KL lifestyle

MARCH 2016

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CONTENTS MARCH 2016

What's Happening This Month?

6 **Calendar**

10 **Goings-On**
Browse through to see what might pique your interest.

16 **Reelview**
We handpick the top 6 must-see movies that are premiering this month.

COVER STORY

18 **Pago-Pago Series**
This month, KL Lifestyle revisits the iconic Pago-Pago series by Latiff Mohidin, which are considered until this day, the most important series of works in the country.

FEATURES

26 **Must-See Street Art Around The World**
Considering that this month is an ode to art, we list out the top must-see street arts in the world. Check out page 30 if you're an avid fan of street art.

MAKAN-MAKAN

28 **Makan-makan with Altimet**
He is not called Altimet for nothing. Whether busting rhymes as an MC, producing tracks, composing music or writing lyrics, Altimet delivers hot hits. This month we spoke to Altimet about his favourite food, haunts and plans for this year.

30 **Opium KL**
For the finest Asian food in a nostalgic setting.

32 **Bobo**
If jazz, good music, fancy food and wine are your sort of thing.

34 **Gastrobar by Burgeon**
When you need an extra epicurean boost in life.

36 **Like, Cereal-sy**
Sounds intriguing, yes? Have a look at page 40 about how cereals can be the best thing ever.

38 **Codfish Craze**
Step aside, meat! This month we're all about fish and where to get the best version of them.

40 **Kampung Baru**
Take a trip downtown with us to discover what exactly lies within the Kampung Baru area.

42 **Meringue**
It seems to be the craze these days so there's no wonder that we've made it our favourite dessert this month.

SHOPPING

44 **For Her**

45 **For Him**

46 **Dewy Makeup**
Dewy is sexy and youthful. We list out products for you to try should you want to achieve or maintain the best version of your complexion.

47 **AIRLINK**

ART & LIVING

83 **Sasha Bashir: The Dance Journey Continues**

18
Siri Pago-Pago, 1963

38
Signature Cocktails, Gastro Bar by Burgeon

Airport Talk

AIRPORT MD SPEAKS 48

MALAYSIA's Choices for Charters 50

MALAYSIA, pioneering Asia's Aviation Routes 52

MALAYSIA, world-leader in Air-Rail synergy 54

MALAYSIA, leading Asia in Airport Hotels 56

Convenient Connections at MITSUI OUTLET PARK 58

Airline & Aviation Offices 60

Aviation News

MALINDO expands Route Network 62

Steady growth for OMAN AIR direct flights 62

CATHAY DRAGON committed to Malaysian routes 63

Global CNY with BRITISH AIRWAYS 64

AIR NIUGINI gaining recognition 65

Customer Satisfaction grows for GULF AIR 65

ROYAL JORDANIAN goes direct 66

ETHIOPIAN celebrates 70 years! 67

Meet and Assist Services by KLAS 68

THAI Royal Orchid Lounge popular 69

Golden Lounge for KLM 70

XPRESS AIR expands in Kuching 71

Sarawak Tourism supports HONG KONG AIRLINES 72

CHENGDU Charters to Langkawi 72

New Lounge for ETIHAD 73

Encouraging sales for AIR ASTANA 73

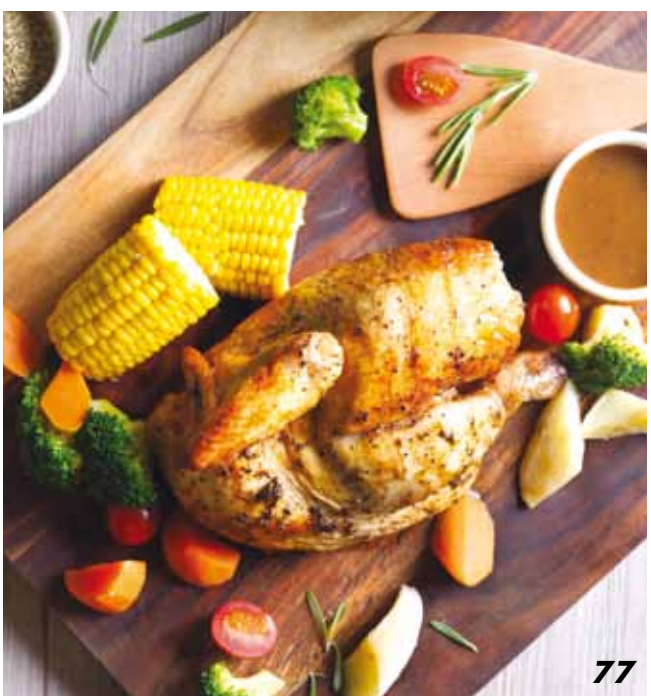
New Luxury with KOREAN AIR 75

Airport Shopping

Healthy Dining at FLIGHT CLUB 77

Good Growth for PLAZA PREMIUM 79

DUC D'O Lunar New Year Success 81



CONTENTS MARCH 2016

90
Avillion PD

84 **Tish**
Scented candles, personalised gifts and events are what Tish is all about. We had a conversation with its founder, Shermaine Wong, who enlightened us about the up-and-coming creative brand.

86 **Andreas König**
German-born project and development manager speaks to KL Lifestyle about his now-home KL and he may be very well be more Malaysian than most.

88 **Lexis Hibiscus**
This time we took a trip down to Port Dickson, where a newly-opened hotel is set to mesmerise.

90 **Avillion PD**
Seems like one of the best places for a holiday is located in Port Dickson if you're not looking to venture that far. See what Heaven on Earth looks like on page 90.

HEALTH AND BEAUTY

94 **Khareyana Spa**
One of our writers got one of the best kind of massages at Khareyana Spa, while feeling like she was in Bali itself.

96 **Workout at Home**
Is gym getting too expensive or too inconvenient? Fret not, we list out a bunch of videos to watch according to style and technique. All you need is YouTube and some space at home, really.

98 **Juice it up**
Juice, juice, juice. It's one of the latest nutritional and diet crazes these days. If you find them too expensive or too far to get, you can always make some at home. See recipes on page 98.

LIFESTYLE GUIDE

106 **KL Map**

108 **Getting Around KL**

ON THE COVER

Latiff Mohidin
Siri Pago-Pago, 1969
68 x 87.5 cm Oil on canvas

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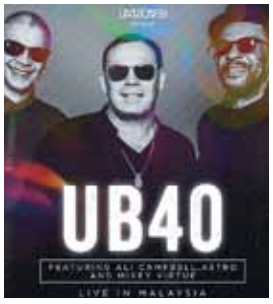
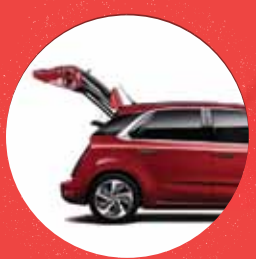
SUNDAY	MONDAY	
06 **POWERMAN ASIAN CHAMPIONSHIP MALAYSIA** 6 March @ Putrajaya		
13 **MATTA FAIR** 11 – 13 March @ PTWC		
20 **THE MAGIC FLUTE & THE NOON WITCH** 20 march 3.00pm @ Dewan Filharmonik Petronas		
27 **SYMPHONY AND RHAPSODY** SAT 26 March 8.30pm SUN 27 March 3.00pm		

Goings-on

CALENDAR MARCH 2016

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	02 **BMW MALAYSIA OPEN (WOMEN TENNIS ASSOCIATION) 2016** 1 – 31 March @ Royal Selangor Golf Club, Selangor		04 **THE MERMAID** 4 & 5 March, 8.30pm @ Dewan Filharmonik Petronas	
	09 **RICHARD MARX THE SOLO TOUR** 9 March @ Plenary Hall, Kuala Lumpur Convention Centre		11 **DISNEY PIXAR: RATATOUILLE IN CONCERT** 11 & 12 March 8.30pm @ Dewan Filharmonik Petronas	12 **RAPTOR WATCH WEEK 2016** 12 March @ Tanjung Tuan, Malacca **EXO PLANET #2 THE EXO'LUXION** 12 March @ Stadium Merdeka
15			18 **HANDEL'S MESSIAH** 18 & 19 March @ Grace Convention Centre, Petaling Jaya	19 **MOZART AND SHOSTAKOVICH** 18 & 19 March 8.30pm @ Dewan Filharmonik Petronas
22			25 **AARON KWOK DE SHOWY MASQUERADE WORLD TOUR MALAYSIA GENTING ENCORE 2016** 25 March @ Arena of Stars, Genting Highlands	
	30 **UB40** 30 March @ KL Live, KL	31		

STYLE **VERSATILE**



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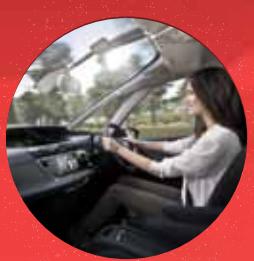

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BMW MALAYSIA OPEN (WOMEN TENNIS ASSOCIATION) 2016

1 – 31 MARCH
@ ROYAL SELANGOR GOLF CLUB, SELANGOR

The BMW Malaysian Open is the most prestigious tennis tournament for women in the country and 2016 marks the 7th time that Malaysia is hosting this event. It will take place from Feb 29 to March 6 at a new venue - the Kuala Lumpur Golf and Country Club (KLGCC).

Sanctioned by the Women's Tennis Association (WTA), the tournament will see 32 single players and 16 doubles teams competing in a knockout competition over the course of the seven day tournament for the prize purse of US$ 250,000.

The tournament is organised by the Lawn Tennis Association of Malaysia (LTAM) and promoted by Carbon Sports Sdn Bhd in collaboration with the Ministry of Youth and Sports, Malaysia.

POWERMAN ASIAN CHAMPIONSHIP MALAYSIA

6 MARCH @ PUTRAJAYA

POWERMAN is a global duathlon race series consistin g of two disciplines specializes in long-distance duathlon events of running, followed by cycling and then another running in a format bearing some resemblance to triathlons. It features a 10K run, 150K bike and 30K run and has been held annually since 1989.

POWERMAN has increased exposure of duathlon worldwide by hosting events in 14 countries, including Holland, Malaysia, United Kingdom, Italy, Belgium, Austria, Germany and the World Championship in Switzerland. The biggest and the best long distance duathlon in the world are united under this label in the International Powerman Association (IPA). The IPA cooperates with the International Triathlon Union in the development and growth of the duathlon as a sport in general and the long-distance duathlon in particular.

RICHARD MARX THE SOLO TOUR

9 MARCH @ PLENARY HALL, KUALA LUMPUR CONVENTION CENTRE

As a performer, songwriter and producer, Richard Marx's nearly three-decade-long career has had innumerable highlights. The Chicago native has sold more than 30 million albums worldwide, starting with his self-titled debut which went to #8 and spawned four Top 5 singles, including the chart-topping "Hold on to the Nights," with "Don't Mean Nothing" earning him a Grammy nomination for Best Male Rock Vocal Performance. The follow-up, 1989's Repeat Offender, was even more successful, hitting #1 and going quadruple-platinum with two #1 singles in "Satisfied" and "Right Here Waiting." When both Rush Street (with two #1 AC hits in "Keep Coming Back" and "Hazard") and Paid Vacation (with its #1 AC hit, "Now and Forever") went platinum, Marx achieved a seven-year string of triumphs that rivalled any in pop-rock music history. To this day, he is the only male artiste in history to have his first seven singles reach the Top 5 on the Billboard charts.

Tickets: RM428, RM328, RM228, RM128

www.ticketpro.com.my

THE MERMAID

4 MAR 2016 8.30PM
5 MAR 2016 8.30PM
@ DEWAN FILHARMONIK PETRONAS

Zemlinsky's The Mermaid, takes its inspiration from a fairytale by Hans Christian Andersen, the story of anaquatic creature who longs to acquire a human soul. The music of this symphonic poem is infused with ravishing beauty and sumptuous hues.

Tickets: RM150, RM120, RM90, RM60

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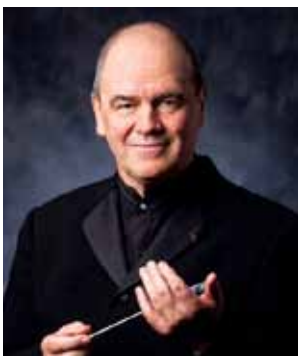

MOZART AND SHOSTAKOVICH

18 MAR 2016 8.30PM
19 MAR 2016 8.30PM
@ DEWAN FILHARMONIK PETRONAS

Into his Eleventh Symphony, Shostakovich poured all the anguish, anxiety and terror of a memorable and terrible event in Russian history – the massacre of thousands of innocent people outside the Winter Palace in St. Petersburg on Jan 9, 1905. Mozart's exquisite symphony inhabits another world entirely, one of genteel pleasure.

Tickets: RM150, RM120, RM90, RM60

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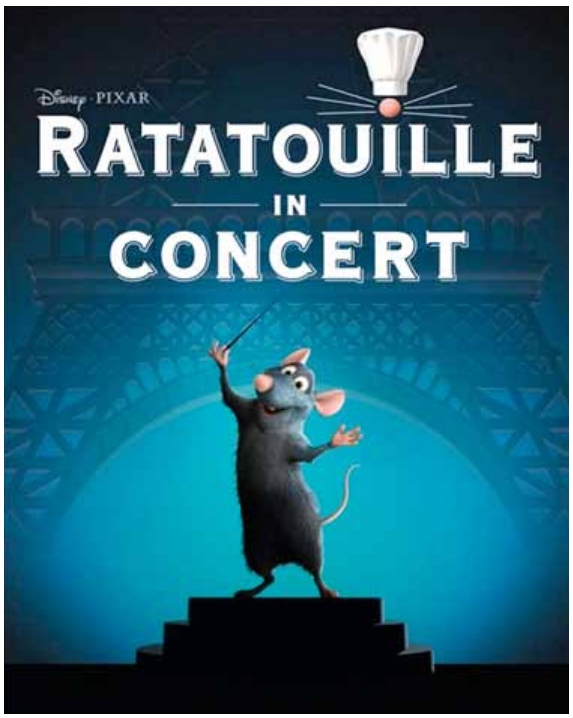


DISNEY PIXAR: RATATOUILLE IN CONCERT

11 MAR 2016 8.30PM
12 MAR 2016 8.30PM
@ DEWAN FILHARMONIK PETRONAS

Enjoy a complete screening of Disney Pixar's Ratatouille, enhanced by Michael Giacchino's exhilarating score performed live by the MPO! This Academy Award winning film follows the adventures of Remy, a food-loving rat who longs to be a great chef in a rodent-phobic Parisian kitchen. The music for Ratatouille gave Giacchino his first Grammy Award for Best Score Soundtrack Album and features the pop song "Le Festin" (The Feast) by the wonderful French vocalist Camille.

Tickets: RM200, RM170, RM130, RM90

www.mpo.com.my

EXO PLANET #2 THE EXO'LUXION

12 MARCH @ STADIUM MERDEKA

In a surprise move, for the very first time top K-pop boy band EXO will come to Malaysia to perform their full world tour "EXO Planet #2 The EXO'luxion". This is the group's second world tour since their debut in 2012 and this long-awaited Malaysia gig was finally announced recently to take place at the Stadium Merdeka, Kuala Lumpur on March 12, 2016 at 8pm. Top K-Pop boy band EXO consists of members with diverse talents.

The group embarked on the current new World Tour since March 2015, filling out arenas of major cities of Asia such as Seoul, Tokyo, Osaka, Bangkok, Shanghai, Guangzhou and Macao. Since their debut they rose to fame with the release of their million seller regular album XOXO (2013). Following which numerous hits were produced such as "Wolf", "Growl", "Overdoes" and "Call Me Baby".

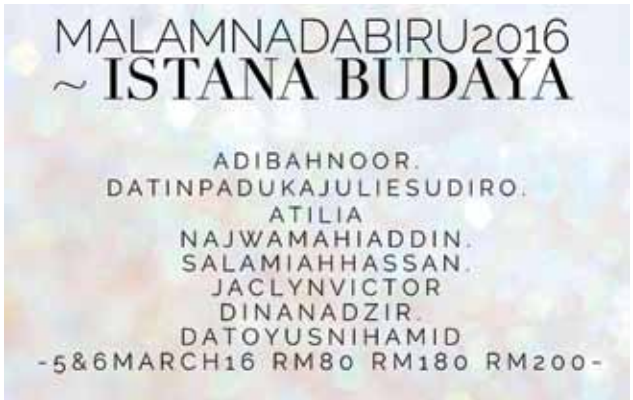
Furthermore, EXO is setting new records in worldwide scale, receiving several awards in Korea and China, nominated as Top 1 in K-Pop by American Billboard in 2013, biggest influence in Korea by Forbes Korea Power Celebrity in 2014 and so on. Jointly organised by Star Planet and IMC Live Group, presented by SPRITZER Mineral Water, the EXO PLANET #2 –The EXO'luXion World Tour Live in Malaysia 2016 will be yet be another breath-taking performance featuring multi-million productions and it is expected to be a full-house show.

www.ticketcharge.com.my

MALAM NADA BIRU 2016

5 - 6 MARCH @ ISTANA BUDAYA

The prestigious Malam Nada Biru makes a comeback again this March at Istana Budaya. The amazing lineup of Adibah Noor, Datin Paduka Julie Sudiro, Jaclyn Victor, Salamiah Hassan, Atilia, Dina Nadzir, Najwa Mahiaddin and Dato Yusni Hamid has been carefully curated to take you away on a soulful journey.



RAPTOR WATCH WEEK 2016

12 MARCH @ TANJUNG TUAN, MALACCA

Birdwatchers converge in Port Dickson to watch the annual migration of these birds of prey, on their journey back to the northern hemisphere.

MATTA FAIR

11 – 13 MARCH @ PTWC

Welcome to MATTA Fair, Malaysia's premier travel extravaganza providing global exposure and endless business opportunities in this exciting era of groundbreaking travel innovations and technological advent. The MATTA Fair occupies a total space area of over 24,000 sq. metres comprising of Hall 4, 3, 2, 1, 1M & Linkway of PWTC, Kuala Lumpur, Malaysia.

The MATTA Fair will provide visitors with a host of exciting and value for money travel options and excellent business opportunities. In essence, all the attractions that have made MATTA Fair the No. 1 Consumers' Travel Fair in Malaysia will also be at every MATTA Fair plus many more new and exciting items. 100,000 edition or more visitors from Malaysia, ASEAN region and the rest of the world are expected to visit the fair.

HANDEL'S MESSIAH

18 & 19 MARCH
@ GRACE CONVENTION CENTRE, PETALING JAYA

Handel's famous oratorio Messiah is probably the most performed choral work in the world and certainly the most popular. With music by George Frederic Handel and original words in English compiled from The King James Bible by Charles Jennens, Messiah is perhaps the most musically comprehensive retelling of the story of Christ.

Messiah was completed in 1741 and was premiered in Dublin, Ireland in April 1742 in a private house with a small chorus and orchestra. On March 23, 1743 it received its London premiere at the Covent Garden Theatre (with a slightly dampened reception as some believed the content matter was too sacred to be performed in a theatre) and was believed to have been attended by King George II. Tradition had it that King George stood for the famous Hallelujah Chorus as a mark of respect for his own King – Our Lord & Saviour, prompting everyone else to stand in the king's presence. Standing for The Hallelujah Chorus remains, especially in England, a tradition to this very day.

Often presented in highlights, the Grace 2016 production will present "Messiah" in its entirety and aims to replicate as closely as possible those early London performances. It is slated to be quite possibly the finest ever performance of Messiah in Malaysia and a treat not to be missed. The "Handel Festival Singers", the specialist baroque "Orchestra 1685" and four of the region's top choral soloists have been drawn together and will be conducted by award-winning British conductor and composer Paul M Baker.

www.ticketpro.com.my

THE MAGIC FLUTE & THE NOON WITCH

20 MAR 2016 3.00PM
@ DEWAN FILHARMONIK PETRONAS

Veteran Austrian conductor Hans Graf and the MPYO's young Irish conductor Ciarán McAuley share the podium for three masterpieces. The overture is from Mozart's enchanting last opera, The Magic Flute. Dvořák's symphonic poem The Noon Witch brings to life a chilling tale from Czech folklore. The crowning touch to this programme is Brahms magnificent First Symphony, one of the finest Firsts ever composed.

Tickets: RM100, RM60

www.mpo.com.my

SYMPHONY AND RHAPSODY

SAT 26 MAR 2016 8.30PM
SUN 27 MAR 2016 3.00PM

Coming after Sibelius' dark and moody First Symphony, Nielsen's Flute Concerto, immediately accessible and full of charm, shines like a ray of bright sunlight. The contrast between the two could not be greater, yet each provides a hefty measure of aesthetic fulfillment. One of Liszt's dashing, daring Hungarian Rhapsodies gives the programme a zippy ending.

Tickets: RM150, RM120, RM90, RM60

www.mpo.com.my

AARON KWOK DE SHOWY MASQUERADE WORLD TOUR MALAYSIA GENTING ENCORE 2016

25 MARCH @ ARENA OF STARS, GENTING HIGHLANDS

The Asian Dance King is back. Better known as one of Hong Kong's Four Heavenly Kings of Cantopop, Aaron Kwok Fu-shing is set to give yet another energetic live performance that will simply dazzle your eyes. A versatile singer, dancer and actor, he has been active since the 1980s with his onstage dancing and displays influenced by the legendary Michael Jackson. Kwok began his music career with three mandopop albums including the famous song "Loving You Forever" to accompany his dance moves.

After his success in Taiwan, he returned to Hong Kong in 1991 to do Cantopop. The next few years saw his popularity reach fever-pitch, and he was soon ranked as one of the "Four Heavenly Kings". He became one of Hong Kong and Asia's most prominent pop stars. He won his first major award with the 1991 Jade Solid Gold Top 10 Awards and 1991 RTHK Top 10 Gold Songs Award. As a solo performer, his sell-out concerts in Hong Kong, mainland China, United States, Canada, Singapore, Malaysia and other countries totalled over 200 to date.

www.ticketcharge.com.my

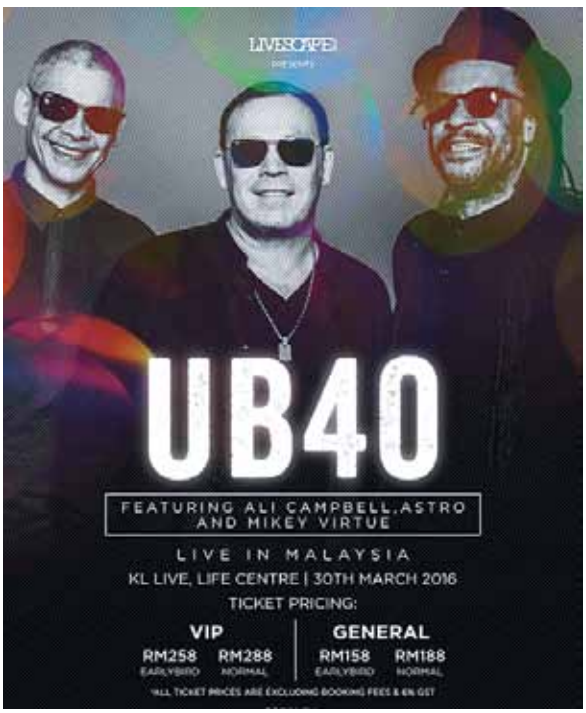
UB40

30 MARCH @ KL LIVE, KL

Britain's greatest reggae band, and one of the world's most commercially successful bands of all time, UB40, is set to perform live in Malaysia for an exclusive show at KL LIVE on March 30. Organised by The Livescape Group, the one-night-only show is set to attract over 3,000 fans of all ages singing and grooving along to the legendary musicians' tunes.

The four-time Grammy Award nominees are also one of the world's bestselling artistes with over 70 million albums sold worldwide, and are known for their unique blend of reggae, pop, dub and ska sound. The band was formed in 1978 and has had over 50 singles in the UK charts, and also a nomination for the Best British Group at the Brit Awards. UB40's breakthrough came with their hit single, Red, Red Wine, which topped the British singles chart and reached the number one spot in the US. Other popular songs by the band include I Got You Babe, recorded with Chrissie Hynde of The Pretenders, Rat In The Kitchen and Can't Help Falling In Love, which topped the U.S. pop chart for seven consecutive weeks.

www.ticketpro.com.my



March

3

LONDON HAS FALLEN
3 Mar 2016

During the funeral of the British Prime Minister in London who passed away under mysterious circumstances, formidable Secret Service head, Mike Banning, discovers a terrifying assassination plot on all the attending world leaders of the Western world. Because of this, Banning, the President of the United States of America Benjamin Asher; and an English MI-6 agent must do whatever they can to stop the deadly plot.

Genre: Action / Thriller / Crime
Cast: Gerard Butler, Aaron Eckhart, Morgan Freeman, Angela Bassett.

10

KUNG FU PANDA 3
10 Mar 2016

Po the kung fu fighting panda is back in action, or so he thinks, when he reunites with his biological panda father. The duo travels to a secret panda paradise to meet scores of hilarious new panda characters, but Po finds that he doesn't fit in his new surroundings. There he meets the overly eager Mei Mei, who has been promised an arranged marriage to Po. When the supernatural villain Kai poses threats across China, Po has to get back to fighting evil with the addition of training a village full of clumsy, fun-loving pandas to become the ultimate band of Kung Fu Pandas!

Genre: Adventure / Animation / Comed
Cast: Jack Black, Dustin Hoffman, David Cross, James Hong, Angelina Jolie, Seth Rogen.

3

ZOOLANDER 2
3 Mar 2016

Set 10 years later after the events of the first movie, dim-witted supermodel Derek Zoolander has settled into being a family man and now has a teenage son to mentor. Along with fellow model, Hansel, the duo decide to re-invent themselves according to the times or face being forgotten. But it`s not that easy, as it seems like the evil fashion mogul, Mugatu, is back in the picture.

Genre: Comedy
Cast: Ben Stiller, Owen Wilson, Penelope Cruz, Christine Taylor,Kristen Wiig.

Movies

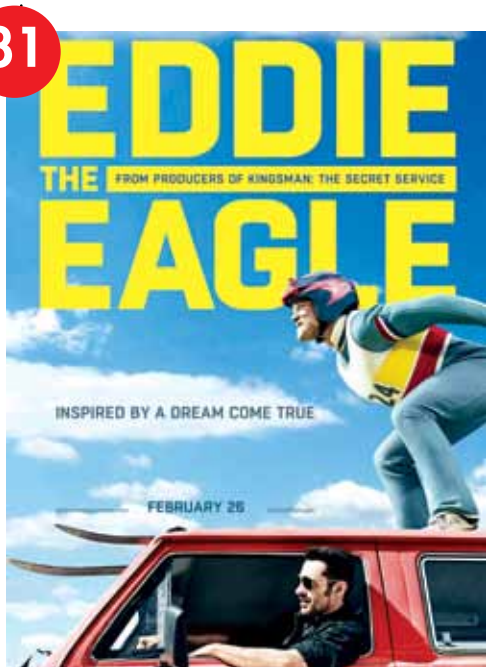
17

THE DIVERGENT SERIES: ALLEGIANT
17 Mar 2016

The first part of the "Divergent" series conclusion follows Tris as she deals with her discovery of the truth behind the faction system. She is then kidnapped by the rebel group, Allegiant, and is brought over to their cause.

Genre: Adventure / Science Fiction
Cast: Shailene Woodley, Theo James, Octavia Spencer, Ray Stevenson, Zoe Kravitz, Miles Teller, Ansel Elgort, Maggie Q, Naomi Watts, Jeff Daniels, Bill Skarsgård.

31



EDDIE THE EAGLE
31 Mar 2016

The film portrays the inspiring story of Michael Edwards, or better known as Eddie "The Eagle" Edwards, a British skier who in 1988 became the first competitor to represent Great Britain in Olympic ski jumping, making him the most famous ski jumper in British history. It also shows the extraordinary odds and challenges that Edwards faced and the journey to his amazing success.

Genre: Drama
Cast: Taron Egerton, Hugh Jackman, Christopher Walken.

24

BATMAN V SUPERMAN: DAWN OF JUSTICE
24 Mar 2016

This action-packed film helmed by director Zack Snyder features two big heroes in the lead, namely Batman and Superman. Expect to see a gathering of heroes in this continuation to "Man of Steel".

Genre: Action / Superhero

Cast: Ben Affleck, Henry Cavill, Amy Adams, Jesse Eisenberg, Diane Lane, Laurence Fishburne, Jeremy Irons.

In 2011, KL Lifestyle visited the late Datuk Syed Ahmad Jamal at his home where his walls were adorned with his own various early masterpieces, but this particular corner in his living room had been proudly reserved for one of Latiff Mohidin's very iconic and priced 1963 Pago-Pago artwork. Datuk Syed Ahmad Jamal proudly relayed the story to KL Lifestyle about this piece by Latiff which was his most treasured possession of all time. He apparently received this piece from Latiff during a two-man show at the Selangor Club as a token gift in lieu of cost of the show they held together.

PAYING HOMAGE TO THE PAGO-PAGO SERIES

An exhibition of one of Asia's most important series of paintings at KLAS@ Jalan Utara in May 2016

WRITTEN BY KATHLYN URSULA D'SOUZA

"He's very special, there are people who are gifted with words. Some are gifted with the ability to express themselves in drawings and pictures. Latiff Mohidin is gifted with both." – a contemporary and friend of the artist, Long Thien Shih

PAGO-PAGO

The Pago-Pago artworks are considered to be special because the series reflects the understanding of the local environment, of how it should be taken care of and appreciated. In a way, there is something inquisitive in these paintings, as if there is a quest to embody both the physical and spiritual aspects of Southeast Asia, especially if studied closely. Some pieces resemble totems, and its roots can be traced back to having Indonesian archipelago influences. Nature had nurtured his art.

It is the Pago-Pago series that won him critical acclaim as one of Malaysia and Southeast Asia's most important modern artists. For many, it is considered the most important series of artworks in Malaysia.

Latiff perfected various artistic techniques which include pen, ink, charcoal, pencil and etching for drawing portraits, still life and landscapes. In his travels throughout Southeast Asia, he discovered and continually reinvented landscapes from what he saw throughout the region with the aim of developing fresh visual languages. Latiff absorbed a lot of the local and Southeast Asian elements and brought these forward in his works. While they may not always look pleasing to the eye, it is testament to the fact that his works are more than just what you see on the surface.

His drawings are not about replicating what he sees, but interpreting it and what he experiences of Nature and the World. To Latiff, sketching outside the studio is an emotional, spiritual and intellectual experience as he soaks in the atmosphere of the surrounding environment. It is not about seizing the moment and these works depict Latiff's feelings and what the landscape expresses to him.

Tan Sri Kamarul Ariffin, former chairman of the Board of Trustees for the National Art Gallery and art aficionado currently hangs one Pago-Pago in his home – a beautiful, mellow and earthy piece which was acquired in the 1960s. When asked what it was exactly about the series that appealed to him, he said, "Well, firstly, the name "Pago-Pago" itself. Somehow, Latiff was attracted by the name of the place "Pago Pago" – some distant land in the territorial capital of American Samoa in the South Pacific, just like Rapanui or Easter Island where he saw photographs of these huge sculptures, human figures. Rows of them and what is interesting is, these figures were facing towards Southeast Asia. He then began looking to the East and was intent on discovering the culture in the East. We had obviously exchanged travels around Southeast Asia, and he told me that he was most attracted and intrigued with this part of the world and that inspired the Pago-Pago series."

Tan Sri Kamarul Ariffin once had more than six pieces of the Pago-Pago artworks during his days as chairman of Bank Bumiputera Berhad in 1976. Unfortunately, about five of the prized artworks were destroyed (along with approximately a thousand other artworks) during a fire at the penthouse of his office in Kuala Lumpur on Nov 4, 1980.

"I realise, in the structure of forms, in a number of paintings and sketches I made in the 60s in Berlin, there were already hints and foreshadowing, of forms resembling the pointed shapes of bamboo clumps, pandanus leaves, fishing boats, shells, hills, even tapering outlines, mosque-minarets and stupa-pagodas. Already there were the curves of yam leaves, river pebbles, wells, ladles, bivalve shells, and domes … and the colours of the land." – Latiff Mohidin, T. K. Sabapathy 'Bali, Almost Re-Visited' in Reminiscence of Singapore's Pioneer Art Masters, The Singapore Mint, Singapore, 1994.

Pago-Pago Series,1969
Oil on canvas 100 x 100 cm
Collection of Tan Sri Kamarul Ariffin

Latiff Mohidin and Gary Thanasan

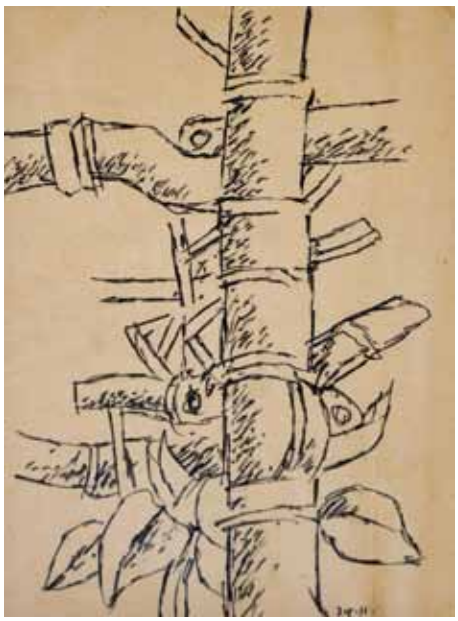
The Pago-Pago works by Latiff are the most synonymous with the artist as an expressionist. The earliest Pago-Pago seen published dates back to 1962, and illustrated on page 15 of Zain Azahari's Hati & Jiwa Volume I book would have been most likely sketched in Berlin.

"A sketch is not really to catch the floating moment, but the atmosphere. Not only what is there but also what isn't there." Latiff Mohidin extracted from his book, "The Journey To Wetlands and Beyond".

Although Latiff's works lean towards German Expressionism – very loose brush strokes but there is a kind of strength and energy. He is also mentioned in Dolores D. Wharton's book that his influences included Paul Klee, Munch the German Expressionists; Bauhaus, Primitive art of the Polynesia, Mexican Indians, the ancient arts and crafts of Asia."

Latiff has been active as an artist since 1951 and he shaped and influenced the young generation of artists in Malaysia in the 60's and 70's with his early artworks which include acclaimed series such as 'Berlin' , 'Pago-Pago', 'Mindscape' and 'Langkawi' amongst others. But it is through the Pago-Pago series that Latiff has become a significant artistic figure in the country. His early works often feature flora and fauna motifs against landscapes constructed with abstract geometric shapes and are masterful symbolisms of solitude and contemplation.

Pago-Pago Series, 1963
Oil on canvas 87 x 78 cm
Formerly in the Collection of
Datuk Syed Ahmad Jamal



Pago-Pago - Bamboo I, 1968
Felt pen on paper 22 x 16.5 cm
Collection of Loong Caesar

An old artist friend of Latiff's, Ismail Mustam said, "When I first met him about 50 years ago, he had just come back from his art studies in Germany. He's the first person I know who survived through his art, so he's unique. He does not conform to any style but chooses to create images representing his interpretation of a unique mix or nature, culture and literature."

A former school mate, several years his junior who studied at King George V School, Seremban in 1961, Datuk Tajuddin Ismail, has cited Latiff Mohidin as a mentor, and said, "There are some influences by Arshile Gorky in Latiff's works, but a lot of his works are much influenced by the German expressionist movement in the 1960s by painters from Berlin. Latiff was in Berlin at the time, so of course, there were bits and pieces there both from Europe and Germany. He wanted to bring about something that was a bit more Asian in his work, though, through Pago-Pago. These works remind you of these temples, stupas and traditional forms of Asian architecture."

Rezda Piyadasa, one of Malaysia's art critics said, "His most important contribution to Malaysian art is his potent imagery, which is, perhaps, the nearest thing to a Malaysian art that any of the 1960s has arrived at."

Latiff himself influences various artists we see today heavily and some of these artists own at least one of his Pago-Pago pieces. One such artist is Yusof Ghani, who had purchased a small drawing of Latiff's Pago-Pago series in the 60s.

Siri Pago-Pago,1969
Oil on canvas 68 x 87.5 cm
Collection of Datuk Gary Thanasan

Siri Pago-Pago 1966,
Oil on board 46 x 44 cm
Private Collection, Kuala Lumpur

"It is just a simple sketch of the early Pago-Pago, but it had so much spirit in it. There was something about it that I truly liked apart from the ethnic and tribal influences with bits and pieces of surrealism. Today, it hangs in my gallery where students can come by and look at it. Imagine this – I was about 18 or 19 when I first purchased it. It was relatively affordable at the time, but today it would surely fetch a mighty price," said Yusof when asked about the Pago-Pago piece that he owns.

A dear friend of Latiff, Tan Sri Ahmad Kamil Jaafar purchased one back between 1966 and 1969 during his days as First Secretary at the Embassy of Malaysia in Bangkok, Thailand and mentioned that the bow lines and the colour seemed to call out to him.

Perhaps it is just that there is something mysterious and mystical about the Pago-Pago series – something almost spiritual about the body of works. The series brought about primitive and tribal essences into Latiff's works, and the artist recalled his travels to Thailand and Indochina as being the key development and inspiration to his work in this series as well.

He meticulously sketched sacred monuments and nature. It is in this series that he fused stupa-like forms, prangs, lingam, Southeast Asian iconography and natural plants and rock forms, focusing on the "energy-movement" of structures rather than their simple depiction. Using rapid strokes, Latiff's work conveys spontaneity and the subject matter of interlocking geometric and more organic forms would become recurrent in his practice.

"The role of the artist should stimulate change. It is socially important where it enriches the culture." – Latiff Mohidin

ABOUT LATIFF MOHIDIN

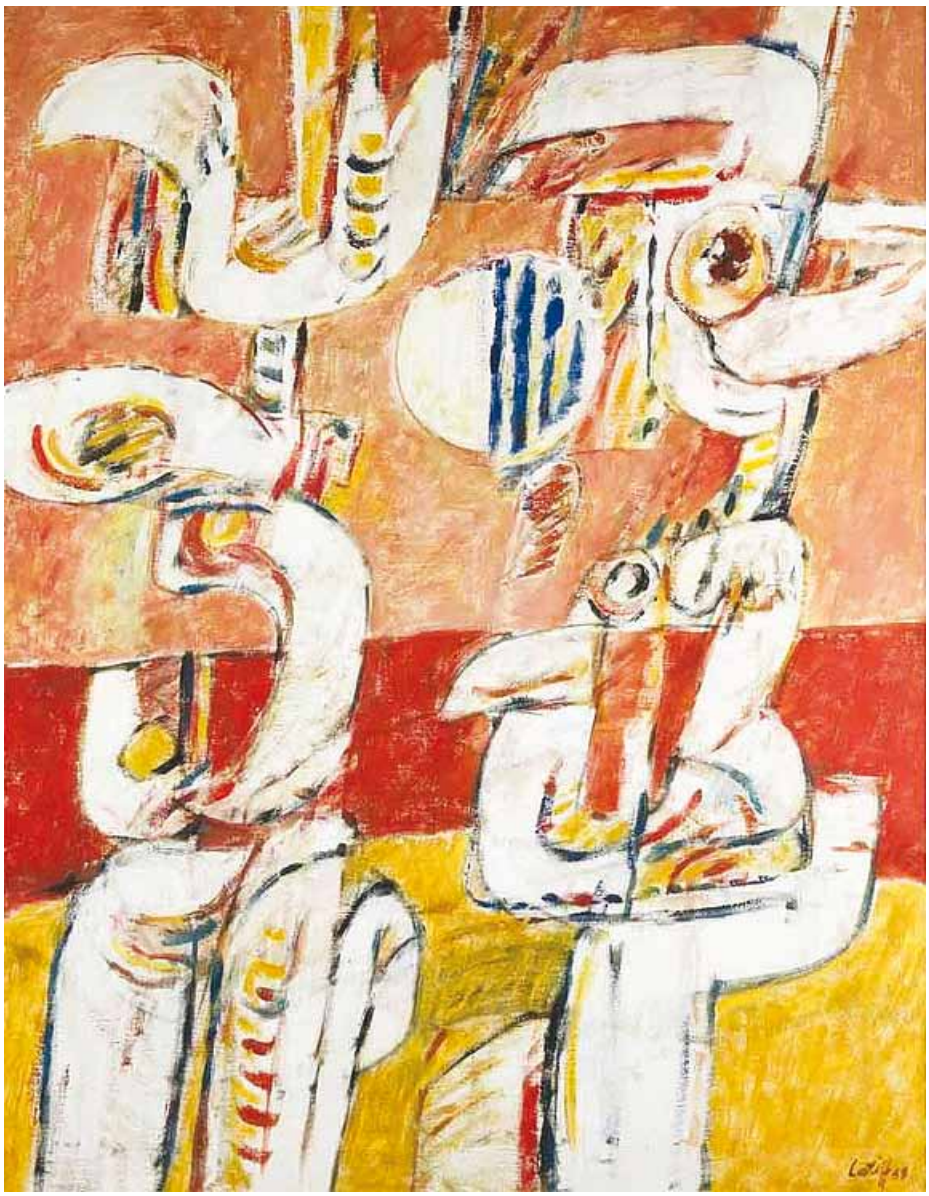
"Art is life. By travelling, observing, looking at new things, I am stimulated not only in art but in life itself. If I don't paint, I feel restless. I feel good when painting. I don't feel stagnant, but alive." – Latiff Mohidin

Abdul Latiff Mohidin, or fondly known as Pak Latiff, was born in Seremban, Negeri Sembilan in 1941. Today, he is known as a prominent artist beloved by fellow Malaysians and has cast imperative influences on many of the Malaysian artists we know of. He meandered about the country – immersing himself in the culture of the rural area and its folk.

He is, however, one artist that is difficult to get a hold of. Preferring to keep by himself in solitude, or surrounded by the very select few, author Dolores D. Wharton also mentioned in her 1971 book 'Contemporary Artists of Malaysia' that, "I was elated to have an interview with Latiff, not only because he is a major Malaysian artist but also because I had tried in vain for three weeks to contact him. The day before my leaving Malaysia he had received one of my many messages and there he was, friendly, unpretentious and relaxed. It was indeed my good fortune. Others have had to wait even longer for Latiff when he is lost in the hinterlands, painting." This fact was backed by an old friend of Latiff's, fellow artist Long Thien Shih, who said that, "Latiff was always like a wanderer."

Tan Sri Kamarul Ariffin had also mentioned, "Of course, he's a very quiet person – shy, in a way. Which is probably why it is difficult to get a hold of him even today as he decided to move from KL to Penang [laughs]."

Indeed, history shows that some of the most brilliant thinkers, artists and writers turned their backs on society to embrace a life of voluntary seclusion. However, it is no secret, Latiff's love for the hinterland and nature. In fact, one of the quotes that he shared with Wharton was that, "There are many aspects of our culture that can be used for creation. What we have here in Malaysia can be repeated again and again. We must use our own ideas and motifs rather than jumping to popular trends," said Latiff on the Malaysian art scene.



Pago-Pago Series, 1968
Oil on canvas 90.2 x 70.5 cm
Collection of Bank Negara Malaysia
Museum and Art Gallery

EARLY YEARS

Latiff is the son of a former haj Sheikh and knew of his artistic talent during his younger years. At only 9 years old, he had already created several oil paintings. His mother who is artistic and was said to have "feelings in her fingers" encouraged him.

"When we were in school, he painted pictures for people on the spot as he wandered about our hometown. They were beautiful paintings. Admirers gave him coins to keep him going. The people loved him." – Rohannie Ambia, a classmate of Latiff whom he calls "sister".

Painting was not the only thing Latiff was gifted with, as in the early 1960s, he also showed other capabilities, including writing poetry.

He received his early education at Sekolah Melayu, Lenggeng. Then, Latiff continued his studies at Sekolah Melayu Kota Raja and Mercantile Institution, Singapore. Although he was born in Kuala Pilah, Malaysia, Latiff spent his early years in Singapore where he lived with his parents in Java Road. In fact, it was in Singapore that Latiff held his first exhibition in 1951, at the age of 10. Consequently, it was during this period that he was dubbed 'Wonder Boy' by the local press. That same year, when he exhibited at Bangkapi Gallery in Bangkok, the Bangkok World wrote, "Malay prodigy to exhibit here."

In 1954, he returned to Seremban and studied at King George V School with a

Latiff had used this limited edition print as invitation cards to invite guests for his exhibition on 5 June 1982
Private Collection, Kuala Lumpur

state scholarship until he got his School Certificate in 1959. Datuk Tajuddin Ismail enrolled in the same school back in 1961. He recalled, "I was in Standard Five and Latiff was already finishing his Form 5. But even during those early years, he was already an artist-in-the-making. Although nobody would have heard of him yet, in school he was known as 'Latiff the Artist'. The painting that he left behind in school made a great impression on me until today and that was more than 50 years ago. What intrigued me about his works was that they were very unique. He was not known for painting abstract or anything like that, but he was making a lot of figurative paintings and kampung scenes and all that – things that we could recognise as Malaysian, pastoral kind of style. His painting was hanging on the school wall, because he was the only artist that was worthy of that honour. It left a strong impression on me."

Following that, in the mid 1960s, Latiff left Malaysia to study at the Academy of Fine Arts in Berlin, Germany for four years under a scholarship from the Federal Republic of Germany.

Thereafter, in 1969, Latiff received a grant from the Ministry of Culture of France to take up a sketching course at Atelier La Courrier, Paris and was then offered the Rockefeller Scholarship to continue the same course at the Pratt Graphic Center, New York, United States of America that concluded with a tour of art around the world.

It was not easy for Latiff Mohidin back then, between his travelling and his on-going quest for inspiration. "In those early days, there were admirers of his work," said Long Thien Shih. "But he got by with very little money. He constantly travelled around Thailand, Bali and Cambodia – mainly around Asia."

Until 1971, Latiff travelled while expanding his experiences and created various forms of art, especially paintings. His works had been displayed in both solo and group exhibitions, locally and internationally. During his sojourn in Berlin, Latiff made visits throughout Western Europe and then to several Southeast Asian countries.

INVOLVEMENT IN THE ART INDUSTRY

"Generally modern artists from Asia do have the ability to learn the theory and techniques of the West, but what's important is to show originality, enthusiasm, and vitality of creative work." – Latiff Mohidin.

LITERARY WORKS

It was in the 1960s that Latiff began producing a number of poems, including a famous poem named "Mekong River" which later became the title of his first group of poems.

He is painter-poet who widely travelled around Europe and Asia, which gave him the chance to get acquainted with literature. Latiff's poems are not intended to challenge any system or ideology as it is born directly from his own resources and experiences. What flow in his poems are the effects of feelings, memories and dreams through the layers of his imagination.

Latiff avoided political problems and dealt with issues of the community, and preferred to engage himself in nature and its state. His poems are an insight into the voice of

his heart as a traveller looking for the meaning of life and the desire to embed his soul with elements of nature. Although Latiff employs free-form in his poems, it remains the very essence of the soul which is in awe of the wealth and beauty of the environment.

Between 1962 and 1983, Latiff took part in several art exhibitions in Bona, Berlin, Frankfurt, Hamburg, Bangkok, Singapore, New Delhi, New York, Sydney, Sao Paulo, Osaka, Montreal, Manila, Jakarta, Dublin and London apart from Petaling Jaya, Penang and Kuala Lumpur.

In addition to creating poetry and paintings, Latiff was the unofficial leader of a group of young and talented art group called "Anak Alam" in Kuala Lumpur. He was also given credits as Fellow Kreatif dan Seniman Tamu at both Universiti Sains Malaysia, Penang (1977 – 1979) and Universiti Kebangsaan Malaysia, Bangi (1980).

Apart from that, he has another major ranking in the art scene in Malaysia – Latiff was one of the seven pioneering Malaysian artists that brought on the trend of Abstract Expressionism through the GRUP Exhibition in 1967 which consisted of Datuk Ibrahim Hussein, Datuk Syed Ahmad Jamal, Yeoh Jin Leng, Jolly Koh and Anthony Lau. The legacy of the show was later celebrated nearly 20 years ago at RE-GRUP.

Siri Pago-Pago - Debris, 1968
Oil on canvas 89 x 69.5 cm
Private Collection, Kuala Lumpur

Siri Pago-Pago - Madame L Chair, 1969
Ink on paper 17 x 11.5 cm

References:

1) Dolores D. Wharton, 'Contemporary Artists of Malaysia – A Biographic Survey', Union Cultural Organization Sdn Bhd, Malaysia, 1971.

2) 'Pago-Pago to Gelombang – 40 Years of Latiff Mohidin' , Singapore Art Museum, Singapore, 1994.

3) Latiff Mohidin, 'Garis – Works on paper from Berlin to Samarkand', Valentine Willie Fine Art, KLCS Asset Management Sdn. Bhd., Malaysia.

4) Latiff Mohidin, 'L.I.N.E. – From Point to Point'. Perpustakaan Negara Malaysia, Malaysia, 1993.

5) T. K. Sabapathy, 'Bali, Almost Re-Visited' in Reminiscence of Singapore's Pioneer Art Masters, The Singapore Mint, Singapore, 1994.

6) Rezda Piyadasa, 'Abdul Latiff, The Artist – An Appreciation', Retrospective Exhibition Catalogue, 1973.

7) Zain Azahari, 'Hati & Jiwa - The Zain Azahari Collection Vol I Malaysia', Malaysia.

8) The Journey to Wetlands and Beyond, Singapore Art Museum, 2009.

SAVE THE DATES

A first exclusive collectors' show in Malaysia of Latiff Mohidin's iconic Pago-Pago is scheduled for May 2 – 18, 2016 at KLAS @ 31 Jalan Utara.

Incredible *Street Art* from Across the Globe

Culture and art in the streets

BY NADHIRAH BADARDIN

The street art world has undergone a massive shift in the past few years, with famous figures like Banksy elevating the medium to mainstream consciousness. What was once a covert act of art vandalism is now, more often, a celebrated form of public art, popping up in major cities across the globe.

Though frowned upon as vandalism by some, we've got to acknowledge the creativity, dedication and passion in creating wonderful street art. But you've got to admit, there is something beautiful in the rawness of creating street art. Here's a list of cities to check out incredible street art in:

Lisbon, Portugal

London, United Kingdom

Lodz, Poland

Prague, Czech Republic

Penang, Malaysia

London, United Kingdom.
London is full of interesting urban art, from Banksy's renowned Dismaland to undiscovered artists. With his signature stencil techniques, Banksy created the most iconic piece of street art featuring an innocent girl with a red heart-shaped balloon beyond her grasp with the words "there is always hope" behind the girl. Though many interpretations have been made of the piece, it leaves us with a sense of longing for hope and motivation to keep going despite dreary conditions.

Prague, Czech Republic
The streets of Prague are splashed with graffiti street art, allowing visitors to soak in the raw culture on the walls. Though the real names of the artist have yet to be known, they sign off their works with code names such as CRYTIC257, SKARF and TRON. The vivid images painted across the walls in Prague bring the city alive. Though most of their works are across Prague, they have also been featured in galleries where they go by their street names.

Lisbon, Portugal
The business district in Lisbon has been neglected long enough until a number of artists were commissioned to paint neglected buildings. The "Crono Project" became an outlet for the artists to splash larger than live street art pieces. What was once a neglected district is now a major attraction for visitors of Lisbon.

Lodz, Poland
Two artists, Przemyslaw Biejzyk and Mateusz Gapski, collectively known as "Etam", have created most of the artwork graffiti in Lodz, Poland. The graffiti paintings are varied and unique, but each one plays on a different Polish folklore. With graffiti art as large as 10 stories tall, the scenes at Lodz are incredible to witness.

Penang, Malaysia
Ernest Zacharavic got the ball rolling with street art or murals in Georgetown, Penang, that became a huge hit with local and international visitors. His street murals were so enigmatic that it took the local street art scene by storm and created a phenomenon. His styles of realistic paintings are usually combined with found objects to make the pieces more relatable to its surroundings.

KL Lifestyle speaks to

ALTIMET

BY KATHLYN URSULA D'SOUZA

Born Ahmad Abdul Rahman, Altimet is no stranger to the Malaysian music scene, and as his description says, "He is not called Altimet for nothing. Whether busting rhymes as an MC, producing tracks, composing music or writing lyrics, Altimet delivers hot hits." This month, we spoke to the ultimate Altimet himself, on his favourite food and his favourite food haunts.

Grilled Chicken

Chicken Rice

Asam Pedas

First, tell us about yourself.
People know me as Altimet, my mother calls me Ahmad. I like writing and recording songs, and I perform them to pay the bills.

How did you get into your current career?
In 1999/2000, I started a rap group and a record label with some friends, mainly because we wanted to make music that we wanted to hear. And it sort of took off from there.

What's your daily diet like?
I eat 5 times a day, almost in sync with my prayer times. I start off with a big breakfast; wholemeal bread, honey and half boiled eggs. Then the meals get smaller after lunch which is usually brown rice and grilled chicken. Last meal is a glass of milk.

When it comes to your guilty pleasures in food, what are your favourites?
Rice, bruh. I don't have a sweet tooth. So Briyani, Nasi Lemak, Banana Leaf Rice – you name it, I'm having copious amounts of it.

Name us 3 Malaysian food that you absolutely cannot live without.
Asam Pedas, Chicken Rice and Cekodok Pisang.

Share with us a few of your favourite dining places. What are your favourite dishes there?
Mukha Café (Eggs Ben Laden), Adi G Ayam Bakar Station (Brown Rice and Quarter Grilled Chicken), Café Lapis (Monte Cristo deep fried sandwich) and Nasi Kandar Kudu.

Do you cook? Any Altimet signature dishes?
I don't really. I can make some spag bol. It's not spectacular, but good enough.

What are your tips for eating healthy?
Don't drink your calories. Eat 5 times a day, smaller meals as you go along.

How do you keep yourself healthy and looking/feeling good?
I exercise 4 days a week. Some running, weights and calisthenics.

What do you look forward to this year, in terms of career and personal life?
My band and I will be playing South by South West in March this year so that's going to be a tough highlight to beat this year. Hopefully we'll get some buzz and more shows overseas from that in 2017.

Lastly, what fuels and inspires you?
I want to be better than me. That fuels me. I'm inspired by life, what goes on around me.

Opium KL

Get hooked

BY NADHIRAH BADARDIN

Fern Leaf Salad with Grilled Prawns

On the corner of a street in Changkat Bukit Bintang is a breath of fresh air to the row of restaurants and bars called Opium KL. Opened in July 2014 and located at what used to be Werner's on Changkat, this newly opened outlet inspired by age-old Shanghai interior decor and art pieces entices customers with an opium bed in the Rose Room, opium pipes (just for display) and Chinese wine pots at the Communal area.

Opium KL is the latest addition to the Werner's Group of six restaurants. Opium sticks to an exotic 20th century setting between the 1930s and 1960s with an inspiration that came from local and international Asian aesthetics and architecture. Its slogan 'Eat Drink Man Woman' may seem nonsensical to some, but was actually derived from the title of a Chinese movie back in the early 90s.

You can tell that the proprietors of this restaurant and bar employed a profound effort in designing, decorating and the execution of its concept. From the interior design to the playlist, drinks and the food, a lot of work has gone in to ensure a memorable dining experience for patrons.

Opium KL serves a variety of local food though some dishes are handcrafted in a delightful East-meets-West fashion. Their signature dishes here are resonant of our favourite local food. During our visit to Opium KL, we tried the Fern Leaf Salad with Grilled Prawns and Lamb Frites balls as appetizers. The fern leaf salad was refreshing with fern shoots, prawns and dressed in zesty lime and coconut vinaigrette that was quite reminiscent of the local kerabu. The lamb frites balls were also delightful as a snack. Featuring deep-fried breaded lamb meatballs with mustard mayonnaise sauce, the lamb frites is suitable as a sharing plate as they're quite dense and filling.

For mains, we tried the Angus Beef Rendang and Butter Prawns with steamed lotus buns. The rendang was flavourful and robust with aromatic Asian spices in the mix such as lemongrass and kaffir lime while the beef was very tender to bite. The butter prawns were milder compared to the rendang. Cooked in a slightly sweet and creamy butter sauce, the curry leaves and cili padi in the butter sauce gave the dish an exotic Asian edge that pretty much tasted like comfort food.

Dessert is also enjoyable here at Opium KL. We tried their house-made caramelised banana ice cream that tasted exactly like grilled bananas and cinnamon, only frozen. The Pineapple Crumble is also worth a mention here – the crumble is crispy but still melts in your mouth, the second layer is a pandan custard layer for that local touch, and pineapples at the bottom make this dessert feel like a holiday in a bowl.

For drinks, the mocktails and cocktails here are delicious and presented in their very own unique pots or vessels. Some signature and classic favourites are the Black Dragon, 50 Shades of Grey and Silk Road Martini. Beer and water, on the other hand, are served in old school Chinese bowls. For something non-alcoholic which include local blends, the Mango Asam Boi and Calamansi Apple Ginger are refreshing and full of flavour.

All in all, we loved the dining experience at Opium KL. With old Shanghai classic music playing in the background and old black-and-white movies playing on TV, Opium KLis definitely a fabulous mix of flavours and fun. If you're scouring for a memorable dining experience in Changkat Bukit Bintang, be sure to give Opium KL a go!

50 Changkat Bukit Bintang,
50200 Kuala Lumpur
Tel: +6 03 2142 5670

Angus Beef Rendang

Butter Prawns

Bobo

KUALA LUMPUR

Of exceptional food, ambience and music

BY KATHLYN URSULA D'SOUZA

65-1, Jalan Bangkung,
Bangsar, Kuala Lumpur.
Open 5pm till late

Now here's something we don't normally see around KL. But if Bobo's genesis was made possible by the same people who made Cava, Opus and Leonardo's happen, then you know that this place would definitely be something extra special.

This place takes up two levels – one dedicated to a beautiful, elegant dining area with jazzy melodies serenading in the background, along with dim lighting that highlights breathtaking art pieces that bedeck the walls (trust us, they will pull you in). What the owners planned to get out of this was a music space – an ode to the arts, a jazz bar, a piano bar – most of which are not available around the federal capital. Before we get to the intimate, gorgeous musical setting that is the piano lounge upstairs, we had a romantic dinner – most suitable for setting the mood before adjourning to the upper level.

Salmon Crudo
This is a simple yet effective dish with an Asian twist, but that just makes it more interesting. Generous slices of salmon slabs are presented with ikura salmon roe, lemon curd and horseradish crème. If you like your salmon of the finest quality, this dish would certainly win your heart.

Arancini
Traditionally Italian, these stuffed rice balls are filled with risotto and are deep-fried. These mouthwatering affron-scented risotto balls are stuffed with buffalo mozzarella and tomato coulis, so watching the show as you cut them open would certainly prove to be a treat.

Crisp Paupiette of Barramundi
Here they use pastry to wrap the barramundi, finishing the dish off with braised leek and simply succulent red wine sauce that complement both the flavours and textures. The crunch of the pastry and the softness and freshness of the fish simply go well together, and the fact that you can douse it in the red wine sauce makes one hell of a party in the mouth.

Sweet Potato Gnocchi
Speaking of parties, here's another one that would definitely leave an impression on your taste buds - salchichón, shiitake and button mushrooms with brown butter sage dressing. This is most certainly a dish that would leave your mouth smacking after a taste.

Herb-crusted Rack of Lamb
Satisfy your need for a more meaty affair with this elegant lamb dish accompanied by grilled asparagus and dauphinoise potatoes. While you're at it, order the house wine here, as all the dishes here are the perfect match for a glass or two (or three).

After indulging in great food and great wine, we were told that one must come for the experience, not just for the food but for the enjoyment of all the good things in

Sweet Potato Gnocchi

life. So on to the next floor – the piano lounge.

The feel is very speakeasy, through a staircase with walls upon which hang fine-looking art pieces that speak volumes. Bobo has got really good partners that work together such as Sean Ghazi, who is the lounge's artistic and musical director and curates the performances here. We don't think Bobo would ever have a night without anything special planned as they have got movie nights, stand-up comedies and such (you could also catch David Gomez serenading guests with his romantic voice) – after all, it's all about dining and experiencing good music.

The lounge's setup is especially created to maximise the sound effects and ambience, and take it from us – you'd never want to leave the space.

Herb-crusted Rack of Lamb

On another note, in case you're wondering about the name 'Bobo', venture into a small cove in the restaurant, a seating area with the most enchanting photograph of a woman (you won't miss it), and you'll find a giant stuffed dog sitting by the side. That's Bobo, and he's the resident dog here. By the way, Bobo does talks and gives away awards, just so you know – be sure to say hello!

Get on your next epicurean exploration with

Gastro BAR, BY BURGEON

Non-halal

BY KATHLYN URSULA D'SOUZA

The people here have one mission: to change the world through food – food, drinks and the hospitality. They aim to inspire people through what they do. But take it from us, if you are ever in need for some inspiration, for that new relish on life, this should be your next stop for a muse.

Formerly Ribs At The Burgeon, this place has taken on an entirely new look as of Dec 12, 2015. For now they're still running their introductory menu, but plans are in the works to change the menu every two months (which means we'll be having different things six times a year) – all depending on what the team here is inspired by.

Everything well thought of here, from the décor to the light fixtures to the music. The music playlist, we were told, were painstakingly compiled to be upbeat – not too upbeat but upbeat enough to make you feel good. Somehow, it does enrich the experience, the ambience and the taste of the food so we'll get to the food bit now.

We were promised that we would experience food that challenges the norm, food that provides a magical experience, something that would be completely unexpected and most of all, something that would inspire us. So, here's what we got to try:

Pork Ribs
Signature pork ribs as done by tradition – perfectly seasoned and smoked over red oak for hours until tender. The portion is extremely generous and you'll find yourself reaching out for more. It is the best pork ribs we have ever tasted so far. Absolutely lip-smacking and as I write this, my mouth waters.

Imperial Prawn

Imperial Prawn
Spring roll with grilled prawn and century eggs, fresh rockets, ginger and poppy seeds. Looks can most certainly be deceiving because what you taste is completely different from what you see. The robust popiah, which houses a bunch of flavours, would definitely leave an impression on both your tongue and stomach.

All-Day
Quail egg, caramelised orange, masala hash brown, butter baby spinach, miso and yuzu hollandaise. Another explosion of flavours, and they hit you from all directions. Don't fight it, but just enjoy it – let the food do all the work.

Beef Tartare
Black Angus tenderloin, herb baguette, sundried tomato and confit yolk of quail egg. There's a special way to eat this – first to eat half, and then while you're chewing the other half and just before you swallow, pop the quail egg yolk for that extra kick

of flavour. This was interestingly delicious – indescribable but definitely a wonderful experience.

Choplets
Minimal but effective – New Zealand cut, juicy and laced with hints of tequila. You'll find it smothered in Jalapeno hot sauce and resting atop crispy spring roll strips.

Ikan Bakar
Grilled stingray, truffled black pepper and caper sauce and sweet coconut flakes. If you'd like a reprieve from all the sinful meat, this would definitely entice the taste buds.

Satay
Specially-cut pork cheeks, spicy pecan sauce and bourbon. Who doesn't love satay – especially if it's the pork version? We certainly do. The taste? Amazing.

Gin & Tonic, The Carnival and Strawberry Cheesecake (cocktails)
If you're a gin person, you'd be delighted to know that what they serve here is specially researched and scientifically dissected, involving accurate measurements of gin and tonic. The Carnival is made up of bourbon popcorn ice cream, chocolate, milk soda, coffee liqueur, rum and tequila. The Strawberry Cheesecake, on the other hand, consists of strawberry yoghurt, oolong tea, cheese infused whiskey and scotch whiskey.

Mushroom Cake
Shiitake mushroom, rosemary gel, coconut and white chocolate sauce with walnuts. You must try this one – it's a whole new and curious experience. Be intrigued by this dessert, cause we definitely were.

Pear & Chardonnay
Poached pear, banana and parsley crumbs, apple-chardonnay ice cream and meringue. Need we say more? It was a clean-sweep.

Well … after the half-comatose state we were in after all that, we can most definitely say: yes, you're right team Gastro Bar by Burgeon – we are completely inspired. Completely inspired to come by every two months, that is.

P/S Omakase cocktails are available here. Off you go.

---

8 & 10, Jalan BM 1/2, Taman Bukit Mayang Emas, 47301 Petaling Jaya, Selangor

Beef Tartare

Cocktails here are whimsical and cheeky - but try the omakase

Like Cereals-ly?

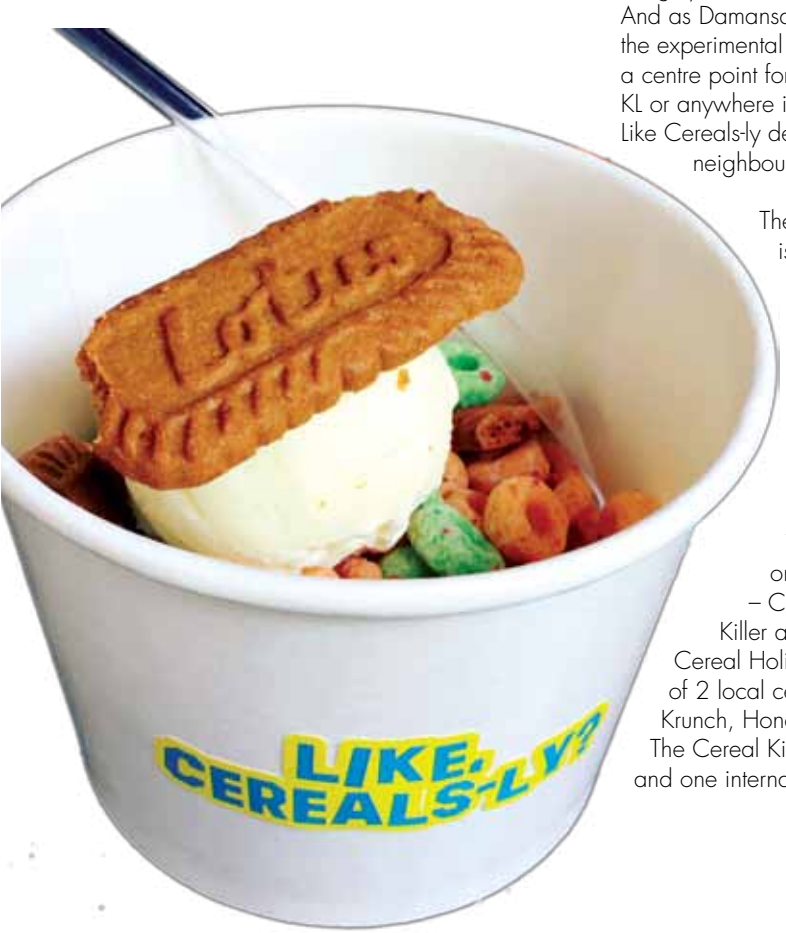
Cereals for real

BY NADHIRAH BADARDIN

In the United Kingdom, a bubble burst about a cereal specialty café sometime last year showed a surge of craze over cereals. And we certainly felt a little of the craze over here too. About a couple of months ago, a group of four childhood friends opened up Malaysia's very first cereal specialty bar. Located inside a vape café called Awan Republik in the bustling area of Damansara Perdana, the cereal bar serves over 40 different types of cereal to be had with over 30 toppings.

Of course, having just opened for a couple of months, Like Cereals-ly is still growing – but it's growing in the right direction. With Instagram and social exposure as their main marketing tool, the girls sure do know how to attract a crowd. Several celebrities and personalities have been spotted here enjoying a bowl of cereal.

1, 7-1 Ground Floor, Jalan PJU 8/5H,
Bandar Damansara Perdana, Petaling Jaya.
(Inside the Republik Awan vape café)
Soft-launch business hours,
generally Tues-Sun, 3pm-10pm



When asked why cereal? The answer was simple – everyone eats cereal. Also, cereal isn't high on calories, so it's kind of a healthy snack. This gives the patrons a little leverage to go a little naughty with their myriad of toppings. And as Damansara Perdana is quite the experimental neighbourhood and a centre point for folks coming from KL or anywhere in the Klang Valley, Like Cereals-ly definitely took the neighbourhood by storm.

The décor at Like Cereals-ly is cute and kitschy – there are boxes of cereals up on the wall that work kind of like a menu. You've got everything from Koko Krunch to Cinnamon Toast Crunch and Apple Jacks.

There are only 3 options on the menu as of now – Cereal Holic, Cereal Killer and Cereal Monster. The Cereal Holic is a mix of your choice of 2 local cereal brands (Koko Krunch, Honey Stars, the works). The Cereal Killer is a mix of one local and one international cereal brand of your choice, while the Cereal Monster gets you two international cereal brands. All the options come with two toppings.

And let me tell you, the topping list itself is impressive. You can get fruits, ice cream, Nutella, jellybeans, candy and even Biscoff, the European biscuit to go along with your bowl of cereal. The price point is also quite affordable for most, as its highest price is RM12.90 for the Cereal Monster.

During our trip to Like Cereals-ly, my cereal sidekick for the day decided to try the Cereal Killer with Koko Krunch, Cocoa Puffs, marshmallows and vanilla ice cream. I, on the other hand, went down a more cinnamon route – I had the Cereal Monster that was filled with Cinnamon Toast Crunch and Apple Jacks with vanilla ice cream and Biscoff. They also give you a cup of milk to go with your bowl.

Though some may argue that why pay for a bowl of cereal when you can make your own at home. I doubt you actually have over 40 different types of cereal in that kitchen cabinet. Also, you don't exactly have the time to cut up tiny bits of fruit and candy into your bowl of cereal every morning. Nor do you need the diabetes to go with that. Who says cereal can't be a novelty clearly needs a trip to Like Cereals-ly. Seriously.

CODFISH CRAZE

BY NADHIRAH BADARDIN

There is something indulgent yet healthy in piercing through a codfish dish. With a mild flavour and dense, flaky white flesh, codfish is high in vitamins A, D, E as well as omega 3 fatty acids. Besides the nutritional value, we ultimately love codfish when prepared well. So, we set out to find the best cod dishes in town for your gastronomic needs.

BRAISED CODFISH

The thing about cod is that it's such a mild fish that it pairs well with robust flavours. At Lai Po Heen, they serve a dish of braised codfish with pumpkin and preserved vegetables with flavourful herbs and spices. As codfish really holds up a full-bodied flavour well, the pumpkin and preserved vegetables add a certain edge to the dish in a great way.

Lai Po Heen @ Mandarin Oriental
50088 Kuala Lumpur

PUMPKIN SEED CRUSTED COD

Cedar on 15 at Impiana KLCC has it all – good food, ambience, an extensive bar and a spectacular view of downtown KL city. We especially love the seed crusted black cod here. Served with mushroom tomato chutney, fennel mousse and sugar pea snaps, the dish is done extremely well here with the cod retaining its flavour, juiciness and firm texture.

Cedar on 15, Level 15, Club Tower
Impiana KLCC Hotel, 13, Jalan Pinang
50450 Kuala Lumpur

ROASTED BLACK COD

Opus Bistro is a great Italian restaurant in the homely Jalan Bangkung area. Though the variety of pasta and classic Italian dishes are aplenty, we figured we shouldn't give the Roasted Black Cod a miss. Impeccably juicy, flaky and fresh, the Opus Famous Roasted Cod comes with a choice of white wine sauce or lemon sauce with capers. Both sauces fared incredibly well for us as it elevated the natural taste of the fish in an enticing way.

Opus Bistro, 67, Jalan Bangkung
Taman Bandaraya, 59100 Kuala Lumpur

BLACK COD WITH MISO

Recognised globally, Nobu started out in 1994 by chef Nobu Matsuhisa and international celebrity Robert De Niro. Nobu Kuala Lumpur, headed by chef Philip Leong, executes the Black Cod Miso perfectly. Marinated in Nobu's signature miso sauce for up to 3 days, the dish features a succulent piece of roasted codfish that's simple but bursting with flavour.

Nobu KL, Level 56, Menara 3 Petronas
Persiaran KLCC, 50088 Kuala Lumpur

TERIYAKI COD WITH FOIE GRAS

Tatsu prides itself for possibly the best fresh sashimi and seafood dishes in town. Located in the prestigious InterContinental, Kuala Lumpur, Tatsu is definitely one of our favourite Japanese food haunts. Here at Tatsu, the Teriyaki Cod with Foie Gras is to die for. The teriyaki flavour paired well with the mildness of the cod while the foie gras slid between the cod adds a luxurious creaminess to the dish. Definitely a must try here.

Tatsu Japanese Restaurant @ InterContinental KL
165, Jalan Ampang, 55000 Kuala Lumpur

KAMPUNG BARU

BY NADHIRAH BADARDIN

The Kampung Baru area in downtown Kuala Lumpur is well known for its offerings of incredible food. A prominent district, Kampung Baru is filled to the brim with local and international fare. So, we decided to take a trip downtown to find out the best street food available in Kampung Baru for ourselves.

NASI LEMAK

Here's a meal that's ever so popular in the Malaysian food scene – nasi lemak. Though the great ones would probably run out before 9 am, here's a place you can drop by for a good plate of this most popular comfort food. CT Garden serves their nasi lemak pre-packed in the classic banana leaf and newspaper wrapping. The nasi lemak itself is alright, but paired with a variety of dishes they have, it becomes a great meal. Our favourite is the paru goreng sambal, a local delicacy of strips of deep-fried cow lung in a great Padang-style red sambal.

Nasi Lemak CT Garden, Jalan Dewan Sultan Sulaiman
Kampung Baru, Kuala Lumpur

NASI BUBUR BERLAUK

Rice porridge is technically comfort food in our books - you have it when you need some healing. So when we heard that you could add stuff like fried chicken and beef to a bowl of porridge, we set out to Kak Mah Toyam in Kampung Baru. Here, patrons are served a warm bowl of rice porridge to be had with salted egg, fried anchovies and more. Be spoilt for choice with over 15 types of Thai-Malay dishes to go with the porridge.

Jalan Raja Abdullah (opposite UniKL),
Kampung Baru, Kuala Lumpur

NASI PADANG

Nasi Padang is easily one of our favourite forms of nasi campur or mixed rice. The Indonesians have a culinary way that makes their gravies and dishes just generally more spicy and flavourful to be paired with rice. We tried out Restoran Masakan Padang Asli in Kampung Baru to take us on a short trip to flavour town. The variety of dishes here is huge but with all dishes being high in turmeric ala Padang or Minang cuisine. The beef tendon here is absolutely amazing. Be sure to have your plate of Nasi Padang with a side of fiery sambal hijau as well.

Masakan Padang Asli
Jalan Raja Muda Musa & Lorong Raja Muda Musa 6,
Kampung Baru, Kuala Lumpur

AYAM PENYET

Besides the usual Malay fare, Kampung Baru is also known for its Indonesian food. You can get a pretty decent and authentic plate of Ayam Penyet. The dish is basically a piece of fried or grilled chicken smashed flat and eaten with white rice. But the piece de resistance has to be the sambal. You get the sambal right, you're pretty much set. Which is the case for Wong Solo in Kampung Baru. You can even have your chicken grilled to a succulent finish here.

57, Jalan Raja Alang,
Kampung Baru, Kuala Lumpur.

MEE REBUS AND PASEMBUR

Looking for an authentic plate of Mee Rebus and Pasembur? Find your dose of Penang-style Mee Rebus and Pasembur here at Mee Rebus Utara Pasembur and give your taste buds a party. The gravy is rich and creamy with sweet potato and prawn flavour. The noodles here are served with a variety of toppings that include prawn fritters, bean sprouts, half of a boiled egg and tofu. The Pasembur's gravy is packed with flavour as well and nutty. Take your pick of the variety of boiled and fried items available to pair with the sauce.

No. 90, Jalan Raja Uda,
Kampung Baru, Kuala Lumpur.

MERINGUE

Delicate treats that pack quite a tang

BY KATHLYN URSULA D'SOUZA

Ah, the ever-popular dessert made from whipped egg whites, sugar and a bunch of other combinations and accompaniments. Light, airy and sweet, these soft, chewy and crisp treats are definitely one of our favourite desserts. Here we list out six meringue spots that you should definitely look out for.

BERRY PAVLOVA

Although predominantly serving Malaysian-style cuisines, a little Russian dessert could never hurt anyone, yes? It is said while pavlovas require the base and crust to be crispy and crumbly, Serai does a little something different with their textures. However, they do seem to have aced the required combination of sweet, sour and tangy flavours.

Serai: Available in multiple outlets

MIX BERRIES MERINGUE

Dubbed and known as one of the best in Klang Valley, consider yourself lucky if you actually get to have their pavlova as they are mostly sold out – fast. Expect to find layers and layers of meringue, custard, cream, blueberries and strawberries. Not too sweet to the point of cringing, but just enough to make your taste buds sing.

Alexis Bistro: 29, Jalan Telawi 3, Bangsar Baru 59100 Kuala Lumpur

CALAMANSI PASSION FRUIT TART WITH MERINGUE

Now this is what we consider different – Calamansi Passion Fruit Tart with Meringue. Excellent crust, delectable and most definitely enjoyable. If you like your desserts to pack a bit of punch, the calamansi would do exactly that when paired with the passion fruit.

24, Jalan Telawi 2, Bangsar 59100 Kuala Lumpur

BLACK FOREST PAVLOVA

If you're looking for something with a bit of chocolate, you should opt for this. Not only is the dessert beautifully presented, it is served with dark chocolate mousse and kirsch-soaked cherries. We totally would not blame you if you salivate while reading this.

7, Jalan Telawi 3, Bangsar Baru 59100 Kuala Lumpur (Relocating)

TROPICAL PAVLOVA

Here's a treat for both the stomach and the eyes. Yes, the dessert is definitely beautiful, and so is the taste. The Tropical Pavlova has so many colours and depth to it that destroying it with a spoon seems so much of a waste. However, once the spoon is in your mouth you won't regret that decision.

Available in multiple outlets

TABLE 23 PAVLOVA

With all the influx of fantastic recipes and outstanding visual presentations, Table 23 takes a step back and maintains its 'simplicity is the highest form of sophistication', as they keep their version very sleek, clean and simple. The freshest of meringue is topped with slices of strawberry and showered with cream and mango puree. If a dessert could be called classy, this would be it.

23, Jalan Mesui, Bukit Bintang 50200 Kuala Lumpur

Easter Treats Worth Shopping For

Easter is just around the corner and we have everything you need to make this sweet celebration even sweeter. So hop along to our nearest store and begin your Easter egg hunt with us.

"Happy Easter" from all of us at Cold Storage

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SOUTHERN REGION • Plaza Pelangi, Johor Bahru
NORTHERN REGION • Gurney Plaza, Penang • Island Plaza, Penang

1. MULBERRY
LILY MINI METALLIC TEXTURED-LEATHER SHOULDER BAG
RM 2,181
A pared-down version of the brand's highly coveted 'Lily' design, it has three convenient card slots that eliminate the need for a wallet. Carry it cross-body using the leather and chain strap.

2. VALENTINO
PRINTED LEATHER AND PERSPEX SANDALS
Price available upon inquiry
These leather sandals have a supportive ankle strap and are set on chunky Perspex heels, furthering their retro feel. Wear yours with denim or a fun dress!

3. AURÉLIE BIDERMANN
ANGELICA GOLD-PLATED TURQUOISE RING
RM 874
Aurélie Bidermann's ring is skillfully hand-sculpted from gold-plated brass using the label's signature paperclip symbol to create the open band. An adjustable back ensures this piece feels light and comfortable.

4. GUCCI
BAMBOO-TRIMMED AVIATOR-STYLE METAL SUNGLASSES
RM 2,347
Gucci's aviator-style sunglasses are embellished at the bridge with bamboo - a brand signature since 1947.

5. DOLCE & GABBANA
SMOCKED PRINTED COTTON-POPLIN MINI DRESS
RM 8,622.81
Crafted from airy cotton-poplin and decorated with a vibrant lemon print, this pretty mini dress is smocked to accentuate your shoulders and waist.

1

2

3

4

5

1

1. ALEXANDER MCQUEEN
SLIM-FIT BUTTON-DOWN COLLAR PRINTED COTTON SHIRT
RM 1,976.35
The sea inspires Alexander McQueen's latest collection. Printed with nautical tattoo motifs, this crisp cotton shirt has a slim, contemporary cut with neat finishing touches.

2. VALENTINO
SLIM-FIT WOOL AND MOHAIR BLEND TROUSERS
RM 2,081.77
These wool and mohair blend trousers from Valentino are exceptionally versatile. The slim cut and front creases keep things smart while the elasticated waist and cuffed hems give the design a casual air.

3. BOTTEGA VENETA
SQUARE-FRAME TORTOISESHELL ACETATE SUNGLASSES
RM 2,052
With the brand's signature intrecciato detailing on the arms, these sunglasses are definitely a Bottega Veneta signature. Discreetly finished with a pewter bridge, wear them with your favourite printed shirt.

4. BALENCIAGA
MARBLE-PRINT LEATHER SNEAKERS
RM 1,817.81
Marble prints are a signature motif for Balenciaga's edgy designs. In shades of white, grey and black, these slip-on sneakers are trimmed with elasticated bands and set on textured rubber soles.

5. DOLCE & GABBANA
PRINTED GRAINED-LEATHER CARDHOLDER
RM 711.32
The hummingbird used is a symbol of Domenico Dolce's trip to the Chinese Palace in Sicily. This grain leather cardholder comes in a considered navy and burgundy palette with plenty of card slots to keep your cards in order.

2

3

5

4

Fresh and Dewy

BY NADHIRAH BADARDIN

Dewy skin would always have you looking years younger and enigmatic from the natural-looking glow without looking too greasy. And as much we love the no makeup look, dewy makeup still needs to be put on a pedestal for getting that natural glow going. Which is why we've enlisted for you products to help you achieve dewy skin.

FACE ATELIER ULTRA CAMOUFLAGE DUET

RM 183

To start off with any look, you would need the perfect primer. Ultra Camouflage Duet comes in two shades to perfect your skin coverage. Erase fine lines and dark circles instantly with this effective concealer. Our skin structures are made up of different coloured tones. Thus, Ultra Camouflage Duet comes in a golden shade to neutralise the purple and red tones while the neutral shade works best for hiding blue and brown undertones.

MARC JACOBS BEUATY O!MEGA LASH VOLUMISING MASCARA

RM 99

Get full lashes that make eyes pop with this water-based formula from Marc Jacobs. The innovative double brush features an advanced design that's formed by stitching together two different brushes: one for enhanced lash separation, and another for mega-volume and curl.

TARTE AMAZONIAN CLAY WATERPROOF BRONZER

RM 138

Tarte Mineral Powder Bronzer is an oil-free bronzer that fuses earthly minerals with naturally-derived ingredients for a natural-looking finish. It contains Skinvigorating™ ingredients like vitamins A and E, which act as antioxidants to fight free radical damage, and it's infused with mineral pigments that are known for their soothing and softening properties.

BURBERRY EYE COLOUR WET AND DRY SILK SHADOW

RM 105

This super-soft, weightless formula features intense colour pay-off and a silky-smooth finish. Delivering a 'second skin' feeling across the eyes, the formula is ultra-comfortable to wear. Its next generation powder technology creates multiple results, allowing you to apply dry for a more natural, buildable look, or wet for intense colour effects and precise lines. Go dewy makeup!

BURBERRY LIP AND CHEEK BLOOM BLUSH

RM 120

Discover a petal-soft flush of colour for lips and cheeks, inspired by the hues of an English country garden. Mistake-proof and effortlessly buildable, the light-as-air formula with fine mother-of-pearl particles delivers multiple results, from a subtle sheer wash to a more vibrant look. Applied with fingertips, the smooth, bouncy texture remains transparent on the skin, gently blurring imperfections while delivering a moisturised feel.

MALAYSIA AIRPORTS

AiRLINK

CONTENTS - MARCH 2016

Airport Talk

AIRPORT MD SPEAKS 48
MALAYSIA's Choices for Charters 50
MALAYSIA, pioneering Asia's Aviation Routes 52
MALAYSIA, world-leader in Air-Rail synergy 54
MALAYSIA, leading Asia in Airport Hotels 56
Convenient Connections at MITSUI OUTLET PARK 58

Airline & Aviation Offices 60

Aviation News

MALINDO expands Route Network 62
Steady growth for OMAN AIR direct flights 62
CATHAY DRAGON committed to Malaysian routes 63
Global CNY with BRITISH AIRWAYS 64
AIR NIUGINI gaining recognition 65
Customer Satisfaction grows for GULF AIR 65
ROYAL JORDANIAN goes direct 66
ETHIOPIAN celebrates 70 years! 67
Meet and Assist Services by KLAS 68
THAI Royal Orchid Lounge popular 69
Golden Lounge for KLM 70
XPRESS AIR expands in Kuching 71
Sarawak Tourism supports HONG KONG AIRLINES 72
CHENGDU Charters to Langkawi 72
New Lounge for ETIHAD 73
Encouraging sales for AIR ASTANA 73
New Luxury with KOREAN AIR 75

Airport Shopping

Healthy Dining at FLIGHT CLUB 77
Good Growth for PLAZA PREMIUM 79
DUC D'O Lunar New Year Success 81

As Managing Director of Malaysia Airports Holdings Berhad, Datuk Badlisham Ghazali is fast gaining recognition in the global aviation world. A speaker at the World Routes Strategy Summit in Chicago in 2014 and the 22nd Global Airport Development Conference in 2015, he is also Special Advisor to Airports Council International Asia-Pacific. He sits on the Boards of the international airports at Hyderabad and Istanbul.

This month, Datuk Badlisham shares his thoughts on Malaysia's advantage as a multicultural air-hub.

AIRPORT MD SPEAKS

"Commercial aviation is an increasingly challenging business, with airlines competing aggressively with each other for routes, and for a strategic advantage in key regions.

For a while now, Asia has been the world's main growth area for the aviation industry in this millennium. When looking for the most strategic location for a hub or turn-around destination in this region, it would be logical to consider the country known around the world as "Malaysia, Truly Asia".

"There is good reason for the name. Historically and geographically, Malaysia sits at the heart of the region's major trade routes. What was well-known by ancient Chinese seafarers, European explorers and Arabian traders is a fact that is being re-discovered by astute airlines of the modern world. Malaysia is in the middle of the entire continent, with India on one side, China on the other side, and Australia down below. More specifically, Malaysia sits right at the centre of the ten ASEAN nations of Brunei, Cambodia, Indonesia, Laos, Myanmar, Philippines, Singapore, Thailand and Vietnam.

"Malaysia commands the most strategic air-routes for the region, as well as between Europe and Australasia on one hand, and South Asia and North America on the other. There is another reason why this country is in an outstanding position as a regional air-hub, and this is Multiculturalism. We have a unique multicultural and multi-lingual population (software) supporting world-class aviation infrastructure (hardware). It is a potent and effective combination.

"A business analyst once commented that Multiculturalism has not only made Malaysia a gorgeous tourism attraction, it

also spurs its growth in commerce, investment, and industry. Daily life revolves around so many races, languages and lifestyles that cross-cultural communication is taken for granted. In an industry like aviation where people of different languages and mind-sets have to work together swiftly and intensely, expatriates find it a great relief that multiculturalism is an ordinary fact of life. Work is so much more efficient and productive! According to him, it is a strong advantage that at the marketplace or on the factory-floor or in airport-operations, Malaysia is truly a microcosm of Asia.

"There is practical benefit that culturally, Malaysia has the most cosmopolitan population in all of Asia. In this country, the majority of our people can trace some or all of their ancestry from Indonesia, India, China, Thailand, the Philippines, Pakistan and Sri Lanka, as well as parts of Europe and the Middle East. Although Islam is the official religion, Buddhists, Hindus, Catholics, Taoists, Christians, Sikhs, Bahais and other religious adherents practice their faiths freely and avidly in this secular democracy. This country is a bubbly bustling melting pot of races and religions, where many ethnic groups live and work together in a daily kaleidoscope of colourful productivity.

"Importantly for travel and aviation, Malaysia is truly Asia for languages. Besides the national language of Malay, most Malaysians speak English quite well - but every major Asian language can be heard in the cities! Mandarin is quite widely spoken and Chinese cultural items proliferate in many shopping districts of Malaysia. Apart from Malay, English and several Chinese dialects, local TV channels feature various Asian languages such as Tamil, Hindi, Tagalog, Korean, and Japanese. Visitors from South Asia will find that numerous Malaysians speak fluent Tamil, and they might also hear Hindi, Punjabi, Urdu, Telugu, Malayalam, Sinhalese and other familiar tongues. Apart from English and Malay, in some parts of Kuala Lumpur, you will find lots of signboards in Chinese, Tamil, Korean, Japanese, Arabic or even Nepali!

"Multiculturalism also enhances work-place literacy. Since the Malay language uses the same alphabet as English, visitors can read Malay-language signboards while locals can read English-language instructions. Apart from both these languages, millions of Malaysians can read and calculate in Chinese, Tamil or Arabic. At KLIA, for instance, announcements are made in English, Malay, Mandarin, Tamil and Arabic, depending on the flights involved. To the airline route-planners and revenue-optimisers at Routes Asia, I would say that while Malaysia's multiculturalism is vivid, vibrant and colourful, do look beyond the rainbow – and you will discover that Malaysia's advantage as a multicultural air-hub could be your pot of gold."

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MALAYSIA's Choices for Charters

The heart of Asia is attracting seasonal and event-oriented flights to its different destinations.

As airports across Asia scramble to compete for scheduled flights by airlines, another side of commercial aviation has been steadily growing across the region – the business of charter flights. To meet the needs of this specific market-sector, Malaysia Airports General Manager Marketing Mohamed Sallauddin Haji Mat Sah says that they have set up incentives, marketing support and operational processes for maximum efficiency. However, the greatest asset in the country is the amazing variety of choices that are available to arriving charter-flights!

Comprehensive Choices

Imagine planning to fly into a country in Southeast Asia, and then being told that you can actually choose where you want to land, with the only criteria being the size of your aircraft and the length of the particular runway! In Malaysia, the destination-choices for charter flights include two world-famous islands, a legendary jungle destination, a bustling city, an idyllic beach-resort, a historic town, a convenient suburb, and a marine wonderland that also has an iconic mountain.

The cosmopolitan cultural magnet and food-haven of **Penang**, and the world-renown resort-island of **Langkawi** have been attracting charter flights from all over Europe for a long time, and more such flights are being scheduled. A host of Asian and Arab tour companies are also looking at the Pearl of The Orient and the Island of Legends with interest, know that both airports can take all kinds of aircraft from tiny two-seater Beechcraft and Cessna aeroplanes to certain white-body Airbus and Boeing aircraft.

In East Malaysia, **Kuching** is the gateway to the legendary Sandokan's jungle realm of Sarawak – the largest state in Malaysia. Also in Borneo is the state of Sabah, where the state-capital of **Kota Kinabalu** is attracting crowds to its amazing marine wonders as well as to the majestic Mount Kinabalu. Given Sabah's geographical proximity to the Orient, airlines and charter companies from South Korea, Japan, Hong Kong, Taiwan and Greater China are making a beeline here, many citing the sumptuous seafood and world-class diving as additional attractions.

The bustling metropolis of **Kuala Lumpur** and its suburb of **Subang** are both attracting an increasing number of charter flights to their world-class airports, both conveniently connected to the full gamut of facilities, attractions, opportunities and excitement of an internationally-known destination and its busy hinterland.

Every year, an enormous number of charter-flights land at **Kuantan** airport on the east coast of Peninsula Malaysia, attracted

by the miles of pristine beaches and scenic coasts. During a particular season, over a few dozen flights bring passengers to a single beautiful resort on the unspoilt east coast –every year!

Convenient Concept

Charter flights provide greater scheduling flexibility because the people who organise them decide when and where they will fly.

Charter flights are also almost always direct, so passengers don't have to change planes or wait in transit. Groups flying to MICE events often prefer a charter to reduce costs and increase convenience. Many MICE organisers prefer charter flights because they can often eliminate much of the cumbersome ticketing and other paperwork required by a conventional airline. Charter flights are also often able to use smaller regional airports nearer their final destination.

Charter flights differ from scheduled flights in that they are not booked directly with the airline, but are instead booked through a third-party provider such as a tour-operator or travel-agency. While scheduled flights are sold by the seat, charter flights use an entire aircraft for a specific itinerary. While scheduled commercial flights leave at regular intervals with tickets being purchased up to the day of departure by the general public, charter flights are pre-arranged for a specific purpose. Charters are available through both airlines as well as companies that specialize in such operations. The aircraft are provided with cabin crew and any supplies, like meals, requested as part of the charter contract. Various aircraft can be used, depending on the number of passengers being transported and their final destination.

When evaluating Asia, more and more airlines, charter companies and aircraft-owners are being impressed by Malaysia's choices for charters!

MALAYSIA, pioneering Asia's Aviation Routes

Quietly and steadily, Malaysia has been an Aviation Pioneer at the heart of Southeast Asia.

Did you know that the whole global concept of Regional Routes began in Malaysia? Airline CEOs, Route-planners, Revenue-optimisers and other aviation professionals know that World Routes and Regional Routes events are an essential part of the international business of commercial aviation. Little do they know that Malaysia Airports has had a proud track-record of pioneering developments at these events!

Pioneering Routes

Regional Routes events are held annually all over the world. Today delegates from every corner of the world flock to Routes Asia, Routes Africa, Routes Americas and Routes Europe – each a major event on the world aviation calendar. However, these events may never have come about, if not for the initiative of someone at Malaysia Airports.

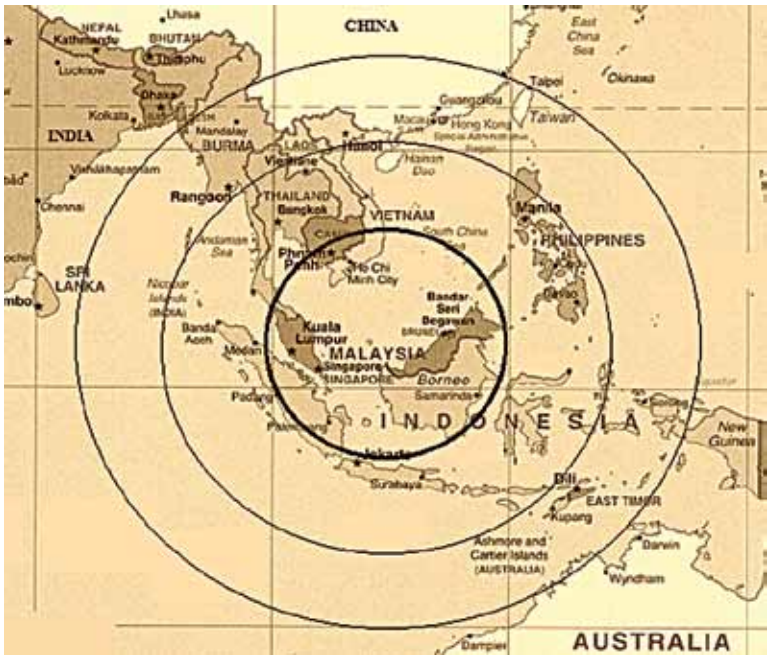
When the idea of Routes Asia was first proposed to the organisers of World Routes by Malaysia Airports many years ago, the whole concept of a regional event was considered unacceptable as it was felt such an event would fragmentise World Routes. However, with the persistence of the team from Malaysia Airports, the organisers finally agreed to have the world's first regional Routes event. Malaysia Airports responded by accepting the challenge to host New Route Asia for three pioneering years, from 2003 to 2005. The rest, as they say, is history! Today, there are regional Routes events all over the world, and the effectiveness of this concept is beyond question.

There were surprised faces around the world when Malaysia went on to become the first Asian country to host World Routes, in 2008. To the satisfaction of the decision-makers, the event was a resounding success, and key aviation-leaders who were at Routes Kuala Lumpur 2008 still talk about it enthusiastically today. This is a clear testament of Kuala Lumpur as an event-location, and to the proven pioneering spirit of Malaysia Airports.

Malaysia Airports was also the first airport to introduce active partnership with a National Tourism Organisation at World Routes, and the first to introduce live music and cultural performances at its booth. Today, this has become a common practice, so much so that there is often a cacophony of competing music, sound and dances across the Exhibition Area or Networking Village at Routes events. At Routes 2007 in Stockholm, Tourism Malaysia had an eye-catching booth of its own opposite the Malaysia Airports booth, complete with tall replicas of Kuala Lumpur's Twin Towers, setting the stage for the numerous NTOs that have their own booths at Routes events around the world today.

Double-decker booths, piping-hot ethnic food cooked on site, dedicated publications,

Routes 20 Years of Routes



award-winning marketing strategies….the list of innovations and excellence continue, building a strong pioneering tradition at Routes by the Marketing Division of Malaysia Airports. Today at Routes Asia 2016 in Manila, this same dedication to innovation and total commitment to service-excellence is available to all airlines seeking new routes and great destinations in Malaysia, the heart of Asia.

Pioneering Innovation

From Asia's first major low-cost carrier, and its first purpose-built low-cost carrier terminal on one hand, to on the other hand, Asia's first public-listed airport company and the first airport in the region to have features to handle mega-jumbo aircraft when it was being built from scratch (even before those mega-jumbos existed!)….quietly and often unheralded, Malaysia has built a steady and consistent reputation for far-sighted aviation innovation in Asia.

In the modern context, Malaysia is growing in importance as a vital heart of Asia's aviation, being a strategic business destination, holiday paradise and efficient air-hub for air-travellers across the Asia-Pacific region. Over 44 airlines from across Asia fly into various airports in Malaysia, and several of them are increasing their frequencies this year. Almost all the foreign airlines that have dedicated lounges at KLIA are from Asia, and when Malaysian carriers such as Malaysia Airlines, Malindo and Air Asia are

included, there are more than 70 destinations across Asia with direct connections to and from Malaysia!

When the passenger-traffic from the major Arab and European carriers is factored in, it becomes patently apparent that regardless of socio-economic factors, there continues to be steady growth into Malaysia, the strategic pioneer of Asia's aviation!

Airlines Flying into Malaysia from within Asia

1. Air Astana
2. Air China
3. Air India Express
4. AirAsia Zest
5. All Nippon Airways
6. Asiana Airlines
7. Bangkok Airways
8. Biman Bangladesh Airlines
9. Cathay Dragon
10. Cathay Pacific Airways
11. Cebu Pacific
12. China Airlines
13. China Eastern Airlines
14. China Southern Airlines
15. Eastar Jet
16. Eva Airways
17. Garuda Indonesia
18. Indonesia Airasia
19. Indonesia Airasia X
20. Japan Airlines International
21. Jetstar Asia
22. Jin Air
23. Korean Air
24. Lion Air
25. Mega Maldives
26. Myanmar Airways International
27. Nepal Airlines
28. Pakistan International Airlines
29. Regent Airways
30. Royal Brunei Airlines
31. Shanghai Airlines
32. SilkAir
33. Singapore Airlines
34. Spring Airlines
35. SriLankan Airlines
36. Sriwijaya Air
37. Thai AirAsia
38. Thai Airways International
39. Tiger Airways
40. United Airways Bangladesh
41. Uzbekistan Airways
42. Vietnam Airlines
43. Xiamen Airlines
44. Xpress Air

MALAYSIA, world-leader in Air-Rail synergy

KLIA's Express Rail Link empowers airport-users

When KL International Airport was first conceived decades ago, it incorporated several features that were far ahead of its time, such as culverts to support the weight of mega-jumbo aircraft that didn't even exist at that point in aviation development. Another visionary feature was the planning for a high-speed rail link from the airport to the heart of the city – something never heard of before in Southeast Asia at that time.

Fast-Track Innovation

Express Rail Link Sdn Bhd (ERLSB) was awarded the concession in 1997 to finance, design, construct, operate and maintain the KLIA Ekspres and KLIA Transit and other ancillary activities related to railway services for 30 years. The KLIA Ekspres which commenced operation on 14 April 2002 is a daily high-speed, non-stop air-rail connection between KLIA and Kuala Lumpur City Air Terminal (KL CAT) at KL Sentral station with a journey-time of 28 minutes at 15-minutes interval during peak hours and 20-minute frequencies during off-peak hours. Passengers can also take a 3-minute ride between KLIA2 and KLIA Main Terminal.

The train operation and maintenance is efficiently managed by ERLSB's wholly-owned subsidiary, ERL Maintenance Support Sdn Bhd (E-MAS). E-MAS was established in 1999 and initially owned by Siemens and ERLSB with shareholding portion of 51% and 49% respectively. After three years of operation, ERLSB took over Siemens shareholding whilst E-MAS continue to operate and maintain the train system under the ERLSB flagship. Over the years, both ERL and E-MAS has gained a world-wide reputation for engineering excellence and innovation.

Setting World Standards

ERL has been recognized locally and internationally for consistently setting high standards in the global air-rail services industry. ERL received the ISO9001:2008 certification for Quality Management System while E-MAS was awarded the ISO14001:2004 certification for Environmental Management System. ERL has also received numerous awards at the prestigious Global Air-Rail Awards

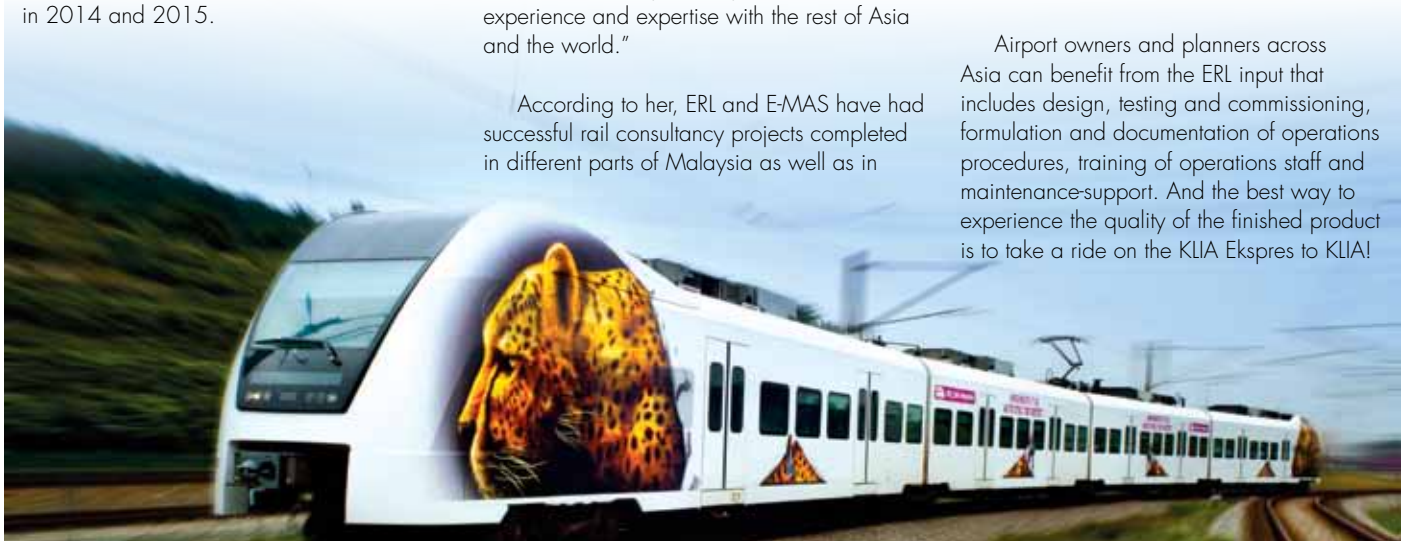
which included the Best Customer Service Award for KLIA Ekspres VIP Service (2001), Personality of the Year for ERL CEO Noormah Mohd Noor (2011), the coveted AirRail Link of the Year (2012) and the Environmental Commitment Awards in 2013. ERL was once again named AirRail Link of the Year at the Global AirRail Awards in 2014 and 2015.

Sharing Synergy

CEO Noormah Mohd Noor is modest about her achievements. "The success of ERL has always been a team-effort. From the beginning, our people have been our greatest asset, and our collective experience and expertise is our most valuable resource", she affirms. "Today, ERL is posed to share its experience and expertise with the rest of Asia and the world."

According to her, ERL and E-MAS have had successful rail consultancy projects completed in different parts of Malaysia as well as in Bangkok. The company also provided highly-skilled and experienced staff to support the Makkah Metro operations in Saudi Arabia during the Hajj season for the last four years. With those acomplishments, ERL and E-MAS are ready to share the effectiveness of air-rail synergy in terms of operations, maintenance and marketing.

Airport owners and planners across Asia can benefit from the ERL input that includes design, testing and commissioning, formulation and documentation of operations procedures, training of operations staff and maintenance-support. And the best way to experience the quality of the finished product is to take a ride on the KLIA Ekspres to KLIA!



MALAYSIA, leading Asia in Airport Hotels

Introducing innovations in Airport Hospitality

When KL International Airport was launched in 1998, airlines and airport-operators all across Asia sat up and took notice of something quite new in the business at that time:- world-class standards of Airport Hospitality on two levels. On one hand, there was a magnificent 5-star resort-styled hotel with spacious rooms and lush greenery, actually accessible indoors from the airport's main terminal building! On the other hand, there was one of the first airside-hotels in the world, certainly a first in this part of the globe!

Sama-Sama Hotel KLIA

Sama-Sama Hotel KLIA

A Growing Group

Today, those ground-breaking properties are part of a growing group of Airport Hotels – another innovation by an Asian airport-operator. The Sama-Sama brand already has three hotels at KLIA, and there are plans to extend the chain of airport hotels domestically and abroad. The Sama-Sama Hotels are owned and operated by KL Airport Hotels Sdn. Bhd, which is a wholly-owned subsidiary of Malaysia Airports Holdings Berhad. With the excellent track-record that Malaysia Airports has across this country and in various parts of the world for airport-operations, some industry analysts say Sama-Sama could become the world's best brand of airport-hotels in the foreseeable future.

These days, airside hotels are becoming part of airport-design. To keep ahead of the times, the KLIA Airside Transit Hotel, now called Sama-Sama Express, was recently upgraded to give transit passengers more convenient solutions to "Refresh, Relax and Renew" before lift-off. As its tagline suggests, the hotel seeks to facilitate ideal staying experiences by providing comprehensive amenities. It will also be the template for future airside transit hotels in the group.

Located next to Gate C5 in the Satellite Building, Sama-Sama Express has showers with toiletries, a lounge with TV entertainment, a buffet spread, WiFi connectivity and a meeting room with a 14-person capacity overlooking the airfield for the convenience of group business travellers. It has 80 attractively-furnished rooms equipped with safes and beverage-making appliances. With a six-hour minimum booking, travellers are also free to extend the rooms by the hour. "This hotel is essentially express lodging that caters to the necessary conveniences for passengers looking to rest after a long-haul flight", says Sama-Sama Director of Sales & Marketing Rohanna Ibrahim.

Sama-Sama Express klia2

A Flagship Example

When asked about the numerous awards won by the group's flagship property, she waxes eloquent. "Sama-Sama Hotel KL International Airport has been named "Best Airport Hotel in Asia" more than once. This deluxe 5-star resort-style property is probably the first airport-hotel in the world to be surrounded by such lush greenery! It is just next to the Main Terminal Building of KL International Airport and connected by a covered skybridge to the Arrival & Departure Halls. It is just a 5-minute walk, and for our guests' convenience, we operate a complimentary buggy shuttle-service that runs between the Airport and the Hotel. The hotel has 442 luxury guestrooms and suites, 3 great restaurants, a 24-hour Health Centre and gymnasium, with attractive little retail outlets, a florist and a wellness & beauty salon at our entrance and main lobby. All this is complemented with lush tropical landscaping, water features and a soothing resort-styled environment that creates a rejuvenating break for jet-lagged and weary travelers."

Sama-Sama Express KLIA

Sama-Sama Express klia2

Sama-Sama Express klia2

Sama-Sama Hotel KLIA

Sama-Sama Hotel KLIA

Sama-Sama Express klia2

"Sama-Sama Hotel KL International Airport is the preferred hotel choice for transit air travelers with a few hours in-between flights. Air-travelers with early morning departures or late night arrivals will also find the hotel perfectly suited to their unique needs. My team and I are now working hard to strengthen its role as a uniquely-convenient MICE destination in itself. Delegates can fly straight in for the event in a lush green resort-style environment with no land-transport problems, traffic-jams, stress or distractions. With convenient train access, it also offers these advantages for busy people in Greater Kuala Lumpur needing a convenient and refreshing getaway." Guests who stay at Sama-Sama Hotel can earn points both from the Peakpoints loyalty program as well as with participating airlines.

A Green Initiative

The opening of klia2 in June 2014 has added another hotel, Sama-Sama Express klia2, to the Group's portfolio. It is connected from KLIA's Main Terminal via a 3-minute ride on the transit train.

The Sama-Sama Express in klia2, located at the satellite building, is the first hotel from the Sama-Sama brand to be Silver-certified by the Green Building Index (GBI). The green initiatives include thermal solar hot-water system, energy-efficient lighting, and domestic waste-recycling. In addition to being an eco-friendly hotel, the Sama-Sama Express is also designed to provide seamless connectivity and convenience to guests in klia2, pulling in the contemporary vibe of the airport to create a modern and trendy experience for guests.

The air-side transit hotel features 70 guest rooms where transit passengers can choose from a variety of modern accommodations with each room designed to be both stylish and practical for guests, with latest technology and room facilities. The Sama-Sama Express state-of-the-art lounge with spacious settings for 110 persons overlooks the airfield and offers a range of delicious food and beverages, reading material as well as updates on the latest happenings and flight-schedules on the high definition (HD) large-format TV. Complimentary Wi-Fi and internet facilities are also available with up-to-date touch-screen computer-terminals.

From the flagship property to the newest budget facilities of the Sama-Sama group, it is clear that Malaysia Airports is committed to leading Asia in Airport Hotels and Airport Hospitality!

Sama-Sama Hotel KLIA

Convenient Connections at MITSUI OUTLET PARK

Discounts and Delights await Airport-Users!

Free airport shuttles, free baggage storage, free flight check-in, free use of shopping-trolleys, free access to baby rooms and a deluge of discounts and delights await everyone who walks into the exciting Mitsui Outlet Park KLIA Sepang! For those with a flight to catch, simply check-in and get your boarding-pass, (see box for details) continue shopping, and board the free shuttle-bus to the airport when you're ready!

The best part of shopping here is the sheer value for money. On any given day throughout the year, visitors can expect discounts between 30% to 70% on off-season products from international and local brands such as Hugo Boss, Bally, Polo Ralph Lauren, Outlet by Club 21, Aigner, Sacoor Brothers, Tommy Hilfiger, BCBGMAXAZRIA, DVF, Hackett, Bonia, Adidas, Zalora Outlet, Guess, Porsche Design, Hush Puppies, Karen Millen, Topshop, Superdry, Cole Haan, Swarovski and more.

Traditional Japanese hospitality combined with authentic Malaysian elements is what you will find at Mitsui Outlet Park KLIA Sepang, the really exciting shopping experience in Southeast Asia! This impressive emporium enriches your shopping experience by providing a taste of both Malaysian and Japanese culture in a location conveniently close to the airport.

At its Grand Launch last year, Masanobu Komoda, President and Chief Executive Officer of Mitsui Fudosan said, "We unite Malaysian culture and needs with our Japanese style of hospitality. We strive to operate Mitsui Outlet Park KLIA Sepang as an attractive and safe destination complemented by comfort and convenience. We have injected our experience and knowledge acquired from the development and operations of 13 existing outlet malls in Japan as well as many other retail malls that we own and manage internationally."

Mitsui Outlet Park KLIA Sepang features a unique 'Paradise Village' design-concept with four nature-inspired zones - the Sunshine Square, Pier Walk, Tropical Plaza and Beach Walk – to evoke a tropical feel. This ensures that visitors feel relaxed and comfortable while walking amongst 127 outlets. The tropical-resort ambience is enhanced by the lush greenery and streams of natural light brightening the two-storey enclosed mall. It is Malaysia's new shopping paradise where luxury meets affordability.

Mitsui Outlet Park KLIA Sepang provides delicious servings of Japanese culture through the 'Japan Avenue', where visitors can taste authentic Japanese cuisine and experience authentic Japanese culture through traditional demonstrations of arts and crafts, tea, and various other culinary delights.

For those with more cosmopolitan tastes, there is something for everyone, including popular international restaurants, speciality-cuisine outlets, cafés, coffee-

shops, chocolatiers and bakeries. Mitsui Outlet Park also houses a food court that can accommodate up to 800 diners at any one time.

Aside from its distinctive architecture, cultural combination and wide range of offerings, Mitsui Outlet Park KLIA Sepang has a comprehensive range of facilities. Baby Nursing Rooms are available at the Beach Walk, with 2 units on the Ground Floor and 1 unit on the First Floor. The Jkids Children's Playground is on the First Floor, while Wheelchairs and Strollers are available for loan. ATMs are available on the Ground Floor and First Floor, and there is a Surau located at the Ground Floor in the Beach Walk area.

For air-travellers, this is the first Mitsui Outlet Park in the world to feature a Flight Check-in Centre. This is a dedicated service for air-travellers that has been specially developed for a stress-free shopping experience for travellers, with maximum convenience and peace-of-mind. The outlet-mall's management, MFMA Development, ensures that Mitsui Outlet Park KLIA Sepang is seamlessly integrated into the airport experience, and provides customers with an end-to-end experience that integrates well with the airport terminals.

For more information or to plan your next trip to include this unforgettable shopping destination, visit www.mitsuioutletparkklia.com.my.

The Mitsui Outlet Park KLIA Sepang **Flight Check-In Centre**

- **Flight Check-in Kiosk** to obtain your boarding-pass while shopping; *(available for the following airlines: Malaysia Airlines, Bangkok Airways, Cathay Pacific Airways, KLM, and Turkish Airways. Desktop and printing facilities are available for passengers on other airlines with online check-in services.)*
- **Flight Information Display Systems** to check the latest flight-information without leaving the premises;
- **Free baggage storage service**; to shop in convenience while luggage is securely and safely stowed;
- **Free airport shuttle bus-service** at regular intervals in air-conditioned comfort;
- **Facilitation for transportation services** to access buses, taxis, and rental cars to the city.

AIRLINE & AVIATION OFFICES

A Malaysia Airports concept for communication convenience !

1) **Aeroflot** 10
• Lion Office Tower • 03-2141 4000
2) **Aerolineas Argentina** 8
• Central Plaza • 03-2144 3288
3) **Aero Mexico** 24
• UOA Centre • 03-2715 2277
4) **Air Arabia** 31
• Hotel Maya • 03-2161 0908
5) **Air Astana** 8
• Central Plaza • 03-2144 1571
6) **Air Berlin** 9
• Menara Standard Chartered • 03-2687 2222
7) **Air Bagan** 8
• Central Plaza • 03-2144 6785
8) **Air Canada** 24
• UOA Centre • 03-2715 2053
9) **Air China** 27
• Plaza OSK • 03-2166 1999
10) **Air France** 4
• ParkRoyal Hotel • 03-7724 8181
11) **Air India** 18
• Wisma Paradise • 03-2072 6066
12) **Air KBZ** 8
• Central Plaza • 03-2144 6785
13) **Air Madagascar** 10
• Lion Office Tower • 03-2141 3899
14) **Air Mandalay** 8
• Central Plaza • 03-2144 6785
15) **Air Mauritius** 8
• Central Plaza • 03-2142 9161
16) **Air New Zealand** 24
• UOA Centre • 03-2715 5020
17) **Air Niugini** 8
• Central Plaza • 03-2148 4313
18) **Air Seychelles** 9
• Menara Standard Chartered • 03-2687 2222
19) **Air Serbia** 9
• Menara Standard Chartered • 03-2687 2222
20) **Alitalia** 10
• Lion Office Tower • 03-2148 0644
21) **All Nippon Airways** 11
• Wisma Goldhill • 03-2032 1331
22) **Amadeus (GDS)** 13
• Menara Dion • 03-2302 2100
23) **American Airlines** 24
• UOA Centre • 03-2715 1122
24) **Asiana Airlines** 8
• Central Plaza • 03-2144 3101
25) **Association of Asia Pacific Airlines** 23
• Menara Prestige • 03-2162 1888
26) **Austrian Airlines** 8
• Central Plaza • 03-2148 8033
27) **Bangkok Airways** 8
• Central Plaza • 03-2148 0829
28) **Biman Bangladesh Airlines** 26
• Menara Atlan • 03-2164 6270
29) **British Airways** 28
• The Intermark • 03-7712 4747
30) **Cathay Pacific** 22
• Menara IMC • 03-2035 2777
31) **China Airlines** 2
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32) **China Eastern Airlines** 27
• Plaza OSK • 03-2161 1666
33) **China Southern Airlines** 27
• Plaza OSK • 03-2163 9977
34) **Cathay Dragon** 22
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35) **Egypt Air** 6
• Menara Keck Seng • 03-2145 6867
36) **Emirates Airlines** 7
• The Pavilion • 03-2058 5899
37) **Ethiopian Airlines** 8
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39) **Etihad Regional** 9
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40) **Eva Airways** 15
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41) **Finnair** 8
• Central Plaza • 03-2145 1155
42) **flyNiki** 9
• Menara Standard Chartered • 03-2687 2222
43) **Galileo (GDS)** 6
• Menara Keck Seng • 03-2119 6000
44) **Garuda Indonesia** 28
• The Intermark • 03-2162 2811
45) **Gulf Air** 8
• Central Plaza • 03-2141 2676
46) **Hahn Air** 8
• Central Plaza • 03-2148 8033
47) **Hawaiian Airlines** 10
• Lion Office Tower • 03-2143 1533
48) **Heli Air Monaco** 10
• Lion Office Tower • 03-2141 4540
49) **Hong Kong Airlines** 24
• UOA Centre • 03-2715 1155
50) **Hunnu Air** 16
• Menara Hap Seng • 03-2148 7500
51) **Icelandair** 24
• UOA Centre • 03-2715 2277
52) **Iran Air** 25
• Megan Avenue II • 03-2161 1351 / 0411
53) **Iran Aseman Airlines** 31
• Hotel Maya • 03-2166 7644
54) **Iraqi Airways** 3
• Berjaya Times Square • 03-2110 0105
55) **Jet Airways** 10
• Lion Office Tower • 03-2148 9020
56) **Jetstar** 2
• Amoda Building • 03-2713 3909
57) **Kenya Airways** 16
• Menara Hap Seng • 03-2141 7521
58) **KLM Royal Dutch Airlines** 4
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59) **Korean Air** 16
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• UBN Tower • 03-2031 6033
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• Kenanga International • 03-2053 1898
62) **Mahan Air** 25
• Megan Avenue II • 03-2166 7977
63) **Malindo Air** 30
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68) **Oman Air** 16
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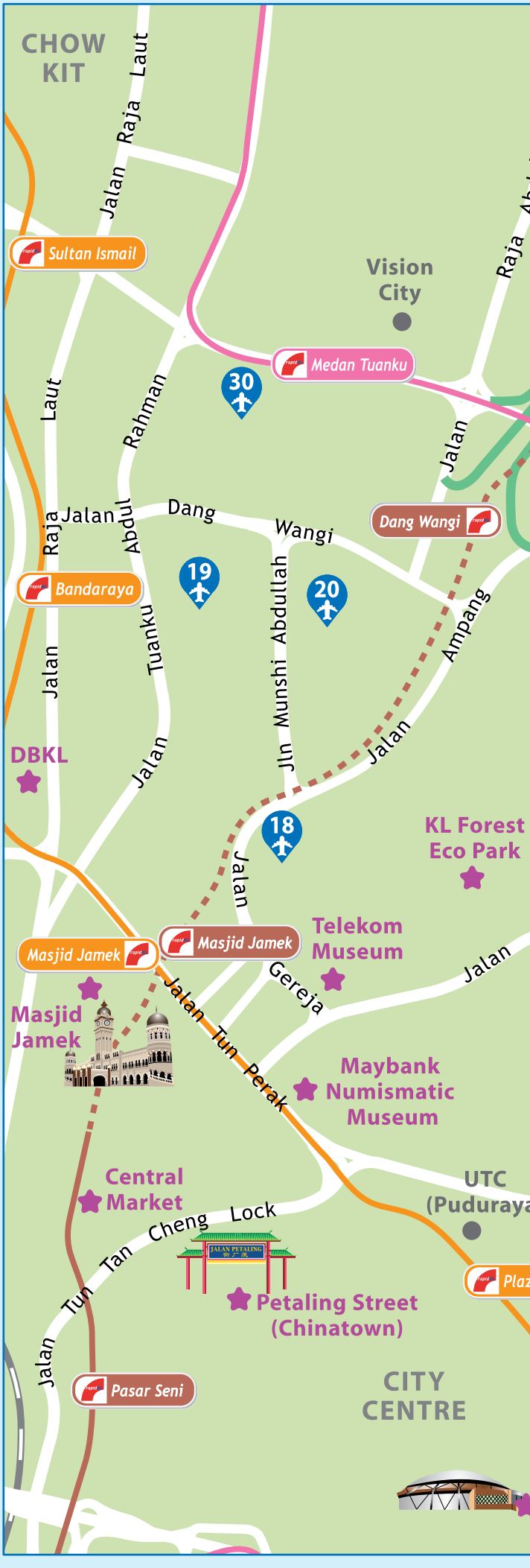
69) **Pakistan International Airlines** 8
• Central Plaza • 03-2142 5444
70) **PAL Express** 10
• Lion Office Tower • 03-2141 0767
71) **Philippines Airlines** 10
• Lion Office Tower • 03-2141 0767
72) **Qantas** 2
• Amoda Building • 03 - 2713 3911
73) **Qatar Airways** 8
• Central Plaza • 03 - 2118 6100
74) **Regent Airways** 8
• Central Plaza • 03-2072 8255
75) **Royal Brunei Airlines** 17
• UBN Tower • 03-2070 7166
76) **Royal Jordanian** 16
• Menara Hap Seng • 03-2148 7500
77) **Saudi Arabian Airlines** 25
• Megan Avenue II • 03-2166 7778
78) **Scandinavian Airlines** 25
• Megan Avenue II • 03-2162 6044
79) **Silk Air** 20
• Menara Multi-Purpose • 03-2618 6333
80) **Singapore Airlines** 20
• Menara Multi-Purpose • 03-2618 6333
81) **Shanghai Airlines** 27
• Plaza OSK • 03-2161 1666
82) **Shenzhen Airlines** 27
• Plaza OSK • 03-2166 1999
83) **South African Airways** 10
• Lion Office Tower • 03-2141 7456
84) **SpiceJet** 18
• Wisma Paradise • 03-2070 6055
85) **SriLankan Airlines** 16
• Menara Hap Seng • 03-2070 1979
86) **Swiss International Air Lines** 15
• Kenanga International • 03-2053 1898
87) **TAP Portugal** 24
• UOA Centre • 03-2715 2277
88) **Thai Airways** 11
• Wisma Goldhill • 03-2034 6999
89) **Turkish Airlines** 24
• Menara Prestige • 03-2163 0849
90) **Turkmenistan Airlines** 32
• G Tower • 03-7728 1044
91) **Ukraine International Airlines** 31
• Hotel Maya • 03-2161 0908
92) **United Airlines** 10
• Lion Office Tower • 03-2161 1433
93) **U.S. Airways** 24
• UOA Centre • 03-2715 1122
94) **Uzbekistan Airways** 24
• Wisma UOA II • 03-2162 6488
95) **Vietnam Airlines** 16
• Menara Hap Seng • 03-2031 1555
96) **Xiamen Airlines** 27
• Plaza OSK • 03-2166 8222
97) **Yemen Airways** 24
• UOA Centre • 03-2164 3031

MALAYSIA AIRPORTS HOLDINGS BERHAD (487092-W) 22
Marketing Division



KUALA LUMPUR
KAMPUNG BARU
AMPANG - K.L. ELEVATED HIGHWAY
Jalan Tun Razak
Jalan Yap Kwan Seng
Kg Baru
KLCC
Ampang Park
Plaza OSK
Petronas Twin Towers
Malaysia Tourism Centre (MaTiC)
Jalan Ampang
Jalan Binjai
Bukit Nanas
Concorde Hotel
Menara IMC
Shangri-La Hotel
Kuala Lumpur Tower
KL Convention Centre
Lorong Kuda
Stonor
Jalan P. Ramlee
Jalan Sultan Ismail
Jalan Pinang
Jalan Perak
Jalan Kia Peng
Menara Hap Seng
GOLDEN TRIANGLE
Raja Chulan
Jalan Raja Chulan
Jalan Conlay
Craft Cultural Complex
Pavilion KL
Central Plaza
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Jalan Pudu
Jalan Bukit Bintang
Imbi
Berjaya Times Square
Jalan Hang Tuah
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MALINDO expands Route Network

Full-service carrier Malindo Air is expanding its route-network to cope with increasing demand, its CEO Chandran Rama Muthy told Airlink. Speaking at the launch of Malindo's first flights to Lahore in Pakistan this month, he elaborated that "Australia, Pakistan, China and India are some of the countries where we are increasing our footprint. While we tend to take a cautious and careful approach to Route Development, we are also keenly aware of market-demand and opportunities to grow in the Asia-Pacific region."

Malindo Air took to the skies in March 2013 with domestic flights and has since grown to operate routes to all major airports in Malaysia and across regional destinations in Indonesia, Thailand, India, Bangladesh, Nepal, Vietnam, Hong Kong, Singapore and Australia, with plans to operate to Greater China and Jeddah coming on-stream. Today, the airline operates over 800 flights weekly across a continuously growing network of about 40 routes in the region.

The airline won Airline of the Year (Passenger) at the KLIA Awards 2014 and was named Top Performing Airline 2015 by Travelport. Operating from the main terminal of KLIA, it is being increasingly sought-after for regional and domestic interlining by various international airlines. For bookings and enquiries, visit www.malindoair.com, or call ***03-7841 5388*** from 7am to 11pm daily.

Steady growth for OMAN AIR direct flights

There has been an encouraging and steady growth since Oman Air re-instated its direct flights between Kuala Lumpur and Muscat, says Country Manager Zainuddin Mohamed. "Air-travellers have affirmed their preference for a direct route from KLIA, and despite the challenging economic circumstances, we are encouraged by the steady growth on this route. Flying a boutique airline like Oman Air has its distinct advantages, and experienced frequent-flyers are aware of this fact", he adds.

Founded in 1970, Oman Air's current network covers 50 destinations across the Middle East, Europe, Asia and Africa. The national flag-carrier of the sultanate of Oman has seven flights a week between Kuala Lumpur and Muscat, where air-travellers can connect to the United Kingdom as well as other European destinations such as Milan, Munich, Frankfurt, Paris and Zurich. For ticketing and enquiries, please call ***03-2145 6123*** or log-on to www.omanair.com

CATHAY DRAGON committed to Malaysian routes

Recently-rebranded Cathay Dragon, an affiliate member of oneworld and a member of the Cathay Pacific group, remains strongly committed to its Malaysian routes covering Penang in Peninsula Malaysia and Kota Kinabalu on the island of Borneo, says Danny Tham, Sales & Marketing Manager for Malaysia and Brunei, adding that the airline operates 10 weekly flights between Penang and Hong Kong, and has daily flights between Kota Kinabalu and Hong Kong.

Established in 1985 as Hong Kong-based Dragonair, the airline now operates a fleet of 19 A330-300s, eight A321s and 15 A320s providing quality passenger and cargo services. The airline's network covers 53 destinations across the Asia-Pacific region, including 23 in Mainland China. The airline's expertise has been recognised in its being voted "Best Regional Airline Asia" in the Skytrax survey in 2011, 2013 and 2015, as well as "World's Best Regional Airline" in 2010, 2011, 2013 and 2015.

Danny Tham says that Cathay Dragon will continue to provide the same high level of products and services that made it a four-time winner of the World's Best Regional Airline award. It has the same dedicated team continuing to offer friendly and caring service, providing a premium in-flight experience which is built on their experience and understanding of their passengers.

For more ticketing and information, please log-on to www.dragonair.com.my, or contact the Cathay Dragon Reservation office at ***04- 261 8397*** (Penang) or ***088-254 733*** (Kota Kinabalu).

Global CNY with BRITISH AIRWAYS

To ring in Chinese Lunar New Year of the Fire Monkey, British Airways hand-picked five top Chinatowns to visit in North America and Europe. All were within easy reach for travellers via British Airways' extensive international network and smooth connections through London Heathrow.

The Chinatown in **London**, **United Kingdom** is one of the city's most famous tourist attractions. The Chinese New Year annual celebration in London takes the honour of being the biggest in the world outside of China. This year, it was loud and colourful, with decorations, dragons, and dancing galore. The parade along Charing Cross Road and Shaftesbury Avenue began at 10am, with a Dragon and Lion Dance on the stage in the Square at noon, after which there were Lion Dances throughout Chinatown until about 5pm.

The **Manhattan, New York** Chinatown nestles between the neighbourhoods of Little Italy and Tribeca. It has the largest Chinese ethnic population in the Western Hemisphere.

Thousands participated in the Chinese New Year parade which started at Mott Street and meandered through the labyrinth of streets throughout NYC Chinatown before dispersing at Broome/Forsyth. Afterwards, an outdoor Chinese cultural festival took place in Sara Roosevelt Park showcasing performances by musicians, dancers and martial artists.

With the second-largest Asian community in North America, the **San Francisco**, **California** Chinatown is as old as the city itself. It is a protected historic district where Chinese-styled architecture recalls a bygone era of ancient China. Chinese New Year celebrations started early this year with a mini-procession on 30 January along Grant Avenue between California Street and Pacific Avenue. As Chinese New Year dawned, Chinatown resounded with firecrackers while ceremonial lions ushered in another auspicious year. One of the annual highlights is the Miss Chinatown USA where aspirants throughout the country vie for the crown of the fairest of them all.

The Chinatown in **Vancouver**, **Canada** is rooted in culture and is also emerging as one of the city's hippest nightspots. The Vancouver Chinatown New Year Parade is the largest assembly of traditional lion dances in Canada. This signature event began at 11am and streamed down West Pender under the Chinatown Millennium gate, up Gore Street, and then back up along Keefer.

Manchester, **United Kingdom** lays claim to one of the most vibrant Chinatowns in the West. Clearly marked by a huge imperial arch decorated with dragons and phoenixes, Manchester's Chinatown was decorated with thousands of red lanterns hung across the streets as its community hosted the famous Dragon Parade. The biggest event of the year was certainly one not to be missed!

British Airways passengers from Malaysia flying to any of these Chinatowns will have the opportunity to travel in the latest and most technologically-advanced Boeing 787-9 Dreamliner. British Airways' flights from Kuala Lumpur land at the airline's home at London Heathrow Terminal 5, where customers can enjoy stress-free onward connections to cities in the UK, Europe and United States. For booking and more information, please visit ba.com or call ***03-7712 4747***.

AIR NIUGINI gaining recognition

The national airline of Papua New Guinea is gaining global recognition for its operations and unique ethnic identity, says a spokesperson for Abadi Aviation Services, the Malaysian GSA for Air Niugini. In November last year, Air Niugini received its latest International Air Transport Association's (IATA) Operational Safety Audit (IOSA) certification, consolidating its position as the only IATA IOSA certified PNG airline operating in the country.

Air Niugini's Chief Executive Officer, Simon Foo said the certificate is in recognition of Air Niugini Limited having an Operational Safety System which meets the highest level specified and recognized by IATA. He said "It is not an easy audit as internationally recognized quality audit principals were used to conduct the program in standardized and consistent manner. We are pleased to know that Air Niugini has successfully passed the program again."

He concluded that safety continues to be a paramount importance in the operations of Air Niugini as the airline continues to be the premier airline serving Papua New Guinea and strives to deliver safe, reliable, cost effective air services whilst exceeding the expectations of its customers and stakeholders. Its unique ethnic identity is also a special attraction to tourists and business travellers seeking to experience authentic PNG hospitality and service, he added.

For tickets and information, please call ***03-2148 4313***.

Customer Satisfaction grows for GULF AIR

An impressive 31% increase in compliments was recorded for the Kingdom of Bahrain's national carrier, along with a 26% increase in the distribution of Staff Appreciation Vouchers compared to the same period last year. This good growth was revealed in Gulf Air's quarterly Customer Satisfaction Survey results for Q3 of 2015.

Significantly, the passenger feedback reflected the positive impact made by Gulf Air's cabin-crew performance including appearance, responsiveness and availability – all delivering the highest rating for Q3 – while also revealing an increase in popularity and positive feedback on the airline's Falconflyer Programme which last year celebrated its 20th anniversary.

Passenger feedback on their selection of Gulf Air revealed four important aspects for their choice of Bahrain's national carrier: most convenient departure/arrival time (49%), non-stop flights (31%), lower fare (31%) and good value for money (26%). In line with this, 2015 saw Gulf Air increase its total number of flights by approximately 1,000 including increasing schedule frequencies for more convenient and seamless movement across the airline's network.

Gulf Air A/Chief Commercial Officer Ahmed Janahi, said: "These results are further testimony to our continuous efforts towards improving our customer service across all fronts. We have embarked on an aggressive revamping of our products and services over the past year that has received excellent feedback from customers, as reflected in these survey results. We continue to do so in line with our mission to deliver a superior travel experience to all and I am delighted with our progress to date." For ticketing and reservations, please call Abadi Aviation Services at ***03-2141 2676***.

ROYAL JORDANIAN goes direct

The national flag-carrier of the Kingdom of Jordan recently initiated direct flights between Malaysia and Jordan. Royal Jordanian Airlines now operates 3 times weekly non-stop flights from Kuala Lumpur to Amman using state-of-the-art Boeing 787 Dreamliner aircraft.

Wilson Chan of the airline's Malaysia General Sales Agent Deks Air says that the recent news is very exciting as Malaysian passport-holders are now given free entry visa into the Kingdom of Jordan, a significant saving of USD60 per entry. This reciprocal immigration agreement with Malaysia is a welcome step forward to encourage more Malaysians to visit Jordan and the Holy Land.

The national flag-carrier of Jordan was established in December 1963 after a royal decree by His Majesty the late King Hussein bin Talal. When Royal Jordanian was established in 1963, His Majesty King Hussein said: "I want our national carrier to be our ambassador of goodwill around the world and the bridge across which we exchange culture, civilization, trade, technology, friendship and better understanding with the rest of the world."

Today, Royal Jordanian carries that commitment around the globe, operating over 500 flights per week, with at least 110 daily departures in various parts of the world. It is a member of the Arab Air Carriers Organization and of the OneWorld global airline alliance.

Wilson Chan says that Royal Jordanian has been operating to KLIA since 2012, with a strong presence in Malaysia since the 1970's. At that time it was the first Middle Eastern carrier to fly to Malaysia. For ticketing and inquiries, please call ***03-2148 7500***.

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ETHIOPIAN celebrates 70 years!

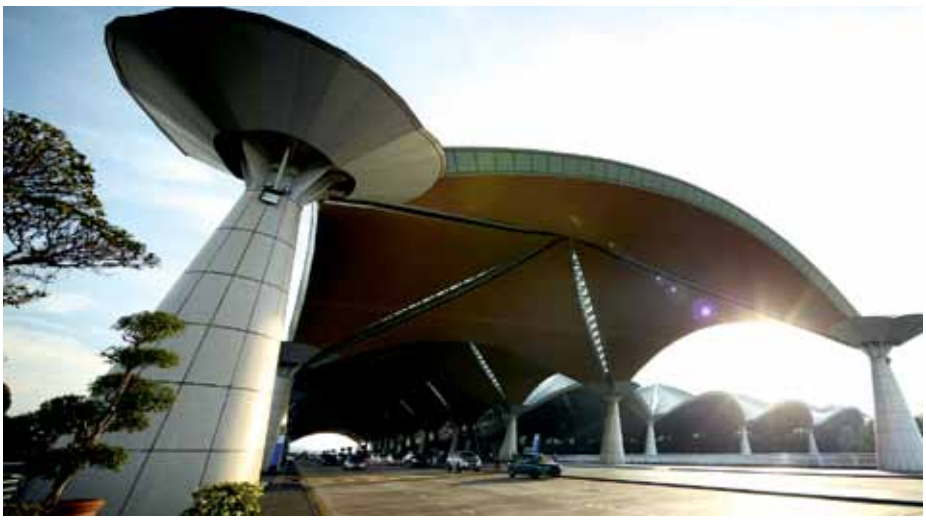
The national flag-carrier of Ethiopia is celebrating a proud track-record of financial success spanning seven decades, and in Malaysia, it is celebrating its 70th Anniversary throughout this year with a variety of events, offers and activities, says Malaysia Country Manager Osman Habib. The airline recently hosted five top tour-operators from Kuala Lumpur on a familiarization-tour of the fabled land of Ethiopia, covering the national capital of Addis Ababa and the scenic northern region of the country. More exciting activities and promotions will be held this year, he promised.

Ethiopian enters its 70th year with a glittering history as a multi-award-winning airline. Among its most recent accolades are the APEX Passenger Choice Award, the CAPA Airline of the Year Award, AFRAA Airline of the Year Award for the fourth year in a row, and the 2015 Best Regional Airline by Air Transport World, the leading global aviation publication. As the largest, fastest-growing and most profitable airline in Africa, it has recently been recognized as "Best Airline to Africa", for a second year in a row, and "Best Airline in Africa" by one of the most prominent travel-magazines in the United States, Premier Traveler.

Osman Habib adds that Ethiopian is a Pan-African global carrier and a member of Star Alliance, operating the youngest fleet in the continent with an average of less than 7 years. He adds that it is currently serving more than 90 international destinations across 5 continents with over 200 daily departures.

Sales Manager Herman Ng adds that Ethiopian connects to KLIA four times a week. For enquiries and reservations, please call ***03-2141 2190*** or visit www.ethiopianairlines.com. To explore Ethiopia and other amazing parts of Africa, please log-on to www.ethiopianholidays.com.

Meet and Assist Services by KLAS



While almost everyone loves to travel, the hassle at the airport remains an adventure by itself. Starting with the parking woes, long check-in queues and overcrowded waiting halls awaits you even before the commencement of a well-deserved break or business trip. However, all this can be a thing of the past the next time you travel from or to the KL International Airport (KLIA).

Thanks to KL Airport Services Sdn Bhd (KLAS's) latest offering named KLAS VIP Meet and Assist Services, travellers - be it for business or with the family can now enjoy exclusive VIP-standard services the next time they visit KLIA.

The KLAS VIP Meet and Assist Services is a "red carpet" service that allows visitors departing and arriving at KLIA a hassle-free experience at the airport. Guests can enjoy personalised attention and assistance accorded by well-trained KLAS Customer Services Assistants who will meet guests as they arrive to check in at the airport and when they disembark from their aircraft at KLIA. Furthermore, travellers can avoid a long queue at the immigration lane when using this service as the Customer Service Assistants will escort them all the way through the premium lane and straight to the aircraft door.

Guests will also enjoy priority check-in and fuss-free baggage collection, as well as have their transport arrangements taken care of from and to their hotels or preferred local destinations. Apart from individual guests, the KLAS VIP Meet and Assist Services is also available to MICE (Meeting, Incentives, Conventions, and Exhibitions) delegates and special groups such as performing artistes, celebrities and sports teams. The KLAS VIP Meet and Assist has experienced in managing and dealing with larger groups as recently they handled over hundreds of delegates and representatives from countries involved in the 26th ASEAN Summit held in Malaysia last year.

"At KLAS, we strive to deliver total customer satisfaction through the provision of quality products and services, efficiently, consistently and effectively," said Mohd Yunus Idris, Chief Executive Officer of KL Airport Services Sdn Bhd.

Mohd Yunus said, "Our customers always come first and the epitome of our commitment to service excellence is through our KLAS VIP Meet and Assist Services. It truly provides for an easy, pleasant, and efficient way to depart and arrive in Malaysia," adding that all these luxuries come with a small price tag.

KLAS was established in February 1995 as a subsidiary of one of the country's leading conglomerates, DRB-HICOM Berhad.

Together with Malaysia Airlines, KLAS was tasked with being one of just two companies providing the full scope of ground handling services when KL International Airport opened in 1998 – a responsibility that continues till today.

To date, KLAS is Malaysia's only licensed independent ground handler that provides a comprehensive range of services to various commercial airlines and airline-passengers travelling into and through Malaysian airports.

Apart from Kuala Lumpur, KLAS currently operates at all the international gateways of Malaysia namely the airports in Langkawi, Penang, Kuching, and Kota Kinabalu. It recently added Ipoh and Miri to its fast-growing portfolio of destinations.

THAI Royal Orchid Lounge popular

Thai Airways International General Manager Malaysia Suttichoke Rodleechit says that there is a growing appreciation among Malaysian travellers for THAI's beautiful Royal Orchid Lounge at KL International Airport which is designed to serve Royal Silk Class passengers with a comprehensive range of services.

This elegant facility has an 80-seat Lounge Area with healthy snacks, hot cooked food and a good choice of beverages. An en-suite toilet and a business-corner with computer terminals and phone-recharge sockets add to the comfort and convenience in this pleasant facility. "Although we were one of the first airlines to have our own dedicated airport-lounge at KLIA, more and more travellers in these hectic and busy times appreciate the soothing exclusivity of this well-established facility", he explains.

THAI is one of the pioneer international airlines to fly into Malaysia, with a strong market presence spanning nearly half-a-century. The national flag-carrier of Thailand connects Kuala Lumpur to Bangkok with a total of 14 weekly flights from KLIA. It also has 7 flights a week from Penang. For more information on travel with THAI, please contact ***03-2034 6999*** (KL), ***04-2266 000*** (Penang) or log-on to www.thaiairways.com.my

Golden Lounge for KLM

KLM passengers departing from Kuala Lumpur International Airport are now enjoying a new business-class lounge facility. "Since we began using the MH Golden Lounge from 1 January 2016, we have received very favorable comments from passengers", a spokesperson from the Kuala Lumpur office said.

The spacious facility has a comprehensive range of amenities including a self-service buffet, business center, a dedicated dining area, smoking room, shower and toilet facilities, a nursery and baby-care room, children's playroom, and free Wi-Fi. KLM passengers can also enjoy a spa experience; with charges only applicable for treatments.

The new lounge provides KLM passengers with a relaxing environment in which to unwind before catching their flight. The

Golden Lounge is open 24 hours, and is located at the KLIA Satellite Building, Mezzanine Level 2.

KLM currently offers a daily flight between Kuala Lumpur International Airport and Schiphol Amsterdam Airport, the gateway to Europe. KLM is a member of the SkyTeam alliance which has 19 member airlines, offering customers access to a global network of over 15,500 daily flights to 1,000 destinations. For information and reservations please call KLM Reservations at ***03-7712 4555***.

XPRESS AIR expands in Kuching

Indonesian carrier Xpress Air is looking at new routes from Kuching, the capital city of Malaysia's largest state, says the Xpress Air Commercial Director. Given its success on the Kuching-Pontianak routes, the airline will soon initiate connections from Kuching to major Indonesian destinations such as Bandung and Jogjakarta.

Xpress Air has been enjoying good take-up on its route connecting Sarawak's state capital of Kuching with the Bornean town of Pontianak. Medical tourism is one attraction, while Kuching's culture and cuisine are among the other factors that bring a steady stream of visitors to the city. The new routes will also give the people of Sarawak convenient access to more destinations in Indonesia.

Established in 2003, the focus of Jakarta-based Xpress Air is the eastern and western Indonesian market where some big cities and provinces are located. Major hubs include Bandung, Sorong, Palembang and Pontianak - all big cities in eastern and western Indonesia. This privately-owned, scheduled carrier connects Jakarta to more than 50 domestic and international destinations. Bandung serves as a main hub for all flights coming from Java islands Especially Trans Sumatera Routes, while Sorong serves as a second hub in Papua, connecting remote places surrounding the West Papua region. For booking and enquiries, please log on to www.xpressair.co.id

Sarawak Tourism supports HONG KONG AIRLINES

Sarawak Minister of Tourism Datuk Amar Abang Johari bin Tun Abang Haji Openg said that the Sarawak Tourism Board would support Hong Kong Airlines in terms of tourism packages as well as market promotion and expansion when the airline inaugurates its new route between Hong Kong and Kuching soon. He was speaking at the Official Signing of Agreement between the Sarawak Tourism Board and Hong Kong Airlines for promotion of a direct flight between Kuching and Hong Kong.

The large delegation from Sarawak included Deputy Ministers of Tourism Datuk Talib Zulpilip and Datuk Gramong Juna, and members of various government departments such as the Chief Minister's Office, Ministry of Tourism, Sarawak Tourism Board, Sarawak Cultural Village, and the Sarawak Convention Bureau.

Also present were Malaysia Airports General Manager Marketing Mohamed Sallauddin Haji Mat Sah and Tourism Malaysia Hong Kong Director Norshamsida Abdul Rahman.

STB
SARAWAK TOURISM BOARD

The agreement for Hong Kong Airlines to operate the Hong Kong-Kuching direct route was signed by Sarawak Tourism Board Chief Executive Officer and Permanent Secretary to Sarawak's Tourism Ministry Datu Ik Pahon Joyik and Hong Kong Airlines Assistant Director of Commercial Michael Burke.

The signing ceremony marked the beginning of the process to establish the first direct link between Kuching and the Orient. Datuk Amar Abang Johari said the state government was pleased that the new route was being finally realised as the direct flight from Hong Kong to Kuching will increase connectivity between the two destinations. It would also enhance international connectivity for Sarawak. "It augurs well for the state", he added.

CHENGDU Charters to Langkawi

No less than fifteen charter-flights from Chengdu to Langkawi filled the recent Chinese Lunar New Year season with merriment and gaiety, says a spokesperson from Y.C. Travel and Tours, the Malaysian ground-handler for the groups.

Utilising Boeing 737-800 aircraft from a commercial airline in China, the charter-flights show the increasing popularity of the scenery, seafood and local culture of Malaysian destinations like Langkawi and Kota Kinabalu for Chinese travellers. Langkawi itself is a cluster of 99 islands with a total landmass of 479 sq km and home to the South East Asia's first UNESCO National Geopark.

The inaugural charter-flight was greeted by costumed dancers, a Welcome Team from the Langkawi Development Authority (LADA), and representatives of Malaysia Airports Holdings Berhad. Langkawi International Airport is located at Padang Matsirat, about 25 minutes from Kuah town. Opened in 1985, the airport focuses on inbound flights from its core market and aims to develop high-potential inbound leisure markets such as India, China, Russia and Europe.

New Lounge for ETIHAD

Etihad Airways will open a new First Class Lounge at Abu Dhabi International Airport Terminal 3 in May this year for the exclusive use of guests in First Class and The Residence as well as Etihad Guest Platinum and Etihad Airways Partners Platinum members.

The investment and development of the new world-leading facility highlights the airline's commitment to its top-tier guests. Peter Baumgartner, Etihad Airways Chief Commercial Officer, said: "The new First Class Lounge in Abu Dhabi will be the jewel in the crown of our ever-growing global lounge portfolio, a showcase of intelligent design and innovation, and the world's best premium airport experience.

"We are confident that it will deliver a product and service which is as highly acclaimed as it is inflight and look forward to unveiling its many unique features with great pride."

The state-of-the-art space combines modern Arabian design elements and the understated elegance and luxury synonymous with the Etihad Airways brand, demonstrating the airline's legendary hospitality and constant drive for perfection in its multi-award-winning First Class experience, both on the ground and in the air.

General Manager Malaysia Dave Walsh says that Etihad Airways offers double daily flights from KLIA to its Abu Dhabi base, from where it flies to, or has announced plans to serve, 116 passenger and cargo destinations in the Middle East, Africa, Europe, Asia, Australia and the Americas. For reservations call ***03-2687 2222*** or visit www.etihad.com.

Encouraging sales for AIR ASTANA

The recent holiday season and various trade-promotions have seen encouraging sales for Air Astana, says the airline's Malaysia Country Manager Manshuk Kuatbaikyzy. Kazakhstan's award-winning national flag-carrier has had a strong presence in Malaysia since its debut here in 2009, she added.

"The recent code-share agreement signed with Air France/KLM strengthens our connections into Europe. Air Astana has three weekly flights into Paris, and now we provide seamless connections onward with Ar France/KLM! Air Astana is fully committed to expanding our global route network from Astana" she says. "With Kazakhstan and Malaysia enjoying strengthening links in business, finance, tourism and culture, I hope to see continuing growth of passengers travelling from Kuala Lumpur to Astana and other parts of Eurasia and Europe."

Manshuk Kuatbaikyzy explains that Kazakhstan's national flag-carrier currently flies three times a week from KLIA. For enquiries and ticketing, please visit the website www.airastana.com or call ***03- 2144 1571***.

On the 99 mystical islands of Langkawi, every mountain and lake has a life story. Travellers come to search for the hidden entrance to Pirate Lagoon, treading softly on the bleached sands of Skull Beach; they swim in waterfall pools where fairies bathe. They walk carefully on a bridge suspended between two giants who were turned into mountains, surrounded by all the chittering creatures of the rainforest canopy. Upon their return, they'll tell their friends with a happy shiver that these beautiful islands were once cursed by a murdered princess.

Contact our Airport Marketing Team at +603-20708606 or email marketing@malaysiaairports.com.my to transport your passengers to these mysterious and exotic islands of legend via the Langkawi International Airport.

MALAYSIA AIRPORTS

New Luxury with KOREAN AIR

Prestige Suite

Prestige Suite

Air-travellers can enjoy the luxury of Korean Air's new Prestige Suites in Business Class, says the airline's Country Manager for Malaysia and Brunei Jin Jae Hoon. The national flag-carrier of South Korea has also launched the First Class Kosmo Suites 2.0; both deluxe travel options are available on selected routes, he added.

The airline's Prestige Class Suites provide significantly larger space with seats that have 180-degree full-flat feature, are 21.6 inches wide, and provide increased pitch from 75 inches to 87 inches. The seats include an 18-inch High-Definition touch-screen monitor and privacy panels as well as an ottoman/buddy seat. The spacious twin-seat configuration provides immediate aisle access to every passenger, while the staggered arrangement and privacy panels enhance quiet comfort in flight.

The all-new interior includes new curved, upswept architecture, giving passengers the feel of more space and comfort. Korean Air's brand new First Class Kosmo Suites 2.0 are designed with a sliding door and higher partitions to provide added privacy for passengers. The luxurious First Class Kosmo Suites 2.0 are also equipped with updated in-flight entertainment systems, with large 24-inch high-definition monitors and new handheld touch remotes.

Korean Air Senior Sales Manager for Malaysia & Brunei Eddie Ee adds that Korean Air, with a fleet of 166 aircraft, is one of the world's top 20 airlines, and operates more than 1400 flights a week to 128 cities in 45 countries. It is a founding member of the SkyTeam alliance, which offers its 612 million annual passengers a worldwide system of more than 16,270 daily flights covering 1057 destinations in 179 countries. For more information or reservations, please log-on to www.koreanair.com.

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Kosmo Suite 2.0

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Healthy Dining at FLIGHT CLUB

Airport-users and international air-travellers at KLIA can enjoy the best of healthy cuisine at the recently-opened Flight Club. This exciting airport-restaurant promotes healthy eating when travelling, a requirement often neglected in the airport environment. Flight Club provides health-conscious and discerning diners a western and international culinary selection with a concept inspired by the use of herbs and seeds.

While delicious taste and expert preparation is par for the course, Flight Club attaches great importance to the use of natural ingredients in preparing dishes. Each dish is visually enticing and comprises a blend of colourful ingredients sourced locally, supporting local farmers and mindfully reducing the carbon footprint. This is not your average dining facility as this healthy and innovative restaurant appeals to a crowd that is well-informed and savvy about health and good dining!

Flight Club is all about the educational experience, not only we want our customers to go in, airport-users can enter Flight Club for food, and proceed to discover healthy ingredients, and learn more about the food that they eat. Few ingredients can be as healthy and fresh as seeds and herbs. This unifying theme is very prominent in the interior where a variety of posters describe the background and origin of the seeds and herbs. At Flight Club, your healthy food journey could be a rewarding education and a delicious meal all rolled into one!

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GOOD NIGHT • SWEET DREAM

Good Growth for PLAZA PREMIUM

The Plaza Premium Group has been experiencing good growth across Malaysia, says its Founder and CEO Song Hoi-see. Globally-recognised as the innovator of the Independent Airport Lounge concept, he says that the lounges at the airports in Kuala Lumpur, Kota Kinabalu, Kuching, Langkawi and Penang have been seeing encouraging increases in patronage.

The Plaza Premium Group is a global service brand, as well as the industry-leader in Premium Airport Services. The company's services include designing, operating and managing its premium independent airport-lounges, and lounges for leading airlines and airline-alliances. The company is also involved in the business of airport-transit hotels, private relaxation suites, airport meet-and-greet services, airport dining, airport spas, and business and conference centres.

Apart from the network of Airport Lounges in Malaysia, there are also Plaza Premium Lounges at selected airports in Hong Kong, Australia, Cambodia, Canada, Greater China, India, Oman, the Philippines, Singapore, the United Arab Emirates and the United Kingdom. The company now operates in more than 130 locations in 35 airports globally, serving over 7 million passengers annually. The success of the business model has opened the door of joint-cooperation with airport authorities around the world for independent lounge facilities and value-added airport services to enhance the overall airport experience as well as airport service quality for the majority of travellers.

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DUC D'O Lunar New Year Success

Chocolatier Duc d'O together with Chocolate Sales & Supplies (CSS) had a successful festive promotion for the Chinese Lunar New Year festive period in January and February, says CSS Group Market Manager Shereen Lau who commented that "With this promotion, consumers had the opportunity to indulge and share their Belgian Duc d'O chocolate experiences with their loved ones and families during Valentine's Day and the Lunar New Year. We are encouraged by the success of our efforts."

Belgian Chocolatier Duc d'O, the biggest producer of flaked chocolate truffles in the world, was founded in 1983 as a family company and became part of the Belgian chocolate group "BARONIE" in 2014. Duc d'O is famous for both its chocolate truffles and pralines, which are sold in 70 countries worldwide.

Duc d'O recently launched a new striking look, feel and a new slogan, "Untamed Delicacy". "Untamed Delicacy" is based on the uniqueness of each truffle and the contrasts which are essential to flaked chocolate truffles as its starting point. Due to the exterior of the truffles being hard and wild with rough flakes, the truffles have an amorphous look ensuring that no two truffles are the same; while the inside of the truffles are soft and have a delicate filling thanks to the unique Duc d'O recipe. This unique recipe has also made the chocolate fillings on the truffles creamy but also light and airy.

Shereen adds that even now, Duc d'O truffles and pralines will ensure that the Lunar New Year of the Monkey begins on a sweet note for all airport-users!

KLIA

OMG. KLIA is awesome! There's even a real tropical rainforest in this airport. Can't wait to get to the rest of Malaysia ...

AMAZING SIGHTS AND SOUNDS ABOUND IN KL

5 March 2016

Petronas Twin Towers

Went on the Skybridge between the two towers. 170m off the ground! I wasn't scared at all.

Central Market

Can't believe this used to be a wet market in the 1800s. Handicrafts, demonstrations, cultural performances, there are so many things going on!

klia2

Off to Penang from KLIA2. Wow, are we in an airport or a shopping mall? Malaysia is so full of surprises!

Lake Gardens

Over 150 acres of gardens and greenery. I couldn't walk it all in a day! Fed a Hornbill at the bird park, which they tell me is the largest in the world.

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MALAYSIA AIRPORTS

Yazeed Kayoom, Ouqi Odori,2016 180 x 120 cm Acrylic on canvas

Dansa II- The Journey Continues book

Raja Permaisuri Perak Tuanku Zara Salim, Raja Datuk Seri Azureen Sultan Azlan Shah and Datuk Seri Noraini Jane Ariffin were among the attendees.

Dansa II

The Journey Continues by Sasha Bashir

Magunatip, Paqgelluq, Mongigol Sumundai, Pakarena, Sewang – these exotic names are just some of the dances featured in the television documentaries called DANSA and DANSA II which were aired on both TV3 and NTV7. Co-creator, host and dancer Sasha Bashir travelled around Malaysia as well as to Thailand, Indonesia, Japan, Australia, Taiwan, Macao and Makassar to learn and experience various traditional dances with locals who continue to perform them and keep their heritage alive though dance.

Based on these experiences, Sasha Bashir had written a coffee-table book called DANSA–A Dance Journey in 2009. Dansa II – The Journey Continues book by Sasha Bashir was launched recently by Raja Permaisuri Perak Tuanku Zara Salim. There was a short dance performance by Sasha Bashir accompanied by Hands Percussion before the launch.

The launch was well attended by book and art enthusiasts, media as well as family and friends. Together with DANSA II, Sasha Bashir has created the DANSA Colouring Book based on the photographs in the two books. Faber-Castell has joined in to sponsor the colouring pencils for these colouring books.

At the launch ceremony, DANSA Colouring Books were presented to the children of Kreatif Kanak-Kanak Tuanku Bainun and its chairman, Raja Datuk Seri Azureen Sultan Azlan Shah received the books on behalf of the children. Also present was Datuk Seri Noraini Jane Ariffin, a member of the Board of Trustees. In conjunction with the launch of the Dansa II – The Journey Continues book, an art and photography exhibition is being held at White Box, Publika Kuala Lumpur from 21 – 28 January 2016.

Inspired by the colourful photography of Dansa, artist Yazeed Kayoom created a new art collection portraying the various dances as seen in the books. Having experimented before with Still Life and the Kebaya series, heritage has always been a central theme in his paintings. Sixteen paintings and 45 photographs as well as a selection of costumes worn by Sasha during the shooting of the TV documentary series will be on display.

Tish MAKING IDEAS HAPPEN

BY KATHLYN URSULA D'SOUZA

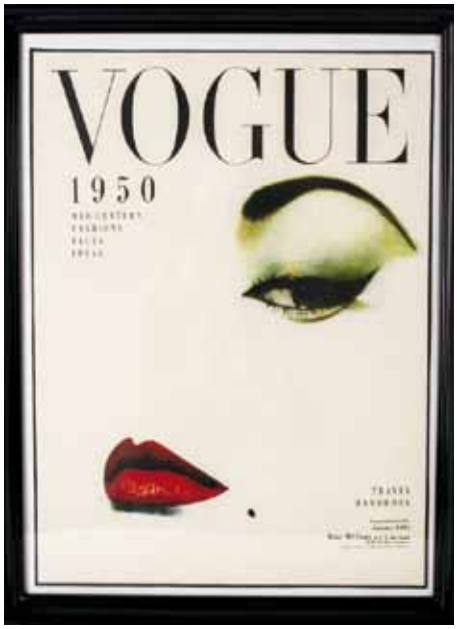
Launched in 2014, Tish is a shop of style inspiring home and everyday luxury. With a dedication to chic living, Tish offers interior homeware and personalised gifts, sourced globally with an emphasis on Malaysian artisanal pieces made with love and respect for the environment. Tish also offers services in bespoke event styling and planning services, specialising in chic personal touches and details. We spoke to the founder and the mastermind behind it, Shermaine Wong and got to know Tish a little bit more.

How did Tish come about and what was the inspiration behind it?

It started with the simple thought that your home should make you smile and that everyone should personalise their space by decorating it with things that tell a story and mean something to them. I personally wanted to decorate my new home with chic stylish pieces that had character and soon realised the lack of curated interior pieces and personalised pieces in Malaysia and when there were, they were all so expensive. Personally, luxury isn't necessarily expensive and you can style and decorate your home with affordable homeware which exude everyday luxury and are great in quality and craftsmanship.

Tell us about the experience of creating the brand - the process and such.

After a career in Public Relations and Media, I launched the brand at the end of 2014 as I was ready for something new and exciting within the creative industry. It was almost inevitable as I surrounded myself with amazing and creative people who are as equally passionate about using beautiful pieces to create uplifting spaces and beautiful events. My personal goal has always been to create lifestyle products that impact people's lives in a positive way.



It was daunting at first, however, all the challenges of starting out alone turned out to be my advantage because of the creative control that I enjoyed. One of the best parts of having your own business is being able to have an idea and then to implement or work on it or experiment with it right away.

Where can we find your store?
www.tish.my

But if you'd like to take a closer look at our products, keep connected with us via Instagram (@tish.my) and Facebook (tish.my), We hold pop-up bazaars on a monthly basis.

What else do you sell at Tish? We've heard that you've been busy collaborating.
We launched Tish Collective with the aim to build a creative hub for small businesses to showcase and sell their interior pieces on Tish online store. Currently, our artisans include Phalaenopsis by Lembayung, There & Back Again, and Wanderlust Affair. We're passionate about discovering and supporting emerging talents, locally and internationally, particularly those who share our approach for chic living and sustainability.

Apart from that, we're all about great synergy that leverage the strengths of other brands and like-minded curators, hence the successful bespoke scented candle collaborations we've done in the past with Cuevolution (Lychee Peony Candle), Harper's BAZAAR (Rose Inspirée Candle for Breast Cancer Awareness) and Inez Calligraphy (Mistletoe Kisses Candle).

Tish also does event styling and wedding planning. Tell us about that.

Tish Events happened so naturally with the simple belief in designing the perfect event that reflects your sense of style. Our love for curating and designing sparked Tish Events, a creative design studio dedicated to concept creation, styling and design. Our event styling services include weddings, bridal showers, fashion magazine galas, intimate soirees, fashion spreads and look books. Similar to curating homeware and personalised gifts, we put our passion, creativity, heart and soul into a design, eventually creating something truly magical and beautiful for our customers.

What are your future plans for Tish?

We're introducing new candle scents for 2016, inspired by florals and nature as well as a new line of homeware online. We're keeping ourselves open to opportunities to collaborate and expand internationally. We're excited to collaborate with a variety of brands to craft one-of-a-kind products available in our online store.

Andreas König

"MALAYSIA IS MY FIRST HOME NOW"

BY KATHLYN URSULA D'SOUZA

Where are you originally from and what was your hometown like?
Born and bred in a tiny little village in Southwest Germany called Saarbrücken, which is on the border with France. The village is very picturesque, loads of trees, a wild park, so I grew up like a kid amidst nature, which was nice. But growing up, it easily became boring, so I ventured out. But what binds me is the culinary aspect of it. People say our region features some of the nicest regional cooking styles in Germany.

When did you arrive in Malaysia and what was your first impression?
The very first time I arrived in Malaysia was after I graduated from high school, which was 1999-2000, when I came for a holiday. I was pretty much unaware of what I wanted to do with my life and what I wanted to study. So my dad said, "I'll send you to a good friend who's been residing in Malaysia since 1987, and that childhood friend of my dad and I were not very close. I just got a key in my hand to his apartment and he said, "My house, your house, you go out." It was my first Asian experience, and the way I'd describe it is a positive culture shock.

I started feeling at home immediately, the friendliness of the people, the whole climate. I've got to admit, maybe it has changed a little compared to what it was like 15 years ago, but still, Malaysia is my first home now. So after my first holiday – which was three weeks long – I went home and I thought I wanted to come back one day. And that happened 6

years later when I was 25. I came here for a three-month internship in the little restaurant called El Cerdo and yes, I never looked back since then.

Do you ever get homesick?
Not really, only when it is about Mum's cooking, to be honest.

What was the turning point of your career and your secret to success?
To be really honest, I think I'm still working on the big turning point and the big success. I was a bit privileged and lucky, in a way that I came to somebody who was an extended family friend. So I believe that a lot of things were a bit easier than me just coming on my own, so I had support – unquestionable. Still, persevere through hard work because the restaurant trade is a lifestyle at the end of the day – you either love it or you hate it. Your 12-to-13 hour a day dominates your life, but no regrets, I like it. I witnessed how we started with an outlet that grew into a group of six, and I'm not on top, but I'm working my way towards it, I'd say. I have a good mentor and was privileged enough to work side by side with the big boss who gave me direct insights – which no university degree could basically impart to me.

What is it that you love about what you do?
I meet people from all walks of life, whether it's the cutthroat CEO or the desperate housewife – and then when they come, I think what they try to do is escape everyday life. So, my job is to make them feel appreciated and taken care of. I like to impart that sense of hospitality onto somebody, make them feel good for the time they spend away from their daily hustle and bustle.

What's the biggest challenge about this job?
By now, I came to understand my limitations of what I have got to work on more proactively in order to overcome it. But in order to eliminate my weakness, I need to work on my strengths. So what's been my strength so far is I do like the PR aspect of the job. I now collaborate with my beloved marketing department to get insights into all these aspects of the business. So fostering a team spirit and a one-for-all and all-for-one mentality that needs to prevail to move forward. That is a challenge, but one that I want to take on in this company because we're growing more and more together but it's not easy, and it doesn't come overnight. You've got to continuously strive to be some sort of role model and don't let yourself down. Sometimes your energy level can deplete but you shouldn't show that to the people around you, and that can be challenging.

How's life here so far?
Well, I'm happily single, with a cat. Of course, I've had relationships but the norm has changed into a completely new way of life. Many people are career-orientated and we have all got our own stuff to do, so a lot of times I blame my job for being single, until I realise that I actually consciously make that choice of meeting so many people, and I don't call it relationships. I call it life-sequence companionship because I believe that for a certain period of time you can share a lot of common interest with someone, and get along with them really well, until you then face the compromising point. I wouldn't dare tell somebody that singlehood is better than being in a relationship, or the other way round. I think it's very personal. I don't have regrets not being in a relationship right now, and I think if it happens, it happens with the right person. But for now, I'm not forcefully planning for it.

Anything funny or interesting incidents that have happened while you've been here?
That is a tricky one! But since we are in the F&B business, the things that were very memorable to me are hosting a table of Japanese businessmen who obviously had reason to celebrate. I was in awe of how stylish Japanese people turned when they were drunk – the appetizer was six pints of beer before anything got going, and collectively three out of six started to feel the after-effects and one had really just flat-faced bent over on the table and was just not moving anymore. The colleagues were carrying them out. I very much admire the way Japanese people carry themselves.

Another one was when Dining In The Dark opened, and one person believed that it would be a different experience to strip down naked. We do have our visually-impaired staff who are running around with headsets, and they said, "Boss, boss, there's a piece of clothing on the floor. Boss, boss, there's another piece." So I had the pants, I had the shirt – when he had walked out, we asked him why he had done that. And he said, "Because this is pretty much the only restaurant in the world where I could do something like that, where I could freely enjoy my dinner." I said OK, fair enough, point for you. He didn't offend anybody and nobody saw him.

Favourite food in Malaysia?
I have got to say, until today, I'm a sucker for Sarawak laksa. I like everything about it. But besides that, Malaysian kitchen became an integral part of my diet. Since I live in the city centre, I have Jalan Alor on the doorstep, the food courts and I think I couldn't live happily without my chicken rice, nasi lemak, curry noodles, chicken wings and bak kut teh. I've been here for 10 years and I've settled in and I'm blessed with the fact that even though the food here is oilier, I do live healthier than when I am in Germany.

Favourite holiday destination in Malaysia?
Cameron Highlands. The first time I ventured up the hill on a Vespa, and I circled 2/3 of Malaysia on it for two weeks. It was a radical contrast to the climate of the city – it's fresh, it's cool up there. It's a nice escape even though I'm a beach bum.

Your advice to those who would like to pursue your career?
At all times, no matter what you think, what great concept or idea you have – by all means can be exceptional great – bear in mind that it's a people business. Nobody ever builds something on his or her own, especially in this trade. Try to have a respectful team spirit to move forward. Some tough decisions need to be made sometimes but I'd say align yourself with trusted companions that share the vision, the passion and the drive that you have and hopefully, the skills you need. It's very seldom that one person can do everything perfectly – you cannot manage and cope and do the marketing top-notch. My advise is start small and try to groom it and build it over time, and you will reap the benefits in the long run. Don't go in for the quick shot.

LEXIS HIBISCUS PORT DICKSON

Opulence in the Ocean

BY NADHIRAH BADARDIN

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71250 Port Dickson,
Negeri Sembilan, Malaysia
T:+60 6-660 2626

For the locals, Port Dickson needs zero introduction. This popular beach area is located not too far out from the capital city but yet it is secluded enough for a peaceful and tranquil retreat. Fondly known as PD, the sandy beaches and swaying palm trees have visitors frequenting this popular spot for a quick getaway.

With the rising trend of water chalets around the world, Lexis Hibiscus Port Dickson is definitely one of its kind in Malaysia.

Lexis Hibiscus Port Dickson began with a vision of a bud blossoming into a beautiful hibiscus bloom that sprawls into the waters of Port Dickson. Nestled along Port Dickson's untouched Pasir Panjang beach and overlooking the Straits of Malacca, Lexis Hibiscus is a convenient one-and-a half hours' drive from Kuala Lumpur and three hours' drive from Singapore. Offering a unique experience, the water villas stretch to almost a kilometre from the beach to the furthest unit at sea.

The selling point at Lexis Hibiscus is their rooms. The resort has 117 tower rooms and 522 picturesque water villas. Each unit is tastefully designed by award-winning designers to fit the resort's contemporary and avant-garde aesthetics.

Executive Pool Villa

Roselle Coffee House

Being one of its kind in Malaysia, each room at Lexis Hibiscus is equipped with a private dip pool and an adjacent private steam room for a moment to calm down after a dip in the pool. These features have ultimately set Lexis Hibiscus Port Dickson apart from most resorts as one of the most iconic resort development in the country.

There are several types of rooms available on the resort comprising the Executive Pool Villa, Premium Pool Villa and Sky Pool Villa. Each room differs in size with the Premium Pool and Sky Pool Villas having the biggest rooms at the resort. The Premium Pool Villa is located on the hibiscus petal area and features two plush king-sized beds with floor-to-ceiling glass windows for a luxurious and spacious feel. There are more higher-end rooms set to open soon at the resort such as the more spacious Panorama Pool Villa that overlooks a breathtaking sea view or a 400-feet water fountain and the opulent Presidential Suite that comes with 4 bedrooms, a kitchen and a bar, all lavishly furnished.

As the resort is located a little far off the town area, facilities at the premises were designed to accommodate the needs of guests who would prefer to not leave the resort during their stay. Readily available at the resort is the Roselle Coffee House where guests can enjoy buffet breakfast, lunch, weekend hi-tea and dinner. For those with an affinity for the finer things in life, UMI Japanese Restaurant places great emphasis on taste and presentation in an avant-garde setting.

For entertainment, the Hibiscus Lounge is the ideal venue for having a drink or two while listening to a great live band. The ladies are of course not excluded here. The resort has a spa called the LexSpa located at the main building that offers a wide range of world-class beauty treatments to help one escape from the hectic reality of city life to a tranquil paradise. Other facilities include a gymnasium, a karaoke centre and a VIP room.

Lexis Hibiscus Port Dickson is definitely a revolutionary step in the right direction for the country's tourism industry. With an affinity for the finer things in life, Lexis Hibiscus would definitely live up to your expectations, if not more. So, if you're looking for a getaway out of the city to rejuvenate, head down to Lexis Hibiscus for the time of your life.

AVILLION PORT DICKSON

Heaven on Earth

3rd Mile, Jalan Pantai, 71000 Port Dickson, Negeri Sembilan, Malaysia
T: +606 647 5740

Within an hour's drive from Kuala Lumpur city, Avillion Port Dickson is strategically situated on the 3rd mile of Port Dickson's coastal stretch complete with the beautiful sea view of the Straits of Malacca. Designed along the concept of a Malay fishing village, the resort adapts traditional Malay culture and lifestyle with contemporary luxuries, giving guests an unforgettable travel experience, yet comfortable and enjoyable accommodation.

Conveniently accessible from Kuala Lumpur city, Singapore or the Kuala Lumpur International Airport, the multi-award-winning Avillion Port Dickson is a haven on stilts offering serene and restful refuge for travellers and families seeking a rejuvenating and back to yesteryear holiday experience.

The resort is fully-equipped with WiFi access for best connectivity, while the renowned Water Chalets provide relaxing and calming accommodation enveloped in luxuries. The open-air bathrooms with rain showers, oversized beds with plush pillows, flat screen LCD televisions and balconies that look out to the sea are among the luxuries welcoming guest for a home-away-from-home holiday.

Complemented by a variety of restaurants, karaoke and bar, as well as back-to-nature recreational facilities like Pet Farm, Orchid Hut, Spice Garden and Plant-a-Tree corner, the resort is family-friendly. Besides a family pool with Jacuzzi that adjoins the kids' wading pool, there is also an enclosed adults-only pool for privacy and quiet relaxation.

Alternatively, guests can have fun with beach and water sports activities on Riau beach. They can also indulge in the beautiful sunset on lounging cabanas placed around the resort. Be completely refreshed with the high-touch-low-technology Peranakan-inspired spa treatments in aVi Spa – Malaysia's first floating spa built on a glass-and-timber pavilion.

Premium Water Chalet

aVi Lounge

aVi Spa treatment room

Look-out Point

AVI SPA

Built on a floating pavilion concept at Avillion Port Dickson, aVi Spa is a standalone double storey building on stilts that occupies approximately 7,000 square feet. The concept of aVi Spa is based on the aura of peace reflected in the stillness of the jade-green sea, the pervading silence and the glorious sunsets of the Straits of Malacca.

aVi Spa's healing philosophy is delivered through "low-tech, high-touch" technique – the healing nature of human touch combined with high-quality and highly effective products selected which are key ingredients to giving guests ultimate release and rejuvenating experience.

aVi Spa's menu is specifically designed to support its concept and philosophy, which is a total experience of calm, respite and rejuvenation. The three-section menu is inspired by aromatherapy, local traditions and the environment.

aVi Signature is aromatherapy-inspired treatments done with four mood-catering essential oils. Guests can choose from these 100% custom-made pure essential oil blends:

Valour - water element oil, invokes confidence and counters fear

Poise - earth element oil, instills balance and counters distress

Lightness - wind element oil, induces delight and counters sadness

Ardour - fire element oil, encourages passion and counters anger

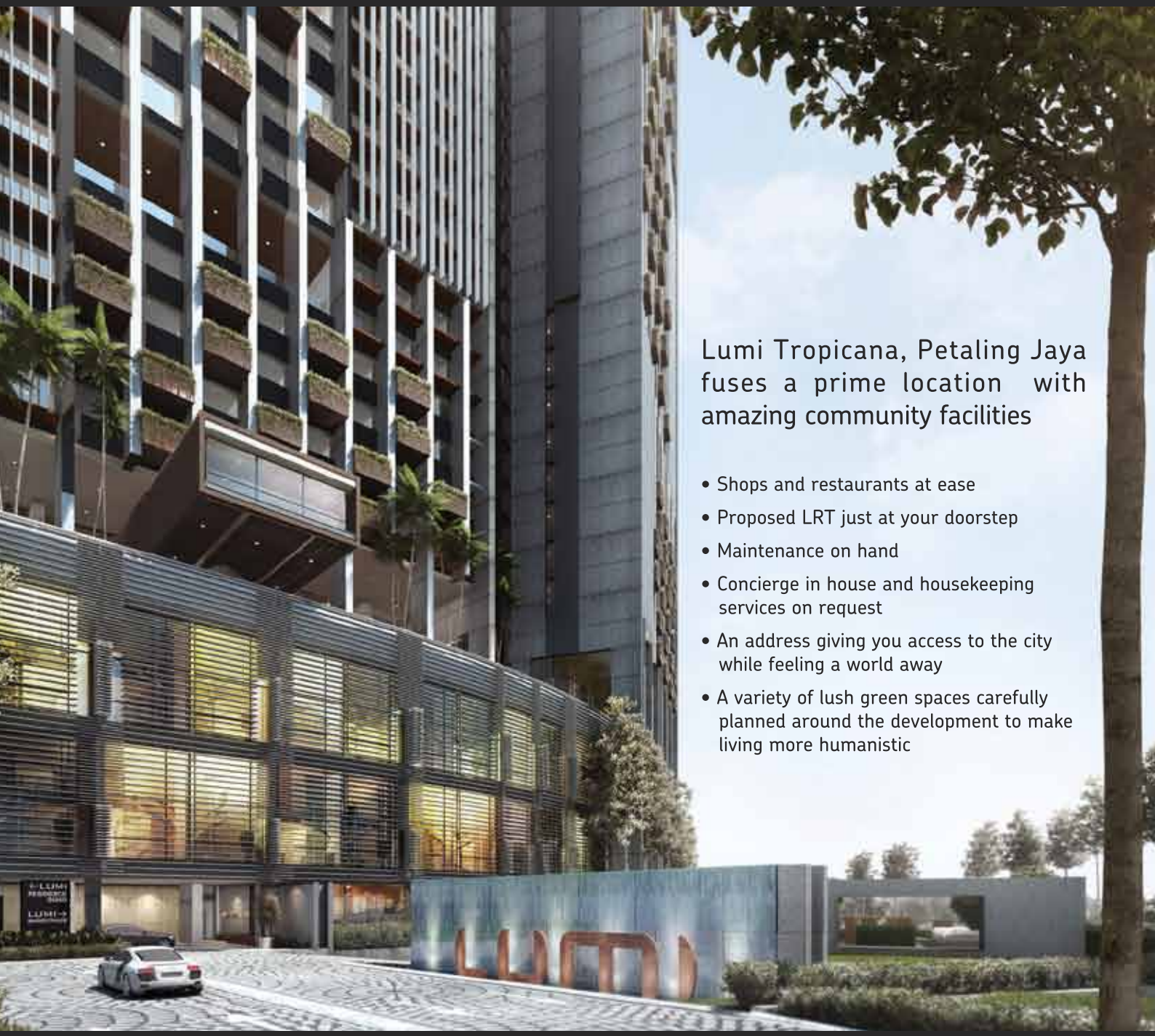
aVi Traditions consist of Peranakan-inspired treatments with a unique blend of indigenous ingredients and natural remedies from Malay and Chinese traditions adopted to reflect a balance between ancient rituals and modern lifestyles. Almost all ingredients used here are fresh from the resort's Spa Garden.

Au Naturel calls upon the environment's natural offerings to nourish and honour the skin, soul and body. The nature heals and the nature nurtures. Based on this simple philosophy, avi spa's au naturel range gives you visible results with products that are plant-based, mostly organic when available and ethically sourced from all over the world. In this range, the aim is to share with guest the best ingredients in its original form – unprocessed, honest and pure.

The variety of services range from body massages, scrubs and wraps, to traditional crème bath, steam and facial therapy. Guests can opt for Rituals which are spa packages for a complete rejuvenating experience, or short treatments for a quick relaxing break.

aVi Spa is an award-winning spa, recognised both for its architecture and interior design, as well as for its quality in terms of products and services. Since its inception in 2008, the spa received multiple awards, such as the Asia Pacific Interior Design Award, Malaysia Spa & Wellness Award, Hospitality Asia Platinum Award and The Crystal Award among many.

An investment at Lumi Tropicana



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Khareyana Spa

A Balinese paradise in suburbia

BY NADHIRAH BADARDIN

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I've always heard of Khareyana through the grapevine of spa avids. Located near Assunta Hospital in Petaling Jaya, this unassuming bungalow houses possibly one of the best spas around. Having been operating for 13 years, Khareyana is quite the veteran and popular favourite in the local spa scene.

The spa is in an unassuming, homey and rustic bungalow. But, upon entering Khareyana, one would be instantly transported to a serene villa in Bali – lemongrass in the air, calming Balinese music in the background and a warm, welcoming smile.

As the bungalow is done up Balinese style, the treatment rooms are located beyond the waiting

Massage Room

area, outdoors, and are only accessible via stepping stones over a koi pool.

In the waiting area, patrons are given the spa menu and a hot and soothing cup of ginger tea. You can also choose from over a dozen types of essential oils to choose from for your body massage. Being a citrus enthusiast, I tried the green tea and lemon oil.

The treatment rooms vary from 1-person to 2-person space. The rooms are equipped with a cupboard, a spacious spa bed, a gorgeous pebbled shower and sunken bath.

For my treatment, I tried the Balinese Sensual Range to have the full Balinese experience. This classic treatment is a signature here at Khareyana and it originates from Bali, the centre of holistic spa experiences.

The elements used in this therapy are sourced from a deeply traditional beauty ritual in the gorgeous paddy terrains in Bali. The therapy includes a Balinese full body massage, a full body exfoliation and a body mask.

The proprietor of Khareyana Spa takes pride in giving patrons a first-class spa experience, every time. Therefore, the therapists here are trained extremely well. The massage I received here was probably one of the best massages I've ever had. I like my massages pretty firm but not too tough and she delivered, by all means.

The body polish for exfoliation is a Balinese recipe featuring turmeric and rice. Though some may believe that turmeric may turn your skin yellow on contact, turmeric is actually an active ingredient in getting rid of acne scars, inflammation and also reduces oil secretions by sebaceous glands. And how often do you give yourself a proper body scrub, really? Might as well have it done for you here.

The body mask is applied after exfoliation and after being left to dry for a while, and a quick shower later, body lotion is provided to apply and rehydrate the skin. Upon exiting the treatment room, a cup of cold lemongrass tea would be waiting for you. Talk about the full Balinese experience, huh?

Besides having solo or couple treatments, patrons can also host intimate birthday parties, bridal showers or events here at Khareyana. There is even a sitting area overlooking the bungalow's compound and parking lot while you sip your tea.

So, if ever you feel like transporting yourself to Bali and have the best 2 hours of your week, it's time you head down to Khareyana Spa.

Soaking Area

HOMEWORK

Exercise at home

BY KATHLYN URSULA D'SOUZA

There are so many things stopping you from working out – gym memberships are getting too expensive, time is scant and sessions are inconvenient. Apart from that, you have no idea where to start or how to start and when to start. Combine the two – costs and confusion – you may never get anywhere. But since the influx of famous YouTubers and high-speed Internet, working out has never been cheaper and easier. All you need is yourself, a whole load of energy and well, some space for you to move – and Internet, of course. After much research (and delving into it ourselves), we've narrowed it down to four categories of exercise, as well as YouTubers you should watch when planning to bust a sweat. Plus, you don't have to worry about being laughed at because you're alone!

Strength and Conditioning

"If you're not winded, you are not working hard enough," says Jillian Michaels. So if you're ever in the mood for some toning, be sure to be prepared to put your entire body to the test.

Benefits: Stronger, faster, powerful bodies.
Who and what to watch: Jillian Michaels' Banish Fat, Boost Metabolism Complete Workout; 7-Minute Workout's Full-Body, Fat-Burning Cardio; Luscious Legs's Lottery Full Workout; Lift & Tone Booty Routine With Katrina and Total-Body Sculpting Resistance Band Workout; Chair Workout for Legs.

Dance

So you prefer dancing. That's OK, that could work too. "It's an instinctive response," says Costas Karageorghis, Ph.D., a music and sports researcher and co-author of Inside Sport Psychology. Yes, we are all hardwired to sync up our own movements to music, possibly because even primitive cultures used rhythmic movements to express themselves. And let's face it, music just makes sweating a lot less harrowing. You won't even feel it when you're having fun.

Benefits: Burns calories, boosts mood, eliminates stress.
Who and what to watch: Alberto LaGrange's Beyoncé's "Move Your Body" Full Workout Routine; Pump It Up The Ultimate Dance Workout 2004; Reggae Dance Workout by Keaira LaShae; Easy Zumba Class; Cardio Belly Dance Workout and Cardio Barre Dancer Body's Workout.

Martial Arts

Chances are, you have seen someone participate in martial arts, but you may not be aware of their many exercise benefits. Whether you are interested in improving your cardiovascular health, losing weight or simply improving your mood, martial arts may be just what you need. Everybody was kung-fu fighting, fast as lightning, right?

Benefits: Improved cardiovascular health, increased muscle tone, improved reflexes.
Who and what to watch: Billy Banks Tae Bo Advanced YouTube Exclusive; Cardio Kickboxing Workout to Burn Fat at Home and Home MMA Workout.

Yoga, Pilates and Mat-Based Workouts

Yes, you can finally start doing Yoga instead of daydreaming about being flexible and at peace. Yoga is an ancient practice that incorporates gentle exercise, breath control and meditation. Pilates is a safe and effective method of rehabilitation and exercise that focuses on muscular balance. If you've got a mat, you're all set. Again, if you mess up or cannot do as what you see on YouTube, nobody is watching you. Even your virtual trainer isn't, so there's no pressure.

Benefits: Improved core strength, muscular endurance, flexibility, improved coordination and balance.
Who and what to watch: Ballet Beautiful Lean Legs & Buns Workout; Tara Stiles Yoga Weight Loss & Balance Workout; Strengthen Your Core Yoga Journal To Go; Sore Muscle Workout Routine and Pilates Full 30 Minutes Class.

Juice it up

Juicing recipes to try at home

BY NADHIRAH BADARDIN

Juicing is basically a quick way to get loads of nutrients into your body at once. Of course, it goes without saying that juicing will not completely rule out solid veggies and fruits from your diet. However, it would definitely help you ease your way through the leafy greens.

Getting juices from a retail outlet may be pricey, especially if you're trying to make juicing an everyday thing. So, we've listed the top three juices that you could try at home. The best part? You don't really need a cold presser or juicer for these recipes. Stuff 'em goodies all in a blender and smooth your way through.

THE GREEN MONSTER

This green goodness is full of iron (something you would need extra of during pregnancy or the time of the month), a key nutrient for healthy blood cells and muscle function. It has also more than your usual dose of vitamin K- another thing you would need for blood and bone health.

Ingredients:

2 cucumbers
8 celery stalks
4 apples
16 leaves kale with stalks
1 lemon
2 in (5 cm) piece of ginger

Directions:

1. Peel the lemon and core apple.
2. Add all ingredients through a juicer or blender and enjoy!

THE RED GLOW

The Red Glow is probably one of our favourites as we're big fans of beets! This juice recipe is also packed with vitamins A, K and beta carotene from the carrots, vitamin C and polyphenols from the apples, antioxidants from the beets, and anti-inflammatory benefits from the ginger (among others). Also, it's incredibly tasty! Thanks to the apples and carrots.

Ingredients:

1 beet, rinsed, lightly peeled and quartered
1 apple, lighted peeled, cored and quartered
1 tablespoon-size piece of fresh ginger (skin removed)
3 whole carrots, rinsed and peeled
Unfiltered apple juice (optional for a little flavour)

Directions:

1. Place all ingredients in a blender and blend until smooth, adding a splash of apple juice if needed to get it moving. You can use water too.
2. Then, place a fine mesh strainer over a large bowl and pour the juice over. Use a rubber spatula to press the pulp down and squeeze all the juice out. Let stand for 5 minutes, so you get most of the juice.
3. Discard pulp and pour your juice into a serving glass. Drink immediately or chill for a bit.

THE CAPTAIN ORANGE

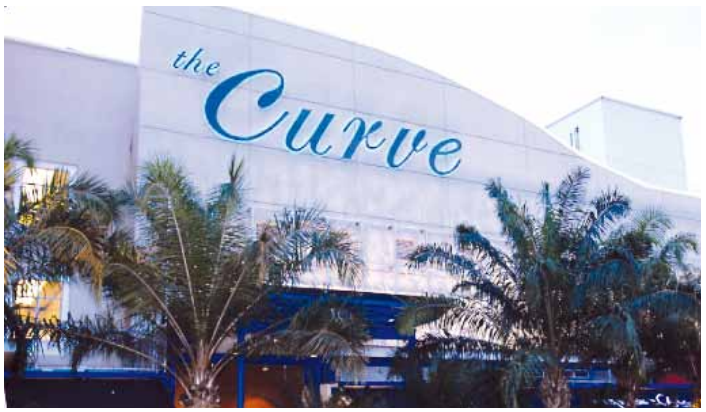
Though most may deter from adding radishes into a juice due to its slightly spicy nature when eaten raw, we love how radishes liven up this juice recipe. Of course, the trick is not to add too many radishes and level the flavour out with tomatoes. We love this juice not only because it tastes great, it is also rich in potassium, vitamin C and magnesium for those with asthma and sinus. The tomatoes and carrots are also great for your eyes and skin.

Ingredients:

1 to 2 carrots, peeled and cut to chunks
15 cherry tomatoes (can substitute with normal tomatoes)
2 red radishes (can substitute with other types of radishes, about 70g), peeled and cut to chunks

Directions:

1. Just blend everything in a fruit juice extractor.
2. Sift through with a rubber spatula and mesh.
3. Consume immediately.



the Curve
Mutiara Damansara, PJ
Tel : 03-7710 6868
Situated in PJ's golden triangle, this open-air mall boasts 700,000 sq ft of space spreading over 3 floors and accommodating 270 specialty shops. It is connected to Ikea, Ikano Power Centre and Tesco. • 10am-10pm daily.

Bangsar Village
Jalan Ara, Bangsar • Bangsar
Tel : 03-2282 1808
Located in happening Bangsar, this neighbourhood mall is vastly popular due to its individual specialist shops offering fashion wear, toys, jewellery, hardware, beauty salons and F&B. Anchor tenants include The Village Grocer. The newer and bigger Bangsar Village II that's connected to this mall offers more local and international brands.

Alamanda Putrajaya
Jalan Alamanda, Precinct 1, Putrajaya
Tel : 03-8888 8882
Accessibility: ERL Putrajaya & Nadi Putra (bus service) Located at the heart of Putrajaya, Alamanda offers a new resort-style shopping to suit the needs of all - with Parkson & Carrefour as anchor tenants, FOS, Somerset Bay, MPH and Toycity tagged with ARL Bowl.

CapSquare
Jalan Munshi Abdullah• M Tuanku
Dang Wangi
Tel : 03-26912036
Strategically located in the heart of KL's midtown area, CapSquare is an eclectic mix of signature offices, Manhattan-inspired residences, a shopping centre and a vibrant 300-metre retail boulevard. It also houses intimate eateries, chill-out spots and a TGV cinema. • D6

Bata
• Sunway Pyramid • LG14 Subang Parade • One Utama PHS 2 • KLCC • Mid Valley Megamall • Alamanda Putrajaya • Pavilion KL • Jusco Bukit Tinggi

fahrenheit88
179, Jalan Bukit Bintang • B Bintang
Tel : 03-2148 5488
A hot spot for Fashion, Food, Gadgets and Entertainment with 200 retails stores over 7 levels of shopping space. Shop at South East Asia's largest Uniqlo store, the latest Shoes, Bags, Accessories on First Floor, or buy gifts and souvenirs. Discover new concept cafes and restaurant or entertain at CEO Karaoke Box and Club Vellin. • 10am-10pm daily

1 Utama
1 Lebuh Bandar Utama, Bandar Utama, PJ Tel : 03-7710 8118
A new generation shopping centre which satisfies all shopping needs under one roof. The old wing has Jusco as the main anchor tenant while the new extension houses many designer brands and has U Parkson, MPH & Jusco asanchor tenants • 10am - 10pm daily.

Berjaya Times Square
Tel: 03-2143 2386
1 Jalan Imbi • Imbi
The biggest in Southeast Asia, this mall which measures 7.5 million sq ft, is an integrated shopping-cum-entertainment centre with a hotel, the region's biggest indoor theme park and bowling centre. • 10am - 10pm daily. • F8

KLIA Shopping
KL International Airport, Sepang KLIA Ekspres-KLIA Tel : 03-8777 8888
One of airports with value-for-money shopping, it offers an excellent selection of goods like souvenirs, tobacco, liquors, perfume, chocolates and designer brands.

Publika Shopping Gallery
Tel : 03-62079426
No 1, Jalan Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur
Tel : 03-621107877
www.publika.com.my
www.facebook.com/publikashoppinggallery

Suria KLCC
Petronas Twin Towers • KLCC
Tel : 03-2382 2828
Located at the base of the Petronas Twin Towers, Suria KLCC is the premier shopping centre in KL. It offers unique shopping, dining & entertainment experience. It houses exclusive designer brands and provides an abundant choices of goods and services for everyone. • 10am - 10pm daily. • D8

Sunway Pyramid
Bandar Sunway
Tel : 03-74943100
Impressive giant sphinx statue greets you at the entrance of this Egyptian-themed shopping centre situated next to Sunway Hotel and the Sunway Lagoon theme park,. The mall has a variety of shops and restaurants, an indoor ice-skating rink and a cineplex. • 10am-10pm daily.

Pavilion KL
168, Jalan Bukit Bintang • B Bintang
Tel : 03-2118 8833
The shopping centre blends the best of the international retail world with 450 stores – ranging from fashion to home deco and leisure to culinary delights - over its 7 levels and 6 themed precincts. 20% of its tenants represent debut brands in Malaysia. Anchor departmental stores are Parkson Pavilion and Tangs. • 10am to 10pm daily

Bangsar Shopping Centre
Jalan Maarof, Bangsar
Tel : 03-2094 7700
Located in the affluent Bangsar suburb, this mall buzzes with a trendy crowd and houses an array of individual specialist shops for every need. Jasons Food Hall is a favourite with shoppers, as it offers an extensive range of fresh and international food brands.
10am - 10pm daily.

Maju Junction Mall
1001 Jalan Sultan Ismail • M Tuanku S Ismail Tel : 03-27728500
Located at the junction of Jalan Tuanku Abdul Rahman and Jalan Sultan Ismail, the five-storey mall has 101 outlets with Giant, Wh by British India, FOS, Nichii Fashion City being the anchor tenants. The mall provides concierge service and has an indoor archery centre, Big-Shot Archery. • 10am - 10pm daily.

Bukit Bintang Plaza
111 Jalan Bukit Bintang • B Bintang
Tel : 03-2148 7411
Extending into Sungei Wang Plaza, BB Plaza offers an interesting variety of stores selling jewellery, fashion wear, books, AV equipment, etc. Metrojaya department store is the anchor tenant. • 10am - 10pm daily. • F8

Pertama Complex
Jalan Tuanku Abdul Rahman
• M Tuanku
• Bandaraya • Bank Negara
Tel: 03-2691 6599
One of the earliest shopping complexes in KL, this mall consists of many small shops selling an astonishing variety of goods and services appealing to the masses, including sports goods, leatherware, clothes, shoes and stationery. • 9am - 9pm daily. • D5

Sogo KL
Jalan Tuanku Abdul Rahman
• M Tuanku
• Bandaraya • Bank Negara
Tel : 03-2698 2111
This 10-storey shopping mall is well patronised for its quality goods (local and international) ranging from apparel, home furnishing to daily need items. It also has an international restaurant floor on the 6th floor • 11am-9pm daily • D5

Starhill Gallery
181 Jln Bkt Bintang • B Bintang
Tel: 03-2782 3800
Connected to JW Marriott Hotel and Ritz Carlton Hotel, Starhill houses the largest retail watch floor and a host of top fashion designer boutiques. An exclusive mall with excellent eateries and high-end shops.
•10am -1 0pm daily • E9

Sungei Wang Plaza
Jalan Sultan Ismail • B Bintang
Tel: 03-2117 0288
Sungei Wang remains one of the busiest shopping centres for the last 2 decades. Linked directly to the Monorail, it has over 500 retail outlets and eateries. A great place to hunt for electrical and electronic products, mobile phones, fashionable street wear, shoes & accessories. The hip T-Hop zone at the 6th floor caters to trendy teenagers
• 10am - 10pm daily • F8

Subang Parade
Subang Jaya • Subang
Tel: 03-5633 2530
This suburban mall offers an interesting mix of stores with goods ranging from apparels to antiques, and music to jewellery. Anchor tenants include Toy 'R' Us and Parkson. Carrefour hypermarket is located next door.
• 10am - 10pm daily.

Great Eastern Mall
303 Jalan Ampang
Tel : 03-4259 8090
Located along busy Jalan Ampang, this 6-storey mall has a host of shops including a pet shop, Aussino, British India and eateries like Starbucks and Alexis. It has Cold Storage as its anchor supermarket. • 11am - 9pm daily.

Hartamas Shopping Centre
Plaza Damas, 60 Jalan Sri Hartamas 1
Tel: 03-6211 0611
Integrated with Plaza Damas & situated among retail shops, offices, serviced apartments and alfresco boulevards. Features Citi Super, SenQ and many other speciality retailers.

IPC Shopping Centre *(Formerly Ikano)*
2, Jalan PJU 7/2, Damansara Mutiara, PJ
Tel: 03-2141 0500
Located near 1 Utama and linked to IKEA, this centre only has XXL size stores. The 11 anchor tenants includes Harvey

Lot 10
50 Jalan Sultan Ismail • B Bintang
Tel : 03-2143 6092
Linked to the Bukit Bintang Monorail station and Sungei Wang Plaza by an overhead bridge, Lot 10 offers an upmarket and wide selection of fashion wear. It has Isetan as anchor tenant • 10am - 9.30pm daily • F8

Low Yat Plaza
Off Jalan Bukit Bintang • B Bintang
Tel : 03-2148 3651
Located next to the Federal Hotel, it has 250 tenants offering goods as varied as cameras, mobile phones, apparel, fashion accessories and antiques. This largest IT centre provides for all your computing needs. BB Park, located across the plaza and consisting of trendy restaurants and alfresco cafes, sees a hive of activities at night. • 10am - 10pm daily • F8

MINES Shopping Fair
Seri Kembangan • KTM Serdang
Tel: 03-8949 6288
Cruise into the heart of a busy shopping mall with a vibrant mix of more than 300 retailers, fashion boutiques, F&B outlets, canal quay alfresco dining, IT & mobile gadgets and also leisure and entertainment facilities like a cinema, bowling alley and snooker centre. • 10am - 10pm daily.

Mid Valley Megamall
Lingkaran Syed Putra • KTM Mid Valley
Tel : 03-2938 3333
The shops go on and on in this mall strategically located between KL and PJ. It has Metrojaya, Jusco, Carrefour, Golden Screen Cinemas and MPH as anchor tenants, over 300 specialty stores and 70 F&B outlets under one roof. Adjacent to the mall are Cititel Mid Valley Hotel and Boulevard Hotel • 10am - 10pm daily.

The Gardens
Mid Valley City • KTM Mid Valley
Tel : 03-2297 0288
This five-star component of Mid Valley comprises a contemporary four-storey shopping gallery with specifically designed floors for straightforward shopping experience. Check out the Roof Garden, touted to be an exciting fine dining destination in KL. Anchor tenants include Isetan of Japan, Robinson and Golden Screen Cinemas • 10am - 10pm daily

Sunway Putra Mall
(Formerly The Mall)
100 Jalan Putra, KL • PWTC
Tel: 03-2786 9333
Located across the Seri Pacific Hotel and Putra World Trade Centre, the Mall has anchor tenant Parkson Grand together with a host of retailers, offering a full range of products, services, food & amusement to shoppers • 10am - 10pm daily • B5

DINE

Bobo Kuala Lumpur
65-1, Jalan Bangkung,
Bangsar, Kuala Lumpur.

Opium KL
50 Changkat Bukit Bintang,
50200 Kuala Lumpur

Chinese

Celestial Court
03-2717 9988 M Tuanku • Sheraton Imperial Hotel • Halal • Casual Dining • C6

Chynna
03-2264 2264 KL Sentral• Hilton KL • Halal • Casual Dining • H3

Dynasty
03-2162 2233 B Nanas • East Wing, Renaissance Hotel • Non-Halal • Casual Dining • D7

Dynasty Dragon
03-2145 1628 B Bintang • Time Square • Non-Halal • Casual Dining • F8

Hakka
03-21431907 Raja Chulan 6 Jalan Kia Peng • Non-Halal • Casual Dining • E9

Imbi Palace
03-2145 4822 Imbi • Jalan Barat, off Jalan Imbi• Non-Halal • Casual Dining • F8

Kim Ma
03-8946 2333 • Palace of the Golden Horses• The Mines Resort City • Halal Fine Dining • Cantonese cuisine

Lai Po Heen
03-2179 8885 KLCC • Mandarin Oriental Hotel • Halal • Casual Dining • Cantonese • D8

Lee Wong Kee
Bandaraya• 239 Jln Tuanku Abdul Rahman • Non-Halal • Casual Dining • Cantonese • D5 • 03-2692 2685

Li Yen
03-2782 9033 B Bintang • The Ritz Carlton Hotel • Non-Halal • Casual Dining • F9

Maju Palace
03-2691 8822 M Tuanku S Ismail • Level 5, Maju Junction Mall • Halal • Casual Dining • C5

Xing Zhu
03-8312 7000 • Cyberlodge Resort, Cyberjaya. • Halal

Mandarin Palace
03-2148 9166 B Bintang • 2/F, Federal Hotel • Non-Halal • Casual Dining • F8

Marco Polo
03-2141 2233 Raja Chulan • 1/F, Wisma Lim Foo Yong, Jalan Raja Chulan • Non-Halal • Casual Dining • E8

Meisan
03-2693 9233 Bandaraya • Quality Hotel City Centre • Jalan Raja Laut • Halal • Casual Dining • Szechuan cuisine

Ming Palace
03-2161 8888 Ampang Park • Corus Hotel, Jln Ampang • Casual Dining

Ming Room
03-2284 8822 Bangsar• Bangsar Shopping Centre • Non-Halal • Casual Dining

Oriental Noble House
03-2145 8822 Imbi• 19 Jalan Delima, Off Jalan Imbi • Non-Halal • Casual Dining • F10

Overseas
03-2144 9911 B Bintang • 84-88 Jalan Imbi • Non-Halal • Casual Dining • F8

Purple Cane
03-2272 3090 Maharajalela • Selangor Chinese Assembly Hall, 1 Jln Maharajalela • Halal • Casual Dining • G6

Xin Cuisine
03-2144 2200 B Nanas • Concorde Hotel • Non-Halal • Private Dining • D7

French

Café Café
03-2141 8141 Maharajalela • 175 Jalan Maharajalela • Halal • Fine Dining • Fr &Italian • H7

Fusion

Cilantro
03-2179 8082 • MiCasa All Suite Hotel, 368B Jalan Tun Razak • Pork-Free • Halal • Fine Dining • D10

Etoile Bistro
03-2161 7777 R Chulan • Hotel Equatorial • Halal • Casual Dining • E8

Frangipani
03-2144 3001 B Bintang • 25, Changkat Bkt Bintang • Halal • Fine Dining

Isthmus
03-2282 8112 • Mid Valley • G/F, Northpoint, Mid Valley City • Thai & Nyonya • Pork-Free • Casual Dining • F8

Shook!
03-2719 8535 B Bintang• Lower G/F, Starhill Gallery • Halal • Fine Dining • E9

Indian

Estana Curry House
03-2141 1958 Raja Chulan • 23D, Jln Sultan Ismail • Halal • Casual Dining • C6

Khaana Peena
03-6201 3355 • E-01-04, Plaza Mont Kiara • North Indian • Halal • Casual Dining

Passage Thru' India
03-2145 0366 • 4, Jln Delima,kl Halal • Casual Dining • E10

Spice Garden Imperial
03-2142 2220 B. Bintang • 205 Jln Bkt Bintang.

Indonesia

House of Sundanese
Sari Ratu
03-2166 2272 4th Floor KLCC

International

Essence
03-2717 9900 M Tuanku • Sheraton Imperial • Halal • Casual Dining • C6

The Resort Cafe
03 - 7495 2009 . Lobby Level, Sunway Resort Hotel & Spa
*Pork-Free Restaurant

Eight Gourmets Gala (EGG)
017 948 8684 . Suite G-01, Ground Floor, Pinnacle Annexe, Persiaran Lagoon, Bandar Sunway, 47500, Selangor

Maya Brasserie
03- 2711 8866 B Nanas KLCC • Hotel Maya KL • Halal • Casual Dining • Nyonya & International • D8

Melting Pot
03-2144 2200 B NanasConcorde Hotel, 2 Jln Sultan Ismail • Halal • 24-hour • Casual Dining • D7

Still Water Restaurant
03-27118866 B Nanas KLCC • Hotel Maya KL • Halal • Casual Dining • Japanese & Western • D8

The Vogue
03-2162 2233 B Nanas Renaissance Hotel • Halal Casual Dining

PNB Darby Cafe
03-7490 3838 Ampang Park • G/F, PNB Darby Park, Executive Suites, 10 Jalan Binjai • Halal • Casual Dining •D9

Italian

Cellini's
03-2715 1000 B Bintang • Dorsett Regency Hotel • 172 Jalan Imbi • Halal • Casual Dining • F9

il Tempio
03-4256 9300 • Tamarind Springs Restaurant • Halal • Fine Dining

La Risata
03-4252 6269 • 26, Persiaran Ampang • Halal • Casual Dining

Prego
03-2773 8338 B Bintang • The Westin Hotel • Halal • Fine Dining • E9

Villa Danieli
03-2717 9922 M Tuanku • Sheraton Imperial Hotel • Halal • Italian • Fine Dining • C6

Japanese

Benkay
03-2782 6118 Ampang Park • Hotel Nikko • Halal • Casual Dining • C9

Gen
03-4042 9888 PWTC • Sunway Putra Hotel • Halal • Casual Dining • B5

Genki Sushi
03-2166 6220 KLCC • 428 Level 4, Suria KLCC • Halal • Casual Dining

Iketeru
03-2264 2264 Stesen Sentral KL • Hilton Kuala Lumpur, 3 Jln Stesen Sentral

Kampachi
03-2148 9608 Raja • Pavilion KL

Kokufu
03-4049 4412 PWTC • Pan Pacific Kuala Lumpur • Halal • Fine Dining

Komura
03-2161 8888 Ampang Park Corus Hotel • Casual Dining • C9

Ozeki Tokyo Cuizine
03-2166 4263 B Nanas • Menara TA One • Halal • Fine Dining • D8

Sagano
03-2162 2233 B Nanas • Renaissance Hotel • Halal • Casual Dining

Korean

Da On
03-2141 2100 B Bintang • Pavilion KL • Halal • Fine Dining • Korean • E8

Ko Hiang
03-4251 0492 • 314 Jalan Ampang • Non-Halal • Casual Dining

Koong Jung
03-2166 7181 Ampang Park • PNB Darby Park • Halal • D9

Koryo Won
03-2143 2189 Bukit Bintang• Starhill Gallery • Halal • Casual Dining • E8

Thai

Rama V Fine Thai Cuisine
03-2143 2428 / 03-2143 2663 5, Jalan U-Thant, 55000 Kuala Lumpur • Halal • Fine Dining

HOTEL & RESORT

★★★★★

Ascott KL
03-2142 6868
9, Jalan Pinang • R Chulan • From RM380-RM790

Berjaya Times Square Hotel & ConventionCentre
03-2117 8000 • 1 Jalan Imbi • Imbi •Big Apple Restaurant (Fusion) Broadway Lounge, The Cafe, The Bar, • From RM245-RM700 • F8 • www.timesquarekl.com

Seri Pacific Hotel Kuala Lumpur
03-4042 5555 • Jalan Putra PWTC Zende (Int'l), Kokufu (Jap), lounge to Chereza From RM198++ to RM3,000 • B5 www.seripacifichotel.com

Grand Hyatt Kuala Lumpur
03-2182 1234 • Jalan Pinang KLCC • JP Teres (Malaysian), THIRTY8 (International), Poolside From RM550 - RM5610 www.kualalumpur.grand.hyatt.com

The Westin KL
03-2731 8333 199 • Jalan Bukit Bintang B Bintang • Prego (Ita), Living Room (Int'l), Qba (Bar & Grill), Treats (gourmet bakery), Eest (Pan Asian) • From RM480-RM7,000 • E9 • www.westin.com

Grand Millennium KL
03-2117 4888 • 160, Jalan Bukit Bintang • Bukit Bintang • Zing (Chi), The Mill (Int'l) • From RM300-RM5,600 • www.millenniumhotel.com

Hilton KL
03-2264 2264 • 3, Jln Stesen • Sentral, KL Sentral • KTM KL Sentral • Chynna(Chi), Senses (Fusion), Noodle Room, Sudu, Zeta Bar, Vintage Bank • From RM385-RM605 • G3 • www1.hilton.com

Hilton PJ
03-7955 9122 • 2 Jalan Barat, PJ • Asia Jaya • Toh Yuen (Chi), Paya Serai Coffee House, Genji (Jap), Caffè Cino, Uncle Chilli's • From RM220–RM1685

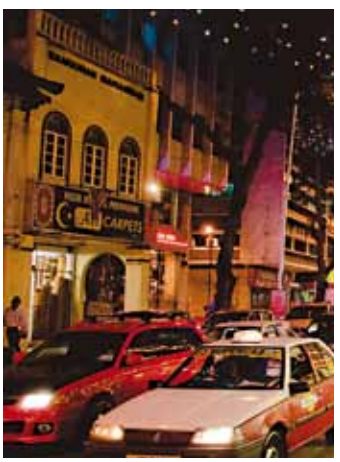
Holiday Inn Kuala Lumpur Glenmarie
03-7802 5200 • 1 Jalan Usahawan U1/8, Shah Alam •Fu-Rin (Jap), Kites (Int'l), The Mix Restaurant & Bar • From RM290 • www.holidayinn.com/glenmarie

KL Tower
03-2020 5446 / 2020 5444
Bukit Nanas • Jalan Punchak, off Jalan P Ramlee. • The KL Tower stands at 421 metres. The tower houses a revolving restaurant and an observation deck which takes 58 seconds to reach. Catch the sunset or experience sky jumping from the tower roof. • Opens 9am 10pm daily • E7

National Monument
Jalan Tugu, off Jalan Parlimen • Designed by American artist, Felix Weldon and cast in Italy, the immense bronze structure was built to commemorate the servicemen who lost their lives during the struggle against the communist insurgency in the 1950's. The 7 soldiers symbolise unity, strength, leadership, sacrifice, courage, suffering and vigilance • E3

National Museum
03-2694 4590 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students

Istana Negara, Jalan Duta
Located along Jalan Duta, it is the official residence of Malaysia's king since Nov 11, 2011. Influenced by both Islamic and traditional Malay architecture, this unique structure is the latest addition to the country's architectural wonders.



Little India
Masjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass, jewellery, sarees, Indian handicrafts to perfumes & spices. • E5

Jamek Mosque
Jalan Tun Perak • Situated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates many features of Moghul architecture a • Opens 8am-1:30pm & 2:30pm-6pm.

Sheraton Imperial KL
03-2717 9900 • Jln Sultan Ismail • M Tuanku • Essence (Int'l), Villa Danieli (Ita), Celestial Court (Chi) • From RM300-RM5,825 • D6

Hotel Istana
03-2141 9988 • 73, Jalan Raja Chulan • R Chulan • Peach Garden (Chi), Urban Bistro (Aus), Taman Sari (Int'l) • From RM299-RM5000 • E8 • www.hotelistana.com.my

Hotel Maya KL
03-2711 8866 • Jalan Ampang • Bukit Nanas KLCC • Still Waters, Maya Brasserie, Ramah Tamah • From RM325-RM1,800 • D8
• www.hotelmaya.com.my

InterContinental KL
03-2161 1111 • 165, Jalan Ampang • Ampang Park • Serena Brasserie, Tao (chi) , Tatsu (Jap), Bentley's Pub, Lobby Lounge & The Deli • From RM330-RM12,500 • C9
• www.intercontinental.com

JW Marriott Hotel KL
03-2715 9000 • 183 Jalan Bukit Bintang • B Bintang • 3rd Floor (Int'l), Marriott Café, Shanghai (Chi), JW Marriott Gourmet (Int'l), Havana Club • From RM400- RM8,000 • E9
• www.marriott.com

Le Meridien KL
03-2263 7888 • 2, Jln Stesen Sentral 5, KL Sentral • KTM KL Sentral •One On One (Asian Fusion), Al Nafourah (Middle Eastern), The Conservatory (Lounge & Bar) • From RM 328- RM5,500 • H3
• www.lemeridienkualalumpur.com

Mandarin Oriental Hotel
03-2380 8888 • KL City Centre • KLCC •Lai Po Heen (Ch), Mandarin Grill and Mo Bar (Bar & Grill), Mosaic (Buffet), The Mandarin Cake Shop, Cascades (Int'l), Wasabi Bistro (Jap) • From RM409(internet)/RM499(phone) • D8
• www.mandarinoriental.com

Palace Beach and Spa
03-8943 6688 • Jalan Dulang, Mines Resort City, Seri Kembangan, Selangor • KTM Serdang • Abdul and Charlie's (local), Cheng Ho Court (Chi), Beach Hut and Sunset Lounge (drinks and snacks) • From RM200-RM2000

Sama-Sama Hotel KLIA
03-8787 3333 • Kuala Lumpur International Airport • KLIA Degrees (Int), Traveller's Bar & Grill, Palmz Lounge (Wn) • From RM570++
www.samasamahotels.com

Parkroyal Kuala Lumpur
03-2147 0088 Jln Sultan Ismail • B Bintang • Chatz Brasserie (Wn), Bossa Nova (Wn), Hot Gossip, Si Chuan Dou Hua (Chi), Klix Lounge • From RM270 • www.parkroyalhotels.com

PNB Darby Park Executive Suites
03-7490 3333 • 10, Jln Binjai • Ampang Park •The 39 Restaurant, Minmax (Chi), Koong Jung (Jap/Korean) • From RM350-RM686 • D9
• www.pnbdarbyparksuites-kl.com

Prince Hotel & Residence KL
03-2170 8888 • 4, Jalan Conlay • Raja Chulan •Tai Zi Heen (Chi), Eccucino (Café), Enju (Jap) • From RM270-RM670 • E9• www.princehotelkl.com

Renaissance KL
03-2163 6888 • Corner of Jln S. Ismail/ Jln Ampang • B Nanas •Sagano(Jap), MED@Marche(Med), Vogue (Int'l) • East Wing: Dynasty (Chi), TEMPTationS (Int'l) • From RM215-RM6,000 • D7

Shangri-La Hotel KL
03-2032 2388 • 11 Jalan Sultan Ismail • B Nanas • Shang Palace (Chi), Zipangu (Jap), Lafite (Fr), Lemon Garden Café (Int'l), The Pub • From RM364-RM12,000 • D7 • www.shangri-la.com

Sheraton Imperial Hotel
03-2717 9900 Jln Sultan Ismail • M Tuanku • Essence (Int'l), Villa Danieli (Ita), Calestial Court (Chi) • From RM300-RM5,8250 • D6

Somerset Seri Bukit Ceylon
03-2055 8888 • No 8, Lorong Ceylon off Jalan Raja Chulan • NeroTeca (Ita) • From RM250-RM480 • E7 • www.somerset.com

The Gardens Hotel & Residences
03-2268 1188 • Mid Valley City • KTM Mid Valley • The Soread (Int'l), Sage Restaurant & Wine Bar (Fr & Jap) • From RM600–RM2,600• www.gardenshtlres.com

Sunway Putra Hotel ***(Formerly The Legend Hotel)***
03-4042 9888 • Putra Place, 100 Jalan Putra • PWTC • Museum (Chi), Di-Atas Brasserie (Int'l), Gen (Jap), Monkey Bar • From RM188-RM388 • B5 • www.legendhotelkl.com

The Ritz-Carlton KL
03-2142 8000 • 168, Jalan Imbi • B Bintang • Li Yen (Chi), Rossini's (Ita) • From RM418 • F9 • www.ritz-carlton.com

The Ritz-Carlton Residences
03-2142 9000 • B Bintang • From RM950-RM1,330 • F9

The Royal Chulan
03-2688 9688 • Jalan Conlay • R Chulan • Deli Cafe (Ita), Bunga Emas (Mas), L'Heritage (Fr) • F6 • www.theroyalchulan.com.my

★★★★

Aloft Kuala Lumpur Sentral
03-2723 1188
Jalan Stesen Sentral
KL Sentral • KTM KL Sentral • Nook (International), MAI Bar (Bar Menu), w xyz(SM) Bar (Cocktails & Snacks) • From RM270 - RM388 • http://www.starwoodhotels.com/alofthotels

Ancasa Hotel KL
03-2026 6060 • Jln Tun Tan Cheng Lock • Plaza Rakyat • Saffron Brasserie and BabaReebal • Ancasa Spa • From RM165-RM416 • www.ancasa-hotel.com

Boulevard Hotel
03-2295 8111/2295 8000 KTM Mid Valley City, Lingkaran Syed Putra • Mid Valley •Wild Rice (Int'l) • Rates from RM290Nett – RM420Nett • www.blvhotel.com

Carcosa Seri Negara
03-2295 0888 • Taman Tasik Perdana • The Dining Room (Fr), Gulai House (Malay) The Bar • From RM1,100-RM5,500 • F3

Concorde Hotel
03-2144 2200 • 2 Jalan Sultan Ismail • B Nanas • Spices (Western), Melting Pot (Int'l), Xin (Chi) • From RM178++-RM320++ • D7

Coronade Hotel KL
03-2148 6888 • Jalan Walter Grenier, Bkt Bintang • B Bintang • Makan-Makan (Local & Int'l), The Kasturi (Malay), Lobby Lounge.• From RM208- RM500 • F8
• www.coronade.com

Corus Hotel KL
03-2161 8888 • Jalan Ampang • Ampang Park • Ming Palace(Chi), Dondang Sayang (Int'l), Komura (Jap) • From RM185-RM390 • C9 • www.corushotelkl.com

Dorsett Regency
03-2716 1000 • 172, Jalan Imbi • B Bintang • Checker's (Café), Cellini's(Ita), Windows Lounge (Wn) • From RM200

The Majestic Hotel Kuala Lumpur
5 Jalan Sultan Hishamuddin, 50000 Kuala Lumpur, Malaysia.
03-2785 8000
www.majestickl.com

onwards • F9
• www.dorsettregency-kl.com

Federal Hotel
03-2148 9166 • 35, Jalan Bukit Bintang • B Bintang • Mandarin Palace (Chi), The Verandah (Int'l) Revolving Bintang (European) • From RM170-RM600 • F8
• www.fhihotels.com

Grand Seasons
03-2697 8888 • 72, Jalan Pahang • Chow Kit KLCC • Season (Café), O'Las (Indian), Lobby Lounge (Wn), Kas Bah Bar (Wn) • From RM150-RM348 • B6

Impiana KLCC Hotel & Spa
03-2147 1111 • 13 Jln Pinang • R Chulan • Tonka Bean Cafe (Int'l) • From RM219-RM368 • D8 • www.impiana.com

Novotel City Centre KL
03-2147 0888 • 2 Jln Kia Peng • R Chulan
• Qing Zhen (Chi Muslim), The Square (Int'l), Fun Pub, Al Fresco • From RM260-RM660 • E8
• www.novotel.com

Pacific Regency Hotel Suites
03-2332 7777 • Menara PanGlobal, Jalan Punchak • B Nanas • Soi 23, Luna, Olive & Geo Café • From RM290-RM500 • D7
• www.pacific-regency.com

Pyramid Tower Hotel
03- 7492 8000 • Persiaran Lagoon Bandar Sunway Petaling Jaya

Quality Hotel City Centre
03-2614 8000 • Jalan Raja Laut • DBKL • Benteng Coffee House (Int'l), Meisan Szechuan (Chi), Club 300 • From RM150-RM550 • C5 • www.qualiti.com.my

Swiss Garden Hotel
03-2141 3333 • 117, Jln Pudu • Hang Tuah • Blue Chip Lounge (Int'l), Flavours Restaurant (Int'l), Green Treats Delicatessen (Int'l), T@ste 6 Restaurant (Int'l) • From470+

The Royale Bintang KL
03-2143 9898 17-21 Jalan Bukit Bintang • B Bintang • Sunflowers Brasserie, Cafe Royale & Bar, Rimba Spa • From RM208 • F8 • www.royale-bintang-hotel.com.my

The Royale Bintang Damansara
03-7843 1111 • 6, Jalan PJU 7/3, Mutiara Damansara • The Restaurant (Int'l), Mystery Pub & Café • From RM195
• www.royalebintang.com.my

The ZON All Suites Residences on the Park
03-2164 8000 • 161D Jalan Ampang • Ampang Park • Terracotta Restaurant & Lounge • From RM253-RM396 • D8
• www.zonhotel.com.my

Traders Hotel
03-2332 9888 • Kuala Lumpur City Centre
• KLCC • Gobo Chit Chat, Gobo Upstairs, Sky Bar, Lounge & Grill • From RM270 • This hotel is located in the vicinity of KL Convention Centre • D8

Vistana KL
03-4042 8000 • 9 Jalan Lumut, off Jalan Ipoh, Kuala Lumpur • Titiwangsa • Vistana (Asian) • From RM172-RM230 • A5 • www.vistanahotels.com

★★★

Alpha Genesis
03-2141 2000 • 45 Tengkat Tong Shin • B Bintang • Tee Box Café
• From RM150-RM380 • F7 • www.alphagenesishotel.com

Cititel Mid Valley
03-2296 1188 • Mid Valley, Lingkaran Syed Putra • KTM Mid Valley • Citi Café
• Rates from RM205Nett – RM320Nett

Corona Inn
03-2144 3888 • 22, Jalan Tong Shin • B Bintang • Corona Café • From RM130-RM180 • F8 • www.coronainn-kualalumpur.com

Grand Continental
03-2693 9333 • Jln Belia/Jln Raja Laut • PWTC M Tuanku • Grand Star (Chi) , Lai Marble Coffeehouse • From RM135-RM800 • C5
• www.ghihotels.com.my

First World Hotel
03-6101 1118 • Genting Highlands • istorante Torcello's (Italian), Lakeview Seafood Restaurant (Seafood), The Patio (Wn) • From RM85 – RM460

Hotel Malaya
03-2072 7722 • 162, Jalan Hang Lekir • Pasar Seni • Malaya Café • From RM120-RM250 • F5 • www.hotelmalaya.com.my

Midah KL
03-2273 9999 • 8, Jalan Kampung Attap • Maharajalela • Attapia Coffee House (Int'l),
Rolling Good Times Café
• From RM145-RM250 • G5

Prescott Inn
03-2713 7887 • 23 Lrg Medan Tuanku 1,off Jln Sultan Ismail • M Tuanku • Makana Restaurant
• From RM110-RM170 • C5

Swiss-Inn KL
03-2072 3333 • 62, Jln Sultan • Maharajalela • Café Petaling • From RM130-RM175 • G6

The Plaza Hotel
03-2698 2255 • Jalan Raja Laut • Sultan Ismail • Pago-Pago Café (Continental), Plaza Court (Chi) • From RM110-RM178 • C5

SIGHTSEEING

Aquaria KLCC
03-2333 1888 • Raja Chulan KLCC • All 60,000 sq ft of Aquaria encompasses Evolution, Jewels of the Jungle, Deep Forest, The Coasts and Touch Pool, The Livingb Oceans and The Living Reef, with over 5000 aquatic and land-bound animals representing over 150 different species. Don't miss the 90-metre underwater tunnel. Opens daily from 11am-8pm. (Including weekends, school and public holidays) Last admission at 7pm. Entry RM38 (adult), RM26 (children) • D8

Batu Caves
03-6189 6284 • This popular Hindu temple draws hundreds of thousand of visitors during Thaipusam. It consists of three grand caves: the Dark Cave,the Museum Cave and the Temple Cave with brilliant rock formations. The Museum Cave at the foothills has interesting display of Indian mythology. To reach the main Temple Cave, one has to climb 272 steps.

Bird Park
03-2272 1010 • Located at the Lake Gardens, this 8.4ha bird park is the world's largest free-flight walk-in aviary. It is home to more than 3,000 birds from approximately 200 species. Opens daily from 9am-7.30pm. • F4

Butterfly Park
03-2693 4799 • Over 120 species of butterflies can be found in this park located at the Lake Gardens' vicinity. Admission is RM9 for adults and RM2 for children. Camera: RM3. Opens 9am to 6pm daily. • F4

Bukit Nanas Forest Recreational Park
03-2306 3421 / 2064 4741 • Bukit Nanas • Nestled in the heart of KL, the virgin forest-clad hill is a 10.5 ha park offering a 10-minute & a 20-minute walk trails from the Forest Information Centre at Jalan Raja Chulan to KL Tower. • E7

Carcosa Seri Negara
03-2282 1888 • Perched on a quiet hilltop overlooking the Lake Gardens, this 19th century colonial mansion used to be the residence of the British Governor and High Commissioners. Today it is an exclusive hotel offering a sense of history and fine dining. • F2

Central Market
03-2031 0399 • Pasar Seni Once the city's biggest wet market, it is now a centre for food and cultural activities. Cultural performances are staged during weekends at the riverside amphitheatre. Handicraft, souvenirs, art & portrait paintings are sold at bargain prices. The Annexe Gallery at CM is a progressive art centre. • Opens 10am to 10pm daily. • F5

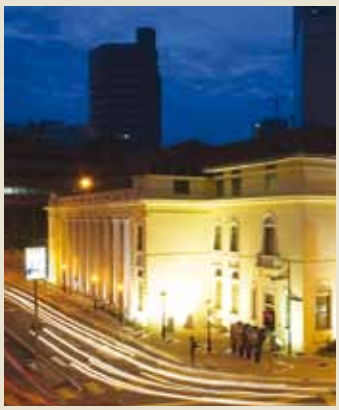
Deer Park
03- 2693 6661 • Enclosed within a 2-ha ground at the Lake Gardens, the deer, fawns and does roam freely in a cool and peaceful habitat with lush trees and shrubs and ponds. • F3

Istana Negara
Official residence of Malaysia's King, visitors can witness the changing of the royal guards daily. The Rulers Conference, various royal and national ceremonies, investitures and official banquets are held at this palace. • H5

Little India
Masjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass, jewellery, sarees, Indian handicrafts to perfumes & spices. • E5

Jamek Mosque
Masjid Jamek • Jalan Tun Perak • Situated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates many features of Moghul architecture a • Opens 8am-1:30pm & 2:30pm-6pm. • E5

Craft Complex
03- 2164 8344
Raja Chulan • 63, Jalan Conlay. • Showcases ethnic handicrafts, batik printing and pottery from the 13 states of Malaysia. • Opens 9am- 6pm daily. • E9 FREE



Telekom Museum
03-2031 9966
Raja Chulan • Jalan Raja Chulan • Displays interesting exhibits of telephones and evolution of their designs over the years. • Opens 9am-5pm. Closed on Mondays • E6 FREE

Sultan Abdul Samad Building
Masjid Jamek • Jln Sultan Hishamuddin • Also known as the Big Ben of KL, this historical landmark and heritage building is well known for its Moghul architecture dating back to 1897. Originally the offices of the Colonial Secretariat, it then housed the Supreme Court. • E5

PETRONAS Twin Towers
03- 2615 8188
KLCC • KL City Centre • The 88-storey Petronas Twin Towers stand at 451.9 metres. Seated in the heart of KL and amidst a 50-hectare landscaped park, a skybridge on the 41st floor is open to visitors between 9am-7pm daily, closed on Monday • D8

Lake Gardens
Jalan Parlimen • Located near the city centre, this 9.2ha landscaped garden is built around a lake. Several attractions are found within the park including an Orchid Garden, Hibiscus Garden, Butterfly Park, Bird Park, Deer Park, National Monument and the Asean Sculpture Garden • F3

Malaysian Tourism Centre
03-9235 4848 • B Nanas • 109 Jalan Ampang • This is a one-stop tourist service centre comprising the information counter (7am-10pm) Transnasional Executive Coach counter, domestic tour booking counter, money changer, restaurant and craft demo centre. Built in 1935, the building was the home of wealthy tin-miner and planter, Eu Tong Seng. Cultural shows are on Tues, Thur, Sat & Sun 2-2.30pm. • D7

Merdeka Square
Masjid Jamek • Jalan Raja • Opposite the Sultan Abdul Samad Building, this is the site where the independence of Malaya was declared on 31 August, 1957. The 100m high flagpole is the tallest in the world. Live entertainment and cultural shows are staged here on festive occasions. The Royal Selangor Club and St. Mary's Cathedral are located nearby. • E5

National Mosque
03-2693 7784 • KL • Jalan Perdana • This mosque embodies contemporary designs, together with traditional Islamic art, calligraphy and ornamentation. The main dome with its 18-point star, represents the 13 states of Malaysia unified by the Five Pillars of Islam. Visitors must dress conservatively and remove their shoes before entering the mosque • Opens 9am to 12noon; 3pm to 4pm; 5:30pm to 6:30pm daily. • F4

National Planetarium
03-2273 4303 • Lot 54 Jalan Perdana • Located close to the National Mosque, the attractions include space science and astronomy exhibits, a theatre screening 3-Dimensional movies, a viewing gallery and an observatory • Admission is RM1 for adults and children over 12 years [extra charges for all shows]. Opens 9:30am to 4:15pm daily. Closed on Monday except public & school holidays • G4

National Science Centre
03- 2089 3400 • Persiaran Bukit Kiara • Houses 9 galleries with different scientific themes. Offers interesting interactive displays for learning and entertainment. • Opens 10am-5pm. Closed on Friday.

National Zoo
03-4108 3427 / 4108 3422 • Located in Hulu Kelang, 12km from the city centre, the zoo is home to 400 species of local birds, mammals, reptiles and fishes. • Opens 9am - 5pm daily. Night Zoo is on Saturdays 7.30am - 10.30pm. Admission : RM10 for adults and RM5 for children under 12. Videocam RM15.

Old KL Railway Station
Jalan Hishammudin • Built in 1910, the Moghul-inspired building was a hub for Malaysian rail transport until it was replaced by the new KL Sentral Station. It remains a landmark and the refurbished Heritage Hotel is still open for business. Across the road, the Malaysian Railway administrative building is also a breathtaking architectural showpiece • G5

Petrosains, The Discovery Centre
03-2331 8181 • KLCC • Petronas Twin Towers, Level 4 Suria KLCC • Focusing on Malaysia's oil and gas industry, it offers an interactive approach to learning. It takes you through a unique voyage of discovery of science. • Opens daily 9.30am to 6pm. Last admission 4.30pm. Closed on Monday • D8

Royal Selangor Visitor's Centre
03-4145 6000 • 4, Jalan Usahawan Enam, Setapak Jaya • Located 15 minutes from the city centre, the Royal Selangor which is internationally known for its fine designs and craftsmanship, offers a complete visitor experience, enabling them to see, hear, touch and learn how pewter is made. • Opens daily from 9am-5pm.

Royal Selangor Club
03-2692 7166 • Masjid Jamek • Jalan Raja • Once nicknamed 'The Spotted Dog' during the colonial days, this club which features Mock Tudor architecture, is one of the oldest membership clubs in KL. • E5

Thean Hou Temple
03-2274 7088 • 65 Persiaran Endah, off Jalan Syed Putra • A beautiful blend of Chinese and contemporary architecture, this is one of the largest and most ornate Buddhist temples in the region and a venue for major religious festivals. Also

check out the herbs garden, wishing wel l and souvenir stall • Opens 9am to 9pm daily.

Museums

Asian Arts Museum Universiti Malaya
03-7967 3805 • Uni. of Malaya • A unique collection of Asian art & sculptures, ceramics, including Islamic & Malay art and textiles • Opens Mon - Sat. Closed on Sunday & public hols.

Bank Negara Money Museum
03-2698 8044 • KTM Bank Negara Bandaraya • Block A, Bank Negara Malaysia, Jalan Dato' Onn • A repository for Malaysia's numismatic heritage, the museum displays an impressive collection of coins, bank notes, barter trade currencies & traces the evolution of the Malaysian currency • Opens Mon-Sat. Closed on Sunday • E5

Forest Research Institute Malaysia
03-62797 000 • Kepong • Located within the 1,500 hectares of natural land reserve, the institute showcases Malaysia's rich forest heritage. • Opens 8am-4pm. Fri 9am- 12pm.

Heritage Centre
03-2144 9273 • 2 Jln Stonor • Showcases Malaysia's architectural heritage, the centre also conducts 2 guided tours a day (11am & 3pm) of the Rumah Penghulu or Village Head's abode which has been furnished to reflect a house in the early thirties • E10

Islamic Arts Museum
03-2274 2020 • Jalan Lembah Perdana • Opened in 1998, the museum focuses on the rich diversity of Islamic arts and culture. Miniature replicas of Taj Mahal and other islamic architectural wonders are on display • Tickets at RM12 (adults), RM6 (under 18, students & senior citizens) • Opens 10am to 6pm daily. • G4

Maybank Numismatic Museum
03-2070 8833 Plaza Rakyat • Menara Maybank, 100 Jalan Tun Perak, KL • A fascinating display of coins dating back to the early history of the Malay Sultanate. • Open 10am-6pm daily • F6

Museum Orang Asli
03-6189 2122 • Km 24 Gombak • Displays a collection of over 3,000 artifacts showcasing the history, culture & lifestyle of indigenous tribes of Peninsular Malaysia. • Opens 9am-5pm. Closed Fri. FREE

National Museum
03-2282 6255 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students

ARTS & CULTURE

National Library
03-2687 1700 • 232 Jalan Tun Razak. • This 7-storey building which blends traditional design with modern architectural elements houses more than 1.5 million books, some of them extremely rare. • Opens daily except Monday • A8 FREE

Galeri Petronas
03-2051 7770 • KLCC • Level 3 Suria KLCC. • Exhibits artworks by local and international artists. • Opens 10am to 8pm. Closed on Monday. • D8 FREE

National Theatre (Istana Budaya)
03-4026 5555 • Jalan Tun Razak • Designed by Malaysian architect Muhammad Kamar Ya'akub, this modern theatre is one of the world's most sophisticated theatres with state-of-the-art stage equipment. It holds drama, dance and musical performances regularly.• A7

Petronas Philharmonic Hall
03-2051 7008 • KLCC • Located within the Petronas Twin Towers, it is home to the Malaysian Philharmonic Orchestra and the National Choir. It features performances of highest quality by visiting orchestras and world-renowned soloists, besides performances by the MPO which now ranks among the top orchestras in the region • D8

OTHER FUN-TASTIC THRILLS & SPILLS

Cruises
03-3101 1313 • Star Cruises, Pulau Indah, Klang

Casino
03-2718 1118 • Genting Highlands Hotel

D'Paradise
063, Jalan Solok Uban, Kampung Brisu, Lubok China, 78100 Melaka.
06-552 8010/0611 (Resort),
03-4256 0381 (KL Sales Office)
www.d-paradise.com.my

Flying
03-2141 1934 • Royal Selangor Flying Club

Horse Racing
03-9058 3888 • Selangor Turf Club, Jln Sungai Besi

Horse Riding
03-4256 4531 • Royal Selangor Polo Club, Jln Ampang Hilir

03-9058 3888• STC Equestrian Centre, Jln Kuda Emas

03-209 35211• Bukit Kiara Equestrian Club, Jln Bukit Kiara, Kuala Lumpur

Theme Parks
03-288 8888• Colmar Tropicale, Bkt Tinggi

03-71188338 • Desa Water Park, Tmn Desa

03-8942 5010 • Genting Resort

03-8942 8942• The Mines Wonderland

Bank Negara Malaysia Museum and Art Gallery Sasana Kijang
No. 2, Jalan Dato Onn, 50480 Kuala Lumpur
Opening Hours: 10am to 6pm daily
For Enquiries Call: +603-9179 2742

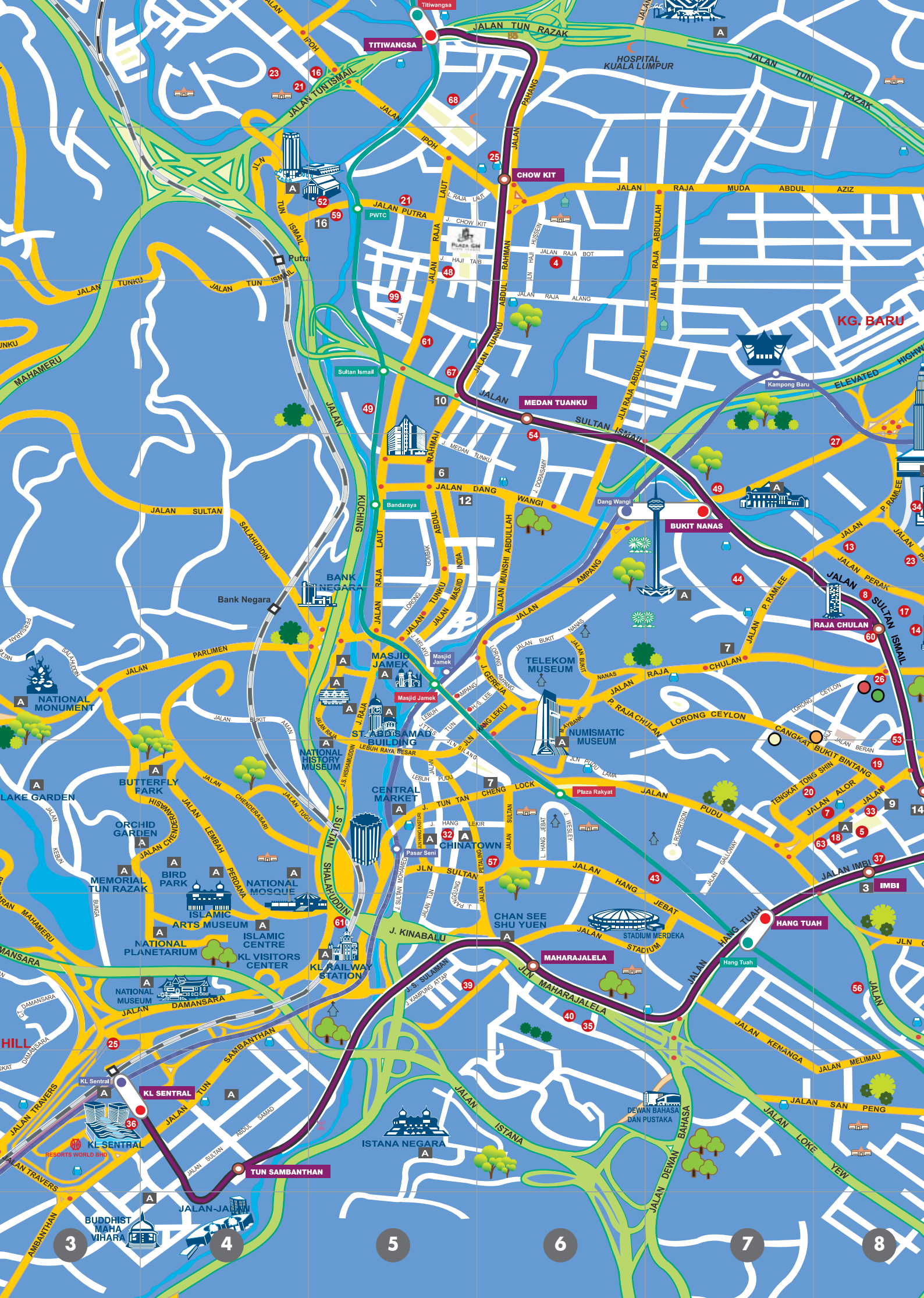
University of Malaya Art Gallery (UMAG)
Tingkat 5, Bangunan Canseleri, Universiti Malaya, Petaling Jaya
Tel: 03-79671061
Opening Hours: 9.00am to 4.00pm
Closed on: Saturday and Sunday

Galeri Tenaga
Wisma TNB, Jalan Timur, Petaling Jaya
Tel : +603-2296 5566
Fax : +603-2282 3274
Opening Hours: Monday – Friday : 10 am – 3 pm.

KL Lifestyle Art Space
31 Jalan Utara, 46200 Petaling Jaya, Selangor, Malaysia

Tel: +603 2093 2668, +603 2094 2668
Email: info@mediate.com.my

Open Monday - Friday, 10am - 7pm
(Closed on Weekends and Public Holidays)


TITIWANGSA
JALAN TUN RAZAK
HOSPITAL KUALA LUMPUR
JALAN TUN ISMAIL
JALAN IPOH
CHOW KIT
JALAN RAJA MUDA ABDUL AZIZ
JALAN PUTRA
PWTC
KG. BARU
MAHAMERU
JALAN TUNKU
JALAN TUN ISMAIL
Sultan Ismail
MEDAN TUANKU
JALAN SULTAN ISMAIL
Kampong Baru
ELEVATED
Bandaraya
JALAN DANG WANGI
Dang Wangi
BUKIT NANAS
BANK NEGARA
Bank Negara
JALAN SULTAN SALAHUDDIN
JALAN PARLIMEN
NATIONAL MONUMENT
MASJID JAMEK
Masjid Jamek
TELEKOM MUSEUM
RAJA CHULAN
JALAN SULTAN ISMAIL
JALAN RAJA CHULAN
LORONG CEYLON
NUMISMATIC MUSEUM
ST. ABDUL SAMAD BUILDING
NATIONAL HISTORY MUSEUM
BUTTERFLY PARK
LAKE GARDEN
ORCHID GARDEN
CENTRAL MARKET
Plaza Rakyat
JALAN PUDU
CHINATOWN
Pasar Seni
JALAN TUN TAN CHENG LOCK
JALAN HANG JEBAT
IMBI
MEMORIAL TUN RAZAK
BIRD PARK
NATIONAL MOSQUE
ISLAMIC ARTS MUSEUM
ISLAMIC CENTRE
NATIONAL PLANETARIUM
KL VISITORS CENTER
KL RAILWAY STATION
CHAN SEE SHU YUEN
J. KINABALU
STADIUM MERDEKA
HANG TUAH
Hang Tuah
MAHARAJALELA
JLN MAHARAJALELA
NATIONAL MUSEUM
DAMANSARA
SAMBANTHAN
KL Sentral
KL SENTRAL
RESORTS WORLD BHD
TUN SAMBANTHAN
JALAN-JALAN
BUDDHIST MAHA VIHARA
ISTANA NEGARA
JALAN ISTANA
DEWAN BAHASA DAN PUSTAKA
JALAN DEWAN BAHASA
JALAN KENANGA
JALAN MELIMAU
JALAN SAN PENG
JALAN LOKE YEW
JALAN TRAVERS
JALAN AMBANTHAN
3
4
5
6
7
8

EXPLORE KUALA LUMPUR

1 **Agora Hotel**
Tel: 2142 8133 **F8**

2 **Alpha Genesis Hotel**
Tel: 2142 6868 **F7**

3 **Berjaya Times Square Hotel & Convention Centre**
Tel: 2117 8000 **F8**

4 **Brisdale International Hotel**
Tel: 2694 8833 **B6**

5 **Capitol Hotel**
Tel: 22143 7000 **F8**

6 **Carcosa Seri Negara**
Tel: 2282 1888 **F8**

7 **Cardogan Hotel**
Tel: 2144 4883 **F8**

8 **Concorde Hotel**
Tel: 2144 2200 **D7**

9 **Corona Inn**
Tel: 2144 3888 **F7**

10 **Coronade Hotel**
Tel: 2148 6888 **F8**

11 **Corus Hotel**
Tel: 2161 8888 **C9**

12 **Doubletree Hilton Kuala Lumpur**
Tel: 2172 7272 **C10**

13 **Crown Regency Hotel**
Tel: 2162 3888 **D8**

14 **Crowne Plaza Kuala Lumpur**
Tel: 2148 2322 **E8**

15 **Dorsett Regency Hotel**
Tel: 2715 1000 **F9**

16 **Dynasty Hotel**
Tel: 4043 7777 **A4**

17 **Equatorial Hotel**
Tel: 2161 7777 **E8**

18 **Federal Hotel**
Tel: 2148 9166 **F8**

19 **Fortuna Hotel**
Tel: 2141 9111 **F8**

20 **Grand Central Hotel**
Tel: 4041 3011 **B5**

21 **Grand Continental Hotel**
Tel: 2693 9333 **C5**

22 **Grand Millenium KL**
Tel: 2141 8000 **E8**

23 **Grand Pacific Hotel**
Tel: 4042 2177 **A5**

24 **Grand Seasons Hotel**
Tel: 2697 8888 **B6**

25 **Hilton KL**
Tel: 2264 2264 **G3**

26 **Hotel Istana**
Tel: 2141 9988 **E8**

27 **Hotel Maya Kuala Lumpur**
Tel: 2711 8866 **D8**

28 **Impiana KLCC Hotel & Spa**
Tel: 2147 1111 **D8**

29 **JW Marriott Hotel**
Tel: 2715 9000 **E9**

30 **Kuala Lumpur International Hotel**
Tel: 2697 8833 **B6**

31 **Le Meridien KL**
Tel: 2263 7888 **G3**

32 **Malaya Hotel**
Tel: 2072 772 **F5**

33 **Malaysia Hotel**
Tel: 2142 8033 **F8**

34 **Mandarin Oriental Hotel**
Tel: 2380 8888 **G6**

35 **Mandarin Court Hotel**
Tel: 2273 9933 **G6**

36 **Maradian Oriental Hotel**
Tel: 2380 8888 **D8**

37 **Melia Kuala Lumpur**
Tel: 2785 2828 **F8**

38 **Micasa All Suite Hotel**
Tel: 2179 8000 **D10**

39 **Midah Hotel KL**
Tel: 2273 9999 **G5**

40 **Mirama Hotel**
Tel: 2148 9122 **G6**

41 **InterContinental KL**
Tel: 2161 1111 **C9**

42 **Novotel Kuala Lumpur City Centre**
Tel: 2147 0888 **E8**

43 **Olympic Sports Hotel**
Tel: 2078 7888 **F7**

44 **Pacific Regency Hotel Suite**
Tel: 2332 7777 **D7**

45 **Parkroyal Kuala Lumpur**
Tel: 2147 0088 **F8**

46 **PNB Darby Park Executive Suites**
Tel: 7490 3333 **D10**

47 **Prince Hotel & Residence Kuala Lumpur**
Tel: 2170 8888 **D10**

48 **Quality Hotel**
Tel: 2693 9233 **C5**

49 **Renaissance Kuala Lumpur Hotel**
Tel: 2162 2233 **D7**

50 **Residence Hotel**
Tel: 2693 3333 **C5**

51 **Ritz-Carlton Kuala Lumpur Hotel**
Tel: 2142 8000 **F9**

52 **Seri Pacific Kuala Lumpur**
Tel: 4042 5555 **B5**

53 **Shangri-La Hotel**
Tel: 2032 2388 **D7**

54 **Sheraton Imperial**
Tel: 2717 9900 **D6**

55 **Stanford Hotel**
Tel: 2691 9833 **B6**

56 **Swiss Garden Hotel**
Tel: 2141 3333 **F7**

57 **Swiss Inn Hotel**
Tel: 2072 3333 **G6**

58 **The Heritage Station Hotel**
Tel: 2273 5588 **G5**

59 **The Legend Hotel**
Tel: 4042 9888 **B5**

60 **The Lodge**
Tel: 2142 0122 **E8**

61 **The Plaza Hotel**
Tel: 2698 2255 **C5**

62 **The Ritz-Carlton Residences**
Tel: 2142 9000 **F9**

63 **The Royale Bintang**
Tel: 2143 8000 **F8**

64 **The Westin KL**
Tel: 2731 8333 **E9**

65 **The Zon All Suites Residences on the Park**
Tel: 2164 8000 **C9**

66 **Traders Hotel**
Tel: 2332 9888 **D8**

67 **Tune Hotels.com**
Tel: 7692 5888 **C5**

68 **Vistana Hotel**
Tel 4042 80000 **A5**

Shopping Malls:

1. **Ampang Park**
Tel: 03-2161 7006 **C10**

2. **Avenue K**
Tel: 03-2166 7888 **C9**

3. **Berjaya Times Square**
Tel: 1-300-888-988 **E9**

4. **City Square**
Tel: 03-2162 1566 **C10**

5. **KL Sogo**
Tel: 03- 2698 2111 **D5**

6. **Kompleks Kotaraya**
Tel: 03-2072 2562 **F6**

7. **Lot 10**
Tel: 03-2141 0500 **F8**

8. **Low Yat Plaza**
Tel: 03-2162 1176 **F8**

9. **Maju Junction**
Tel: 03-2772 8550 **C5**

10. **Pertama Complex**
Tel: 03-2691 6599 **D5**

11. **Starhill Gallery**
Tel: 03-2148 1000 **F8**

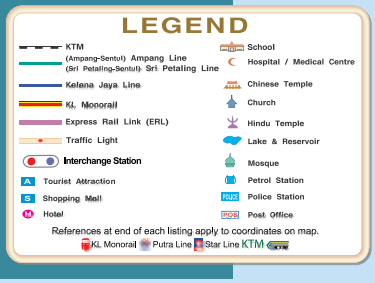
12. **Sungei Wang Plaza**
Tel: 03-2148 6109 **F8**

13. **Suria KLCC**
Tel: 03-2382 2828 **D8**

14. **The Mall**
Tel: 03-4042 7122 **B5**

15. **The Weld**
Tel: 03-2162 3580 **E9**

16. **Yow Chuan Plaza**
Tel: 03-2142 9701 **C10**



Getting around in Kuala Lumpur is easy. The transit systems are efficient, taxis are plenty and buses are cheap. The public transportation usage peak hours are from 7am to 9am and 4.30pm to 6.30pm during the working days.

By Transit systems

The KL monorail and LRT coaches are air-conditioned and comfortable and run from 6am to midnight. The systems are connected to each other at several points and the network covers most parts of the city. Fares range from RM0.70 to RM2.80 per single journey.

By Taxis

Taxis are easily available at hotels or at taxi stands. Fares start at RM3 for the first kilometre and RM0.10 for every 115 metres thereon. There is a 50% surcharge on the metered fare from midnight to 6am and a baggage charge of RM1 per piece stored in the boot. There is also an additional RM1 for 3rd passenger (maximum 4 in a car). For an extra charge of RM2, you can book a taxi by phone.

By Ecovans

Ecovans can accommodate up to 5 passengers. They serve mainly guests at major hotels and follow the fare structure of taxis but charge RM4 instead of RM2 for the first kilometre.

By Buses

Buses serve all parts of Kuala Lumpur with fares beginning from RM1. Some hotels also offer free bus shuttle services to major shopping malls in the city.

KL Hop-on/Hop-off Bus Service

Links you to 40 attractions around the city with 22 designated stops. 8.30am to 8.30pm. Ticket: RM38 with discounts for locals, senior citizens, students and children. 03-2691 1382

Getting to the Airport

KLIA Ekspres: The journey takes about 30 minutes from KL Sentral and the fare is RM35 per person per way. There is also check-in facility at KL Sentral for some airlines.

Taxi: The fare from the city centre to the airport is RM60 – RM90 per taxi.

Eco Transit: Eco Transit can accommodate up to 5 adults and has a fixed fare of RM130/ trip.

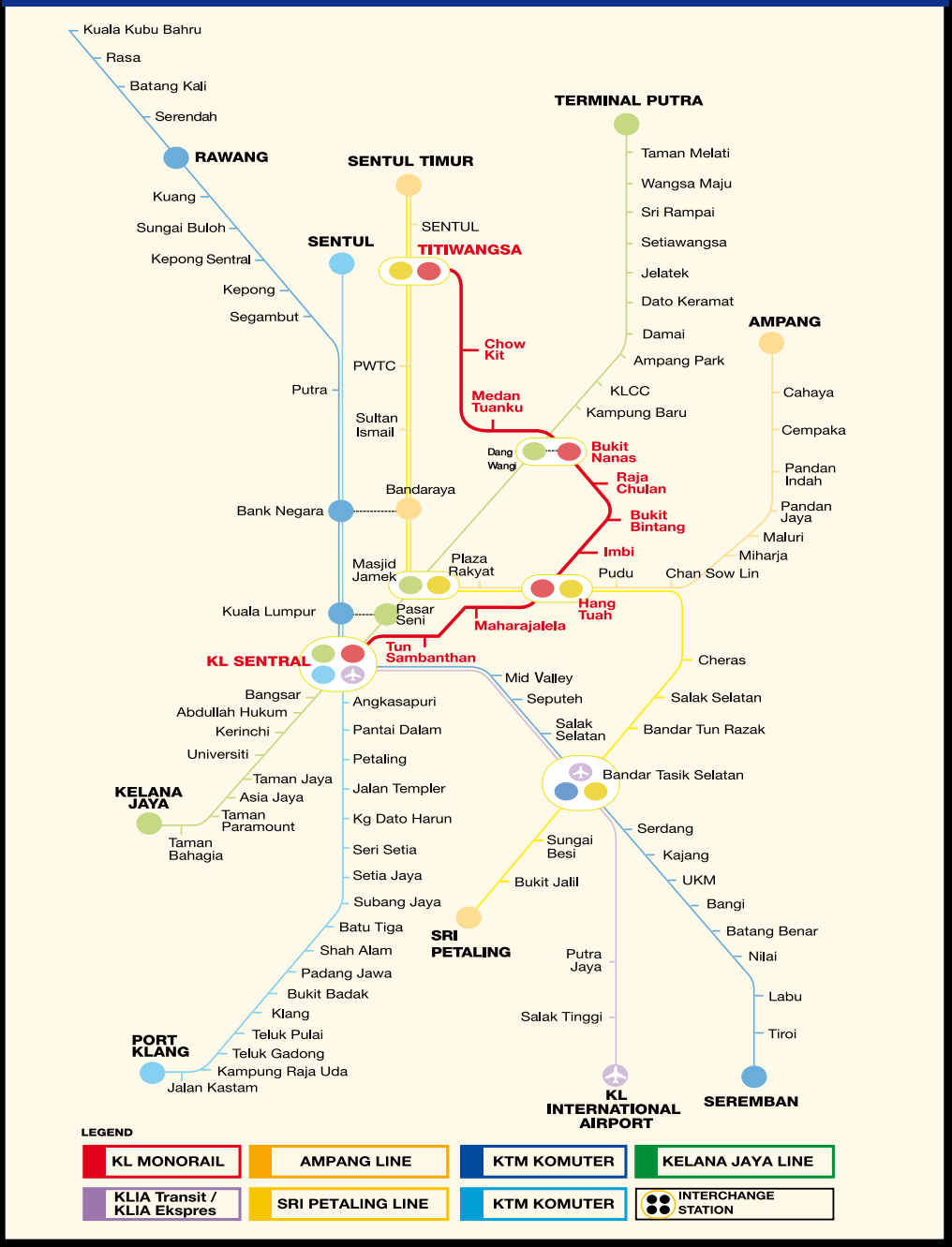
Limousine: Can be arranged with the hotel concierge and fare range from RM100 – RM200.

Coaches To KLIA and/or LCCT

The 1-hour journey costs between RM9 and RM25 per person.

- Airport Coach - 03-8787 3894
- Sky Bus - 03-6201 2742
- Aerobus - 017-363 3255
- The Star Shuttle - 03-4043 8811

RAIL TRANSIT NETWORK OF KUALA LUMPUR



Transportation

Air Travel

- **KL International Airport Sepang** 03-8776 2000
- **LCC Terminal - KLIA** 03-8777 8888
- **Domestic Airport - Subang** 03-7846 7777
- **KL CAT (City Air Terminal)** 03-2267 8000

Domestic Airlines

- **MAS** 03-7843 3000
- **MAS Reservation Number** 1 300 88 3000
- **AirAsia** 03-8775 4000
- **Berjaya Air** 03-7846 8228
- **FireFly** 03-7845 4543
- **Fly Asian Xpress** (fax) 03-8660 4343

Rail

- **KL Sentral** 03-2274 7435
- **KLIA Ekspres** 03-2267 8000
- **KTM** 03-2267 1200
- **Rapid KL** 03-7625 6999
- **KL Monorail** 03-2273 1888

Car Rental

- **Apex** 03-2142 1926
- **Avis** 03-2142 0166
- **Orix** 03-2142 3009
- **Hertz** 03-2148 6433
- **Mayflower** 03-2279 1188
- **Sintat** 03-2145 7988

Taxis

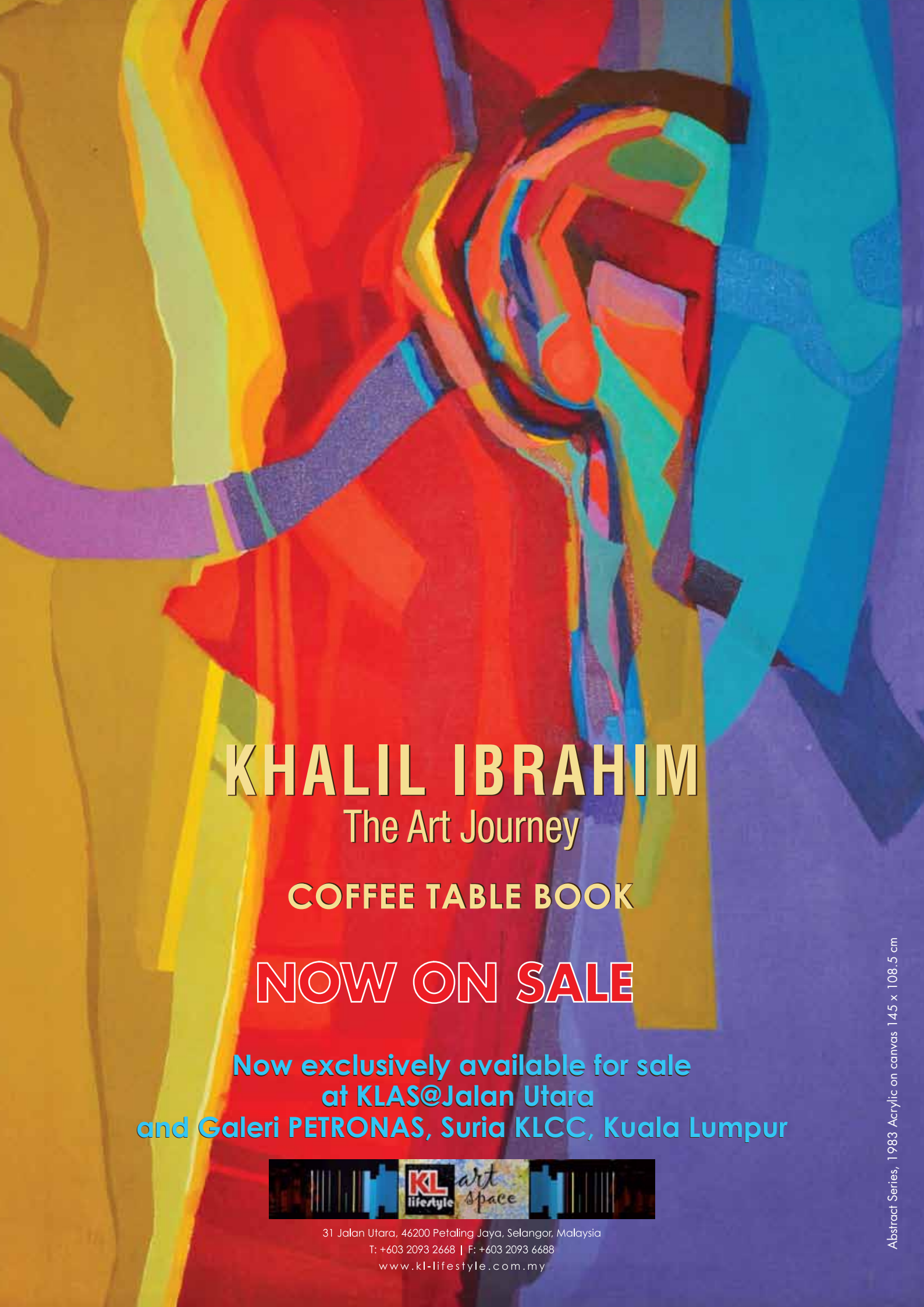
- **Radio Cab** 03-9221 7600
- **Airport Limo Meet & Greet** 03-8787 3678
- **Saujana Cab** 03-2162 8888
- **Comfort Taxi** 03-8024 2727
- **Eco Transit** 03-5512 2266
- **Supercab** 03-7805 5333
- **Outstation Taxi** 03-2078 0213

Emergency Services

- **KL Tourist Police (24 hours)** 03-2166 8322
- **Police & Ambulance** 999 or 112 (mobile phones)
- **Fire & Rescue** 994
- **KL City Council** 03-2691 6011

Tourism Offices

- **Malaysia** 1-300-88-5050
- **Tourism Centre (24-hour)** 03-2164 3929
- **Kuala Lumpur** 03-2693 6661
- **Penang** 04-261 9067
- **Johor** 07-222 3591
- **Terengganu** 09-622 1433
- **Sabah** 088-248 698
- **Sarawak** 082-246 575
- **Kedah** 04-731 2311
- **Pahang** 09-747 7520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The newly refreshed Pool Bar and Grill@8 is an indoor venue by the poolside with all the perks of being outdoors. Sleek glass panels line the walls and ceiling of the room, inspiring a feeling of spaciousness and elegance.

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