8, Lorong Ceylon off Jalan Raja Chulan • From RM250-RM480 • E7

Federal Hotel
03-2148 9166 • 35, Jalan Bukit Bintang • 🇲🇲 B Bintang • Mandarin Palace (Chi), The Verandah (Int'l) Revolving Bintang (European) • From RM170-RM600 • F8 • www.fhhotels.com

Element by Westin Kuala Lumpur
03-2771 3388 • Ilham Tower, 8, Jln Binjai, Kuala Lumpur, 50450 Kuala Lumpur • Trace Restaurant & Bar • From RM343 • www.marriott.com

Impiana KLCC Hotel & Spa
03-2147 1111 • 13 Jln Pinang • 🇲🇲 R Chulan • Tonka Bean Cafe (Int'l) • From RM219- RM368 • D8 • www.impiana.com

Novotel City Centre KL
03-2147 0888 • 2 Jln Kia Peng • Qing Zhen (Chi Muslim), The Square (Int'l), Fun Pub, Al Fresco • From RM260- RM660 • E8 • www.novotel.com

Pacific Regency Hotel Suites
03-2332 7777 • Menara PanGlobal, Jalan Punchak • 🇲🇲 B Nanas • Soi 23, Luna, Olive & Geo Café • From RM290- RM500 • D7 • www.pacific-regency.com

Sunway Resort Hotel & Spa
03- 7492 8000 • Persiaran Lagoon Bandar Sunway Petaling Jaya

Quality Hotel City Centre
03-2614 8000 • Jalan Raja Laut • DBKL • Benteng Coffee House (Int'l), Meisan Szechuan (Chi), Club 300 • From RM150- RM550 • C5 • www.qualiti.com.my

Swiss Garden Hotel
03-2141 3333 • 117, Jln Pudu • 🇲🇲 Hang Tuah • Blue Chip Lounge (Int'l), Flavours Restaurant (Int'l), Green Treats Delicatessen (Int'l), T@ste 6 Restaurant (Int'l) • From470+

The Royale Bintang KL
03-2143 9898 17-21 Jalan Bukit Bintang • 🇲🇲 B Bintang • Sunflowers Brasserie, Cafe Royale & Bar, Rimba Spa • From RM208 • F8 • www.royale-bintang-hotel.com.my

The Royale Bintang Damansara
03-7843 1111 • 6, Jalan PJU 7/3, Mutiara Damansara • The Restaurant (Int'l), Mystery Pub & Café • From RM195 • www.royalebintang.com.my

The ZON All Suites Residences on the Park
03-2164 8000 • 161D Jalan Ampang • 🇲🇲 Ampang Park • Terracotta Restaurant & Lounge • From RM253-RM396 • D8 • www.zonhotel.com.my

Concorde Hotel
03-2144 2200 • 2 Jalan Sultan Ismail • 🇲🇲 B Nanas • Spices (Western), Melting Pot (Int'l), Xin (Chi) • From RM178+- RM320+- • D7

Traders Hotel
03-2332 9888 • Kuala Lumpur City Centre • 🇲🇲 KLCC • Gobo Chit Chat, Gobo Upstairs, Sky Bar, Lounge & Grill • From RM270 • This hotel is located in the vicinity of KL Convention Centre • D8

Vistana KL
03-4042 8000 • 9 Jalan Lumut, off Jalan Ipoh, Kuala Lumpur • 🇲🇲 Tiffwangsa • Vistana (Asian) • From RM172-RM230 • A5 • www.vistanahotels.com

Hotel Capitol Kuala Lumpur
03-21437000 • Jalan Bulan Off Jalan Bukit Bintang • www.capitol.com.my

★★★

Alpha Genesis
03-2141 2000 • 45 Tingkat Tong Shin • 🇲🇲 B Bintang • Tee Box Café • From RM150-RM380 • F7 • www.alphagenesishotel.com

Cititel Mid Valley
03-2296 1188 • Mid Valley, Lingkaran Syed Putra • 🇲🇲 Mid Valley • Citi Café • Rates from RM205Nett – RM320Nett

Corona Inn
03-2144 3888 • 22, Jalan Tong Shin • 🇲🇲 B Bintang • Corona Café • From RM130- RM180 • F8 • www.coronainn-kuala-lumpur.com

Grand Continental
03-2693 9333 • Jln Belia/Jln Raja Laut • 🇲🇲 PWTC M Tuanku • Grand Star (Chi) , Lai Marble Coffeehouse • From RM135- RM800 • C5 • www.ghihotels.com.my

First World Hotel
03-6101 1118 • Genting Highlands • istorante Torcello's (Italian), Lakeview Seafood Restaurant (Seafood), The Patio (Wn) • From RM85 – RM460

Midah KL
03-2273 9999 • 8, Jalan Kampung Attap • 🇲🇲 Maharajalela • Attapia Coffee House (Int'l), Rolling Good Times Café • From RM145-RM250 • G5

Prescott Inn
03-2713 7887 • 23 Lrg Medan Tuanku 1,off Jln Sultan Ismail • 🇲🇲 M Tuanku • Makana Restaurant • From RM110-RM170 • C5

HOTEL & RESORT

★★★★★

Four Seasons Hotel Kuala Lumpur
+603-2382 8888 • Four Seasons Place, 145, Jalan Ampang, 50450 Kuala Lumpur
www.fourseasons.com •Yun House (Chinese Restaurant) •Curate (All Day Dining) •Bar Trigona (Bar)•The Lounge At Four Seasons(International) •Pool Bar & Grill

W Kuala Lumpur
+603-2786 8888 •No. 121, Jalan Ampang, 50450 Kuala Lumpur
www.marriott.com •Yen (Chinese Restaurant) •Flock (All Day Dining) •Woorbar (Bar)

Grand Hyatt Kuala Lumpur
03-2182 1234 • Jalan Pinang 🇲🇲 KLCC • JP Teres (Malaysian), THIRTY8 (International), Poolside From RM550 - RM5610
www.kualalumpur.grand.hyatt.com

Hilton KL
+603 2264 2264 • 3 Jalan Stesen Sentral, 50470 Kuala Lumpur • ww3.hilton.com • Chynna (Chinese Restaurant) • Vasco's (All Day Dining) Graze (European) • Zeta Bar (Bar) • Iketeru (Japanese)

Sunway Resort Hotel & Spa
+603 7492 8000 • Persiaran Lagoon, Bandar Sunway, 47500 Selangor • www.sunwayhotels.com • The Resort Cafe (All Day Dining)

Villa Samadhi Kuala Lumpur
+603 2143 2300 • No. 8, Persiaran Madge Off Jalan Madge, 55000 Kuala Lumpur • www.villasamadhi.com.my • The Dining Room (All Day Dining)



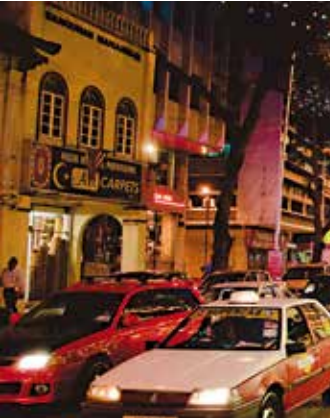
KL Tower
03-2020 5499
Bukit Nanas • Jalan Punchak, off Jalan P Ramlee. • The KL Tower stands at 421 metres. The tower houses a revolving restaurant and an observation deck which takes 58 seconds to reach. Catch the sunset or experience sky jumping from the tower roof. • Opens 9am 10pm daily • E7



Istana Negara, Jalan Duta
Located along Jalan Duta, it is the official residence of Malaysia's king since Nov 11, 2011. Influenced by both Islamic and traditional Malay architecture, this unique structure is the latest addition to the country's architectural wonders.



National Monument
Jalan Tugu, off Jalan Parlimen
• Designed by American artist, Felix Weldon and cast in Italy, the immense bronze structure was built to commemorate the servicemen who lost their lives during the struggle against the communist insurgency in the 1950's. The 7 soldiers symbolise unity, strength, leadership, sacrifice, courage, suffering and vigilance • E3



Little India
🇲🇲 Masjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass, jewellery, sarees, Indian handicrafts to perfumes & spices. • E5



National Museum
03-2267 1111 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students



Jamek Mosque
Jalan Tun Perak • Situated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates many features of Moghul architecture a • Opens 8am- 1:30pm & 2:30pm-6pm.

Swiss-Inn KL
03-2072 3333 • 62, Jln Sultan • 🇲🇾
Maharajalela
• Café Petaling • From RM130-RM175
• G6

The Plaza Hotel
03-2698 2255 • Jalan Raja Laut • 🇲🇾 Sultan
Ismail • Pago-Pago Café (Continental),
Plaza Court (Chi) • From RM110-RM178
• C5

SIGHTSEEING

Aquaria KLCC
03-2333 1888 • 🇲🇾 Raja Chulan 🇲🇾 KLCC •
All 60,000 sq ft of Aquaria encompasses
Evolution, Jewels of the Jungle, Deep
Forest, The Coasts and Touch Pool, The
Livingb Oceans and The Living Reef, with
over 5000 aquatic and land-bound animals
representing over 150 different species.
Don't miss the 90-metre underwater tunnel.
Opens daily from 11am-8pm. (Including
weekends, school and public holidays) Last
admission at 7pm. Entry Mykad Holder
- RM49(Adult), RM39 (Child), General
Admission - RM69 (Adult), RM59 (Child)



Craft Complex
03- 2164 8344
🇲🇾 Raja Chulan • 63, Jalan Conlay. •
Showcases ethnic handicrafts, batik
printing and pottery from the 13 states
of Malaysia. • Opens 9am- 6pm daily.
• E9 FREE

Lake Gardens
Jalan Parlimen • Located near the city
centre, this 9.2ha landscaped garden is
built around a lake. Several attractions
are found within the park including
an Orchid Garden, Hibiscus Garden,
Butterfly Park, Bird Park, Deer Park,
National Monument and the Asean
Sculpture Garden • F3

Malaysian Tourism Centre
03-9235 4848 • 🇲🇾 B Nanas • 109
Jalan Ampang • This is a one-stop
tourist service centre comprising the
information counter (7am-10pm)
Transnasional Executive Coach counter,
domestic tour booking counter, money
changer, restaurant and craft demo
centre. Built in 1935, the building was the
home of wealthy tin-miner and planter,
Eu Tong Seng. Cultural shows are on Tues,
Thur, Sat & Sun 2-2.30pm. • D7

National Science Centre
03-2089 3400 • Persiaran Bukit Kiara •
Houses 9 galleries with different scientific
themes. Offers interesting interactive
displays for learning and entertainment.
• Opens 10am-5pm. Closed on Friday.

Batu Caves
03-6189 6284 • This popular Hindu
temple draws hundreds of thousand
of visitors during Thaipusam. It
consists of three grand caves: the
Dark Cave,the Museum Cave and
the Temple Cave with brilliant rock
formations. The Museum Cave at
the foothills has interesting display
of Indian mythology. To reach the
main Temple Cave, one has to climb
272 steps.

Bird Park
03-2272 1010 • Located at the Lake
Gardens, this 8.4ha bird park is the
world's largest free-flight walk-in
aviary. It is home to more than
3,000 birds from approximately 200
species. Opens daily from
9am-6pm • F4

Butterfly Park
03-2693 4799 • Over 120 species
of butterflies can be found in this
park located at the Lake Gardens'
vicinity. Admission is RM9 for adults
and RM2 for children. Camera: RM3.
Opens 9am to 6pm daily. • F4



Telekom Museum
03-2031 9966
🇲🇾 Raja Chulan • Jalan Raja Chulan
• Displays interesting exhibits of
telephones and evolution of their
designs over the years.
• Opens 9am-5pm. Closed on Mondays
• E6 FREE

National Mosque
03-2693 7784 • 🇲🇾 KL • Jalan Perdana
• This mosque embodies contemporary
designs, together with traditional Islamic
art, calligraphy and ornamentation.
The main dome with its 18-point star,
represents the 13 states of Malaysia
united by the Five Pillars of Islam. Visitors
must dress conservatively and remove
their shoes before entering the mosque
• Opens 9am to 12noon; 3pm to 4pm;
5:30pm to 6:30pm daily. • F4

Merdeka Square
🇲🇾 Masjid Jamek • Jalan Raja •
Opposite the Sultan Abdul Samad
Building, this is the site where the
independence of Malaya was declared
on 31 August, 1957. The 100m high
flagpole is the tallest in the world. Live
entertainment and cultural shows are
staged here on festive occasions. The
Royal Selangor Club and St. Mary's
Cathedral are located nearby. • E5

National Zoo
03-4108 3427 / 4108 3422 • Located in
Hulu Kelang, 12km from the city centre,
the zoo is home to 400 species of local
birds, mammals, reptiles and fishes. •
Opens 9am - 5pm daily. Night Zoo is on
Saturdays 7.30am - 10.30pm. Admission
RM 32 for adults and RM11 for children
3 to 12 years old

**Bukit Nanas Forest Recreational
Park**
03-2306 3421 / 2064 4741 • Bukit Nanas
• Nestled in the heart of KL, the virgin
forest-clad hill is a 10.5 ha park offering a
10-minute & a 20-minute walk trails from
the Forest Information Centre at Jalan
Raja Chulan to KL Tower. • E7

Central Market
03-2274 6542 • 🇲🇾 Pasar Seni Once the
city's biggest wet market, it is now a
centre for food and cultural activities.
Cultural performances are staged during
weekends at the riverside amphitheatre.
Handicraft, souvenirs, art & portrait
paintings are sold at bargain prices. The
Annexe Gallery at CM is a progressive
art centre. • Opens 10am to 10pm daily.
• F5

Deer Park
03-9200 0039 • Enclosed within a 2-ha
ground at the Lake Gardens, the deer,
fawns and does roam freely in a cool
and peaceful habitat with lush trees and
shrubs and ponds. • F3



Sultan Abdul Samad Building
🇲🇾 Masjid Jamek • Jln Sultan
Hishamuddin • Also known as the Big
Ben of KL, this historical landmark and
heritage building is well known for its
Moghul architecture dating back to
1897. Originally the offices of the Colonial
Secretariat, it then housed the Supreme
Court. • E5

National Planetarium
03-2273 4303 • Lot 54 Jalan Perdana •
Located close to the National Mosque,
the attractions include space science
and astronomy exhibits, a theatre
screening 3-Dimensional movies, a
viewing gallery and an observatory •
Admission is RM1 for adults and children
over 12 years [extra charges for all
shows]. Opens 9:30am to 4:15pm daily.
Closed on Monday except public &
school holidays • G4

Old KL Railway Station
Jalan Hishammudin • Built in 1910,
the Moghul-inspired building was a
hub for Malaysian rail transport until it
was replaced by the new KL Sentral
Station. It remains a landmark and the
refurbished Heritage Hotel is still open for
business. Across the road, the Malaysian
Railway administrative building is also a
breathtaking architectural showpiece
• G5

Petrosains, The Discovery Centre
03-4108 8181 • 🇲🇾 KLCC • Petronas Twin
Towers, Level 4 Suria KLCC • Focusing on
Malaysia's oil and gas industry, it offers
an interactive approach to learning.
It takes you through a unique voyage
of discovery of science. • Opens daily
9.30am to 6pm. Last admission 4.30pm.
Closed on Monday • D8

Istana Negara
Official residence of Malaysia's King,
visitors can witness the changing
of the royal guards daily. The Rulers
Conference, various royal and national
ceremonies, investitures and official
banquets are held at this palace. • H5
03-6200 1000

Little India
🇲🇾 Masjid Jamek • Jalan Masjid India
is a colourful street with numerous
wholesale and retail Indian traders
who sell everything from Indian brass,
jewellery, sarees, Indian handicrafts to
perfumes & spices. • E5

Jamek Mosque
🇲🇾 Masjid Jamek • Jalan Tun Perak
• Situated at the confluence of the
Klang and Gombak rivers, this grand old
mosque was designed by British architect
AB Hubbock in 1909. It incorporates
many features of Moghul architecture
a • Opens 8am-1:30pm & 2:30pm-6pm.
• E5



PETRONAS Twin Towers
03- 2615 8188
🇲🇾 KLCC • KL City Centre • The
88-storey Petronas Twin Towers stand at
451.9 metres. Seated in the heart of KL
and amidst a 50-hectare landscaped
park, a skybridge on the 41st floor is
open to visitors between 9am-7pm
daily, closed on Monday • D8

Royal Selangor Visitor's Centre
03-4145 6000 • 4, Jalan Usahawan Enam,
Setapak Jaya • Located 15 minutes from
the city centre, the Royal Selangor which
is internationally known for its fine designs
and craftsmanship, offers a complete
visitor experience, enabling them to see,
hear, touch and learn how pewter is
made. • Opens daily from 9am-5pm.

Royal Selangor Club
03-2692 7166 • 🇲🇾 Masjid Jamek • Jalan
Raja • Once nicknamed 'The Spotted
Dog' during the colonial days, this club
which features Mock Tudor architecture,
is one of the oldest membership clubs
in KL. • E5

Thean Hou Temple
03-2274 7088 • 65 Persiaran Endah, off
Jalan Syed Putra • A beautiful blend of
Chinese and contemporary architecture,
this is one of the largest and most ornate
Buddhist temples in the region and a
venue for major religious festivals. Also
check out the herbs garden, wishing
well and souvenir stall • Opens 9am to
9pm daily.

MUSEUMS

**Asian Arts Museum Universiti
Malaya**
03-7967 3936 • Uni. of Malaya • A unique
collection of Asian art & sculptures,
ceramics, including Islamic & Malay art
and textiles • Opens Mon - Sat. Closed
on Sunday & public hols.

Forest Research Institute Malaysia
03-62797 000 • Kepong • Located
within the 1,500 hectares of natural
land reserve, the institute showcases
Malaysia's rich forest heritage. • Opens
8am-4pm. Fri 9am- 12pm.

Heritage Centre
03-7957 4341 • 2 Jln Stonor • Showcases
Malaysia's architectural heritage, the
centre also conducts 2 guided tours
a day (11am & 3pm) of the Rumah
Penghulu or Village Head's abode which
has been furnished to reflect a house in
the early thirties • E10

Islamic Arts Museum
03-2092 7070 • Jalan Lembah Perdana
• Opened in 1998, the museum focuses
on the rich diversity of Islamic arts and
culture. Miniature replicas of Taj Mahal
and other Islamic architectural wonders
are on display • Tickets at RM12 (adults),
RM6 (under 18, students & senior citizens)
• Opens 10am to 6pm daily. • G4

Museum Orang Asli
03-6187 8786 • Km 24 Gombak • Displays
a collection of over 3,000 artifacts
showcasing the history, culture &
lifestyle of indigenous tribes of Peninsular
Malaysia. • Opens 9am-5pm. Closed
Fri. FREE

National Museum
03-2267 1111 • 29 Jalan Raja • Displays a
unique permanent collection of artifacts
and materials showcasing the history
and heritage of Malaysia • Opens 9am
to 6pm daily • Admission RM1. Free for
<12 yrs & students

ARTS & CULTURE

National Theatre (Istana Budaya)
03-4026 5555 • Jalan Tun Razak •
Designed by Malaysian architect
Muhammad Kamar Ya'akub, this
modern theatre is one of the world's most
sophisticated theatres with state-of-the-art
stage equipment. It holds drama, dance
and musical performances regularly. • A7

Petronas Philharmonic Hall
03-2331 7007 • 🇲🇾 KLCC • Located within
the Petronas Twin Towers, it is home to
the Malaysian Philharmonic Orchestra
and the National Choir. It features
performances of highest quality by visiting
orchestras and world-renowned soloists,
besides performances by the MPO which
now ranks among the top orchestras in
the region • D8

OTHER FUN-TASTIC
THRILLS & SPILLS

Casino De Genting
03-6101 1118 • Genting Highlands Hotel

Flight Training
03-2141 1934 • Royal Selangor Flying Club

Horse Racing
03-9058 3888 • Selangor Turf Club, Jln
Sungai Besi

Horse Riding
03-4256 4531 • Royal Selangor Polo Club,
Jln Ampang Hillir

03-2094 1222 • Bukit Kiara Equestrian Club,
Jln Bukit Kiara, Kuala Lumpur

Theme Parks

Berjaya Times Square Theme Park
1 Jalan Imbi, Level 5 & 7, Kuala Lumpur
Tel: 03-2117 3118

Sunway Lagoon Theme Park
3 Jalan Pjs 11/11, Bandar Sunway,
Petaling Jaya . Tel: 03-5639 0000

Skytropolis Indoor Theme Park
First World Plaza, Resorts World Genting,
Level 1, Genting Highlands, 69000
Tel: 03-2718 1118

District 21
Level 1, IOI City Mall, Putrajaya
Tel: 03-8328 8888

National Library
03-2687 1700 • 232 Jalan Tun Razak. • This
7-storey building which blends traditional
design with modern architectural
elements houses more than 1.5 million
books, some of them extremely rare.
• Opens daily except Monday • A8 FREE

Galeri Petronas
03-2051 7770 • 🇲🇾 KLCC • Level 3 Suria
KLCC. • Exhibits artworks by local and
international artists.
• Opens 10am to 8pm. Closed on
Monday. • D8 FREE

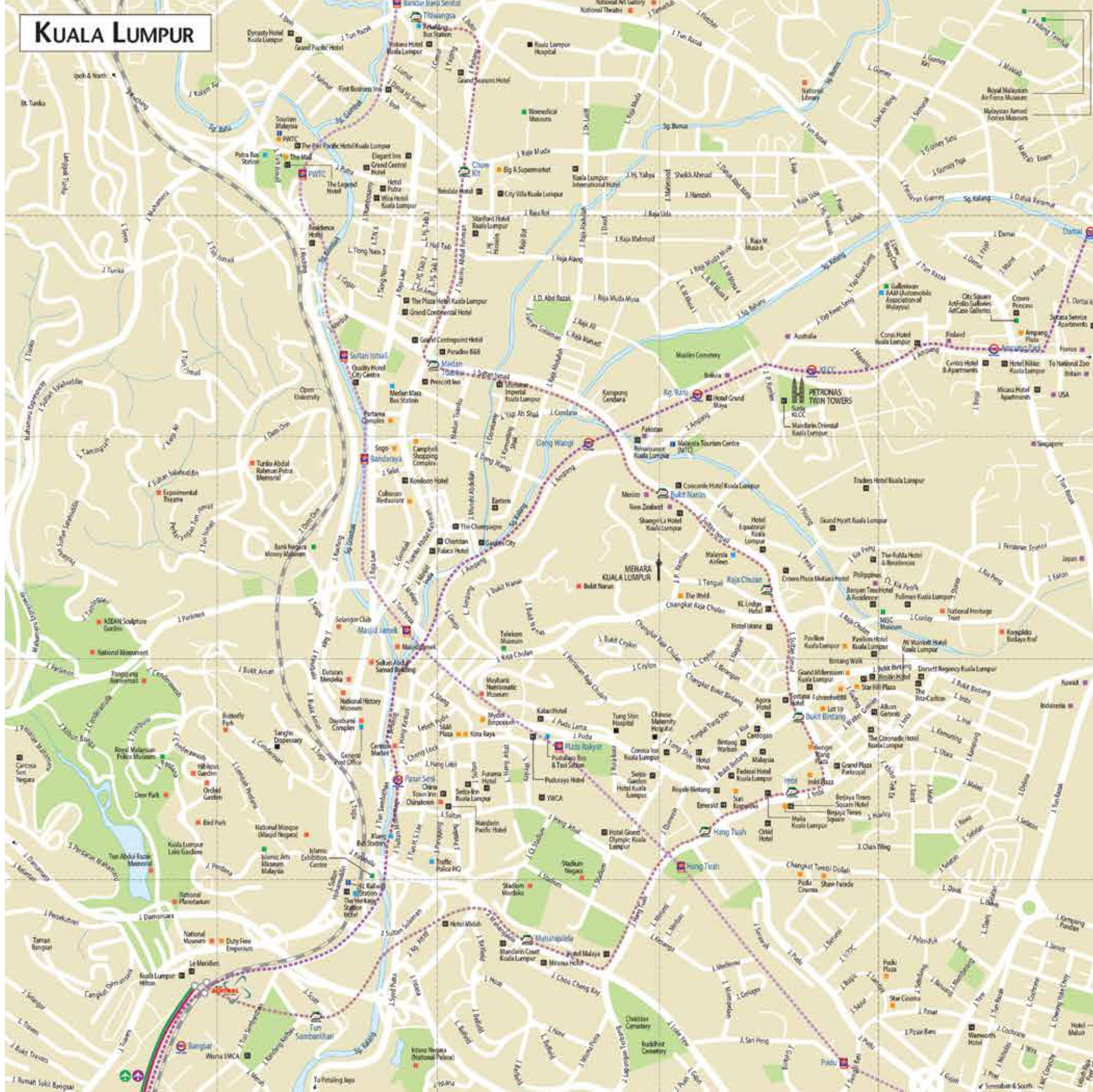
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Email: info@mediate.com.my

KUALA LUMPUR



- PLACES OF INTEREST**
- 1C ASEAN Sculpture Garden
 - 4D Bintang Walk
 - 1D Bird Park
 - 3C Bukit Nanas
 - 2D Butterfly Park
 - 2D Central Market
 - 3D Chinatown
 - 2D Dataran Merdeka
 - 2D Dayabumi Complex
 - 1D Deer Park
 - 1C Experimental Theatre

- MUSEUMS**
- 5B ArtCase Galleries
 - 5B ArtFolio Galleries
 - 2C Bank Negara Money Museum
 - 3A Biomedical Museum

- EMBASSIES**
- 4B Australia
 - 4B Bolivia
 - 5B Britain
 - 5B Finland

- ENTERTAINMENT/SHOPPING**
- 5B Ampang Plaza
 - 4D Berjaya Times Square
 - 3A Big A Supermarket
 - 4D Fahrenheit88
 - 2C Campbell Shopping Complex
 - 5B City Square
 - 2C Coliseum Restaurant
 - 2E Duty Free Emporium

- BUS, TAXI, RAILWAY STATIONS, POST OFFICE**
- 5B AAM (Automobile Association of Malaysia)
 - 2D General Post Office
 - 2E KL Sentral (main transport terminal)

- HOTELS**
- 4D Agora Hotel ★★
 - 4D Allison Genesis Hotel
 - 4D Berjaya Times Square Hotel
 - 4D Bintang Warisan Hotel ★★
 - 4C Banyan Tree Hotel & Residence ★★★★★
 - 1D Carcosa Seri Negara ★★★★★
 - 5B Centra Hotel & Apartments
 - 3C Chamfan
 - 3D China Town Inn
 - 3A City Villa Kuala Lumpur ★★
 - 4C Concorde Hotel
 - 4D Corona Inn Kuala Lumpur
 - 5B Corus Hotel Kuala Lumpur ★★★★★
 - 4C Crown Plaza Mutiara Hotel ★★★★★
 - 5B Crown Princess Kuala Lumpur
 - 5D Dorsett Regency Kuala Lumpur ★★★★★
 - 2A Dynasty Hotel Kuala Lumpur ★★★★★
 - 4D Emerald
 - 3C Eastern
 - 2A Elegant Inn
 - 4D Federal Hotel Kuala Lumpur ★★★★★
 - 2A First Business Inn ★★
 - 4D Fortuna Hotel ★★
 - 3D Furama Hotel ★★
 - 4C Grand Hyatt Kuala Lumpur ★★★★★
 - 4D Grand Millennium Hotel ★★★★★
 - 2B Grand Millennium Hotel ★★★★★
 - 2B Grand Continental Hotel ★★★★★

- HOSPITALS**
- 3D Chinese Maternity Hospital

- TOURIST INFORMATION CENTRES**
- 2A Putra World Trade Centre, Level 2.45, Jalan Tun Ismail, 50480 Kuala Lumpur. Tel: 03-4041 1295
 - 4C Malaysia Tourism Centre (MTC), 109 Jalan Ampang, 50450 Kuala Lumpur. Tel: 03-2164 3629
 - 2E Stesen Sentral Kuala Lumpur, Lot 21, Level 2, Arrival Hall, Kuala Lumpur City Terminal, Stesen KL Sentral, 50050 Kuala Lumpur. Tel: 03-2274 3135

- 1D Hibiscus Garden
- 2E Istana Negara (National Palace)
- 5C Kompleks Budaya Kraf
- 2C Masjid Jamek
- 3D Maybank Numismatic Museum
- 3C Menara Kuala Lumpur
- 3A National Art Gallery
- 5C National Heritage Trust
- 2D National History Museum
- 4A National Library
- 1C National Monument
- 2D National Mosque

- 5B Galleriwan
- 2D Islamic Arts Museum Malaysia
- 2D Islamic Exhibition Centre
- 5A Malaysian Armed Forces Museum
- 5C MISC Museum

- 5B France
- 5D Indonesia
- 4B Bolivia
- 5D Kuwait
- 3C Mexico

- 4D Imbi Plaza
- 3D S & M Plaza
- 4D Shaw Parade
- 3D Kota Raya
- 4D Lot 10
- 3D Mydin Emporium
- 2B Pertama Complex
- 4D Pudu Cinema
- 4C Pavilion Kuala Lumpur

- 2D Klang Bus Station
- 2E Kuala Lumpur Railway Station
- 4C Malaysia Airlines
- 2B Medan Mara Bus Station
- 2A Pekeliling Bus Station
- 3D Puduraya Bus & Taxi Station

- 2A Grand Pacific Hotel ★★★★★
- 4D Grand Plaza Parkroyal ★★★★★
- 3A Grand Seasons Hotel ★★★★★
- 4B Hotel Champagne
- 4C Hotel Equatorial Kuala Lumpur ★★★★★
- 4B Hotel Grand Maya ★★★★★
- 3D Hotel Grand Olympic Kuala Lumpur
- 4C Hotel Istana ★★★★★
- 3E Hotel Malaya ★★★★★
- 5E Hotel Maluri ★★★★★
- 3E Hotel Midah ★★★★★
- 5B Hotel Nikko Kuala Lumpur ★★★★★
- 4D Hotel Nova ★★★★★
- 2A Hotel Putra
- 4D JW Marriott Hotel Kuala Lumpur ★★★★★
- 3D Katari Hotel ★★★★★
- 4C KL Lodge Hotel ★★★★★
- 2C Kowloon Hotel ★★★★★
- 1E Kuala Lumpur Hilton ★★★★★
- 3A Kuala Lumpur International Hotel ★★★★★
- 1E Le Meridien ★★★★★
- 3E Mandarin Court Kuala Lumpur
- 4B Mandarin Oriental Kuala Lumpur ★★★★★
- 3D Mandarin Pacific Hotel ★★★★★
- 4D Melia Kuala Lumpur ★★★★★
- 5B Mirama Hotel ★★★★★
- 4D Orkid Hotel ★★★★★

- 3A Kuala Lumpur Hospital
- 3A National Heart Institute

- 2D Tanglin Dispensary
- 3D Tung Shin Hospital

Road / Jalan J.
Lane / Lorong L.
River / Sungai Sg.
Village / Kampung Kg.

PETA TRANSIT BERINTEGRASI LEMBAH KLANG

KLANG VALLEY INTEGRATED TRANSIT MAP

PETUNJUK LEGEND

1	KTM LALUAN SEREMBAN KTM SEREMBAN LINE
2	KTM LALUAN PELABUHAN KLANG KTM PORT KLANG LINE
3	LRT LALUAN AMPANG LRT AMPANG LINE
4	LRT LALUAN SRI PETALING LRT SRI PETALING LINE
5	LRT LALUAN KELANA JAYA LRT KELANA JAYA LINE
6	ERL LALUAN KLIA EKSPRES ERL KLIA EKSPRES LINE
7	ERL LALUAN KLIA TRANSIT ERL KLIA TRANSIT LINE
8	LALUAN MONOREL KL KL MONORAIL LINE
9	MRT LALUAN SUNGAI BULOH - KAJANG MRT SUNGAI BULOH-KAJANG LINE
10	KTM LALUAN TERMINAL SKYPARK KTM TERMINAL SKYPARK LINE

BUS RAPID TRANSIT (BRT)

B1	BRT LALUAN SUNWAY BRT SUNWAY LINE
----	--------------------------------------

	Stesen Sambungan Penumpang perlu keluar daripada stesen untuk bertukar ke laluan yang lain. Connecting Station Passengers are required to exit station building to switch lines.
	Stesen Pertukaran Penumpang TIDAK PERLU keluar daripada bangunan stesen untuk bertukar ke laluan yang lain. Interchange Station Passengers are NOT REQUIRED to exit station building to switch lines.
	Terminal Rel Rail Terminal
	Stesen Bas Antara Bandar Interchange Bus Station
	Terminal Lapangan Terbang Airport Terminal
	Medan Kereta Park and Ride

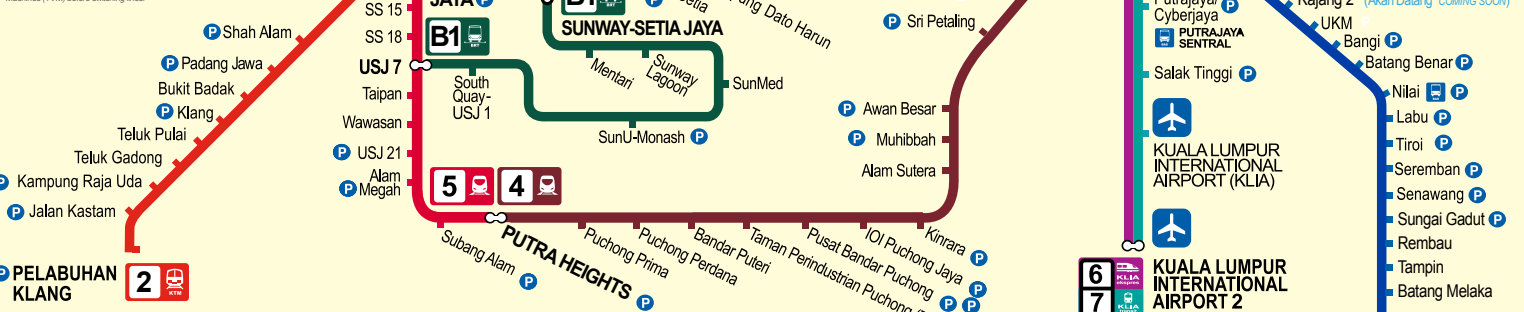
* Penumpang digalakan untuk menggunakan kad MyRapid Touch 'n Go (atau laluan rel Rapid KL atau kad Touch 'n Go semasa menggunakan perkhidmatan tren bagi perkhidmatan yang lebih rendah dan pertukaran yang lebih lancar di stesen pertukaran. Penumpang yang menggunakan tiket/tokan sahaja yang ingin membuat pertukaran ke laluan lain di stesen pertukaran adalah terdapat pada arahan penunggan yang ditetapkan seperti yang berikut:

- membuat pertukaran di stesen pertukaran selepas keluar dari pintu automatik
- mendapatkan tiket/tokan sahaja baharu di mesin jual tiket (TVM) yang telah disediakan sebelum membuat pertukaran

* Passengers are advised to use MyRapid Touch 'n Go for Rapid KL rail lines or Touch 'n Go cards during their journey on the train to enjoy lower fares and convenience of switching lines at interchange stations.

Passengers with one-way tickets/tokens that need to switch to other lines at the interchange station is subject to use instructions as below:

- change lines at interchange station after exiting the automatic gate
- purchase new one-way tickets/tokens at Ticket Vending Machines (TVM) before switching lines



NOTA :
Sila ikut langkah berikut apabila menggunakan stesen sambungan Rapid KL :

- **Dang Wangi dan Bukit Nanas**
Beli token untuk perjalanan hingga stesen Dang Wangi (jika dari LRT Laluan Kelana Jaya) dan stesen Bukit Nanas (jika dari Laluan Monorel KL). Keluar dari stesen destinasi tersebut dan beli token perjalanan baharu untuk memasuki stesen sambungan.
- **Sultan Ismail dan Medan Tuanku**
Beli token untuk perjalanan hingga stesen Sultan Ismail (jika dari Laluan LRT Ampang / Sri Petaling) dan stesen Medan Tuanku (jika dari Laluan Monorel KL). Keluar dari stesen destinasi tersebut dan beli token perjalanan baharu untuk memasuki stesen sambungan.
- **KL Sentral (LRT Laluan Kelana Jaya), KL Sentral (Laluan Monorel KL) dan Muzium Negara (MRT Laluan Sg Buloh-Kajang)**
Beli token untuk perjalanan hingga stesen KL Sentral atau Muzium Negara (di laluan di mana anda berada). Keluar dari stesen destinasi tersebut dan beli token perjalanan baharu untuk memasuki stesen sambungan.
- **Air Asia - Bukit Bintang (Laluan Monorel KL) dan Bukit Bintang (MRT Laluan Sg Buloh-Kajang)**
Beli token untuk perjalanan hingga stesen Air Asia - Bukit Bintang (jika dari Laluan Monorel KL) dan stesen Bukit Bintang (jika dari MRT Laluan Sg Buloh - Kajang). Keluar dari stesen destinasi tersebut dan beli token perjalanan baharu untuk memasuki stesen sambungan.

Bagi pengguna kad MyRapid Touch 'n Go, tambang akan ditolak berdasarkan perjalanan anda.

NOTE :
Please observe the following steps for journey between Rapid KL connecting stations :-

- **Dang Wangi and Bukit Nanas**
Purchase tokens up to Dang Wangi (if from LRT Kelana Jaya Line) and Bukit Nanas (if from KL Monorail Line). Exit station upon arrival and purchase another new token to enter connecting station.
- **Sultan Ismail and Medan Tuanku**
Purchase tokens up to Sultan Ismail (if from LRT Ampang / Sri Petaling Lines) and Medan Tuanku (if from KL Monorail Line). Exit station upon arrival and purchase another new token to enter connecting station.
- **KL Sentral (LRT Kelana Jaya Line), KL Sentral (KL Monorail Line) and Muzium Negara (MRT Sg Buloh-Kajang Line)**
Purchase tokens up to KL Sentral or Muzium Negara (on the current line you are on). Exit station upon arrival and purchase another new token to enter connecting station.
- **Air Asia - Bukit Bintang (KL Monorail Line) and Bukit Bintang (MRT Sg Buloh-Kajang Line)**
Purchase tokens up to Air Asia - Bukit Bintang (if from KL Monorail Line) and Bukit Bintang (if from MRT Sg Buloh-Kajang Line). Exit station upon arrival and purchase another new token to enter connecting station.

For MyRapid Touch 'n Go card users, fare will be deducted accordingly as you travel.





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