

KL lifestyle

FEBRUARY 2019



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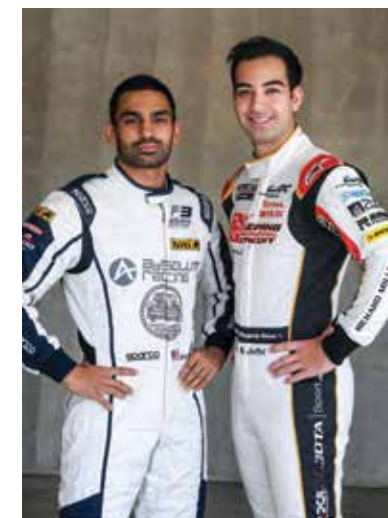
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ON THE COVER

AKASH NEIL NANDY AND NABIL JEFFRI

Photographer : Barathan Amulhan

Hairstylist : Derek @ Anagen

Venue : KLAS @ Jalan Utara

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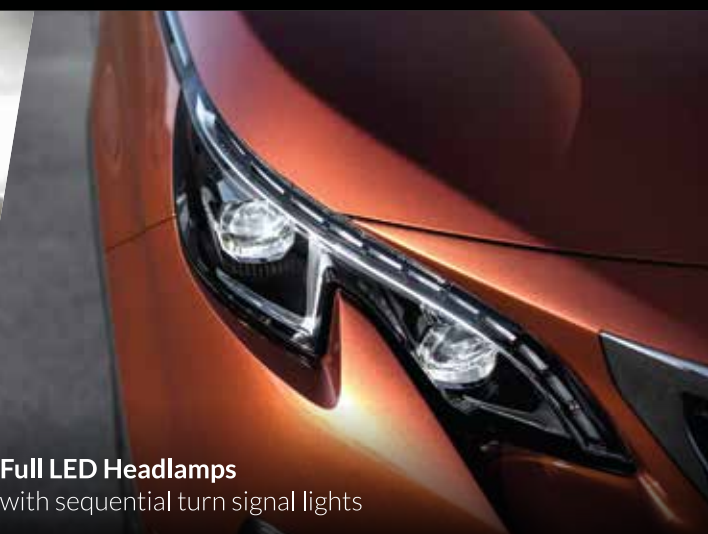
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MUST VISIT ART GALLERY



KL LIFESTYLE ART SPACE

KL Lifestyle Art Space (KLAS) is an art gallery that boasts modern and contemporary artworks from Malaysia and around the region. Through its gallery, KLAS intends to inculcate awareness about Malaysian artists and their works. This establishment will also provide the service of receiving consignments from artists or individual collectors, thereby making their artworks available to interested parties. Today, KLAS is one of the leading auction houses in Malaysia that sells high volumes of prized artworks during every auction.



KHALIL IBRAHIM The Art Journey COFFEE TABLE BOOK

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CALENDAR FEBRUARY 2019

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

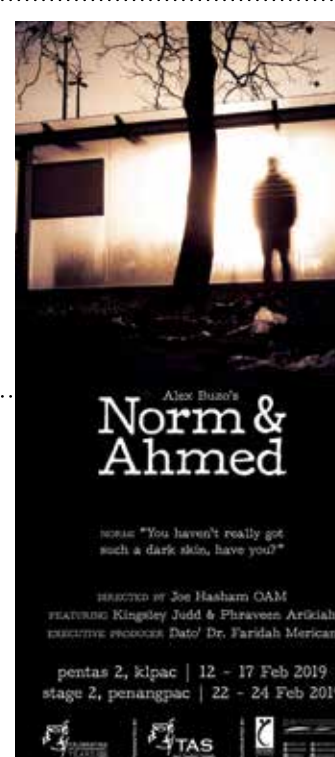
FRIDAY

SATURDAY



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SHERUN PUTRAJAYA 2019
FEB 10
PADANG SEMARAK, TAMAN
WETLAND, PUTRAJAYA

THE MOSCOW CIRCUS MALAYSIA
TOUR
JAN 11 - FEB 17
SETIA CITY CONVENTION CENTRE,
SETIA ALAM, SELANGOR



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NORM AND AHMED
FEB 12 - 17
PENTAS 2, KLPAC

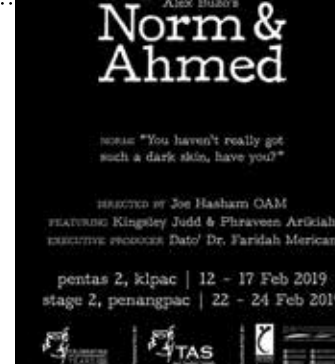
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STAGE 2, PENANGPAC



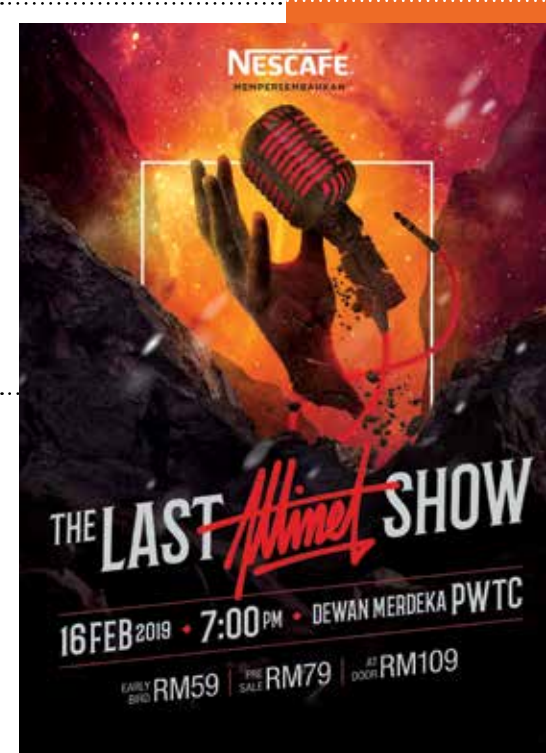
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FEB 16
DEWAN MERDEKA, PUTRA WORLD
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HARRY POTTER: IMPERIUM
MUSICUS
FEB 24



- PUBLIC HOLIDAY



WHAT'S HAPPENING

FEDERAL TERRITORY DAY 1 Feb Nationwide

Public holiday marking the ceding of Kuala Lumpur to the federal government of Malaysia in 1974 by the surrounding state of Selangor. It's marked by colourful celebrations including fireworks and parades.

01



CHINESE NEW YEAR Feb 5 and 6

Chinese New Year is a time for celebration and merrymaking. Family reunion feasts and open houses are a common feature and children receive 'ang pow' or little red money packets from the elders. Don't miss the exciting lion and dragon dance performances at shopping malls and homes.



PENANG HOT AIR BALLOON FIESTA Feb 9 and 10 Padang Polo, Penang

The highlight of the event is colourful hot air balloons displayed during the morning and evening sessions. There will also be 'Night Glow' shows featuring balloons lighted up with music and light accompaniment to fascinate spectators. Several international balloonists from the Netherlands, Belgium, Brazil, Japan, Philippines and Thailand will participate and special shaped balloons will be featured. Over this two-day event, ticketed tethered balloon rides will be available where one can go up as high as 60 feet. There will also be the 'cold inflation' activity where anyone can walk into a balloon envelope that's filled with cold air as it lies on the ground.

Phone: +604 264 3456



THE MOSCOW CIRCUS MALAYSIA TOUR Jan 11 to Feb 17 Venue: Setia City Convention Centre, Setia Alam, Selangor

FEEL THE MAGIC!
For over 100 years, Russian circus acts have thrilled audiences around the world with dazzling performances that amaze, amuse and inspire. And now, for the very first time in Malaysia, elite performers from Moscow's two most famous circus companies – the Bolshoi and the Nikulin – are joining forces to captivate Malaysians on a never-before-seen, 8-month nationwide tour!

Tickets: RM53 to RM253



SHERUN PUTRAJAYA 2019 Feb 10 Padang Semarak, Taman Wetland, Putrajaya

Distance: 8km, 5km & 3km
ENTRY FEE:

INDIVIDUAL
3KM (6 years & above) – RM50
5KM (12 years & above) – RM50
8KM (12 years & above) – RM50

TEAM OF 4
3KM (6 years & above) – RM180
5KM (12 years & above) – RM180
8KM (12 years & above) – RM180

Online Registration:
www.redadventure.com

MUST VISIT MUSEUM



SASANA KIJANG GALLERY

BANK NEGARA MALAYSIA MUSEUM AND ART GALLERY

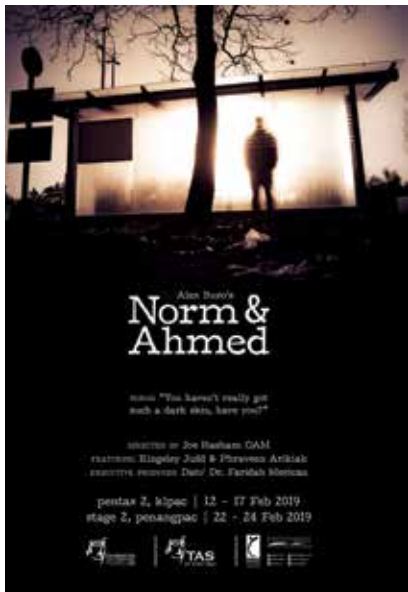
The Art Gallery provides a rotating display of the Central Bank of Malaysia's art collection. Selected paintings, prints, drawings and sculptures which chart the nation's milestones and highlight the Central Bank's support for the arts include works by early masters such as Hossein Enas and Yong Mun Sen, continuing up to the present day.



THE NAUTILUS ICON

One of the most striking features in Bank Negara Malaysia Museum and Art Gallery is the Nautilus Staircase that begins from the lobby and links every floor. This structure is the inspiration for the main graphic icon. The icon is actively applied and prevalent across all of Bank Negara Malaysia Museum and Art Gallery's communications material.

SASANA KIJANG, 2 JALAN DATO' ONN, 50480 KUALA LUMPUR
EMAIL: INFOMUSEUM@BNM.GOV.MY
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CONTACT: +603 9179 2784



NORM AND AHMED
Feb 12 to 17
Pentas 2, The Kuala Lumpur
Performing Arts Centre
(klpac)

Norm & Ahmed is a midnight conversation between a Pakistani student and a cliché-familiar Australian workman; and what emerges not only confronts us with how little Norm and his fellow Australians understand about Asians but with how close Australia is to its near north. Both Norm and Ahmed, perceptively, are aliens in the same country.

Norm and Ahmed was first produced in Malaysia by The Actors Studio in 1989. It was directed by Joe Hasham and with Faridah Merican as the executive producer. Norm was played by Joe Hasham and Ahmed by Mustafa Noor. This 2019 production is part of The Actors Studio's 30th anniversary. It will again be directed by Joe Hasham with Faridah Merican as executive producer. Norm will be played by Australian actor, Kingsley Judd and Ahmed by Phraveen Arikiah.

In keeping with the theme of Norm and Ahmed which is racism, the evening will begin with a selection of poetry and songs.

Ticket: RM65



**SEX IN
GEORGETOWN CITY**
Feb 14 to 17
Stage 2, Performing
Arts Centre of Penang
(penangpac)

Written and directed by Penang's very own Fa Abdul, Sex in Georgetown City is a collection of ten hilarious stories, set in a bedroom, covering quickie sessions, rip-roaring scenarios, poignant moments and unconventional advice all wrapped up in one wacky package. So bring your loved ones to celebrate Valentine's Day with penangpac – after all, celebrating Valentine's Day over candle light dinner is so old fashion!
Producer/Director/Playwright: Fa Abdul
Cast: To be revealed soon

Ticket: RM45

14-18



**THE ROMANTIC
VIOLIN**
Feb 13
Dewan Filharmonik
Petronas

In collaboration with the Embassy of Japan, MPO welcomes world-renowned violinist Akiko Suwanai to DFP for one night only! The youngest ever winner of the Tchaikovsky International Competition (1990) brings her elegance and bravura to the magnificent Brahms violin concerto, followed by Sarasate's bold Zigeunerweisen. Mozart's delightful overture and Haydn's noble "London" Symphony gilds the programme conducted by Alexander Briger.

Tickets: RM56 to RM141



**NESCAFÉ PRESENTS THE
LAST ALTIMET SHOW**
Feb 16
Dewan Merdeka, Putra World
Trade Centre

In November 2018, Altimet celebrated his 40th birthday and officially announced his retirement as a performing rapper. Aside from noting that he would still be involved in various parts of the entertainment industry, the renowned rapper also mentioned that he would be performing a final concert as a tribute to his family, friends and fans who have supported him throughout his career.

Tickets: RM59 to RM109

**HARRY POTTER:
IMPERIUM MUSICUS**
Feb 24

Come see what magician Chase Lew has up his sleeve. Mesmerising melodies and tricks galore, will inspire young magicians and wizards alike. Conductor Naohisa Furusawa and the MPO conjure up the sweeping sounds of Harry Potter films. Wave your wands to the beat and prepare to be amazed!

Tickets: RM47 to RM122

MUST VISIT PUBLIC ART GALLERY



ILHAM GALLERY KUALA LUMPUR
ILHAM is a public art gallery committed to supporting the development, understanding and enjoyment of Malaysian modern and contemporary art within a regional and global context.



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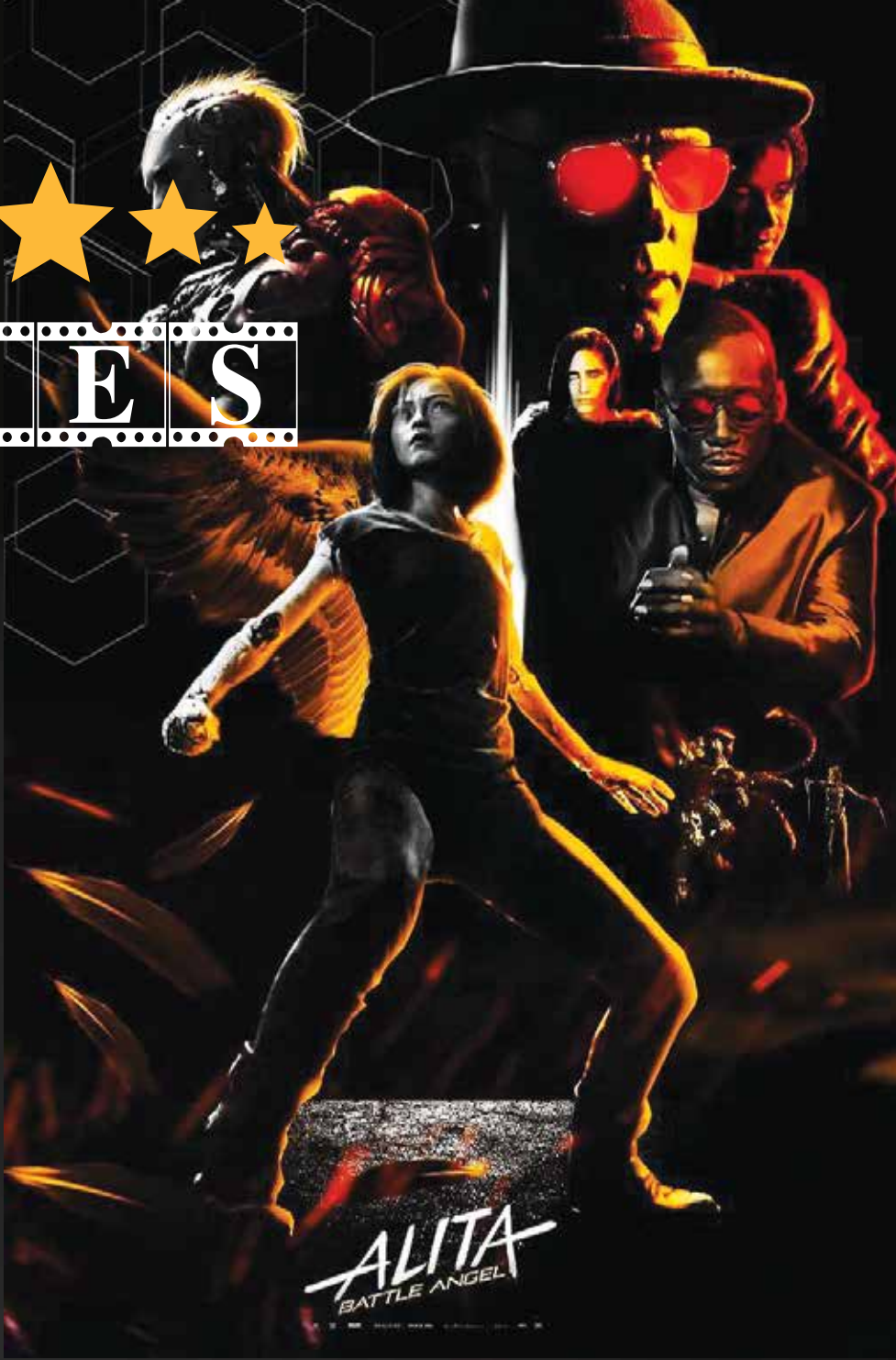
Top ★★★★★
MOVIES

FEBRUARY

ALITA: BATTLE ANGEL
FEB 5

The story takes place in the distant future, where cyborgs and robots are common place. A floating city, called Tiphareth, holds a dark secret, as it dumps its trash onto the world below. In the junk yard beneath, a cyborg doctor, Ido, scavenges for extra parts when he runs into the head and torso of a young cyborg girl, still alive. Only her brain is human, as the rest of her body is a machine. She has lost all her memory of her past, and is given the name Alita by Ido. He rebuilds her and becomes her surrogate father, as he gives her new body parts. However, as a series of mysterious murders start to spread through the city, Alita starts to suspect Ido in this crime, as a way to find her body parts. However, she follows him one night, only to discover that he has been chasing the real murderer, under the authority given to him as a "hunter-warrior". During this encounter with the real murderer, she instinctually acts on her own, taking out the killer with martial art moves from an ancient school. As a result, she decides to aid Ido in his pursuit of justice, and becomes a hunter-warrior as well. As she unlocks her true powers and potential, she encounters deadly enemies and idealistic friends.

Genre: Action / Adventure / Romance
Cast: Rosa Salazar, Eiza González, Jennifer Connelly.



THE FRONT RUNNER
FEB 21

Gary Hart, former senator of Colorado, becomes the front-runner for the Democratic presidential nomination in 1987. Hart's intelligence, charisma and idealism make him popular with young voters, leaving him with a seemingly clear path to the White House. All that comes crashing down when allegations of an extramarital affair surface in the media, forcing the candidate to address a scandal that threatens to derail his campaign and personal life.

Genre: Biography / Drama
Cast: Molly Ephraim, Hugh Jackman, Vera Farmiga.



AKASH NEIL NANDY & NABIL JEFFRI

SOARING PAST THE BRAKING POINT

Akash Nandy and Nabil Jeffri were not only born with good looks, but also born to race. They were propelled into the racing scene at a very young age, initiating with go-karting and the rest as you know, is history. These handsome lads have achieved outstanding feats by being the youngest Formula One test driver while the other, the youngest to partake in a single-seat race in Europe. Their paths crossed as teenagers, instantaneously sharing a bond and passion for racing. While they are both racers, they compete in different championships altogether. Nabil participates in the FIA World Endurance Championship while Akash competes in single-seater racing. We spill the deets on these accomplished young men including how they prepare for a race. Happy reading!

WORDS BY HIRANMAYI AVLI MOHANAN
PHOTOGRAPHER : BARATHAN AMUTHAN
HAIR STYLIST : DEREK @ ANAGEN
VENUE : KLAS @ JALAN UTARA





AKASH NEIL NANDY

Tell us how did you get into this field. Was it passion-driven?

Cars have always been a passion of mine since I was a toddler. I loved everything about going fast. It never failed to excite me. When I was four years old, my father took me to a go-kart track in Extreme Park behind Sunway which was where I had my first go at driving a go-kart.

Since then, I could never get enough of it. Until I was a little older, my dad bought me a used 85cc go kart and we would use it every weekend. It just grew from there till one day I asked him to let me race. Racing is a sport that my father and I share, and I'm so grateful that I have been able to do it with his support.

How has the experience been thus far?

So far, the experience has been amazing. Not all of it good but a lot of it have made me who I am today. A lot life lessons learned but I will always be raring to get in the car and be one with the race track.

You participated in big-time racing series at the age of 16, subsequently focusing on single-seater race, starting in Europe. How did it feel racing in the big leagues with the big boys?

Racing in Europe was a big game changer for me. Coming from Asia where the competition is already getting tougher every season, it was a big surprise to how much closer everyone was during the races. At times we would have all 25 drivers on the grid within a second of the fastest. If you found a tenth or two, it would gain you so many positions. However, having spent a few years racing in Europe and coming back to Asia, the competition is equally competitive now.

Who is your favourite race car driver? Maybe someone who inspired you to want to be a driver too?

When I started watching Formula 1 properly, at the time Lewis Hamilton was the one I looked up to. He just started his Formula 1 career and was already world champion by his second year in F1. Till this day I still look up to and support him for the driver that he has become. On another note, my father is my biggest inspiration for me wanting to be a racing driver. He is the most daring driver I know and still is and that drive and fire he has, runs in me too.

What's your dream car and why?

My dream car is the Porsche GT3RS, especially the 997.2 4.0 litres. Why? It's a proper driver's car, you feel literally everything in your hands. How you can feel the rawness of the chassis, the weight transfers in the corners and so on. A feeling that is hard to find in modern sports cars/track cars. Also, it still has a H-pattern gearbox which is always fun.



Akash Nandy was the youngest single-seat racer, at the age of 16, in Europe. Here are some of his pictures in full-throttle.



What preparations do you undergo before a race?

My preparations always begin with time spent in the gym. For the last two years I have used functional fitness to aid me with this and without a doubt, at least 5-6 times I train for two hours to be physically prepared. On the other side of things, I always keep contact with the team I'm racing for to keep me updated with race preparation in terms of track notes, data and on board videos. This is to help me with my visualisation process, to learn and understand what kind of driving style I should have. The next process would be time in the simulator where I try to simulate what/how I would drive on track.

If you could relive any race over again, which race would you choose and why?

I would go back to the 60th Macau Grand Prix where I became the youngest to win a Grand Prix there. It was my first time on this circuit which is a street track, so you can imagine how close we are to the barriers. We had all weekend dry but at the race, it rained, so again everyone was starting back from zero and to win here is a dream for many drivers.

Akash, you were the youngest driver to win in a Macau Grand Prix event. What ran through your mind then and what did it feel like?

At the time it didn't really hit when I was 16. I took it as another race win. Although I was very happy with the performance and overall result, it took me a year to achieve it. That was when I was most proud of my achievement and the journey it took me to get there.

Walk us through your process before or during a race?

Right before a race, I make sure I am relaxed and in a place where I can zone out before getting into the car. A lot of race drivers today spend a lot of time warming up and practising their reaction time to get the mind and body primed before a race. For me, that's a different case. Being around positive energy is always key, and this is where the team helps me the most. Put on some good music and getting in the right mood is my main aim.

Akash, when running at a new track, how many laps does it take before you find the limits on your braking points?

As racing drivers, we are always finding the limits to our driving at every session we get on track. Even during the last race of the weekend, we are still finding ways to drive better. It doesn't take more than two practice sessions to learn and have an idea how that circuit will be driven but we are always striving to improve lap time. For instance, we may have found the limit to a braking point at a certain corner but releasing the brakes a fraction earlier can help gain entry speed into the corner because the goal is to always find the fastest way around the track.

How does fitness affect your overall performance on the track and which is more important in racing – a strong upper body,**lower body, or core?**

A lot of people think that racing is just peddling to metal and turning a steering but it's a lot more than that. Fitness does play a big role in your overall performance on track. I believe that muscle endurance is very important, as well as overall body conditioning. That is why I use Crossfit/function training to help me with this. I focus a lot on conditioning such as aerobic training and gymnastics for core strength. I do include strength-based work to just keep the body strong, to help with driving the weight of the car as we have no power steering.

What are your aspirations?

My aspirations have always been to be a professional racing driver and to drive for a big manufacturing company such as Porsche or Mercedes, whether it be in Formula 1 or Sport cars racing. At one point, I even wanted to be an automobile engineer which is related to motorsports too. So you could say I really do love cars.

Could you share your best time or performance in a race?

I would like to take you back to when I was racing in go karts in 2010 where I fought hard to win the Rotax Max Malaysia Championship in the junior category which earned me a ticket to competing for Malaysia in the Rotax Max World Finals in Italy that year. To represent your country is always amazing but the amount of effort and time went into making that happen was a highlight. I was only 13 then.

What is the most daring thing you have done outside racing?

There have been times where I almost attempted bungee jumping but because it was too close to a race I didn't want to risk anything. But maybe I could say surfing. I have only been surfing twice in my life, in New Zealand and Bali, and it was definitely a fun experience.

What's your next race and where is it going to be?

My next race will be the Asian F3 Winter Series to be held at our own Sepang International Circuit from Feb 24 to 26.

Where do you see yourself in five years?

In five years I hope to already have my degree and still competing in high-level racing but things can always go in a different direction and at times, that excites. Living in the moment is what I like to do most of the time, and I firmly believe in what is meant to happen will happen.

Finally, what do you do for leisure?

For leisure, I always like to go on bike rides with my dad or even Sunday morning car drive up to Genting for breakfast with a bunch of car enthusiasts. I am a big petrol head, so I love to be around vehicles. Now and again I go back to my roots which is driving a go kart, so always got one ready just to get the adrenaline pumped during the weekend. Besides all that, spending time with family and friends is very important to me.

NABIL JEFFRI**Tell us how did you get into this field. Was it passion-driven?**

Yes, it definitely was. I started as young as eight years of age with karting.

How has the experience been thus far?

It has been an incredible journey for me. Travelling across the globe for every round of race for many years since I was eight has made me the man I am today. Without me realising, my racing career has helped me to be very focused and precise with everything that I do.

Who is your favourite race car driver? Maybe someone who inspired you to want to be a driver too?

Fernando Alonso is my favourite driver. Apart from him being a professional driver, his character and personality are also admirable. He's very charismatic and disciplined. I look up to him very much.

What's your dream car and why?

My dream car is the Mercedes C63. This is because it's a very high-performance car, yet I can use it daily and conveniently.

You are the youngest ever Formula One test driver. Did you envision making history?

Not at all. It was a once-in-a-lifetime chance given to me by Tan Sri Tony Fernandes. It will forever be something special that I cherish.

If you could relive any race over again, which race would you choose and why?

I would relive the race in Monaco when I was doing Formula 2. It was one of the best races I've competed in throughout my whole career, plus racing in between houses and yachts was undeniably precious.

What preparations do you undergo before a race?

I work on my fitness and stamina twice a day to prepare for a race. I take care of my food intake very seriously and I get enough sleep every night. Apart from that, I do track studying and laps on the simulator.

Nabil, you're participating in the prestigious Le Mans 24. What is your goal for this race?

I aim to finish top 3 and that's my most important goal.





Nabil Jeffri started racing young and was the youngest Formula 1 test driver. He focusses on the FIA World Endurance Championship.



Walk us through your process before or during a race?

I would arrive for team briefings a week before to discuss about the race event where I also meet my race engineers to deliberate on the strategies and what not.

Nabil, when running at a new track, how many laps does it take before you find the limits on your braking points?

It depends really. But it usually takes about three to five laps to achieve my braking point.

Who would be your two dream co-drivers at Le Mans, and which car would you want to drive?

I would love to do it with Alonso and Jenson Button in the LMP1 class.

How does fitness affect your performance on the track and which is more important in racing – a strong upper body, lower body, or core?

If you're unfit, it will definitely have a negative effect on the body as the speed going at 300kms would be unbearable for you. Secondly, it is harmful for yourself as you might lose focus. Thirdly, with good stamina, it helps to avoid unnecessary mistakes when it comes to the last or third quarter of the race. In addition, core, neck and cardio are all the combination needed and are equally important in a race.

What are your aspirations?

My aspiration is to drive in a LMP1 class alongside professional drivers.

If you had to name the highlight of your career thus far, what would it be?

The highlight of my career has to be finishing in the top 10 for Formula 2 where I competed against the top 20 best drivers in the world.

Could you share your best time or performance in a race?

My best performance was in the German Formula 3 back in 2013 where I finished 2nd in the German Championship.

What is your take away from racing and being on the race tracks?

I personally feel that it broadens my mind, makes me a mature person plus handling so many things at 300km/h makes it easier to handle things at normal human speed.

What is the most daring thing you have done outside racing?

Nothing crazy. Racing is so daring that anything outside racing is considered normal.

What's your next race and where is it going to be?

My next race is at the Circuit de Spa Francorchamps, 2019 Belgian Grand Prix in May.

Finally, what do you do for leisure?

I actually love to train during my leisure time. For instance, I took part in a half Ironman last year and finished first in my age category.

How to Connect Better with Your Partner, According to Neuroscience

A Tool to Fortify Relationships

BY HIRANMAYII AWLI MOHANAN

It's already February and Valentine's Day soon approaches. This is the perfect time for renewal and fortifying relationships.

When looking to deepen our relationships with our partners, we are accustomed to presenting material objects such as gifts or extravagant gestures to express appreciation or love. While these could provide fleeting happiness, they may not fill the void within.

So, this Valentine's we're giving you a present, a tool really, to explore your relationships according to Dr. Helen Riess, empathy expert, associate clinical professor of psychiatry at Harvard Medical School, and director of the Empathy and Relational Science Program at Massachusetts General Hospital.

She defines empathy in her new book, 'The Empathy Effect', as best understood in a human capacity consisting of several different facets that work together to enable us to be moved by the plights and emotions of others.

While many of us lack in empathy or didn't know we had it, Dr. Riess' extensive research proposes that we are wired for it and it's something that we can learn and grow. In fact, it aids to connect with our better halves on a profounder level.

She goes on to explain, "Through empathy, we actually are able to stand in the other, their point of view," This is absolutely vital in a partnership where give and take and prioritising our needs as well as our partner's are almost constant.

Challenges are inevitable in any relationship and they are often caused by conflict or exacerbated by it, so learning how to work through conflict with greater ease could create a positive ripple effect in your relationship. We know how easy it is in an argument to focus heavily on our point of view and opinion and lose sight of the other's perspective and thoughts.

By cultivating empathy for yourself and your partner, you learn to be open to your partner's opinions and feelings, hence giving you the control to steer through conflict with ease.

How to incorporate empathy into the conversation?

You can start with an ABC technique by Dr. Helen Riess, a way to "literally get the other person's perspective."

ACKNOWLEDGE

The first step is to recognise you are in an emotionally charged dispute.

BREATHE

Acknowledging you're in an intense conversation enables you to begin to slow down your breathing.

CURIOSITY

Become inquisitive about your partner's perspective. Ask yourself, "Why might they be feeling this way?" Dr. Riess says that curiosity is the way into another person's experience and goes on to say that it's particularly difficult to engage curiosity when in a gridlock argument or in a heated emotional conflict.

Situations where you and your partner are having heated arguments and you're distressed, most likely mean fight or flight mode and this causes one to focus on protecting himself or herself, making it hard to consider the partner's perspective.

If this is the case, take some space between the both of you and revisit the conflict in a few hours once tempers have cooled down. One of the biggest mistakes is trying to get a resolution to something when no one is able to be in a state of curiosity, according to Dr. Riess.

Empathy, such as any moral values and principles begin at home. If we can increase our empathy for ourselves and our partner, there's a greater chance for this empathy to spread to others.



INSIGHTS INTO HOME OWNERSHIP FOR MILLENNIALS

The situation and possible solutions

BY JACQUELINE BENITA PAUL

One of the major concerns among millennials in Malaysia is housing. In comparison with generation x, the ratio between income, expenses and property prices is vastly different for millennials. An average millennial's salary ranges from RM2.5k to RM3K and according to JobStreet's Job Outlook 2018 report, the average salary increment yearly without a promotion, is no more than 10% and with a promotion it is merely between 15% and 19%. With rapid increase in cost of living (average yearly inflation of 2.27%) while income growth has only grown 4.6%

each year between 2010 and 2016, there is a clear reason why millennials see home ownership as a distant dream.

Areas with high corporate occupancy such as Bangsar, Mont Kiara, KL Sentral, Mid Valley and more are also areas with some of the highest prices for property, ranging from RM300,000 to RM500,000 for a 850 sq ft home. The lack of space makes it impossible to share the cost. It is also not suitable for millennials who are planning to have a family.

Another factor to consider is millennials' need for instant gratification. In a world where so much is available with the push of a button, it's no wonder that millennials are so used to the concept of instant gratification which hinders them to weigh the long-term benefits of being home owners and the compromises needed in the beginning. As a result, young Malaysians tend to save their money for travelling which leaves little room for savings for a home.

Financial illiteracy also contributes to the challenges faced by millennials looking into home ownership. Due to the introduction of instalment plans especially for the latest gadgets, luxury items or even business loans, most young Malaysians are faced with the risk of having to have a poor credit score (Ctos). On the other side of the spectrum, there are many young Malaysians who stay away from financial commitments which then leads them to have no credit history. However, a lack of credit history can be viewed negatively by credit agencies. Put it this way, if you don't trust yourself to spend within your means with a credit card, how can an agency trust that you will be able to pay back your loan?

However, to overcome the property glut, the Malaysian government and various agencies have developed various forms of aid to smoothen the process of home ownership among first time home buyers.

1. MY FIRST HOME SCHEME (MHFS)

Instead of paying 10% down payment, this scheme offers homebuyers to get 100% financing from financial institutions. To qualify, the applicant must be under 40 years old with a gross income of not more than RM5,000 per month for a single borrower and gross income of not more than RM10,000 per month for joint borrowers. The scheme is limited to employees in the private sector. Participating banks

include OCBC, Affin Bank, CIMB, Bank Islam, Ambank, Hong Leong and Maybank. For more information, visit any of the participating banks or visit www.srp.com.my.

2. FUNDMYHOME

There are three reasons to consider the FundMyHome scheme.

- You only need to pay 20% of the purchase price of your dream home.
- No monthly payments for 5 years.

- You can move into your dream home right away. After 5 years, you have the choice to sell your home or refinance it. You will also need to share a portion of the capital gain with the institutional funders. As this scheme is intended for home buyers, the FundMyHome does require a 5-year commitment from the homebuyer. So, if you're looking for a quick profit through this scheme, we suggest looking elsewhere. For more information, visit www.fundmyhome.com.



3. MAYBANK HOUZKEY

This is a scheme offered by Maybank2Own which allows you to rent to buy your dream home. Unlike other schemes, there is more leeway in the age requirement (18-65 years old). The entry cost of the scheme is a three-month security deposit which is still significantly less than the 10% of the property value that gets piled up further with the additional transactional fee. The scheme absorbs the transaction costs such as stamp fee, legal fee, etc into the financing amount that you will be paying for in your monthly payments. After 12 months you have the option to migrate to mortgage, cash out, continue paying rental with an additional 2% per annum after 5 years or leave the scheme after 5 years with no strings attached. To learn more about the scheme, visit www.maybank2own.com.

What The Year of the Pig Has in Store for You

BY HIRANMAYII AWLI MOHANAN

We just finished the merriments for the new year and, it's already Chinese New Year now. According to the Chinese zodiac calendar, 2019 is the Year of the Pig. This essentially suggests that the new year will encapsulate the nature of the pig—sturdy, determined, generous—in a way that is more grounded. Based on the Chinese fortune calendar, 2019 sees a steady increase in wealth and more room for growth compared to 2018. Find out what the Year of the Pig has in store for the other zodiacs below.

1. RAT

The Year of the Rat succeeds the Year of the Pig in 2020. In 2019, Rat will fare quite well. According to ChineseFortuneCalendar.com, the Rat and Pig make successful partners in more ways than one. They complement and help each other in both business and social settings. The Rat provides keen intellect while the Pig provides reliability and the ability to follow through with action.

2. OX OR BUFFALO

The Ox and Pig are actually quite similar, these animals are both sturdy and reliable. The major difference between the two, however, is that the Ox can sometimes be a little too strong-willed or stubborn. The Year of the Pig is said to be a fortunate one for the Ox, so long as the Ox is able to keep its strength in check. Consider all decisions carefully.

3. TIGER

One of the most perfect romantic matches for the Pig is the Tiger, states TravelChinaGuide.com. Hence, 2019 could see the Tiger's love life and personal relationships flourish. The feisty character of the Tiger could be humbled by the Earth Pig, though, so expect some learning curve this year.

4. RABBIT

Rabbits share the same gentle, kind-hearted nature that Pigs possess. They only differ in terms of level of intellect and finesse. The Rabbit is agile and skilful, and will be able to navigate the Year of the Earth Pig with ease. This Chinese zodiac sign will have a fulfilling and successful 2019.

5. DRAGON

The Year of the Earth Pig will provide a stable backdrop for the Dragon to prosper. Because the Year of the Earth Pig has a relative calm about it, the excitable and fierce Dragon will be able to shine through spectacularly. According to ChineseFortuneCalendar.com, 2019 will bring tremendous career and monetary success. Of course it's one thing to come across money, another to hold onto it. A clever way to build your savings account is to pretend you never had some of your money in the first place.

6. SNAKE

In Chinese astrology, snakes and pigs are contrasting. There is always tension between the two Chinese zodiac signs on virtually every level. While 2019 will be a prosperous year in general, the snake will have to overcome obstacles at nearly every turn before finally earning their reward.

7. HORSE

Like many of the other Chinese zodiac signs, the horse will have a fine time of it in 2019. The same kind of advice given to the ox can also be given to the horse. Horses can become giddy and self-centred, so keep calm and balanced as the Year of the Earth Pig requires it.

8. GOAT OR SHEEP

Akin to the tiger, the goat aligns very well with the pig in terms of romantic connection. Pigs and goats share the same loving, gentle nature. Relationships will flourish this year for the Goat. Still, people under this Chinese zodiac sign can be emotionally temperamental at times, and it won't be wise to do so.

9. MONKEY

Pigs dislike monkeys as much as they dislike snakes, but for different reasons altogether. The monkey is far too chaotic for the steadfast pig, who enjoys stability over restless energy. While the Earth Pig demands patience, the Monkey has none. This is why 2019 will have the monkey reflect for the first time in a while, and make room the opportunity for personal growth.

10. ROOSTER

Roosters will thrive in 2019. The year of the Earth Pig delivers the stability the rooster needs to get off the ground, especially financially. 2019 will give these people the solid ground they need to build their empires, which the hardworking, diligent Rooster is naturally good at accomplishing.

11. DOG

If you were born in a Year of the Dog, you are most likely exiting a challenging 2018. While life will improve in the Year of the Earth Pig, you will still have to work hard to change your fortunes. Instant change will not happen this year because it's more of a gradual shift.

12. PIG

Contrary to popular belief, the Year of the Pig will not be a good one for those with the pig sign. In Chinese astrology, your own year is more often than not your worst year. Go figure! All you can do in 2019 is remain steadfast and persevere through the challenges and patiently wait till it's your time to prosper.



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JANE TEOH

Brilliant Beauty Queen

You might recognise this beauty queen. Jane Teoh represented Malaysia in the Miss Universe beauty pageant held in Bangkok last year. She thrustured herself into the beauty pageant world to be different from her peers and add an extraordinary flair to her resume. What's even more amazing is that she juggles beauty queen duties with being an accounting student at HELP University. Read about her amazing tale here.

BY HIRANMAYII AWLI MOHANAN



Photo by Miss Universe Malaysia

TELL US ABOUT YOURSELF.

I'm Jane Teoh, Miss Universe Malaysia 2018, turning 22 this year. I'm originally from Penang. I competed in the Miss Universe pageant in December 2018. I took a gap year off from my studies for the pageant and recently just went back to complete my degree in Accounting with HELP University.

WHAT INSPIRED YOU TO PARTAKE IN BEAUTY PAGEANTS?

I'd say it was my desire to be different from the rest of my mates. I've always been with my friends who excel in their studies, they've always scored very well in their tests and exams and I figured that I couldn't be the same as them, just purely doing well in my studies, so I decided I needed an extraordinary flair to add to my resume. By the time I joined the pageant, I was already doing part-time modelling for a while, so with that new sense of confidence, I figured out why not try out the pageant, that would set me apart from my mates. With the experience of working with different egos and personalities, I was sure it would make me stand out and it did.

HOW DID IT FEEL WINNING THE MISS UNIVERSE MALAYSIA CROWN?

It felt surreal in the beginning. All I could think of was, "Is this for real?" I've never really seen myself as a girl that would actually be doing what I am doing right now. It took me a while to finally settle in and be on track, with the help of my mentor, Elaine Daly and the Miss Universe Malaysia team. When I did my anti-cyberbullying campaign #daretoshout and toured around schools in KL and Penang to give talks, I finally got what it meant to be an inspiration to young girls and empowering them. When I was at the high schools giving talks, it felt so rewarding when I knew that what I was doing then was actually inspiring people out there and there are young girls who actually look up to me.

TELL US ABOUT THE BANGAU PERAHU COSTUME AND HOW DID IT REPRESENT MALAYSIA AS THE NATIONAL COSTUME FOR MISS UNIVERSE 2018?

It symbolises the spirit of a crane that can only be found in the East Coast of Malaysia and is said to protect fishermen

who are out at sea to fish and provide for their families. It's meaningful and it represents Malaysia because of its uniqueness.

YOU'RE AN ACCOUNTING STUDENT AT HELP UNIVERSITY. HOW DO YOU STRIKE THE BALANCE BETWEEN CLASSES AND BEAUTY QUEEN DUTIES?

You just have to! It's never easy, but time management is key. I'd say getting your priorities right. I used to juggle a lot between my studies, assignments, society activities, my modelling career and pageant when I was in my previous university and I did quite well. Now adding on my beauty queen duties, I'm pretty sure I can make the best of both worlds, sometimes being busy pushes and motivates you even more because you know you don't have the time to waste, so you'll make the most out of what you have.

YOU'RE FROM PENANG. ARE YOU A FOODIE?

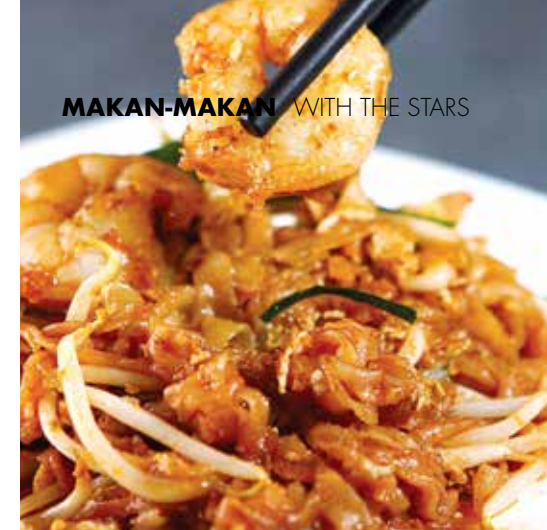
I'm a major foodie, nothing excites me more than food, not shopping, not clothes, not makeup but FOOD. I get hangry when I don't get food, I eat just about everything and good food comforts me after a long tiring day. Give me real good food and I'm ready to roll again.

COULD YOU SHARE SOME UNDISCOVERED LOCAL EATERIES IN PENANG THAT PEOPLE MUST-TRY?

You could find good local street food just about everywhere in Penang. I love having breakfast in this kopitiam somewhere around Bayan Baru in Penang. You need to be early for the char kuay teow, anything after 10am, you'll just have to queue for about an hour to get that one plate. I love having breakfast there, I'd wake up early on weekends and go with my parents to have half-boiled eggs and kaya butter toasts and of course that char kuay teow. Imagine if it got famous, I might need to wait for two hours.

IF YOU HAD TO NAME THREE FAVOURITE LOCAL DISHES, WHAT WOULD IT BE AND WHY?

Definitely Char Kuay Teow. I just love it since young, Roti Canai and for dessert



Char Kuay Teow

I'd say Cendol. I grew up eating all of these, it has to be these three.

ARE YOU ABLE TO FIND GOOD, PENANG FOOD IN KL? IF SO, WHERE?

I have to say it'd be the Hokkien Mee in Old Klang Road, It's quite famous and Banana Leaf Rice in Bangsar, LOVE it.

DO YOU HAVE TIME TO GO FOOD HUNTING OR CAFÉ HOPPING IN KL?

I've been to a few cafes in KL. The cakes and other food are really good. I'm not really a coffee person, so I can't comment on that.

YOUR GO-TO CAFES OR RESTAURANTS IN KL ARE...

Marmalade in Bangsar; they serve good breakfast, and Ippudo restaurant; I love the Ramen there. I used to crave for it a lot when I was in Penang, and they recently opened an outlet in Penang, after I moved to KL.

IN YOUR OPINION, WHAT INITIATIVE SHOULD EATERIES MAKE FOR A GREENER, PLASTIC-FREE ENVIRONMENT?

In Penang, they don't give you plastic bags when shopping, they'll charge you for that. I'd say do that as well for takeaways, charge customers for asking for plastic containers. It'll encourage people to start taking their own tiffin or food containers when they need takeaways. Just like how people bring their own recycled bags when shopping, only then we'll be able to make progress.



Cendol

Royal Reunion

at Wan Chun Ting

BY HIRANMAYII AWLI MOHANAN

One of the many reasons why we look forward to Chinese New Year is the tradition of reuniting with family and friends. Usher in the good tidings and revel in new beginnings with elegance, at Wan Chun Ting.

This Lunar New Year, Wan Chun Ting invites patrons to feast with family and friends with three specially-curated menus for the occasion, namely, the Prosperous set menu, Wealth set menu and Fortune set menu.

Meanwhile, guests who seek something to enjoy with their better half can seek the a la carte menu featuring Chef Leong's highlights, Wok-Fried Boneless Chicken with Sweet Vinaigrette Sauce, Steamed Scallop with homemade Bean Curd, Chinese Wine and Egg White, Braised Shrimp and Chicken Meat Ball topped with Crab Row, Braised Sea Cucumber, Sun-Dried Oyster, Bean Puff with Sea Moss and Garden Green, Eight Treasure Spring Chicken, Braised 2 Head Abalone and Broccoli with Superior Oyster Sauce, Braised Duck with Sea Cucumber and Sea Moss, and more.

PROSPEROUS SET MENU
Wan Chun Ting is offering the merriment from Jan 7 to Feb 19, for both lunch and dinner. The Prosperous set menu is a 9-course meal fit for a big family of ten and it is accompanied by a bottle of wine. The revelry starts with tradition, the tossing of Yee Sang. Having tried Wan Chun Ting's Yee Sang with Norwegian Salmon and white bait fish, we honestly say that it is perfect palate teaser before embarking on the gastronomic adventure that is the Prosperous set. The secret sauce to this item is scrumptious strawberry.

The subsequent courses are a medley of Wan Chung Ting's signature-double boiled chicken soup with black garlic followed by oven-baked chicken that is cooked to perfection. Then, let your mouth water and palate be treated to a Hong Kong-style steamed live tiger grouper with superior soy sauce that made us reminisce about our grandmother's cooking. The courses that ensue are the giant wok-fried grass prawns with salted egg yolk and the braised mushrooms with sun-dried oysters and garden greens, refreshing the taste buds.

As the culinary festive culinary voyage reaches its crescendo, devour traditional fried rice with yam wrapped in lotus leaf, packed with potent piquancy. Finally, end the journey on a sweet note with Wan Chun Ting's rendition of an old-time favourite, deep-fried Chinese New Year cake with yam and double boiled honey melon with red dates and white fungus.

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A Nostalgic New Year

at Red Chinese Cuisine

BY HIRANMAYII AWLI MOHANAN

This Chinese New Year, Red restaurant at Pullman KLCC is reminiscent of cultural traditions that have been forgotten. Experience a blast from the past with Red Chinese Cuisine's 'A Nostalgic Celebration' dining promotion that lasts until Feb 19.

The best part about dining during Chinese New Year is the tossing of Yee Sang and reunion with family members. Red is offering a uniquely-crafted Yee Sang that will gain the gym aficionados approval along with indulgent Chinese delicacies. Apart from that, Pullman KLCC will be decked with lanterns and pink cherry blossoms, symbolising good luck, while a pop-up, retro sundry shop or 'kedai runcit' will greet guests at the main lobby while depicting simpler times.

As tradition goes, the auspicious festive menus begin with Yee Sang, a must-have Chinese New Year prosperity salad, highlighting Red's very own homemade sauces. The Fresh Fruits and Garden Greens Yee Sang not only tastes great, it will make you feel less guilty in indulging. It is available with a variety of toppings, including fresh salmon, fresh tuna, scallop lips, jellyfish, sea urchin, tempura prawn, crispy whitebait, black truffle, abalone, crispy soft shell crab and crispy fish skin.

Boasting three celebratory menus which are priced from RM1,388 to RM1,888, guests can leave the hard work to the esteemed chefs at Red to whip up scrumptious dishes for the occasion. The highlights from the menu include a delectable Double-boiled Sea Whelk Soup with Matsutake Mushroom, Winter Melon and Conpoy, Stir-fried Mantis Shrimp with Fish Roe and Asparagus, Fujian style Seafood Fried Rice with Whole Abalone, Pan-fried Chinese Pudding and Sweet Purple Potato. Vegetarian options are also available upon request. Patrons who prefer an intimate setting for this spring festival, private dining rooms are available for family reunions or company events.

Red Chinese Cuisine, Pullman KLCC, Jalan Conlay, 50450 Kuala Lumpur.



Year of Blooming Abundance

at Chynna

BY HIRANMAYII AWLI MOHANAN

Instead of slaving over the stove this Chinese New Year, gather up the clan and head over to Chynna at the Hilton Kuala Lumpur. This year, it introduce its selection of Chinese delights and delectable dine-in menus revolving around the theme, "Year of Blooming Abundance". Expect to go on a gastronomic voyage at Chynna.

You're in for a surprise by the hotel's very own version of authentic Chinese cuisine filled with an array of mouth-watering dishes to savour. Chynna's Chinese New Year delights spoil guests for choice with four varieties to choose from, each shedding light to tradiional dishes with their own twist.

Among the scrumptious dishes are braised abalone with sea cucumber, steamed wild grouper, ten-grain rice with chicken floss and the ever quintessential dish - the Yee Sang platter that will be tossed to usher in a new year filled with prosperity, good health, good wealth and more.

Each Lunar New Year set offers varied dishes down to the desserts. Durian lovers can rejoice at the inventive dessert that incorporates the king of fruits and tradition. The combination of snow white coconut jelly, Nian Gao roll with cheddar cheese, macadamia nuts and

Musang king durian from the Prosperity set will tease your palate for a prosperous year ahead.

- Abundance Set priced at RM 288 nett per person
- Prosperity Set priced at RM 398 nett per person
- Wealth Set priced at RM 428 nett per person
- Grand Fortune Set priced at RM 688 nett per person (minimum order of 5 persons)

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Winds of Prosperity Billows

Into Sunway Resort Hotel & Spa

BY HIRANMAYII AWLI MOHANAN

Sunway Resort Hotel & Spa offers an exciting and memorable "Winds of Prosperity" Lunar New Year that ends on Feb 19.

During this festive celebration period, the hotel's main street of Persiaran Lagoon is festooned with red lanterns and gold fairy lights, allowing all to soak in the lunar new year atmosphere in Sunway City Kuala Lumpur.

In the main lobby of Sunway Resort Hotel & Spa, guests will be welcomed by monumental lantern pillars with cherry blossoms and mini lanterns in the centre of the lobby, complemented by large pots of kumquat plants symbolising prosperity and luck, ushering the lunar new year.

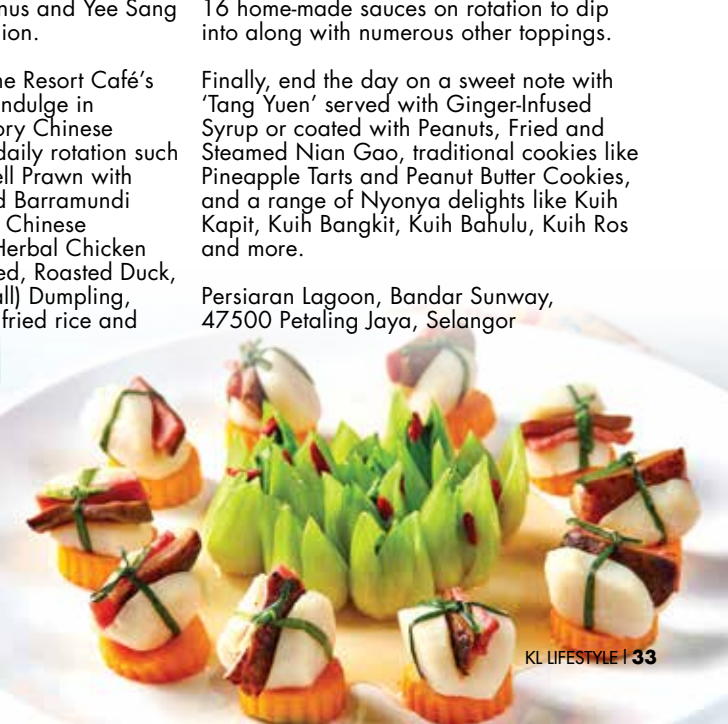
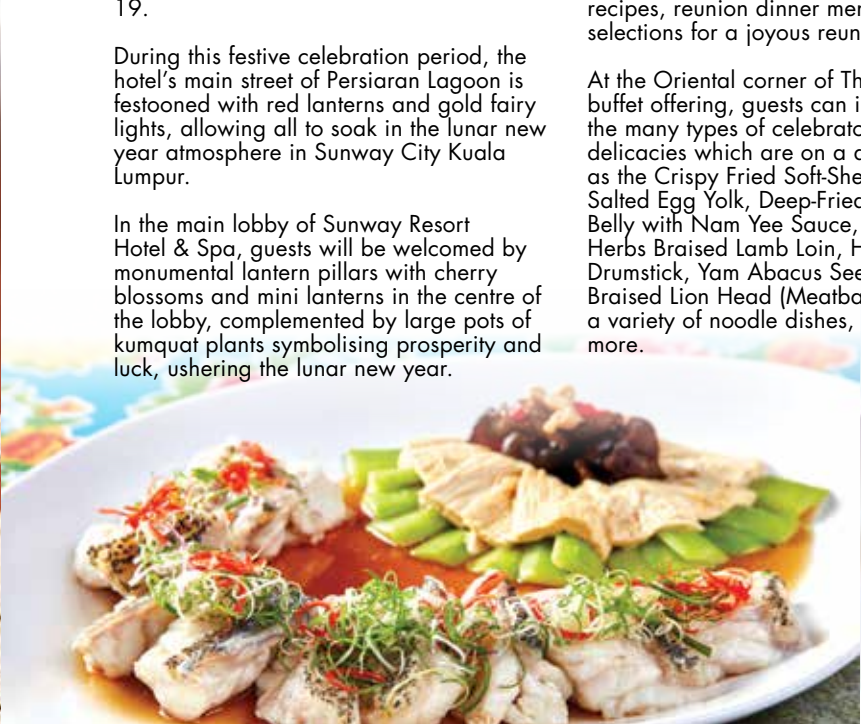
Taking centre stage is The Resort Café which features Executive Chef Peter Lee and his team of Chinese banquet chef celebrated recipes, reunion dinner menus and Yee Sang selections for a joyous reunion.

At the Oriental corner of The Resort Café's buffet offering, guests can indulge in the many types of celebratory Chinese delicacies which are on a daily rotation such as the Crispy Fried Soft-Shell Prawn with Salted Egg Yolk, Deep-Fried Barramundi Belly with Nam Yee Sauce, Chinese Herbs Braised Lamb Loin, Herbal Chicken Drumstick, Yam Abacus Seed, Roasted Duck, Braised Lion Head (Meatball) Dumpling, a variety of noodle dishes, fried rice and more.

Guests can also look forward to a festive steamboat at the dinner buffet spread boasting 48 condiments to select from and 16 home-made sauces on rotation to dip into along with numerous other toppings.

Finally, end the day on a sweet note with 'Tang Yuen' served with Ginger-Infused Syrup or coated with Peanuts, Fried and Steamed Nian Gao, traditional cookies like Pineapple Tarts and Peanut Butter Cookies, and a range of Nyonya delights like Kuih Kapit, Kuih Bangkit, Kuih Bahulu, Kuih Ros and more.

Persiaran Lagoon, Bandar Sunway, 47500 Petaling Jaya, Selangor





Three facts about Chef Logan Terrence Lopez, chef-owner at The Bowling Club in Intermark Mall:

1. He is an egg person. "I love eggs in all its forms and it turned out that when we experimented with using half boiled egg to top the Pizza Telur Mata, a lot of people loved it too."

2. He believes in giving his customers good value for money. "Each dish here is served with a generous amount of proteins and vegetables with a smaller portion of carbs because I believe that is the right way to treat our customers and it's a healthier way of eating."

3. He does not believe in providing set meals. "People tend to have an idea of what they want and would usually do a bit of research before choosing where to eat. So, I don't believe in limiting my customers' choices by creating set meals."

What to eat at The Bowling Club?

Chef Logan has a clear talent of matching textures and layering flavours to keep you satisfied. It was evident from the first dish served, **Feta Cheese & Melon**. We loved the medley of flavours from the refreshing sweetness of the melon cubes balanced with the tangy flavour of the diced fresh orange. Our palates were cleansed and prepped for the upcoming courses.

The **Clam Chowder Papa Bread** dazzled our palate with its comforting and dense flavour from the chowder with soaked Manila clams. The dish we were looking forward to try out the most, the **Cheese Aligot** did not disappoint and even exceeded our expectations. The cheesy potato fondue was creamy, rich yet it did not leave us feeling bloated. Each bite was comforting, exciting and we thoroughly enjoyed eating it on its own or with the sourdough bread provided.

The Bowling Club

Food for the Heart and Soul

BY JACQUELINE BENITA PAUL

Intermark Mall, Lot G-19, G Floor,
348, Jalan Tun Razak, Kuala Lumpur 50400
Tel: +603 2181 1268
Email: bowlingclubkl@gmail.com

Seafood fans may swoon at the sight of the **Paella Negra**. Chef Logan added his own twist to the dish by making his own cuttlefish paste to cook with the bomba rice. The Padron pepper added an extra depth of flavour that complimented the fresh Manila clams and meaty freshwater king prawn. We left feeling rather envious of the working class in and around Intermark Mall for having easy access to a restaurant that serves American and Asian comfort food in a lively atmosphere.

Glen explained, "We want to do it right because there's a reason why we do it. With our homemade bread crumbs, less oil is absorbed and provides better contact with the meat."

The flavours and the space have the same symphony of comfort, intimacy, nostalgia and sincerity. After a satisfying meal, Paul kindly offered us a cup of coffee made from beans he discovered during his travels. Despite having little F&B experience, Glen and Paul really nailed it with this place. The menu is a short list of things they can knock out of the park. It would be hard not to make new friends before leaving and unlike a lot of places in Bangsar, everything is reasonably priced. We had a great time to say the least, and we are sure you will too.

For more information or reservations contact 011-26685884



Garage 51 took Kuala Lumpur by storm with their decadent, over-the-top, utterly addictive milkshakes. Since then, they have been brewing more than just milkshakes. Rather, they have an extensive menu that screams EAT ME! On top of that, great attention is paid to the presentation of both their libations and fare, making it irresistible to take pictures in their edgy and industrial interior.

This Chinese New Year, something crab-tastic comes your way as Garage 51 collaborates with Mister Potato's limited edition chilli crab flavour and introduces five alluring and flavoursome dishes, all inspired by the potato crisps.

New Year Salad with Plum Sauce and Crushed Mister Potato Chilli Crab Crisps

This is truly an inspired dish. Garage 51's healthy rendition of the Yee Sang is a medley of sweet and zesty flavours owed to the plum sauce, fruits and vegetables.

Soft Shell Crab Burger Crusted with Mister Potato Chilli Crab Crisps

The pairing of soft shell crab and mister potato chilli crab crisps is a match made in heaven and that chemistry translates through its tastes. Sandwiched between charcoal

buns, this mighty burger and its bewitching flavours will make you forget about other burgers altogether.

Soft Shell Crab Rice Bowl crusted with Mister Potato Chilli Crab Crisps, Shimeji mushrooms, Onsen egg and homemade sauce.

Rice bowl is our ultimate comfort food, so it didn't take much convincing for us to be floored by this dish. The crispness of the soft shell crab is owed to the chilli crab crisps and when amalgamated with the onsen egg, Shimeji mushroom and slathered with a homemade sauce, it results in ambrosial flavours that last forever.

Garage Pao available in Chicken or Pulled Hoisin Smoked Duck

Presented in a bamboo steamer, patrons can choose from fried chicken or pulled hoisin smoked duck enveloped in a pao. We recommend the latter for its succulent yet tender meat and its sweet-smoky flavour.

Garage Fried Chicken Crusted with Mister Potato Chilli Crab Crisps

The Garage fried chicken is one of their bestsellers, so when they encrust it with the chilli crab crisps, it thrusts this dish to new exquisite heights.

Tatji Katsu

An Elegant Afternoon Soiree

BY JACQUELINE BENITA PAUL

Paul and Glen started Tatji Katsu, a private dining experience or some might call a Supper Club to bring people together through their shared love for food. The two decided to pursue the F&B venture after a trip to Japan where they discovered a hidden gem in Tokyo that served delicious bowls of Tare Katsu that sealed their fate. After months of intense preparation, Glen and Paul started their first food venture in their home and garnered considerable social media hype even with only five months since their opening. We were intrigued to discover the reason for the hype for ourselves.

As we walked into Glen and Paul's loft, we felt a sense of intimacy and warmth from the design of the space. With trinkets, paintings and tasteful furniture, it was easy to get comfortable and start a conversation. The menu at Tatji Katsu is straightforward and intentional with a strong focus on the Tonkatsu made from homemade bread crumbs. Since Tatji Katsu only opens on weekends and a lot of preparation is needed since everything is made from scratch, we placed our order in advance. This time we tried out the Fried Pork Cutlet Sauce Rice Bowl, Pork Katsu Burger, Gyoza, Karaage Chicken, Fried Pork Curry Cutlet and Red Velvet cupcakes.

To put my love for pork into words may not do it justice but if you saw the way I ate the Fried Pork Cutlet Sauce Rice Bowl, you would get the full picture. When we asked, why they wanted to go through so much effort in making homemade bread crumbs,



Have an In-crab-dible Chinese New Year at Garage 51

BY HIRANMAYII AWLI MOHANAN

51, Jalan PJS 11/9, Bandar Sunway, 47500
Petaling Jaya, Selangor
Tel: 03-5612 5618

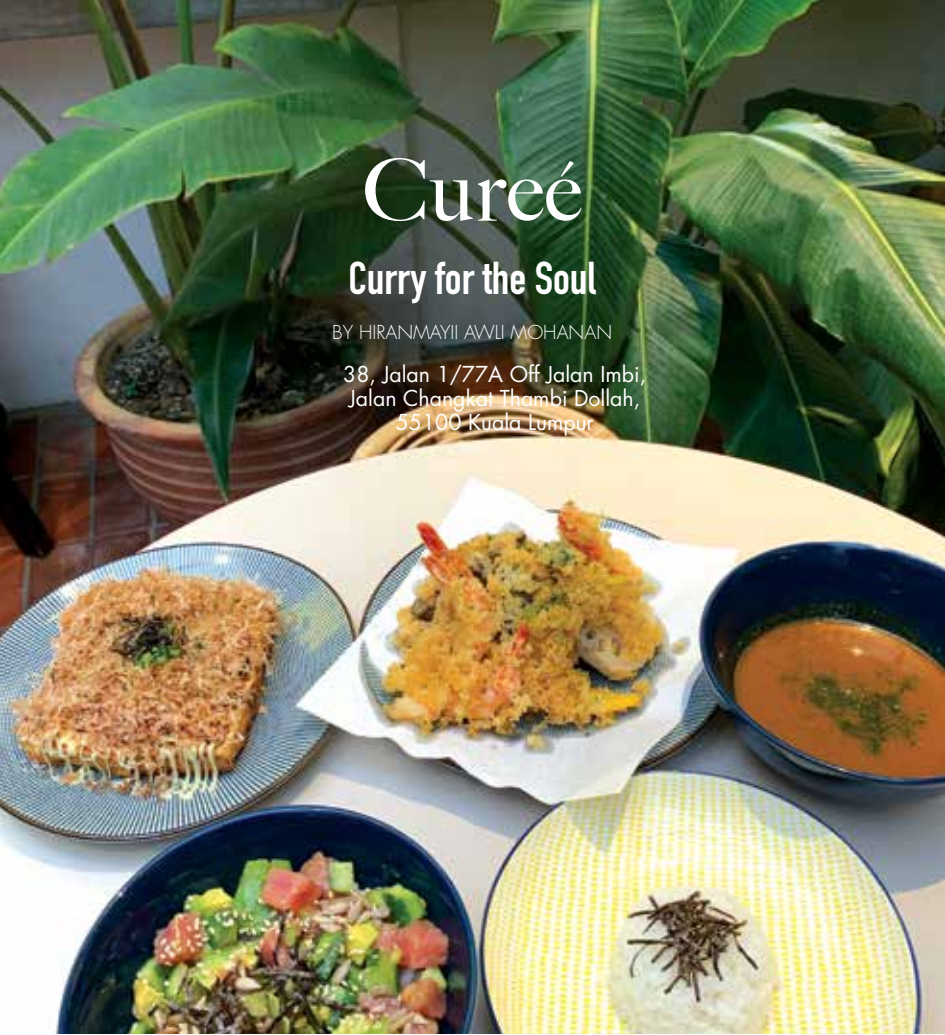
DINING IDEAS

Discovering Cureé was a serendipitous affair. Cureé, pronounced as Ka-rey is the Japanese pronunciation for curry and a play on the word cure. Essentially, it is curry that cures your soul. We found the restaurant's interior to be minimalistic and somewhat edgy with its exposed brick walls.

Embodying its namesake, Cureé serves casual Japanese cuisine with highlight on Hokkaido curry, presented in various styles. Be it thick or soupy, it offers different flavours owed to its base. We learned that in order to truly appreciate the play of flavours, the curry should be accompanied by either chicken, natto, avocado or seafood tempura.

Café hoppers can rejoice because this eatery offers Japanese all-day breakfast as well as local delights. We highly recommend the Okonomiyaki Waffle for any time of the day. It's a bed of Japanese waffle with bonito flakes, Okonomi sauce and a drizzle of mayonnaise that allow you to experience euphoria. Aside from curry, they also cater to poke bowl lovers with their signature Curee Poke Bowl, which is basically comfort in a bowl, and Natto Rice Bowl that features fermented soy bean with Japanese rice and half-boiled egg.

Their menu also showcases a host of seasonal cakes and desserts, coffee and draft beer to choose from. After a long day at work, a draft beer with a side of Teba Masala or edamame sounds like a cure for the unrested soul.



Cureé
Curry for the Soul

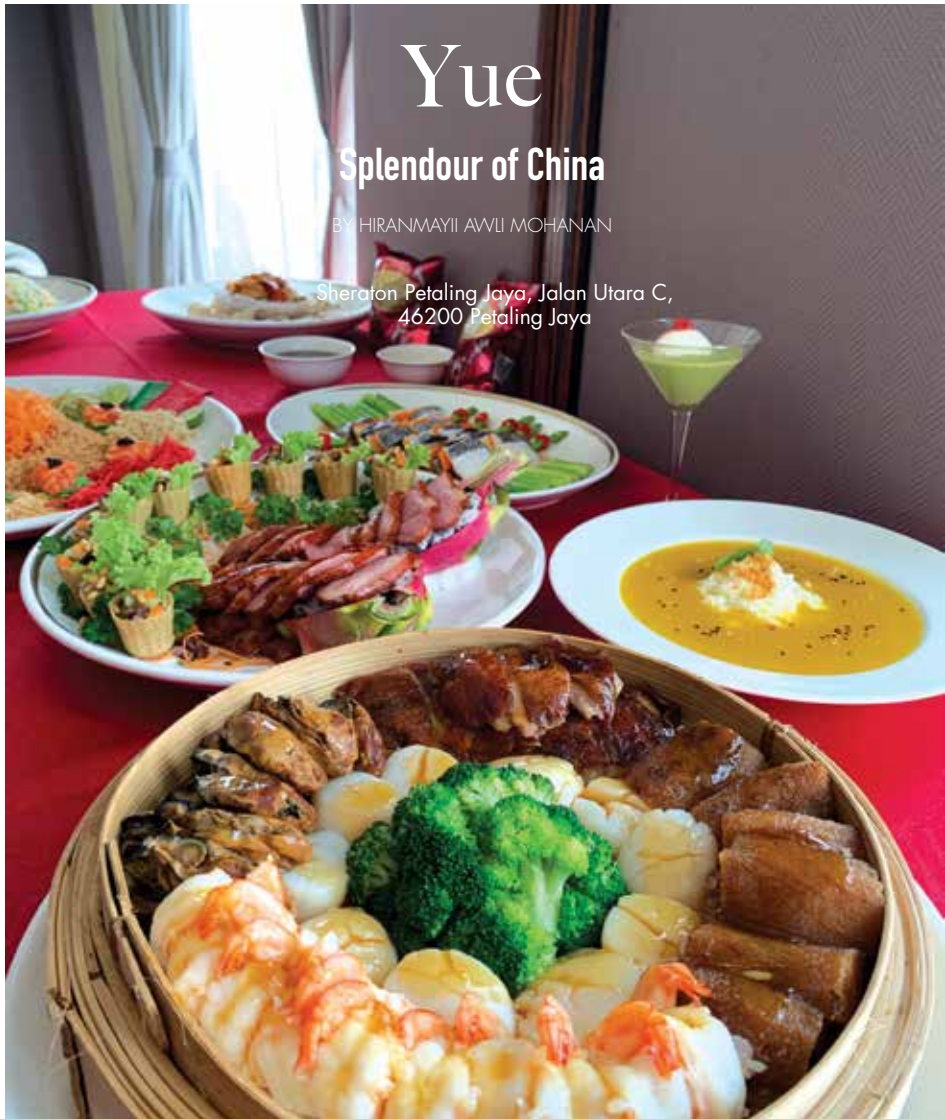
BY HIRANMAYII AWLI MOHANAN
38, Jalan 1/77A Off Jalan Imbi,
Jalan Changkat Thambi Dollah,
55100 Kuala Lumpur

Usher in the Lunar New Year with class and grace at Yue, Sheraton Petaling Jaya. This hotel is crafting an exciting reunion dinner with Chinese cultural performances. Themed 'Splendour of China', indulge in a 9-course set menu while being entertained with graceful and rhythmic movements from the dance troupes. Feb 4 marks the date of this auspicious occasion where families can gather to enjoy quality time while welcoming the New Year.

On this grand night, diners will be entertained by a full line-up of performances starting with the two lion dance performances, LED drums, Chinese acrobatic performances, the mystical thousand hands, traditional songs and more. Amid the spectacular and amazing performances, a nine-course delicious spread will be served starting with fresh traditional Norwegian Salmon and Jelly Fish Yee Sang, Abalone, Deep Fried Butter Prawns and more. This delicious and exquisite package is available in Grand Ballroom and priced at RM1,988 nett per table.

In line with the year of good fortune and great health, Yue Chinese Restaurant offers three Chinese New Year set menus until Feb 25. Starting from RM2,388 nett for a table of ten, this restaurant will take guests on a culinary voyage through delectable dishes. Among the traditional dishes are Yue's signature double-boiled Dried Scallop Soup with Morel Mushroom and Fish Maw, Braised Bird's Nest Soup with Fresh Scallops and Superior Stock, Steamed Cod Fish, Braised Whole Five Head Abalone with Dried Oysters, Shrimps and Chef's Special Spicy Sauce, Smoked Live Tiger Grouper 'Taiwanese Style' with Soybean Crumbs, and more.

Yue id not the only outlet that offers celebrates the festive spread, as Feast, an all-day dining restaurant, features a Chinese New Year buffet on the same day with Yue. The buffet is at RM108 nett for lunch and RM118 per person for dinner.



Yue
Splendour of China

BY HIRANMAYII AWLI MOHANAN
Sheraton Petaling Jaya, Jalan Utara C,
46200 Petaling Jaya

Wizards at Tribeca
Culinary Magic with Local Ingredients

BY JACQUELINE BENITA PAUL

From the founders of Yellow Brick Road, Wizards at Tribeca is an extension of the story of four friends who went on an adventure together, and this time with a new addition to the team, Chef Ryan, who helms the kitchen of the new eatery of the Emerald City. During my visit, Shaun, one of the four founders and Malaysia Brewers Cup 2019 champion, introduced me to some of the signature dishes of his new establishment.

First things first, I had to put his coffee making reputation to the test. It wasn't hard to make a choice after perusing through the concise menu with information on the tasting notes, processing and origins. In all my coffee haunts, I've never encountered a honey-processed bean and I have to say, it might be the only kind that I will drink from now on. My Ethiopia Yirgacheffe Kochere Qore falls into the fruity notes category. Coffee drinkers who prefer non-fruity tasting notes might enjoy a cup of Brazil Carmo Estate that also comes from a local roastery.

Following the success of Yellow Brick Road, the menu in Wizards at Tribeca features brunch favourites – think avocado, buttermilk and desserts, though, the kitchen wizards add their very own magic into each dish prepared. Take the Taro Mish Mash, for instance, it's not just your sourdough topped with avocado and poached eggs, the wizards took a few steps further by slathering the sourdough with yam mash with a topping of avocado pesto – there was no stinging on the avocado here and the herbs from the pesto complimented the tang and slight spiciness from the tomato salsa. The Feta cheese and the perfectly poached eggs brought the whole dish together with layers of textures and flavours I thoroughly enjoyed.

As someone who dubs herself as “not a café burger person”, the Buttermilk Fried Chicken burger has made me reconsider. The sound of the crunch still resonates in my ears as I write this. It's followed by reminiscing on the juicy chicken with a tasty zing from the mango relish and kimchi cabbage. It was a good match with the soft buttery brioche from the Wizard's supplier, a home-based baker.



The Linguist
and Taro Mish Mash

Another dish, I'd recommend ordering from the main course menu is the Linguist.

It's the kind of dish that a seafood lover would appreciate. It was served with Japanese clams and fresh local prawns with chilli linguine and rocket from Cameron Highlands. It seems that the Wizard's speciality is using the best seasonal ingredients to create culinary magic. Though it might seem that I wouldn't have anymore room for dessert, there was no way I could miss out on the Bold Hot Chocolate from Chocolate Concierge's Pahang-sourced single origin chocolate. Plus, it was fermented in a wine barrel which resulted

in a smooth, soul-healing and instantly gratifying flavour.

The Salted Egg Yolk Chocolate Molten Lava cake may be a mouthful to pronounce but once you've had it, puff, it will disappear from your plate before you know it. This is not a dish for sharing, believe me. I was spellbound by the genius of combining the texture from the salted egg crumbs, the fluffy yet rich lava cake that kept the oozing goodness of the molten chocolate made from Maracaibo 65% criollo chocolate from Venezuela and salted egg yolk intact. If I had to prove magic existed, this dish would be my evidence.

Ground Floor, Residensi Tribeca, Jalan Imbi, 55100 Kuala Lumpur
Tel: 03-2715 5308 . Open daily 10am to 10pm

Cedar on 15

Chef Helmut Lamberger introduces 3 New Menus

BY JACQUELINE BENITA PAUL

13 Jalan Pinang
50450 Kuala Lumpur

Cedar on 15, the award-winning rooftop restaurant and lounge at Impiana KLCC Hotel will kickstart year 2019 with brand new all-day dining options for guests in the form of three new menus. The menus - Midday Specials, Social Bites and The Cookbook - feature traditional favourites and new creations by Chef Helmut Lamberger, Corporate Chef (WACS Global Master Chef) at Impiana KLCC Hotel, to cater to today's discerning diners' palate.

Midday Specials present a selection of refreshing salads, hearty soups, main courses and desserts perfect for lunch. Social Bites offer diners light snacks that can be enjoyed at the outdoor bar and lounge area, while and The Cookbook serves gratifying culinary delights perfect for dinner in the restaurant's modern and elegant setting.

With the introduction of the new menus, diners can look forward to an array of cuisine, comprising classic European

favourites rarely chanced upon outside their countries of origin, elegant new dishes cooked and served with flair and Chef Helmut's version of traditional favourites.

Not to be missed is the Carpaccio of Portobello Mushrooms, a dish created by Chef Helmut in 1991. The creation of this dish contributed to his team's success in winning the most coveted award in Austrian gastronomy, the "Chef of the Year, Austria" award by Gault Millau. He has since gone on to reinvent the dish with new condiments and ingredients for an added twist and to bring out new flavours.

Other recommended specialties are the Australian Beef Wagyu Ribeye Steak, Foie Gras "Magyar" (pan-seared French duck liver, served with apple-pear compote, Hungarian paprika jus and pomme de terre noisette), Gambas and Garlic (juicy grilled tiger prawns with tomato coulis, sage, garlic, extra virgin olive oil and served with garlic



rubbed baguette), The Big (an oversized pizza fit for sharing among 3-4 people) and the Passionfruit and Coconut Mousse Globe, drizzled with hot chocolate.

Diners eager to try out the new menu may call Cedar on 15 at 03- 2147 1111 or e-mail: fnbsecretary.iklcc@impiana.com for dining enquiries and reservations.



Strato at Troika Sky Dining

Buon Appetito!

BY JACQUELINE BENITA PAUL

Level 23A, Troika Sky Dining
Troika, Lorong Binjai
Tel: 03-2162 0886

Trends come and go, but good eateries stand against the test of time. Strato at Troika Sky Dining is one such place. It's not new but it's still a hotspot for brunch and dinner even after operating for almost five years. Perched on the sky level of The Troika, Strato offers Italian cuisine prepared in an authentic Italian fashion – from scratch. After having recently reviewed Mr Chew's Chino Latino Bar, we decided to put the founder's Italian wing to the test.

Once we reached the sky level, we were guided up a flight of stairs that was quite steep, so do ensure that you don't have your hands full or wear heels. The restaurant atmosphere brought me back the memory of dining in the Pizzeria Brandi in Naples. On the right, the open kitchen gave us a view of the chefs hard at work preparing the fresh pasta – from the mix, to the dough and through the cutter. Our appetite was further enticed with the sight and scent of the oven-baked pizza.

Our mouths would drool, we decided to find our seats and savour a glass of Sanfelleto Prosecco to cleanse our palate along with some bread and olive oil to keep us satiated as we waited for our food to arrive.

The first course to arrive on our table was Beef Prosciutto. The gorgonzola cream did



Enjoy an unforgettable Italian feast at Strato



We took a moment to savour the natural flavours from the Italian clams that was swimming in the creamy risotto. If it weren't a lunch break, we would have a second serving.

It seems that working with seafood is Chef Azwan's speciality. You wouldn't think prawns, squid, clams and sea bass would place nice together as a pizza topping since they each carry a distinctive flavour, but the seafood bechamel sauce and pizza-making technique made all the difference. A visit to an Italian restaurant would be incomplete without an antipasti and this time our choice was a Burrata Mozzarella with balsamic strawberries, semi dried tomato, baby coriander and a raspberry vinaigrette. It was exciting to taste the balance of sweet, tangy and even a slight bitterness with the balsamic strawberries that uplifted the creaminess of the mozzarella.

As we ended our meal with a deliciously sweet and silky Panna Cotta, we concluded that Strato is a place where you can enjoy Italian hospitality, cuisine and ambience. We recommend that you book a table here for an unforgettable and romantic evening with your partner on Valentine's Day. It will be a treat for the both of you.

We are giving out 5 Set Lunches at Strato, be the first five to email jacqueline@mediate.com.my with the Subject: I want to eat at Strato and enjoy an impeccable Italian feast.

Bukku Café

Homestyle with Flair

BY JACQUELINE BENITA PAUL

Although, Bukku Café (Bukku) was established in 2017. It has certainly contributed to the up and coming brunch scene in Setia Alam. Unlike most cafés, the focus at Bukku isn't the specialty coffee (though it is one of my favourites), instead you can expect to find the Belgian Hot Chocolate variants to be quite pleasing.

While there are Japanese-style influences, the atmosphere in Bukku makes you feel like you're having a cozy picnic regardless of where you choose to sit. Our order was the Spaghetti in Red Sauce and the Nasi Lemak that was as comforting and wholesome as if it came out of the kitchen of our homes but with a better flair for flavours. Another reason to visit Bukku is to pick a new book to read. Customers are welcome to trade any of their own books for a book of their interest in the café. You could also donate some of your books to Bukku and enjoy a complimentary cup of coffee.

It's no wonder you would often find families and couples here together to enjoy the intimate space, food and drinks.

Must try: Imported Japanese Ceremony Grade Matcha Latte, Salted Egg Croissant, Belgian Hot Chocolate (70% dark, 54% dark, or 35% milk) and Spaghetti in Red Sauce.



No. 1, Jalan Singgahsana
4a/Ku2, Klang
Tel: 012-567 7392

Yee Sang of 2019

BY HIRANMAYI AWLI MOHANAN

Tossing of Yee Sang every Lunar New Year is a necessity, nay, it's a tradition. It comprises strips of raw fish (usually salmon), mixed with shredded vegetables and a variety of sauces and condiments, among other ingredients. Yee Sang is essentially a symbol of prosperity, abundance and vigour. We noticed as of late, restaurants are becoming distinctly more creative with their renditions of Yee Sang, introducing new ingredients and elements while still adhering to the tradition. So, here is a list of unique and healthy Yee Sang to indulge with your family this Chinese New Year.



TRADITIONAL NORWEGIAN SALMON YEE SANG WITH BLACK TRUFFLES AND FISH ROE

In its typical grace and class, Yue under Sheraton Petaling Jaya introduces a succulent and mouth-watering traditional Norwegian salmon Yee Sang with black truffles and fish roe. It quickly became our favourite for its aesthetics and piquant flavours. Naturally, we couldn't resist having seconds and we're pretty sure you would too. Available for dining in or pick up, treat yourselves to some decadent Yee Sang this Chinese New Year.

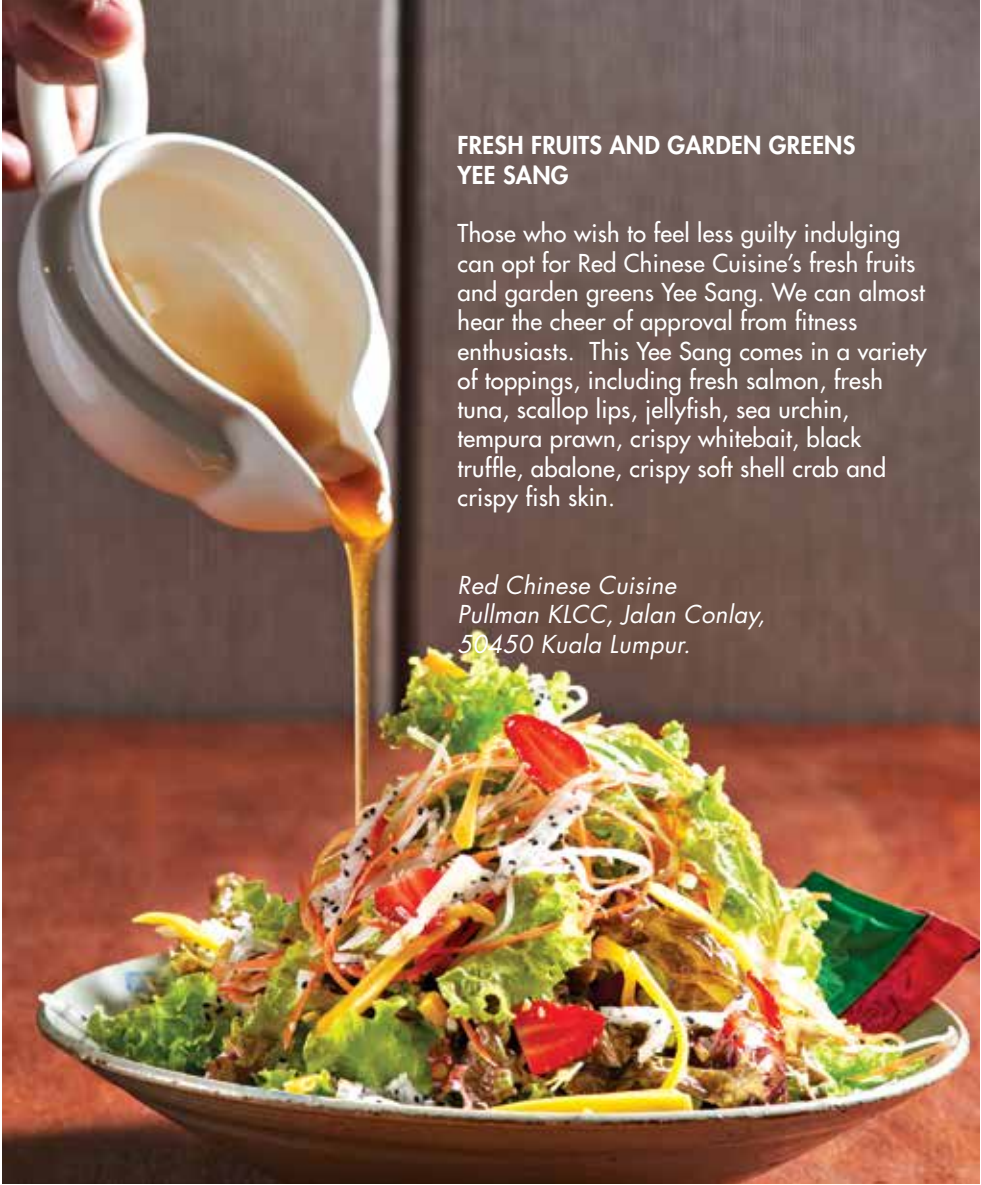
Yue, Sheraton Petaling Jaya, Jalan Utara C, 46200 Petaling Jaya.



CRISPY FISH SKIN WITH MANGO AND SNOW PEAR YEE SANG

Every Chinese New Year, we look forward to Wan Chun Ting's selections of unique Yee Sang. This year, taking centre stage is the crispy fish skin with mango and snow pear Yee Sang, a refreshing alternative for those seeking greater indulgence. The secret ingredient that makes this Yee Sang a force to be reckoned with lies in its strawberry sauce. It gives the Yee Sang oomph. It is accompanied by varying authentic ingredients topped with fresh fruits and vegetables, hence that is pleasing to the eye and a treat for the palate.

No 6, Jalan Damanlela, Bukit Damansara, 50490 Kuala Lumpur.



FRESH FRUITS AND GARDEN GREENS YEE SANG

Those who wish to feel less guilty indulging can opt for Red Chinese Cuisine's fresh fruits and garden greens Yee Sang. We can almost hear the cheer of approval from fitness enthusiasts. This Yee Sang comes in a variety of toppings, including fresh salmon, fresh tuna, scallop lips, jellyfish, sea urchin, tempura prawn, crispy whitebait, black truffle, abalone, crispy soft shell crab and crispy fish skin.

*Red Chinese Cuisine
Pullman KLCC, Jalan Conlay,
50450 Kuala Lumpur.*



NEW YEAR SALAD WITH PLUM SAUCE AND CRUSHED MISTER POTATO CHILLI CRAB CRISPS

This is truly an inspired dish. Garage 51's healthy rendition of Yee Sang is a medley of sweet and zesty flavours. Since the inclination of the people is adapting a healthier lifestyle, this eatery sees it fit to render its patrons a Yee Sang that is both savoury and healthy at the same time. The zesty flavours are owed to the mango, zucchini, turnip and these ingredients are drizzled with sweet plum sauce and chilli crab crisps for a hint of crunchiness.

*Garage 51
51, Jalan PJS 11/9, Bandar Sunway, 47500 Petaling Jaya, Selangor.*

28K GOLDEN KOI 'YU' SANG

The 28K Golden Koi 'YU' Sang from Ruyi and Lyn is the creation of award-winning chef, James H. He created an exclusive 2019 CNY Koi fish design to welcome a vibrant and colourful year ahead. This indulgent Yee Sang features Atlantic salmon sashimi, crispy salted egg yolk fish skin, sea caviar, edible gold dust among an amalgamation of both, intriguing and traditional ingredients. The koi fishes that take centre stage with this dish signifies prosperity so gather the clan and head to Ruyi & Lyn for the customary toss.

*Ruyi & Lyn
Bangsar Shopping Center, 285,
Jalan Maarof, Bukit Bandaraya,
59000 Kuala Lumpur*



The Linc KL

Food to Inspire, A Place to Respire

BY JACQUELINE BENITA PAUL

Linc KL, 360, Jalan Tun Razak, Taman U Thant, 50400 Kuala Lumpur

The Linc KL is one of the newest malls in the city set on one of the last green areas of Kuala Lumpur. The mall offers lush greenerys, a vibrant atmosphere and a plethora of eateries for all to enjoy. You could be admiring a 100-year-old tree, experiencing a haunted house or grocery shopping at the new Ben’s Independent Grocer, and still just be scratching the surface of the fun experience to be had here. This month we explored the various newly opened eateries with offerings from healthy bites to sinful indulgence.

1. SPICE GARDEN

Spice Garden is one of the most popular Indian restaurants in Kuala Lumpur among locals, expatriates and tourists, boasting four branches in the Klang Valley. It is a place to enjoy the exotic flavours and subtle taste of authentic delicacies from Northern and Southern India and the Middle East. At Spice Garden, we savoured the taste of the delicious blend of natural ingredients of the highest quality, cooked with skill and finesse. You’ll understand what we mean when you’ve tried out the Lamb Shorba, Mutton Rogan Josh and Chicken Tikka Masala.

2. I LOVE PHO

The Malaysian spinoff of Melbourne’s I Love Pho is also available at The Linc KL, serving extraordinary Vietnamese street food. You can find it in Ben’s Independent Grocer and if you don’t see it, you can sure smell it. You can choose from three broth varieties – chicken, beef and vegetarian to enjoy with kuey teow noodles, beef slices, beef balls and topped with scallions and parsley. This is also a good spot for Vietnamese drip coffee prepared with condensed milk that balances the acidity, leaving you in a state of caffeinated bliss.

3. GLOW SMOOTHIE BAR

The founders of Amazing Grace started their very first smoothie bar at The Linc KL to offer their customers nutritious delights that are mostly vegan-friendly. The Dragon Bowl is a crowd favourite which features the mix of dragon fruit, pineapple, papaya, soy milk and gula melaka. For a nutritious boost, try the Power Up made from banana, avocado, cocoa powder, peanut butter, soy milk and gula melaka.

4. S.WINE DELI

Tucked in the belly of Ben’s Independent Grocer, is a treasure trove for pork lovers. With Wine Kulture as their neighbor, we dined with swine and wine. Must-tries include

the pork satay, crispy pork belly and chunky sausage with bacon tomato cream.

5. WRAPPE

On-the-go individuals can pick up wholesome gourmet wraps, sandwiches and lunch bowls here that are friendly on your wallet and waistline. The founder is a triathlete who was once overweight. After deciding about taking his weight management seriously, he found there was a scarcity of healthy meals to nourish his body after a good workout. Wrappe was born out of his passion to provide high-quality and simple good food to fuel the active lifestyle of his customers.



Sweetness for your Sweetheart

Treats for your Valentine

BY JACQUELINE BENITA PAUL

Whether you are single or celebrating Valentine's Day with your significant other, you won't regret visiting these spots. This month, we highlight must-have desserts for the occasion.



PITAYA BOWL

Healthy and tasty, the pitaya bowl is made with a red dragon fruit, banana and mango that are blended together with coconut milk, making it a vegan-friendly dessert. Of course, there are plenty of delicious other indulgences available.

Sugar Rush
Address: 28 Jalan Dato Abu Bakar 16/1, Section 16,
46350 Petaling Jaya, Selangor
Tel: 03-7954 5271



LOGGY'S NOIR DU BLANC

For your chocolate fix, we recommend the Loggy's Noir Du Blanc made with chocolate textures, salted sugar, homemade honeycomb, charcoal crumbs and gelato. We recommend sharing, as it's the epitome of caring. This is so good, it's got its own #loggytime. Get your hands on it at Wurst, Kuala Lumpur's most eccentric restaurant under the guise of a modern-day deli, specialising in artisan sausages, meatballs, pastas and more! Everything is made on site and Wurst only wholesome-hearty food, imported beers for really good times. Forget the city above and come seek refuge at the basement of MOV Hotel.

Wurst
Address: Mov Hotel, 43,
Jalan Berangan, Bukit Bintang,
50200 Kuala Lumpur
Tel: 03-2781 9801

STRAWBERRY CREAM MILLE-FEUILLE

A place born out of love is certainly a good place for romance. The humble beginnings of Thursdys began on a Thursday when the founder, Hadri Hashim confessed his love with the art of coffee making to his father. During your visit, we recommend trying out the cheesecake (known to be the best in TTDI) and strawberry cream mille-feuille with a cup of coffee.

Thursdys
Address: 22, Lorong Datuk Sulaiman 1, Taman Tun Dr Ismail,
60000 Kuala Lumpur
Tel: 03-7733 6722



JOLOKO CHILI CHEESECAKE

Once you have enjoyed a satisfying dinner at Joloko, enjoy a little spice in your dessert with the Joloko Chilli Cheesecake. It would be a waste to visit an alcohol oasis without sampling some of its cocktail. We recommend the Mondo Bongo made from Pisco, saffron and mint liqueur, passion fruit, pineapple, aquafaba and creole bitters.

JOLOKO
Address: 43, Jalan Kamunting, Chow Kit, 50300 Kuala Lumpur
Tel: 03-2694 1100



BIRCHER MUESLI AND CHIA SEED PUDDING

Being surrounded by lush greenery and vintage furniture does inspire some romance. More so, when you savour the delicious taste of the Bircher Muesli and Chia Seed Pudding with layers of Intricate flavours that bring the whole scene together. The brunch menu at Lisette's offers an incredible array of plant-based foods that are great value for money given the portions. It's no wonder bookings need to be made in advance, especially on weekends.

Lisette's Café and Bakery
Address: No. 8, 8A and 8B, Jalan Kemuja, Bangsar,
59000 Kuala Lumpur
Tel: 03-2201 7772



LISTINGS OF CITROEN SHOWROOMS & SERVICE CENTRE

NAZA EURO MOTORS HQ (GLENMARIE)

NEM Glenmarie Showroom(1S) No 15, Jalan Pelukis U1/46 Seksyen U1, Glenmarie 40150 Shah Alam Selangor
www.citroen.com.my
Sales : 03-5566 3685

NAZA EURO MOTORS (PUCHONG)

Lot No. 18, 19 & 20GF, IOI BUSINESS PARK, Persiaran Puchong Jaya Selatan, Bandar Puchong Jaya, 47170 Puchong, Selangor
Sales : 03-8076 1788

SING HUAT PREMIUM SDN BHD

No. 11, Jalan Satu, Off Jalan Chan Sow Lin, Sungai Besi, Wilayah Persekutuan, 55200 Kuala Lumpur
Sales : +60 3-9222 9126

CITROEN SERVICE CENTRE

NAZA EURO MOTORS SDN BHD (PUCHONG 2S)

No: 10, Jln Serindit 3, Bandar Puchong Jaya, 47170, Puchong, Selangor
After sales - 03-5891 1310



For Beachy Cocktails and Luxury Leather

Atlantis Jazz Bar @ Kaching Island

BY JACQUELINE BENITA PAUL

Looking at the filled-up parking spaces along Jalan Kamunting during broad daylight is a sight to behold for those, like me, who recognise the street for its bustling nightlife party scene back in the day. Now, it's a place with various incredible eateries at The Row, stylish hotels like Hotel Stripes Kuala Lumpur and then the latest addition to the scene, Kaching Island's Atlantis Jazz Bar.

"We started off with C.Sheon, a bespoke leather studio and we wanted to connect with our current clientele even further, hence the opening of Kaching Island. Initially, we intended to open speakeasy bar to our walk-in customers but we decided that we wanted to offer an exclusive and unique experience instead," said, Carmen Sheon, the founder of CSheon and Kaching Island.

The Atlantis Jazz bar is open for private event bookings and CSheon members only. However, participants of the Leather Making Experience are provided with access to the Atlantis Jazz Lounge. Well, it's certainly a new approach to the nightlife scene in the city but we were up to give the experience a shot. We started off with lunch which included a buttermilk



From the left, Kaching White Coffee, Buttermilk Pasta and Chicken Teriyaki.

pasta, chicken teriyaki and watermelon salad with feta cheese. The dishes were easy to enjoy as they offered plenty of flavours and textures that cater to local palates. Our beverage was the signature Kaching White Coffee prepared with a Malaysian Liberica bean espresso base with frothy milk and a secret ingredient that created a distinctive yet comforting flavour we couldn't put our finger on.

Before we got too comfortable after the hearty meal and cozy ambiance at Kaching Island, our host, Carmen led us up a short flight of stairs where the wonderful world of Atlantis Jazz Bar was revealed to us. The room is lit by a serene and luminous blue wave of light that makes you feel like you are underwater and filled treasures that have been personally curated by Carmen and her mother. Further exploration led to the discovery of the private room upstairs which overlooks the bar, ideal for a bachelorette party or private occasion for 15 people in an opulently decorated space.

We began our leather-making workshop with a tour of CSheon's luxury leather goods featuring incredible bespoke designs from leather bracelets, wallets, laptop casings to handbags and more. This fuelled our excitement and anticipation to start the leather making workshop. Carmen introduced us to the various types of leather, how to identify fake leather through smell and imperfections and how to maintain leather goods.

Once we were well informed about the material that we were working with to create the name card holder, we began the workshop. Izumi was an attentive instructor and even over a glass of rosé it was easy to understand what we needed to do.

We had more fun than we initially anticipated, mistakes were met with boisterous laughter and in the end, we were proud that we had completed a project. What was more we even had the opportunity to engrave our masterpiece, which would make for

12, Jalan Kamunting, Chow Kit,
50300 Kuala Lumpur
Tel: 012-647 4355



The Leather Making workshop promises to make your evening an eventful one.

a delightful Valentine's Day gift. We celebrated our triumph with beach-themed cocktails. The Kaching Island Splash came in just the right portion and there was a clear coconut flavour that came through while the egg white created a smooth layer that made this drink easy to drink. Kaching Island pays homage to the local food scene with its Cendol Cocktail featuring a much lighter version of the conventional cendol. The drink was made with a mix of Bacardi and Malibu with cendol jelly topping to allow us to savour it longer.

This exclusive bar is the perfect place for those looking to experience a new kind of nightlife scene that engages your mind and gives you a chance to connect with others without missing out on enjoying your favourite drink.

A blue oasis with wondrous treasure awaits.

THINK PINK

Pink is an Attitude



GABRIELA HEARST
Sophie wool and silk-blend blazer
RM8,148.71

GABRIELA HEARST
Costa cashmere and silk-blend
turtleneck sweater
RM2,184.02

GABRIELA HEARST
Masto wool and silk-blend slim-leg pants
RM5,232.55



REJINA PYO
Ashley jacquard flared pants
RM1,733.15

REJINA PYO
Mila jacquard shirt
RM1,294.69

MONTUNAS
Guaria tortoise shell acetate
and silk-satin tote
RM1,861.38



GALVAN
Whiteley open-back silk-satin dress
RM4,380.45

ATTICO
Embroidered satin pouch
RM728.01

NEOUS
Spatulata faille slingback sandals
RM2,146.79



ALEXANDER MCQUEEN
Jacquard-knit mini dress
RM5,960.55

ALEXANDER MCQUEEN
Butterfly two-tone leather clutch
RM3,681.40

ALEXANDER MCQUEEN
Gold-plated, Swarovski crystal and faux
pearl ring
RM2,155.06



MIU MIU
Printed crepe mini dress
RM11,085.55

STELLA MCCARTNEY
Perforated faux patent-leather tote
RM3,329.80

AQUAZZURA
Sundance metallic faux leather
platform sandals
RM2,725.89



BERNADETTE
Floral-print silk crepe de chine wrap
midi dress
RM3,751.71

THE VOLON
Great L Alice croc-effect leather
shoulder bag
RM3,648.30

BY FAR
Virgo cutout metallic leather mules
RM1,261.60

WEAR IT WITH



ANNIE COSTELLO BROWN
Roma gold-tone earrings
RM1,079.60

+



ALIGHIERI
The Fortune Charm gold-plated bracelet
RM972.05

+



1064 STUDIO
Gold-plated hairclip
RM550.14



NANUSHKA
Cam vegan leather waist belt
RM260.59

+



VALENTINO
Valentino Garavani The Rockstud
leather hairclip
RM1,034.10

+



MARNI
D-frame acetate sunglasses
RM1,844.83

WEAR IT WITH

DRY SHAMPOOS

WE ALL SUFFER FROM LAZY DAYS

BY HIRANMAYII AWLI MOHANAN



VALENTINO
Valentino Garavani Rockstud Full-Grain Leather Messenger Bag
RM10,607



J.CREW
Leather Holdall
RM1,964

UNIVERSAL BAGS FOR MEN

Bags for Any Occasion



MULBERRY
Antony Full-Grain Leather Messenger Bag
RM2,728



FILSON
Ranger Leather-Trimmed Twill Backpack
RM916



BALENCIAGA
Arena Medium Creased-Leather Tote Bag
RM5,125



1. OUAÏ
Dry Shampoo Foam
150g
RM116
Reboot your hair between washes with a quick-drying, waterless cleansing foam that removes oil, product excess and build-up. Perfect for second, third, or fourth day hair, it leaves strands feeling cleansed, conditioned and ready to be re-styled as desired.



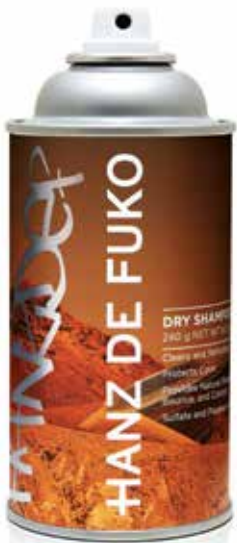
2. BRIOGEO
Scalp Revival™
Charcoal + Biotin Dry Shampoo
48ml
RM106
This unique, scalp-healthy dry shampoo infuses Binchotan charcoal to draw impurities from the scalp and detoxify the scalp and hair. A complex of clay and tapioca and rice starches absorb excess oil at the roots to refresh, clean and extend the life of your blowout. Witch hazel extract helps to normalise oil production to prevent an oily scalp, making this dry shampoo a solution-oriented product as opposed to just a temporary fix. Super-vitamin, Biotin, provides essential nutrients to the hair follicles to support healthy hair.



3. IGK
Direct Flight Dry Shampoo
307ml
RM132
This dry shampoo gives your hair a heat-free volume boost. It is powered by turmeric and charcoal powder for a light cleanse that lifts dirt and build-up while absorbing oil and sweat. It's perfect for normal to oily scalps as well as fine to coarse textured hair.



4. PERCY & REED
No Fuss Fabulousness Dry Shampoo
150ml
RM61
Percy & Reed No Fuss Fabulousness Dry Shampoo gives your hair a beautiful 'just-washed' look even if you haven't the time to wash it. This unique formulation soaks up excess oil and cleanses the scalp, leaving your hair looking fresh, shiny and shimmering. This product plumps up the hair to help revitalise style and shine.



5. Hanz de Fuko
Dry Shampoo
255g
RM105
Great as a finishing spray to create instant "matte" texture, it absorbs excess sebum, sweat, and styling products and refreshes the hair and scalp with a light, clean fragrance while lightly moisturising the hair. Its key ingredients, goji berry and red wine extracts protect the hair from environmental factors that can fade colour or cause premature degradation of the hair structure. Soy protein provides additional structure and flexibility to the hair while the certified organic haircare blend of mallow flower, lemon peel, burdock root and horsetail fern extract adds to the conditioning properties of the product. Its sparkling, yet sultry fragrance opens with subtle notes of bergamot spiked with zesty lemon. These delightful scents rest atop a bouquet of bright lily with a hint of apple. Finally, the dry down enhances the depth of the fragrance with warm, inviting layers of leafy bamboo and green cedar.



The spacious interior of The Soloist salon



The Soloist

Hair Stylist for the Stylish

BY JACQUELINE BENITA PAUL



Oway Hair Product Range

After over a year hiatus from bold hair colours or perming, Eyda and I decided to place our trust in the hands of The Soloist, a reputable salon in the heart of Bukit Bintang. Since it is located in Ansa Hotel, finding the salon was a breeze. We walked pass a huge light bulb signboard outside the salon, to find a chic space with ample natural lighting and a view of the bustling city, courtesy of the ceiling-to-floor glass walls. Looking at the clientele, we inferred that this is a salon for the well-heeled, tourists and social media influencers.

The product range used here is primarily from Redken – a New York City-based brand known for its fashion-forward and innovative products. As a happy customer of Redken’s shampoo and conditioner, I was ready to kick start the year with a bold tone. After being seated, I showed Marcus a few options of the hair colours I had in mind, then, as if he read my mind, he told me what I wanted to hear. He told me honestly how long each hair colour option might take, the maintenance, the effect on my hair after, and even offered his own recommendation that took account of the latest hair trend. He shared



BEFORE AND AFTER THE MAGIC



that coral hair colour was trending and ombre has been replaced with balayage highlights.

Impressed with his knowledge and confidence, I was convinced to go ahead with his suggestion. He recommended that a copper tone with a balayage highlight would complement my skin tone and would be easier to maintain. Plus, it is the next tone that is set to be trending in 2019. As for Eyda, Marcus recommended a Digital Perm to add extra oomph to her natural straight hair and a light brown colour to compliment her fair complexion.

Both Eyda and I got our hair trimmed as recommended by Marcus to not just make our new hairdo easier to maintain but also to get our hair to match with our facial structure. Clearly, he has a gift for

details and when you are going for a bold new look, it’s comforting to know that. While getting our hair washed, Eyda and I noticed a designated spot for men’s haircut and treatments. This would be the best setting if you particularly enjoy having an exclusive space without being concerned with making awkward eye contact with other customers and have the hair stylist’s attention all to yourself.

I was aware that there was no escaping the parts of my hair that have become brittle due to my past hair colour ventures. Marcus recommended that we try the Nano Diamond Treat – a signature treatment involving the use of amino acid to provide an extra dose of protein and the Nanomist for deep penetration. The difference in my hair texture after the treatment was

astounding; there were visibly less brittles and I could breathe a sigh of relief that my hair remained healthy after bleaching.

All in all, we conclude that The Soloist is a place where you can freely get creative with your hairdo without worrying about having no idea where to start, leaving with healthy hair or even communicating with your stylist. You can be rest assured that leaving your crowning glory in the hands of Marcus, Nicholas and their team is the best decision you’ve made.

Ansa Kuala Lumpur
Lot 1.5, Level One, 101,
Jalan Bukit Bintang
55100 Kuala Lumpur
Tel: 03-2148 9000

Let Food Be Thy Medicine and Medicine Be Thy Food – Hippocrates

10 BEST VEGETABLES FOR DETOX

BY HIRANMAYII AVULI MOHANAN

It's quite alarming the amount of toxic food we ingest on a daily basis. All that toxicity we consume eventually takes a toll on our bodies if not immediately. That's where vegetables come in. Its cleansing properties aid our system to kick those nasty toxins out and keep our bodies in check. Due to the versatile nature of vegetables, it can be eaten raw, cooked or juiced. We have created a guide for you to cleanse all the toxins and impurities out with your everyday vegetables.

BEETROOT

We just love the brilliant purple hue of beetroot. It's beautiful, sweet and very healthy. It's rich in antioxidants like zeaxanthin and lutein, which the American Optometric Association recommends because they lower your chance of getting chronic eye diseases like cataracts. If you want strong bones, you should consider blending it with other veggies or consume it on its own as it has calcium, iron and beta-carotene.

SPINACH

We love spinach and we owe it to the 'Popeye the Sailor Man' cartoon which paid great emphasis on eating spinach. Not only it is packed with nutrients, spinach is also delicious especially when sautéed with garlic. Alternatively, it also works better as a juice ingredient due to its sweetness and it blends smoothly.

CELERY

We'll be honest with you, we avoid consuming celery like we avoid a plague but after learning of its properties and how it's a popular detoxing vegetable, we are slowly changing our minds. The reason why it works well as a detoxing agent is its high water content that flushes out all the impurities. In addition, it contains plenty of potassium.

BROCCOLI

One might say that broccoli is like a super hero. It's a flowery vegetable by day and a super food by night. We are all aware of its plethora of health benefits, primarily its chock-full of antioxidants and vitamins. If you are thinking of detoxing your body,

broccoli should be at the top of your grocery list. Perfect for soups and as a cooked side dish, broccoli is an ideal part of a diet plan, hence why many bodybuilders swear by broccoli.

WHEATGRASS

Ever since it was touted as a superfood back in the 1930's, people have been debating the degree of health benefits obtained from consuming wheatgrass. This easy-to-grow vegetable differs from others because the only way to consume it is to juice it.

Realising the benefits of wheatgrass, many juice outlets are offering wheatgrass shots as it's considered one of the most vital detoxing vegetables you can find. It truly makes for a great detox juice because it counters many of the toxins in your system and it will also help purify your liver exceptionally well.

GINGER

Is ginger a vegetable or fruit? Well, many don't think that it's a fruit, so let's just place it under the vegetable category. While it may not look great in aesthetics, this humble root is packed with potent goodness that aids in arthritis, prevents cancer, lowers cholesterol and helps in digestion. Ginger also comes in handy when you're having the flu because it helps soothes it. It also adds great flavours when included in cooking dishes.

CARROTS

We were in awe when we found out that the humble carrot was initially grown for medicinal purpose in the days of

yore. What may get you excited about this veggie is that it embodies properties to help fight cancer and is known as an excellent source of vitamin A. Other essential vitamins and minerals include potassium, manganese, fibre, zinc, vitamin E and vitamin K just to name a few.

LETTUCE

Lettuce makes a great detox veggie because it doesn't have a significant taste to it and can be incorporated into any meal such as soups or a mixed salad. You might want to take lettuce more seriously because it boasts minerals like calcium and potassium, anti-oxidants and various vitamins.

CUCUMBER

For those of you who don't know, cucumber contains a special plant chemical called phytonutrients and this actually protects the body and prevents diseases. Also, it is naturally low in carbs, sodium, fat, cholesterol and calories. As it is made up of 95% water and contain compounds that help remove wastes from your system, the cucumber is a great detoxing vegetable.

SWEET POTATOES

While sweet potato belongs to the starchy potato family, it is actually fat-free and provides the body with potassium as well as vitamins A and C. The sweet potatoes is so nutritious that some argue that it is the most nutritious vegetable.

7 Things You Should Adopt to Your Skincare Before 40

Preventive is Better Than Correction

BY HIRANMAYII AWLI MOHANAN

Any dermatologist will tell you it's never too late to start caring for your skin-- the earlier you develop a regimen, the better as prevention is more effective than correction. This means you have to incorporate certain habits and ingredients into your morning and nighttime routines during your 20's and 30's, so that by the time you reach your 40's, you're likelier to have tighter, brighter, healthier skin. This is the time to invest and whip out your brightening and anti-wrinkle products to battle deep-set lines or sunspots before they rear their ugly heads. So what do you have to do before you're 40? Keep reading to find out.

1. VITAMIN C SERUMS ARE YOUR BEST FRIEND

Dermatologists agree that the antioxidant vitamin C is one of the most important ingredients to start using in your 20's and 30's, as it helps prevent dark spots before they happen and support collagen before you lose it. It is also an ingredient that is associated with brightening, firming and protecting the skin from UV rays as well. Invest in a good quality vitamin C serum and let it work its magic on you. Apply your vitamin C in the morning before moisturiser and sunscreen for extra protection.

2. EXFOLIATE TWO TO THREE TIMES A WEEK

The older you get, your skin cells won't shed as fast as you want them to and that results in the skin looking dull and lacking lustre. In addition, excess pigment is stored in dead cells, so your skin tone can look discoloured or uneven. By exfoliating at least twice a week, you're giving your skin a nudge to shed the skin cells faster.

3. MAKE SUNSCREEN THE CENTERPIECE OF YOUR ROUTINE

If there is only one anti-ageing skincare item you can incorporate into your daily routine, let it be sunscreen. It is never too late to start applying sunscreen to prevent sun damage. As it is with anything, consistency is key. If you want glowing, youthful and healthy skin, live by your SPF.

4. EMBRACE MOISTURIZING EMOLLIENTS

We can't run from the natural process of skin getting drier, flakier and duller as we age. This is where moisturising comes into play. There are only a couple of effective moisturising ingredients dermatologists swear by and they are moisture-trapping lipids and sodium hyaluronate. Moisture-trapping lipids basically mimic the natural lipids in the skin that make babies' skin so soft and silky but that deteriorates over time. Sodium hyaluronate, on the other hand, is a derivative of hyaluronic acid and it re-creates lubrication of the hyaluronic acid that our skin produces naturally. It's great for hydrating dry, ageing skin and reducing wrinkles, and it especially does wonders for the ageing eye area.

5. START GETTING HEAD-TO-TOE CHECKS

Everyone wants to look forever young but what surpasses that is ensuring your skin is protected against skin cancer. Hence, make it a habit of getting a full-body examination by a dermatologist once a year, or more if melanoma runs in your family. It's easier to catch something in its early stages.

6. INCORPORATE RETINOL INTO YOUR ROUTINE

People tend to underestimate certain things in skincare and retinol, unfortunately, is one of them. It's as important as vitamin C and should be incorporated both day and night. According to dermatologists, the 20's is the pivotal time to start using good-quality retinol at night which subsequently fights wrinkles and boosts collagen production. However, retinol can be irritating to the skin, so start slow and use it one or two nights a week to start, and then work your way up to nightly use.

7. CARE FOR YOUR SKIN MORNING AND NIGHT, AND WASH YOUR FACE!

Caring for your skin can't be limited to only once a day. Skincare during the day is protecting your face while in the night, it's about repairing it. Most importantly, whatever you do, cleansing your face is vital. Unwashed skin means clogged pores, a dull uneven complexion, and overall fastens the ageing process.

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KISS THE SKY



INDULGE

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It all begins at Kota Kinabalu International Airport (BKI). Make an aquatic friend, conquer Mount Kinabalu, and discover a world so exotic with more than 6,000 plant species, even the first season of reality TV show Survivor was filmed there. Plan your route to countless new adventures.



Airport CEO Speaks

A leading corporate leader with strong financial background and extensive experience in various fields, he is currently steering Malaysia Airports to greater heights.

This month, Raja Azmi Raja Nazuddin looks at the airport operator's 2018 performance based on its latest released data and projects what to expect in the coming months.

I am happy to announce that our total network of airports grew 4% in 2018 to achieve a record 133.1 million passenger movements, with both international and domestic passenger traffic up 5.9% and 2.3% to 63.3 million and 69.8 million respectively. Despite 2018 being a challenging year for the aviation industry with US – China trade tensions and a fluctuating oil prices, 20 foreign airlines and 60 international routes managed to post double-digit growth at our airports in Malaysia.

Although our passenger movements in Malaysia amounted to only 99 million passengers in 2018, our international passenger movements remained robust. Our airports in Kota Kinabalu, Kuching, Tawau, Sibul, Bintulu, Kuantan, and Ipoh registered double-digit growth in passenger movements, thanks to more direct international traffic and improved domestic connectivity.

For instance, TUI Airways started its maiden scheduled charter operations from Birmingham, Gatwick and Manchester in the United Kingdom to Langkawi International Airport last December. That same month saw AirAsia introducing new direct flights for Tawau-Kuching, Ipoh-Singapore while Malindo Air commenced the Kota Kinabalu-Tawau sector and AirAsia X its KL-Tianjin route.

December also saw the relaunch of Royal Brunei's Bandar Seri Begawan-Kuching sector and Citilink Indonesia's inaugural Banyuwangi-KL flight into our flagship KL International Airport.

Through our joint initiative with Tourism Malaysia and Kompas, we also received charter flights from Sunday Airlines from Kazakhstan to Langkawi in December 2018. All these efforts, including that of our stakeholders, will not only help raise the awareness of our local destinations but will also boost tourist arrivals.

With China and India being our key markets, we welcome the government's recent announcement to extend the 15-day visa exemptions to December 2019 for tourists from these two most populated countries in the world, as this would help spur more passenger traffic into Malaysia.

As fuel price is expected to remain relatively low in 2019, we see this also as a positive sign for air travel and anticipate our Malaysian passenger traffic will grow by 4.9% this year, while our operations in Istanbul Sabiha Gokcen International Airport in Turkey is also expected to grow by 4.3%.

Taking advantage that Asia Pacific will continue to lead in the global economic growth with an average gross domestic product growth forecast of 3.9% annually over the next 20 years, we will put into place infrastructure and policies that will support such traffic growth. While we acknowledge that competition among the world's airports have intensified, we are confident that we will thrive as we put our best feet forward to meet the market's challenges.

As a multiracial country that celebrates many festivities throughout the year, I would like to take this opportunity to wish our passengers, stakeholders and travellers a Happy Chinese New Year. Do enjoy the many joyful experiences we have created for everyone at our airports. We encourage you to check-in early in view of the festive holiday crowd and have a safe journey!



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Closer Marketing Rapport with Airlines Vital for Airports

With the liberalisation of the aviation market, airports are increasingly competing with their counterparts for the same services that airlines are offering. This intensification of competition among the airports have led many of them to join forces with their stakeholders, in particular the airlines.

The reason is simple. Both the business entities share the same primary customer, the air passenger. However, some aviation players feel that with airports getting themselves involved in the marketing for airlines, they are subsidising the latter's business. Looking at the positive side of this deal, the more passenger traffic brought into the airport means more revenue for both parties.

In the common marketing initiatives shared by the airports and airlines, their main objectives are to improve the passengers' experience, make them happy, motivate them to fly and spend more at the airport.

Malaysia Airports General Manager of Airline Marketing Mohamed Sallauddin Hj Mat Sah believes that it is imperative for airports to understand the business model of an airline that it plans to work with in terms of routes development as there is a big difference in the offerings between a full-service airline and a low-cost carrier.

"As an airport operator, it is important for us to know which markets are the airlines that we are working with targeting and are their objectives in tandem with what our airports hope to achieve."

Cam Ranh International Terminal chief operating officer Sulaiman Zainul Abidin concurs with Mohamed Sallauddin, saying that there is no point for an airport that serves

a leisure destination to market to an airline that primarily caters to the business sector.

In determining the potential airlines to work with, another thing that airports should look at is, "Does the airline have an expansion strategy?" While some of this information can be gleaned from the airline's website, it is important to know if strategy the airline is adopting is risk-taking or risk-averse.

Sulaiman, a speaker at the ACI Asia-Pacific Small and Emerging Airports Seminar held in Langkawi last year that was hosted by Malaysia Airports, also calls for an understanding of the airline's aircraft mix when it comes to looking at its capacity.

In his session on Airline Marketing 3.0, What's Next?, he says the ability to determine if the airline is in an expansion or just a mere fleet renewal mode will provide the airport operator with valuable information on the airline's passenger and cargo capacity as well as its operating range.

Tips on Doing a Feasibility Case Study for Airports

While yields, loads and economic benefits play a major part in the considerations of a new route, airports that provide information such as bilateral rights, fifth freedom rights and visa exemptions in their pitch to the airlines will help the latter make their decision easier.

Mohamed Sallauddin, who led his airline marketing team to bag the Overall Winner of the Routes Asia 2018 Marketing Awards, says the key data provided by Malaysia Airports had included the ease of doing business in Malaysia, the country's political stability and its good connectivity to the members of the Association of Southeast Asia Nations.

Sulaiman suggests that airport operators doing a feasibility case study on their own value proposition tap on their vast digital

data when it comes to convincing an airline on why the latter is a right fit to work with them on promoting a new service or destination.

In talking to the latter, "Be sincere. If it does not work, move on. The airline can sense it if you are not truthful. Therefore, try your best to know your customers' airline as much as possible."

In doing airport case study, Sulaiman's advice is to start with an overview of the country and a macro picture by including some information on its economy and tourism growth is not far from the approach adopted by Malaysia Airports.

With the growth rate for air passenger traffic closely correlated to the country's gross domestic product (GDP) growth, if you have good GDP growth trends, you should show them, says Sulaiman, who sees an airport's visitor arrivals and tourist spending as also good indicators when it comes to examining the potential of a new route.

"Using the data from the airport and tourism sector, try to make a compelling case for the new service like how many times they should come. Try also to share some of the airport facilities in pictures.

"A route map would be handy to visually show the destinations currently served by the airport and the list of airlines operating there."

In the case study presentation, zoom in also into the destination and promote its attractions and activities. Try to highlight some of the bilateral relations that exist between the two countries of the route or new service that you are exploring.

Moving forward, Sulaiman sees digital e-marketing as a good point to get to the customers as more passengers want to be connected online and via their mobile devices. The use of electronic media to promote and publicise or advertise their product is gaining traction between airports and airlines.

The use of websites and social media has also evolved with more airports, including Malaysia Airports, now on Facebook and Instagram. Videos have also become an effective form of marketing.

He says e-newsletters and email blasts are also useful for airports to inform airlines of the new infrastructure and services. "If you want to update your incentives, it is a good way to e-mail blast it to your airlines."

With airline marketing getting more generic, he believes the only way to differentiate yourself is to do more marketing. Thus, airline marketing is a must.

As for Mohamed Sallauddin and his team, management included, they have been working relentlessly to promote their

airports and market Malaysia as the preferred destination not only to the airlines but to other key stakeholders as well like the national tourism organisations as they make another bid to be among the top five in Routes Asia 2019 Marketing Awards.



"As an airport operator, it is important for us to know which markets are the airlines that we are working with targeting and are their objectives in tandem with what our airports hope to achieve."

MOHAMED SALLAUDDIN HJ MAT SAH
Malaysia Airports General Manager
of Airline Marketing



Everyday is Like Sunday with Sunday Airlines

On 27 December 2018, a total of 226 tourists from Almaty, Kazakhstan, arrived at Langkawi International Airport on a charter Sunday Airlines flight to begin their 9-day tour of Langkawi. The tourists were here to indulge in the island's best experiences as they visited places of interest and savoured local delicacies.

The Kazakhstan-Langkawi charter flight service is a result of an important collaboration between Tourism Malaysia and Malaysia Airports Holdings Berhad (MAHB) with Kompas Tour Operator, one of the main tour operators in Central Asia. Additionally, the collaboration has established a total of three charter flights operating between Almaty and Langkawi.

The first charter flight was welcomed by the Deputy Director General of Tourism Malaysia (Promotion) Dato' Mohmed Razip Hasan, Langkawi Development Authority (LADA) Deputy Chief Executive Officer (Management) Tuan Haji Mohd Asri Redha bin Abdul Rahman and Embassy Alliance Managing Director, Michael Mitryakov.

The second and third flights arrived on 4 January and 14 January 2019 respectively. Malaysia was expecting a total of 705 passengers to travel from Kazakhstan to Langkawi during the winter season through this charter flight service. The Boeing 757-200 with a capacity of 235 passengers per flight operated by Sunday Airlines carried all passengers to Langkawi.

In 2017, Malaysia welcomed 12,577 tourists from Kazakhstan. As of September 2018, tourist arrivals from Kazakhstan registered a total of 10,411, an increase of 13.4% compared with the corresponding period the year before.

Sunday Airlines is a charter airline in Kazakhstan and a subsidiary of SCAT Airlines



with its main base in Shymkent Airport. At the moment, the airline's fleet consists of four Boeing 757s and one Boeing 767. On the other hand, SCAT Airlines, which is one of the largest airlines in Kazakhstan, operates passenger flights within Kazakhstan, as well as to Azerbaijan, Russia, Turkey, Georgia, Lithuania, China and Armenia.

Furthermore, the Shymkent International Airport has seen reconstruction with SCAT Airlines and the administration of Shymkent engaged in the reconstruction work; thus reflecting on the airline's commitment to improving their service to passengers.

According to Vladimir Denisov, President of SCAT Airlines, "The goal of the project is to create a large aviation hub that will link Southeast Asia, China, India, Kuwait and the UAE with Russian cities and cities of Europe such as Moscow, St. Petersburg, Prague, Bergamo and Vilnius".



MAHB Hosts BAR Get Together



Every year in December, Malaysia Airports hosts a gathering of members of the Board of Airline Representatives (BAR) for an informal get-together in an evening of camaraderie and social networking.

The evening was a time for guests and host to intertwine in a relaxed atmosphere and for those present to get to know one another better outside the norms of work. Malaysia Airports' Group CEO, YM Raja Azmi Raja Nazuddin and General Manager of Airline Marketing, Mohamed Sallauddin Mat Sah was also present at the event.

Secretary of BAR – Malaysia, Terence Kishen Swampillai said to Airlink that BAR had indeed met with Malaysia Airports earlier in September 2018 to discuss aviation matters and issues of mutual interest.

Terence said, "Three meetings between BAR and Malaysia Airports are scheduled in a year as well as ad hoc meetings as the need arises. BAR and Malaysia Airports also actively cooperate in organising CSR activities bi-annually. At the recent meeting held this year,



matters concerning PSC equalisation and the soon to be introduced Malaysia Air Passenger Levy was discussed, apart from other pertinent matters".

He reiterated that BAR Malaysia intends to be an active participant of the National Aviation Council established by the Transport Ministry and headed by Minister of Transport Malaysia, YB Anthony Loke. The purpose of the setting up is to discuss and deliberate matters pertaining to the aviation industry in terms of improving operational efficiencies and elevating service levels.



China Airlines' ECO Travel Carbon Offsetting

Malaysian travellers flying with China Airlines now have an opportunity to work with the airline to help reduce the climate impact of their travel.

Passengers with the airline can now know about the carbon footprint and emissions generated during their flight. With the 'ECO TRAVEL Carbon Offsetting' service, travellers can achieve 'carbon neutrality' and 'zero carbon' when they fly by volunteering to take part in carbon offsetting.

In partnership with UK Environmental organisation ClimateCare, China Airlines offers an online carbon footprint calculator that lets travellers calculate their personal CO2 emissions when they book a flight through the CAL website. Passengers can make their journey effectively carbon neutral by offsetting their carbon footprint with environmentally friendly and sustainable carbon reduction projects offered by ClimateCare. The initiative allows passengers to become an active part of the global effort towards environmental sustainability.

To calculate the passengers' carbon emissions generated by their share of the flight, ICAO and IATA Carbon Emissions Calculator Methodology are used with passengers keying in their emission factors: actual flight fuel consumption, number of seats and, passenger/cargo loads.

For more information, please call 03 – 2142 7344.



Austrian Airlines' New Livery for Its Airbus



In November, Austrian Airlines introduced new livery to its Airbus, bearing the new logo. The Airbus A321 with the identification OE-LBD was the second aircraft in the Austrian Airlines fleet on which the adjustments to the brand presence can be seen.

The first aircraft to sport the new design, the company sixth Boeing 777 (identification OE-LPF), was introduced in May 2018. It would take another seven years to have all Austrian Airlines aircraft carry the new design in operation. However, by the summer 2019, more than a dozen of Austrian Airlines' 85 aircrafts are expected to be using the new livery.

At the heart of the project is a small adjustment to the logo, where the arrow and the Austrian wordmark have been modernised to have a stronger impact. Since 80% of internet usage takes place on the mobile devices, special attention was paid to ensure that the logo is more easily and clearly recognisable on the mobile devices and smartwatches.

On the aircraft itself, the extension of the red area from the tailplane downwards across the fuselage will enlarge the tailplane optically, drawing attention to the logo. The Austrian wordmark, in the front section of the fuselage is to be used more extensively, while the engine will be white. Moreover, the typical Austrian greeting, 'Servus' will remain on the belly of the aircraft.

For more information, please visit www.austrian.com

ANA Partners with JR East to Ease Travel in Japan



In December 2018, All Nippon Airways (ANA) partnered with JR East, one of seven Japan Railways Group companies to make travel across the Tohoku region as convenient as possible.

The partnership aims to promote tourism in Japan by streamlining the travel experience. It includes expanded booking options and reduced fares to make it easier to reach popular destinations in the Tohoku region.

The two innovative companies have outstanding reputations for hospitality, convenience and reliability. By having the options on offer for visitors to seamlessly travel by air and on the ground, they aim to support regional revitalisation.

By linking its website with JR East, ANA is making it possible for visitors to plan and book their entire trip to Tohoku region all at once. Located at the northeastern portion of Honshu, the largest island of Japan, this traditional region has a reputation as a remote, scenic region of natural beauty, with strong tourism potential.

The 'ANA Discover Japan Free & Easy' package is designed to place Japan's iconic destinations at the traveller's fingertips, where everything from natural wonders to cultural treasures and culinary delights can be easily accessed.

This package allows travellers to purchase air tickets, book hotels and register for the JR Akita Free Ticket all at once, streamlining

the travel process and enabling all users to create personalised travel itineraries. Sales run from 3 December 2018 to 23 March 2019, while the two-day tickets will be valid from 23 January 2019 to 30 March 2019.

Special sightseeing information from around the Tohoku region is featured on the ANA Japan Travel Planner website to help foreign visitors discover the best the region has to offer.

"Though Japan is a popular tourist destination for travellers from around the world, language barriers and logistics barriers and logistical difficulties make it hard for our guests to get far beyond the main urban areas," said

Seiichi Takahashi, Senior Vice President of ANA. "Our partnership with JR East aims to change that by making travel to even the most remote destinations in the Tohoku region as seamless as reaching Tokyo itself. We look forward to helping more and more tourists see the unique beauty of rural Japan, helping them create memories that will last a lifetime".

As the airline flies double-daily from Kuala Lumpur to Tokyo (Narita, Haneda), Malaysian passengers can now easily visit Tohoku region with the 'ANA Discover Japan Free & Easy' package.

For more information, please call 03 – 2032 1331



Young Leadership in One of the World's Oldest Airlines



Sebastian Grossmann, the new Regional Manager of Finnair of Singapore, Malaysia and Indonesia is looking to expand access to the Nordics for the region, which includes destinations such as Helsinki (the airline's home base), Estonia, Norway, Denmark and Iceland.

As one of the oldest operating airlines in the world, Finnair is undergoing the fastest growth phase in its 95-year history that includes the airline's footprint in Malaysia; driven by increased capacity, growing traffic, new services, and strong ambitions. As a reflection of their progress, Finnair will introduce a new cabin class, 'Premium Economy', for the entire

long-haul fleet from 2021, catering nicely to both leisure and business travellers. Guests flying from Malaysia can connect with Finnair's partner airlines under **oneworld** to Singapore, and take the daily Finnair A350 flight service to Helsinki. Last year, in partnership with Legoland Malaysia, the airline also awarded a Christmas holiday for a family of four to the original Legoland in Billund, Denmark.

Connecting 19 cities in Asia with over 100 destinations in Europe on the fast Northern route, the shortest way between Europe and Asia, Finnair's network is exceptional. Furthermore, Skytrax has nominated the airline "Best Airline in Northern Europe" for the 9th time in a row. The distinct Nordic touch is also featured in their brand new A350 cabin as well as the on-board signature food and beverages, friendly hospitality, as well as featuring brands such as Marimekko for Finnair and the iconic glasses from Iittala.

Sebastian spoke proudly of his homeland, "One of the most remarkable features of Finland is the Northern lights, which are a favourite reason for visitors travelling to Finland; the thrill of witnessing the Aurora Borealis is a once-in-a-lifetime experience for many. Finland is also home to 7 UNESCO World Heritage sites, among them, 6 are cultural and one is natural, the most well-known being the fortress island of Suomenlinna in Helsinki. Of course,

one cannot forget a visit to the home of Santa Claus, situated on the Arctic Circle in the city of Rovaniemi, and open each day of the year where children and adults can meet and greet Santa".

"For something closer to home for Malaysians, the summer and autumn seasons also makes for a great time to visit. Moreover, for those who wish to venture north of the Arctic Circle, the sun does not set from May to August, while further south the sun can be visible for nearly 24 hours a day during June and July – what the Finns call, 'the Midnight Sun'. A nocturnal swim and sauna are considered a must for Finns under the Midnight Sun and a truly unique experience", Sebastian eagerly added.

In a nutshell, Finnair continues to have a strong focus on Asia-Europe traffic by providing the fastest connections via Helsinki by taking advantage of the geographical location, which allows the shortest route between Asia and Europe. Finnair now carries 97 flights a week from Asia to Helsinki, with daily flights operating between Singapore and Helsinki.

Finnair is represented by Worldwide Aviation Agencies as the General Sales Agent (GSA) in Malaysia.

For more information, please call 03 – 2145 1155

China Southern Airlines Dazzles Guests with Cantonese Culture

On 28 December 2018, the Guangzhou Tourism Bureau and China Southern Airlines held an event at the InterContinental Kuala Lumpur to promote Cantonese Culture and Tourism in Malaysia.

This event was in light of an official partnership between the Guangzhou Tourism Promotion Centre and China Southern Airlines. Wang Xu, General Manager of China Southern Airlines in Kuala Lumpur and representative of Guangzhou Tourism Promotion Centre introduced the major attractions of Guangzhou in his speech, and greeted his partners comprising of Malaysia Airports General Manager of Airline Marketing, Mohamed Sallauddin Mat Sah; Honorary President of MCTA, Paul Paw; President of China Entrepreneurs Association in Malaysia, Dato' Keith Li and other media partners that comprise of various travel, tour agencies and representative.

Wang Xu stated, "It is our distinct pleasure to invite you to attend the Guangzhou Tourism Promotion Night with the theme 'Enjoy Your Stay in Flower City', hosted by China Southern Airlines Kuala Lumpur and Guangzhou Tourism Promotion Centre. This is an exciting event to

introduce you to deeper aspects of Cantonese Culture through performance, ambience, culinary and thus create a platform for tourism and cultural exchange".

Wang added, "In October 2018, the Hong Kong-Zhuhai-Macao Bridge was officially opened and this bridge will bring new opportunities for tourism development in Guangzhou. According to a recent report released by the World Tourism Council, Guangzhou has the fastest growing global tourism industry in the decade from 2007 to 2017 and ranks fifth among the ten cities in China. It is hoped that through the frequent route network will promote the rich tourism culture of Guangzhou to the people of Malaysia and expand the tourism cooperation between China and Malaysia".

Sallauddin stated in his speech, "This year we started the Joint International Development Programme which is a combined contribution fund between Malaysia Airports and Tourism Malaysia met by similar investment from airlines, travel trade and business partners. Today, 20 airlines, organisations and travel agencies have benefitted from the investment, amounting to RM7 million".

Sallauddin added, "Inbound tourism from China has increased by 10% compared

to 2017 and we in Malaysia Airports are positive that with the continuity of this fund, we will see positive results. Outbound tourism to China has seen positive growth too. China has a lot to offer for leisure and business travellers and we encourage airlines to establish new connections from major cities from China especially from second and third tier cities to Malaysia. China Southern Airlines flies to Malaysia's four international airports in Kuala Lumpur, Kota Kinabalu, Penang and Langkawi. As an airport operator, we work closely with our airline partners and rest assured that we will give full support in working together to strengthen our travel and tourism sector for future growth".

China Southern Airlines Kuala Lumpur was founded in 1989 and has been in Kuala Lumpur for 30 years, currently operating 49 flights weekly from Malaysia to Guangzhou.

China Southern Airlines has a fleet size of 800 making it the largest fleet sized airline in Asia and 3rd largest in the world. They operate more than 2000 daily flights to 224 destinations in 40 countries and region across the world.

For more information, please call 03 – 2163 9977



Citilink Indonesia Connects Kuala Lumpur

As a testament to Malaysia Airports' commitment to growing KL International Airport (KLIA) as a global hub by expanding the airport's connectivity, it has brought Indonesia's leading low-cost carrier (LCC), Citilink Indonesia (subsidiary of PT Garuda Indonesia) to Malaysian shores. With three times weekly service to Banyuwangi International Airport, passengers can now look forward to flying to this new destination.

Present at the welcoming reception of the flight from Banyuwangi today were Arief Yahya, Minister of Tourism of the Republic of Indonesia; Judi Rifajantoro, Professional Staff for Accessibility; Juliandra Nurtjahjo, Khrista K.U. Hannan, Deputy Chief of Mission, Embassy of the Republic Indonesia; YB Dato' Mohmed Razip Hasan, Deputy Director General (Promotion) Tourism Malaysia; CEO and President Director of Citilink; Mohd Sallauddin Mat Sah, General Manager for Airline Marketing, Malaysia Airports; Benny Rustanto, Commercial Director, Citilink Indonesia; Woo Kam Weng, Chief Executive Officer Pos Aviation and Rizky Maylina Fitri, Miss Grand Indonesia.

Speaking proudly, Mohd Sallauddin said, "We are delighted today to welcome Citilink Indonesia into the KLIA family, making it the 60th passenger airline to operate at KL International Airport. It joins the ranks of other LCCs such as Indonesia AirAsia, Indonesia AirAsia X, Lion Air and Batik Air. Currently, Citilink is the sole operator with direct flights to BVX from KLIA, and we are delighted that the airline has chosen Kuala Lumpur as its new destination. I am confident that Citilink, the first LCC in Asia to receive a four-star recognition from Skytrax earlier this year, will contribute to the increase of passenger movements at KLIA. In fact, as of the third quarter this year, we received more than 6 million passengers from Indonesia, a 6.2% increase from the previous year".



"I would like to also take this opportunity to congratulate Citilink Indonesia for also being recognised as a 4-star LCC by the Airline Passenger Experience Association as well as being voted the Best Low-Cost Airline in Asia 2018 by TripAdvisor. It is without a doubt that passengers will be flying the best in its class on Citilink Indonesia," Mohd Sallauddin added.

On the other hand, Juliandra highlighted, "It is a great honour and pleasure for Citilink Indonesia to inaugurate its new route to Kuala Lumpur, after the Jakarta-Penang and Surabaya-Penang earlier this year. With the new Banyuwangi-Kuala Lumpur route, Citilink Indonesia aims to encourage the growth in tourism and business sectors while strengthening the bond of these two neighbouring ASEAN countries".

Citilink Indonesia will operate the BVX-KUL route with flight QG514 utilising its Airbus A320 aircraft with 180 seats on Wednesday, Friday and Sunday. Flight QG514 leaves BVX at 8.20am and lands at KLIA at 12.10pm local time, or 11.10am in West

Indonesia Time. The returning flight takes off as QG515 at 1.20pm local time and arrives in BWX at 3.10pm.

One of the reasons Malaysian tourists would be interested in visiting Banyuwangi is that it contains a melting pot of diverse traditions and cultures as well as an active volcano called the Ijen Crater. The volcano is included in one of the national calendar of events as well as being in the Top 100: the Tour de Ijen. Other popular events held in Banyuwangi also include the Gandrung Sewu Festival and the Banyuwangi Ethno Carnival; they are in the Top 100 and Top 10 event in the national calendar respectively.

Arief Yahya states that Banyuwangi has become a top destination in Indonesia with a diverse set of attractions, amenities as well as complete accessibility. On the other hand, the airline also aims to serve those that have relatives in Java as well as the Javanese that call Banyuwangi home.

For more information, please visit www.citilink.co.id

United Airlines Welcomes Its First Boeing 787-10

When United Airlines took delivery of its first Boeing 787-10 in November 2018, it became the first North American airline to operate the aircraft. It also became the first airline in the world to have the entire family of 787-8, 787-9, 787-10 Dreamliners in its fleet. A total of 14 787-10s have been ordered by United.

Gary Laderman, chief financial officer at United said, "The 787-10 is an excellent addition to United's fleet. It offers superior fuel efficiency while providing a more comfortable customer experience onboard that allows the passenger to arrive at the destinations feeling more refreshed".

United's 787-10 will feature 44 United Polaris business class seats, 21 United Premium Plus seats and 199 standard Economy seats. In addition, the 787-10 is 18 feet longer than the 787-9, allowing it to hold more passengers and cargo than other versions.

Ilhssane Mounir, senior vice president of Commercial Sales and Marketing for the Boeing Company added, "The United Airlines team is raising the bar again. With the new 787-10, United will fly the most fuel efficient widebody jet in commercial aviation today. The larger airplane comes with more seats, more cargo capacity, and the same Dreamliner comforts that passengers prefer. We are honoured that United, a leading global carrier, has placed its trust in the 787 family, carefully optimising their network with all three Dreamliner models".

United operates extensive domestic routes in



the United States as well as global destinations in 48 countries across Asia, the Americas, Europe and Oceania. Passengers from Malaysia have the opportunity to connect with United Airlines via Star Alliance members and other United's airline partners.

Among the preferred destinations offered by United is the world-renowned city, famed for several Hollywood movies as well as having perfect weather: San Francisco. One can hike up Nob Hill and gaze upon the Golden Gate Bridge during sunrise, stroll around the relaxing waterfront of Fisherman's Wharf, and visit Lombard's Street's intriguing 'Crookedest Street In the World', just a stone throw's away. Or you can drop by at Yerba Buena Gardens, Palace of Fine Arts and the Legion of Honor where you can indulge in culture, art and architecture.

On the other hand, Malaysian travellers have access to almost 80 other cities in the U.S., including New York, Boston, Philadelphia, and Dallas.

Pacific World Travel is the General Sales Agent (GSA) for United Airlines in Malaysia.

For more information, please call 03 - 2161 1433

THAI's New Mobile App Enhances Customer Experience

In December 2018, Thai Airways (THAI) launched a new mobile application to increase channels for customer outreach and service. Malaysian customer's experience with THAI will be enhanced with the new mobile application.

Mr Wiwat Piyawiroj, THAI Executive Vice President, Commercial said that THAI has developed a new application under the name 'Thai Airways', which improves the customer travel experience, making it more convenient for return customers as the new application will save information from previous searches and the passenger's past travel itineraries. The



application makes it easier for customers to make reservations, payments, check-in, and check other information before and after the journey, as well as alerting THAI promotions and special offers.

The new mobile application offers new capabilities such as flight information and travel itinerary, travel reminder, Royal Orchid Plus membership services, E-Boarding Pass, displaying flight details on smart watches that are linked with the application, and other services such as hotel reservation, car rental and travel insurance.

Thai Airways operates 14 weekly flights between Kuala Lumpur and Bangkok.

For more information, please call 03 - 2034 6999

INTERVIEW WITH DATO' VINCENT LIM

President of the Malaysian Association of Convention and Exhibition Organisers and Suppliers (MACEOS)

What is the background story of MACEOS and its role as an industry leader in the Meetings, Incentive Travel, Conventions and Exhibitions (MICE) industry?

The Malaysian Association of Convention and Exhibition Organisers and Suppliers (MACEOS) was established in 1990 by a small group of exhibition organisers. To date, we have grown to 150 member companies, consisting of exhibition organisers, conference organisers, destination management, event management companies, venue owners/operators, hoteliers, audio-visual (AV) suppliers, stand contractors and freight forwarders. Other affiliated members include airlines, travel & tours and other hospitality & services related associations.

Our objective is to promote and advocate sustainable growth of the 'Business Events' (BE formerly known as MICE) industry in Malaysia. Our vision is to be the leading professional association and the voice of the industry, to drive the BE industry forward and elevate Malaysia as the preferred hub for MICE in the region.

What are the challenges that MACEOS is facing?

Currently, the BE industry is not recognised by our government as an important contributor and catalyst for economic growth in Malaysia. The reality is that the BE industry attracts abundant revenue to the destination and its community. Delegates, exhibitors, trade visitors, corporate companies are amongst the biggest spenders.

For example, BE visitors spend three times more on average than the regular tourist, i.e. RM7,426 per stay vs RM2,624;

and the benefits of their spending are widely distributed throughout many segments of the economy. This includes hotels, restaurants, retailers, attractions, taxis, entertainment facilities and a host of service suppliers.

Furthermore, by bringing a world of knowledge to our doorstep, business events also improve the level of expertise available in the community in important areas such as technology, innovation, creativity and medicine. Additionally, they create a whole new audience for showcasing local products, services and increased trade exports.

Trade exhibition and meetings can bring everything from international exposure, profiling of the country to an important source of foreign revenue; and the incremental tax revenues that trade exhibition and meetings generate help support a wide variety of public programmes. Between 2015-2017, Malaysia business events industry created over RM48.8 million in direct expenditure and RM 114.2 billion in economic impact.

How are countries ranked for exhibitions and conventions? What is the status of Malaysia in comparison to her neighbouring countries?

There are two types of ranking for the industry:

1. UFI (exhibitions industry) based on square metres space sold for trade exhibition only and the number of exhibition centres and capacity.
2. ICCA (conventions industry) based on the number of international associations held by the city and country. Currently, Malaysia is ranked 10th within the Asia-Pacific region in both UFI and ICCA rankings.

Prior to 2017, Malaysia did not have sufficient capacity for trade exhibitions. It affected our rankings and number of trade shows organised. With the opening of MITEC in late 2016, we now have more capacity. Thus, we have the potential to grow in the rankings, but not without the essential support from the government.

What are MACEOS' plans for the growth for the trade exhibition industry in Malaysia?

To drive the industry forward, our four areas of focus are 'Advocacy, Education, Innovation and Development'. Together with seven other industry associations, we have established the Business Events Council of Malaysia (BECM) to advocate within the industry and to the government to better communicate the 'big picture' value of BEs to government, ministries and agencies to secure their support and endorsement.

In addition, in order to enhance the industry's best practices and services by establishing standard codes of practices and raising the professionalism of the industry to be at par with global standards, we have developed several professional training courses for our industry namely: the Exhibition Management Programme (EMP), Congress Certification Programme (CCP) and Total Event Management (TEM).

In light of 'Industry 4.0', what are MACEOS' plans to integrate technological innovation into future BEs?

Technological innovation is definitely changing the way our industry does business. We constantly need new and innovative strategies to attract customers. For example, real time updates about exhibitions or visitors are now a norm. With tools like indoor mapping and heat maps, planning and attending an event is simplified for both visitors and exhibitors.

Currently, virtual reality (VR), artificial intelligence (AI) and live interaction are trending. Our visitors and exhibitors want to engage at an event and be more than just passive observers. Furthermore, interactive displays, games, live demonstration are emerging. Thus, exhibitions and conferences are a good platform to showcase innovations, R&D and current trends. Thus, we hope the government will be able to allocate grants to assist the BE industry players to invest and adopt technological innovation for their business, as part of the government policy to push for 'Industry 4.0'.

What are the key factors for building a successful MICE hub?

We have world-class convention and exhibition centres, international hotels, strategic location, easy access, a strong value for money proposition, proficient in English and

possess a capable industry supply chain. Our track records for the past 5 years has proven Malaysia as an attractive international BE hub.

However, the challenge is to sustain this and to rise against the competition.

Right now, we are in dire need of a dedicated 'Kuala Lumpur Convention and Exhibition Bureau' to develop the BE industry and be the liaison between industry, government and the local council. More than 80% of the BE events takes place in Kuala Lumpur and yet we do not have a city bureau in par with international cities like Vienna, Barcelona, Sydney, Seoul.

Currently, programmes such as the BSc (Hons) in Convention and Event Management is being taught in Sunway University. How important is it to produce trained graduates specifically for the industry?

Under the Malaysia Business Events Roadmap 2020 and beyond, future talent and capacity building is one of the key challenges for the industry. One of MACEOS objective is to develop future talents by working with local universities. Together with MyCEB and ICCA Malaysia, we have established the Business Events Academic Council (BEAC) working with 8 universities across Malaysia to create awareness about BE as a career and develop curriculum on BE.

We run programmes like the 'Future Leaders Day', careers talk, internship, and competitions with guidance from the industry experts and even sponsor students to attend regional competitions and conferences in the industry for exposure.

Next year, we are aiming to accredit our industry courses with international bodies, lifting the professionalism of the industry.

What would you advise aspiring students and professionals looking to enter the event organising industry?

BE is a challenging industry but it's also very exciting as it gives you the opportunity to go to different places, see different things, meet interesting people and experience the latest technological showcases such as the AI and VR events.

There are a lot that goes behind the scene before a conference or exhibition takes



place. You have jobs like event management, promotion and marketing, sponsorship, lighting and staging, production, booth building. There are lots of opportunities but you need the passion to sustain the job; it is not as glamorous as what some people make it out to be.

Is MACEOS looking to collaborate with Malaysia Airports Holdings Berhad (MAHB) for any future conventions?

We can definitely explore this. MAHB has been very supportive in bringing and assisting some of the conferences from the aviation industry such as *World Routes*, *IATA World Cargo Symposium* and *IATA Slots Conference*.

As President of MACEOS, what has been your greatest achievement thus far?

In the last two terms, I have managed to expand our membership numbers and partners thus increasing rapport between new and old partners as well as other associations. MACEOS is currently an associate member of UFI (the world's leading tradeshow organisers and fairground owners); our strategic partners include AFCEA (the Asian Federation of Exhibition and Convention Associations); and our global partners include IAEE (National Association of Exposition Managers) and PCO (the Professional Conference and Event Managers in Australia and New Zealand). Essentially, these networks are instrumental in promoting Malaysia as a MICE hub within Asia and beyond.

On the personal front, what do you do during your free time?

I thoroughly enjoy hiking and cycling when I do have the time during the weekends. I relish the outdoors and it helps rejuvenate me for the workweek ahead.



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JOLLY KOH

The Art Romanticist

BY HIRANMAYI AWLI MOHANAN

Born in 1941 in Singapore, Dr Jolly Koh is possibly one of the most illustrious artists in Malaysia. He is widely considered as one of the key movers and shakers of the modern art scene. He carries with him an artillery of experience gained through living in the United Kingdom, the United States, Australia and many other countries. Koh studied painting at Hornsey College of Art, London and art education at the Institute of Education, London University. In 1970, he was awarded a Fullbright scholarship and completed his doctorate in Education at Indiana University.

Koh's forte is undeniably paint and he employs various techniques, primarily acrylic with oil on top for tuning, and traditional Chinese calligraphy brush. His works possess a lively yet dreamy, vibrant but enchanting quality with a dash of romanticism, which is apparent with lyrical quality, unveiling his inner persona. Therefore, his works in his solo exhibition portrays a strong and resolute quality that reflects his personality.

Koh's paintings go beyond reflecting the sensual pleasure of paint, rather, they delve into exploring colour and space like no other. Through his brilliant artworks, he evokes from the viewers a feeling of pleasure and calmness. The principle behind the artist's works stems from the belief that a painting must be beautiful in order to be able to fulfil its function of uplifting the soul, which he evidently does.

His works have been collected by numerous local and international museums, corporations, banks and hotels such as J.D. Rockefeller III Collection in New York, the National Art Gallery in Victoria, Australia, the Kasama Nichido Museum of Art in Japan, Bank Negara Malaysia, The Fullerton Hotel in Singapore as well as Hilton Kuala Lumpur.

THE RISING SUN IV, 2004

The Rising Sun IV is the final work from the Rising Sun series and romantic, cool and serene are the moods portrayed by this piece, as it is that perfect moment – when the sun gently teases the skies. This work will be featured in KL Lifestyle Art Space's (KLAS) Art Auction Sale XXXV. In addition, this serene work is depicted on the back cover of Koh's book, 'Artistic Imperatives, Selected Writings and Paintings' published by Maya Press Sdn Bhd in 2004. It also comes as no surprise that The Rising Sun IV was formerly part of Hilton Kuala Lumpur's collection.



The Rising Sun IV, 2004
Oil on canvas 135 x 50 cm
RM 28,000 - RM 55,000

KHALIL IBRAHIM’S EAST COAST SERIES

A Master Storyteller of the East Coast

BY HIRANMAYII AVLI MOHANAN



East Coast Series - Ladies in Waiting III, 1982
Acrylic on Linen 93 x 108 cm
RM 65,000 - RM 90,000

Khalil Ibrahim graduated from the prestigious St. Martin’s School of Art & Design, United Kingdom in 1964. Thereafter, he became a full-time artist and did what he loved for over 60 years. He held solo and group exhibitions in Malaysia, Singapore, Indonesia and Switzerland, with most of his works centering around figures and were heavily influenced by his hometown.

The hallmark of Khalil’s works had always been the East Coast; it had been his unending muse. Him growing up amid the serene landscape allowed him to be an artistic composer to create variation upon variation of this theme. His subjects had been the laymen, fishermen and farmers, as well as the colours of nature, as depicted in most of his works.



Cherating, 2003
Acrylic on board 17.5 x 17.5 cm
RM 4,500 - RM 8,000

Despite colour and texture becoming Khalil’s primary fascination, he stayed true to firstly, the human figure albeit fragmented and secondly, his people of the East Coast. While depicted in a romanticised gesture encapsulated by vibrant hues, one can discern that the stance of the subjects suggests the hardships to make ends meet and the struggles in their lives.

Khalil’s reaction to people had most often tied to a place. His excursions to the East Coast was always a sensual experience for him, from the sights, sounds and smells to the way he viewed people he encountered. With his innate flair, Khalil shared his experiences and his relationship with the East Coast as well as the land and sea through authentic and captivating visual stories.

Evoking the familiar spirit of Khalil Ibrahim’s beloved East Coast once

more, this piece of work is a variation of his East Coast Series, where the artist was inspired by his rustic upbringing in Kelantan. This minimalistic work, ‘East Coast Series- Ladies in Waiting III, 1982’ is an exceptional piece and a unique one, especially given the medium used--acrylic on linen that strayed away from his preferred batik medium. One can find this particular genre of work at Bank Negara Malaysia.

This painting is more conservative in nature and it highlights the silhouettes of ladies convened in an intricate composition and decked in vibrant hues to bring the viewer’s attention to them. Khalil brought out the natural colours of the earth on the background and employed vibrant, energetic colours to the women’s apparel, breathing life to their forms. Khalil Ibrahim’s works are awesome yet serene, timeless yet ever-changing, majestic yet intimate and have the ability to evoke emotions out of their viewers.

WALASSE TING

The Flower Thief

BY HIRANMAYII AWLI MOHANAN



Untitled
Watercolour and ink on paper 19.3 x 27.6 cm
RM 15,000 - RM 18,000

Walasse Ting or his birth name, Ding Xiongquan may be a new name to KL Lifestyle Art Space’s art auction but he was an American-Chinese artist known for his fluorescent coloured paintings of cats, erotic nudes, and flowers. The late Ting once mused that his paintings were his honey, colours were his flowers, and velocity was what was required of a thief—he must paint as speedily as he drew a gun. He was mostly a self-taught artist born on October 13, 1929 in Wuxi, China.

While Ting was largely self-taught, he briefly attended the Art Academy in Shanghai. Then, he made a move to Paris in 1952 and met many of the members of the CoBrA movement (a short-lived but highly influential artist collective formed in Paris) named after founders, Karel Appel, Pierre Alechinsky and Asger Jorn’s country of origin. The members of this group became known for their vigorously spontaneous, rebellious style of painting that was heavily inspired by the art of children and the mentally ill.

Almost a decade later, Ting moved to New York where he immersed himself in the art scene, befriended Sam Francis and solidified his association with Abstract Expressionism. During this period, he allowed his culture to shine and incorporated the bold strokes of traditional Chinese calligraphy into his practice.

While other Chinese artists were striving to push Eastern elements into their post-war paintings, Ting was comparatively motivated by his individual passions and loves, paving way for the influences of his culture and ethnicity to trickle through his works seamlessly and this is why Ting’s works exude an air of lightness and ease. His works are immensely youthful, packed with vigour surging with creativity. It’s almost like witnessing the contents of his heart flood through the canvas.

This self-proclaimed “flower thief” spent his life straddling between Hong Kong, Paris, New York, and Amsterdam, and established



Untitled
Watercolour and ink on paper 22 x 30 cm
RM 15,000 - RM 18,000

himself a reputation as a genuine artistic master. His romanticism and confidence and unconventional beliefs made him unfazed by the world. Ting’s artworks overflow with a fervour for life, bold demonstrations of desire, which conveyed intense eroticism without sinking into vulgarity. In this way, they emanate an irresistible humour and charm. Among his Chinese peers, Ting was a remarkable figure in his ability to free himself from the burdens of nationality and ethnicity, naturally extending his exuberant camaraderie to everyone.

It was the early 1970’s when Ting entered the period in which flowers and nude women became his dominant subjects as seen in the two untitled works featured in KLAS’s art auction Sale XXXV. This time, the artist was heavily Influenced by Sam Francis and the New York School that preached abstract expressionism and Ting was completely immersed in it. The sensuous work boasted verdant green hues that highlighted the woman on the foreground with a flower tucked behind her ear and splashes of blue, pink and bright yellow while also portraying elements from his Chinese heritage, fishes. The artist bestowed the paint with incomparable freedom of motion, re-enacting upon the canvas the passion and action of nature.

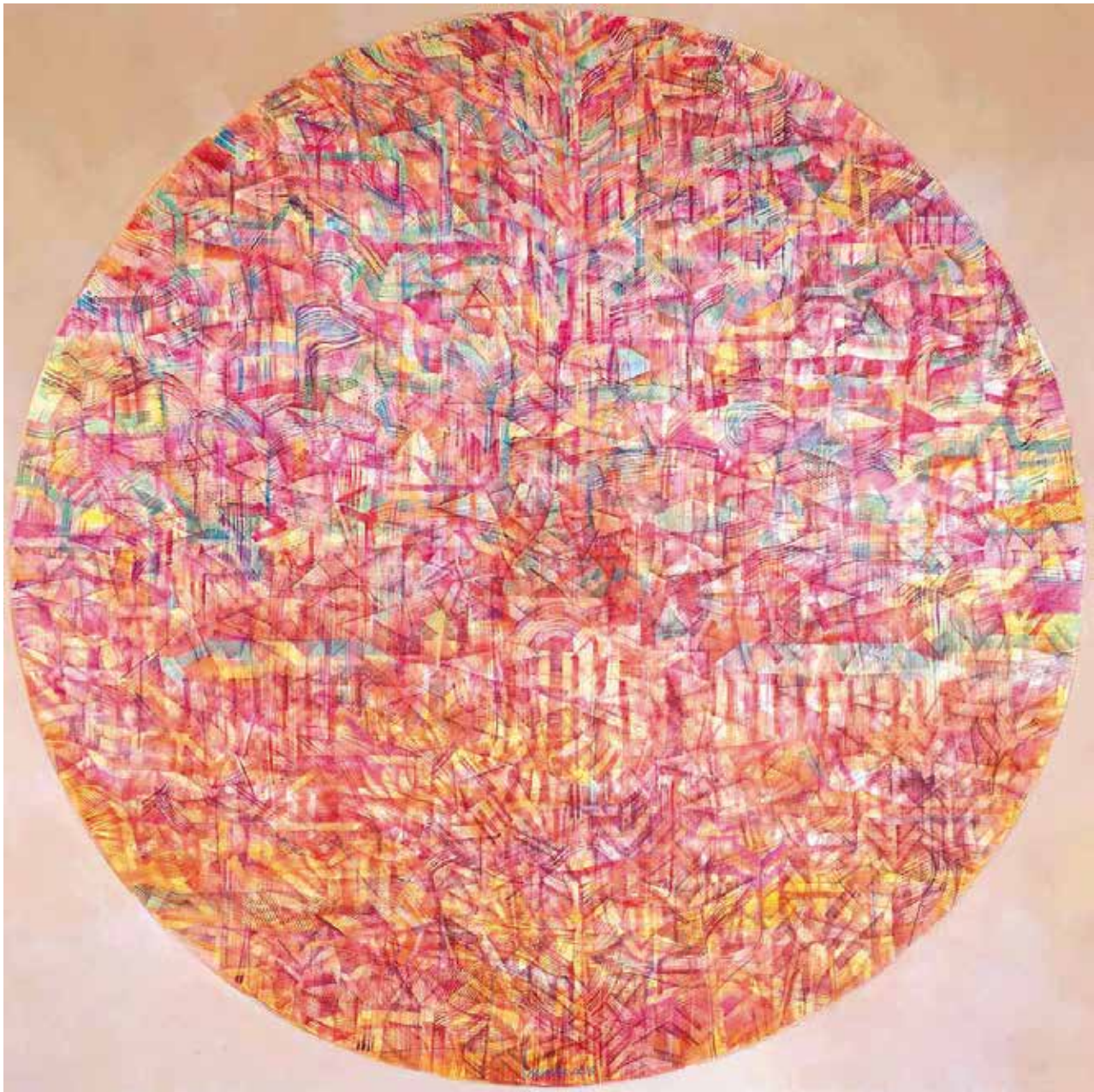
Ting’s next work in KLAS’s art auction pays attention to a female form painted in pink appreciating four birds before her, depicting a sense of romanticism to the work. He created contrast and dynamism by constructing the subjects on the paper with vibrant hues. Ting spent his life in the West, incessantly exploring, like a never-ending party, and yet the spring breeze and glorious sunrays rolling into the party naturally originated from the East. Hence, viewers from all corners of the world can experience the artist’s joy intimately not confounded by nationality.

Ting was awarded the Guggenheim Fellowship in 1970. He passed away on May 17, 2010 in New York at the age of 80. Today, his works are held in the collections of the Smithsonian American Art Museum in Washington, D.C., The Museum of Modern Art in New York, and the Norton Simon Museum in Pasadena, among others all over the world.

NIZAR KAMAL ARIFFIN

Exploring the Siri Dunia

BY JACQUELINE BENITA PAUL



Siri Dunia - Road to Putrajaya
Acrylic on canvas 152.5 x 152.5 cm
RM 18,000 - RM 24,000

Born in Pahang on 1964, Nizar Kamal Ariffin is a passionate individual who would never miss the chance to express his spirituality, freedom, faith and personal growth through his work. His artistic prowess is evident from his methodological use of complex lines and vibrant colours that are layered upon the real subject matter that can be seen - only if you look closely. The subject matter often varies, depending on what he watches in the new or a conversation on an important subject with a friend, he reflects his reaction on his canvas.

One of his most recent works was no exception, painted shortly after the 14th General Election (GE-14) in May 2018. Nizar painted a prolific piece entitled ‘Road to Putrajaya’ under his Siri Dunia collection. The artwork involved a more vibrant use of colour inspiring confidence, hope and peace. Similar works such as the Siri Dunia Kota Perang were sold at the 2015 KL Lifestyle Art Space (KLAS) auction for RM 22,400. In 2016, his Siri Dunia - Garis Lunak #6 was sold at the KLAS auction for USD 5,239 (RM 21,655).

JEAN DUFY

The Parisian Post Expressionist

BY JACQUELINE BENITA PAUL



Bouquet de Fleurs, 1920
Pencil and watercolour on paper
laid down on board
56.8 x 46.3 cm
RM 50,000 - RM 70,000

In the 1900's, Jean Dufy (1888-1964) decided to pursue a career as a painter after visiting an exhibition put on by the "Cercle de l'Art Moderne" in Le Havre. There, he discovered the works of Picasso and Derain, with whom he became friends years later. After receiving formal training at Le Havre's École des Beaux-Arts where both his brother, Raoul Dufy and Georges Braque had studied. His brother was an established artist in Paris and he took Jean under his wings in 1912. Jean had his first show in 1914 at Galerie Berthe Wall where he presented his watercolours for the first time. Following the favourable response from his first exhibition, he went on to work intensively on his paintings of flowers, landscapes and animals. During the post war period, Jean's painting and unusual choice of canvas; porcelain style bold and vibrant colours that exude a romantic feel. Capturing everyday Parisian life was a clear passion for Jean Dufy but he never missed an opportunity to reflect his impressions in his work after the 1950's.

In 1925, Jean Dufy won a gold medal at the L'exposition Internationale des Arts Décoratifs for his porcelain designs which focused on florals and animal designs that were commissioned by Theodore Haviland in Limoges. His expertise in combining his loose decorative approach to colours and line during the early years of the 30-year association with Limoges is reflected in his artwork series called the The Bouquet de Fleurs. It is a tasteful piece to add to a fine art collection especially since it is by a reputable Parisian artist who has greatly influenced the post-expressionism style.

In 2009, the artwork was sold for USD 11,875 (RM 48,977) in Sotheby's New York and other similar works were sold by Christies for USD 6,000 (RM 24,746) in 2011. In 2017, another of his Bouquet de Fleurs work (circa 1933-1934) was sold for USD 6,820 (RM 28,129).

GEORGE CHANN

An Unforgettable Artist

BY JACQUELINE BENITA PAUL



Untitled, 1980s
Oil on canvas 79 x 59 cm
RM 24,000 - RM 30,000

George Chann (1913-1995) began his artistic career in the 1940's where he often painted portraits of the poor with a strong sense of humanitarian concern in California, USA. After exploring portraits and figurative landscapes, he began to venture into abstract painting. He paid homage to his Chinese heritage and developed his own Abstract Expressionism by applying Chinese characters, symbols and artifacts in his works. In the beginning of his abstractism style, he used black and white as his base colours with a theoretic combination of abstractism and the elegance of Chinese Calligraphy. Later, Chann incorporated more colours and other mediums into his paintings in the 1960s. Chann's inspiration from ancient antiques goes beyond lines and strokes. Often times, he would be inspired by the ancient Chinese bronzes to imitate the green colour.

He began to introduce more colours and explored complex structures in his paintings in the 1960's. While he took a bolder style, he never strayed far from reflecting his life experience and cultural history. In all his works, there is a clear sense of beauty in antiquities, an appreciation of history and the power of calligraphy, all of which contributed to his recognition as an important pioneer in Chinese modern art.

Similar abstract paintings by George Chann were sold at Christie's Hong Kong in 2014 for HKD 3,160,000 (RM 166,173) and Sotheby's Modern Asian Art in Hong Kong in 2015 for HKD 1,750,000 (RM 92,0263).



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Mr Franck Loison

Franck Loison, general manager of Sofitel Kuala Lumpur Damansara. He, had an innate passion for the hospitality industry that prompted him to study hospitality in France. Read on to learn about his perception of Malaysia and how he has come to love this country.

BY HIRANMAYII AWLI MOHANAN

TELL US ABOUT YOURSELF.

My name is Franck Loison and I have been recently appointed as the new general manager of Sofitel Kuala Lumpur Damansara.

WHERE ARE YOU FROM?

I am a French citizen but born in Beirut, Lebanon.

DID YOU ALWAYS HAVE A PASSION FOR THE HOSPITALITY INDUSTRY?

It all started back in high school when I decided to join a hotel school in Paris and subsequently work for few Palace Hotels in the French capital. From there, I start developing interest in luxury accommodation and services.

HOW LONG HAVE YOU WORKED IN THE INDUSTRY?

I begin my career with AccorHotels in 1997 as a management trainee in Thailand and subsequently, held senior operational roles in Thailand, Indonesia, Cambodia and New Caledonia.

WHAT DO YOU LOVE MOST ABOUT BEING THE GENERAL MANAGER OF SOFITEL KUALA LUMPUR DAMANSARA?

Well, I am proud to be the general manager for the first luxury property under AccorHotels in Kuala Lumpur. Sofitel Kuala Lumpur Damansara is a charming five-star hotel in one of the most exclusive neighbourhoods in the Klang Valley, Damansara Heights. It's a lovely environment but what makes this hotel unique is its people, from their approach to dedication in providing a superior level of service is incredible.

TELL US HOW SOFITEL KUALA LUMPUR DAMANSARA IS UNIQUE FROM OTHER DISTINGUISHED HOTELS IN THE KLANG VALLEY.

There are a lot of aspects that distinguishes Sofitel Kuala Lumpur Damansara from its competitors. Being a French brand, we conscientiously incorporate local culture, identity, influences and marry them with French flair, and it can be seen in the hotel's interiors, service culture, gastronomy offerings, and wellbeing to elevate guests' experience, but of all, one most important

element that makes us different is our passionate people.

WHAT DO YOU MISS MOST ABOUT YOUR HOME COUNTRY?

My family and the French art de vivre, but the French penchant for fine living – the art de vivre – is obvious throughout Sofitel Kuala Lumpur Damansara where the authentic cultural character is expressed in art, style, food and drinks; that's what the French life is.

WHAT WAS YOUR IMPRESSION OF MALAYSIA WHEN YOU FIRST ARRIVED?

I was in Malaysia on another assignment from year 2010 to 2013, and I came back to Malaysia after five years and I must say I was impressed with the development and growth of the country. Malaysia has grown tremendously from every aspect.

WHAT HAS BEEN THE BIGGEST CHANGE FOR YOU AND YOUR FAMILY SINCE MOVING TO MALAYSIA.

We've seen a fair share of hotel opening in KL for the past two years, and one of the biggest challenges that I have to cope with since I came back to Malaysia six months ago is the oversupply of hotel rooms with shortage of talents. The Tourism industry is also effected by some government requirements and regulations that would drive tourists away.

WHAT ARE THE QUALITIES ABOUT MALAYSIA THAT YOU HAVE COME TO LOVE?

The quality of living, the diversity, infrastructure and the potential that the country has.

WHAT DO YOU DO TO WIND DOWN DURING THE WEEKENDS HERE?

Exploring new hotels, new food & beverage outlets as well as participating in outdoor activities.

WHICH PART OF MALAYSIA HAVE YOU VISITED OR LONG TO VISIT?

Langkawi. I've been there many years ago, but with the opening of a few luxury hotel brands, it will be interesting to re-visit the place again.





3rd Mile, Jalan Pantai,
71000 Port Dickson,
Negeri Sembilan.
Tel: +606 647 6688
Email: res@
avillionportdickson.com



AVILLION PORT DICKSON

A Tranquil Escapade

BY HIRANMAYI AWLI MOHANAN

Sprawling over 23 acres of coastal area and the Straits of Malacca is an award-winning, five-star beach resort, Avillion Port Dickson. Not only does it have 240 exquisitely designed accommodation ranging from chalets to villas, it offers a chance to break free from mundane existence in the city. The architecture of this resort captures the charm of an Old World Malay fishing village while merging it with modern opulence, allowing guests to revel in comfort and splendour. Located an hour away from KL, it acts as a sanctuary, rendering guests an escapade or a honeymoon destination.

This huge estate caters to honeymooners and families alike, boasting various categories of chalets and villas from the premium water chalets to the two-bedroom

water villas as well as a host of activities that ensure a fun-filled vacation. Walking into the heart of this resort, one can discern that it purveys guests an escapade into nature. Besides the sea, the estate is covered in verdant flora and fauna. During our stay, we encountered peahens and peacock roaming about the area in their glory, squirrels jumping about from tree to tree and a huge monitor lizard perusing the shore.

PREMIUM WATER CHALET

We stayed in a premium water chalet and we can honestly say it broke our hearts when it was time to leave. While its aesthetics emanated a kampung feel, the interior said otherwise. The chalet is a fusion of old-meets-new with contemporary

amenities such as a pangkin day bed, a four-poster bed, and a bathtub to dust the cobwebs of the day. The open shower, on the other hand, is a romantic experience of its own, allowing guests to bathe under the open skies and be one with mother nature.

The acme of the room, however, is undoubtedly the breathtaking sweeping view of the Straits of Melaka and contrary to popular belief, the water is clean and clear. When dusk loomed, we sat at the private balcony and basked in the saltwater air and watched the sun dip into the horizon. It was the perfect end to a perfect day. Alternatively, fishing enthusiasts would be happy to know that they can rent a fishing rod with bait and fish from the comfort of their own room.

ACTIVITIES

Complemented by a karaoke and bar, as well as back-to-nature recreational facilities like Pet Farm, Orchid Hut, Spice Garden and Plant-a-Tree corner, Avillion Port Dickson is a family-friendly resort. Besides a family pool with Jacuzzi that adjoins the kids' wading pool, there is also an enclosed adults-only pool for privacy and quiet relaxation.

Alternatively, guests can have fun with beach and water sports activities at Riau beach. Catch the sunset from the beautiful cabanas placed around the resort. We work hard every day, so it's essential that we pamper ourselves on vacation at aVi Spa, Malaysia's first floating spa built on a glass-and-timber pavilion. At this spa, rejuvenate yourselves with their high-touch, low-technology, Peranakan-inspired spa treatments that guarantee you walk on cloud nine after.

DINING

One can never go hungry at Avillion Port Dickson as it has three restaurants under

their roof. Should you get hungry at 2am, fret not because this hotel's 24-hour dining restaurant, Village Court will satiate your hunger. Like a child, we were in awe and excited at the prospect of an abundant spread that awaited us, featuring a variety of cuisines.

THE VERTE

Be it Sunday brunch or dinner, The Verte is a casual, laidback eatery that offers scrumptious food and an array of alcoholic and non-alcoholic beverages against a view of the resort and sea. We highly recommend the Portuguese Baked Sea Bass with Blue Pea Rice. P/S: It's a great spot to catch a game of football or any sports for that matter.

CROW'S NEST

Set in a contemporary design featuring special timber and rattan furniture with high teak wood ceiling, the design of this dual-level restaurant is a reflection of the rich Malaysian culture. It connects back to the architecture that inspired its name, Crow's Nest, the highest watch

point of a ship. Helmed by assistant manager, Ema and her team of esteemed chefs and servers, you can expect a gastronomic experience like none other. We left our palates in the hands of Ema who recommended their infamous Caesar salad with smoked salmon, nasi goreng kampung, sea white prawns fried with chilli paste with anchovies and finally, for dessert, Phyllo Cannoli, a traditional Italian dessert.

AVI LOUNGE

It comes as no surprise that Avi Lounge has won architectural awards as it stands magnificent, with a Minangkabau-like roof and a circular lounge that overlooks the sea. This spot not only offers serenity, but it also grants you a spectacular setting for picture taking. Premium Water Chalet guests are granted free access to the lounge so we took it upon ourselves to bask in the milieu with a libation in hand and indulge in a plethora of canapes while waiting for the sun to paint the skies orange.

TRAVELODGE BUKIT BINTANG

Urban Foodie Lodgings

16 Jalan Alor, Bukit Bintang, 50200 Kuala Lumpur
Tel: +60 3 2143 1818

BY JACQUELINE BENITA PAUL

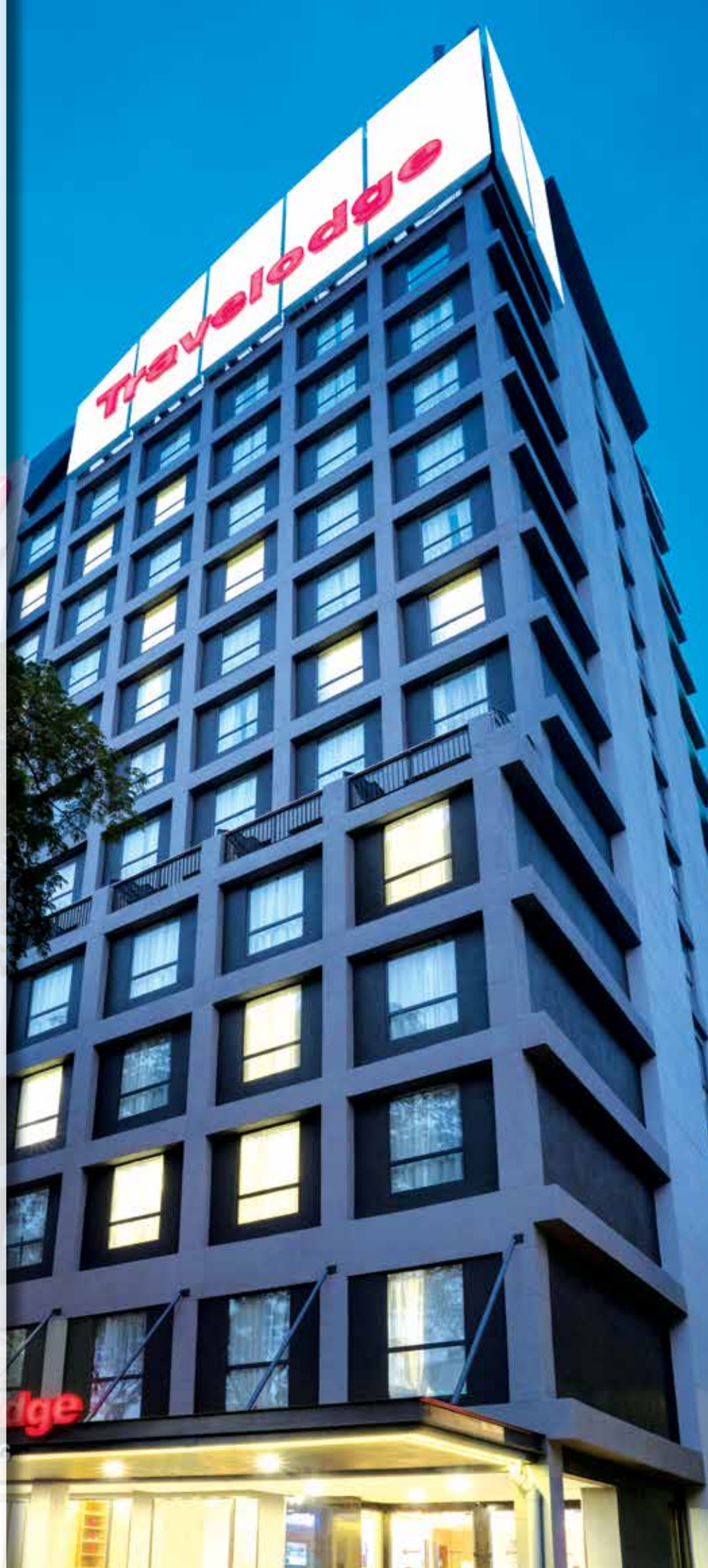
THE LOCATION

The hotel sits right in the pulse of the city's shopping and business district offering easy access to local hawker food and seafood restaurants along Jalan Alor. While we were there, we took advantage of the location to pay a visit to some of the best nightlife spots, shopped at Pavillion Kuala Lumpur and took a stroll through the vibrant city. The great thing about the location is also that it is right in the middle of the refurbished back lanes that are now adorned with bright murals that makes the stroll more scenic.

THE ROOM

The perception of the staying the city is that sleep is a luxury but not at Travelodge Bukit Bintang. During our stay, during a busy weekend, we could hardly hear anything, and the comfortable bedding allowed us to fall asleep peacefully. We were quite surprised to hear that during our stay, the hotel was at a 75% occupancy rate, out of 168 rooms.

Having only just opened in late October 2018, it's clear that there is a high demand for chic hotels in Jalan Alor. More importantly, despite the high occupancy rate, we did not have to concern ourselves much with feeling like the hotel was overcrowded or noisy thanks to the well-planned design.



Depending on the room, upto 4 guests per room can be accommodated. This provides excellent value for families and group travelers. Below are the room types that are available at Travelodge Bukit Bintang:

Superior Room

- Choice of 1 Queen or 2 Single Beds
- 21 Square Metres
- Accommodate maximum 3 persons

Deluxe Room

- Choice of 3 Single or 1 Queen, 1 Single and 1 Sofa Bed or 2 Queen Beds
- 28 Square Metres
- Accommodate maximum 4 persons

Family Room

- Daily housekeeping
- Free cribs/infant beds
- Connecting/adjoining rooms available

AMENITIES

Since it is a 3-star hotel, we didn't have much expectations on the amenities. However, a 24-hour gym, self service laundry room and on-site parking is available. So whether you're planning a work trip or heading over for a short

foodie excursion, the amenities are great for meeting your basic requirements.

ANTIPODEAN CAFÉ

When we had enough of Jalan Alor and just want to enjoy a good brunch, Travelodge's on-site dining, Antipodean Cafe delivered just what we needed. Locally, Antipodean is known to be an urbanite's favourite brunch place. The café that started out small in Bangsar is now straddling across asia and with it's collaboration with Travelodge, it's going to go further. Here are some of our favourites from Antipodean:

1. Avocado on toast with grilled tomato and streaky bacon with a side of poached eggs
2. Roast vege salad with feta cheese and a side of avocado slices
3. Croissant with scrambled eggs with bacon and sausage
4. Margherita pizza
5. Nutella crepe with caramelised banana

One of the great things about staying at the Travelodge is that guests who opt for the breakfast can enjoy a colonial buffet breakfast by Antipodean.



BOTTOM LINE

The Travelodge Bukit Bintang offers good facilities and rooms to ensure that you are well rested and undisturbed by the bustling city. No matter where you turn, there is always good food in sight whether in Jalan Alor or at Antipodean Café. With all that it offers, Travelodge offers incredible value and everything you need to experience Kuala Lumpur.

UN UNITED NUDE™

Pushing Creative Boundaries Through Footwear



Defined as working together in a transparent and open manner, United Nude is a Dutch footwear designer based in Amsterdam and is founded by Rem D Koolhaas, who also acts as the Creative Director of this brand with an architectural background. This explains their architectural designs that are downsized to the scale of a woman's foot. Commencing with its inaugural 'Möbius' shoe, the brand is guided in equal parts by pushing the boundaries of footwear design and collaborating on limited edition releases with high profile creatives from Iris Van Herpen to Zaha Hadid and ISSEY MIYAKE. Besides these partnerships, United Nude created distinct pairs of shoes for Lady Gaga, shipped all the way from Los Angeles. Each of UN's designs is a reinterpretation of an architectural object or seen as an open invitation to push the edges of form, movement, colors and materials. The United Nude shoes are sold in over 50 countries worldwide, with concept stores in Amsterdam, Vienna, Tel Aviv, Tokyo, Taipei, Dubai, Beijing. This celebrated brand has recently extended its empire to Malaysia, having opened its flagship store in The Gardens Mall.

Double Tree by Hilton brings forth the Year of Blooming Abundance



This Chinese New Year, DoubleTree by Hilton Kuala Lumpur introduces its selection of Chinese delights and delectable dine-in menus. Themed the "Year of Blooming Abundance", expect to embark on a gastronomical journey like no other.

Be surprised by the hotel's very own version of authentic Chinese cuisine filled with an array of mouth-watering dishes to savour. Feast on various not to be missed dishes at Makan Kitchen from Salmon, Tuna, "Guai Fei" Abalone, Tako with condiments at the sashimi station; Spicy tom yam soup, chicken soup and Chinese herb soup at the noodle station, to even Rendang Ayam Minang at the Malay section and the ever quintessential dish - the Yee Sang platter that will be tossed to usher in a new year filled with prosperity, good health, good wealth and more.

IFLIX CAPTURES GE14 DRAMA IN NEW DOCUMENTARY



(from right) Journalist and interviewee featured in Bangkit Zan Azlee, Bangkit director and co-producer Justin Ong, lawyer and activist Dato' Ambiga Sreenevasan, iflix global director of original programming Mark Francis, and iflix staff at the media screening of Bangkit: 11 Days That Changed A Nation.

iflix looks back at the 11 days leading up to Malaysia's historic 14th General Elections (GE14) in the Company's first Original documentary feature titled Bangkit: 11 Days That Changed A Nation.

Through the eyes of everyday Malaysians, viewers will witness this fast-paced political thriller about the 11 days leading up to GE14 through behind-the-scenes events that culminated in the shocking toppling of the ruling government that ushered in the dawn of a New Malaysia.

The film is a stirring amalgamation of news footage, social media content and personal videos from the frontlines. Narrated by voting station volunteers, journalists, political analysts, activists, members of the public and political party members who actively experienced the elections the film explores how the rakyat took control and changed the future of their country.

Bangkit: 11 Days That Changed A Nation will be available on iflix Malaysia, Indonesia, Brunei, Sri Lanka, Maldives, Nepal and Bangladesh from January 9, 2019 onwards.

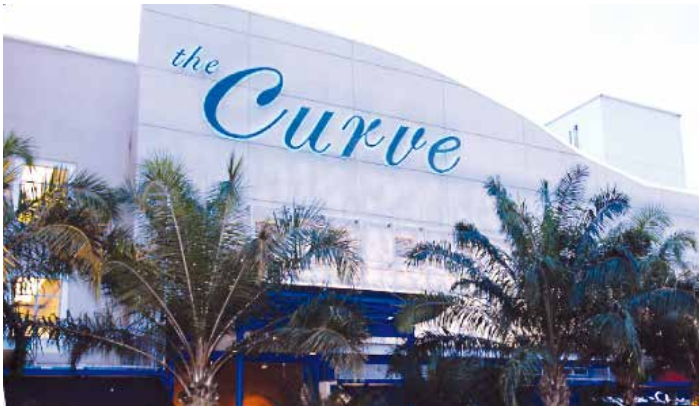
Café Malaysia 2019 celebrates the country's dynamic coffee culture and its world class achievements



The official opening of Café Malaysia 2019 this afternoon marked the 3-day celebration of Malaysia's robust coffee culture and industry, including its recent sterling successes in the international coffee scene. The launch at the Malaysia International Trade & Exhibition Centre (MITEC) which was attended by industry leaders and key players of the coffee and tea industries, was officiated by Guest-of-Honour, Y.B. Dr. Ong Kian Ming, Deputy Minister, Ministry of International Trade and Industry (MITI).

The recent string of successes in 2018 recorded by Malaysia's very own baristas and latte artist at the World Latte Art Championship in Brazil (Irvine Quek, World Champion), the World Brewers Cup Championship in Brazil (Regine Wai, 1st Runner-Up) and the World Barista Championship in Amsterdam (Keith Koay, 10th ranking) are more reasons for celebration at Café Malaysia 2019. These successes are indicators of the growing interests in specialty coffee in Malaysia which is driven by young consumers' appetite for the best brew.

The annual event which is also the country's largest gathering of industry players, professional baristas and latte artists, records the participation of 180 exhibitors from 22 countries. The comprehensive one-stop platform will also be a focal point of business opportunities as industry players will network with another in the fast-growing regional and international coffee and tea businesses. Café Malaysia 2019 also concurrently took place with the inaugural Malaysia Food Truck Congress. It was presented as a business platform for key decision-makers and industry players to keep abreast of new technological improvements in the Food Truck F&B sectors, as well as to examine the latest developments and market trends.



the Curve
Mutiarra Damansara, PJ
Tel : 03-7710 6868
Situating in PJ's golden triangle, this open-air mall boasts 700,000 sq ft of space spreading over 3 floors and accommodating 270 specialty shops. It is connected to Ikea, Ikano Power Centre and Tesco. • 10am-10pm daily.

Bangsar Village
Jalan Ara, Bangsar • 📍 Bangsar
Tel : 03-2282 1808
Located in happening Bangsar, this neighbourhood mall is vastly popular due to its individual specialist shops offering fashion wear, toys, jewellery, hardware, beauty salons and F&B. Anchor tenants include The Village Grocer. The newer and bigger Bangsar Village II that's connected to this mall offers more local and international brands.

Alamanda Putrajaya
Jalan Alamanda, Precinct 1, Putrajaya
Tel : 03-8888 8882
Accessibility: ERL Putrajaya & Nadi Putra (bus service) Located at the heart of Putrajaya, Alamanda offers a new resort-style shopping to suit the needs of all - from Parkson & Carrefour as anchor tenants, FOS, Somerset Bay, MPH and Toycity tagged with ARL Bowl.

CapSquare
Jalan Munshi Abdullah • 📍 M Tuanku
📍 Dang Wangi
Tel: 03-2697 7662
Strategically located in the heart of KL's midtown area, CapSquare is an eclectic mix of signature offices, Manhattan-inspired residences, a shopping centre and a vibrant 300-metre retail boulevard. It also houses intimate eateries, chill-out spots and a TGV cinema. • D6

Publika Shopping Gallery
No 1, Jalan Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur
Tel: 03-6211 7877
www.publika.com.my
www.facebook.com/publikashoppinggallery

Suria KLCC
Petronas Twin Towers • 📍 KLCC
Tel : 03-2382 2828 / 2430 / 2431
Located at the base of the Petronas Twin Towers, Suria KLCC is the premier shopping centre in KL. It offers unique shopping, dining & entertainment experience. It houses exclusive designer brands and provides an abundant choices of goods and services for everyone. • 10am - 10pm daily. • D8

Sunway Pyramid
Bandar Sunway
Tel : 03-74943100
Impressive giant sphinx statue greets you at the entrance of this Egyptian-themed shopping centre situated next to Sunway Hotel and the Sunway Lagoon theme park.. The mall has a variety of shops and restaurants, an indoor ice-skating rink and a cineplex. • 10am-10pm daily.

Pavilion KL
168, Jalan Bukit Bintang • 📍 B Bintang
Tel : 03-2118 8833
The shopping centre blends the best of the international retail world with 450 stores - ranging from fashion to home deco and leisure to culinary delights - over its 7 levels and 6 themed precincts. 20% of its tenants represent debut brands in Malaysia. Anchor departmental stores are Parkson Pavilion and Tangs. • 10am to 10pm daily

Bangsar Shopping Centre
Jalan Maarof, Bangsar
Tel : 03-2094 7700
Located in the affluent Bangsar suburb, this mall buzzes with a trendy crowd and houses an array of individual specialist shops for every need. Jasons Food Hall is a favourite with shoppers, as it offers an extensive range of fresh and international food brands. 10am - 10pm daily.

Maju Junction Mall
1001 Jalan Sultan Ismail • 📍
Tel: 03-2697 9312
Located at the junction of Jalan Tuanku Abdul Rahman and Jalan Sultan Ismail, the five-storey mall has 101 outlets with Giant, Wh by British India, FOS, Nichil Fashion City being the anchor tenants. The mall provides concierge service and has an indoor archery centre, Big-Shot Archery. • 10am - 10pm daily.

IPC Shopping Centre (Formerly Ikano)
2, Jalan PUJ 7/2, Damansara Mutiara, PJ
Tel: 03-7730 0333
Located near 1 Utama and linked to IKEA, this centre only has XXL size stores. The 11 anchor tenants includes Harvey

Pertama Complex
Jalan Tuanku Abdul Rahman
📍 M Tuanku
📍 Bandaraya • 🚶 Bank Negara
Tel: 03-2691 6599
One of the earliest shopping complexes in KL, this mall consists of many small shops selling an astonishing variety of goods and services appealing to the masses, including sports goods, leatherware, clothes, shoes and stationery. • 9am - 9pm daily. • D5

Sogo KL
Jalan Tuanku Abdul Rahman
• 📍 M Tuanku
• 📍 Bandaraya • 🚶 Bank Negara
Tel : 03-2698 2111
This 10-storey shopping mall is well patronised for its quality goods (local and international) ranging from apparel, home furnishing to daily need items. It also has an international restaurant floor on the 6th floor • 11am-9pm daily • D5

Starhill Gallery
181 Jln Bkt Bintang • 📍 B Bintang
Tel: 03-2782 3800
Connected to JW Marriott Hotel and Ritz Carlton Hotel, Starhill houses the largest retail watch floor and a host of top fashion designer boutiques. An exclusive mall with excellent eateries and high-end shops. • 10am - 10pm daily • E9

Sungei Wang Plaza
Jalan Sultan Ismail • 📍 B Bintang
Tel: 03-2142 6636
Sungei Wang remains one of the busiest shopping centres for the last 2 decades. Linked directly to the Monorail, it has over 500 retail outlets and eateries. A great place to hunt for electrical and electronic products, mobile phones, fashionable street wear, shoes & accessories. The hip T-Hop zone at the 6th floor caters to trendy teenagers • 10am - 10pm daily • F8

Subang Parade
Subang Jaya • 🚶 Subang
Tel: 03-5633 2530
This suburban mall offers an interesting mix of stores with goods ranging from apparels to antiques, and music to jewellery. Anchor tenants include Toy 'R' Us and Parkson. Carrefour hypermarket is located next door. • 10am - 10pm daily.

Great Eastern Mall
303 Jalan Ampang
Tel : 03-4259 8090
Located along busy Jalan Ampang, this 6-storey mall has a host of shops including a pet shop, Aussino, British India and eateries like Starbucks and Alexis. It has Cold Storage as its anchor supermarket. • 11am - 9pm daily.

Hartamas Shopping Centre
Plaza Damas, 60 Jalan Sri Hartamas 1
Tel: 03-6201 6553
Integrated with Plaza Damas & situated among retail shops, offices, serviced apartments and alfresco boulevards. Features Citi Super, SenQ and many other speciality retailers.

Lot 10
50 Jalan Sultan Ismail • 📍 B Bintang
Tel : 03-2143 6092
Linked to the Bukit Bintang Monorail station and Sungei Wang Plaza by an overhead bridge, Lot 10 offers an upmarket and wide selection of fashion wear. It has Isetan as anchor tenant • 10am - 9.30pm daily • F8

Low Yat Plaza
Off Jalan Bukit Bintang • 📍 B Bintang
Tel : 03-2148 3651
Located next to the Federal Hotel, it has 250 tenants offering goods as varied as cameras, mobile phones, apparel, fashion accessories and antiques. This largest IT centre provides for all your computing needs. BB Park, located across the plaza and consisting of trendy restaurants and alfresco cafes, sees a hive of activities at night. • 10am - 10pm daily • F8

MINES Shopping Fair Centre
Seri Kembangan • 🚶 Serdang
Tel: 03-8949 6288
Cruise into the heart of a busy shopping mall with a vibrant mix of more than 300 retailers, fashion boutiques, F&B outlets, canal quay alfresco dining, IT & mobile gadgets and also leisure and entertainment facilities like a cinema, bowling alley and snooker centre. • 10am - 10pm daily.

Mid Valley Megamall
Lingkaran Syed Putra • 🚶 Mid Valley
Tel : 03-2938 3333
The shops go on and on in this mall strategically located between KL and PJ. It has Metrojaya, Jusco, Carrefour, Golden Screen Cinemas and MPH as anchor tenants, over 300 specialty stores and 70 F&B outlets under one roof. Adjacent to the mall are Cititel Mid Valley Hotel and Boulevard Hotel • 10am - 10pm daily.

The Gardens
Mid Valley City • 🚶 Mid Valley
Tel : 03-2297 0288
10am - 10pm dayly

Sunway Putra Mall (Formerly The Mall)
100 Jalan Putra, KL • 📍 PWTC
Tel: 03-2786 9333
Located across the Seri Pacific Hotel and Putra World Trade Centre, the Mall has anchor tenant Parkson Grand together with a host of retailers, offering a full range of products, services, food & amusement to shoppers • 10am - 10pm daily • B5

DINE



JOLOKO
43, Jalan Kamunting, Off Dang Wangi, 50300 Kuala Lumpur
Tel: 03-2694-1100



DEEP BLUE BY THE FACE SUITES
Level 51, The Face Suites, Jalan Sultan Ismail 50250 Kuala Lumpur

Chinese

Celestial Court
03-2717 9988 📍 M Tuanku •
Sheraton Imperial Hotel
• Halal • Casual Dining • C6

Chynna
03-2264 2264 📍 KL Sentral • Hilton KL
• Halal • Casual Dining • H3

Dynasty
03-2771 6773 📍 B Nanas • East Wing, Renaissance Hotel
• Non-Halal • Casual Dining • D7

Dynasty Dragon
03-4280 5666 📍 Ampang Water Front
• Non-Halal • Casual Dining • F8

Hakka
03-21431907 📍 Raja Chulan 6 Jalan Kia Peng • Non-Halal • Casual Dining • E9

Imbi Palace
03-2143 1128 📍 Jalan Bukit Bintang Pavilion • Non-Halal • Casual Dining • F8

Kim Ma
03-8946 2333 • Palace of the Golden Horses • The Mines Resort City • Halal Fine Dining • Cantonese cuisine

Lai Po Heen
03-2179 8885 📍 KLCC • Mandarin Oriental Hotel • Halal • Casual Dining • Cantonese • D8

Li Yen
03-2782 9033 📍 B Bintang • The Ritz Carlton Hotel • Non-Halal • Casual Dining • F9

Maju Palace
03-2691 8822 📍 M Tuanku S Ismail • Level 5, Maju Junction Mall • Halal • Casual Dining • C5

Mandarin Palace
03-2148 8744 📍 B Bintang • 2/F, Federal Hotel • Non-Halal • Casual Dining • F8

Marco Polo
03-2141 2233 📍 Raja Chulan • 1/F, Wisma Lim Foo Yong, Jalan Raja Chulan • Non-Halal • Casual Dining • E8

Meisan
03-2614 8056 📍 Bandaraya • Quality Hotel City Centre • Jalan Raja Laut • Halal • Casual Dining • Szechuan cuisine

Ming Palace
03-2161 8888 📍 Ampang Park • Corus Hotel, Jln Ampang • Casual Dining

Ming Room
03-2284 8822 📍 Bangsar • Bangsar Shopping Centre • Non-Halal • Casual Dining

Oriental Noble House
03-2145 8822 📍 Imbi • 19 Jalan Delima, Off Jalan Imbi • Non-Halal • Casual Dining • F10

Overseas
03-2144 9911 📍 B Bintang • 84-88 Jalan Imbi • Non-Halal • Casual Dining • F8

Purple Cane
03-2272 3090 📍 Maharajalela • Selangor Chinese Assembly Hall, 1 Jln Maharajalela • Halal • Casual Dining • G6

Xin Cuisine
03-2144 2200 📍 B Nanas • Concorde Hotel • Non-Halal • Private Dining • D7

French

Café Café
03-2141 8141 📍 Maharajalela • 175 Jalan Maharajalela • Halal • Fine Dining • Fr & Italian • H7

Fusion

Cilantro
03-2179 8082 • MiCasa All Suite Hotel, 368B Jalan Tun Razak • Pork-Free • Halal • Fine Dining • D10

Shook!
03-2782 3875 📍 B Bintang • Lower G/F, Starhill Gallery • Halal • Fine Dining • E9

Indian

Estana Curry House
03-2141 1958 📍 Raja Chulan • 23D, Jln Sultan Ismail • Halal • Casual Dining • C6

Passage Thru' India
03-2145 0366 • 4, Jln Delima,kl
Halal • Casual Dining • E10

Spice Garden Imperial
03-2142 2220 📍 B. Bintang • 205 Jln Bkt Bintang.

International

Essence
03-2717 9900 📍 M Tuanku • Sheraton Imperial • Halal • Casual Dining • C6

The Resort Cafe
03 - 7495 2009 . Lobby Level, Sunway Resort Hotel & Spa
*Pork-Free Restaurant

Eight Gourmets Gala (EGG)
017 948 8684 . Suite G-01, Ground Floor, Pinnacle Annexe, Persiaran Lagoon, Bandar Sunway, 47500, Selangor

Maya Brasserie
03- 2711 8866 📍 B Nanas KLCC • Hotel Maya KL • Halal • Casual Dining • Nyonya & International • D8

Melting Pot
012-399 0734 📍 B Nanas Concorde Hotel, 2 Jln Sultan Ismail • Halal • 24-hour • Casual Dining • D7

Still Water Restaurant
03-2333 1360 📍 B Nanas 📍 KLCC • Hotel Maya KL • Halal • Casual Dining • Japanese & Western • D8

PNB Darby Cafe
03-7490 3838 📍 Ampang Park • G/F, PNB Darby Park, Executive Suites, 10 Jalan Binjai • Halal • Casual Dining • D9



CARDIAC
VASCULAR
SENTRAL
Kuala Lumpur

CARDIAC & VASCULAR HOSPITAL

Cardiac Vascular Sentral Kuala Lumpur (CVSKL) is an integrated Cardiac and Vascular Private Hospital specialising in comprehensive modern care for patients with cardiac and vascular diseases.

Jalan Stesen Sentral 5, Kuala Lumpur Sentral, 50470 Kuala Lumpur

☎ +603 2276 7000 ✉ info@cvskl.com 🌐 www.cvskl.com 📱 CVSKL 📷 CVS.KL

Italian

Cellini's
03-2715 1000 📍 B Bintang • Dorsett Regency Hotel • 172 Jalan Imbi • Halal • Casual Dining • F9

Tamarind Springs
03-4256 9300 • Jalan 1 Taman Tun Abdul Razak, Ampang
Halal • Fine Dining

La Risata
03-4252 6269 • 26, Persiaran Ampang • Halal • Casual Dining

Prego
03-2773 8338 📍 B Bintang • The Westin Hotel • Halal • Fine Dining • E9

Villa Danieli
03-2717 9922 📍 M Tuanku • Sheraton Imperial Hotel • Halal • Italian • Fine Dining • C6

Japanese

Tatsu Japanese Restaurant
03-2782 6118 📍 Ampang Park InterContinental Hotel
Halal • Casual Dining • C9

Gen
03-4042 9888 📍 PWTC • Sunway Putra Hotel • Halal • Casual Dining • B5

Nobu Kuala Lumpur
03-2164 5084 • Menara 3 Petronas
Persiaran KLCC • Fine Dining

Fukuya Restaurant
03-2144 1022 • 9, Jalan Delima, Imbi, Kuala Lumpur • Casual Dining

Haru Japanese Restaurant
03-2011 8783 • 124A, Jalan Kasah, Medan Damansara • Casual Dining

Iketeru
03-2264 2264 📍 Stesen Sentral KL • Hilton Kuala Lumpur, 3 Jln Stesen Sentral
Halal • Casual Dining

Kampachi
03-2148 9608 📍 Raja Chulan • Pavilion KL

Kokufu
03-4049 4412 • Sri Pan Pacific KL
Halal • Fine Dining

Komura
03-2161 8888 📍 Ampang Park Corus Hotel • Casual Dining • C9

Ozeki Tokyo Cuizine
03-2166 4263 📍 B Nanas • Menara TA One • Halal • Fine Dining • D8

Yuzu
03-2284 7663 • The Gardens, Mid Valley City • Casual Dining

Sagano
03-2162 2233 📍 B Nanas • Renaissance Hotel • Halal • Casual Dining

Korean

Da On
03-2141 2100 📍 B Bintang • Pavilion KL • Halal • Fine Dining • Korean • E8

Koong Jung
03-2166 7181 📍 Ampang Park • PNB Darby Park • Halal • D9

Koryo Won
03-2143 2189 📍 Bukit Bintang • Starhill Gallery • Halal • Casual Dining • E8

Thai

Rama V Fine Thai Cuisine
03-2143 2428 / 03-2143 2663 5, Jalan U-Thant, 55000 Kuala Lumpur • Halal • Fine Dining

★★★★★

Sheraton Imperial KL
03-2717 9900 • Jln Sultan Ismail • 📍 M Tuanku • Essence (Int'l), Villa Danieli (Ita), Celestial Court (Chi) • From RM300- RM5,825 • D6

Hotel Istana
03-2141 9988 • 73, Jalan Raja Chulan • 📍 R Chulan • Peach Garden (Chi), Urban Bistro (Aus), Taman Sari (Int'l) • From RM299-RM5000 • E8 • www.hotelistana.com.my

Hotel Maya KL
03-2711 8866 • Jalan Ampang • 📍 Bukit Nanas 📍 KLCC • Still Waters, Maya Brasserie, Ramah Tamah • From RM325- RM1,800 • D8 • www.hotelmaya.com.my

InterContinental KL
03-2782 6000 • 165, Jalan Ampang • 📍 Ampang Park • Serena Brasserie, Tao (chi) , Tatsu (Jap), Bentley's Pub, Lobby Lounge & The Deli • From RM330- RM12,500 • C9 • www.intercontinental.com

JW Marriott Hotel KL
03-2715 9000 • 183 Jalan Bukit Bintang • 📍 B Bintang • 3rd Floor (Int'l), Marriott Café, Shanghai (Chi), JW Marriott Gourmet (Int'l), Havana Club • From RM400- RM8,000 • E9 • www.marriott.com

Le Meridien KL
03-2263 7888 • 2, Jln Stesen Sentral 5, KL Sentral • 📍 📍 📍 KL Sentral • One On One (Asian Fusion), Al Nafourah (Middle Eastern), The Conservatory (Lounge & Bar) • From RM 328- RM5,500 • H3 • www.lemeridienkualalumpur.com

Mandarin Oriental Hotel
03-2380 8888 • KL City Centre • 📍 KLCC • Lai Po Heen (Ch), Mandarin Grill and Mo Bar (Bar & Grill), Mosaic (Buffet), The Mandarin Cake Shop, Cascades (Int'l), Wasabi Bistro (Jap) • From RM409(Internet)/RM499(phone) • D8 • www.mandarinoriental.com

Philea Mines Beach Resort
03-8943 6688 • Jalan Dulang, Mines Resort City, Seri Kembangan, Selangor • 📍 Serdang • Abdul and Charlie's (local), Cheng Ho Court (Chi), Beach Hut and Sunset Lounge (drinks and snacks) • From RM200-RM2000

Sama-Sama Hotel KLIA
03-8787 3333 • Kuala Lumpur International Airport • 📍 KLIA Degrees (Int), Traveller's Bar & Grill, Palmz Lounge (Wn) • From RM570++ • www.samasamahotels.com

Parkroyal Kuala Lumpur
03-2147 0088 Jln Sultan Ismail • 📍 B Bintang • Chatz Brasserie (Wn), Bossa Nova (Wn), Hot Gossip, Si Chuan Dou Hua (Chi), Klix Lounge • From RM270 • www.parkroyalhotels.com

PNB Darby Park Executive Suites
03-7490 3333 • 10, Jln Binjai • 📍 Ampang Park • The 39 Restaurant, Minmax (Chi), Koong Jung (Jap/Korean) • From RM350- RM686 • D9 • www.pnbdarbyparksuites-kl.com

Pullman Kuala Lumpur
03-2170 8888 • 4, Jalan Conlay • 📍 Raja Chulan • Tai Zi Heen (Chi), Eccucino (Café), Enju (Jap) • From RM270-RM670 • E9 • www.princehotelkl.com

Renaissance KL
03-2162 2233 • Corner of Jln S. Ismail/ Jln Ampang • 📍 B Nanas • Sagano(Jap), MED@Marche(Med), Vogue (Int'l) • East Wing: Dynasty (Chi), TEMPTations (Int'l) • From RM215-RM6,000 • D7

The St. Regis Kuala Lumpur
03-2727 1111 • Jalan Stesen Sentral 2, Kuala Lumpur Sentral • From RM850

Shangri-La Hotel KL
03-2032 2388 • 11 Jalan Sultan Ismail • 📍 B Nanas • Shang Palace (Chi), Zipangu (Jap), Lafite (Fr), Lemon Garden Café (Int'l), The Pub • From RM364-RM12,000 • D7 • www.shangri-la.com

Sheraton Imperial Hotel
03-2717 9900 Jln Sultan Ismail • 📍 M Tuanku • Essence (Int'l), Villa Danieli (Ita), Calestial Court (Chi) • From RM300- RM5,8250 • D6

The Gardens Hotel & Residences
03-2268 1188 • Mid Valley City • 📍 Mid Valley • The Soread (Int'l), Sage Restaurant & Wine Bar (Fr & Jap) • From RM600-RM2,600 • www.gardenshtres.com

Sunway Putra Hotel (Formerly The Legend Hotel)
03-4042 9888 • Putra Place, 100 Jalan Putra • 📍 PWTC • Museum (Chi), Di-Atas Brasserie (Int'l), Gen (Jap), Monkey Bar • From RM188-RM388 • B5 • www.legendhotelkl.com

The Ritz-Carlton KL
03-2142 8000 • 168, Jalan Imbi • 📍 B Bintang • Li Yen (Chi), Rossini's (Ita) • From RM418 • F9 • www.ritz-carlton.com

The Ritz-Carlton Residences
03-2142 9000 • 📍 B Bintang • From RM950-RM1,330 • F9

The Royal Chulan
03-2688 9688 • Jalan Conlay • 📍 R Chulan • Deli Cafe (Ita), Bunga Emas (Mas), L'Heritage (Fr) • F6 • www.theroyalchulan.com.my

★★★★★

Aloft Kuala Lumpur Sentral
03-2723 1000
Jalan Stesen Sentral
KL Sentral • 📍 📍 📍 KL Sentral • Nook (International), MAI Bar (Bar Menu), w xyz(SM) Bar (Cocktails & Snacks) • From RM270 - RM388 • www.starwoodhotels.com/aloft-hotels

Ancasa Hotel KL
03-2026 6060 • Jln Tun Tan Cheng Lock • 📍 Plaza Rakyat • Saffron Brasserie and BabaReebal • Ancasa Spa • From RM165-RM416 • www.ancasa-hotel.com

Boulevard Hotel
03-2295 8111/2295 8000 📍 Mid Valley City, Lingkaran Syed Putra • Mid Valley • Wild Rice (Int'l) • Rates from RM290Nett – RM420Nett • www.blvhotel.com

Concorde Hotel
03-2144 2200 • 2 Jalan Sultan Ismail • 📍 B Nanas • Spices (Western), Melting Pot (Int'l), Xin (Chi) • From RM178+- RM320++ • D7

Coronade Hotel KL
03-2148 6888 • Jalan Walter Grenier, Bkt Bintang • 📍 B Bintang • Makan-Makan (Local & Int'l), The Kasturi (Malay), Lobby Lounge • From RM208- RM500 • F8 • www.coronade.com

Corus Hotel KL
03-2161 8888 • Jalan Ampang • 📍 Ampang Park • Ming Palace(Chi), Dondang Sayang (Int'l), Komura (Jap) • From RM185-RM390 • C9 • www.corushotelkl.com

Dorsett Regency
03-2716 1000 • 172, Jalan Imbi • 📍 B Bintang • Checker's (Café), Cellini's(Ita), Windows Lounge (Wn) • From RM200 onwards • F9 • www.dorsettregency-kl.com

Seri Bukit Ceylon
03-20201708 • No 8, Lorong Ceylon off Jalan Raja Chulan • From RM250-RM480 • E7



The Majestic Hotel Kuala Lumpur
5 Jalan Sultan Hishammuddin, 50000 Kuala Lumpur, Malaysia.
03-2785 8000
www.majestickl.com

Federal Hotel
03-2148 9166 • 35, Jalan Bukit Bintang • 📍 B Bintang • Mandarin Palace (Chi), The Verandah (Int'l) Revolving Bintang (European) • From RM170-RM600 • F8 • www.fh-hotels.com

Grand Seasons
03-2697 8888 • 72, Jalan Pahang • 📍 Chow Kit 📍 KLCC • Season (Café), O'Las (Indian), Lobby Lounge (Wn), Kas Bah Bar (Wn) • From RM150-RM348 • B6

Impiana KLCC Hotel & Spa
03-2147 1111 • 13 Jln Pinang • 📍 R Chulan • Tonka Bean Cafe (Int'l) • From RM219- RM368 • D8 • www.impiana.com

Novotel City Centre KL
03-2147 0888 • 2 Jln Kia Peng • Qing Zhen (Chi Muslim), The Square (Int'l), Fun Pub, Al Fresco • From RM260- RM660 • E8 • www.novotel.com

Pacific Regency Hotel Suites
03-2332 7777 • Menara PanGlobal, Jalan Punchak • 📍 B Nanas • Soi 23, Luna, Olive & Geo Café • From RM290- RM500 • D7 • www.pacific-regency.com

Sunway Resort Hotel & Spa
03- 7492 8000 • Persiaran Lagoon Bandar Sunway Petaling Jaya

Quality Hotel City Centre
03-2614 8000 • Jalan Raja Laut • DBKL • Benteng Coffee House (Int'l), Meisan Szechuan (Chi), Club 300 • From RM150- RM550 • C5 • www.qualifi.com.my

Swiss Garden Hotel
03-2141 3333 • 117, Jln Pudu • 📍 Hang Tuah • Blue Chip Lounge (Int'l), Flavours Restaurant (Int'l), Green Treats Delicatessen (Int'l), T@ste 6 Restaurant (Int'l) • From470+

The Royale Bintang KL
03-2143 9898 17-21 Jalan Bukit Bintang • 📍 B Bintang • Sunflowers Brasserie, Cafe Royale & Bar, Rimba Spa • From RM208 • F8 • www.royale-bintang-hotel.com.my

The Royale Bintang Damansara
03-7843 1111 • 6, Jalan PJU 7/3, Mutiara Damansara • The Restaurant (Int'l), Mystery Pub & Café • From RM195 • www.royalebintang.com.my

The ZON All Suites Residences on the Park
03-2164 8000 • 161D Jalan Ampang • 📍 Ampang Park • Terracotta Restaurant & Lounge • From RM253-RM396 • D8 • www.zonhotel.com.my

Traders Hotel
03-2332 9888 • Kuala Lumpur City Centre • 📍 KLCC • Gobo Chit Chat, Gobo Upstairs, Sky Bar, Lounge & Grill • From RM270 • This hotel is located in the vicinity of KL Convention Centre • D8

Vistana KL
03-4042 8000 • 9 Jalan Lumut, off Jalan Ipoh, Kuala Lumpur • 📍 Titiwangsa • Vistana (Asian) • From RM172-RM230 • A5 • www.vistanahotels.com

Hotel Capitol Kuala Lumpur
03-21437000 • Jalan Bulan Off Jalan Bukit Bintang • www.capitol.com.my

★★★

Alpha Genesis
03-2141 2000 • 45 Tingkat Tong Shin • 📍 B Bintang • Tee Box Café • From RM150-RM380 • F7 • www.alphagenesishotel.com

Cititel Mid Valley
03-2296 1188 • Mid Valley, Lingkaran Syed Putra • 📍 Mid Valley • Citl Café • Rates from RM205Nett – RM320Nett

Corona Inn
03-2144 3888 • 22, Jalan Tong Shin • 📍 B Bintang • Corona Café • From RM130- RM180 • F8 • www.coronainn-kuala-lumpur.com

Grand Continental
03-2693 9333 • Jln Bella/Jln Raja Laut • 📍 PWTC M Tuanku • Grand Star (Chi) , Lai Marble Coffeehouse • From RM135- RM800 • C5 • www.ghihotels.com.my

First World Hotel
03-6101 1118 • Genting Highlands • ristorante Torcello's (Italian), Lakeview Seafood Restaurant (Seafood), The Patio (Wn) • From RM85 – RM460

Midah KL
03-2273 9999 • 8, Jalan Kampung Attap • 📍 Maharajalela • Attapia Coffee House (Int'l), Rolling Good Times Café • From RM145-RM250 • G5

Prescott Inn
03-2713 7887 • 23 Lrg Medan Tuanku 1, off Jln Sultan Ismail • 📍 M Tuanku • Makana Restaurant • From RM110-RM170 • C5

HOTEL & RESORT
★★★★★

Ascott KL
03-2718 6868
9, Jalan Pinang • 📍 R Chulan • From RM380-RM790

Berjaya Times Square Hotel & ConventionCentre
03-2117 8000 • 1 Jalan Imbi • 📍 Imbi • Big Apple Restaurant (Fusion) Broadway Lounge, The Cafe, The Bar, • From RM245-RM700 • F8 • www.timesquarekl.com

Seri Pacific Hotel Kuala Lumpur
03-4042 5555 • Jalan Putra • 📍 PWTC Zende (Int'l), Kokufu (Jap), lounge to Chereza From RM198++ to RM3,000 • B5
www.seripacifichotel.com

Grand Hyatt Kuala Lumpur
03-2182 1234 • Jalan Pinang • 📍 KLCC • JP Teres (Malaysian), THIRTY8 (International), Poolside From RM550 - RM5610
www.kualalumpur.grand.hyatt.com

The Westin KL
03-2731 8333 199 • Jalan Bukit Bintang • 📍 B Bintang • Prego (Ita), Living Room (Int'l), Qba (Bar & Grill), Treats (gourmet bakery), Eest (Pan Asian) • From RM480- RM7,000 • E9 • www.westin.com

Grand Millennium KL
03-2117 4888 • 160, Jalan Bukit Bintang • 📍 Bukit Bintang • Zing (Chi), The Mill (Int'l) • From RM300-RM5,600 • www.millenniumhotel.com

Hilton KL
03-2264 2264 • 3, Jln Stesen • Sentral, KL Sentral • 📍 📍 📍 KL Sentral • Chynna(Chi), Senses (Fusion), Noodle Room, Sudu, Zeta Bar, Vintage Bank • From RM385-RM605 • G3 • www1.hilton.com

Hilton PJ
03-7955 9122 • 2 Jalan Barat, PJ • 📍 Asia Jaya • Toh Yuen (Chi), Paya Serai Coffee House, Genji (Jap), Caffè Cino, Uncle Chilli's • From RM220-RM1685

Holiday Inn Kuala Lumpur Glenmarie
03-7802 5200 • 1 Jalan Usahawan U1/8, Shah Alam •Fu-Rin (Jap), Kites (Int'l), The Mix Restaurant & Bar • From RM290 • www.holidayinn.com/glenmarie



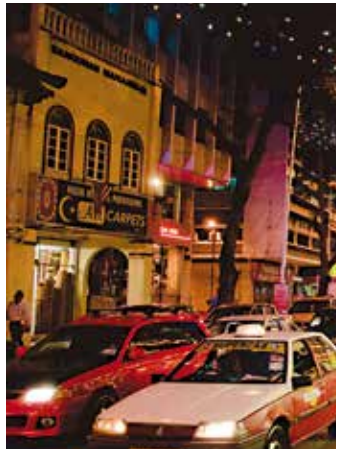
KL Tower
03-2020 5499
📍 Bukit Nanas • Jalan Punchak, off Jalan P Ramlee. • The KL Tower stands at 421 metres. The tower houses a revolving restaurant and an observation deck which takes 58 seconds to reach. Catch the sunset or experience sky jumping from the tower roof. • Opens 9am 10pm daily • E7



Istana Negara, Jalan Duta
Located along Jalan Duta, it is the official residence of Malaysia's king since Nov 11, 2011. Influenced by both Islamic and traditional Malay architecture, this unique structure is the latest addition to the country's architectural wonders.



National Monument
Jalan Tugu, off Jalan Parlimen
• Designed by American artist, Felix Weldon and cast in Italy, the immense bronze structure was built to commemorate the servicemen who lost their lives during the struggle against the communist insurgency in the 1950's. The 7 soldiers symbolise unity, strength, leadership, sacrifice, courage, suffering and vigilance • E3



Little India
📍 Masjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass, jewellery, sarees, Indian handicrafts to perfumes & spices. • E5



National Museum
03-2267 1111 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students



Jamek Mosque
Jalan Tun Perak • Situated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates many features of Moghul architecture a • Opens 8am- 1:30pm & 2:30pm-6pm.

Swiss-Inn KL
03-2072 3333 • 62, Jln Sultan • 🇲🇾
Maharajalela
• Café Petaling • From RM130-RM175
• G6

The Plaza Hotel
03-2698 2255 • Jalan Raja Laut • 🇲🇾 Sultan
Ismail • Pago-Pago Café (Continental),
Plaza Court (Chi) • From RM110-RM178
• C5

SIGHTSEEING

Aquaria KLCC
03-2333 1888 • 🇲🇾 Raja Chulan 🇲🇾 KLCC •
All 60,000 sq ft of Aquaria encompasses
Evolution, Jewels of the Jungle, Deep
Forest, The Coasts and Touch Pool, The
Living Oceans and The Living Reef, with
over 5000 aquatic and land-bound animals
representing over 150 different species.
Don't miss the 90-metre underwater tunnel.
Opens daily from 11am-8pm. (Including
weekends, school and public holidays) Last
admission at 7pm. Entry RM38 (adult), RM26
(children) • D8



Craft Complex
03- 2164 8344
🇲🇾 Raja Chulan • 63, Jalan Conlay, •
Showcases ethnic handicrafts, batik
printing and pottery from the 13 states
of Malaysia. • Opens 9am- 6pm daily.
• E9 FREE

Lake Gardens
Jalan Parlimen • Located near the city
centre, this 9.2ha landscaped garden is
built around a lake. Several attractions
are found within the park including an
Orchid Garden, Hibiscus Garden,
Butterfly Park, Bird Park, Deer Park,
National Monument and the Asean
Sculpture Garden • F3

Malaysian Tourism Centre
03-9235 4848 • 🇲🇾 B Nanas • 109
Jalan Ampang • This is a one-stop
tourist service centre comprising the
information counter (7am-10pm)
Transnasional Executive Coach counter,
domestic tour booking counter, money
changer, restaurant and craft demo
centre. Built in 1935, the building was the
home of wealthy tin-miner and planter,
Eu Tong Seng. Cultural shows are on Tues,
Thur, Sat & Sun 2-2.30pm. • D7

Merdeka Square
🇲🇾 Masjid Jamek • Jalan Raja •
Opposite the Sultan Abdul Samad
Building, this is the site where the
independence of Malaya was declared
on 31 August, 1957. The 100m high
flagpole is the tallest in the world. Live
entertainment and cultural shows are
staged here on festive occasions. The
Royal Selangor Club and St. Mary's
Cathedral are located nearby. • E5

Batu Caves
03-6189 6284 • This popular Hindu
temple draws hundreds of thousand
of visitors during Thaipusam. It
consists of three grand caves: the
Dark Cave, the Museum Cave and the
Temple Cave with brilliant rock
formations. The Museum Cave at
the foothills has interesting display
of Indian mythology. To reach the
main Temple Cave, one has to climb
272 steps.

Bird Park
03-2272 1010 • Located at the Lake
Gardens, this 8.4ha bird park is the
world's largest free-flight walk-in
aviary. It is home to more than
3,000 birds from approximately 200
species. Opens daily from 9am-
6.00pm . F4

Butterfly Park
03-2693 4799 • Over 120 species
of butterflies can be found in this
park located at the Lake Gardens'
vicinity. Admission is RM9 for adults
and RM2 for children. Camera: RM3.
Opens 9am to 6pm daily. • F4



Telekom Museum
03-2031 9966
🇲🇾 Raja Chulan • Jalan Raja Chulan
• Displays interesting exhibits of
telephones and evolution of their
designs over the years.
• Opens 9am-5pm. Closed on Mondays
• E6 FREE

National Science Centre
03-2092 1150 • Persiaran Bukit Kiara •
Houses 9 galleries with different scientific
themes. Offers interesting interactive
displays for learning and entertainment.
• Opens 10am-5pm. Closed on Friday.

National Mosque
03-2693 7784 • 🇲🇾 KL • Jalan Perdana
• This mosque embodies contemporary
designs, together with traditional Islamic
art, calligraphy and ornamentation.
The main dome with its 18-point star,
represents the 13 states of Malaysia
unified by the Five Pillars of Islam. Visitors
must dress conservatively and remove
their shoes before entering the mosque
• Opens 9am to 12noon; 3pm to 4pm;
5:30pm to 6:30pm daily. • F4

National Planetarium
03-2273 4303 • Lot 54 Jalan Perdana •
Located close to the National Mosque,
the attractions include space science
and astronomy exhibits, a theatre
screening 3-Dimensional movies, a
viewing gallery and an observatory •
Admission is RM1 for adults and children
over 12 years [extra charges for all
shows]. Opens 9:30am to 4:15pm daily.
Closed on Monday except public &
school holidays • G4

Bukit Nanas Forest Recreational Park
03-2306 3421 / 2064 4741 • 🇲🇾 Bukit Nanas
• Nestled in the heart of KL, the virgin
forest-clad hill is a 10.5 ha park offering a
10-minute & a 20-minute walk trails from
the Forest Information Centre at Jalan
Raja Chulan to KL Tower. • E7

Central Market
03-2274 6542 • 🇲🇾 Pasar Seni Once the
city's biggest wet market, it is now a
centre for food and cultural activities.
Cultural performances are staged during
weekends at the riverside amphitheatre.
Handicraft, souvenirs, art & portrait
paintings are sold at bargain prices. The
Annexe Gallery at CM is a progressive
art centre. • Opens 10am to 10pm daily.
• F5

Deer Park
03-2693 0191 • Enclosed within a 2-ha
ground at the Lake Gardens, the deer,
fawns and does roam freely in a cool
and peaceful habitat with lush trees and
shrubs and ponds. • F3



Sultan Abdul Samad Building
🇲🇾 Masjid Jamek • Jln Sultan
Hishamuddin • Also known as the Big
Ben of KL, this historical landmark and
heritage building is well known for its
Moghlul architecture dating back to
1897. Originally the offices of the Colonial
Secretariat, it then housed the Supreme
Court. • E5

National Zoo
03-4108 3427 / 4108 3422 • Located in
Hulu Kelang. 12km from the city centre,
the zoo is home to 400 species of local
birds, mammals, reptiles and fishes. •
Opens 9am - 5pm daily. Night Zoo is on
Saturdays 7.30am - 10.30pm. Admission
RM 32 for adults and RM11 for children
3 to 12 years old

Old KL Railway Station
Jalan Hishammudin • Built in 1910,
the Moghlul-inspired building was a
hub for Malaysian rail transport until it
was replaced by the new KL Sentral
Station. It remains a landmark and the
refurbished Heritage Hotel is still open for
business. Across the road, the Malaysian
Railway administrative building is also a
breathtaking architectural showpiece
• G5

Petrosains, The Discovery Centre
03-2331 8181 • 🇲🇾 KLCC • Petronas Twin
Towers, Level 4 Suria KLCC • Focusing on
Malaysia's oil and gas industry, it offers
an interactive approach to learning.
It takes you through a unique voyage
of discovery of science. • Opens daily
9.30am to 6pm. Last admission 4.30pm.
Closed on Monday • D8

Istana Negara
Official residence of Malaysia's King,
visitors can witness the changing
of the royal guards daily. The Rulers
Conference, various royal and national
ceremonies, investitures and official
banquets are held at this palace. • H5

Little India
🇲🇾 Masjid Jamek • Jalan Masjid India
is a colourful street with numerous
wholesale and retail Indian traders
who sell everything from Indian brass,
jewellery, sarees, Indian handicrafts to
perfumes & spices. • E5

Jamek Mosque
🇲🇾 Masjid Jamek • Jalan Tun Perak
• Situated at the confluence of the
Klang and Gombak rivers, this grand old
mosque was designed by British architect
AB Hubbock in 1909. It incorporates
many features of Moghlul architecture
a • Opens 8am-1:30pm & 2:30pm-6pm.
• E5



PETRONAS Twin Towers
03- 2615 8188
🇲🇾 KLCC • KL City Centre • The
88-storey Petronas Twin Towers stand at
451.9 metres. Seated in the heart of KL
and amidst a 50-hectare landscaped
park, a skybridge on the 41st floor is
open to visitors between 9am-7pm
daily, closed on Monday • D8

Royal Selangor Visitor's Centre
03-4145 6000 • 4, Jalan Usahawan Enam,
Setapak Jaya • Located 15 minutes from
the city centre, the Royal Selangor which
is internationally known for its fine designs
and craftsmanship, offers a complete
visitor experience, enabling them to see,
hear, touch and learn how pewter is
made. • Opens daily from 9am-5pm.

Royal Selangor Club
03-2692 7166 • 🇲🇾 Masjid Jamek • Jalan
Raja • Once nicknamed 'The Spotted
Dog' during the colonial days, this club
which features Mock Tudor architecture,
is one of the oldest membership clubs
in KL. • E5

Thean Hou Temple
03-2274 7088 • 65 Persiaran Endah, off
Jalan Syed Putra • A beautiful blend of
Chinese and contemporary architecture,
this is one of the largest and most ornate
Buddhist temples in the region and a
venue for major religious festivals. Also
check out the herbs garden, wishing
well and souvenir stall • Opens 9am to
9pm daily.

MUSEUMS

Asian Arts Museum Universiti Malaya
03-7967 3805 • Uni. of Malaya • A unique
collection of Asian art & sculptures,
ceramics, including Islamic & Malay art
and textiles • Opens Mon - Sat. Closed
on Sunday & public hols.

Forest Research Institute Malaysia
03-62797 000 • Kepong • Located
within the 1,500 hectares of natural
land reserve, the institute showcases
Malaysia's rich forest heritage. • Opens
8am-4pm. Fri 9am- 12pm.

Heritage Centre
03-2144 9273 • 2, Jln Stonor • Showcases
Malaysia's architectural heritage, the
centre also conducts 2 guided tours
a day (11am & 3pm) of the Rumah
Penghulu or Village Head's abode which
has been furnished to reflect a house in
the early thirties • E10

Islamic Arts Museum
03-2274 2020 • Jalan Lembah Perdana
• Opened in 1998, the museum focuses
on the rich diversity of Islamic arts and
culture. Miniature replicas of Taj Mahal
and other Islamic architectural wonders
are on display • Tickets at RM12 (adults),
RM6 (under 18, students & senior citizens)
• Opens 10am to 6pm daily. • G4

Museum Orang Asli
03-6189 2122 • Km 24 Gombak • Displays
a collection of over 3,000 artifacts
showcasing the history, culture &
lifestyle of indigenous tribes of Peninsular
Malaysia. • Opens 9am-5pm. Closed
Fri. FREE

National Museum
03-2267 1111 • 29 Jalan Raja • Displays a
unique permanent collection of artifacts
and materials showcasing the history
and heritage of Malaysia • Opens 9am
to 6pm daily • Admission RM1. Free for
<12 yrs & students

ARTS & CULTURE

National Theatre (Istana Budaya)
03-4026 5555 • Jalan Tun Razak •
Designed by Malaysian architect
Muhammad Kamar Ya'akub, this
modern theatre is one of the world's most
sophisticated theatres with state-of-the-art
stage equipment. It holds drama, dance
and musical performances regularly. • A7

Petronas Philharmonic Hall
03-2331 7007 • 🇲🇾 KLCC • Located within
the Petronas Twin Towers, it is home to
the Malaysian Philharmonic Orchestra
and the National Choir. It features
performances of highest quality by visiting
orchestras and world-renowned soloists,
besides performances by the MPO which
now ranks among the top orchestras in
the region • D8

OTHER FUN-TASTIC THRILLS & SPILLS

Casino
03-2718 1118 • Genting Highlands Hotel

Flying
03-2141 1934 • Royal Selangor Flying Club

Horse Racing
03-9058 3888 • Selangor Turf Club, Jln
Sungai Besi

Horse Riding
03-4256 4531 • Royal Selangor Polo Club,
Jln Ampang Hilir
03-2094 1222 • Bukit Kiara Equestrian Club,
Jln Bukit Kiara, Kuala Lumpur

Theme Parks
Berjaya Times Square Theme Park
1 Jalan Imbi, Level 5 & 7, Kuala Lumpur
Tel: 03-2117 3118

Sunway Lagoon Theme Park
3 Jalan Pjs 11/11, Bandar Sunway,
Petaling Jaya . Tel: 03-5639 0000

Genting Highlands Theme Park
Genting Highlands Resort
Tel: 03-2718 1118

District 21
Level 1, IOI City Mall, Putrajaya
Tel: 03-8328 8888

National Library
03-2687 1700 • 232 Jalan Tun Razak. • This
7-storey building which blends traditional
design with modern architectural
elements houses more than 1.5 million
books, some of them extremely rare.
• Opens daily except Monday • A8 FREE

Galeri Petronas
03-2051 7770 • 🇲🇾 KLCC • Level 3 Suria
KLCC. • Exhibits artworks by local and
international artists.
• Opens 10am to 8pm. Closed on
Monday. • D8 FREE

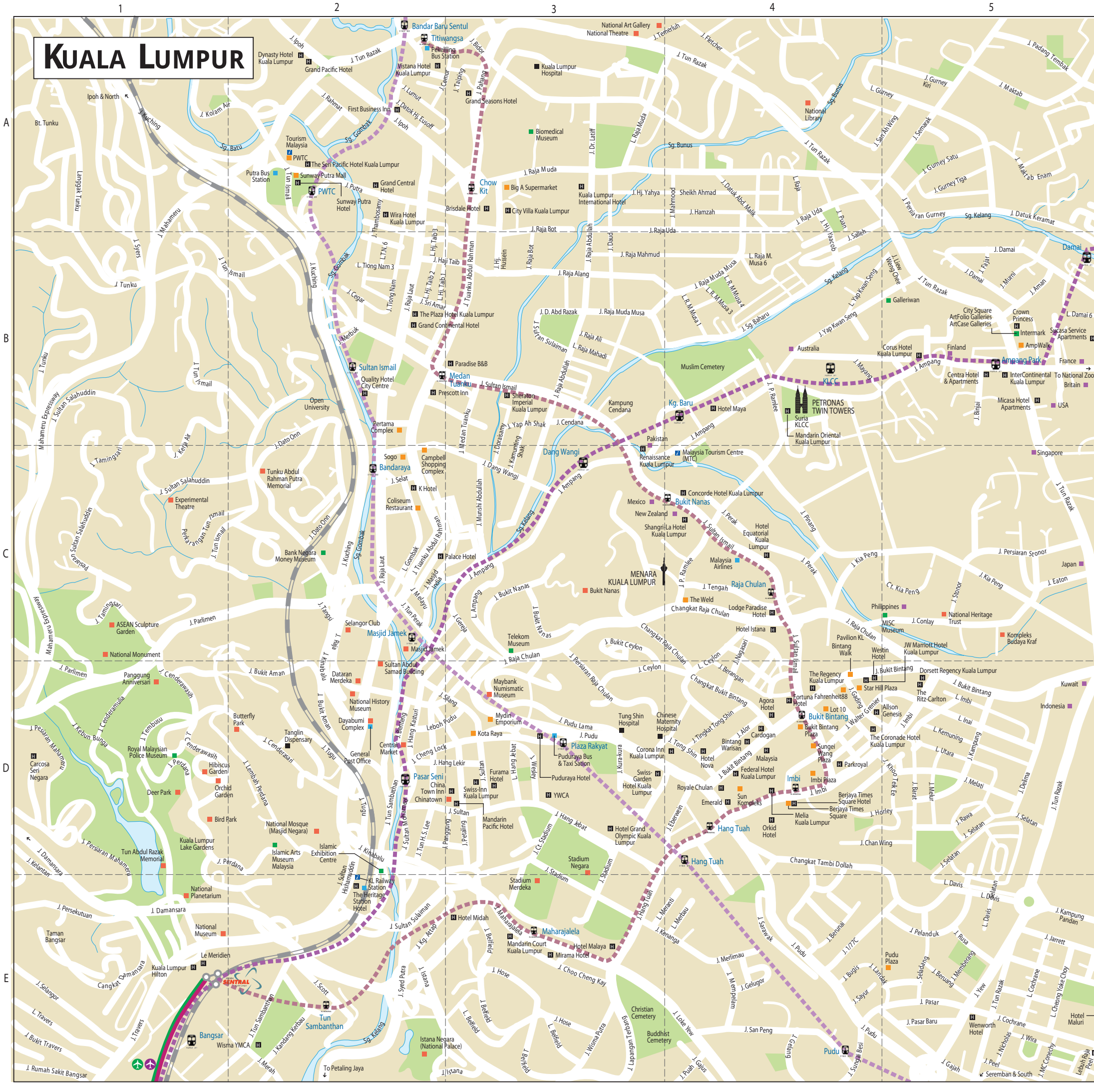
TO ADVERTISE IN THIS SPACE

CONTACT:

KL Lifestyle
31 Jalan Utara,
46200 Petaling Jaya, Selangor,
Malaysia

Tel: +603 7932 0668
Email: info@mediate.com.my

KUALA LUMPUR



- PLACES OF INTEREST**
 - 1C ASEAN Sculpture Garden
 - 4D Bintang Walk
 - 1D Bird Park
 - 3C Bukit Nanas
 - 2D Butterfly Park
 - 2D Central Market
 - 3D Chinatown
 - 2D Dataran Merdeka
 - 2D Dayabumi Complex
 - 1D Deer Park
 - 1C Experimental Theatre
- MUSEUMS**
 - 5B ArtCase Galleries
 - 5B ArtFolio Galleries
 - 2C Bank Negara Money Museum
 - 3A Biomedical Museum
- EMBASSIES**
 - 4B Australia
 - 5B Britain
 - 5B Finland
- ENTERTAINMENT/SHOPPING**
 - 5B Ampang Park Complex
 - 5B AmpWalk
 - 4D Berjaya Times Square
 - 3A Big A Supermarket
 - 4D Bukit Bintang Plaza
 - 2C Campbell Shopping Complex
 - 5B City Square
 - 2C Coliseum Restaurant
- BUS, TAXI, RAILWAY**
 - 2D General Post Office
 - 2E KL Sentral (main transport terminal)
- HOTELS**
 - 4D Agora Hotel ★★
 - 4D Alpha Genesis Hotel
 - 4D Berjaya Times Square Hotel
 - 4D Bintang Warisan Hotel ★★
 - 3A Brisdale Hotel
 - 1D Carcosa Seri Negara ★★★★★
 - 4D Cardogan
 - 5B Centra Hotel & Apartments
 - 3C Chantan
 - 3D China Town Inn
 - 3A City Villa Kuala Lumpur ★★
 - 4C Concorde Hotel Kuala Lumpur ★★★★★
 - 4D Corona Inn Kuala Lumpur
 - 5B Corus Hotel Kuala Lumpur ★★★★★
 - 5B Crown Princess Kuala Lumpur
 - 5D Dorsett Regency Kuala Lumpur ★★★★★
 - 2A Dynasty Hotel Kuala Lumpur ★★★★★
 - 4D Emerald
 - 4D Federal Hotel Kuala Lumpur ★★★★★
 - 2A First Business Inn ★★
 - 4D Fortuna Hotel ★★
 - 3D Furama Hotel ★★
 - 3C Garden City
 - 2A Grand Central Hotel
 - 2B Grand Continental Hotel ★★
- HOSPITALS**
 - 3D Chinese Maternity Hospital
- TOURIST INFORMATION CENTRES**
 - 2A Putra World Trade Centre, Level 2, 45, Jalan Tun Ismail, 50480 Kuala Lumpur. Tel: 03-4041 1295
 - 4C Malaysia Tourism Centre (MTC), 109 Jalan Ampang, 50450 Kuala Lumpur. Tel: 03-2164 3929
 - 2E Stesen Sentral Kuala Lumpur, Lot 21, Level 2, Arrival Hall, Kuala Lumpur City Terminal, Stesen KL Sentral, 50050 Kuala Lumpur. Tel: 03-2274 3135
- PLACES OF INTEREST**
 - 1D Hibiscus Garden
 - 2E Istana Negara (National Palace)
 - 5C Kompleks Budaya Kraf
 - 2C Masjid Jamek
 - 3D Maybank Numismatic Museum
 - 2C Menara Kuala Lumpur
 - 3A National Art Gallery
 - 5C National Heritage Trust
 - 2D National History Museum
 - 4A National Library
 - 1C National Monument
 - 2D National Mosque
- MUSEUMS**
 - 5B Galleriwan
 - 2D Islamic Arts Museum Malaysia
 - 2D Islamic Exhibition Centre
 - 5C MISC Museum
- EMBASSIES**
 - 5B France
 - 5D Indonesia
 - 5C Japan
 - 5D Kuwait
 - 3C Mexico
- ENTERTAINMENT/SHOPPING**
 - 4D Imbi Plaza
 - 4D Fahrenheit88
 - 3D Kota Raya
 - 4D Lot 10
 - 3D Mydin Emporium
 - 4C Pavilion KL
 - 2B Pertama Complex
 - 5B Intermark Mall
- BUS, TAXI, RAILWAY**
 - 2E Kuala Lumpur Railway Station
 - 4C Malaysia Airlines
 - 2A Pekeliling Bus Station
 - 3D Puduraya Bus & Taxi Station
- HOTELS**
 - 2A Grand Pacific Hotel ★★
 - 4D Parkroyal Hotel ★★★★★
 - 3A Grand Seasons Hotel ★★★★★
 - 4C Hotel Equatorial Kuala Lumpur ★★★★★
 - 4B Hotel Maya ★★★★★
 - 3D Hotel Grand Olympic Kuala Lumpur
 - 4C Hotel Istana ★★★★★
 - 3E Hotel Malaysia ★★★★★
 - 5E Hotel Maluri ★★
 - 3E Hotel Midah ★★
 - 5B InterContinental Kuala Lumpur ★★★★★
 - 4D Hotel Nova ★★
 - 2A Hotel Putra
 - 4D JW Marriott Hotel Kuala Lumpur ★★★★★
 - 4C Lodge Paradise Hotel ★★
 - 2C K Hotel ★
 - 1E Kuala Lumpur Hilton ★★★★★
 - 3A Kuala Lumpur International Hotel ★★
 - 1E Le Meridien ★★★★★
 - 3E Mandarin Court Kuala Lumpur
 - 4B Mandarin Oriental Kuala Lumpur ★★★★★
 - 3D Mandarin Pacific Hotel ★★
 - 4D Melia Kuala Lumpur ★★★★★
 - 5B Micasa Hotel
 - 3E Mirama Hotel ★
 - 4D Orkid Hotel ★
- HOSPITALS**
 - 3A Kuala Lumpur Hospital
 - 3A National Heart Institute
- TOURIST INFORMATION CENTRES**
 - 2A Sunway Putra Hotel
 - 2A The Seri Pacific Hotel Kuala Lumpur ★★★★★
 - 2B The Plaza Hotel Kuala Lumpur ★★
 - 4D The Regency Kuala Lumpur ★★★★★
 - 5D The Ritz-Carlton ★★★★★
 - 2A Vistana Hotel Kuala Lumpur ★★★★★
 - 5E Wenworth Hotel ★★
 - 4D Westin Hotel ★★★★★
 - 2A Wira Hotel Kuala Lumpur ★★
 - 2E Wisma YMCA
 - 3D YWCA
- PLACES OF INTEREST**
 - 1D National Museum
 - 1E National Planetarium
 - 1A National Theatre
 - 1D Orchid Garden
 - 1D Panggung Anniversari
 - 2C Selangor Club
 - 3E Stadium Merdeka
 - 3D Stadium Negara
 - 2D Sultan Abdul Samad Building
 - 1D Tun Abdul Razak Memorial
 - 2C Tunku Abdul Rahman Putra Memorial
- MUSEUMS**
 - 1D Royal Malaysian Police Museum
 - 3C Telekom Museum
 - 1D Tun Abdul Razak Memorial
- EMBASSIES**
 - 4C New Zealand
 - 3B Pakistan
 - 5C Philippines
 - 5C Singapore
 - 5B United States of America
- ENTERTAINMENT/SHOPPING**
 - 5E Pudu Plaza
 - 2A Putra World Trade Centre (PWTC)
 - 2C Sogo
 - 5E Star Cinema
 - 4D Star Hill
 - 4D Sun Complex
 - 4D Sungei Wang Plaza
 - 4B Suria KLCC
 - 2A Sunway Putra Mall
 - 4C The Weld
- BUS, TAXI, RAILWAY**
 - 2A Putra Bus Stand
 - 2D STAR LRT Station
 - PUTRA LRT Station

Road / Jalan J.
Lane / Lorong L.
River / Sungai Sg.
Village / Kampung ... Kg.

Getting around in Kuala Lumpur is easy. The transit systems are efficient, taxis are plenty and buses are cheap. The public transportation usage peak hours are from 7am to 9am and 4.30pm to 6.30pm during the working days.



By Transit systems

The KL monorail and LRT coaches are air-conditioned and comfortable and run from 6am to midnight. The systems are connected to each other at several points and the network covers most parts of the city. Fares range from RM0.90 to RM2.80 per single journey.



By Taxis

Taxis are easily available at hotels or at taxi stands. Fares start at RM3 for the first kilometre and RM0.25 for every 11.5 metres thereon. There is a 50% surcharge on the metered fare from midnight to 6am and a baggage charge of RM2 per piece stored in the boot. There is also an additional RM1 for 3rd passenger (maximum 4 in a car). For an extra charge of RM2, you can book a taxi by phone.



By Ecovans

Ecovans can accommodate up to 5 passengers. They serve mainly guests at major hotels and follow the fare structure of taxis but charge RM4 instead of RM2 for the first kilometre.



By Buses

Buses serve all parts of Kuala Lumpur with fares beginning from RM1. Some hotels also offer free bus shuttle services to major shopping malls in the city.



KL Hop-on/Hop-off Bus Service

Links you to 40 attractions around the city with 22 designated stops. 8.30am to 8.30pm. Ticket: RM38 with discounts for locals, senior citizens, students and children. 03-2691 1382

GETTING TO THE AIRPORT



KLIA Ekspres: The journey takes about 28 minutes from KL Sentral and another 3 minutes to KLIA2. The fare is RM55 per person per way. There is also check-in facility at KL Sentral for some airlines.



Taxi: The fare from the city centre to the airport is RM90 – RM120 per taxi.

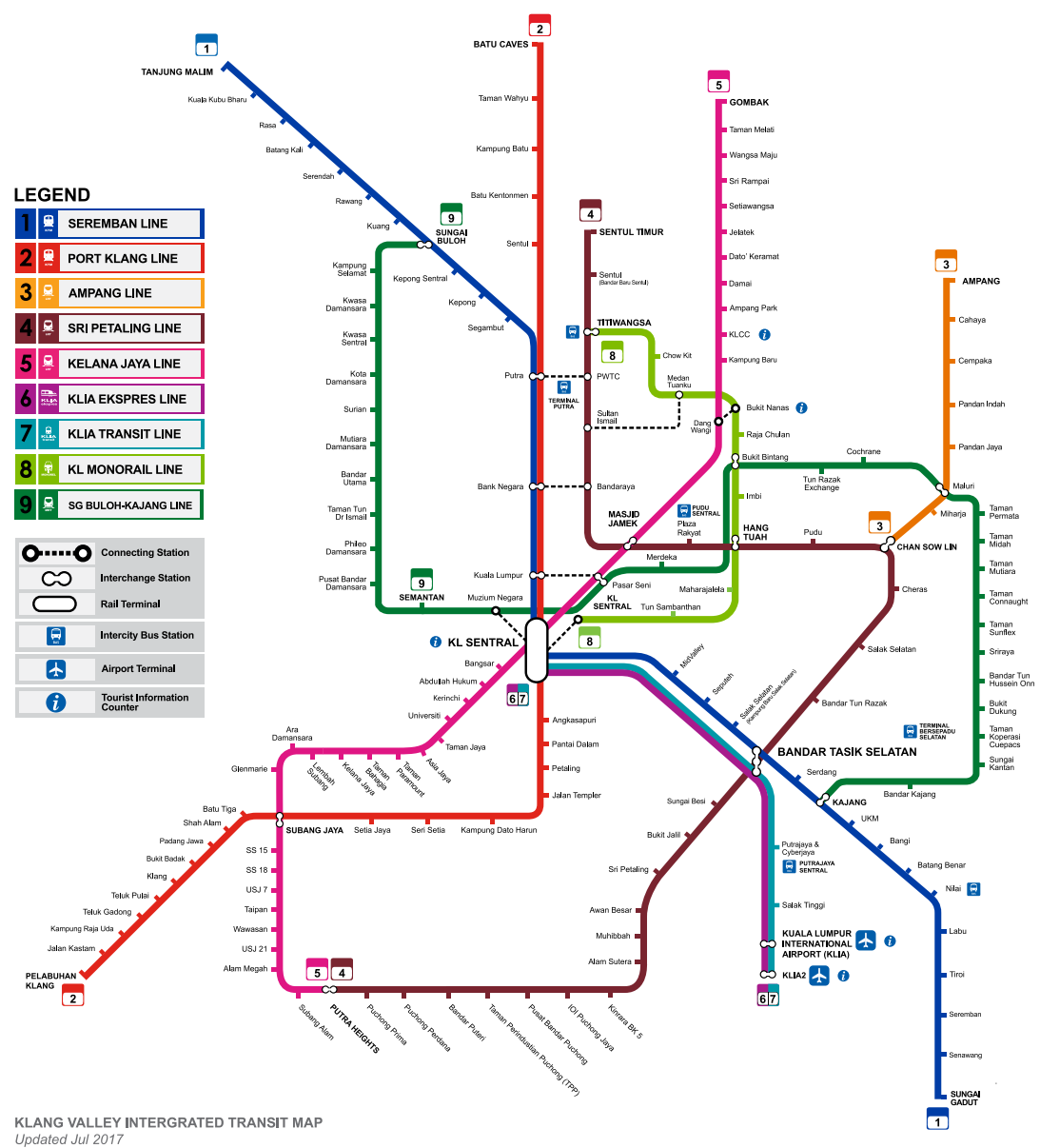


Eco Transit: Eco Transit can accommodate up to 5 adults and has a fixed fare of RM130/ trip.



Limousine: Can be arranged with the hotel concierge and fare range from RM100 – RM200.

Klang Valley Rail Transit Map



COACHES TO KLIA AND/OR LCCT

- Airport Coach - +603-6203 3067
- Sky Bus - +6016-217 6950
- Aerobus - +603-3344 8828
- The Star Shuttle - +603-4043 8811

TRANSPORTATION

Air Travel

- Kuala Lumpur International Airport +603 8776 2000
- Klia2 +603 8778 5500
- Sultan Abdul Aziz Shah Airport +603-7845 3245

Domestic Airlines

- MAS +603-2161 0555
- MAS Reservation Number +603-8890 3702
- AirAsia +603-2171 9333

- FireFly +603-7845 4543
- Malindo Air +603-7841 5388

Rail

- KL Sentral 03-2274 7435
- KLIA Ekspres 03-2267 8000
- KTM 03-2267 1200
- Rapid KL 03-7885 2585
- KL Monorail 03-2273 1888

Car Rental

- Galaxy Asia 012-368 0117
- AVIS +603-5885 2300
- ORIX Auto +603-9284 7799
- Eazy Peezy +6011-1166 6545
- WVS Rent-A-Car 03-4256 6999

Taxis

- Sunlight Cab +603-9200 1166
- Public Cab +603-6259 2929
- MyTeksi +601-300-80-5858

- Saujana Teksi +6011-1929 0976
- Grab Malaysia +601-300-80-5858

Emergency Services

- KL Tourist Police (24 hours) 03-2166 8322
- Police & Ambulance 999 or 112 (mobile phones)
- Fire & Rescue 994
- KL City Council 03-2691 6011

Tourism Offices

- Ministry Of Tourism Malaysia +60 3-2161 5161
- Pusat Pelancongan Malaysia (MATIC) +60 3-9235 4827
- Tourism Malaysia +603-8891 8000
- Melaka +60 6-288 1549
- Putrajaya Tourism Malaysia State Office +60 3-2615 8188

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STRONGBOW APPLE CIDERS - WORLD'S NO.1 CIDER.



The apples we use are specially grown to deliver the crisp, refreshing taste of nature. We coupled it with the expertise of our master cider makers to bring you the World's No.1 Cider. For the perfect serve, have it over ice!

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By Nature

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