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Khalil Ibrahim Abstract Series, 1983 Acrylic on canvas 145 x 108.5 cm Private collection











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GOINGS-ON CALENDAR AUGUST 2015

TUESDAY WEDNESDAY THURSDAY SATURDAY FRIDAY 01 G RGF -GEORGE TOWN FESTIVAL 1 – 31 Aug George Town MALAYSIA AIDILFITRI OPEN HOUSE CELEBRATION 1 Aug Rembau, Negeri Sembilan FESTIVAL 06 80 SABAH INTERNATIONAL FOLKLORE FESTIVAL 8 - 16 Aug National Department For Culture and Arts, Kota Kinabalu, Sabah BORNEO CULTURAL FESTIVAL Throughout August Sibu, Sarawak



al a





FESTIVAL SUKAN LASAK Throughout August

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BORIA FESTIVAL 21 - 22 Aug Fort Cornwallis Padang Kota Lama, Georgetown, Pulau Pinang

MALAYSIA INTERNATIONAL MASK FESTIVAL 14 - 16 Aug Esplanade KLCC Park, Kuala Lumpur

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SKYRIDES FESTIVALS PARK Throughout August Lake Putrajaya







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JEJAK WARRIORS 27 Aug



NEW WORLD SYMPHONY: MPO & NSO 21 Aug @ 8.30pm 22 Aug @ 8.30pm



ROMANTIC RACHMANINOFF 29 Aug @ 8.30pm 30 Aug @ 3.00pm



THE OFFICIAL STORY OF LIVERPOOL FOOTBALL CLUB (MUSIC THEATRE) 1 - 2 Aug

The Official Story of Liverpool Football Club Musical Show is set to have a three-night special run at Stadium Negara, Kuala Lumpur from July 31 to Aug 2, 2015.

The musical show brings to life some of the Reds' greatest memories and glories, documenting stories from the era of Elisha Scott, Albert Stubbins to Steven Gerrard and Rafael Benitez. With complete access to the LFC archive, the show's writer Nicky Allt has brought together every significant moment in the club's history and created a show that will make fans laugh, cry and cheer out loud!

When the show ran in Liverpool earlier this year, it attracted rave reviews from critics and audiences alike. As a result, the musical show that covers the club's 120-year history has been taken to the global stage and starting in Stadium Negara, Kuala Lumpur, the first time ever outside UK.

Venue: Stadium Negara, Kuala Lumpur



MALAYSIA AIDILFITRI OPEN HOUSE 1 Aug

Hari Raya Aiditlfitri is the biggest Muslim festival in the country. Experience the festivity in an open house celebration, a programme that brings people together in line with the spirit of 1Malaysia. Guests will be enthralled by cultural performances and traditional delicacies.

Venue : Rembau, Negeri Sembilan



INTERNATIONAL MUSEUM DAY MARATHON (LARIAN HARI MUZIUM ANTARABANGSA) 2 Aug

The International Museum Day Run 2015 involves 1,000 runners comprising museums members around the country and the public.

Venue : Stadium Inderia Mulia, Ipoh, Perak



SABAH INTERNATIONAL FOLKLORE FESTIVAL 8 - 16 Aug

Enjoy a bit of culture in Sabah as dance troupes from around the world gather as cultural ambassadors for the annual Sabah International Folklore Festival.

The event aims to promote culture tourism and provide a platform for participating countries to share their unique culture through folk song and dance performances. Watch and be entertained by this eastmeets-west musical extravaganza!

Venue : National Department For Culture and Arts, Kota Kinabalu, Sabah



BORNEO CULTURAL FESTIVAL Throughout August

The festival highlights cultural and multi-ethnic inspirations from the island of Borneo, and other Asian countries. It showcases traditional dances, arts, traditional games and music. The event further promotes Sibu's many local attractions as well.

Venue : Sibu, Sarawak

1MALAYSIA MEGA SALE CARNIVAL 27 June - 31 Aug

Shopaholic alert! One of the three major shopping seasons in the country is back with mega shopping excitement, dining options, endless entertainment and fun-filled activities!

Shop, eat and celebrate!

Venue: Throughout Malaysia



GEORGE TOWN FESTIVAL 1 – 31 Aug

Penang's most anticipated cultural festival, George Town Festival (GTF), celebrates George Town's 2008 inscription as UNESCO World Heritage Site, as well as Penang's strong passion for local arts and entertainment. Fans of the previous GTF can anticipate theatre, music, art, dance, opera and film screening throughout the month.

Venue : George Town, Penang





RAINFOREST WORLD MUSIC FESTIVAL 7 – 9 Aug

The Rainforest World Music Festival features musicians from around the world and traditional and original musical instruments. Sarawak, renowned for its traditional musical instrument of Sape has been transformed into an icon of this festival. This event is part of Sarawak's efforts to conserve and protect the natural environment through the music world with the main objective to attract foreign tourists to the state and see the culture and uniqueness of Sarawak while enjoying its natural beauty and tourism products.

Venue : Sarawak Cultural Village (SCV) Kuching

PORT DICKSON INTERNATIONAL TRIATHLON 8 - 9 Aug

This event began in 2002 and over the years, has grown from just 387 entries from 17 countries to 1,450 participants from 34 countries in 2011. It is one of the signature international events in Negeri Sembilan. It consists of 3 sports categories, namely the Olympic Distance (1.5km swim, 40km cycling diikuit bike and 10km run), Sprint Distance (750m swim, 20km cycling and 5 runs) and Kids Triathlon, which consists of 2 stages, 11 years and under (150m swim, 4.5km bike ride and 1km run) and 13 years under (350m swim, 9km bike ride and 2km run).

Venue : Port Dickson, Negeri Sembilan





FESTIVAL SUKAN LASAK Throughout August

In conjunction with the Malaysia Year of Festivals, this event combines ironman-like sports such as Labuan Strongest Man who will show off his physical and mental strength to raise an 11-tonne lorry and carry weights as heavy as 200 kg, decathlon with running and cycling as well as extreme games.

Venue : Labuan



MALAYSIA BUSKING FESTIVAL 2015 Throughout August

Be part of these interesting street performances involving groups or individuals such as musicians, clowns, artists, acrobats, magicians and others. These perform according to their respective categories.

Venue : Lanai, MaTiC



SKYRIDES FESTIVALS PARK Throughout August

Enjoy a magnificent view of Putrajaya from 150m above ground! Held for the first time ever, this festival offers visitors the opportunity to ride from a giant helium balloon with a gondola measuring 13m. It can accommodate a total of 30 passengers per ride.

Venue : Lake Putrajaya

MALAYSIA INTERNATIONAL MASK FESTIVAL 14 - 16 Aug

The Malaysia Mask Festival highlights the uniqueness of the performing arts that use masks as a prop.

The festival involves the participation of all the major races in Malaysia including the indigenous people.

The countries invited to participate are Indonesia, Philippines, Japan, South Korea, Brazil, Thailand, China, Italy, Australia and New Zealand.

Venue: Esplanade KLCC Park, Kuala Lumpur



BORIA FESTIVAL 21 - 22 Aug

The programme helps to boost traditional art performances such as Boria Penang. Boria Penang unites the races through an advisory element and teaches through sketches and essays presented to the local community and international tourists. It also helps to foster in the younger generation, love for Penang's arts and cultural heritage, especially Boria.

Venue: Fort Cornwallis, Padang Kota Lama, Georgetown, Penang





ROMANTIC RACHMANINOFF 29 Aug @ 8.30pm 30 Aug @ 3.00pm

Fabio Mechetti conducts an ultra-romantic concert featuring a popular overture by Berlioz, a virtuosic tone poem by Tchaikovsky, and the sumptuously scored Second Symphony by Rachmaninoff. This grandest, most expansive symphonic work ends in a veritable blaze of sound.

Tickets: RM150, RM120, RM90, RM60 www.mpo.com.my

THE MUSIC OF QUEEN 14 - 15 Aug @ 8.30pm 16 Aug @ 3.00pm

The Music of Queen has garnered critical acclaim with the band staying close to the original recordings and the orchestra "wrapped" around that original sound. Expect high energy and harmony with the familiarity of vintage Queen. Brent Havens conducts the MPO with Las Vegas veteran Brody Dolyniuk handling the complex and difficult task of representing Freddie Mercury's magnificent vocals at this classic rock symphony.

Tickets: RM350, RM280, RM200, RM150 www.mpo.com.my





START IN TIOMAN 20 - 23 Aug

A scuba diving event that popularises Tioman Island as an attractive watersports destination. Skilled and semi-skilled participants from within and outside the country will join the activities such as 1MG1MC, namely Adopt A Coral which is the replanting of corals on the seabed.

Venue: Kg Genting, Pulau Tioman



NEW WORLD SYMPHONY: MPO & NSO 21 Aug @ 8.30pm 22 Aug @ 8.30pm

The Malaysian Philharmonic Orchestra and the National Symphony Orchestra collaborate for the first time to present an exciting side-by-side concert featuring favourite Malaysian and classical works, including Dvo ák's popular New World Symphony. MPO's Ciarán McAuley and NSO's Mustafa Fuzer Nawi share the podium.

Tickets: RM150, RM120, RM90, RM60 www.mpo.com.my



INDEPENDENCE DAY (HARI MERDEKA) 31 Aug

Happy Independence Day, our beloved Malaysia!

Fifty-seven years ago, Tunku Abdul Rahman, our first prime minister, led a delegation of ministers and political leaders of Malaya to negotiate for independence with the British in London. The delegates included the first president of the Malayan Chinese Association (MCA) Tun Tan Cheng Lock, and the fifth president of the Malaysian Indian Congress (MIC) Tun V. T. Sambanthan.

Merdeka! Merdeka! Merdeka!

Venue: Stadium Merdeka, Kuala Lumpur



ALICE & THE ACES (DANCE) Aug 29 @ 8.30pm Aug 30 @ 3pm

So begins Alice & the Aces – the tale of Alice, following a curious White Rabbit down a rabbit-hole and tumbling into Wonderland. A fantastical place, where nothing is quite as it seems: animals talk, nonsensical characters confuse, Mad Hatters throw tea parties, and the fury of the Queen of Hearts. Alice's attempts to find her way home become increasingly bizarre, infuriating and amazing in turn.

Venue: Pentas 1, klpac Tickets: RM138, RM118, RM88

JEJAK WARRIORS 27 Aug

Jejak Warriors tells the inspirational story of a young teenager's (Wan Raja) journey to meet his favourite football team, The Red Warriors.

Wan Raja's father was The Red Warriors' number one fan until an incident changed his family's life forever. Following his unexpected death, Wan Raja sets out to realise his father's unfulfilled dream which is to get all the players' autographs. Along his journey from Johor Bahru to Kota Bahru to meet the team, he encounters various trials and tribulations but giving up is never an option.

Cast: Mohd Aliff Firdaus, Pekin Ibrahim, Nadiya Nissa, The Red Warriors players – Khairul Fahmi Che Mat, Wan Zack Haikal Wan Nor, Mohd Fitri Omar, Ahmad Fakri Saarani, Wan Zaharulnizam Wan Zakaria, Harun Salim Bachik, Amir Raja Lawak, Syuk, Radhi Khalid, Bell Ngasri, Sabri Yunus, Ogy Ahmad Daud.



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FANTASTIC FOUR 6 Aug

This is the third theatrical Fantastic Four film based on the Marvel Comics superhero team of the same name. A reboot of the Fantastic Four film franchise, it follows four young outsiders who teleport to an alternate and dangerous universe which alters their physical form in shocking ways. The four of them must learn to embrace their newfound powers and use them to save Earth from a familiar enemy.

Genre: Action / Science Fiction / Fantasy

Cast: Kate Mara, Miles Teller, Jamie Bell, Michael B. Jordan, Toby Kebbell.

SOUTHPAW 6 Aug

A boxing champion named Billy Hope lives a comfortable and happy life with his family. However, Billy's wife, Maureen, is not supportive of his career and persuades Billy to quit boxing so he can spend more time with his daughter, Leila. Billy then announces his retirement from boxing. But when his wife is accidentally killed in an argument with another boxer, Billy's life is destroyed as he is not granted the custody of his daughter due to his aggressive attitude. Thus, Billy decides to return to the boxing world in order to reunite with Leila.

Genre: Action / Drama / Sports

Cast: Jake Gyllenhaal, Rachel McAdams, Naomie Harris, Forest Whitaker





THE MAN FROM U.N.C.L.E. 13 Aug

Based on the 1964 MGM television series of the same name, the movie is set against the backdrop of the early 1960s period of the Cold War. Two U.N.C.L.E. agents, Napoleon Solo and Illya Kuryakin, team up on a mission to stop a mysterious international criminal organisation. Their only lead is the daughter of a vanished German scientist, who is the key to infiltrating the criminal organisation. They must race against time to find him and prevent a worldwide catastrophe.

Genre: Action / Adventure / Comedy

Cast: Henry Cavill, Alicia Vikander, Hugh Grant, Armie Hammer



PIXELS 13 Aug

This action-comedy directed by Chris Columbus is based on the original short film of the same name by Patrick Jean. President Will Cooper is forced to call on his childhood best friend to lead a team of old-school arcaders to fend off the aliens who have misinterpret video-feeds of classic arcade games as a declaration of war against them. Monaghan plays the team's unique weapons specialist.

Genre: Comedy / Science Fiction

Cast: Adam Sandler, Kevin James, Michelle Monaghan, Peter Dinklage, Josh Gad, Brian Cox.

HITMAN: AGENT 47 20 Aug

Agent 47, a genetically engineered assassin, teams up with Katia Van Dees, an on-the-run young woman who is in search of her true ancestry and the whereabouts of her father. Together, they fight against an organisation called Syndicate International.

Genre: Action / Thriller / Crime

Cast: Rupert Friend, Zachary Quinto, Thomas Kretschmann, Hannah Ware.





ABSOLUTELY ANYTHING 20 Aug

A disappointing school teacher named Neil Clarke suddenly discovers that he has been granted the ability to do absolutely anything by a group of power-crazed eccentric aliens, as an experiment. Clarke is having trouble dealing with his new-found ability. Thus, he decides to seek help from his loyal canine companion, Dennis.

Genre: Comedy / Science Fiction

Cast: Simon Pegg, Kate Beckinsale, Robin Williams, Michael Palin, Terry Jones.

KHALIL IBRAHIM

BY KATHLYN URSULA D'SOUZA

From Artistry to Legacy

hey say that every painting that is conceived is not of the subject, but it is, in reality, of the artist. And for most artists, painting is the only time they feel truly alive. Khalil Ibrahim bears witness to this as he himself has proclaimed, "My art is Me."

For us viewers, a fine work of art has the power to hush the noise in the mind and take us to another place.

And for the past 60 years, Khalil Ibrahim has allowed that to happen. He has created, and we have seen. He is not simply someone who looks and sees, but presents a personal vision by making it visible. He displays through his works an opportunity to see things that would otherwise remain hidden. He revealed to us what reality itself sometimes does not present to us.

Khalil is indeed a legendary icon in the Malaysian art scene. Born in 1934 in Kubang Kerian, Kelantan, he is by far one of the few Malaysians who received a state scholarship to attend art training at the prestigious Central St Martins School of Art and Design in London. Throughout his long career, which spans over 50 years, Khalil has held a number of solo and group exhibitions in Malaysia, Singapore, Indonesia and Switzerland. His masterful skills in drawing, watercolour and acrylic, are in styles that move from the almost real to the almost abstract.

Khalil depicted Malay life, mostly of fishermen. While he often experimented with colour and texture, Khalil was loyal to both the human figure and the people of the East Coast, for which his heart beats.

"Khalil Ibrahim is concerned with no specific object in his vast landscape. A master in the medium of watercolour, he depicts the mist and the clouds engulfing the distant hills with a consummate skill acquired after a lifetime of practice. Such subject is mundane, which is exactly what he loves most. He believes that familiarity breeds fondness, a love of things as they are," said Dr Zakaria Ali in his essay, Modern Malaysian Art in Search of Identity.

In his earlier days as a teenager, while most of his friends continued to pursue their higher education in the Middle East, Khalil's past took a different turn instead. While studying to become a teacher, he began attending art classes and it was here that he learned the fine art of watercolour and painting techniques from art inspector, Nik Mahmud Idris. Khalil managed to sell his batik works well enough to make a living even though some of his artist friends and families disapproved of what he was doing, insisting that he continue his career as a schoolteacher. Undeterred, he continued his path to becoming an artist.

Khalil had originally planned on going to Bandung, Indonesia, to further pursue his studies in art but his application wasn't successful. That didn't set him back one bit as it was during this period that the artist was first introduced to the District Officer, Claude Gibb Ferguson. With the guidance of Ferguson, Khalil studied English at Clifford School, Kuala Lipis to gain the necessary language skills for him to continue his studies in art in England. So 23-year-old Khalil, without any command of the English language, was enrolled at Clifford High School for a year to study English and acquire the necessary academic requirements to pursue his education in England. Khalil was sponsored by the Pahang state government to continue his studies at the prestigious Central St. Martin's School of Art and Design in London. It was here that the relationship between Khalil's life and art was intensely forged.

Khalil met Frank Sullivan after that returning from England, who was the first director of the National Art Gallery and owner of the Samat Art Gallery – the biggest private gallery in town that time. It was Sullivan who gave him his first solo exhibition.

"When painting, he has all the essential qualities of all good artists, the capacity to concentrate, ignoring distractions, and the ability to go on working tirelessly, until a certain logical point is reached, the ending of one phase of creation before beginning the next." – Frank Sullivan on Khalil Ibrahim

Throughout his career, among the corporate entities which have purchased his works are the Hilton hotels, Maybank, Petronas, National Art Gallery, Bank Negara, Bank Bumiputra and Telekom.

Today, his works are recognised as a contribution towards Malaysian contemporary art history while simultaneously paying tribute to his own humble beginnings and his determination as an artist.



KHALIL IBRAHIM: THE ART JOURNEY COFFEE TABLE BOOK

Khalil Ibrahim: The Art Journey explores the artist's work over almost 60 years to the present, bringing together batik pieces and watercolour pieces, drawings, prints and photographs.

Khalil Ibrahim is widely regarded as one of the most important, influential and famous artists in Malaysia. Throughout his career, he has pioneered new approaches, challenged the limits and transformed the boundaries and relationships of artists with the Malaysian modern and contemporary art scene.

Surveying the full scope of his career, a retrospective exhibition along with the launch of the *Khalil Ibrahim: The Art Journey* book was the most comprehensive effort ever devoted to the artist's groundbreaking oeuvre.

By reconstituting all his most iconic works and significant series in a linear narrative, the retrospective will allow avid collectors and art aficionados to understand Khalil's remarkable output. An impressive amount of 700 images of Khalil's works will be showcased in the 300-page book, chronicling his career from the 1950s to 2014.

The book serves as a window for readers to delve into Khalil's journey as an artist, from the moment he began his artistic career to his sojourn in London and his early wishes to become a teacher. Readers will be let into Khalil's treasured record of the first ever works such as the first batik sketch, the first portrait and so on. The biography is an instructive, enlightening and interesting tale of one of the greatest forerunners of art in Malaysia.

KHALIL'S LEGACY

Landscapes

Khalil Ibrahim emerged as an artist at the same time landscape painting had taken Malaysia by storm, as it was often used as a form of cultural expression. He delved into the landscape painting scene and began to journal his own story onto canvas. While many may see landscapes as insignificant pictures, Khalil found deep meaning within them and learnt lessons from them.

As there were no art schools back then, groups such as the Wednesday Art Group (founded by Peter Harris) and Penang Artists Group (founded by Tay Hooi Keat) started to gain an active following. Khalil, however, was no part of either of these and found himself grouping with fellow self-taught artists such as Yusoff Sulaiman and the late Nik Zainal Abiddin. Together, they both joined Saturday art classes, taught by Cikgu Nik Mahmud Idris.

The theme for these classes were always the pastoral settings of kampungs.

Here, Khalil learned how, through careful study, to arrange light and composition through which he transformed even the most mundane of settings to stunning visions of beauty.



Portraits

Typically portraiture suggests the artist's perspective and his own understanding of what he sees. And although Khalil has never been linked to portraiture, he has in fact produced quite a number of portraits in a variety of media.

Many of his portrait works were of strangers, unnamed subjects he met in passing. Keen on people who were exotic and graceful, he responded strongly to these subjects and portrayed them through colour and his own interpretation of tonal sensitivity and vibrancy.

Only two works were of his own portrait – one completed in 1965 and another in 1999.

Batik

Batik was once only known for its contribution to the textile and traditional industry. The manufacture of batik has notably been associated with the East Coast states of Kelantan and Terengganu, having been introduced into Kelantan by Indonesian craftsmen in the very early 20th century. It was in the 1960s that batik truly took a revolutionary step into being part of modern and contemporary art with a twist. It was slowly becoming part of Malaysian contemporary art practice, and Khalil Ibrahim most certainly had a part to play in this huge step for batik.

Khalil's interpretation of the batik is more convoluted than the normal. Depicting kampung life, he gets the viewers and audience involved in his pieces. They are romanticised, no doubt, what with the vibrancy in colours and spirit in gestures. Renowned for his pictorial style and his fascination with the daily activities of the rural communities of the East Coast, he employed various techniques that included works executed in traditional methods such as dip dye, crackling and the use of the tjanting to imbue delicate lines and details to his paintings. In his abstract batik paintings, he developed techniques by using brush



MOVEMENT IN RED Batik • 91 x 81 cm • 1971 Private collection

strokes and thus created abstract works that broke through tradition and defied the stereotypes of batik painting.

Khalil received formal western education, of course, but he had never forgotten his Kelantanese cultural heritage. Somehow inevitably, he pursued batik after returning from England.

.

TEMERLOH GIRL on board • 73 x 44 cm • 1966 Private collection



"PELIKAT" - AIRBRUSH ABSTRACT Oil on canvas • 35 x 25 cm • 1981 Private collection of Tan Sri Kamarul Ariffin

Abstracts

Apart from batik, Khalil was strongly linked to Abstract Expressionism. New art graduates from the 1940s in New York introduced the concept in Malaysia in the mid-1950s, and it challenged the typical, dominant, historical narrative of realism as it encouraged artists to explore and express the rich complexity of Malaysia's cultural history in new ways.

Individualism is one of the reasons why Abstract Expressionism flourished, and viewers were free to reflect on said expressions. Khalil first encountered Abstract Expressionism at St Martin's through works by Picasso, Francis Bacon and Henry Moore. He picked up bits and pieces and channelled them through his works, but he would then merge it with his own Malaysian quintessence.

What Khalil loved most about Abstract Expressionism was the freedom that came with it. Freedom in form, colour and brushstrokes.

However, tradition runs deeply in Khalil's veins, especially since they are palpable in his works. His works in the 1960s and 1970s were the amalgamation of batik and abstract, and after eliminating illusionism, he was able to achieve an absolute harmony between basic form and seamless space.

Sketchbooks

Pablo Picasso once said that painting was just another way of keeping a diary. This was especially true for Khalil Ibrahim, whose sketchbooks have been crucial to his art practice. Sketchbooks kept him grounded, a map to locate himself if ever he were to go far off. Sketching brought him back to the present. They also enabled him to keep track of moments that mattered.

This was perhaps the most intimate way of reaching into Khalil's mind, his thoughts and ideas from deep within. It first started during his training at St Martin's, where he would sketch potential frameworks and ideas for his art, and continued with it even when he returned to Kuala Lumpur where he and his friends would wander around Jalan Masjid India to sketch people.

"Once someone understands that drawing is a tool for understanding and transforming the visual world, he or she invariably recognises how important it is. Everyone should learn the fundamental skills of abstracting the threedimensional world on a two-dimensional surface with crayons, graphite, charcoal or ink. I emphasise drawing in my own creative life. My passion for drawing has remained unabated. It continues to be the foundation of my work in the studio and I am never without a writing instrument that I can use to sketch ideas." – Khalil Ibrahim



COVER STORY





MAIN DOOR - LEFT 213cm x 58cm x 4cm (Wood) Collection of KL Lifestyle Art Space

MAIN DOOR - RIGHT 213cm x 58cm x 4cm (Wood) Collection of KL Lifestyle Art Space

With human figures being the preferred theme and hallmark for Khalil Ibrahim, here is a set of doors adorned with colourful figures. Silhouettes of individuals are situated around the middle, where Khalil's penchant for the human body is exhibited – he paints the curves, contours and forms in various colours.

These were the former main doors to his home which was purchased after his hugely successful inaugural solo exhibition showcasing batik works at the Samat Art Gallery in the late 1960s. These doors were given in 2010 to KL Lifestyle Art Space after Khalil Ibrahim replaced the doors in his home. He currently resides in the same house.

> WE HAVE MOVED Our new gallery is located at 31 Jalan Utara, 46200 Petaling Jaya, Selangor, Malaysia



10 WAYS TO COMBAT THE FESTIVE WEIGHT GAIN

The festive season is a great time to stuff your face with all the great food around. However, dealing with the aftermath isn't the best of activities. Get back into your favourite pair of jeans in no time with these 10 tips!

1. Break the cycle

We all know that a big part of the holidays is catching up with family and friends and eating all kinds of Raya noshes. But that's fine, says Michelle May, M.D., author of Eat What You Love, Love What You Eat. However, it is important to break the splurge cycle. After bingeing on sweet stuff and heavy food, you will start craving for it. Which is why it is best to eliminate desserts and food that have high contents of sugar and fats for at least 3 to 7 days to help quell the cravings and regenerate a taste for naturally sweet food such as fruits.

2. Don't skip a meal

Skipping meals may seem like a good idea after bingeing for the past week or so. However, cutting out meals completely will only make you hungrier and will make it harder to stick to a healthy-eating programme. After an eating frenzy, it's best to have protein in your breakfast. We suggest having a healthy serving of yoghurt or eggs to satiate your appetite through the day.

3. Get movin'

No more calling raising a fork to your mouth as cardio, it's important to actually DO cardio now. Exercise not only burns calories but also produces endorphins that put you in a positive mind-set, which in turn will help you make better dietary choices in an upbeat mood!

4. Juice it up!

With the recent trend of juicing, we're intrigued with all the benefits we can reap from it. You can replace all meals and snacks with juices or ease into it as you go. Juicing will help improve your body's natural waste-removal system and remove toxins from your body while giving it a burst of nutrients from the fruits and vegetables.

5. Write your goals down Writing down a specific goal will make it

real and certifiable. Just saying you want

to lose some weight isn't specific or determining enough. But saying you'd like to lose 10 pounds by October is. Writing your goals down will help you subconsciously be aware of your goals, and while you're at it, write down all that you eat and your workouts. Logging down everything you eat will reduce mind less eating.

6. Eat your greens

Momma was right; your greens are good for you. Vegetables are natural appetite suppressants while carbohydrates are stimulants, which is mostly why you'll find a free basket of bread in restaurants.

7. Stop boarding leftovers

Get rid of all, we repeat, ALL the holiday food. If you want to lose weight, you need to get rid of the temptation. Give away the Raya cakes and cookies to colleagues and friends and replace them with healthy snacks or fruits.

8. Rehydrate

The age-old rule is timelessly on point, guys. Experts believe that most of the time we think we're hungry, we're most likely thirsty. Water helps flush out the "bad" stuff you've been eating as you train your body back to following a healthier lifestyle.

9. Plan your meals

It's like the saying, "If you fail to plan, you plan to fail." Straying from your healthy eating habits gets harder when you plan out your meals. Carry some fruit or a healthy snack when running errands, so then a pit stop at a drive through wouldn't be necessary.

10. Patience is key

Your body will be changing mechanisms as it regulates your diet. This will make you hungrier, and it will make it more difficult to stick to your healthy diet. Be patient, as this too shall pass.



GEORGE TOWN FESTIVAL

BY NADHIRAH BADARDIN

Penang takes centre stage

ocated on the northeastern corner of Penang Island, George Town, the capital city of Penang state was named after Britain's King George III. Due to its unique architectural and cultural townscape within Southeast Asia, George Town was declared a UNESCO World Heritage Site in 2008.

The George Town Festival is a yearly, month-long colourful celebration of arts, culture, heritage and community. Unveiled in 2010 in accordance with George Town's title as a UNESCO World Heritage Site, the festival introduced the city as a universal stage featuring world-class performances and many exciting events.

This August, the festival makes its annual comeback with an excellent selection of thrilling performances from around the world not to mention several local offerings that represent the city and its people. This year's festival thrives on Penang's growing reputation as an arts and culture hub in the ASEAN region.

Festival director, Joe Sidek, said they were thrilled to welcome a one-of-a-kind opportunity for both local and international visitors to watch world-class theatre and dance shows against the timeless George Town backdrop.

The festival promises to bring a global flavour to the heritage city while keeping the focus fixed on the local community and George Town as it has always done in the past. "100% Penang" is one of the most anticipated shows which features 100 local citizens, each representing 1% of the population- coming together to form a human pie chart of Penang. They will be sharing with the audience their stories, vies and persona which in turn will give the viewers a memorable stance on what makes Penang such a special place.

The George Town Festival has always been about prioritising giving back to the community by giving access to art and culture. This year, the George Town Festival will also be in partnership with the National Departments for Culture and Arts where they will be bringing Borak Arts, a conference that aims to bring ASEAN arts closer to the local and global community.

"We're thrilled to be bringing in a number of Asian, ASEAN and Malaysian premiers from internationally renowned performers, including Spain's Titanium and Australia's Am I", said Joe Sidek. "In addition to our Friends of the Festival initiative, which allows donors to sponsor tickets for students and underprivileged citizens, we will be introducing our Community Partners intiative, which will allow donors to sponsor tickets for the general community as well. We're grateful to all our sponsors, partners and friends, and hope to continue to draw interest in this growing cultural event."

Head on over to George Town this August for an inimitable time filled with arts and culture. The George Town Festival will be run from August 1 to 31, 2015.



MALAYSIAKU CELEBRATIONS 2015

by Nadhirah Badardin

Celebrating Malaysia in all her glory

eing Malaysian to us has always been about embracing our nation's rich and diverse culture. Living in a multi-cultural country, it is important for us to remember that Malaysia is built on years of different histories, stories and opinions.

Malaysia was declared independent on Aug 31, 1957. However, this did not include the states of Sabah, Sarawak and Singapore. Malaysia was truly formed on Sept 16, 1963, when Sabah, Sarawak and Singapore were incorporated into the new federation of Malaysia. To celebrate this historic manifestation, the 'Bangkung Row Restaurants' have been organising the Malaysiaku Celebrations since 2010.

It was incepted to create a movement of Malaysians who believe in celebrating our rich cultural diversity and to encourage the celebration of Malaysia Day.

The tagline "Malaysiaku" points to an understanding that each of us is a part of

this magnificent country, just as much as our country is an inseparable part of us. The team behind the Malaysiaku Celebrations believe that celebrating our diversity will make us appreciate that this diversity is what makes Malaysia special. We couldn't agree more with this notion; this is definitely something we should all be proud of.

Various events will be held at in several venues around the Bangsar area to commemorate Malaysia Day. The Bangkung Row Restaurants will be collaborating with The Star newspaper for a Portraits of Malaysia Photo Competition entitled "Satu Hati, Sejuta Wajah", which will run throughout the whole month of August 2015. The competition is about what makes us Malaysian at heart; be it the food, people or anything that make us like no one else on earth.

The photo competition will be judged on Instagram where participants are required to post 3 best photos with a caption of not more than 200 words and the hash tag #SatuHati2015. The photos with the most likes will win cash prizes while the other finalists will each receive a RM100 food voucher from Cava Restaurant. All the 25 finalists' photographs will be featured in an exhibition.

The Malaysiaku Celebrations will be held from Sept 13 to 16, 2015 with several events such as a potluck picnic at Taman Weng Lock, a Celebration of Culture at Bangsar Village and a Rice Festival that features a selection of Malaysian rice dishes. Tuak is an alcoholic beverage made of palm nectar, yeast and sugar, and is famous in Sarawak. If you're curious about tuak, there will also be a Tuak Appreciation session where cocktails mixed with tuak will be available.

Various cultural performances will also be taking place during the celebrations to rejoice in the splendidly vast cultural diversity in Malaysia.

Join the celebration of Malaysia's 52nd birthday in the Bangsar area this September. For more information on the Malaysiaku Celebrations, log on to their Facebook pages MalaysiakuCelebrations and Satuhatisejutawajah.









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JASON LO

BY NADHIRAH BADARDIN

e all remember Jason Lo from his rock star days. The Kuching-born former musician is known for his hit songs that blew us all away on the local radio waves such as Evening News and Operator The Line Is Dead. We recently took some time to get to know the current Tune Talk CEO and MIMMA founder on his favourite nosh spots and dishes.

Share with us a few of your favourite dining places.

Drift Dining and Bar is by far my favourite restaurant. Amazing food, setting, people and vibe. Kids love it too and it's Aussie fusion tucker at its best.

If it's late in the night, Nasi Lemak Antarabangsa in Kampung Baru hits the spot. The sambal is the key and balances an array of amazing textures in our national dish.

I always have been and always will be a fan of Duck King in Jaya One. It's got it. Try it.

And a special shout out for the best chicken wings in town. And I don't eat chicken wings. In Changkat at the corner of 7-Eleven you'll find it. I don't know what they put in it, but I'm not complaining.

Are you a fan of the local street food scene? If so, what kind?

Aside from the champions I mentioned, there are oyster eggs! (NO, it's not actually the eggs from an oyster) but every hawker centre has them. They are delish! And the best is at Uptown in Damansara Utama, PJ.

Add grilled sting ray, kuey teow goreng, Sarawak laksa, apam balik, ...now I'm hungry again.

Do you like to cook?

I do a Christmas dinner ala Jamie Oliver once a year which rocks and is worth waiting for and maybe a dozen barbie's for the poolside feast each year for kids birthdays or gatherings. The lamb and occasional wagyu pan-fried could surprise a few, with my special ingredient being L.O.V.E. The more of that you put in, the better. ...oh and PANIC. Yeah. LOVE and PANIC make a great BBQ.

Tell us a little about your current and upcoming projects.

Well, Tune Talk is running hot with one and a half million subscribers.

We battle the best of them with low prices, excellent customer care and value that would make even Tony Fernandes shout, "Where's my EBITDA margin?" We also are huge on MWA or Mixed Martial Arts via www.malaysianinvasion.com and www.onefc.com and will be behind an incredibly resurgent para athlete focus for Malaysians on the international scale. We are launching the fastest data in the world soon, also a new incredible channel called crap.tv which is full of crap, you'll love it, we have apps coming out which will transform gaming on mobile and we're only just getting started. MIMMA3 finals are on the October 10, we have a bevy of music acts we're gonna shock you with and our 4G is slamming, not to mention our new plan of top up RM30 and get free RM25 data. It's bananas!

How do you juggle handling MIMMA, Tune Talk and being a father?

Wait....I'm a father? Oops. Oh yes. With great difficulty and an incredible team of people. Tune Talkers are truly empowered and MIMWA is an engine fueled by the MWA spirit. It's about dedication, drive and sacrifice. "This brings tears to my eyes...my sacrifice." - Creed.

Has being a father changed your outlook on life?

Hell yeah! Although perhaps more like an inlook on life.

Was that too deep and confusing? I also confuse.

Kids teach us to look at the world and realise things we would have missed. I'm such a big fan of my kids. I hope to be just like them when I grow up. They are my heroes.

We are such big fans of your music. Any plans to return to the local music scene soon?

I will never stop writing. But I realise that people want to watch crap more. For instance, I was having a bit of fun when I did Sia. Just google 'Jason Lo Sia'. And it got like, 10k hits in a couple of weeks.

Then I released a new piece of work. Google 'Jason Lo Hurricane'. A new song. Got like, 500 hits lah. Sigh.

What do you look forward to in 2015?

Kindness and liberty. Just like every year.





(non-halal)

Dine on Wine and Swine

BY KATHLYN URSULA D'SOUZA



Smoking Hog's Mushroom Bacon Soup



e have often heard of the term "when pigs fly", which is a figure of speech for saying that something will never

Yes, we are late to the party but in this nondescript alley and up a secret passage to the third floor, pigs do fly. Into your mouth, I mean. Also, there isn't a signboard for this place, only a hanging figure of a hog with wings – a personalized welcome and indicatory sign.

It is like this – one second you're in an alley in SS2 and all of a sudden you're in a place akin to a hybrid of a cabin

and a gentlemen's club. Dark and dim are the interiors, with soft jazz playing in the background. Black seats, jagged and rough-around-the-edges tables and a shadowy atmosphere that suggests at a secret meeting place.

Quirky paintings of animals in suits bedeck the whole of the wall on the right side, which also happen to be wooden stairs that lead you up to the alfresco dining area.

The menu has a cheeky tone, separated by sentences that say "This little piggy jumped from the garden bed and landed in hot soup" (for soup), "This little piggy is ready to share" (for platters and huge servings) and many other sections.
First stop we had was the Smoking Hog's Mushroom Bacon Soup. If you cannot live without soup and if mushroom is what you crave, then this will be a real treat for you. Amplified by bits and pieces of bacon, you'll find it near addictive – not too mushy or gritty either.

We were then treated to Smoking Hog's take on the traditional dish "Ku Ru Yok", served with mantao and greens. Heavy and heaving with flavour, this dish is not meant for those who are afraid of having feasts. Clearly, this isn't a dish for the health-conscious or calorie-counters. If you like living dangerous and deliciously, then ideally, you have met your match.

While there may be arguments on how healthy the next dish was, one can merely shut one eye and consider the vegetables surrounding the Bacon Wrapped Takoyaki & Kimchi Baby Octopus would be healthy enough to make up for the sinning that is going to occur while consuming this dish.

One of their signatures – the Bacones – is for the real bacon lovers out there. Call it the ideal ice-cream, if you please. Bacon cone, stuffed with mash, scrambled eggs and baked beans. All good things in life.

The tagline for the next dish is "sometimes, some things need to be done twice to achieve perfection", as the Double Smoked Duck Fettuccine Carbonara, whose creamy and egg-y goodness are drizzled around the pasta, is pure perfection.

Last but not least, for the more adventurous, Smoking Hog presents to you its behemoth Grilled Pig's Tongue Burger. A true pork lover's dish, as the amazing taste tinted with bits and pieces of tongue and brain is sure to excite the palate.

Sounds like you're full. Wash it down with dessert such as the Bacon & Egg Ice Cream, juices or maybe a beer (Two Step Cider, Mountain Goat, Australia). After you're done eating, be sure to talk as one of the other blessing in this place is that they have no Wi-Fi.

Looks like they're bringing back the art of talking as well as the art of eating.

21, Jalan SS 2/64, SS 2, 47300 Petaling Jaya, Selangor, Malaysia





$\frac{\textbf{HUCKLEBERRY}}{\textbf{FOOD}\,\mathcal{E}\,\textbf{FARE}}$

A nostalgic hideaway

BY NADHIRAH BADARDIN

lucked in the hustle and bustle of Damansara Heights, Huckleberry Food & Fare is a new bakery and kitchen concept that invites its diners to experience lovingly made artisanal and wholesome food. Reminiscent of the quintessential classic most of us are fond of, "The Adventures of Huckleberry and Finn", the effervescent team behind Huckleberry Food & Fare (who are also behind the successful Mezze Bistro in Kuala Lumpur) are dedicated to serving their customers classic comfort food using time-honoured recipes and made with only the purest ingredients and techniques to produce wholesome and memorable dishes.

Upon entering Huckleberry Food & Fare, we were greeted by the contemporary rustic charm of its interior and a famous quote from the classic, "The Adventures of Huckleberry & Finn" of which the name of the establishment came from. The ambience here is perfect for a weekend brunch or a relaxing coffee break with soft music playing in the background and the scent of freshly brewed coffee and baked bread in the air.

If there is one thing I firmly believe in is the magic of good bread. And that is exactly what you'll get here at Huckleberry Food & Fare. The breads here are made fresh daily in the bakery spearheaded by master baker Chef Cristophe Gros, a man so passionate about his breads that it reflects on the crusty goodness of his handcrafted gourmet breads. Chef Cristophe brings to the table over 20 years of experience in the art of classic French pastries and breads. We were served a platter of multigrain, white as well as walnut and raisin breads to pair with their homemade jam as well as a luxurious serving of the infamous Parisian butter, Lescure. You can tell by the crackling of the crust that the breads were well made and delectable. Next up was the Chilli Cheese Toast. Originating from India, the Chilli Cheese Toast is a heart-warming rendition of Mumbai's response to the Welsh rarebit. It featured a thick toast grilled with béchamel, spring onions, green chillies and sambal topped with a sunny side up. To those wondering if this is as spicy as it sounds, it really isn't. It was enjoyably sweet, savoury and nostalgic of homecooked comfort food.

We were also served Huckleberry Food & Fare's Spaghetti, their take on the classic Carbonara. The spaghetti is served brimmed with amazing duck bacon that has been house-cured by Huckleberry Food & Fare's executive Chef Yves Renou and topped with a poached





egg. The dish has a simple look but the flavours are enticing as the egg gives off a certain creaminess to the pasta and the duck bacon adds a salty kick that is just perfectly executed and will leave you wanting for more.

For those with a sweet tooth, the Banana French Toast is a notable favourite here as well. The toast is thick and moist served with roasted walnuts and caramelised bananas. The bread is first dipped in vanilla custard swirled with cinnamon and nutmeg for that rustic charm. The smokiness of the walnuts and bananas packs a punch to the sweetness of the honey syrup too. There are also home-made baked goodies available for those who would love to accompany these with a cup of aromatic Sumatran Gayo coffee, a blend produced exclusively for Huckleberry Food & Fare. A selection of slow-pressed juices and a range of aromatic organic loose-leaf teas are also available for patrons to choose from.

Even in its emergence, we believe that Huckleberry Food & Fare is on the right track to gastronomic success in the Kuala Lumpur food scene. As the quote that our friends from Huckleberry Food & Fare are fond of from the book goes, "There ain't nothing in the world so good when it's cooked right".

2G & 4G Jalan Medan Setia 2, Plaza Damansara, Damansara Heights, 50490 Kuala Lumpur. T: 03-2098 7933



Amarin House West Wing, Central Park, No. 1, Jalan PJU 5/13, Kota Damansara 03-6148 5155

AMARIN HOUSE

BY NADHIRAH BADARDIN

Alfresco family dining in Kota Damansara

ota Damansara is bursting at the seams with new eateries. With the growing population of college students and office workers in the area, it is rapidly becoming the new food hub of Damansara.

Recently, we explored Amarin House in Kota Damansara. Amarin House is a homely alfresco dining spot that caters to a wide range of patrons. Serving a fusion of local, Asian and western delicacies, the owners of Amarin House aim to please to their patrons with a huge menu selection. Families are a distinct crowd here in Amarin House as the choices are endless.

Upon entering Amarin House, we instantly noticed how the place was decorated well. With elements of

wood and stone, the restaurant is charming and has several beautiful water features that elevate the serene calmness of the ambience. Following the steamboat trend in Malaysia, they also offer Japanese shabushabu if their patrons should prefer a steamboat dinner. There are also private rooms available upon request with decorating services offered for intimate dinner groups.



We were warmly welcomed to Amarin House by the owners. Looking around, there were barely any empty seats left and the crowd seemed to be enjoying their mealtime here.

A tower of watermelon juice arrived at our table as we were seated. We were told that the Watermelon Tower is a hit among the customers and we were delighted at how refreshing the juice was.

For food, we were first served a platter of satay that consisted of 15 sticks of lamb, beef and chicken. The satay were grilled to a juicy perfection with ample meat on the skewers and the peanut sauce was delectable and paired well with the satay. We thoroughly enjoyed this as an appetizer. We were also served a plate of chicken wings that were said to be the owner's special recipe. The chicken wings worked well as a sharing snack and were cooked well. The Tilapia Pesmol is an Indonesian specialty served at Amarin House. Cooked in Asian herbs such as lemongrass and kaffir lime, the broth to the fish was tangy and sublime. We loved how the dish was great for the healthconscious and had an extraordinary burst of flavours when eaten with fluffy white rice.

Prawns cooked in Sambal Balado are also a spicy favourite among the customers. The warm and homely feel of the dish and as spicy food enthusiasts, we



were pleasantly delighted. We loved how the sambal was hot and paired well with the seafood.

The restaurant also serves an array of western dishes such as Chicken Maryland, which seems to be a notable favourite among customers as well. With good food and service at Amarin House, it is no wonder that the restaurant is picking up fast as a favourite among patrons in the area. We enjoyed our time at Amarin House and look forward to returning for a meal soon.





SERAI @ PAVILION KL

A scrumptiously chic mealtime

BY NADHIRAH BADARDIN

The Dining Loft level 7, Pavilion Kuala Lumpur, Jalan Bukit Bintang, Kuala Lumpur. 03-2181 6717



he Serai Group is no stranger to the gastronomical scene in Malaysia. Started by a family passionate in wholesome food, the Serai Group legacy began 22 years ago in a quaint restaurant in Shah Alam named Serai Thai that offered authentic Thai food. Business boomed for Serai Thai as it became the go-to family dinner spot for patrons. Years later, The Serai Group expanded its business from a charming Thai restaurant to a chain of eateries serving Malaysian, Western and fusion dishes.

Serai was rebranded with a new concept spearheaded by the passionate Chef Najib and approved by the founder of Serai Thai, Rina Abdullah. The response from the public has been nothing but immensely positive thus far with a menu created to appeal to the local crowd.

The lovely Qistina Taff recently welcomed us to the fifth Serai branch located at the Dining Loft in Pavilion KL. She explained to us that the interior of Serai at Pavilion is catered to the bustling business crowd in the heart of opulent Kuala Lumpur. With a chic contemporary feel, the restaurant is decked with plush seats and luxurious marbled tabletops of fresh clean lines. There is also a private dining room available upon request with a highly customisable menu if patrons should wish to have intimate dinner functions.

Serai serves a wide variety of Western, Malaysian and Thai food. Quality is top notch here in Serai with the owners investing their time in making sure everything runs smoothly at every branch. Servers get patrons seated swiftly, orders taken, executed and delivered in a timely manner with all dishes coming out of the kitchen up to par with the brand's high standards.

We were first served a plate of Satay that had a mix of half a dozen grilled beef and chicken on skewers. The Satay were meaty and well executed with a good marinating combination on the meats and grilled to a juicy finish. The peanut sauce that came with it was also thick and utterly delectable. The scrumptious appetizer pleasantly took us away.

Next was the Serai Platter, a glorious combination of rice paired with spiced fried chicken, and honeyed squid, an oxtail Assam Pedas and a crisp serving of fresh acar. The Serai rice was aromatic and paired well with the juicy and fragrant servings of meat and seafood.

The Middle Eastern Medley was also well finished with a fragrant serving of a generous portion of spiced, tender lamb shank cooked to perfection in Moroccan flavours. The Turkish relish and fresh cucumber raita balanced out the dish with a crisp finish. We also had a side dish of Deep-Fried Crispy Brinjal. We loved how the thin strips of brinjal were crispy and had an aromatic flavour of lemongrass.

For the health-conscious, the steamed seabass in lime sauce is a popular selection. The seabass was fresh and cooked in spicy and tangy gravy. This dish was cooked to perfection and we enjoyed how it tasted well just on its own. For dessert, we tried the Pandan Banana Fritters. This timeless Malay classic of deepfried banana fritters in a delectable pandan flavoured batter was served drizzled in palm sugar with a side of creamy vanilla ice cream that we just couldn't have enough of.

With dedication and passion in serving customers an array of wonderfully made local and international dishes, there is no wonder that the homegrown Serai group is the gigantic success that it is today. Under the guidance of humble and determined owners, Serai rightfully deserves its household name. We enjoyed our trip to Serai @ Pavilion KL and look forward to our next trip in the nearest future.









Burgers

Julia Child once said that the Americans have managed to crown minced beef as a hamburger that even the fussy French have taken a liking to a simple sandwich. Fast-forward a few years (or decades) later and multiple alterations to the ordinary burger; a good hamburger is valid even past Europe and the Americas. You can get burgers in a multitude of ways, thanks to the many burger aficionados who consider the sandwich an art. But, if there is one thing everyone can agree upon, there is nothing quite like getting your hands messy with a big juicy burger.

BY NADHIRAH BADARDIN



Kaw Kaw Burger Bakar

Said to be the first in grilled street burgers in Malaysia, Kaw Kaw Burger Bakar is a delight for burger aficionados. At its first diner concept in Subang Jaya is a menu of 20 perfectly assembled smoky burgers. If a single patty of nicely charred, juicy burger with cheese, and beef bacon on a bed of crispy lettuce and onions isn't enough, there's always the double and triple patty option. Try the "Burger Kahwin"; a splendid mix of grilled beef patty with a thick slice of fried boneless chicken that's bound to have you savouring every bite.

47-G, SS15/8A, Subang Jaya. Hours: 11.00am-3.00pm (Lunch) 6.00pm-12.00am (Dinner)



Big Hug Burger

If you're looking for burger that resembles a fully-loaded plate of nachos assembled in a sandwich, look no further. The Nacho Nachos Burger from the lovely people of Big Hug Burger will sort you out. Featuring two thick pieces of breaded Mozarella and a juicy beef patty, you're guaranteed to be using both hands in handling a massive oozy goodness.

CT-G-03, Subang Square Corporate Tower, Jalan SS 15/4G, Subang Jaya, Selangor Hours: 12.30pm – 10.30pm. Closed on Sundays



MyBurgerLab

Myburgerlab still has a long line of patrons waiting to sink their teeth into its famous charcoal bun burgers like it did when its doors first opened in 2012. How could it not? With such dedication in serving creative quality burgers, you're bound to have customers eager to come back for more. A major favourite at this burger joint is "A Beautiful Mess", a burger as beautiful as the name suggests. The burger consists of a homemade beef patty, fried Portobello mushroom, a sunny-side up egg and melted sharp cheddar cheese slices and honev mustard sauce sandwiched between two black bamboo charcoal buns.

14, Jalan 21/22, SeaPark, 46300 Petaling Jaya, Selangor. Open: Tuesdays-Sundays, 5pm-10.15pm

Killer Gourmet Burgers (KGB)

Made from Australian 100% grassfed beef, the patties at KGB contain less fat, cholesterol and calories than your average burger but still just as flavourful. The Bash is a brazen choice if you're looking to have layers and layers of bursting flavours in one sitting. One would have to take on layers of beef, bacon relish, Provolone cheese, caramelised onions and maple cornflakes. The burger patty is juicy and the cornflakes provide a nostalgic crunch of childhood!

23, Jalan Telawi 2, Bangsar Baru, Kuala Lumpur Hours: 12.00pm-10.45pm



YummyLicious

You know you've made it when you've got Jamie Oliver asking for the recipe of your buns or where he can get them and Gordon Ramsay following you on Twitter. The lovely husband-and-wife duo of YummyLicious believes in serving heart-healthy food that hits all the right spots. A personal favourite of ours is the Chilli Crab Burger; a juicy and crispy, deep-fried crab patty made from real crab meat on a bed of crispy lettuce topped with their house-blend chilli crab sauce sandwiched between those Green Tea Buns Jamie Oliver needed to have. Be spoilt for choice by their delivery menu of healthy homemade burgers, pies and even dessert.

*Currently delivery only. Website: https://www.facebook.com/LuvYummyLicious



DESA AMAN PURI

Desa Aman Puri may be secluded compared to other residential areas in the Klang Valley. However, given that one looks hard enough, one will discover that there are plenty of hidden gems that serve delicious and tantalising food. It may be a boring and sleepy area, but Desa Aman Puri still makes an exciting food hunting ground.

BY JANE BEE

SPAGHETTI BEL PASTO (RM35.90)

Do not be fooled by the look of this pasta. While it may appear plain and simple, it is packed with flavours that could charm your taste buds instantly. Ingredients such as crabs, prawns, clams, mussels and squid also inject a taste of the sea to the pasta. It is tempting and the serving is perfect for sharing by two persons. If you are feeling adventurous, be sure to explore other exciting dishes offered in the restaurant as well.

Bel Pasto Italian Restaurant Address: 3-23A, Jalan Desa 2/2, Desa Aman Puri, 52100 Kepong, Kuala Lumpur Tel: 03-6273 6266





FISH HEAD CURRY (RM13 for medium size)

Located at the Aman Puri Great Wall Food Court is this one particular stall that serves marvellous fish head curry. The fresh fish is cooked in thick and flavourful curry gravy – it takes just the aroma alone to attract passers by to the stall. It is best served with a bowl of white rice and you can find ingredients such as lady's fingers, long beans and brinjal in the heavenly pot of curry as well!

Claypot Fish Head Curry

Address: Aman Puri Great Wall Food Court, Jalan Desa ½, Desa Aman Puri, 52100 Kepong, Kuala Lumpur Tel: 03-6272 8659

PEANUT BUTTER CRAB non-halal (RM48 – seasonal price for M size crab)

Feeling a little adventurous? Be sure to try the peanut butter crab at Fei-fei Crab Restaurant. And yes, you heard it right – the crab is cooked with peanut butter. While it does sound bizarre, you will be surprised to find that it is cooked to perfection. It is flavourful, no hint of greasiness and so tantalising that you can just never get enough of it.

Fei-Fei Crab Restaurant Address: 7A, Jalan Desa 2/7, Desa Aman Puri, 52100 Kepong, Kuala Lumpur Tel: 03-6272 8659





CLAYPOT GLASS NOODLES (RM18 for small)

Mention claypot noodles and we would immediately think of noodles soaked in gravy and cooked in a claypot. Well, the same can be described of the claypot glass noodles served at Khunthai Restaurant – with the exception that there isn't any gravy or soup involved. And yes, it is still flavourful and delicious. We would be more than happy to go for the second serving at any time of the day.

Khunthai Restaurant

Address: 17A-18A, Jalan Desa 2/8, Desa Aman Puri, 52100 Kepong, Kuala Lumpur Tel: 03-6266 3523

PORK AND DUCK SATAY non-halal

(RM 1 each for duck or lamb, RM0.90 each for chicken or pork)

While the duck satay was the first thing that caught our attention, it wasn't long before we found ourselves going gaga over the rest of the selection available, particularly the pork satay. Apart from the flavour, the owner also makes sure that freshly grilled satay is served – the satay will be prepared upon order.

Sen Kee Satay Address: 12A Jalan Desa 2/8, Desa Aman Puri, 52100 Kepong, Kuala Lumpur Tel: 03-6272 8659 / 016-237 3794



SWEET INDULGENCE



Bingsu

Korea's most popular snack

Just last month we featured a section on special ice creams, where we mentioned that some big shot Korean brands were making their way into the Malaysian ice cream scene. As we all are aware, K-pop is everywhere but that's not the only thing sweeping us off our feet. We are keen on *bingsu*, a frosty treat made creative from its beloved Korean shaved ice dessert roots.

BY KATHLYN URSULA D'SOUZA



CHOCOLATE LAVA BINGSU Where: Dal.Komm Coffee

An absolutely breathtaking contrast of hot and cold. Experience an eruption of luscious chocolate cake that is hot and freshly baked, with a generous measure of vanilla ice cream to complement the frosty bits of the dessert. Not a fan of chocolate? Try the Coffee Cube Bingsu, Lemon Dazzling Bingsu, Grapefruit Bingsu or the Blueberry Deluxe Bingsu.

61, Jalan SS21/37, 47400 Damansara Utama

INJEOLMI BINGSU Where: OW:L Espresso

Injeolmi is a variety of tteok, made by steaming and pounding glutinous rice flour, which is shaped into small pieces and usually covered with powdered dried beans. Indulgently smooth and not too over-the-top in flavour, customers will be spoilt for choice here with other varities such as cookies and cream, yogurt and fruit and milk fat.

A-02-1, Menara Rajawali, SS15/8





OREO BINGSU Where: Café Korea

One may find several varities of bingsu here such as fruits, black sesame or yuja, but really – who can resist a nice, charming bowl of Oreo bingsu?

31, Jalan Radin Anum, Taman Sri Petaling



PATBINGSU Where: Namoo On The Park in Publika

Namoo On The Park is one of the earliest cafes in KL that offers patbingsu – the original ice shavings with red bean paste (which is known as pat). Many varieties of patbingsu exist, like the few we mention here, but we feel like that old school one deserves a mention too. The version at Namoo On The Park is filled with not only red beans, but rice cakes, multiple grains and ice cream.

Solaris Dutamas 1, Jalan Dutamas 1

PREVIEW

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KEEPING IT Neutral



FENDI Crystal-embellished cat's eye Optyl™ sunglasses RM1,907

Here's one way to give your everyday look a retro-glam finish. This pair of shades has a flattering cat's eye silhouette made from gray Optyl™ that's sturdy, comfortable and lightweight.



VALENTINO Va Va Voom leather shoulder bag RM7,124

Crafted in Italy from butter-soft blush leather, this shoulder bag is deceptively spacious with canvas-lined interior and compartments to neatly fit everything you need. This bag also doubles as a clutch.



BERING White bezel with Swarovski crystals on a gold mesh strap RM726

Gold watches have always been the epitome of chic. Wear it daily to exude class and attention-grabbing style.

M MISSONI

pants RM1,123

silhouette.

Wool-blend jersey wide-leg

This pair of pants sits at the narrowest part of your waist and finished with streamlining pressed creases for a flattering



MICHAEL KORS Chunky-knit sweater RM2,646

We love this neutral sand hue short-sleeved sweater. Though knitted, this sweater is ideal for warm weather



TOD'S Nude moccasin with metal vamp and threaded leather

Characterised by a metal vamp and handthreaded strips of leather, this pair of moccasin screams out chic in all the right areas.



ISABEL MARANT Set of two resin and gold-plated cuffs

RM740 This lightweight pair of cuffs is accented with glossy gold-plated brass plaques that exude a laidback couture factor.



FLAGGED AS 'Fabulous'

It's August again and we believe that there isn't a better reason to dress patriotically fabulous! Nothing is more precious than independence and liberty and we believe in embracing our hard-earned liberation. This month, we've put together a look that symbolises our nation's pride - Stripes of Glory, the Jalur Gemilang.



Raving Red CHARLOTTE OLYMPIA Lippy Pandora Perspex clutch RM3,568

Charlotte Olympia's Perspex 'Pandora' clutch has three interchangeable pouches printed to match agate, azurite and malachite minerals. Topped with a gold lip clasp for that hint of shine, this pouch is perfect to switch up an evening look! Pair it with a cocktail dress for that glamorous glint.

Regal in Yellow DIPPED ROW Anna Crystal necklace in yellow RM260

This piece is beautifully hand-crafted with clear crystals adorning this showstopper. Coming in bright yellow, we love how the splash of colour instantly brightens up a timeless piece such as the LBD and freshens up a casual look as well.

Harmonious Blue VICTORIA BECKHAM Silk and wool-blend crepe dress RM7,460

We found a new rendition of a classic that's perfect for all occasions in blue. This is Victoria Beckham's fresh alternative to the classic LBD. This sleek storm-blue dress is made of silk and wool-blend crepe finished with a subtle seaming at the waist to emphasise a flattering silhouette. Wear this number with your favourite pair of heels.

White Purity STUART WEITZMAN Ecru canvas nudist sandals Price upon inquiry

Step out in style in this charming pair of heels. Made of canvas, we love how the Ecru Nudist sandals are understatedly chic but versatile for almost any outfit. Dress it up with your favourite sundress or down with a silhouette-enhancing piece.



4CM Reversible textured-leather belt Approximately RM1,639 Fully reversible, this durable design is black on one side and deep

burgundy on the other.





BERING Ultra Light Titanium RM1,116

Made from high-tech ceramic and sapphire glass, Bering watches are also hypoallergenic and scratch-resistant. This is a dressy watch suitable for any occasion.





TOD'S

This patchwork leather bag features a dark brown backdrop with dark burgundy lining. In accordance with the TOD'S aesthetics, this bag exudes a luxurious feel

TOD'S

This pair of grey moccasins is made of suede and freshens up a casual look. Pair this with a pair of denim and checked shirt.



BURBERRY LONDON Checked cotton shirt Approximately RM2,060

This grey cotton shirt is patterned with the iconic checks of Burberry London. Wear this shirt with a smart pair of denim for a casual look.



Slim-fit washed denim jeans Approximately RM1,093

These jeans were crafted in Italy from stretch-denim that is washed and faded for a comfortable feel. Wear this pair with a checked shirt.



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AIRPORT TALK

Having just celebrated bis first year as Managing Director of Malaysia Airports Holdings Berhad, Datuk Badlisham Ghazali is fast gaining recognition in the global aviation world. A speaker at the World Routes Strategy Summit 2014 in Chicago, be was recently appointed Special Advisor to Airports **Council International** Asia-Pacific. He also sits on the Boards of the international airports at Delbi, Hyderabad, Istanbul and Male.

This month, Datuk Badlisham talks about the Company's performance.



AIRPORT MD SPEAKS

"The core function of an airport is to serve airlines. As Malaysia's national airport-operator handling 39 airports across the nation and several others overseas, the business of Malaysia Airports Holdings Berhad is based on airline-travel. Airlinetravel is, in turn, closely correlated with growth of Gross Domestic Product. According to the International Monetary Fund, the world's GDP was expected to have grown by 3.3% in 2014, while Malaysia's GDP registered a growth of 6%.

Airport Traffic

"The group of airports operated by Malaysia Airports drew a record number of passengers in 2014, surpassing the 80 million passenger mark for the first time. The Group experienced 4.7% growth in passenger movements despite the Malaysia-related aviation disasters that affected consumer attitudes towards flying. International passenger traffic rose 4.9%, while domestic passenger traffic grew by 4.5% in the Financial Year 2014, compared to Financial Year 2013. In the first half of 2015, there was a 2.8% growth in passenger-movement for the other 38 airports in Malaysia apart from KLIA.

"I am pleased to report that our flagship facility, KLIA, registered total passenger movements of 48.9 million in FY2014, representing an increase of 3.0% from FY2013 – one of the highest rates of growth among





AIRLINK

AIRPORT TALK





all ASEAN countries. Aircraft movements across all our airports rose 7.3% as airlines began operating new routes from Kuala Lumpur and other airports, and also increased flight frequencies. Jointly, klia2 and the Main Terminal at KLIA currently cater to 57 passenger airlines and 5 freighter carriers, serving 111 international and 15 domestic destinations.

Airport Facilities

'Malaysia Airports continues to upgrade our 39 airports and Short Take-Off and Landing Ports (STOLports) to ensure airlines and passengers receive the best possible standards of service. The opening of the klia2 terminal on 2 May 2014 was a milestone for Malaysia Airports, providing a better experience to travellers using Low-Cost Carriers. klia2 has the capacity to handle as many as 45 million passengers a year and marks a significant step forward in the development of KLIA as the world's first Next-Generation Hub. The Mitsui Outlet Park KLIA was opened to public on 30 May 2015, representing another step forward in Malaysia Airports' plans for the KLIA Aeropolis.

"We will be bringing development to other facilities in the country. Malaysia Airports has identified several airports for improvement and expansion over the next five years, in order to fulfil our mission of making our customers' airport experience one that is joyful and exciting. The Group plans to register the development proposals with the government for the 11th Malaysia Plan, which lays out the country's economic development plans until 2020.

Airline Support

"Malaysia Airports pursues our own dynamic marketing strategies to encourage more airlines to fly to Malaysia, whether to KLIA/klia2 or one of the country's four Regional International Airports at Penang, Langkawi, Kuching and Kota Kinabalu. We work closely with our airline-partners on market-intelligence and traffic forecasts, and provide carriers with the opportunity to market their promotional packages, fares and marketing-messages through a unique mass-media publication, Airlink.



"Our Airline Incentive Programme has also proved an effective tool in bringing in business. In addition, Malaysia Airports seeks to raise awareness by participating in travel-trade events such as the World Route Development Forum and the World Travel Mart. Partnering the Sarawak Tourism Board, we also hosted Routes Asia 2014 in Kuching. We continue to work closely with our valued airline-partners to maximise our position as the regional air-hub of choice.

Airline Arrivals

"In 2014, we welcomed five new carriers. Among the new airlines and routes, Flynas began flying between Jeddah and Kuala Lumpur, while YOU Wings started operating flights with Indonesian airline Sri Wijaya Airlines from Medan in Indonesia to Kuala Terengganu and Ipoh. Iran Aseman introduced services between Tehran and Kuala Lumpur services while Jin Air now connects Seoul with Kota Kinabalu and Mega Maldives flies between Male and Kuala Lumpur.

"2015 looks equally exciting. Turkmenistan Airlines began a weekly service between Kuala Lumpur and Ashgabat in February while British Airways, after a 14-year hiatus, returned to KLIA in May, offering daily flights on a three class Boeing 777-200ER to London. All Nippon Airways (ANA) will start operations to Tokyo next month using its new Boeing 787 Dreamliner while Air China is expected back at KLIA in October.

Global Growth

"With the experience gained from operating airports in India, Cambodia, the Maldives and Kazakhstan, the acquisition of Istanbul Sabiha Gochen International Airport in Turkey reinforces MAHB's strategic position and aspiration to become a major global airport player. ISG is strategically located between Europe and Asia with an annual passenger growth of 25.4%. Owning one of the world's fastest-growing airports helps to diversify MAHB's earnings and strengthens its foothold and influence as a world-class airport-operator. Malaysia Airports is also continuing to make inroads to the Middle East via the additional contracts secured at the Prince Hamad International Airport, Doha, Qatar.

"Globally, demand for air-travel is expected to grow on the back of robust economic growth. To quote my Chairman, "The global economy is picking up and we are moving in tandem with the expected growth this year. As a world-class airport company, one of our priorities is to uphold or preserve our reputation as a dynamic and reliable organisation that continues to chart success in a highly competitive global aviation market, where competition is tough and requires bold decisions and investments for the benefit of all our stakeholders."



AIRPORT TALK

AiRLINK



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A World Leader in Eco-Responsibility

KL International Airport continues its environmental leadership



KL International Airport (KLIA) recently celebrated its 17th anniversary, and it was a happy event at the main terminal. However, not many people realise that Malaysia's flagship airport has also been a world-leader in environmental responsibility from the time it was born on the design and planning tables as "an airport in the forest and the forest in an airport["]. That was the visionary concept the planners had when they sat down to create KL International Airport. For one thing, the airport itself is situated in a natural environment of peat forest, and for another, Malaysia is world-renown for having some of the oldest tropical rainforests on the planet, with the richest biodiversity imaginable. This formed the natural environment that

encompassed the airport from the outside. The challenge of the concept was to bring the natural environment into the airport's actual operational area.

In 2004, KLIA became the first airport in the world to win the Green Globe 21 Certification, in line with the United Nations Conference on Environment & Development (UNCED) Agenda 21. Winning certification means this attractive airport is "Committed to Sustainable Travel & Tourism through Control & Implementation of Environmental and Social Aspects." KLIA then proceeded to win this certification for an unprecedented five years in a row, and in 2010 became the first airport in the world to win the



Airlink

AIRPORT TALK





Golden Globe 21 certification! It also became one of the first airports in the world to win ISO 14001:2004 certification for its environmental standards

Most recently, KLIA was awarded certification by Airports Council International (ACI) under its Airport Carbon Accreditation Programme for Reduction. The programme has four levels of certification, of which, Reduction (carbon management towards a reduced carbon footprint) is the second level. The certificate was presented to Datuk Badlisham Ghazali, Managing Director of Malaysia Airports by Dennis Chant, President of ACI Asia-Pacific at the Presentation ceremony held in Jordan earlier this year.

According to the Greenhouse Gas (GHG) Inventory and Carbon Management Plan, KLIA had reduced its carbon emission intensity by 42.86%. The Airport Carbon Emission Reporting Tool (ACERT), a tool developed by Transport Canada and its consultant EBA with the Canadian Airports Council was used in the calculation of GHG Emissions Inventory.

his gratitude to the airport's business partners for their joint efforts in reducing carbon intensity in KLIA's day-to-day operations and development. "One of the pillars in the company's strategy themes and objectives is sustainability. Therefore we consider this accreditation an important milestone in our pursuit for environmental excellence and sustainable future."

airport carbon accredited

In receiving the recognition, Datuk

The ACI Airport Carbon Accreditation programme was initially launched by ACI Europe in June 2009 and extended to Asia-Pacific in November 2011. The programme independently assesses the efforts of airports with four progressive levels of accreditation, including "Mapping", "Reduction", "Optimisation" and "Neutrality". It is an independent, voluntary program designed to allow the assessment and recognition of participating airports' efforts to manage and reduce their CO emissions. The program is administered by WSP Environment & Energy, an international consultancy to enforce the accreditation criteria for airports on an annual basis.

With this certification, The World's First Next-Generation Hub is continuing to set a global benchmark that it aims to raise in the coming years. How does this benefit airlines and their passengers? "From the beginning, we realised that the aviation industry has a major responsibility towards the environment, and we wanted to ensure that airlines and their passengers who use our airport enjoy the benefits of a truly environmentally-



responsible facility", says Malaysia Airports Chief Operating Officer Dato' Abdul Hamid Mohd. Ali. "Being 'green' at KLIA is more than just a nice ideal – it is a practical reality and a pragmatic approach to operations and administration.

"Everyone from the top managers to the lowest-rank labourers are involved in the commitment to environmental best-practices. We believe in leadership by example, so the management is working towards the Gold Standard of the Green Building Index for klia2. The Green Building Index considers all aspects from design and use of local content to operations. It is thus most satisfying when we see the environmentally-responsible spirit being practised throughout the airport community. To me, the greatest measure of our success is to see environmentallyresponsible practices being applied by the various people in their everyday tasks, and at every possible level."

From clerical personnel who carefully recycle office stationery to an airportretailer reducing the use of plastic bags and pledging funds for the Green Earth Campaign, implementing world-class eco-standards at KLIA is an integral way of life. From cleaners to managers, and from executives to engineers, everyone at KLIA is doing their bit to reduce their carbon-footprint and make the world a cleaner, greener place.

As Datuk Badlisham succinctly sums up, "Being awarded certification by Airports Council International (ACI) under its Airport Carbon Accreditation Programme for Reduction is just the next step forward in our constant striving for excellence in environmental responsibility. Ultimately, it's a personal thing - being successful as a 'green' airport depends on every single individual in our entire airport community.

ALAYSIA



travellers a year get

first class food

at economy prices

The living heritage of Penang is best experienced through its mouth-watering street cuisine that has prices so delightfully low, they must hail from a previous century. CNN rates Penang one of the greatest street food cities in Asia, and in his television show *No Reservations*, Anthony Bourdain describes the state's Assam Laksa as "everything I want in one bowl". It's little wonder that the Penang International Airport is the busiest airport in Peninsular Malaysia after KLIA.

Deliver your passengers to gastronomic heights of excitement by including the Penang International Airport in your flight routes. Contact our Airport Marketing Team at +603-20708606 or email marketing@malaysiaairports.com.my



"I believe in Service from the Heart."

A multi-product manager shares his enduring personal credo.



Interview with Kelvin Ong General Manager Aviareps Malaysia

He began his career in one of the world's most admired hotel-chains, famed for its gracious service and excellence of product. "Respect, courtesy, sincerity, helpfulness and humility were all core values of the training I received at the formative stage of my working life. The training-programmes involved a progressive instructional methodology – they were interactive, handson, solution-oriented, outcome-driven and industry-relevant. Most of all, I was trained to deliver service from the heart", says Kelvin Ong emphatically. "I have carried these values throughout the rest of my career-path."

After years of working in Penang with a brief stint in Beijing, he moved to the Kuala Lumpur office of another international hotel chain, participating in the opening of the brand's first Malaysian property. "Although both are international hotel-chains, I nevertheless still experienced considerable culture-shock due to the different workprocesses and approach to marketing. Yet it was also a valuable learning-experience for me, seeing how varied and vast the whole field of hospitality can be, within a single country. I enjoyed this because I am a person who prizes opportunities to grow both professionally and personally."

"When Aviareps offered me a job, I instinctively saw the opportunities to stretch myself in a totally new area within the service-industry. Although the company is, as its name suggests, mainly known for its airline-representation, it also handles a wide range of other travel-industry products and firms. In Malaysia, I began with a fashionretail client, and later the Choice Hotels International chain. It was only in 2013 than Aviareps Malaysia received our first airline client, followed by Ukraine International Airlines in 2014."

Aviareps was founded in Germany in 1994 with the aim of meeting the growing demands of the aviation and tourism representation market. While airlines dominate the company's portfolio, it also handles other segments of the tourism industry, such as tourist promotion boards, hotel chains, cruise lines, car rental agencies, airports and attractions. Today, the Aviareps Group is the world's leading tourism and airline sales and marketing company with over 100 airlines and 150 tourism accounts in its client portfolio, with 55 offices in 45 countries around the world. It has been called "the world's most successful airlinerepresentation group".

The airlines that use Aviareps to represent them in different parts of the world include Adria Airways, Aegean, Aer Lingus, Aerolieas Argentinas, Air Algerie, Air Arabia, Air Arabia Maroc, Air Astana, Air Austral, Air Baltic, Air Berline, Air Botswana, Air Canada, Air Lituanica, Air Madagascar, air Malta, Air Mauritius, Air Namibia, Air New Zealand, Air Serbia, Air Tahiti Nui, Air Transat, Aircalin, AmasZonas, Arik Air, Arkia, Asiana Airlines, Avianca, Azul, Bangkok Airways, Biman Bangladesh Airlines, Blue panorama, BMI Regional, Brussels Airlines, Caribbean Airlines, China Airlines, China Southern Airlines, Condor, Czech Airlines, Delta Airlines, Egyptair, El Al, Emirates, Estonian Air, Ethiopian Airlines, Etihad Airways, EVA Air, Fly540.com, Gulf Air, Hainan Airlines, Hawaiian Airlines,

Hongkong Airlines, Hongkong Express, Jet Airways, Mahan Air, Malawian Airlines, Malaysia Airlines, MIAT Mongolian Airlines, Precision Air, Qatar Airways, Royal lordanian, Scandinavian Airlines, Singapore Airlines, SkyWork Airlines, South African Airways, SriLankan Airlines, StarPeru, SunExpress, Surinam Airways, TAAG, TACV Cabo Verde Airlines, TAME, TAP Portugal, TAROM Air Transport, Tassli Airlines, Tunisair, Turkish Airlines, Ukraine International Airlines, United, Vietnam Airlines, WowAir, Xiamen Air and XL Airways France.

In addition, the Aviareps Group has a rapidly growing Trade & Retail promotion division to represent cities, states, nations, retailers, and trade-associations seeking to boost tradeflows around the world. Supplementing these core businesses, clients seeking international marketing-support also tap into the company's other major divisions – public relations, advertising, IT solutions and financial services.

Aviareps has established a worldwide network of self-owned offices, ensuring pinpoint market-access for its clients and local Aviareps teams on the ground in all key markets around the world. It recently extended its market presence in Greater China with the opening of its fifth office in the region. The newly-opened office in the southern-Chinese city of Chengdu complements and extends the activities and reach of the existing Aviareps Shanghai, Beijing, Guangzhou and Taipei offices.

Kelvin Ong explains that at Aviareps all services are uniquely tailored to meet carrier needs, and the traditional General Sales Agent work has been modified so that it is more in line with airline management. Alongside the sales, marketing, call centre, and ticket-fulfilment duties, other tasks - such as IT and network management, financial services, PR management, BSP management, and yield optimisation - also find their way into the service portfolio. As he talks about the plans for growth of the airline business for Aviareps Malaysia, it is obvious that regardless of which aspect of the travel industry he is dealing with, Kelvin Ong is absolutely sincere when he says that "I believe in service from the heart."



A Malaysia Airports concept for com **P** 2) Aerolineas Argentina 8 Central Plaza • 03-2144 3288 3) Aero Mexico . 24 • UOA Centre • 03-2715 2277 4) Air Arabia • Hotel Maya • 03-2161 0908 5) Air Astana Central Plaza • 03-2144 1571 6) Air Berlin Menara Standard Chartered • 03-2687 2222 7) Air Bagan • Central Plaza • 03-2144 6785 8 8) Air Canada • UOA Centre • 03-2715 2053 9) Air China MyHabitat One Residence • 03-2166 1999 **10) Air France** • ParkRoyal Hotel • 03-7724 8181 A 11) Air Indiá 18 • Wisma Paradise • 03-2072 6066 • Central Plaza • 03-2144 6785 8 13) Air Madagascar **P** • Lion Office Tower • 03-2141 3899 14) Air Mandalay • Central Plaza • 03-2144 6785 ß 15) Air Mauritius 8 • Central Plaza • 03-2142 9161 16) Air New Zealand 24 • UOA Centre • 03-2715 5020 17) Air Niugini Ŗ Central Plaza • 03-2148 4313 18) Air Seychelles Menara Standard Chartered • 03-2687 2222 **19) Alitalia** • Lion Office Tower • 03-2148 0644 **P** 20) All Nippon Airways ŋ • Wisma Goldhill • 03-2032 1331 21) Amadeus (GDS) ß • Menara Dion • 03-2302 2100 **22) American Airlines** • UOA Centre • 03-2715 1122 24) 23) Asiana Airlines Ŗ • Central Plaza • 03-2144 3101 24) Association of Asia Pacific Airlines **(**3) • Menara Prestige • 03-2162 1888 25) Austrian Airlines 8 • Central Plaza • 03-2148 8033 26) Bangkok Airways • Central Plaza • 03-2148 0829 Ŗ 27) Biman Bangladesh Airlines ... 26 • Menara Atlan • 03-2164 6270 28) British Airways . 2 • The Intermark • 03-7712 4747 29) Cathay Pacific 23 Menara IMC • 03-2035 2777 30) China Airlines 28 • Amoda Building • 03-2142 7344 31) China Eastern Airlines 27 • Plaza OSK • 03-2161 1666 32) China Southern Airlines ... 27 • Plaza OSK • 03-2163 9977 33) DragonAir ... 22 • Menara IMC • 03-2035 2777 **34) Egypt Air** • Menara Keck Seng • 03-2145 6867 A 35) Emirates Airlines • The Pavilion • 03-2058 5899 36) Ethiopian Airlines • Central Plaza • 03-2141 2190 37) Etihad Airways 4 Menara Standard Chartered • 03-2687 2222 38) Eva Airways • Kenanga International • 03-2162 2981 Ę, 39) Finnair 8 • Central Plaza • 03-2145 1155 40) Galileo (GDS) Ģ • Menara Keck Seng • 03-2119 6000 41) Garuda Indonesia 28 • The Intermark • 03-2162 2811 42) Gulf Air **A** • Central Plaza • 03-2141 2676 **43) Hahn Air** • Central Plaza • 03-2148 8033 8 44) Hawaiian Airlines **P** • Lion Office Tower • 03-2143 1533 45) Heli Air Monaco **P** • Lion Office Tower • 03-2141 4540 46) Hong Kong Airlines 24 • UOA Centre • 03-2715 1155 47) Hunnu Air • • Menara Hap Seng • 03-2148 7500

48) Icelandair

• UOA Centre • 03-2715 2277

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• Wisma Goldhill • 03-2034 6999
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New Brand for ALITALIA

Italian flag-carrier Alitalia recently embarked on the next phase of its evolution as a rejuvenated global airline by introducing a new brand-identity, including a fresh new livery, which aims to position the famous airline as a leader in innovative and sophisticated flying, and to represent the best of Italy on the world stage.

Silvano Cassano, Alitalia Chief Executive Officer, said: "The pride we hold for Alitalia is palpable. From today, this quintessential Italian brand is beginning a new journey, with a refreshed livery, and with the infrastructure and expertise in place to achieve its true potential. This new identity will allow us to bring a timeless and uniquely Alitalia style to everything we do the world over. The Alitalia brand is as potent today as ever, looking to the future with renewed vigour and optimism.

"The people of Alitalia remain the enduring heart of our company and the embodiment of this most beloved national symbol. They represent Italy's massive cultural influence on the world - a country as famous for its history, generosity, and tradition, as it is for its innovation, style, and sophistication. Their tremendous experience will bring this brand to life."

Autana



To reflect longevity and the airline's illustrious history, the stylised tail-logo which has characterised Alitalia since its first major rebrand 46 years ago has been updated and refined, retaining the same green, red and white colours of the Italian flag. The new logotype has been modernised and a more dominant 'A' has been introduced - a bold statement of the heights the airline is striving to reach and its enviable experience in the field of aviation.

Alitalia - Società Aerea Italiana (alitalia.com) - is Italy's largest airline. As part of its 2015 summer schedule, Alitalia flies to 102 destinations, including 27 Italian and 75 international destinations, with a total of 164 routes and about 4,500 weekly flights. Alitalia boasts one of the most modern and efficient fleets in the world with an average age of 8 years. It is a member of the SkyTeam alliance, and is 49% owned by Etihad Airways. For more information or to make a booking, call the Etihad Airways KL office on **03-2687 2222**.

7/100

AVIATION NEWS

AirLink

More growth for ETHIOPIAN AIRLINES



More connections to Kuala Lumpur and increased profile for Malaysia in Ethiopia; these were among the topics discussed at a recent meeting between Ethiopian Airlines and Malaysia Airports, at the airline's Kuala Lumpur offices.

There is a strong possibility of daily or non-stop flights to Kuala Lumpur if all goes well, said Ethiopian Airlines Area Manager Malaysia Osman Habib. Also representing the national flag-carrier of Ethiopia were Sales Manager Herman Ng and Albert Yeoh, General Manager of the airline's Malaysia GSA, Abadi Aviation Services. Malaysia Airports was represented by General Manager Marketing Mohamed Sallauddin Haji Mat Sah, Manager, Airline Relations and Route Development Mazura Omar, and Executive, Marketing Strategy & Development Muhammad Shaznin Azhar. They welcomed Osman Habib to Malaysia and congratulated him on his recent appointment to this country.

Osman Habib noted that apart from looking at growth in profitable routes, Ethiopian Airlines was also growing its international fleet, announcing an order for six new Boeing 787-8 Dreamliners at the Paris Air Show in June. The new aircraft complement the airline's existing 13 Dreamliner 787s currently operating in its fleet; and are part of Ethiopian's long-term strategy to increase capacity and provide greater route flexibility to and from its hub in Addis Ababa.

He adds that Ethiopian is a Pan-African global carrier and a member of Star Alliance. It is currently serving 85 international destinations across 5 continents with over 200 daily departures, and connects to KLIA four times a week. For enquiries and reservations, please call **03-2141 2190**.

New Planes for MAHANAIR

EX-3500)

Iran's fastest-growing airline is bringing in nine modern Airbus aircraft to its fleet, says Mahan Air Malaysia Country Manager Ali Alidadi "Continuing our rapid growth while continually striving to provide the best service for our respected passengers, we are seeking to have the newest fleet of aircraft possible."

To cope with its ever-growing number of domestic and international routes, and to steadily improve its services to passengers, Mahan Air's addition of new planes to its fleet is a part of the airline's on-going improvement plans. The newly-added planes include seven Airbus A340-600s, an Airbus A340-300 and an Airbus A321. Aviation analysts says that Mahan Air is now the top airline in Iran, having had the highest proportions of the nation's passenger traffic for 3 years. This peaked at 5.6 million passengers in 2014. With the introduction of the latest additions, Mahan Air's fleet goes to 65 aircraft. This upgrading leads Mahan Air to top spot among other Iranian airlines both in number of seats and number of aircraft.

From KLIA, it has a weekly flight to Shiraz and another weekly flight to Mashad. It also has seasonal flights to Teheran. For more information and ticketing, please call **03-2166 7977**.

Mahan Alt.





MALAYSIA®

TOURISM

Airlink

ETIHAD AIRWAYS partners Tourism Malaysia

Etihad Airways, the national airline of the United Arab Emirates, and Tourism Malaysia recently signed a global partnership agreement to boost inbound tourism to Malaysia by leveraging the airline's global passenger-network.

Under the agreement, Etihad Airways and Tourism Malaysia are implementing a range of joint marketing activities targeting Malaysia's leading inbound visitor markets –





the UK, US, Western Europe and the Middle East region. Research by Tourism Malaysia revealed in 2014 there were more than 1.2 million visits from these key markets, a 10% increase compared to 2013.

Andrew Ward, Vice-President Marketing of Etihad Airways said: "This partnership underlines the long-standing links between Etihad Airways and Malaysia, and will help to create even greater opportunities to increase the growing number of tourists and business travellers flying to the country with us. Malaysia is one of our top destinations, and Etihad Airways has carried more than one million passengers to and from the country since 2007, offering travellers from all around the world the chance to enjoy the many attractions of this beautiful country."

Chong Yoke Har, Deputy Director General (Planning) of Tourism Malaysia, said that Etihad Airways had demonstrated a strong and growing commitment to the Malaysian market since it first commenced services in 2007. "Now with the new agreement, we can work together on robust tactical campaigns to make Malaysia



the top-of-mind destination among Etihad Airways' extensive customer base. This agreement is an important step towards Malaysia achieving its strategic goal of earning RM168 billion from the targeted 36 million tourist-arrivals by 2020," she added.

Etihad Airways' Kuala Lumpur-based Country Manager for Malaysia Dave Walsh explains that the airline currently flies twice daily between Abu Dhabi and Kuala Lumpur, and offers flights to other regions in Malaysia through its codeshare partner Malaysia Airlines. For reservations and enquiries, please call **03-2687 2222**.





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AirLink

Shanghai Splendour for CATHAY PACIFIC











Cathay Pacific Country Manager Malaysia & Brunei Mary Chan explains that the Cathay Pacific Group has an extensive international network, which includes over 20 cities in China. With Hong Kong being a convenient transit-hub, passengers have the flexibility to choose from 4 daily flights from Kuala Lumpur to Hong Kong, and onwards. She added that air-travellers can choose from 17 daily flights from Hong Kong to Shanghai, making it more flexible and convenient to commute between the countries. For ticketing or reservations, please call **03-2035 2777** or email kulres_tkg@cathaypacific.com.







ERL launches Frog Classroom









Express Rail Link Sdn Bhd (ERL) together with its subsidiary, ERL Maintenance Support Sdn Bhd (E-MAS) recently collaborated with YTL Foundation on a Corporate Social Responsibility (CSR) programme called the Frog Classroom Makeover Project. A classroom in Sekolah Kebangsaan Kota Warisan, Sepang was selected to receive a makeover-transformation and was also equipped with facilities to make the best use of the Frog Virtual Learning Environment (Frog VLE) provided by the Ministry of Education under the 1 BestariNet project.

The unveiling of the Frog Classroom was officiated by the Deputy Minister of Education II, P. Kamalanathan. Also present at the unveiling ceremony were Chief Executive Officer of ERL, Noormah Mohd Noor and Programme Director of YTL Foundation, Datin Kathleen Chew. In his speech the Deputy Minister said, "I believe that having a Frog Classroom in each school will help address many challenges that the education system is currently experiencing. In today's day and age, the conventional way of teaching needs to evolve with the times."

Noormah Mohd. Noor said, "We are very excited to be involved in this project as we believe that this classroom makeover would be a catalyst in inspiring students to open their minds. This unique classroom would provide a fun and interactive learning environment for both teachers and students. I am also proud of the spirit of volunteerism our staff have displayed and hope that the teachers and students of SK Kota Warisan will like the results of the volunteers' hard work in the Frog Classroom."

A total of 28 staff from ERL and E-MAS volunteered for the makeover project. The volunteers were responsible for clearing and cleaning the classroom, wiring, painting, installation of desks and chairs as well as artwork doodling and decorating the Frog Classroom. The ERL



& E-MAS Frog Classroom Makeover Project at SK Kota Warisan was also assisted by the Public Relations students from the Faculty of Communication and Media Studies, UiTM.

Express Rail Link (ERL) is the operator of KLIA Ekspres and KLIA Transit train services that connect Kuala Lumpur International Airport (KLIA & klia2) and the city. The non-stop journey on KLIA Ekspres between KL Sentral and KLIA takes only 28 minutes. Passengers can continue their journey to klia2 which only takes 3 minutes.

AiRLINK

Airlines support MITM Travel Fair







"Singapore Airlines is proud to be the official carrier for the KL MITM 2015, which is the first major travel-fair in the second half of the year. We will be working with our travel-agency partners to offer many exciting fare deals and attractive packages", says Tan Wei Qi, General Manager Malaysia for Singapore Airlines and Silkair.

"The MITM Travel Fair has been steadily growing in importance for the airline business in Malaysia", says Osman Habib, Malaysia Country Manager of Ethiopian Airlines. "Similarly, Ethiopian has been growing in importance connecting Malaysia to Africa, Europe and other regions."



"China Airlines has been an active supporter of the MITM Travel Fair for many years. We are excited to see the growth in visitors to this attractive travel event", says Robert K. C. Chin, General Manager of China Airlines Malaysia Branch.







Dozens of airlines have confirmed their participation in the MITM Travel Fair 2015, says Organising Chairman Annie Ng. Singapore Airlines, Malaysia Airlines, AirAsia, EVA Air, China Airlines, Air Koryo, Ethiopian Airlines, Turkish Airlines, China Southern Airlines, Xiamen Airlines, Korean Airlines, Air Mauritius, Sri Lankan Airlines, Kuwait Airlines, Vietnam Airlines, Myanmar Airways, Air France KLM and Garuda Indonesia are the leading supporters of this event, with more airlines participating every year, she explains.

"Malaysians love the combination of travel-related activities and sales promotions at the MITM Travel Fair", observes Korean Air Country Manager for Malaysia and Brunei Jin Jae Hoon. "Korean Air is very happy to support this event every year"

China Southern Airlines General Manager for Malaysia Li Yi Dong says that the MITM Travel Fair is an excellent opportunity for air-travellers to get great value and unbeatable choice for air-travel. "China Southern has your best choice of routes to destinations in China, East Asia and the USA."

"Turkish Airlines is pleased to support the MITM Travel Fair 2015. We have had good experiences with this event in previous years", states Turkish Airlines General Manager Malaysia Osman Safak Kucukcolak.

ZEMALAXALA 65

Last year, the 3-day Travel Fair attracted over 80,000 visitors who visited the 303 exhibition booths, generating estimated gross sales of about RM43 million. The MITM Travel Fair is being held from 14th to 16th August. For more information, please contact the MCTA office at 03-9200 1997 (Sam or Irene), or e-mail either irene@mcta.com.my or samchiawc@yahoo.com.





AIR ARABIA reaches Faisalabad

In October, Faisalabad will become the latest city to join Air Arabia's rapidly-growing Pakistan route-network, says Kelvin Ong of Aviareps, the Malaysia GSA for the airline. When flights to the country's third-largest city begin, Faisalabad will join Islamabad, Karachi, Lahore, Multan, Peshawar, Quetta and Sialkot as Pakistani cities served by regular direct Air Arabia flights from the United Arab Emirates.

Faisalabad is a city of more than two million people located in the province of Punjab. A major centre of industry and manufacturing, the city is estimated to contribute approximately one fifth of Pakistan's total GDP. "Air Arabia has a long-standing commitment to serve the Pakistan market and we are proud to operate an exceptionally comprehensive route network covering the length and breadth of the country," said Adel A. Ali, Group Chief Executive Officer of Air Arabia. "With more than a million Pakistanis living in the UAE, demand for value-for-money air travel between the two countries is exceptionally strong and is growing every year. The addition of Faisalabad further strengthens the cultural and commercial ties between both nations and offers an even greater level of convenience and flexibility to our customers."



For more information, please call Aviareps Malaysia **03-2161 0908**.

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AiRLINK

New look, new destinations for XIAMEN AIRLINES



Air-travellers from Malaysia now have exciting new destinations! Effective from 11 August, Xiamen Airlines will launch three weekly flights from Changsha, the capital city of China's Hunan province, to Kuala Lumpur via Fuzhou. An important cultural centre in ancient times, Changsha today is a major interior port and a commercial and industrial center with world-famous tourism attractions.

Xiamen Airlines General Manager Malaysia Li Zhi Gang says that the innovative carrier has recently introduced a stylish new image for its cabin-crew with attractive new uniforms. The new set of uniforms is designed in three different styles and in three different colours, representing different positions. The bright blue one is for flight attendants, the medium blue one is for crew chiefs and the dark blue one is for cabin managers.

He adds that Xiamen Airlines now connects Kuala Lumpur with more cities

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in China than almost any other airline. It has daily flights to Xiamen, thrice-weekly flights to Dalian, and four flights a week each to Fuzhou, Tianjin and Zhengzhou. Xiamen Airlines also has a network of over 260 domestic and international routes connecting over 60 major cities of Greater China and cities in Southeast Asian and Northeast Asian countries. For tickets and reservations, please call **03-2166 8222**.

XIAMENAIR空航门厦

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ARPORIS 67

take a flight back in time

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In the mountains of Sarawak dwell indigenous people who still follow the old ways, living in longhouses just as their ancestors have for generations. Only they have explored the ancient 130 million year old rainforest, armed with blowpipes and poisoned darts. Visitors will be safe with these native guides, who can show them where the sun bears amble and the orang utans and gibbons swing. They will paddle travellers through the mangrove forests on wooden *sampan*, pointing out nesting hornbills, and bring them to the Niah Caves where there are remains of human habitation dating back 40,000 years.

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DESIGNS THAT LAST DECADES: **ARNE JACOBSEN**

BY KATHLYN URSULA D'SOUZA IMAGES COURTESY OF FRITZ HANSEN

"People buy a chair, and they don't really care who designed it."

That was said by Arne Jacobsen himself, and that rings true for many, if not most of us. We see a pretty chair, innovative in design and vibrant in colour, and texture so soft we admire it, but only for a moment.

For those who have not heard of Arne Jacobsen, he was the man who revolutionised the design of chairs perhaps forever.

The Beginning

Jacobsen was born in 1902 in Copenhagen.

His father, Johan Jacobsen, was a wholesale trader in safety pins and snap fasteners. His mother, Pouline Jacobsen, was a bank clerk but often painted floral motifs as a hobby. They lived in Claessensgade, in a typical Victorian-style home. Arne painted the coloured wallpaper in his room white, as opposed to his parents' heavily decorated tastes.

At school, Arne was described as a restless pupil, often up to pranks and with a self-deprecating humour. However, at such an early age, he showed an extraordinary talent for drawing and depicting nature. He had a wish to become a painter but his father decided that becoming an architect was the more sensible choice.

He studied as a mason at the Technical School and later as an architect at the Royal Danish Academy of Arts, before opening his own architectural office in Hellerup. There, he created some of the most significant, groundbreaking and continually ever-present pieces of midcentury design, most of which we still see today.

There were a couple of inklings that might have suggested how big of a role Jacobsen would play in pushing the traditions of Danish design to the limits, such as his winning the "House of the Future" contest project in 1929.

Both he and Flemming Lassen, a collaborator, designed the circular structure which was supported by a rooftop helipad. They both designed the interiors, furniture, textiles and colours. Jacobsen's involvement every step of the way and from the littlest to the biggest areas such as the architecture right down to the frok design, described perfectly his major work and consequently, his most famous designs.





"You will soon find that I am a bit obsessive about my work."

Jacobsen believed that the design of every element of a building had to be harmonious - down to the doorknobs. He insisted on adding a clause to his contract stating that: "Professor Jacobsen should undertake as much as possible of the landscape design and the design of fixtures and fittings."

Jacobsen interpreted this as being given carte blanche to obsess over everything from the exact shade of grey for the curtains, to the height of the cedar trees he planted in the quadrangle and the combination of fish - chub and golden orfe - to be placed in the pond. The result is a completely coherent, perfectly proportioned, yet very gracious masterpiece.

A few years later, in 1943, Jacobsen and his wife Joanna fled to Sweden during the German occupation of Denmark. While in Sweden, both worked together on a series of textile prints and wallpaper, as Joanna was a textile printer. They returned to Denmark six years later and Jacobsen began working on the Munkegård School, a project that lasted until the mid-1950s.

The "Tongue"

Jacobsen was praised for his work at the Munkegård School, for his ability to design to meet the needs and perceptions of a child. The chairs he designed for the school was dubbed the "Tongue", a relative of the chair that was soon to jumpstart his rise to international fame – the "Ant".





The "Ant"

These three-legged, stackable chairs had a seat and back carved out of a single piece of moulded plywood. The "Ant" was singlehandedly and simultaneously impressive in vision and comfort. With this chair, Jacobsen introduced modernity into the crevices of clean-cut, severe architectural methods of that time.

The "Ant" also evolved into the very successful "Series 7" chairs in 1955, which were four-legged and came in a swiveled version on castors.

The SAS or Royal Hotel in Copenhagen

Today, it is known as the Radisson. Before that, back in 1956, it was not an immediate success. Jacobsen himself said, "When the SAS building was inaugurated, a paper ran a competition to select the ugliest building in the city – I won first prize." However, he countered this with the following wise words, **"I can't stand the term 'good taste' ... I would rather say: artistic approach, receptiveness, alertness."**

After the SAS stint, Jacobsen created the enormously popular "Swan", "Egg", "Pot" and "Drop". He introduced a new kind of classic design.

"It has been said for many years that when a thing is practical and functional, it is beautiful as well. That I don't believe."

Intuitive Design

Jacobsen was described as "rarely knowing what he wanted ahead of time – despite the seemingly effortless line". Most of his works were conceived with a keen sense of proportion and an unusual talent for design and form. Nothing was determined ahead of time.

"The fundamental factor is proportion," he concluded. "Proportion is precisely what makes the old Greek temples beautiful...And when we look at some of the most admired buildings of the Renaissance or the Baroque, we notice that they are all well-proportioned. That is the essential thing."

Into the third millennium and more than 30 years after his death, Jacobsen's furniture indeed remains exciting and relevant. Today, he is remembered for his contribution to "architectural Functionalism".



Designs by Arne Jacobsen

- ANT™
- DOT™
- DROPSEATCUSHION
- DROP™
- EGG™
- EGG™ FOOTSTOOL
- GRAND PRIX™
- GRAND PRIX™ WOODEN LEGS
- LILY™
- LILY™ ARMCHAIR
- LILY™ SWIVEL ARMCHAIR
- OXFORD™ CASTORS
- OXFORD™ TOES

- SERIES 3300™
- SERIES 7 ANNIVERSARY EDITION
- SERIES 7[™]
- SERIES 7[™] BARSTOOL
- SERIES 7[™] CHILDRENS CHAIR
- SERIES 7[™] SEAT CUSHION
- SERIES 7[™] SWIVEL CHAIR
- SWAN SOFA™
- SWAN™
- THE EGG™, FRITZ HANSEN'S CHOICE

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AUCTION DAY : SUNDAY, SEPTEMBER 13, 2015 | 1.00 PM | CONNEXION@NEXUS, BANGSAR SOUTH

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YUSOF GHANI B. Johor, 1950 Siri Segerak 'Red Army', 2003 Mixed media on canvas 139 x 104 cm RM 75,000 - RM 100,000



rt collectors and bidders will expect another art auction that will be held by KL Lifestyle. Mark your calendars for KLAS's fourth auction this year – the KLAS Art Auction Edition XVII, which will be held once again at Connexion@Nexus on Sept 13,

2015.

KL Lifestyle Art Space held its previous auction - the 16th Edition – on June 14, 2015 at a cosy and intimate setting at its main office at 150, Jalan Maarof. It was the third auction this year, featuring big names and magnificent masterpieces that went under the hammer in honour of KLAS's relocation to a new gallery and office space. Dubbed "A Pre-Moving and & No Buyers Premium Auction", avid collectors and friends turned up for the event.

This upcoming auction is set to feature astonishing works from local artist including Khalil Ibrahim, Awang Damit, Yusof Ghani Ismail Latiff Raphael Scott Ahbeng and many others, set to catch your eyes during the auction day.

The upcoming modern and contemporary art auction will feature prized works of Malaysian and Asian masters and some modern and emerging contemporary artists that will capture the attention of many bidders.

Art collectors and interested buyers can catch a sneak peek of these artworks from Sept 3 – 12, 2015 at KLAS's new gallery at 31, Jalan Utara.

To register as a bidder for the auction, please contact Lydia Teoh at 019 260 9668 or Shamila at 019 333 7668. You can also send your requests to info@mediate.com.my



KHALIL IBRAHIM B. Kelantan, 1934 Abstract, 1992 Acrylic on canvas 97 x 115.5 cm RM 16,000 - 24,000



RAPHAEL SCOTT AHBENG B. Sarawak, 1939 Woods, 2012 Acrylic on canvas 119 x 90 cm **RM 10,000 - RM 16,000**



ZULKIFLI YUSOFF B. Kedah, 1962 Pesta Suka Ria, 1995 Acrylic on canvas 76 x 76 cm **RM 9,000 - RM 14,000**



TAN CHOON GHEE B. Penang, 1930-2010 London, 1961 Chinese ink and watercolour on paper 67 x 45 cm RM 8,000 - RM 12,000



CHEN WEN HSI B. China, 1906-1991 Ducks, undated Watercolour and chinese ink on paper 44.5 x 32.5 cm RM 14,000 - RM 22,000



AHMAD ZAKII ANWAR B. Johor, 1955 Spiderman, 1990s Mixed media and collage on newsprint 54 x 37 cm RM 6,000 - RM 10,000



NIZAR KAMAL ARIFFIN B. Pahang, 1964 Mask Series, 1999 Mixed media on canvas 61 x 61 cm RM 6,000 - RM 9,000



ZULKEFLITALHA B. Selangor, 1972 Green And Gold Khatulistiwa, 2008 Acrylic on canvas 100 x 100 cm RM 7,000 - RM 10,000



PETER LIEW B. Perak, 1955 Green Landscape, 2003 Oil on canvas 49 x 99 cm **RM 10,000 - RM 14,000**

Meet the mastermind behind the MPO TIMOTHY TSUKAMOTO

BY KATHLYN URSULA D'SOUZA

Timothy Tsukomoto is armed with an infectious smile and a vision set to augment the Malaysian Philharmonic Orchestra. We spoke to the man behind the music, the man in charge of coordinating and planning season after season for the MPO, and the man who is in fact, above all else, friendly, laidback and down-to-earth as he seeks to inspire people with noteworthy music.

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Where are you originally from?

I am Japanese-American, born in the USA and have lived in both the USA and Japan.

When did you arrive in Malaysia and what was your first impression?

I arrived in January 2012 and I remember walking out of the airport and experiencing the 'wall of heat'. I was coming from freezing cold weather in Boston, so it was a nice first impression!

What was the transition like moving from country to country? Do you ever get homesick?

I have lived in the USA, Japan and Switzerland. I feel I adapt quickly to new environments.

How did you learn about the MPO and become its General Manager?

I remember reading an article about the Malaysian Philharmonic Orchestra (MPO) in 1998 when the orchestra had just been founded and the Dewan Filharmonik PETRONAS (DFP) had just opened. The article had a picture of the Twin Towers with a caption underneath that said the concert hall (DFP) was located between the towers. At a mere glance, I thought the skybridge was the concert hall! Ever since then, I had been intrigued and interested in the MPO/DFP, and when I was offered my current position, I accepted because I thought it would be a once in a lifetime opportunity to work in Kuala Lumpur.

What is it that you love about your job? Any challenges?

I get a lot of satisfaction seeing a 'live' performance come together and then listening to the 'final product' knowing that I've been involved in its planning from start to finish. There are always challenges of programming a wide variety of new concerts for each season that will be exciting and appealing to our audiences.

Any interesting experience while you've been in Malaysia?

I actually visited a durian plantation recently. It was the first time I had seen durian trees and I was quite impressed. I was told not to walk under the trees as one could get seriously hurt from the random falling of a large durian! I didn't realise how many different varieties of durian existed. Do I like to eat durian? To be honest, I can't say that I like durian but I also do not hate it. Some species have a much milder smell and taste than others. Durian pancakes and durian ice cream can be quite nice!

Have you tried any of the local food in Malaysia? Do you have any favourites?

I like all kinds of food and one thing I really like about Malaysia is the diversity of food choices available here.

Any favourite holiday destinations in Malaysia so far?

I have visited a few places in Malaysia, both for work and for fun, including Penang, Ipoh, Malacca and Langkawi. I have enjoyed the uniqueness of each place I have visited.

What can we expect from the new concert season?

The new season offers an exciting variety of concerts. We have many leading international conductors and soloists collaborating with the MPO and performing a wide range of both traditional and exotic classical music. The main highlights include Mozart's Requiem (performed for the first time by the MPO, in recognition of the 260th anniversary of Mozart's birth), Cirque de la Symphonie (combining circus acts with classical music), live ballet performances of Giselle and Romeo & Juliet (with the Stars of the Moscow Ballet), talented local pianist Tengku Irfan performing Rachmaninoff's 3rd concerto with the MPO and renowned Estonian conductor Neeme Järvi, jazz superstar Diana Krall making her debut on the DFP stage, and renowned local artist Zainal Abidin performing with the MPO. We continue to present our Pops and Family Fun Day concert series. There's really something for everyone!

What is your vision for MPO?

I would like to see the MPO be a renowned virtuosic orchestra, creating inspiring music experiences through its world-class performances in an acoustically-excellent venue (DFP). We hope to enhance the cultural landscape of Malaysia by setting the benchmark in live music performances and performing arts. I also hope we build a sense of pride among Malaysians by continuously providing performances par excellence.

Please visit www.mpo.com.my for more information.



EMPIRE HOTEL

BY KATHLYN URSULA D'SOUZA

What Suite Dreams are made of

s far as I can tell, not many are aware of a 13-floor secret haven conjoined with the Empire Shopping Gallery. However, once that information was divulged to me and once I have had the pleasure of experiencing it first-hand, it may very well be one of the best I've had. I am certainly not at liberty to claim this, but if I were, I would again and again.

Empire Hotel is a sophisticated joint, spacious and decorated tastefully with an edge of modernism. Although its target audience is mainly those who seek corporate refuge, weekends are unwaveringly busy with occupants settling for leisure.

Its function halls and ballroom are almost always booked. Speaking of which, their ballroom is truly inimitable. With its impressive wavy interiors and spellbinding LED lights, it is one of its kind in the Klang Valley. The lights change every few seconds or so, or if one prefers, the colour may be set to suit a theme or mood. It is something not ever seen before, and as far as ballrooms go, the Emperor Ballroom takes the cup. Housing 198 rooms, its finest room is the Empire Sanctuary Optima Duplex Suite. The suite exudes light, luxury with its allwhite interiors from the walls to the stairs and soaring walls, cream-carpeted floors and dark draperies that further amplified how pristine the room is. It is heaven in a hotel. In fact, wedding photo shoots would look great in here.

The hotel's 13th floor is totally dedicated to the duplex suites, and the other being the Empire Sanctuary Duplex Suite – a wide, chic space not unlike its Optima counterpart, but presenting more of a

FEATURES











contemporary feel and urban interiors. With that in mind, Empire Hotel is the only hotel boasting duplex suites.

The 12th floor, on the other hand, is for the Premier Clique where couples can enjoy the signature king-sized mattress while the kids get their own separate bedroom next door. Bathed with earthy tones and neutral colours, the room aims to provide both comfort and ease of mind. These rooms are ideal for families or even groups of friends.

Other rooms include the Premier Essential – more business-like, designed with a work station built within the room itself. These rooms are considered the most popular, as they employ a more Soho concept. Additional services include a safe for laptops, line cables as these rooms are armed with their own routers for a stronger connectivity. Both long-term and short-term corporate guests would find this room most befitting. If one is looking for a studio concept, then there is the Premier Essential Plus.

One thing that I noticed while on tour is that the carpets on each floor are the indicators of the room motifs. Another thing is that the hotel is not big on view, as they are located in the centre of Subang's business district. I do believe that the outside wouldn't be much of an importance, if what you see inside is this breathtaking.

Empire Hotel takes safety very seriously, as guest cards only allow one to go up to the allocated floor and room, nowhere else. Perhaps one of the other reasons why Empire Hotel is so memorable is the mall connectivity. Just a hop down to the 2nd floor and a bit of walking will lead you to the Empire Shopping Gallery, which makes this a shopaholic's dream come true of literally staying so close to the mall if not within it. You'll find everything within reach, from your daily coffee grind to fine dining. The three dining options at Empire Hotel are Kitchen Art Brasserie, Shout and Di Wei (which is located in the mall).

Although Empire Hotel has been around for five years, it truly is Subang's hidden gem. If you're looking for a hideaway from the hustle and bustle of the city without being too far off the city itself, then look no further: Empire Hotel is the place for you – you are home, and you are complete.

QLIQ DAMANSARA

A retreat amidst urban vibrancy

BY NADHIRAH BADARDIN

2 Jalan PJU 8/8A, Damansara Perdana, 47820 Petaling Jaya, Selangor Darul Ehsan



liq Damansara is a new boutique hotel amidst the trendy Damansara Perdana area. Surrounded by lifestyle, shopping and art centres, the hotel embraces the urban culture and vibrancy of Petaling Jaya through its quirky and upbeat design. It is located adjacent to eclectic architecture, corporate offices, malls and the Damansara Performing Arts Centre.

We arrived at the hotel lobby of Qliq Damansara astounded by the chic and contemporary décor displayed. The reception area was brightly lit with creative light fixtures and the unique furniture added a refreshing twist. Pop art posters adorn the walls of the lobby for an eccentric feel. We felt right at home with the warm welcome we received from the accommodating and friendly staff. Check-in was also swift and soon we were escorted to our room.

We were told that the hotel comprised 271 guest rooms, including 31 clubrooms and 8 suites. We were placed in the Quest Room, and were delighted by the layout. The room is a wonderful mix of contemporary style and modern utilities with a calming view of tree lines. The king-sized bed was comfortable and plush with a myriad of fluffy pillows and the bathroom features a rain shower for a long pampering bath time. There is also a sizeable work desk with a number of wall sockets for digital devices. As it was the fasting month, a bowl of fruits was delivered to our room nearing the time for breaking fast, which we felt was a very thoughful touch. With the increase of solo female travellers, Qliq Hotel has also thoughtfully set aside a ladies-only floor with pampering, security and privacy as well as exclusive access to the Q Lounge.

We took a short tour of the hotel before breaking fast and were delighted to find out that there was a 24-hour fitness centre and a sheltered saltwater pool! This concept is fairly new in the hotel scene in Malaysia and we loved that Qliq Damansara has incorporated this into its edgy facilities.

For dining options, the hotel has Hugos by Modestos and Starbucks at the same premises. We were invited for dinner at Hugos, a sister branch of Modestos. We were seated near the ceiling-to-floor glass wall with a spectacular view of the freeway and were enchanted by the décor of the restaurant. They have sectioned spaces for a more intimate feel and a bar for those who would prefer after dinner drinks.

The food at Hugos was magnificent. We sampled some of the flat bread with tomato dip served on every table. The dip had a smoky taste and went well with the crispy bread.



Cliq Amenities



For our main course, we ordered a steak and pasta. The chilled Black Angus steak was cooked to medium rare, just the way we like it, served with mashed potatoes and a bed of blanched vegetables. The steak was charred nicely on the outside with a perfectly reddish pink centre. The seafood pasta cooked in cream sauce was delectable. We loved how the cream sauce complemented the seafood pasta flawlessly.

We ended a great dinner with a sublime dessert, the Torta De Mele, an Italian rendition of the apple pie served with vanilla ice cream. The crust was crumbly and melt-in-your-mouth worthy, with the filling full of sliced apples spiced in a cinnamon and nutmeg concoction. We enjoyed how this sealed our dinner in an indulgently sweet way. Soon after, we retired to our rooms for a great night's sleep.

We woke up feeling refreshed after a much needed weekend getaway and enjoyed our stay at Qliq Damansara. With such warm hospitality and amazing amenities, we would love to make our way to Qliq Damansara again for a short city retreat.





Trainee teachers participating in the Eco-Institutes programme who volunteered as Green Mentors or co-facilitators of the 2014 International Eco-Schools Conference.

THE ECO-INSTITUTES PROGRAMME

By Johleen Koh, WWF-Malaysia Eco-Institutes Manager

WF-Malaysia's Eco-Institutes (EI) programme adopts its concept from the Eco-Schools programme, and aspires to empower

teacher trainees to take action on and find solutions to, environmental issues within their respective campus areas. The programme ntroduces the SevenStep Methodology as a tool to assist the teacher trainees in this exercise. The methodology builds on the aesthetic development of its implementers by connecting their conceptual ideas to reality, as well as encouraging them to put into practice the skills that the teacher trainees are equipped with, such as creative and critical thinking, problembased learning and communication.





A capacity-building session on environmental interpretation.

programme in their campus as well as when they are posted to schools.

Volunteer placement as Green Mentors, or co-facilitators, during the annual International Eco-Schools Conference was successful in empowering teacher trainees to not only run the conference but also the Eco-Schools programme in future, thus helping to ensure the sustainability of the programme. Several competitions, including innovation and short video contests, were run to provide a platform for creativity and critical thinking other opportunities for volunteerism were also provided, so the teacher trainees could lend their voices and ideas to the development of religious -based resource material.





O KAYWA

aysia - Take action with WWF's online ef... http://wwf.org.my/support



http://kaywa.me/9DGm

Capacity building for the Eco-Institutes programme coordinators on various methods of composting.

The programme was launched in April 2012, followed by the signing of a memorandum of understanding between the Ministry of Education and WWF-Malaysia in July 2012. This showed the commitment to ensure the success and sustainability of the programme to empower the future generation who will be the leaders of our nation. Attended by 15,136 teacher trainees from 27 Teacher Education Institutes across Malaysia as of 2015 and the El programme aspires to train eco-champions and prepare them to run the Eco-Schools programme once they are posted to schools after graduation. Different activities and opportunities are provided for the teacher rainees to explore and gain experience in carrying out the

To support WWF-Malaysia's conservation and environmental education efforts, please visit wwf.org.my/support.

BIGBANG [MADE] IN MALAYSIA WORLD TOUR AT PUTRA INDOOR STADIUM BUKIT JALIL

UALA LUMPUR: BigBang, a famous South Korean K-Pop group, graced over 16,000 fans at Putra Indoor Stadium Bukit Jalil with their presence on July 24 and 25, 2015. Initially a one-night only concert, the band extended their stay in Malaysia with a two-night concert due to an overwhelming response of ticket sales.

Dubbed as BigBang 2015 World Tour [MADE] in Malaysia, the K-Pop group was in town for a much anticipated two-night concert. Malaysia is BigBang's sixth stop in their Asian leg of the world tour after South Korea, China, Hong Kong, Thailand and Singapore.

The crowd gathered as early as 3pm for the concert, which kicked off on July 14, 2015. Excited screams and cheers filled the arena as the band, which comprises five members – T.O.P, Taeyang, Daesung, G Dragon and Seungri came on stage at 9pm. The band performed various hits, which included past hit tracks such as Bad Boy, Fantastic Baby and Haru Haru.

They also performed various tracks from their new album such as their latest hit, Bae Bae.

The [MADE] in Malaysia concert marks the second time the band has set foot in Malaysia for a performance. The concert was organized by IME Productions and supported by Malaysia Major Events. BigBang first performed in the country in 2012.

The concert was organized in conjunction with the release of BigBang's new studio album, MADE, that is set to be out in stores this September.

The group will be making stops in the Philippines, Indonesia and Japan as a part of the Asian leg of the world tour.





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THE SLOANE CLINIC'S FAT FREEZER

All about CoolSculpting Plus

What is Coolsculpting?

Coolsculpting is a cutting-edge, noninvasive body shaping treatment that effectively reduces fat in areas of the body. The completely no-downtime fat reduction procedure is accomplished by the scientific principle of "Cryolipolysis".

This method makes use of cold to diminish fat cells in the body, thus improving the body's contour. Coolsculpting is a great alternative to liposuction and can be combined with other non-invasive fat reduction modalities such as Ultrashape for enhanced results.

What is Coolsculpting PLUS & why is Coolsculpting at The Sloane Clinic different?

Coolsculpting is done using the FDA-approved, gold standard Zeltiq technology and not a generic platform. This explains why our patient results are consistently superior and predictably safe. In addition, at The Sloane Clinic, we go the extra mile to ensure that your results are further enhanced by supplementing each Coolsculpting session with skin regenerating and lymphatic drainage therapy. With Coolsculpting PLUS, we enhance the positive effects that you have been getting from your Coolsculpting sessions even further by ensuring that the lymphatic drainage

of the surrounding tissues is optimal, thereby speeding up the clearance of the broken-down fat cells. This will ensure faster visible results and a quicker recovery time. We also go the extra mile to treat the overlying skin with TLC by ensuring immediate and optimal delivery of skin strengthening vitamins to the dermal layers to stimulate skin collagen, improving overall skin elasticity and tone. This is why we call the entire therapy session Coolsculpting Plus.

How does Coolsculpting PLUS work?

Coolsculpting uses a non-invasive applicator to target and remove fat cells in localised areas of the body. The device is applied to the target area and then its starts reducing the temperature to attain the right coldness to selectively target the fat cells in that area.

The body responds with an inflammatory reaction that causes the body to dispose of the broken-down fat cells. The result is a reduction of the treated fat bulge ("love handles" or "muffin top") that appears 2-4 months after treatment. The whole procedure takes 1-2 hours on average.

After the Coolsculpting treatment, we will immediately optimise the lymphatic drainage of the treated area. Simultaneously, we will deliver vital skin vitamins and nutrients to the treated area to rejuvenate the overlying skin.





What will one experience during the procedure?

When the applicator is applied to your skin, you will feel a sensation of skin suction. You may also feel a slight tingling or numbness as the cold is applied to the treated area. After about 5-10 minutes, you will settle into the procedure; most patients report that they are most comfortable from this point onwards. Patients can then enjoy other spa therapies such as massage and pedicure at this point.

Are there any possible side effects with Coolsculpting PLUS?

Most patients experience minimal side effects with Coolsculpting. Skin may appear red several minutes to several hours after the procedure. Occasionally, patients may experience mild bruising which will resolve in a few days to a week. As there is no recovery time for this procedure, patients can resume normal activities immediately after the procedure.

Am I a good candidate for Coolsculpting PLUS?

The best candidates for CoolSculpting are already in relatively good shape, but have some fat bulges present that are resistant to exercise and dieting. Coolsculpting is a perfect procedure for patients looking for fat removal and fat reduction without wanting to undergo a surgical procedure like liposuction.

How many treatments are needed with Coolsculpting PLUS?

The majority of patients undergo just one Coolsculpting fat removal procedure. For enhanced results, some patients undergo 2-3 total procedures for continued fat reduction.

What kind of results can one expect with Coolsculpting PLUS?

CoolSculpting has been shown to reduce the fat in the treated area by 20%. Additional treatments can reduce fat by another 20%.

Price: Starts from RM3, 450 per area.



The Sloane Clinic Branches Singapore

1. CitySphere – 30 Raffles Place #03-01 Chevron House S(048622) Tel I +65 6533 2522

2. VillageSpace - 43 Jalan Merah Saga #01-66 Chip Bee Gardens S(278115) Tel I +65 6471 1108

3. ION - 2 Orchard Turn #03-14A ION Orchard S(238801) Tel I +65 6509 8108

4. Plastic Surgery Centre - 10 Sinaran Drive #08-35 Novena Medical Center S(307506) Tel I +65 6397 6848

BURLESQUE

Sexy and Healthy

BY KATHLYN URSULA D'SOUZA

ver saw a cabaret or Broadway show and went completely slackjawed at the sight before you? Or know of a lady called Dita von Teese, who, despite being born in the modern era, plays a big part in eternizing the art of burlesque?

Most people think that "burlesque" means female strippers walking a runway to a bump and grind beat. But that only fits the form in its declining years. At its best, burlesque was a rich source of music and comedy that kept audiences (especially in America) laughing from 1840s to the 1960s.

However, these days the art has revived itself into a form of fitness, as more dance studios begin to open up their arms to welcome the idea of burlesque and glamorous fitness.

It is normal to have questions before signing up for such a class, and plus not everybody is comfortable with sexy dancing. But here are some frequently asked questions on burlesque.

What is Burlesque?

Burlesque first showed its bottom with the "tease" in an ancient Greek play by Aristophanes called Lysistrata – a comedy where the women characters in the play used their sexuality and sensual wiles to convince their husbands to stop the war through sexual blackmail and tease. Burlesque was then seen performed by many Vaudevillians and confronting performers in the 1840s as a political satire and commentary of the social classes. A typical Burlesque night included 3 or 4 acts of comedy, dance, mime, singing and striptease, with a grand finale. Burlesque then made its way to the shores of the US in early 1900s where the tease had major influence. Over the next four decades many burlesque venues were opened up where great performers such as Gypsy Lee Rose and Zorita took to the stage.

Burlesque has since evolved dramatically and new burlesque, or neo-burlesque, tends to try to shock the audience and takes on many forms. It includes acts based on the earlier conventions of strip tease, cabaret, comedy and elaborate costumes but brings the original foundations of political satire to the relevant issues of day.

So all in all, Burlesque is a risqué performance style that rails against conventional structures and ideals, satirical with a saucy edge.

What are the fitness benefits of burlesque dancing?

Like all types of dancing, burlesque gives you a cardiovascular workout, which raises your heart rate and burns fat. Burlesque not only includes movement but also stagecraft and acting skills. Dancing in all forms also improves your balance, your stability and your posture, along with confidence, body awareness & empowerment.

Who will be there?

It is natural to feel nervous in your first class but it is surprising how quickly you'll relax and dishevel your inhibitions and release your inner goddess. When you arrive you will be introduced to the other ladies in your class. There is a maximum of students in each class so you get the attention that is required when learning a new art form. Women of all ages & all walks of life attend the classes. There are a number of reasons women enjoy learning pole or burlesque dancing. Everyone does it for the enjoyment some also do it to feel sexy and empowered, others for a great workout. The classes are great fun, and you are learning a skillful art whilst exercising your body in the most feminine way. Many women these days have swapped their gym memberships for regular workouts in our studio.

What to expect?

Learn how to hold your body, develop the correct posture, bearing weight evenly on both feet and allowing the movement to be fluid with confidence. Without placing excess strain on your lower back muscles or causing damage to your feet. As the heels make women feel sexy, snazzy and confident, the classes will progress to teach you how dancing in your favourite shoes will project that confidence further. Dance the night away!

Burlesque / Jazz in Heels Classes Venue: Viva Vertical Stage @ KL 60 Minutes Dance Pass: Member RM50/ Non Member RM60 90 Minutes Dance Pass: Member RM80/ Non Member RM100 60 minute Private Dance Pass (one on one): RM250





RED my lips

ONE SWIPE AND YOU'RE RED-DY TO GO

KL Lifestyle's pick of the top 5 red lipsticks from Sephora

STAY ALL DAY LIQUID LIPSTICK – Stila, RM71

Weightless on the lips and long-lasting in coverage, this creamy, full-coverage lip colour provides intense hydration with bold, longlasting pigment that stays put for up to six hours of continuous wear. The lip formula, which is rich in colour, does not bleed or transfer. It is also enriched with vitamin E and avocado oil for full-on hydration and suppleness, and is free of synthetic dyes, petrochemicals, GMOs and triclosan.





LOVEMARC LIP GEL - Marc Jacobs, RM66

This lip gel is a highly-pigmented, gellified lipstick with sleek, hydrating shine. Enough to make you fall in love, this habit-forming formula gently plumps with unique 3D optical volumisers. This lipstick is available in 16 vivid shades, each inspired by Marc's favourite movies.

BAREMINERALS®

- Go the Distance (tangerine smoothie), RM37

Make an impact with Marvelous Moxie[™] by bareMinerals®, a creamy, super-saturated, ultrapigmented colour that glides on like butter for full coverage in a rich satin finish. It was proven that women showed an improvement in the look of lip fullness and hydration after 48 hours due to the infusion of Abyssinian oil, omega fatty acids, and vitamin A, C and E. A healthy-looking, moistureloaded and nourished lips are just a swipe away.





MELTED - Too Faced, RM75

Too Faced co-founder and chief creative officer Jerrod Blandino had never seen lipstick more beautiful, pigmented and rich than its melted form in the cosmetic labs. With this inspiration, Melted is melted lipstick in a tube – they've taken the latest technology that liquefies traditional lipstick to a creamy, decadent feel. It comfortably coats lips in bursts of intense, high-impact, super-rich and saturated colour that lasts for hours.

ROUGE – Sephora, RM51

Rouge by Sephora is a hydrating lipstick that creates full lips with intense colour. A revamp of the iconic Sephora Lip Attitude Chic, this new hydrating formula provides improved coverage and is rife with pigment. The creamy texture softly glazes your lips, imparting just the right amount of colour and sheen.



LIFESTYLE







KL Map Getting Around KL 100

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RETAIL THERAPY

the Curve

Mutiara Damansara, PJ Tel : 03-7710 6868 Situated in PJ's golden triangle, this open-air mall boasts 700,000 sq ft of space spreading over 3 floors and accommodating 270 specialty shops. It is connected to Ikea, Ikano Power Centre and Tesco. • 10am-10pm daily.



Bangsar Village

Jalan Ara, Bangsar 🔹 텲 Bangsar Tel: 03-2282 1808

Located in happening Bangsar, this neighbourhood mall is vastly popular due to its individual specialist shops offering fashion wear, toys, jewellery, hardware, beauty salons and F&B. Anchor tenants include The Village Grocer. The newer and bigger Bangsar Village II that's connected to this mall offers more local and international brands.

Alamanda Putrajaya Jalan Alamanda, Precinct 1, Putrajaya

Tel: 03-8888 8882

Accessibility: ERL Putrajaya & Nadi Putra (bus service) Located at the heart of Putrajaya, Alamanda offers a new resort-style shopping to suit the needs of all - with Parkson & Carrefour as anchor tenants, FOS, Somerset Bay, MPH and Toycity tagged with ARL Bowl.

CapSquare

Jalan Munshi Abdullah• 🖶 M Tuanku 👮 Dang Wangi

Tel: 03-26912036

Strategically located in the heart of KL's midtown area, CapSquare is an eclectic mix of signature offices, Manhattaninspired residences, a shopping centre and a vibrant 300-metre retail boulevard. It also houses intimate eateries, chill-out spots and a TGV cinema. • D6

Great Eastern Mall

303 Jalan Ampang

Tel: 03-4259 8090 Located along busy Jalan Ampang, this 6-storey mall has a host of shops including a pet shop, Aussino, British India and eateries like Starbucks and Alexis. It has Cold Storage as its anchor supermarket. • 11am - 9pm daily.



Bata

 Sunway Pyramid
 LG14 Subang Parade • One Utama PHS 2 • KLCC Mid Valley Megamall
 Alamanda Putrajaya • Pavilion KL • Jusco Bukit Tinaai

fahrenheit88

179, Jalan Bukit Bintang 🛛 🗑 B Bintang Tel: 03-2148 5488

A hot spot for Fashion, Food, Gadgets and Entertainment with 200 retails stores over 7 levels of shopping space. Shop at South East Asia's largest Uniqlo store, the latest Shoes, Bags, Accessories on First Floor, or buy gifts and souvenirs. Discover new concept cafes and restaurant or entertain at CEO Karaoke Box and Club Vellin. • 10am-10pm daily

1 Utama

1 Lebuh Bandar Utama, Bandar Utama, PJ Tel: 03-7710 8118 A new generation shopping centre which satisfies all shopping needs under one roof. The old wing has Jusco as the main anchor tenant while the new extension houses many designer brands and has U Parkson, MPH & Jusco asanchor tenants • 10am - 10pm daily.

Berjaya Times Square

Tel: 03-21173111 1 Jalan Imbi 🛛 🗟 Imbi The biggest in Southeast Asia, this mall which measures 7.5 million sq ft, is an integrated shopping-cum-entertainment centre with a hotel, the region's biggest indoor theme park and bowling centre. 10am - 10pm daily. • F8

Bukit Bintang Plaza

111 Jalan Bukit Bintang • 🖶 B Bintang Tel: 03-2148 7411 Extending into Sungei Wang Plaza, BB Plaza offers an interesting variety of stores selling jewellery, fashion wear, books, AV equipment, etc. Metrojaya department store is the anchor tenant. 10am - 10pm daily. • F8

KLIA Shopping KL International Airport, Sepang 🖾 KLIA Ekspres-KLIA Tel: 03-8777 8888 One of airports with value-for-money shopping, it offers an excellent selection of goods like souvenirs, tobacco, liquors, perfume, chocolates and designer brands.

Publika Shopping Gallery

Tel : 03-62079426 No 1, Jalan Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur Tel: 03-621107877 www.publika.com.my www.facebook.com/ publikashoppinggallery

Suria KLCC

Petronas Twin Towers • 🗯 KLCC Tel: 03-2382 2828 Located at the base of the Petronas Twin Towers, Suria KLCC is the premier shopping centre in KL. It offers unique shopping, dining & entertainment experience. It houses exclusive designer brands and provides an abundant choices of goods and services for everyone. • 10am - 10pm daily. • D8

Sunway Pyramid

Bandar Sunway

Tel:03-74943100 Impressive giant sphinx statue greets you at the entrance of this Egyptian-themed shopping centre situated next to Sunway Hotel and the Sunway Lagoon theme park.. The mall has a variety of shops and restaurants, an indoor ice-skating rink and a cineplex. • 10am-10pm daily.

Pavilion KL

168, Jalan Bukit Bintang • 🗟 B Bintang Tel: 03-2118 8833

The shopping centre blends the best of the international retail world with 450 stores – ranging from fashion to home deco and leisure to culinary delights - over its 7 levels and 6 themed precincts. 20% of its tenants represent debut brands in Malaysia. Anchor departmental stores are Parkson Pavilion and Tangs. • 10am to 10pm daily

Bangsar Shopping Centre

Jalan Maarof, Bangsar Tel: 03-2094 7700

Located in the affluent Bangsar suburb, this mall buzzes with a trendy crowd and houses an array of individual specialist shops for every need. Jasons Food Hall is a favourite with shoppers, as it offers an extensive range of fresh and international food brands. 10am - 10pm daily.

Maju Junction Mall

1001 Jalan Sultan Ismail • 🖶 M Tuanku 💹 S Ismail Tel: 03-27728500 Located at the junction of Jalan Tuanku

Abdul Rahman and Jalan Sultan Ismail, the five-storey mall has 101 outlets with Giant, Wh by British India, FOS, Nichii Fashion City being the anchor tenants. The mall provides concierge service and has an indoor archery centre, Big-Shot Archery. • 10am - 10pm daily.

Pertama Complex Jalan Tuanku Abdul Rahman

🗑 M Tuanku

• 📓 Bandaraya • 🖅 Bank Negara Tel: 03-2692 7457 One of the earliest shopping complexes in KL, this mall consists of many small shops selling an astonishing variety of goods and services appealing to the masses, including sports goods, leatherware, clothes, shoes and stationery. • 9am -9pm daily. • D5

Sogo KL

Jalan Tuanku Abdul Rahman

• 🗑 M Tuanku • 🗟 Bandaraya • 🛲 Bank Negara Tel: 03-2698 2111 This 10-storey shopping mall is well patronised for its quality goods (local and international) ranging from apparel, home furnishing to daily need items. It also has an international restaurant floor on the 6th floor • 11am-9pm daily • D5

Starhill Gallery

181 Jln Bkt Bintang 🛛 🖶 B Bintang Tel : 03-2782 3855 Connected to JW Marriott Hotel and Ritz Carlton Hotel, Starhill houses the largest retail watch floor and a host of top fashion designer boutiques. An exclusive mall with excellent eateries and high-end shops. •10am -1 0pm daily • E9

Sungei Wang Plaza

Jalan Sultan Ismail 🔹 🗟 Bintang Tel: 03-2148 6109 Sungei Wang remains one of the busiest shopping centres for the last 2 decades. Linked directly to the Monorail, it has over 500 retail outlets and eateries. A great place to hunt for electrical and electronic products, mobile phones, fashionable street wear, shoes & accessories. The hip T-Hop zone at the 6th floor caters to trendy teenagers • 10am - 10pm daily • F8

Subang Parade Subang Jaya • 🖅 Subang Tel : 03-5032 9778 This suburban mall offers an interesting mix of stores with goods ranging from apparels to antiques, and music to jewellery. Anchor tenants include Toy 'R' Us and Parkson. Carrefour hypermarket is located next door. • 10am - 10pm daily.

Gateway@KLIA2





nannp's

Hartamas Shopping Centre Plaza Damas, 60 Jalan Sri Hartamas 1

Tel: 03-6201 6553/ 8353. Integrated with Plaza Damas & situated among retail shops, offices, serviced apartments and alfresco boulevards. Features Citi Super, SenQ and many other speciality retailers.

IPC Shopping Centre (Formerly Ikano) 2, Jalan PJU 7/2, Damansara Mútiara, PJ

Tel: 03-77207333 Located near 1 Utama and linked to IKEA, this centre only has XXL size stores. The 11 anchor tenants includes Harvey

Lot 10

50 Jalan Sultan Ismail 🛛 🖶 B Bintang Tel: 03-2143 6092 Linked to the Bukit Bintang Monorail station and Sungei Wang Plaza by an overhead bridge, Lot 10 offers an upmarket and wide selection of fashion wear. It has isetan as anchor tenant 10am - 9.30pm daily • F8

Low Yat Plaza

Off Jalan Bukit Bintang 🛛 🕫 B Bintang Tel: 03-2148 3651

Located next to the Federal Hotel, it has 250 tenants offering goods as varied as cameras, mobile phones, apparel, fashion accessories and antiques. This largest IT centre provides for all your computing needs. BB Park, located across the plaza and consisting of trendy restaurants and alfresco cafes, sees a hive of activities at night. • 10am - 10pm daily • F8

MINES Shopping Fair

Seri Kembangan • 🖅 Serdang Tel : 03-8949 6333 Cruise into the heart of a busy shopping mall with a vibrant mix of more than 300 retailers, fashion boutiques, F&B outlets, canal quay alfresco dining, IT

& mobile gadgets and also leisure and entertainment facilities like a cinema, bowling alley and snooker centre. 10am - 10pm daily.

Mid Valley Megamall

Lingkaran Syed Putra • GRTM Mid Valley Tel: 03-2938 3333 The shops go on and on in this mall strategically located between KL and PJ. It has Metrojaya, Jusco, Carrefour, Golden Screen Cinemas and MPH as anchor tenants, over 300 specialty stores and 70 F&B outlets under one roof. Adjacent to the mall are Cititel Mid Valley Hotel and Boulevard Hotel • 10am - 10pm daily.

The Gardens Galleria Mid Valley City • करणा Mid Valley Tel : 03-2297 0288 This five-star component of Mid Valley comprises a contemporary four-storey shopping gallery with specifically designed floors for straightforward shopping experience. Check out the Roof Garden, touted to be an exciting fine dining destination in KL. Anchor tenants include Isetan of Japan, Robinson and Golden Screen Cinemas • 10am - 10pm daily

Sunway Putra Mall (Formerly The Mall)

100 Jalan Putra, KL • 💆 PWTC Tel: 03-4042 7122 Located across the Seri Pacific Hotel and Putra World Trade Centre, the Mall has anchor tenant Parkson Grand together with a host of retailers, offering a full range of products, services, food & amusement to shoppers • 10am -10pm daily • B5

DINE



Huckleberry Food & Fare

2G & 4G Jalan Medan Setia 2, Plaza Damansara, Damansara Heights, 50490 Kuala Lumpur. Tel: 03-2098 7933

Chinese

Celestial Court

03-2717 9988 # M Tuanku • Sheraton Imperial Hotel • Halal • Casual Dining • C6 Chynna

03-2264 2264 € KL Sentral • Hilton KL Halal
 Casual Dining
 H3

Dynasty 03-2162 2233 **■** B Nanas • East Wing, Renaissance Hotel Non-Halal
 Casual Dining
 D7

Dynasty Dragon 03-2145 1628 🗑 B Bintang • Time Square Non-Halal
 Casual Dining
 F8

Hakka

03-21431907 🕫 Raja Chulan 6 Jalan Kia Peng • Non-Halal • Casual Dining • E9

Imbi Palace

03-2145 4822 🖷 Imbi • Jalan Barat, off Jalan Imbi• Non-Halal • Casual Dining • F8

Kim Ma

03-8946 4888 • Palace of the Golden Horses • The Mines Resort City • Halal • Fine Dining • Cantonese cuisine

Lai Po Heen

03-2179 8885 👷 KLCC • Mandarin Oriental Hotel • Halal • Casual Dining • Cantonese • D8

Lee Wong Kee

🛽 Bandaraya • 239 Jin Tuanku Abdul Rahman • Non-Halal • Casual Dining • Cantonese • D5 • 03-2692 2685

Li Yen

03-2782 9033 # B Bintang • The Ritz Carlton Hotel • Non-Halal • Casual Dining • F9

Maju Palace

03-2691 8822 # M Tuanku S Ismail • Level 5, Maju Junction Mall • Halal • Casual Dining • C5

Xing Zhu

03-8312 7223 • Cyberlodge Resort, Cyberjaya. • Halal



Amarin House West Wing, Central Park, No. 1, Jalan PJU 5/13, Kota Damansara Tel: 03-6148 5155

Mandarin Palace 03-2148 9166 B Bintang • 2/F, Federal Hotel • Non-Halal • Casual Dining • F8

Marco Polo

03-2141 2233 # Raja Chulan • 1/F, Wisma Lim Foo Yong, Jalan Raja Chulan • Non-Halal • Casual Dining • E8

Meisan

03-2693 9233 Bandaraya • Quality Hotel City Centre • Jalan Raja Laut Halal
 Casual Dining
 Szechuan cuisine

Ming Palace

03-2161 8888 👷 Ampang Park • Corus Hotel, Jin Ampang • Casual Dining

Ming Room

03-2284 8822 单 Bangsar• Bangsar Shopping Centre • Non-Halal • Casual Dining

Museum

03-4042 9888 [₱] PWTC • The Legend Hotel • Halal • Private Dining

Oriental Noble House

03-2145 8822 🔋 Imbi• 19 Jalan Delima. Off Jalan Imbi • Non-Halal • Casual Dining • F10

03-2144 9911 B Bintang • 84-88 Jalan Imbi • Non-Halal • Casual Dinina • F8

Purple Cane 03-2272 3090 Maharaialela • Selangor Chinese Assembly Hall, 1 Jln Maharajalela • Halal • Casual Dining • G6

Xin Cuisine

03-2144 2200 🖶 B Nanas • Concorde Hotel . Non-Halal . Private Dining • D7

French

Café Café 03-2141 8141# Maharajalela • 175 Jalan Maharajalela • Halal • Fine Dining • Fr & Italian • H7

Fusion

Cilantro

03-2179 8000 • MiCasa All Suite Hotel, 368B Jalan Tun Razak • Pork-Free • Halal Fine Dining • D10

Etoile Bistro

03-2161 7777 🖷 R Chulan • Hotel Equatorial • Halal • Casual Dining • E8

Franaipani

03-2144 3001 🖶 B Bintang • 25, Changkat Bkt Bintang • Halal • Fine Dining

Isthmus

03-2282 8112 • Mid Valley • G/F, Northpoint, Mid Valley City • Thai & Nyonya • Pork-Free • Casual Dining • F8

Rahsia

03-2144 0059 • 13 Jalan Damai, off Jalan Tun Razak • Halal • Casual Dining Nyonya, Indonesian, European • C10

Senses

03-2264 2264 🦛 👷 €KL Sentral • Hilton KL

Shook!

03-2719 8535 🖶 B Bintang • Lower G/F, Starhill Gallery • Halal • Fine Dining • E9

Indian

Estana Curry House 03-2141 1958 © Raja Chulan • 23D, Jln Sultan Ismail • Halal • Casual Dining • C6 Kallianees

👮 KLCC • 16 Lorong Yap Kwan Seng • Kerala cuisine • Halal • Casual Dining • C9 03-2161 0616

Khaana Peena 03-6201 3355 • E-01-04. Plaza Mont Kiara North Indian • Halal • Casual Dining

Passage Thru' India 03-2145 0366 • 4, Jln Delima,kl Halal • Casual Dining • E10

Spice Garden Imperial 03-2142 2220 🖶 B. Bintang • 205 Jin Bkt Bintang.

That Indian Thing Medan Tuanku • 52 Jalan Doraisamy • Halal • Casual Dining • D6

Indonesia

House of Sundanese Sari Ratu 03-2141 1811
B Bintang 42-2 Jalan Sultan Ismail • Halal • E8

International

Essence 03-2717 9900 # M Tuanku • Sheraton Imperial • Halal • Casual Dining • C6

The Resort Cafe 03 - 7495 1888 . Lobby Level. Sunway Resort Hotel & Spa *Pork-Free Restaurant

Eight Gourmets Gala (EGG) 017 948 8684 . Suite G-01, Ground Floor, Pinnacle Annexe, Persiaran Lagoon, Bandar Sunway, 47500, Selandor

HOTELS & RESORTS

Maya Brasserie 03-2711 8866 B Nanas KLCC • Hotel Maya KL • Halal • Casual Dining • Nyonya & International • D8

Melting Pot

03-2144 2200
B NanasConcorde Hotel, 2 Jin Sultan Ismail • Halal • 24hour • Casual Dining • D7

Still Water Restaurant 03-27118866 ₪ B Nanas 👷 KLCC •

Hotel Maya KL • Halal • Casual Dining • Japanese & Western • D8

The Vogue 03-2162 2233 # B Nanas • Renaissance Hotel • Halal • Casual Dining

PNB Darby Cafe

03-7490 3333 🕏 Ampang Park • G/F, PNB Darby Park, Executive Suites, 10 Jalan Binjai • Halal • Casual Dining •D9

HOTEL & RESORT ****

Ascott KL 03-2142 6868

9, Jalan Pinang • 🖩 R Chulan • From RM380-RM790

Berjaya Times Square Hotel & ConventionCentre 03-2117 8000 • 1 Jalan Imbi • i Imbi • Big Apple Restaurant (Fusion) Broadway Lounge, The Cafe, The Bar, • From RM245-RM700 • F8 • www.timesquarekl. com

Seri Pacific Hotel Kuala Lumpur

03-4042 5555 • Jalan Putra 🛽 PWTC Zende (Int'), Kokuti (Jap), Jounge to Chereza From RM198++ to RM3,000 • B5 www.seripacifichotel.com

Grand Hyatt Kuala Lumpur

03-2182 1234 • Jalan Pinang © KLCC • JP Teres (Malaysian), THIRTY8 (International), Poolside From RM550 - RM5610 www.kualalumpur.grand.hyatt.com

The Westin KL

03-2731 8333 199 • Jalan Bukit Bintang B Bintang • Prego (Ita), Living Room (Int'I), Qba (Bar & Grill), Treats (gournet bakery), Eest (Pan Asian) • From RM480-RM7,000 • E9 • www.westin.com

Grand Millennium KL

03-2117 4888 • 160, Jalan Bukit Bintang • Bukit Bintang • Zing (Chi), The Mill (Int'l)
 From RM300-RM5,600 • www.millenniumhotel.com

Hilton KL

03-2264 2264 • 3, Jin Stesen • Sentral, KL Sentral • 🖶 🗟 🕼 KL Sentral • Chynna(Chi), Senses (Fusion), Noodle Room, Sudu, Zeta Bar, Vintage Bank • From RM385-RM605 • G3 www1.hilton.com

Hilton PJ

03-7955 9122 • 2 Jalan Barat, PJ • 🔶 Asia Jaya • Toh Yuen (Chi), Paya Serai Coffee House, Genji (Jap), Caffè Cino, Uncle Chilli's • From RM220-RM1685

Holiday Inn Kuala Lumpur Gle

03-7802 5200 • 1 Jalan Usahawan U1/8, Shah Alam •Fu-Rin (Jap), Kites (Int'I), The Mix Restaurant & Bar • From RM290 • www.holidayinn.com/glenmarie

Italian

Cellini's

03-2715 1000 B Bintang • Dorsett Regency Hotel • 172 Jalan Imbi • Halal • Casual Dining • F9

il Tempio

03-4256 9300 • Tamarind Springs Restaurant • Halal • Fine Dining

La Risata

03-4252 6269 • 26, Persiaran Ampang Halal
 Casual Dinina

Prego

03-2773 8338 B Bintang • The Westin Hotel • Halal • Fine Dining • E9

Villa Danieli

03-2717 9922 # M Tuanku • Sheraton Imperial Hotel • Halal • Italian • Fine Dining • C6

Japanese

KL Tower

daily • E7

03-2020 5446 / 2020 5444

Bukit Nanas • Jalan Punchak, off Jalan

which takes 58 seconds to reach. Catch

from the tower roof. • Opens 9am 10pm

P Ramlee. • The KL Tower stands at 421

metres. The tower houses a revolving

restaurant and an observation deck

the sunset or experience sky jumping

Benkay 03-2782 6118 👮 Ampang Park • Hotel Nikko • Halal • Casual Dining • C9

Gen

03-4042 9888 🛛 PWTC • Sunway Putra Hotel • Halal • Casual Dining • B5

Genki Sushi

03-2166 6220 👷 KLCC • 428 Level 4, Suria KLCC • Halal • Casual Dining

Iketeru

03-2264 2264 🖶 Stesen Sentral KL Hilton Kuala Lumpur, 3 Jln Stesen Sentral

Kampachi 03-2148 9608 🗑 Raja • Pavilion KL

Kokufu

03-4049 4412 PWTC • Pan Pacific Kuala

Lumpur • Halal • Fine Dining Komura 03-2161 8888 👷 Ampang Park Corus Hotel

Casual Dining C9

Ozeki Tokyo Cuizine 03-2166 4263 🕫 B Nanas • Menara TA One • Halal • Fine Dining • D8



National Monument

Jalan Tugu, off Jalan Parlimen • Designed by American artist, Felix Weldon and cast in Italy, the immense bronze structure was built to commemorate the servicemen who lost their lives during the struggle against the communist insurgency in the 1950's. The 7 soldiers symbolise unity, strength, leadership, sacrifice, courage, suffering and vigilance • E3

Sagano

03-2162 2233 # B Nanas • Renaissance Hotel • Halal • Casual Dining

Korean Da On 03-2141 2100 # B Bintang • Pavilion KL • Halal • Fine Dining • Korean • E8

Ko Hiang 03-4251 0492 • 314 Jalan Ampang Non-Halal
 Casual Dining

Koong Jung 03-2166 7181 🕏 Ampang Park • PNB Darby Park • Halal • D9

Koryo Won

03-2143 2189 🖶 Bukit Bintang • Starhill Gallery • Halal • Casual Dining • E8

Thai Rama V Fine Thai Cuisine

Fine Dining

03-2143 2428 / 03-2143 2663 5, Jalan U-Thant, 55000 Kuala Lumpur • Halal •



National Museum

03-2694 4590 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students



Istana Negara, Jalan Duta

Located along Jalan Duta, it is the official residence of Malaysia's king since Nov 11, 2011. Influenced by both Islamic and traditional Malay architecture, this unique structure is the latest addition to the country's architectural wonders.



Little India

🗖 Masiid Jamek • Jalan Masiid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass, jewellery, sarees, Indian handicrafts to perfumes & spices. • E5



Jamek Mosque

Jalan Tun Perak • Situated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates many features of Moghul architecture a • Opens 8am-1:30pm & 2:30pm-6pm.

Sheraton Imperial KL

03-2717 9900 • Jin Sultan Ismail • # M Tuanku • Essence (Int'I), Villa Danieli (Ita), Celestial Court (Chi) • From RM300-RM5,825 • D6

Hotel Istana

03-2141 9988 • 73, Jalan Raja Chulan • 🕫 R Chulan • Peach Garden (Chi), Urban Bistro (Aus), Taman Sari (Int'I) • From RM299-RM5000 • E8 • www.hotelistana. com.mv

Hotel Maya KL

03-2711 8866 • Jalan Ampang • ⊕ Bukit Nanas ≘ KLCC • Still Waters, Maya Brasserie, Ramah Tamah • From RM325-RM1,800 • D8 www.hotelmaya.com.my

InterContinental KL

03-2161 1111 • 165, Jalan Ampana • 🗟 Ampang Park • Serena Brasserie, Tao (chi), Tatsu (Jap), Bentley's Pub Lobby Lounge & The Deli • From RM330-RM12,500 • C9

www.intercontinental.com

JW Marriott Hotel KL

03-2715 9000 • 183 Jalan Bukit Bintana • # B Bintang • 3rd Floor (Int'l), Marriott Café, Shanghai (Chi), JW Marriott Gourmet (Int'I), Havana Club • From RM400- RM8,000 • E9 www.marriott.com

Le Meridien KL

03-2263 7888 • 2, Jin Stesen Sentral 5, KL Sentral • 🖶 👷 🚛 KL Sentral • One On One (Asian Fusion), Al Nafourah (Middle Eastern), The Conservatory (Lounge & Bar) • From RM 328- RM5,500 • H3 www.lemeridienkualalumpur.com

Mandarin Oriental Hotel

03-2380 8888 • KL City Centre • 🔶 KLCC •Lai Po Heen (Ch), Mandarin Grill and Mo Bar (Bar & Grill), Mosaic (Buffet), The Mandarin Cake Shop, Cascades (Int'I), Wasabi Bistro (Jap) • From RM409(internet)/RM499(phone) • D8 www.mandarinoriental.com

Palace Beach and Spa

03-8943 6688 • Jalan Dulang, Mines Resort City, Seri Kembangan, Selangor • Grow Serdang • Abdul and Charlie's (local), Cheng Ho Court (Chi), Beach Hut and Sunset Lounge (drinks and snacks) • From RM200-RM2000

Sama-Sama Hotel KLIA

03-8787 3333 • Kuala Lumpur

Parkroyal Kuala Lumpur

03-2147 0088 Jln Sultan Ismail • 🕫 B Bintang • Chatz Brasserie (Wn), Bossa Nova (Wn), Hot Gossip, Si Chuan Dou Hua (Chi), Kix Lounge • From RM270 • www.parkroyalhotels.com

PNB Darby Park Executive Suites 03-7490 3333 • 10, Jln Binjai • ⊕ Ampang Park •The 39 Restaurant, Minmax (Chi), Koong Jung (Jap/Korean) • From RM350-RM686 • D9

www.pnbdarbyparksuites-kl.com

Prince Hotel & Residence KL

03-2170 8888 • 4, Jalan Conlay • 🕫 Raja Chulan •Tai Zi Heen (Chi), Eccucino (Café), Enju (Jap) • From RM270-RM670 • E9• www.princehotelkl.com

Renaissance KL

03-2163 6888 • Corner of Jln S. Ismail/ JIn Ampang • 🖩 B Nanas •Sagano(Jap), MED@Marche(Med), Vogue (Int'l) • East Wing: Dynasty (Chi), TEMPTationS (Int'I) • From RM215-RM6,000 • D7

Shangri-La Hotel KL

03-2032 2388 • 11 Jalan Sultan Ismail • 🖷

B Nanas • Shang Palace (Chi), Zipangu (Jap), Lafite (Fr), Lemon Garden Café (Int'I), The Pub • From RM364-RM12,000 • D7 • www.shangri-la.com

Sheraton Imperial Hotel

03-2717 9900 Jin Sultan Ismail • # M Tuanku • Essence (Int'I), Villa Danieli (Ita), Calestial Court (Chi) • From RM300-RM5,8250 • D6

Somerset Seri Bukit Ceylon

03-2055 8888 • No 8, Lorong Ceylon off Jalan Raja Chulan • NeroTeca (Ita) • From RM250-RM480 • E7 • www. somerset.com

The Gardens Hotel & Residences

03-2268 1188 • Mid Valley City • GRTM Mid Valley • The Soread (Int'I), Sage Restaurant & Wine Bar (Fr & Jap) • From RM600-RM2,600 • www.gardenshtires. com

Sunway Putra Hotel (Formerly The Legend Hotel)

03-4042 9888 • Putra Place, 100 Jalan Putra • 🛛 PWTC • Museum (Chi), Di-Atas Brasserie (Int'I), Gen (Jap), Monkey Bar • From RM188-RM388 • B5 • www. leaendhotelkl.com

The Ritz-Carlton KL

03-2142 8000 • 168, Jalan Imbi • 🗑 B Bintang • Li Yen (Chi), Rossini's (Ita) • From RM418 • F9 • www.ritz-carlton.com

The Ritz-Carlton Residences

03-2142 9000 • 🕫 B Bintang • From RM950-RM1.330 • F9

The Royal Chulan

03-2688 9688 • Jalan Conlay • 🗑 R Chulan • Deli Cafe (Ita), Bunga Emas (Mas), L'Heritage (Fr) • F6 • www. theroyalchulan.com.my

Ancasa Hotel KL

03-2026 6060 • Jin Tun Tan Cheng Lock • Plaza Rakyat • Saffron Brasserie and BabaReebal • Ancasa Spa • From RM165-RM416 • www.ancasa-hotel.com

Boulevard Hotel

03-2295 8111/2295 8000 Grim Mid Valley City, Lingkaran Syed Putra • Mid Valley •Wild Rice (Int'l) • Rates from RM290Nett - RM420Nett • www.blvhotel.com

Carcosa Seri Negara

03-2295 0888 • Taman Tasik Perdana • The Dining Room (Fr), Gulai House (Malay) The Bar • From RM1,100-RM5,500 • F3

Concorde Hotel

03-2144 2200 • 2 Jalan Sultan Ismail • B Nanas • Spices (Western), Melting Pot (Int'I), Xin (Chi) • From RM178++-RM320++ • D7

Coronade Hotel KL

03-2148 6888 • Jalan Walter Grenier, Bkt Bintang • 🗑 B Bintang • Makan-Makan (Local & Int'l), The Kasturi (Malay), Lobby Lounge. • From RM208- RM500 • F8 www.coronade.com

Corus Hotel KL

03-2161 8888 • Jalan Ampana • 🤶 Ampang Park • Ming Palace(Chi), Dondang Sayang (Int'I), Komura (Jap) • From RM185-RM390 • C9 • www. corushotelkl.com

Dorsett Regency

03-2716 1000 • 172, Jalan Imbi • 🖷 B Bintang • Checker's (Café), Cellini's(Ita), Windows Lounge (Wn) • From RM200



onwards • F9 www.dorsettregency-kl.com

Federal Hotel

03-2148 9166 • 35, Jalan Bukit Bintang • B Bintang • Mandarin Palace (Chi), The Verandah (Int'I) Revolving Bintang (European) • From RM170-RM600 • F8 www.fhihotels.com

Grand Seasons

03-2697 8888 • 72, Jalan Pahang • € Chow Kit ♀ KLCC • Season (Café), O'Las (Indian), Lobby Lounge (Wn), Kas Bah Bar (Wn) • From RM150-RM348 • B6

Impiana KLCC Hotel & Spa

03-2147 1111 • 13 Jln Pinang • 🗟 R Chulan • Tonka Bean Cafe (Int'I) • From RM219-RM368 • D8 • www.impiana.com

Novotel City Centre KL 03-2147 0888 • 2 Jln Kia Peng • • R Chulan • Qing Zhen (Chi Muslim), The Square (Int'I), Fun Pub, Al Fresco • From RM260-RM660 • F8

www.novotel.com

Pacific Regency Hotel Suites

03-2332 7777 • Menara PanGlobal, Jalan Punchak • 🖶 B Nanas • Soi 23 Luna, Olive & Geo Café • From RM290-RM500 • D7 www.pacific-regency.com

Pyramid Tower Hotel 03-7492 8000 • Persiaran Lagoon Bandar Sunway Petaling Jaya

Quality Hotel City Centre 03-2614 8000 • Jalan Raja Laut • 🛽 DBKL • Benteng Coffee House (Int'I), Meisan Szechuan (Chi), Club 300 • From RM150-RM550 • C5 • www.qualiti.com.my

Swiss Garden Hotel

03-2141 3333 • 117, Jin Pudu • 🗑 Hang Tuah • Blue Chip Lounge (Int'I), Flavours Restaurant (Int'I), Green Treats Delicatessen (Int'I), T@ste 6 Restaurant (Int'I) • From470+

The Royale Bintang KL

03-2143 9898 17-21 Jalan Bukit Bintang • B Bintang • Sunflowers Brasserie, Cafe Royale & Bar, Rimba Spa • From RM208 • F8 • www.royale-bintang-hotel.com.my

The Royale Bintang Damansara 03-7843 1111 • 6, Jalan PJU 7/3, Mutiara Damansara • The Restaurant (Int'l), Mystery Pub & Café • From RM195 www.royalebintang.com.my

The ZON All Suites Residences on the Park

03-2164 8000 • 161D Jalan Ampang • 🗟 Ampang Park • Terracotta Restaurant & Lounge • From RM253-RM396 • D8 www.zonhotel.com.mv

Traders Hotel

03-2332 9888 • Kuala Lumpur City Centre

€ KLCC • Gobo Chit Chat, Gobo Upstairs, Sky Bar, Lounge & Grill • From RM270 • This hotel is located in the vicinity of KL Convention Centre • D8

Vistana KL

03-4042 8000 • 9 Jalan Lumut, off Jalan Ipoh, Kuala Lumpur • 🖶 Titiwangsa • Vistana (Asian) • From RM172-RM230 • A5 • www.vistanahotels.com

Alpha Genesis 03-2141 2000 • 45 Tengkat Tong Shin • # B Bintang • Tee Box Café • From RM150-RM380 • F7 • www. alphagenesishotel.com

Cititel Mid Valley

Corona Inn

lumpur.com

RM800 • C5

Grand Continental

www.ghihotels.com.my

First World Hotel

Hotel Malaya

com.my

Midah KL

House (Int'l),

Prescott Inn

Rolling Good Times Café

• From RM145-RM250 • G5

Makana Restaurant • From RM110-RM170 • C5

03-2296 1188 • Mid Valley, Lingkaran Syed Putra • Grow Mid Valley • Citi Café Rates from RM205Nett - RM320Nett

03-2144 3888 • 22, Jalan Tong Shin • 🕫 B

Bintang • Corona Café • From RM130-RM180 • F8 • www.coronainn-kuala

03-2693 9333 • Jin Belia/Jin Raja Laut •

Lai Marble Coffeehouse • From RM135-

PWTC M Tuanku • Grand Star (Chi) ,

03-6101 1118 • Genting Highlands •

Patio (Wn) • From RM85 – RM460

istorante Torcello's (Italian), Lakeview Seafood Restaurant (Seafood), The

03-2072 7722 • 162, Jalan Hang Lekir • 👷 Pasar Seni • Malaya Café • From

RM120-RM250 • F5 • www.hotelmalaya.

03-2273 9999 • 8, Jalan Kampung Attap

Maharajalela • Attapia Coffee

03-2713 7887 • 23 Lrg Medan Tuanku

1,off Jln Sultan Ismail • 🕫 M Tuanku •

KL LIFESTYLE | 95

SIGHTSEEING

Swiss-Inn KL

03-2072 3333 • 62, Jin Sultan • 🖷 Maharajalela Café Petaling • From RM130-RM175 • G6

The Plaza Hotel

03-2698 2255 • Jalan Raja Laut • 🛽 Sultan Ismail • Pago-Pago Café (Continental), Plaza Court (Chi) • From RM110-RM178

SIGHTSEEING

Aquaria KLCC 03-2333 1888 • 🗟 Raja Chulan 🌈 KLCC • All 60,000 sq ft of Aquaria encompasses Evolution, Jewels of the Jungle, Deep Forest, The Coasts and Touch Pool, The Livingb Oceans and The Living Reef, with over 5000 aquatic and land-bound animals representing over 150 different species. Don't miss the 90-metre underwater tunnel. Opens daily from 11am-8pm. (Including weekends, school and public holidays) Last admission at 7pm. Entry RM38 (adult), RM26 (children) • D8

Batu Caves

03-6189 6284 • This popular Hindu temple draws hundreds of thousand of visitors during Thaipusam. It consists of three grand caves: the Dark Cave, the Museum Cave and the Temple Cave with brilliant rock formations. The Museum Cave at the foothills has interesting display of Indian mythology. To reach the main Temple Cave, one has to climb 272 steps.

Bird Park

03-2272 1010 • Located at the Lake Gardens, this 8.4ha bird park is the world's largest free-flight walk-in aviary. It is home to more than 3,000 birds from approximately 200 species. Opens daily from 9am-7.30pm. • F4

Butterfly Park 03-2693 4799 • Over 120 species of butterflies can be found in this park located at the Lake Gardens' vicinity. Admission is RM9 for adults and RM2 for children. Camera: RM3. Opens 9am to 6pm daily. • F4

Bukit Nanas Forest Recreational Park

03-2306 3421 / 2064 4741 • 🖶 Bukit Nanas Nestled in the heart of KL, the virgin forest-clad hill is a 10.5 ha park offering a 10-minute & a 20-minute walk trails from the Forest Information Centre at Jalan Raia Chulan to KL Tower. • E7

Carcosa Seri Negara

03-2282 1888 • Perched on a quiet hilltop overlooking the Lake Gardens, this 19th century colonial mansion used to be the residence of the British Governor and High Commissioners. Today it is an exclusive hotel offering a sense of history and fine dining. • F2

Central Market

03-2031 0399 • Pasar Seni Once the city's biggest wet market, it is now a centre for food and cultural activities. Cultural performances are staged during weekends at the riverside amphitheatre. Handicraft, souvenirs, art & portrait paintings are sold at bargain prices. The Annexe Gallery at CM is a progressive art centre. • Opens 10am to 10pm daily. • E5



Sultan Abdul Samad Building

Masjid Jamek • JIn Sultan Hishamuddin • Also known as the Big Ben of KL, this historical landmark and heritage building is well known for its Moghul architecture dating back to 1897. Originally the offices of the Colonial Secretariat, it then housed the Supreme Court. • E5

National Science Centre

03-2089 3400 • Persiaran Bukit Kiara • Houses 9 galleries with different scientific themes. Offers interesting interactive displays for learning and entertainment. Opens 10am-5pm. Closed on Friday.

National Zoo

03-4108 3427 / 4108 3422 • Located in Hulu Kelang, 12km from the city centre, the zoo is home to 400 species of local birds, mammals, reptiles and fishes. • Opens 9am - 5pm daily. Night Zoo is on Saturdays 7.30am - 10.30pm. Admission : RM10 for adults and RM5 for children under 12. Videocam RM15.

Old KL Railway Station

Jalan Hishammudin • Built in 1910, the Moghul-inspired building was a hub for Malaysian rail transport until it was replaced by the new KL Sentral Station. It remains a landmark and the refurbished Heritage Hotel is still open for business. Across the road, the Malaysian Railway administrative building is also a breathtaking architectural showpiece G5

Petrosains, The Discovery Centre

03-2331 8181 • P KLCC • Petronas Twin Towers, Level 4 Suria KLCC • Focusing on

Deer Park

03-2693 6661 • Enclosed within a 2-ha ground at the Lake Gardens, the deer, fawns and does roam freely in a cool and peaceful habitat with lush trees and shrubs and ponds. • F3

Istana Negara Official residence of Malaysia's King, visitors can witness the changing of the royal guards daily. The Rulers Conference, various royal and national ceremonies, investitures and official banquets are held at this palace. • H5

Little India

🗖 Masjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass jewellery, sarees, Indian handicrafts to perfumes & spices. • E5

Jamek Mosque

 Masjid Jamek • Jalan Tun Perak
 Situated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates



Craft Complex 03-2164 8344

Raja Chulan • 63, Jalan Conlay. • Showcases ethnic handicrafts, batik printing and pottery from the 13 states of Malaysia. • Opens 9am- 6pm daily. • F9 FRFF

many features of Moghul architecture a • Ópens 8am-1:30pm & 2:30pm-6pm. • E5

Lake Gardens

Jalan Parlimen • Located near the city centre, this 9.2ha landscaped garden is built around a lake. Several attractions are found within the park including an Orchid Garden, Hibiscus Garden, Butterfly Park, Bird Park, Deer Park, National Monument and the Asean Sculpture Garden • F3

Malaysian Tourism Centre

03-9235 4848 • 🖶 B Nanas • 109 Jalan Ampang • This is a one-stop tourist service centre comprising the information counter (7am-10pm) Transnasional Executive Coach counter. domestic tour booking counter, money changer, restaurant and craft demo centre. Built in 1935, the building was the home of wealthy tin-miner and planter, Eu Tong Seng. Cultural shows are on Tues, Thur, Sat & Sun 2-2.30pm. • D7

Merdeka Sauare

Masjid Jamek • Jalan Raja • Opposite the Sultan Abdul Samad Building, this is the site where the independence of Malaya was declared

Royal Selangor Club and St. Mary's Cathedral are located nearby. • E5

03-2693 7784 • 🛲 KL • Jalan Perdana • This mosque embodies contemporary designs, together with traditional Islamic art, calligraphy and ornamentation. The main dome with its 18-point star, represents the 13 states of Malaysia unified by the Five Pillars of Islam. Visitors must dress conservatively and remove their shoes before entering the mosque Opens 9am to 12noon; 3pm to 4pm; 5:30pm to 6:30pm daily. • F4

National Planetarium

03-2273 4303 • Lot 54 Jalan Perdana • Located close to the National Mosaue, the attractions include space science and astronomy exhibits, a theatre screening 3-Dimensional movies, a viewing gallery and an observatory Admission is RM1 for adults and children over 12 years [extra charges for all shows]. Opens 9:30am to 4:15pm daily. Closed on Monday except public & school holidays • G4



PETRONAS Twin Towers 03-26158188

KLCC • KL City Centre • The 88-storey Petronas Twin Towers stand at 451.9 metres. Seated in the heart of KL and amidst a 50-hectare landscaped park, a skybridge on the 41st floor is open to visitors between 9am-7pm daily, closed on Monday • D8

Malaysia's oil and gas industry, it offers an interactive approach to learning. It takes you through a unique voyage of discovery of science. • Opens daily 9.30am to 6pm. Last admission 4.30pm. Closed on Monday • D8

Royal Selangor Visitor's Centre

03-4145 6000 • 4, Jalan Usahawan Enam, Setapak Jaya • Located 15 minutes from the city centre, the Royal Selangor which is internationally known for its fine designs and craftsmanship, offers a complete visitor experience, enabling them to see, hear, touch and learn how pewter is made. • Opens daily from 9am-5pm.

Royal Selangor Club

03-2692 7166 • 🌈 Masjid Jamek • Jalan Raja • Once nicknamed 'The Spotted Dog' during the colonial days, this club which features Mock Tudor architecture, is one of the oldest membership clubs in KL. • E5

Thean Hou Temple

03-2274 7088 • 65 Persiaran Endah, off Jalan Syed Putra • A beautiful blend of Chinese and contemporary architecture, this is one of the largest and most ornate Buddhist temples in the region and a venue for major religious festivals. Also



- 03-2031 9966 🕫 Raja Chulan 🔹 Jalan Raja Chulan
- Displays interesting exhibits of
- telephones and evolution of their
- designs over the years. Opens 9am-5pm. Closed on Mondays

F6 FRFF

on 31 August, 1957. The 100m high flagpole is the tallest in the world. Live entertainment and cultural shows are staged here on festive occasions. The

National Mosque

check out the herbs garden, wishing well and souvenir stall • Opens 9am to 9pm daily.

Museums

Asian Arts Museum Universiti Malaya

03-7967 3805 • Uni. of Malaya • A unique collection of Asian art & sculptures, ceramics, including Islamic & Malay art and textiles • Opens Mon - Sat. Closed on Sunday & public hols.

Bank Negara Money Museum

03-2698 8044 • 🫲 Bank Negara Bandaraya • Block A, Bank Negara Malaysia, Jalan Dato' Onn • A repository for Malaysia's numismatic heritage, the museum displays an impressive collection of coins, bank notes, barter trade currencies & traces the evolution of the Malaysian currency • Opens Mon-Sat. Closed on Sunday • E5

Forest Research Institute Malaysia

03-62797 000 • Kepong • Located within the 1,500 hectares of natural land reserve, the institute showcases Malaysia's rich forest heritage. • Opens 8am-4pm. Fri 9am- 12pm.

Heritage Centre

03-2144 9273 • 2 Jin Stonor • Showcases Malaysia's architectural heritage, the centre also conducts 2 guided tours a day (11am & 3pm) of the Rumah Penghulu or Village Head's abode which has been furnished to reflect a house in the early thirties • E10

Islamic Arts Museum

03-2274 2020 • Jalan Lembah Perdana • Opened in 1998, the museum focuses on the rich diversity of Islamic arts and culture. Miniature replicas of Taj Mahal and other islamic architectural wonders are on display • Tickets at RM12 (adults), RM6 (under 18, students & senior citizens) • Opens 10am to 6pm daily. • G4

Maybank Numismatic Museum

03-2070 8833 🌈 Plaza Rakyat • Menara Maybank, 100 Jalan Tun Perak, KL • A fascinating display of coins dating back to the early history of the Malay Sultanate. • Open 10am-6pm daily • F6

Museum Orang Asli

03-6189 2122 • Km 24 Gombak • Displays a collection of over 3,000 artifacts showcasing the history, culture & lifestyle of indigenous tribes of Peninsular Malaysia. • Opens 9am-5pm. Closed Fri. FREE

National Museum

03-2282 6255 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students

ARTS & CULTURE

National Library 03-2687 1700 • 232 Jalan Tun Razak. • This 7-storey building which blends traditional design with modern architectural elements houses more than 1.5 million books, some of them extremely rare. Opens daily except Monday
 • A8 FREE

Galeri Petronas

03-2051 7770 • 🌈 KLCC • Level 3 Suria KLCC. • Exhibits artworks by local and international artists. Opens 10am to 8pm. Closed on Monday. • D8 FREE

National Theatre (Istana Budaya) 03-4026 5555 • Jalan Tun Razak •

Designed by Malaysian architect Muhammad Kamar Ya'akub, this

modern theatre is one of the world's most sophisticated theatres with state-of-the-art stage equipment. It holds drama, dance and musical performances regularly. • A7

Petronas Philharmonic Hall

03-2051 7008 • *F* KLCC • Located within the Petronas Twin Towers, it is home to the Malaysian Philharmonic Orchestra and the National Choir. It features performances of highest quality by visiting orchestras and world-renowned soloists, besides performances by the MPO which now ranks among the top orchestras in the region • D8

OTHER FUN-TASTIC THRILLS & SPILLS

03-3101 1313 • Star Cruises, Pulau Indah, Klang

Casino 03-2718 1118 • Genting Highlands Hotel

D'Paradise

063, Jalan Solok Uban, Kampung Brisu, Lubok China, 78100 Melaka. 06-552 8010/0611 (Resort), 03-4256 0381 (KL Sales Office) www.d-paradise.com.mv

Flying

03-2141 1934 • Royal Selangor Flying Club

Horse Racing 03-9058 3888 • Selangor Turf Club, Jin Sunaai Besi

Horse Riding

03-4256 4531 • Royal Selangor Polo Club, JIn Ampang Hilir

03-9058 3888 • STC Equestrian Centre, Jin Kuda Emas

03-209 35211 · Bukit Kiara Equestrian Club, JIn Bukit Kiara, Kuala Lumpur

Theme Parks 03-288 8888 • Colmar Tropicale, Bkt Tinaai

03-71188338 • Desa Water Park, Tmn Desa

03-8942 5010 • Genting Resort

03-8942 8942 • The Mines Wonderland

Tingkat 5, Bangunan Canseleri, Universiti Malaya, Petaling Jaya

Opening Hours: 9.00am to 4.00pm

Closed on: Saturday and Sunday

Tel: 03-79671061



KL Lifestyle Art Space, Bangsar 150, Jalan Maarof, Bukit Bandaraya, 59100 Kuala Lumpur, MALAYSIA For Enquiries Call : +6019 333 7668 Opening Hours: 10am to 7pm daily





Bank Negara Malaysia Museum and Art Gallery Sasana Kijang No. 2, Jalan Dato Onn, 50480 Kuala Lumpur Opening Hours: 10am to 6pm daily For Enquiries Call: +603-9179 2742

Galeri Tenaga Wisma TNB, Jalan Timur, Petaling Jaya Tel : +603-2296 5566 Fax: +603-2282 3274 Opening Hours: Monday - Friday : 10 am - 3 pm.





EXPLORE KUALA LUMPUR

48 Quality Hotel

49 Renaissance

50 Residence Hotel

51 Ritz-Carlton

52 Seri Pacific

Tel: 2693 9233 C5

Kuala Lumpur Hotel

Tel: 2162 2233 D7

Tel: 2693 3333 C5

Kuala Lumpur Hotel

Tel: 2142 8000 F9

Kuala Lumpur Tel: 4042 5555 B5

53 Shangri-La Hotel

54 Sheraton Imperial Tel: 2717 9900 D6

55 Stanford Hotel

Tel: 2032 2388 D7

Tel: 2691 9833 B6

56 Swiss Garden Hotel

Tel: 2141 3333 F7

Tel: 2072 3333 G6

Tel: 2273 5588 G5

Tel: 4042 9888 B5

Tel: 2142 0122 E8

Tel: 2698 2255 C5

Tel: 2142 9000 F9

Tel: 2143 8000 F8

63 The Royale Bintana

The Plaza Hotel

62 The Ritz-Carlton

Residences

64 The Westin KL

Swiss Inn Hotel

58 The Heritage

60 The Lodge

Station Hotel

59 The Legend Hotel

57

61

- 1 Agora Hotel
- Tel: 2142 8133 F8 2 Alpha Genesis Hotel
- Tel: 2142 6868 F7 **3** Berjaya Times Square **Hotel & Convention Centre**
- Tel: 2117 8000 F8 4 Brisdale International Hotel
- Tel: 2694 8833 B6 **5** Capitol Hotel
- Tel: 22143 7000 F8
- Carcosa Seri Negara Tel: 2282 1888 F8
- 7 Cardogan Hotel Tel: 2144 4883 F8
- 8 **Concorde Hotel** Tel: 2144 2200 D7
- 9 Corona Inn Tel: 2144 3888 F7
- 10 Coronade Hotel Tel: 2148 6888 F8 11 Corus Hotel
- Tel: 2161 8888 C9
- **12 Doubletree Hilton Kuala Lumpur** Tel: 2172 7272 C10
- **13 Crown Regency Hotel** Tel: 2162 3888 D8
- 14 Crowne Plaza Kuala Lumpur Tel: 2148 2322 E8
- 15 Dorsett Regency Hotel Tel: 2715 1000 F9
- 16 Dynasty Hotel Tel: 4043 7777 A4
- **17 Equatorial Hotel** Tel: 2161 7777 E8
- **18 Federal Hotel** Tel: 2148 9166 F8
- **19 Fortuna Hotel** Tel: 2141 9111 F8
- 20 Grand Central Hotel Tel: 4041 3011 B5
- **21** Grand Continental Hotel Tel: 2693 9333 C5
- 22 Grand Millenium KL Tel: 2141 8000 E8
- 23 Grand Pacific Hotel Tel: 4042 2177 A5 24 Grand Seasons Hotel
- Tel: 2697 8888 B6

Shopping Malls: 1. Ampang Park

Tel: 03-2161 7006 C10

Tel: 03-2166 7888 C9

Tel: 1-300-888-988 E9

Tel: 03-2162 1566 C10

Tel: 03- 2698 2111 D5

Tel: 03-2072 2562 F6

6. Kompleks Kotaraya

3. Berjaya Times Square

2. Avenue K

4. City Square

5. KL Sogo

7. Lot 10

- 25 Hilton KL Tel: 2264 2264 G3
- 26 Hotel Istana Tel: 2141 9988 E8
- 27 Hotel Maya Kuala Lumpur Tel: 2711 8866 D8 28 Impiana KLCC Hotel & Spa
- Tel: 2147 1111 D8 29 JW Marriott Hotel
- Tel: 2715 9000 E9 30 Kuala Lumpur
- **International Hotel** Tel: 2697 8833 B6
- 31 Le Meridien KL Tel: 2263 7888 G3 32 Malaya Hotel
- Tel: 2072 772 F5 33 Malaysia Hotel
- Tel: 2142 8033 F8 **34** Mandarin Oriental Hotel
- Tel: 2380 8888 G6 **35 Mandarin Court Hotel**
- Tel: 2273 9933 G6
- **36** Maradian Oriental Hotel Tel: 2380 8888 D8
- 37 Melia Kuala Lumpur Tel: 2785 2828 F8
- **Micasa All Suite Hotel** Tel: 2179 8000 D10
- Midah Hotel KL 39 Tel: 2273 9999 G5
- Tel: 2148 9122 G6
- Tel: 2161 1111 C9
- **City Centre** Tel: 2147 0888 E8
- Tel: 2078 7888 F7
- **Hotel Suite**
- 45 Parkroyal Kuala Lumpur Tel: 2147 0088 F8
- **Executive Suites** Tel: 7490 3333 D10
- **Residence Kuala Lumpur** Tel: 2170 8888 D10
 - Tel: 03-2162 3580 E9 16. Yow Chuan Plaza Tel: 03-2142 9701 C10



- Tel: 2731 8333 E9 65 The Zon All Suites **Residences on the Park** Tel: 2164 8000 C9 66 Traders Hotel
 - Tel: 2332 9888 D8 **Tune Hotels.com** 67
 - Tel: 7692 5888 C5 68 Vistana Hotel
 - Tel 4042 80000 A5

- 40 Mirama Hotel 41 InterContinental KL 42 Novotel Kuala Lumpur
- 43 Olympic Sports Hotel
- 44 Pacific Regency
- Tel: 2332 7777 D7
- 46 PNB Darby Park
- 47 Prince Hotel &

Tel: 03-2772 8550 C5

Tel: 03-2691 6599 D5

11. Starhill Gallery

Tel: 03-2148 1000 F8

Tel: 03-2148 6109 F8

Tel: 03-2382 2828 D8

Tel: 03-4042 7122 B5

13. Suria KLCC

14. The Mall

12. Sungei Wang Plaza

10. Pertama Complex

- 8. Low Yat Plaza Tel: 03-2162 1176 F8
- 15. The Weld 9. Maju Junction

Getting around in Kuala Lumpur is easy. The transit systems are efficient, taxis are plenty and buses are cheap. The public transportation usage peak hours are from 7am to 9am and 4.30pm to 6.30pm during the working days.

🔀 By Transit systems

The KL monorail and LRT coaches are air-conditioned and comfortable and run from 6am to midnight. The systems are connected to each other at several points and the network covers most parts of the city. Fares range from RM0.70 to RM2.80 per single journey.

By Taxis

Taxis are easily available at hotels or at taxi stands. Fares start at RM3 for the first kilometre and RM0.10 for every 115 metres thereon. There is a 50% surcharge on the metered fare from midnight to 6am and a baggage charge of RM1 per piece stored in the boot. There is also an additional RM1 for 3rd passenger (maximum 4 in a car). For an extra charge of RM2, you can book a taxi by phone.

By Ecovans

Ecovans can accommodate up to 5 passengers. They serve mainly guests at major hotels and follow the fare structure of taxis but charge RM4 instead of RM2 for the first kilometre.

By Buses

Buses serve all parts of Kuala Lumpur with fares beginning from RM1. Some hotels also offer free bus shuttle services to major shopping malls in the city.

KL Hop-on/Hop-off Bus Service

Links you to 40 attractions around the city with 22 designated stops. 8.30am to 8.30pm. Ticket: RM38 with discounts for locals, senior citizens, students and children, 03-2691 1382

Getting to the Airport

KLIA Ekspres: The journey takes about 30 minutes from KL Sentral and the fare is RM35 per person per way. There is also check-in facility at KL Sentral for some airlines.

Taxi: The fare from the city centre to the airport is RM60 - RM90 per taxi.

Eco Transit: Eco Transit can accommodate up to 5 adults and has a fixed fare of RM130/ trip.

Limousine: Can be arranged with the hotel concierge and fare range from RM100 - RM200.

Coaches To KLIA and/or LCCT

The 1-hour journey costs between RM9 and RM25 per person.

- Airport Coach 03-8787 3894
- Sky Bus 03-6201 2742
- Aerobus 017-363 3255
- The Star Shuttle 03-4043 8811

RAIL TRANSIT NETWORK OF KUALA LUMPUR



Transportation

≻ Air Travel

- KL International Airport Sepang 03-8776 2000
- LCC Terminal KLIA 03-8777 8888
- Domestic Airport Subang
- 03-7846 7777 KL CAT (City Air Terminal)
- 03-2267 8000

Domestic Airlines

- MAS 03-7843 3000
- MAS Reservation Number 1 300 88 3000
- AirAsia 03-8775 4000
- Berjaya Air 03-7846 8228
- FireFly 03-7845 4543
- Fly Asian Xpress (fax)
- 03-8660 4343

Rail

- KL Sentral 03-2274 7435
- KLIA Ekspres 03-2267 8000
- KTM 03-2267 1200
- Rapid KL 03-7625 6999
- KL Monorail 03-2273 1888

合 Car Rental

- Apex 03-2142 1926
- Avis 03-2142 0166
- Orix 03-2142 3009
- Hertz 03-2148 6433
- Mavflower 03-2279 1188
- Sintat 03-2145 7988

Taxis

- Radio Cab 03-9221 7600
 - Airport Limo Meet & Greet 03-8787 3678
 - Saujana Cab 03-2162 8888
 - Comfort Taxi 03-8024 2727
 - Eco Transit 03-5512 2266
 - Supercab 03-7805 5333 • Outstation Taxi 03-2078 0213

- **Emergency Services**
- KL Tourist Police (24 hours) 03-2166 8322
- Police & Ambulance
- 999 or 112 (mobile phones)
- Fire & Rescue 994
- KL City Council 03-2691 6011
- **Tourism Offices**
 - Malaysia 1-300-88-5050
 - Tourism Centre (24-hour)
 - 03-2164 3929
 - Kuala Lumpur 03-2693 6661
 - Penang 04-261 9067
 - Johor 07-222 3591
 - Terengganu 09-622 1433
 - Sabah 088-248 698
 - Sarawak 082-246 575
 - Kedah 04-731 2311
 - Pahang 09-747 7520



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