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ART & LIVING

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7 Hours

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GOINGS-ON CALENDAR DECEMBER 2015

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			04 8TH ROYAL CUP WORLD MUAY THAI CHAMPIONSHIP	05 Mozart's sinfonia concertante
Y	N. C.		THAI CHAMPIONSHIP 4 – 5 Dec Stadium Negara Kuala Lumpur	5 Dec @ 8.30pm 6 Dec @ 3.00pm Dewan Filharmonik Petronas
08		10]]	12 NANCY AJRAM LIVE IN KUALA LUMPUR 12 - 13 Dec
TITIAN BUDAYA - BRIDGING CULTURES 8 Dec @ 8.30pm Dewan Filharmonik Petronas		ONS (ONE NIGHT STAND) 10 – 13 Dec @ 8.30pm 12 – 13 Dec 2015 @ 3pm Pentas 1, klpac	BRAHMS' POETIC THIRD 11 Dec @ 8.30pm 12 Dec @ 8.30pm Dewan Filharmonik Petronas	Megastar Arena, Kuala Lumpur RETROFEST ASIA 2015 12 Dec Surf Beach, Sunway Lagoon
	16 HIAN PRIMADONA 16 Dec @ 8.30pm 7, 18 & 19 Dec @ 8.30pm] 7 STAR WARS AND BEYOND 17 Dec @ 8.30pm 18 Dec @ 8.30pm	18 FISE WORLD SERIES 2015 18 - 20 Dec	A-LIN SONAR WORLD TOUR LIVE IN MALAYSIA 2015 19 Dec
	20 Dec @ 3pm Pentos 1, kipos	Pewan Filharmonik Petronas	Eagle Square, Langkawi	Stadium Malawati, Shah Alam

8th ROYAL CUP WORLD MUAY THAI CHAMPIONSHIP 4 – 5 DEC

The Royal Cup World Muay Thai Championship is formally known as The Royal Kedah Muay Thai Challenge. It has been running for seven consecutive years and it is the longest running Muay Thai tournament in Malaysia.

The tournament currently has a global following from more than 20 countries and has attracted a viewing audience of 35,000 through live streaming and an average of 4,000 attendees per event. This event is exclusive to South-East Asia and organised in Malaysia.

Venue: Stadium Negara Kuala Lumpur





"CLASSICALLY CLASSICAL" MUSIC OF THE LATE ROMANTIC PERIOD

5 DEC @ 8.30PM 6 DEC @ 3PM

The Kuala Lumpur Performing Arts Centre Orchestra (klpac Orchestra) will present the "Classically Classical – Music of the Late Romantic Period", featuring Johannes Brahms' Symphony No.4 in E minor, Op.98. This expressive yet tragic fourmovement-symphony is Brahms' only piece ending with a minor. This symphony melts the hearts of those who listen. Brahms' Fourth Symphony is large in size and emotionally impacting while enormously subtle in details. The concert opens with Antonio Dvorak's Slavonic Dances, Op. 72, No.2, Op. 46, No.1 and No.8, which are filled with exciting and joyful tunes. The night continues with lively and colourful selections from Léo Delibes's Coppélia Suite. The audience can expect to enjoy a night of late romantic music. This concert is conducted by Dr Takahisa Ota.

Venue: Pentas 1, klpac Tickets: RM36, RM46, RM66



MOZART'S SINFONIA CONCERTANTE SAT 5 DEC @ 8.30PM SUN 6 DEC @ 3.00PM

Acclaimed Japanese conductor Kazuyoshi Akiyama presents a work from his homeland, followed by Mozart's Sinfonia Concertante for four wind instruments and orchestra. Elgar's magnificent First Symphony, called "the greatest symphony of modern times" when it first appeared in 1908, closes the programme.

Tickets: RM150, RM120, RM90, RM60 Venue: Dewan Filharmonik Petronas



BRAHMS' POETIC THIRD FRI 11 DEC 2015 8.30PM SAT 12 DEC 2015 8.30PM

Brahms' poetic and evocative Third Symphony has been hailed as "artistically the most perfect Brahms work" – a feast for the music-lover and musician alike. Preceding it on this programme are Debussy's three alluring Nocturnes that invite the listener to visualise clouds, a festival and the legendary sirens luring sailors to their fate. One of Verdi's finest and dramatic overtures opens the programme.

Tickets: RM150, RM120, RM90, RM60 Venue: Dewan Filharmonik Petronas



TITIAN BUDAYA - BRIDGING CULTURES TUE 8 DEC 2015 8.30PM

This is a sumptuous and entertaining musical feast that blends the music flavours of the region.

It pays homage to the shared cultural icons, musical traditions and influences on both sides of the causeway, where the music of the east meets that of the west, and where the old meets the new, leading Singaporean and Malaysian composers, soloists, and performers come together to weave a new tapestry of sounds under the baton of maestro Tsung Yeh conducting the Singapore Chinese Orchestra.

Tickets: RM130, RM100, RM70, RM50 Venue: Dewan Filharmonik Petronas



NANCY AJRAM LIVE IN KUALA LUMPUR 12 - 13 DEC

With over 17 million followers on Facebook, Twitter and Instagram, Nancy Ajram will be performing for the first time in Malaysia with 19 musicians. Nancy is a Lebanese singer and multi-platinum recording artiste. With the support of her father, Nancy began performing as a child and released her first studio album by the age of 15. Her breakthrough occurred with the start of her collaboration with well-known producer Jiji Lamara, when she released her smash hit "Akhasmak Ah" and 3rd studio album, Ya alam. In 2004, she released her second international bestseller "Ah W Noss", which spawned several smash hits, "Ah W Noss", "Lawn Ouyounak", and "Inta Eih" at which point Nancy had established pop icon status in the Middle East.

Venue: Megastar Arena, Kuala Lumpur



RETROFEST ASIA 2015 12 DEC

Retrofest Asia is a home-grown retro music festival exclusively produced by JS Concert Productions with the main objective to relive and promote great music of the 80's and 90's. It is a unique, one of its kind music festival in Malaysia and South-East Asia.

The first inaugural Retrofest Asia was successfully held on Nov 1 at Sunway Surf Beach, attracting fans from neighbouring countries such as Singapore, Indonesia and Brunei. The festival featured four popular artistes that rule the music scene of the 80's & 90's. The artistes came with their band to give a full-show experience.

Venue: Surf Beach, Sunway Lagoon



ONS (ONE NIGHT STAND) 10 - 13 DEC @ 8.30PM 12 - 13 DEC 2015 @ 3PM

O.N.S. stands for one-night stand. The director William Yap stresses that the story focus is more to spreading the right love concepts than just "sex". There will be different kinds of love (first timer, 3P, confused girl, etc.) which will be portrayed on stage with the concept of "play safe". This time, Pink Triangle will join this production to help promote the safe sex campaign.

Venue: Pentas 1, klpac Tickets: RM58



GODZILLA EATS LAS VEGAS 12 DEC 2015 @ 8.30PM 13 DEC 2015 @ 3PM

Could you handle a plot of having a Godzilla attacking the stage in klpac this December? Klpac Symphonic Band will show you how the story goes. Alongside this fun and happening piece by Whitacre, the production brings in some "British air" of folk-song setting, Lincolnshire Posy, one of the wind band masterworks by Grainger. Not spilling the beans all around, we invite you to find out how exciting the band programme is, that includes some other prominent band composers who substantially contributed and set the "trend and style" of band literature – Support our local music ensembles!

Venue: Pentas 1, klpac Tickets: RM36, RM46, RM66



JALAN PRIMADONA 16 DEC @ 8.30PM 17, 18 & 19 DEC @ 8.30PM 20 DEC @ 3PM

This musical revolves around a primadona who feels marginalised and no longer appreciated in the industry. Just when her name is about to rise again, she begins to embrace religion and intends to leave her glamorous past behind. The primadona's depression and mental illness remind her of her glory days performing Mak Yong, Mek Mulung, Mak Yong Riau, Tari Inai, Silat and Saba. The vagaries of her life from five years ago are relived and the disapproving words of society and even her family towards her passion for the arts births a new impression for the title of "Primadona". Behind that title, no one really knows the sorrows of a woman in different "life of arts". This monodrama musical features more than eight complex characters that challenge the credibility of an actor, singer, dancer and their traditional poetry reciting skills.

Venue: Pentas 1, klpac Tickets: RM22, 44, 66



STAR WARS AND BEYOND THU 17 DEC 2015 8.30PM FRI 18 DEC 2015 8.30PM

Feel the force of a combined MPO and MPYO tribute to all things intergalactic. Blast off with music from Stanley Kubrick's 2001: A Space Odyssey and touch down with John Williams' Oscar-winning score to Star Wars. The MPO Brass Quintet provides the ultimate countdown to open the concert.

Tickets: RM150, RM120, RM90, RM60 Venue: Dewan Filharmonik Petronas



FISE WORLD SERIES 2015 18 - 20 DEC

Festival International Sport Extreme (FISE) was created in 1997. It is the biggest action sport festival worldwide for sport athlete professionals and amateurs with 5 main action sport disciplines (skateboard, BMX, wakeboard, inline skate and mountain bike).

There are also other action sport disciplines and action sport cultural activities at the event for the enjoyment of many. This is FISE's second year in Malaysia and Langkawi shall once again witness the three-day event packed with extreme entertainment.

Venue: Eagle Square, Langkawi



I, PEASEBLOSSOM

16 DEC 2015 @ 8:30PM 17 - 19 DEC 2015 @ 8:30PM 19 - 20 DEC @ 3PM

I, Peaseblossom is written and performed by Tim Crouch about the story of Shakespeare's A Midsummer Night's Dream told through the fevered dreams of a neglected fairy. It is a funny, interactive and sometimes anarchic piece of family theatre that excels in establishing a relationship between the audience and the performer.

Venue: Pentas 1, klpac Tickets: RM35, RM45

A-LIN SONAR WORLD TOUR LIVE IN MALAYSIA 2015 19 DEC

This year, Taiwan-based singer A-Lin finally gets to perform her long awaited concert in Malaysia. A-Lin is dubbed the new generation of the popular singer A-Mei, with powerful vocals that granted her the nickname of 'a born diva'. The inspiration for the concert title Sonar comes from the most intelligent animal in the sea, which is the dolphin. A-Lin hopes that she can explore music and the world through sonar, so that everyone can hear her voice. Fans can expect a world-class production by Young Hope Entertainment which is also behind the concert arrangement of big names like Jody Chiang and A-Mei. The A-Lin Sonar World Tour in Malaysia will present her most authentic and soothing performance with top-notch audio and visual entertainment specially for fans.

Venue: Stadium Malawati, Shah Alam



CHRISTMAS 25 DEC

The Christmas spirit is made merrier with Malaysia's tropical weather and friendly people. Visitors will be spoilt for choice as there are many restaurants, bistros, shopping malls and hotels that offer great promotions planned specially for the occasion. Join in the celebration and have a sunny Christmas in Malaysia!

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KRAMPUS 3 Dec

While Santa Claus rewards good children with gifts on Christmas, Krampus, a beast-like creature with demonic appearance, seeks out naughty children and punishes them.

Genre: Horror

Cast: Allison Tolman, Emjay Anthony, Adam Scott.

LOVE THE COOPERS 10 Dec

Four generations of the Cooper family gather together for their annual Christmas Eve celebration, but when a series of unexpected events happen and unlikely visitors show up at the celebration, everything turns upside down and becomes a total mess. However, the event eventually leads them to a surprising rediscovery of family bond and Christmas magic.

Genre: Comedy

Cast: John Goodman, Diane Keaton, Amanda Seyfried, Olivia Wilde, Alan Arkin, Marisa Tomei.

SNOOPY AND CHARLIE BROWN: THE PEANUTS MOVIE 10 Dec

Based on Charles M. Schulz's comic strip "Peanuts", this animated comedy film focuses on the beloved dog, Snoopy, and his friendship with his human best friend, Charlie Brown, as they go on an epic quest with the rest of the gang.

Genre: Adventure / Comedy / Animation

Cast: Bill Melendez, Noah Schnapp, Hadley Belle Miller.



STAR WARS: THE FORCE AWAKENS 17 Dec

The film is a continuation of the saga first created by George Lucas, set 30 years after the events in "Return Of The Jedi" where Darth Vader had been defeated. It features a mix of the original stars of the franchise along with a new batch of young actors.

Genre: Action / Adventure / Fantasy

Cast: John Boyega, Daisy Ridley, Adam Driver, Oscar Isaac, Andy Serkis, Domhnall Gleeson, Max von Sydow, Lupita Nyong'o, Harrison Ford, Carrie Fisher, Mark Hamill, Gwendoline Christie, Anthony Daniels, Peter Mayhew, Kenny Baker.

ALVIN AND THE CHIPMUNKS: THE ROAD CHIP 31 Dec

When Dave (Jason Lee) decides to propose to his girlfriend in New York City, it gets the chipmunks, Alvin, Simon and Theodore, worried that their friend will soon dump them. The singing trio then embark on a road trip to stop the proposal at all costs.

Genre: Adventure / Comedy / Animation

Cast: Jason Lee, Justin Long, Tony Hale, Jesse McCartney, Matthew Gray Gubler.

MACBETH 31 Dec

Adapted from William Shakespeare's famous play of the same name, the film tells the story of a courageous Scottish general named Macbeth who killed King Duncan in order to claim the royal throne of Scotland. Feeling guilty and restless for his action, Macbeth commits more murders in order to protect himself from suspicion. As more blood is spilled, Macbeth and his wife fall into the realms of arrogance, madness and death.

Genre: Drama

Cast: Michael Fassbender, Marion Cotillard, Sean Harris, Elizabeth Debicki.



By Kathlyn Ursula D'Souza

Sensual, sexy – yes, you're not the only one thinking that, don't worry. It's impossible not to link those words with this woman as they seem to go hand-inhand. She is an actress, TV host, model and emanating an aura that makes her equally impossible to dislike. Amicable, bubbly down-to-earth, easy to be around with, warm and je ne sais quoi ... all the good adjectives. Indulge in a little chat we had with

SARAH LIAN

as she talked about growing up in Canada, her early years, her obsession with durian, her career, the importance of Christmas and lots more.

Born in Malaysia but growing up in Vancouver – what was that like?

"I remember seeing snow for the first time! I was like, 'What is this? Snowflakes are supposed to be huge!'

"Growing up in Canada has given me a different point of view on life. I think the kind of things that they place importance on is not so much about your grades, but what a good person you are. Or how you care about yourself and your environment, especially in Vancouver. These are the things I remember growing up with, that I think were different from what some of my friends had here in Malaysia."

What made you undertake a bachelor's degree in Fashion Communications?

"I had my first part-time job when I was 16, working at the mall selling jeans – designer jeans," she remarked with a pert smile. "For a nice minimum wage and a hefty commission. I got very intrigued with fashion, especially when we had people who came in to tell us about their brand, giving us product knowledge. I found that really interesting. It was just so informative, what they were so inspired by. And then I thought, maybe I would try my hand at fashion.

Dress : 'Zip Me Up' by Mignon from Rent A Dress

44K



Some stills from her latest film Jasmine

"If you think about it, fashion is second to food, in terms of what you need in life. My mum didn't want me to go, but I moved to Toronto and did a degree. I'm so happy that I did it, I'm so happy that I chose a degree that I wanted to do. I liked it, I had an interest in it and it then became a passion."

One gem we found over the Internet: You've got a fascination with product packaging and typography. What's up with that?

She laughed at this and then confessed, "I love typography. Ever since I was 9 or 10, I just like how different – I know it sounds ridiculous – but different typographies carry different meanings and different attitudes. You know, I could spend hours just finding the right font. Product packaging stemmed from my typography class, and just understanding that different mediums, sizes and purposes had different styles and was a very interesting challenge. And because I used to do a lot of design for my degree, and when I was designing my websites (self-taught), I used to go for days on these design sites and would be inspired by say ... a honey tube. I would then design my entire website based on that. So you know, finding inspiration in various things.

"I used to look at rebranding and saw what used to be their packaging before, and this is what they look now and I would go, 'Wow! What a great revamp!' I get so excited seeing stuff like that! I love designs."

You're also a durian aficionado.

"Mmmhmm!" she hummed enthusiastically.

It's said that one of the reasons why you moved back to Malaysia is because of durian.

"Yes," came the response, as quick as lightning.

And your record for durian?

"My girlfriend and I had four durians in one sitting. With mangosteens on the side. I love durians, and I don't like eating them in any other country except Malaysia. I think everywhere else is basically blasphemous. Durians in Hong Kong are different and so are those in Singapore and Indonesia. Unless you're telling me about different species, then I'd give it a go. In Canada, the Monthong durian (which is Thai) is just not the same, and it made me go, 'What is this?!'"

Speaking of Malaysia - your Malaysian phrase.

"Kan?"

How did you get into acting?

"I enrolled myself in acting courses at the community centre in Canada. Twice a year, they come up with a booklet for Spring/Summer courses to take. It could be anything from accounting to gardening to Japanese cooking. So I took Improvisational Theatre for kids. I did a few seasons with them, and had a really good time. I had an agent, who started sending me out for commercials. By the time I was about 13, at that awkward pre-teen stage, and when they told you to go for auditions and you were just ... reluctant. You were not quite a woman, not quite a girl. I stopped there for a while. I didn't resume until I started doing extra work before university."

What's a typical day for Sarah Lian like?

"First thing in the morning, I talk to my manager. She helps manage my agency, Suppagood Talent. And usually, it's figuring out my schedule and typically it's a meeting, a photo shoot or an event. It really does range, but I think I've got the best of both worlds where I'm always working and not working at the same time."

How is the family? How is life treating you?

"Life is great. I speak to my mum and my sister on Face Time a lot. So technology has really helped to connect all of us. One lives in the Pacific Time Zone and the other in the Eastern Time zone. It can be a bit tough, but it's been great. I've just been on a really great path in terms of my life.

"I have a motto every year, it changes. This year it is 'Connect, Kinect'. I've wanted to do that a lot with my blog, and my website sarahlian.com. Roughly once a month I write something, something that comes from the heart, something that's been bothering me. I like to connect with people on that very human level and not just the 'Oh, I'm a celebrity, I'm better than everyone'," she said, rolling her eyes and laughing at this.



"It's very therapeutic for me, reading people's responses and what they share, when they feel connected. This year is all about movement, about connecting with people.

"I shot History channel's Canon Photo Face Off's second season. We flew to six different countries, and it was such an amazing time. I got to travel, meet the locals and have great food. I feel so blessed right now, I couldn't ask for anything else!" she added with a contented smile.

What makes you happy and what inspires you?

"People inspire me. Every day. I think the more success I feel that I have, the more I feel I need to be grounded, to talk to everyone, and to make sure that I'm never out of touch with what life is like for other people. It's so easy to get caught up with the superficial, but people are always a good reminder. I always tell young girls who admire my success or career, that they could be where I am. I don't think I am that much more special. I think if you work hard, if you have a goal and direction, you'll get there. There is no reason why anybody should tell you that you can't."

What do you do when life knocks you down? How do you find a way around that?

"I think about Don Miguel Ruiz's The Four Agreements. 'Do your best', 'don't take anything personally', there's a whole bunch. And each time I feel down, I look back at that and ask myself what I have done, or if I'm being affected by someone's judgement. It's totally not about you, but all about them. I acknowledge my disappointments and rectify them."

The best advice someone has ever given to you?

"Be nice to everyone. I think it was my ex-manager (at designer

I think it was my ex-manager (at designer jeans store), who said, 'You never know who is going to spend money in this store!'

"Meeting a lot of great people along the way also contributed to that. I first met them when they were as bright-eyed and green as I was, and fast forward a few years later they are editors of magazines, they are big stylists – big honchos. They started from somewhere, and so did I. You never know where someone's journey is going to take them and you don't know if you're going to cross paths with them."

Do you have any upcoming wishes/ projects or anything that you aspire to do next year?

"I've been saying this for a couple of years but I'm going to start owning my own content and build on what I have. I have my agency Suppagood Talent and we are interested in nurturing talents that are beyond their skills, and go much further. It's really about who they are and what message they'd like to carry. People tend to gravitate towards you because of the person you are, and not just your skills. That's something I want to develop and cultivate with the people here."

What's your plan this Christmas? Been naughty or nice?

"Ha!" she scoffed, "I've been very nice. I'm probably going to go Singapore. My partner is there and we're going to celebrate with eggnog and Christmas presents.

"Christmas has always been a good time for family, and I've got a great extended family in Malaysia, so we'll probably do a pre-Christmas party."

The perfect Christmas gift this year? If you could write to Santa what would you ask for?

"A car. I haven't decided what kind, but Santa needs to give me a car!"

And New Year resolutions?

"Well, last year's resolution was 'Don't selfie as much'!" she laughs, 'Get over yourself, Sarah!' Next year is probably going to be ... stop procrastinating?"

Your message to those celebrating Christmas and for everyone welcoming the new year.



"Have a wonderful time with your family during the holidays, and never take that time for granted."



SASHA BASHIR on Dansa: The Journey Continues

BY KATHLYN URSULA D'SOUZA

"Every time I'm driving and listening to the radio, listening to songs, I see a visual dance in my head all the time, even when I'm not performing," said Sasha. In a way, she is always dancing. There is something in her, it is always there somehow. She has always performed. In university, she did Performing Arts, majored in Dance and

did Acting and Theatre. She came back and worked for Istana Budaya, where she would perform sometimes. At the same time, she did outside productions such as Lady

FEATURES

Swettenham produced by Sabera Shaik which were local theatre productions. She then auditioned to be a TV presenter for TV3's Explorace. That was a huge change because she was used to live audiences, being on stage with live performers. "That was a huge learning curb, it was amazing," she said.

One of the directors for Beauty Secrets from the East (another programme Sasha worked on) sat down with Sasha during the shoot of the last two episodes and said, "Hey, with your dance experience, you should be doing a dance project." Sasha immediately responded with an, "I'd love to."

Showing and talking were not enough, so Sasha had to learn the dance, present it and talk about the culture, beliefs, meanings and many other elements behind it. Sasha is also fond of coffeetable books, and it was during the pre-production of Dansa that she was sure they were going to see a lot of amazing locations and costumes. She toyed around with doing a coffeetable book for Dansa, spoke to a few close friends and further solidified the idea – each chapter would represent an episode from TV.

She got in touch with a friend of hers, who is a photographer when she performed Titiwangsa at Istana Budaya. He knew how to capture dance in its raw, elemental setting and was thrilled at the idea. This is the same photographer who was responsible for the first Dansa coffeetable book, and the upcoming one in January.

Some of these dances were never documented properly – just oral stories. "I just wanted to compile a book that would show the beauty of these different dances. It's not a comprehensive story, but it's an introduction so that at least people would have an idea through some form of documentation," said Sasha.

The second book, **Dansa: The Journey Continues**, will feature new elements. Sasha collaborated with Yazeed Datuk Kayoom – whose kebaya artworks are simply exquisite – and an art exhibition is underway next month. Along with the launch of the second installation of Dansa, the art exhibition will be held on Jan 21 to 28, 2016 at Whitebox, Publika. It is going to feature all new original artworks by Kayoom and photography from Dansa.

Sasha, who is also a lifestyle ambassor for Reebok, has published books for charitable purposes before this, and after many moments of colouring with her son, she thought that, "These dances would look great as plain artworks for colouring books." With little write-ups on the dances and the costumes, it was another way of introducing people to traditional dances.

While there are some who would prefer the coffeetable book, others with children might want to go for the colouring books instead. The colouring books (illustrated by Yee Weng Chiang) will be distributed via www.whipround.com.my next month and for every book purchased, one copy will be donated to a selected charity. Those who purchase a copy of the colouring book will also receive a colour pencil set from Faber-Castell, which is onboard with Sasha's new project.

For those keen on watching the Dansa TV series, it is available online at www.tonton. com.my



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The time is near FOR A NEW YEAR

20 things to do before 2016

BY KATHLYN URSULA D'SOUZA

Many people look forward to the new year for a new start on old habits, but instead of preparing for the new year, let's focus on what we can do for the remainder of this year. Maybe, just maybe, we'll get to accomplish more in these 30 days than the previous 300 plus days we've had so far, right? After all, we do work better when pressed for time ...



1. Update your resume

Even if you're not looking for a job, cleaning up your resume has its own perks such as self-reflection and a reminder of your skills and achievements, old and newly developed. This record of your body of work will show you all the differences you've made and will help make clear sense of your journey and plans ahead. Plus it's a confidence boost!

2.Hang out with your parents

You're a grown-up with a career and personal obligations of your own, what with accommodating the needs and wants of bosses, kids and spouse. As both you and your parents age, your time gets constrained and they become more available. However, you don't need to come up with some fancy activity to do with them, as even stopping by their house for a surprise visit and spending the rest of the day lazing around on their couch is as good enough a deal as any. Plus: mum's cooking – enough said.

3. Go camping

Being in the city for so long can take a toll on one's psyche. Reconnect with the real jungle instead of the urban one and spend the night staring at the sky. It'll do wonders. Won't being away from it all, listening to the crickets at night with your pet next to you sound so ideal?

4. Read an entire book - or finish the one you started early this year

Think of it as a matter of personal policy to finish what you've started. When you stopped reading halfway you suffer, and frankly so does literature. Finishing that book doesn't only provide you with pleasure but also fortitude and perseverance (it takes strength to finish a 500-page novel, right?). Plus, think of all the adventure you'd be having.

There is no frigate like a book, to take us lands away – Emily Dickinson

5. Do something nice for at least five people

Not only will this make them feel better, you'll find yourself with a noticeable bounce in your steps, too. Humans are hard-wired for love and compassion and it is by instinct that we look out for each other. Many years ago, a store in the US made a deal with its customers, where the person would pay for the coffee of the person behind him or her. There is probably no such practice today but if you feel like buying coffee for a stranger, then do it. Random acts of kindness need not be something full-blown and heavily publicised, so if you see an old lady struggling to cross the road, that's your cue.

6. Clean your car, closet or garage

Ah, a whole year's worth of junk. There are probably empty beer bottles from February when you got drunk on Valentine's Day by yourself, but that's got to go. That kind of attachment and commitment isn't going to fare well.

12. Send out handwritten cards

Not those vexatious e-greetings you receive in your email. This time, get a bunch of cards from the store and get writing. It is more fulfilling than you think, especially if you get one back.

13. Volunteer

At the Soup Kitchen, SPCA, Paws, UNHCR and many more, they'll always have something for you to do.

14. Teach someone something

So your granddad has just got WhatsApp installed in his phone. Or maybe he'd like to reconnect with his old buddies on Facebook. Show him how it works, you tech wizard, you!

15. Check out a restaurant or a cuisine you have never tried

Brazilian? Russian? Mordovian? What haven't you tried yet?

16. Make sure your passport is not expired

Because you never know when you need to jump onto a plane. And you may very well be flying home, so better make sure everything is in order.

17. Go outside and do something outdoorsy

We may have sadly become hermits. Of course, the Internet is the most wonderful thing but don't you miss those times when you could feel the sun prickling your skin and the smell of rain once it hit the ground?

18. Re-prioritise projects for the New Year

OK, so maybe you didn't get a private jet this year. So maybe you could push that back and get a yacht instead? Depending on your wants and needs, try to sort them out from Most Feasible to Totally Impossibly But Worth Trying.

19. Clean up social media profile, and while you're at it back up important messages, contacts and photographs

You have about 2,000 friends on Facebook but you only talk to 5 of them. It's time for some social media spring cleaning, it seems. While you're at it, keep important things on your phone and get rid of the junk.

20. Review your year and celebrate successes

Whether it is getting married, getting a new job or getting promoted, write down a long list of everything you accomplished this year and read it out loud to someone, be proud. After all, you did make it through this year, didn't you?

7. Donate something

KORBEL

With reference to number 6, find something old that might be of use to someone. No, not the empty beer bottles. Perhaps those old jeans that are too big or too small for you. Or some old shoes. Or the shirts you wore in college. Drive by the nearest shelter or home and drop them off.

ORBE

8. Connect with an old friend, apologise or resolve altercations

Alright, so maybe at the time it was that big of a deal. But a lot of time has passed since then, and on hindsight that argument might seem silly if you think about it. If you've told your friends that you wouldn't let something like your career or marriage come between your time together, and find yourselves not being able to recall the last time you met an old friend, then you know what to do. For Auld Lang Syne, my friend.

9. Make a new friend, too

Trust us, a simple "hello there, how are you?" is enough to get it going. Or try it Malaysian style with a "dah makan?"

10. Give someone the gift of your undivided attention

That's hard to come by, and you've probably noticed it, too. Put your phone away and listen whole heartedly to what your friend is saying.

11. Have a technology-free weekend

And see what it tells you about your life. That means no Facebook, no Twitter, no phones.

MINDLESS EXERCISE TO TRY AFTER THE HOLIDAYS

Too lazy to hit the gym? We know the feeling.

BY NADHIRAH BADARDIN

With the festive season comes the dilemma of great food vs finding the time to work it all off. But why pass up a chance of feasting on an amazing Christmas dinner spread when it only happens once a year? For those who hate the ordeal of hitting the gym regularly, simple exercise may be incorporated into your daily life to lighten the load. With that said, here are 5 ways to incorporate simple and mindless exercise into your daily life.

1. Start taking the furthest away parking spot and get in a few extra steps between your car and the shopping centre.

Of course this does not just apply to shopping centres. Offices, condos, you name it. That extra mile from your car to the point of destination and back can easily lose you about 15-30 calories, depending on how brisk you walk and how far your car is. *Calories burned: From 15-20 kcals*

2. Stairs over elevators, any day.

This is an absolute classic – taking the stairs is a healthier option than waiting for the elevator. However, if your office happens to be on the 15th or 20th floor, you don't have to climb all 30 flights or more, especially if you're not planning on arriving at the office completely dishevelled. Our suggestion is to take a few flights of stairs you find most comfortable with climbing each day before your day starts and maybe take the elevator halfway. That way, you might even reach the office faster than waiting for the next three lifts that would be full to the brim.

Calories burned: From 34 kcals

3. Choose a farther restroom, if the option is available.

This of course does not include last-minute emergencies. If you're on the brink of bursting, please use the closest restroom. But if you're taking a leisurely stroll for a bathroom break, using the farther restroom should be something to consider. That should burn you 10 calories at least.

Calories burned: From 10 kcals

4. Slide in mini exercise while waiting for dinner, the elevator or even the laundry.

There's no harm in slipping in some squats while waiting for the elevator, lunges while waiting for dinner to be ready and jumping jacks while the laundry is in the dryer. All in the name of great legs and glutes. *Calories burned: 108 kcals with every 15 minutes of squats non stop.*

5. Power cleaning

Nothing better than getting your sweat on while making sure the house ends up looking spick and span. Need to squeeze in an hour or so of exercise? Don't fret but pick up a vacuum cleaner and clean your way through the house. Extra points if you're cleaning bathrooms – all that scrubbing will tone your arms. Even loading the dishwasher can be an exercise! Just be sure to maintain a good posture as you are bending and straightening and remember to keep your abs tight. It is almost as if you're doing crunches, with all the post-exercise soreness the next day.

Calories burned: 90-119 kcals per 30 minutes.



FREE INTERNET WEEKENDS WITH CELCOM'S FIRST BLUE AND FIRST GOLD

Weekends will never be the same again with Celcom

BY NADHIRAH BADARDIN

eginning November, Celcom Axiata Berhad has plans to change your weekends forever. Giving life to the FIRST™ by Celcom, the network provider powerhouse introduces the FiRST Blue and FiRST Gold with the allure of providing the best mobile Internet experience for Malaysians.

In a revitalised post-paid segment, Celcom integrates great Internet experience with weekends by being the only telco in the country that offers FREE internet on weekends with its FiRST Blue and FiRST Gold to enrich its user experience and providing with the greatest internet experience on their mobile devices.

"Celcom is bringing the significantly fresh and enriched highlights of both FiRST Blue and FiRST Gold, which have been personalised to cater to the ever changing digital needs of Malaysians. It goes without saying that these new plans complement corresponding customer usage behaviour, and are powered by the country's widest network, the Celcom 4G-lightning speed network, " said Zalman Aefendy Zainal Abidin, Chief of Sales and Marketing Officer of Celcom Axiata Berhad.

Dynamically Internet focused at only RM45 and RM100 per month, Malaysians will now stand to receive a total of 6 and 12 GBs of Internet monthly which consists of FiRST Blue and FiRST Gold's offers of 2GB or 4GB monthly Internet, FREE Internet on Saturdays and Sundays for a total of 2GB or 4GB monthly, and another FREE 2G or 4GB Celcom WiFi respectively, carry forward UNUSED internet, as well as enjoy internet bonus for those who are passionate about internet browsing as the more they use, the more they will receive extra FREE internet. "Moving forward, Celcom aspires to, and will continue to provide all its customers with the best for their digital communication needs by marketing the best plans possible," said Zalman Aefendy.

Hurry and be the first to grab the FiRST Blue and FiRST Gold by visiting the nearest Blue Cube stores and selected Celcom Xclusive Partners. For more information on the packages and price plans, visit www. celcom.com.my.





- Makan-Makan with Paperplane Pursuit Manmaru Robatayaki & Bar
- **Fuel Shack**
- Ong Lai Cafe Clon
- Food Hunt: Crepes for Breakfast Street Food Hunt: Jalan Tengah, Kuala Lumpur Sweet Indulgence: Christmas



Kathlyn Ursula D'Souza talks to

Paperplane Pursuit

If you catch yourself singing to a song that goes – "I wanna show you (show you), Everything you do, Nobody can do (can do), Don't you know it's true, It makes me feel good (feel good), Just to know it's you, That I can turn to (turn to), Everybody knows it's you" then you have good taste. Also, that song's probably playing in your head right now, so you're welcome. If you ever think that this is a song sung by a band from the US, oh how wrong you are! The band, Paperplane Pursuit, is from our Malaysian shores, and their highly infectious music brings a smile to just about everybody's face. Positively teeming with life and energy, their songs are irresistible and armed with that feel-good vibe. Enough with the gushing, though, and on to more important things – I managed to get in touch with them and have them answer a few questions:
Tell us about yourselves.

We're a band made of three passionate guys who are really mostly doing this because we enjoy playing music. We play radio-friendly catchy music and put on an energetic live show. We take a DIY approach to almost everything from producing our music to funding and managing ourselves. All driven by a desire to pursue our passion and to put Malaysia on the music map.

And a little bit about how you guys got into your current career.

It started a long time ago. John and Dru started playing music together as teenagers going to the same high school. Band names have changed, members have come and gone but playing music has been a consistent part of all three of us since we were kids. We all pursued professional careers at some point, with now John and Isaac having left that to do music full time. Now it feels like we are finally hitting our stride.

What's your daily diet like?

DRU: I have to say that I have really irregular eating times. But it's pretty much regular stuff that every Malaysian eats, I think. I don't really cook, so it's eating out most of the time. Rice, noodles, pastas, Indian rotis and dosas and the occasional burger.

JOHN: I try to make quite an effort to eat healthy. I always make my breakfast myself, usually a fruit smoothie or a dish with eggs. I don't consume much carbs, and I try to get lots of veggie, so that when I'm out I can eat the usual Malaysian food without guilt. Oh, I drink crazy amounts of water.

ISAAC: Usually it's some kind of sandwich in the morning, then.. rice, rice, rice. Usually at least one meal a day has rice in it. The rest depends on whatever I feel like on that particular day. I love my fruits and veggies, that's a must.

And when it comes to guilty pleasures in food, what are your favourites?

DRU: Probably drink way too much coffee.

JOHN: I have a serious sweet tooth, so most desserts would qualify for me. At the moment, coconut ice cream probably tops the list.

ISAAC: I don't generally eat too much of one type of food and I'm a pretty skinny guy, so I can pretty much eat anything I feel like eating without the guilt most people have. My favorite thirst quencher on a hot day is Coca-Cola with a generous helping of ice. If there's anything I feel guilty about having too much of, it's probably that.

Name us three Malaysian food that you absolutely cannot live without. (The top three that you all agree on)

Nasi lemak, Bah Kut Teh, Char Kuey Teow.

Share with us a few of your favourite dining places, or even coffee haunts. What are your favourite dishes there? DRU:

Wondermama - Carbonara Kampung Antipodean - Big Breakfast, probably the best flat white in town Delicious - Homemade Pesto Spaghettini with Chargrilled Chicken The Daily Grind - Down on the Farm Burger Kanna Curry House - Banana leaf rice Food Foundry - Salted Caramel Mille Crepe Cake

IOHN:

Naughty Nuri's - All other ribs taste lame in comparison

The Grumpy Cyclist & ACME South - Great flat white

Sangkaya - Coconut ice cream, of course.

ISAAC:

Kari Guys - Sempalit Kari Ayam Nasi Lemak Famous in Telawi, Bangsar with its fried chicken This little Sup Ayam/Kambing stall by the roadside corner in Lucky Garden, Bangsar.

Do you guys cook? Any signature dishes of yours? DRU: Unfortunately, I don't really cook.

JOHN: I enjoy cooking, though I don't get to do it often enough. I think my signature cooking style is cooking without recipes. Cooking feels like an art to me, so it's yet another way I get to express my creativity. I use my imagination to guess what ingredients would go well together, and then decide on quantities and ratios based on 'feel'. I'd like to think the results are generally quite pleasing.

ISAAC: I don't really cook. However, the one thing I've made sure to know to make is Sago Pudding, my favourite dessert.

What are your tips for eating healthy?

DRU: Simple basic principles. Reduce the amount of rice, noodles and generally the amount of carbohydrates you eat. Try to increase the amount of fruits and vegetables you eat (unless you're diabetic, then you need some specialised advice). Meats in moderation. Try to avoid carbonated drinks. Stick to juices and plain water whenever you can. Overall, I think Malaysians probably eat a little too much. So maybe try to cut down the total amount of food intake and cut down on snacking.

JOHN: Most people I know don't drink anywhere near enough water. Besides the obvious health benefits of staying hydrated, it's also a simple hack that helps curb overeating, because your stomach doesn't feel so empty all the time. I almost never have any drink with sugar in it, because I like to make my calories count, haha. So rather than have a teh ais or Milo after every meal, which contributes to weight gain, the occasional dessert is a much more worthwhile reward to me.

ISAAC: Dru's a doctor by day, so I think his advice is pretty sound. As for me, lots of water, moderation in everything and regular meal times.

How do you keep yourselves healthy and looking/feeling good?

DRU: We play music and it keeps us feeling good! Keeping ourselves fit enough to get through a high energy show. Looking good? I don't know about that.



ISAAC: Probably the two things that have made the biggest difference to me feeling my best and energised is eating regularly and exercising 3-4 times a week. This has helped me not just physically, but even psychologically. The consistency and discipline makes a big difference in keeping me going.

What do you guys look forward to this Christmas, also in terms of career and personal life next year (2016)?

DRU: Nothing really unusual for Christmas. We hope to expand our reach to markets that haven't had a chance to hear our music yet, next year.

JOHN: The same as every Christmas: some quality time with family. In terms of career, I'm looking forward to travelling abroad to share our music with the world. Personally, I'm aiming to better balance my career and personal pursuits that make me come alive.

ISAAC: December is always a fun month for me, it's the month of Christmas and my birthday. Friends and family are visiting for holidays, so I look forward to being able to spend that time with them. It's also the time of the year when I get to reflect on the year that has just gone by and ponder the next step forward. It's been a fruitful year for the band and it feels like we're just getting started, so I'm looking forward to what 2016 will bring us.

Lastly, what fuels and inspires you?

DRU: I like solace occasionally. Time away to think. I like time to really explore my instrument outside of the context of needing to be radio friendly. I like listening and watching to really good drummers on audio recordings and videos.

JOHN: Solitary time away is definitely a way I recharge and refuel too. I read a lot, and reading tends to inspire thoughts and ideas in a big way for me. Finally, I try to consume any form of art as often as possible, whether it's music, film, or even the beautiful artistry of nature.

ISAAC: Doing something active like cycling, hiking or playing sports. Reading gets my thoughts going and teaches me new things. Discovering and listening to new music is always inspiring, and just sitting down with my guitar playing whatever I feel like. Of course, spending time with close friends.



MANMARU ROBATAYAKI & BAR

For KL's most inventive and indulgent Japanese food

BY KATHLYN URSULA D'SOUZA



leasure is at its finest and most thrilling here. If you're up for an adventure that will delight both gastrointestinal and visual aspects, head over to Atria Shopping Gallery. Plus, if you're familiar and are in love with Crab Factory and Brolly, then you'll most definitely love this one, if not more.

Walking in, we instantly loved the modern Japanese architecture. Using instead concrete curtains, white lanterns, stage lights as opposed to the traditional wood and bamboo, this place certainly stands out.

Food here, especially its presentation, is an art in its purest form. If you don't believe the pictures, have a go yourself. These dishes were what we lost ourselves in:

Spring Peach, Smoke & Plum Galaxy and Hanakotoba

Ladies, here you find the perfect drinks to unwind over a chitchat at the end of a long day. The Spring Peach is a combination of vodka, sake and balls of ice (that tend to melt uniformly without ruining the taste) presented in a mini Japanese wooden bucket. The Smoked Plum Galaxy is an entertaining drink, with nuances of plum and hardly the bitter onslaught of alcohol is tasted. The drink is smoked lightly and hints of peach is discernible every now and then. Hanakotoba is a floral mix of passion fruit of day rose, infused with vodka – a true ladies' cocktail. You know how some cocktails just taste flat and heavy without a hint of enjoyment? It doesn't happen here. Drinks are sweet and smooth.

Hotate Chawan Mushi

We admit – Manmaru has completely ruined us for any other chawan mushi in town. This takes the cup, with their freshly steamed egg custard with salmon roe, pan-fried scallop, olives and topped with caviar. The flavours are simply amazing – nice and smooth. Just feel the roe bursting in your mouth as you take a spoonful of eggs. Other chawan mushi pale in comparison because it is, hands down, the best we've ever had.

Sushi Platter

Ten types of sushi, ten different styles. They are beautifully and intricately decorated, and look too good to ruin. However, once you're past that guilt, lose yourself in the amazing taste that these sushi carry. They are splendid, fresh and completely mouthwatering. Here's a friendly note: be sure to try the foie gras – they are simply divine and unlike butter-laden ones.

Signature Hotate

A promotion that is still running this month, this dish comprises panfried scallop with mushroom. It is equally amazing in its simplicity and the refinement of its taste.

5 types of Sashimi

The landscape that is the presentation is mind-blowing. It is evident that it is creative, well thought-out and adds so much value to the meal itself. It is an adventure for the eyes and stomach, and everything you see on the platter is edible – even the flowers!

Kamo and Hotate

Manmaru is a robatayaki as well, so naturally we tried their grill. We had the smoked duck (Kamo) which was grilled from scratch and the scallop (Hotate) on skewers, and they did not disappoint. This was a dish that stood out on its own, and did not fall short of its other counterparts.

Lobsters Roll

A large lobster is sliced, and the middle is filled with sushi. Need we say more?

Salmon Mille-feuille

Instead of having a vanilla and custard slice, have instead a salmonbased one. Scoop the salmon slices drenched in avocado and wasabi sauce, and spread it on wholemeal tortilla slices. Simply divine. Plus, there's an adorable little freshwater crab flown in directly from Japan perched at the top.





Coral Bush Salada

This dish reminded us of an aquarium, what with the heavily decorated potato salad and stray shrimp and crab scattered here and there. Seaweed strips provide the illusion of corals and aquatic plants. This is indeed a very filling dish, with a visual to match.

Wagyu Roll

Open your surprise present by cutting the wagyu wrapping open, to find it filled with rice and deep-fried wagyu. In this dish there is a brazen contrast between raw and deep-fried, cold and hot, all blending exquisitely together. Just think of it as a birthday cake but in wagyu form.

Homemade Tiramisu, Chocolate and Matcha Beans dessert

We've been told that the chef makes the best tiramisu, and that he has completely spoiled everybody for tiramisu elsewhere. We wholeheartedly agreed after having tried this dessert, what with the special Nama chocolate, matcha beans and chocolate crumbs thrown into the mix. We wouldn't want to seem like we're bent on convincing you that the presentation was ace (because it reminded us of a forest), but fellow customers around told us that the arrangement was incredible. You didn't hear it from us this time! G-26, Atria Shopping Gallery, Damansara Jaya, Petaling Jaya, Selangor





FUEL SHACK

Burger fixes and more

BY NADHIRAH BADARDIN











ccording to Wikipedia, "a shack is a type of small, often primitive shelter or dwelling". But that's not the case here at Fuel Shack. If anything, Fuel Shack aims to provide shelter and comfort for those in need of a good burger.

Since its inception a couple of years ago, Fuel Shack is rapidly gaining recognition among burger lovers in Malaysia. With the power of word of mouth and an extensive mouth-watering menu, customers have been spoilt for choice since the very beginning. The concept at Fuel Shack is simple – they want patrons to feel welcomed while chomping down on a great meal. They have got an unpretentious and inviting concept that endears the Malaysian market in distinct ways. With about nine outlets across the Klang Valley, this burgeoning food chain is fast becoming a local favourite.

The ambience at Fuel Shack is appealing with splashes of red, white and black in attractive visuals. They also have an open counter concept that invites patrons to see how their meals are being prepared.

The people behind Fuel Shack took it upon themselves to make sure each staff received professional training before handling meals or customers. Which is why the wait period and serving time is short to ensure maximum satisfaction of customers. At one point of time, the cook is able to expertly cook up about 10 or more patties at a time. Pretty impressive when you've got onlookers observing your every step.

The burgers here are definitely larger in size compared to those of most burger chains around. The classic burger is called the Original Shack here. Comprising a juicy 150 gm Australian beef patty, fresh lettuce, tomatoes and toasted buns, you've got yourself a burger worthy of envy. Need to double up your meat intake? The Mini Stack proves that bigger is always better – this meaty wonder doubles the patty of the original shack held together by a slice of cheese, the usual works of lettuce and tomatoes and a fried egg held together by toasty buns. This proved to be an amazingly sloppy and delightful burger and also a noticeable favourite among patrons.

If you're not up for a beef burger, there's even the option of chicken and fish burgers. The Aloha Chicken takes on a Hawaiian twist with a slice of juicy pineapple cradling a chicken patty, fresh lettuce, tomatoes and mayonnaise sandwiched between two toasted buns. The pineapple gives out a sweet and sour flavour profile that complements the chicken patty. The Dory Fillet is also an interesting combination of fish and chips in a sandwich. Placed on a bed of diced onion and sliced pickle, the Dory Fillet is far out of the ordinary with creamy and tangy tartar sauce to up the yum factor.

Besides burgers on the menu, Fuel Shack also has hot dogs, pizzas and pastas for those who prefer a variety. The Big Dawg is dubbed as the king of hot dogs here at Fuel Shack. It features a juicy sausage on a bun topped with Bolognese sauce and shredded mozzarella cheese – a meaty rendition of the hot dog.

All in all, Fuel Shack promises a no-frill and fuss-free dining experience. Their branch called Fuel Shack Signature offers an event venue for corporate meetings, birthday parties and such for those who'd like to gather a crowd to enjoy great burgers, pizzas and more. If you're looking for your next burger fix, head to a Fuel Shack near you today.

Ong Lai Come hungry and leave lucky

Non-halal

BY KATHLYN URSULA D'SOUZA

"Luck comes" – that is the direct translation of this restaurant, dubbed the "porkiest stretch", which recently opened in Sunway Pyramid. This joint boasts over 80 tantalising Malaysian favourites in a colourful and modernised traditional Chinese ambience. You need not look any further for an impressive array of all-day dining and beverage menu, as there is everything here to meet your breakfast, lunch, tea break, dinner and supper needs.

You can try your luck or up your "ong" by ordering the must-tries. It isn't really hard to identify them, as the signature dishes are highlighted by a pineapple mascot, a phonetic reference to the Chinese symbol of luck (which is the pineapple).

Patrons can opt to dine in the cozy 2, 500 square feet space which accommodates 120 seats or breathe in fresh air while wolfing down delicious dishes in the alfresco area which easily seats 40. The atmosphere is fun, young and vibrant with art and installations that are a unification of Western and Oriental influences. One would certainly not miss the arresting installation of 56 koi fishes in auspicious shades of red and yellow. The décor here is made up of repurposed Chinese furniture painted in bright colours and traditionally-styled window panes which give the restaurant a charming shade of rusticity. A dash of quirkiness and nostalgia is also thrown into the mix with a mounted vintage bicycle, traditional lanterns and art posters with quirky notes.

The menu has been called "ong-some". All of their dishes are porkcentric however, and patrons can expect their mouths to water at the range of "Ong-spicious Snacks", "Ong-licious Porridges", "Ongsome Rice" and "Ong-evity Double Boiled Soups".

The "Ong items" are the Braised Pork Rice, Chicken and Shrimp Noodles, Malacca Pork Satay, Pork Dumpling Egg Noodles, Pork Chop Bun, Pork Curry, Pork Intestine Porridge, Prawn Mee with











Pork Ribs and delicious roasts. You can also customise the dishes to suit your tastes. For example, the Chinese noodles are available in different styles and gravy (you may choose between dry or brothy), choice of meat and types of cuts.

The food here is top-notch, as guaranteed by them, for they are only cooked upon order. The whole team, dedicated as they are, begin their preparations in the morning, especially for dishes that require long hours of braising, stewing and roasting.

End your meal with Ong Lai's signature tropical tea series, mint juleps, mixed sodas, signature mocktails and smoothies apart from the usual offerings of coffee and tea.

If you find yourself at a crossroad, unable to choose between so many drinks, you are encouraged to try Ong Lai's interactive "Super Ong" beverage menu. Inspired by the traditional fengshui vision board, diners are invited to spin the arrow and see where their luck leads them.

Not only will you be spoilt for choice in this made-in-Malaysia casual restaurant in an urban East-meets-West setting, you will also leave the place feeling noticeably fuller and luckier, too.

OB.K9, Ground Floor, Sunway Pyramid

Café Clon

The hottest neighbourhood hangout

BY NADHIRAH BADARDIN

afé Clon has it all – a great ambience, food, coffee and even playlists. Located in Jalan Kemajuan, Petaling Jaya, Café Clon is relatively new in the area. They've got an interesting menu here you can find coffee from Vietnam and dishes from Mexico, Thailand and more. The décor of the café is upbeat and fresh - there is a wall where patrons can play live Tetris while having a drink or two, a lower level called The Nest Underground which doubles as a vaping store for those who prefer a smoking area in a laidback setting, and even a meeting room for those who would like to hold a gathering while having great food at the establishment.

What's great about Café Clon is that the owners are all about being diverse. The menu represents items from their travels that were etched in their minds and they took it upon themselves to dedicate it to their patrons.

They serve a mean cup of Vietnamese Drip Coffee here – robust and full-bodied with a tinge of nuttiness and will keep you alert for the next few hours or so. For those who aren't too familiar with the Vietnamese Drip Coffee, this drink will have you in awe in terms of presentation – they'll bring you the whole drip coffee paraphernalia for you to observe.



For starters, we tried the Vietnamese Pizza served with Superb Potato, Though Vietnam isn't exactly known for pizza making, this particular dish proved to be a favourite among the founders of Café Clon during their visit to Vietnam. We found the Pizza intriguing – it had a flavour reminiscent of otak-otak and the crust was made of rice paper for that Asian touch. The Vietnamese Pizza is meant to be served as a snack to munch on and not a full main course as it is pretty light. The Superb Potato that comes with it is a healthier alternative to the side of French fries as it comprises sweet potatoes and yam. The accompanying dip is also made in house to ensure top quality ingredients and freshness

For mains, we tried the Cajun Quesadilla. It had chunks of juicy grilled chicken sandwiched in between a tortilla with cheese and served with a side of

tangy honey mustard potato salad and beef bacon bits. The Quesadilla was filling enough for a serving and the chunks of juicy grilled chicken and fresh pico de gallo were well combined. Instead of the usual serving of sour cream, the folks at Café Clon prefer to serve it with yoghurt as it is healthier and has the same flavour profile as sour cream. The potato salad was a refreshing side dish served cold mixed with an in-house made honey mustard dressing that was tangy, sweet and a little smoky.

Next, we tried the crème de la crème of Café Clon's kitchen – the Seafood Tomyam Carbonara Spaghetti. We heard that people drive over to Café Clon just for this revolutionary dish. It is spicy, creamy and loaded with seafood like calamari and mussels. There's a hint of tom yam but it isn't too overpowering and the cream isn't too heavy for you to feel like you've had too much – which is why we left Café Clon wanting more of





this. The spiciness was just right too and worked well with the Carbonara base. This is definitely a winner. Café Clon is rapidly becoming one of the hottest hangout spots in Petaling Jaya. Moving forward, Café Clon plans to be a one-stop centre for those who like to have a leisurely meal, maybe a few beers, game nights and even meetings.

If you happen to be in the Petaling Jaya area and needing a great meal in a cozy setting, it's about time you pay Café Clon a visit.

62, Jalan Kemajuan, Seksyen 12, 46200 Petaling Jaya, Selangor

Paella Italiano



STRAWBERRY BANANA CREPE

La Bodega offers an amazing plate of homemade crepe filled with fresh strawberries, bananas and vanilla custard topped with a warm chocolate sauce and almond flakes. We absolutely love the pairing of strawberries and bananas as the strawberries give out a sourish tinge amidst the sweet flavour. The vanilla custard and warm chocolate sauce add a pleasant aroma to the dish and the almond flakes give the crepe some texture with a nice crisp.

La Bodega Deli 1 Jalan Telawi, Bangsar Baru, 59100 Kuala Lumpur



MILLE CREPE

Nadeje Patisserie's Mille Crepe is one of the leading mille crepe connoisseurs in the country. A mille crepe cake is loosely translated from French to "a thousand layers of crepe" and true to its name, the cake has many paper-thin layers and topped with fresh flavoured cream, depending on the cake flavour. Hailing from Melaka, Nadeje Patisserie has arguably the best mille crepe cakes in town. Our favourite is the Vanilla Mille Crepe – light, airy and sweet in all the right places.

Nadeje Cake Shop

B-01-01, Dataran 3 Two Square, Jalan 19/1, 46300 Petaling Jaya, Selangor

CREPE-ING UP ON THE BEST IN TOWN

BY NADHIRAH BADARDIN



THE BBC (BIG BREAKFAST CREPE)

Strangers at 47 are practically crepe royalty in Petaling Jaya. Located in Section 17 of Petaling Jaya, they sure serve an array of crepes that's worthy of envy. Their rendition of the Big Breakfast is outstanding with fluffy wholemeal crepes We love crepes. They're great on their own, as cakes, or with fillings either sweet or savoury due to their versatile nature. This month, we ventured out to look for the best crepes in town. Be it sweet, savoury or as a cake, here is our list of where to get the top 5 crepes in town.



with a hashbrown, caramelised onions and baked beans, a sunny side up, chicken chorizo, smoked chicken ham, sautéed portobellos and lemon-tinged rocket salad. With a breakfast like this, you're sure to get going through your day breezily.

Strangers At Forty 7 47, Jalan 17/45, Section 17, Petaling Jaya, Selangor



THE ICHIGO CREPE

The Ichigo Crepe we tried at Hokkaido Ichiba was delightful and had us wanting more. The crepe was filled with strawberry ice cream, fresh strawberries and topped with strawberry sauce. Talk about strawberry heaven, right? Though the crepe wasn't exactly the best looking of the bunch, the flavours in this crepe were practically magical. The Hokkaido ice cream in the crepe softened up the texture and the sweet and sour tinges of strawberry were gorgeous. The crepe here was definitely a little thicker than the usual but we didn't care about that.

Hokkaido Ichiba

T-201, Lingkaran Syed Putra, Mid Valley City, 58000 Kuala Lumpur



THE DARK SIDE

The 'Dark Side' is a rich, captivating ensemble of a chocolate crepe with a dark, creamy chocolate spread plus white chocolate curls which should make chocolate devotees rage for more. Topped with a scoop of ice cream, this feels and tastes a lot like a rewarding dessert you would want to have after a long week. Or even just for fun.

Strangers At Forty 7 47, Jalan 17/45, Section 17, Petaling Jaya, Selangor

Jalan Tengah Kuala Lumpur

Jalan Tengah is one of Kuala Lumpur's prominent and affluent locations in Kuala Lumpur. With luxury apartments, offices and entertainment hubs not far from the street, Jalan Tengah is KL's best-kept secret for foodies. Most street side stalls usually have about three to five stalls together on the same street. However, the long line of street hawkers in Jalan Tengah proved to be a different case entirely. From sandwiches to rice dishes and street food snacks, here are our top 5 picks from Jalan Tengah:

BY NADHIRAH BADARDIN

Fresh sammies

We're totally bread people here at KL Lifestyle. Sometimes sandwiches are what we seek for breakfasts. This stall in Jalan Tengah offers a variety of hygienically and individually packed sandwiches. You can get ham, salad, cheese or tuna sandwiches with your choice of white or whole grain bread. The sandwiches here are freshly made every morning and due to these being a favourite in the area, the sandwiches are usually sold out by 9am. Besides sandwiches, this stall also sells porridge and fresh soy drinks.





What's a street food location without a variety of kuih right? This aunty sells arguably the best cekodok (deep fried banana and flour balls) in town. The cekodok here is crispy on the outside and has a lovely fluffy centre - sweet with loads of mashed bananas. Besides cekodok, she also sells the usual fare of curry puffs, keropok lekor and more for those who love to munch on snacks in between work.







Roti Jala

Now, here's something that's getting increasingly hard to find for breakfast in the city. The roti jala sold here in Jalan Tengah is fluffy and has a potato filling – kind of like a masala thosai. Have it with some chicken curry for dipping and you're a happy camper for the rest of the day. Besides roti jala, the uncle here also sells a variety of drinks.

Apam Balik

Ban Chang Kuih or commonly known among the Malays as apam balik is a great afternoon snack on a rainy day, or any day, really. Fully loaded with sugar, nuts, sweet corn and a touch of Nestum, this fluffy, soft and thick kuih is a hit in Jalan Tengah. Have it your way and ask for extra Nestum for that childhood nostalgia! That's how we love to have ours, anyway.



Nasi Kerabu and Nasi Dagang

This is another favourite option from Jalan Tengah. Swarms of office goers will start flooding this stall once all the dishes are laid out. They serve a mean plate of nasi kerabu with loads of thinly sliced herbs and vegetables to go with your choice of chicken, fish or meat. Even the nasi dagang here is divine. Served with a side of acar, tuna fish coconut curry (or more fondly known as gulai ikan tongkol), and a dash of very spicy fresh sambal, this reddish purple-tinged rice is delightful for a heavy breakfast.

SWEET INDULGENCE



T'was the Bite before Christmas

Christmas is just around the corner! Peace on earth and food to everybody all around. This month, all your troubles will seem far away (as they say in songs), and if controlling your food seems to be part of the problem, this is the month to let go! You know what they say – a balanced diet is a Christmas cookie in each hand. If you're itching to get on that Christmas mood bandwagon, or if you already have and wish to indulge in more of the merriment, we've compiled some desserts that would perk you up and lift your Christmas spirits even more.



RED VELVET SPONGE CAKE

AND COCONUT LOG CAKE One's a red velvet sponge cake layered with white chocolate ganache and fresh cream and the other a coconut sponge cake layered with coconut cream with lime, pineapple compote and coated with Hawaiian croquant. We bet they would taste like Christmas in the mouth!



BY KATHLYN URSULA D'SOUZA

GINGERBREAD CHOCOLATE TRUFFLE

The gingerbread truffle is made of smooth milk chocolate with the richness of gingerbread flavours, bringing you a sweet and memorable Christmas.

Godiva P2.15.00, Level 2, Pavilion, Kuala Lumpur





GINGERBREAD MEN BISCUITS

Traditionally baked in England, these 12 classic gingerbread men-shaped biscuits make a delicious treat and are housed in a beautiful keepsake tin.

Crabtree & Evelyn 212, Petronas Twin Towers, Persiaran KLCC, 50088 Kuala Lumpur

CHRISTMAS TREE SPECULOOS COOKIES

A little stacking of stars to create a Christmas tree effect.



TEDBOY'S TRADITIONAL CHRISTMAS FRUIT CAKE

Dense with mixed fruits and spices. A winter's winner!





FESTIVE CHOCOLATE APRICOT LOG

Moist chocolate cake filled with dried apricots and dipped in decadent white chocolate. A perfect way to usher in the yuletide season!



GINGERBREAD HOUSE

This will put a smile on any child's (or adult's) face! Just look at that cute little Santa by the door!

> Tedboy Bakery 10, Jalan Telawi 4, Bangsar Baru, KL.

BREVIEW



50 Hotpicks Women51 All that Glitter52 Hotpicks Men



THE ROW TIPPI RIPPED MERINO WOOL TOP Approximately RM3648

The cut of The Row's 'Agrena' sweater is unadulterated - it's loose yet flattering. Balance the silhouette with tapered pants.

BOTTEGA VENETA BELTED DOUBLE-FACED CASHMERE COAT Price available upon inquiry

This luxurious piece of the softest and purest cashmere is for a loose fit and finished with an oversized shawl collar. Use the belt to draw it in at the waist and create chic folds through the front.



BURBERRY LONDON LONDON SUEDE WEDGE ANKLE BOOTS Approximately RM3413

Burberry London's ankle boots are crafted from soft black suede and reinforced at the back with smooth leather and rubber panels. Perfect for long days, this pair has a sturdy platform to balance the immense wedge heel.

SAINT LAURENT STRETCH-LEATHER SKINNY PANTS Price available upon inquiry

A pair of sleek leather pants is a contemporary wardrobe essential. Made in Italy, Saint Laurent's classic black pair has just enough stretch for your dose of versatility.







It's that time of the year again where all that glitter is acceptable to paint the town red (and maybe sparkly) with. Got a Christmas party to head to? Here's our take on how to pull off the glint of glimmer in your wardrobe:





KENNETH JAY LANE SET OF TWO RHODIUM AND GOLD-PLATED CUBIC ZIRCONIA BANGLES Approximately RM1116

Cast from rhodium and gold-plated brass, these thin bracelets are in line with the season's mixed metal trend. Wear them stacked together as your everyday signature or as a minimal piece to your night-out wear.

TOM FORD LIPSTICK GLITTER-FINISHED PLEXIGLAS® CLUTCH Price available upon inquiry

Tom Ford's glitter-finished ombré-effect Plexiglas® clutch is finished with a lipstick holder at one side and comes with the 'Vanilla Suede' shade from the brand's beauty collection. It's lined in gold leather and has a zipped pocket, so you can keep your essentials neatly organised inside.





JUST IN CASE PARTY GLITTER ROSE GOLD PHONE CASE RM79

This Christmas and New Year, Just In Case wants you to be the belle of the ball with a dazzlingly luxurious collection of glitter phone cases to complement any outfit. Available in 5 gorgeous colours, this sturdy phonecase is just what you need to keep your smartphone safe and protected, without compromising on style.

BALMAIN EMBELLISHED VELVET MINI DRESS Price available upon inquiry

Balmain's Fall '15 runway was inspired by Paris in the 1970s. Cut with a flattering wrap-effect front, this plush velvet dress is embellished with shimmering gold crystal stripes that run horizontally along the waist for a slimming effect. Wear it with bare legs or layer it over pants on colder nights.

JIMMY CHOO HOOPS PATENT LEATHER PUMPS Approximately RM3,463

Jimmy Choo reinvents the timeless point-toe pump with a lace-up front. It allows you to adjust the fit while also creating a flattering effect on the foot. This pair has been meticulously crafted in Italy from black patent leather and is finished with sleek cutout sides.



CLUB MONACO DOUBLE-BREASTED WOOL BLEND PEACOAT Approximately RM 2,222

Club Monaco's Italian double-breasted wool blend version is as ageless as it comes - from its comfortable regular fit, to classic notch lapels and handy welt pockets. Sport the style of sharp navy officers by teaming yours with a roll neck sweater.



HUGO BOSS TWO-TONE BRUSHED CASHMERE SCARF

Expertly crafted in Italy from indulgently soft cashmere, this black and grey design is the perfect supplement to smart looks. Tuck it under the lapels of your blazer for the most dapper take.





Paul Smith London's classic navy style is composed of naturally insulating merino wool and has neat ribbed trims. A semi-fitted cut will give you a contemporary shape.



CLUB MONACO SLIM FIT COTTON CAVALRY TWILL TROUSERS Approximately RM 751

Cut for a slim fit, they're a smart alternative to classic denim. Try them cuffed to showcase your choice of footwear.

GRENSON FENCHURCH LEATHER OXFORD BROGUES Approximately RM2,251

This 'Fenchurch' design is made from tan leather that is perforated with brogue detailing. Wear them to add traditional weight to cuffed trousers.





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Airport Shopping FERRERO Christmas Pralines



AIRPORT TALK

Now into his second year as Managing Director of Malaysia Airports Holdings Berbad, Datuk Badlisham Ghazali is fast gaining recognition in the global aviation world. A speaker at the World Routes Strategy Summit in Chicago in 2014 and the 22nd Global Airport Development conference this year, he is also Special Advisor to Airports Council International Asia-Pacific. He sits on the Boards of the international airports at Delbi, Hyderabad, Istanbul and Male.

This month, Datuk Badlisham shares some thoughts about connectivity through route development.





"I have recently shared in this magazine some thoughts on connectivity as a major factor in the effectiveness of any air-hub. As an airport-operator, Malaysia Airports continues to develop and nurture our greatest asset which is the network of multifarious routes served by our airline partners. As the year comes to a close this month, I would like to extend this perspective specifically into the realm of connectivity through route-development with airlines.

"As we review this year, I can say that 2015 has been seen as a good year for

Malaysia Airports where connectivity through airline route-development is concerned. We have seen a good variety of new airlines coming into Malaysia including British Airways, All Nippon Airlines and Air China for KLIA, Shanghai Airlines and Spring Airlines for Kota Kinabalu, and strong interest from North Asian airlines that are very keen to start connecting Kuching. We have had new charter-carriers landing at Langkawi, too. This shows the efficacy of the fact that Malaysia has not one, but five international airports for airlines to choose from! This



AIRPORT TALK



attractive choice of options is quite unique and it makes Malaysia extremely strategic for airlines looking for optimal place for new routes or regional air-hub.

"I am glad to have had hands-on involvement this year, in working with Chinese carriers to increase their connectivity into Malaysia. In May, I went to Beijing with a delegation from the Ministry of Transport led by our Minister of Transport, to encourage Air China to recommence their operation into KLIA, having several meetings with their top management in China. Similarly, we flew to Shanghai to meet with decision-makers of Shanghai Airlines in their evaluation of Kota Kinabalu as a new route. I am pleased to see both airlines now operating into Malaysia!

"I have always been a keen supporter in ensuring a continuous and consistent relationship with the airlines. Personal relationships are important in complementing airport-airline communication. Routedevelopment is one of the main priorities for us at Malaysia Airports; and our Airline Marketing Division in Kuala Lumpur is constantly at work in this area. Airline route-development is particularly crucial to an airport and to an airport-company because the number of aircraft-movements at the airports influence connectivity and





vice-versa. The overall volume in aircraft and passenger traffic has a huge impact on both aeronautical and non-aeronautical revenue for the company.

"Despite the gloom that seems to currently permeate the nation's economic situation, I am happy to note that Malaysia Airports has much cause for optimism as we look at the strengthening connectivity in 2015 and the anticipation of increased tourism arrivals in the new year. With growing interest in Malaysia due to the low ringgit, analysts expect both air-freight and visitor arrivals to grow steadily as we continue to focus on airline route-development and connectivity in the new year ahead.





AIRPORT TALK



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A Great Place To Stay is a Great Place To Work!

Sama-Sama Hotel wins employment award



In the 15 years since its inception, Malaysia Airport's flagship airport-hotel at Kuala Lumpur International Airport has won a steady stream of accolades from all over the globe. This has included being named Best Airport Hotel In The World more than once.

"A world-class airport-hotel is part of what makes an airport an aviation hub of distinction", says Malaysia Airports General Manager Marketing Mohamed Sallauddin Mat Sah. "When Sama-Sama Hotel continues to win recognition regionally and internationally, it reinforces KLIA's standing in the global aviation community."

This year, the Sama-Sama Hotel in KLIA added to its collection of awards when it was named as one of the 2015 Best Companies to Work For by HR Asia magazine. This was the second time in a row that the hotel won this award. HR Asia, the region's most authoritative publication for senior Human Resource professionals, seeks to recognize and identify the star companies with the best employment practices in the workplace.

The accolade was presented to the hotel's Director of Human Capital Development Rozainor Sani during a glittering award ceremony at a prominent hotel in Kuala Lumpur. The blacktie event featured award presentations to the winners from various industries. Winners are judged by an independent panel of industry experts, academics, journalists, and government representatives.



AirLink

AIRPORT TALK



Sama-Sama Hotel KL International Airport is staffed by an award-wining team, many of whom have been with the hotel since it welcomed its first guest in 1998. The highly experienced and quality-driven team continues its unwavering commitment to deliver the highest service standards, resulting in many recognitions and awards in the competitive hospitality field. In addition to maintaining its services and brand standards, the Hotel also takes pride in upholding the welfare and needs of their employees through various engagement activities.

"Our associates are the backbone of the company and we are truly humbled to be awarded this recognition for the second time in a row. There's nothing more rewarding than to know that all our hard work pays off", said Rozainor Sani. "Our brand-name Sama-Sama meaning "togetherness", embodies the inclusiveness of different peoples and cultures. It is also an expression of the depth of the Malaysian welcome. The five-star luxury Airport Hotel located adjacent to the KL International Airport's main terminal building is connected via a covered skybridge with a 24-hour buggy facility. The Sama-Sama Hotel KL International Airport offers an unparalleled relaxing stop-over experience for both business and leisure travelers.

Wholly-owned and operated by Malaysia Airports, Sama-Sama Hotel KL International Airport has 442 luxury guestrooms and suites. Air travelers with early morning departures or late night









arrivals will also find the hotel perfectly suited to their unique needs. The hotel with 3 dining options, a 24-hour health-centre and gymnasium, lush tropical landscaping, water features and soothing environment that makes for a rejuvenating break for the jet-lagged and weary travelers.

With the winning of this latest award, Sama-Sama Hotel KL International Airport has proven once again that a great place to stay is also a great place to work!

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# Experience

London, Manchester, & Edinburgh

A4475

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# "Making meaningful connections"

An airport-hotel professional is passionate about building a world-class brand.



Interview with Rohanna Ibrahim Director of Sales & Marketing Sama-Sama Hotel, KLIA

"She is a hotelier through and through. Actually, she is one of the most experienced Malaysians I have met in the local hotelindustry – and certainly one of the most hard-working", says a senior travel-industry professional. Someone employed in the hotel has an equally positive perspective:-"Rohanna Ibrahim can be very strict about standards and quite stern about our performance, but she really cares about the hotel and she is fully committed to her work. Although she looks very serious about our work, when you know her, she is a very kind and nice person."

When interviewed personally, the expectations fit into place neatly, confirming the descriptions from her associates. Rohanna Ibrahim comes across as a consummate hospitality-business professional: - genial, communicative, enthusiastic about her work, and passionate about the hotel-group she works for. Without hesitation, she dives into her favourite subject.

"I've worked for some of the most famous international hotel-chains in the world, and some of the most well-known global brands in this business. But to help build up a Malaysian brand with the aim of making it an internationally-recognised name has been the most exciting and satisfying challenge of my career! I really love what I am doing", she enthuses. "I feel great when the Sama-Sama brand gets recognition in far-flung markets such as Australia and Europe. It is hard work, but well worth the effort." In a quieter moment, she explains her enthusiasm. "We have had a world-class product from Day One. Our flagship property has been winning international awards consistently, until today. The physical property is impressive, the software is excellent, and you can see for yourself that our team-members are outstanding in their service delivery. Operationally, we have to continue this standard of excellence and extend it consistently to all other properties in the group that come up. Marketing-wise, we have to consolidate the strength and status of the brand and extend its identity across our global and domestic markets."

"Sama-Sama is a specialized Airport Hotel brand that embodies the very best of modern, contemporary Malaysia. Meaning "togetherness", the logo denotes two hands coming together symbolizing the inclusiveness of the nation's various people and cultures. It is also an expression of the depth of the Malaysian welcome. Our Award-Winning team is guided by the philosophy that welcoming our international and local guests with personalized and warm service is the authentic Malaysian experience and way of life", she elaborates.

"Our flagship-property is just next to the Main Terminal Building of KL International Airport and connected by a covered sky bridge to the Arrival & Departure Halls. It is just a 5-minute walk, and for our guests' convenience, we operate a complimentary buggy shuttle-service that runs between the Airport and the Hotel. The hotel has 442 luxury guestrooms and suites, 3 great restaurants, a 24-hour Health Centre and gymnasium, with attractive little retail outlets, a florist and a wellness & beauty salon at our entrance and main lobby. All this is complemented with lush tropical landscaping, water features and a soothing resort-styled environment that creates a rejuvenating break for jet-lagged and weary travelers.'

"Sama-Sama Hotel KL International Airport is the preferred hotel choice for transit air travelers with a few hours in-between flights. Air-travelers with early morning departures or late night arrivals will also find the hotel perfectly suited to their unique needs. My team and I are now working hard to strengthen its role as a uniquely-convenient MICE destination in itself. Delegates can fly straight in for the event in a lush green resort-style environment with no land-transport problems, traffic-jams, stress or distractions. With convenient train access, it also offers these advantages for busy people in Greater Kuala Lumpur needing a convenient and refreshing getaway."

Rohanna leans forward with intensity. "The Sama-Sama brand is growing beyond this flagship property. We already have three hotels at KLIA, and there are plans to extend the chain of airport hotels domestically and abroad. The Sama-Sama Hotels are owned and operated by KL Airport Hotels Sdn. Bhd, which is a wholly-owned subsidiary of Malaysia Airports Holdings Berhad. Given the excellent track-record that Malaysia Airports has across this country and in various parts of the world, I am really passionate in my belief that we can build the world's best brand of airport-hotels!"

"The Sama-Sama Brand Promise is "Making Meaningful Connections". This is implemented at every level of our service delivery. Whenever someone has a need, we provide a solution that delights them and keeps them coming back to us. I believe this is applicable in all areas of our business, including operations and marketing. It guides me in all my dealings, in all my contacts, in all my relationships at work," she concludes " It is the Sama-Sama ethic. No matter whether we are dealing with individual guests, suppliers, business associates, corporate clients or anyone at all – the team at Sama-Sama Hotels is committed to making meaningful connections."



# **AVIATION NEWS**

# **SKYTEAM** celebrates 15 years









To mark its 15th anniversary, SkyTeam members in Malaysia organized a special luncheon event for selected media and trade-partners in Sama-Sama Hotel, KLIA. The official ceremony included a toast to the continued prosperity of the SkyTeam alliance and its memberairlines and concluded with the official cake-cutting by all Country Managers of SkyTeam member-airlines in Malaysia. This was followed with a group photo session.

At the event, trade-partners and media were briefed on SkyTeam background, history and joint products by the Project Manager, Nikk Adam Abdillah Kipalli of Korean Air. "SkyTeam was formed in 2000 in New York City, bringing together AeroMéxico, Air France, Delta Air Lines and Korean Air. Today, the alliance has 20 members with nearly 16,323 daily flights, 1,052 destinations in 177 countries. Definitely, we are stronger together", he told the gathering.



SkyTeam also organized activities with the public at the departure hall of KLIA. As part of the anniversary celebration, visitors were treated with fun games such as the Wheel of Fortune and the Selfie booth. "Our main purpose is to reach out to the public, not only to those in KLIA but also in the social media. We are the largest airline alliance flying out of Malaysia in terms of number of airlines, and we want to tell Malaysians that we are here for them." said Ruhana Jamal of Alitalia.

Recognizing the amazing efforts and camaraderie of SkyTeam members, Estee Ng, Commercial Manager of Air France





KLM commented "Last year, more than 26 million passengers used at least two or more SkyTeam carriers to complete their journeys. Our focus remains on the customer, from seamless airport experience and transfers to integrated frequent flyer benefits; we are more focused than ever on delivering services that meet the expectations of our corporate travelers."

For more information, please visit www. skyteam.com.





# AIR CHINA Returns



The Senior Director of Global Sales Air China Limited Ma Chun Hui, who arrived on the inaugural flight, said: "In the core area of Southeast Asia, Malaysia connects to ASEAN countries both on land and on the sea. To answer the call of the Chinese government's "One Road, One Belt", Air China has resumed its operations Beijing-Kuala Lumpur, which is of far-reaching significance. The route will serve as an air bridge for the development of long-term friendly relations between the two countries, further promoting the cooperation between the two countries in the fields of economy trade and investment; and accelerating the development of local tourism."

The new, four-times-a-week service from Beijing Capital International Airport operates using an Airbus A330-300 aircraft. For ticketing and reservations, please call **03-2166 1999.** 





Malaysia Airports celebrated the return of Air China to Kuala Lumpur recently by hosting a welcome reception at KLIA. This event was graced by the Deputy Minister of Transport Malaysia Datuk Abdul Aziz Kaprawi, China's ambassador to Malaysia Dr Huang Huikang, Tourism Malaysia Director-General Dato' Mirza Mohammad Taiyab. The large contingent of management and staff from Malaysia Airports was led by Managing Director Datuk Badlisham Ghazali.

The inaugural flight was welcomed with a water-cannon salute by airport fire-tenders, and the passengers were delighted to be greeted by a Malaysian cultural troupe together with VIPs from Malaysia's Ministry of Transport and Ministry of Tourism and Culture.

In his welcome speech Datuk Badlisham Ghazali said, "Malaysia Airports is delighted to welcome back Air China Limited, China's national flag-carrier, to KL International Airport after a three-year hiatus. We are heartened by this return as it signifies the confidence that Air China has, in the strong growth opportunities that exist within the Malaysian market especially with regards to tourism."



Dr Huang said Air China's return will promote a more close-knit relationship between China and Malaysia, adding that "This will definitely benefit the two countries and the region. It also strengthens the economic and cultural ties that have already developed between China and Malaysia." Wee Choo Keong said the visa-exemption for Chinese tourists introduced on Oct 1 would see more arrivals of Chinese citizens to the country, adding that Malaysia remains one of the top three Southeast Asia destinations for Chinese travellers.







AIRLINK



# New ETIHAD Amenity Kits popular



The new colourful new range of collectable limited-edition Business Class amenity kits launched by Etihad Airways is proving popular, a spokesperson of the Etihad Kuala Lumpur office said recently. The result of a unique collaboration between the airline and luxury travel brand LUXE City Guides, the stylish new kits embody the contemporary and innovative flair synonymous with the Etihad Airways brand, and contain inflight amenities and natural facial products developed exclusively by London-based skincare and grooming brand Scaramouche + Fandango. Six new stylised kit designs have been created by LUXE City Guides for Etihad Airways, inspired by some of the iconic cities on the airline's extensive global network. The designs for Abu Dhabi, London and Madrid, have been specially produced for Etihad Airways, whilst the Sydney, Los Angeles and Hong Kong kits feature bespoke LUXE artwork. Each kit contains a customised Etihad Airways LUXE City Guide which corresponds to the showcased city.

Scaramouche + Fandango has developed an exclusive unisex comfort kit and skincare offering in collaboration with Etihad Airways. Specially formulated for skincare needs inflight, the range consists of parabenfree products, high in natural ingredients, to enhance onboard wellbeing.

Calum Laming, Etihad Airways' Vice President Guest Experience, said: "The introduction of these kits is about intelligent design, functionality and providing them with products which are attractive, natural, useful and re-usable. Etihad Airways continues to reimagine the flying experience, setting a new benchmark for innovation and luxury. These collectable kits also reflect the global nature of our business, while simultaneously highlighting the inspiration, style and unique qualities of our home, Abu Dhabi."

Each Amenity Kit features a luxurious facial moisturiser enriched with vitamin E and made with anti-oxidants and essential oils to combat fatigue and the lower humidity levels in the cabin. Triglycerides and essential oils rebalance the skin's natural moisture. A honeyand-shea-butter lip-balm enriched with vitamin E keeps lips hydrated. The new kits also include a sleep pack containing socks and eyemask, a care pack containing cotton pads and earbuds, in addition to a dental pack and earplugs.

Etihad Airways offers double daily flights from KLIA. For reservations call **03-2687 2222** or visit etihad.com.



# **AVIATION NEWS**



# New B777s for SWISS Winter

SWISS's new fleet flagship, the Boeing 777-300ER, enters revenue service this winter season. The new long-haul twinjet will be deployed on services between Zurich and New York from early 2016. The totally-redesigned state-of-the-art cabin will offer the highest levels of comfort and aesthetics in all three seating classes; while the wireless internet connectivity on board allows travellers to stay connected while flying.

In the SWISS First Class cabin, the seats can be easily transformed into semi-private suites with a 32-inch screen, and new electromechanical window-shades can be operated simultaneously for all three windows in the passenger's seat zone. Travellers in SWISS Business can experience more privacy and space, with a seat which can be swiftly transformed into a lie-flat bed that is over two metres long; while the firmness or softness of the seat-cushion can be individually regulated according to personal preference.

Economy Class travellers can look forward to greater legroom and new seat-cushion technology. The inflight entertainment includes a large 11-inch personal touchscreen with USB and audio connections. As a further innovation, SWISS' Economy Class travellers will be able to obtain a wide range of drinks and snacks from a new self-service kiosk, in addition to the regular cabin service.

SWISS offers more Edelweiss flights to 105 destinations (79 European and 26 intercontinental) in 49 countries in its 2015/16 winter timetable. For reservations and enquiries, please call **03-2053 1898** or access swiss.com.









# **AVIATION NEWS**

# Christmas Surprise with KLM !

KLM passengers from KLIA have been thrilled to find WOW surprises waiting for them before they board their flights to Amsterdam and Jakarta whenever a national anniversary, holiday or a special day is celebrated!

Passengers have received a beautifully designed gift-box packed with freshly-baked KLM stroopwafel when they departed to Amsterdam on 27th April 2015 which is King's Day in the Netherlands. On Valentine's Day, passengers received a beautifully-branded and packaged heart-shaped box of exquisite chocolates.





The next WOW surprise will be on Christmas Day, with a special gift by KLM at the Airport. There's festive excitement in the air as air-travellers wonder, what will it be? For information and reservations on these special flights, please call KLM Reservations at **03-7712** 4555.



# Great Christmas in BRITAIN!





From the northern islands of Scotland and the scenic hills of Wales, to the misty magic of Ireland and the southern coasts of England, Christmas celebrations turn the whole of Great Britain into an enchanting wonderland!

Global Excursion (M) Sdn Bhd has been appointed as the Malaysia representatives of Visit Britain. According to General Manager Jenny Cha, there are numerous airlines connecting Kuala Lumpur with the major cities of Great Britain. "Air-travellers from Malaysia have so many options and choices in flights to a Great Christmas in Britain! Celebrations here have something for everyone – and the shopping at this time of the year is irresistible!" she exclaims enthusiastically. Enjoy a Christmas break in Scotland and you'll find plenty opportunities to enjoy all aspects of the season, from buying presents and admiring sparkling lights and decorations to enjoying a wee dram by the fire in a cosy log cabin. Fly to cities like Glasgow, Edinburgh and Perth, and you'll find a fantastic choice of gifts, including toys, unique trinkets, and an excellent range of Scottish and continental delicacies at the popular Christmas markets. These festive fetes also have added attractions like Ferris wheels, ice rinks, parades and even Scotland's first outdoor chocolate festival!

In Wales, there are Railway Santa Specials in lines like the Rheilffordd Talyllyn Railway, the Rheidol Railway, the Ffestiniog Victorian Train, the Welsh Highland Railway, the Fairbourne Railway and the Carmathen Magical Steam Train. There are also Christmas Craft Markets in Wrexham, Porthmadog, Torfaen, and on the Isle of Anglesey. Don't miss the enchanting Christmas Grotto in Cardiff, plus the Enchanted Christmas at Woodbarn, Greenwood Forest Park's amazing indoor play-centre.

Christmas in Ireland can be both inspiring and wacky! Immerse yourself in the beautiful Yuletide music of Christmas carolling and midnight Masses in the ornate cathedrals and churches, or have fun at the hilarious Dublin Christmas Day Swim, the intriguing Wren Boy Procession, and the exciting St. Stephen's Day Horse Races! The twinkling lights of Christmas Markets and the heady aroma of festive Irish cuisine all combine to create an unforgettable experience.

With convenient international flights to major cities across England like Birmingham, London, Liverpool, Manchester, and Newcastle, celebrating an English Christmas is easy, exciting, and thoroughly enjoyable! From the Bournemouth Square Christmas Market in the south and the Charles Dickens Christmas Festival in Kent, to the classic fun of a Yorkshire Christmas and the dazzling array of festive activities across glittering London, England promises a very merry Christmas!

For more information on festive-season flights to Great Britain, please call **03-4021 1278.** 



# Festive London with BRITISH AIRWAYS







The city of London offers a lot of exciting activities such as the Hyde Park's Winter Wonderland, the Tower of London Ice Rink, the great Christmas shopping at Portobello Road Market, the glorious Christmas Carols by the St Paul's Cathedral Choir and the City of London Orchestra. British Airways is inviting travellers from Malaysia to spend the festive season with loved ones in London this Christmas!

FLYKLIA

This Christmas travellers from Malaysia can fly on the futuristic brand-new British Airways Boeing 787-9 Dreamliner from KLIA to London and soak up the city's festive atmosphere! Beginning this month, the UK flag-carrier is placing this exciting, state-ofthe-art aircraft on its Kuala Lumpur-London route – just in time for the glittering Christmas celebrations at the most popular tourism hub in the world!

The airline's award-winning Club World business class is specially designed to allow customers to sleep, relax or work in absolute comfort and privacy, thanks to its fully-flat bed, electronically-operated privacy-screens and world-class fine dining. What's more, upon landing at the award-winning London Heathrow Terminal 5, Club World customers can enjoy the Arrivals lounge facilities that include showers, breakfast and complimentary Elemis spa treatments before they leave the airport.

Club World business class enables customers to arrive in comfort and style, ready to soak up the festive atmosphere across the UK and Europe this winter, and pick up authentic gifts when enjoying the enchanting atmosphere of the Christmas markets.

British Airways' route-network currently serves more than 179 cities in 75 countries, and the airline is operating one daily direct flight between Kuala Lumpur and London. For booking and further information, please call **03-7712 4747**.

The next generation hub is taking shape at KLIA, and it's taking aviation to unprecedented heights.

www.flyKLIA.com

# **FERRERO** Christmas Pralines





Travellers departing from Kuala Lumpur International Airport are sure of a cosy Christmas, thanks to a joint-promotion launched by Ferrero Travel Market and Chocolate Sales & Supplies Sdn Bhd.

Shoppers who purchase two 200g gift boxes of delicious Raffaello pralines at the Satellite Shop in the airport are offered a free red Raffaello blanket to snuggle up in on the flight home or to offer as an unusual present.

The promotion, which runs through December, is designed to draw attention to the sumptuous pralines in the Ferrero range, including the red-and-white Rafaello presentation packs and the luxurious T48 Ferrero Rocher 600g which makes an ideal gift.

"Raffaello pralines, with their whole almond in a creamy filling encased in a crispy shell dipped in coconut flakes, make a delightful alternative to traditional chocolate gifts during the holiday season," commented Francois Godin, General Manager of Ferrero Travel Market. "Looking as they do like mini-snowballs they are certainly the only snow we will see in Malaysia this winter!

Shereen Lau Group Marketing Manager, Chocolate Sales & Supplies, the leading duty-free chocolate importer in Malaysia, commented "There is a wonderful festive feeling in the airport at this time of year when workers join their families for the holiday season and tourists take the chance of a winter-break. The Ferrero Praline promotion, with its cheerful red, white and gold colour scheme, adds to the party atmosphere and makes a delightful spectacle in the midst of all the seasonal offers."







# **Bus Departure Time from klia2**

(for connection to Klang Valley and its vicinity)

	klia2 – KL SENTRAL								
12:00AM	12:20AM	12:40AM	01:00AM	01:20AM	01:40AM	02:00AM	02:30AM	04:30AM	05:00AM
05:30AM	06:00AM	06:20AM	06:40AM	07:00AM	07:20AM	07:40AM	08:00AM	08:20AM	08:40AM
09:00AM	09:20AM	09:40AM	10:00AM	10:20AM	10:40AM	11:00AM	11:20AM	11:40AM	12:00PM
12:20PM	12:40PM	01:00PM	01:20PM	01:40PM	02:00PM	02:20PM	02:40PM	03:00PM	03:20PM
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07:00PM	07:20PM	07:40PM	08:00PM	08:20PM	08:40PM	09:00PM	09:20PM	09:40PM	10:00PM
10:20PM	10:40PM	11:00PM	11:20PM	11:40PM					
klia2 – PUDURAYA / HOTEL KL / BATU 3 JLN IPOH									
12:00AM	01:00AM	02:00AM	05:15AM	06:00AM	06:30AM	07:15AM	08:00AM	08:45AM	09:30AM
10:15AM	10:45AM	11:15AM	11:45AM	12:15PM	12:45PM	01:15PM	01:45PM	02:20PM	02:40PM
03:00PM	03:20PM	03:40PM	04:00PM	04:30PM	05:00PM	05:30PM	06:00PM	06:30PM	07:00PM
07:20PM	07:40PM	08:00PM	08:45PM	09:30PM	10:15PM	10:45PM	11:30PM		
klia2 – BANDAR TASIK SELATAN (TBS)									
12:30AM	04:30AM	05:30AM	07:15AM	08:30AM	09:30AM	11:15AM	12:30PM	02:15PM	03:30PM
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			klia2	– KLANG (P	REMIERE HO	OTEL)			
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			klia2 – E	BANDAR UT	AMA (ONE U	JTAMA)			
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01:30PM	02:30PM	03:30PM	04:30PM	06:30PM	09:30PM				
klia2 – PARADIGM MALL									
05:15AM	06:45AM	08:45AM	10:15AM	11:45AM	01:15PM	02:15PM	03:15PM	05:15PM	07:15PM
09:15PM	11:15PM								
klia2 – GENTING HIGHLAND									
09:30AM	11:30AM	01:30PM	02:30PM	03:30PM	05:00PM	06:30PM	08:30PM		



... that there are also inter-city connections from klia2 to places beyond Klang Valley?

| AYER HITAM - SKUDAI - TAMPOI - SINGAPORE (BEACH ROAD) | BIDOR - SITIAWAN - TELUK INTAN | IPOH (AMAN JAYA) | KLUANG | KUALA KANGSAR - SIMPANG - TAIPING - BUTTERWORTH | MELAKA (BANDAR MELAKA, MAHKOTA MEDICAL CENTRE and A'FAMOSA) | MUAR - BATU PAHAT | TUN AMINAH - JOHOR BAHRU (LARKIN CENTRAL) | YONG PENG

Call Mesra Indah Jaya (MIJ) Hotline at +6019 222 9951 for more information on these routes.

Kindly be informed that all information is correct at the time of print and is subject to change without prior notice. For more information, please contact Malaysia Airports (Landside Operations) at +603 8776 9312 or landside@malaysiaairports.com.my (*Weekdays, 9AM to 5PM*)








### PRIVATE SALE SHOWCASE



18 NOV 2015 - 5 JAN 2016

### PRIVATE SALE SHOWCASE



18 NOV 2015 - 5 JAN 2016



AWANG DAMIT AHMAD B.Sabah, 1956 EOC Series, 1994 Mixed media on canvas 152 cm x 182.5 cm



KHALIL IBRAHIM B. Kelantan, 1934 Abstract Series, 1983 Oil on canvas 145 x 108.5 cm

LAS is currently showcasing a private collection sale exhibition at our gallery. The showcase started on November 18, 2015 and will end on January 5, 2016. Interested collectors are welcome to drop by for a stunning and outstanding selection of works by Malaysian and Southeast Asian modern and contemporary artists.

One such artist is Yusof Ghani, one of the top sought-after and Malaysia's leading contemporary artists today, notably known for his deep, energetic and gestural meanings in his works, most especially commentaries and narrations on the human behaviour. He has exhibited his works all around the world, and his paintings can be found in the collections of all major art museums and corporations throughout Malaysia, with his pieces selling at auction houses for astounding prices. His Segerak pieces are on show and is available for sale.

Other pieces to take note of are abstract, semi-abstracts and watercolour pieces painted by Khalil Ibrahim, who is famed for his soulful depiction of the Malay life as well as his loyalty to the human figure and the people of the East Coast. Romanticised but nonetheless stunning, his abstract and landscape pieces are also on display.

An artist inspired by nature and influenced by his background in architecture and interior design, Datuk Tajuddin Ismail also has his abstract paintings featured at the show. His works have also seen a mighty surge in price, a testament to his works being well appreciated by collectors from Malaysia and around the region.

Other works on display are by artists Nizar Kamal Ariffin, Ahmad Zakii Anwar and Canadian-born, Malaysian-based artist Drew Harris.

All these works are up for purchasing, and collectors are most welcome to come visit our gallery at KLAS @ 31 Jalan Utara.

31, Jalan Utara, 46200 Petaling Jaya, Selangor, Malaysia.

Open Monday - Friday, 10am to 7pm (Closed on Weekends and Public Holidays)



IBRAHIM HUSSEIN, DATUK B. Kedah, 1936 - 2009 Untitled, 1977 Acrylic on board 59 x 120 cm



TAJUDDIN ISMAIL, DATO' B. N. Sembilan, 1949 Grey Horizon, 1993 Mixed media on canvas 125 x 125 cm



DREW HARRIS B. Canada, 1960 The Community Series - Interconnected 3, 2013 Mixed media on board 153 x 122 cm



DREW HARRIS B. Canada, 1960 The Community Series - Interconnected 4, 2013 Mixed media on board 153 x 122 cm



KHALIL IBRAHIM B. Kelantan, 1934 Abstract Pink Print, 2002 Batik 93 x 83 cm



KHALIL IBRAHIM B. Kelantan, 1934 Sawah Padi Series, 1956 Oil on board 30 x 45.5 cm



KHALIL IBRAHIM B. Kelantan, 1934 Grand Palace of Kota Bharu, 1956 Oil on canvas 34 x 50 cm

#### KL LIFESTYLE ART SPACE EXHIBITION



KHALIL IBRAHIM B. Kelantan, 1934 East Coast Women II, 1992 Acrylic on canvas 42.5 x 28 cm

KHALIL IBRAHIM B. Kelantan, 1934 East Coast Women Series, 1995 Acrylic on canvas 45.5 x 26.5 cm



KHALIL IBRAHIM B. Kelantan, 1934 East Coast Women I, 1992 Acrylic on canvas 42.5 x 28 cm



KHALIL IBRAHIM B. Kelantan, 1934 Portrait of A Lady in Red, 2003 Acrylic on canvas 37.5 x 27 cm



KHALIL IBRAHIM B. Kelantan, 1934 Untitled, 1980 Ink on paper 33 x 44.5 cm



KHALIL IBRAHIM B. Kelantan, 1934 Untitled, 1979 Acrylic on canvas 140 x 179 cm



KHALIL IBRAHIM B. Kelantan, 1934 Untitled, 1972 Batik 78 x 72 cm



NIZAR KAMAL ARIFFIN B. Pahang, 1964 Dalang Series - Dunia Berbisik #2, 2015 Acrylic on canvas 122 x 122 cm



NIZAR KAMAL ARIFFIN B. Pahang, 1964 Dalang Series - Dunia Berbisik #3, 2015 Acrylic on canvas 122 x 122 cm

#### KL LIFESTYLE ART SPACE EXHIBITION



TAJUDDIN ISMAIL, DATO' B. N. Sembilan, 1949 Interiorscape - Sunday Afternoon, 1988 Acrylic on canvas 153 x 158 cm



YUSOF GHANI B. Johor, 1950 Siri Segerak, 2005 Mixed media on canvas 51 x 25.5 cm



YUSOF GHANI B. Johor, 1950 Siri Segerak "H1", 2005 Mixed media on canvas 51 x 25.5 cm



DREW HARRIS B. Canada, 1960 Fogwater Series, 2007 Mixed media on canvas 152.5 x 91.5 cm



RAPHAEL SCOTT AHBENG B. Sarawak, 1939 Gold Hue, 2015 Acrylic on canvas 100 x 138 cm



TAJUDDIN ISMAIL, DATO' B. N. Sembilan, 1949 Balinese Garden, 2003 Acrylic on canvas 182 x 188 cm



AHMAD ZAKII ANWAR B. Johor, 1955 Legong 4, 1997 Oil on canvas 120 x 180 cm, 2 panels



ABDUL LATIFF MOHIDIN B. N. Sembilan, 1941 Blue Landcsape - Rimba Series, 1996 Oil on canvas 90 x 120 cm



### **SYED THAJUDEEN** Retrospective Exhibiton opens at Penang State Museum & Gallery

yed Thajudeen, famed for his spectacular works of art for the past 50 years, is recognised as one of the greatest Malaysian artists. With a honed mastery of the figurative figure and being able to create miniature pieces to mural-sized masterpieces, one will notice that his stylisation is influenced by the Bauhaus art of Paul Klee, his Indian educational background as a graduate of the Madras Government College of Arts and Crafts, and the exotic Malay culture.

Syed Thajudeen's Retrospective exhibiton showcases a collection of his works of over 50 years. Described as a testimony of his love for the state of Penang, the exhibition is held at the Penang State Museum and Art Gallery – the location of his first solo exhibition as a student in 1975. The Retrospective exhibition was officially opened on Nov 14, 2015.

"I am very thankful for the opportunity to exhibit again at the Penang State Museum and Art Gallery. It has been a







long journey from my first solo to date and I feel a sense of déjà vu to be back where it all began. I look forward to showcasing my works over the years, the evolution of my thoughts and of my feelings", said Syed Thajudeen.

The much-awaited event was officiated by Penang Chief Minister, Lim Guan Eng. The Retrospective exhibition features Syed Thajudeen's famed monumental paintings such as his first mural piece, Ramayana, The Eternal Love between Hang Tuah and Puteri Gunung Ledang, The Beginning: The Founding of Melaka by Parameswara, Advent of Islam and Merdeka.

Syed Thajudeen's reknowned 'Kebaya' series of which the artist immaculately captures ladies in different moods clad in the elegant kebaya. A beauty of Penang, his latest work also showcased at the exhibition, was painted especially for the Retrospective exhibition featuring ladies in the Cheongsam and notable landmarks of Penang. With a penchant for preserving culture and heritage through his works, the artist believes in leaving a legacy for future generations to come.

A connoisseur of love, the artist has several works that depict his protagonists in various stages of love. His work, 'Meeting of the Eyes' resembles the first instance of love and the yearning of lovers in his 'Longing for Love' and 'Waiting for the Lover' series and the culmination of yearning with the 'Joy of Being Together'. His paintings capture the very essence of being human and with his Origin series, he explores the moment of creation.

With a strong dedication to devoting much of his life to his work with extraordinary pieces created painstakingly to bring joy and happiness to those around him, Syed Thajudeen is definitely regarded as one of the greatest artists in Malaysia. His Retrospective exhibition at the Dewan Sri Pinang of the Penang State Art Gallery is on until 31, Dec 2015.

### DIWALI OPEN HOUSE AT KL LIFESTYLE ART SPACE @ JALAN UTARA

L Lifestyle Art Space organised a Diwali open house on November 21. The event was held in conjunction with the Festival of Lights as a way to bring together guests in a heartwarming occasion.

The gallery was lit up with the chitter chatter of guests, the aroma of great food scenting the air and the sound of classical instruments.

Esteemed guests included personal friends of Datuk Gary Thanasan - personalities such as Tan Sri Mokhzani Mahathir, Tan Sri Bashir and Dato' Samson Anand George graced the gathering as well as friends of KL Lifestyle Art Space such as Mr. Simon Wong, Dr. and Mrs. Mohan, Dr. Sai Shankar and Mr. Thomas Wong.

Attended guests enjoyed a wide spread feast of local and international delights with the accompaniment of desserts and drinks. A classical Indian musical trio serenaded guests with classic and modern tunes as they gaze at artworks around the gallery.



















June Baharuddin, Kaysha Ubrani and Datin Dr Sharmilla Thanasan



### Hajimemashite, YOSHITAKA INAO!

#### The branch manager and senior director of Number76, Bangsar 1

BY KATHLYN URSULA D'SOUZA

### Where are you originally from and what was your hometown like?

I am from Osaka, Japan. Osaka is located within the Kansai region of Japan. People in Osaka are friendly; they are fun people! Also, comparatively, life in Osaka is not as busy as in the capital of Japan, Tokyo.

### When did you arrive in Malaysia and what was your first impression?

I arrived in Kuala Lumpur, Malaysia sometime in mid-2009. Looking back, what left a particularly deep impression upon my arrival was that the public restrooms were relatively unhygienic (laughs) Plus, toilet paper in the public restrooms could hardly be found anywhere. Thankfully, conditions have vastly improved since those times.

### What was the transition like moving from country to country? Do you ever get homesick?

Not really, I don't really get homesick. Having moved from Japan to Malaysia, the only thing that bothers me is that I can't get onigiri (japanese rice balls) whenever I want here. Back in Japan, a variety of onigiri is easily available at any corner in any convenience store. Besides that, I would say nothing much has changed. My life is still about the same as the life I had back in Osaka. There are only a few things that are different; like in Osaka, I travel by bicycle, but in Kuala Lumpur, I generally need to drive to wherever I want to go.

#### How did you get into your current career as a hair stylist, as well as your career with Number76?

I've always thought the career of a hair stylist seems pretty cool. From a young age, I have always wanted to be a creator. I like to be creative and create things. When I just got started in the hair industry, I was immediately hooked. Recently I was asked in an interview, what would be my alternative career path if I could not be a hair stylist? I had a really hard time thinking up the answer. In fact, I couldn't answer it at all. I really couldn't imagine myself as anything else but a hair stylist. How did l get into my current career with Number76? Ăctually, a friend of mine was a hair stylist in Kuala Lumpur before I came to Malaysia. I was introduced to this current career by him. I made the decision to join Number76 in Kuala Lumpur, Malaysia because I wanted to challenge myself to learn more new things every day.

### What was the turning point of your career and your secret to success?

In the beginning, things weren't going as well as I hoped until I had the opportunity to meet my current employer, who is also the managing director of Number76, Mr. Daisuke Hamaguchi. He is the one who sees things that I don't see; he taught me how to observe and evaluate situations from different aspects. My secret to success is that I always learn from the mistakes that I had made in the past. I can honestly say that I was ignorant back then, thinking that I could do everything on my own. Until I hit a few bumps in the road, it was then that I realised how incredibly important teamwork is in achieving my goals. Now, I truly understand that being higher than everyone else does not necessarily make you any better. To be successful, it is just as important to listen to others

### What is it that you love about what you do? Any challenges?

I love that particular moment when I see my customers smile happily after my service. The profound feeling of watching their eyes widen in pleasure when they look into the mirror after a hair makeover is amazing. Hairdressing is a challenging job, every day you stand face to face with different sorts of challenges that you can hardly get from another career path. The challenges are constant, that's what keeps it so exciting.

#### Tell us about your family.

Both my parents and two elder sisters are still living in Japan. Back then, my father never wanted me to be a hair stylist, he got so mad at me when I decided to pursue this career. We would see each other at home every day but we did not speak to each other for almost four years.

However, this dispute did not deter me from this career path. I did not give up. Instead, I worked much harder to prove to him that as a hairdresser, I could be just as successful as others in different fields of work. It took a bit of time to change his mind, but eventually he did acknowledge all my hard work and finally realised my true passion for this career. I am also thankful to my mother and elder sisters; they are the ones who taught me how to be a gentleman. Being a gentleman is how you can survive in this world.

#### Any funny stories or interesting experience that happened while you've been in Malaysia?

Being in a senior position in Number76, it

is also part of my responsibility to conduct interviews with candidates interested to join the company as a salon assistant or hair stylist. Over the years, I've noticed that many candidates tend to bring a companion along for the interview and more often than not, the companion would actually accompany the candidate into the interview room.

There was one particular candidate that I had arranged for an interview with, but throughout the session it was the companion who consistently answered most of my questions while the candidate simply kept quiet. It felt really awkward as the candidate, the actual person applying for the job, the person who should be answering my questions, hardly said anything until the interview ended. That really shocked me as I had never experienced or even heard of such occurrence in Japan. That incident made me wonder if it is a norm in the interview culture in Malaysia. When I consulted with my colleagues after this incident, they assured me that that was certainly an unusual situation. (laughs)

### Have you tried any of the local food in Malaysia? Do you have any favourites?

Yes, of course! Working continuously in a hair salon, taking out meals from nearby restaurants is inevitable. I dare say I've tried most of the local delicacies in Malaysia. My favorite combination is teh ais (iced milk tea) and mee goreng (fried yellow noodles).

### Any favourite holiday destinations in Malaysia so far?

I love going to the beach! Cherating beach, Pahang has always been my favourite holiday destination, even for a quick getaway. I love going to beaches in general, but Cherating beach still tops my list.

### What is your current project and what is your vision for Number76?

I am currently focusing on training stylists; I hope to share the knowledge and techniques that I've learned throughout my career. My colleagues are also working hard to share their own knowledge and techniques. With our combined effort and strong teamwork, I hope Number76 will grow to be everyone's favourite hair salon in the very near future.

#### What is your advice to those who would love to pursue your career line or take the plunge into the unknown?

If you have the passion, don't just stay in the salon all the time. Constantly burying your head in sharpening your skills can only do so much. Do not hesitate to go out and see the world, observe what is happening around, you will definitely learn from all the things you've seen. Work hard, play hard!



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 Authority: Majlis Bandaraya Petaling Jaya 
 Approval Plan No.: MBPJ/120100/T/P10/79/2015 
 Land Encumbrances: United Oversea Bank Berhad 
 Land Tenure : Leasehold 
 Expected Date of Completion: June 2019
 Type of Property: Serviced Residences 
 Total Units: 372 
 Selling Price: RM809,200.00 (Min) –RM1,952,303.00 (Max) 
 Built Up: 862sqft (Min) – 2,218sqft (Max) 
 Bumiputera Discount : 10% 
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🧾 Lumi Gallery

This art renderings and photographs contained in this circular are artist's impression only. The Developer reserves the right to modify any part of parts of the building prior to completion as directed or approved by the architects and/or the relevant authorities. All plans, layout, information and specifications are subject to change and cannot form part of an offer or contract presentation.

#### FEATURES

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Hotel Istana Kuala Lumpur 73, Jalan Raja Chulan, 50200 Kuala Lumpur Tel: 0 3-2141 9988

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## HOTEL ISTANA, KUALA LUMPUR

BY NADHIRAH BADARDIN

otel Istana is prominent in the Malaysian hotel industry as being one of the most strategically located five-star hotels in the very heart of Kuala Lumpur's prestigious Golden Triangle. A veteran in the industry, Hotel Istana has been upholding its goals of making guests feel welcomed and to indulge. Conveniently situated at the corner of Jalan Raja Chulan and Jalan Sultan Ismail with shopping and

entertainment hubs such as Pavilion Kuala Lumpur and Starhill nearby, Hotel Istana still stands magnificent at 23-storeys tall.

Hotel Istana is a leading corporate address in this city – offering the concept of "stay-workrelax" for both leisure and business travellers on the move and in need of impeccable hospitality. Upon our visit to the establishment, we were pleasantly surprised by the aesthetics of the hotel. With 515 rooms designed to suit every individual's personal and corporate needs, as well as entertainment and a variety of excellent food and beverage outlets in the property, we could see why Hotel Istana is still a favourite choice among city dwellers and visitors alike after over 20 years of operating.

The guestroom furnishings are sophisticatedly decorated with elements of traditional interior décor concepts centred on warm tones and plush hand-woven carpets. The spacious rooms here at Hotel Istana are also known to be as among the largest within the city hotels.

All rooms are fitted luxuriously with king-sized or twin beds and opulent amenities. Club Rooms are housed on the 18th to 22nd floors with an excellent hospitality that includes a swift and easy express check-ins and check-outs as well as a butler service for those looking to be utterly spoilt during their stay. The Club Room guests will also be able to enjoy additional benefits such luxurious bath toiletries and a complimentary pressing of one suit of the day. They are also able to enjoy complimentary breakfast and pre dinner cocktails on the 20th floor.

Guests will be spoilt for choice with the variety of wine-and-dine outlets available in Hotel Istana. The Taman Sari Brasserie is a delightful all-day dining restaurant serving a wide spread of buffet breakfast and ala carte options in a breezy and stylish setting with natural light spilling into the dining hall. The long windows oversee a scenic view of the landscaped lawn and swimming pool. A live cooking demo is held at the Taman Sari Brasserie every Saturday by chefs of several restaurants in the establishment.

Urban is a uniquely contemporary restaurant that serves a fine dining fare all week as well as carvery and seafood buffets on certain days. During our visit on a Friday, we managed to dine on a seafood feast at Urban. With such a wide array of dishes from seafood on ice to Asian, Western and Mediterranean, we delightfully indulged and were satisfied with our dinner at Urban.

For those looking to spend a quiet afternoon or evening in a classic and luxurious setting, the spacious lobby lounge, Songket Lounge, is available for coffee, drinks and afternoon tea. Come nightfall, a live band will perform at the lounge for the entertainment of patrons.

Hotel Istana still holds the reputation of being one of Kuala Lumpur's finest city hotels even after operating for over two decades. Business and city leisure travellers planning to visit Kuala Lumpur will be pleasantly delighted with the service, room and facilities offered at Hotel Istana.

Lobby



### THE GENTLEMEN'S CLUB AT THE SMOKE HOUSE

istory would have it that gentlemen's clubs started in the late 19th century and were popularised by upper-middle class British men. A Gentlemen's Club was more than just a place for aristocrats and gentlemen of similar interests and social status to meet and drink. It was a place for private business conversations, an escape for poets and artists to get inspired and the only place for the occasional chatter and gossip.

Take a journey into the past and relive the exclusivity of a Gentlemen's Club at The Smoke House. Embodying the delicious decadence of the 1930's, The Smoke House at The Majestic Hotel Kuala Lumpur features facilities and services with a Gentlemen's Club concept in mind such as a pool table, a lounge and cocktail bar, a cigar room, a private dining room and even a card room for those who want to engage in a game of bridge or cribbage. The barman at The Smoke House serves up an impeccable selection of vintage cocktails and a connoisseur's collection of single malt whiskies. Smoking jackets are also provided upon request.

Guests can head downstairs to enjoy a private screening of black-and-white movies with comfortable reclining leather chairs. Should they wish for a traditional hot towel shave or a professional haircut, a Truefitt & Hill outlet is also available at The Smoke House. There is also a bespoke on-call tailor providing custom-made suits, shirts and even smoking jackets.

Membership of The Gentlemen's Club is priced at RM3,000++ per year and includes several benefits such as a complimentary stay at the Majestic Wing's Colonial Suite, dining vouchers at Contango, Truefitt & Hill Royal Barber services, 20% discount for liquor bottle and cigar purchases, usage of the gym and swimming pool as well as a personalised smoking jacket.







5 Jalan Sultan Hishamuddin, 50000 Kuala Lumpur, Malaysia Tel: 603 2785 8000

#### About The Majestic Hotel Kuala Lumpur

The Majestic Hotel Kuala Lumpur opened its doors in December 2012 and includes the meticulously restored iconic Hotel Majestic building. Built in 1932, the original hotel became one of the great landmarks of Kuala Lumpur in its time.

Located minutes away from KL Sentral, the hotel features 300 luxurious rooms and suites. The Majestic Wing houses the Suites with Butler Service, The Colonial Café, The Bar and The Tea Lounge while a new 15-storey Tower Wing houses the Deluxe Rooms and Suites, Contango Restaurant, 13 meeting rooms, a pillarless ballroom seating 1,200 people, a gymnasium and a swimming pool. Other facilities include The Majestic Spa and The Smoke House. The Majestic Hotel Kuala Lumpur is Kuala Lumpur's only member of The Leading Hotels of The World's family of iconic and legendary hotels. For more information and reservations, visit www.majestickl.com.



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## Human Appetite and Turtle Egg Consumption



he prevalence and tradition of turtle egg consumption amongst locals may contribute to the eventual extinction of our turtles unless urgent action is taken, according to a report by WWF-Malaysia.

The report commissioned by WWF-Malaysia and prepared by TRAFFIC Southeast Asia, titled "Marine Turtle Egg Consumption and Trade in Malaysia", shows that the market demand for turtle eggs exceeded the supply. It was estimated that a total of 422,000 eggs were traded in Terengganu alone in 2007, indicating a trade volume that is two times higher than the number of green turtle nestings in the state. It has been reported that turtle eggs from outside the state were being sold at markets in Kuala Terengganu.

The report aims to provide a better understanding of consumer profiles and to identify the source and trade routes of the eggs to further enhance WWF-Malaysia's efforts in marine turtle conservation.

The study team focused on consumer surveys in Terengganu where turtle egg consumption is widespread and eggs are openly sold in the markets, to obtain a more in-depth understanding of turtle egg consumption patterns as well as the profile and perceptions of turtle egg consumers.

"One of the contributing factors to the leatherback turtles' disappearance from our shores is egg consumption. We wouldn't want the same thing to happen to our green and hawksbill turtles," said WWF-Malaysia executive director/CEO Datuk Dr Dionysius Sharma.

Out of the 396 households surveyed, 245 (about 61%) are of Malay ethnicity and had consumed turtle eggs before. According to the results of the survey, people who eat turtle eggs come from all walks of life - irrespective of gender, age groups, professions, educational levels and income levels.

The majority of the survey respondents consumed turtle eggs once or twice annually and bought between one to five eggs each time. The consumption of turtle eggs is a family affair with each family member eating one to two eggs at a time. Turtle eggs are sourced from local markets with 91% obtained from Pasar Payang in Kuala Terengganu. hoto ©WWF-Malaysia / Eric Madeja





A newly hatched Hawksbill hatchling surveying its new domain, in an uncertain world.



Education, awareness and stronger legal guidelines are the keys to minimizing the illegal consumption of turtle eggs in Malaysia. Most consumers eat turtle eggs as a 'delicacy' and for pleasure and less so as a source of protein or for traditional and medicinal reasons, as well as an aphrodisiac, contrary to popular belief.

The survey respondents, though aware that turtle populations were declining, believed that consumption would not cause population decline as turtle eggs were still abundant. Nonetheless, a majority of them would stop consuming if they knew that egg consumption would adversely affect the turtle population

In 2008, the Department of Fisheries launched "The National Plan of Action for Conservation and Management of Sea Turtles in Malaysia" to strengthen sea turtle conservation and management in Malaysia.

"All the time and effort spent on doing research and putting together an action plan that is supposed to show results by 2012 will be of little value if action is not taken soon – Malaysia's sea turtles need our help right now," said Noorainie Awang Anak, TRAFFIC Southeast Asia's senior programme officer.

It is hoped that the results from this study will contribute towards the key priorities of the action plan which include a national ban on consumption and commercial sale of turtle eggs and other products, as well as enhancing public awareness and facilitating participation of local communities in conservation programmes. However, a national ban on consumption and trade can only be put into effect if there are federal laws allowing such action. This is the reason why WWF-Malaysia is advocating for an amendment to the Federal Constitution that would give the federal government jurisdiction over turtles and thereby be allowed to impose such action.

"A change in attitude and behaviour is needed to turn the tide if we want to ensure the survival of turtles," said Sharma.

Please visit http://www.wwf.org.my/how_you_can_help/ to find out further how you can play a part in ensuring the future of our precious marine turtles.

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PREVER BEAUTY

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- 98

Kathlyn Ursula D'Souza compiles



### Your Christmas and New Year BEAUTY CHECKLIST

Alas, we have come to the apex of our amazing year. Time to say goodbye to 2015 and hello to 2016. There are two important days this year – Christmas and New Year's Eve or the first day of the New Year. Whatever it is you prefer, you would want to look your best during both and go out with a bang and start fresh. Here's our checklist on how to amp up the busiest time of the year:

#### **<u>'TIS THE SEASON TO BE PRETTY</u>**

#### A HOLLY-RED LIP GLOSS

Not only it is the best time of the year to shamelessly paint your lips this bright, but wearing a slick, rocking red gloss instantly satisfies your inner diva's colour craving - and gets your long time dare to wear red lips out of the way. Leave the rest of your face neutral with just mascara, and a sweep of blush, and all party eyes will be on you.

#### **PUCKER UP**

Lush, tasty lips - the gift that keeps on giving. Prep your kisser for that special season smooch by taking your lip regimen up a notch. Scrub your lips down with a soothing, moisturising minty lip scrub. Large and tiny granules slough off the year's worries, while essential oils leave your lips, smooth, fragrant and delicious.

#### EYE SEE

Hit two birds with one stope when you get your tube of eye cream: a) You finally get around to answering the call of twenty something hood and get a head start of those fine lines, sun damage and puffiness. b) You'll have post-party eye relief when you get home that'll preserve your peepers for the next day's festivities. Chill your cream in the fridge for a refreshing treat.

#### BRIGHT, RED NAILS

When your nails resemble cherry candies, they provide the finishing touch of succulent party look and even do the flirting for you. Keep them short and semi-squared so you can take them from day to night.

#### AN IRRESISTIBLY IRIDESCENT ALL-OVER HIGHLIGHTER

Just dust it on your cheekbones, shoulders, cleavage and legs and you'll be positively radiant when you do the party rounds. Bonus: you'll glow in party pictures and Christmas is all about that inner shine.

#### A SHEER, SHIMMERY EYE SHADOW

It's the best season to up the makeup wattage but a super sparkly shadow with barely there color makes you stand out from a sea of heavy holiday makeup, and makes a great highlighter addition to your eye shadow patent Sweep it onto lids and under lower lashes, and then apply three coats of black mascara onto curled lashes.

#### AN INTENSIVE SKIN-CLARIFYING BOOSTER

Great skin is probably the ultimate gift anyone can receive, but the great news is you can give it to yourself without having to bust your bank account for pricey designer store potions.

Pick up a skin cream you can apply onto your face at night, since your skin repairs itself while you sleep and can use the extra help. The key ingredient is an effective exfoliant like salicylic acid, which helps speed up the surfacing of fresh, new skin while gently removing dead skin cells and relieving clogged



Is the perfect ending to a long year and come on, you deserve it! Try a fullbody massage, twice. The receptionist may laugh at you but technically, she can't deny you a double stress-busting whammy. Book your massages on a day when you can turn your phone off and forget everyone but yourself.

### NEW YEAR, NEW YOU

#### PART WAYS

Something as simple as changing your part can change your whole look (and feel), says Remington celebrity stylist Richard Marin. Switch sides or try it straight down the middle.

#### MAKE YOUR POUT POP

Ditch the gloss or light pink lips and try a bold new color. We suggest bright pink, oxblood, or deep purple – or anything wild, really. It's the new year!

#### MAKE THE CUT

Whether bangs, a bob, or a pixie, a new year always calls for a 'do-and we say, the shorter, the better!

#### GET RID OF DEAD SKIN

Exfoliate once a week using mild soap and a washcloth or loofah

#### GO BOLD

Thick eyebrows are a trend that's here to stay-we say, it's time to get on board. Ditch the waxing appointment.

#### TRY A "BEAUTY DARE" ONCE A MONTH

It's liberating and can help you revive your look, surprise your man, and unleash your inner beauty diva. Once every few weeks, be bold with some red lips or an elaborate hair piece or nail decals oryou get the point.

#### UPGRADE YOUR REGIMEN

Maybe you've been using the same moisturizer since you were 17. That's cute and all, but now that you're 27, you probably need a new formula. Not to mention some eye cream. Set aside some time to figure out what you should be doing at your age, and then put your plan into motion.

#### RELEASE YOUR TRESSES FROM DISTRESS

We'd never tell you to part with your beloved hair straightener or stop the highlights, but you have got to pay penance for the damage you do to your tresses. Get regular trims, do weekly deep-conditioning treatments, and give your hair a break from the blow dryer whenever possible.

#### **GO GREEN**

Trying to be eco-friendly with every product you use can be overwhelming. So just make it a point to switch one thing in early 2012. Then, whenever it's time to make a new purchase, browse the eco-friendly beauty loot instead of automatically buying your regular products.

#### **STOP SOMETHING**

We all have our vices. But that doesn't make them okay, especially if you want to look your best. Smoking leads to wrinkles, heavy drinking can dehydrate your skin ... don't make us lecture you!

#### **GET YOUR BEAUTY SLEEP**



Yes, the entire year was so smashing that you hardly had time to sleep. Not only will a sufficient amount of sleep boost your health and appearance, it's time to catch up on the lack of sleep. It rejuvenates you. We know they say rest is for the wicked, but it's time to be good now!

### HOT SPRINGS IN MALAYSIA

### Dip in and rejuvenate

#### BY NADHIRAH BADARDIN

Malaysia is quite known for its bounty of hot springs scattered across the country. These mineral-rich baths offer a myriad of natural health benefits you may not know about. The healing powers of hot springs have been used for thousands of years and are widely accepted in Europe and Japan as natural treatment options for various common ailments. The therapeutic use of hot springs could be just what the doctor ordered when it comes to relieving pain, stress, skin woes and more. Curious? Here is our list of hot springs to visit in Malaysia:

#### The Banjaran Hot Springs Retreat

Located in Perak, The Banjaran Hotsprings Retreat is a 15-minute drive from Ipoh City and a two-hour drive from Kuala Lumpur. Abandon all stresses of life and give in to absolute serenity and harmony at this gorgeous resort, nestled in a valley that is cradled by towering Paleozoic limestone hills, rejuvenating hot springs, natural caves and cascading waterfall. Not only will you be able to soak yourself silly with the earth bound nutrients, you will get to relax in absolute luxury too.

The Banjaran Hot Springs Retreat, 1 Persiaran Lagun Sunway 3, 31150 Ipoh, Perak, Malaysia.

Air Hangat Village

In Langkawi, Air Hangat Village is known as one of the world's only four saline hot springs and its main attraction is its three-tiered man-made hot spring fountain. The hot spring at Air Hangat Village holds an interesting myth on the legend of two giants. The story says that two giants engaged in a heavy fight during the wedding of a giant's son and another giant's daughter. The father of the bride noticed that the groom was eyeing another woman at the reception. It is said that a jug full of boiling hot water fell into a pond during the brawl. As a result, a natural hot spring was formed here. Of course, folklore aside, feel free to reap the natural benefits with a dip.

Air Hangat Village, 16, Jalan Air Hangat, 07000 Langkawi, Kedah, Malaysia.



### Poring Hot Springs

Destress and soak away your worries in the Poring Hot Springs' hot sulphuric minerals, deemed to have healing properties and very popular among the locals. Poring Hot Springs & Nature Reserve is located at the foothill of Mount Kinabalu, near Ranau. One can also take in the botanical attractions such as orchids, rare butterflies and the infamous Rafflesia flower while enjoying the springs.

Poring Hot Spring & Nature Reserve, Lohanbongkut, Poring Hot Spring Village, A4 Road, Ranau, Kinabalu National Park, 89308 Malaysia

### Dedas Hot Spring

The little town of Pedas in Negeri Sembilan has long been famous for its hot spring. For more than 60 years, people have been going there to enjoy the hot spring; which contains minerals and is believed to have healing and therapeutic properties. Now, there is also the Wet World Pedas Hot Springs Waterpark for the whole family to enjoy. Among the attractions at the Wet World Pedas Hot Spring Waterpark are the two open-air common pools filled with hot water from the spring.

Pedas Hot Spring, No. 603, Air Panas Pedas Rst, Jalan Tmpn Mukm Pds, Pedas, Malaysia



### Jambun Hot Springs

Immerse yourself in deep relaxation at Tambun Hot Springs in the Lost World of Tambun. Located in Ipoh, not only is this the first and only water theme park with natural hot springs, it also features seven pools for you to choose from — each for its own rejuvenation purposes.

Lost World of Tambun, No.1 , Persiaran Lagun Sunway 1,, Sunway City Ipoh,, 31150 Ipoh, Perak, Malaysia

Spreading the Holiday Cheer!

With Christmas around the corner, it's about time to get the holiday shopping over and done with. But we know that shopping for the women of our lives isn't exactly the easiest task. This Christmas, enthrall the girls (and yourself) with these awesome holiday gift sets – all exclusively from Sephora.



BY NADHIRAH BADARDIN

#### LIGHT OF THE PARTY COLLECTOR'S MAKEUP CASE BY TARTE

RM 199

Delight and dazzle with this gorgeous sequinned collector's case from Tarte. Harness the power of the Amazon with this elegantly curated set of 30 exclusive shadows, with a mix of liner, lid, crease and highlight shades to play up that glamorous holidaze stare.

#### LE PETIT TRESOR BY TOO FACED Price available upon inquiry

Get ready to pucker up under the mistletoe and drench your lips in three limited edition shimmer versions of the bestselling La Crème Color Drenched Lip Creams by

Too Faced. Indulge your pout with the luscious, moisturising white lotus flower and power peptide formula with pigmentrich colour in a swipe. The bonus? A pretty mobile glitter bag – just the right size to slip into anyone's Christmas clutch.



#### SOFIA FIVE-PIECE PETITES LE MARC COLLECTION BY MARC JACOBS

Price available upon inquiry

This ultimately luxurious collection features a five muse-inspired shades of velvety le marc lip crème – the ultra hydrating meranti and cocoa butterinfused formula that delivers a luxurious

punch of pigment with a 10-hour wear. At the heart of the collection is So Sofia, the shade created for filmmaker and actress, Sofia Coppola. Other shades of Blow, Dashing, Infamous and Boy Gorgeous round up the limited set that comes in a chic mini clutch.



#### SENDING MY LOVE GIFT SET BY STILA Price available upon inquiry

This infinitely gift-able set is inspired by the romance of a vintage love letter sealed with a kiss. Uniquely presented to resemble an old-fashioned note card box, this gift set is filled with an irresistible collection that includes an eye shadow palette, a face palette, a deluxe Lip Glaze and a full sized, bestselling liner. This gift will allow you to share the message of love this holiday season – one palette for you, one for your girlfriend or the entire gift set just for her to bring on the holiday cheer.

## **LIFESTYLE**



Tel: +603 2093 2668, +603 2094 2668 Fax: +603 2093 6688 www.kl-lifestyle.com.my





KLAS ART AUCTION MALAYSIAN MODERN & CONTEMPORARY ART







#### the Curve

Mutiara Damansara, PJ Tel: 03-7710 6868 Situated in PJ's golden triangle, this open-air mall boasts 700,000 sq ft of space spreading over 3 floors and accommodating 270 specialty shops. It is connected to Ikea, Ikano Power Centre and Tesco. • 10am-10pm daily.

#### **Bangsar Village**

Jalan Ara, Bangsar 🔹 角 Bangsar Tel: 03-2282 1808

Located in happening Bangsar, this neighbourhood mall is vastly popular due to its individual specialist shops offering fashion wear, toys, jewellery, hardware, beauty salons and F&B. Anchor tenants include The Village Grocer. The newer and bigger Bangsar Village II that's connected to this mall offers more local and international brands.

Alamanda Putrajaya Jalan Alamanda, Precinct 1, Putrajaya Tel: 03-8888 8882

Accessibility: ERL Putrajaya & Nadi Putra (bus service) Located at the heart of Putrajaya, Álamanda offers a new resort-style shopping to suit the needs of all - with Parkson & Carrefour as anchor tenants, FOS, Somerset Bay, MPH and Toycity tagged with ARL Bowl.

#### CapSquare

Jalan Munshi Abdullah 🕫 M Tuanku 👮 Dang Wangi Tel: 03-26912036

Strategically located in the heart of KL's midtown area, CapSauare is an eclectic mix of signature offices, Manhattaninspired residences, a shopping centre and a vibrant 300-metre retail boulevard. It also houses intimate eateries, chill-out spots and a TGV cinema. • D6

#### Bata

 Sunway Pyramid
 LG14 Subang Parade • One Utama PHS 2 • KLCC • Mid Valley Megamall • Alamanda Putrajaya • Pavilion KL • Jusco Bukit Tinggi

#### fahrenheit88

179, Jalan Bukit Bintang 🔹 🖶 B Bintang Tel: 03-2148 5488

A hot spot for Fashion, Food, Gadgets and Entertainment with 200 retails stores over 7 levels of shopping space. Shop at South East Asia's largest Uniqlo store, the latest Shoes, Bags, Accessories on First Floor, or buy gifts and souvenirs. Discover new concept cafes and restaurant or entertain at CEO Karaoke Box and Club Vellin. • 10am-10pm daily

#### 1 Utama

1 Lebuh Bandar Utama, Bandar Utama, PJ Tel: 03-7710 8118 A new generation shopping centre which satisfies all shopping needs under one roof. The old wing has Jusco as the main anchor tenant while the new extension houses many designer brands and has U Parkson, MPH & Jusco asanchor tenants • 10am - 10pm daily.

#### Berjaya Times Square Tel: 03-21173111

1 Jalan Imbi • 🗑 Imbi

The biggest in Southeast Asia, this mall which measures 7.5 million sq ft, is an integrated shopping-cum-entertainment centre with a hotel, the region's biggest indoor theme park and bowling centre. 10am - 10pm daily. • F8

KLIA Shopping KL International Airport, Sepang San KLIA Ekspres-KLIA Tel: 03-8777 8888 One of airports with value-for-money shopping, it offers an excellent selection of goods like souvenirs, tobacco, liquors, perfume, chocolates and designer brands.

#### **Publika Shopping Gallery**

Tel : 03-62079426 No 1, Jalan Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur Tel: 03-621107877 www.publika.com.my www.facebook.com/ publikashoppinggallery

#### Suria KLCC

Petronas Twin Towers • 🗯 KLCC Tel: 03-2382 2828 Located at the base of the Petronas Twin Towers, Suria KLCC is the premier shopping centre in KL. It offers unique shopping, dining & entertainment experience. It houses exclusive designer brands and provides an abundant choices of goods and services for everyone. • 10am - 10pm daily. • D8

#### Sunway Pyramid

Bandar Sunway

Tel: 03-74943100 Impressive giant sphinx statue greets you at the entrance of this Egyptian-themed shopping centre situated next to Sunway Hotel and the Sunway Lagoon theme park,. The mall has a variety of shops and restaurants, an indoor ice-skating rink and a cineplex. • 10am-10pm daily.

#### **Pavilion KL**

168, Jalan Bukit Bintang • 🗟 B Bintang Tel: 03-2118 8833

The shopping centre blends the best of the international retail world with 450 stores - ranging from fashion to home deco and leisure to culinary delights - over its 7 levels and 6 themed precincts. 20% of its tenants represent debut brands in Malaysia. Anchor departmental stores are Parkson Pavilion and Tangs. • 10am to 10pm daily

#### **Bangsar Shopping Centre**

Jalan Maarof, Bangsar Tel: 03-2094 7700 Located in the affluent Bangsar suburb, this mall buzzes with a trendy crowd and houses an array of individual specialist shops for every need. Jasons Food Hall is a favourite with shoppers, as it offers an extensive range of fresh and international food brands.

#### Maju Junction Mall

10am - 10pm daily.

1001 Jalan Sultan Ismail • 🖶 M Tuanku 💹 S Ismail Tel: 03-27728500 Located at the junction of Jalan Tuanku

Abdul Rahman and Jalan Sultan Ismail, the five-storey mall has 101 outlets with Giant, Wh by British India, FOS, Nichii Fashion City being the anchor tenants. The mall provides concierge service and has an indoor archery centre, Big-Shot Archery. • 10am - 10pm daily.

#### Bukit Bintang Plaza

111 Jalan Bukit Bintang • 🖶 B Bintang Tel: 03-2148 7411 Extending into Sungei Wang Plaza, BB Plaza offers an interesting variety of stores selling jewellery, fashion wear, books, AV equipment, etc. Metrojaya department store is the anchor tenant. • 10am - 10pm daily. • F8

#### Pertama Complex

Jalan Tuanku Abdul Rahman 🗑 M Tuanku • 📓 Bandaraya • 🖛 Bank Negara Tel: 03-2692 7457 One of the earliest shopping complexes in KL, this mall consists of many small shops selling an astonishing variety of goods and

services appealing to the masses, including sports goods, leatherware, clothes, shoes and stationery. • 9am -9pm daily. • D5

#### Sogo KL

Jalan Tuanku Abdul Rahman • 🗑 M Tuanku • 🗟 Bandaraya • 🛲 Bank Negara

Tel:03-2698 2111 This 10-storey shopping mall is well patronised for its quality goods (local and international) ranging from apparel, home furnishing to daily need items. It also has an international restaurant floor on the 6th floor • 11am-9pm daily • D5

#### Starhill Gallery

181 Jln Bkt Bintang 🛛 🗑 B Bintang Tel : 03-2782 3855 Connected to JW Marriott Hotel and Ritz Carlton Hotel, Starhill houses the largest retail watch floor and a host of top fashion designer boutiques. An exclusive mall with excellent eateries and high-end shops. •10am -1 0pm daily • E9

#### Sungei Wang Plaza

Jalan Sultan Ismail 🔹 🗟 Bintang Tel: 03-2148 6109 Sungei Wang remains one of the busiest shopping centres for the last 2 decades. Linked directly to the Monorail, it has over 500 retail outlets and eateries. A great place to hunt for electrical and electronic products, mobile phones, fashionable street wear, shoes & accessories. The hip T-Hop zone at the 6th floor caters to trendy teenaaers • 10am - 10pm daily • F8

#### **Subang Parade**

Subang Jaya • 🖛 Subang Tel : 03-5032 9778 This suburban mall offers an interesting mix of stores with goods ranging from apparels to antiques, and music to jewellery. Ancho tenants include Toy 'R' Us and Parkson. Carrefour hypermarket is located next door. 10am - 10pm daily.

#### Great Eastern Mall

303 Jalan Ampang Tel : 03-4259 8090 Located along busy Jalan Ampang, this 6-storey mall has a host of shops including a pet shop, Aussino, British India and eateries like Starbucks and Alexis. It has Cold Storage as its anchor

supermarket. • 11am - 9pm daily.



### Hartamas Shopping Centre Plaza Damas, 60 Jalan Sri Hartamas 1

Tel: 03-6201 6553/ 8353. Integrated with Plaza Damas & situated among retail shops, offices, serviced apartments and alfresco boulevards. Features Citi Super, SenQ and many other speciality retailers.

#### IPC Shopping Centre (Formerly Ikano) 2, Jalan PJU 7/2, Damansara Mútiara, PJ

Tel: 03-77207333 Located near 1 Utama and linked to

IKEA, this centre only has XXL size stores. The 11 anchor tenants includes Harvey

#### Lot 10

50 Jalan Sultan Ismail 🛛 🖶 B Bintang Tel: 03-2143 6092 Linked to the Bukit Bintang Monorail station and Sungei Wang Plaza by an overhead bridge, Lot 10 offers an upmarket and wide selection of fashion wear. It has isetan as anchor tenant 10am - 9.30pm daily • F8

#### Low Yat Plaza

Off Jalan Bukit Bintang 🛛 🕫 B Bintang Tel: 03-2148 3651

Located next to the Federal Hotel, it has 250 tenants offering goods as varied as cameras, mobile phones, apparel, fashion accessories and antiques. This largest IT centre provides for all your computing needs. BB Park, located across the plaza and consisting of trendy restaurants and alfresco cafes, sees a hive of activities at night. • 10am - 10pm daily • F8

#### **MINES Shopping Fair**

Seri Kembangan • 🐨 Serdang Tel: 03-8949 6333 Cruise into the heart of a busy shopping mall with a vibrant mix of more than 300 retailers, fashion boutiques, F&B outlets, canal quay alfresco dining, IT & mobile gadgets and also leisure and entertainment facilities like a cinema,

bowling alley and snooker centre.

#### 10am - 10pm daily. **Mid Valley Megamall**

Lingkaran Syed Putra • GRTM Mid Valley Tel: 03-2938 3333 The shops go on and on in this mall strategically located between KL and PJ. It has Metrojaya, Jusco, Carrefour, Golden Screen Cinemas and MPH as anchor tenants, over 300 specialty stores and 70 F&B outlets under one roof. Adjacent to the mall are Cititel Mid Valley Hotel and Boulevard Hotel • 10am - 10pm daily.

The Gardens Galleria Mid Valley City • करणा Mid Valley Tel : 03-2297 0288 This five-star component of Mid Valley comprises a contemporary four-storey shopping gallery with specifically designed floors for straightforward shopping experience. Check out the Roof Garden, touted to be an exciting fine dining destination in KL. Anchor tenants include Isetan of Japan, Robinson and Golden Screen Cinemas • 10am - 10pm daily

### Sunway Putra Mall (Formerly The Mall)

100 Jalan Putra, KL • 💆 PWTC Tel: 03-4042 7122 Located across the Seri Pacific Hotel and Putra World Trade Centre, the Mall has anchor tenant Parkson Grand together with a host of retailers, offering a full range of products, services, food & amusement to shoppers • 10am -10pm daily • B5

### DINE



Manmaru Robatayaki & Bar G-26, Atria Shopping Gallery, Damansara Jaya, Petaling Jaya, Selangor

#### Chinese

#### **Celestial Court**

03-2717 9988 # M Tuanku • Sheraton Imperial Hotel • Halal • Casual Dining • C6 Chynna

03-2264 2264 € KL Sentral • Hilton KL Halal 
 Casual Dining 
 H3

**Dynasty** 03-2162 2233 **■** B Nanas • East Wing, Renaissance Hotel Non-Halal 
 Casual Dining 
 D7

Dynasty Dragon 03-2145 1628 🗑 B Bintang • Time Square Non-Halal 
 Casual Dining 
 F8

#### Hakka

03-21431907 🖶 Raja Chulan 6 Jalan Kia Peng • Non-Halal • Casual Dining • E9

#### Imbi Palace

03-2145 4822 🖷 Imbi • Jalan Barat, off Jalan Imbi• Non-Halal • Casual Dining • F8

#### Kim Ma

03-8946 4888 • Palace of the Golden Horses • The Mines Resort City • Halal • Fine Dining • Cantonese cuisine

#### Lai Po Heen

03-2179 8885 👷 KLCC • Mandarin Oriental Hotel • Halal • Casual Dining • Cantonese • D8

#### Lee Wong Kee

🛽 Bandaraya • 239 Jin Tuanku Abdul Rahman • Non-Halal • Casual Dining • Cantonese • D5 • 03-2692 2685

#### Li Yen

03-2782 9033 # B Bintang • The Ritz Carlton Hotel • Non-Halal • Casual Dining • F9

#### **Maju Palace**

03-2691 8822 # M Tuanku S Ismail • Level 5, Maju Junction Mall • Halal • Casual Dining • C5

#### Xing Zhu

03-8312 7223 • Cyberlodge Resort, Cyberjaya. • Halal



Tedboy Bakery 10, Jalan Telawi 4, Bangsar Baru, Kuala Lumpur

#### **Mandarin Palace**

03-2148 9166 B Bintang • 2/F, Federal Hotel • Non-Halal • Casual Dining • F8

#### Marco Polo

03-2141 2233 # Raja Chulan • 1/F, Wisma Lim Foo Yong, Jalan Raja Chulan • Non-Halal • Casual Dining • E8

#### Meisan

03-2693 9233 Bandaraya • Quality Hotel City Centre • Jalan Raja Laut Halal 
 Casual Dining 
 Szechuan cuisine

#### **Ming Palace**

03-2161 8888 👷 Ampang Park • Corus Hotel, Jin Ampang • Casual Dining

#### Ming Room

03-2284 8822 单 Bangsar• Bangsar Shopping Centre • Non-Halal • Casual Dining

#### Museum 03-4042 9888 [₱] PWTC • The Legend Hotel • Halal • Private Dining

**Oriental Noble House** 03-2145 8822 # Imbi• 19 Jalan Delima, Off Jalan Imbi • Non-Halal • Casual Dining • F10

03-2144 9911 B Bintang • 84-88 Jalan Imbi • Non-Halal • Casual Dinina • F8

Purple Cane 03-2272 3090 # Maharajalela • Selangor Chinese Assembly Hall, 1 Jln Maharajalela • Halal • Casual Dining • G6

#### **Xin Cuisine**

03-2144 2200 🖶 B Nanas • Concorde Hotel . Non-Halal . Private Dining • D7

#### French

Café Café 03-2141 8141# Maharajalela • 175 Jalan Maharajalela • Halal • Fine Dining • Fr & Italian • H7

#### Fusion

#### Cilantro

03-2179 8000 • MiCasa All Suite Hotel, 368B Jalan Tun Razak • Pork-Free • Halal Fine Dining • D10

#### **Etoile Bistro**

03-2161 7777 🖷 R Chulan • Hotel Equatorial • Halal • Casual Dining • E8

#### Franaipani

03-2144 3001 🖶 B Bintang • 25, Changkat Bkt Bintang • Halal • Fine Dining

#### Isthmus

03-2282 8112 • Mid Valley • G/F, Northpoint, Mid Valley City • Thai & Nyonya • Pork-Free • Casual Dining • F8

#### Rahsia

03-2144 0059 • 13 Jalan Damai, off Jalan Tun Razak • Halal • Casual Dining Nyonya, Indonesian, European • C10

Senses

03-2264 2264 🦛 👷 €KL Sentral • Hilton KL

Shook! 03-2719 8535 🖶 B Bintang • Lower G/F, Starhill Gallery • Halal • Fine Dining • E9

#### Indian

**Estana Curry House** 03-2141 1958 © Raja Chulan • 23D, Jln Sultan Ismail • Halal • Casual Dining • C6 Kallianees

👮 KLCC • 16 Lorong Yap Kwan Seng • Kerala cuisine • Halal • Casual Dining • C9 03-2161 0616

Khaana Peena 03-6201 3355 • E-01-04. Plaza Mont Kiara North Indian • Halal • Casual Dining

#### Passage Thru' India 03-2145 0366 • 4, Jln Delima,kl Halal • Casual Dining • E10

Spice Garden Imperial 03-2142 2220 🖶 B. Bintang • 205 Jin Bkt Bintang.

That Indian Thing Medan Tuanku • 52 Jalan Doraisamy • Halal • Casual Dining • D6

#### Indonesia

**House of Sundanese** Sari Ratu 03-2141 1811 • B Bintang 42-2 Jalan Sultan Ismail • Halal • E8

#### International

Essence 03-2717 9900 # M Tuanku • Sheraton Imperial • Halal • Casual Dining • C6

#### The Resort Cafe 03 - 7495 1888 . Lobby Level. Sunway Resort Hotel & Spa *Pork-Free Restaurant

Eight Gourmets Gala (EGG) 017 948 8684 . Suite G-01, Ground Floor, Pinnacle Annexe, Persiaran Lagoon, Bandar Sunway, 47500, Selandor

#### **HOTELS** & RESORTS

Maya Brasserie 03-2711 8866 B Nanas KLCC • Hotel Maya KL • Halal • Casual Dining • Nyonya & International • D8

#### **Melting Pot**

03-2144 2200 
B NanasConcorde Hotel, 2 Jin Sultan Ismail • Halal • 24hour • Casual Dining • D7

**Still Water Restaurant** 03-27118866 ₪ B Nanas 👷 KLCC • Hotel Maya KL • Halal • Casual Dining • Japanese & Western • D8

The Vogue 03-2162 2233 # B Nanas • Renaissance Hotel • Halal • Casual Dining

#### **PNB Darby Cafe**

03-7490 3333 🕏 Ampang Park • G/F, PNB Darby Park, Executive Suites, 10 Jalan Binjai • Halal • Casual Dining •D9

#### **HOTEL & RESORT** ****

#### Ascott KL

03-2142 6868 9, Jalan Pinang • 🖶 R Chulan • From RM380-RM790

#### Berjaya Times Square Hotel & ventionCentre Cor

03-2117 8000 • 1 Jalan Imbi • i Imbi • Big Apple Restaurant (Fusion) Broadway Lounge, The Cafe, The Bar, • From RM245-RM700 • F8 • www.timesquarekl. com

#### Seri Pacific Hotel Kuala Lumpur

03-4042 5555 • Jalan Putra 🖪 PWTC Zende (Int'l), Kokufu (Jap), lounge to Chereza From RM198++ to RM3,000 • B5 www.seripacifichotel.com

#### Grand Hyatt Kuala Lumpur

03-2182 1234 • Jalan Pinang © KLCC • JP Teres (Malaysian), THIRTY8 (International), Poolside From RM550 - RM5610 www.kualalumpur.grand.hyatt.com

#### The Westin KL

03-2731 8333 199 • Jalan Bukit Bintang B Bintang • Prego [Ita], Living Room (Int'I), Qba (Bar & Grill), Treats (gournet bakery), Eest (Pan Asian) • From RM480-RM7,000 • E9 • www.westin.com

#### **Grand Millennium KL**

03-2117 4888 • 160, Jalan Bukit Bintang • Bukit Bintang • Zing (Chi), The Mill (Int'l)
 From RM300-RM5,600 • www.millenniumhotel.com

#### Hilton KL

03-2264 2264 • 3, Jin Stesen • Sentral, KL Sentral • 🖶 🗟 🕼 KTM KL Sentral • Chynna(Chi), Senses (Fusion), Noodle Room, Sudu, Zeta Bar, Vintage Bank • From RM385-RM605 • G3 www1.hilton.com

#### Hilton PJ

03-7955 9122 • 2 Jalan Barat, PJ • 🔶 Asia Jaya • Toh Yuen (Chi), Paya Serai Coffee House, Genji (Jap), Caffè Cino, Uncle Chilli's • From RM220–RM1685

#### Holiday Inn Kuala Lumpur Glenm

03-7802 5200 • 1 Jalan Usahawan U1/8, Shah Alam •Fu-Rin (Jap), Kites (Int'I), The Mix Restaurant & Bar • From RM290 • www.holidavinn.com/alenmarie

#### Italian

Cellini's

03-2715 1000 B Bintang • Dorsett Regency Hotel • 172 Jalan Imbi • Halal • Casual Dining • F9

#### il Tempio

03-4256 9300 • Tamarind Springs Restaurant • Halal • Fine Dining

#### La Risata

03-4252 6269 • 26, Persiaran Ampang Halal 
 Casual Dinina

#### Prego

03-2773 8338 B Bintang • The Westin Hotel • Halal • Fine Dining • E9

#### Villa Danieli

03-2717 9922 # M Tuanku • Sheraton Imperial Hotel • Halal • Italian • Fine Dining • C6

#### Japanese

KL Tower

daily • E7

03-2020 5446 / 2020 5444

Bukit Nanas • Jalan Punchak, off Jalan

which takes 58 seconds to reach. Catch

from the tower roof. • Opens 9am 10pm

P Ramlee. • The KL Tower stands at 421

metres. The tower houses a revolving

restaurant and an observation deck

the sunset or experience sky jumping

Benkay 03-2782 6118 👮 Ampang Park • Hotel Nikko • Halal • Casual Dining • C9

#### Gen

03-4042 9888 🛛 PWTC • Sunway Putra Hotel • Halal • Casual Dining • B5

#### Genki Sushi

03-2166 6220 👷 KLCC • 428 Level 4, Suria KLCC • Halal • Casual Dining

#### Iketeru

03-2264 2264 🖶 Stesen Sentral KL Hilton Kuala Lumpur, 3 Jln Stesen Sentral

#### Kampachi 03-2148 9608 🗑 Raja • Pavilion KL

#### Kokufu

03-4049 4412 PWTC • Pan Pacific Kuala Lumpur • Halal • Fine Dining

#### Komura 03-2161 8888 👷 Ampang Park Corus Hotel Casual Dining C9

Ozeki Tokyo Cuizine 03-2166 4263 🕫 B Nanas • Menara TA One

• Halal • Fine Dining • D8



#### **National Monument**

Jalan Tugu, off Jalan Parlimen • Designed by American artist, Felix Weldon and cast in Italy, the immense bronze structure was built to commemorate the servicemen who lost their lives during the struggle against the communist insurgency in the 1950's. The 7 soldiers symbolise unity, strength, leadership, sacrifice, courage, suffering and vigilance • E3



#### National Museum

03-2694 4590 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students



#### Istana Negara, Jalan Duta

Located along Jalan Duta, it is the official residence of Malaysia's king since Nov 11, 2011. Influenced by both Islamic and traditional Malay architecture, this unique structure is the latest addition to the country's architectural wonders.



#### Little India

Masjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass, jewellery, sarees, Indian handicrafts to perfumes & spices. • E5

#### Sagano

03-2162 2233 # B Nanas • Renaissance Hotel • Halal • Casual Dining

Korean Da On 03-2141 2100 # B Bintang • Pavilion KL • Halal • Fine Dining • Korean • E8

**Ko Hiang** 03-4251 0492 • 314 Jalan Ampang Non-Halal 
 Casual Dining

Koong Jung 03-2166 7181 🕏 Ampang Park • PNB Darby Park • Halal • D9

#### Koryo Won

03-2143 2189 🖶 Bukit Bintang • Starhill Gallery • Halal • Casual Dining • E8

#### Thai Rama V Fine Thai Cuisine

03-2143 2428 / 03-2143 2663 5, Jalan U-Thant, 55000 Kuala Lumpur • Halal • Fine Dining







Jamek Mosque Jalan Tun Perak • Situated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates many features of Moghul architecture a • Opens 8am-1:30pm & 2:30pm-6pm.

#### **Sheraton Imperial KL**

03-2717 9900 • Jin Sultan Ismail • # M Tuanku • Essence (Int'I), Villa Danieli (Ita), Celestial Court (Chi) • From RM300-RM5,825 • D6

#### Hotel Istana

03-2141 9988 • 73, Jalan Raja Chulan • 🕫 R Chulan • Peach Garden (Chi), Urban Bistro (Aus), Taman Sari (Int'I) • From RM299-RM5000 • E8 • www.hotelistana. com.mv

#### Hotel Maya KL

03-2711 8866 • Jalan Ampang • ⊕ Bukit Nanas ≘ KLCC • Still Waters, Maya Brasserie, Ramah Tamah • From RM325-RM1,800 • D8 www.hotelmaya.com.my

InterContinental KL

03-2161 1111 • 165, Jalan Ampang • 🔶 Ampang Park • Serena Brasserie, Tao (chi), Tatsu (Jap), Bentley's Pub Lobby Lounge & The Deli • From RM330-RM12,500 • C9

#### www.intercontinental.com

JW Marriott Hotel KL

03-2715 9000 • 183 Jalan Bukit Bintana • # B Bintang • 3rd Floor (Int'l), Marriott Café, Shanghai (Chi), JW Marriott Gourmet (Int'I), Havana Club • From RM400- RM8,000 • E9 www.marriott.com

#### Le Meridien KL

03-2263 7888 • 2, Jin Stesen Sentral 5, KL Sentral • 🖶 👷 🚛 KL Sentral • One On One (Asian Fusion), Al Nafourah (Middle Eastern), The Conservatory (Lounge & Bar) • From RM 328- RM5,500 • H3 www.lemeridienkualalumpur.com

#### Mandarin Oriental Hotel

03-2380 8888 • KL City Centre • 🔶 KLCC •Lai Po Heen (Ch), Mandarin Grill and Mo Bar (Bar & Grill), Mosaic (Buffet), The Mandarin Cake Shop, Cascades (Int'I), Wasabi Bistro (Jap) • From RM409(internet)/RM499(phone) • D8 www.mandarinoriental.com

#### **Palace Beach and Spa**

03-8943 6688 • Jalan Dulang, Mines Resort City, Seri Kembangan, Selangor • Green Serdang • Abdul and Charlie's (local), Cheng Ho Court (Chi), Beach Hut and Sunset Lounge (drinks and snacks) • From RM200-RM2000

#### Sama-Sama Hotel KLIA

03-8787 3333 • Kuala Lumpur 

#### Parkroyal Kuala Lumpur

03-2147 0088 Jln Sultan Ismail • 🕫 B Bintang • Chatz Brasserie (Wn), Bossa Nova (Wn), Hot Gossip, Si Chuan Dou Hua (Chi), Kix Lounge • From RM270 • www.parkroyalhotels.com

### PNB Darby Park Executive Suites 03-7490 3333 • 10, Jln Binjai • ♀ Ampang

Park •The 39 Restaurant, Minmax (Chi), Koong Jung (Jap/Korean) • From RM350-RM686 • D9

www.pnbdarbyparksuites-kl.com

#### Prince Hotel & Residence KL

03-2170 8888 • 4, Jalan Conlay • 🕫 Raja Chulan •Tai Zi Heen (Chi), Eccucino (Café), Enju (Jap) • From RM270-RM670 • E9• www.princehotelkl.com

#### **Renaissance KL**

03-2163 6888 • Corner of Jln S. Ismail/ Jin Ampang • 🕫 B Nanas •Sagano(Jap), MED@Marche(Med), Vogue (Int'l) • East Wing: Dynasty (Chi), TEMPTationS (Int'I) • From RM215-RM6,000 • D7

#### Shangri-La Hotel KL

03-2032 2388 • 11 Jalan Sultan Ismail • 🖷

B Nanas • Shang Palace (Chi), Zipangu (Jap), Lafite (Fr), Lemon Garden Café (Int'I), The Pub • From RM364-RM12,000 • D7 • www.shangri-la.com

#### **Sheraton Imperial Hotel**

03-2717 9900 Jin Sultan Ismail • # M Tuanku • Essence (Int'I), Villa Danieli (Ita), Calestial Court (Chi) • From RM300-RM5,8250 • D6

#### Somerset Seri Bukit Ceylon

03-2055 8888 • No 8, Lorong Ceylon off Jalan Raja Chulan • NeroTeca (Ita) • From RM250-RM480 • E7 • www. somerset.com

#### The Gardens Hotel & Residences

03-2268 1188 • Mid Valley City • GRTM Mid Valley • The Soread (Int'l), Sage Restaurant & Wine Bar (Fr & Jap) • From RM600-RM2,600 • www.gardenshtires. com

#### Sunway Putra Hotel (Formerly The Legend Ĥotel)

03-4042 9888 • Putra Place, 100 Jalan Putra • 🛛 PWTC • Museum (Chi), Di-Atas Brasserie (Int'I), Gen (Jap), Monkey Bar • From RM188-RM388 • B5 • www. leaendhotelkl.com

#### The Ritz-Carlton KL

03-2142 8000 • 168, Jalan Imbi • 🕫 B Bintang • Li Yen (Chi), Rossini's (Ita) • From RM418 • F9 • www.ritz-carlton.com

#### **The Ritz-Carlton Residences**

03-2142 9000 • 🕫 B Bintang • From RM950-RM1.330 • F9

#### The Royal Chulan

03-2688 9688 • Jalan Conlay • 🗑 R Chulan • Deli Cafe (Ita), Bunga Emas (Mas), L'Heritage (Fr) • F6 • www. theroyalchulan.com.my

#### ****

Aloft Kuala Lumpur Sentral 03-2723 1188 Jalan Stesen Sentral KL Sentral • ● € KrowKL Sentral • Nook (International), MAI Bar (Bar Menu), w xyZ(SM) Bar (Cocktails & Snacks) • From RM270 - RM388 • http://www.starwoodhotels.com/ alothotels

#### Ancasa Hotel KL

03-2026 6060 • Jin Tun Tan Cheng Lock • Plaza Rakyat • Saffron Brasserie and BabaReebal • Ancasa Spa • From RM165-RM416 • www.ancasa-hotel.com

#### **Boulevard Hotel**

03-2295 8111/2295 8000 Grim Mid Valley City, Lingkaran Syed Putra • Mid Valley •Wild Rice (Int'l) • Rates from RM290Nett - RM420Nett • www.blvhotel.com

#### Carcosa Seri Negara

03-2295 0888 • Taman Tasik Perdana • The Dining Room (Fr), Gulai House (Malay) The Bar • From RM1,100-RM5,500 • F3

#### Concorde Hotel

03-2144 2200 • 2 Jalan Sultan Ismail • B Nanas • Spices (Western), Melting Pot (Int'I), Xin (Chi) • From RM178++-RM320++ • D7

#### Coronade Hotel KL

03-2148 6888 • Jalan Walter Grenier, Bkt Bintang • 🗑 B Bintang • Makan-Makan (Local & Int'l), The Kasturi (Malay), Lobby Lounge. • From RM208- RM500 • F8 www.coronade.com

#### **Corus Hotel KL**

03-2161 8888 • Jalan Ampana • 🤶 Ampang Park • Ming Palace(Chi), Dondang Sayang (Int'I), Komura (Jap) • From RM185-RM390 • C9 • www. corushotelkl.com

#### **Dorsett Regency**

03-2716 1000 • 172, Jalan Imbi • 🖷 B Bintang • Checker's (Café), Cellini's(Ita), Windows Lounge (Wn) • From RM200



onwards • F9 www.dorsettregency-kl.com

#### Federal Hotel

03-2148 9166 • 35, Jalan Bukit Bintang • B Bintang • Mandarin Palace (Chi), The Verandah (Int'I) Revolving Bintang (European) • From RM170-RM600 • F8 www.fhihotels.com

#### **Grand Seasons**

03-2697 8888 • 72, Jalan Pahang • € Chow Kit ♀ KLCC • Season (Café), O'Las (Indian), Lobby Lounge (Wn), Kas Bah Bar (Wn) • From RM150-RM348 • B6

#### Impiana KLCC Hotel & Spa

03-2147 1111 • 13 Jln Pinang • 🗟 R Chulan • Tonka Bean Cafe (Int'I) • From RM219-RM368 • D8 • www.impiana.com

Novotel City Centre KL 03-2147 0888 • 2 Jln Kia Peng • • R Chulan • Qing Zhen (Chi Muslim), The Square (Int'I), Fun Pub, Al Fresco • From RM260-RM660 • F8

#### www.novotel.com

**Pacific Regency Hotel Suites** 

03-2332 7777 • Menara PanGlobal, Jalan Punchak • 🖶 B Nanas • Soi 23 Luna, Olive & Geo Café • From RM290-RM500 • D7 www.pacific-regency.com

Pyramid Tower Hotel 03-7492 8000 • Persiaran Lagoon Bandar Sunway Petaling Jaya

#### Quality Hotel City Centre 03-2614 8000 • Jalan Raja Laut • 🛽 DBKL

• Benteng Coffee House (Int'I), Meisan Szechuan (Chi), Club 300 • From RM150-RM550 • C5 • www.qualiti.com.my

#### **Swiss Garden Hotel**

03-2141 3333 • 117, Jin Pudu • 🗑 Hang Tuah • Blue Chip Lounge (Int'I), Flavours Restaurant (Int'I), Green Treats Delicatessen (Int'I), T@ste 6 Restaurant (Int'I) • From470+

#### The Royale Bintang KL

03-2143 9898 17-21 Jalan Bukit Bintang • B Bintang • Sunflowers Brasserie, Cafe Royale & Bar, Rimba Spa • From RM208 • F8 • www.royale-bintang-hotel.com.my

The Royale Bintang Damansara 03-7843 1111 • 6, Jalan PJU 7/3, Mutiara Damansara • The Restaurant (Int'l), Mystery Pub & Café • From RM195 www.royalebintang.com.my

#### The ZON All Suites Residences on the Park

03-2164 8000 • 161D Jalan Ampang • 🗟 Ampang Park • Terracotta Restaurant & Lounge • From RM253-RM396 • D8 www.zonhotel.com.mv

#### **Traders Hotel**

03-2332 9888 • Kuala Lumpur City Centre

€ KLCC • Gobo Chit Chat, Gobo Upstairs, Sky Bar, Lounge & Grill • From RM270 • This hotel is located in the vicinity of KL Convention Centre • D8

#### Vistana KL

03-4042 8000 • 9 Jalan Lumut, off Jalan Ipoh, Kuala Lumpur • 🖶 Titiwangsa • Vistana (Asian) • From RM172-RM230 • A5 • www.vistanahotels.com

#### ***

Alpha Genesis 03-2141 2000 • 45 Tengkat Tong Shin • # B Bintang • Tee Box Café • From RM150-RM380 • F7 • www. alphagenesishotel.com

03-2296 1188 • Mid Valley, Lingkaran

Rates from RM205Nett - RM320Nett

03-2144 3888 • 22, Jalan Tong Shin • 🕫 B

Bintang • Corona Café • From RM130-RM180 • F8 • www.coronainn-kuala

03-2693 9333 • Jin Belia/Jin Raja Laut •

Lai Marble Coffeehouse • From RM135-

PWTC M Tuanku • Grand Star (Chi) ,

03-6101 1118 • Genting Highlands •

Seafood Restaurant (Seafood), The

Patio (Wn) • From RM85 – RM460

istorante Torcello's (Italian). Lakeview

03-2072 7722 • 162, Jalan Hang Lekir • 😤 Pasar Seni • Malaya Café • From

RM120-RM250 • F5 • www.hotelmalaya.

03-2273 9999 • 8, Jalan Kampung Attap

Maharajalela • Attapia Coffee

03-2713 7887 • 23 Lrg Medan Tuanku

1,off Jin Sultan Ismail • 🕫 M Tuanku •

KL LIFESTYLE | 103

Syed Putra • Grow Mid Valley • Citi Café

#### **Cititel Mid Valley**

Corona Inn

lumpur.com

RM800 • C5

**Grand Continental** 

www.ghihotels.com.my

**First World Hotel** 

Hotel Malaya

com.my

Midah KL

House (Int'I),

Prescott Inn

Rolling Good Times Café

• From RM145-RM250 • G5

Makana Restaurant • From RM110-RM170 • C5

#### SIGHTSEEING

#### Swiss-Inn KL

03-2072 3333 • 62, Jin Sultan • 🖷 Maharajalela Café Petaling • From RM130-RM175 • G6

#### The Plaza Hotel

03-2698 2255 • Jalan Raja Laut • 🛽 Sultan Ismail • Pago-Pago Café (Continental), Plaza Court (Chi) • From RM110-RM178

### SIGHTSEEING

Aquaria KLCC 03-2333 1888 • 🗟 Raja Chulan 🌈 KLCC • All 60,000 sq ft of Aquaria encompasses Evolution, Jewels of the Jungle, Deep Forest, The Coasts and Touch Pool, The Livingb Oceans and The Living Reef, with over 5000 aquatic and land-bound animals representing over 150 different species. Don't miss the 90-metre underwater tunnel. Opens daily from 11am-8pm. (Including weekends, school and public holidays) Last admission at 7pm. Entry RM38 (adult), RM26 (children) • D8

#### **Craft Complex** 03-2164 8344 Raja Chulan • 63, Jalan Conlay. •

Showcases ethnic handicrafts, batik printing and pottery from the 13 states of Malaysia. • Opens 9am- 6pm daily. F9 FRFF

many features of Moghul architecture a • Ópens 8am-1:30pm & 2:30pm-6pm. • E5

#### Lake Gardens

Jalan Parlimen • Located near the city centre, this 9.2ha landscaped garden is built around a lake. Several attractions are found within the park including an Orchid Garden, Hibiscus Garden, Butterfly Park, Bird Park, Deer Park, National Monument and the Asean Sculpture Garden • F3

#### **Malaysian Tourism Centre**

03-9235 4848 • 🖶 B Nanas • 109 Jalan Ampang • This is a one-stop tourist service centre comprising the information counter (7am-10pm) Transnasional Executive Coach counter. domestic tour booking counter, money changer, restaurant and craft demo centre. Built in 1935, the building was the home of wealthy tin-miner and planter, Eu Tong Seng. Cultural shows are on Tues, Thur, Sat & Sun 2-2.30pm. • D7

#### Merdeka Sauare

Masjid Jamek • Jalan Raja • Opposite the Sultan Abdul Samad Building, this is the site where the independence of Malaya was declared

#### **Batu Caves**

03-6189 6284 • This popular Hindu temple draws hundreds of thousand of visitors during Thaipusam. It consists of three grand caves: the Dark Cave, the Museum Cave and the Temple Cave with brilliant rock formations. The Museum Cave at the foothills has interesting display of Indian mythology. To reach the main Temple Cave, one has to climb 272 steps.

#### **Bird Park**

03-2272 1010 • Located at the Lake Gardens, this 8.4ha bird park is the world's largest free-flight walk-in aviary. It is home to more than 3,000 birds from approximately 200 species. Opens daily from 9am-7.30pm. • F4

**Telekom Museum** 

🕫 Raja Chulan • Jalan Raja Chulan

telephones and evolution of their

on 31 August, 1957. The 100m high

flagpole is the tallest in the world. Live

entertainment and cultural shows are

staged here on festive occasions. The

Royal Selangor Club and St. Mary's

National Mosque

Cathedral are located nearby. • E5

03-2693 7784 • 🛲 KL • Jalan Perdana

• This mosque embodies contemporary

designs, together with traditional Islamic

unified by the Five Pillars of Islam. Visitors

must dress conservatively and remove

their shoes before entering the mosque

Opens 9am to 12noon; 3pm to 4pm;

03-2273 4303 • Lot 54 Jalan Perdana •

Located close to the National Mosaue,

the attractions include space science

and astronomy exhibits, a theatre

screening 3-Dimensional movies, a

viewing gallery and an observatory

Admission is RM1 for adults and children

over 12 years [extra charges for all shows]. Opens 9:30am to 4:15pm daily.

Closed on Monday except public &

5:30pm to 6:30pm daily. • F4

National Planetarium

school holidays • G4

art, calligraphy and ornamentation.

The main dome with its 18-point star,

represents the 13 states of Malaysia

Opens 9am-5pm. Closed on Mondays

Displays interesting exhibits of

designs over the years.

03-2031 9966

F6 FRFF

Butterfly Park 03-2693 4799 • Over 120 species of butterflies can be found in this park located at the Lake Gardens' vicinity. Admission is RM9 for adults and RM2 for children. Camera: RM3. Opens 9am to 6pm daily. • F4

#### **Bukit Nanas Forest Recreational** Park

03-2306 3421 / 2064 4741 • 🖶 Bukit Nanas Nestled in the heart of KL, the virgin forest-clad hill is a 10.5 ha park offering a 10-minute & a 20-minute walk trails from the Forest Information Centre at Jalan Raia Chulan to KL Tower. • E7

#### Carcosa Seri Negara

03-2282 1888 • Perched on a quiet hilltop overlooking the Lake Gardens, this 19th century colonial mansion used to be the residence of the British Governor and High Commissioners. Today it is an exclusive hotel offering a sense of history and fine dining. • F2

#### Central Market

03-2031 0399 • *Pasar Seni Once the city's biggest wet market, it is now a* centre for food and cultural activities. Cultural performances are staged during weekends at the riverside amphitheatre. Handicraft, souvenirs, art & portrait paintings are sold at bargain prices. The Annexe Gallery at CM is a progressive art centre. • Opens 10am to 10pm daily. • E5



#### **Sultan Abdul Samad Building**

Masjid Jamek • JIn Sultan Hishamuddin • Also known as the Big Ben of KL, this historical landmark and heritage building is well known for its Moghul architecture dating back to 1897. Originally the offices of the Colonial Secretariat, it then housed the Supreme Court. • E5

#### **National Science Centre**

03-2089 3400 • Persiaran Bukit Kiara • Houses 9 galleries with different scientific themes. Offers interesting interactive displays for learning and entertainment. Opens 10am-5pm. Closed on Friday.

#### National Zoo

03-4108 3427 / 4108 3422 • Located in Hulu Kelang, 12km from the city centre, the zoo is home to 400 species of local birds, mammals, reptiles and fishes. • Opens 9am - 5pm daily. Night Zoo is on Saturdays 7.30am - 10.30pm. Admission : RM10 for adults and RM5 for children under 12. Videocam RM15.

#### Old KL Railway Station

Jalan Hishammudin • Built in 1910, the Moghul-inspired building was a hub for Malaysian rail transport until it was replaced by the new KL Sentral Station. It remains a landmark and the refurbished Heritage Hotel is still open for business. Across the road, the Malaysian Railway administrative building is also a breathtaking architectural showpiece • G5

#### Petrosains, The Discovery Centre

03-2331 8181 • P KLCC • Petronas Twin Towers, Level 4 Suria KLCC • Focusing on

#### Deer Park

03-2693 6661 • Enclosed within a 2-ha ground at the Lake Gardens, the deer, fawns and does roam freely in a cool and peaceful habitat with lush trees and shrubs and ponds. • F3

**Istana Negara** Official residence of Malaysia's King, visitors can witness the changing of the royal guards daily. The Rulers Conference, various royal and national ceremonies, investitures and official banquets are held at this palace. • H5

#### Little India

🗖 Masjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass, jewellery, sarees, Indian handicrafts to perfumes & spices. • E5

#### Jamek Mosque

Masjid Jamek • Jalan Tun Perak
Situated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates



**PETRONAS Twin Towers** 03-26158188

KLCC • KL City Centre • The 88-storey Petronas Twin Towers stand at 451.9 metres. Seated in the heart of KL and amidst a 50-hectare landscaped park, a skybridge on the 41st floor is open to visitors between 9am-7pm daily, closed on Monday • D8

Malaysia's oil and gas industry, it offers an interactive approach to learning. It takes you through a unique voyage of discovery of science. • Opens daily 9.30am to 6pm. Last admission 4.30pm. Closed on Monday • D8

#### Royal Selangor Visitor's Centre

03-4145 6000 • 4, Jalan Usahawan Enam, Setapak Jaya • Located 15 minutes from the city centre, the Royal Selangor which is internationally known for its fine designs and craftsmanship, offers a complete visitor experience, enabling them to see, hear, touch and learn how pewter is made. • Opens daily from 9am-5pm.

#### Royal Selangor Club

03-2692 7166 • 🌈 Masjid Jamek • Jalan Raja • Once nicknamed 'The Spotted Dog' during the colonial days, this club which features Mock Tudor architecture, is one of the oldest membership clubs in KL. • E5

#### Thean Hou Temple

03-2274 7088 • 65 Persiaran Endah, off Jalan Syed Putra • A beautiful blend of Chinese and contemporary architecture, this is one of the largest and most ornate Buddhist temples in the region and a venue for major religious festivals. Also

check out the herbs garden, wishing well and souvenir stall • Opens 9am to 9pm daily.

#### Museums

#### Asian Arts Museum Universiti Malaya

03-7967 3805 • Uni. of Malaya • A unique collection of Asian art & sculptures, ceramics, including Islamic & Malay art and textiles • Opens Mon - Sat. Closed on Sunday & public hols.

#### Bank Negara Money Museum

03-2698 8044 • 🫲 Bank Negara Bandaraya • Block A, Bank Negara Malaysia, Jalan Dato' Onn • A repository for Malaysia's numismatic heritage, the museum displays an impressive collection of coins, bank notes, barter trade currencies & traces the evolution of the Malaysian currency • Opens Mon-Sat. Closed on Sunday • E5

#### Forest Research Institute Malaysia

03-62797 000 • Kepong • Located within the 1,500 hectares of natural land reserve, the institute showcases Malaysia's rich forest heritage. • Opens 8am-4pm. Fri 9am- 12pm.

#### **Heritage Centre**

03-2144 9273 • 2 Jin Stonor • Showcases Malaysia's architectural heritage, the centre also conducts 2 guided tours a day (11am & 3pm) of the Rumah Penghulu or Village Head's abode which has been furnished to reflect a house in the early thirties • E10

#### Islamic Arts Museum

03-2274 2020 • Jalan Lembah Perdana • Opened in 1998, the museum focuses on the rich diversity of Islamic arts and culture. Miniature replicas of Taj Mahal and other islamic architectural wonders are on display • Tickets at RM12 (adults), RM6 (under 18, students & senior citizens) Opens 10am to 6pm daily. • G4

#### **Maybank Numismatic Museum**

03-2070 8833 🌈 Plaza Rakyat • Menara Maybank, 100 Jalan Tun Perak, KL • A fascinating display of coins dating back to the early history of the Malay Sultanate. • Open 10am-6pm daily • F6

#### **Museum Orang Asli**

03-6189 2122 • Km 24 Gombak • Displays a collection of over 3,000 artifacts showcasing the history, culture & lifestyle of indigenous tribes of Peninsular Malaysia. • Opens 9am-5pm. Closed Fri. FREE

#### National Museum

03-2282 6255 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students

### **ARTS & CULTURE**

National Library 03-2687 1700 • 232 Jalan Tun Razak. • This 7-storey building which blends traditional design with modern architectural elements houses more than 1.5 million books, some of them extremely rare. Opens daily except Monday
 • A8 FREE

#### **Galeri** Petronas

03-2051 7770 • 🌈 KLCC • Level 3 Suria KLCC. • Exhibits artworks by local and international artists. Opens 10am to 8pm. Closed on Monday. • D8 FREE

#### National Theatre (Istana Budaya)

03-4026 5555 • Jalan Tun Razak • Designed by Malaysian architect Muhammad Kamar Ya'akub, this

modern theatre is one of the world's most sophisticated theatres with state-of-the-art stage equipment. It holds drama, dance and musical performances regularly. • A7

#### Petronas Philharmonic Hall

03-2051 7008 • FLCC • Located within the Petronas Twin Towers, it is home to the Malaysian Philharmonic Orchestra and the National Choir. It features performances of highest quality by visiting orchestras and world-renowned soloists, besides performances by the MPO which now ranks among the top orchestras in the region • D8

#### **OTHER FUN-TASTIC** THRILLS & SPILLS

03-3101 1313 • Star Cruises, Pulau Indah, Klang

Casino 03-2718 1118 • Genting Highlands Hotel

#### D'Paradise

063, Jalan Solok Uban, Kampung Brisu, Lubok China, 78100 Melaka. 06-552 8010/0611 (Resort), 03-4256 0381 (KL Sales Office) www.d-paradise.com.mv

#### Flying

03-2141 1934 • Royal Selangor Flying Club

Horse Racing 03-9058 3888 • Selangor Turf Club, Jln Sunaai Besi

#### **Horse Riding**

03-4256 4531 • Royal Selangor Polo Club, JIn Ampang Hilir

03-9058 3888 • STC Equestrian Centre, Jin Kuda Emas

03-209 35211 · Bukit Kiara Equestrian Club, JIn Bukit Kiara, Kuala Lumpur

#### **Theme Parks**

03-288 8888 • Colmar Tropicale, Bkt Tinaai

03-71188338 • Desa Water Park, Tmn Desa

03-8942 5010 • Genting Resort

03-8942 8942 • The Mines Wonderland



Bank Negara Malaysia Museum and Art Gallery Sasana Kijang No. 2, Jalan Dato Onn, 50480 Kuala Lumpur Opening Hours: 10am to 6pm daily For Enquiries Call: +603-9179 2742



University of Malaya Art Gallery (UMAG) Tingkat 5, Bangunan Canseleri, Universiti Malaya, Petaling Jaya Tel: 03-79671061 Opening Hours: 9.00am to 4.00pm Closed on: Saturday and Sunday

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#### Galeri Tenaga

Wisma TNB, Jalan Timur, Petaling Jaya Tel : +603-2296 5566 Fax: +603-2282 3274 Opening Hours: Monday - Friday : 10 am - 3 pm.



**KL Lifestyle Art Space** 31 Jalan Utara, 46200 Petaling Jaya, Selangor, Malaysia

> Tel: +603 2093 2668, +603 2094 2668 Email: info@mediate.com.mv

Open Monday - Friday, 10am - 7pm (Closed on Weekends and Public Holidays)





## EXPLORE KUALA LUMPUR

- 1 Agora Hotel
- Tel: 2142 8133 F8 2 Alpha Genesis Hotel
- Tel: 2142 6868 F7 **3** Berjaya Times Square **Hotel & Convention Centre**
- Tel: 2117 8000 F8 4 Brisdale International Hotel
- Tel: 2694 8833 B6 **5** Capitol Hotel
- Tel: 22143 7000 F8
- Carcosa Seri Negara Tel: 2282 1888 F8
- 7 Cardogan Hotel Tel: 2144 4883 F8
- 8 **Concorde Hotel** Tel: 2144 2200 D7
- 9 Corona Inn Tel: 2144 3888 F7
- 10 Coronade Hotel Tel: 2148 6888 F8 11 Corus Hotel
- Tel: 2161 8888 C9
- **12 Doubletree Hilton Kuala Lumpur** Tel: 2172 7272 C10
- **13 Crown Regency Hotel** Tel: 2162 3888 D8
- 14 Crowne Plaza Kuala Lumpur Tel: 2148 2322 E8
- 15 Dorsett Regency Hotel Tel: 2715 1000 F9
- 16 Dynasty Hotel Tel: 4043 7777 A4
- **17 Equatorial Hotel** Tel: 2161 7777 E8 **18 Federal Hotel**
- Tel: 2148 9166 F8
- **19 Fortuna Hotel** Tel: 2141 9111 F8
- 20 Grand Central Hotel Tel: 4041 3011 B5
- **21** Grand Continental Hotel Tel: 2693 9333 C5
- 22 Grand Millenium KL Tel: 2141 8000 E8 23 Grand Pacific Hotel
- Tel: 4042 2177 A5 24 Grand Seasons Hotel
- Tel: 2697 8888 B6

Shopping Malls: 1. Ampang Park

Tel: 03-2161 7006 C10

Tel: 03-2166 7888 C9

Tel: 1-300-888-988 E9

Tel: 03-2162 1566 C10

Tel: 03- 2698 2111 D5

Tel: 03-2072 2562 F6

6. Kompleks Kotaraya

3. Berjaya Times Square

2. Avenue K

4. City Square

5. KL Sogo

7. Lot 10

- 25 Hilton KL Tel: 2264 2264 G3
- 26 Hotel Istana Tel: 2141 9988 E8 27 Hotel Maya Kuala Lumpur
- Tel: 2711 8866 D8 28 Impiana KLCC Hotel & Spa
- Tel: 2147 1111 D8 29 JW Marriott Hotel
- Tel: 2715 9000 E9 30 Kuala Lumpur
- **International Hotel** Tel: 2697 8833 B6 31 Le Meridien KL
- Tel: 2263 7888 G3 32 Malaya Hotel
- Tel: 2072 772 F5 33 Malaysia Hotel
- Tel: 2142 8033 F8 **34** Mandarin Oriental Hotel
- Tel: 2380 8888 G6 **35 Mandarin Court Hotel**
- Tel: 2273 9933 G6 **36** Maradian Oriental Hotel
- Tel: 2380 8888 D8 37 Melia Kuala Lumpur
- Tel: 2785 2828 F8 **Micasa All Suite Hotel**
- Tel: 2179 8000 D10 Midah Hotel KL 39 Tel: 2273 9999 G5
- 40 Mirama Hotel Tel: 2148 9122 G6
- 41 InterContinental KL Tel: 2161 1111 C9
- 42 Novotel Kuala Lumpur **City Centre** Tel: 2147 0888 E8
- 43 Olympic Sports Hotel Tel: 2078 7888 F7
- 44 Pacific Regency **Hotel Suite**
- Tel: 2332 7777 D7 45 Parkroyal Kuala Lumpur Tel: 2147 0088 F8
- 46 PNB Darby Park **Executive Suites** Tel: 7490 3333 D10
- 47 Prince Hotel & **Residence Kuala Lumpur** Tel: 2170 8888 D10

8. Low Yat Plaza

9. Maju Junction

Tel: 03-2162 1176 F8

Tel: 03-2772 8550 C5

Tel: 03-2691 6599 D5

11. Starhill Gallery

Tel: 03-2148 1000 F8

Tel: 03-2148 6109 F8

Tel: 03-2382 2828 D8

Tel: 03-4042 7122 B5

13. Suria KLCC

14. The Mall

12. Sungei Wang Plaza

10. Pertama Complex

- **48 Quality Hotel** Tel: 2693 9233 C5
- 49 Renaissance **Kuala Lumpur Hotel** Tel: 2162 2233 D7
- **50** Residence Hotel Tel: 2693 3333 C5
- 51 Ritz-Carlton Kuala Lumpur Hotel Tel: 2142 8000 F9
- 52 Seri Pacific **Kuala Lumpur** Tel: 4042 5555 B5
- 53 Shangri-La Hotel Tel: 2032 2388 D7
- 54 Sheraton Imperial Tel: 2717 9900 D6
- 55 Stanford Hotel Tel: 2691 9833 B6
- 56 Swiss Garden Hotel Tel: 2141 3333 F7
- **Swiss Inn Hotel** 57 Tel: 2072 3333 G6
- 58 The Heritage **Station Hotel** Tel: 2273 5588 G5
- 59 The Legend Hotel Tel: 4042 9888 B5
- 60 The Lodge Tel: 2142 0122 E8
- The Plaza Hotel 61
- Tel: 2698 2255 C5 62 The Ritz-Carlton Residences
- Tel: 2142 9000 F9
- 63 The Royale Bintana Tel: 2143 8000 F8
- 64 The Westin KL Tel: 2731 8333 E9
- 65 The Zon All Suites **Residences on the Park**
- Tel: 2164 8000 C9 66 Traders Hotel
- Tel: 2332 9888 D8 **Tune Hotels.com** 67
- Tel: 7692 5888 C5 68 Vistana Hotel
  - Tel 4042 80000 A5
- 15. The Weld Tel: 03-2162 3580 E9 16. Yow Chuan Plaza Tel: 03-2142 9701 C10



Getting around in Kuala Lumpur is easy. The transit systems are efficient, taxis are plenty and buses are cheap. The public transportation usage peak hours are from 7am to 9am and 4.30pm to 6.30pm during the working days.

#### 🔀 By Transit systems

The KL monorail and LRT coaches are air-conditioned and comfortable and run from 6am to midnight. The systems are connected to each other at several points and the network covers most parts of the city. Fares range from RM0.70 to RM2.80 per single journey.

#### By Taxis

Taxis are easily available at hotels or at taxi stands. Fares start at RM3 for the first kilometre and RM0.10 for every 115 metres thereon. There is a 50% surcharge on the metered fare from midnight to 6am and a baggage charge of RM1 per piece stored in the boot. There is also an additional RM1 for 3rd passenger (maximum 4 in a car). For an extra charge of RM2, you can book a taxi by phone.

#### By Ecovans

Ecovans can accommodate up to 5 passengers. They serve mainly guests at major hotels and follow the fare structure of taxis but charge RM4 instead of RM2 for the first kilometre.

#### By Buses

Buses serve all parts of Kuala Lumpur with fares beginning from RM1. Some hotels also offer free bus shuttle services to major shopping malls in the city.

#### KL Hop-on/Hop-off Bus Service

Links you to 40 attractions around the city with 22 designated stops. 8.30am to 8.30pm. Ticket: RM38 with discounts for locals, senior citizens, students and children, 03-2691 1382

#### Getting to the Airport

KLIA Ekspres: The journey takes about 30 minutes from KL Sentral and the fare is RM35 per person per way. There is also check-in facility at KL Sentral for some airlines.

Taxi: The fare from the city centre to the airport is RM60 - RM90 per taxi.

Eco Transit: Eco Transit can accommodate up to 5 adults and has a fixed fare of RM130/ trip.

Limousine: Can be arranged with the hotel concierge and fare range from RM100 - RM200.

Coaches To KLIA and/or LCCT

The 1-hour journey costs between RM9 and RM25 per person.

- Airport Coach 03-8787 3894
- Sky Bus 03-6201 2742
- Aerobus 017-363 3255
- The Star Shuttle 03-4043 8811

#### **RAIL TRANSIT NETWORK OF KUALA LUMPUR**



#### Transportation

#### ≻ Air Travel

- KL International Airport Sepang 03-8776 2000
- LCC Terminal KLIA
- 03-8777 8888 Domestic Airport - Subang
- 03-7846 7777
- KL CAT (City Air Terminal) 03-2267 8000

#### Domestic Airlines

- MAS 03-7843 3000
- MAS Reservation Number
- 1 300 88 3000
- AirAsia 03-8775 4000
- Berjaya Air 03-7846 8228
- FireFly 03-7845 4543
- Fly Asian Xpress (fax) 03-8660 4343

#### Rail

- KL Sentral 03-2274 7435
- KLIA Ekspres 03-2267 8000
- KTM 03-2267 1200
- Rapid KL 03-7625 6999
- KL Monorail 03-2273 1888

#### 合 Car Rental

- Apex 03-2142 1926
- Avis 03-2142 0166
- Orix 03-2142 3009
- Hertz 03-2148 6433
- Mavflower 03-2279 1188
- Sintat 03-2145 7988

#### Taxis

- Radio Cab 03-9221 7600
  - Airport Limo Meet & Greet 03-8787 3678
  - Saujana Cab 03-2162 8888
  - Comfort Taxi 03-8024 2727
  - Eco Transit 03-5512 2266
  - Supercab 03-7805 5333
  - Outstation Taxi 03-2078 0213

#### **Emergency Services**

- KL Tourist Police (24 hours) 03-2166 8322
- Police & Ambulance
- 999 or 112 (mobile phones)
- Fire & Rescue 994
- KL City Council 03-2691 6011

#### **Tourism Offices**

- Malaysia 1-300-88-5050
- Tourism Centre (24-hour)
- 03-2164 3929 • Kuala Lumpur 03-2693 6661
- Penang 04-261 9067
- Johor 07-222 3591
- Terengganu 09-622 1433
- Sabah 088-248 698
- Sarawak 082-246 575
- Kedah 04-731 2311
- Pahang 09-747 7520



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