

# KL lifestyle

JUNE 2020

## MOSAIC XX

A SELLING EXHIBITION @ KLAS

9 May - 20 June 2020



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## EDITORIAL

**Managing Editor / Publisher**  
DATUK GARY THANASAN  
gary@mediate.com.my

**Writers**  
HIRANMAYII AWLI MOHANAN  
hiran@mediate.com.my

AGNES AUI  
agnes@mediate.com.my

**Writer & Digital Media Executive**  
CRYSTAL CHONG  
crystal@mediate.com.my

**Senior Designer**  
EYDA FAIDAH  
eydafaidah86@gmail.com

**Aviation News / Airlink**  
OCTAGON CREATIVE  
melisa.fly@octagon.com.my

**How to reach KL Lifestyle**  
For letters to editor, subscriptions,  
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reproduction permission:

**mediate**  
communications  
31 Jalan Utara  
46200 Petaling Jaya, Selangor

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AWANG DAMIT AHMAD  
E.O.C - Rawai dan Kemudi, 1991  
Mixed media on canvas  
190 x 178 cm



# Virtual Tours & Concerts

## Tantalise Your Senses

As the world remain indoors, curbing the spread of the Covid-19 pandemic, one need not completely abandon their wanderlust. Through virtual tours, we can be awestruck by the Great Pyramid of Giza, get lost in the paintings at the Louvre and evoke their inner child at Disneyland, all within the comfort of home. Here is a curated list of interesting tours you can embark on.



### Le Musee du Louvre

If you always had a dream to visit Paris, especially the Louvre, now is the time to travel virtually. Feel like you're walking through its hallowed halls and view the multitude of fantastic collections online, thanks to a variety of virtual tours on the museum's website. The Egyptian Antiquities tour, for example, showcases the Pharaonic period collection while the Remains of the Louvre's Moat shows the museum's past as a fortress.

[louvre.fr/en/visites-en-ligne](http://louvre.fr/en/visites-en-ligne)

### Central Park

Get some fresh air – virtually, we mean – at the Big Apple's iconic Central Park. One of the world's most beloved public spaces, this bounteous park is located in midtown Manhattan. Thousands lounge on its green grass on warm days and walk on the forest-like paths of the Ramble. Other attractions here are the Alice in Wonderland statue and an outdoor theatre dedicated to John Lennon. The virtual tour will walk you through the popular sites at Central Park as well as highlight important events that took place on its grounds.

[youvisit.com/tour/centralpark](http://youvisit.com/tour/centralpark)



### British Museum

This national museum stunned the public when it opened its doors in 1759 and it is still the most famous museum in London today, receiving around 5.8 million visitors annually. Some of the venue's more notable exhibits include controversial Parthenon sculptures, the Rosetta Stone and Sutton Hoo Ship Burial relics.

On a virtual tour of this renowned museum, prepare to be astounded by beautiful graphics. There are also cool interactive features such as a musical guide to the world.

[britishmuseum.withgoogle.com](http://britishmuseum.withgoogle.com)



### Guggenheim Museum, New York

The unique corkscrew design of New York's Solomon R. Guggenheim Museum means that visitors can journey up its spiralling ramp and view its collection of art in one continuous, unbroken journey, virtually. .

[artsandculture.google.com/project/guggenheim-bilbao](http://artsandculture.google.com/project/guggenheim-bilbao)



### National Palace Museum

This world-class museum in Taipei houses nearly 700,00 ancient Chinese imperial artefacts and artworks, easily making it one of the largest of its kind in the world. Some of the exhibits are kept by generations of Chinese emperors. Designed in the style of a Northern Chinese palace, the museum is a must-visit for travellers to Taipei. With the virtual tour, you can see a rich media presentation of some of the museum's past and current exhibitions.

[tech2.npm.edu.tw/720vr/museum/en/views.html](http://tech2.npm.edu.tw/720vr/museum/en/views.html)

## MUST VISIT ART GALLERY



### KL LIFESTYLE ART SPACE

KL Lifestyle Art Space (KLAS) is an art gallery that boasts modern and contemporary artworks from Malaysia and around the region. Through its gallery, KLAS intends to inculcate awareness about Malaysian artists and their works. This establishment will also provide the service of receiving consignments from artists or individual collectors, thereby making their artworks available to interested parties. Today, KLAS is one of the leading auction houses in Malaysia that sells high volumes of prized artworks during every auction.



FOR ENQUIRIES CONTACT  
INFO@MEDIATE.COM.MY T: +603 7932 0668 FREE ADMISSION

FOR MORE INFO VISIT  
WWW.KL-LIFESTYLE.COM.MY 31 JALAN UTARA, 46200 PETALING JAYA, SELANGOR



# Virtual Tours



## George Peabody Library

Formerly the Library of the Peabody Institute of the City of Baltimore, the library's collection dates from the founding of the Peabody Institute in 1857. The library building opened in 1878 and was designed by Baltimore architect Edmund G. Lind, in collaboration with the Peabody Institute's first provost, Dr. Nathaniel H. Morison. The stack room contains five tiers of ornamental cast-iron balconies, which rise dramatically to the skylight 61 feet above the floor.

The library contains 300,000 volumes, mainly from the 19th century, with strengths in religion, British art, architecture, topography and history; American history, biography, and literature; Romance languages and literature; history of science; and geography, exploration and travel. The five-tier George Peabody Library is considered so beautiful that sometimes weddings are held in its Neo-Greco atrium. It was also funded by American financier and philanthropist George Peabody.

[artsandculture.google.com/story/hAUB7xhL5zT9rg](https://artsandculture.google.com/story/hAUB7xhL5zT9rg)



## National Marine Sanctuaries

Immerse yourself in the ocean and national marine sanctuaries without getting wet! These virtual reality voyages use 360-degree images to highlight the amazing habitats, animals and cultural resources you can find in each national marine sanctuary.

[sanctuaries.noaa.gov/vr/](https://sanctuaries.noaa.gov/vr/)



## Grand Canyon

Fans of national parks should put the Grand Canyon on their travel bucket list. Big and beautiful, the Unesco World Heritage Site has some of the most magnificent vistas in the world. It is also home to a big range of flora and fauna, with the most famous animal here being the rare California Condor. On this tour, you will visit archaeological sites that lay mostly hidden for centuries. Archaeologists excavated the sites, exposing them for a few days or weeks during which time these images were taken. Immediately after excavation, the sites were reburied to protect them from further damage from exposure to the elements and possible damage from visitation. This tour is now the only way to experience these places where people once lived. Check out interactive 360° photos that show archaeologists at work, along with their tools.

[nps.gov/features/grca/001/archeology](https://nps.gov/features/grca/001/archeology)



## The Sistine Chapel

Hosted by the Musei Vaticani, everyone is able to go on a brilliant virtual experience, from Raphael's Rooms to the Sistine Chapel. If you have a VR headset, you can get an even closer experience, as the tour is compatible with WebVR. You will feel like you're actually there.

[museivaticani.va/content/museivaticani/en/collezioni/musei/cappella-sistina/tour-virtuale.html](https://museivaticani.va/content/museivaticani/en/collezioni/musei/cappella-sistina/tour-virtuale.html)

## MUST VISIT PUBLIC ART GALLERY



**ILHAM GALLERY KUALA LUMPUR**  
ILHAM is a public art gallery committed to supporting the development, understanding and enjoyment of Malaysian modern and contemporary art within a regional and global context.



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## Hubble Space Telescope’s Control Centre

Take a 360-degree, virtual tour of the Hubble Space Telescope’s home for mission operations, the Space Telescope Operations Control Center (STOCC) at NASA’s Goddard Space Flight Center in Greenbelt, Maryland. Begin in the lobby to learn about the orbiting spacecraft. Visit the Mission Operations Room, where the flight operators command and monitor Hubble. Step into the Operations Support Room, where the flight team investigates spacecraft anomalies and verifies new procedures. Then explore the exhibit hallway to view hardware that once flew in space aboard Hubble as well as tools that astronauts used to repair and upgrade the observatory.

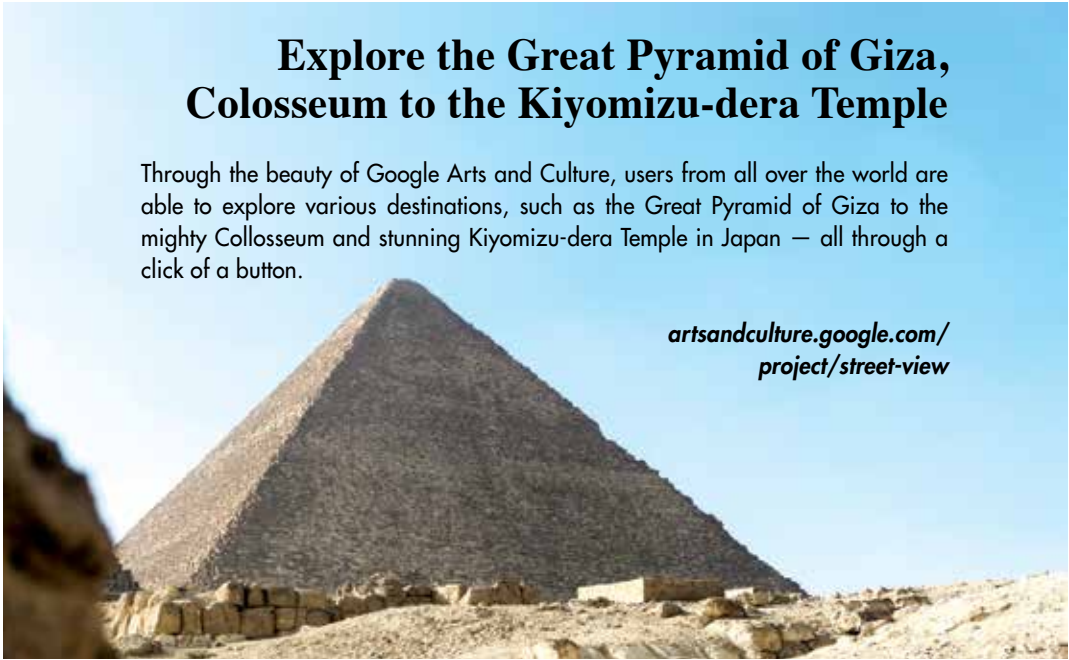
[nasa.gov/content/goddard/hubble-360-degree-virtual-tour](https://nasa.gov/content/goddard/hubble-360-degree-virtual-tour)



## Explore the Great Pyramid of Giza, Colosseum to the Kiyomizu-dera Temple

Through the beauty of Google Arts and Culture, users from all over the world are able to explore various destinations, such as the Great Pyramid of Giza to the mighty Colosseum and stunning Kiyomizu-dera Temple in Japan — all through a click of a button.

[artsandculture.google.com/project/street-view](https://artsandculture.google.com/project/street-view)



## Disneyland

Allow your inner child to let loose and experience the happiest place on earth, all within the comfort of your couch. Using state-of-the-art technology, this innovative, interactive tour lets you see everything there is to do in Orlando, including the world-famous theme parks and attractions, top hotels, dining and shopping hotspots, entertainment districts, and much more. Explore virtual thrills like riding the tallest roller coaster, zip-lining over alligators or experiencing what it’s like to stand on Main Street in front of Cinderella Castle.

[visitorlando.com/en/things-to-do/virtual-tours/walt-disney-world-resort](https://visitorlando.com/en/things-to-do/virtual-tours/walt-disney-world-resort)



## Bing Bang Con: The Live June 14

K-pop sensation BTS, K-pop sensation will conduct another live virtual tour, scheduled for June 14. The event, called Bang Bang Con: The Live comes a day after the band’s seventh anniversary, which falls on June 13. In an official announcement, Big Hit entertainment relayed that the coveted concert will be pay-per-view. While prices have not been confirmed yet, fans will be able to pre-order passes starting June 1 on Weverse Shop.

<https://weverseshop.io>

## The Metropolitan Opera

The Metropolitan Opera is a vibrant home for the most creative and talented singers, conductors, composers, musicians, stage directors, designers, visual artists, choreographers and dancers from around the world. One past concert is streamed live every day at 7.30 am (Malaysian time) for free on its homepage. The live stream link will be up for 20 hours.

[metopera.org](https://metopera.org)



## MoMA is Offering Free Online Art Courses You Can Take at Home

With the aim of inspiring art enthusiasts during quarantine, New York City’s Museum of Modern Art (MoMA) offers a series of free online art courses for at-home audiences amid the coronavirus pandemic. The nine courses, which are available through the online learning platform Coursera, allow students to hear directly from MoMA curators, artists, and designers, whose work is featured in the museum’s renowned collection and exhibitions.

[coursera.org/moma](https://coursera.org/moma)



## MUST VISIT MUSEUM



### SASANA KIJANG GALLERY

#### BANK NEGARA MALAYSIA MUSEUM AND ART GALLERY

The Art Gallery provides a rotating display of the Central Bank of Malaysia’s art collection. Selected paintings, prints, drawings and sculptures which chart the nation’s milestones and highlight the Central Bank’s support for the arts include works by early masters such as Hossein Enas and Yong Mun Sen, continuing up to the present day.

### THE NAUTILUS ICON

One of the most striking features in Bank Negara Malaysia Museum and Art Gallery is the Nautilus Staircase that begins from the lobby and links every floor. This structure is the inspiration for the main graphic icon. The icon is actively applied and prevalent across all of Bank Negara Malaysia Museum and Art Gallery’s communications material.

SASANA KIJANG, 2 JALAN DATO’ ONN,  
50480 KUALA LUMPUR

EMAIL: [INFOMUSEUM@BNM.GOV.MY](mailto:INFOMUSEUM@BNM.GOV.MY) (FREE ADMISSION)

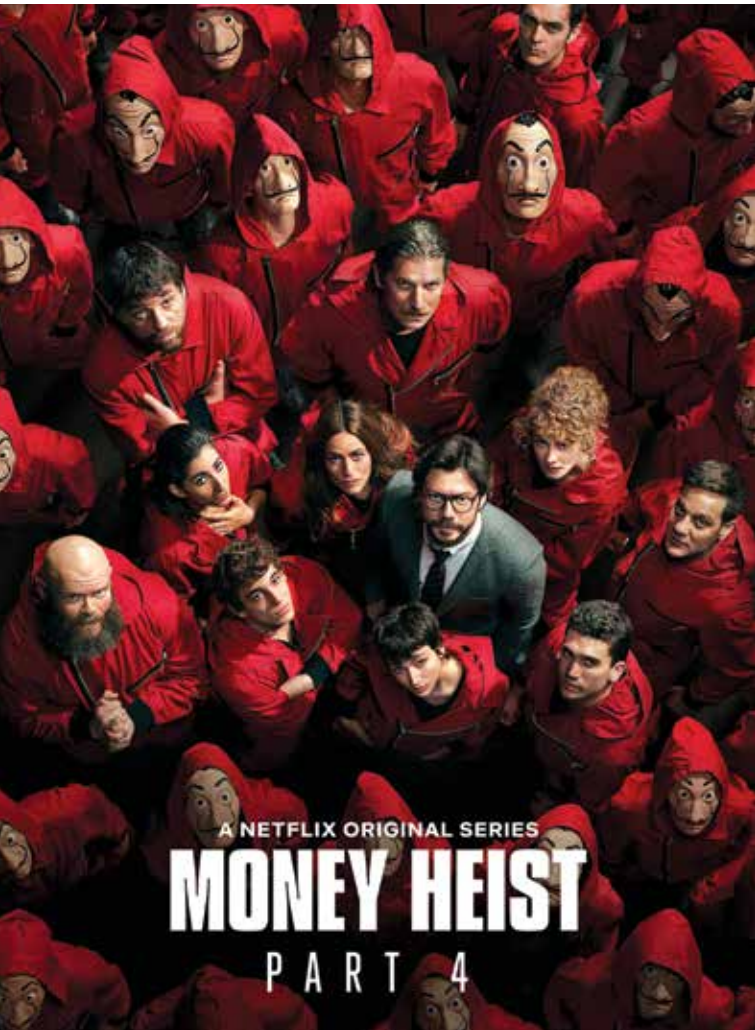
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KL Lifestyle Recommends

# GRIPPING INTERNATIONAL SERIES

BY HIRANMAYII AWLI MOHANAN



MONEY HEIST

One of the most-watched international Netflix show, Money Heist also known as La Casa de Papel, has gripped the world with its stellar cast and complex plot. Now in its fourth season, Money Heist revolves around a criminal mastermind who goes by “The Professor”. He has a plan to pull off the biggest heist in recorded history — to print billions of euros in the Royal Mint of Spain. To help him carry out the ambitious plan, he recruits eight people with certain abilities and who have nothing to lose. The gang of thieves takes hostages to aid in their negotiations with the authorities, who strategise a way to capture “The Professor”. As more time elapses, the robbers prepare for a showdown with the police.

Cast: Álvaro Morte, Úrsula Corberó, Itziar Ituño, Miguel Herrán.



THE KING: ETERNAL MONARCH

Korean heart throb Lee Min Ho is back in action with Kim Go Eun in this fantasy-romance drama. A modern-day Korean emperor passes through a mysterious portal and into a parallel world, where he encounters a feisty police detective. The king teams up with the detective to protect his loved ones and shut the door that connects both worlds.

Cast: Lee Min Ho, Kim Go Eun, Woo Do Hwan, Kim Kyung Nam.

FAUDA

“Fauda” (Arabic for ‘Chaos’) is an action-packed Israeli TV series that depicts the two-sided story of the Israeli-Palestinian conflict. Doron, the commander of an undercover Israeli unit, the Israeli Special Forces, operating inside Palestinian territories, and his team, hunt down Hamas terrorist Abu-Ahmed. On the other side of the fence, is the family of Abu-Ahmed, who has thus far murdered 143 Israelis. He will never accept the State of Israel and will continue jihad for as long as it takes.

Cast: Rona-Lee Shim’on, Idan Amedi, Lior Raz, Laetitia Eido.



THE RAIN

Eerily relatable, this Danish sci-fi series follows the story after a poisonous rain kills nearly everyone in the area. A teenager and her younger brother are left to fend for themselves in a well-equipped underground bunker while they wait for their scientist father to return. When the dad leaves the kids to go outside to fight the deadly virus, he leaves behind just two pieces of information, “I’m the only one who can stop this” and “Protect your brother, because he is the key to all of this.” That’s just the beginning of two seasons of post-apocalyptic drama as the pair searches for their father amid a ravaged Scandinavian landscape.

Cast: Lucas Lynggaard Tønnesen, Alba August, Mikkel Følsgaard.



# MOSAIC XX

## KLAS Celebrates 9 Illustrious Years in 2020

### A Selling Exhibition

9 May - 20 June 2020

BY HIRANMAYII AWLI MOHANAN

In celebration of KL Lifestyle Art Space’s (KLAS) 9th anniversary, we are delighted to present the Mosaic XX: Celebrating 9 Illustrious Years of KLAS, a Private Sale selling exhibition.

This anniversary showcase is a selling exhibition, providing a seamless service for buying artworks outside the auction calendar.

With a better understanding of the artworks sought after by art connoisseurs and complemented by passion and expertise, we present you a finely curated collection of 56 artworks by both masters and contemporary artists from Malaysia and Asia with the exception of a rare and prized earthenware by Picasso. This exquisite piece by Picasso was from the limited edition Madoura series of works that ended production in 1971.

The highlights in the collection showcased includes the largest produced canvas artwork from the ‘Protest Series’ by Yusof Ghani, painted whilst completing his masters degree at the Christian University in Washington, D.C along with a magnificent masterpiece by Lee Man Fong entitled, Long Journey - Agra India, 1977 which has been illustrated as plate 18C in the book, Singapore Artists. This gem of an artwork has also been published in Art in Singapore Today and Lee Man Fong: Fine Selection books, as well as various publications in Singapore and Taiwan.

The other highlights include coveted works by artists Chen Wen Hsi, Datuk Ibrahim Hussein, Lee Man Fong’s (figurative works), Yoshitomo Nara and David Bromley to name a few.

This selling exhibition presented by KLAS provide the avenue for busy cosmopolitans and art aficionados who lack time to view the array of artworks online and later purchase them at the gallery. Visit the following link for images of the artworks for your viewing pleasure, [https:// www.kllifestyle.com.my/private-sale-2020/](https://www.kllifestyle.com.my/private-sale-2020/).

In an effort to flatten the curve of the Covid-19 pandemic, an appointment must first be made with Shamila +60 12 515 2095 or Bill +60 13-361 2668 prior to visiting the gallery and viewing artworks. This practice will be the new normal until the virus is finally behind us.



**ABDUL LATIFF MOHIDIN**  
Pago Pago Sculpture, 1969  
Copper sculpture 99 x 89 x 35.5 cm

Latiff Mohidin’s Pago Pago series is made up of sketches, paintings, sculptures, prints and poetry. The poetry of the Pago Pago years is in free verse form and consciously breaks from the traditional structure of the Malay pantun and its quatrain “a-b-a-b” rhyme scheme. With each visual strand and poetic fragment, Latiff Mohidin offers a Pago Pago-esque life-world that measures time not in linear but cyclical flows.



**LEE MAN FONG**  
Long Journey - Agra India, 1977  
Oil on canvas 62 x 82 cm

With an earthy, predominantly brown palette, this masterpiece by Lee Man Fong is magnetic and rustic. It depicts an Indian woman, the subject of the painting, clad in a sari with cloth over her head and holding canes to wrangle two donkeys. Also illustrated is a child mounted on one of the donkeys, covering his or her head with some material, suggesting the heat. It’s a heart tugging piece as it showcases the reality of the parched, sun-baked landscape of Agra, India and the difficulties of life.



**YUSOF GHANI**  
Protest Series (Washington) - We Are In The System, 1983  
Oil on canvas 118 x 158 cm

At first sight, this massive painting exudes a dark and solemn feel, akin to other works from this series but it’s exactly the mood that Yusof was aiming. According to him, ‘We are in the system’ highlights the outcome of the intervention of a power such as the United States. While admittedly, the painting is rather chilling, it is done deliberately to emphasise the sufferings of the people who were affected or caged by the atrocities of the ‘dirty war’ which pitted a right wing government against the Marxist guerrillas in El Salvador. In this work, one can discern that there are two subjects; the foreground is of a face that is almost crying out to break free from the system that is holding them back while the figure in the back is portrayed as caged, behind bars.



**YUSOF GHANI**  
Siri Tari III, 1984-85 (Washington Series)  
Oil on canvas 163 x 219 cm

Yusof Ghani’s Tari Series revolves around social remarks, and until this day, remains as his most popular and coveted series. In this series, he uses dance paintings to portray human behaviour and to experiment with lines, movement and colour. Despite how elegant this painting of dancing looks, it was never intended to be graceful. The lines and sketches on this artwork were executed freely and spontaneously in a frenzied and haphazard manner. “Life is sometimes like dancing – we move about with no purpose but we get lots of pleasure out of it,” said Yusof.



**SYED AHMAD JAMAL, DATUK**  
Langkah 30 - Siri Gunung Ledang, 1987  
Songket 452 x 103 cm

Datuk Syed Ahmad Jamal was born to fit the artistic role. While his artistic style and medium saw changes throughout the years, unfortunately, this ‘National Art Laureate’s’ work with fabrics weren’t as celebrated. The late artist, who had deep appreciation for nature translated into his songket works. Everything in the natural world was an inspiration to this man who examined his surroundings which such rare intensity. One can also discern that a triangle shape or ‘tumpal’ became ubiquitously present in his works (including his songket works), perhaps symbolising Gunung Ledang or something more religious. Revolutionising the songket format, Syed Ahmad Jamal seemed to breathe life to his loomed works using wave-like patterns and sprawled triangles, straying away from the restrictive format of songket.





**AWANG DAMIT AHMAD**  
E.O.C. "Rawai Dan Kemudi", 1991  
Mixed media on canvas 190 x 178 cm

Formerly in the personal collection of the artist himself, this majestic piece commands attention. It was produced when Awang Damit pursued a master's degree at the Christian University in Washington D.C. This stunning work was also exhibited at the 8th Triennale - India 1994, by the Lalit Kala Akademi.

It can be argued that Awang Damit's works are elegiac. They do not have pretty colours nor are they paintings of flawless and fantastic dream realms. They are commanding, ruthless and stares back at the viewer, standing its ground firmly. As seen in this piece, the colours are dark and busy, creating a chaotic atmosphere. Jagged lines, shapes and random colours are scattered about the canvas, so forceful that they command the attention of the viewer at once.



**YUSOF GHANI**  
Siri Tari XII, 1989  
Oil on canvas 117 x 163 cm

Yusof Ghani radically alters the figure, seen as a formative generator and embodiment of movement. He dismantles and transforms them into planes of colour and curving lines. They are almost forceful, and at times, even awkward. Graphic components – consisting of straight and curving lines as well as cross-hatching clusters, are dominant and profuse. The juxtaposition of this piece is as so – as if all the movements involved in the piece are converging towards a meeting point, even while they maintain their own distinct space and characteristics. It is the bridging of realism and abstraction.



**KHALIL IBRAHIM**  
Portrait Temerloh Girl, 1966  
Acrylic on board 44 x 73 cm

Khalil's 'English' works revealed a comparatively different style from his earlier landscapes and portraits. Influenced by his peers, lecturers, and his foreign surroundings, the early 1960's saw him experimenting with abstraction in works like Destruction and Destruction II and Abstract I.

There are distinct influences of Italian Futurism, both in the movement of the subjects and with his works for In Geese and the Figurative Study. His interest in Futurism was short lived when he began painting his own self-portrait and the Temerloh girl in acrylics. His love for Expressionism is clearly portrayed in the Portrait of a Balinese Lady. His interest in painting abstraction surfaces in other ways throughout his career as an artist.



**CHUANG CHE**  
Landscape No.1, 1970  
Acrylic and collage on canvas 129.5 x 167.5 cm

Like much of the artist's oeuvre, the artwork, an extension of Chuang Che's forte is the coalescence of Abstract Expressionism and Chinese traditions, with blocks of white and bright yellow offset by fluid black strokes reminiscent of landscape screen paintings. One can discern that the textured, large-format abstractions are the hallmark of Chuang's works who has stressed that his objective is to bring together Western and Eastern artistic sensibilities.



**IBRAHIM HUSSEIN, DATUK**  
Figures in Landscape, 1974  
Acrylic on canvas 51 x 62 cm

This widely-recognised and international artist described his abstract works as futuristic and it was through a distinctive ordering of lines that he expressed differing complexities of form and dimensions. Ib created an extraordinary legacy of paintings over a half century revolving around his life and humanity, events and personalities. Seen here in Ib's 'Figures in Landscapes', (1974), one can discern that most of his works often have a semi-figurative or figurative element poised within a flattened and ambiguous space, reverberating complexity and swirls of colours. This particular work emanates a calmness by the soft hues of green. He often emitted lines, colours and shapes onto canvas in direct response to the world around him, imploring all who viewed his art to be as moved as he was by the struggles and pleasures in the world.



**LIU KANG**  
Blue Landscape, 1976  
Oil on board 49 x 74 cm

Liu Kang is a colourful modernist who never shies away from confident brush strokes and rich colours. In the Blue Landscape, the artist smears a classic shade of blue contouring the mountain to show depth in bringing forth the view's majestic atmosphere. As one of the Nanyang-style founders, he goes bold and raw for nature.

Born in 1911 in Yongchun, Fujian Province, famed Singaporean artist by the name Liu Kang was hailed. as "a pillar of the southern sky" in the art scene. He was the president of the Society of Chinese Artists between 1946 and 1958, and a founding member of the Singapore Art Society, where he served as president for 10 years. Liu Kang arrived in Singapore in 1942 and had been credited with numerous contributions to the local art scene.



**ONG KIM SENG**  
Nepal In Autumn - Bhaktapur Square, 2017  
Watercolour on paper 53.5 x 73 cm

This artwork is a stunning en plein air depiction of the landscape at Bhaktapur Square – a city in the east of Kathmandu. An earthy tone washes over the artwork – illustrating the brick-laden, derelict buildings found in this township. Beyond the square, terraced buildings seem to greet the cloudy sky and a glimpse of Mount Everest forms a picturesque backdrop. Aptly titled Nepal In Autumn - Bhaktapur Square, 2017, on the foreground, heaps of hay come into view, strewn about under the sun in preparation for winter, to feed the yaks and mules. The artist was amazed by this uncommon sight and proceeded to immortalise it through this painting.



**SHARIFAH FATIMAH SYED ZUBIR, DATO**  
Masya Allah  
Mixed media on canvas 153 x 122 cm

Sharifah Fatimah's works exhibit contagious energy. As she relishes in various inspirations, she brilliantly puts it across her paintings. She exhibits the true matters of the heart, mind and soul, how the thought processes are never muted and never silent, always showing their garish colours deep within. Each piece varies in terms of aesthetics, but shares a similar foundation that resonates vibrancy, liveliness and vivacity. It is executed in her typical exaggerated, loud and contrasting colours, featuring daring streaks, blocks and lines to beautifully frame the bold-coloured fragments and shapes.

Repetition of shapes and layering of colours to rich tactile effect as well as decorative resplendence connects the artist and her family. In similar works from the same series, Sharifah Fatimah uses embellished shapes enclosed within larger shapes and provides contrasts to it by the incorporation of translucent white. This work radiates a spiritual consciousness that is both reflective and evocative.



**CHEN WEN HSI**  
Carp  
Ink on paper 33 x 43 cm



**ONG KIM SENG**  
Om Mani Padme Hum! (Jewel in the Heart of the Lotus)-Nepal Series, 1982  
Ink and colour on paper 73 x 53.5 cm

The Himalayas has always been a source of inspiration and a great challenge to venerable artist, Ong Kim Seng. He trekked up to Everest Basecamp to paint its scenery in 1978 to test himself. "I wanted to see if I could work in conditions that were a lot harsher than those in Singapore, and I am very glad that I passed the test," said Ong. The artist's well-received Himalayan Trek Exhibition in 1979 was a testimonial of this fact.

But more than that, Ong was captivated by the mountain range as well as the people of Kathmandu, which proceeded to inspire another trip in 1981. Throughout the years, on the other side of the Himalayan mountain range, lies Tibet, which posed a mysterious lure for the artist. "It represented my greatest challenge yet.

In this painting, despite the simplicity that comes with it, Chen Wen Hsi's effortless mastery makes this piece a truly exquisite one. Chen Wen Hsi was born in 1906 in Baigong, Guangdong. He moved to Singapore and was based there until his death in 1991. Despite his uncle's objection during the early years, Chen decided to pursue fine art at the Shanghai College of Art before transferring to the Xinhua College of Art in Shanghai where his mentor was Pan Tianshou. For his contributions to the fine arts in Singapore, he was awarded the Public Service Star in 1964. He also founded the Chun Yang Painting Society in Shantou.





**TAJUDDIN ISMAIL, DATO**  
Studio Interiorscape, 2002  
Acrylic on board 240 x 240 cm

Tajuddin Ismail’s artworks are labyrinths of metaphors and underlying meaning. The artist gained his reputation for his stunning abstract art that draws inspiration from natural forms and landscapes. His distinctive style has lured many art enthusiasts into his realm of innovative and complex artistry. In this artwork, Tajuddin takes in the interior of a studio and presents it as his own interpretation.



**SHARIFAH FATIMAH SYED ZUBIR, DATO**  
Nursiyah, 2015-2017  
Acrylic on canvas 120 x 100 cm

Bold and brilliant are the words that come to mind when describing Sharifah Fatimah’s works. This particular piece embodies those words and employs a dark background to frame haphazard fragments of her still bold-coloured shapes, effectively capturing the viewer’s focus and attention. Tinted in rich colours that arranged in a mosaic-like manner, the entire piece is aesthetically pleasing to the eye.



**CHEONG LAI TONG**  
Abstract, 1969  
Oil on board 119.5 x 81.5 cm

Best known for being the creative genius behind the 115-foot mural that majestically embellish the walls of National Museum of Malaysia, Cheong Laitong survived World War and was part of the group who pioneered the Asian art scene.

Born in 1932 in Guangzhou, China and moved to Malaya when he was a child with his mother and two sisters in 1938 to avoid the Japanese Occupation in China. His father was running a business in Kuala Lumpur back then. Cheong enrolled in a Chinese school before the Japanese occupation of Malaya, but lessons were not conducted during the occupation. He started learning the English language when he was 18 years old. Claiming his foray into art accidental, Cheong was born with the gift to draw yet wasn’t exposed to art until he received an American scholarship and subsequently also studied art in London.

Through art, Laitong induced deep reflections and timeless consciousness. There is an East-meets-West approach in his works, as his layering, contrasts of colours, markings and subsequent masterpieces make it possible for the viewer to interpret them at so many different levels. He is also said to be an artist that goes by instinct, and his canvases are the result of the expression of his emotions.



**CHEN WEN HSI**  
Hérons  
Ink on paper 64 x 75 cm

‘Hérons’ is a lively depiction captured from Chen’s life studies of these animals’ movements and behaviours. The herons are coloured ever so delicately, framed by weeds and a body of water indicates yet again, the eloquence of the maestro’s technique. The angularity of the herons’ bodies and necks allude to their agile movements and elegance. Indeed Chen’s ability to configure these overlapping shapes of broad strokes point to the artist’s early interest in Cubism.



**YEOH JIN LENG**  
Melawati Series, 1982  
Acrylic on canvas 71 x 89 cm

Yeoh Jin Leng’s Melawati series draws you in, and back to simpler times when Malaysia was blessed with lush greenery. Yeoh is a pioneer abstractionist of Malaysian landscapes. His artworks are known for its exemplary techniques that exude a lot of fluidity and flow. They are highly expressive and abstract in their natural art form where Yeoh has cultivated his skills and methods throughout his artistic career.



**PUTU SUTAWIJAYA**  
Beda Dalam Damai (Differences Within Peace), 2003  
Acrylic on canvas 140 x 145 cm

As a painter, sculptor and performance artist, Putu embodies the multi-media, cross-disciplinary character of Indonesian contemporary art. At the same time, a main focus of his work is the human body as both an expressive form and a vessel of the spirit. Above all else, it is the gestural movement of Putu’s works that communicate an intense spectrum of spiritual and emotional states, from contemplation to sorrow to the pure exuberance of dance. Putu is also deeply drawn to sacred sites and often travels to the ancient temples scattered around Java and Bali, where he spends days painting.



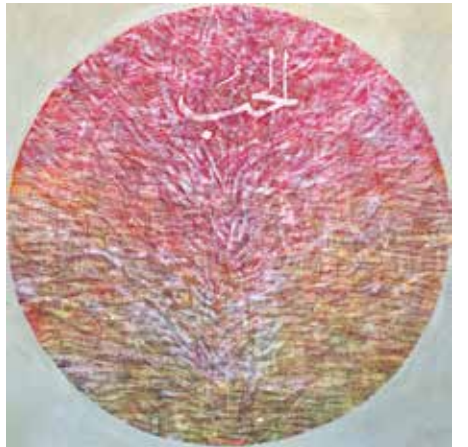
**LONG THIEN SHIH**  
Satay Seller, 1963  
Oil on board 59 x 35.5 cm

Long Thien Shih studied art in Atelier 17 and Atelier de Lithographic, Ecole Nationale Supérieure des Beaux-Arts, both in Paris. Thereafter, he studied at the Royal College of Art in London. He has won awards such as the First Prize in the 1961 Young Malayan Artists Competition in Kuala Lumpur and the 1992 Prints Prize in Salon Malaysia and has produced many artworks, using various mediums. Employing the use of oil on board, this colourful piece showcases a satay seller at work as a customer patiently waits for his order, emanating a sense of calm in the ordinary.



**YOSHITOMO NARA**  
Cosmic Girl (Eyes Open), 2008  
Offset lithographic poster printed in colours on wove, from the edition of 500  
72 x 52 cm

Influenced by elements of popular culture such as anime, manga, Walt Disney cartoons, and punk rock, Yoshitomo Nara creates paintings, sculptures, and drawings of adorable- yet-sinister childlike characters. Painted with simple bold lines, primary colours, and set against empty backgrounds, these small children and animals often share the canvas with text, knives, plants, and cardboard boxes, among other recurring elements. As one of the fathers and central figures of the Japanese neo-Pop movement, Nara’s work expresses the struggle to find an identity fractured by war, rapid modernisation, and an omnipresent visual culture. Nara’s sculptures, made primarily from fiberglass, and his drawings on postcards, envelopes, and scraps of paper, further this exploration using the same elegance of line and simple palette as his paintings.



**ABDUL LATIFF MOHIDIN**  
Pago Pago Series - Rumbia (Singapore), 1968  
Linocut on paper 45.5 x 30 cm

This striking work by Abdul Latiff Mohidin was formerly in the collection of avid art collector, Patrick J. Murphy. The Rumbia series, Edition 1/3 is a representation of the artist’s prodigious technique, complexity, elevating the work further with monochromatic hues of black and gold. There is something enigmatic about this work that draws people in. His ‘Serangga 28, 2012’ painting from KLAS Art Auction Sale VIII on April 6, 2014 sold for a total of RM 121,000.00. Another example of the artist’s record-breaking price is his Pago Pago Series, 1966 featured in KLAS Art Auction Edition III, April 7, 2013 was sold for an impressive RM33,000, surpassing its upper estimate of RM18,000. There are only two known and exhibited artworks from the “Rumbia” linocut edition works seen in the recent years; one of which is in the collection of the artist which was exhibited in Pompidou, Paris in 2018 and this mint condition masterpiece from the collection of Patrick J. Murphy from Ireland.

**NIZAR KAMAL ARIFFIN**  
A Hubbu (Cinta) = (Love), 2018  
Acrylic on canvas 122 x 122 cm

Born in 1964 in Kuala Lipis, Pahang, Nizar Kamal Ariffin was a member of SENIKA, Kuantan’s State of Art Society. His artworks surpass intricate planning and structured lines to figuratively express spirituality, freedom, faith and personal growth – all of which are interconnected in the world. This is evident in Nizar’s representation of love, A Hubbu. This painting owns a gradient of warm hues and a prominent Jawi writing symbolising love.

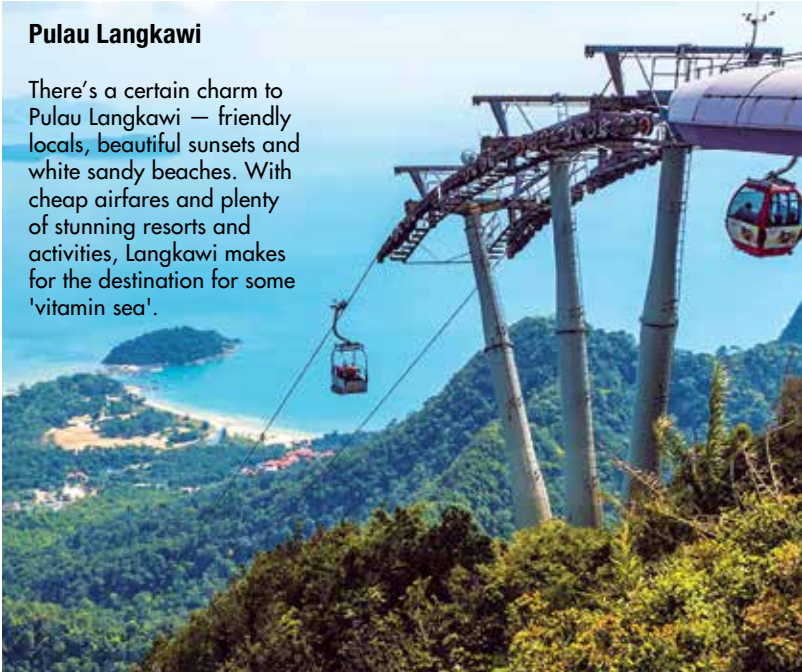


# FEEDING YOUR LOCAL WANDERLUST

## Post-CMCO Vacay Ideas

BY HIRANMAYII AWLI MOHANAN

Since being cooped up, yearning for wide open spaces and distant horizons is only natural. If you're like us and can't wait to chase your wanderlust again, we list some of our favourite places you can travel to domestically, post-MCO.



### Pulau Langkawi

There's a certain charm to Pulau Langkawi — friendly locals, beautiful sunsets and white sandy beaches. With cheap airfares and plenty of stunning resorts and activities, Langkawi makes for the destination for some 'vitamin sea'.

### Forest Research Institute Malaysia (FRIM)

After facing the walls of our home for close to two months, we long to be encapsulated by greenery and appreciate mother nature. The Forest Research Institute Malaysia (FRIM), is a world-reputed centre for tropical forestry research, with over 100 years of experience in forestry and forest products research. Merely a 20 minutes' drive from the city centre, it's a beautiful place to be, under a canopy of towering trees, the melodic trills of insects and amid lush rainforest setting.



### Melaka

Besides being known for its rich history, Melaka is also synonymous with good food. From the satay celup, cendol to asam pedas, every nook and cranny of Melaka is laden with flavourful fare. Pick any weekend, grab your other half, best friend or family and embark on a food journey to Melaka. Saunter through the historical city and eat to your heart's content. That sounds like the perfect getaway given the ordeal we've gone through.



### Fraser's Hill

Another gratifying staycation destination is undoubtedly Fraser's Hill. With a majority of its buildings featuring mock Tudor-style architecture, Fraser's Hill hasn't changed much from its days as a British colonial hill resort. Nature lovers and avid bird watchers can rejoice at the fact that Fraser's Hill is home to over 250 species of birds — Fraser's Hill Development Corporation and the World Wildlife Fund both run classes and excursions to see the flora and wildlife of the hill station. If you don't want to stay, a day-trip would also do the trick, providing plenty to see and experience. The charm of this vacation destination lies in its simplicity and unpretentiousness.

### Desaru Coast

Tucked away in Johor, Desaru Coast boasts a coastline that spans across 17 km of warm golden sands. Besides the appeal of clear water as far as the eyes can see, you can get the perfect swing at the scenic The Els Club Desaru Coast, have a splashing good time at Adventure Waterpark and savour local delights at The Riverside. Supplemented by beautiful resorts, there's something for everyone at Desaru Coast.



### Genting Highlands

Genting is where you go to feel the embrace of the cold weather, thanks to its high-altitude. Just 45 minutes away from KL, Genting Highlands serves as an escape from the bustle of the city. Providing solitude is the myriad of hotels scattered around the vicinity, amid 100 million-year-old rainforests. With a casino, cinema, indoor theme park and a plethora of retail and F&B outlets, you would never be bored here.



### Kota Kinabalu

The mountain is calling — Mount Kinabalu that is. Hiking up majestic Mount Kinabalu is a once-in-a-lifetime experience that every thrill seeker and nature lover should pursue. Mount Kinabalu derives its name from the Kadazan word, 'Aki Nabalú', meaning 'the revered place of the dead'. It is one of the safest and most conquerable peaks in the world—provided that you're reasonably healthy and physically fit. Towering at 4,095 metres (13,435 feet), Mount Kinabalu exerts a magical quality that is both indescribable and unbelievable. The granite peaks are constantly veiled in wisps of clouds and at times during a clear day, the summit reveals a distinct glacier carved pinnacles, rising from the smooth granite dome.







# A DATE WITH DAD

## Fun Ways to Celebrate Father’s Day

BY CRYSTAL CHONG

Here’s a friendly reminder: Father’s Day this year falls on June 21. Whether you spend the CMCO period bonding with dad under the same roof or missing and video-calling him from another state, make this Father’s Day extra memorable with these fun activities to do with him. For every kind of dad, there’s a perfect gift just for him, but at the end of the day, the best gift of all is your time.



### FOR THE ADVENTUROUS DAD

Take dad out on a date with all the thrills. Race each other on a go-kart track, see who wins at paintball, pack up for a night out camping in the wild or if you’re both up for it, go skydiving! There are skydive centres right here in Malaysia, from Langkawi to Kuala Kubu Bharu. You could even start off with an indoor skydiving experience at AirRider, 1Utama, where you and dad can get your first taste of an adrenaline rush in the air.

### FOR THE FOODIE DAD

Try a new restaurant in town, explore new cuisines or cook dad a delicious meal with all his favourite dishes. This is your chance to show off some of those culinary skills you learned in isolation

and if you’re looking for inspiration, there are plenty of recipes you can find online. Even if you’re not MasterChef material yet, your cooking is sure to be filled with love and that’s all that matters.

### FOR THE MOVIE BUFF DAD

Create the cosiest home cinema and have a marathon of dad’s favourite movies. Line them up on the TV, get the snacks ready, dim the lights, sit back on the couch (with lots of cushion for



extra comfort) and escape into the world of movies together. You could also write up a quiz centred around those movies, testing just how well your dad knows them.

### FOR THE PLAYFUL DAD

Plan a game night with dad’s favourite board games. Or, customise classics such as charades and Pictionary to be all about dad! Write down fun facts about the man of the hour on small pieces of paper, roll them up and put them in a bowl. Everyone in the family will take their pick and act or draw out the key words while the rest guess. This is great for bonding and making the night all about dad.

### FOR THE FIT DAD

Have a dad who loves working out? Follow him along for his daily exercise, be it a jog, bike ride or hike. You could also have a workout party right at home, strengthening your relationship and muscles as you push through each burpee. Then again, why not make this a weekly or even daily activity?

### FOR THE CURIOUS DAD

Sign dad up for an online course where he can learn more about new topics, from economics to psychology. What’s better is that some of these courses are now available for free online. (Hey, it’s the thought that counts, right?) You could also head to a class with dad to pick up new skills, be it golf or pottery. Be sure to snap lots of pictures for safekeeping.



# GOING GREEN

Low-maintenance plants to fill your home with

BY AGNES AUI

Plants are a great way to spice up your home's interior as it adds life (literally) and brightens up a dull-looking room. However, we don't always have the time to care for plants that seek constant attention, especially when we're consistently on-the-go. That's why we've created a list of plants that thrive on neglect - perfect for those who are always bustling:

## SNAKE PLANT

The snake plant, or Sansevieria, is the ideal choice for those who live in apartments. This plant has sword-like foliage shape that almost looks like tongues, hence its nickname, the 'mother-in-law's tongue'. The snake plant tolerates any light condition and is extremely drought tolerant so you'll only have to water it when the soil is dry.

## DRACAENA

If you're looking for a taller plant, dracaena is one to add to your collection. Known to grow as tall as eight feet, the coconut tree-like plant can thrive both indoors and outdoors, making it a versatile one to own. It can also tolerate low-light conditions and doesn't need watering until its soil surface is dry to the touch.

## ARROWHEAD PLANT

The arrowhead plant is also known as syngonium and can be grown in a pot or hanging basket, the latter being that the plant climbs like a vine after it ages. It is easy to care for this plant as it can thrive in any light conditions and require very little watering. The arrowhead plant also loves humidity, making Malaysia the perfect country for it to grow in.

## NEANTHE BELLA PALM

Known as the tabletop palm, neanthe bella palm is like a little palm tree that you can easily place on your desk or bedside table. This particular plant thrives in medium light but is able to survive in low-light conditions as well. However, it may sacrifice its leaves when placed in low-light areas. The neanthe bella palm only needs average watering so once a week will suffice.

## ZZ PLANT

Scientifically known as zamioculcas zamiifolia, the ZZ plant is extremely low-maintenance and makes a pretty addition to any home. Its leaves shine even without rays from the sunlight and can have people mistaking it for a fake plant. The ZZ plant is able to tolerate low-light conditions and doesn't need frequent watering, only when the soil turns dry.

## CHINESE EVERGREEN

The Chinese evergreen plant, or aglaonema silver bay, is the perfect plant for beginners who are looking to decorate their rooms, tables or even kitchen. It is easy to care for and emits a pinkish tone alongside its green and yellow foliage. This plant can survive in any light condition, including places with little to no sunlight, and is drought-tolerant too.





# MINIMALISM 101

## A Beginner's Guide to A More Meaningful Life

BY CRYSTAL CHONG

Life can be overwhelming, filled with long to-do lists, constant concerns and clutter in all forms. A minimalist lifestyle has been known to help many make every day simpler and more intentional. But what exactly is minimalism and how does one begin the journey?

### WHAT MINIMALISM IS

Let's start with what minimalism isn't.

Minimalism isn't restricting yourself to owning less than a hundred items. It isn't wearing only black and white clothing. It isn't limiting yourself in any way.

Minimalism is different for everyone, but at its core, it is about removing distractions and the things that don't add value to our lives so we can have more time, space, money and energy for the things that do.

### WHY MINIMALISM

It's true what they say - less is more. By living with less, we can get more out of life.

For one, we can find freedom from material possessions, negative thoughts, stress, toxic relationships and unhealthy habits. We can also better focus on what matter in our lives - things that give us long-lasting happiness and fulfilment.

Minimalism is also better for the environment, with people buying less and generating less waste, and for the wallet as we become more mindful of what we spend on.

### HOW TO GET STARTED

#### Identify what's important to you

Create a list with two columns. In the first column, write down the things and people who are important to you. You might find keywords such as mental health, your family or your career in this list. This is what you will aim to focus on.

In the second column, list the things and people who take up your time and energy without adding value to your life. This could be mindless scrolling on social media, toxic friends or boxes and boxes of items you no longer use. This is what you will aim to remove from your life.

#### Declutter your space

Physical clutter can overload our senses and stress us out without us even realising it. As such, getting rid of your material possessions is a good way to start. It is also often the easiest and you can feel an immediate sense of peace which would only encourage you to further pursue this journey.

Start with a room in your home, or with a category, such as clothes or books. Donate, sell or throw away what you no longer use. The idea is to only keep what you need and what you truly want around you. Remember this can be an emotional process as you rediscover old love letters and childhood photos. So take your time to go through everything.

#### Declutter your devices

We're on our phones and computers so much of the day, and just like having a calming and warm home is important, having clean and clutter-free devices can help give peace of mind. Start by deleting apps you don't use, organise them on your home screen, unfollow people who bring about negative feelings, reduce email subscriptions to avoid being bombarded with information and set daily screen time limits.

#### Declutter your mind

As with being careful with what you let into your home and devices, be careful with what you invite into your mind. Let go of anxiety by focusing more on what you can do instead of ruminating about past mistakes or things that are out of your control. Practise meditation. Learn to say no to things that do not align with your priorities. Remember your priorities and what you want out of this life. Focus on one thing at a time as multi-tasking is rarely efficient.

#### Start slow

Minimalism is a lifelong journey and to avoid feeling overwhelmed, it is important to take it one step at a time. Also, everyone's situation is different and depending on your career and living situation, what is possible for others may not be possible for you. Take your time to make minimalism work for you.





# Nobu at Home

BY HIRANMAYII AWLI MOHANAN

Aptly titled ‘Nobu at Home’, the venerable restaurant brings customers its 56-store high dining experience, but in the comfort of your home. Meticulously curated by Executive Chef Philip Leong and his talented Nobu kitchen team, they present signature offerings and crowd favourites in Nobu’s signature bento boxes, bringing you back to the authentic Japanese-Peruvian dining experience Nobu Kuala Lumpur is famed for.

The crowning jewel of the menu is the Matsuhisa Box, which boasts sashimi salad with Matsuhisa dressing, assorted sushi handpicked by the sushi chef, the signature black cod miso glazed with Nobu’s sweet Den Miso paste, and grilled chicken and Anticucho sauce, which is complemented by a side of miso soup and rice.

Besides that, the set menu offers a wide range of variety with something for everyone. Another special element to the Nobu at Home offering is the ability to feast on the mouth-watering and tender Dry Age Prime Rib Eye drizzled in Nobu-style sauce. Finally, no dining experience would be complete without a selection of delectable desserts, and this includes the signature Nobu Cheesecake to satisfy your sweet tooth.

For delivery and takeout, call 03-21645084 or WhatsApp 019 389 5085

**Nobu Restaurant \*Japanese cuisine (pork-free)**  
Menara 3 Petronas, Persiaran KLCC, Kuala Lumpur City Centre, 50088 Kuala Lumpur.



# Midorie x The Owls Cafe

BY HIRANMAYII AWLI MOHANAN

Sister cafe to the ever popular The Owls Cafe, this cosy nook, nestled in Mytown Cheras, encapsulates a garden through embellishments of flowers and greenery.

If you’re lost for choice, the first thing you need to do is to order the Rebecca and Midori — The Owl’s Cafe signature waffles. Rebecca will give you strawberries, blueberries and bananas, coated with maple syrup, which makes a harmonious mouthful. Midori, on the other hand, is another fruity rendition with mandarin oranges and pistachio sprinkles atop, complemented with sesame and coconut ice cream as well as red bean cream for that extra oomph.

Onto their mains, you can choose between Asian and Western dishes, from the likes of Thai Basil Chicken Rice, Braised Beef Rice, Ultraman Pasta and Salmon Truffle Mash. The Salmon Truffle Mash was pure seduction, enticing with its truffled mash potatoes, wild rocket and its unique passion fruit hollandaise.

If there’s another thing to look forward to at Midorie x The Owls Cafe is its desserts. Order the Black Sesame Hojicha cake and get lost in its earthy flavours and velvety texture — a different experience altogether. Now open for dining in, this cafe is taking extra safety measures, with its staff and customers in mind.

**Midorie x The Owls Cafe \*Fusion (pork-free)**  
Lot G-048, Level Ground Floor, MyTOWN Shopping Centre, No.6, Jalan Cochrane, Seksyen 90, Kuala Lumpur  
To order: theowlscafe.beepit.com



# Cata - Pizza, Tapas E Vino

BY HIRANMAYII AWLI MOHANAN

CATA, conveying matrimony of Mediterranean flavours from Italy, France and Spain adapted to the goings-on now offers patrons both takeaway and delivery options.

You can choose between curated set meals or the a la carte menu. From the a la carte menu, one can still indulge in favourites such as the CATA Potato Gnocchi — comfort food of the highest order, emitting ever so slight creaminess and umami flavours from the medley of brown butter, sage, baby artichokes, capers and anchovies at home or in the safety of your office.

Another crowd-pleaser is the Crab Meat Croquettes, boasting a crisp exterior and ever so tender centre of actual crab meat. Packed separately, the aioli provides harmony to the dish.

The set menu, dubbed The Meat for 2, offers a selection of sirloin, quail or chicken as mains, each accompanied with a side of grilled vegetables and patatas bravas. Every bite of the spring chicken is tender and flavourful from the salt and thyme seasoning.

**Cata - Pizza, Tapas E Vino**  
\*Mediterranean cuisine  
\*Casual dining (non-halal)  
Plaza Damansara, 50-G, Jalan Medan Setia 2, Bukit Damansara, 50490 Kuala Lumpur.  
Tel: 03-2011 8587



# Da Bao

BY HIRANMAYII AWLI MOHANAN

Tucked away in touristy Petaling Street, Da Bao is a contemporary restobar that doles out everything bao. Despite having a menu that centres around bao, don’t be fooled because it doesn’t serve the traditional red bean and char siew bao. Instead, Da Bao adds a their own twists and tricks into it.

Could you have imagined a bao could be elevated to the heights of something as interesting as the sake-braised pork belly with lemongrass, roasted peanuts, and pork lard? We couldn’t either. Another delicious and unique dish is a take on a local delicacy called Lamb. Flavoursome mutton rendang topped with kaffir lime leaves, pickled bunga kantan, caramelised jackfruit and fresh

coriander sandwiched between a soft and fluffy bao. Brilliantly executed, this flavourful dish certainly appeals to the local palate and hits the spot at all the right places.

For seafood lovers, the ultimate option to try is the Soft Shell Crab. Alluring and boasting a mammoth of a portion, the Soft Shell Crab is beer-battered, topped with acar, chilli crab sauce, salted egg yolk and deep-fried curry leaves. The slight tartness from the acar folds beautifully into umami flavours.

**Da Bao \*Asian cuisine (non halal)**  
145, Jalan Petaling, Kuala Lumpur  
To order: dabao.beepit.com





# Kohi Yatta

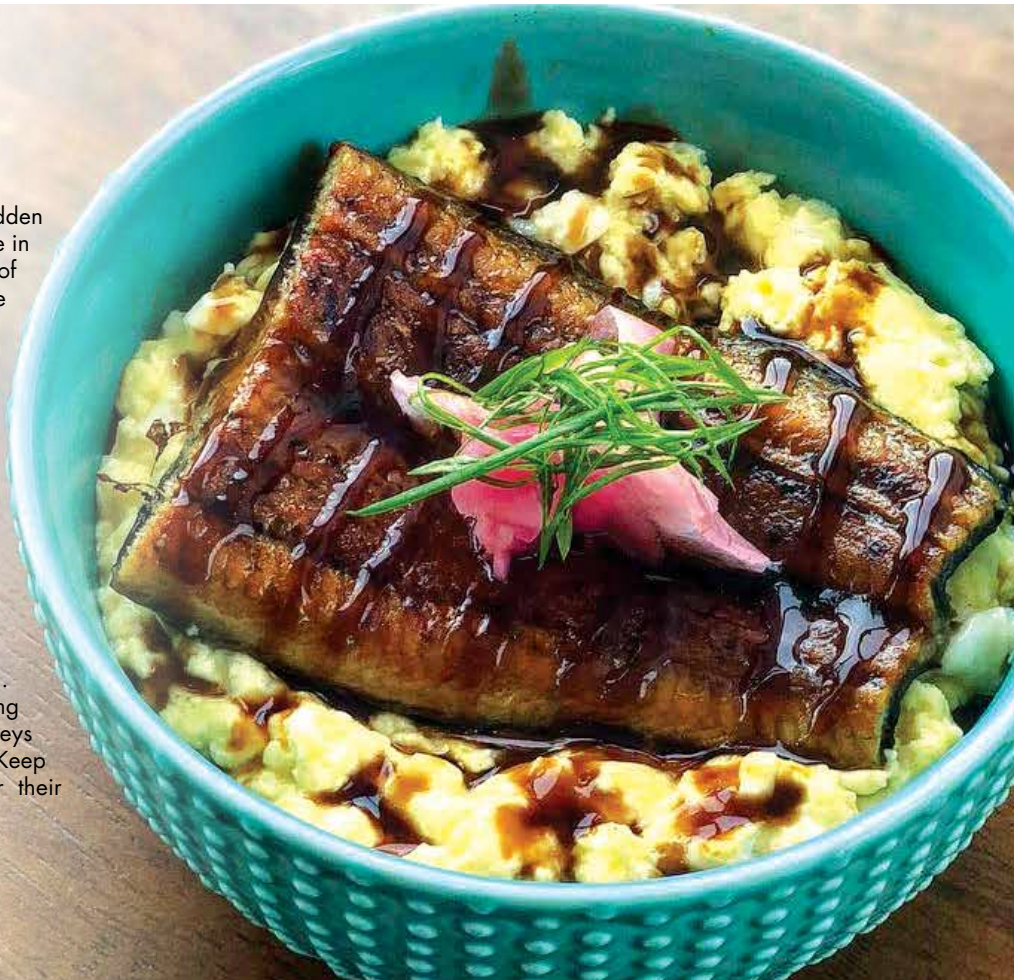
BY HIRANMAYII AWLI MOHANAN

Translating to ‘Yay Coffee’, Kohi Yatta is a literal hidden gem, tucked away beside a Mazda service centre in Sungai Besi. Taking inspiration from ‘The Land of The Rising Sun’, its menu is an interpretation of the Japanese cuisine, with a dash of local flavours.

Now offering dine in, takeaway or delivery option, Kohi Yatta’s delivery menu comprises three packages to choose from, with a plethora of dishes that will strike your fancy. From Package A, the nasi lemak bento is a brilliant choice for lunch, which can be paired with either long black, cappuccino, latte, flat white or a special brewed iced tea.

For indulgence of the highest order, Package C is the pick. From this segment, you are spoilt with seven offerings, including our favourite Unagi Don. The Yuzu Katsu Don is also a good pick, boasting subtle hints of tartness from the yuzu, which conveys freshness to the katsu (Japanese-fried chicken). Keep space for dessert because you need to order their homemade Matcha Burnt Cheesecake — divine.

Kohi Yatta \*Japanese cuisine (pork-free)  
4, Jalan Sungai Besi, Chan Sow Lin, 57100 Kuala Lumpur  
To order: [yattagroup.beeipit.com](https://yattagroup.beeipit.com)



# Strangers at 47

BY HIRANMAYII AWLI MOHANAN

Holy crepe! Born out of the dream of making people happy through quality food, great coffee and warm service, Strangers at 47 continues to spark joy since its inception in 2014. With a menu that centres around crepes, you can also find heartier meals like rice bowls, pastas and sandwiches.

Often, satisfaction can be sought from the simplest of meals, like Strangers at 47’s comforting sweet and sour rice with fried kampung egg— simple yet fulfilling. Comfort can also be found in their roasted chicken, with an option of quarter or half, and sides.

Now, the piece de resistance — savoury crepes. While most regard crepes as dessert, Strangers at 47 changes this paradigm with the likes of Big Breakfast

Crepe, Buttermilk Chicken Crepe and Uncle Salmon, to name a few.

Sunday, a day for leisure and brunch, is also perfect to indulge in The Big Breakfast Crepe. It features wholemeal crepe enclosing chicken sausage, smoked chicken ham, butter sautéed portobello and shimeji mushrooms, spinach, golden hash brown, runny sunny side up or scrambled egg with caramelised onions and baked beans.

With six new safety measures in place, you’ll have the peace of mind dining 2 metres apart from other tables. The cafe is only allowing a maximum of 34 customers to dine in at a time.

Strangers at 47 \*Fusion (pork-free)  
47, Jalan 17/45, 46400, Petaling Jaya.



# Jhann

BY HIRANMAYII AWLI MOHANAN

Savouring the incredible, robust, Indian flavours of Jhann within the confines of home and in your jammies is now possible through its takeout menu.

The love affair starts with the Fish Tikka — a humble-looking, boneless chunks of fresh white mackerel marinated in yoghurt and signature spices, served atop romaine lettuce, serving as an appetiser. It greets you with an alluring aroma of spices and opens up the palate for what comes next.

For mains such as the Kerala Flower Crab and Kerala Fish Curry, you would want to order extra rice or naan to soak up the seductive sauces. The former, a recipe passed down by the owner’s grandmother, bursts at the seams with robust flavours from the marriage of its onion-based gravy, creamy coconut, turmeric and a slew of spices. Much like the Kerala Flower Crab, the Kerala Fish Curry is infused with incredible ingredients that highlights the subtleties of the gourmet-level white mackerel fish.

Follow the fluid flow of dishes by ordering the butter chicken — faithful to all the complexities of Indian flavours. Its chicken is grilled in the tandoor and the glistening red hue is owed to the buttery tomato based gravy — striking a perfect balance between sweet and sour.

Jhann \*Indian cuisine (pork-free)  
6, Jalan Medan Setia 2, Bukit Damansara, 50490 Kuala Lumpur.



# Hartton Kitchen

BY HIRANMAYII AWLI MOHANAN

Hartton Kitchen is a humble little cafe in Damansara Utama that centres its menu around everything egg. With an extensive choice spanning rice bowls, salads and sandwiches, the restaurant strikes a fine balance between serving comfort and healthy fare.

Unable to resist the call of the Mentaiko Salmon and Avocado Rice Bowl, we dug in. Oh, such creamy comfort. The sweetness of the rice is deliberately paired with the creaminess of the Mentaiko salmon and avocado.

From our very first mouthful of the Smoky Bacon (beef) sandwich, we are thrust into experiencing a beautiful harmony of tender streaks of pan-fried beef bacon sandwiched between lettuce and fluffy egg, and slathered with homemade sauce that was both tangy and sweet — it was clear we were in good hands.

Crafted for the health buffs, they would appreciate the roasted chicken breast sandwich. This mammoth of a sandwich beams with protein and emits enticing flavours from the butter and marriage of herb-marinated chicken and egg.

Hartton Kitchen \*Fusion (pork-free)  
78, Jalan SS 21/39, Damansara Utama,  
47400 Petaling Jaya, Selangor.  
To order: [weborder.zeoniq.com/one/init-b](https://weborder.zeoniq.com/one/init-b)





# Marmalade

BY CRYSTAL CHONG

At Marmalade, the guiding philosophy is to do the simple things, but do them right.

The Bangsar restaurant started as a passion project in 2001 by a daughter-mother duo. Today, after almost twenty years of nourishing the neighbourhood, Marmalade continues to serve food fit for the soul. With plenty of sunlight and greenery, as well as a dedicated play area for kids, the space is designed by the family for families. In fact, Marmalade is all about family and the community. Throughout the years, they have even watched the kids they used to serve now bring kids of their own.

Why the name, Marmalade? It comes from the homemade orange marmalade zest that garnishes the restaurant’s beloved carrot cake, which remains to this day a well-kept family recipe. Also with the business since day one is the best-selling Superfood Salad, a house specialty seeing a medley of honey chicken cubes, mesclun lettuce, avocados, bell peppers, tomatoes,



# Fahrenheit 600

BY CRYSTAL CHONG

Inspired by the beautiful spectrum of flavours in multicultural Malaysia and strategically located in Publika, Fahrenheit 600 is where people of all backgrounds, nationalities and ages can enjoy hearty Mediterranean food with a local touch.

Founded in early 2013, Fahrenheit 600 first served artisanal pizzas and salads before introducing pastas, sandwiches and wood-fired, oven-baked breakfast dishes. With the clever use of Asian ingredients such as bonito flakes, soy sauce and curry to enhance Mediterranean recipes, Fahrenheit 600 is able to create delicious, one-of-a-kind dishes you won’t find anywhere else.

The team also takes pride in making most of its ingredients from scratch daily, whether it’s a pizza base sauce, salad dressing, burger bun, bread or finger food dip. While Fahrenheit 600 is most well-known for its pizzas, other must-tries include the nourishing Buddha Bowl salad, Daddy Ganoush



raisins and crushed walnuts tossed in zesty mustard dressing. With a focus on wholesome, comfort foods, Marmalade often has fun giving dishes a touch of local flavours. Look out for the protein-packed Quinoa Lemak or the Salmon Laksa – udon served in a spicy laksa broth. There’s also a selection of pasta and grain bowls, a favourite being the Ginger Soy Salmon Bowl, made of multigrain quinoa, steamed vegetables and fresh, poached salmon that’s been marinated overnight.

Marmalade is now open for dine-in, adhering to strict guidelines with the health and safety of patrons and staff as a top priority. If you choose to dine at home, give the team a call or WhatsApp to order for self-pick-ups or deliveries. You can also order from the restaurant’s Oddle and BleepIt pages, found on their Instagram profile.

**Marmalade**  
**\*Comfort Food (Muslim-friendly)**  
**Level 1, Bangsar Village II, Kuala Lumpur**  
**017-2403440**

roasted eggplant dip served with fresh, hot-out-of-the-oven pita bread and the Honeymoon in Greece - a breakfast dish of pita bread served with roasted chicken skewers, in-house Greek hummus, black olives, spicy chickpeas, roasted pumpkin and feta cheese. Pasta lovers would also want to order the Ducking Good and the I’m in Truffle gnocchi, both beloved by regulars.

To order delivery, find Fahrenheit 600 on GrabFood or WhatsApp the team. You can also visit [www.fahrenheit600cafe.com](http://www.fahrenheit600cafe.com) for more information. If you’d like to dine in, you can do so in comfort with the safety measures put in place. For example, the seating capacity has been cut by half, the staff’s body temperatures are checked three times a day and each table is equipped with a bottle of hand sanitiser. In terms of payment, they encourage contactless methods - GrabPay, Maybank QRPay or instant transfer.

**Fahrenheit 600 \*Mediterranean Cuisine**  
**\*Pizza and Pasta \*Coffee (pork-free)**  
**A4-G2-05, Solaris Dutamas, Jalan Dutamas**  
**1, Publika Shopping Mall**  
**011-27275866**

# Proof Pizza + Wine

BY CRYSTAL CHONG

If you’re looking to treat yourself with artisanal wood-fired sourdough pizzas and quality wine, there’s no place like Proof. The restaurant has two branches – first, at the trendy APW Bangsar, and second, at Arcoris Mont Kiara, which features a fountain and an open space perfect for al fresco dining. Walking in, you might notice the walls adorned with specially commissioned still life photos capturing the soul of Italy, as well as the floor-to-ceiling wine racks, making for very popular Instagram backdrops.

With ovens imported from Naples, Italy, and the use of only the freshest ingredients and gourmet produce, the pizzas here are unrivalled. Favourites include the Umbrian Black Truffle, which sees a medley of mixed mushrooms, mozzarella, mascarpone, black truffle paste and taleggio coming into play, as well as the Focaccia di Recco, a speciality of Liguria that is a crispy cheese-filled flatbread pizza with arugula, mozzarella, pecorino romano, mascarpone, ricotta and serrano ham. The handmade fresh pastas are also worth a try, with the Duck Ravioli being a soulful rendition of the classic dish.

You can now order from GrabFood or through BleepIt, an ordering platform for self-pick-ups and deliveries. Both Proof branches are also open for dine-in, with much-reduced capacity to ensure compliance with the social distancing regulations. You can also trust the restaurants will adhere to all steps necessary to welcome customers into a space where they can feel safe.

**Proof Pizza + Wine \*Italian Cuisine (non-halal)**

**APW Bangsar**  
**29, Jalan Riong, Bangsar, 59100 Kuala Lumpur**  
**03-2788 3613**

**Arcoris Mont Kiara Jalan Kiara, Mont Kiara, 50480 Kuala Lumpur**  
**03-6411 8745**



# Botanica+Co

BY CRYSTAL CHONG

Wind down or catch up over unpretentious hearty food and delicious drinks at Botanica+Co, a modern restaurant set amidst lush greenery and timeless earth tones in Bangsar South and Alila Bangsar.

In line with its fresh look, Botanica+Co is produce-driven, with the chef focused on sourcing quality ingredients, imported and local, every day and the team creating food and drinks from scratch. The menu here is designed to appeal to all, featuring Western favourites such as burgers and pastas as well as Asian and local comfort fare. To keep things interesting, the main menu is updated regularly and customers can look forward to special seasonal menus. This particular season sees the launch of the highly praised ‘Selera Kampung – Taste of the Village’ menu, with recipes passed down through generations and perfected in the Botanica+Co kitchen.

From the main menu, you’d want to try the crowd-favourite Fish and Chips (generous fillets of fresh halibut battered and fried to a sharp crisp and paired with steak-cut fries), the soul-warming Botanica Laksa (noodles in a seafood broth featuring a secret laksa paste with a wealth of spices) and the Wagyu Burger (grain-fed Australian wagyu patty, Asian sprouts, guacamole, nori, pickled ginger, unagi sauce with a house-made bun and fries), available exclusively at Alila Bangsar. For maximum satisfaction, these beautiful bites are best paired with a house-made soda or the signature Assam Boi Mojito, a refreshing mix of sparkling soda water, asam boi (preserved plum) infusion and a splash of lime.

Find Botanica+Co on GrabFood and foodpanda, or to order takeaway or delivery from the Bangsar South outlet, visit [www.botanicabangsarouth.beepit.com](http://www.botanicabangsarouth.beepit.com). From the Alila Bangsar outlet, order delivery at [www.botanica.beepit.com](http://www.botanica.beepit.com) and takeaway at [www.bocotogo.botanica.com.my](http://www.bocotogo.botanica.com.my). With both, you can also order selected items from sister restaurant Entier French Dining.

If you’d like to dine in, the outlets are now open, abiding by strict safety measures such as distanced tables, daily staff training on the SOP and one-time-use menus.

**Botanica+Co \*Western Cuisine \*Asian Cuisine (pork-free)**

**Bangsar South**  
**G5 Podium, The Vertical, Bangsar South City,**  
**No. 8 Jalan Kerinchi, 59200 Kuala Lumpur**  
**016-965 6422**

**Alila Bangsar**  
**Ground Floor, Alila Bangsar, No. 58 Jalan Ang Seng,**  
**50470 Kuala Lumpur**  
**03-2268 3818**





# Southern Rock Seafood

BY CRYSTAL CHONG

Southern Rock Seafood started as an importer and wholesaler of fresh coldwater seafood, distributing to the city’s top hotels and restaurants. Down the line, to bring its delicious catches from around the world to more people, it started the chain of SHUCKED Oyster and Seafood bars at Ben’s Independent Grocer and Village Grocer, and opened its first-ever restaurant on Valentine’s Day, 2015 at Bangsar.

At the restaurant, you can expect to taste premium seafood the company is so well-known for, with an oyster bar where you can see all the action before being served the morsels of delight. First, go for the Lobster Bisque Soup with Caviar or the Smoked Salmon Nicoise Salad for a lighter start. Then, choose from a wide selection of mains, each with the freshest seafood as its star. There’s the Lemon Sole à la meunière, served with sautéed potatoes and broccoli, the wildcaught Cod Fish & Chips, Bertha Baked Seabass with hand-cut chips and sautéed vegetables, Bertha Roasted Tiger Prawns with garlic butter sauce, and more. You can also have your seafood served with pasta or creamy risotto, or indulge in the whole lobsters on offer.

To complete your meal, take your pick from the wine list, with a beautiful selection from New Zealand including Cloudy Bay, Australia, France, Italy and more.

Visit the restaurant, now open for dine-in, or order takeaway or delivery by giving the team a call.

**Southern Rock Seafood \*Oyster Bar \*Seafood (pork-free)**  
32-36, Jalan Kemuja, Bangsar, 59000 Kuala Lumpur  
012-209 6484 or 012-385 0266



# Playte

BY CRYSTAL CHONG

Add play to the plate and you’ll have Playte, a contemporary dining restaurant located at dining and lifestyle hub, Republik Damansara Heights. With an open kitchen concept, this trendy spot with an intimate and minimalist interior sees the marriage of modern cooking techniques with fresh local ingredients, bringing out the best of authentic flavours with a quirky flair of its own.

The MCO saw the introduction of the ‘Bring Playte Home’ menu, a result of much experimentation that is suitable for takeaway and delivery, while still embodying Playte’s unique concept. Curated from a selection of crowd favourites and the chef’s top recommendations, you can find highlights such as the Spicy Prawn with prawn head sauce and sambal on homemade noodles, Minced Lamb with Szechuan sauce on homemade noodles, Chicken ‘Charsiu’ with pickles and egg fried rice, and the Foie Gras Beef Fat, featuring foie gras, caramelised onion and egg fried rice.

For sides, order the Fried Chicken, which made its way from casual snacks for the kitchen staff to the restaurant’s menu after much request from friends and family.

View the full menu on [www.playte.my](http://www.playte.my) and order on [playte.beepit.com](http://playte.beepit.com) or by calling the team. The restaurant is also now open for dine-in, with a new menu designed to be friendlier to wallets. Stay up to date with more new initiatives on Playte’s social media platforms.

**Playte \*Contemporary Dining \*Asian (pork-free)**  
G.01, Republik, Jalan Medan Setia, Bukit Damansara,  
50490 Kuala Lumpur  
011-2698 5562



As the first gin-focused bar in the city, Pahit’s intention is not only to sell gin, but rather introduce the joys of juniper to customers through delectable cocktails, house infusions, tasting events, knowledge sharing and the over 150 varieties of gin available, each with distinct taste profiles.

The highlight here is, of course, gin. Why gin? As co-founder CK shared, “Gin is such a clean spirit, and it allows the infusion of aromatics, botanicals and fruit – we can and want to do so much with it.”

# Ra-Ft Café

BY CRYSTAL CHONG

Feel right at home at the Italian-style Ra-Ft Café, where you can relax with a cup of coffee while listening to jazz or connect with friends over good food and drinks. Stepping in, you will be welcomed with warm smiles, the first sign of the café’s unparalleled service that stems from an environment where the employees’ happiness matter as much as the customers’.

A blend between a coffee shop and a bistro, Ra-Ft takes its food as seriously as its coffee. With a menu encompassing healthy dishes and tasty treats, the team makes many of the ingredients in-house, from the fresh bread to the salmon gravlax and mascarpone cheese. For brunch, try the best-selling ‘all-in-one’ Ra-Ft Breakfast, the newly launched Pulled Beef Eggs Benedict or the pancakes, served plain, with chocolate chips or stuffed with crispy bacon and maple syrup. For lunch and dinner, go for the simple yet delicious Lemon Chicken Scaloppini - chicken fillet served in a tangy lemon sauce with rocket salad - or the signature Ra-Ft Burger - minced beef and bacon patty stuffed with cheese and mushrooms. A meal at Ra-Ft would, of course, not be complete without the tiramisu, a crowd favourite made with the founder’s father’s very own recipe.

The star of the show at the bar is Ra-Ft’s coffee, which the team personally roasts using 100% quality Arabica beans from regions ranging from Indonesia to El Salvador. Have a taste for yourself with a cup of latte, cappuccino or espresso. Not a fan of coffee? There’s also a selection of non-coffee drinks for you to sit back and relax with. Think beetroot latte, fresh juices, Ra-Ft Shakers (ice-cream-based drinks), wines and craft beers.

Ra-Ft is now open for dine-in, with outlets complying to the government’s SOPs, and for delivery and self-pick-up. Simply visit [rovero.beepit.com/](http://rovero.beepit.com/), where you can pre-order up to five days in advance.

**Ra-Ft \*Western-Italian Cuisine (non-halal)**

**Binjai 8**  
Unit G1, Ground Floor, Binjai 8 Premium Soho,  
2 Lorong Binjai, 50450, Ampang, Kuala Lumpur  
03-2181 1091

**Arcoris**  
Lot G16 & G17, Ground Level, Arcoris Plaza,  
10 Jalan Kiara, 50480, Mont Kiara, Kuala Lumpur  
03-6412 2127



**Sierramas**  
Jalan Sierramas Utama, (IGBIS Grounds), 47000,  
Sungai Buloh, Selangor  
03-61436355

**KYM Tower**  
8, Jalan PJU 7/6, Mutiara Damansara,  
47800 Petaling Jaya, Selangor  
03-7620 5228

# Pahit

BY CRYSTAL CHONG

Gin beginners (and lovers) can sample the tasting board, which offers three, six and nine gins to pair with a curated selection of tonics. Perhaps the most iconic drink (and a must-try) here is the Gin Pahit (bitter gin in Malay), a cocktail invented and enjoyed in colonial Malaya, and lauded by celebrated author W. Somerset Maugham who spent time here in the 1930’s. Once facing the risk of being forgotten, the concoction is now celebrated at Pahit - see where the bar draws its name from?

Be sure to also try the house-infused Fruit Gins. Now available for delivery in 500ml bottles, choose from Calamansi & Asamboi, Pandan & Basil Seed, Jackfruit & Lime, Pineapple & Basil, Lychee & Ginger Flower and Pomelo & Elderflower, with more refreshing selections to come. Complete the experience with bites from the ‘itsy bitsy kitchen’ menu, featuring scrumptious home-made meals such as the Penne Alfredo with Seared Tuna and Mutton Stew.



To have your food and drinks delivered or to order takeout, send the team a message on Instagram, Facebook or WhatsApp. Pahit is also now open for dine-in, with safety measures in place for all.

**Pahit**  
3, Jalan Sin Chew Kee, Bukit Bintang, Kuala Lumpur  
011-233 92756



# Lushbowl

BY AGNES AUI

There’s nothing more luscious than food that’s both delicious and healthy, which is exactly what Lushbowl serves. Not only does the place aim to make healthy food convenient but to make you feel good, especially on the inside.

Fresh ingredients used are handpicked and carefully sourced as they do their best to churn out everything in-house, proving authenticity not only in the food served but in the drinks as well. Start your day right with the Lush big breakie that’s perfect for big eaters or opt for the nut butter toast if the former is too much.



A must-try is its smoothie bowls including the matcha bowl as well as its signature bowls which are a savoury take featuring salmon, duck or chicken. Pair your dishes with its endless options of cold pressed juices like the Heartbeet, Immunizer, Hey Sunshine and more - all of which feature healthy fruits and vegetables.

Health junkies awaiting to try the Lushbowl can now order via GrabFood or at lushbowl.beepit.com where you can also opt for pick-up.

**Lushbowl (pork-free)**  
G-0-3 & 1-0-3, Block G, Plaza Damas,  
60, Jalan Sri Hartamas 1, Taman Sri Hartamas,  
50480 Kuala Lumpur  
03-7890 2038

# Plan B 3.0

BY AGNES AUI

It’s always good to have plan B just in case the initial plan doesn’t work out. However, when it comes to scrumptious meals, we’re going straight to Plan B 3.0.

Located in Mid Valley Megamall, the cafe exudes rustic charm from grey cemented walls and vintage light bulbs to wooden tabletops and black metal chairs. But aside from its cosy setting and fragrant coffee, Plan B 3.0 opens breakfast till 6pm alongside other mouthwatering dishes.

Health junkies can go all out by ordering from the bliss bowl or salad section, while carb lovers can savour unique burgers, sandwiches, pasta and mains. For the perfect company, order a glass of Australian iced coffee, a banoffee milkshake or a homey pot of earl grey tea.

Don’t forget to end your meal with something sweet like the sticky date-coconut pudding, mixed tropical fruit pavlova or the orange almond cake. For delivery, just look up Plan B 3.0 on GrabFood or pre-order by calling the number below for pick-ups.

**Plan B 3.0 \*western cuisine (halal)**  
Lot G-073 - 075 Ground Floor, Mid Valley Megamall, Mid Valley City,  
Lingkaran Syed Putra, 59200 Kuala Lumpur  
03-2282 1576



# S.Wine

BY AGNES AUI

Comfortably located inside Ben’s Independent Grocer (B.I.G) beside Booze. It is a humble restaurant known as S.Wine (pronounced ‘swine’). As its name goes, S.Wine serves everything pork in a hip and modern setting with industrial vintage light bulbs and tables the shade of mahogany.

The restaurant is known to use only premium cuts of pork imported from Italy, Belgium and Spain in each and every creation. For suggestions, try the warm pork confit, watermelon and lychee salad that features chunky pork confit, watermelon cubes, whole



lychees and Asian greens tossed in a spicy pomelo dressing.

Once you’re done, move onto the chargrilled jerk pork belly that has been sous vide for six hours or the whole slab BBQ ribs served with fries, slaw and lashings of the restaurant’s homemade apple BBQ sauce that will surely satisfy your porky cravings.

To dine at home, just order via GrabFood or WhatsApp with the numbers given below for takeaway. You can also try the restaurant’s newest introduction of pre-packed frozen family meals that will elevate your dinner time.

**S.Wine \*Western cuisine (non-halal)**  
UG-1A, Publika Shopping Gallery,  
No. 1, Jalan Dutamas 1, 50480 Kuala Lumpur  
012 331 3913 / 010 265 9539



# Kanteen

BY AGNES AUI

Though its name translates to cafeteria, Kanteen is no ordinary one. The restaurant was established in 2018 and serves an extensive array of favourites from Western dishes to the more familiar Asian bites. There are also superfood bowls and vegetarian meals, making it a go-to spot for the young and hip.

If you’re an early riser and manage to make it for breakfast, try the soft-shell croissant that features soft-shell crab and rich salted egg cheese sauce. You can also opt for something Malaysian like its fresh Nyonya kuih or nasi lemak bungkus.

Western food enthusiasts can relish mains, pastas or burgers while vegetarians can find options for both Asian and Western cuisines, including vegetarian nasi lemak and vegetarian aglio olio.

End your meal with some of Kanteen’s famous desserts, like the popular pandan burnt cheesecake that is sure to delight your Malaysian taste buds or the waffles with ice cream and strawberries - a fresh and tangy choice.

You can savour these dishes via GrabFood, Beep or foodpanda or choose to dine-in at one of the two outlets. For dine-in, Kanteen is taking safety measures like social distancing and temperature checks to ensure a delightful dining experience.

**Kanteen \*multi-cuisine**  
Tropicana Avenue, Persiaran Tropicana,  
Petaling Jaya, Selangor  
03-7886 3431

**Lot GF2, No 28, Mont’ Kiara Banyan,**  
Jalan Kiara, Mont Kiara, 50480 Kuala Lumpur  
03-6206 2017





# Fin

BY AGNES AUI

Calling all poke bowl fanatics - we've got another poke bowl haven to introduce. Named Fin, it is the spot for fresh ingredients and build-your-own-bowls that are perfect for picky eaters and those who like to make the call.

However, you can opt to choose from their signature bowls if you're interested to relish the unique pairings. There are various protein options like salmon sashimi, poached shrimp, grilled chicken, seared salmon and steamed tofu so you'll never run out of selections.

To make things better, Fin also serves rice bowls, salads and even sandwiches and wraps, proving versatility with its endless ingredients from fresh vegetables and fruits to nuts and distinct sauces. Don't forget to pair your meal with its classic black cold brew for the ultimate burst of flavours.

Get a bowl delivered to you today by ordering through GrabFood, foodpanda or via fin.beepit.com. You can also opt for takeaway by calling up the number below.

**Fin \*poke bowls (pork-free)**  
Unit 08 (outside Baskin Robbins) Block A3, Level G2, Publika,  
Jalan Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur  
012 780 0270



Within the luxurious KLCC shopping centre is the orchestra of Eastern and Western flavours encrypted in a cafe called Melur and Thyme. Interior-wise, the cafe radiates nostalgia with furniture and window panes that mimic the 1930s alongside arty elements that add a modern twist.

Its menu is an extensive array of cuisines with choices like satay platter, murtabak quesadilla with cheese, carbonara with smoked duck, nasi goreng daging dendeng and more. Balance between Western and



# Melur and Thyme

BY AGNES AUI

Malaysian flavours can also be seen in the mains, sandwiches and burgers. Level up by trying the smoothies, tea, coffee or even mojitos (if you're feeling fancy).

Melur and Thyme has reopened its doors for dine-in after almost two months of closure due to the MCO. To ensure



customers' safety, the restaurant is strictly following the SOP given by the government such as social distancing.

However, if you prefer to enjoy their dishes from the comfort of your own home, you can order for delivery through GrabFood or WhatsApp with the number given below for arranged deliveries by the restaurant.

**Melur & Thyme \*multi-cuisine (halal)**  
G03H-1, Kuala Lumpur City Centre,  
50088 Kuala Lumpur  
012 593 0222



# BreadFruits

BY AGNES AUI

It's important to start your day right and that means getting enough nutrients through your very first meal. Nevertheless, late risers can look to BreadFruits for help when it comes to a healthy and hearty brunch.

The cafe aims to offer all-natural balanced diets throughout its menu and uses only real ingredients. Its creations are also free of processed or canned foods with a variety of vegetarian options for those who do not consume meat. Savour the smoked salmon breakfast platter with avocado salad, scrambled egg, rocket leaves and toast or a wholesome wild honey muesli made with Wesley's wild honey.

If you're not too keen on a breakfast platter, have a look at its other options like sandwiches, pastas and sobas, risottos and paellas or its smoked meats and mains for a heavier meal. The other highlight of BreadFruits is the drinks menu that's filled with mixed fruit juices aimed at energising, detoxing or healing your body.

To indulge in BreadFruits with your family at home, just order via GrabFood, foodpanda or through breadfruits.beepit.com for direct delivery or pick-up from the cafe.

**BreadFruits \*western cuisine**  
17, Jalan 26/70A, Desa Sri Hartamas, 50480 Kuala Lumpur  
03 6201 0090

# Kettlebell

BY AGNES AUI

Situated in front of Plaza Mont Kiara's Fire Station 2.0 boutique gym is Kettlebell, the active and headstrong younger sister to Pan & Tamper. This kiosk cafe serves up power-packed dishes that are perfect for gym junkies right after a fulfilling workout session at Fire Station 2.0.

Not only is Kettlebell's interior aesthetic but so is the food, so remember to take some pretty pictures before settling in to savour its eccentric creations. Try its rice bowls with combinations like strike duck rice bowl made from roasted smoked duck and the local chic rice bowl made from sous vide chicken breast drizzled with soy sauce.

Bread enthusiasts can opt for the wholemeal toasts with toppings like avocado or peanut butter and banana. Nevertheless, the options don't end there as Kettlebell also churns out overnight oats, chia seed pudding, acai bowls and energy balls.

To enjoy these electrifying meals at home, you can order via GrabFood, foodpanda and BungkusIt or choose the drive-thru option where all you have to do is make your order through WhatsApp and provide them with your car plate number and estimated time of arrival.

**Kettlebell \*kiosk cafe**  
Block C, G Floor, Unit 1, Plaza, Mont Kiara, 50480 Kuala Lumpur  
012 279 5317





## Nomi Tomo Sake Bar

BY CRYSTAL CHONG



The story starts with four friends falling in love with sake on a summer's day in Melbourne. Fast forward to 2015, Nomi Tomo, which means "drinking buddies" in Japanese, was born. Tucked away in a cosy space in Plaza Damansara, Nomi

Tomo is where the passion for quality sake meets the celebration of friendship.

As Kuala Lumpur's very first sake specialty bar, this is where you can find a wide range of craft sakes that will satisfy even the most ardent connoisseur. This doesn't mean it serves the most expensive sakes. Instead, the focus is on delicious, life-changing sips set in an izakaya-inspired space, where diners sit at the counter guzzling sakes between bites of 'tapas-style' eats.

While the bar's always stirring up fresh flavours and experiences for guests, the in-house sake sommelier, Kai Zhou, has hand-picked five must-tries for us sake newbies. First, there's the Yuki Otoki (Snow Yeti) Junmai Sake. Clean, super dry and as refreshing as melting snow, this sake is best paired with yakitori (skewered chicken) and grilled salmon. Then, there's the Musubiyui Junmai Ginjo Mashigura Nama, a fresh and elegant sake from Ibaraki Prefecture to be savoured with sashimi or seafood. Kai Zhou also recommends the Nito Omachi 48 Junmai Daiginjo, a full-bodied yet beautifully light sake enjoyed at both ambient and chilled temperatures. The Nihonshu Oendan 'Kunisaki', a Kyushu-style sake made with 55% polished Gohyakumangoku rice, is mellow, refreshing, dry, fragrant and definitely worth an order. The final pick is the Kakurei Junmai Ginjo. Slightly aromatic with light floral notes, and hints of banana and pear, this sake is the perfect accompaniment to grilled fish and vegetables.

To order takeaway or delivery, visit [nomi.com.my/to-go-menu/](http://nomi.com.my/to-go-menu/). If you'd like to enjoy your sake while soaking in the warm, homey atmosphere of the bar, Nomi Tomo is also open for dine-in, keeping the health and safety of all as a priority.

**Nomi Tomo Sake Bar**  
3rd Floor, No. 2 & 4, Jalan Medan Setia 2, Bukit Damansara, Kuala Lumpur  
03-2011 2839



## LADEREY Winery

What better way is there to end the night or celebrate a special occasion than with a good glass of wine?

Made by the finest winemakers in China, LADEREY Winery's award-winning portfolio is set to delight the palates of wine lovers in Malaysia and around the world. The boutique winery, located in the east of Helan Mountain in Ningxia, China, lies on a latitude of 38° North in a valley between the Yellow River and the base of Helan Mountain. As China's answer to Bordeaux, this is known to be one of the world's best regions for growing wine grapes as its favourable climate and excellent irrigation come together to produce concentrated berries with a good balance of acidity and phenols. The region's wine industry was even highlighted in a 2013 New York Times article, where Ningxia was listed as No. 20 of the top 46 places to visit.

Growing grapes since 2013, LADEREY Winery was established in 2015 with a vision of cultivating a green, organic vineyard to produce the finest quality of red wines. Find out more by getting in touch with Siew Vin See at 011-5636 1633.



## Coley

BY AGNES AUI

Established in 2016, Coley is still known as one of Bangsar's best cocktail bars till today. Tucked along Jalan Abdullah, its modern and aesthetic interior will have you naturally gravitating towards the bar for a drink or two.

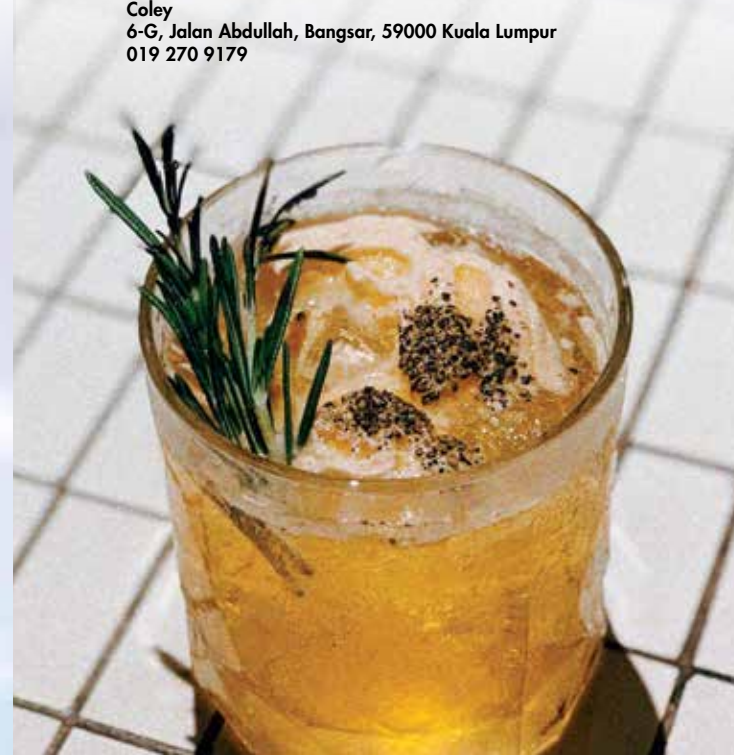
The bar is named after Ada 'Coley' Coleman, also known as the most famous female bartender in history who headed the bar at the Savoy Hotel in London. Her signature drink, Hanky Panky, is also featured in Coley's menu besides other uniquely curated drinks.

For fun sips, try the peanut butter and jelly that's a mixture of tequila blanco, blueberries and white vermouth. You can also choose the Malaysian route with its Milo + negroni made with gin, campari, red vermouth and the Malaysian classic, Milo.

The sky's the limit when it comes to portable cocktails, which is why Coley introduced the 'cocktail in a can' featuring distinct cocktails with tropical local flavours. The options include pisco and roselle, brandy and air mata kucing, gin and coconut, and rum and jambu.

As of now, Coley remains closed throughout the Conditional Movement Control Order period but you can still get your hands on Coley's cocktails by calling up the number below or ordering via WhatsApp.

**Coley**  
6-G, Jalan Abdullah, Bangsar, 59000 Kuala Lumpur  
019 270 9179



## Bar Shake

BY AGNES AUI

Known as Kuala Lumpur's most authentic Japanese cocktail bar, Bar Shake takes solace at platinum park and is headed by Sam Kinugawa - popularly recognised as the city's favourite Japanese bartender.

Regulars would be familiar with Bar Shake's classic mixes like the smoky martini, truffle martini and fruit sake. But given the current situation, Kinugawa has levelled up by curating a short and sweet takeaway cocktails menu to enjoy in the comfort of your own homes.

Take your pick from six selected drinks including mangosteen saketini, house-made moscow mule, umami clear bloody mary, clarified jungle bird, shake aged godfather and shake sazerac. We recommend the mangosteen saketini - a fruity and light concoction that bursts of tropical flair and sweetness, making it the perfect drink for almost any day. For something richer, try the banana old fashioned that has an instant hit of booze with a mix of caramelised flavours and the slightest hint of spice.

Each hand-crafted cocktail comes with garnishing and a block of ice so you can unleash your inner bartender while staying safe indoors. To enjoy Kinugawa's creations, you can order by sending a Whatsapp text to the number below for delivery or takeaway. Do note that the cocktails are available Monday to Saturday from 12pm - 7pm. You can also enjoy 15 percent off all takeaway cocktails during its happy hour on Monday to Thursday from 2pm - 6pm.

**Bar Shake**  
Platinum Park, Unit 3.3A, Level 2, Tower 1,  
11, Persiaran KLCC, 50088 Kuala Lumpur  
016 610 3809



# Turn Up for Doughnuts

## A Curated List for Doughnut Lovers

BY HIRANMAYII AWLI MOHANAN

Its glistening glaze, fluffy as a cloud consistency, cream-filled centre, cinnamon sugar aesthetic and disc shape are everything we love about this fried dough confection. So, due to the serious hankering we’ve been having, we have compiled a list of places to get your hands on these little bites of heaven.

### SUGAR AND I’S BOMBOLONIS

Home to the fluffiest, fattest bombolonis (Italian-style doughnuts), Sugar and I’s doughnuts certainly hit the spot. With an option of Lotus Biscoff and Nutella-filled centres, expect your mouth to be filled with proportionate bursts of creaminess. What is great about the doughnuts here is that they’re less sweet.

@sugarandi



### JASLYN CAKES’ CUSTARD DOUGHNUTS

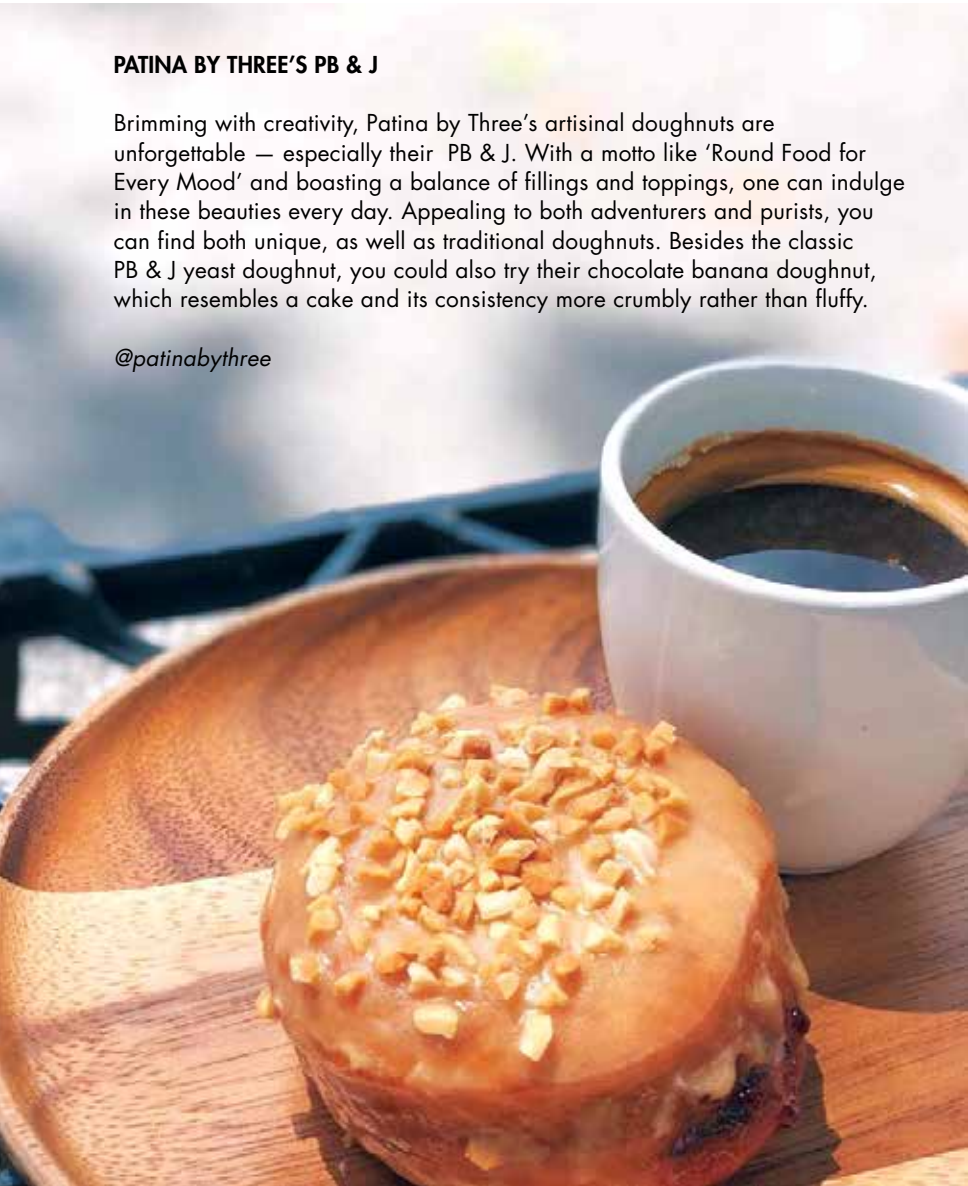
Beloved by many for its cakes and plethora of pastries, Jaslyn Cakes serves up a really good custard doughnut. As you enter its intimate space, you’ll be greeted with a waft of deliciousness. Besides the obvious choice of cakes, their doughnuts deserve the limelight too. With a warm ooey gooey custard as its centre, it fills your entire being with such comfort and satisfaction.

@jaslyncakes

### PATINA BY THREE’S PB & J

Brimming with creativity, Patina by Three’s artisanal doughnuts are unforgettable — especially their PB & J. With a motto like ‘Round Food for Every Mood’ and boasting a balance of fillings and toppings, one can indulge in these beauties every day. Appealing to both adventurers and purists, you can find both unique, as well as traditional doughnuts. Besides the classic PB & J yeast doughnut, you could also try their chocolate banana doughnut, which resembles a cake and its consistency more crumbly rather than fluffy.

@patinabythree



### HALO DOUGHNUT’S HONEY PECAN DOUGHNUTS

What makes Halo Doughnuts special? Well, not only are they homemade, they are artisanal sourdough-based doughnuts for the soul. With special flavours such as Honey Pecan and Miso Caramel, it’s a feat not to get addicted. Each bite is utterly satisfying. For something more traditional, opt for the Mon & Meg, coated in cinnamon and nutmeg-flavoured sugar.

@halodoughnut



### DOTTY’S PASTRIES AND COFFEE SALTED EGG CRONUT

While cronuts stray ever so slightly away from the realm of doughnuts, it is essentially the matrimony of doughnuts and croissants. Dotty’s Pastries and Coffee’s rendition of the cronut takes a local stance — Salted Egg Cronut. It’s a play of savoury and sweet flavours with a flaky and buttery pastry. Besides their crowd-favourite cronuts, Dotty’s also offers doughnut fries.

@mydottys





# Hoki Poke

## The Battle of the Pokebowls

BY HIRANMAYI AWLI MOHANAN

The vibrant, eye-catching and comforting poke bowl’s origin can be traced to Hawaii, where it was popular in the 1970’s. To make a traditional poke bowl, skinned, deboned, and filleted raw fish served with Hawaiian salt, seaweed, and roasted, ground candlenuts were used. Till today, this form of poke is still common in the Hawaiian islands. Today, the poke bowl takes various shapes and forms, catering to a variety of palates and lifestyle.



### KUBIS AND KALE

With a philosophy on cooking from scratch using whole, nutritious seasonal ingredients sourced from a community of local farmers and suppliers, Kubis and Kale uses carbon vegetables, which are clean, nutritious and safe. They are so-called because they are grown using the carbon regenerative farming method which is chemicide-free and improves the nutritional benefits of vegetables – purveying only the best for its customers. On the menu, the trendy poke bowl reigns – with a multitude of bases, protein, vegetables and sauces to choose from. It’s ingenious that they remain with the times yet has its core firmly planted in healthy eating. While the backbone of the menu is dictated by vegetables to cater to the growing demographic of vegans and vegetarians, it also retains the optional helpings of seafood or poultry. Substantiating the appeal to vegetarians and vegans, Kubis and Kale has brought forth three new lines and they are the poke bowl, cooked dishes and vegan superfood.

The poke bowls at Eatomo commands every bit of attention and pictures. Vibrant and well assembled, it’s certainly an experience. One of the star dishes on the menu, the California Poke Bowl certainly blows you away with its medley of salmon sashimi, yellowfin tuna and butterfish tossed in poke marinade, and thick and luscious guacamole. With every bite, you’re peeling back layer after layer of flavours presented within a bowl. For a more localised flavour, we recommend the Pokelantan – a Kelantan-meets-California twist.

### EATOMO



### TAIL AND FIN

Tail and Fin comes into the scene to purvey poke bowls, sushi burritos and sushi tacos. This eatery is a fast-casual, fusion restaurant contrived for the on-the-go metropolitans. Its Japanese-inspired menu was crafted by one of Nobu’s executive chefs, Karu Wedhas so one can expect fresh, quality ingredients. The pineapple express was hands down our favourite among the lot for sheer creativity. A scooped-out pineapple shell acts as a bowl, cradling surimi crab, pineapple, cilantro-cucumber sunomono and tempura flakes. Added to the ensemble of ingredients is a helpful of juicy salmon amalgamated with yuzu miso. It makes for a great picture and lunch!



### GOOD MONSTER

Tucked away in One Utama and Mid Valley, Good Monster is home to vibrant dessert bowls and rice bowls. Their rice bowls, also regarded as poke bowls are healthy and slanted towards Asian flavours, to cater to the local palate. One can find interesting twists such as the Nyonya Seafood Bowl, featuring virgin coconut oil rice, ikan bakar, Thai-style squid, Nyonya acar, hard-boiled egg, garnished with white sesame seeds and sealed by a drizzle of sambal satay sauce. It doesn’t get more local than this.



### THE FISHBOWL

A poke bowl is the ultimate comfort food in our opinion. The mere concept of a poke bowl makes us envision huddling up in front of the TV with a poke bowl in hand. The Fish Bowl captures the spirit and substance of the Hawaiian-inspired raw seafood salads that have become a global gastronomic attraction, paying admirable attention to freshness and flavour across a satisfyingly extensive stable of produce.



# RED WINE

LADEREY  
WINERY  
澜德瑞

Laderey Winery is a boutique winery located in the east of Helan Mountain of Ningxia, China. Lying on Latitude 38° North, on the valley between the Yellow River and the base of Helan Mountain, is one of the world's best regions for growing wine grapes. Its favourable climate and excellent irrigation produces concentrated berries with a good balance of acidity and phenols. Growing grapes since 2013, Laderey Winery was established in 2015 with a vision of cultivating green organic vineyard to produce the finest quality red wines. Laderey Winery's award-winning wines are made by the finest winemakers in the country.



NingXia Laderey Winery Co., Ltd. Contact : Yifan Niu  
Mobile: +86-13895183345 E-Mail: 348079719@qq.com

# AIRLINK

MALAYSIA  
AIRPORTS

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EVITATE

RASP NATURE

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# MORE THAN AN ISLAND, A GATEWAY TO LEGENDARY TREASURES.

LANGKAWI INTERNATIONAL AIRPORT, THE GATEWAY TO GETAWAYS

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AIRPORT TALK

**A corporate leader with diverse experience, he is harnessing the latest technological advances to spur Malaysia Airports to greater heights as a smart aviation regional hub.**

**This month, Dato' Mohd Shukrie Mohd Salleh shares the significant role its flagship KL International Airport's (KLIA) electronic world trade platform (eWTP) is playing as a key global hub delivering medical supplies to combat the novel coronavirus (Covid-19) pandemic and the good news that departure seats across Asia-Pacific have risen at the end of April for the first time since the crisis started.**

## Airport GCEO Speaks



I am elated that Alibaba Group has selected KLIA's eWTP as one of its three global hubs besides Belgium and Ethiopia for the speedy delivery of medical goods in the global community's fight against Covid-19. This will not only further strengthen Malaysia's role as a major trading hub for logistic operations in Asia-Pacific but will also spur our KLIA Aeropolis' Digital Free Trade Zone (DFTZ) Park's efforts to support our country's ecommerce aspirations stipulated in the National eCommerce Strategic Roadmap launched in 2016.

Ecommerce will be the main driver of our air cargo business. We have seen several cargo and chartered flights take off since April and are expecting to see more of them taking place in the coming months. Meanwhile, latest data from our Research and Planning Department has confirmed our worst fears with April's passenger traffic performance at our network of airports nosediving by 99% to 137,000 compared to the same period a year ago.

This is attributed to the full enforcement of the government's Movement Control Order (MCO) in Malaysia. We also take cognisance of travel restrictions imposed by other countries, which have led to such dismal

performance, not only in our country but also globally. According to the United Nations specialised agency for tourism, World Tourism Organisation's (UNWTO) recent statement, out of the 217 destinations worldwide, 156 or 72% have placed a complete stop on international tourism.

Its research data, as of 27 April, also shows that in 25% of the destinations, the restrictions have been in place for at least three months while in 40% of the destinations, they have been introduced at least two months ago. The last category applies to Malaysia as our MCO started on 18 March. Breaking the data by region, UNWTO says 83% of destinations in Europe have implemented complete closure of borders for international tourism followed by the Americas (80%), Asia-Pacific (70%), the Middle East (62%) and Africa (57%).

Discussions for the lifting of the travel bans are underway. Looking at China, which has eased its lockdown restrictions, we have seen the recovery of the Chinese domestic market in the last two months. In the easing of restrictions by our government under the Conditional MCO from 4 May, several businesses have been allowed to resume under tight standard operating procedure guidelines. This augurs well for the economy of our country. The

duty-free shops at our airports have been able to restart their business alongside the retail outlets providing essential services. Some of the food and beverage outlets now offer dine-in besides takeaway orders.

Looking at how the Asia-Pacific aviation market is responding to the pandemic based on OAG data, we are happy to learn that the number of departure seats across the region rose on 27 April for the first time since the Covid-19 crisis began, with capacity totalling 17.7 million seats, up 5% from 20 April. The OAG data also shows growth in other regions with South East Asia's capacity increasing by 346,657 seats to 3.26 million.

And, with our own local airlines recommencing their flights to key domestic routes with minimal frequencies from 29 April and their plans to have more flights in tandem with the government's endorsement to allow more inter-state border movements, although under strict travelling guidelines, we see the return of some glimmer of hope for our travel and aviation industry. In keeping with the new normal, we have stepped up the standard operating procedures and precautionary measures at our airports. Stay safe and don't forget to wear your face masks!





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#### Advisor

Dato' Mohd Shukrie Mohd Salleh

#### Managing Editor

Mohamed Sallauddin Hj. Mat Sah

#### Editorial & Concept

Octagon Creative  
melisa.fly@octagon.com.my

#### Advertising & Production

Noor Hafiza Ruslan  
hafiza@malaysiaairports.com.my

Mohd Faizal Md Haris

faizalmd@malaysiaairports.com.my

#### Design & Distribution

Mediate Communications Sdn. Bhd.

#### MALAYSIA AIRPORTS HOLDINGS

BERHAD (487092-W)

Airline Marketing Division  
Level 3, Arrival Hall (Domestic)  
Main Terminal Building  
KL International Airport  
64000 Sepang  
Selangor Darul Ehsan, Malaysia  
Tel : 603-8776 4949  
Fax : 603-8776 4040  
Email : marketing@malaysiaairports.com.my

## Post Covid-19's Impact on The Future of Business Events

It would be difficult to put a finger when the global novel coronavirus pandemic (Covid-19) will be over considering that it is a moving target among the affected countries. The possible emergence of a second wave with the recent new clusters detected in Wuhan, China, the epicentre of the outbreak, and South Korea, has made the whole situation trickier to manage.

While we are still unsure when Malaysia can expect to receive tourists, business travellers and conference delegates back to shores, the various industries, including aviation, hope the process would not take too long.

For the business events (BE) industry, which contributed RM11.3 billion worth of dealings in 2018 from the 114 BE that were recorded that year from its 50,000 international attendees and over a million local participants, a number of its businesses have been impacted by Covid-19 since the start of 2020.



**Datuk Vincent Lim**

President of Malaysia Association of Convention and Exhibition Organisers and Suppliers (MACEOS)

The Malaysian Association of Convention and Exhibition Organisers and Suppliers (MACEOS) President Datuk Vincent Lim says as at mid-March, there have been 713 cancellations and 537 postponements respectively. Estimating the total loss of income at RM1.5 billion, he adds that many of the postponed events have been pushed to the third or fourth quarter.

When China went into lockdown to contain the spread of Covid-19, Malaysian Association of Tour and Travel Agents (MATTA) deputy president Mohd Akil Mohd Yusof attests that the local travel agency industry, valued at slightly more than RM4 billion, also incurred losses.

Made up of 65% leisure and 35% corporate, he says the business for these two segments has been reduced to less than 5% each in March.

On Covid-19's impact on the hotel industry, Malaysian Association of Hotel (MAH) board member Mohd Halim Merican says its survey for January-March showed occupancy fell below 25% and was fast declining.

Based on that, MAH did a calculation to estimate the loss in revenue from March to June and estimated at RM2.5 billion in terms of room cancellations. Not expecting the situation to improve soon, he says the association is now working out the extent of the loss from June to September due to Covid-19's impact on the hotel industry.

Describing the business event industry to be in a "shutdown mode" currently with a number of events postponed to the third and fourth quarter, Lim of MACEOS worries about Malaysia's border remaining closed and foresees it will take six months for the BE industry to slowly get back on its feet.

Meanwhile, the president says MACEOS has established a task force to work out the standard operating procedures (SOPs) for post Covid-19 and urges its members to set their minds on reinventing their businesses.

"We can forget about doing international events in the mid-term," states Lim, who is looking at nurturing more home-grown events to regional and international stature. This would benefit the country, including the aviation industry.

Arts, Live Festivities and Events Association special advisor Para Rajagopal suggests its members consider sourcing for new income stream in order to survive post Covid-19. Besides building confidence in the market, he feels a key component of the mitigation measures should incorporate regular communication with core team members on the recovery process.

While hoping to see some business returning in October or November, he says live events such as concerts, which are listed lower than non-essentials, would take a longer time to recover and could be smaller in capacity in compliance with social distancing norms.

The same goes for conferences until a vaccine is in place for Covid-19, which would likely to be in 12 to 18 months. Taking note of this and other factors, Mohd Akil expects the BE and travel situation in Malaysia to take 12 to 24 months from now to improve.

He warns, however, they would not be returning to the previous norms and with the additional health and safety measures after Covid-19 such as one person in every two seats onboard and with coaches and aircraft carrying less capacity, more cost will incur for the operators and customers.

#### Middle Seat Issue

While the International Air Transport Association (IATA) supports the wearing of face coverings for passengers and masks for crew while onboard to be implemented temporarily, it came out with a statement on 5 May saying it "does not support mandating social distancing measures that would leave 'middle seats' empty" as evidence suggests low transmission risk onboard aircraft.

"Mask-wearing by passengers and crew will reduce the already low risk while avoiding the dramatic cost increases to air travel that onboard social distancing measures would bring," adds IATA, which represents some 290 airlines that comprise 82% of global air traffic.

India's civil aviation ministry's draft standard operating procedures (SOPs) proposal shows that it is adopting IATA's stance in doing away with the rule of keeping the middle seat vacant.

United Airlines ran foul when it had nearly every seat in its Boeing 737 aircraft filled on 9 May on its New York-San Francisco flight, much to chagrin of its passengers, which included 25 medical professionals who were flown for free.

After some social media posts, the carrier announced on 11 May it would try to notify passengers 24 hours in advance and offer rebooking or credits at the gate when the flights are more than 70% full. It says these new options would continue through 30 June, while reiterating that it would not be cutting flight capacity nor guaranteeing that the middle seats would be kept empty.

Whether air travel would cost more post Covid-19 is debatable as some scheduled commercial airlines are removing inflight meals. This could also be done in terms of hygiene, minimising contact and ensuring the safe handling of food.

In the last few months, a huge number of airlines have lost their business with no flights taking off except for some repatriation and essential services. Domestic flights are beginning to take shape of late with reservations for international flights now on.

Raising the confidence to start people in travelling and flying again should be uppermost in the minds of our industry players if we want to promote Malaysia as a destination, be it a tourism or BE destination. Moving forward, working out strategic partnerships with airlines will be crucial to ensure air connectivity to our destination.



**Datuk Musa Yusof**

Director-General of Tourism Malaysia

Tourism Malaysia Director-General Datuk Musa Yusof could not agree more, reminding that we need to reset our minds and the way of selling post Covid-19. The efforts will begin with strengthening our domestic BE per se since companies travel a lot and organise incentive trips for their staff as well.

Sabah Tourism Board general manager Noredah Othman quips, "We need routes and air accessibility. We need to reinvent ourselves, come out with SOPs and new norms for hygiene."

Her sentiment is shared by many in the industry, including Sarawak Convention Bureau acting chief executive officer (CEO) Amelia Raziman, who is keen to further strengthen the collaboration between Peninsular Malaysia and East Malaysia and hopes that in a year's time, the BE industry would have made progress with the new normal being put into place.



## MAHB Donates Comfort Kits to Frontliners



Malaysia Airports has donated 2,000 units #MYAirportCARES comfort kits containing sleeping bags, toiletries and chocolates to the dedicated frontliners at Hospital Sungai Buloh (HSB) who are working tirelessly to handle the Covid-19 pandemic in the country.

Group Chief Executive Officer (GCEO) of Malaysia Airports Dato' Mohd Shukrie Mohd Salleh said that the airport operator is doing this to show solidarity with the nation in fighting against Covid-19, "As the airport operator, we are also frontliners. On a daily basis, our staff are on the ground facilitating efforts by the government to screen incoming passengers and send them for quarantine. So, we would like to show support to other frontliners by contributing to their wellbeing. It is also our gesture of thanks for their tireless sacrifice."

He added that the comfort kits were delivered to HSB on 10 April 2020 and was well received by the hospital personnel. HSB was chosen as it is the main hospital handling the pandemic for the country and is also the

designated reference hospital for all passengers passing through KL International Airport who have to go for further treatment.

"We are also distributing the same kits to stranded passengers. Some unfortunate passengers have been stranded at the airport due to the restrictions imposed by the MCO and lack of connecting flights as many airlines have cancelled flights. As a caring host, the least we can do is try to make their time at the airport a little more comfortable while we work closely with Wisma Putra and their respective embassies to help them," he added further.

The distribution to stranded passengers started on 9 April 2020 and will continue on a need basis. Meanwhile, Malaysia Airports has also provided 500 #MYAirportCARES cheer packages containing chocolate snacks courtesy of Eraman Malaysia, the country's largest airport travel retail and duty-free



brand, for the frontliners at Hospital Queen Elizabeth, Kota Kinabalu.

The #MYAirportCARES comfort kits and cheer packages are a token of Malaysia Airports commitment to ensure the wellbeing of, not only of its airport guests but also the nation at large.

## Malaysia Airlines Flies Medical Experts Across Nation

Malaysia Airlines is proud to serve the nation by providing integral connectivity for the contingent of medical experts handpicked by China's National Health Commission, who aim to share their expertise in dealing with the Covid-19 pandemic that has swept the nation and the world at large.

The medical experts, who hail from Guangdong province in China, arrived in Kuala Lumpur on 19 April, to provide indispensable aid to the nation by evaluating the local hospital services and providing first-hand advice on the best way to address the pandemic. The team comprises eight delegates with a high degree of proficiency and specialisation in respiratory, intensive care, psychiatry, infectious diseases, data analysis, virology and traditional Chinese medicine led by Mr Li Jun.

Malaysia Airlines ferried the group from Kuala Lumpur to Kuching on 26 April on MH2536 that departed at 2:05pm from KL International Airport (KLIA). Malaysia Aviation Group (MAG) CEO Captain Izham Ismail and MABkargo CEO Ibrahim Salleh greeted the team of medical experts and delegates from the Ministry of Health led by Deputy Health Minister, YB Datuk Aaron Ago Dagang. Representatives from the People's Republic of China were also present.



From Kuching, Malaysia Airlines flew the contingent to Kota Kinabalu before heading back to Kuala Lumpur at the end of the month. With the experts estimated to spend around two weeks in the nation, Malaysia Airlines is happy to play its part in ensuring that the nation benefits as much as it can from the gracious help provided by the Chinese Government.

According to Captain Izham, "The extra service that we provide today is for the

benefit of all Malaysians. Especially in times of crisis, we must prioritise doing our best to address the management of the pandemic in the country, and as the national carrier, it means we carry an additional responsibility to go above and beyond the call of duty."

Since the Covid-19 outbreak, airlines under the Malaysia Aviation Group – Malaysia Airlines, MASkargo, MASwings and Firefly support Malaysia's Ministry of Health (MOH) with movement of health equipment and supplies as well as offering to fly medical staff across its domestic and international network including rural areas within Sabah and Sarawak. The airlines have also positioned standby aircraft at Subang Airport, KLIA and Kota Kinabalu International Airport to initiate rapid mobilisation of medical staff and professionals as well as other (non-Covid-19) patients to support MOH's capacity/resource management efforts across Malaysia.

For more information, please visit [www.malaysiaairlines.com](http://www.malaysiaairlines.com)





## KLM Begins to Restore Network

**K**LM has gradually restored its European network by resuming a daily service, from 4 May 2020, to the following destinations: Barcelona, Madrid, Rome, Milan, Budapest, Prague, Warsaw and Helsinki. KLM's target for May is the resumption of 15% of its flights, compared to the period before the Covid-19 outbreak. A considerable number of the intercontinental flights are currently being operated on a cargo-only basis.

Since the Covid-19 outbreak began, KLM has introduced many measures around screening and hygiene to protect customers and KLM staff, on board and at airports. KLM's policy is based on national (RIVM) and international (WHO, IATA) guidelines, and complies with international law and regulations.

From 11 May, and simultaneous with the restoration of the KLM network, masks are compulsory on board and during boarding. KLM has advised that passengers are responsible for providing their own face masks. For the time being, this measure applies until 31 August 2020.



For airlines, flying during the corona crisis means operating under exceptional circumstances. The current situation calls for a series of measures KLM is taking in order to safely carry out its operation for passengers and crew. The obligation to wear facial protection are part of these measures, which also include aircraft being cleaned more frequently and thoroughly and keeping contact moments between crew and passengers during the flight to a minimum. In addition, passengers from high-risk areas will have to fill in a health declaration to assess whether they are fit to fly.

This article was written based on a published official press statement by KLM on 4 May 2020. The most up-to-date information can be found at KLM.com, in the KLM app or passengers' pre-travel and check-in information.

Alternatively, please call 03-7712 4555



## MASkargo Operates First Cargo Flight with A380

**M**ASkargo has recently operated an Airbus A380 aircraft on a cargo-only flight – moving e-commerce goods from KL International Airport to Heathrow Airport (London).

The airline said that — as far as it is aware — this is the first time an A380 has been used on a cargo-only basis.

MASkargo said that flight MH04 departed KLIA at 9.50am on Tuesday with 26 tonnes of cargo made up of mostly e-commerce goods originating from Guangzhou.

"This is definitely an innovative and 'beyond-the-box approach' on our part; as no other Airbus A380 equipped airline that we know, has done this," said Ibrahim Mohamed Salleh, MASkargo's Chief Executive Officer.

"Our freighters' flying hours have been utilised to the maximum allowable due to humanitarian Covid-19 relief efforts and

other business demands. When the freighters can no longer cope, we initially innovated via the passenger-to-cargo (P2C) project where we use our A330 passenger fleet to carry cargo. With the volume of cargo increasing coupled with lesser cargo capacity into Heathrow, we had no choice but to utilise the biggest aircraft in the Malaysia Airlines fleet to meet our customers' expectations. The originally scheduled A350, could not cater for the volume of cargo that we need to move."

The CEO of MASkargo added, "This would not have been possible without the teamwork and unwavering cross support for each other within the Malaysian Aviation Group. We have more flights in the pipeline and we could not have managed them on our own. We will keep our aircraft flying to make sure the medical and business needs of the world, especially Malaysia, are fulfilled. I believe that our perseverance and innovations during this dark period will bear great results which

we can all celebrate together soon. In the meantime, please stay home, stay safe and stay healthy."

MASkargo said that on the return leg the aircraft was also fully laden with cargo, primarily pharmaceutical products and mail. Ooi Cheng Heong, MASkargo's Regional Senior Manager, said: "I am ecstatic that the A380 P2C rotation is a success. It took a lot of coordination between ourselves in Kuala Lumpur, our Guangzhou office led by Oscar Chien and our London office, headed by Anita Sehgal.

"Everyone had a major role in filling up the aircraft from each end especially on the return flight with a substantial load in short notice. Our customers are happy that we have managed to pull this off."

For more information about MASkargo, please visit [www.maskargo.com](http://www.maskargo.com)





## Etihad Adds More Special Flights to Global Network



Etihad Airways continued to increase the number of special flights it is operating from Abu Dhabi to several key destinations around the world for May, as it prepares for an eventual return to scheduled flights, subject to the lifting of current travel restrictions.

Throughout May, the airline increased frequencies on announced special flights from Abu Dhabi to Amsterdam, Barcelona, Brussels, Frankfurt, Jakarta, Kuala Lumpur, London Heathrow, Manila, Melbourne, Seoul Incheon, Singapore, Tokyo Narita, Zurich, as well as adding flights to Dublin and New York JFK.

Etihad's special flights to Kuala Lumpur were scheduled for 2, 9, 16, 23 and 30 May 2020\*.

Travellers that wished to book these flights were advised to visit [www.etihad.com](http://www.etihad.com) to review their options, and to remain informed on the appropriate entry regulations at their end destination. Flights were also

available for booking through the mobile app, by calling the Etihad Airways Contact Centre on +971 600 555 666 (UAE), or through a local or online travel agency.

Etihad follows all UAE and international government and regulatory authority directives, and implements an extensive sanitisation and customer wellbeing programme, to boost its already stringent procedures, and to ensure the highest standards of hygiene at every touch point of the guest journey, including social distancing in-flight. The airline has also revised its meal service to ensure it upholds international Covid-19 health and hygiene requirements, while continuing to offer a high-quality inflight dining experience.

For more information, please call 03-2687 2222

\*Based on Etihad's official press release published on 29 April 2020

## SriLankan Airlines Launches Cargo Flights Globally



Sri Lanka's national carrier SriLankan Airlines made a decisive move to rescue the country's much troubled export industries by launching dedicated cargo services to a host of destinations and throwing a lifeline to the nation's economy at a time of gravest peril.

Ashok Pathirage, Chairman of SriLankan Airlines said: "SriLankan Airlines has always considered the nation's interests foremost in every crisis during the past 40 years. We are keenly aware of our duty to support the Government of Sri Lanka and the nation as a whole, even at a time when our Company itself is facing a difficult situation."

"We have no doubt that every single export industry will benefit from this bold initiative that we plan to launch on 18 May 2020, at a time when some other airlines are keeping their fleets grounded and global trade by air is under a lockdown situation. The Government is extremely keen on restarting the country's export industries at the earliest

possible moment, and we at SriLankan Airlines have been intent on restarting our services from the day that we reluctantly suspended regular operations in the face of the global pandemic," said Pathirage.

This come as a reminder of the important role that a national carrier must play during a time of crisis comes during the global airline industry's gravest period, when airlines around the world are staring at bankruptcy and laying off thousands of employees.

According to the source, SriLankan will commence 27 dedicated cargo flights per week out of Colombo that will connect Sri Lanka with major cities in Europe, the Middle East, the Indian Subcontinent and the Far East. Destinations include London and Frankfurt in Europe; the Chinese cities of Beijing, Shanghai and Guangzhou (Canton); Melbourne in Australia; Singapore and Tokyo (Narita) in the Far East; Doha and Dubai in the Middle East; and in South Asia the Maldivian capital Male, the Bangladeshi

capital Dhaka and several cities in India where SriLankan has for many years been the largest foreign carrier.

These dedicated cargo flights are a vital link for local exporters to take their produce to new and existing international markets and will also enable the importation of much needed raw materials required for the production of export goods. This includes the apparel industry, which has long been one of the cornerstones of the nation's economy.

The airline's existing fleet of Airbus A320 and A330 aircraft are utilised for these flights and SriLankan has enhanced the cargo carrying capacity of the aircraft beyond the usual capacity of the cargo holds.

SriLankan Airlines is represented by Oscar Holidays Sdn Bhd as their General Sales Agent (GSA) in Malaysia.

For more information, please call 03-2694 4803



## Emirates Becomes First Airline to Conduct Rapid Covid-19 Testing



Emirates recently became the first airline to conduct on-site rapid Covid-19 tests for passengers. The airline coordinated with Dubai Health Authority (DHA) to introduce rapid blood testing in combating the Covid-19 virus. On 15 April, passengers on a flight to Tunisia were all tested for Covid-19 before departing from Dubai, whereby authorities were able to produce results within 10 minutes.

Adel Al Redha, Emirates Chief Operating Officer said: "The testing process has gone smoothly and we would like to take this opportunity to thank the Dubai Health Authority for their initiatives and innovative solutions. This would have not been possible without the support of Dubai Airport and other government authorities. We are working on plans to scale up testing capabilities in the future and extend it to other flights, this will enable us to conduct on-site tests and provide immediate confirmation for Emirates passengers travelling to countries that require Covid-19 test certificates. The health and safety of staff and passengers at the airport remain of paramount importance."

The airline's check-in and boarding formalities have also been adapted with social distancing in mind. Protective barriers have been



installed at each check-in desk to provide additional safety measures to the passengers and employees during any interaction. Gloves, masks and hand sanitisers have been made mandatory for all employees at the airport.

Additionally, passengers are required to wear their own masks at the airport and on board the aircraft, and to follow social distancing guidelines. Emirates has modified its inflight services for health and safety reasons.

Magazines and other print reading material will not be available, and while food and beverages will continue to be offered on

board, packaging and presentation will be modified to reduce contact during meal service and minimise risk of interaction. Cabin baggage are currently not accepted on flights. Carry-on items allowed in the cabin are limited to laptop, handbag, briefcase or baby items. All other items have to be checked in, and Emirates will add the cabin baggage allowance to customers' check-in baggage allowance.

All Emirates aircrafts will go through enhanced cleaning and disinfection processes in Dubai after each journey.

For more information, please visit [www.emirates.com](http://www.emirates.com)

## ANA Transports Medical Supplies in Passenger Cabins



All Nippon Airways (ANA) announced it is the first Japanese airline to carry vital medical supplies (i.e. masks, hazmat suits and test kits) as cargo, on its passenger seats and overhead compartments. This move by ANA increases cargo capacity, allowing the airline to transport approximately 1.4 times more cargo than the conventional cargo compartments.\*

Due to the expansion of entry restrictions caused by the coronavirus pandemic (Covid-19), passenger flights have been largely suspended or reduced worldwide, resulting in limited space for air cargo.

To meet the increased demand for transportation of vital medical supplies, ANA began transporting masks and other items using the baggage storage space above the seats on the Shanghai to Haneda flights starting 10 April 2020. Moving forward, ANA has also begun usage of its passenger seats as cargo space on this route since 22 April and is considering expanding this on other existing routes as well. Other efforts include the operation of charter flights with the freighters.

"ANA is honored to help relief efforts in Japan and help deliver these vital medical supplies," said Toshiaki Toyama, President of ANA CARGO INC. and Executive Vice President of ANA. "We are excited to use ANA Group's resources in a creative way to deliver goods to people in need."



As the world faces these unprecedented times, ANA will continue to take on new challenges to secure space for air cargo and emergency transportation needs to help address the demand for these medical supplies.

For more information about ANA, please call 03-2032 1331

\*Total of cargo capacity, passenger seat and overhead compartment load compared to the Boeing 787-9 cargo load



## AirAsia Launches Freightchain - World's First Digital Air Cargo Network



**A**irAsia's logistics arm Teleport announces Freightchain, the world's first digital air cargo network run on blockchain. With Freightchain, a shipper or freight forwarder can now instantly book and confirm any of AirAsia's 247 aircraft to carry cargo without the need to go through traditional time-consuming sales or email channels.

Freightchain will assist shippers and their freight forwarders to discover all available cargo network connections owned by airlines for their supply chain needs. It then facilitates on-demand bookings in real-time through bids submitted and validated on blockchain.

Especially during this unprecedented period, air cargo is vital in the global fight against Covid-19. A software to transparently bid

and confirm urgent air cargo capacity in real-time is vital to keep global supply chains for life-saving medical supplies and equipment moving.

Freightchain Chief Technology Officer, Vishal Batra said, "We deliberately launched Freightchain during this period of uncertainty within global supply chains, caused by the coronavirus pandemic. Agile software platforms like Freightchain help to connect uneven supply and demand amidst a rapidly evolving environment. Trust and transparency are needed now more than ever."

The first pilot booking on Freightchain was successfully conducted to ship pharmaceutical cargo from Bengaluru, India to Ulan Bator, Mongolia. An instant itinerary via Kuala Lumpur, Malaysia and Seoul, South Korea was confirmed in real-time with flights from three different carriers through a smart contract on blockchain.

Due to the unavailability of direct flights from Bengaluru to Ulan Bator, the shipper had to manually enquire about the availability of connecting flights with multiple airlines and agents over phone calls and emails, a very tedious and time-consuming process. Freightchain simplified the booking process and confirmed the itinerary 10 times faster for shippers by programmatically discovering the available routes with connecting flights within the shipper's budget and passing on significant cost savings to shippers. For the airlines, the dynamic on-demand interlining of flights helped improve otherwise underutilised flights.

For more information, shippers can visit [www.freightchain.world](http://www.freightchain.world) or [www.airasia.com](http://www.airasia.com) to start securing cargo space instantly.

## Air New Zealand Marks 80 Years of Flying



**D**espite recent turbulence experienced by the aviation industry, in its video *80 years of Air New Zealand*, the airline takes a moment to reflect on some of the special memories it's shared with customers both at home and abroad over the past eight decades.

Since its first TEAL flight to Sydney, a nine-hour journey using a Short S30 flying boat on 30 April 1940, Air New Zealand has connected Kiwis and their products with the world. The airline has also played a key role representing New Zealand on the world stage with its world class service delivery, operational excellence, passion for innovation with its safety videos and products like the SkyCouch, and commitment to sustainability.

Chief Marketing and Customer Officer Mike Tod says the 80<sup>th</sup> anniversary birthday is a time to reflect on milestones and thank New Zealanders for their continued support of the airline, which has been named best in the world on numerous occasions.

"While this birthday sees the airline operating in some of the most extraordinary circumstances in its 80-year history, the heart and passion of our people remain as strong as it was on that historic first day of operation," Tod says.

"The Kiwi can-do spirit is woven into everything we do and we look forward to building on the legacy of the past 80 years as we open a

new chapter in our airline's history and begin the rebuilding process after the severe impact of Covid-19."

Air New Zealand General Manager Global Brand and Content Marketing Jodi Williams says the airline's video released recently, *The Story of the Koru*, expresses the true meaning of exploration and what it means to be a Kiwi abroad. New Zealanders are intrepid explorers, and people often tell me it's the Koru and the "kia ora" they experience when they step onboard our aircraft that makes them feel like they're already home. Over the years the people, destinations and aircraft may have changed, but the Air New Zealand Koru remains constant."

The General Manager added, "The koru is symbolic of new life and new beginnings, and now is more important than ever to be reminded of how resilient we are as a business and as a nation - to continue to regenerate and bring new life to how we travel and connect with each other."

To download and view the Air New Zealand's '80 years of Air New Zealand' and 'Story of the Koru' videos, please visit [www.airnewzealand.co.nz](http://www.airnewzealand.co.nz)

For more information, please call 03-2715 5020 or email [airnz@discover-kul.com](mailto:airnz@discover-kul.com)





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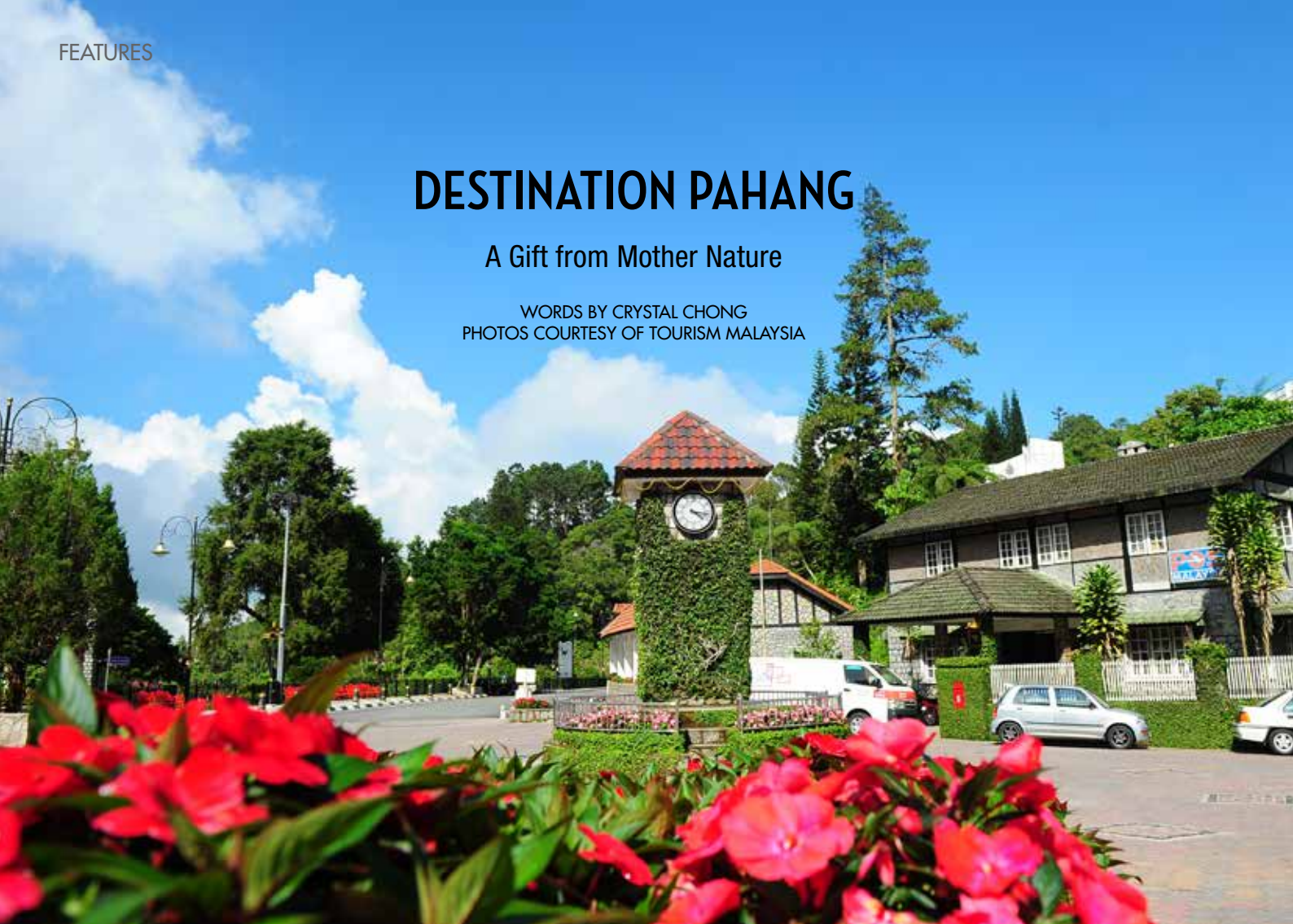
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# DESTINATION PAHANG

A Gift from Mother Nature

WORDS BY CRYSTAL CHONG  
PHOTOS COURTESY OF TOURISM MALAYSIA



As the Conditional Movement Control Order is set to lift this month, some of us may be thinking about travelling within the country to feed our wanderlust. There is no state like Pahang to do just that. With lush rainforests, laidback beaches and rich culture, find adventure in every corner in the largest state in Peninsular Malaysia.

### SEE AND DO

The capital city, **Kuantan**, is vibrant yet relaxed, making it the perfect getaway. Marvel at Pahang’s state mosque, **Masjid Sultan Ahmad Shah**, discover culture, history and art at the **Pahang Art Museum**, stroll along the **Kuantan River** at **Esplanade Park** or take a short drive to **Teluk Cempedak**, where you can unwind with the South China Sea in front of you.

If the beach is what you’re looking for, also check out **Balok Beach**, famous for water sports, and **Cherating Beach**, a top choice for a relaxing seaside holiday. Just nearby is **Kampung Cherating**, a peaceful Malay village filled to the brim with rural charm.

Around 45 km south of Kuantan is **Pekan**, Pahang’s royal town. Here, visit the **Sultan Abu Bakar Palace**, the official residence of the present sultan, the **Sultan Abu Bakar Museum**, where you can learn about the state’s royal history, and **Pulau Keladi Cultural Village**, where you can view the house of former

Prime Minister Tun Abdul Razak and try your hand at traditional weaving.

If there’s time, the serene town of **Sungai Lembing** should definitely be on the itinerary. This beloved holiday destination is known for the **Rainbow Waterfall** hike (yes, a real rainbow awaits at the foot of the waterfall from around 9am to 10am), **Bukit Panorama** sunrise and **Sungai Lembing Museum**, which charts the rise and fall of the town’s tin mining industry.

Further from Kuantan, explore gems such as **Taman Negara**, Malaysia’s premier national park estimated to be 130 million years old, **Endau-Rompin State Park**, the second largest national park in the peninsula and home to a plethora of exotic plants and animals, **Cameron Highlands**, the largest hill resort in Malaysia with sprawling tea plantations, **Fraser’s Hill**, a charming hamlet akin to a little Scottish village, and **Genting Highlands**, a popular resort offering round-the-clock entertainment and excitement at only an hour’s drive from Kuala Lumpur.



### EAT AND SAVOUR

With Kuantan so close to the sea, it comes as no surprise that it is home to many seafood restaurants. The most well-known is Ana Ikan Bakar Petai, where one must try the signature **Ikan Bakar Petai** – charcoal-grilled fish with onions, sambal and petai (stink beans) wrapped in banana leaf for a smoky flavour.

Other dishes to add to the list include **curry laksa** (noodles in a spicy, creamy and sweet curry broth) at the Muslim-friendly Hoi Yin Kopitiam, homemade **nasi lemak** (coconut

rice with various side dishes such as fried chicken and prawns) at Kedai Kopi Ah Soon, **satay** (meat skewers) at Terminal Satay Zul and **mango cheesecake** at Kula Cakes.

Outside of Kuantan, try the **Puding DiRaja** (a dessert hailed as a royal favourite) in Pekan, **gulai tempoyak ikan patin** (freshwater silver catfish with fermented durian) in Temerloh, and ‘**mountain water**’ **delicacies** in Sungai Lembing.

### REST AND RELAX

From five-star resorts to youth hostels, an extensive range of accommodation for all budgets and preferences await in Pahang.

In and around Kuantan, there’s the five-star **Zenith Hotel**, the budget-friendly **Kuantan Backpackers** hostel, the **Hyatt Regency Kuantan Resort** at Teluk Cempedak, the all-inclusive **Club Med** resort at Cherating and the unique **Time Capsule Retreat** in Sungai Lembing, where guests sleep in sewer pipes that have been turned into cosy rooms.

For those looking to rough it up a little, accommodation is available in Taman Negara, while destinations such as Fraser’s Hill are known for their charming cottages and Tudor-style bungalows. Pahang also has one of the highest number of homestay villages in the country, giving guests a simple, peaceful stay. Check out **Desa Murni**, Temerloh; **Kampung Baru Salong**, Pekan; and **Sri Makmur**, Kuantan.



*Fly to Kuantan*



\* Please note airline operations to Kuantan may be affected by the COVID-19 developments.



# FASHION & BEAUTY NEWS

All the must-knows and must-haves of the month

BY AGNES AUI



## FATHER'S FAVOURITE

Hublot knows that every man's dream is to own an immaculate timepiece with cutting-edge design, innovative movements and craftsmanship. That's why they're introducing the Classic Fusion Aerofusion Chronograph Ceramic SEA Special Edition 45mm, which is a Hublot masterpiece. This bold timepiece features a satin-finished and polished black ceramic case and bezel, with polished 18K King Gold H-screws. It is also the first timepiece from Hublot which features an 18K King Gold rectangular chronograph pushers and crown. The HUB 1155 self-winding chronograph movement is driven by 207 components and 60 jewels, at a frequency of 28,800 vibrations per hour and a 42-hour power reserve.

[www.hublot.com](http://www.hublot.com)

## ALL ABOUT MEN

Cole Haan has announced the release of its latest breakthrough product, the OriginalGrand Ultra. Designed with next-level technology in mind, OriginalGrand Ultra is the latest product in Cole Haan's men's footwear. The product features two silhouettes - the Wingtip Oxford and Plain Toe Oxford - and incorporates enhanced cushioning while being ultra-lightweight. Both silhouettes were developed with the brand's 360 design and engineering system with no break-in required. The shoe provides a cosy, sock-like fit while every component from the upper design to the foam density is optimised to reduce weight for men who are wearing them.

[www.colehaan.com](http://www.colehaan.com)

## SUMMER BREEZE

The Summer 2020 collection by Kate Spade New York takes inspiration from the things she'd collect, wear and love all summer on city picnics and pool parties. The ready-to-wear (RTW) pieces are versatile and meant to be worn all summer long for all kinds of occasions. The RTW collection features soft ruffles, smocking and modern takes on colour blocking. Handbags feature bold prints, preppy patterns and textures with fruit motifs. The brand's signature print of a spade flower-patterned jacquard developed with Italian mill Limonta (est. 1893) is also a new introduction this season. Colourful jewelry alongside fashion accessories with distinctive prints complete the Summer 2020 collection.

[www.katespade.com](http://www.katespade.com)



## FLY WITH BELL & ROSS

Known for its ultimate reference for professional aviation timepieces, Bell & Ross presents its new interpretation of the iconic BR 03-92 HUD watch. Fully in line with this collection, the BR03-92 HUD gets inspiration from the avionic displays of fighter jets equipped with cutting-edge technologies. The design features a contemporary style where the black matte ceramic case displays a "circle in a square", referring to the silhouette of an aircraft cockpit clock. The green on the dial mirrors the computer-type display of the Head Up Display and the case's anti-reflective matte black background provides a striking contrast. The BR 03-92 HUD is also water resistant for up to 100 metres.

[www.bellross.com](http://www.bellross.com)







## URBAN TREKS

Running with the theme of "Big Apple Camp", the Coach pre-Fall 2020 collection features outdoor and urban vibes with a blend of sporty feels. The collection's silhouette bends toward retro glam featuring various pieces like a striped cardigan tucked into leather belted shorts, polos with elongated piqué collars, and a suede jacket with a soft apple print skirt accompanied by chunky heeled boots. Adding nostalgia from when spooky stories were told during camps, the designer added T-shirts with skull prints and incorporated apples as well. Other standout items in the collection include a green shearling vest, yellow checker pants with emerald waistband, and a green blouson leather jacket. [www.coach.com](http://www.coach.com)



## SUSTAINABLE SPRING

Burberry is launching a curated edit of 26 styles from the Spring/Summer 2020 collection that are crafted from sustainable materials used across the Burberry product range known as 'ReBurberry Edit'. Each product in the ReBurberry Edit, along with others across menswear and womenswear, soft and hard accessories bear the pistachio labels. The Edit features a range of eyewear crafted from pioneering bio-based acetate alongside trench coats, parkas, capes and accessories created from recycled nylon made from regenerated fishing nets, fabric scraps and industrial plastic. Additional outerwear pieces in ReBurberry Edit are made using a new nylon that has been developed from renewable resources such as castor oil and a polyester yarn made from recycled plastic bottles. [www.burberry.com](http://www.burberry.com)



## TATCHA

### Violet-C Radiance Mask

Maintain your skin's youthfulness with this creamy anti-ageing mask that contains Japanese beautyberry, a super fruit that's rich in antioxidants. It also contains vitamin C and healthy acids that help create soft and glowing skin. **RM280**



## ORVEDA

### Ironing Effect Masque

Smooth your skin with Orveda's ironing effect masque - commonly referred to as the 'Instagram filter' because of how it noticeably smooths and erases signs of fatigue while firming your skin. This product is formulated with eight active ingredients, concentrated at seven percent including organic oat extract, bamboo water and hyaluronic acid. This mask is suitable for all skin types and is vegan-friendly. **RM1,565**

## MIMI LUZON

### Wonder Treatment

Ideal for sensitive skin, this treatment combines pure silver leaf foil with an 'After Effect Corrective Mask' to soothe, cool and protect skin against future dehydration. This box of four treatments will help give your skin that shine while relieving tightness and redness. It can be used to treat skin infections and acne while diminishing fine lines. **RM1,096**



## GLAMGLOW

### Berryglow Probiotic Recovery Mask

Not only is probiotic good for your body but your skin as well. This natural mask has a creamy consistency and is formulated with hyaluronic acid and jojoba oil. The product also has natural hibiscus petals and beetroot that help reduce fine lines and uneven skin tone. **RM205**

# MASK MAGIC

A compilation of masks that can be used for any occasion

BY AGNES AUI

## CHANTECAILLE

### Gold Recovery Mask

Treat yourself to a luxurious and moisturising spa night with this recovery mask. Infused with 24-karat gold and silk extracts, this product not only soothes skin but reduces redness, tones, strengthens and helps impart a long-lasting glow. It is also free from sulfates, synthetic colours and synthetic fragrances - making it the perfect pick-me-up after a long tiring week. **RM1,395**



## KYPRIS BEAUTY

### Cerulean Soothing Hydration Recovery Mask

Skincare that makes you look good and feel good are ultimate keepers. This is evident with this new product from KYPRIS Beauty. It's vegan, sustainable and intensive yet lightweight. The cerulean treatment mask uses an organic blend of 36 botanical and green biotechnological ingredients that help rescue dehydrated skin and defend it from everyday pollution. **RM1,101**



ATHLEISURE

Pair up your favourite activewear with laid back tops and coats for a casual day out

BY AGNES AUI



**ALEXANDER MCQUEEN**  
Grain de poudre wool blazer  
RM7,213



**BOTTEGA VENETA**  
Cropped knitted sweater  
RM4,635



**FENDI**  
Rama printed stretch leggings  
RM1,327



Fila Spring Summer



**GUCCI**  
Sylvie 1969 mini chain-embellished patent-leather tote  
RM13,471



**BALENCIAGA**  
Triple S Clear Sole logo-embroidered leather, nubuck and mesh sneakers  
RM4,735



**BALMAIN**  
Double-breasted wool blazer  
RM6,894



**ALEXANDER MCQUEEN**  
Cotton-blend guipure lace bustier top  
RM5,828



**TORY SPORT**  
Striped stretch leggings  
RM457

EASY-GOING PRINTS

Switch things up this Spring with some patterns and prints curated for your everyday look

BY AGNES AUI



**VERSACE**  
Printed Denim Shirt  
RM5,120



**ISABEL MARANT**  
Haley Tie-Dyed Cotton Bucket Hat  
RM541



**SAINT LAURENT**  
Black Slim-Fit Denim Chino Trousers  
RM1,642



Jeremy Scott Spring



**GUCCI**  
New Ace Logo-Embroidered Leather Sneakers  
RM2,696



**ALEXANDER MCQUEEN**  
Slim-Fit Printed Cotton-Poplin Shirt  
RM3,333



**CHRISTIAN LOUBOUTIN**  
Hubertus Cap-Toe Suede Oxford Shoes  
RM4,082



**VALENTINO**  
Embroidered Wool Bomber Jacket  
RM21,894





FATHER’S DAY  
GIFT GUIDE

Appreciate your dad by gifting  
him the finest opulent accessories

BY AGNES AUI

1. **GUCCI** 5cm Black Leather Belt RM4,643 . 2. **VERSACE** Gold-Tone and Enamel Cufflinks RM1,329 . 3. **ROGER DUBUIS** Excalibur Automatic Skeleton 42mm Titanium and Leather Watch, Ref. No. DBEX0726 RM250,758 . 4. **MAOR** The Perihelion 18-Karat Gold Diamond Bracelet RM62,602 . 5. **CARTIER EYEWEAR** Aviator-Style Brushed Gold-Tone and Tortoiseshell Acetate Sunglasses RM4,109 . 6. **TOM WOOD** Shelby 9-Karat Gold Smoky Quartz Ring RM6,508 . 7. **BOTTEGA VENETA** Intrecciato Suede and Leather Holdall RM24,627 . 8. **LONGINES** Heritage Classic in black RM8,340 . 9. **TRIANON** White Gold Onyx Cufflinks RM5,860 . 10. **THE ROW** Leather and Gold-Tone Cardholder RM2,780



FATHER’S DAY GIFT GUIDE

Level up your father’s grooming game with these  
luxurious essentials

BY AGNES AUI

1 . **DIPTYQUE** Baies Indoor & Outdoor Scented Candle, 1,500g RM1,217 . 2. **AMBUSH®** Logo-Engraved Sterling Silver and Plastic Comb RM2,706 . 3. **NATURA BISSÉ** Diamond Cocoon Ultra Rich Cream, 50ml RM1,378 . 4. **TOM FORD** BEAUTY Tobacco Oud Intense Eau de Parfum - Tobacco Leaf & Rare Oud, 100ml RM2,386 . 5. **ANGLE BY MORRAMA** Brush and Bowl Shaving Set RM820 . 6. **THE LIGHT SALON** Boost Advanced LED Light Therapy Face Mask RM1,767 . 7. **BOLIN WEBB** R1 Mach3 Cartridge Razor and Stand Shaving Set RM1,181 . 8. **BOTTEGA VENETA** Intrecciato Leather Wash Bag RM4,945 . 9. **111SKIN** Celestial Black Diamond Cream, 50ml RM3,149 . 10. **BAMFORD GROOMING DEPARTMENT** Stainless Steel and Carbon Fibre Manicure Set RM7,381



# THE LUXE REPORT

BY CRYSTAL CHONG



## Hästens and Ferris Rafauli Reveal RM1.69 Million Mattress

Swedish mattress company Hästens has teamed up with luxury designer Ferris Rafauli (the man behind Drake's mansion) to launch the exclusive Grand Vividus. Representing a new level of comfort, craftsmanship and luxury drawing on Hästens' over 168 years of expertise, the US\$390,000 (RM1.69

million) mattress combines a timeless and classic design with Rafauli's unique style.

Built entirely by hand with a bed fabric of 100% breathable cotton, high-quality naturally tanned European leather, golden brass details and an impressive solid base

upholstered in nubuck, the Grand Vividus is a work of art and a majestic centrepiece for the bedroom.

VIP orders are being accepted now and the Grand Vividus will be available at Hästens stores globally from September 2020.



## Louis Vuitton Launches Luxe Additions to the Home Gym

Working out at home just got more luxurious. With the temporary closure of gyms in the nation, many have turned to exercising at home to keep fitness levels up. Just in time for this new normal, Louis Vuitton has launched a new line of sporting goods to make sweat sessions extra stylish.

There are the RM11,500 3kg dumbbells which have a striking aesthetic and sporty appeal. Each weight, made from lustrous metal, is finished with an eye-catching Monogram Eclipse canvas handle and House signature engravings. Then, the RM9,600 Ping Pong Set for a game of table tennis at home or while on the go. Not to forget, the RM2,850 Christopher jump rope – a workout essential with a fashionable new spin composed of a leather strand and handles covered with a dark, masculine Monogram Eclipse canvas.



## Belmond Introduces 'Tomorrow Time'

Luxury hotel group Belmond is introducing a new era of adventures with 'Tomorrow Time' - an invitation to look ahead to the future and reimagine a world of travel opportunities. With no expiration date, the 'Tomorrow Time' travel pass offers an extra incentive to start planning the most desired travel experiences.

"We are looking forward to the moment when we can welcome back our guests from around the world with true Belmond hospitality - showing them the warmth and care that they desire and adding a little magic to their lives. Until then, we will keep the dream alive and nourish the desire for travel and adventure," Arnaud Champenois, SVP Brand & Marketing, shared.

When the world of travel is open again, Belmond will be ready to offer a world of experiences - whether seeking the simple pleasures of walking barefoot in the sand across the pristine white sands of Anguilla at Cap Juluca or exploring the wilderness of the Okavango Delta. Visit [belmond.com](http://belmond.com) for more information.



## Bar Trigona Named Best Bar in Malaysia

In a dramatic leap from last year, Bar Trigona at Four Seasons Hotel Kuala Lumpur has claimed a prestigious spot on Asia's 50 Best Bars 2020 list, having been named the Best Bar in Malaysia at a virtual ceremony on May 14, 2020.

Thanks to Head Bartender Ashish Sharma's brand of mixology, which marries creativity with sustainability, the elite watering hole also brought home the Ketel One Sustainable Bar Award 2020 for the second year in a row. This comes as no surprise with the bar's commitment to homegrown ingredients as tracked down by Ashish during his forays into the Malaysian countryside. It was during one such research trip that he discovered the trigona honeybee, the inspiration behind the bar's name and a hive of eco-friendly initiatives. Native to Southeast Asia, these stingless bees produce the highly sought-after trigona honey. The sweet and sour notes of this nectar – sourced in small batches from Dino's Kelulut Organic Farm in Negeri Sembilan – lend a distinct taste to the bar's signature cocktails.





# BEAUTIFUL HOTEL DESTINATIONS

Somewhere along the way, hotels have become a rightful destination on its own. Here are some luxury hotels scattered across the globe, that should be on top of your bucket list, post-pandemic.

BY HIRANMAYII AWLI MOHANAN

## Grace, Santorini

📍 Santorini, Greece

Grace Santorini hotel epitomises minimalism at its best, carved out of a clifftop on Greece's sunset paradise. Perched up the cliff face, the hotel is sprawled over different levels, with views of Skaros Rock and a chalky restaurant taking up its own floor. Go with the Grace Suite that offers plunge pools – one indoors, with a partition so it can be ocean-facing or private, and an extra one out on the terrace. The hotel prides itself for its heated infinity pool (the largest by the caldera) that runs along the front of the hotel, perfect for swimming and Skaros Rock-spotting simultaneously. There are well-cushioned double loungers, a bar and an outdoor shower.

[aubergeresorts.com/gracehotel](http://aubergeresorts.com/gracehotel)



## Deplar Farm

📍 Troll Peninsula, Iceland

Witness the magnificence of the Aurora Borealis first-hand at the Deplar Farm. Now a luxury resort, the Deplar Farm was the home to a drove of hardy Icelandic sheep. boasting turf-camouflaged, rooftop-concealed cosy suites, a stylish spa, restaurant and play space, the crowning glory of the resort is a sweeping view of the surrounding ice-sloped mountains and sprawling wilderness of the magical Troll Peninsula. There's no need to worry about food here as all meals are included, featuring dishes such as locally-caught trout and Icelandic char. Gather your gear and be ready to embark on an adventure – be it trekking, skiing, or horse-riding – by day, then shake off the snow and cosy up by the fire, or float in the open-air pool (heated by geothermal energy).

[www.elevenexperience.com/deplar-farm-iceland-winter](http://www.elevenexperience.com/deplar-farm-iceland-winter)



## Aman Venice

📍 Venice, Italy

One of the grand dames of Italy, Aman Venice has been the site of high-society soirées since the 16th century. Formerly the Palazzo Papadopoli, this grand Baroque building houses original frescoes – by Giovanni Battista Tiepolo, and Rococo and Neo-Renaissance decor have been restored to their former grandeur. With a hidden jetty entrance, private garden and the top-drawer staff will make you feel like a movie star. On the third level of the garden building, a small intimate spa grants a touch of modernity, breaking away from the rest of the palazzo with Asian-inspired wooden accents. Therapies offered in the three low-lit treatment rooms – one with a soaking tub – include body scrubs, massages and facials.

[www.aman.com/resorts/aman-venice](http://www.aman.com/resorts/aman-venice)



## La Réserve Ramatuelle

📍 St. Tropez, France

When the brightly-lit bustle of St Tropez gets too much, seek refuge at La Réserve Ramatuelle, where it features heart-stomping magnificent views over the Mediterranean from a crow's-nest setting just outside the city. The spectacular spa is the star here, but the brilliant detox-friendly cuisine and the modern all-white rooms turn out memorable supporting roles. Each room is embellished with a palette of muted minks, taupes and crisp whites, and looks out over the ocean. When you finally pry away from the comfort of the room, order a tippie from the bar, sink into one of the beanbags around the heated outdoor pool, and lazily contemplate a lap or two. Indoors, the spa's pool has a jet lane.

[www.lareserve-ramatuelle.com](http://www.lareserve-ramatuelle.com)

## Maçakizi

📍 Bodrum Peninsula, Turkey

The tranquillity of Maçakizi hotel's pale, powder-white rooms complements the shimmering Aegean. Outside, chatters are heard by the bar that stretches out on the decks, drawn by the view, top-notch restaurant and gorgeous and stone-studded gardens. Great food becomes the heart of this hotel. Though rooms close in winter, the restaurant stays open all year, and is seen as a culinary heavyweight. Elegant yet cosy white chairs are laid out on the deck, overlooking the Aegean while at night, glamorous diners and ankle-high lanterns light up the space. The seafood-celebrating menu includes octopus with black risotto, and grilled grouper with red pepper coulis.

[www.macakizi.com](http://www.macakizi.com)





# PeIP

## MALAYSIA'S FIRST MRO AND IRM GLOBAL CENTRE OF EXCELLENCE

Serba Dinamik Holdings Berhad is creating Malaysia's first maintenance, repair and overhaul (MRO) and inspection, repair and maintenance (IRM) Global Centre of Excellence complemented by our Plant Turnaround Village (PTV) in Pengerang, Johor. As project owner and anchor of Pengerang Eco- Industrial Park (PeIP), we have designed this development to serve the needs of downstream oil and gas, as well as power generation industries.

First and foremost, our PeIP is strategically located approximately four kilometres (straight line) from PETRONAS' refinery and petrochemical integrated development (RAPID), a USD27 billion (RM110 billion) development. Singapore centre is approximately 110 kilometres by road from PeIP. By locating at PeIP, your company can provide prompt and efficient services to RAPID.

### One-stop centre to meet the needs for maintenance of plant and machinery.

PeIP is an ecosystem of infrastructure, facilities, and providers of products and services housed within one location. Our PeIP incorporates a Logistics Hub to provide transportation services and warehousing of equipment, parts and pipes. We have a technical and vocational education and training (TVET) centre to provide a steady supply of skilled manpower. We also have a centralised and independent utility facility (IUF) to deliver compressed air, data centre services and back-up power.

To support PeIP we have incorporated Pengerang International Commercial Centre (PiCC) in our overall master plan. PiCC is next to our PeIP and comprises commercial, hospitality, infrastructure, facilities and amenities.



FACTORIES



LOGISTIC HUB



T-VET CITY

### Sales Gallery PeIP

No. 150 Jalan Maarof, Presint Bangsar, 59000 Kuala Lumpur, Malaysia  
Tel: +(603) 2856 3919 | Hotline: +60 13-333 9439 | [peip@de-serbadk.com](mailto:peip@de-serbadk.com) | [peip.com.my](http://peip.com.my)

Project By:



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# ASANAS FOR BEGINNERS

## A Discipline For Everyone

BY HIRANMAYII AWLI MOHANAN

When celebrities like Gwenyth Paltrow, Jennifer Aniston and Gisele Bündchen swear by yoga, an ancient Indian discipline that dates back thousands of years, you know you want to reap its benefits too. The beauty of yoga is that it’s for everyone — you can be young or old, overweight or fit, yoga has the ability to bring serenity to the mind while strengthening the body. The foundation of yoga, besides pranayama (breathing) is asanas (poses). Here are some good poses to learn as you build a regular yoga practice.

### DOWNWARD-FACING DOG

Downward-facing dog or its Sanskrit term, Adho Mukha Shvnanasana is done to strengthen the arms, shoulders and back while stretching the hamstrings, calves and arches of your feet. This is the right pose to explore, especially if you have back pain. You can do it to relieve any back aches. Don’t forget to breathe during the asana and focus on distributing your body weight evenly through your palms. Lift your hips up and back, away from your shoulders.

### CHILD’S POSE

Not only is it easy, this calming pose is a good default pause position. It’s a wonder really, that an asana such as this can gently stretch your lower back, hips, thighs, knees and ankles and relaxes your spine, shoulders and neck. Balasana can be used between poses, to rest and recentre before continuing on. You can also modify it by using a cushion or block to rest your head and place a rolled towel under your ankles if you get uncomfortable. As you breathe, focus on relaxing the muscles of the spine and the lower back.

### PLANK POSE

Kumbhakasana or plank pose is known by many, in fact used as an exercise. The intention of this asana remains the same — to build strength in the core, shoulders, arms and legs. It’s especially good for the upper body. However, should you have carpel tunnel syndrome, you should avoid it as it can be hard on the wrists. As you plank, imagine the back of your neck and spine lengthening.

### COBRA POSE

Another important pose for the back comes in the form of Bhujangasana, the cobra pose. A literal back-bending one, when performed regularly, this asana builds strength in your back muscles, increases spinal flexibility and stretches the chest, shoulders and abdomen. This also means that it will prevent back aches. That said, if you suffer from lower back injuries or arthritis in the spine and neck, it’s best to skip this pose. As you get into Bhujangasana, be mindful of drawing your navel away from the floor as you hold this pose. Another important note is to breathe through it.

### TREE POSE

As beginners, you would probably find it a feat to balance during poses. Tree pose or Vrksasana, is perfect for working on balance and posture. Besides that, it can also strengthen your core, ankles, calves, thighs and spine. As you perform the tree pose, be mindful of your breath, as it goes in and out, while holding this pose.

### TRIANGLE POSE

Trikonasana, found as part of many other asanas is known for building strength in the legs and stretches the hips, spine, chest, shoulders, groins, hamstrings and calves. With practice, it can also help increase mobility in the hips and neck. This asana is great for building strength and endurance. If you have high blood pressure, turn your head to gaze downward in the final pose while for those with neck problems, don’t turn your head to look upward; look straight ahead and keep both sides of the neck long.





# SAVING SENSITIVE SKIN

Ways to care for your fragile face

BY AGNES AUI



Having sensitive skin is difficult and tedious when it comes to skincare because your skin can easily be overwhelmed and flare up when applying on most products if not all. When dealing with delicate skin, it is important to understand and be careful when curating your skincare. Thus, here are some tips and tricks you should know when caring for sensitive skin:

### #1 GO FRAGRANCE AND PARABEN FREE

When buying skincare products, make sure to read the ingredients closely and avoid products with fragrance and paraben preservatives. Mainly because these two ingredients are known to cause irritation and flare-ups. It is also important to note that the lesser the ingredients, the better it is for your skin. Therefore, try to purchase products with less than 10 ingredients in it.

### #2 ALWAYS PATCH-TEST

Trying out new products can be a nightmare, which is why you should always patch-test after buying a new product. Determine a spot on your face that's easily covered (like the underside of your jaw or the corner of your forehead), apply a small amount of the product twice a day for one to three days. If irritation occurs, cease usage of the product as you're sensitive to it.

### #3 TOUCH FACE WITH CLEAN HANDS

When cleansing, moisturising and applying sunscreen, ensure that your

hands are thoroughly cleaned with soap and water before doing so. This is because delicate skin has a higher tendency to react to the bacteria transferred from our hands to the face, causing more problems and irritation. With that being said, you should also avoid touching your face at all times.

### #4 AVOID USING HOT WATER

Hot water causes our pores to open up and with sensitive skin, it may cause your face to flare up - spreading red patches that are itchy and dry. Try to use lukewarm water when washing your face to ensure dirt gets washed off while preventing irritation. You should also try to avoid hot showers as the steam may aggravate your skin.

### #5 KEEP IT SIMPLE

Sensitive skin gets overwhelmed easily when you try to apply too many products onto it. As much as you want to try serums, oils and essences, sometimes a gentle cleanser, moisturiser and sunscreen is all you really need. So just keep it simple and your skin will thank you for it.



# GET IN SHAPE AT HOME

## Youtube Fitness Channels You Need to Follow

BY HIRANMAYII AWLI MOHANAN

Research has shown that a good way to boost the immune and metabolic system is through exercise. So while we're in the midst of social distancing, another safeguard against the COVID-19 pandemic is to get moving and work up a sweat through exercise.



JOANNA SOH

Joanna Soh and her contagious enthusiasm brings a personal trainer session to your home via her fun workout videos. This popular certified personal trainer and Women's Fitness Specialist curates kickass circuits that easily burn approximately 400+ calories per session and turns up the notch with strength challenges that call for 1,000 squats and lunges, and more. Your body is going to be on fire from following her videos, in the best of ways and you will feel thoroughly accomplished.



MIKE DONAVANIK

A Los Angeles-based personal trainer, entrepreneur and content creator, Mike Donavik empowers people to lead a healthy lifestyle through his YouTube workout videos. Leading with a tough love method, Donavik pushes you to do your absolute best. His fiery workout videos range from kettlebells to kickboxing. It is noteworthy that he maximises every minute so get ready to be huffing and puffing.



BLOGILATES

Award-winning instructor, personality and creator of Blogilates with over 500 million video views and 4 million subscribers, Cassey Ho offers Pilates lovers a short and most importantly, free exercise videos. You can either target specific muscle groups or compile the videos to make a full-body workout. Cassey makes the workouts fun yet motivates you to give it your all.



MADFIT

With a bubbly personality and instructive play by play, MadFit, helmed by Maddie Lymburner is the best fitness videos for the busy metropolitans. With a myriad of videos that target specific parts of the body you want to work on, her videos only take 30 minutes at most. She also has a 20-minute apartment-friendly full body HIIT workout that is low on impact and doesn't require jumping, equipment, or repetition.



CHLOE TING

If you follow Chloe Ting on Instagram, you're probably familiar and have perhaps tried her free comprehensive YouTube fitness programs, which she dubs as 'Challenges'. The latest that she launched being the Four Weeks Summer Shred Challenge which targets the whole body — perfect for weight loss. A full library of existing programs is available for viewing on her website.

Chloe's videos strike an ideal balance of informative and engaging. It's easily done at home and all you need is a yoga mat for joint support. While you have probably seen most moves somewhere, Ting brilliantly combines and packages them in a digestible, doable way.



ALO YOGA

There's nothing like a good stretch, one that only a good Yoga session can give. We have the ideal YouTube channel for you to follow — alo Yoga. Known for its apparel brand that shares the same moniker, alo Yoga provides the best, zen workout videos. Seek inner peace through their functional flow or the seven days of gratitude. Fear not, they're not selling you anything except for flexibility and peace.



# A GUIDE TO ACIDS IN SKINCARE

## Which Are Right for You?

BY CRYSTAL CHONG

Choosing the right products with the right ingredients can make all the difference in caring for your skin. If you've ever wondered what acids can do for you, here is your guide to the face acids to know and the benefits they bring, be it to fight acne, wrinkles or pigmentation. Ready to get that glow?

### HYALURONIC ACID

If you're concerned about dehydrated skin, you'll want to introduce hyaluronic acid into your skincare routine. It is all about hydration, attracting and retaining water to keep the skin looking healthy. While the acid is found naturally in our skin, the amount decreases as we get older. As such, this is a great ingredient for ageing skin, working to improve the appearance of fine lines as well as soften and plump skin.

### SALICYLIC ACID

In the skincare world, the most common beta-hydroxy acid (BHA) is salicylic acid, known to be anti-bacterial, anti-inflammatory and exfoliating. Because it is oil-soluble, it can travel deeper into pores instead of working only on the surface. This ability to really loosen dead skin cells and clear pores of dirt and sebum without manual exfoliation, makes salicylic acid ideal for treating oily and acne-prone skins.

### GLYCOLIC ACID

Another popular acid is glycolic acid, an alpha-hydroxy acid (AHA) derived from sugarcane. As opposed to BHAs that

penetrate deep into the pores, AHAs are water-soluble and primarily work on the skin's surface, gently dissolving dead skin to reveal smoother, softer-feeling skin.

Glycolic acid is often recommended for those new to face acids because it is gentler. It has the smallest molecules of all AHAs, allowing it to easily get into the skin to give real results. As one of the best acids for ageing skin, it is very effective for reducing fine lines, preventing acne, fading dark spots, increasing skin thickness, and evening out skin tone and texture. Do note that use of glycolic acid can increase sun sensitivity so be sure to use your sunscreen, as you should every day.

### LACTIC ACID

Lactic acid is another popular AHA and a key ingredient to remember for those with sensitive skin as it is milder than glycolic acid. Derived from milk, it moisturises and exfoliates at the same time to soften fine lines and wrinkles, reduce hyperpigmentation and give smoother skin with less risk of irritation.

### CITRIC ACID

Citric acid is another AHA, derived from citrus fruits. It's an antioxidant-rich acid that is good for preventing premature ageing. It's also suitable for acne-prone or sun-damaged skin because it exfoliates to lighten brown spots.

### MANDELIC ACID

Also in the AHA family, mandelic acid,

like glycolic acid, is a chemical exfoliator useful for preventing acne, treating sun damage, evening out pigmentation, and brightening and lightening the skin.

However, due to its larger molecular structure, it doesn't penetrate skin as deeply as glycolic acid so it is more suitable for those with sensitive skin. It is also anti-bacterial and commonly recommended in peels.

### OLEIC ACID

If you have dry skin, take note. Oleic acid is a moisturising essential fatty acid found in animal and vegetable sources. High-oleic oils, such as almond oil and olive oil, create an extremely moisturising seal on the skin, helping alleviate dryness. It also has antioxidant and anti-inflammatory properties that can help address psoriasis, eczema and more.

### FERULIC ACID

As an antioxidant acting as protection against pollution and radiation, ferulic acid is for anyone interested in an anti-ageing skin regimen. It is said to help reduce the formation of fine lines, wrinkles and brown spots, the potential for sagging skin, and inflammation. Pair it with other antioxidants, particularly vitamins C and E, and resveratrol, for better effect.

The wonderful world of face acids can bring great benefits to the skin, but remember to consult a professional to find what's best for you.







# THE NEW NORMAL

## Life After the COVID-19 Pandemic

BY HIRANMAYII AWLI MOHANAN

On May 14, 2020, the World Health Organisation (WHO) emergencies expert, Mike Ryan relayed in an online briefing that the coronavirus could become an endemic similar to HIV, and populations around the world would have to learn to live with it. We are wading through uncharted territory and while most of us just want things to get back to normal, the truth is, nothing will remain the same again.

In simpler times, heading out for groceries, a manicure or a casual drink or bite with friends was easy and uncomplicated. Now, in these new normal, public displays of affection like hugging, kissing or even shaking hands are no longer possible, which would eventually change our social behaviour and the way we interact.

As businesses, restaurants and public spaces are progressively reopening across the world, one evident difference is the ubiquitous placement of hand sanitisers, temperature checks and lines marked with tape to determine social distance. Some have even gone the distance to place sheets, creating a barrier between tables. This will subconsciously drill a practice to keep a good distance from each other. Takeaways and deliveries have been encouraged despite the option of dining in. We have also noticed since the cancellation of public, social and religious gatherings, people have adjusted and assimilated, opting for virtual alternatives

such as via TV, video conferences on Zoom or Google Hangouts and social media. In fact, many concerts have shifted online.

When everyone across the world were forced to work remotely to flatten the curve of the pandemic, business and employees soon realised that technological advancements allowed those who work a desk job to continue performing at home. With an Internet connection, what was done in the office could now be easily executed at home. For industries like the media, writers and journalists can work remotely — all they need is the Internet and a laptop. Meanwhile, those involving front-line operations or fieldwork at construction sites, staggered working hours could be implemented to increase the physical distance between employees.

Bigger companies with more employees are also practising staggered working hours, which essentially means the employees arrive and leave the office at different times or days. Varying across organisations, staggered working hours could also mean that employees work in shifts, some attending work every other day or week. According to the experts, staggered working hours are not only effective to avoid traffic congestion but also practical to curb the spread of the coronavirus on the overburdened public transport during peak hours. The world has definitely changed and will probably build resilience to an issue such as the COVID-19 pandemic.



Sky Sanctuary Suite Bedroom

You might live in the city, but a staycation within Kuala Lumpur is a different experience altogether — one that is ultimately fulfilling. Sitting in the heart of the Golden Triangle of Kuala Lumpur, Banyan Tree Kuala Lumpur serves as an urban oasis overflowing with Malaysian hospitality.

This elegant, cool and contemporary facade towers at 60 storeys and reflects the quiet luxury of 21st-century interiors. Featuring 55 well-appointed rooms and suites from a spacious 51 sqm Banyan Retreat to the 200 sqm Banyan Tree Suite, the rooms are filled with a generous amount of sunlight, vanilla cream hues, unobtrusive vistas of the KL skyline and technology. It makes for a seamless blend of modern comfort with a lavish air that ensures this hotel tops the list of KL's offerings.

If you're staying in the Signature Sky Retreat, you can expect to unwind completely in Banyan Tree Kuala Lumpur's Chromotherapy shower. After a hot shower, jump into their heavenly goose-bedding, king-sized bed and get lulled into sweet slumber instantly. Come morning, wake up to ample sunlight streaming in, cueing for sun salutations. Otherwise, work up a sweat in the state-of-the-art fitness facility. Be it morning or evening, dive in the hotel's open air swimming pool and witness as the skies are painted with a dusty pink and orange.

To dust away the stress and tension of the mind and body, the Banyan Tree Spa offers Sanctuary for the Senses — a place



Dining Altitude

for physical, mental and spiritual renewal. To achieve this, the spa focuses on a non-clinical and holistic approach based on traditional Asian healing therapies. Allow yourself to be treated with the Royal Banyan — the confluence of Eastern and Western massage techniques to improve blood circulation and ease muscle aches. It features a warm herbal pouch dipped in sesame oil. This signature treatment presents the quintessential Banyan Tree Spa experience like no other.

Banyan Tree Kuala Lumpur impresses with its offering of five dining outlets, leading

with Horizon Grill — serving hearty a la carte breakfast, executive lunches to gourmet dinner menu with fresh seafood and premium steaks. Count your blessings at Altitude where you can enjoy afternoon tea and fine wine is met with a magnificent view of KLCC and the rest of KL. When the sun dips and night falls, dance the night away at Vertigo, a stylish bar helmed by a creative mixologist who will create personalised cocktails to complement its Southeast Asian-inspired tapas.

2 Jalan Conlay, 50450 Kuala Lumpur  
Tel: 03 2113 1888



# INTERCONTINENTAL KUALA LUMPUR

Convenient and Luscious

BY AGNES AUI



Swimming pool



Club King Bedroom

Located in the heart of Malaysia’s energetic capital, InterContinental Kuala Lumpur is widely known as the city’s ideal destination for sophisticated business travellers. Not only does the prestigious hotel offer luxurious interior and spacious rooms but elegant hospitality and attention to detail as it offers guests authentic insights as to the local hotspots and culture.

**STEPPING IN**  
As you go through the hotel entrance, you’re immediately welcomed by its opulent lobby that features a chandelier cascading down four-and-a-half metres. Head over to the island-designed reception where a friendly service team awaits to check you in while attending to your other needs. Taking things to the next level is the lobby’s signature element, the concierge lounge,

where guests can rest snugly as they wait for their room keys or have a chat with the professional concierge team who will readily provide travel insights about Kuala Lumpur.

**ROOMS**  
InterContinental Kuala Lumpur boasts a total of 473 guest rooms and suites with panoramic views of the city. Each room is furnished with contemporary fittings and amenities like plush bedding, rain shower, flatscreen television and high speed Internet broadband. The club king room comes complete with a study table and living space - perfect for business trips that require an equal balance of work and relaxation. To make things better, all club rooms and suites include access to the exclusive Club Lounge with all-day refreshments and evening cocktails.

**FACILITIES**  
Aside from delectable dining options like award-winning Tatsu Japanese Cuisine, Tao Chinese Cuisine, IVIV (OneSixFive) Lounge & Wine Bar, all-day dining Serena Brasserie and Bentley’s Pub, the hotel is also home to some of the best facilities. Take a dip in its freeform pool, break into a sweat at its 24-hour gym or relax your muscles by trying out the spa. For business trips, the hotel provides eight fully-equipped meeting rooms and two pillarless conference venues that can cater for up to 700 people.

**STEPPING OUT**  
Convenience is evident when staying at InterContinental as nearby public transport will ease your daily sightseeing journey. The hotel is only three minutes away from the Ampang Park Light Rail Transit (LRT) station and five minutes away from KLCC. Hotel guests can also enjoy complimentary scheduled shuttle services to key business districts, KLCC and the Bukit Bintang area.

**InterContinental Kuala Lumpur**  
165 Jalan Ampang, 50450 Kuala Lumpur  
1800 801 881 / 03 2782 6000



Hotel Lobby

# SHERATON IMPERIAL KUALA LUMPUR HOTEL

The ‘Grande Dame’ of the City

BY CRYSTAL CHONG

With a recent multimillion-dollar facelift, Sheraton Imperial Kuala Lumpur Hotel blends traditional grandeur and modern simplicity, creating an atmosphere of refined elegance.

Designed for travellers and locals alike, the hotel brings together bright and contemporary rooms, refreshed dining concepts and a strategic location giving guests the best of both worlds - easy access to KLCC and the iconic Petronas Twin Towers, and a buzzing historical area with pre-war shophouses.

**REST AND RELAX**  
The hotel is home to 398 beautifully designed rooms with abundant space and light, walk-in closets, complimentary Wi-Fi, sleek marble bathrooms and 24-hour room service. Choose from the collection of Deluxe Rooms, Club Rooms and Suites. To make the most of your stay, refresh your well-being at the luxury on-site spa, well-equipped gym or outdoor pool.

**SAVOUR AND SOCIALISE**  
A wide range of flavours and experiences await at Sheraton Imperial Kuala Lumpur

Hotel. Visit Villa Danieli, the hotel’s rustic Italian restaurant, for an authentic taste of the Mediterranean in the heart of Kuala Lumpur. Chef Roberto Panariello recreates the Tuscany villa dining experience with fresh fare, interpreting traditional Italian dishes with both international and local produce.

To wind down with a book or with loved ones, head to the Pavilions Lounge & Bar, where you can enjoy the Classic Afternoon Tea, after-work Happy Hours, or wine and cigar in a new library-styled bar area.

For excellent Chinese cuisine, reserve a table at the celebrated Celestial Court, which showcases the culinary genius of Chef Ho Boon and Dim Sum Master, Chef Ken Liew. You could also enjoy all-day dining and a lively ambience at the family-friendly Essence, which specialises in local flavors and international favourites. With the Conditional Movement Control Order in place, the two restaurants are now open for dine-in. To ensure the health and safety of all, rest assured that temperature screening, contact tracing, social distancing and crowd management are being implemented.



Deluxe Room King

**STAY AT SHERATON**  
Sheraton Imperial Kuala Lumpur Hotel has launched three new packages created especially for families and couples. This includes the ‘Kids Eat for Free’ package, the romantic ‘Couple Getaways’ escapade for love birds looking to spend quality time together and the ‘Dinner for Two’, which gives a hassle-free staycation complete with buffet breakfasts and three-course dinners. Visit [www.sheratonimperialkualalumpur.com](http://www.sheratonimperialkualalumpur.com) for more information.

**Sheraton Imperial Kuala Lumpur**  
Jalan Sultan Ismail, 50250 Kuala Lumpur  
03-2717 9900





**Suria KLCC**  
Petronas Twin Towers • 📍 KLCC  
Tel : 03-2382 2828 / 2430 / 2431  
Located at the base of the Petronas Twin Towers, Suria KLCC is the premier shopping centre in KL. It offers unique shopping, dining & entertainment experience. It houses exclusive designer brands and provides an abundant choices of goods and services for everyone. • 10am - 10pm daily. • D8

**Avenue K Shopping Mall**  
156 Jalan Ampang, 50450 Kuala Lumpur. Tel: 03 2168 7800  
Avenue K is Kuala Lumpur’s coolest urban hub where life and creativity are celebrated. The new Avenue K aims to indulge your retail desires, cater to your entertainment needs and satisfy your appetite for top-notch dining in comfort. Far from a regular mall, it offers exciting experiences and a trend setting venue where shoppers can relax and treat yourself to a good time. With over 60 exciting dining options including Fresca Mexican Kitchen, Dolly Dim Sum, Samba Brazilian Steakhouse, Sushi Zanmai, Nene Chicken, Boat Noodle, Sushi King and Bankara Ramen. there is no doubt that Avenue K is a foodie’s heaven. • 10am to 10pm

**IOI City Mall**  
Management Office, Unit T2-3A-3 & Unit T2-3A-3A, Level 3A, IOI City Tower Two, Lebuhr IRC, IOI Resort City, 62502 Putrajaya, Sepang, Selangor. Tel: 03-8328 8900  
The multi award-winning IOI City Mall, located within IOI Resort City, is the largest mall in Southern Klang Valley. It is easily accessible via major highways and public transport. Its 1.5 million sq. ft. of lettable space is occupied by trendy fashion brands, supermarket, cineplexes and F&B outlets offering exquisite local and international dining experiences. • 10am to 10pm

**MyTOWN Shopping Centre**  
No.6, Jalan Cochrane Cheras, Seksyen 90, 55100 Kuala Lumpur. Tel: 03-2710 0057  
MyTOWN is located in Kuala Lumpur, anchored by IKEA Cheras. Visit us easily by bypass or take a ride on the MRT to the Cochrane underground MRT station. The blend of fashion forward retail, amazing amenities, stylish alfresco events make MyTOWN the premier shopping destination in the heart of Kuala Lumpur. It’s more than just shopping... It’s an experience for everyone in the family!  
• 10am to 10pm

**Berjaya Times Square**  
Tel: 03-2117 3111  
1 Jalan Imbi • 📍 Imbi  
The biggest in Southeast Asia, this mall which measures 7.5 million sq ft, is an integrated shopping-cum-entertainment centre with a hotel, the region's biggest indoor theme park and bowling centre. • 10am - 10pm daily. • F8

**1 Utama**  
1 Lebuhr Bandar Utama, Bandar Utama, PJ Tel : 03-7710 8118  
A new generation shopping centre which satisfies all shopping needs under one roof. The old wing has Jusco as the main anchor tenant while the new extension houses many designer brands and has U Parkson, MPH & Jusco as anchor tenants • 10am - 10pm daily.

**Sunway Velocity Mall**  
Lingkaran SV, Sunway Velocity, 55100 Kuala Lumpur. Tel: 03-2786 3970  
Sunway Velocity Mall is earmarked to be the leading destination in KL South with its cutting-edge architecture, neo futuristic façade and contemporary interior. Built with connectivity in mind, the mall is easily accessible through major roads and highways and is well-serviced by public transportation including 1 LRT and 2 MRTs.  
• 10am to 10pm

**The LINC KL**  
360, Jalan Tun Razak, 50400 Kuala Lumpur. Tel: 03-92130388  
The LINC KL is an escape, a hideaway, a preferred destination for when you want to take a break from your busy life and reconnect with nature. It is a place full of such possibilities. Room for nature. Room for coming together. Room for celebration. Space to grow. Space to simply be yourself.  
• 10am to 10pm

**Shoppes at Four Seasons Place**  
145 Jalan Ampang, 50450 Kuala Lumpur. Tel: 03-2391 9655  
Shoppes at Four Seasons Place is an elegant showcase spanning over six levels of retail, restaurants, a boutique grocer, and more. Immerse yourself in seamless accessibility with your every convenience within comfort’s reach. Take your time to explore the collection of carefully curated brands uniquely housed amidst wide spaces, marble halls, and comfortable lounge areas. Strategically located in the Golden Triangle of Kuala Lumpur, the mall welcomes you to indulge in an idyllic experience.  
• 10am to 10pm

**Publika Shopping Gallery**  
No 1, Jalan Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur  
Tel: 03-6211 7877  
www.publika.com.my  
www.facebook.com/publikashoppinggallery

**Bangsar Village**  
Jalan Ara, Bangsar • 📍 Bangsar  
Tel : 03-2282 1808  
Located in happening Bangsar, this neighbourhood mall is vastly popular due to its individual specialist shops offering fashion wear, toys, jewellery, hardware, beauty salons and F&B. Anchor tenants include The Village Grocer. The newer and bigger Bangsar Village II that’s connected to this mall offers more local and international brands.

**Sunway Pyramid**  
Bandar Sunway  
Tel : 03-74943100  
Impressive giant sphinx statue greets you at the entrance of this Egyptian-themed shopping centre situated next to Sunway Hotel and the Sunway Lagoon theme park.. The mall has a variety of shops and restaurants, an indoor ice-skating rink and a cineplex. • 10am-10pm daily.

**Pavilion KL**  
168, Jalan Bukit Bintang • 📍 B Bintang  
Tel: 03-2118 8833  
The shopping centre blends the best of the international retail world with 450 stores – ranging from fashion to home deco and leisure to culinary delights - over its 7 levels and 6 themed precincts. 20% of its tenants represent debut brands in Malaysia. Anchor departmental stores are Parkson Pavilion and Tangs. • 10am to 10pm daily

**Bangsar Shopping Centre**  
Jalan Maarof, Bangsar  
Tel : 03-2094 7700  
Located in the affluent Bangsar suburb, this mall buzzes with a trendy crowd and houses an array of individual specialist shops for every need. Jasons Food Hall is a favourite with shoppers, as it offers an extensive range of fresh and international food brands. 10am - 10pm daily.

**Maju Junction Mall**  
1001 Jalan Sultan Ismail • 📍  
Tel: 03-2697 9312  
Located at the junction of Jalan Tuanku Abdul Rahman and Jalan Sultan Ismail, the five-storey mall has 101 outlets with Giant, Wh by British India, FOS, Nichii Fashion City being the anchor tenants. The mall provides concierge service and has an indoor archery centre, Big-Shot Archery. • 10am - 10pm daily.

**KLIA**  
KL International Airport, Sepang 🛬 KLIA Ekspres-KLIA Tel : 03-8777 8888  
One of airports with value-for-money shopping, it offers an excellent selection of goods like souvenirs, tobacco, liquors, perfume, chocolates and designer brands.



**Pertama Complex**  
Jalan Tuanku Abdul Rahman  
Tel: 03-2691 6599  
One of the earliest shopping complexes in KL, this mall consists of many small shops selling an astonishing variety of goods and services appealing to the masses, including sports goods, leatherware, clothes, shoes and stationery. • 9am - 9pm daily. • D5

**Sogo KL**  
Jalan Tuanku Abdul Rahman  
• 📍 M Tuanku  
• 🚆 Bandaraya • 🚆 Bank Negara  
Tel : 03-2698 2111  
This 10-storey shopping mall is well patronised for its quality goods (local and international) ranging from apparel, home furnishing to daily need items. It also has an international restaurant floor on the 6th floor • 11am-9pm daily • D5

**Starhill Gallery**  
181 Jln Bkt Bintang • 📍 B Bintang  
Tel: 03-2782 3800  
Connected to JW Marriott Hotel and Ritz Carlton Hotel, Starhill houses the largest retail watch floor and a host of top fashion designer boutiques. An exclusive mall with excellent eateries and high-end shops.  
• 10am -10pm daily • E9

**Sungei Wang Plaza**  
Jalan Sultan Ismail • 📍 B Bintang  
Tel: 03-2142 6636  
Sungei Wang remains one of the busiest shopping centres for the last 2 decades. Linked directly to the Monorail, it has over 500 retail outlets and eateries. A great place to hunt for electrical and electronic products, mobile phones, fashionable street wear, shoes & accessories. The hip T-Hop zone at the 6th floor caters to trendy teenagers  
• 10am - 10pm daily • F8

**The Starling Mall**  
6, Jalan SS 21/37, Damansara Utama, 47400 Petaling Jaya, Selangor. Tel: 03-7730 7000  
Built in an organic form with a fluid façade and natural setting, The Starling is a space where nature is immersed into urban retail environment to create a unique space for togetherness in harmony with nature.

**Subang Parade**  
Subang Jaya • 🚆 Subang  
Tel: 03-5633 2530  
This suburban mall offers an interesting mix of stores with goods ranging from apparels to antiques, and music to jewellery. Anchor tenants include Toy 'R' Us and Parkson. Carrefour hypermarket is located next door.  
• 10am - 10pm daily.

**Great Eastern Mall**  
303 Jalan Ampang  
Tel : 03-4259 8090  
Located along busy Jalan Ampang, this 6-storey mall has a host of shops including a pet shop, Aussino, British India and eateries like Starbucks and Alexis. It has Cold Storage as its anchor supermarket. • 11am - 9pm daily.

**Hartamas Shopping Centre**  
Plaza Damas, 60 Jalan Sri Hartamas 1  
Tel: 03-6201 6553  
Integrated with Plaza Damas & situated among retail shops, offices, serviced apartments and alfresco boulevards. Features Citi Super, SenQ and many other speciality retailers.

**Lot 10**  
50 Jalan Sultan Ismail • 📍 B Bintang  
Tel : 03-2143 6092  
Linked to the Bukit Bintang Monorail station and Sungei Wang Plaza by an overhead bridge, Lot 10 offers an upmarket and wide selection of fashion wear. It has Isetan as anchor tenant • 10am - 9.30pm daily • F8

**Low Yat Plaza**  
Off Jalan Bukit Bintang • 📍 B Bintang  
Tel : 03-2148 3651  
Located next to the Federal Hotel, it has 250 tenants offering goods as varied as cameras, mobile phones, apparel, fashion accessories and antiques. This largest IT centre provides for all your computing needs. BB Park, located across the plaza and consisting of trendy restaurants and alfresco cafes, sees a hive of activities at night. • 10am - 10pm daily • F8

**MINES Shopping Fair Centre**  
Seri Kembangan • 🚆 Serdang  
Tel: 03-8949 6288  
Cruise into the heart of a busy shopping mall with a vibrant mix of more than 300 retailers, fashion boutiques, F&B outlets, canal quay alfresco dining, IT & mobile gadgets and also leisure and entertainment facilities like a cinema, bowling alley and snooker centre.  
• 10am - 10pm daily.

**Mid Valley Megamall**  
Lingkaran Syed Putra • 🚆 Mid Valley  
Tel : 03-2938 3333  
The shops go on and on in this mall strategically located between KL and P.J. It has Metrojaya, Jusco, Carrefour, Golden Screen Cinemas and MPH as anchor tenants, over 300 speciality stores and 70 F&B outlets under one roof. Adjacent to the mall are Cititel Mid Valley Hotel and Boulevard Hotel • 10am - 10pm daily.

**The Gardens**  
Mid Valley City • 🚆 Mid Valley  
Tel : 03-2297 0288  
10am - 10pm dayly

**Sunway Putra Mall (Formerly The Mall)**  
100 Jalan Putra, KL • 🚆 PWTC  
Tel: 03-2786 9333  
Located across the Seri Pacific Hotel and Putra World Trade Centre, the Mall has anchor tenant Parkson Grand together with a host of retailers, offering a full range of products, services, food & amusement to shoppers • 10am - 10pm daily • B5

## KL’s Best Bar



# DINE



**THE LOAF CONCEPT STORE**  
Lot 3, 13.00 & E3, 13.00  
Level 3, Pavilion Kuala Lumpur,  
55100 Kuala Lumpur



**CORÉ THE KOREAN CUISINE**  
Tropicana Avenue P-G-10, No.3,  
Persiaran Tropicana, Tropicana,  
47410 Petaling Jaya, Selangor

## Chinese

**Celestial Court**  
03-2717 9988  
• Jalan Sultan Ismail • Sheraton Imperial Kuala Lumpur Hotel  
• Oriental Cuisine • Casual Dining

**Chynna**  
03-2264 2264 📍 KL Sentral• Hilton KL  
• Halal • Casual Dining • H3

**Shang Palace**  
03-2074 3904 • 11 Jalan Sultan Ismail  
50250 Kuala Lumpur • Pork-free  
• Shangri-La Hotel KL • Cantonese Cuisine

**Yun House**  
03-2382 8888 • Four Seasons Place,  
145 Jalan Ampang, 50450 Kuala Lumpur. • Pork-free • Four Seasons Hotel Kuala Lumpur • Dim sum

**Opium KL**  
03-2142 5670 • 50, Changkat Bukit Bintang, Kuala Lumpur. • Casual Dining  
• Oriental

**Wan Chun Ting**  
03 2720 6688 • No. 6 – Jalan Damanlela, Bukit Damansara, 50490 Kuala Lumpur. • Sofitel Kuala Lumpur Damansara Hotel • Dim Sum  
• Casual Dining

**Din Tai Fung Pavilion**  
03-2148 8292 • 168, Bukit Bintang Street, Bukit Bintang, 55100 Kuala Lumpur. • Dim Sim • Casual Dining

**Luk Yu Tea House**  
03 2782 3850 • Starhill Gallery 181, Jalan Bukit Bintang, 55100 Kuala Lumpur • Dim Sum • Tea House  
• Casual Dining

**Tao Chinese Cuisine**  
03-2782 6000 • 65, Jalan Ampang, 50450 Kuala Lumpur • Intercontinental Hotel Kuala Lumpur • Oriental Cuisine  
• Casual Dining

**Lai Po Heen**  
03-2179 8885 • KLCC • Mandarin Oriental Hotel • Halal • Casual Dining • Cantonese • D8

**Li Yen**  
03-2782 9033 📍 B Bintang • The Ritz Carlton Hotel • Non-Halal • Casual Dining • F9

**Mandarin Palace**  
03-2148 8744 📍 B Bintang • 2/F, Federal Hotel • Non-Halal • Casual Dining • F8

**Ming Palace**  
03-2161 8888 📍 Ampang Park • Corus Hotel, Jln Ampang • Casual Dining

**Ming Room**  
03-2284 8822 📍 Imbi• 19 Jalan Delima, Off Jalan Imbi • Non-Halal • Casual Dining • F10

**Oriental Noble House**  
03-2145 8822 📍 Imbi• 19 Jalan Delima, Off Jalan Imbi • Non-Halal • Casual Dining • F10

**Overseas**  
03-2144 9911 B Bintang • 84-88 Jalan Imbi • Non-Halal • Casual Dining • F8

**Purple Cane**  
03-2272 3090 📍 Maharajalela • Selangor Chinese Assembly Hall, 1 Jln Maharajalela • Halal • Casual Dining • G6

**Xin Cuisine**  
03-2144 2200 📍 B Nanas • Concorde Hotel • Non-Halal • Private Dining  
• D7

## Indian

**Passage Thru’ India**  
03-2145 0366 • 4, Jln Delima,kl  
Halal • Casual Dining • E10

**FLOUR Restaurant**  
012-960 0053 • Unit No. 69 & 71G, Jalan Medan Setia 1, Bukit Damansara, 50490 Kuala Lumpur. • Fine Dining  
• Pork-free

**Bar Trigona**  
145, Jalan Ampang, Kuala Lumpur, 50450 Kuala Lumpur  
+603-2382 8670

**Mantra bar**  
Rooftop Bangsar Village II.  
+60 17-344 8299

**The Roof**  
1 First Avenue Bandar Utama, Petaling Jaya  
+60 3-8605 3388

**Nadodi KL**  
03 2181 4334 • Lot 183, 1st Floor, Jalan Mayang, Off Jalan Yap Kwan Seng, 50450 Kuala Lumpur. • Fine Dining  
• Pork-free

**Qureshi Malaysia**  
03-2011 1007 • Ground Floor, East Wing, TPC Kuala Lumpur No 10, Jalan 1/70D, Off Jalan Bukit Kiara, 60000 Kuala Lumpur. • Casual Dining  
• Halal

## Fusion

**Shookl**  
03-2782 3875 📍 B Bintang• Lower G/F, Starhill Gallery • Halal • Fine Dining • E9

**Cé La Vi**  
03-2770 3360 • Ilham Tower, No 8, Jln Binjai, 50450 Kuala Lumpur • Pan-Asian  
• Pork-free • Casual Dining

**Open House**  
03-2162 0888 • G48 Suria KLCC, Lakeside, 50888 Kuala Lumpur  
• Malaysian • Pork-free  
• Fine Dining

**Barat Lifestyle Vegetarian Restaurant**  
010-288 2654 • 19, Lorong Kurau, Taman Bukit Pantai, 59100 Kuala Lumpur. • Fusion Vegetarian Restaurant  
• Casual Dining • Halal

## French

**Chez Gaston KL by Rendez-Vous**  
011-3993 0036 • 12G, Jalan Bangsar Utama 9, Bangsar, 59000 Kuala Lumpur. • Non-halal • Casual Dining

**Entier French Dining**  
03-2268 3819 • Level 41 at Alila Bangsar No 58, Jalan Ang Seng, Brickfields, 50470 Kuala Lumpur. • Pork-free • Fine Dining

**Bistro à Table**  
03-7931 2831 • 6, Jalan 17/54, Seksyen 17, 46400 Petaling Jaya, Selangor. • Fine Dining • Pork-free

## International

**Contango**  
03-2785 8000 • 5, Jalan Sultan Hishamuddin, Tasik Perdana, 50000 Kuala Lumpur • The Majestic Hotel KL  
• Pork-free • Casual Dining

**Babe by Jeff Ramsay**  
013 209 1330 • 11th Floor, Work@ Clearwater, Changkat Semantan, Damansara Heights, 50490 Kuala Lumpur • Fine Dining  
• Pork-free

**Huckleberry Food and Fare**  
03-2098 7933 • Plaza Damansara, Jalan Medan Setia 2, Bukit Damansara, 50490 Kuala Lumpur • Casual Dining  
• Pork-free

**Essence**  
03-2717 9900 📍 M Tuanku • Sheraton Imperial • Halal • Casual Dining • C6

**Mr Chew’s Chino Latino**  
The Penthouse, WOLO, Bukit Bintang Street, 55100 Kuala Lumpur  
+60 3-4065 0168

**Marinis on 57**  
Level 57, Menara 3 Petronas, Persiaran KLCC.  
+60 3-2386 6030



Italian

**Cellini's**  
03-2715 1000 📍 B Bintang • Dorsett Regency Hotel • 172 Jalan Imbi • Halal • Casual Dining • F9

**Tamarind Springs**  
03-4256 9300 . Jalan 1 Taman Tun Abdul Razak, Ampang Halal • Fine Dining

**La Risata**  
03-4252 6269 • 26, Persiaran Ampang • Halal • Casual Dining

**Prego**  
03-2773 8338 📍 B Bintang • The Westin Hotel • Halal • Fine Dining • E9

**Villa Danieli**  
03-2717 9922 📍 M Tuanku • Sheraton Imperial Hotel • Halal • Italian • Fine Dining • C6

Japanese

**Gen**  
03-4042 9888 📍 PWTC • Sunway Putra Hotel • Halal • Casual Dining • B5

**Nobu Kuala Lumpur**  
03-2164 5084 . Menara 3 Petronas Persiaran KLCC . Fine Dining

**Fukuya Restaurant**  
03-2144 1022 . 9, Jalan Delima, Imbi, Kuala Lumpur • Casual Dining

**Haru Japanese Restaurant**  
03-2011 8783 . 124A, Jalan Kasah, Medan Damansara • Casual Dining

**Nippori Cafe**  
03-7733 8592 . 102 (First Floor), Empire Damansara, Jalan PJU 8/8, Damansara Perdana, 47820 Petaling Jaya, Selangor • Casual Dining

**Iketeru**  
03-2264 2264 📍 Stesen Sentral KL • Hilton Kuala Lumpur, 3 Jln Stesen Sentral

**Kampachi**  
03-2148 9608 📍 Raja Chulan • Pavilion KL

**Kokufu**  
03-4049 4412 • Sri Pan Pacific KL Halal • Fine Dining

**Komura**  
03-2161 8888 📍 Ampang Park Corus Hotel • Casual Dining • C9

**Ozeki Tokyo Cuizine**  
03-2166 4263 📍 B Nanas • Menara TA One • Halal • Fine Dining • D8

**Yuzu**  
03-2284 7663 . The Gardens, Mid Valley City • Casual Dining

**Sagano**  
03-2162 2233 📍 B Nanas • Renaissance Hotel • Halal • Casual Dining

Korean

**Da On**  
03-2141 2100 📍 B Bintang • Pavilion KL • Halal • Fine Dining • Korean • E8

**Koong Jung**  
03-2166 7181 📍 Ampang Park • PNB Darby Park • Halal • D9

**Koryo Won**  
03-2143 2189 📍 Bukit Bintang• Starhill Gallery • Halal • Casual Dining • E8

Thai

**Rama V Fine Thai Cuisine**  
03-2143 2428 / 03-2143 2663 5, Jalan U-Thant, 55000 Kuala Lumpur • Halal • Fine Dining

★★★★★

**Sheraton Imperial KL**  
03-2717 9900 • Jln Sultan Ismail • 📍 M Tuanku • Essence (Int'l), Villa Danieli (Ita), Celestial Court (Chi) • From RM300- RM5,825 • D6

**The Ruma Hotel and Residences**  
+60 3 2778 0888 . 7 Jalan Kia Peng, 50450 Kuala Lumpur • www.theruma.com • ATAS Modern Malaysian Eatery (Modern Malaysian) • Santai Pool and Lounge • Seven Lobby Bar and Lounge

**Sheraton Petaling Jaya**  
+60 3 7622 8888 . Jalan Utara C, Petaling Jaya, 46200 Selangor • www.marriott.com/sheraton-petaling-jaya • Yue (Chinese) • Feast (International) • Miyabi (Japanese) • Sala (Bar) • Chime (cigar and whisky bar)

**EQ**  
+603 - 2789 7777 . Equatorial Plaza Jalan Sultan Ismail 50250 Kuala Lumpur • Nipah • Kampachi • www.eqkualalumpur.com

**Sunway Pyramid Hotel**  
+603 7492 8000 . Persiaran Lagoon, Bandar Sunway, 47500 Selangor • The Resort Cafe, The Lobby Lounge, Cherootz

**InterContinental KL**  
03-2782 6000 • 165, Jalan Ampang • www.ihg.com 📍 Ampang Park • Serena Brasserie, Tao (chi) , Tatsu (Jap), Bentley's Pub, •OneSixFive(Japanese)

**JW Marriott Hotel KL**  
03-2715 9000 • 183 Jalan Bukit Bintang • 📍 B Bintang • 3rd Floor (Int'l), Marriott Café, Shanghai (Chi), JW Marriott Gourmet (Int'l), Havana Club • From RM400- RM8,000 • E9 • www.marriott.com

**Le Meridien KL**  
03-2263 7888 • 2, Jln Stesen Sentral 5, KL Sentral • 📍 📍 KL Sentral •One On One (Asian Fusion), Al Nafourah (Middle Eastern), The Conservatory (Lounge & Bar) • From RM 328- RM5,500 • H3 • www.lemeridienkualalumpur.com

**Mandarin Oriental Hotel**  
03-2380 8888 • KL City Centre • 📍 KLCC •Lai Po Heen (Ch), Mandarin Grill and Mo Bar (Bar & Grill), Mosaic (Buffet), The Mandarin Cake Shop, Cascades (Int'l), Wasabi Bistro (Jap) • From RM409(internet)/RM499(phone) • D8 • www.mandarinoriental.com

**Philea Mines Beach Resort**  
03-8943 6688 • Jalan Dulang, Mines Resort City, Seri Kembangan, Selangor • 📍 Serdang • Abdul and Charlie's (local), Cheng Ho Court (Chi), Beach Hut and Sunset Lounge (drinks and snacks) • From RM200-RM2000

**Sama-Sama Hotel KLIA**  
03-8787 3333 • Kuala Lumpur International Airport • 📍 KLIA Degrees (Int), Traveller's Bar & Grill, Palmz Lounge (Wn) • From RM570++ • www.samasamahotels.com

**Pullman Kuala Lumpur**  
03-2170 8888 • 4, Jalan Conlay • 📍 Raja Chulan • Tai Zi Heen (Chi), Eccucino (Café), Enju (Jap) • From RM270-RM670 • E9• www.princehotels.com

**Renaissance KL**  
03-2162 2233 • Corner of Jln S. Ismail/ Jln Ampang • 📍 B Nanas •Sagano(Jap), MED@Marche(Med), Vogue (Int'l) • East Wing: Dynasty (Chi), TEMPTation\$ (Int'l) • From RM215-RM6,000 • D7

**The St. Regis Kuala Lumpur**  
03-2727 1111 . Jalan Stesen Sentral 2, Kuala Lumpur Sentral • From RM850

**Shangri-La Hotel KL**  
03-2032 2388 • 11 Jalan Sultan Ismail • 📍 B Nanas • Shang Palace (Chi), Zipangu (Jap), Lafite (Fr), Lemon Garden Café (Int'l), The Pub • From RM364-RM12,000 • D7 • www.shangri-la.com

**Hilton PJ**  
03-7955 9122 • 2 Jalan Barat, PJ • 📍 Asia Jaya • Toh Yuen (Chi), Paya Serai Coffee House, Genji (Jap), Caffè Cino, Uncle Chilli's • From RM220-RM1685

**The Gardens Hotel & Residences**  
03-2268 1188 • Mid Valley City • 📍 Mid Valley • The Soread (Int'l), Sage Restaurant & Wine Bar (Fr & Jap) • From RM600-RM2,600 • www.gardenshtres.com

**Sunway Putra Hotel (Formerly The Legend Hotel)**  
03-4042 9888 • Putra Place, 100 Jalan Putra • 📍 PWTC • Museum (Chi), Di-Atas Brasserie (Int'l), Gen (Jap), Monkey Bar • From RM188-RM388 • B5 • www.legendhotels.com

**The Ritz-Carlton KL**  
03-2142 8000 • 168, Jalan Imbi • 📍 B Bintang • Li Yen (Chi), Rossini's (Ita) • From RM418 • F9 • www.ritz-carlton.com

**Sofitel Kuala Lumpur Damansara**  
03-2720 6688 . 6, Jalan Damanlela, Bukit Damansara, 50490 Kuala Lumpur • From RM330-RM820 . www.sofitel-kualalumpur-damansara.com

**The Ritz-Carlton Residences**  
03-2142 9000 • 📍 B Bintang • From RM950-RM1,330 • F9

**The Royal Chulan**  
03-2688 9688 • Jalan Conlay • 📍 R Chulan • Deli Cafe (Ita), Bunga Emas (Mas), L'Heritage (Fr) • F6 • www.theroyalchulan.com.my

★★★★

**Aloft Kuala Lumpur Sentral**  
03-2723 1000 Jalan Stesen Sentral KL Sentral • 📍 📍 KL Sentral • Nook (International), MAI Bar (Bar Menu), w xyz(SM) Bar (Cocktails & Snacks) • From RM270 - RM388 • www.starwoodhotels.com/alofthotels

**Ancasa Hotel KL**  
03-2026 4060 • Jln Tun Tan Cheng Lock • 📍 Plaza Rakyat • Saffron Brasserie and BabaReebal • Ancasa Spa • From RM165-RM416 • www.ancasa-hotel.com

**Boulevard Hotel**  
03-2295 8111/2295 8000 📍 Mid Valley City, Lingkaran Syed Putra • Mid Valley •Wild Rice (Int'l) • Rates from RM290Nett – RM420Nett • www.blvhotel.com

**Coronade Hotel KL**  
03-2148 6888 • Jalan Walter Grenier, Bkt Bintang • 📍 B Bintang • Makan-Makan (Local & Int'l), The Kasturi (Malay), Lobby Lounge• From RM208- RM500 • F8 • www.coronade.com

**Corus Hotel KL**  
03-2161 8888 • Jalan Ampang • 📍 Ampang Park • Ming Palace(Chi), Dongdang Sayang (Int'l), Komura (Jap) • From RM185-RM390 • C9 • www.corushotels.com

**Dorsett Regency**  
03-2716 1000 • 172, Jalan Imbi • 📍 B Bintang • Checker's (Café), Cellini's(Ita), Windows Lounge (Wn) • From RM200 onwards • F9 • www.dorsettregency-kl.com



**Seri Bukit Ceylon**  
03-20201708 • No 8, Lorong Ceylon off Jalan Raja Chulan • From RM250-RM480 • E7

**Federal Hotel**  
03-2148 9166 • 35, Jalan Bukit Bintang • 📍 B Bintang • Mandarin Palace (Chi), The Verandah (Int'l) Revolving Bintang (European) • From RM170-RM600 • F8 • www.fhhotels.com

**Element by Westin Kuala Lumpur**  
03-2771 3388 . Ilham Tower, 8, Jln Binjai, Kuala Lumpur, 50450 Kuala Lumpur • Trace Restaurant & Bar • From RM343 . www.marriott.com

**Impiana KLCC Hotel & Spa**  
03-2147 1111 • 13 Jln Pinang • 📍 R Chulan • Tonka Bean Cafe (Int'l) • From RM219- RM368 • D8 • www.impiana.com

**Novotel City Centre KL**  
03-2147 0888 • 2 Jln Kia Peng • Qing Zhen (Chi Muslim), The Square (Int'l), Fun Pub, Al Fresco • From RM260- RM660 • E8 • www.novotel.com

**Pacific Regency Hotel Suites**  
03-2332 7777 • Menara PanGlobal, Jalan Punchak • 📍 B Nanas • Soi 23, Luna, Olive & Geo Café • From RM290- RM500 • D7 • www.pacific-regency.com

**Sunway Resort Hotel & Spa**  
03- 7492 8000 • Persiaran Lagoon Bandar Sunway Petaling Jaya

**Quality Hotel City Centre**  
03-2614 8000 • Jalan Raja Laut • DBKL • Benteng Coffee House (Int'l), Meisan Szechuan (Chi), Club 300 • From RM150- RM550 • C5 • www.quality.com.my

**Swiss Garden Hotel**  
03-2141 3333 • 117, Jln Pudu • 📍 Hang Tuah • Blue Chip Lounge (Int'l), Flavours Restaurant (Int'l), Green Treats Delicatessen (Int'l), T@ste 6 Restaurant (Int'l) • From470+

**The Royale Bintang KL**  
03-2143 9898 17-21 Jalan Bukit Bintang • 📍 B Bintang • Sunflowers Brasserie, Cafe Royale & Bar, Rimba Spa • From RM208 • F8 • www.royale-bintang-hotel.com.my

**The Royale Bintang Damansara**  
03-7843 1111 • 6, Jalan PJU 7/3, Mutiara Damansara • The Restaurant (Int'l), Mystery Pub & Café • From RM195 • www.royalebintang.com.my

**The ZON All Suites Residences on the Park**  
03-2164 8000 • 161D Jalan Ampang • 📍 Ampang Park • Terracotta Restaurant & Lounge • From RM253-RM396 • D8 • www.zonhotel.com.my

**Concorde Hotel**  
03-2144 2200 • 2 Jalan Sultan Ismail • 📍 B Nanas • Spices (Western), Melting Pot (Int'l), Xin (Chi) • From RM178+- RM320+- • D7

**Traders Hotel**  
03-2332 9888 • Kuala Lumpur City Centre • 📍 KLCC • Gobo Chit Chat, Gobo Upstairs, Sky Bar, Lounge & Grill • From RM270 • This hotel is located in the vicinity of KL Convention Centre • D8

**Vistana KL**  
03-4042 8000 • 9 Jalan Lumut, off Jalan Ipoh, Kuala Lumpur • 📍 TiTiwangsa • Vistana (Asian) • From RM172-RM230 • A5 • www.vistanahotels.com

**Hotel Capitol Kuala Lumpur**  
03-21437000 . Jalan Bulan Off Jalan Bukit Bintang • www.capitol.com.my

★★★

**Alpha Genesis**  
03-2141 2000 • 45 Tingkat Tong Shin • 📍 B Bintang • Tee Box Café • From RM150-RM380 • F7 • www.alphagenesishotel.com

**Cititel Mid Valley**  
03-2296 1188 • Mid Valley, Lingkaran Syed Putra • 📍 Mid Valley • Citi Café • Rates from RM205Nett – RM320Nett

**Corona Inn**  
03-2144 3888 • 22, Jalan Tong Shin • 📍 B Bintang • Corona Café • From RM130- RM180 • F8 • www.coronainn-kuala-lumpur.com

**Grand Continental**  
03-2693 9333 • Jln Belia/Jln Raja Laut • 📍 PWTC M Tuanku • Grand Star (Chi) , Lai Marble Coffeehouse • From RM135- RM800 • C5 • www.ghihotels.com.my

**First World Hotel**  
03-6101 1118 • Genting Highlands • istorante Torcello's (Italian), Lakeview Seafood Restaurant (Seafood), The Patio (Wn) • From RM85 – RM460

**Midah KL**  
03-2273 9999 • 8, Jalan Kampung Attap • 📍 Maharajalela • Attapia Coffee House (Int'l), Rolling Good Times Café • From RM145-RM250 • G5

**Prescott Inn**  
03-2713 7887 • 23 Lrg Medan Tuanku 1,off Jln Sultan Ismail • 📍 M Tuanku • Makana Restaurant • From RM110-RM170 • C5

HOTEL & RESORT

**Four Seasons Hotel Kuala Lumpur**  
+603-2382 8888 . Four Seasons Place, 145, Jalan Ampang, 50450 Kuala Lumpur www.fourseasons.com •Yun House (Chinese Restaurant) •Curate (All Day Dining) •Bar Trigona (Bar) •The Lounge At Four Seasons(International) •Pool Bar & Grill

**W Kuala Lumpur**  
+603-2786 8888 .No. 121, Jalan Ampang, 50450 Kuala Lumpur www.marriott.com •Yen (Chinese Restaurant) •Flock (All Day Dining) •Woobar (Bar)

**Grand Hyatt Kuala Lumpur**  
03-2182 1234 • Jalan Pinang 📍 KLCC • JP Teres (Malaysian), THIRTY8 (International), Poolside From RM550 - RM5610 www.kualalumpur.grand.hyatt.com

**The Westin Kuala Lumpur**  
+603-2731 8333 . 199, Jalan Bukit Bintang, 55100 Kuala Lumpur www.westin.com • Prego (Italian Restaurant) • Five Sen5es (Chinese Restaurant) • The Living Room (All Day Dining) • Splash (Pool Side Restaurant & Bar) • 443 Bar & Coffee Lounge

**Hilton KL**  
+603 2264 2264 • 3 Jalan Stesen Sentral, 50470 Kuala Lumpur • ww3.hilton.com • Chynna (Chinese Restaurant) • Vasco's (All Day Dining) Graze (European) • Zeta Bar (Bar) • Iketeru (Japanese)

**Sunway Resort Hotel & Spa**  
+603 7492 8000 . Persiaran Lagoon, Bandar Sunway, 47500 Selangor • www.sunwayhotels.com • The Resort Cafe (All Day Dining)

**Villa Samadhi Kuala Lumpur**  
+603 2143 2300 • No. 8, Persiaran Madge Off Jalan Madge, 55000 Kuala Lumpur • www.villasamadhi.com.my • The Dining Room (All Day Dining)



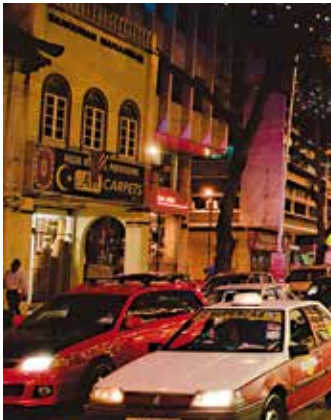
**KL Tower**  
03-2020 5499 Bukit Nanas • Jalan Punchak, off Jalan P Ramlee. • The KL Tower stands at 421 metres. The tower houses a revolving restaurant and an observation deck which takes 58 seconds to reach. Catch the sunset or experience sky jumping from the tower roof. • Opens 9am 10pm daily • E7



**Istana Negara, Jalan Duta**  
Located along Jalan Duta, it is the official residence of Malaysia's king since Nov 11, 2011. Influenced by both Islamic and traditional Malay architecture, this unique structure is the latest addition to the country's architectural wonders.



**National Monument**  
Jalan Tugu, off Jalan Parlimen • Designed by American artist, Felix Weldon and cast in Italy, the immense bronze structure was built to commemorate the servicemen who lost their lives during the struggle against the communist insurgency in the 1950's. The 7 soldiers symbolise unity, strength, leadership, sacrifice, courage, suffering and vigilance • E3



**Little India**  
📍 Masjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass, jewellery, sarees, Indian handicrafts to perfumes & spices. • E5



**National Museum**  
03-2267 1111 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students



**Jamek Mosque**  
Jalan Tun Perak • Situated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates many features of Moghul architecture a • Opens 8am- 1:30pm & 2:30pm-6pm.



**Swiss-Inn KL**  
03-2072 3333 • 62, Jln Sultan • 🇲🇾  
Maharajalela  
• Café Petaling • From RM130-RM175  
• G6

**The Plaza Hotel**  
03-2698 2255 • Jalan Raja Laut • 🇲🇾 Sultan  
Ismail • Pago-Pago Café (Continental),  
Plaza Court (Chi) • From RM110-RM178  
• C5

SIGHTSEEING

**Aquaria KLCC**  
03-2333 1888 • 🇲🇾 Raja Chulan 🇲🇾 KLCC •  
All 60,000 sq ft of Aquaria encompasses  
Evolution, Jewels of the Jungle, Deep  
Forest, The Coasts and Touch Pool, The  
Livingb Oceans and The Living Reef, with  
over 5000 aquatic and land-bound animals  
representing over 150 different species.  
Don't miss the 90-metre underwater tunnel.  
Opens daily from 11am-8pm. (Including  
weekends, school and public holidays) Last  
admission at 7pm. Entry Mykad Holder  
- RM49(Adult), RM39 (Child), General  
Admission - RM69 (Adult), RM59 (Child)



**Craft Complex**  
03- 2164 8344  
🇲🇾 Raja Chulan • 63, Jalan Conlay. •  
Showcases ethnic handicrafts, batik  
printing and pottery from the 13 states  
of Malaysia. • Opens 9am- 6pm daily.  
• E9 FREE

**Lake Gardens**  
Jalan Parlimen • Located near the city  
centre, this 9.2ha landscaped garden is  
built around a lake. Several attractions  
are found within the park including  
an Orchid Garden, Hibiscus Garden,  
Butterfly Park, Bird Park, Deer Park,  
National Monument and the Asean  
Sculpture Garden • F3

**Malaysian Tourism Centre**  
03-9235 4848 • 🇲🇾 B Nanas • 109  
Jalan Ampang • This is a one-stop  
tourist service centre comprising the  
information counter (7am-10pm)  
Transnasional Executive Coach counter,  
domestic tour booking counter, money  
changer, restaurant and craft demo  
centre. Built in 1935, the building was the  
home of wealthy tin-miner and planter,  
Eu Tong Seng. Cultural shows are on Tues,  
Thur, Sat & Sun 2-2.30pm. • D7

**National Science Centre**  
03-2089 3400 • Persiaran Bukit Kiara •  
Houses 9 galleries with different scientific  
themes. Offers interesting interactive  
displays for learning and entertainment.  
• Opens 10am-5pm. Closed on Friday.

**Batu Caves**  
03-6189 6284 • This popular Hindu  
temple draws hundreds of thousand  
of visitors during Thaipusam. It  
consists of three grand caves: the  
Dark Cave,the Museum Cave and  
the Temple Cave with brilliant rock  
formations. The Museum Cave at  
the foothills has interesting display  
of Indian mythology. To reach the  
main Temple Cave, one has to climb  
272 steps.

**Bird Park**  
03-2272 1010 • Located at the Lake  
Gardens, this 8.4ha bird park is the  
world's largest free-flight walk-in  
aviary. It is home to more than  
3,000 birds from approximately 200  
species. Opens daily from  
9am-6pm • F4

**Butterfly Park**  
03-2693 4799 • Over 120 species  
of butterflies can be found in this  
park located at the Lake Gardens'  
vicinity. Admission is RM9 for adults  
and RM2 for children. Camera: RM3.  
Opens 9am to 6pm daily. • F4



**Telekom Museum**  
03-2031 9966  
🇲🇾 Raja Chulan • Jalan Raja Chulan  
• Displays interesting exhibits of  
telephones and evolution of their  
designs over the years.  
• Opens 9am-5pm. Closed on Mondays  
• E6 FREE

**National Mosque**  
03-2693 7784 • 🇲🇾 KL • Jalan Perdana  
• This mosque embodies contemporary  
designs, together with traditional Islamic  
art, calligraphy and ornamentation.  
The main dome with its 18-point star,  
represents the 13 states of Malaysia  
united by the Five Pillars of Islam. Visitors  
must dress conservatively and remove  
their shoes before entering the mosque  
• Opens 9am to 12noon; 3pm to 4pm;  
5:30pm to 6:30pm daily. • F4

**Merdeka Square**  
🇲🇾 Masjid Jamek • Jalan Raja •  
Opposite the Sultan Abdul Samad  
Building, this is the site where the  
independence of Malaya was declared  
on 31 August, 1957. The 100m high  
flagpole is the tallest in the world. Live  
entertainment and cultural shows are  
staged here on festive occasions. The  
Royal Selangor Club and St. Mary's  
Cathedral are located nearby. • E5

**National Zoo**  
03-4108 3427 / 4108 3422 • Located in  
Hulu Kelang, 12km from the city centre,  
the zoo is home to 400 species of local  
birds, mammals, reptiles and fishes. •  
Opens 9am - 5pm daily. Night Zoo is on  
Saturdays 7.30am - 10.30pm. Admission  
RM 32 for adults and RM11 for children  
3 to 12 years old

**Bukit Nanas Forest Recreational  
Park**  
03-2306 3421 / 2064 4741 • Bukit Nanas  
• Nestled in the heart of KL, the virgin  
forest-clad hill is a 10.5 ha park offering a  
10-minute & a 20-minute walk trails from  
the Forest Information Centre at Jalan  
Raja Chulan to KL Tower. • E7

**Central Market**  
03-2274 6542 • 🇲🇾 Pasar Seni Once the  
city's biggest wet market, it is now a  
centre for food and cultural activities.  
Cultural performances are staged during  
weekends at the riverside amphitheatre.  
Handicraft, souvenirs, art & portrait  
paintings are sold at bargain prices. The  
Annexe Gallery at CM is a progressive  
art centre. • Opens 10am to 10pm daily.  
• F5

**Deer Park**  
03-9200 0039 • Enclosed within a 2-ha  
ground at the Lake Gardens, the deer,  
fawns and does roam freely in a cool  
and peaceful habitat with lush trees and  
shrubs and ponds. • F3



**Sultan Abdul Samad Building**  
🇲🇾 Masjid Jamek • Jln Sultan  
Hishamuddin • Also known as the Big  
Ben of KL, this historical landmark and  
heritage building is well known for its  
Moghl architecture dating back to  
1897. Originally the offices of the Colonial  
Secretariat, it then housed the Supreme  
Court. • E5

**National Planetarium**  
03-2273 4303 • Lot 54 Jalan Perdana •  
Located close to the National Mosque,  
the attractions include space science  
and astronomy exhibits, a theatre  
screening 3-Dimensional movies, a  
viewing gallery and an observatory •  
Admission is RM1 for adults and children  
over 12 years [extra charges for all  
shows]. Opens 9:30am to 4:15pm daily.  
Closed on Monday except public &  
school holidays • G4

**Old KL Railway Station**  
Jalan Hishammudin • Built in 1910,  
the Moghl-inspired building was a  
hub for Malaysian rail transport until it  
was replaced by the new KL Sentral  
Station. It remains a landmark and the  
refurbished Heritage Hotel is still open for  
business. Across the road, the Malaysian  
Railway administrative building is also a  
breathtaking architectural showpiece  
• G5

**Petrosains, The Discovery Centre**  
03-4108 8181 • 🇲🇾 KLCC • Petronas Twin  
Towers, Level 4 Suria KLCC • Focusing on  
Malaysia's oil and gas industry, it offers  
an interactive approach to learning.  
It takes you through a unique voyage  
of discovery of science. • Opens daily  
9.30am to 6pm. Last admission 4.30pm.  
Closed on Monday • D8

**Istana Negara**  
Official residence of Malaysia's King,  
visitors can witness the changing  
of the royal guards daily. The Rulers  
Conference, various royal and national  
ceremonies, investitures and official  
banquets are held at this palace. • H5  
03-6200 1000

**Little India**  
🇲🇾 Masjid Jamek • Jalan Masjid India  
is a colourful street with numerous  
wholesale and retail Indian traders  
who sell everything from Indian brass,  
jewellery, sarees, Indian handicrafts to  
perfumes & spices. • E5

**Jamek Mosque**  
🇲🇾 Masjid Jamek • Jalan Tun Perak  
• Situated at the confluence of the  
Klang and Gombak rivers, this grand old  
mosque was designed by British architect  
AB Hubbock in 1909. It incorporates  
many features of Moghl architecture  
a • Opens 8am-1:30pm & 2:30pm-6pm.  
• E5



**PETRONAS Twin Towers**  
03- 2615 8188  
🇲🇾 KLCC • KL City Centre • The  
88-storey Petronas Twin Towers stand at  
451.9 metres. Seated in the heart of KL  
and amidst a 50-hectare landscaped  
park, a skybridge on the 41st floor is  
open to visitors between 9am-7pm  
daily, closed on Monday • D8

**Royal Selangor Visitor's Centre**  
03-4145 6000 • 4, Jalan Usahawan Enam,  
Setapak Jaya • Located 15 minutes from  
the city centre, the Royal Selangor which  
is internationally known for its fine designs  
and craftsmanship, offers a complete  
visitor experience, enabling them to see,  
hear, touch and learn how pewter is  
made. • Opens daily from 9am-5pm.

**Royal Selangor Club**  
03-2692 7166 • 🇲🇾 Masjid Jamek • Jalan  
Raja • Once nicknamed 'The Spotted  
Dog' during the colonial days, this club  
which features Mock Tudor architecture,  
is one of the oldest membership clubs  
in KL. • E5

**Thean Hou Temple**  
03-2274 7088 • 65 Persiaran Endah, off  
Jalan Syed Putra • A beautiful blend of  
Chinese and contemporary architecture,  
this is one of the largest and most ornate  
Buddhist temples in the region and a  
venue for major religious festivals. Also  
check out the herbs garden, wishing  
wel l and souvenir stall • Opens 9am to  
9pm daily.

MUSEUMS

**Asian Arts Museum Universiti  
Malaya**  
03-7967 3936 • Uni. of Malaya • A unique  
collection of Asian art & sculptures,  
ceramics, including Islamic & Malay art  
and textiles • Opens Mon - Sat. Closed  
on Sunday & public hols.

**Forest Research Institute Malaysia**  
03-62797 000 • Kepong • Located  
within the 1,500 hectares of natural  
land reserve, the institute showcases  
Malaysia's rich forest heritage. • Opens  
8am-4pm. Fri 9am- 12pm.

**Heritage Centre**  
03-7957 4341• 2 Jln Stonor • Showcases  
Malaysia's architectural heritage, the  
centre also conducts 2 guided tours  
a day (11am & 3pm) of the Rumah  
Penghulu or Village Head's abode which  
has been furnished to reflect a house in  
the early thirties • E10

**Islamic Arts Museum**  
03-2092 7070 • Jalan Lembah Perdana  
• Opened in 1998, the museum focuses  
on the rich diversity of Islamic arts and  
culture. Miniature replicas of Taj Mahal  
and other Islamic architectural wonders  
are on display • Tickets at RM12 (adults),  
RM6 (under 18, students & senior citizens)  
• Opens 10am to 6pm daily. • G4

**Museum Orang Asli**  
03-6187 8786• Km 24 Gombak • Displays  
a collection of over 3,000 artifacts  
showcasing the history, culture &  
lifestyle of indigenous tribes of Peninsular  
Malaysia. • Opens 9am-5pm. Closed  
Fri. FREE

**National Museum**  
03-2267 1111• 29 Jalan Raja • Displays a  
unique permanent collection of artifacts  
and materials showcasing the history  
and heritage of Malaysia • Opens 9am  
to 6pm daily • Admission RM1. Free for  
<12 yrs & students

ARTS & CULTURE

**National Theatre (Istana Budaya)**  
03-4026 5555 • Jalan Tun Razak •  
Designed by Malaysian architect  
Muhammad Kamar Ya'akub, this  
modern theatre is one of the world's most  
sophisticated theatres with state-of-the-art  
stage equipment. It holds drama, dance  
and musical performances regularly. • A7

**Petronas Philharmonic Hall**  
03-2331 7007• 🇲🇾 KLCC • Located within  
the Petronas Twin Towers, it is home to  
the Malaysian Philharmonic Orchestra  
and the National Choir. It features  
performances of highest quality by visiting  
orchestras and world-renowned soloists,  
besides performances by the MPO which  
now ranks among the top orchestras in  
the region • D8

OTHER FUN-TASTIC  
THRILLS & SPILLS

**Casino De Genting**  
03-6101 1118 • Genting Highlands Hotel

**Flight Training**  
03-2141 1934 • Royal Selangor Flying Club

**Horse Racing**  
03-9058 3888 • Selangor Turf Club, Jln  
Sungai Besi

**Horse Riding**  
03-4256 4531 • Royal Selangor Polo Club,  
Jln Ampang Hillir

03-2094 1222• Bukit Kiara Equestrian Club,  
Jln Bukit Kiara, Kuala Lumpur

Theme Parks

**Berjaya Times Square Theme Park**  
1 Jalan Imbi, Level 5 & 7, Kuala Lumpur  
Tel: 03-2117 3118

**Sunway Lagoon Theme Park**  
3 Jalan Pjs 11/11, Bandar Sunway,  
Petaling Jaya . Tel: 03-5639 0000

**Skytropolis Indoor Theme Park**  
First World Plaza, Resorts World Genting,  
Level 1, Genting Highlands, 69000  
Tel: 03-2718 1118

**District 21**  
Level 1, IOI City Mall, Putrajaya  
Tel: 03-8328 8888

**National Library**  
03-2687 1700 • 232 Jalan Tun Razak. • This  
7-storey building which blends traditional  
design with modern architectural  
elements houses more than 1.5 million  
books, some of them extremely rare.  
• Opens daily except Monday • A8 FREE

**Galeri Petronas**  
03-2051 7770 • 🇲🇾 KLCC • Level 3 Suria  
KLCC. • Exhibits artworks by local and  
international artists.  
• Opens 10am to 8pm. Closed on  
Monday. • D8 FREE

TO  
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SPACE

CONTACT:

KL Lifestyle  
31 Jalan Utara,  
46200 Petaling Jaya, Selangor,  
Malaysia

Tel: +603 7932 0668  
Email: info@mediate.com.my







Getting around in Kuala Lumpur is easy. The transit systems are efficient, taxis are plenty and buses are cheap. The public transportation usage peak hours are from 7am to 9am and 4.30pm to 6.30pm during the working days.

**By Transit systems**  
The KL monorail and LRT coaches are air-conditioned and comfortable and run from 6am to midnight. The systems are connected to each other at several points and the network covers most parts of the city. Fares range from RM0.90 to RM2.80 per single journey.

**By Taxis**  
Taxis are easily available at hotels or at taxi stands. Fares start at RM3 for the first kilometre and RM0.25 for every 115 metres thereon. There is a 50% surcharge on the metered fare from midnight to 6am and a baggage charge of RM2 per piece stored in the boot. There is also an additional RM1 for 3rd passenger (maximum 4 in a car). For an extra charge of RM2, you can book a taxi by phone.

**By Ecovans**  
Ecovans can accommodate up to 5 passengers. They serve mainly guests at major hotels and follow the fare structure of taxis but charge RM4 instead of RM2 for the first kilometre.

**By Buses**  
Buses serve all parts of Kuala Lumpur with fares beginning from RM1. Some hotels also offer free bus shuttle services to major shopping malls in the city.

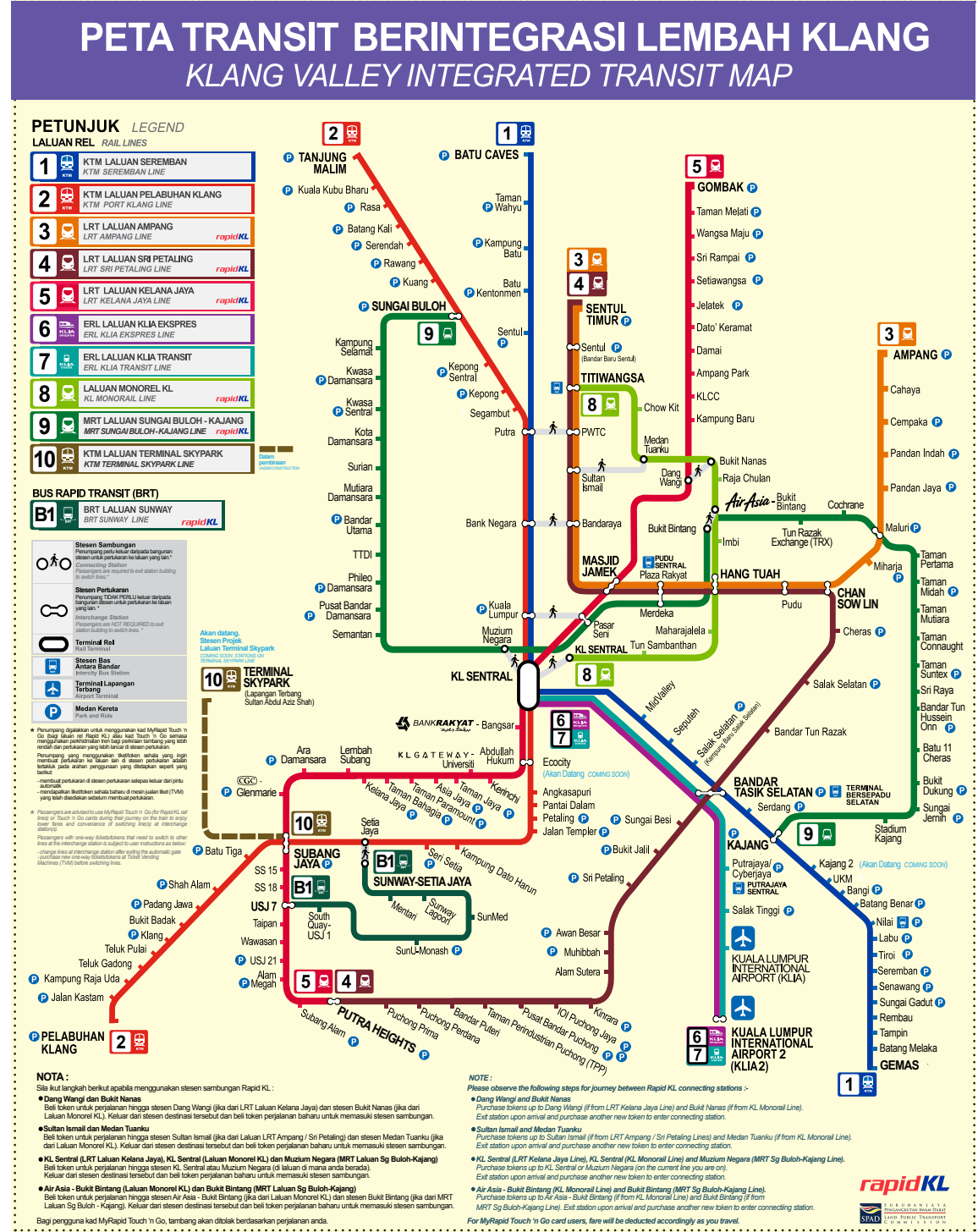
**KL Hop-on/Hop-off Bus Service**  
Links you to 40 attractions around the city with 22 designated stops. 8.30am to 8.30pm. Ticket: RM38 with discounts for locals, senior citizens, students and children. 03-2691 1382

**GETTING TO THE AIRPORT**  
**KLIA Ekspres:** The journey takes about 28 minutes from KL Sentral and another 3 minutes to KLIA2. The fare is RM55 per person per way. There is also check-in facility at KL Sentral for some airlines.

**Taxi:** The fare from the city centre to the airport is RM90 – RM120 per taxi.

**Eco Transit:** Eco Transit can accommodate up to 5 adults and has a fixed fare of RM130/ trip.

**Limousine:** Can be arranged with the hotel concierge and fare range from RM100 – RM200.



**COACHES TO KLIA AND/OR LCCT**  
• Airport Coach - +603-6203 3067  
• Sky Bus - +6016-217 6950  
• Aerobus - +603-3344 8828  
• The Star Shuttle - +603-4043 8811

**TRANSPORTATION**  
**Air Travel**  
• Kuala Lumpur International Airport +603 8776 2000  
• Klia2 +603 8778 5500  
• Sultan Abdul Aziz Shah Airport +603-7845 3245  
**Domestic Airlines**  
• MAS +603-2161 0555  
• MAS Reservation Number +603-8890 3702

• AirAsia +603-2171 9333  
• FireFly +603-7845 4543  
• Malindo Air +603-7841 5388

**Rail**  
• KL Sentral 03-2274 7435  
• KLIA Ekspres 03-2267 8000  
• KTM 03-2267 1200  
• Rapid KL 03-7885 2585  
• KL Monorail 03-2273 1888

**Car Rental**  
• Galaxy Asia 012-368 0117  
• AVIS +603-5885 2300  
• ORIX Auto +603-9284 7799  
• Eazy Peezy +6011-1166 6545  
• WS Rent-A-Car 03-4256 6999

**Taxis**  
• Sunlight Cab +603-9200 1166  
• Public Cab +603-6259 2929

• MyTeksi +601-300-80-5858  
• Saujana Teksi +6011-1929 0976  
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# MOSAIC XX

## KLAS 9th Anniversary Selling Exhibition

9 MAY - 20 JUNE 2020 . KLAS @ JALAN UTARA



**YUSOF GHANI**

Siri Tari III, 1984-85 (Washington Series)  
Oil on canvas 163 x 219 cm

## WE ARE NOW OPEN BY APPOINTMENT ONLY

In an effort to prevent the further spread of the COVID-19 pandemic, KLAS is implementing safety guidelines effective May 4, 2020, where viewings of artworks, collections and deliveries must be made by appointment with Shamila at +60 12 515 2095 or Bill at +60 13-361 2668.

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FOR ENQUIRIES CONTACT

NIK +60192609668 SHAMILA +60193337668 [INFO@MEDIATE.COM.MY](mailto:INFO@MEDIATE.COM.MY)

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